

**CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL**

**MEETING MINUTES**

**January 9, 2017 – 9:00-10:30 A.M.**

Scottish Rite Masonic Center- 1895 Camino Del Rio South- Shell Room

+ = Member in Attendance    O = Absent    E = Excused

CONSTITUENCY	MEMBER	STATUS	ALTERNATE	STATUS	
<b>PUBLIC SECTOR</b>					
1	Behavioral Health Advisory Board	Rebecca Hernandez	O	VACANT	
2	Behavioral Health Services	Dr. Laura Vleugels	O	Jean Avila	O
3	Public Safety Group/ Probation	Ken Mosey	O	Margie Deleon	O
4	Child Welfare Services	Cathi Palatella	O	Barry Fox	+
5	HHSA Regions	Dori Gilbert	+	Jennifer Sovay	O
6	Public Health	Dr. Dean Sidelinger	E	Rhonda Freeman	E
7	Juvenile Court	H. Judge Carolyn Caietti	O	Michelle Johnson	+
8	First 5 Commission	Kim Gallo	O	Jennifer Wheeler	O
<b>EDUCATION SECTOR</b>					
9	SELPA	Angela McNeece	O	Carolyn Nunes	O
10	Regular Education Pupil Personnel Services	Mara Madrigal-Weiss	O	Heather Nemour	+
11	School Board	Barbara Ryan	+	Carol Skiljan	O
12	Special Education	Aidee Angulo	+	Yuka Sakamoto	+
<b>PRIVATE SECTOR</b>					
13	San Diego Regional Center for Developmentally Disabled	Carlos Flores	O	Judy Borchert	O
14	Alcohol and Drug Contractors Association	Angela Rowe	+	Marisa Varond	+
15	Mental Health Contractors Association	Steve Jella	O	Barent Mynderse	O
16	Mental Health Contractors Association	Angela Chen	+	Delrena Swaggerty	+
17	SANDAN	Margaret Iwanaga-Penrose	+	Rosa Ana Lozada	O
18	Fee- For-Service Network	Dr. Sherry Casper	+	VACANT	
19	Managed Care Health Plan	George Scolari	+	Rogelio Lopez	O
20	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	O		
<b>FAMILY AND YOUTH SECTOR</b>					
21	Family and Youth Liaison	Renee Cookson	+	Suzette Southfox	+
22	Caregiver of child/youth served by the Public Health System	Debbie Stolz	+	Pam Toohey	O

23	Youth served by the Public Health System (up to age 26)	Emma Rodriguez	+	VACANT	
24	Youth served by the public health system (up to age 26)	Travis Webster	+	VACANT	
<b>SUB-COMMITTEES (Non-voting members unless a member of the Council)</b>					
-	Outcomes Committee	Angela Chen Chair	+		
-	Executive Committee	Delrena Swaggerty Chair	+		
-	Early Childhood Committee	Stacey Annand Chair	+		
-	Education Committee	Mara Madrigal-Weiss Chair	O		
-	CYF CADRE	Julie McPherson/Marisa Varond	+/+		
-	Family and Youth as Partners	Renee Cookson	+		

**CYF Council Staff:** Yael Koenig, Edith Mohler, Grisel Ortega-Vaca, Darwin Espejo

**I. Welcome and Introductions (Delrena Swaggerty)**

**II. Approval of Minutes (Renee Cookson)**

- December 12, 2016  
Handout was incomplete. Approval of December 12, 2016 meeting minutes will be included in the February 13, 2017 meeting agenda.
- Distributed the updated CYF Council Overview-handout  
Document was revised to include the CYF Council Sector definitions.
- Review of December 12, 2016 action items
  - ✓ **Point in Time Representation document (Yael Koenig/Edith Mohler)-Handout.**  
The document lists the current CYF Council subcommittees and the sector representation. It is the goal of the CYF Council that all subcommittees include all four (4) sectors representation (Public, Family, Private and Education).
  - ✓ **CYF Council Sectors definitions (Edith Mohler).**  
Definitions are included in the CYF Council Sub-Committee Sector representation document. Changes or updates can be sent to Edith Mohler at:  
[Edith.Mohler@sdcounty.ca.gov](mailto:Edith.Mohler@sdcounty.ca.gov)
  - ✓ **Attachment feature availability in the BHS Electronic Health Record Management System Cerner Community Behavioral Health (CCBH) Training Environment CBH-(Kris Summit)**  
Attachment feature is available in the CCBH training environment to all clinical staff as well as to administrative staff, if access is requested. The CCBH training environment now accepts both authorization documents and client signatures. Additionally, BHS has acquired signature pads. An e-mail with additional information regarding signature pads distribution will be sent this week. The signature pads must be added to the programs' inventory.
  - ✓ **San Diego Network of Care Personal Portal (Yael Koenig)**  
The San Diego Network of Care website has capacity for individuals to track their own personal health record by creating an account. This feature allows individuals to track their own treatment progress and record their own data. It be access at:  
<http://sandiego.networkofcare.org/mh/>.
  - ✓ **External Quality Review (EQR) Report location and availability-(Yael Koenig)**  
The EQR files can be found under item 6.4 of the Technical Resource library:  
[http://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/technical\\_resource\\_library.html](http://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/technical_resource_library.html). The 2017 review will be uploaded when made available to the County.
  - ✓ **Adult Use of Marijuana Act (Proposition 64) Education-Hot Topic update**

Per the Council's request, the topic was included in the Hot Topic agenda with a presentation by Linda Bridgeman Smith, BHS Prevention and Planning Unit-DUI and Prevention Programs and Joe Eberstein, Program Manager, Marijuana Prevention Initiative Center for Community Research.

**III. Director's Report** (Alfredo Aguirre)

None.

**IV. Mental Health Services Act (MHSA)- Update** (Martin Dare)

- BHS has been working on Cycles 3 and 4 of the Innovation programs. The current Innovation plan expands five (5) of existing projects and proposes five (5) new projects for Cycle 4, to start in 2018. The tentative public review and comment period is projected to start on February 2, 2017.

**V. Business Items**

A. MHSA Ad Hoc (Yael Koenig)- Handout

- Innovations Cycles 3 and 4 - Projected date: February 2, 2017
  - ✓ Meeting attendees were invited to be part of the MHSA Innovations Ad Hoc Sub-committee to review pending Innovation projects and provide feedback as a Council. This Sub-Committee will be meeting in February 2017 and requires a Chair or Co-Chairs. A sign-in sheet for those interested was available at the reception table.
- MHSA 3 Year Plan - Projected date: May 2017
  - ✓ Meeting attendees were invited to be part of the MHSA 3 Year Plan review projected to be available in May 2017. Ad Hoc Sub-committee to review pending Innovation projects and provide feedback as a Council. This Sub-Committee requires a Chair or Co-Chairs.

B. Children's Mental Health Well-Being Celebration Sub-committee (Renee Cookson)- Handout

- ✓ An event flyer and a sign-up sheet were provided for interested Council members to participate in the subcommittee for 3rd Annual Children's Mental Health Well-Being celebration to be scheduled on the first week of the May 2017. The kick-off planning meeting is scheduled for January 25 2017 from 10:00-11:00 A.M at the offices NAMI San Diego located at 5095 Murphy Canyon Road, Suite 320, San Diego, CA 92123.

C. CYF Provider Manual- Updated- Handout

- ✓ The January 2017 revision of the CYF Provider Resource Manual is now available at: <http://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/documents/CYF/CYFBHSPRMJanuary2017.pdf>.

**VI. Sectors "Hot Topics" from Council Representatives**

**Public Input/Discussion to follow** (Delrena Swaggerty) - Handout

- Warm Handoff/Training- Update (Yael Koenig)  
The Warm Handoff/Training PowerPoint provided by the Private sector is still undergoing refinements and will be distributed at the February 2017 Council meeting.
- Psychiatry/Medication Clinic- Update (Yael Koenig)  
The collaboration with the private sector continues for the developing of the MHSA Innovations Medication Clinic proposal.
- Marijuana Legalization- Prop 64 (Linda Bridgeman-Smith/Joe Eberstein) PowerPoint handout
  - ✓ Cannabis/marijuana remains illegal under Federal law, including medicinal use. Currently, the U.S. Department of Justice chooses not to prosecute most cannabis users and businesses, as long as they follow state and local laws; however, this federal policy could change.
  - ✓ Proposition 64, The Adult Use of Marijuana/AUMA, effective November 9, 2016, allows adults 21 and older to possess, transport, consume and share up to an ounce of dried marijuana and up to eight grams of marijuana concentrate.

- ✓ Recreational marijuana will not be available on the commercial market until January 1, 2018 when the State is required to begin issuing licenses.
  - Infrastructure for commercial production (growing, cultivation, selling) is required to be in place by January 1, 2018.
  - A state commercial license is required to operate all non-medical marijuana activity/businesses.
  - The State needs to formulate a variety of regulations from labeling to distribution by January 1, 2018.
  - Once commercial sales are available, businesses that sell alcohol and tobacco are prohibited from selling marijuana.
- ✓ Individuals can now grow up to 6 marijuana plants for their personal use.
  - Plants must be on a private residence, out of public view (“not visible by normal unaided vision”) and kept away from children.
  - Smoked marijuana may be consumed in any location where smoked tobacco and vaping is permitted, and is prohibited where smoking-related activities are not allowed.
- ✓ Both public and private employers still retain the right to have a drug free workplace.
- ✓ Imposes state sales taxes and excise (production) taxes on both medical and recreational marijuana and these revenues will be in CA Marijuana Tax Fund. Counties may also add a local tax.
  - Funds will compensate state agencies for reasonable oversight.
  - A portion of remaining revenue will go to youth programs, illegal cleanups associated with illegal grows, prevention programs to reduce DUIs for marijuana, and other drugs.
- ✓ Individuals, landlords and other private entities can prohibit or restrict personal possession, smoking, and cultivation of marijuana on privately owned property, which includes properties participating in Crime Free Multi-Housing (CFMH) programs.
- ✓ Local governmental agencies may restrict and or prohibit the use of marijuana on property owned, leased, or occupied by the state or local government.
  - If a city bans commercial cultivation, or personal outdoor cultivation, or retail sales of marijuana or marijuana products, it is ineligible to receive state grant monies funded through the new state excise taxes that take effect on January 1, 2018.
  - Cities may ban deliveries within their territorial limits. However, cities cannot prevent the use of public roads for the delivery of marijuana.
- ✓ According to the California Health Kids Survey data, the marijuana use is higher among youth that attend Non-Traditional schools.
- ✓ Increase of Marijuana use may impact the Emergency Rooms as some users may experience Cannabinoid Hyperemesis Syndrome, a medical condition characterized by recurrent nausea, vomiting and crampy abdominal pain.
- ✓ Local marijuana prevention resources include:
  - The Marijuana Prevention Initiative which develops and disseminates data documents and educational materials available at: <http://www.mpisdcounty.net/>.
  - San Diego County Friday Night Live is a continuous evolving program to respond to the issues affecting youth to opportunities and support, so young people will be less likely to engage in problem behaviors, be more likely to achieve in school, and become positive and productive members of their communities. More information can be found at: <http://www.sdfnl.net/about-fnl>.

A. Discussion Summary:

- ✓ Suggestions for additional marijuana use prevention activities like social media (peer to peer interaction).

- ✓ Ensure that the marijuana prevention activities reach the different cultural groups in the County and that prevention materials are available in the languages needed to reach out to the different cultural groups in the County.
- ✓ A proposal to develop CYF Council recommendations for the BH Director.

**VII. Sub-Committee Update Reports- Handouts**

**A. CSOC Academy (Rose Woods)**

- ✓ The annual CSOC conference will be held June 1, 2017 at the Crowne Plaza Hotel in Mission Valley. This year's focus is on Refugee Families: Honoring the Journey- Partnering with Refugee Families. Registration will open in late February, 2017.
- ✓ There will be four more regional deliveries of the Understanding and Diagnosing Complex Behavioral Health Conditions trainings offered between February and June 2017. Classes and dates for all upcoming training opportunities will be announced via BHETA website at: <https://theacademy.sdsu.edu/programs/bheta/> and mailers.
- ✓ The CSOC Training Academy invites interested individuals the Education and Family/Youth sectors to join the CSOC Training Academy Sub-Committee. The Sub-committee meets the first Wednesday of the month from 9:00 to 10:00 A.M. at the Academy for Professional Excellence at 6505 Alvarado Road Suite 107, San Diego, CA 92120. To join the sub-committee, please contact Rose Woods at: [rwoods@mail.sdsu.edu](mailto:rwoods@mail.sdsu.edu).

**B. TAY (Mike Miller)**

- ✓ Meetings will now be held at the Kickstart program located at 6160 Mission Gorge, Road, Suite 100, San Diego CA 92120 on the 4<sup>th</sup> Wednesday of each month from 3:00 to 4:30 P.M. Cecily Thornton-Stearns is the TAY Workgroup contact person.
- ✓ The TAY status review report for FY 15-16 is complete and is pending final review before dissemination.
- ✓ FY 16-17 TAY Workgroup focus is on:
  - Employment-A sub-workgroup is scheduled to start in March 2017.
  - Housing- "A Roof for All Youth" (ARFAY)subgroup completed recommendations in September 2016.
  - Substance Use Disorders (SUD) sub-workgroup began meeting in September 2016.

**C. Quality Improvement (QI)-Performance Improvement Team (PIT) (Krystle Umanzor)**

- ✓ The annual External Quality Review Organization (EQRO) is scheduled from January 10 through 12, 2017. There are 19 sessions scheduled, including seven focus groups.
- ✓ The system-wide Datebooks are scheduled to be released at the end of January 2017.
- ✓ The Program level Databooks are scheduled to be released at the end of March, 2017.
- ✓ The 2017 focus for QI is data integrity. The Management Information Team will be looking at the databases and its templates.

**VIII. Announcements (Barry Fox)**

- November 2016 CWS/Probation Homes Summaries- Handouts

**IX. Action Items**

Action Items	Action By	Action Due
Prop 64 Marijuana Legalization follow up- Information on medical condition associated with Marijuana use-Cannabinoid Hyperemesis Syndrome information: <a href="http://www.msn.com/en-us/health/medical/little-known-illness-tied-to-smoking-weed-on-the-rise/ar-BBxF7iw?li=BBnbfcL">http://www.msn.com/en-us/health/medical/little-known-illness-tied-to-smoking-weed-on-the-rise/ar-BBxF7iw?li=BBnbfcL</a> <a href="http://www.mayoclinicproceedings.org/article/S0025-6196(11)00026-7/fulltext">http://www.mayoclinicproceedings.org/article/S0025-6196(11)00026-7/fulltext</a>	Linda Bridgeman Smith	Completed via links in meeting minutes

Council proposed to compile a set of Council recommendations on the topic of Marijuana Legalization (Prop. 64).	All	February 13, 2017 Hot Topic agenda item shall be dedicated to dialog about potential recommendations to the BH Director.
December 12, 2016 CYF Council Meeting Minutes.	CYF Staff	February 13, 2017-To be included in the meeting handout packet.
Warm Handoff Training Update.	Yael Koenig	February 13, 2017 Warm Handoff PowerPoint to be included in the Council handout packet and e-copy after the meeting.
Public Input: Request for yearly comparisons of Probation Group Home Summaries and placement goals/trends.	Barry Fox, Margie De Leon and Ken Mosey	February 13, 2017 agenda item. A brief presentation will be provided.

**Sub-Committees/Sectors/Workgroups Meetings Information:**

**Outcomes:** Meets the 1<sup>st</sup> Tuesday of the month-La Vista Room from 11:30 A.M. to 1:00 P.M.

**Early Childhood:** Meets the 2<sup>nd</sup> Monday of the month- 3160 Camino Del Rio South, San Diego, CA 92108- Suite 101 at 11:00 A.M.

**Education Advisory Ad Hoc:** Meets As Needed.

**TAY Workgroup:** Meets the 4<sup>th</sup> Wednesday of the month-6160 Mission Gorge Rd. San Diego, CA 92120 from 3:00 to 4:30 P.M.

**CYF CADRE:** Meets quarterly-2<sup>nd</sup> Thursday of the month-Del Mar Room from 1:30 to 3:00 P.M.

**CCRT:** Meets the 1<sup>st</sup> Friday of the month-La Jolla Room from 10:00 to 11:30 A.M.

**Family and Youth Sector:** Meets the 4<sup>th</sup> Thursday of the month. Next meeting: April 27, 2017 at 8964 N Magnolia Street, Santee, CA 92071 from 6:30 P.M. to 8:00 P.M.

**Family and Youth As Partners:** Meets the 3<sup>rd</sup> Thursday of the month- Del Mar Room from 2:00 to 3:30 P.M.

**Private Sector:** Meets the 3<sup>rd</sup> Wednesday of the month- 7535 Metropolitan Dr, San Diego, CA 92108 at 1:00 P.M.