

EAST REGION BEHAVIORAL HEALTH SERVICES FOR CHILDREN AND YOUTH



The County of San Diego's Behavioral Health Services (BHS) offers a multitude of programming to support children and youth who would benefit from mental health or substance use treatment. The programs are predominantly focused on serving youth up to age 21 who are Medi-Cal members or have no medical insurance.

This **East Region School Directory** highlights BHS services in the region, including school-based support.

Scan the QR code below to access the current
Regional School Directories

https://bit.ly/cyf_directories



SCAN HERE



REGIONAL SERVICES DIRECTORY

EAST REGION BEHAVIORAL HEALTH SERVICES

FOR CHILDREN AND YOUTH



Behavioral Health Services (BHS)

East Region

District 2 Supervisor: Joel Anderson

In addition to contacting the programs directly, the following resources are available to assist with access to care or to obtain information:

Access & Crisis Line: (888) 724-7240 [TDD: (619) 641-6992] offers information about behavioral health resources, including support for a mental health and substance use crisis

9-8-8 Suicide & Crisis Lifeline: Dial "9-8-8"

County of San Diego Behavioral Health Services:

[Behavioral Health Services \(sandiegocounty.gov\)](http://sandiegocounty.gov)

County of San Diego Behavioral Health Provider Directory:

[Provider Directory \(sdcountybhs.com\)](http://sdcountybhs.com)

Behavioral Health Service Directories for Children, Youth, and Families inclusive of all Regional School Directories:

[Service Directories](#)

2-1-1 San Diego (List of services and referrals for health and social service programs): Dial "2-1-1"

General school related information can be found at:

[School-based Services/SchoolLink](#)

County BHS Primary Contacts in the East Region

Autumn Gabin, Behavioral Health Program Coordinator

Autumn.Gabin@sdcounty.ca.gov or (619) 228-4911

Yael Koenig, Deputy Director

Yael.Koenig@sdcounty.ca.gov or (619) 563-2773

Crisis & Acute Services

The following Crisis & Acute Care services are available Countywide for children and youth who are experiencing a psychiatric crisis and may be a danger to self or other, or are gravely disabled.

Service	Agency	Program Name	Address & Phone Number
Inpatient	Aurora Behavioral Health Care San Diego	Aurora Behavioral Health Care/Inpatient	11878 Ave of Industry San Diego, CA 92128 (858) 487-3200
Inpatient	Rady Children's Hospital of San Diego	Acute Psychiatric Inpatient Services for Children and Adolescents (CAPS)	8001 Frost St San Diego, CA 92123 (858) 966-8337
Inpatient	Sharp Mesa Vista Hospital	Sharp Mesa Vista	7850 Vista Hill Ave San Diego, CA 92123 (858) 836-8434
Crisis Stabilization	New Alternatives Inc (NAI)	Emergency Screening Unit (ESU)	4309 Third Ave San Diego, CA 92103 (619) 876-4502
Crisis Response	Exodus Recovery	Mobile Crisis Response Team (MCRT) North Pilot	Access through ACL: (888) 724-7240
Crisis Response	Telecare	Mobile Crisis Response Team (MCRT)	Access through ACL: (888) 724-7240
Psychiatric Emergency Resource	Community Research Foundation (CRF)	Psychiatric Emergency Response Team (PERT)	Through 911
Outpatient Mental Health Treatment	New Alternatives Inc (NAI)	Crisis Action & Connection (CAC)	Community Based: (619) 591-5740
State Hotline Local Mobile Response Placement Stabilization	Mental Health America	Family Urgent Response System (FURS)	4069 30th Street San Diego, CA 92104 (833) 939-3877

EAST REGION BEHAVIORAL HEALTH SERVICES

SCHOOLS WITH ON-SITE SERVICES



District	School Name	Provider	Program Name	Provider Address	Provider Phone
Alpine Union	Boulder Oaks Elementary	Community Research Foundation	Crossroads Family Center	1679 E. Main Street, Suite 102 El Cajon, CA 92021	(619) 441-1907
	Joan MacQueen Middle				
Cajon Valley Union	Cajon Valley Middle	Community Research Foundation	Crossroads Family Center	1679 E. Main Street, Suite 102 El Cajon, CA 92021	(619) 441-1907
	EJE Academies	San Diego County Superintendent of Schools	Club Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
		San Diego Youth Services	HERE Now	3255 Wing Street San Diego, CA 92110	(619) 241-0608
	Greenfield Middle	Community Research Foundation	Crossroads Family Center	1679 E. Main Street, Suite 102 El Cajon, CA 92021	(619) 441-1907
	Hillsdale Middle	San Diego County Superintendent of Schools	Club Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
			Friday Night Live Mentoring		
	Montgomery Middle	Community Research Foundation	Crossroads Family Center	1679 E. Main Street, Suite 102 El Cajon, CA 92021	(619) 441-1907
	STAAND - CASA (Community Chapter)	San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
Grossmont Union High	El Cajon Valley High	San Diego Youth Services	East County Behavioral Health Clinic	1870 Cordell Ct., Suite 101 El Cajon, CA 92020	(619) 448-9700
	El Capitan High	San Diego Youth Services	East County Behavioral Health Clinic	1870 Cordell Ct., Suite 101 El Cajon, CA 92020	(619) 448-9700
	Granite Hills High	Rady Children's Hospital San Diego	Central, East, South Clinic	3665 Kearny Villa Rd., Ste. 101 San Diego, CA 92123	(858) 966-8459

EAST REGION BEHAVIORAL HEALTH SERVICES

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District	School Name	Provider	Program Name	Provider Address	Provider Phone
Grossmont Union High	Grossmont High	San Diego Center for Children	East County Outpatient Program	6386 Alvarado Ct., Ste. 310 San Diego, CA 92120	(619) 668-6200
		San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
	Helix Charter High	San Diego Center for Children	East County Outpatient Program	6386 Alvarado Ct., Ste. 310 San Diego, CA 92120	(619) 668-6200
		San Diego Youth Services	HERE Now	3255 Wing Street San Diego, CA 92110	(619) 241-0608
	Monte Vista High	McAlister Institute for Treatment and Education	East Region Teen Recovery Center	550 Fesler Street, Suite G1-2 El Cajon, CA 92020	(619) 588-5361
		San Diego Youth Services	East County Behavioral Health Clinic	1870 Cordell Ct., Suite 101 El Cajon, CA 92020	(619) 448-9700
	Mount Miguel High	San Diego Center for Children	East County Outpatient Program	6386 Alvarado Ct., Ste. 310 San Diego, CA 92120	(619) 668-6200
	Santana High	Rady Children's Hospital San Diego	Central, East, South Clinic	3665 Kearny Villa Rd., Ste. 101 San Diego, CA 92123	(858) 966-8459
	Steele Canyon High	San Diego Center for Children	East County Outpatient Program	6386 Alvarado Ct., Ste. 310 San Diego, CA 92120	(619) 668-6200
		San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
		San Diego Youth Services	HERE Now	3255 Wing Street San Diego, CA 92110	(619) 241-0608
	Chaparral High	Vista Hill Foundation	Chap-IDEA-MERIT Wellness Center	1600 N. Cuyamaca Street El Cajon, CA 92020	(619) 956-0615
	IDEA Center High				
	MERIT Academy				

EAST REGION BEHAVIORAL HEALTH SERVICES

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District	School Name	Provider	Program Name	Provider Address	Provider Phone
Grossmont Union High	Valhalla High	San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
	Valhalla High - Mentors		Friday Night Live Mentoring		
	West Hills High	Rady Children's Hospital San Diego	Central, East, South Clinic	3665 Kearny Villa Rd., Ste. 101 San Diego, CA 92123	(858) 966-8459
Jamul-Dulzura Union	Jamul Intermediate	Community Research Foundation	Crossroads Family Center	1679 E. Main Street, Suite 102 El Cajon, CA 92021	(619) 441-1907
	Jamul Primary				
	Oak Grove Middle	San Diego Youth Services	HERE Now	3255 Wing Street San Diego, CA 92110	(619) 241-0608
La Mesa-Spring Valley	Avondale Elementary	Family Health Centers of San Diego Inc.	Community Circle East Region	3845 Spring Drive Spring Valley, CA 91977	(619) 255-7520
		San Diego Youth Services	School Based Incredible Years (IY) - East		(619) 258-6877 ext. 3253
	Bancroft Elementary	Family Health Centers of San Diego Inc.	Community Circle East Region	3845 Spring Drive Spring Valley, CA 91977	(619) 255-7520
		San Diego Youth Services	School Based Incredible Years (IY) - East		(619) 258-6877 ext. 3253
	Casa De Oro Elementary	Family Health Centers of San Diego Inc.	Community Circle East Region		(619) 255-7520
	Fletcher Hills Elementary	San Diego Center for Children	East County Outpatient Program	6386 Alvarado Ct., Ste. 310 San Diego, CA 92120	(619) 668-6200
	Glenn Murdock Elementary				
	Highlands Elementary	Family Health Centers of San Diego Inc.	Community Circle East Region	3845 Spring Drive Spring Valley, CA 91977	(619) 255-7520
		San Diego Youth Services	School Based Incredible Years (IY) - East		(619) 258-6877 ext. 3253

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District	School Name	Provider	Program Name	Provider Address	Provider Phone
La Mesa-Spring Valley	Kempton Elementary	Family Health Centers of San Diego Inc.	Community Circle East Region	3845 Spring Drive Spring Valley, CA 91977	(619) 255-7520
		San Diego Youth Services	School Based Incredible Years (IY) - East		(619) 258-6877 ext. 3253
	La Mesa Arts Academy	San Diego Center for Children	East County Outpatient Program	6386 Alvarado Ct., Ste. 310 San Diego, CA 92120	(619) 668-6200
	La Mesa Dale Elementary	San Diego Center for Children	East County Outpatient Program	6386 Alvarado Ct., Ste. 310 San Diego, CA 92120	
		San Diego Youth Services	School Based Incredible Years (IY) - East	3845 Spring Drive Spring Valley, CA 91977	(619) 258-6877 ext. 3253
	La Presa Elementary	San Diego Youth Services	School Based Incredible Years (IY) - East	3845 Spring Drive Spring Valley, CA 91977	(619) 258-6877 ext. 3253
		Family Health Centers of San Diego Inc.	Community Circle East Region		(619) 255-7520
	Lemon Avenue Elementary	San Diego Center for Children	East County Outpatient Program	6386 Alvarado Ct., Ste. 310 San Diego, CA 92120	(619) 668-6200
		San Diego Youth Services	School Based Incredible Years (IY) - East	3845 Spring Drive Spring Valley, CA 91977	(619) 258-6877 ext. 3253
	Loma Elementary	Family Health Centers of San Diego Inc.	Community Circle East Region	3845 Spring Drive Spring Valley, CA 91977	(619) 255-7520
	Maryland Avenue Elementary	San Diego Center for Children	East County Outpatient Program	6386 Alvarado Ct., Ste. 310 San Diego, CA 92120	(619) 668-6200
	Murray Manor Elementary				
	Northmont Elementary				
	Parkway Middle				
	Quest Academy	Family Health Centers of San Diego Inc.	Community Circle East Region	3845 Spring Drive Spring Valley, CA 91977	(619) 255-7520

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District	School Name	Provider	Program Name	Provider Address	Provider Phone
La Mesa-Spring Valley	Rancho Elementary	Family Health Centers of San Diego Inc.	Community Circle East Region	3845 Spring Drive Spring Valley, CA 91977	(619) 255-7520
		San Diego Youth Services	School Based Incredible Years (IY) - East	3845 Spring Drive Spring Valley, CA 91977	(619) 258-6877 ext. 3253
	Rolando Elementary	San Diego Center for Children	East County Outpatient Program	6386 Alvarado Ct., Ste. 310 San Diego, CA 92120	(619) 668-6200
	Spring Valley Academy	Family Health Centers of San Diego Inc.	Community Circle East Region	3845 Spring Drive Spring Valley, CA 91977	(619) 255-7520
	STEAM Academy at La Presa				
	Sweetwater Springs Community School	Family Health Centers of San Diego Inc.	Community Circle East Region	3845 Spring Drive Spring Valley, CA 91977	(619) 255-7520
		San Diego Youth Services	School Based Incredible Years (IY) - East	3845 Spring Drive Spring Valley, CA 91977	(619) 258-6877 ext. 3253
Lakeside Union	Lakeside Farms Elementary	San Diego Center for Children	East County Outpatient Program	6386 Alvarado Ct., Ste. 310 San Diego, CA 92120	(619) 668-6200
	Lakeside Middle	San Diego Youth Services	East County Behavioral Health Clinic	1870 Cordell Ct., Suite 101 El Cajon, CA 92020	(619) 448-9700
	Lakeview Elementary	San Diego Center for Children	East County Outpatient Program	6386 Alvarado Ct., Ste. 310 San Diego, CA 92120	(619) 668-6200
	Lemon Crest Elementary				
	Lindo Park Elementary				
	Riverview Elementary				
	Tierra Del Sol Middle	San Diego Youth Services	East County Behavioral Health Clinic	1870 Cordell Ct., Suite 101 El Cajon, CA 92020	(619) 448-9700
	Winter Gardens Elementary	San Diego Center for Children	East County Outpatient Program	6386 Alvarado Ct., Ste. 310 San Diego, CA 92120	(619) 668-6200

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District	School Name	Provider	Program Name	Provider Address	Provider Phone
Lemon Grove	Lemon Grove Academy Elementary	San Diego Center for Children	East County Outpatient Program	6386 Alvarado Ct., Ste. 310 San Diego, CA 92120	(619) 668-6200
	Lemon Grove Academy Middle	San Diego County Superintendent of Schools	Club Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
			Life Skills		(858) 298-2092
		San Diego Youth Services	HERE Now	3255 Wing Street San Diego, CA 92110	(619) 241-0608
	Monterey Heights Elementary	San Diego Center for Children	East County Outpatient Program	6386 Alvarado Ct., Ste. 310 San Diego, CA 92120	(619) 668-6200
	Mount Vernon Elementary				
	San Altos Elementary	San Diego Center for Children	East County Outpatient Program	6386 Alvarado Ct., Ste. 310 San Diego, CA 92120	(619) 668-6200
	San Miguel Elementary				
	Vista La Mesa Academy				
		San Diego County Superintendent of Schools	Life Skills	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2092
	Mountain Empire Unified	Campo Elementary	Community Research Foundation	Crossroads Family Center	1679 E. Main Street, Suite 102 El Cajon, CA 92021
Clover Flat Elementary					
Descanso Elementary					
Mountain Empire Alternative Education					
Mountain Empire Junior High		San Diego County Superintendent of Schools	Life Skills	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2092

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District	School Name	Provider	Program Name	Provider Address	Provider Phone
Mountain Empire Unified	Mountain Empire High	Community Research Foundation	Crossroads Family Center	1679 E. Main Street, Suite 102 El Cajon, CA 92021	(619) 441-1907
		McAlister Institute for Treatment and Education	East Region Teen Recovery Center	550 Fesler Street, Suite G1-2 El Cajon, CA 92020	(619) 588 5361
		San Diego Youth Services	HERE Now	3255 Wing Street San Diego, CA 92110	(619) 241-0608
	Potrero Elementary	Community Research Foundation	Crossroads Family Center	1679 E. Main Street, Suite 102 El Cajon, CA 92021	(619) 441-1907
Santee	Cajon Park Elementary	Fred Finch Youth Center	Screening to Care	3845 Spring Drive Spring Valley, CA 91977	(619) 797-1090
		San Diego Youth Services	East County Behavioral Health Clinic	1870 Cordell Ct., Suite 101 El Cajon, CA 92020	(619) 448-9700
	Carlton Hills Elementary	Fred Finch Youth Center	Screening to Care	3845 Spring Drive Spring Valley, CA 91977	(619) 797-1090
		San Diego Youth Services	East County Behavioral Health Clinic	1870 Cordell Ct., Suite 101 El Cajon, CA 92020	(619) 448-9700
	Carlton Oaks Elementary	Fred Finch Youth Center	Screening to Care	3845 Spring Drive Spring Valley, CA 91977	(619) 797-1090
		San Diego Youth Services	East County Behavioral Health Clinic	1870 Cordell Ct., Suite 101 El Cajon, CA 92020	(619) 448-9700
		San Diego County Superintendent of Schools	HERE Now	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
	Chet Harritt Elementary	Fred Finch Youth Center	Screening to Care	3845 Spring Drive Spring Valley, CA 91977	(619) 797-1090
		San Diego Youth Services	East County Behavioral Health Clinic	1870 Cordell Ct., Suite 101 El Cajon, CA 92020	(619) 448-9700

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District	School Name	Provider	Program Name	Provider Address	Provider Phone
Santee	Hill Creek Elementary	Fred Finch Youth Center	Screening to Care	3845 Spring Drive Spring Valley, CA 91977	(619) 797-1090
		Rady Children's Hospital San Diego	Central, East, South Clinic	3665 Kearny Villa Rd., Ste. 101 San Diego, CA 92123	(858) 966-8459
	Pepper Drive Elementary	Fred Finch Youth Center	Screening to Care	3845 Spring Drive Spring Valley, CA 91977	(619) 797-1090
		Rady Children's Hospital San Diego	Central, East, South Clinic	3665 Kearny Villa Rd., Ste. 101 San Diego, CA 92123	(858) 966-8459
	Pride Academy	Fred Finch Youth Center	Screening to Care	3845 Spring Drive Spring Valley, CA 91977	(619) 797-1090
		Rady Children's Hospital San Diego	Central, East, South Clinic	3665 Kearny Villa Rd., Ste. 101 San Diego, CA 92123	(858) 966-8459
		San Diego County Superintendent of Schools	Club Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
		San Diego Youth Services	HERE Now	3255 Wing Street San Diego, CA 92110	(619) 241-0608
	Rio Seco Elementary	Fred Finch Youth Center	Screening to Care	3845 Spring Drive Spring Valley, CA 91977	(619) 797-1090
		Rady Children's Hospital San Diego	Central, East, South Clinic	3665 Kearny Villa Rd., Ste. 101 San Diego, CA 92123	(858) 966-8459
SDCOE JCCS	Cuyamaca Prep Blended Community	Community Research Foundation	Mobile Adolescent Services Team (MAST)	1260 Morena Blvd., Suite 200 San Diego, CA 92110	(858) 966-5832 ext. 245751
	East County Blended Community School				

EAST REGION BEHAVIORAL HEALTH SERVICES

OUTPATIENT CLINIC SITES



Outpatient Clinical Services

The following outpatient clinics are located in the East Region. Many of these program can be accessed at a Clinic site as well as at designated school campuses. Children and youth are not limited to accessing services in their region, and can contact the Access and Crisis Line (ACL) by calling (888) 724-7240 or refer to the [Service Directories](#) for a listing of programs in other regions.

Agency	Program Name	Service	Address	Phone Number
Family Health Centers of San Diego Inc.	Community Circle East	Outpatient Mental Health Treatment	3845 Spring Drive Spring Valley, CA 91977	(619) 255-7520
Community Research Foundation (CRF)	Crossroads Family Services	Outpatient Mental Health Treatment	700 N. Johnson Ave., Ste. P El Cajon, CA 92020	(619) 441-1907
San Diego Youth Services (SDYS)	East County Behavioral Health Clinic (ECBHC)	Outpatient Mental Health Treatment	1870 Cordell Ct., Ste. 101 El Cajon, CA 92020	(619) 448-9700
San Diego Center for Children (SDCC)	Family Wellness Center - East County Outpatient Program (ECOP)	Outpatient Mental Health Treatment	6386 Alvarado Court Suite 310 San Diego, CA 92120 2655 Camino Del Rio N Suite 450 San Diego, CA 92108	(619) 668-6200
McAlister Institute for Treatment and Education (MITE)	Teen Recovery Center (TRC) - East School Based Services	Outpatient Substance Use Treatment	550 Fesler Street Suites G-1 & G-2 El Cajon, CA 92020	(619) 588-5361

BEHAVIORAL HEALTH SERVICES

COUNTYWIDE SPECIALTY PROGRAMS



Outpatient - Specialty Programs

The County offers an array of services which can be accessed through the Access and Crisis Line (ACL) by calling (888) 724-7240 or by referring to the [Service Directories](#). The following are some of the specialty programs that serve children and youth and are available Countywide:

Service	Special Population	Agency	Program Name	Address	Phone Number
Behavioral Coaching	Ancillary Service	New Alternatives Inc (NAI)	Therapeutic Behavioral Services (TBS)	8755 Aero Drive, Suite 230 San Diego, CA 92123	(858) 256-2180
Case Management and Family Partners	Southeast San Diego	Harmonium	Southeast Family Youth Partner Svcs.	5275 Market Street, Suite E San Diego, CA 92114	(619) 541-0426
Outpatient Mental Health Treatment	API/Middle Eastern including Chaldean/Latino	Union of Pan Asian Communities (UPAC)	Multicultural Community Counseling	8745 Aero Drive, Suite 330 San Diego, CA 92123	(619) 578-2211
Outpatient Mental Health Treatment	Early Childhood (0-5 years)	Episcopal Community Services (ECS)	Para Las Familias	1424 30th Street, Suite A San Diego, CA 92154	(619) 565-2650
Outpatient Mental Health Treatment	Early Childhood (0-5 years)	Rady Children's Hospital of San Diego (Rady)	KidSTART	3665 Kearny Villa Road, Suite 500 San Diego, CA 92123	(858) 576-1700
				2204 El Camino Real, Suite 102 Oceanside, CA 92054	(760) 967-7082
				333 H Street, Suite 3010 Chula Vista, CA 91910	(619) 420-5611
Outpatient Mental Health Treatment	Early Childhood (0-5 years)	Palomar Family Counseling Services Inc. (PFCS)	ChildNET Incredible Years North Coastal & North Inland	1002 East Grand Avenue Escondido, CA 92025 945 Vale Terrace Drive Vista, CA 92084	(760) 741-2660
Outpatient Mental Health Treatment	Foster Youth	New Alternatives Inc. (NAI)	Comprehensive Assessment & Stabilization Services (CASS)	3517 Camino del Rio S, Ste. 407 San Diego, CA 92108	(619) 955-8905

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Outpatient Mental Health Treatment	Foster Youth	New Alternatives Inc. (NAI)	Incredible Families	8755 Aero Drive Ste 230 San Diego, CA 92123 730 Medical Center Ct. Chula Vista, CA 91911 1020 S. Santa Fe Ave. Suite D-1 Vista, CA 92064	(619) 207-0396
Outpatient Mental Health Treatment	Homeless and Runaway Youth age 12 up to 21	North County Lifeline Inc. (NCL)	Connections Community Counseling	3890 Murphy Canyon Rd. Ste. 250 San Diego, CA 92123 200 Michigan Avenue Vista CA 92084 707 Oceanside Blvd. Oceanside, CA 92054 334 Via Vera Cruz, Ste. 152 San Marcos, CA 92078 8324 Allison Ave. La Mesa, CA 91942	(760) 842-6202

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Outpatient Mental Health Treatment	Medication Clinic	Vista Hill Foundation (VHF)	Center for Child and Youth Psychiatry (CCYP)	8910 Clairemont Mesa Blvd. San Diego, CA 92123	(858) 571-1964
Outpatient Mental Health Treatment	Sexually Reactive Youth	Mental Health Systems Inc. (MHS)	STEPS	4660 Viewridge Avenue, Suite 100 San Diego, CA 92123 311 E Washington Ave. Suite 103 & 104 Escondido, CA 92025 637 Third Ave., Suite F Chula Vista, CA 91910	(858) 565-2510
Outpatient Mental Health Treatment	LGBTQ+	San Diego Youth Services (SDYS)	Our Safe Place	3427 4th Avenue, 2nd Floor San Diego, CA 92103	(619) 525-9903
Drop-In Centers	LGBTQ+	San Diego Youth Services (SDYS)	Our Safe Place	2220 Broadway San Diego, CA 92102 746 Ada Street Chula Vista, CA 91911 3845 Spring Dr. Rm 13 Spring Valley, CA 91977 150 La Terraza Blvd. Escondido, CA 92025 215 Barnes Street Oceanside, CA 92054	(619) 972-8983 (619) 628-2444 (619) 525-9903 (760) 908-9373 (760) 908-9647

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COUNTYWIDE SPECIALTY PROGRAMS



Outpatient - Specialty Programs

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Service	Special Population	Agency	Program Name	Address	Phone Number
Outpatient Mental Health Treatment Drop-In Center	CSEC	San Diego Youth Services (SDYS)	I CARE (CSEC)	Central San Diego	(619) 521-2250
Outpatient Mental Health Treatment Therapeutic Foster Care	Youth in Foster Family Agencies	San Diego Center for Children (SDCC)	Foster Family Agency Stabilization and Treatment (FFAST)	2655 Camino del Rio N, Ste. 450 San Diego, CA 92108	(858) 633-4115
Outpatient Mental Health Treatment	Adolescent & TAY	San Diego Center for Children (SDCC)	Intensive Outpatient Program (IOP)	3002 Armstrong Street San Diego, CA 92111	(858) 634-8367
Outpatient Mental Health Treatment	Children & adolescents up to age 21	San Diego Center for Children (SDCC)	Partial Hospitalization Program (PHP)	3002 Armstrong Street San Diego, CA 92111	(858) 634-8367
SUD Teen Residential 6 Beds	Residential - Substance Use Disorder (SUD)	McAlister Institute for Treatment and Education (MITE)	Teen Group Homes	Confidential Group Homes	(619) 672-3902 East
Wraparound	Foster Youth & Probation	Fred Finch Youth Center (FFYC)	Fred Finch Wrap Connections	8787 Complex Drive Suite 300 San Diego, CA 92123 504 W. Mission Avenue Suite 106 Escondido, CA 92023 3845 Spring Drive Spring Valley, CA 91977 637 3rd Avenue Suite I Chula Vista, CA 91910	(619) 797-1090 (619) 281-3706 (619) 797-1090 (619) 873-4075

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Service	Special Population	Agency	Program Name	Address	Phone Number
Youth Empowerment	Adolescent & TAY	San Diego County Superintendent of Schools	Friday Night Live (High School) Club Live (Middle School)	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
School-based Suicide Prevention	Adolescent & TAY	San Diego Youth Services (SDYS)	HERE Now	3255 Wing Street San Diego, CA 92110	(619) 241-0608
Substance Use Prevention	Adolescent & TAY	San Diego County Superintendent of Schools	Life Skills (Project Alert)	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2092
Wraparound	Foster Youth & Probation	San Diego Center for Children (SDCC)	Wrapworks	3002 Armstrong Street San Diego, CA 92111 235 W. 5th Ave., Ste 130 Escondido, CA 92025 3322 Sweetwater Spring Blvd. Ste. 104 & 106 Spring Valley, CA 91977	(858) 277-9550



The County Behavioral Health Services Department is interested in your input on how the directory can be improved.
Are there any features and elements that would make it easier to use?

Please provide input to Janette.Magsanoc@sdcounty.ca.gov