

## CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL

### MEETING AGENDA

**December 10, 2018 – 9:00-10:30 A.M.**

East Region Public Health Center- 367 N. Magnolia Ave, El Cajon, CA 92020

- |   |   |
|---|---|
| <b>I. Welcome and Introductions</b> (Violeta Mora)  | <b>5 minutes</b>                                      |
| <b>II. Approval of Minutes</b> (Dori Gilbert)   | <b>5 minutes</b>                                      |
| <ul style="list-style-type: none"> <li>• September 10, 2018- Handout</li> <li>• Review action items from September 2018 – See meeting minutes (Yael Koenig)</li> </ul>  |   |
| <b>III. Business Items</b> (Yael Koenig)  | <b>20 minutes</b>                                     |
| <ul style="list-style-type: none"> <li>• FY18-19 Special Education Contact List (Cara Schukoske)- Handout</li> <li>• Bylaws vote on adding training access to Council members- Handout</li> <li>• Stop Firearm Suicide San Diego (Adrienne Collins Yancey)- Handouts</li> </ul>                           |   |
| <b>IV. Mental Health Services Act (MHSA) Update</b> (Adrienne Collins Yancey)   | <b>10 minutes</b>                                     |
| <b>V. Sectors "Hot Topics"</b> (Dori Gilbert)   | <b>35 minutes</b>                                     |
| <ul style="list-style-type: none"> <li>• Presentation on Organized Support Companion in an Emergency Situation (oscER) &amp; oscER Jr. (Linda Ketterer &amp; Valerie Hebert)- Handout</li> <li>• Center for Child and Youth Psychiatry Presentation (Betsy Pierce &amp; Eileen Quinn-O'Malley)</li> </ul> | <p><b>(10 minutes)</b></p> <p><b>(25 minutes)</b></p> |
| <b>VI. Announcements</b> (Violeta Mora)   | <b>5 minutes</b>                                      |
| <ul style="list-style-type: none"> <li>• January and February 2019 meetings will be dedicated to Sub-Committee Reports</li> <li>• BHS Director Retirement Celebration- February 11, 2019- Flyer</li> </ul>  |   |
| <b>VII. Director's Report</b> (Alfredo Aguirre)   | <b>10 minutes</b>                                     |

**Next Executive Committee Conference Call:**

Date: Monday, December 14, 2018

Time: 1:00-1:30 P.M.

Location: Via Conference Call

**Next Council Meeting:**

Date: Monday, January 14, 2019

Time: 9:00-10:30 A.M.

Location: Scottish Rite- Shell Room

**Sub-Committees/Sectors/Workgroups Meetings Information:**

**CCRT:** Meets the 1<sup>st</sup> Friday of the month-6367 Alvarado Court Ste. 105, San Diego, CA 92120 from 10:00 to 11:30 A.M.

**CSOC Academy:** Meets the 1<sup>st</sup> Wednesday of the month-6505 Alvarado Road, Suite 107, San Diego, CA 92120 from 9:00 to 10:00 A.M.

**CYF CADRE:** Meets quarterly 2<sup>nd</sup> Thursday of the month- 5095 Murphy Canyon Rd, San Diego 92123- Suite 320 from 1:30 to 3:00 P.M.

**Early Childhood:** Meets the 2<sup>nd</sup> Monday of the month- 3160 Camino Del Rio South Suite 101, San Diego, CA 92108 from 10:45 A.M. to 12:15 P.M.

**Education Advisory Ad Hoc:** Meets as needed.

**Family and Youth As Partners:** Meets the 3<sup>rd</sup> Thursday of the month- La Jolla Room from 1:30 to 3:00 P.M.

**Family/Youth Sector:** Meets quarterly on 4<sup>th</sup> Thursday of the month at 8964 N Magnolia St, Santee, CA 92071 from 6:30 to 8:00 P.M.

**Outcomes:** Meets the 1<sup>st</sup> Tuesday of the month-La Vista Room from 11:30 A.M. to 1:00 P.M.

**Private Sector:** Meets as needed.

**TAY Council:** Meets the 4<sup>th</sup> Wednesday of the month-3860 Calle Fortunada, San Diego, CA 92123 from 3:00 to 4:30 P.M.

**For Council materials go to:**

[https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental\\_health\\_services\\_children/CYFBHSOCCouncil.html](https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_children/CYFBHSOCCouncil.html)



## CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL

### MEETING MINUTES

**September 10, 2018 – 9:00-10:30 A.M.**

Scottish Rite – Shell Room -1895 Camino del Rio South, San Diego CA 92108

+=Member in Attendance    O=Absent    E=Excused

CONSTITUENCY		MEMBER	STATUS	ALTERNATE	STATUS
PUBLIC SECTOR					
1	Behavioral Health Advisory Board (BHAB)	Rebecca Hernandez	O	Bill Stewart	+
2	Behavioral Health Services (BHS)	Dr. Laura Vleugels	+	Dr. Jeffrey Rowe	+
3	Public Safety Group/ Probation	Dr. Geoff R. Twitchell	O	Chrystal Sweet	O
4	Child Welfare Services (CWS)	Cathi Palatella	O	Alice Kennedy	O
5	HHSA Regions	Dori Gilbert	+	Jennifer Sovay	O
6	Public Health	Dr. Thomas R. Coleman	+	Rhonda Freeman	O
7	Juvenile Court	H. Judge Kimberlee Lagotta	O	Beth Brown	+
8	First 5 Commission	Alethea Arguilez	O	Dulce Cahue-Aguilar	O
EDUCATION SECTOR					
9	Special Education Local Plan Area (SELPA)	Cara Schukoske	+	Jamie Tate - Symons	O
10	Regular Education Pupil Personnel Services	Heather Nemour	+	Mara Madrigal-Weiss	+
11	School Board	Barbara Ryan	O	Sharon Whitehurst-Payne	O
12	Special Education	Aidee Angulo	+	Yuka Sakamoto	O
PRIVATE SECTOR					
13	San Diego Regional Center (SDRC) for Developmentally Disabled	Peggy Webb	+	VACANT	
14	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	+	Marisa Varond	+
15	Mental Health Contractors Association	Delrena Swaggerty	+	Steven Jella	O
16	Mental Health Contractors Association	Michelle Ly	+	Michelle Hogan	O
17	San Diego Nonprofit Association (SDNA)	Margaret Iwanaga Penrose	O	Rosa Ana Lozada	+
18	Fee- For-Service (FFS) Network	Dr. Sherry Casper	O	VACANT	
19	Managed Care Health Plan	George Scolari	O	Kathleen Lang	+
20	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	O	VACANT	



- ✓ Katherine Morrell from San Diego Center for Children (SDCC) was awarded for her passionate and dedicated work in the SDCC Family Wellness Center. Along with her team, they provide individualized, culturally competent and trauma-informed care for all.
- Accessing Behavioral Health Education and Training Academy (BHETA) (Rose Woods)
  - ✓ BHETA training is only offered to contracted and County staff from Behavioral Health Services (BHS)
  - ✓ The Children, Youth and Families System of Care Training Academy (CYF-SOC) trainings are available to anyone working with children, youth and families (i.e. counselors, protective services workers, probation officers etc.)
  - ✓ In addition to training, the BHETA website also contains a plethora of complementary resources and information (i.e. Pathways to Well Being, School Link and various online training) that is available to anyone
  - ✓ A handout with details was provided
- CYF Council Goals for Fiscal Year 2018-19 and Highlights of Fiscal Year 2017-18 Accomplishments (Handouts)
  - ✓ The Council and subcommittees goals and accomplishments were provided in the meeting packet for review.
- New Council Attendee Welcome Packet and video
  - ✓ A new video that introduces the Council, it's subcommittees and history is now available for viewing. "New Council member Orientation" video link: <https://youtu.be/ap3EdFAMzhE>.
- Subcommittee Updates: Bi-Annual Meetings
  - ✓ Starting FY 2018-19, two Council meetings will be dedicated to allow for subcommittee updates/reports and discussion
  - ✓ Scheduled subcommittee reports will still be included in each monthly meeting packet for review.
- Future Council Meetings
  - ✓ There will be a combined Council meeting on October 8, 2018 dedicated to a BHS MHSA Forum
  - ✓ November's meeting will be Dark
  - ✓ The venue for December's meeting is yet to be determined.
- Retirement Announcement
  - ✓ BHS Director Alfredo Aguirre announced his retirement from his position with a combined 40 years of public service effective March 2019. The Council recommended dedicating time at an upcoming Council meeting to celebrate his leadership.

#### **IV. Mental Health Services Act (MHSA) Update (Martin Dare)**

- Community Forums
  - ✓ Nine separate regionalized community engagement forums are scheduled for October 2018
  - ✓ Six forums, including the combined Council meeting on October 8, 2018 will focus on:
    - School violence (from Kindergarten to College age)
    - Substance Use Disorder (SUD) in the Transitional Age Youth (TAY) population
    - Crisis services
  - ✓ Three Innovation forums will focus on:
    - Housing
    - Co-occurring mental health disorders
    - Open topics for discussion.
- State Updates
  - ✓ In collaboration with other counties and University California Davis, the County of San Diego is taking the lead finding the best approach to create an Innovation project regarding Early Psychosis. The data collected from a local San Diego program will be used for this purpose.
- Local Updates
  - ✓ The Accessible Depression and Anxiety Postpartum Treatment (ADAPT) program (INN-18) was recently approved for MHSA funding by the Oversight and Accountability Commission (OAC). Dr. Dean Sidelinger originally brought this need to the CYF Council
    - ADAPT would increase client access to mental health services through in-home treatment services for new or expecting parents suffering from peripartum anxiety or depression
    - Public Health Nurses (PHN's) and the Maternal Child Health (MCH) programs will partner to provide in-home visitation screenings for mood and anxiety disorders prior to referrals into the ADAPT program.

#### **V. Sector Hot Topics (Dori Gilbert)**

- Project Cal-Well Presentation (Heather Nemour)



- ✓ Dr. Jeffrey Rowe was presented a plaque of appreciation by the County of San Diego Behavioral Health Services for his leadership and advocacy of Children's mental health. He will be retiring from the County effective October 2018.

Action Items	Action By	Action Due
1. Presentation on OscER and OscER Jr.	• NAMI	• Scheduled for December 10, 2018 Council meeting.
2. Determine venue for the December 10, 2018 Council meeting.	• CYF Council staff	✓ Completed.
3. Discuss granting BHETA training access to all TAY Youth members in the Council.	• CYF Council staff	✓ Updated Bylaws for vote
4. Recommendation to dedicate a meeting to celebrate Alfredo Aguirre's retirement.	• CYF Council staff	• Projected for February 11, 2019 Council meeting.
5. Distribute the Accessing BHETA trainings handout	• Executive Team	✓ Completed September 11, 2018.
6. SchoolLink preview.	• Yael Koenig	✓ Completed September 10, 2018 CYF Council meeting.
7. Project Cal-Well-Mental Health Update.	• Heather Nemour	✓ Completed September 10, 2018 CYF Council meeting.
8. Distribute link to Early Childhood Subcommittee's video: "The Two O's"	• CYF Council staff	✓ Completed September 11, 2018.
9. Sub-Committee Update: Early Childhood video: Supporting Caregivers pending from the May 14, 2018 CYF Council meeting.	• Aisha Pope and Jennifer Kennedy	✓ Completed September 10, 2018 CYF Council meeting.
10. Center for Child and Youth Psychiatry Presentation.	• New Alternatives staff	• Scheduled for December 10, 2018 Council meeting.
11. Recommended Fiscal Year 2018-19 CYF Council areas of focus: School Threats/Violence Assessments  Fiscal Year 2018-19 CYF Council goal: School Threats/Violence Assessments as a Hot Topic for Fiscal Year 2018-19	• Executive Sub-committee/ Council	• Fiscal Year 2018-19 CSOC conference will be dedicated to School Safety. ✓ Completed SchoolLink module 7 to include school threats resources and annual meeting calls to discuss the school's school threat protocol.

**Next CYF Council Meeting: December 10, 2018, 9:00-10:30 A.M. Location To Be Determined**

**Sub-Committees/Sectors/Workgroups Meetings Information:**

**Outcomes:** Meets the 1<sup>st</sup> Tuesday of the month- 3255 Camino del Rio South, San Diego CA 92108 in La Vista Room- from 11:30 A.M. to 1:00 P.M.

**Early Childhood:** Meets the 2<sup>nd</sup> Monday of the month- 3160 Camino Del Rio South, San Diego, CA 92108- Suite 101 from 10:45 A.M to 12:15 P.M.

**Education Advisory Ad Hoc:** Meets As Needed.

**TAY Council:** Meets the 4<sup>th</sup> Wednesday of the month 3:00 to 4:30 P.M. – New meeting location TBD.

**CYF CADRE:** Meets quarterly the 2<sup>nd</sup> Thursday of the month at NAMI San Diego, 5095 Murphy Canyon Road, Suite 320, San Diego, CA 92123 from 1:30 to 3:00 P.M.

**CCRT:** Meets 1<sup>st</sup> Friday of the month at the Health Services Complex- 6367 Alvarado Ct. Ste. 105, San Diego, CA 92120 from 10:00 to 11:30 A.M.

**Family and Youth Sector:** Meets quarterly – 1<sup>st</sup> qtr. – contact [CYFLiaison@namisd.org](mailto:CYFLiaison@namisd.org) for schedule.

**Family and Youth as Partners:** Meets the 3<sup>rd</sup> Thursday of the month at 3255 Camino del Rio South, San Diego CA 92108 in La Jolla Room from 1:30 to 3:00 P.M.

**Private Sector:** Ad Hoc/Meets As Needed.



**Children, Youth and Families Behavioral Health  
System of Care Council  
Bylaws**

**Article One                      Name**

The name of this organization shall be the CHILDREN, YOUTH AND FAMILIES BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL (also known as CYFBHSOC or the Council).

**Article Two                      Powers and Duties**

The powers and duties of the Council shall be set forth by Behavioral Health Services (BHS) Administration, a division of the Health and Human Services Agency (HHSA). The Council reports to the Behavioral Health Services Director (BHS Director). The Council serves in an advisory capacity to the BHS Director. However, the Council, as needed, can brief the HHSA Director and/or staff on children's behavioral health developments/issues. The Council is charged by the BHS Director to perform the following functions:

- Provide community oversight for the integrity of all services and advancement of all aspects of the system of care;
- Provide advice and feedback related to the progress and future expansion of the CYFBHSOC; and
- Provide information and recommendations to the BHS Director.

**Article Three                      Membership**

Membership on the Council is via appointment by the BHS Director through recommendations of each sector. The Council provides an opportunity for all four sectors (Education, Family/Youth, Provider, Public) to have a voice in policy development and implementation of the System of Care. Members will be appointed from the following:

<b>Constituencies</b>	<b>Seats</b>
Behavioral Health Advisory Board	1
Behavioral Health Services	1
Public Safety Group/Probation	1
Child Welfare Services	1
HHSA Regions	1
Public Health	1
Juvenile Court	1
First 5 Commission	1
Special Education Local Plan Areas (SELPA)	1
Regular Education- Pupil Personnel Services	1
School Board	1
Special Education	1
San Diego Regional Center for Developmentally Disabled	1
Alcohol and Drug Contractors Association	1
Mental Health Contractors Association	2

Council members, alternate and attendees in advance of the Council meeting to enable participants to decide if they want to attend.

Meeting Minutes: County Administrative staff record CYFBHSOCC meetings and maintain the Minute Book. Minutes are distributed to CYFBHSOCC members in advance of the next regularly scheduled meeting and shall be posted on the County website.

#### **Article Seven      Officers**

The business of the Council is organized and managed through two co-chairs. The co-chairs are nominated by the sector responsible for chairing the upcoming serving term. The nominations are presented to the CYFBHSOCC at the April and May meetings; the co-chairs are formally elected by the CYFBHSOCC at the June meeting and start serving in the month of July.

The co-chairs are named from the four sector partnership of the System of Care – Education, Families/Youth, Providers, and Public Agencies, and should not represent the same constituency during any term. The co-chairs serve for two-year terms on a rotating basis, and alternating so there is always one serving their first and the other serving their second term year.

The co-chairs are responsible for the development and preparation of the meeting agendas and for obtaining briefings on progress and activities from the BHS Director. County Administrative staff provides support to the co-chairs and to activities of the Council, including meeting notices, minutes, and coordination.

#### **Article Eight      Sub-committees**

The CYFBHSOCC has a “standing” sub-committee, the Executive Committee, tasked to follow up on current SOC principles and recommend a process to ensure relevancy to current realities and challenges which includes the development of sub-committees and task forces in order to complete its business, as well as the pausing or retirement of sub-committees that are no longer needed. Sub-committees are to submit a monthly written report to the CYFBHSOC Council.

Each sub-committee shall appoint or elect a chair or co-chairs. The chairs of the sub-committees are then members of the Executive Committee. The chairs of the sub-committees may be members of the Council, however if the individual serving in the capacity of chair or co-chair of a sub-committee is not a member of the Council, they become a member, ex officio (without vote), of the Council.

#### **Article Nine      Voting and Consensus**

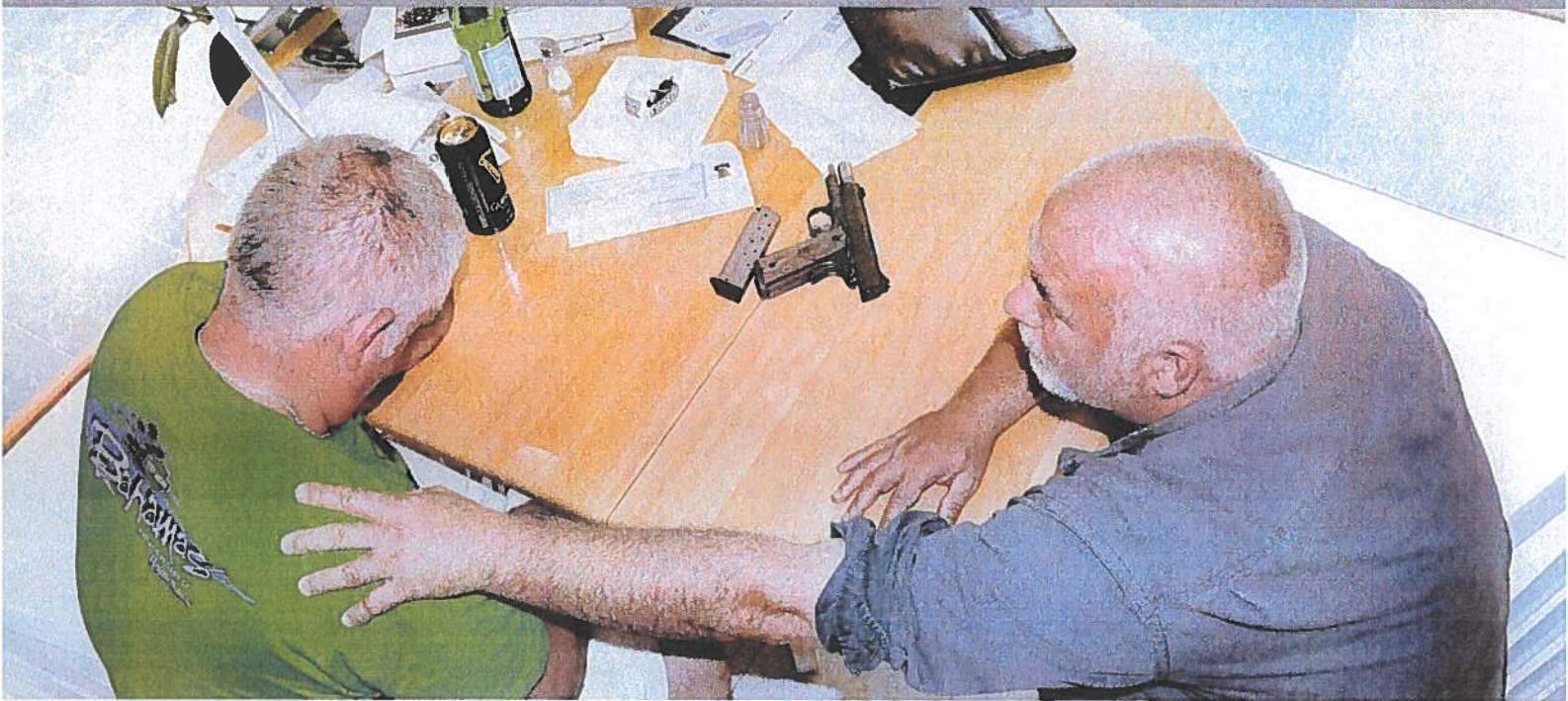
The CYFBHSOCC strives to achieve consensus on all decision matters. In the absence of full consensus, any item put to vote will be approved by a simple majority of those present. A quorum of the CYFBHSOCC must be present in order for a vote to be taken on any motion brought to the CYFBHSOCC.

Motions put to the CYFBHSOCC for vote should include the following information:

- Concise statement of the issue for vote;
- Purpose for the vote (e.g. recommendation to the Director, or change in bylaws); and



# PREVENT FIREARM SUICIDES



## ARE THEY SUICIDAL?

- Depressed, angry, impulsive?
- Going through a relationship break-up, legal trouble, or other setback?
- Using drugs or alcohol more?
- Withdrawing from things they used to enjoy?
- Talking about being better off dead?
- Losing hope?
- Acting reckless?
- Feeling trapped?

## FIREARMS ARE THE LEADING METHOD OF SUICIDE IN SAN DIEGO COUNTY.

In fact, suicides by firearm outnumber homicides by firearm approximately 3 to 1.

County of San Diego Health and Human Services Agency (HHSA), Emergency Medical Services

**Putting time and distance between a suicidal person and a gun can save a life.**

If you or someone you know is at risk of suicide, call the  
**San Diego County Access and Crisis Line:**

**1-888-724-7240**

To learn the warning signs for suicide, and gun safety tips  
to keep yourself or a loved one safe, visit:

**[www.StopFirearmSuicideSD.org](http://www.StopFirearmSuicideSD.org)**



Funded by counties through the voter approved Mental Health Services Act (Prop. 63).



## GUN SAFETY SAVES LIVES

## ABOUT THIS BROCHURE

1. Treat every firearm as if it were loaded.
2. Always point the muzzle in a safe direction.
3. Be sure of your target and what surrounds it.
4. Keep your finger outside the trigger guard until you're ready to shoot.
5. Safely check the barrel and action for any obstructions, and only use proper ammunition.
6. Unload firearm when it is not in use. Leave action open; carry firearm in a case and unloaded to and from the shooting area.
7. Point a firearm only at something you intend to shoot.
8. Don't run, jump, or climb with a loaded firearm. Pull a firearm toward you by the butt, not the muzzle.
9. Store firearms and ammunition separately and safely.
10. Don't drink alcoholic beverages or use drugs before or during shooting.

**It's Up to Us** is San Diego's suicide prevention and mental health awareness campaign.

Visit [www.StopFirearmSuicideSD.org](http://www.StopFirearmSuicideSD.org) to learn the warning signs for suicide, find the words to talk to someone you are concerned about, and learn about local mental health and suicide prevention resources.



If you are feeling suicidal or if you are concerned about someone else, help is available right now.

Call the Access and Crisis Line 24 hours a day, 7 days a week to speak to a trained counselor. This is not a reporting line.

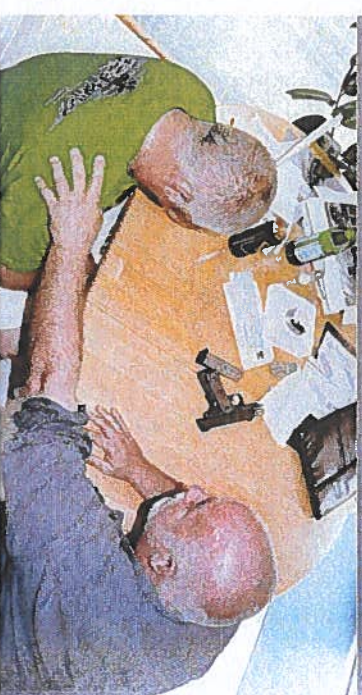
**San Diego County Access and Crisis Line:**  
**1-888-724-7240**



Financed by grants through the local-approved Mental Health Services Act (Prop. 63).

The information in this brochure was originally developed by the New Hampshire Firearm Safety Coalition as part of an effort to bring together a broad range of individuals and organizations around the common goal of suicide prevention. For more information about the Coalition and its work, visit [www.nhfsa.org](http://www.nhfsa.org)

# PREVENT FIREARM SUICIDES



**Firearms are the leading method of suicide in San Diego County.**

In fact, suicides by firearm outnumber homicides by firearm approximately 3 to 1.

County of San Diego Health and Human Services Agency (HHSA), Emergency Medical Services

Over a 10-year period 1,451 people died of suicides involving firearms in San Diego County.

HHSA, Emergency Medical Services, Medical Examiner Database, 2008-2017

*Look inside to learn the warning signs for suicide and gun safety tips to keep yourself or a loved one safe.*





## NAMI San Diego Mission

**Support** people with mental illnesses and their families by helping them find coping mechanisms for their daily struggle with brain disorders.

**Educate** people who have mental illness, their families, and the general public about mental illness with the goal of dispelling ignorance and stigma.

**Advocate** for more research and an improved system of mental health services across the nation, bring public awareness to mental health issues, and help families learn how to best advocate for their loved ones.



## Meet OSCER

A mobile app to help you, your clients, and your client's loved ones navigate through a mental health crisis with local resources, legal information and support tools


## OSCER

Original Support Companion in an Emergency Situation

Despite the fact that 1 in 5 people in the US will experience a mental illness at some point in their life, there is still a strong social stigma that prevents people from seeking the help they need. By the time that they do seek help, they often end up in an Emergency Room that is already too full.

Created by NAMI SD based on direct feedback from family members during NAMI Education & Advocacy Meetings due to family frustrations over lack of access to current mental health systems/support.




OSCER is a mobile app that can be used to privately seek information when someone is in mental health crisis, including legal info and community resources, and answers to many commonly-asked questions regarding mental health.





## OSCER

Original Support Companion in an Emergency Situation

- Free mobile app! In English and Spanish
- Will soon be available in 6 threshold languages
- Find assistance navigating San Diego behavioral health community
- Direct linkage to service providers
- Get education for yourself and your family

- CRISIS SUPPORT
- COMMUNITY RESOURCES
- LEGAL SERVICES
- EDUCATIONAL RESOURCES
- RELAXING AUDIOSCAPES
- DISPONIBLE EN ESPANOL
- AVAILABLE OFFLINE



No touch device  
no problem

[app.oscer.org](http://app.oscer.org)  
[app.oscerjr.org](http://app.oscerjr.org)  
[app.alfredu.org](http://app.alfredu.org)



## Discover more today!

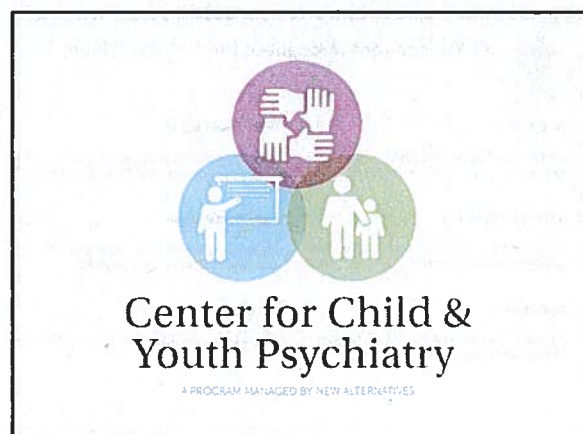
Search your app store for 'NAMI San Diego' or  
'oscER San Diego' or 'oscER jr San Diego' or  
'alfreDU San Diego'

### Questions? Contact us!

[information@namisandiego.org](mailto:information@namisandiego.org)  
[reneecookson@namisd.org](mailto:reneecookson@namisd.org)

 **NAMI** San Diego  
NATIONAL ALLIANCE FOR MENTAL ILLNESS





### Center For Child And Youth Psychiatry (CCYP)

- Innovation program
- Establish a center of excellence for psychiatric support
- Unique target population
  - Completed treatment session by system of care provider
  - Up to age 21
  - Complex medication regimen (not able to be managed by PCP or Pediatrician), previously managed through system of care provider



### CCYP Authorized Referrals

- Clients who...
  - Completed a treatment episode with a system of care mental health treatment program
  - Are receiving services through the new innovation Telemental Health Program
  - Are receiving services with SUD treatment programs
- Who can refer?
  - Parent
  - Programs
  - Self-referral



### CCYP Exceptions

- Mental health treatment programs without current psychiatrist
- Mental health treatment programs with long wait times for psychiatry
- ESU (Prescription needs)
- Other...
- Exception Authorization Process



### Center For Child And Youth Psychiatry

- Provides tele-psychiatry and face-to-face medication evaluations and follow-up services at multiple locations throughout the County.
- Monthly community resources fairs will feature relevant healthcare topics and education. Videos, books and community resources will also be offered.
- Long-acting injectable psychotropic medication, when indicated and necessary, for youth's stability, will be available at multiple sites throughout the County.



### CCYP Provides

- Ongoing medication evaluation and monitoring
- Care Coordination and crisis intervention by nursing staff and licensed clinicians.
- Services in convenient locations and limited services in the home.





# Center for Child & Youth Psychiatry

A PROGRAM MANAGED BY NEW ALTERNATIVES

CCYPsd.org

The Center for Child and Youth Psychiatry (CCYP) utilizes **telepsychiatry/telehealth** and **face-to-face** practices at multiple locations throughout San Diego County to provide outpatient psychiatric evaluation and medication support services.

- Services are available to children and youth who have successfully discharged from their outpatient mental health provider, yet have psychotropic medication needs that are too complex for their primary care physician and/or a Federally Qualified Health Center (FQHC) to manage.
- The Center provides linkage and facilitates access to psychotropic medication, including the administration of **long-acting injectable psychotropic medication**, when indicated and necessary for the youth's stability.
- In partnership with Rady Children's Hospital's **child specialty medical clinic**, CCYP provides integrated, coordinated, and co-located psychiatric care and consultation services for children and youth who are medically fragile with complex health care needs.



Licensed Clinicians will provide case management and crisis stabilization services as needed. Nursing staff will be available to provide education, medication support and gather necessary medical information.



## Community Resource Fairs

Monthly fairs will feature relevant mental healthcare topics and education. Families can obtain videos, books, pamphlets, and web-site access to information and resources. You can go to the website to access current schedule of events: [CCYPsd.org](http://CCYPsd.org)

Licensed Clinicians and Nurses are available to connect with families, caregivers and their youth.

Community Providers are invited to join us on a quarterly basis to keep up-to-date on the resources available to their clients.

Child Care and refreshments will be available.

## Hours

**Weekends and evening services are scheduled as needed.**

Monday, Wednesday, Thursday  
and Friday- 9 AM to 5 PM  
Tuesday- 9 AM to 8 PM

## Locations

With multiple offices throughout San Diego County, CCYP offers easy and convenient locations for children and families to access services in their communities. \*

### **Main Office**

8755 Aero Dr. Suite 306, San Diego, CA 92123

### **Central Region**

2535 Kettner Blvd, Ste. 1A4, SD, CA 92101  
5275 Market Street, Suite F, SD, CA 92114

### **North Central Region**

3517 Camino del Rio South, SD, CA 92108  
3944 Murphy Canyon Road, C205, SD, CA 92123

### **North Inland Region**

17701 San Pasqual Valley Rd, Escondido, CA 92025  
225 West Valley Parkway #100, Escondido, CA 92025

### **North Coastal Region**

1020 S. Santa Fe Avenue, Suite B-1, Vista, CA 92084  
1237 Green Oak Road, Vista, CA 92081

### **South Region**

730 Medical Center Court, Chula Vista, CA 91911  
847 Encina Ave, Imperial Beach, CA 91932

### **East Region**

3602 Kenora Drive, Spring Valley, CA 91977  
7739 Pacific Avenue, Lemon Grove, CA 91945

\* Limited community and/or home based services are also available to meet client and family needs.

All appointments for psychiatry services can be made by calling the main line:

**Phone: (858) 634-1100**  
**Fax: (858) 634-1101**  
**CCYPsd.org**



U.S. DEPARTMENT OF HEALTH & HUMAN SERVICES  
**HHS**

**LIVE WELL**  
SAN DIEGO



Center for Child &  
Youth Psychiatry

A PROGRAM MANAGED BY NEW ALTERNATIVES

## New Alternatives, Inc. CCYP Program Referral

Email: [CCYPreferrals@newalternatives.org](mailto:CCYPreferrals@newalternatives.org)

Fax to: 858-634-1101

Eligibility: MediCal and unfunded Children and Youth

Child or Youth's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Placement: ☐ With Biological Family ☐ Resource Family ☐ Other \_\_\_\_\_

Sex: ☐ Male ☐ Female ☐ Other \_\_\_\_\_ Age: \_\_\_\_\_ DOB: \_\_\_\_\_

Ethnicity: \_\_\_\_\_ SSN: \_\_\_\_\_ Language: ☐ English ☐ Spanish ☐ Other: \_\_\_\_\_

CWS Contact: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Health Insurance- Medi-Cal #: \_\_\_\_\_ Other Health Insurance: \_\_\_\_\_

Reason for Referral: \_\_\_\_\_

Parent/Caregiver Name: \_\_\_\_\_

Home/Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Best time to call: \_\_\_\_\_

Street Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Client's Strengths: \_\_\_\_\_

Current DSM-V diagnosis: \_\_\_\_\_

Current psychiatrist: \_\_\_\_\_ Phone: \_\_\_\_\_

List all Prescribed Medications: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Current JV220: ☐ No ☐ Yes Expiration Date: \_\_\_\_\_

Current behaviors/symptoms that are of concern, if any: \_\_\_\_\_

\_\_\_\_\_

Alcohol/Drug Concerns: ☐ Yes ☐ No \_\_\_\_\_

\_\_\_\_\_

Prior Mental Health Services

Program: \_\_\_\_\_ Program: \_\_\_\_\_

Program: \_\_\_\_\_ Program: \_\_\_\_\_

Additional Supportive Individuals:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

CCYP ADMIN:

Date Received: \_\_\_\_\_ Assigned Clinician: \_\_\_\_\_

Date Caregiver contacted: \_\_\_\_\_ Time: \_\_\_\_\_





LIVE WELL  
SAN DIEGO

# **BHS DIRECTOR ALFREDO AGUIRRE IS RETIRING!**

System of Care Council's (CYF, Housing, Adult, Older Adult and TAY) participants will be honoring Alfredo Aguirre, the BHS Director as he retires in March 2019.

**February 11, 2019, 10-11A.M.**

**Scottish Rite- Shell Room**

1895 Camino Del Rio South, San Diego, CA 92108

Please join us for pastries and coffee

(The CYF Council will adjourn @ 10AM and Adult Council will begin at their regular scheduled time of 11A.M.)

\*\*\*No RSVP is needed for Council participants

# 2018-19

## SPECIAL EDUCATION CONTACT LIST

**Board of Education**

Paulette Donnellon  
Guadalupe González  
Alicia Muñoz  
Mark Powell  
Richard P. Shea

**County Superintendent of Schools**

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## **SAN DIEGO UNIFIED SCHOOL DISTRICT (Cont.)**

<u>DEPARTMENT</u>	<u>MANAGER/CONTACT</u>	<u>TELEPHONE</u>
Ombudspersons (for complaint resolution and support)	Brett Shuttleworth <a href="mailto:bshuttleworth@sandi.net">bshuttleworth@sandi.net</a>	(619) 209-4594
Program Manager / Specialized Services & Supports: ABA/BSR, STARS, Pro-ACT, NPS, PBIS	Ed Baisley <a href="mailto:edbaisley@sandi.net">edbaisley@sandi.net</a>	(619) 725-8080
Program Manager / Mental Health Resource Center: Individual/Parent Counseling, Behavior Intervention, I & RTC MHRC, Interdisciplinary Review Team	Aidee Angulo <a href="mailto:aangulo@sandi.net">aangulo@sandi.net</a>	(858) 573-2227
Program Manager / Related Services: Psychologists; Speech Pathologists; Adapted PE; Occupational Therapists; Visually Impaired; Hearing Impaired; Audiology; Braille Specialists; DHH Interpreters/Transcribers and Note-takers	Jeff MacCuish <a href="mailto:jmaccuish@sandi.net">jmaccuish@sandi.net</a>	(858) 573-5941
Program Manager / Instructional Program and Supports: ECSE, Supplemental Supports, Alternative & Transitional Placements, PPPSS	Beth O'Riley (TOC) <a href="mailto:boriley@sandi.net">boriley@sandi.net</a>	(858) 490-8500
Program Manager / Due Process & Mediation: Dispute Resolution, Due Process Compliance, ADR	Jennifer Parks-Orozco <a href="mailto:jparks-orozco@sandi.net">jparks-orozco@sandi.net</a>	(619) 725-7794

**SAN DIEGO UNIFIED SCHOOL DISTRICT (Cont.)**

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Principal / Riley, Unified Day, New Dawn, Marcy School	Pamela Busch - Principal <a href="mailto:pbusch@sandi.net">pbusch@sandi.net</a>	(858) 496-8205
Principal / Whittier School	Rachel Page <a href="mailto:rpage@sandi.net">rpage@sandi.net</a>	(858) 490-2770
Principal / TRACE (Transition Resources for Adult Community Education)	Amy Perez <a href="mailto:aperez@sandi.net">aperez@sandi.net</a>	(619) 574-1073 X2102 <u>FAX</u> (619) 574-1075

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Coronado Unified	Niamh Foley, Director Students Services <a href="mailto:niamh.foley@coronadousd.net">niamh.foley@coronadousd.net</a>	555 "D" Avenue Coronado CA 92118-1714	(619) 522-8932 <u>FAX</u> (619) 437-4928
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San Ysidro	Oscar Madera, Interim Director Special Education <a href="mailto:oscar.madera@sysd.k12.ca.us">oscar.madera@sysd.k12.ca.us</a>	4350 Otay Mesa Road San Ysidro CA 92173-1685	(619) 428-4476 X3092 <u>FAX</u> (619) 428-6473
South Bay Union	Bruce Cochrane, Director Special Education <a href="mailto:bcochrane@sbusd.org">bcochrane@sbusd.org</a>	601 Elm Avenue Imperial Beach CA 91932-2098	(619) 628-1660 <u>FAX</u> (619) 628-1669
Sweetwater Union High	Carrie Rea, Director Special Support Services <a href="mailto:carrie.rea@sweetwaterschools.org">carrie.rea@sweetwaterschools.org</a>	670 "L" Street, Ste. A Chula Vista CA 91911	(619) 407-6300 <u>FAX</u> (619) 427-8794