

CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL

MEETING MINUTES

January 11, 2016 – 9:00-10:30 A.M

3255 Camino Del Rio South- La Jolla Room

+ =Member in Attendance

O =Absent

E =Excused

	CONSTITUENCY	MEMBER	STATUS	ALTERNATE	STATUS
PUBLIC SECTOR					
1	Mental Health Board	Rebecca Hernandez	+	<i>VACANT</i>	
2	Behavioral Health Services	Laura Vleugels, M.D.	+	Jean Avila	+
3	Probation	Timothy Hancock	+	Margie Deleon	O
4	Child Welfare Services	Debra Zanders-Willis	O	Barry Fox	E
5	HHSA Regional Representative	Dori Gilbert	+	Judy Benson	O
6	Public Health	Dr. Dean Sidelinger	+	Rhonda Freeman	+
7	Juvenile Court	H. Judge Carolyn Caietti	O	Michelle Johnson	O
8	First 5 Commission	Kim Gallo	O	Jennifer Wheeler	+
EDUCATION SECTOR					
9	SELPA	Angela McNeece	O	Carolyn Nunes	O
10	Regular Education Pupil Personnel Services	Mara Madrigal-Weiss	E	Don Buchheit	O
11	School Board	Barbara Ryan	E	Carol Skiljan	O
12	Special Education	<i>VACANT</i>		Aidee Angulo	O
PRIVATE SECTOR					
13	San Diego Regional Center for Developmentally Disabled	Carlos Flores	O	Dan Clark	+
14	Alcohol and Drug Contractors Association	Elizabeth Urquhart	O	Angela Rowe	+
15	Mental Health Contractors Association	Steve Jella	O	Delrena Swaggerty	+
16	Mental Health Contractors Association	Barent Mynderse	O	Dixie Galapon	O
17	SANDAN	Margaret Iwanaga-Penrose	O	Rosa Ana Lozada	+
18	Fee for Service Provider	Mary Clark, Ph.D	+	<i>VACANT</i>	
19	Wraparound Constituency	Delrena Swaggerty	+	Carrie Kintz	+
20	Healthcare Provider	Dr. Pradeep Gidwani	+		
FAMILY AND YOUTH SECTOR					
21	Family and Youth Roundtable (FYRT)	Donna Ewing Marto	E	Melinda Furfuro	O
22	Youth Special Education/Mental Health	<i>VACANT</i>		<i>VACANT</i>	
23	Family Receiving Services	Debbie Stolz	+	Pam Toohey	O

24	Youth-Representing Residential and/or Juvenile Justice	Sarah Pauter	E	Stacey Stevens	O
COMMITTEES (Non-voting members unless a member of the Council)					
-	Outcomes Committee	Angela Chen Chair	+		
-	Executive Committee	Barry Fox Chair			
-	Early Childhood Committee	Ali Freedman Chair	+		
-	Education Committee	Mara Madrigal-Weiss Chair			

Staffing Support: Yael Koenig, Edith Mohler, Grisel Ortega

I. Welcome and Introductions (Delrena Swaggerty)

II. Approval of Minutes- December 14, 2015 (Delrena Swaggerty)

- Approved

III. Current Events in the Community:

A. Regional Center- (Dan Clark)

- Regional Center San Bernardino is back in operation after the December, 2015 events. Enhanced security has been established. In San Diego, the regional center was closed temporarily as a safety measure. Security is being re-assessed.
- There is still space for the Working for Individuals with Intellectual and Developmental Disabilities (IDD) and Mental Health Needs training scheduled for Friday, January 15, 2016.
- The SDRC continues to work on the MHSA Psychiatric Navigation project to do research and statistical analysis regarding the in-patient psychiatric hospitalization of person with developmental disabilities and a mental health diagnosis as well as to develop additional supports to enhance the service outcomes for these youth. Anticipated outcomes include reducing the length of hospitalization and the rate of recidivism.

B. Weather impact at County of San Diego facilities (Yael Koenig/Dr.Sidelinger)

- Minimal impact reported at contractors facilities.
- Due to roof damage and flood, the Medical Records office at the Health Services Complex-Rosecrans was moved to the Psychiatric Hospital.
- The Pharmacy at the Health Services Complex Rosecrans was moved to a mobile library outside the building to support outpatient medication dispensing.
- Minor leaks were reported at some other County facilities.

IV. Mental Health Services Act (MHSA)- Update (Gary Ulmer-Goodrich)

- The MHSA October 2015 Forums data compiling process is almost completed. The next step is the writing of the report for the MHSA Plan Annual Update and the HHSA Annual Operational Plan. The team is planning to have a draft document for executives review by February 2, 2016.

V. Business Items

A. Family and Youth As Partners Subcommittee (Yael Koenig)- Handout

- Meeting is scheduled for February 24, 2016 from 10:00 to 11:30 A.M. at 5005 Texas St, Suite 104, San Diego, CA 92108.
- Co-Chair's: Donna Marto and Rebecca Raymond.
- There were some "HotTopics" items identified to the Council that will be moving to the committee.

B. CYFBHS Mental Well-Being Celebration 2016 Ad Hoc Committee (Edith Mohler)- Handout

- First meeting is scheduled for January 27, 2016 from 10:00 to 11:00 A.M. at the Bonita room of the BHS Administration building.
- Volunteers from all sectors are encouraged to participate.

C. Critical Issues in Child and Adolescent Mental Health Conference (Dr.Jeff Rowe)- Handout

- Date: March 12, 2016 from 8:00 A.M.-5:00 P.M.
- Place: 12400 High Bluff Drive, San Diego, CA 92130.

- Topics: LGBTQI issues, Bullying, Eating Disorders, Integrative Medicine, Legal issues involving Pornography and Cyber-bullying, and Child Sex Trafficking.
 - CEUs and CMEs will be included with registration.
 - Cost- \$50.00.
 - Registration opened Friday, January 8, 2016.
- D. Foster Youth Mental Health Bill of Rights- Questions to Ask About Medications (Yael Koenig)- Handout
- California Department of Health Care Services (DHCS) and California Department of Social Services (CDSS) developed a Foster Youth Mental Health Bill of Rights brochure for youth and parents served by behavioral health services with information on questions they can ask their service providers.
 - This brochure will be made available to all service providers to place at their waiting rooms.
 - CORs will be sharing the brochure with CYF Program managers in January 2016.
- E. Behavioral Health Advisory Board (BHAB) Suicide Prevention Workgroup (Yael Koenig)- Handout
- BHAB member, Supervisor Dave Roberts proposed that BHAB established a Suicide Prevention Workgroup (Workgroup).
 - BHAB voted and approved the creation of the Workgroup.
 - The Workgroup developed 12 recommendations of which 10 were approved by the BHAB.
 - BHS and other County partners will conduct a feasibility review and will share recommendations with BHAB.
 - County staff will conduct a feasibility review of the recommendations and share with BHAB.

VI. Committee Update Reports

- A. TAY Workgroup (Mike Miller)
- The past quarter primary priorities areas for the TAY workgroup were housing, employment, and Alcohol and Drug Services.
 - Steve Carroll of San Diego Youth Services, assumed the new role as Co-Chair of the TAY Workgroup as of our January meeting
 - Urban Beats- Handout
 - ✓ This program encourages youth to grow and combat stigma associated with mental illness. It aims to strengthen job skills, improve wellness and enhance self sufficiency by giving youth a safe space to freely express themselves and create art.
 - ✓ Program is available for all TAY youth ages 16-25.
 - ✓ The program focuses on residents of the County Central region.
- B. CSOC Training Academy (Rose Woods)- Handout
- CYFSOC Conference: Let's Talk About Sex: Sex and Sexuality in Children and Adolescents (Rose Woods)- Link: <http://theacademy.sdsu.edu/programs/bheta/cyfsoc/>
 - ✓ Thursday, March 3, 2016 8:00 A.M.-4:30 P.M.
 - ✓ Crowne Plaza Mission Valley, 2270 Hotel Circle North, San Diego, CA 92108
 - ✓ Registration fee: \$75 (Fee Includes: Parking, Continental Breakfast, Lunch, CEs)
 - Principle to Practice Awards- Nominations(Rose Woods) – Link: <https://docs.google.com/a/mail.sdsu.edu/forms/d/1bG00oYB-UXUUUJc-1DbVhk4PSBHtOOSOEly8hIZw6Q/viewform?c=0&w=1>
 - ✓ Each year the Children, Youth and Families System of Care (CYFSOC) Training Academy presents this award to one individual and one organization who are doing an exceptional job of demonstrating the Children, Youth and Families System of Care Principles.
 - ✓ Award recipient will be recognized at the April 2016 CYFBHSOC Council meeting and presented with a plaque.
 - ✓ Please submit nomination by March 1, 2016.
- C. QI- Handout
- The new phone number for Serious Incident Reports is 619-641-8800
 - The Behavioral Health Assessment (BHA) in the Cerner Community Behavioral Health (CCBH) has been updated with new Gender Identity/Sexual Orientation fields
 - There is a new 0-5 BHA to be implemented in CCBH within the next couple of months
 - There was a new service indicator added in CCBH for tracking Client/Family Team Meeting for Pathways to Well-Being clients.
 - BHS Databook for FY 14-15 should be available no later than February, 2016.
 - QM will be having its External Quality Review from January 12-14, 2016.

- QM is proceeding with plans to implement the Client Plan Workgroup recommendations by end of fiscal year.
- QM is developing a regular training for Program Managers scheduled to start before the end of March 2016.

VII. Announcements

- Lea Bush-Jewish Family Services, Patient Advocacy Program is offering free CEUs for Adult Residential Facility Administrators, MFT/LCSW and nurses. February 10, 2016 from 10:00 A.M. to Noon at Paradise Valley Hospital. The course (Mental Health 101) will provide meaningful tools and information that will prepare to build a relationship and overcome common obstacles with clients. (Flier).
- Tim Hancock- Chief Probation Officer, Mack Jenkins announced his retirement effective March 3, 2016. Currently, the Probation Department is interviewing for a new Chief Probation Officer.
- Dr. Laura Vleugels- is currently collecting feedback on proposed JV-220 changes. Information has been distributed and will be discussed at upcoming Program Managers meetings. Programs are encouraged to share this information their program psychiatrist for their feedback. Information can be submitted directly to the Judicial Council of California or Dr. Vleugels to be added to the packet she is putting together for the Judicial Council of California.

VIII. Directors Report (Alfredo Aguirre)

A. Community Care Reform

- The State is working on forming a state county-partering team. San Diego was asked to be involved and Alfredo Aguirre accepted the appointment. Yael Koenig is the alternate.
- There are 5 workgroups, San Diego needs to be part of one.
- Community Care Reform may bring changes in the BHS system to address needs of foster care and interface with Child Welfare Services.
- California Department of Health Care Services (DHCS), California Department of Social Services (CDSS) and California Welfare Director Association (CWDA) and Behavioral Health Directors Association (CBHDA) will all be involved.

B. MHSA Mid-Year Enhancements

- An increase in revenue sources provided the opportunity to look at program enhancements in the San Diego system of care .
- Enhancements were determined based on the following variables:
 1. Programs currently in the Mental Health Service Act Plan.
 2. Enhancements that could occur as early as February 1, 2016.
 3. Proposed enhancement aligned with the high level priorities identified during the October 2015 BHS community Engagement forums.
 4. Community needs.

C. Mid-Year Enhancements to Children, Youth and Families Behavioral Health Services (Yael Koenig):

- Augmentations to Psychiatrists rates.
- Program that offer treatment services will be transitioning to Full Service Partnerships. This will allow the county to offer an array of services without creating silos.
- Short-term residential alcohol and drug program shifting from 21 to up to 30 day program.
- System capacity Increase.
- Language capacity Increase.
- Enhancements of Behavioral Health programs serving Probation Youth.
- Alcohol and Other Drug services for women and children.
- Training.

IX. Sector “Hot Topics” from Council Representatives

Public Input/Discussion to follow (Delrena Swaggerty)- Handout

- Please see Sector “Hot topics” handout attached.

X. Action Items

Action Items	Action By	Action Due
Identify substance use within the BHA Tip Sheet to be discussed in January Program Manager’s Meetings	COR’s	Complete

Email the Family & Youth As Partners Subcommittee participation invitation to provider network (2/24/16)	Yael Koenig	Complete
Email The Big Why Flier to Council	Dr. Jeff Rowe	Complete
Email link of Principles to Practice Award to Council	Rose Woods	Complete
Email Mental Health 101 Flier	Lea Bush	Complete
Re-sent link to council for JV-220 input	Dr. Vleugles	Complete
Board Letter with Mid Year Enhancements attachment will be emailed to Council for more detailed information on the enhancements.	Alfredo Aguirre	Complete

Committees/Sectors/Workgroups Meetings Information:

Outcomes Committee: Meets the first Tuesday of the month-Del Mar Room-1:00 to 2:30 P.M.

Early Childhood Committee: Meets after this meeting-La Jolla Room-10:30 A.M. to Noon.

Education Advisory Committee: Meets the 4th Tuesday of the month-La Vista Room-11:30 A.M. to 1:00 P.M.

TAY Workgroup: Meets quarterly the fourth Wednesday of the month-La Vista Room-11:30 A.M. to 1:00 P.M.

CYF CADRE Sub-Committee: Meets quarterly-2nd Thursday of the month-Del Mar Room.-1:30-3 P.M.

CCRT: Meets the first Friday of the month-La Jolla Room from 10:00 to 11:30 A.M.

Family and Youth Sector: Meets the 3rd Tuesday of the month-5:00-6:30 P.M. Information at 619-546-5852

Private Sector: Meets the 2nd Monday of the month- Bonita Room- 8:15 to 9:00 A.M.