

# County of San Diego

## Children, Youth and Families Behavioral Health System of Care Council (CYFBHSOCC or the Council)

### Council Overview

**History:** On December 12, 1995, the County Board of Supervisors supported recommendations to transform the Children's Mental Health System. A Children's Mental Health Services System of Care Steering Committee was established; a Public, Private and Family partnership. In 2004, this committee evolved into the Children's Mental Health Services System of Care Council, a four sector partnership:

**Public:** This includes, but is not limited, to entities that represent local government: San Diego County Health and Human Services Agency (HHSA): Behavioral Health Services, Behavioral Health Advisory Board, Child Welfare Services, HHSA regions, and Public Health Services. It also includes the County's Public Safety Group- Juvenile Probation Department, Juvenile Court; First 5 San Diego).

**Private:** Includes the Children's System of Care contracted providers. They are also organized with the Mental Health Contractors Association, Alcohol and Drug Providers Association, San Diego Non-Profit Association, Fee-For-Service Network, Healthcare-Pediatricians, Managed Care Health Plans and The San Diego Regional Center).

**Family:** Youth and families who have lived experience receiving or who have received services from agencies serving children, and/or parents/caregivers of individuals that are receiving or have received services from agencies serving children. This sector includes the CYF Family Youth liaison).

**Education:** Representatives are usually also part of the Public Sector but represent Education. Constituencies represented in the Council are the Special Education Local Plan Area (SELPA), School Districts, Regular Education-Pupil Personnel Services, School Boards, Special Education and the San Diego County Office of Education (SDCOED).

The Council serves in an advisory capacity to the Behavioral Health (BH) Director, Alfredo Aguirre and operates according to its by-laws adopted March, 2006 and last revised November 14, 2016.

**Children, Youth and Families (CYF) Staff:** Yael Koenig, Deputy Director.

**CYF Administrative Support:** Grisel Ortega-Vaca, Edith Mohler, and Darwin Espejo.

### Children's System of Care Values and Principles

**Vision:** San Diego youth are healthy, safe, successful in school, and in their transition to adulthood, while being law abiding, while living in a home and community that supports strong family connections.

**Mission:** To ensure that all agencies serving San Diego County youth from age 0 up to 21 have coordinated services resulting in improved youth and family, and system outcomes consistent with System of Care Values and Principles:

**Collaboration of four sectors:** The cornerstone of the Children's System of Care is a strong four sectors partnership between youth/families, public agencies, private organizations and education that ensure accountability to achieve System of Care (SOC) goals and quality outcomes consistent with SOC philosophy.

**Integrated:** Among the four sector partners services are comprehensive, accessible coordinate behavioral and physical health care, provide seamless transition of care and utilize natural community supports.

**Youth guided, family driven:** Youth and families actively participate in service delivery, planning, and program and policy development.

**Individualized:** Services are flexible and designed to meet and build upon the unique needs, strengths and potential of each youth, and family.

**Strength-based:** Individualized plans and services identify and utilize youth/family strengths to facilitate health and wellness.

**Community-based:** Sector partners offer an array of services in each region and strengthen family and youth connections to neighborhood and local community resources.

**Outcome driven:** Service delivery systems continuously improve services by measuring and evaluating outcomes and use results to modify practices.

**Culturally Competent:** Service providers honor the diversity of cultures; address the complexities within and between cultures, and provide accessible and relevant services.

**Trauma Informed:** Sector partners recognize that trauma and chronic stress influence coping strategies and behavior, respond with compassion, and commit to the prevention of re-traumatization and the promotion of self-care and resilience.

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**Membership:** Limited to 24 voting members, the Council represents the Family/Youth, Public, Private and Education sectors; members are appointed by the BH Director to serve a two year term that may be renewed at his discretion.

**Council Members are expected to:**

- 1) Attend monthly Council meetings. If unable to attend, the designated alternate is expected to attend.
- 2) Sit at the Council members' table. If a member is absent, the alternate representative sits at the table.
- 3) Align meeting discussions and presentations to the CSOC Principles and *Live Well San Diego* vision.
- 4) Indoctrinate incoming members into the Council.
- 5) Inform constituents of CYF System of Care activity and provide constituency's input to the Council.

**Currently, the Council has 24 active seats:**

Behavioral Health Advisory Board (1 seat)	Behavioral Health Services (1 seat)
Public Safety Group/Probation (1 seat)	Child Welfare Services (1 seat)
HHS Regions (1 seat)	Juvenile Court (1 seat)
Special Education (1 seat)	School Board (1 seat)
First 5 Commission (1 seat)	Mental Health Contractors Association (2 seats)
San Diego Non Profit Association (SDNA ) (1 seat)	Fee-For-Service Network (1 seat)
Managed Care Health Plan (1 seat)	Healthcare/Pediatrician (1 seat)
Family and Youth Liaison (1 seat)	Special Education Local Plan Areas (SELPA) (1 seat)
Regular Education-Pupil Personnel Services (1 seat)	San Diego Regional Center for Developmentally Disabled (1 seat)
Alcohol and Drug Service Provider Association (ADSPA) (1 seat)	Caregiver of child/youth served by the public health system (1 seat)
Youth served by the public health system- age up to 26 (2 seat)	Public Health (1 seat)

**Current Council Sub-Committees:**

Executive	Outcomes
Early Childhood	Education
Private Sector	Family and Youth Sector
Children's Well Being Celebration	CYF CADRE
MHSA Ad hoc	CSOC Principles Ad Hoc

**Regular Reports to Council:**

Quality Improvement (QI)/Management Information System (MIS)	Transition Age Youth (TAY) Workgroup
Behavioral Health Education and Training Academy (BHETA)	Change Agents Developing Recovery Excellence (CADRE)
Children's System of Care (CSOC) Training Academy	Cultural Competence Resource Team (CCRT)
Mental Health Services Act (MHSA)	Trauma Informed System Integration (TISI)

**Council Meeting Schedule:**

- **When:** Second Monday of each month. (Dark in August)
- **Time:** 9:00 to 10:30 A.M.
- **Where:** Scottish Rite Masonic Center- 1895 Camino del Rio South, San Diego CA (Shell Room)
- To be added to the electronic distribution list, contact Grisel Ortega-Vaca at [Grisel.Ortega@sdcounty.ca.gov](mailto:Grisel.Ortega@sdcounty.ca.gov) or call at 619-563-2772
- Prior meeting minutes posted in the Network of Care website: <http://sandiego.networkofcare.org/mh/content.aspx?cid=861>