



**LIVE WELL**  
SAN DIEGO

**Children, Youth and Families (CYF)**  
**Behavioral Health Services (BHS)**  
**Providers in South Region Schools**

**District 1 Supervisor: Nora Vargas**

**BHS – CYF Primary Contacts in South Region**

Rebecca Raymond, Behavioral Health Program Coordinator

[Rebecca.Raymond@sdcounty.ca.gov](mailto:Rebecca.Raymond@sdcounty.ca.gov)

(619) 584-3011

Yael Koenig, Deputy Director

[Yael.Koenig@sdcounty.ca.gov](mailto:Yael.Koenig@sdcounty.ca.gov)

(619) 563-2773

**Behavioral Health Services Providers in Regional Schools available online at:**

[https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/bhs\\_provider\\_portal.html](https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/bhs_provider_portal.html)

**Behavioral Health Services Providers in Regional Schools and Provider Resource Manual available online at:**

[https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/bhs\\_services.html](https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/bhs_services.html)

## Chula Vista Elementary School District

84 East J Street  
Chula Vista, CA 91910-6199  
(619) 425-9600

| SCHOOLS                                                                                                                                                                                                               | PROVIDER                                                                                                                                                                                                                                                                                    | COUNTY MONITOR                                                                                                                  |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|
| Feaster Charter Elementary<br>Mueller Charter                                                                                                                                                                         | Zugiel Torres, LMFT<br><a href="mailto:ztorres@comresearch.org">ztorres@comresearch.org</a><br><b>Community Research Foundation</b><br><b>Nueva Vista Family Services</b><br>1161 Bay Blvd., Ste. B<br>Chula Vista, CA 91911<br>(619) 585-7686<br>(619) 694-9627 (alternate phone COVID-19) | Wendy Maramba, LMFT<br><a href="mailto:Wendy.Maramba@sdcounty.ca.gov">Wendy.Maramba@sdcounty.ca.gov</a><br>(619) 584-5076       |
| Castle Park Elementary<br>Harborside Elementary<br>Lauderbach Elementary<br>Loma Verde Elementary<br>Montgomery Elementary<br>Otay Elementary<br>Rice Elementary<br>Silver Wing Elementary<br>Vista Square Elementary | Valerie Centeno, LMFT<br><a href="mailto:vcenteno@csbcs.org">vcenteno@csbcs.org</a><br><b>South Bay Community Services</b><br>430 F St.,<br>Chula Vista, CA 91910<br>(619) 420-3620<br>(800) 640-2933 (alternate phone COVID-19)                                                            | Rebecca Raymond, LMFT<br><a href="mailto:Rebecca.Raymond@sdcounty.ca.gov">Rebecca.Raymond@sdcounty.ca.gov</a><br>(619) 584-3011 |
| Loma Verde Elementary<br>Los Altos Elementary<br>Vista Square Elementary                                                                                                                                              | Rachel Murphy-Pittsley, LMFT<br><a href="mailto:rpittsley@csbcs.org">rpittsley@csbcs.org</a><br><b>South Bay Community Services</b><br><b>Prevention and Early Intervention</b><br>430 F St.,<br>Chula Vista, CA 91910<br>(619) 420-3620<br>(619) 869-6650 (alternate phone COVID-19)       | Frank Congine, LPCC<br><a href="mailto:Frank.Congine@sdcounty.ca.gov">Frank.Congine@sdcounty.ca.gov</a><br>(619) 563-2761       |

## National School District

1500 N Avenue  
National City, CA 91950-4827  
(619) 336-7500

| SCHOOLS                                                                                                                                                                                                                                                    | PROVIDER                                                                                                                                                                                                                                                                                    | COUNTY MONITOR                                                                                                            |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|
| Central Elementary<br>El Toyon Elementary<br>Ira Harbison Elementary<br>John Otis Elementary<br>Kimball Elementary<br>Las Palmas Elementary<br>Lincoln Acres Elementary<br>Olivewood Elementary<br>Palmer Way Elementary<br>Rancho de La Nacion Elementary | Zugiel Torres, LMFT<br><a href="mailto:ztorres@comresearch.org">ztorres@comresearch.org</a><br><b>Community Research Foundation</b><br><b>Nueva Vista Family Services</b><br>1161 Bay Blvd., Ste. B<br>Chula Vista, CA 91911<br>(619) 585-7686<br>(619) 694-9627 (alternate phone COVID-19) | Wendy Maramba, LMFT<br><a href="mailto:Wendy.Maramba@sdcounty.ca.gov">Wendy.Maramba@sdcounty.ca.gov</a><br>(619) 584-5076 |
| Olivewood Elementary<br>Rancho de La Nacion Elementary                                                                                                                                                                                                     | Rachel Murphy-Pittsley, LMFT<br><a href="mailto:rpittsley@csbcs.org">rpittsley@csbcs.org</a><br><b>South Bay Community Services</b><br><b>Prevention and Early Intervention</b><br>430 F St.,<br>Chula Vista, CA 91910<br>(619) 420-3620<br>(619) 869-6650 (alternate phone COVID-19)       | Frank Congine, LPCC<br><a href="mailto:Frank.Congine@sdcounty.ca.gov">Frank.Congine@sdcounty.ca.gov</a><br>(619) 563-2761 |

## San Ysidro School District

4350 Otay Mesa Road  
San Ysidro, CA 92173-1685  
(619) 428-4476

| SCHOOLS                                                                                                  | PROVIDER                                                                                                                                                                                                                                                                              | COUNTY MONITOR                                                                                                                  |
|----------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|
| La Mirada Elementary<br>San Ysidro Middle<br>Smythe Elementary<br>Sunset Elementary<br>Willow Elementary | Roberto Suarez, LMFT<br><a href="mailto:rsuarez@syhealth.org">rsuarez@syhealth.org</a><br><b>San Ysidro Health</b><br><b>Youth Enhancement Services</b><br>3025 Beyer Blvd., Ste. E101<br>San Diego, CA 92154<br>(619) 428-5533<br>(619) 636-2489 (alternate phone COVID-19)          | Rebecca Raymond, LMFT<br><a href="mailto:Rebecca.Raymond@sdcounty.ca.gov">Rebecca.Raymond@sdcounty.ca.gov</a><br>(619) 584-3011 |
| La Mirada Elementary                                                                                     | Rachel Murphy-Pittsley, LMFT<br><a href="mailto:rpittsley@csbcs.org">rpittsley@csbcs.org</a><br><b>South Bay Community Services</b><br><b>Prevention and Early Intervention</b><br>430 F St.,<br>Chula Vista, CA 91910<br>(619) 420-3620<br>(619) 869-6650 (alternate phone COVID-19) | Frank Congine, LPCC<br><a href="mailto:Frank.Congine@sdcounty.ca.gov">Frank.Congine@sdcounty.ca.gov</a><br>(619) 563-2761       |

## South Bay Union School District

601 Elm Avenue  
Imperial Beach, CA 91932-2098  
(619) 628-1660

| <b><u>SCHOOLS</u></b>                                                                                                                                                                                                                                                                           | <b><u>PROVIDER</u></b>                                                                                                                                                                                                                                                                | <b><u>COUNTY MONITOR</u></b>                                                                                                    |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|
| Bayside Elementary<br>Berry Elementary<br>Central Elementary<br>Emory Elementary<br>George Nicoloff Elementary<br>Howard Pence Elementary<br>Imperial Beach Elementary<br>Nestor Elementary<br>Oneonta Elementary<br>Sunnyslope Elementary<br>Teofilo Mendoza Elementary<br>Westview Elementary | Valerie Centeno, LMFT<br><a href="mailto:vccenteno@csbcs.org">vccenteno@csbcs.org</a><br><b>South Bay Community Services</b><br>430 F St.,<br>Chula Vista, CA 91910<br>(619) 420-3620<br>(800) 640-2933 (alternate phone COVID-19)                                                    | Rebecca Raymond, LMFT<br><a href="mailto:Rebecca.Raymond@sdcounty.ca.gov">Rebecca.Raymond@sdcounty.ca.gov</a><br>(619) 584-3011 |
| Central Elementary                                                                                                                                                                                                                                                                              | Rachel Murphy-Pittsley, LMFT<br><a href="mailto:rpittsley@csbcs.org">rpittsley@csbcs.org</a><br><b>South Bay Community Services</b><br><b>Prevention and Early Intervention</b><br>430 F St.,<br>Chula Vista, CA 91910<br>(619) 420-3620<br>(619) 869-6650 (alternate phone COVID-19) | Frank Congine, LPCC<br><a href="mailto:Frank.Congine@sdcounty.ca.gov">Frank.Congine@sdcounty.ca.gov</a><br>(619) 563-2761       |

## Sweetwater Union High School District

1130 Fifth Avenue  
Chula Vista, CA 91911  
(619) 691-5500

| SCHOOLS                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | PROVIDER                                                                                                                                                                                                                                                                                                                        | COUNTY MONITOR                                                                                                                           |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Montgomery High<br/>Otay Ranch High *</p> <p>*Blue Shield Grant</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | <p>Carley Hardge, AMFT<br/><a href="mailto:carley.hardge@mcalisterrinc.org">carley.hardge@mcalisterrinc.org</a><br/><b>McAlister Institute</b><br/><b>South Teen Recovery Center</b><br/>629 3<sup>rd</sup> Ave., Ste. C<br/>Chula Vista, CA 91910<br/>(619) 691-1045</p>                                                       | <p>Shannon Jackson, LPCC<br/><a href="mailto:Shannon.Jackson@sdcounty.ca.gov">Shannon.Jackson@sdcounty.ca.gov</a><br/>(619) 563-2720</p> |
| <p>Bonita Vista Middle<br/>Bonita Vista High<br/>Castle Park Middle<br/>Castle Park High *<br/>Chula Vista Middle<br/>Chula Vista High<br/>Eastlake Middle<br/>Eastlake High *<br/>Granger Junior High<br/>Hilltop High<br/>Hilltop Middle<br/>Mar Vista Academy +<br/>Mar Vista High<br/>Montgomery Middle +<br/>Montgomery High<br/>National City Middle<br/>Olympian High<br/>Options Secondary<br/>Otay Ranch High *<br/>Palomar High<br/>Rancho Del Rey Middle<br/>SAILS<br/>San Ysidro High *<br/>Southwest High<br/>Southwest Middle<br/>Sweetwater High</p> <p>* Blue Shield Grant<br/>+ Community Resource Center (CRC)</p> | <p>Liza Bolanos, LMFT<br/><a href="mailto:liza.bolanos@sweetwaterschools.org">liza.bolanos@sweetwaterschools.org</a><br/><b>Sweetwater Union School District</b><br/><b>Mental Health Resource Center</b><br/>1051 Picador Blvd.<br/>Chula Vista, CA 92154<br/>(619) 662-8372<br/>(424) 625-8736 (alternate phone COVID-19)</p> | <p>Rebecca Raymond, LMFT<br/><a href="mailto:Rebecca.Raymond@sdcounty.ca.gov">Rebecca.Raymond@sdcounty.ca.gov</a><br/>(619) 584-3011</p> |

## San Diego County Office of Education

### Momentum Learning

800 National City Blvd.,  
National City, CA 91950  
(619) 470-5200

| SCHOOLS                                                                                               | PROVIDER                                                                                                                                                                                                                                                                                 | COUNTY MONITOR                                                                                                            |
|-------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|
| Second Chance Blended<br>Community<br>South County Blended<br>Community<br>Victoria Blended Community | Alexis Wimer, LMFT<br><a href="mailto:awimer@comresearch.org">awimer@comresearch.org</a><br><b>Community Research Foundation<br/>Mobile Adolescent Service Team</b><br>1260 Morena Blvd., Ste. 200<br>San Diego, CA 92110<br>(619) 398-3261<br>(619) 312-5491 (alternate phone COVID-19) | Wendy Maramba, LMFT<br><a href="mailto:Wendy.Maramba@sdcounty.ca.gov">Wendy.Maramba@sdcounty.ca.gov</a><br>(619) 584-5076 |

In addition to school-based services, the following programs are available to offer outpatient behavioral health treatment to children and youth who prefer to access services in a clinic setting.

#### Community Research Foundation

##### Nueva Vista Family Services

1161 Bay Blvd., Ste. B  
Chula Vista, CA 91911  
(619) 585-7686  
(619) 694-9627 (alternate phone COVID-19)

#### San Diego Youth Services

##### Our Safe Place (LGBTQ)

3427 4<sup>th</sup> Ave.  
San Diego, CA 92103  
(619) 232-8126

#### McAlister Institute

##### South Teen Recovery Center

629 3<sup>rd</sup> Ave., Ste. C  
Chula Vista, CA 91910  
(619) 691-1045

#### San Ysidro Health

##### Youth Enhancement Services

3025 Beyer Blvd., Ste. E101  
San Diego, CA 92154  
(619) 428-5533  
(619) 636-2489 (alternate phone COVID-19)

#### Rady Children's Hospital

##### Outpatient Psychiatry

3665 Kearny Villa Rd., Ste. 101  
San Diego, CA 92123  
(858) 966-5832  
(760) 845-0520 (alternate phone COVID-19)

#### South Bay Community Services

430 F St.,  
Chula Vista, CA 91910  
(619) 420-3620  
(800) 640-2933 (alternate phone COVID-19)

#### San Diego Youth Services

##### I CARE (CSEC)

3600 Fairmont Ave.  
San Diego, CA 92105  
(619) 521-2250

#### Sweetwater Union School District

##### Mental Health Resource Center

1051 Picador Blvd.  
San Diego, CA 92154  
(619) 662-8372  
(424) 625-8736 (alternate phone COVID-19)

For a full listing of Children, Youth and Families services (beyond school based) please refer to:

**Provider Resource Manual available online at:**

[https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/bhs\\_services.html](https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/bhs_services.html)