

## CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL

### MEETING MINUTES

**December 12, 2016 – 9:00-10:30 A.M.**

Scottish Rite Masonic Center- 1895 Camino Del Rio South- Shell Room

+ =Member in Attendance		O =Absent		E =Excused	
CONSTITUENCY	MEMBER	STATUS	ALTERNATE	STATUS	
<b>PUBLIC SECTOR</b>					
1	Behavioral Health Advisory Board	Rebecca Hernandez	O	VACANT	
2	Behavioral Health Services	Laura Vleugels, M.D.	+	Jean Avila	+
3	Public Safety Group/ Probation	Timothy Hancock	O	Margie Deleon	O
4	Child Welfare Services	Theresa Peleska	O	Barry Fox	+
5	HHS Regions	Dori Gilbert	+	Jennifer Sovay	O
6	Public Health	Dr. Dean Sidelinger	+	Rhonda Freeman	O
7	Juvenile Court	H. Judge Carolyn Caietti	O	Michelle Johnson	O
8	First 5 Commission	Kim Gallo	O	Jennifer Wheeler	O
<b>EDUCATION SECTOR</b>					
9	SELPA	Angela McNeece	O	Carolyn Nunes	O
10	Regular Education Pupil Personnel Services	Mara Madrigal-Weiss	O	Don Buchheit	O
11	School Board	Barbara Ryan	E	Carol Skiljan	O
12	Special Education	Aidee Angulo	+	Stacey Musso	O
<b>PRIVATE SECTOR</b>					
13	San Diego Regional Center for Developmentally Disabled	Carlos Flores	O	Judy Borchert	O
14	Alcohol and Drug Contractors Association	Angela Rowe	+	Marisa Varond	O
15	Mental Health Contractors Association	Steve Jella	E	Barent Mynderse	+
16	Mental Health Contractors Association	Angela Chen	+	Delrena Swaggerty	+
17	SANDAN	Margaret Iwanaga-Penrose	+	Rosa Ana Lozada	+
18	Fee-For-Service Network	Dr. Sherry Casper	+	VACANT	
19	Managed Care Health Plan	George Scolari	+	Rogelio Lopez	O
20	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	O		
<b>FAMILY AND YOUTH SECTOR</b>					
21	Family and Youth Liaison	Renee Cookson	+	Suzette Southfox	+

22	Caregiver of child/youth served by the public health system	Debbie Stolz	E	Pam Toohey	O
23	Youth served by the public health system (up to age 26)	Emma Rodriguez	+	VACANT	
24	Youth served by the public health system (up to age 26)	Travis Webster	+	VACANT	
<b>SUB-COMMITTEES (Non-voting members unless a member of the Council)</b>					
-	Outcomes	Angela Chen Chair	+		
-	Executive	Delrena Swaggerty Chair	+		
-	Early Childhood	Stacey Annand Chair	+		
-	Education	Mara Madrigal-Weiss Chair	+		
-	CYF CADRE	Julie McPherson /Marisa Varond	+		
-	Family and Youth as Partners	Renee Cookson	+		

**CYF Council Staff:** Yael Koenig, Edith Mohler, Grisel Ortega-Vaca, Darwin Espejo

**I. Welcome and Introductions (Delrena Swaggerty)**

- Introduced Emma Rodriguez and Travis Webster as new Council members representing the Family and Youth Sector's Youth served by the public health system.
- Reviewed Council structure that if a Council member is not present to sit at the Council table, their alternate should occupy their place instead.
- Meeting attendees were invited to reach out to the Sub-Committees Chairs if interested in joining a specific sub-committee.
- Alfredo Aguirre presented a certificate of appreciation to Barry Fox for his contributions to the advancement of the County of San Diego Children System of Care as the CYF Council Co-Chair.

**II. Approval of Minutes- November 14, 2016 (Renee Cookson)**

- Approved.

**III. Director's Report (Alfredo Aguirre)**

**A. Drug Medi-Cal Waiver update**

BHS is still evaluating the rates. Need to ensure that all of levels of care are available. A decision to opt in is expected by May 1, 2017.

**B. Highlights of 2016**

- Accomplishments:

Alfredo Aguirre acknowledged the Council for the excellent work in providing advice and feedback to the BHS leadership, which allowed for services enhancements, including but not limited to:

- ✓ Expansion of Prevention and Early Intervention Services at schools from two (2) regions (in East and North) to all six (6) regions of the County. Additionally, a specific Refugee component was added in the East County program to address the needs of refugee children and families in the same identified schools.
- ✓ Clinic capacity enhancement at the Perinatal Outpatient and Residential Substance Use Disorders (SUD) Treatment Centers.
- ✓ Countywide SUD Perinatal Outpatient services with Case Management for Homeless Outreach.
- ✓ The Safe Program will provide direct clinical services, a drop-in center support with connection with a job training, GED preparation, life skills training, and crisis support to Lesbian, Gay, Bisexual, Transexual, Queer (LGBTQ) youth. This program is projected to begin in July 2017.
- ✓ The Emergency Screening Unit (ESU) re-design, which is tentatively to open in October 2017.

- Challenges:
  - ✓ Federal funding for Medi-Cal population may be affected as a result of the new administration. County leadership is meeting to discuss strategies to address any potential changes.
  - ✓ The projected revenue versus expenditures for sustaining enhanced Mental Health Services Act (MHSA) programs may be a challenge in FY 19-20, which may lead to zero based budget. PEI funding is already limited. However, there may be more MHSA funding available if there are more individuals with an annual income above one million dollars.

#### IV. **Mental Health Services Act (MHSA)- Update** (Adrienne Yancey)

##### A. **Annual MHSA Plan**

- The Community Engagement Forums were held in August, September and October, 2016. There were also six focus groups to ensure outreach and input from Criminal justice partners, Justice population, Peer liaisons, Community partners in Southeast San Diego and Native American partners.
- BHS is also working on proposals for Innovation projects. Yael Koenig provided a summary of the CYF Innovation projects:
  - ✓ Tele-mental Health Services which would use technology to help children receive post-discharge outpatient services.
  - ✓ Post-Partum services will provide education not only for the mother suffering from post-partum depression, but also for the entire family.
  - ✓ Countywide Psychotropic Medication Clinic(s) that would offer children continued medication and Tele-Psychiatry support after completing their primary outpatient treatment. This program will especially benefit those children with severe developmental and/or psychiatric needs.
  - ✓ The Roaming Outpatient Access Mobile (ROAM) project would address the psychiatry needs of both children and adults that reside in the rural sections of the county using a mobile unit.
- Yael Koenig also discussed the option of expanding and extending 3 innovation projects:
  - ✓ Caregiver Connection to Treatment Enhancement: This is a pilot project for the 0-5 population. If extended, can also provide services to parents and caregivers of children and youth beyond the 0-5 age population.
  - ✓ Family Therapy Participation Enhancement: utilizes parent partners to focus on increasing caregiver participation in family therapy. Experts that have lived experience engage caregivers with Motivational Interviewing for family therapy sessions away from the traditional school-based setting. Currently, there is a Family Therapy Participation per region.
  - ✓ Faith-Based initiative that supports the community during times of crisis.

Adrienne Yancey also mentioned the Recuperative Services Treatment (ReST), an extended-stay program would offer adults newly discharged from correctional facilities a place to stay as well as provide various other supportive services.

- MHSA funding cannot be used for education on Marijuana prevention, However, BHS has secured speakers and contractors specialized in Marijuana use prevention education to present at upcoming BHS managers' meetings and can also be invited to a CYF Council meeting. Additionally, the San Diego County Office of Education is addressing this need.

#### V. **Business Items**

##### A. External Quality Review Organization – (EQRO) (Yael Koenig)

- The EQRO conducts a yearly review on behalf of the Department of Health Care Services to review the County of San Diego Behavioral Health systems of care to ensure that all requirements, standards and obligations are met. There is an extensive preparation for to the EQR.
- An extensive amount of information and data is provided to them prior to their audit. This includes information provided by the Council during meetings, data from various focus groups, etc.
- The EQRO uses focus groups as a place to gather feedback and Council members and other BHS stakeholders will be invited to participate in the focus groups. The EQR will provide a report of the site review.

##### B. Status on 4 sectors subcommittee report (Edith Mohler).

- The CYF Council subcommittee sector representation report is in a draft format and not ready for distribution. The CYF sectors are:
  - ✓ **Public:** This includes, but is not limited, to entities that represent local government: San Diego County Health and Human Services Agency (HHS): Behavioral Health Services, Behavioral Health Advisory Board, Child Welfare Services, HHS regions, and Public Health

Services. It also includes the County's Public Safety Group- Juvenile Probation Department, Juvenile Court; First 5 San Diego.

- ✓ **Private:** Includes the Children's System of Care contracted providers. They are also organized with the Mental Health Contractors Association, Alcohol and Drug Providers Association, San Diego Non-Profit Association, Fee-For-Service Network, Healthcare-Pediatricians, Managed Care Health Plans and The San Diego Regional Center.
- ✓ **Family:** Youth and families who have lived experience receiving or who have received services from agencies serving children, and/or parents/caregivers of individuals that are receiving or have received services from agencies serving children. This sector includes the CYF Family Youth liaison.
- ✓ **Education:** Representatives are usually also part of the Public Sector but represent Education. Constituencies represented in the Council are the Special Education Local Plan Area (SELPA), School Districts, Regular Education-Pupil Personnel Services, School Boards, Special Education and the San Diego County Office of Education (SDCOED).

#### **VI. Announcement (Delrena Swaggerty)**

- The new CYF CADRE co-chairs are Julie McPherson (Community Research Foundation) and Marissa Varond (McAlister Institute). Shannon Jackson is the CYF lead of this sub-committee,

#### **VII. Sectors "Hot Topics" from Council Representatives**

##### **Public Input/Discussion to follow (Delrena Swaggerty) - Handout**

- Warm Handoff/Training- Update  
The PowerPoint is under on-going refinements.
- Psychiatric/Medication Clinic
  - ✓ Psychiatric Nurse Practitioners may be another way to mitigate the psychiatrist shortage.
  - ✓ There are about 75 psychiatrists that serve San Diego County which is a higher number if compared with other states.
  - ✓ Salaries is one reason that it may make it difficult to recruit and retain psychiatrists.
  - ✓ A student re-payment loan program was suggested to address recruitment and retention of psychiatrists.
  - ✓ The State Psychotropic Guidelines may be one of the reasons for the limited Fee-For-Service network.
  - ✓ There are ongoing discussions with the Private sector addressing psychiatry. The meetings are usually held on the third Wednesday of the month from 1:00 to 2:30 P.M. at 7535 Metropolitan Drive, San Diego CA 92108. Everyone is welcome to attend.

#### **VIII. Sub-Committee Update Reports**

##### **A. Early Childhood (Stacey Annand): Highlights-handout:**

- The 7<sup>th</sup> Annual We Can't Wait conference was held on September 16, 2016.
- The Subcommittee is scheduled to meet with the Pathways to Well-Being staff immediately after this meeting to discuss eligibility criteria and the best practices for children 0-5 as related to Pathways to Well-Being.
- The Sub-Committee continues to promote and participates in relevant trainings focused on 0-5 population.

##### **B. Outcomes (Angela Chen) Highlights - handout:**

- The language of Trauma Informed has been added to the Children's System of Care Principles
- The Substance Abuse and Mental Health Services Administration (SAMHSA) definition of trauma was added as a Help text in the Behavioral Health Assessment (BHA) page of the BHS Electronic Health Record Management System.
- Continues with the monitoring of the California Performance Outcomes System plan
- Child Welfare is piloting the Treatment Outcome Package (TOP), a State required outcome measure. The pilot started October, 2016 and will last 6 months.
- The Adjustment disorder rates were reviewed. A provider training on Understanding and Diagnosing Complex Behavioral Health Conditions has been implemented. Four training sessions have been provided and more sessions will be available through the Behavioral Health Education Training Academy (BHETA).
- The next Outcomes subcommittee meeting will be scheduled for the first Tuesday of the month in February 2017.

C. QI Updates – (Kris Summit):

- The BHS Electronic Health Record Management System, known as Cerner Community Behavioral Health (CCBH), formerly Anasazi, will be now implementing the Client attachments application. The Progress Notes Refresh will be rolled out in phases beginning April 1, 2017. Training will be provided.
- The DSM V package is being purchased and will be provided by April 1, 2017.
- The Ultra-sensitive inpatient exchange portal for remote access of client records is scheduled for April 1, 2017.
- A Substance Use Disorder (SUD) data clean-up will be completed.
- The Millennium program road map for SUD and MHS is scheduled for 2020.

**IX. Action Item**

Action Items	Action By	Action Due
CYF Council Subcommittee Sector Point in Time Representation document	Edith Mohler	January 9, 2017 Meeting Agenda–Review of December 12, 2016 Action items
CYF Council Sectors definitions	Edith Mohler	January 9, 2017 Meeting Agenda– Review of December 12, 2016 Action items
CCBH Training Environment	Kris Summit	January 9, 2017 Meeting Agenda–Review of December 12, 2016 Action items
External Quality Review Report location and availability	Yael Koenig	January 9, 2017 Meeting Agenda–Review of December 12, 2016 Action items
San Diego Network of Care Personal Portal	Edith Mohler	January 9, 2017 Meeting Agenda–Review of December 12, 2016 Action items
Adult Use of Marijuana Act (Proposition 64) Education-Hot Topic update	Linda Bridgeman-Smith/Joe Eberstein	January 9, 2017-Meeting Agenda-Hot Topic

**Sub-Committees/Sectors/Workgroups Meetings Information:**

**Outcomes:** Meets the 1<sup>st</sup> Tuesday of the month-La Vista Room from 11:30 A.M. to 1:00 P.M.

**Early Childhood:** Meets after this meeting-La Jolla Room from 10:30 A.M. to 12:00 P.M.

**Education Advisory Ad Hoc:** Meets As Needed.

**TAY Workgroup:** Meets the 4<sup>th</sup> Wednesday of the month-La Vista Room from 11:30 A.M. to 1:00 P.M.

**CYF CADRE:** Meets quarterly-2<sup>nd</sup> Thursday of the month-Del Mar Room from 1:30 to 3:00 P.M.

**CCRT:** Meets the 1<sup>st</sup> Friday of the month-La Jolla Room from 10:00 to 11:30 A.M.

**Family and Youth Sector:** Meets the 4<sup>th</sup> Thursday of Sept.16, Oct.27, Jan.26, and Apr.27 at 8964 N Magnolia St, Santee, CA 92071 from 6:30 P.M. to 8:00 P.M.

**Family and Youth As Partners:** Meets the 3<sup>rd</sup> Thursday of the month- Del Mar Room from 2:00 to 3:30 P.M.

**Private Sector:** Meets the 3<sup>rd</sup> Wednesday of the month- 7535 Metropolitan Dr., San Diego, CA 92108 at 1:00 P.M.