

Children, Youth and Families (CYF) Council



February 10, 2025 Packet

The February meeting is led by the County of San Diego – Behavioral Health Services, Communication and Engagement team. The focus will be on Stakeholder Engagement Input Session facilitated by University of California San Diego (UCSD).

This packet offers the CYF Council midyear updates provided by the various constituencies, committees, and groups that have had a nexus with the Council.

The February CYF Council packet provides:

- January 24, 2025 BHS Info Notice – Evolving and Enhancing BHS Stakeholder Engagement - **Pages 4-5**
- January 31, 2025 Combined Councils Meeting PowerPoint – **Pages 6-23**
- December 9, 2024 Meeting Summary - Handout - **Pages 24-28**
- Mid-Year Committees' Updates - Handouts – **Pages 29-118**
- Announcements - Fliers - **Pages 119-128**

Constituency/Committee/Group	Sector	Update provided by:	Packet Page
Executive	All Sectors	Yael Koenig	29
Juvenile Court	Public	Judge Ana España and Beth Brown	30
Cultural Competence Resource Team (CCRT)	All Sectors	Rosa Ana Lozada/Edith Mohler	31-39
CYF Council Training Academy	All Sectors	Edith Mohler	40-45
Homeless Solutions and Equitable Communities	Public	Rosa Gracian/Katherine Gordon	46
Public Health Services	Public	Dr. Tom Coleman	47-51
Healthcare (Pediatrician)	Private	Dr. Pradeep Gidwani	52-56
San Diego Regional Center	Private	Zach Guzik and Lori Sorensen	N/A
Family and Youth Sector	Family	Mina Arthman	57-63
First 5 Commission of San Diego	Public	Alicia Castro	64
Alcohol Drug Service Provider Association (ADSPA)	Private	Marisa Varond and Angela Rowe	N/A
Public Safety Group	Public	Yovana Cortez	65-71
Mental Health Contractors Association (MHCA)	Private	Laura Beadles and Golby Rahimi Saylor	N/A
Managed Care Plans	Private	James Trout	N/A
Child and Family Well Being (CFWB)	Public	Steven Wells	N/A
Education Committee	Education	Heather Nemour	72-84
Outcomes	All Sectors	Eileen Quinn-O'Malley and Emily Velazquez Trask	85-86
CYF CADRE	Private	Julie McPherson and Marisa Varond	87-92
Infant and Early Childhood Mental Health	All Sectors	Stephanie Gioia-Beckman and Jennifer Kennedy	93-94
Transition Age Youth Council	All Sectors	Cesar Carrasco	N/A
Medical Care Services	Public	Dr. Kelly Motadel and Heather Summers	95-109
Behavioral Health Services Advisory Board (BHAB)	Public	Bill Stewart	N/A
Behavioral Health Services	Public	Yael Koenig and Edith Mohler	110-118

**Thank you for your ongoing contributions and participation in the
Children, Youth and Families Council**

For Council materials go to:

https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_children/CYFBHSOCCouncil.html

Behavioral Health Services Children, Youth and Families Council Vision, Mission, and Principles



Council Vision:

Wellness for children, youth and families throughout their lifespan.

Council Mission:

Advance systems and services to ensure that children and youth are healthy, safe, lawful, successful in school and in their transition to adulthood, while living in nurturing homes with families.

Council Principles:

1. **Collaboration of four sectors:** Coordination and shared responsibility between child/youth/family, public agencies, private organizations and education.
2. **Integrated:** Services and supports are coordinated, comprehensive, accessible, and efficient.
3. **Child, Youth, and Family Driven:** Child, youth, and family voice, choice, and lived experience are sought, valued and prioritized in service delivery, program design and policy development.
4. **Individualized:** Services and supports are customized to fit the unique strengths and needs of children, youth and families.
5. **Strength-based:** Services and supports identify and utilize knowledge, skills, and assets of children, youth, families and their community.
6. **Community-based:** Services are accessible to children, youth and families and strengthen their connections to natural supports and local resources.
7. **Outcome driven:** Outcomes are measured and evaluated to monitor progress and to improve services and satisfaction.
8. **Culturally Competent:** Services and supports respect diverse beliefs, identities, cultures, preference, and represent linguistic diversity of those served.
9. **Trauma Informed:** Services and supports recognize the impact of trauma and chronic stress, respond with compassion, and commit to the prevention of re-traumatization and the promotion of self-care, resiliency, and safety.
10. **Persistence:** Goals are achieved through action, coordination and perseverance regardless of challenges and barriers.



Behavioral Health Services Children, Youth & Families Framework

VISION

Children and youth are healthy, safe, lawful, successful in school and in their transition to adulthood, while living in nurturing homes with families.

PRINCIPLES

Collaborative, Integrated, Child, Youth & Family Driven, Individualized, Strength-based, Community-based, Outcome & Data Driven, Culturally Competent, Trauma Informed, Persistence.

PRIORITIES

Ensure a full continuum of care through family-centered and youth-informed services that are compassionate and sensitive to the unique developmental needs of children and youth.

Strengthen partnerships with children/youth's circle of influence to create a supportive environment.

Provide services that empower children and youth to build a healthy sense of self and have confidence to make sound decisions so they thrive in an ever-changing world.

Live Well San Diego – Areas of Influence

HEALTH FACTORS

Standard of Living

- Economic & Nutrition Security
- Timely Access to Healthcare Inclusive of Behavioral Health Services
- Employment Readiness

Health

- Daily Physical Activity
- Limited & Supervised Screen Time
- Affordable Healthy Food
- Zero Sugary Beverages, Drink More Water
- No Substance Use
- No Tobacco Use
- Up to Date Immunizations
- Connection to a Health Home

Social

- Supportive Families
- Nurturing Communities
- Connection to Natural Supports
- Positive Social Interactions

Knowledge

- Quality Education
- Quality Preschool For All
- Good School Attendance
- School Success
- No Suspensions or Expulsions
- Obtain a High School Diploma
- Access to Higher Education & Vocational Programs

Community

- Access to Parks, Playgrounds and Recreation Centers
- Usable Transportation
- Safe Neighborhoods & Schools
- Affordable Stable Housing
- Access to Extracurricular Activities

Initiated 12/6/2019 | Updated 10/26/2023, 8/22/2024

To:	BHS System of Care (SoC) Councils and Regional Collaboratives
From:	Behavioral Health Services
Date:	Friday, January 24, 2025
Title	Evolving and Enhancing BHS Stakeholder Engagement

Overview

Over the last couple of years, BHS has prioritized messaging and engagement and endeavored to steadily increase its capacity to conduct engagement activities in response to stakeholder input and community requests. Concurrently, shifts in federal and State policies have elevated the importance of this work and it is critical the department continue to broaden its ability to identify and respond to evolving community behavioral health needs. BHS recently conducted a review of its engagement activities, including content/topics of programming, meeting formats, and the capacity of an activity to support bi-directional communication and information sharing. Currently, BHS facilitates over 30 ongoing convenings related to its System of Care (SoC), in addition to annual community health promotion and outreach events. Based on this recent review, several opportunities to refine processes and resources to foster broader community participation, promote better service outcomes, and enable more meaningful stakeholder engagement have been identified.

Transition of Engagement Convenings

To support more efficient deployment of resources, and more consistent, effective communication, BHS will be reconfiguring its existing engagement convenings and piloting new, more tailored activities over the next 18 months to provide stakeholders more inclusive options to connect with the department. BHS will be establishing engagement opportunities centered around the shared identities of groups and communities, in addition to existing regional and sector-based programming. This streamlines and optimizes efforts and will enable more cohesive collaboration while ensuring effective use of resources. This customized approach will also ensure more relevant opportunities for diverse populations in alignment with State Behavioral Health Transformation priorities.

Timeline *(subject to change)*

- **December 2024:** Initial notification of transition shared with BHS providers and stakeholders
- **January 2025:** Presentation of changes at combined Council Meeting, scheduled for January 31, 2025
- **By March 2025:** Complete reconfiguration of existing BHS SoC and regional collaborative meetings
- **April 2025:** Begin ramp up of new activities, pending related guidance from the State

Upcoming Changes

Current convenings impacted by this planned transition include:

1. Individual System of Care (SoC) Council and Related Committee Meetings

- Adult Council
- Older Adult Council
- Children, Youth, and Families Council
- Transition Age Youth Council

2. Regional Collaborative Meetings

- Central & North Central Region Collaborative
- East Region Collaborative
- North Region Collaborative
- South Region Collaborative

For More Information:

Contact BHSContactUs.HHSA@sdcounty.ca.gov

To:	BHS System of Care (SoC) Councils and Regional Collaboratives
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Other Engagement Opportunities

Stakeholders are invited and encouraged to participate in these other existing meetings, as follows:

1. Behavioral Health Advisory Board (BHAB) Meetings *(In-person and virtual format)*

- BHAB meetings are held at the County Administration Center at 1600 Pacific Highway, San Diego, CA 92101, on the Third Floor in Room 302, on the first Thursday of every month.
- BHAB meetings are governed by the Ralph M. Brown Act (Brown Act) and requires adherence to a set of specific rules.
- Individuals wishing to provide remarks should complete a [Public Comment Form](#) online by 12:00 PM or fill it out in-person at the meeting location before the meeting begins.

2. Live Well San Diego Community Leadership Team & Workgroup Meetings *(various formats)*

MEETING	MEETING DETAILS
North County Community Leadership Team	Meets first Wednesday of every month, in-person, from 10:00am-12:00pm
East Region Behavioral Health Solutions Workgroup	Meets third Thursday of every month, in-person, from 10:30am-12:00pm
North Central Behavioral Health Workgroup	Meets second Wednesday of every month, in-person, from 11:00am-12:30pm
Central Region Health and Well-Being Workgroup	Meets the fourth Monday of the month from 1:30pm-3:30pm; locations and formats vary per month
South Region Behavioral and Mental Health Workgroup	Meets first Wednesday of every month, virtually, from 9:30am-10:30am
Meeting details are subject to change. Interested attendees are encouraged to email HHSA.Communities@sdcounty.ca.gov to confirm upcoming occurrences.	

Beginning in April 2025, stakeholder engagement activities (e.g., listening sessions, town halls, and workshops) organized by geographic region, community sector, shared identity, and/or Behavioral Health Transformation initiative will commence. Stay current with the State's Behavioral Health Transformation (BHT) by signing up for information distribution lists and by visiting the State BHT webpage: www.dhcs.ca.gov/BHT/Pages/home.aspx.

General Community Requests

Are you or your organization planning an upcoming event? Scan the QR code to submit a request for behavioral health materials, presentations, or resources to BHS' Communication & Engagement (C&E) Unit.



Service and Contract Questions

Inquiries about contracted services and operations should be directed to the Contracting Officer's Representative (COR).

For More Information:

Contact BHSContactUs.HHSA@sdcounty.ca.gov



Evolving and Enhancing Stakeholder Engagement

Combined System of Care (SoC) Council Meeting – Friday, January 31, 2025

Behavioral Health Services (BHS)

Luke Bergmann, PhD, BHS Director

BHS Communication & Engagement (C&E) Unit

Kat Casabar Briggs, MPH, Chief

Today's Presentation



LIVE WELL
SAN DIEGO

- Welcome & Background
 - BHS' C&E Unit & Community Requests
 - Prop 1 Impacts to Stakeholder Engagement (SE) Activities
- Review of Current SE Activities
- Transition Action Items
- Next Steps – *What will this look like?*
- Q&A

- Non-clinical, centralized team established in November 2022
- Staff provide subject matter expertise and planning and coordination support for departmental messaging and engagement efforts

C&E'S OVERARCHING FUNCTION

To facilitate connections and knowledge sharing with community and County stakeholders

Departmental Communications

Countywide Public Messaging Campaigns

Community Health Education and Promotion

Community Health Worker Coordination

Local BH Board/Commission Coordination

Stakeholder Engagement for BH Legislation

Public BH Workforce Development Efforts

Special Projects (*ad-hoc*)

BHS' C&E Unit – *Connect with Us!*



LIVE WELL
SAN DIEGO

Health Education/Promotion, Outreach & CHW Coordination



Danny Romero

DanielM.Romero@sdcounty.ca.gov

619-854-1363



Lilly Payton

Lilly.Payton@sdcounty.ca.gov

619-607-7279

**Community
Request Form →**



Stakeholder Engagement for BH Legislation and Special Projects



Dania Barroso-Conde

Dania.Barroso-Conde@sdcounty.ca.gov

619-788-0887

Behavioral Health Advisory Board (BHAB) Coordination



Maria Molina

Maria.Molina-Melendez@sdcounty.ca.gov

619-366-7700

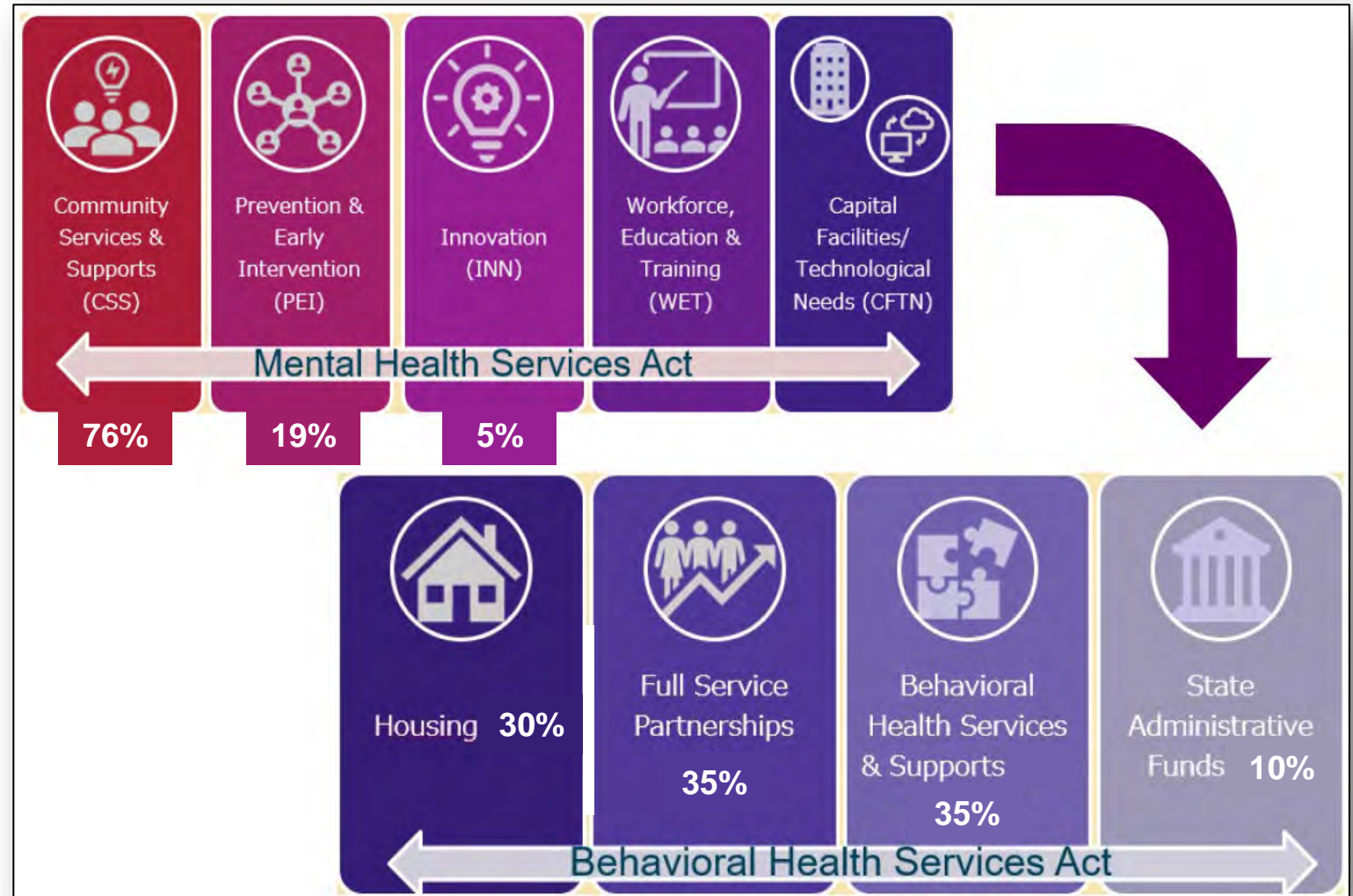
Prop 1 Impacts to SE Activities



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Significant changes to how Counties may use their allocations:

- New/revised components
- New definitions
- State guidance still pending and evolving




Prop 1 Impacts to SE Activities



Institutes revised list of required stakeholders that Counties must involve in Community Program Planning activities

BHT STATE ACTIVITIES	Q1 2025
	JANUARY 1, 2025 Mental Health Services and Accountability Oversight Commission (MHSOAC) renamed Behavioral Health Services Oversight and Accountability Commission (BHSOAC)
	EARLY 2025 Initial BHSA Policy Guidance Issued DHCS will release policy and guidance in phases. The first set of policy and guidance released will be for the three-year Integrated Plans.

BHT COUNTY ACTIVITIES	Q1 2025
	JANUARY 1, 2025 Integrated planning begins Upon guidance from the state, counties begin to develop three-year (2026-2029) implementation plans. Integrated Plans will include all local, state and federal behavioral health funding, a budget, alignment with statewide and local goals and outcome measures, and workforce strategies.
	 County stakeholder planning Each county must involve diverse stakeholders in developing Integrated Plans for mental health and substance use disorder policy and program planning.

Per MHSA, planning, implementation, and evaluation of programs and services made possible through MHSA funds need to involve the community; Counties receiving MHSA funding need to collaborate and partner with consumers and share information and resources.

- **California Welfare and Institutions Code (WIC) Section 5848(a)**: Requires inclusive, ongoing processes for meeting with local stakeholders to 1) gather input about experiences with funded programs and services; and 2) report back and integrate feedback for continuous improvement
- **WIC Section 5604.2(4)(a)**: A local mental health board should review and approve what processes look like to ensure requisite stakeholder involvement

Community Program Planning



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Under MHSA (Pre-Prop 1):

- Help identify community issues related to mental illness resulting from lack of services and supports, including any issues identified during implementation of MHSA
- Analyze mental health needs of the community
- Help identify and re-evaluate priorities and strategies to meet mental health needs

Under BHSA (Post-Prop 1):

- Focus broadened beyond mental health → **behavioral health**
- **+ADDs** stakeholder involvement re: substance use disorder policy, workforce, and health equity
- **+ADDs 21** new stakeholder populations (*previously 11 under MHSA*)**

***Number as 01/13/2025; pending changes/updates from the State*

Review of Current SE Activities



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Over 30 ongoing convenings are currently facilitated by the department, in addition to annual community health promotion and outreach events.

Departmental review examined the following:

- Attendance
- Meeting facilitation and structure
- Content/topics discussed
- Capacity of meeting to support bi-directional communication and information sharing
- Stakeholder populations represented

Key Observation/Opportunity: Can refine conducted activities to better focus content, foster broader participation, hear more from more stakeholders, and reduce redundancies.

Stakeholder input collected through CPP activities (FY2023-24 to present) and recent community requests received by the department (e.g., event/presentation invitations, media queries, etc.) were also reviewed.

Additional reviews indicated a desire for **more opportunities to discuss specific topics:**

- Accessibility
- Care coordination and navigation
- Community outreach and education
- Crisis response services
- Culturally appropriate and affirming care
- Support for people experiencing homelessness
- Services for youth and transition age youth
- Workforce capacity and diversity

Review of Current SE Activities



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Community requests also indicated a desire for **more tailored activities and materials** to:

- Promote awareness and health literacy of local behavioral services and resources
- Bolster socio-emotional competence and wellness
- Prevent deaths by suicide
- Prevent social isolation
- Promote substance use prevention
- Promote overdose prevention
- Engage and support youth and transition age youth
- Support public behavioral health workforce development

Key Observation/Opportunity: Can provide new/additional activities throughout the year focused on these topics to offer stakeholders more relevant and inclusive options to connect and collaborate with the department.

Transition Action Items



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1. Begin reconfiguration of existing BHS-led convenings to streamline activities with similar content and stakeholder representation
2. Pilot new community health education/promotion programming and outreach efforts, in alignment with recent community requests
3. Establish engagement opportunities centered around shared identities of groups and communities, in addition to threading to region-based and sector-based convenings already provided by the County
4. Increase promotional efforts to raise awareness of existing opportunities for stakeholders to share, learn, and connect

Next Steps – *What will this look like?*



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(Action Item #1)

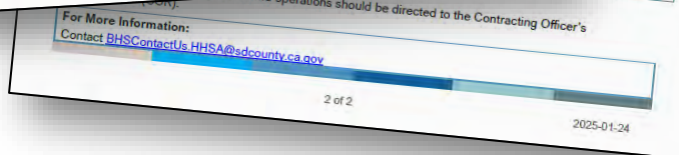
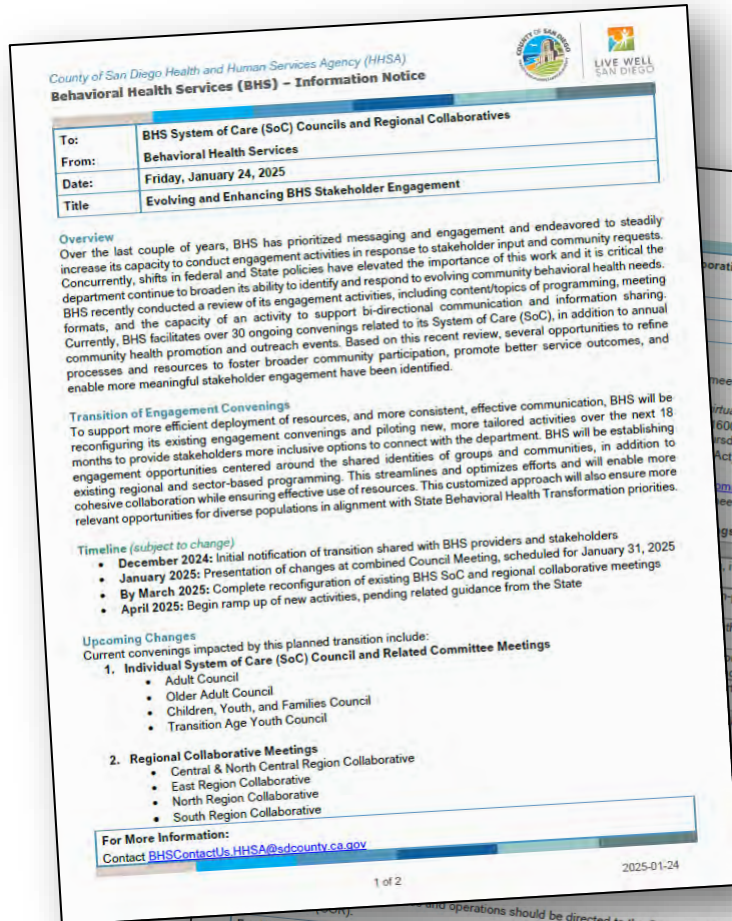
Transition the following convenings:

Individual BHS System of Care (SoC) Council and Related Committee Meetings

- Adult Council
- Children, Youth, and Families Council
- Older Adult Council
- Transition Age Youth Council

Regional BHS Collaborative Meetings

- Central & North Central Region
- East Region
- North Region
- South Region



Next Steps – *What will this look like?*



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BHS will continue the following while awaiting State guidance:

Promotion of State-Level Resources (Action Item #4)

Meetings and materials available from DHCS, the California Department of Public Health (CDPH), the California County Behavioral Health Directors Association, and others regarding State Behavioral Health Transformation/Prop 1

Implementation of More Tailored Local Activities (Action Items #2 & 3)

Continue to pilot and incorporate more year-round activities (e.g., listening sessions, town halls, workshops) facilitated by County engagement staff and contractors, organized by geographic region, community sector, and/or shared identity

Share Information via BHS Webpage & *Engage San Diego* Platform (Action Item #4)

'Connect with BHS' webpage to be updated early 2025 as existing BHS convenings evolve to align with State Behavioral Health Transformation/Prop 1; *Engage San Diego* page(s) to be developed pending State guidance and stakeholder input

Next Steps – *What will this look like?*



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Tentative Timeline:

Jan 2025: Overview of changes presented at Combined SoC Council meeting

Feb 2025: Input sessions with SoC Council participants to inform revisions

Mar 2025: **DARK**

Apr 2025: Initiate new/revised activities (*pending guidance from the State*)

Apr-Sept 2025: Conduct CPP activities to inform 1st BHSA Integrated Plan

- Interviews, focus groups, and listening sessions
- Community health education/promotion events and data workshops
- Online input form(s)

Next Steps – *What will this look like?*



LIVE WELL
SAN DIEGO

February Input Sessions (90 minutes):

- **Monday, February 10th**
 - 9:00 AM – 10:30 AM | **Children, Youth, and Families**
 - 11:00 AM – 12:30 PM | **Adult**
- **Wednesday, February 26th**
 - 10:00 AM – 11:30 AM | **Older Adult**
 - 11:00 AM – 12:30 PM | **Transition Age Youth**

Attendees encouraged to share:

- *Recommendations for meeting cadence and format?*
- *Elements of current convenings that would be beneficial to keep? To remove?*
- *Desired discussion topics specific to [age cohort] due to BHSA?*

Next Steps – *What will this look like?*



LIVE WELL
SAN DIEGO

Potential topics for upcoming SE activities:

- ***Housing*** intervention programs/projects needed? (new BHSA component)
- ***Prevention*** programs and services to prioritize based on BHSA definitions?
- Local priorities for ***Early Intervention*** under new BHSA definition?
- ***Community-Defined Evidence Practices (CDEPs)*** to include in 1st BHSA Integrated Plan?

...and more!

Q&A

Children, Youth and Families (CYF) Council Meeting Summary



December 9, 2024 | 9 to 10:30 a.m.

ITEM	SUMMARY AND ACTION ITEMS
I. Welcome Council members, alternates, and meeting attendees <ul style="list-style-type: none"> o Thank you, Delona King - Alternate - Public Safety Group/Probation o Welcome, Yovana Cortez - Alternate - Public Safety Group/Probation <p>Culture Share: - The Children's Partnership A Child is a Child: American Indian Alaska Native and Indigenous Children's Health Handout – Pages 5-9</p>	<p>Celica Garcia-Plascencia welcomed meeting attendees and announced the Council membership updates listed on the left</p> <p>Celica Garcia Plascencia noted the Culture Share document included in the meeting packet focused on American, Indian, Alaska Native and Indigenous children in California</p>
II. Review of Meeting Summary (Yael Koenig) <ul style="list-style-type: none"> • September 9, 2024, Meeting Summary - Handout - Pages 10-14 • Action Items <ol style="list-style-type: none"> 1. CYF Council Strategic Planning Summary and Cover Letter was delivered to the BHS Director on September 10, 2024 Handouts - Pages 15-17 2. August 12, 2024 Hot topic: Review of CYF Services Directory - Handouts - Page 18 In addition to Service Directory August revision located at: CYF Services Directory Updated August 2024.pdf (sandiegocounty.gov) The Five Regional School Directories for Children and Youth have been updated and posted in September 2024 	<p>Yael Koenig reviewed the meeting summary and action items from September 9, 2024</p>
III. Business Items (Yael Koenig)	
Public Comment	<p>Rosa Ana Lozada made a formal request to consider the CYF Council as a central body for community engagement</p>
Board Letters / Board Actions <u>September 24, 2024</u> <ul style="list-style-type: none"> • Item 07: Receive an Update on Homekey Programs – ACTION: ON MOTION of Supervisor Montgomery Steppe, seconded by Supervisor Desmond, the Board of Supervisors (BOS) took action as recommended, on Consent • Item 11: Requesting Resources Needed to Implement Senate Bill 43 – ACTION: ON MOTION of Supervisor Desmond, seconded by Supervisor Anderson the BOS took action as recommended - Handout – Pages 19-23 • Item 12: Creating a Children, Youth, and Transition Age Youth Behavioral Health Continuum Framework for San Diego County - ACTION: ON MOTION of Supervisor Lawson-Remer, seconded by Supervisor Montgomery Steppe, the BOS took action as recommended - Handout – Pages 24-36 • Item 13: Update on and Authorization to Execute Agreements for the Partnership with the University of California, San Diego Health for Behavioral Health Services Within the East Campus Medical Center – ACTION: ON MOTION of Supervisor Montgomery Steppe, seconded by Supervisor Lawson-Remer, the BOS took action as recommended <u>October 8, 2024</u> <ul style="list-style-type: none"> • Item 05: Authorize Acceptance of Behavioral Health Bridge Housing Grant Funds, Authorize a Competitive Solicitation for Provision of Recuperative Care Services, Authorize Reallocation of American Rescue Plan Act Evergreen Funds Supporting Recuperative Care Services, and Add Access to Recuperative Care to the Legislative Program – Action: ON MOTION of Supervisor Montgomery Steppe, seconded by Supervisor Desmond, the BOS took action as recommended on Consent • Item 08: Reducing Gun Violence Through Responsible Firearm Procurement Ordinance ACTION: A motion was made by Supervisor Lawson-Remer, seconded by Supervisor Montgomery Steppe, for the Board of Supervisors to take action as recommended. Motion failed due to a tie vote. Pursuant to rule 2(g) of the Board's Rules of Procedure, this item will be placed on the agenda for the next regular meeting • Item 10: Create a Unit Dedicated to Reproductive Health, Justice and Equity – ACTION: ON MOTION of Supervisor Vargas, seconded by Supervisor Montgomery Steppe, the BOS took action as recommended • Item 11: Receive the Analysis of How Changes to Proposition 47, Through the Potential Passage of Proposition 36, Could Impact Funding for Services Offered by the County of San Diego; Board to Consider Taking a Position on Proposition 36: Motion failed due to lack of a majority vote - Handouts - Pages 37-59 	<p>Yael Koenig provided an overview of the highlighted Board Letters listed on the left.</p> <p>Board Letters that may be particularly of interest to the CYF Council are listed on the left column. Due to size, only highlighted Board Letters are included in the meeting packet. However, all Board Letters can be found at the Clerk of Board of Supervisors (BOS) website.</p> <p>Meeting Agendas, Board Letters, and access to the BOS meetings: https://www.sandiegocounty.gov/cob/bosa/index.html</p>

<p>October 22, 2024</p> <ul style="list-style-type: none"> • Item 24: Reducing Gun Violence Through Responsible Firearm Procurement Ordinance ACTION: ON MOTION of Supervisor Lawson-Remer, seconded by Supervisor Vargas, the Board of Supervisors took action as recommended • Item 27: Authorize Competitive Solicitations, Single Source Procurements, Amendments to Extend Existing Contracts, and Acceptance of Mental Health Student Services Act Grant Funds from the Mental Health Services Oversight and Accountability Commission ACTION: ON MOTION of Supervisor Montgomery Steppe, seconded by Supervisor Vargas, the BOS took action as recommended Handout includes presentation - Pages 60-85 	
ITEM	SUMMARY AND ACTION ITEMS
<p>Information</p> <ul style="list-style-type: none"> • 2024 Revision of SAMHSA Overdose Prevention and Response Toolkit Revised 2024 - (Bill Stewart) – Handout – Page 86 • The 2025-26 Budget: California's Fiscal Outlook - Handout - Pages 87-102 • Assembly Bill (AB) 3216 Phone Free School Act - Handout - Page 103 Bill Text - AB-3216 Pupils: use of smartphones. (ca.gov) • Department of Health Care Services (DHCS) Behavioral Health Transformation Policy Manual Module 1 Webinar Handout – Pages 104-164 • Behavioral Health Transformation [DRAFT] Policy Manual – Module 2, Version 0.2.0 – Handout – Page 165 • DHCS Statewide Multi-Payer School-Linked Fee Schedule – Cohort 3 Participants - Handout – Page 166 • Children and Youth Behavioral Health Initiative (CYBHI) CYBHI October, November, and December newsletters - Handouts - Pages 167-169 • Medi-Cal Transformation: Justice Involved Reentry Initiative: - Handout - Pages 170-172 • Next Move program flier and Referral form – Handouts - Pages 173-176 • 2023-2024 Live Well San Diego Annual Report – Handout - Page 177 • San Diego Advancing and Innovating Medi-Cal - Handouts – Pages 178-183 Enhanced Care Management Community Supports Transportation for Medi-Cal Members • San Diego Wellness Collaborative / Neighborhood Networks - Flier - Pages 184-185 • Home Start TAY/Pregnant and Parenting Housing Resources Handout - Pages 186-187 • Behavioral Health Director's Report (October, November, and December) Handouts- Pages 188-201 https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_act/bhab_meeting_materials.html • Mobile Crisis Response Team (MCRT) for K-12 Schools Presentation and Fact Sheet – Pages 202-220 BHS MCRT (sandiegocounty.gov) • Youth Services Survey (YSS) -May 2024 Survey Period – November 2024 Handout - Pages 221-228 • Mid-Year CYF Council Committees/Groups updates- Due December 18, 2024 Handout - Page 229 • Fiscal Year 2024-25 Advancing the System of Care Principles Awards Handout – Page 230 Recognition form 	<p>Yael Koenig provided an overview of State and local updates, and informational items.</p> <p>Meeting attendees expressed concern & confusion about shifts to BHS Councils (as outlined in Director's Report).</p> <p>A meeting attendee highlighted: "Excellent update Yael. This is a lot of information summarized to help us know how to stay active and involved in our respective areas of interest. This is extremely valuable and not offered as clearly elsewhere especially related to CYF"</p>

IV. Hot Topic: : Engagement Overview & Stakeholder Input Session

BHS Communication & Engagement Unit: Kat Casabar Briggs, MPH

Stakeholder Input Session Facilitators:

University of California, San Diego (UCSD) – Danielle Fettes, PhD, Krystal Lira, PhD, and Katie Wan, MPH, MSW

Presentation – Handout – Pages 231-240

- Engagement Overview
 - BHS' Communication & Engagement (C&E) Unit
 - Engagement Opportunities
 - How to Connect With Us
- Stakeholder Input Session
 1. What are the most pressing issues related to Mental Health and Substance Use for children and youth in your community?
 2. What are some of the biggest challenges to accessing resources for Mental Health and Substance Use for children and youth?
 3. What are some ideas that might help address priority Mental Health and Substance Use needs of children and youth?

On behalf of Kat Briggs, Maria Molina-Melendez provided an overview on the BHS Community Engagement efforts.

Meeting Chat Comments:

- Would like updates in this engagement process
- Will these meetings also include county plans on how the funds received will be used? Are there current informational meetings that inform the public on budgetary impact (which services will no longer be provided) as part of the BHS transformation?
- “Regarding the engagement and the expertise held here, I just want to point out the process that was used for the County Board approved Child Care Blueprint, that extensively tapped into existing bodies similar this one in the childcare space. It was really about meeting community folks where they already meeting and joining those spaces, rather than re-creating something. Methodology is on pages 11 and 12. Could be mirrored for the Continuum process and beyond, for what it's worth:

[Attachment A San Diego County Child Care Blueprint.pdf](#)”

After the presentation, meeting attendees were invited to join one of three breakout rooms to participate in a stakeholder input session.

Feedback from meeting attendees (from meeting chat):

- “We are looking for a partnership, we are part of the solution”
- “We want to have a back-and-forth conversation”
- “It would have been very helpful to see the [Mentimeter](#) comments while the conversation was happening to allow for a rich and meaningful discussion. It felt disjointed and was unclear what was being shared”.
- “I leave this meeting very confused about what just happened”

V. Announcements (Sten Walker)

- Poll Question
- **NAMI San Diego Community Advocacy Training:** All about Policy Making – December 12, 2024 - Flier - **Page 241**
- Save the Date for the [California Behavioral Health Planning Council](#): Out in the Open: Honest conversations about Youth Mental Health and Drug Use on January 16, 2025 at 6 p.m. at the San Diego County Office of Education (SDCOE) - Flier - **Page 242**
- Fifth Annual [Birth of Brilliance Virtual Conference](#): “Legacy of Healing” (February 27, 2025) and **Cultural Fair** (February 28, 2025) - Handouts - **Pages 243-244**
- Save the Date for the 10th Annual [Critical Issues in Child and Adolescent Mental Health Conference \(CICAMH\)](#) (April 25, 2025) -Flier - **Page 245**
- Save the Date for the 45th [California Mental Health Advocates for Children and Youth \(CMHACY\)](#) (June 11-13, 2025) - Flier - **Page 246**

- Sten Walker reviewed the announcements included on the agenda (listed on the left column).
- Announcements can be sent in advance to Edith Mohler at: Edith.Mohler@sdcounty.ca.gov

CYF Council Poll Question

Meeting poll | 1 question | 54 of 54 (100%) participated

1. On a scale of 1-5 (1 is the lowest and 5 the highest), how would you rate the relevance and your interest with today's Council meeting? (Single choice)

54/54 (100%) answered



Action Items

Consider the CYF Council as a central body for community engagement. Follow up email communication from Infant and Early Childhood Mental Health (IECMH) committee proposing the establishment of 'an Ad Hoc committee consisting of SOC Council participants and a decision-maker from the BHS team to guide this transition.

Action Due/Status

On December 11, 2024, BHS Director invited Council co-chairs and IECMH committee Co-Chair to dialogue about Council reconfiguration and plan to optimize meaningful community engagement. Meeting scheduled for January 23, 2025.

Next Executive Committee Meeting:

Date: January 23, 2025
Time: 4 to 4:30 p.m.

Combined Council Meeting: Friday, January 31, 2025, from 2 to 3pm

Replacing the CYF Council Meeting that was set for Monday, January 13, 2025

Committees/Sectors/Workgroups Meetings Information is located at the end of the meeting summary. For Council materials go to: https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_children/CYFBHSCouncil.html

+=Member in Attendance		O=Absent	E=Excused		
CONSTITUENCY		MEMBER	STATUS	ALTERNATE	STATUS
PUBLIC SECTOR					
1	Behavioral Health Advisory Board (BHAB)	Bill Stewart	O	Joel San Juan	O
2	Behavioral Health Services (BHS)	Dr. Laura Vleugels	+	Dr. Patricia Cardenas-Wallenfelt	O
3	Public Safety Group/ Probation	Tabatha Wilburn	O	Yovana Cortez	+
4	Child and Family Well Being (CFWB) Department – Office of Child Safety	Steven Wells	+	Norma Rincon	O
5	Homeless Solutions and Equitable Communities	Katie Gordon	+	Rosa Gracian	O
6	Public Health	Dr. Thomas R. Coleman	+	Rhonda Freeman	O
7	Medical Care Services	Dr. Kelly Motadel	+	Heather Summers	+
8	Juvenile Court	H. Judge Ana España	O	Beth Brown	+
9	CFWB Department – Office of Child and Family Strengthening - First 5 San Diego	Alethea Arguilez	O	Alicia Castro	+
EDUCATION SECTOR					
10	Special Education Local Plan Area (SELPA)	Jaime Tate-Symons	O	Russell Coronado	O
11	Regular Education Pupil Personnel Services	Heather Nemour	+	Mara Madrigal-Weiss	+
12	School Board	Barbara Ryan	+	Debra Schade	+
13	Special Education	Yuka Sakamoto	O	Misty Bonta	O
PRIVATE SECTOR					
14	San Diego Regional Center (SDRC) for Developmentally Disabled	Zachary Guzik	+	Lori Sorenson	O
15	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	+	Vacant	
16	ADSPA	Marisa Varond	+	Claudette Allen Butler	O
17	Mental Health Contractors Association (MHCA)	Julie McPherson	E	Vanessa Arteaga	+
18	MHCA	Laura Beadles	+	Golby Rahimi	+
19	Fee- For-Service (FFS) Network	Dr. Sherry Casper	+	Marcelo A. Podesta	O
20	Managed Care Health Plans	Vacant		James Trout	O
21	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	+	Jennifer Kennedy	+
FAMILY AND YOUTH SECTOR					
22	Family Youth Advocacy/Liaison	Khalif Kelly	O	Sten Walker	+
23	Caregiver of child/youth served by the Public Health System	Vacant		Karilyn “Kari” Perry	O
24	Youth served by the Public Health System (Up to age 26)	Veronica Hernandez	O	Vacant	
25	Youth served by the public health system (Up to age 26)	Caitlynn Hauw	O	Vacant	
COMMITTEES (Non-voting members unless a member of the Council)					
-	Executive	Celica Garcia-Plascencia Sten Walker	+/+		
-	Cultural Competence Resource Team (CCRT)	Rosa Ana Lozada	+		
-	CYF CADRE	Julie McPherson Marisa Varond	E/+		
-	Early Childhood	Stephanie Gioia-Beckman Jennifer Kennedy	+/+		
-	Education	Heather Nemour	O		
-	Family and Youth as Partners	Sten Walker	+		
-	Outcomes	Emily Trask Eileen Quinn-O'Malley	+/O		
-	Training	Edith Mohler Jennifer Rusit	+/O		

Total Attendees: 90			
Aisha Pope	Donna Moore	Kelly Motadel	Rosa Ana Lozada
Alicia Castro	Edith Mohler	Kim Pauly	Samantha Aument
Angela Rowe	Eileen Quinn-O'Malley	Kristin Garrett	Samantha Manganaro
Aprille Pena	Emily Gaines	Krystal Lira	Sandra Avila
Autumn Gabin	Erick Mora	LaTysa Jackson	Shaun Goff
Azmin Granados	Erika Hernandez	Laura Vleugels	Sherry Casper
Babbi Winegarden	Erin Hogeboom	Leslie Manriquez-Jimenez	Skylar Weatherford
Barbara Ryan	Erin Murphy	Lorie Chen	Sten Walker
Beatriz Valencia	Esther Mumford	Mara Madrigal	Stephanie Gioia-Beckman
Beth Brown	Fran Cooper	Margarita Hernandez	Steven Wells
Carmen Pat	Gabriela Contreras-Misirlioglu	Maria Molina	Tanya Mercado
Caryl Montillano	Ginger Bial Cox	Marisa Varond	Tanya Ramirez
Celica Garcia-Plascencia	Golby Rahimi Saylor	Mayra Gonzalez-Munoz	Terri Kang
Christine Davies	Hanna Davarmanesh	Melanie Morones	Tom Coleman
Christine Maggio	HC Lee	Michael Arce	Vanessa Arteaga
CJ Valasek	Heather Summers	Michelle Alcantar	Yael Koenig
Krystal Lira	Jamie Pellegrino	Michelle Houle	Yovana Cortez
Courtney Baltiyskyy	Janette Magsanoc	Natalie Elms	Yvette Leyva
Dania Barroso Conde	Jennifer Kennedy	Nhi Tran	Zach Guzik
Danielle Fettes	Kacie Rodvill	Paige Milewski	Zoe Kornweibel
Danyte Mockus-Valenzuela	Katharina Krison	Pradeep Gidwani	Unknown caller
Debra Schade	Katie Wan	Rafael-Ortiz Gomez	Unknown caller
	Kelly Bordman	Rhonda Crowder	

Committees/Sectors/Workgroups Meetings Information:

Most of the committees' meetings are occurring virtually

Please reach out to the sector lead or Executive committee member to obtain location/link

Behavioral Health Advisory Board (BHAB) meeting: Meets the first Thursday of the month from 2:30 to 5:00 p.m.

Outcomes: Meets the first Tuesday of the month from 11:30 a.m. to 12:30 p.m.

Early Childhood: Meets the second Monday of the month- from 11 a.m. to noon

Education Advisory Ad Hoc: Meets as needed

TAY Council: Effective September 2024, meets the fourth Wednesday of the month 11 a.m. to 12:30 p.m.

CYF CADRE: Meets quarterly on the second Thursday of the month from 1:30 to 3 p.m.

CYF Council Training Academy: Meets quarterly. Next meeting will be in February 2025.

CCRT: Meets the first Friday of the month from 10 to 11:30 a.m.

Private Sector: Ad Hoc/Meets as needed

2025 Children and Youth Mental Health Well Being Celebration Planning: To be announced

Family Sector: Meets the third Thursday of the month from 2:30 to 3:30 p.m.

Peer Council: Every third Tuesday of each month at 2 p.m. via Zoom

Behavioral Health Services Children, Youth and Families Council Mid-Year Highlights in Fiscal Year 2024-25



Executive Committee

Submitted by Yael Koenig and Edith Mohler

The Executive Committee is a “standing” committee of the CYF Council that is tasked with maintaining the organization of the Council. The work of the Executive Committee is anchored in the System of Care principles and connected to current events and system issues at the local, state, and national level. The Behavioral Health Services Deputy Director and administrative staff support the Council by leading the Executive Committee which is comprised of the Council committees’ chairs and co-chairs of the CYF Council. The Executive committee is tasked to:

- Coordinate CYF Council activities
- Inform on current issues relevant to the Behavioral Health Services System of Care (SOC)
- Ensure follow through on CYF Council action items

July through December 2024 Highlights

Continued to plan Council meetings, manage infrastructure to promote valuable information exchange, deliberation and actions, including support to the Council-committees

- Shared relevant Federal, State and local level information, including Board of Supervisors Letters and BHS Director’s monthly reports
- Maintained the [CYF Council website](#)

July 8, 2024:- Strategic Planning Meeting -Recommendations from the meeting, were delivered to the BHS Director on September 10, 2024. Attended by 98 individuals

August 12, 2024: Hot Topic: CYF Directory design recommendations. Attended by 85 individuals

September 9, 2024: Hot Topic: Enhanced Care Management (ECM) and Community Supports (CS) for children and youth. Attended by 109 individuals

October 14, 2024 - Combined Councils meeting (cancelled)

November 11, 2024 – Dark (Veteran’s Day)

December 9, 2024 – Hot Topic: BHS Communication and Engagement Team: Engagement Overview and Stakeholder input session. Attended by 90 individuals

Fiscal Year 2024-25 Meeting Information

Meeting Date:

Usually on the 2nd Monday of the month

Time: 9 to 10:30 a.m.

Location/Format: Virtual via Zoom platform

Co-Chairs/Leads:

Celica Garcia-Plascencia and Sten Walker

CYF Council staff name(s)/E-mail addresses:

Yael Koenig

Rhonda Crowder: Rhonda.Crowder@sdcounty.ca.gov

Darwin Espejo: Darwin.Espejo@sdcounty.ca.gov

Edith Mohler: Edith.Mohler@sdcounty.ca.gov

Behavioral Health Services
Children, Youth and Families Council
Mid-Year Highlights in Fiscal Year 2024-25



Juvenile Court

Judge Ana España and Staff Attorney Beth Brown

The Juvenile Court conducts proceedings involving children and youth under the age of 18 and nonminor dependents 18 to 21 years of age. The primary role of the Juvenile Court is to ensure public safety and to protect each youth under its jurisdiction. In juvenile justice cases, a youth is charged with an offense. Dependency cases involve allegations of child abuse and neglect. In recent years, the jurisdiction of the Juvenile Court over youth in the juvenile justice system has been extended to the age of 25 years in some cases. The Juvenile Court can even retain jurisdiction over older adults for a period of two years in some circumstances.

July through December 2024 Highlights

We continue to work collaboratively with our justice partners, with a focus on:

- Programs and services to help youth and families
- Use of case plans that are tailored to the youth and family
- Breaking down systemic barriers that cause disruptions and delays in services

Highlights from the last six months include:

- Youth Justice System Review Project with the RFK National Resource Center for Juvenile Justice
- Workgroups to improve assessment and services for youth who may be impacted by FASD
- Updates to our mental competency protocol and evaluation and remediation procedures
- Improve kin-first placements for children in foster care

Fiscal Year 2024-25 Meeting Information

Meeting Date: N/A - Juvenile Court cases are confidential, but we work collaboratively with many local partners on policies, procedures, protocols, and system improvements. Contact us if you would like to contribute to one of our many workgroups.

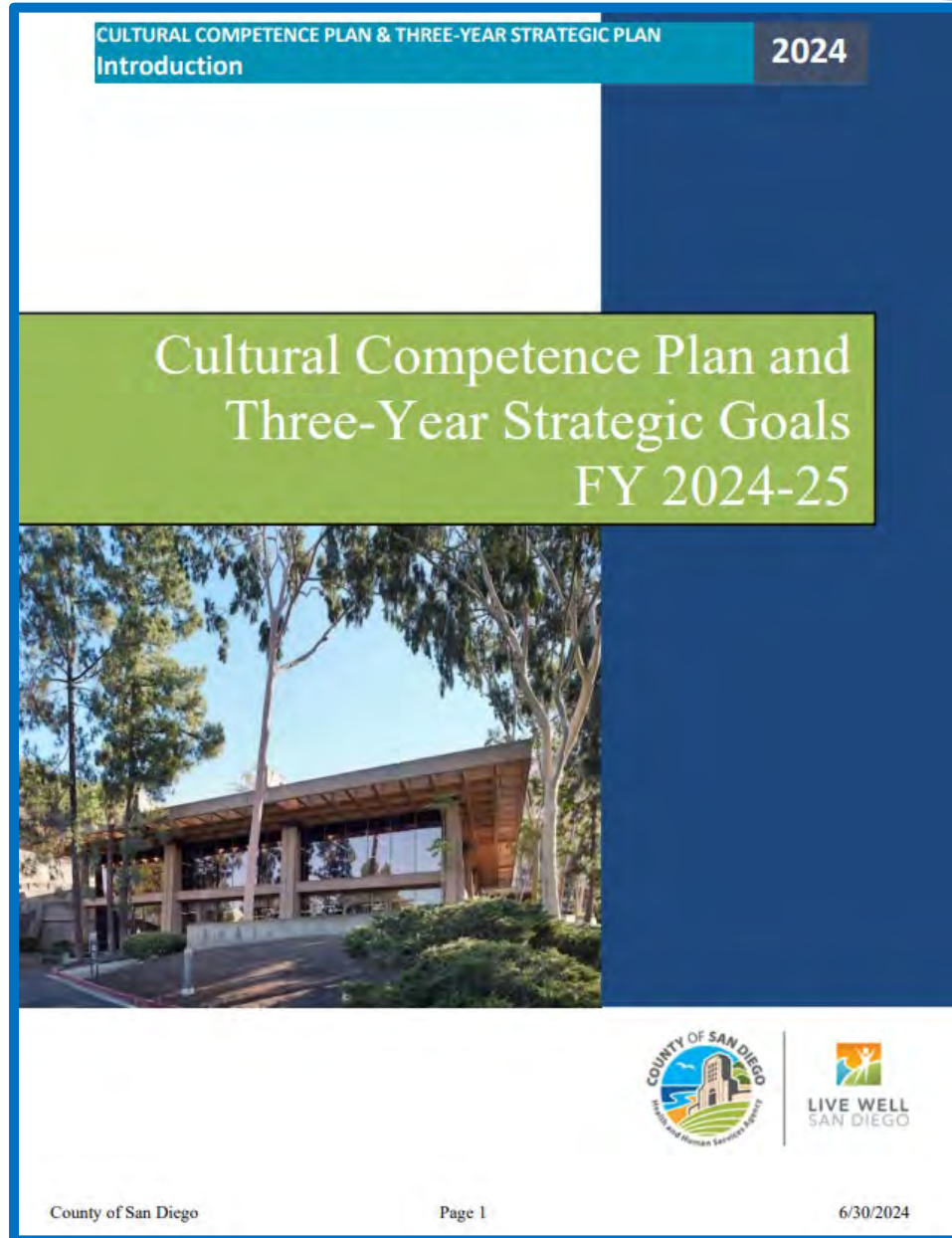
Children, Youth and Families Council Fiscal Year 2024-25 Mid-Year Highlights

Cultural Competence Resource Team (CCRT)

Rosa Ana Lozada and Edith Mohler

February 10, 2025

Overview



The Cultural Competence Resource Team provides recommendations to Behavioral Health Services executive leadership on issues of cultural competence in alignment with the [Cultural Competence Plan 2024.pdf](#) submitted to the State each year.



Birth of Brilliance

A Legacy of Healing

Virtual Conference 02/27/2025
In-person Cultural Fair 2/28/2025

CYF Council

Training -Workforce advancement

- Encouraged attendance to the [Birth of Brilliance – All Children are born with BRILLIANCE](#) conference and
- Cultural Fair and Early Childhood Mental Health [ECMH – We Can't Wait!](#) Annual conference



Advancement

Integrate Culture Share in CYF Council monthly meetings

WHAT IS CULTURE SHARE?

Culture share is a time to advance and integrate cultural learning, understanding, and practices into our work. Through this sharing we can honor and celebrate family, history, traditions, experiences, and practices that may bring joy and well-being. It can also bring discomfort, curiosity and **bias awareness**.

Ultimately, it is an opportunity for self reflection and enlightenment to enhance our capacity to provide culturally responsive services to the children, youth, and families in our communities.

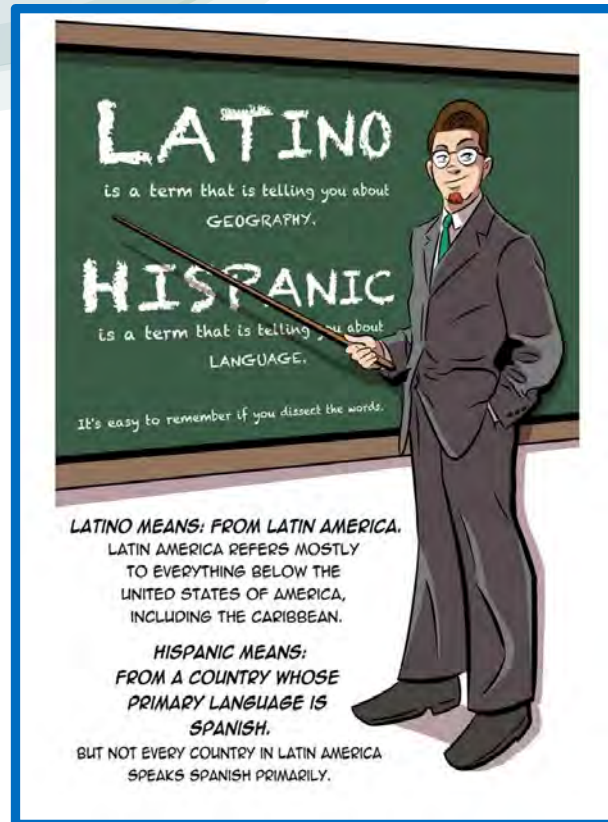
(Supports CLAS Standard: Governance, Leadership, and Workforce)

CYF Council Culture Share Highlights

September 9, 2024

Presented by Rosa Ana Lozada

[Hispanic Heritage Month | National Archives](#)



Duke University School of Medicine(Ask the OEDI, 2022)

December 9, 2024

Presented by Yael Koenig

A Child is a Child

2024 SNAPSHOT:
California Children's Health



American Indian Alaska Native and Indigenous Children's Health

We know that when children are healthy, they are more likely to succeed in school and in life. We work to address the underlying causes of health inequities by improving the conditions in which children live, learn, grow and play so that young people from historically marginalized communities

have the resources and opportunities they need to achieve their dreams and reach their full potential. This infographic provides an overview of key child health facts to inform the work we must do together to make CA the best state to raise healthy, thriving children. All data is specific to California unless noted explicitly as national data.

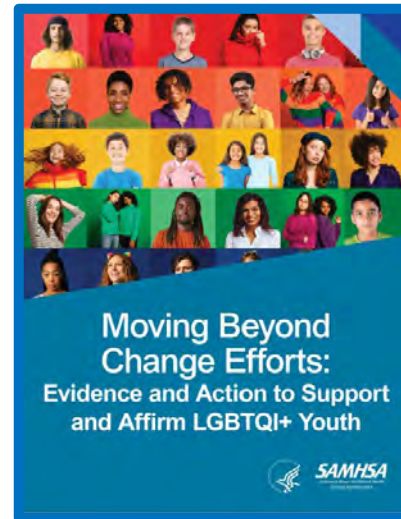
Children's Updates provided at the CCRT Meetings

Presented by Edith Mohler
August 2, 2024



[A Child is a Child: A Snapshot of Children's Health in California - The Children's Partnership](#)

Presented by Dina Ali
September 6, 2024



[pep22-03-12-001.pdf \(samhsa.gov\)](#)

Presented by Edith Mohler
October 6, 2024



Presented by Edith Mohler
December 6, 2024



Call to Action

Every child should experience an inclusive and equitable world where all children, youth and their families flourish and realize their fullest potential. (Harmonium Vision)



CCRT Meeting information

Meeting date: First Friday of the month

Location/Format: Virtual format /Open to the public

Time: 10 to 11:30 a.m.

BHS Lead: Piedad Garcia

CCRT staff contact: Andrea Durón at: Andrea.Duron@sdcounty.ca.gov

CYF Council Representative: Rosa Ana Lozada

CYF Council staff: Edith Mohler

Resources

[Culturally and Linguistically Appropriate Services - Think Cultural Health](#)

[CLAS Standards - Think Cultural Health](#)

[BHS Cultural Competence Plan 2024.pdf](#)

[BHS Cultural Competence _Handbook 2020.pdf](#)

Children, Youth & Families Council Fiscal Year 2024-25 Mid-Year Highlights

Training Academy Committee

Edith Mohler

February 10, 2025



The Children Youth and Families (CYF) Council Training Academy committee provides recommendations for trainings to enhance the work of public systems in providing services to children, youth, and families in San Diego County. The CYF Council Training Academy Committee, a collaboration of partners in the four sectors of the Behavioral Health Services System of Care.

History

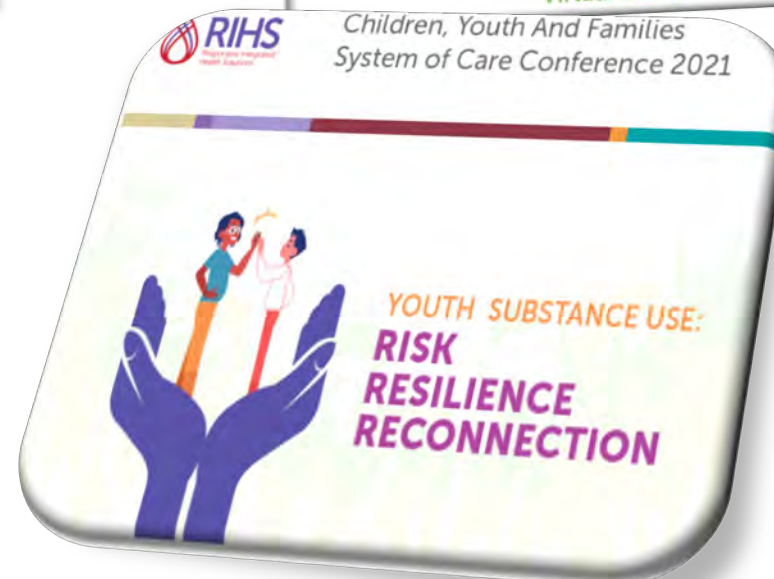
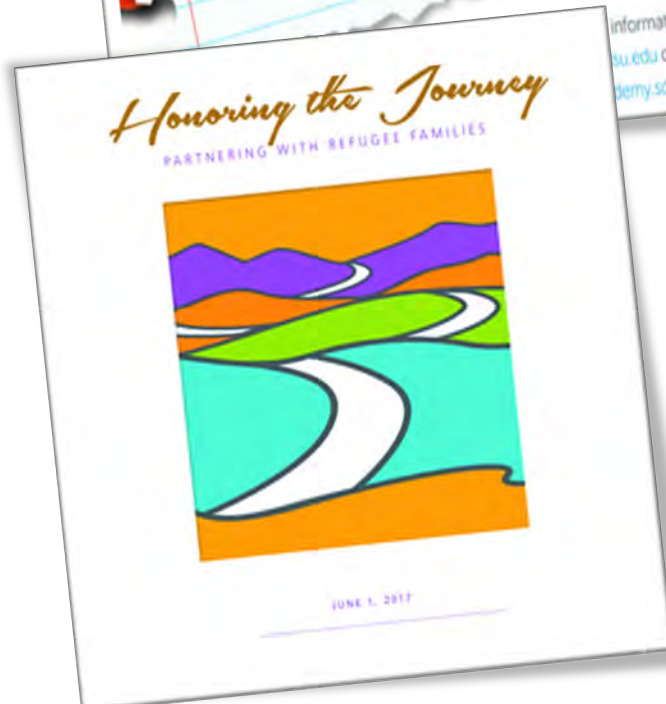
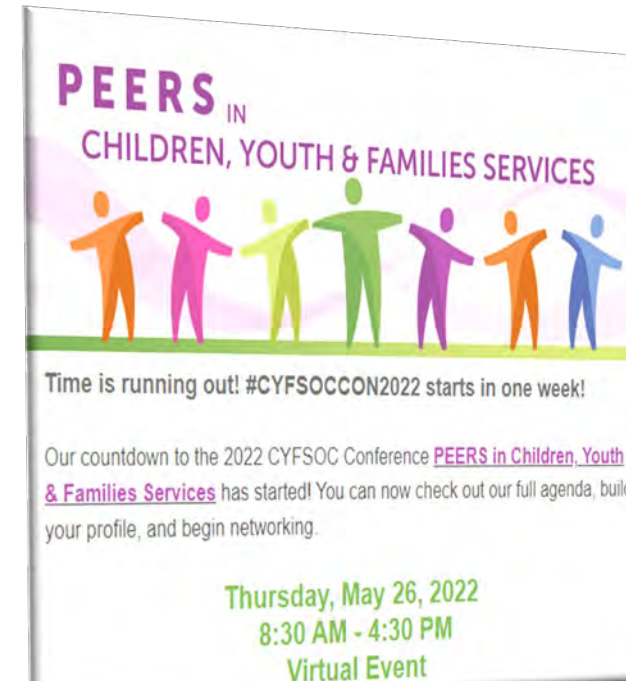
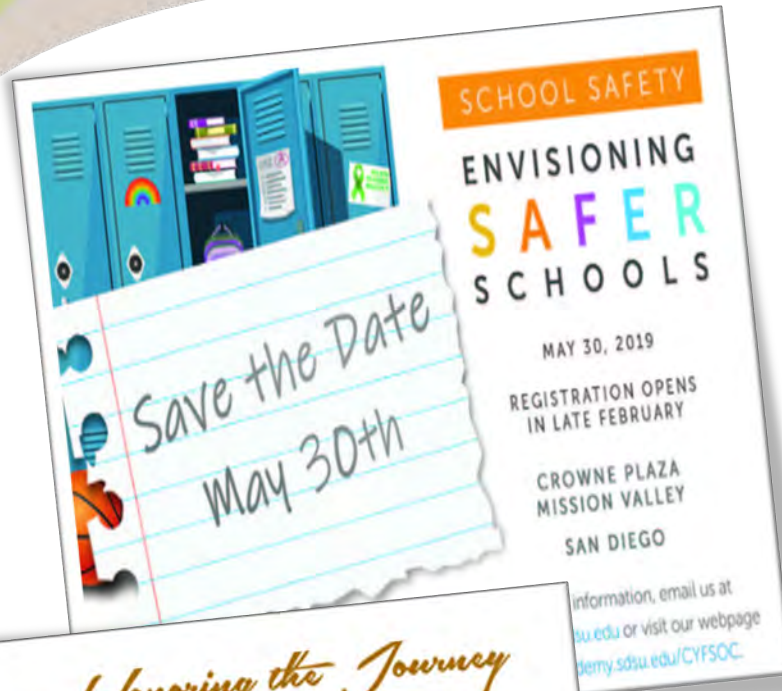


- **October 17, 2000**-The Board of Supervisors approved the Children's Mental Health Services Initiative which was the first step to the implementation of the Children's Mental Health System of Care
- The initiative included a lab Wraparound training program that evolved to the San Diego Wraparound Training Academy
- The San Diego Training Academy began as a grassroots effort and supports countywide cross- system reforms and initiatives. Initially created as the hub for Children's System of Care and Wraparound training, the Academy grew into a strong collaborative of families, educators, public, and private providers; aligning with training priorities, advancing system reform and initiatives, and promoting knowledge and skill development necessary for fidelity of core principles and practices
- By June 2001, the San Diego Wraparound Training Academy completed a training plan: Community Sponsored Family – Professional Partnership “kick-off” conference
- During a SAMHSA site visit in August 2001, The “Wrap Academy” was recognized as one of the best in the country

Past Conferences



LIVE WELL
SAN DIEGO



2025 Advancing Principles Awards Children, Youth and Families Council



LIVE WELL
SAN DIEGO

A nominated individual and a program that serves
Children, Youth and Families will be selected !





LIVE WELL
SAN DIEGO

Thank You

Point of Contact: Edith.Mohler@sdcounty.ca.gov

Behavioral Health Services Children, Youth and Families Council Mid-Year Highlights in Fiscal Year 2024-25



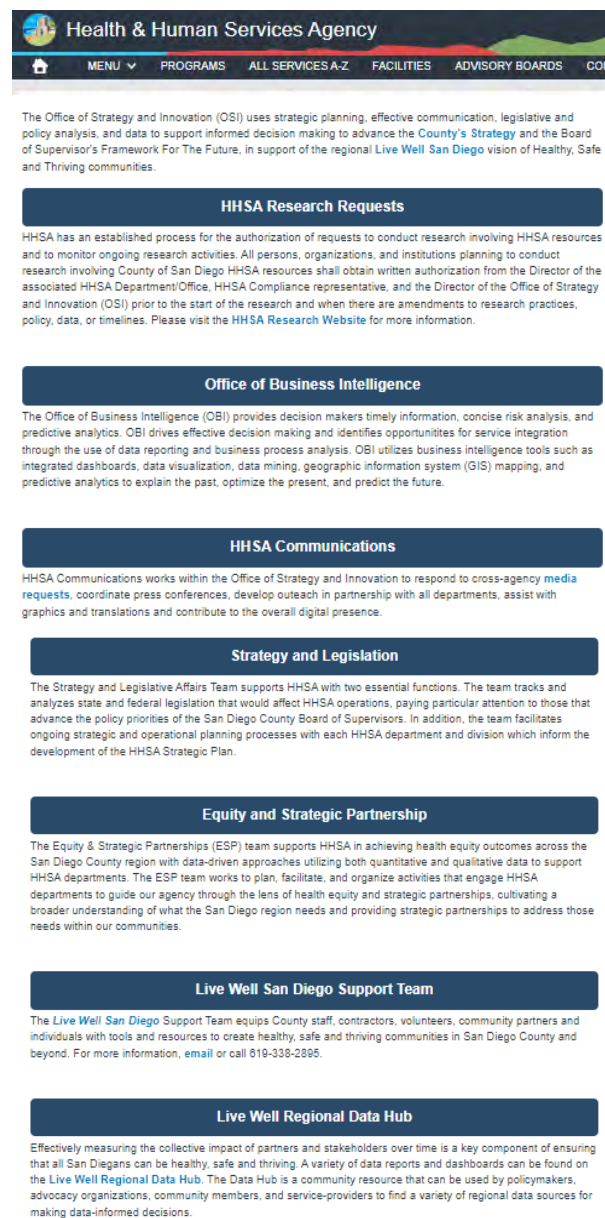
Homeless Solutions and Equitable Communities

Update

The Office of Homeless Solutions will become part of [Housing and Community Development](#) Services, to better address the full continuum of homelessness needs, from outreach and shelter to permanent housing.



The Office of Equitable Communities will join with the [Office of Strategy and Innovation](#) to align efforts around community and organizational engagement.



Children, Youth & Families Council Fiscal Year 2024-25 Mid-Year Highlights

Public Health

Dr. Tom Coleman

(Rhonda Freeman is also our representative.)

February 10, 2025



County of San Diego Department of Public Health Services

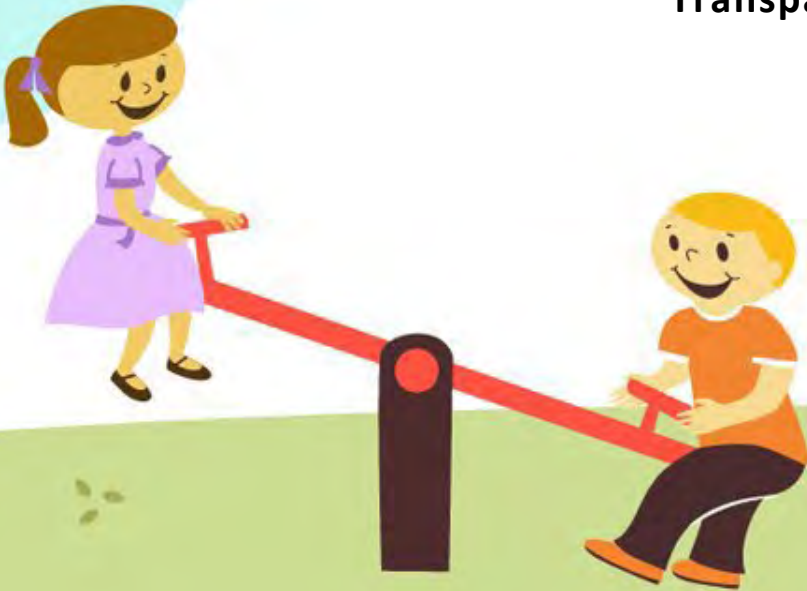
VISION: Healthy People in Healthy Communities.

MISSION: To promote health and improve quality of life by:

- Preventing disease, injury, and disability; and
- Protecting against, and responding to, health threats and disasters.

VALUES: Diversity, Respect, Collaboration, Responsiveness, Transparency

We tend to focus on activities related to Maternal, Child, and Family Health Services, our Branch within the Department of Public Health Services.



Provide a highlight or key issue from the sector that is relevant to CYF Council participants.

- **Plan for the sunset of the Child Health and Disability Prevention (CHDP) Program, effective July 1, 2024 → there will still be a standalone Health Care Program for Children in Foster Care.**
- **Also working on the transition of the Comprehensive Perinatal Services Program (CPSP) to Medi-Cal Managed Care.**
- **Determining other challenges and opportunities as Medi-Cal Transformation/SDAIM progresses (e.g., focusing on overarching areas within DHCS's Comprehensive Quality Strategy—children's preventive care, maternity care and birth equity, and behavioral health integration).**
- **Expand Black Infant Health and California Home Visiting Program programmatic areas, as well as other "birth equity" initiatives (e.g., continuation of the Perinatal Equity Initiative, with particular focus areas on fatherhood and implicit bias training).**
- **Continue our Local Oral Health Program efforts to ensure that children are given every opportunity to grow and learn optimally.**

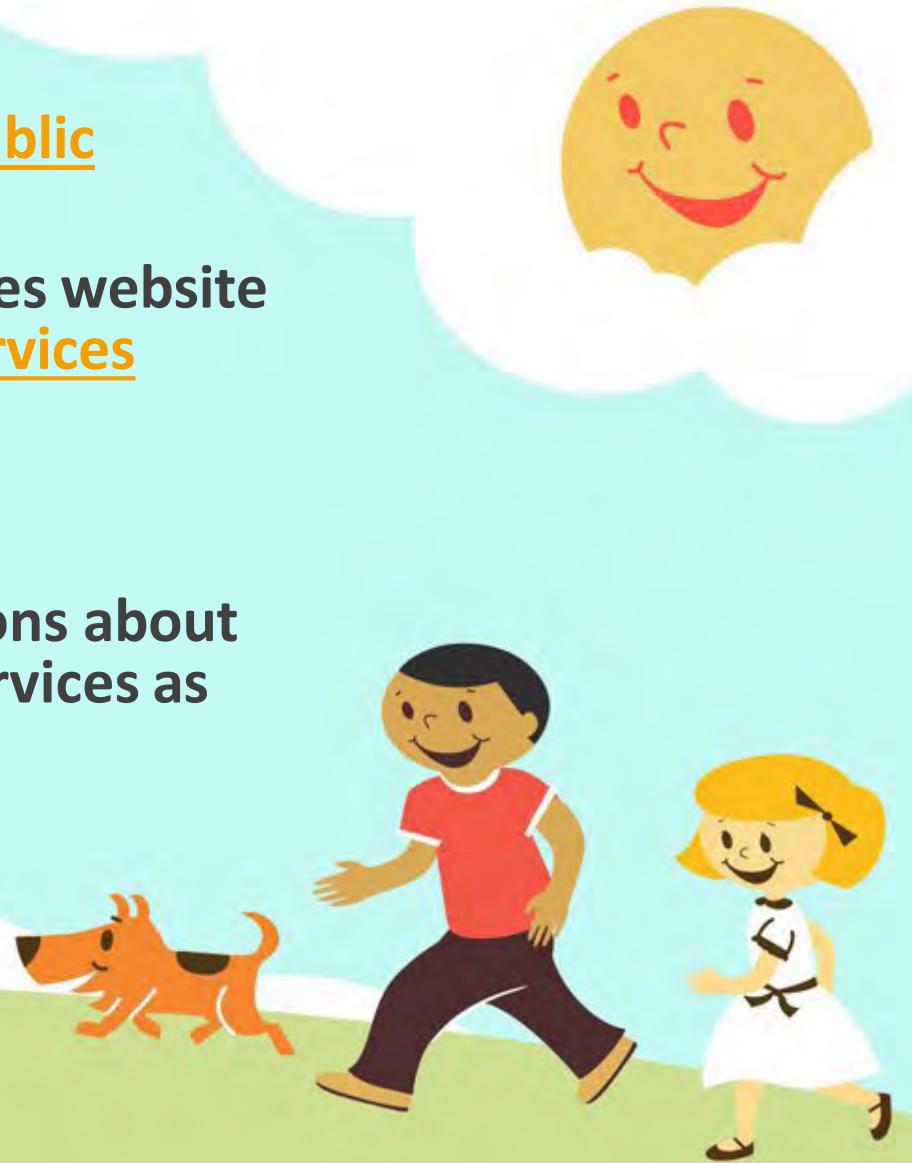


Provide a highlight or key issue from the sector that is relevant to CYF Council participants.

- **Complete a needs assessment done every 5 years for our core Maternal, Child, and Adolescent Health (MCAH) activities funded by Title V from HRSA → 5 Domains: Women/Maternal Health; Perinatal/Infant Health; Child Health; Children and Youth with Special Health Care Needs (CYSHCNs); and Adolescent.**
 - **In conjunction with this assessment, implement a specific comprehensive assessment of the current system for children and youth with special health care needs, with priority needs identified to make systems of care easier to navigate for CYSHCNs and their families, and increase engagement and build resilience among CYSHCNs and their families.**
- **Partner with CDPH on a new initiative focused on primary prevention and life course approaches to improve maternal, child, and adolescent mental health.**
- **Continue implementation of the Tobacco Retail License program in the unincorporated area to prevent youth from purchasing tobacco products → just received our 3rd CA Department of Justice grant to help with enforcement.**



- The Public Health Services website is located at [Public Health Services \(sandiegocounty.gov\)](https://www.sandiegocounty.gov/public-health-services).
- And the Maternal, Child, and Family Health Services website is located at [Maternal, Child and Family Health Services \(sandiegocounty.gov\)](https://www.sandiegocounty.gov/maternal-child-and-family-health-services).
- And, of course, please reach out to me, thomas.coleman@sdcounty.ca.gov, or Rhonda, rhonda.freeman@sdcounty.ca.gov, for any questions about our Branch or the Department of Public Health Services as well.



Children, Youth & Families Council Fiscal Year 2024-25 Mid-Year Highlights

Healthcare (Pediatrics)

Pradeep Gidwani, MD, MPH, FAAP

American Academy of Pediatrics, California Chapter 3 (AAP-CA3)

February 10, 2025 CYF Council Meeting



Overview

Pediatricians support the health and wellbeing of children and have increasingly been addressing chronic health and mental health issues.

Pediatricians are on the frontline of our Mental Health crisis and families often go to their pediatricians first.

They are trusted and care deeply about their families.

Locally, we have an active Chapter of the American Academy of Pediatrics, California Chapter 3 (AAP-CA3)

Highlight/Key issue

- AAP-CA3 has a Developmental and Behavioral Pediatrics committee that meets quarterly.
- AAP-CA3 is working to bring our community together to address the behavioral health needs of children and families through the Strategic Behavioral Health Initiative (SBHI), which is funded by 3 local philanthropies.
- AAP-CA3 is working with partners to provide continuing education.
- AAP-CA3 is working with partners to help address the behavioral workforce shortage.

Call to Action

Outline a call to action.

What can council participants do to help advance the mission of the group?

We want your input on to address our children and families' behavioral health needs.

Thank You

Point of Contact: Pradeep Gidwani
E-mail address: pgidwani@aapca3.org

**Children, Youth & Families Council
Fiscal Year 2024-25
Mid-Year Highlights**

**Community Advocacy Program
NAMI San Diego**

Presenter: Mina Arthman



Community Advocacy Program

The Community Advocacy Program at NAMI San Diego focuses on teaching people how to be active advocates for change, connecting peer professionals with one another, and providing direct mental health information to consumers.

- Community Advocacy Trainings!
- San Diego Peer Council!
- Family Sector Meeting!
- Mental Health Resource Apps!
- May Children, Youth, & Families Mental Health & Well-Being Celebration!

Community Advocacy Trainings!

These trainings are open to those new to advocacy and those who have been amplifying voices for years!

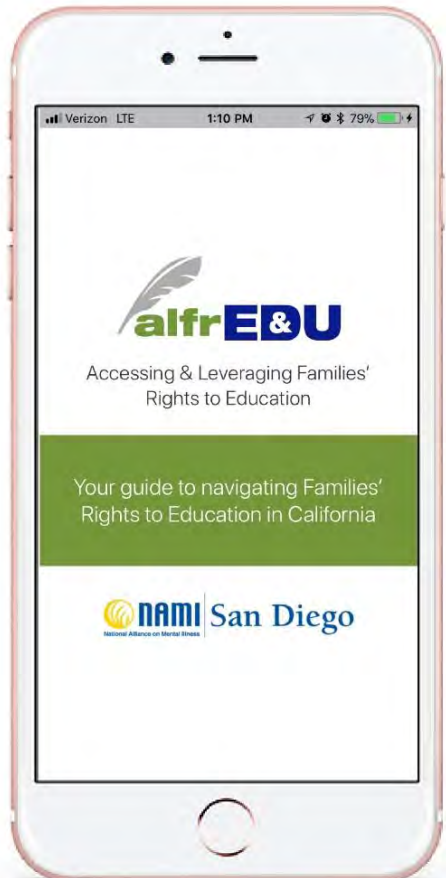
Virtual on Zoom!

- Telling Your Story!
- Reimagining Crisis Response!
- All About Policymaking!

Scan QR code or click the link in chat to join our interest list! →



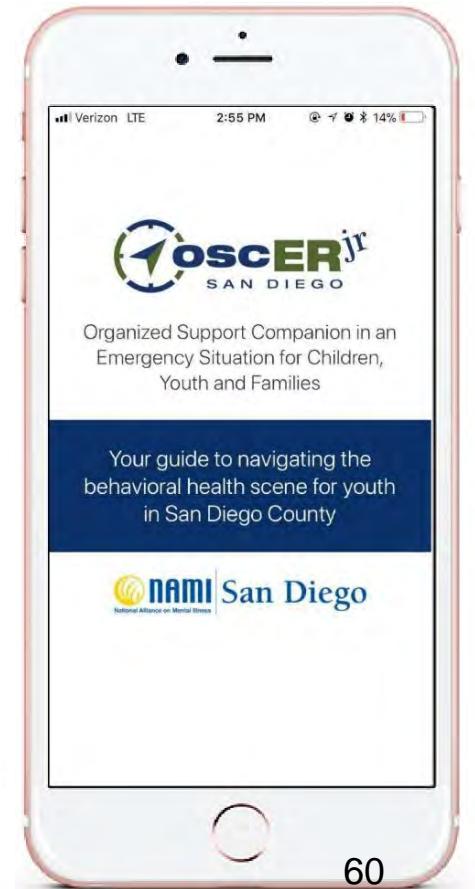
Children, Youth, & Families Resource Apps!



Free mobile apps!

Available in English,
Spanish, Arabic,
Farsi, Tagalog, and
Vietnamese!

app.oscerjr.org
app.alfredu.org



2025 CYF May Mental Health & Well-Being Celebration!

**Saturday
May 10, 2025
2:00 to 6:00 PM
Grossmont Center Mall**

Email: MinaArthman@namisd.org



Ways to Get Involved With Us!

- Take our Community Advocacy Trainings!
- Present at our Peer Council!
- Present at our Community Advocacy Town Halls!
- Schedule a NAMI SD Apps Training!
- Host a resource fair table at our CYF May Mental Health & Well-Being Celebration!

Email: **MinaArthman@namisd.org**

Thank You!



Point of Contact: **Mina Arthman**

E-mail address: **MinaArthman@namisd.org**

Meeting: **Family Sector Meeting!**

When: **Third Thursday of Each Month 2:30 to 3:30 PM**

Zoom Link: **Posted in the chat!**

<https://us02web.zoom.us/meeting/register/tZwtd-CtrzMoeEtCXOpoZrV2nM7TpLxEqRb7g>



First 5 Commission of San Diego

Submitted by Alicia Castro

First 5 San Diego is a part of the Child and Family Well Being Department Office of Child and Family Strengthening. The ultimate goal of First 5 San Diego's work is that all children ages 0 through 5 are healthy, are loved and nurtured, and enter school as active learners. First 5 San Diego aims to strengthen the relationships essential for the healthy development of young children. These relationships are embedded in health, learning, family and community settings or environments.

July through December 2024 Highlights

- First 5 San Diego is in the last fiscal year of the 2020-2025 Strategic Plan. The Strategic Plan for FY 2025 -2030 is approved and can be found on the [First 5 San Diego website](#).
- First 5 Annual Report for FY23-24 is published and available on our [website](#).
- Due to declining Prop 10 (Tobacco Tax) funds First 5 is preparing for a budget reduction of \$13.5 million in annual funding. As a result, funding for programs is decreasing significantly.
- First 5 San Diego Learn Well Initiative is preparing to adjust scope of work given decline in funding and is determining how to continue best serving childcare providers.
- First 5 Healthy Development Services (HDS) program is exploring sustainability with Medi-Cal billing.
- First 5 First Steps program continues to work with Child and Family Well-Being (CFWB) department to help implement the pilot for claiming future Family First Prevention Services Act (FFPSA) funding.
- First 5 KidSTART program has brought back their KidSTART Advisory Board with the objective of sharing the current program, discuss existing gaps and how to achieve their vision for a sustainable and innovative future.

Children, Youth & Families Council Fiscal Year 2024-25 Mid-Year Highlights

Public Safety Group: Probation

Yovana Cortez

February 10, 2025 CYF Council Meeting



PSG Overview

Public Safety Group:

- Animal Services
- Medical Examiner
- Department of Child Support Services
- Probation
- District Attorney
- Public Defender
- Emergency Medical Services (EMS)
- San Diego County Fire
- Office of Emergency Services
- Sheriff

Public Meetings:

- San Diego Regional Human Trafficking Commercial Sexual Exploitation of Children Advisory Council
- Enhancing Human Trafficking Prevention and Service Coordination Project
- Juvenile Justice Coordinating Council
- Alternatives to Incarceration Project
- Proposition 47 Grant Program Local Advisory Committee
- Gun Violence Reduction Project

Highlight/Key issue

Family Engagement



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graph TD; A[Family Engagement] --> B[System Improvement Plan]; B --> C[Ending Girls Incarceration]; C --> D[CalAIM]; D --> E[Youth Development Academy]
```

System Improvement Plan

Ending Girls Incarceration

CalAIM

Youth Development Academy



Programs and Engagement





Looking Ahead 2025

Areas of Focus

- Less Restrictive Program (LRP) for Youth Development Academy (YDA) Youth
- Ending Girls Incarceration (EGI) Initiative
- System Improvement Plan Outcomes
- Cal AIM
- Mobile Supervision Program

Call to Action

Outline a call to action.

What can council participants do to help advance the mission of the group?

PUBLIC MEETINGS

[Public Safety Group \(sandiegocounty.gov\)](https://www.sandiegocounty.gov/public-safety-group)

Thank You

Point of Contact: Yovana Cortez

E-mail address: Yovana.Cortez@sdcounty.ca.gov

Children, Youth & Families Council

Fiscal Year 2024-25

Mid-Year Highlights

Ad-Hoc Education Subcommittee

Heather Nemour



Brief Overview of Education Subcommittee

The purpose of the Education Committee is to **build and/or enhance relationships between mental health providers and education** resulting in resource development, needs identification, relationship building, and partnerships with stakeholders in efforts **that promote youth mental health, positive school climates, and trauma informed delivery of school-based services/activities.**

CYF Education Representation

Suicide Prevention Council K-12
Education Subcommittee

-Human Trafficking Advisory Council
and Education Subcommittee

-Teen Dating Violence Committee

**CYF Ad-Hoc
Education
Subcommittee**

Mental Health in Schools
Collaborative

-Creating Opportunities for
Preventing & Eliminating Suicide

- CYBHI School-Linked Partnership &
Capacity Initiative

Key Education Mid-Year Updates

July – December 2024

- Update on the Creating Opportunities for Preventing & Eliminating Suicide (COPES)
- Update on CYBHI School-Linked Partnership & Capacity Grant & CYBHI Multi-Payer Fee Schedule

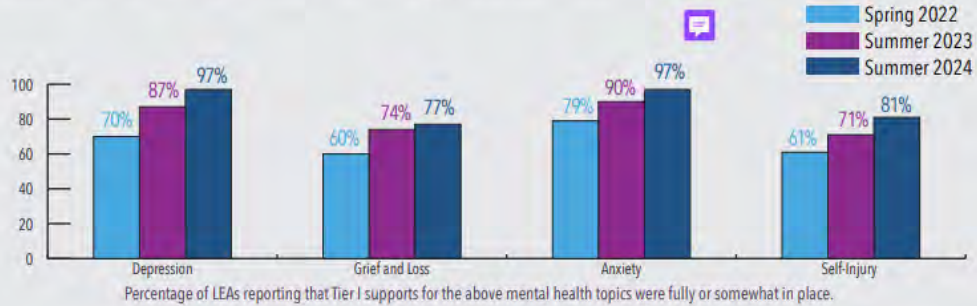
Update on the COPES Initiative

- ▶ Mental Health Student Services Act (MHSSA)
- ▶ The San Diego County Behavioral Health Department and San Diego County Office of Education were awarded a four-year \$7 million grant from January 2022 to December 2026
- ▶ SDCOE is the lead in partnership with 31 LEAs to build their capacity to become suicide prevention subject matter experts and mental health champions

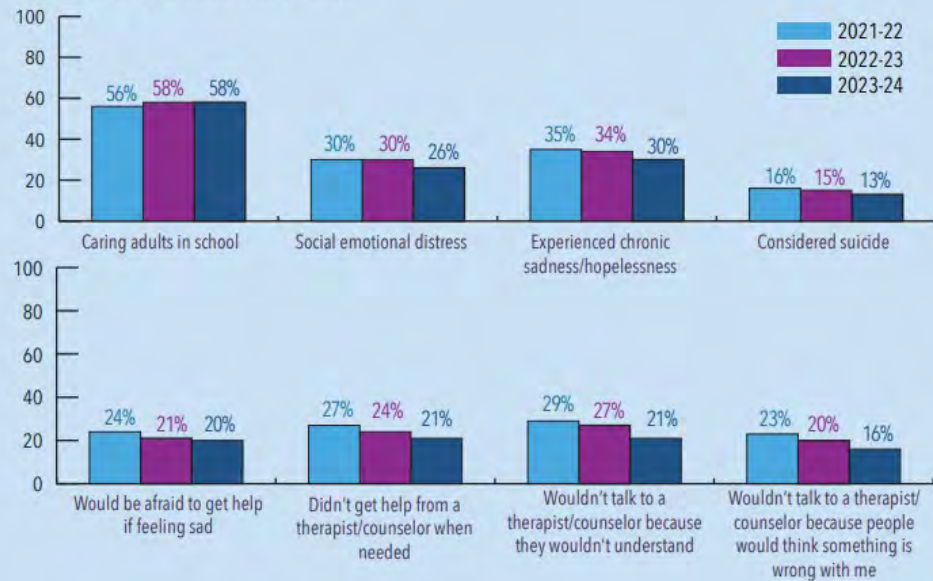
Moving the Needle: California Healthy Kids Survey (CHKS)

Improving Tier 1 Mental Health Supports & Resources

COPES LEAs have increased Tier 1 mental health supports for the most common challenges faced by youth.



Secondary School Indicators



School-Linked Partnership & Capacity Grant and the School-Linked Multi-Payer Fee Schedule

CYBHI School-Linked Partnership & Capacity Grant

- ▶ One-time funding provided to County Office of Educations to LEAs in building their operational readiness to participate in the CYBHI Multi-Payer Fee Schedule
- ▶ 93 out of 172 LEAs are participating
- ▶ Grant funds will be used to build LEAs 5 categories of readiness:
 - ❑ Medi-Cal Enrollment
 - ❑ Service Delivery Infrastructure and Capacity Building
 - ❑ Data Collection & Documentation
 - ❑ Billing Infrastructure
 - ❑ Collective Impact

CYBHI Multi-Payer Fee Schedule

- ▶ A new funding source for schools to reimburse for covered services including Medi-Cal Managed Care Commercial & Disability Insurer
- ▶ There are 16 LEAs that are a part of cohort 1, 2 or 3
- ▶ LEAs can apply to be in a cohort every 6 months
- ▶ Multi-payer fee schedule includes:
 - ✓ Psychoeducation
 - ✓ Screening and assessments
 - ✓ Therapy
 - ✓ Care coordination

Contact Information

Heather Nemour

Coordinator, Student Wellness & School Culture

heather.nemour@sdcoe.net



Creating Opportunities in Preventing and Eliminating Suicide (COPES)

Year Three Highlights July 2023 - June 2024

COPES is a four-year capacity-building initiative led by the San Diego County Office of Education's (SDCOE) Student Wellness and School Culture Department in partnership with County of San Diego Behavioral Health Services and 31 local education agencies (LEAs), funded by the State of California Mental Health Student Services Act (2021-2026).

**Participating LEAs
represent over
440
schools
and over
290,000
students**



Districts

- Bonsall
- Chula Vista Elementary
- Fallbrook Elementary
- SDCOE Juvenile Court and Community Schools
- Lakeside
- La Mesa-Spring Valley
- Lemon Grove
- Mountain Empire
- National City
- Poway
- San Marcos
- San Diego Unified
- Santee
- Spencer Valley
- Sweetwater

Charters

- Altus Schools (Audeo)*
- City Heights Preparatory
- Compass
- Empower
- Feaster
- Helix
- High Tech High*
- Learning Choice Academy*
- Motivated Youth Academy
- Mueller-Bayfront
- San Diego Global Vision Academy
- San Diego Virtual School
- Scholarship Prep Oceanside
- School for Entrepreneurship and Technology
- SIA Tech*
- Urban Discovery

Training and Technical Assistance

SDCOE provided **27 trainings** to increase mental health literacy to:

1,205

COPES school/district staff

&

894

Parents/caregivers



Through capacity building efforts
COPES LEAs provided:

385

mental health and suicide prevention
trainings and events in their school
communities that engaged over...



33,300

Students

9,100

Staff

900

Parents/caregivers

Peer Programming

Four distinct suicide prevention
and mental health peer programs
were implemented in:

134

K-12 schools in

24

districts and charters



SOURCES
OF STRENGTH



NAMI ON CAMPUS
National Alliance on Mental Illness



bring change to mind
let's talk mental health

"I love how BC2M has introduced me to so many new resources I can use for my own mental health, and has taught me how to help others who may be struggling with their mental health."
- 11th grade student

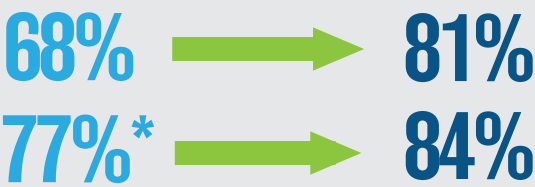
Improving Mental Wellness

COPES LEAs conduct an annual needs assessment to evaluate their strengths and challenges in promoting mental wellness. Improvements were reported in several cases over time.

Strategies to Reduce Mental Health Stigma

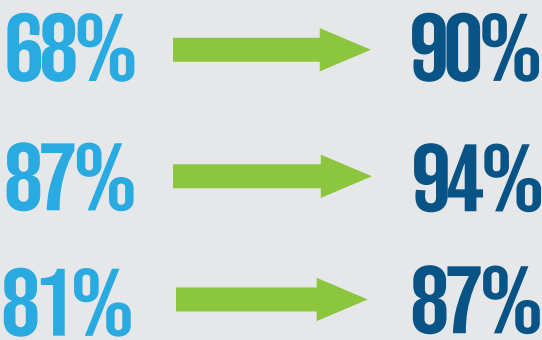
- Staff are knowledgeable about youth mental health challenges
- District/school leadership models and normalizes conversations on mental health

Spring 2022 Summer 2024



Percent who responded "Mostly" or "Definitely"
*Data represents Spring 2023, when this question was first asked

- Positive mental health messages and resources offered on campus
- Encourage students to talk openly about mental health
- Use of positive language when talking about mental health

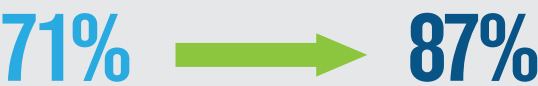


Percent who responded that they used this strategy

Mental Health Resources

- District/school's website has current resources and information on mental health and wellness

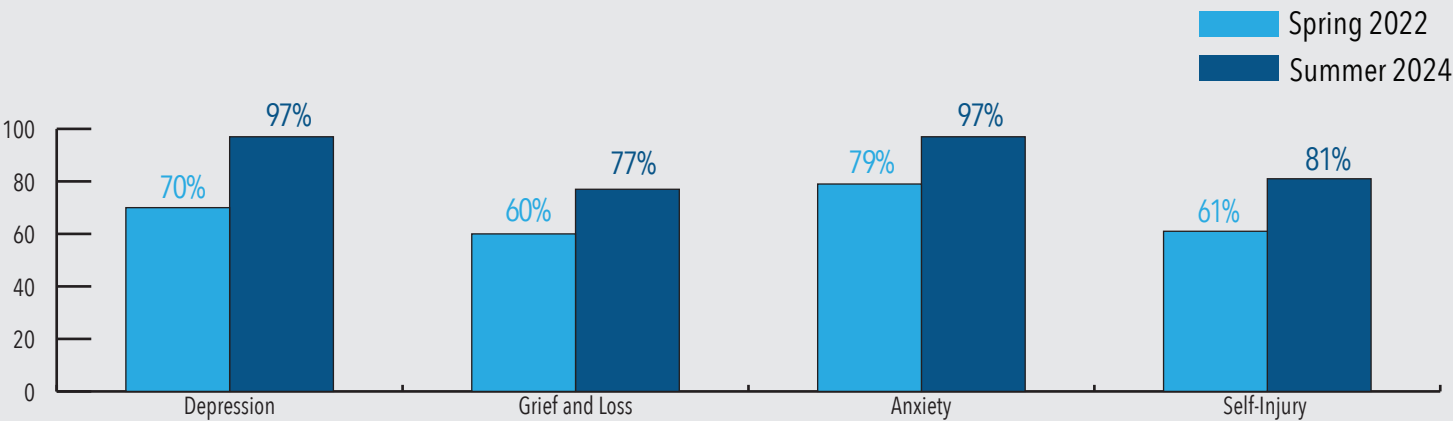
Spring 2022 Summer 2024



Percent who responded "yes"

Improving Tier 1 Mental Health Supports & Resources

COPES LEAs have increased Tier 1 mental health supports for the most common challenges faced by youth.



Percentage of LEAs reporting that Tier I supports for the above mental health topics were fully or somewhat in place.

Suicide Prevention and Intervention

COPES LEAs have continued to expand suicide prevention policies and practices.

97%

of COPES LEAs are using tools and resources from the [Policy to Practice: Suicide Intervention Toolkit](#)

"No matter the level of risk, the student received the appropriate level of support."

- COPES LEA School Counselor

"It has helped us... have the guided, step-by-step direction needed to help support the student, teachers, and families."

- COPES LEA School Psychologist

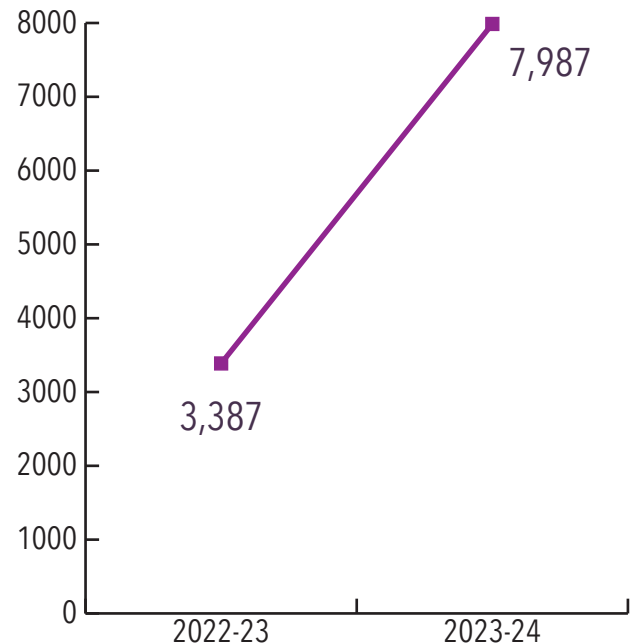
"This is my first year as a school counselor, so having these resources was crucial when I was in high-risk situations for the first time."

- COPES LEA School Counselor

"It's nice to have a system that is standardized."

- COPES LEA Social Worker

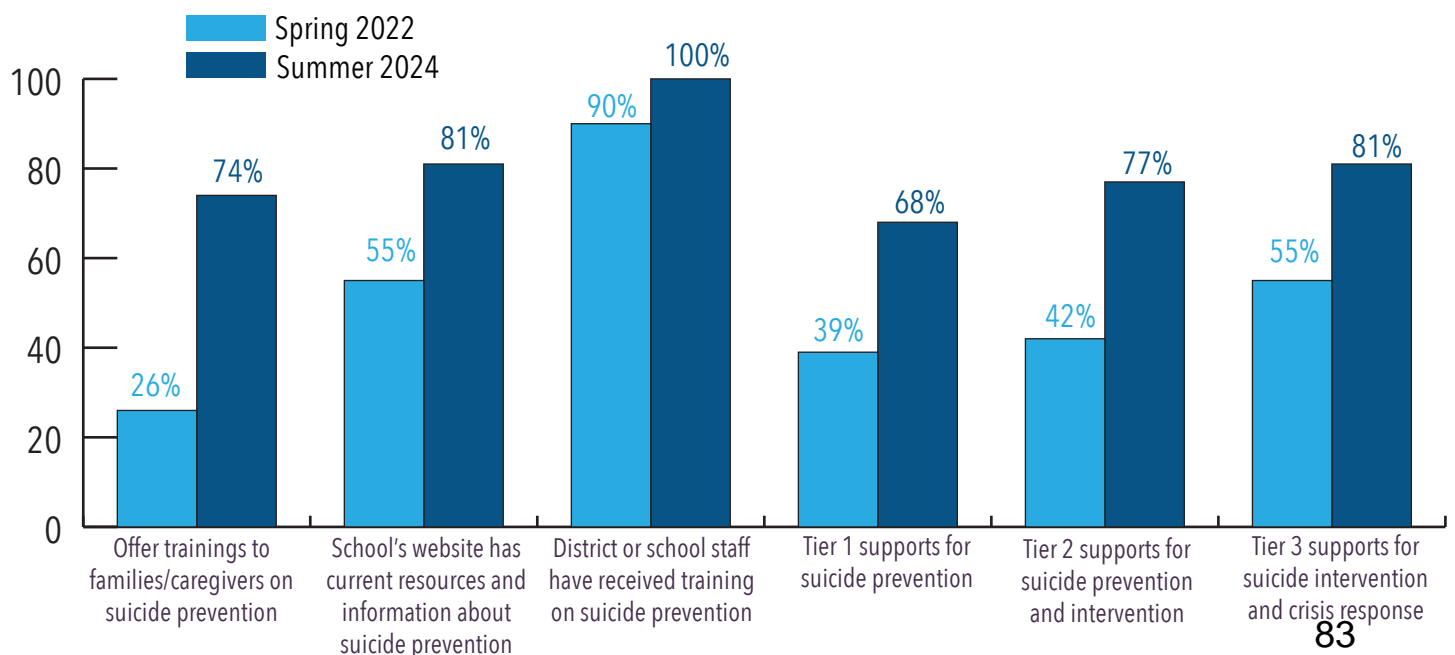
Cumulative Suicide Risk Screenings Conducted by COPES LEAs from July 2022 to June 2024



100%

of COPES districts and charters use an evidence-based suicide risk screening tool and have staff trained on suicide intervention

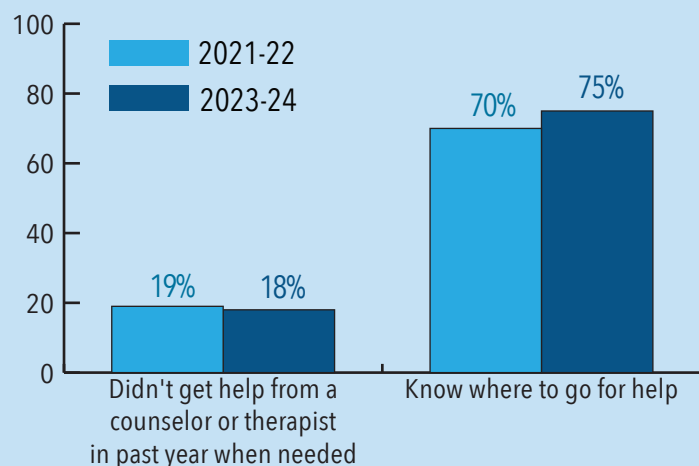
Suicide Prevention Awareness and Interventions



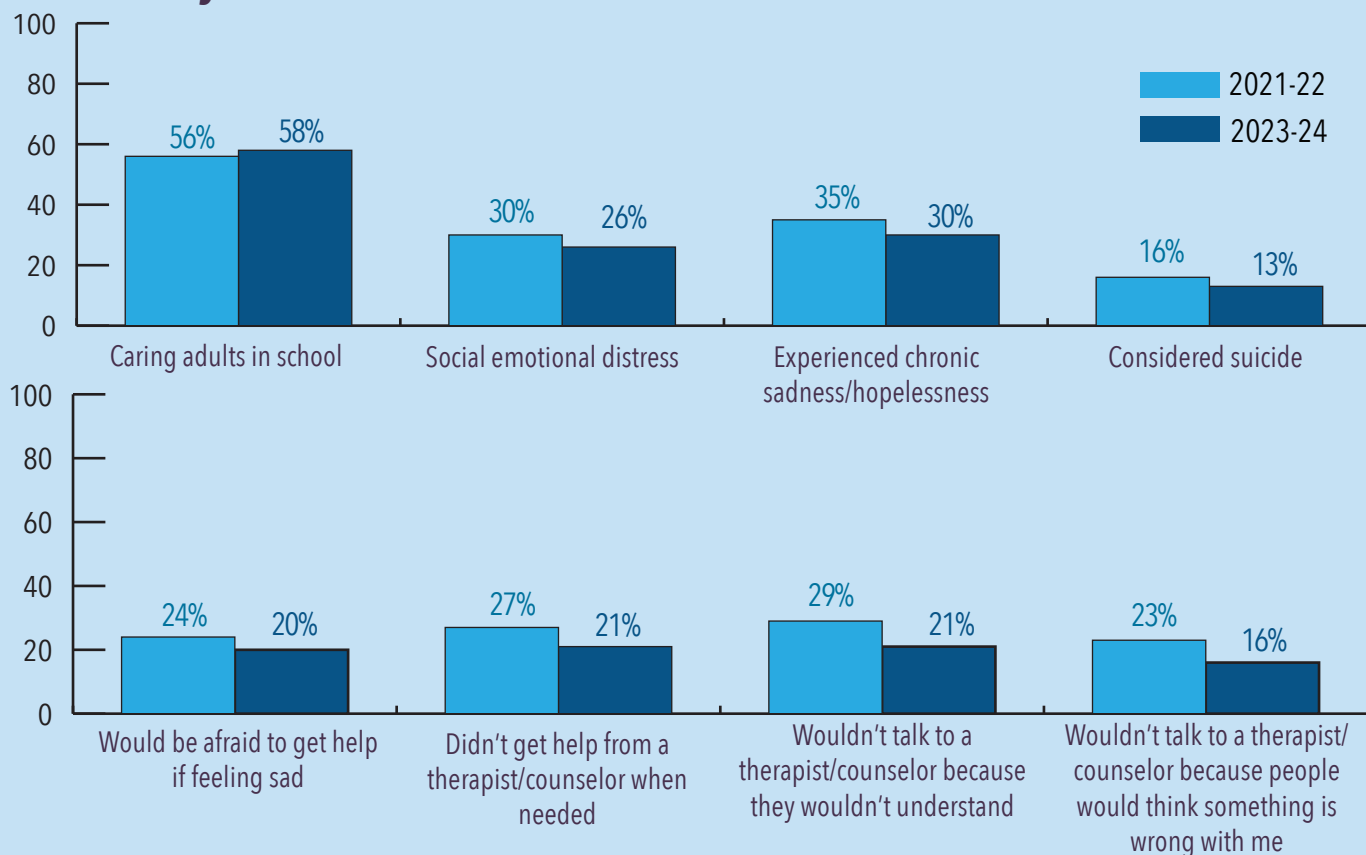
Student Mental Health

The SDCOE COPES team tracks specific **school climate** and **student mental health** indicators from the annual California Healthy Kids Survey¹ based on research demonstrating a negative association between student perceptions of school climate and suicide ideation.² Select areas of improvement from the 2021-22 to the 2023-24 academic years are highlighted below.

Elementary School Indicators



Secondary School Indicators



Note: Elementary school sample includes 5th grade students from elementary schools participating in COPES that administered the CHKS survey for 2021-22 and/or 2023-24. Sample sizes ranged from 4,712 - 8,963 students for each indicator. Secondary school sample includes 7th, 9th, and 11th grade students from secondary schools participating in COPES that administered the CHKS survey for 2021-22 and/or 2023-24. Sample sizes ranged from 21,590 - 41,221 students for each indicator.

¹California Healthy Kids Survey (CHKS). <https://calschls.org/>.

²Benbenishty R, Astor RA, Roziner I. A School-Based Multilevel Study of Adolescent Suicide Ideation in California High Schools. J Pediatr. 2018 May;196:251-257.

This report was produced by SDCOE in partnership with the School Health Evaluation and Research Team from the University of California, San Francisco (UCSF). <https://schoolhealthresearch.ucsf.edu>.

Outcomes Committee

Submitted by Emily Velazquez Trask and Eileen Quinn-O'Malley

GROUP THERAPY PIP SUMMARY

- The 2024 Behavioral Health Services for Children and Youth (BHS-CY) clinical Performance Improvement Project (PIP) focused on increasing the use of group therapy among outpatient BHS-CY clients. The PIP aimed to build awareness about the efficacy of group therapy that would lead to increased access and utilization among BHS-CY outpatient clients experiencing anxiety, depression, and social skills challenges.

GROUP THERAPY PIP WORKGROUP

- The Child and Adolescent Services Research Center (CASRC) team worked with BHS-CY representatives and program managers from three San Diego County youth outpatient programs to form a Group Therapy PIP Workgroup. The PIP Workgroup members collaborated to develop a toolkit on group therapy for parents and caregivers, and informational flyers about group therapy for youth.
- The workgroup developed a distribution process for each program to distribute the psychoeducational material in both English and Spanish among program participants.

GROUP THERAPY PIP INTERVENTION AND EVALUATION

- The impact of the Group Therapy toolkit and flyers was evaluated using the Youth Services Survey (YSS). The Spring 2023 YSS (baseline) included several survey items appraising how parents/caregivers and youth viewed group therapy and asked about their preferences regarding different therapeutic modalities. These YSS group therapy measures were then replicated in the Spring 2024 YSS administration to test for changes in youth and parents/caregivers' perceptions of group therapy following the distribution of the psychoeducational material provided through the toolkit and flyers.

July through December 2024 Highlights

Youth Services Survey (YSS) FINDINGS

- Findings suggested that most caregivers and youth did not want group therapy instead of individual therapy. Among caregivers, the majority were open to group therapy *in addition to* individual therapy. The majority of youth were not open to receiving group therapy whether delivered alone or in addition to individual therapy.

Are you open to [receiving/your child receiving] group therapy **instead of** individual therapy?

	2023	2024
Caregiver/Parents	Yes – 44.6%	Yes – 35.6%
Youth	Yes – 31.6%	Yes – 18.5%

2023: Caregiver/Parent, n=1,005; Youth, n=734 | 2024: Caregiver/Parent, n=842; Youth, n=569

Are you open to [receiving/your child receiving] group therapy **in addition to** individual therapy?

	2023	2024
Caregiver/Parents	Yes – 70.4%	Yes – 66.3%
Youth	Yes – 45.5%	Yes – 42.3%

2023: Caregiver/Parent, n=994; Youth, n=730 | 2024: Caregiver/Parent, n=838; Youth, n=568

GROUP THERAPY CHALLENGES

- There is a widely held perception among youth and caregivers/parents that group therapy may not be as effective as individual therapy.
- Program managers and clinicians reported that the utilization of group therapy, particularly school-based groups, is difficult due to a limited number of Medicaid-eligible youth.
- Clinicians have concerns regarding the clinical appropriateness of group therapy. Particularly, using group therapy at the beginning of services.
- Program managers and clinicians reported substantial logistical and administrative challenges in providing group therapy. Staff shortages and a lack of clinicians trained in group modalities were widely reported.
- Program managers reported financial barriers to providing groups (i.e., for groups to be a financially viable treatment modality programs would need to ensure that five or more youth participated).

RECOMMENDATIONS

- More training is needed for program staff concerning the delivery of group therapy modalities. Currently, many clinicians have little experience delivering group therapy and outpatient programs have limited capacity and opportunity to train clinicians in group modalities. More training would allow programs to provide more therapeutic modalities, increase provider morale regarding the use of group therapy, and support broader staff retention efforts.
- Providing group therapy later on in the service delivery process, after clinicians have had the opportunity to make clinical determinations about the appropriateness of groups for youth, is recommended.
- More outreach and psychoeducation are needed for caregivers and youth to learn more about group therapy. The YSS findings suggest that there is a broad preference for individual and family therapy. Additional information and learning opportunities highlighting the efficacy of group therapy may garner more interest in group therapy among caregivers and youth.

Fiscal Year 2024-25 Meeting Information

Meeting Date: First Tuesday of Month

Location/Format: Teams/Virtual

Time: 11:30 am-12:30 pm

Co-Chairs/Leads:

Emily Velazquez Trask

evtrask@health.ucsd.edu

and

Eileen Quinn-O'Malley

eileen.quinn-omalley@sdcounty.ca.gov

Children, Youth & Families Council Fiscal Year 2024-25 Mid-Year Highlights

CADRE CYF Subcommittee

Co-Chairs

Marisa Varond & Julie McPherson



Overview

The purpose of the CADRE CYF committee is to strengthen the Comprehensive, Continuous, Integrated System of Care (CCISC) initiative in its vision to deliver wide-ranging services for children, adolescents, and families. We serve as a forum for service providers to enhance treatment for children and adolescents experiencing or impacted by co-occurring disorders to promote health and resiliency within our youth.

The committee aims to:

- Develop integrated co-occurring training and technical assistance in accordance with the CCISC and Co-occurring Center for Excellence standards
- Support the implementation of evidence-based practices to support effective interventions for youth impacted by co-occurring disorders
- Provide a vital link between systems, consumers, and families
- Increase access to needed behavioral health services
- Promote collaboration and develop meaningful relationships between providers to ensure that youth and their families receive the right services at the right time in the right setting

Highlight/Key issue

Discussions and Presentations This Fiscal Year

July 11, 2024

Reviewed the Dual Diagnosis Capability in Addiction Treatment (DDCAT) and the Dual Diagnosis Capability in Mental Health Treatment (DDCMHT) tools. Discussed purpose and intent of tools.

Discussed Medi-Cal Reform and impacts, benefits and struggles related to services.

October 10, 2024

Dr. Natalie Laub, MD, MSHP, Associate Professor of Pediatrics, UCSD and Director of Clinical Research, Division of Child Abuse Pediatrics/Rady Children's Hospital presented on trends in teen cannabis, effects on the brain and negative impact on mental health.

Call to Action

Outline a call to action.

What can council participants do to help advance the mission of the group?

- Continue dialogue within the sectors to address changes to the system and impacts, both positive and negative, related to CalAIM
- Continue to enhance ease of cross-referrals and access to services for children, youth, and families who are impacted by complex needs
- Maximize on-site SchoolLink behavioral health services as permitted
- Keep providers up to date regarding specialized MAT services for youth in San Diego County
- Engagement and participation in prevention, education and early intervention in SUD groups for youth and caregivers
- Identifying and addressing racial/ethnic and sex/gender disparities as it relates to increased co-occurring disorders and access to treatment

Thank You

Point of Contact: Rhonda Crowder

E-mail address: Rhonda.Crowder@sdcounty.ca.gov

Meeting Dates: Quarterly on the 2nd Thursday of the month (July, October, January, April)

Location/Format: Zoom

Time: 1:30 to 3 p.m.

8 Principles of Comprehensive, Continuous, Integrated System of Care (CCISC)

1. Co-occurring issues and conditions are an expectation, not an exception
2. The foundation of a recovery partnership is an empathetic, hopeful, integrated, strength-based relationship
3. All people with co-occurring conditions are not the same, so different parts of the system have responsibility to provide co-occurring-capable services for different populations
4. When co-occurring issues and conditions are present, each issue or condition is considered to be primary
5. Recovery involves moving through stages of change and phases of recovery for each co-occurring condition or issue
6. Progress occurs through adequately supported, adequately rewarded skill-based learning for each co-occurring condition or issue
7. Recovery plans, interventions, and outcomes must be individualized. Consequently, there is no one correct dual-diagnosis program or interventions for everyone
8. CCISC is designed so that all policies, procedures, practices, programs, and clinicians become welcoming, recovery-oriented, and co-occurring-capable

Infant and Early Childhood Mental Health (IECMH) Committee

Submitted by Jennifer Kennedy and Stephanie Gioia-Beckman

The Infant and Early Childhood Mental Health (IECMH) committee supports the CYF BHS continuum of care through:

1. EDUCATION by providing information to improve system-wide understanding of infant and early childhood mental health and integrating the information throughout the system of care;
2. ADVOCACY by addressing key issues impacting infants and young children and their families; and
3. PROMOTION of SYSTEM CHANGE by increasing the system of care's understanding of services currently available and supporting culturally relevant and trauma informed system improvements. IECMH committee partners with BHS CYFSOCC when considering the unique needs of the 0-5 population and their caregivers when making decisions on programming, policy, and training.

July through December 2024 Highlights

Best Practices in ECMH:

- Continued to provide supportive and collaborative environment for providers and program staff to identify and promote best practices in ECMH and promote their use in San Diego's system of care.
- Developed recommendations informed by clinical expertise for the Behavioral Health Assessment 0 – 5.
 - The working group made up of multiple agencies serving 0 – 5 population finalized the tool, weighing best practices and the system needs and time available to providers. While it is not a required tool for BHS contractors, all agencies involved in the working group committed to using it. It is also a great tool for training those serving the 0 – 5 population and their caregivers.
 - Next steps include sharing with BHS CYFSOC committees and other programs in the County are serving 0 – 5 population that could benefit from this tool/training.
- Presented Zero To Three Infant and ECMH Guiding Principles to IECMH Committee.
 - Began effort to align committee priorities and best practices with ZTT IECMH Guiding Principles and crosswalk priorities with CYF SOC Council Vision, Mission, and Principles and with the National Standards for Culturally and Linguistically Appropriate Services (CLAS) in Health and Health Care.

Advocacy/Funding:

- Asset Mapping: Partnered with AAP-CA3's Strategic Behavioral Health Initiative to identifying gaps and assets in San Diego serving 0 – 5 population and their caregivers/parents.
- Organizational members of IECMH Committee collaborated on a proposal to Perigree Fund for a grant opportunity related to Maternal, Infant, Early Childhood with funding identified to support activities of the IECMH Committee While proposal was not accepted, it provided an opportunity to further define work of the committee.
- Developed key messaging for IECMH priorities to share at CYF SOC Strategic Planning session in June 2024 and at stakeholder meeting facilitated by BHS Communications team held in December 2024.

Partnerships:

- Expanded membership and reengaged organizations to achieve greater representation across 0 – 5 serving agencies and the County to deepen partnerships.

Resources:

- Created draft Reflective Practice/Reflective Supervision resource:
 - During July through December, the Education subcommittee to the IECMH Committee met several times to discuss purpose, audience, and potential content for Reflective Practice resource. Lead author Melanie Morones developed a comprehensive draft document with four primary sections:
 - Cultivating Growth: The Role of Reflective Practice & Reflective Supervision
 - Building Strong Foundations: The Role of Embodied Practice in Reflective Supervision
 - Reflective Practice Supervision: The Supervisor Experience, The Supervisee Experience, and The Client Experience.
 - The Tree of Reflective Practice
 - The IECMH Committee provided initial feedback on draft document and discussed ways to disseminate the resource. Melanie Morones made updates based on Committee discussion. Next steps: Finalize resource and distribution plan; identify additional Reflective Practice resources needed.

Fiscal Year 2024-25 Meeting Information**Meeting Date:**

Second Tuesdays of each month

Location/Format:

Virtual with in-person meetings once quarterly

Time: 10:45 am – 12:00 noon

Co-Chairs/Leads:

Jennifer Kennedy, Stephanie Gioia-Beckman

Other leadership team members:

Natalie Elms, LaTysa Jackson, Lisa Castagnola

Email Address(s):

Stephanie Gioia-Beckman

sgioiabeckman@rchsd.org

Jennifer Kennedy – jkennedy@aapca3.org

Children, Youth & Families Council Fiscal Year 2024-25 Mid-Year Highlights

Medical Care Services, Health & Human Services
County of San Diego

Kelly Motadel, MD, MPH

February 10, 2025



MEDICAL CARE SERVICES (MCS)

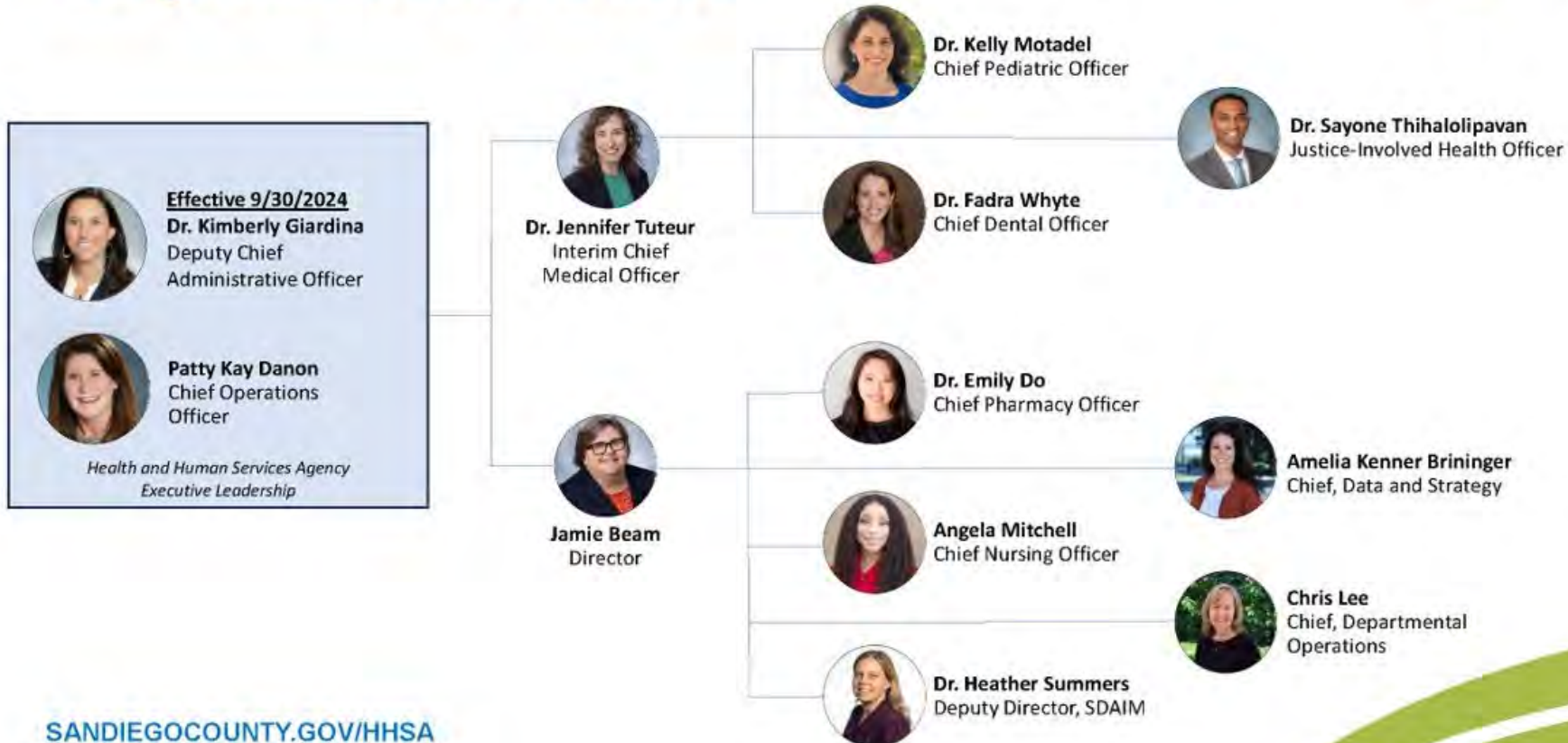
- ❖ MCS strives to ensure San Diego County is home to America's premier local wellness delivery system with an emphasis on quality, equity, sustainability, and transparency.
- ❖ MCS is comprised of the following:
 - Nursing
 - Pharmacy
 - Justice-Involved Health
 - Pediatric Health
 - Oral Health
 - Outreach and Education
 - SDAIM
 - Administration



MCS MANAGERS ADVANCE – MAY 2024

Overview

Medical Care Services Organizational Chart



[SANDIEGOCOUNTY.GOV/HHSA](https://sandiegocounty.gov/hhsa)

Highlight/Key issue

Medi-Cal Transformation Initiatives



Highlight/Key issue

SDAIM Roadmap

- To implement the Medi-Cal Transformation Initiative, the Agency formed the SDAIM Unit
- The roles of SDAIM are to:
 - **Facilitate** countywide response to service delivery issues;
 - **Promote** streamlined and standardized processes;
 - **Cultivate** collaborative partnerships;
 - **Disseminate** information;
 - **Foster** data sharing and infrastructure;
 - **Elevate** consumer-driven needs; and
 - **Advocate** at the regional, state, and national levels.



Highlight/Key issue

Justice Involved Health

Current areas of focus:

- Supporting Medi-Cal Transformation implementation, including new ECM benefit for justice-involved (JI) individuals as well as efforts with youth/young adults in juvenile detention facilities and behavioral health links
- Supporting Alternatives to Incarceration (ATI), including workplan items MCS or HHSA is lead on such as Transition Clinic Network (TCN) pilots or are closely involved with such as the Re-entry Resource Center

Plans for 2025:

- Report to BOS about ATI efforts including TCN implementation
- Support Medi-Cal Transformation JI efforts
- Launch TCN pilot
- Continue exploring potential ways to assist families and youth with parents who are justice-impacted



Highlight/Key issue

Pediatrics

- Pediatric Healthcare Professionals Telebriefing Presentations
 - Opioid prevention and youth
 - Childhood Obesity Initiative's 5210+ campaign refresh
 - US Surgeon General's Advisory on the Mental Health & Well Being of Parents
 - COVID-19 lockdown's effects on adolescent brain structure
 - All-Cause mortality rates in US youth
 - Pediatric surgical opioid prescribing
 - BrightLife Kids and Soluna – DHCS apps for youth mental health
- Pediatrics Medi-Cal listening sessions
- [Padres PSA "Own your Mindset"](#)
- Participation with SDCOE & HHSA Community Schools Collaboration



Looking ahead in 2025:

- Increasing well child visits in 0–30 month-olds, inclusive of post-partum depression screening and other preventive health measures
- Reducing school absenteeism

Highlight/Key issue

Oral Health Updates

Current Areas of Focus

- Intergenerational collaboration with Chief Dental Officer and Chief Pediatric Officer to address oral health on a family level
- Working closely with our Public Health Service/ Oral Health Program partners to continue to expand access to dental services for school age children



Plans for 2025

- Continuing oral health updates to healthcare workers through the Health Professionals Tele-briefings
- Working with our PHNs and CFWB to link children to dental services
- Continue to provide support and education to schools around oral health
- Collaborating with our MCPs to provide access to operating room services in a timely manner

Websites/resources/meetings that stakeholders can join to learn or become involved with:

- [SmileCalifornia](#): includes “Find a Dentist” and other resources including educational flyers and videos.
- [Dental Care Coordination Referral Form](#) for Medi-Cal members.
- San Diego Oral Health Coalition Children’s Workgroup: Always looking for members who want to join to increase access of dental care for children. Contact krystle.diaz@sdcounty.ca.gov for more information or go to the [San Diego County Oral Health Coalition website](#).

Highlight/Key issue

Office of Nursing Excellence

Looking back at 2024:

- Successfully transitioned from Nurse Family Partnership model to Healthy Families of America (HFA) home visiting model
- Supported Camp Connect in preparation and during camp

Looking ahead in 2025:

- Optimize HFA and participate in an agency-wide business process redesign for home visiting to promote child well-being and prevent abuse and neglect of children in our community through coordinate family-focused interventions and empathic support



Highlight/Key issue

MCS Pharmacy

- MCS provides mobile pharmacy services including vaccinations, blood pressure screenings, naloxone distribution, and health education throughout San Diego County with a special focus on the areas deemed “pharmacy desserts” or locations without access to brick-and-mortar pharmacies.
- Collaborate with other County departments and community stakeholders to increase access and services.
- Our services often utilize the Live Well on Wheels (Live Wow). Their website with our listed services [here](#).



Highlight/Key issue

Other MCS Highlights

GREAT Conversations 2024 Relevant Presentations:

- Trauma Informed Care, January 9, 2024
- Trauma Informed Care February 20, 2024
- Secondary Trauma, March 12, 2024
- Repairing Harm and Rebuilding Trust, June 4, 2024
- Behavioral Health Services for Children and Youth, July 30, 2024
- Maternal and Infant Health Disparities, December 9, 2024



Highlight/Key issue

Other MCS Highlights

Academic Detailing

- Importance of Vaccinations
- Flood resources for families
- TJ River Valley impact on community



Highlight/Key issue

Other MCS Highlights

- Rural Health Discharge Pilot Program (ending CY 2024)
- Drug Disposal Bag Pilot Program (ending CY 2024)
- Street Medicine Reimbursement efforts
- Medi-Cal Ad Hoc Subcommittee



Call to Action

Let us know how we can help you connect with and communicate with healthcare professionals in our community?

Thank You

Point of Contact: Kelly Motadel

E-mail address: Kelly.Motadel@sdcounty.ca.gov

Children, Youth & Families (CYF) Council Fiscal Year 2024-25 Mid-Year Highlights

Behavioral Health Services

Yael Koenig & Edith Mohler

February 10, 2025 CYF Council Meeting



What does BHS do?

BHS supports the behavioral health of all San Diego County residents:



Board of Supervisors



Vacant

District 1



Joel Anderson

District 2 / Chair Pro Tem



Terra Lawson-Remer

District 3 / Vice Chair



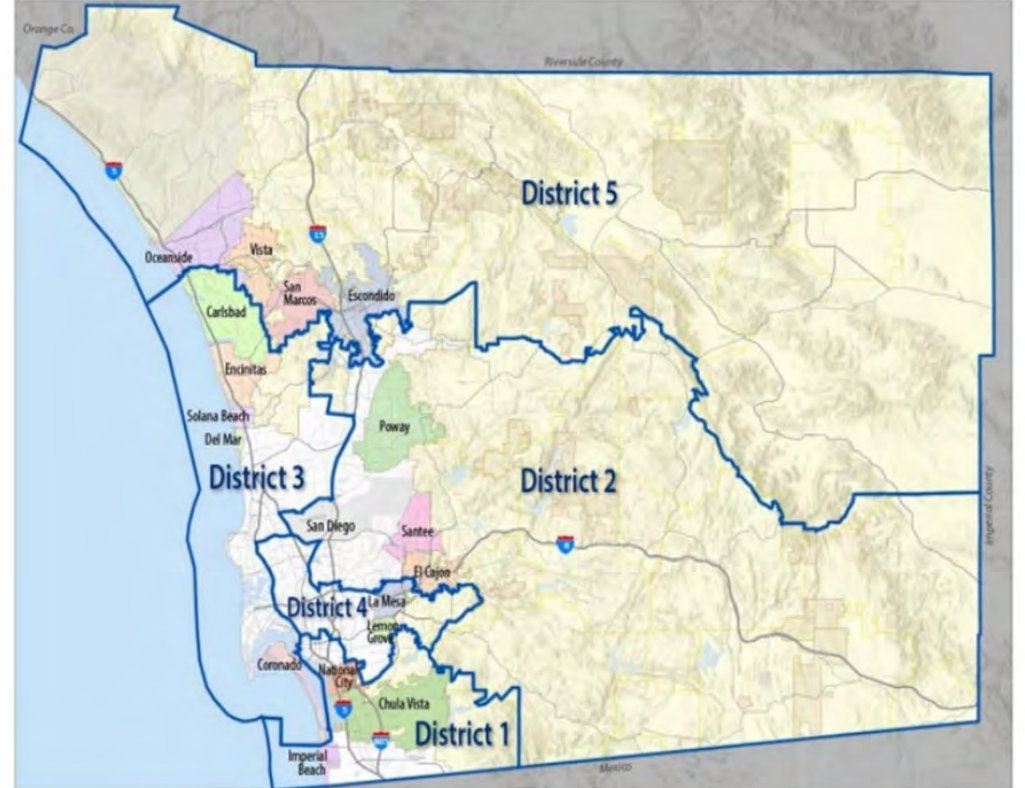
**Monica Montgomery
Steppe**

District 4



Jim Desmond

District 5



Behavioral Health Continuum of Care Optimal Care Pathways (OCP) Model for Children & Youth



TERRA LAWSON-REMER
VICE-CHAIR
SUPERVISOR, THIRD DISTRICT
SAN DIEGO COUNTY BOARD OF SUPERVISORS

AGENDA ITEM

DATE: September 24th, 2024

12

TO: Board of Supervisors

SUBJECT
CREATING A CHILDREN, YOUTH, AND TRANSITION AGE YOUTH BEHAVIORAL
HEALTH CONTINUUM FRAMEWORK FOR SAN DIEGO COUNTY (DISTRICTS:
ALL)

Recommendations:

**Create a Children, Youth and Transition Age Youth
Behavioral Health Continuum Framework across the 0-25
age continuum**

Timeline

- 1) Six (6) months: Complete outline with interim strategies to maintain and/or enhance services
- 2) Eighteen (18) months: Final report with recommendations for action and investment contingent with approval of resourcing and funding identified in the six months report

Framework will be based on data analytics and evidence-based research consistent with the **Optical Care Pathways (OCP)** Model created by BHS to quantify the best utilization of services across many categories of mental health and substance use treatment



Behavioral Health Transformation

- [Implements Proposition 1 Ballot Initiative](#)
- Complements and builds on California's other behavioral health initiatives:
 - [California Advancing and Innovating Medi-Cal \(CalAIM\) initiative](#)
 - [California Behavioral Health Community-Based Organization Networks of Equitable Care and Treatment \(BH-CONNECT\) Demonstration proposal](#)
 - [Children and Youth Behavioral Health Initiative \(CYBHI\)](#)
 - [Medi-Cal Mobile Crisis](#)
 - [988 expansion](#)
 - [Behavioral Health Continuum Infrastructure Program \(BHCIP\)](#)

BH-CONNECT

[About BH-CONNECT](#)
[Evidence-Based Practices](#)
[Incentive Program](#)
[Children and Youth Initiatives](#)
[Workforce Initiative](#)
[Resources](#)
[Opt-in to BH-CONNECT](#)
[FAQs](#)
[Contact Us](#)

Behavioral Health Community-Based Organized Networks of Equitable Care and Treatment (BH-CONNECT) Initiative

The BH-CONNECT initiative is designed to increase access to and strengthen the continuum of community-based behavioral health services for Medi-Cal members living with significant behavioral health needs. BH-CONNECT is comprised of a new five-year Medicaid section 1115 demonstration, State Plan Amendments (SPAs) to expand coverage of Evidence-Based Practices (EBPs) available under Medi-Cal, and complementary guidance and policies to strengthen behavioral health services statewide.

Key Sections:

- **About BH-CONNECT:** BH-CONNECT reduces reliance on facility-based care while strengthening community support to improve access and outcomes for individuals with significant behavioral health needs. [Learn more about BH-CONNECT.](#)
- **Opt-in to BH-CONNECT:** BH-CONNECT includes new services and programs available at county option. Learn more and opt-in to BH-CONNECT optional activities.
- **Evidence-Based Practices (EBPs):** BH-CONNECT expands and clarifies Medi-Cal coverage of adult and children and youth focused evidence-based practices. [Discover the evidence-based models and the Centers of Excellence that will offer training and technical assistance and support fidelity implementation for BH-CONNECT and Behavioral Health Transformation.](#)
- **Incentive Program:** BH-CONNECT supports a \$1.9 billion incentive program to reward participating behavioral health plans for demonstrating improvements in access to behavioral health services and outcomes among Medi-Cal members living with significant behavioral health needs. View participation details.
- **Children and Youth Initiatives:** BH-CONNECT strengthens family-based services and supports for children and youth living with significant behavioral health needs. Learn more about the children and youth initiatives.
- **Workforce Initiative:** BH-CONNECT bolsters the state's behavioral health workforce by providing training and resources to enhance service quality. [Explore the workforce initiatives.](#)

[California Behavioral Health Community-Based Organized Networks of Equitable Care and Treatment Waiver](#)

Children and Youth Behavioral Health Initiative



Workforce Training and Capacity

Create a larger, more representative workforce supporting the emotional, mental and behavioral health of California's young people.

[Workforce Training and Capacity – CYBHI](#)

Coverage

Create coverage pathways to access behavioral health services.

[Coverage – CYBHI](#)

[CYBHI](#)

Behavioral Health Ecosystem Infrastructure

Develop and transform the infrastructure supporting the behavioral health of our children, youth and families to ensure there is no wrong door for help.

[Behavioral Health Ecosystem Infrastructure – CYBHI](#)

Public Awareness

Reduce stigma and raise awareness around emotional, mental, and behavioral health using culturally- and linguistically-appropriate campaigns.

[Public Awareness – CYBHI](#)

Children and Youth Behavioral Health Initiative Fee Schedule program

Overview of the CYBHI Fee Schedule program

As part of the Children and Youth Behavioral Health Initiative (CYBHI), the California Department of Health Care Services launched the **CYBHI Fee Schedule program, a first-of-its kind effort to make it easier for students and families to get outpatient mental health and substance use disorder support when, where, and how they need it.** This program creates a sustainable reimbursement pathway for Local Educational Agencies (LEAs) and public institutions of higher education (IHEs) to receive funding for services rendered at a school or school-linked site. The program sets the reimbursement rate for a certain set of outpatient, school-linked services rendered to children and youth who are:

- Under the age of 26,
- Enrolled in public TK-12 schools or institutions of higher education (e.g., California Community Colleges), and
- Covered by Medi-Cal managed care plans, Medi-Cal Fee-for-Service, health care service plans, and disability insurers.

Children, youth, and families will not pay out-of-pocket expenses and there will not be any impact to their existing insurance plan nor deductibles.

Let's work together to improve the behavioral health of children, youth, and families in California by expanding their access to youth-centered, equitable, and prevention-orientated services.

Fee-Schedule
Cohort 4 application
closed on 1.31.24

Cohort 1	Cohort 2	Cohort 3
San Diego Unified School District	Feaster Charter	Chula Vista Elementary School District
Santee School District	Lakeside Union School District	Empower Language Academy
	Lemon Grove School District	Fallbrook Union Elementary School District
	Alpine Union School District	High Tech High
	South Bay Union School District	Ramona City Unified
	Vista Unified School District	San Diego Community College District
	Bonsall Unified School District	
	Julian Union School District	
	La Mesa Spring Valley School District	

Call to Action

Behavioral Health Advisory Board (BHAB)

The Behavioral Health Advisory Board meets the first Thursday of every month from 2:30 – 5:00 p.m. Members of the public can attend meetings in-person or virtually.

- In-person location:** County Administration Center, 1600 Pacific Hwy., San Diego, CA, 92101, Third floor, Room 302.
- Virtual Login:** Meeting login information can be found on the monthly meeting agenda - select the month's agenda on the [Meeting Materials](#) page for more details.
- For questions regarding the Behavioral Health Advisory Board, please contact Maria Molina-Melendez at maria.molina-melendez@sdcounty.ca.gov



Request for Proposal (RFP) for Immigrants and Refugees Advocacy Local Organization (I-R-003) - Published: Jan 24, 2025

Status: Open

Bidder Conference: January 30, 2025

Written Questions Due Date: February 6, 2025

Distribute Questions/Answers: February 13, 2025

Final Application Due Date: March 14, 2025 by 12:00 PM

Notice of Intent to Award: April 24, 2025

The Behavioral Health Services Oversight and Accountability Commission (Commission), formerly the Mental Health Services Oversight and Accountability Commission, is seeking experienced Contractors to work with immigrant and refugee populations. The purpose of the contracts are to support advocacy, training and education, and outreach and engagement for immigrants and refugees to increase knowledge and awareness of behavioral health needs, increase the number of culturally appropriate services and supports, increase access to evidence based practices, and provide opportunities for advocacy at the state and local levels on behalf of immigrant and refugee populations in California.

The Commission released a Request for Proposal (RFP) to award contracts to seven (7) Local Organizations to conduct advocacy, training and education, and outreach and engagement activities on behalf of Immigrant and Refugee populations, as authorized by the Commission at its meeting on November 21, 2024. Each contract awarded will be for \$502,500.

The term of this Contract is upon execution through September 30, 2028. Services are expected to begin on July 1, 2025, and end on June 30, 2028. The additional contract time is to submit all outstanding deliverables (e.g., Final Report) and allow time for processing final payments.

Contract awards will be based on region as follows:

1. Superior Region – 1 contract

Butte	Humboldt	Modoc	Sierra
Colusa	Lake	Nevada	Siskiyou
Del Norte	Lassen	Plumas	Tehama
Glenn	Mendocino	Shasta	Trinity

2. Bay Area Region – 2 contracts

Alameda	Monterey	San Francisco	Santa Cruz
Contra Costa	Napa	San Mateo	Solano
Marin	San Benito	Santa Clara	Sonoma

3. Central Region – 2 contracts

Alpine	Inyo	Mono	Sutter
Amador	King	Placer	Tulare
Calaveras	Madera	Sacramento	Tuolumne
El Dorado	Mariposa	San Joaquin	Yolo
Fresno	Merced	Stanislaus	Yuba

4. Southern/Los Angeles Region – 2 contracts

Imperial	Orange	San Diego	Ventura
Kern	Riverside	San Luis Obispo	
Los Angeles	San Bernardino	Santa Barbara	

Behavioral Health Services
Oversight and Accountability Commission
1812 9th Street
Sacramento, CA 95811
<https://www.bhsoac.ca.gov>

Every 11 minutes,
someone loses their life to suicide.
A mental health crisis
deserves a mental health response.



Local Crisis Hotlines
& Call Centers



Mobile Crisis
Response Teams



Crisis Stabilization
Units & Options

COMMUNITY ADVOCACY TRAINING: REIMAGINING CRISIS RESPONSE

This training covers 988, mobile crisis response teams, PERT, local resources, and more! Virtual on Zoom!

SCAN ME

CLICK THE DATE OR SCAN QR CODE TO SIGN UP!

THURSDAY, FEBRUARY 13
1:00 - 2:30 PM



COUNTY OF SAN DIEGO
HEALTH AND HUMAN
SERVICES AGENCY




LIVE WELL
SAN DIEGO

Community
Advocacy
Program
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NAMI SAN DIEGO & IMPERIAL COUNTIES

NAMI Family-to-Family 2025

NAMI Family-to-Family is a free, 8-session education program for family, friends, and significant others of adults with mental health conditions. NAMI Family-to-Family provides information about anxiety, depressive disorders, schizophrenia, bipolar disorder, and other mental health conditions. Other topics covered include communication, problem-solving, treatment, and recovery.

The course is designed to increase understanding and advocacy skills while helping participants maintain their own well-being. The program is taught by trained family members who have a loved one with a mental health condition. NAMI Family-to-Family is an evidence-based program (EB).

Date	Sign in Link	QRcode
January 4- February 22, Saturdays 10:00 AM- 12:30 PM	https://namisandiego.org/event-registration/?ee=22372	
January 7- January 30, Tuesdays and Thursdays, 6:00 PM- 8:30 PM	https://namisandiego.org/event-registration/?ee=22380	
January 28- February 20, Tuesdays and Thursdays, 10:00 AM- 12:30 PM	https://namisandiego.org/event-registration/?ee=22388	
February 24- April 14, Monday, 6:00 PM- 8:30 PM	https://namisandiego.org/event-registration/?ee=22396	

PARTICIPANT PERSPECTIVES:

"The course gave me hope that it will be okay, that I am not alone, and reduced a lot of shame, guilt, and hopelessness."

"Before I took the course, I felt alone and overwhelmed dealing with my daughter's mental illness. By taking this course, I have met others who are going through the same things I am and have learned about many resources that I never knew existed."



About NAMI

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI San Diego is an affiliate of NAMI California. NAMI San Diego and dedicated volunteer members and leaders work tirelessly to raise awareness and provide essential education, advocacy, and support group programs for people in our community with mental health conditions and their loved ones.

<https://namisandiego.org>

For more information contact us at F2F@NAMI.SD.ORG



San Diego and
Imperial Counties



Funded through San Diego County Behavioral Health Services,
Mental Health Services Act (MHSA)

ALL ABOUT POLICYMAKING!



Join us for our **All About
Policymaking** Training!

This training covers the basics of policymaking, how to reach your policymakers, and more!



SCAN ME

Thursday
FEBRUARY 27
2:00 - 4:00 PM

*Click the date or
scan the QR CODE
to sign up today!*



COUNTY OF SAN DIEGO
HEALTH AND HUMAN
SERVICES AGENCY



LIVE WELL
SAN DIEGO

Community
Advocacy
Program
NAMI SAN DIEGO & IMPERIAL COUNTIES

Birth of Brilliance:

A Legacy of Healing

Virtual Birth of Brilliance Conference:

Thursday, Feb. 27th | 8:30am-5:00pm (PST)



In-person BoB Cultural Fair:

Friday, Feb. 28th | 5:00pm-8:00pm

2863 Historic Decatur Rd, San Diego, CA 92106

www.birthofbrilliance.com



SOUTHERN REGION
**MULTICULTURAL
SYMPOSIUM**

HEALING COMMUNITIES



FREE Admission | Lunch provided

San Diego Village Marina
1936 Quivira Way
San Diego CA 92109

Tues, March 25, 2025
9:45 AM - 3:00 PM



<https://March25MultiCulturalEvent.eventbrite.com>

ponsored by:

10TH ANNUAL

CICAMH

2025

APRIL
25

Critical Issues in Child and Adolescent Mental Health

Critical Solutions for Critical Issues: Reinstilling Hope & Connection in Youth Mental Health

Joan B. Kroc Institute for Peace and Justice, University of San Diego

WHO SHOULD ATTEND:

Mental Health Professionals, Psychologists, Therapists, Social Workers, Counselors, Psychiatrists, Pediatricians, Nurses, Education, Students, Probation Officers, Child Welfare Workers, Case Managers, Advocates and Parents will find this meeting of importance and value in enhancing their effectiveness in serving children in need

Early bird registration ends April 1st

REGISTRATION:

VIRTUAL	Student	Professional
	Early Bird \$50 Regular \$75	Early Bird \$75 Regular \$100
IN PERSON	Student	Professional
	Early Bird \$100 Regular \$125	Early Bird \$125 Regular \$150



REGISTRATION

[APP.CE-GO.COM/CICAMH2025](https://app.ce-go.com/CICAMH2025)



San Diego Academy of
Child & Adolescent Psychiatry



LIVE WELL
SAN DIEGO

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Welcome to Brain XP



Brain **XP** = Brain **eXP**anded

Brain XP is a teen mental health project offering mental health resources and educational materials that are based on **lived-experience**. Brain XP is the center for teen peer support and the virtual home for struggling teens. The future of teen mental health is finally here, and it is so bright. Join us!

INTRODUCING



Brain XP's lived experience based online course walks teens through our 4-step system for overcoming mental health challenges.



scan for
course info



OR visit
stan.store/brainxp
for course info!

Thank you for your ongoing
contributions and participation in the
**Children, Youth and Families
Council**

