



Children, Youth and Families (CYF)

**Behavioral Health Services (BHS)
Providers in East Region Schools**

District 2 Supervisor: Joel Anderson

BHS - CYF Primary Contacts in East Region

Michael Miller, Behavioral Health Program Coordinator

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(619) 563-2787

Yael Koenig, Deputy Director

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(619) 563-2773

Behavioral Health Services Providers in Regional Schools available online at:

https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/bhs_provider_portal.html

Revised: April 2021

Alpine Union School District

1323 Administration Way
Alpine, CA 91901-9401
(619) 445-3236

SCHOOLS	PROVIDER	COUNTY MONITOR
Alpine Community Day Alpine Elementary	Brenda Estrada, LMFT bestrada@comresearch.org Community Research Foundation Crossroads Family Services 1679 E. Main St., Ste. 102 El Cajon, CA, 92021 (619) 441-1907 (619) 312-5484 (alternate phone COVID-19)	Wendy Maramba, LMFT Wendy.Maramba@sdcounty.ca.gov (619) 584-5076

Cajon Valley Union School District

750 E. Main Street
El Cajon, CA 92022
(619) 588-3000

SCHOOLS	PROVIDER	COUNTY MONITOR
Anza Elementary Cajon Valley Middle Montgomery Middle	Shadi Haddad, MSW shadi.haddad@syhealth.org San Ysidro Health Chaldean & Middle Eastern Social Services 875 El Cajon Blvd. El Cajon, CA 92020 (619) 631-7400	Michael Miller, LMFT Michael.Miller@sdcounty.ca.gov (619) 563-2787
Madison Elementary Meridian Elementary Naranca Elementary	Lucila Jasso, LCSW ljasso@sdyouthservices.org San Diego Youth Services Prevention and Early Intervention 3845 Spring Dr. Spring Valley, CA 91977 (619) 258-6877 (619) 318-0731 (alternate phone COVID-19)	Frank Congine Frank.Congine@sdcounty.ca.gov (619) 563-2761

Grossmont Union High School District

1100 Murray Drive
El Cajon, CA 92020
(619) 644-8000

SCHOOLS	PROVIDER	COUNTY MONITOR
Granite Hills High Santana High West Hills High	Margaret Anello manello@rchsd.org Rady Children's Outpatient Psychiatry 3665 Kearny Villa Rd., Ste. 101 San Diego, CA 92123 (858) 966-8471 (858) 966-5832 x245774 (alternate phone COVID-19)	Rebecca Raymond, LMFT Rebecca.Raymond@sdcounty.ca.gov (619) 584-3011
Chaparral High Mount Miguel High	Christina Ames-Cotto christina.ames@mcialisterinc.org McAlister Institute East Teen Recovery Center 550 Fesler St., Ste. G-1 & G-2 El Cajon, CA 92020 (619) 588-5361	Shannon Jackson, LPCC Shannon.Jackson@sdcounty.ca.gov (619) 563-2720
Grossmont High Helix Charter High Mount Miguel High Steele Canyon High	Beverly Portillo, LCSW bportillo@centerforchildren.org San Diego Center for Children 6386 Alvarado Ct., Ste. 310 San Diego, CA 92120 (619) 668-6200 (858) 634-8300 (alternate phone COVID-19)	Michael Miller, LMFT Michael.Miller@sdcounty.ca.gov (619) 563-2787
El Cajon Valley High El Capitan High Monte Vista High	Caleb Harris, LMFT charris@sdyouthservices.org San Diego Youth Services 1870 Cordell Court, #101 El Cajon, CA 92020 (619) 448-9700	Michael Miller, LMFT Michael.Miller@sdcounty.ca.gov (619) 563-2787
Supporting Students from various Grossmont Union High Schools	Naomi Midura, PsyD, LMFT nmidura@vistahill.org Vista Hill Foundation Merit Academy 1600 N. Cuyamaca St. El Cajon, CA 92020 (619) 956-0615 (619) 994-7860 (alternate phone COVID-19)	Trang Hoang, LMFT Trang.Hoang@sdcounty.ca.gov (619) 339-5069

Jamul-Dulzura Union School District

14581 Lyons Valley Road
Jamul, CA 91935
(619) 669-7700

<u>SCHOOLS</u>	<u>PROVIDER</u>	<u>COUNTY MONITOR</u>
Jamul Intermediate Jamul Primary Oak Grove Middle	Brenda Estrada, LMFT bestrada@comresearch.org Community Research Foundation Crossroads Family Services 700 N. Johnson Ave., Ste. P El Cajon, CA 92020 (619) 441-1907 (619) 312-5484 (alternate phone COVID-19)	Wendy Maramba, LMFT Wendy.Maramba@sdcounty.ca.gov (619) 584-5076

Lakeside Union School District

12335 Woodside Avenue
Lakeside, CA 92040
(619) 390-2600

<u>SCHOOLS</u>	<u>PROVIDER</u>	<u>COUNTY MONITOR</u>
Lakeside Farms Elementary Lakeview Elementary Lemon Crest Elementary Lindo Park Elementary Riverview Elementary Winter Gardens Elementary	Beverly Portillo, LCSW bportillo@centerforchildren.org San Diego Center for Children 6386 Alvarado Ct., Ste. 310 San Diego, CA 92120 (619) 668-6200 (858) 634-8300 (alternate phone COVID-19)	Michael Miller, LMFT Michael.Miller@sdcounty.ca.gov (619) 563-2787
Lakeside Middle Tierra Del Sol Middle	Caleb Harris, LMFT charris@sdyouthservices.org San Diego Youth Services 1870 Cordell Court, #101 El Cajon, CA 92020 (619) 448-9700	Michael Miller, LMFT Michael.Miller@sdcounty.ca.gov (619) 563-2787

La Mesa-Spring Valley School District

4750 Date Avenue
La Mesa, CA 91941
(619) 668-5700

SCHOOLS	PROVIDER	COUNTY MONITOR
Avondale Elementary ** Bancroft Elementary Casa De Oro Elementary ** Highlands Elementary Kempton Elementary ** La Presa Elementary ** Loma Elementary ** Quest Academy Rancho Elementary Spring Valley Academy ** STEAM Academy ** Sweetwater Springs Community ** ** COVID-19 Recovery Grant	Yo Ishida, LCSW yo@fhcsd.org Family Health Centers of San Diego Community Circle East 3845 Spring Dr. Spring Valley, CA 91977 (619) 255-7520 (619) 255-5444 (alternate phone COVID-19)	Wendy Maramba, LMFT Wendy.Maramba@sdcounty.ca.gov (619) 584-5076
Fletcher Hills Elementary Glenn Murdock Elementary La Mesa Arts Academy La Mesa Dale Elementary ** Lemon Ave Elementary Maryland Ave Elementary Murray Manor Elementary Northmont Elementary Parkway Middle Rolando Elementary ** ** COVID-19 Recovery Grant	Beverly Portillo, LCSW bportillo@centerforchildren.org San Diego Center for Children 6386 Alvarado Ct., Ste. 310 San Diego, CA 92120 (619) 668-6200 (858) 634-8300 (alternate phone COVID-19)	Michael Miller, LMFT Michael.Miller@sdcounty.ca.gov (619) 563-2787
Bancroft Elementary La Presa Elementary	Lucila Jasso, LCSW ljasso@sdyouthservices.org San Diego Youth Services Prevention and Early Intervention 3845 Spring Dr. Spring Valley, CA 91977 (619) 258-6877 (619) 318-0731 (alternate phone COVID-19)	Frank Congine Frank.Congine@sdcounty.ca.gov (619) 563-2761

Lemon Grove School District

8025 Lincoln Street
Lemon Grove, CA 91945-2515
(619) 825-5600

SCHOOLS	PROVIDER	COUNTY MONITOR
Lemon Grove Academy Elementary Lemon Grove Academy Middle Monterey Heights Elementary Mount Vernon Elementary San Altos Elementary San Miguel Elementary Vista La Mesa Academy PK-8	Beverly Portillo, LCSW bportillo@centerforchildren.org San Diego Center for Children 6386 Alvarado Ct., Ste. 310 San Diego, CA 92120 (619) 668-6200 (858) 634-8300 (alternate phone COVID-19)	Michael Miller, LMFT Michael.Miller@sdcounty.ca.gov (619) 563-2787

Mountain Empire Unified School District

3291 Buckman Springs Road
Pine Valley, CA 91962-4003
(619) 473-9022

SCHOOLS	PROVIDER	COUNTY MONITOR
Campo Elementary Campo Lockett Middle Clover Flat Elementary Descanso Elementary Jacumba Elementary/Middle Julian Academy Mountain Empire Alternative Education Mountain Empire High Pine Valley Middle Potrero Elementary	Brenda Estrada, LMFT bestrada@comresearch.org Community Research Foundation Crossroads Family Services 700 N. Johnson Ave., Ste. P El Cajon CA, 92020 (619) 441-1907 (619) 312-5484 (alternate phone COVID-19)	Wendy Maramba, LMFT Wendy.Maramba@sdcounty.ca.gov (619) 584-5076

Santee School District

9625 Cuyamaca Street
Santee, CA 92071-2674
(619) 258-2300

<u>SCHOOLS</u>	<u>PROVIDER</u>	<u>COUNTY MONITOR</u>
Carlton Hills Elementary Carlton Oaks Elementary Chet Harritt Elementary	Caleb Harris, LMFT charris@sdyouthservices.org San Diego Youth Services 1870 Cordell Court, #101 El Cajon, CA 92020 (619) 448-9700	Michael Miller, LMFT Michael.Miller@sdcounty.ca.gov (619) 563-2787
Hill Creek Elementary Pepper Drive Elementary Prospect Avenue School Rio Seco Elementary	Margaret Anello manello@rchsd.org Rady Children's Outpatient Psychiatry 3665 Kearny Villa Rd., Ste. 101 San Diego, CA 92123 (619) 966-8471 (858) 966-5832 x245774 (alternate phone COVID-19)	Rebecca Raymond, LMFT Rebecca.Raymond@sdcounty.ca.gov (619) 584-3011

San Diego County Office of Education

Momentum Learning

6401 Linda Vista Road
San Diego, CA 92111-7399
(619) 525-1584

<u>SCHOOLS</u>	<u>PROVIDER</u>	<u>COUNTY MONITOR</u>
Cuyamaca Prep Blended Community East County Blended Community La Mesa Blended Community	Alexis Wilmer, LMFT awilmer@comresearch.org Community Research Foundation Mobile Adolescent Service Team 1260 Morena Blvd., Ste. 200 San Diego, CA 92110 (619) 398-3261 (619) 312-5491 (alternate phone COVID-19)	Wendy Maramba, LMFT Wendy.Maramba@sdcounty.ca.gov (619) 584-5076

In addition to school-based services, the following programs are available to offer outpatient behavioral health treatment to children and youth who prefer to access services in a clinic setting.

**Community Research Foundation
Crossroads Family Services**
700 N. Johnson Ave., Ste. P
El Cajon CA, 92020
(619) 441-1907
(619) 312-5484 (alternate phone COVID-19)

**San Diego Youth Services
East Region**
1870 Cordell Court, #101
El Cajon, CA 92020
(619) 448-9700

**Family Health Centers of San Diego
Community Circle East**
3845 Spring Dr.
Spring Valley, CA 91977
(619) 255-5444

**San Diego Youth Services
I CARE (CSEC)**
3600 Fairmont Ave.
San Diego, CA 92105
(619) 521-2250

**McAlister Institute
East Teen Recovery Center**
550 Fesler St., Ste. G-1 & G-2
El Cajon, CA 92020
(619) 588-5361

**San Diego Youth Services
Our Safe Place (LGBTQ)**
3427 4th Ave.
San Diego, CA 92103
(619) 232-8126

**Rady Children's Hospital
Outpatient Psychiatry**
3665 Kearny Villa Rd., Ste. 101
San Diego, CA 92123
(858) 966-8471
(858) 966-5832 x245774 (alternate phone COVID-19)

**San Ysidro Health
Chaldean & Middle Eastern Social Services**
436 S. Magnolia, Ste. 201
El Cajon, CA 92020
(619) 631-7400

**San Diego Center for Children
East Region**
6386 Alvarado Ct., Ste. 310
San Diego, CA 92120
(619) 668-6200
(858) 634-8300 (alternate phone COVID-19)

For a full listing of Children, Youth and Families services (beyond school based) please refer to:

Provider Resource Manual available online at:

https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/bhs_services.html