

Children, Youth and Families (CYF) Behavioral Health System of Care Council



Agenda

January 8, 2024 | 9 to 10:30 a.m.

Zoom meeting link for registration sent via Outlook meeting invitation:

<https://us06web.zoom.us/join/ztltfuGsrD8vEtOBwRxemuuiueyx0a2lXq0g>

- | | |
|---|--|
| <p>I. Welcome Council members, alternates, and meeting attendees - (Stephanie Escobar)</p> <p>Translation available</p> <ul style="list-style-type: none"> • Public Sector: Homeless Solutions and Equitable Communities <ul style="list-style-type: none"> o New Member: Katherine Gordon o New Alternate: Rosa Gracian (shifted from member role) o Thank you, Liki Porotesano (Alternate) • Private Sector: Managed Care Health Plans <ul style="list-style-type: none"> o Thank you, Kathleen Lang (Member) • Culture Share – Vanessa Arteaga - Handouts – Pages 5-8 <ul style="list-style-type: none"> o Seeking volunteer for February 12, 2024 <p>II. Review of Meeting Summary (Yael Koenig)</p> <ul style="list-style-type: none"> • November 13, 2023, Meeting Summary - Handout - Pages 9-13 • No action items pending <p>III. Business Items (Yael Koenig)</p> | <p>5 minutes</p> <p>5 minutes</p> <p>10 minutes</p> |
|---|--|

Public Comment - Inviting all participants to unmute or enter public input in the chat

Board Letters / Board Actions

December 5, 2023

- New County Supervisor, **Monica Montgomery Steppe** Sworn into Office – Handout – **Page 14**
https://www.youtube.com/watch?v=NPRU54wh_ww
- **Item 06:** Adopt Resolution to Guide Implementation of Senate Bill (SB) 43 and Establish a Multisectoral Planning Process to Guide Implementation Handout – **Pages 15-18**
- **Item 13:** 2024 Legislative Program
- **Item 24:** Housing Every Homeless Person in Addiction Recovery
- **Item 30:** Enhancing Humanitarian Emergency Response and Relief: Supportive Services for Asylum Seeking Migrants

Board Letters that may be particularly of interest to the CYF Council are listed above. Due to size, only highlighted Board Letters are included in the meeting packet. However, all Board Letters can be found at the Clerk of Board of Supervisors (BOS) website.

Meeting Agendas, Board Letters, and access to the BOS meetings: <https://www.sandiegocounty.gov/cob/bosa/index.html>

Information

Department of Mental Health Services (DHCS)

- [Medi-Cal Transformation](#) – Handout – **Page 19**
- [Children and Youth Behavioral Health Initiative \(CYBHI\)](#)
 - o Fee Schedule - Cohort 1 Local Education Agencies – Handout – **Pages 20-22**
 - o [CYBHI December 2023 Update](#) - Handout – **Pages 23-28**
- [Behavioral Health Director's Report -December 2023](#) – Handout – **Pages 29-34**
https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_act/bhab_meeting_materials.html
- Fiscal Year 2023-24 **Principles Awards** – Link: [CYF Advancing Principles 2023 Recognition Form](#) - Handout – **Page 35**
- Live Well San Diego Youth Sector Town Hall: Youth for Mental Health on January 13, 2024 from 2:30 to 4:30 p.m. - Handout - **Page 36**
[Youth-Led Town Halls Registration \(google.com\)](#)
- Child Mind Institute Youth Mental Health Academy - Handout – **Page 37**
Apply at: [YMHA: STUDENT Application - Child Mind Institute \(smapply.us\)](#)
- 2024 Point in Time Count -Volunteers Needed on January 25, 2024 - Handout – **Pages 38-39**
[Regional Community Action Plan to Prevent and End Homelessness in San Diego](#)



IV. **Hot Topic: Sector, Committees, and other pertinent mid-year updates/highlights**

65 minutes

- Brief presentations will be offered at the January and February 2024 CYF Council meetings.
- PowerPoints submitted are included in the meeting packet (**Pages 40-133**).
- Please enter comments, input, and questions in the meeting chat for the presenter to respond to.

Constituency/Committee/Group	Sector	Presenter	PowerPoint
Juvenile Court	Public	Judge Ana España and Beth Brown	x
Cultural Competence Resource Team (CCRT)	All Sectors	Rosa Ana Lozada	x
CYF Council Training Academy	All Sectors	Edith Mohler	x
Homeless Solutions and Equitable Communities	Public	Katherine Gordon	
Public Health Services	Public	Dr. Tom Coleman	x
Healthcare (Pediatrician)	Private	Dr. Pradeep Gidwani	x
San Diego Regional Center	Private	Zach Guzik and Lori Sorensen	x
Family and Youth Sector	Family	Khalif Kelly and Sten Walker	x
First 5 San Diego	Public	Stephanie Escobar	x
Alcohol Drug Service Provider Association (ADSPA)	Private	Marisa Varond and Angela Rowe	x
Public Safety Group	Public	Delona King	x
Mental Health Contractors Association (MHCA)	Private	Laura Beadles and Golby Rahimi Saylor	x
Managed Care Plans	Private	TBD	
Child and Family Well Being (CFWB)	Public	Laura Krzywicki	x
Education Committee	Education	Heather Nemour	
Outcomes	All Sectors	Eileen Quinn-O'Malley and Emily Velazquez Trask	x
CYF CADRE	Private	Julie McPherson and Marisa Varond	x
Early Childhood	All Sectors	Stephanie Gioia-Beckman and Jennifer Kennedy	
Transition Age Youth Council	All Sectors	Victor Esquivel	x
Medical Care Services	Public	Heather Summers	
Behavioral Health Services Advisory Board (BHAB)	Public	Bill Stewart	
Behavioral Health Services	Public	Dr. Laura Vleugels	

V. **Announcements** (Celica Garcia-Plascencia)

5 minutes

- Poll Question
- **NAMI San Diego Trainings via Zoom – Fliers – Pages 134-135**
 - **Community Advocacy “Telling Your Story”**
January 11, 2024 from 2 to 4 p.m. [Meeting Registration - Zoom](#)
 - **Reimagining Crisis Response**
January 17, 2024 from 2 to 3:30 p.m. [Meeting Registration - Zoom](#)
January 23, 2024 from 2 to 3:30 p.m. [Meeting Registration - Zoom](#)
- **Fourth Annual Birth of Brilliance Virtual Conference** on February 29, 2024) and **Cultural Fair** on March 1, 2024 -Theme: “Don’t Just Think...Feel” - Handout – **Page 136**
Registration is open. Early Bird ends January 19, 2024
- **9th Critical Issues in Child and Adolescent Mental Health (CICAMH)** Hybrid conference – Breaking Barriers: Innovative Approaches to Youth and Family Well Being-April 26, 2024 – Handout – **Page 137**
- **44th Annual California Mental Health Advocates for Children and Youth (CMHACY) Conference**
May 15-17, 2024 – Handout – **Page 138**

Next Executive Committee Meeting:
Date: Thursday, January 25, 2024
Time: 11:30 a.m. to noon

Next Meeting:
Date: Monday, February 12, 2024
Time: 9 to 10:30 a.m.

Committees/Sectors/Workgroups Meetings Information is located at the end of the meeting summary. For Council materials go to:
https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_children/CYFBHSOCCouncil.html

Children, Youth and Families Behavioral Health System of Care Council Vision, Mission, and Principles



Council Vision:

Wellness for children, youth and families throughout their lifespan.

Council Mission:

Advance systems and services to ensure that children and youth are healthy, safe, lawful, successful in school and in their transition to adulthood, while living in nurturing homes with families.

Council Principles:

1. **Collaboration of four sectors:** Coordination and shared responsibility between child/youth/family, public agencies, private organizations and education.
2. **Integrated:** Services and supports are coordinated, comprehensive, accessible, and efficient.
3. **Child, Youth, and Family Driven:** Child, youth, and family voice, choice, and lived experience are sought, valued and prioritized in service delivery, program design and policy development.
4. **Individualized:** Services and supports are customized to fit the unique strengths and needs of children, youth and families.
5. **Strength-based:** Services and supports identify and utilize knowledge, skills, and assets of children, youth, families and their community.
6. **Community-based:** Services are accessible to children, youth and families and strengthen their connections to natural supports and local resources.
7. **Outcome driven:** Outcomes are measured and evaluated to monitor progress and to improve services and satisfaction.
8. **Culturally Competent:** Services and supports respect diverse beliefs, identities, cultures, preference, and represent linguistic diversity of those served.
9. **Trauma Informed:** Services and supports recognize the impact of trauma and chronic stress, respond with compassion, and commit to the prevention of re-traumatization and the promotion of self-care, resiliency, and safety.
10. **Persistence:** Goals are achieved through action, coordination and perseverance regardless of challenges and barriers.



BEHAVIORAL HEALTH SERVICES CHILDREN, YOUTH & FAMILIES FRAMEWORK

VISION

Children and youth are healthy, safe, lawful, successful in school and in their transition to adulthood, while living in nurturing homes with families.

PRINCIPLES

Collaborative, Integrated, Child, Youth & Family Driven, Individualized, Strength-based, Community-based, Outcome & Data Driven, Culturally Competent, Trauma Informed, Persistence

PRIORITIES

Ensure a full continuum of care through family-centered and youth-informed services that are compassionate and sensitive to the unique developmental needs of children and youth.

Strengthen partnerships with children/youth's circle of influence to create a supportive environment.

Provide services that empower children and youth to build a healthy sense of self and have confidence to make sound decisions, so they thrive in an ever-changing world.

Live Well San Diego-Areas of Influence

HEALTH FACTORS



Standard of Living

- Economic & Nutrition Security
- Timely Access to Healthcare Inclusive of Behavioral Health Services
- Employment Readiness



Community

- Access to Parks, Playgrounds and Recreation Centers
- Usable Transportation
- Safe Neighborhoods & Schools
- Affordable Stable Housing
- Access to Extracurricular Activities



Health

- Daily Physical Activity
- Limited & Supervised Screen Time
- Affordable Healthy Food
- Zero Sugary Beverages, Drink More Water
- No Substance Use
- No Tobacco Use
- Up to Date Immunizations
- Connection to a Health Home



Social

- Supportive Families
- Nurturing Communities
- Connection to Natural Supports
- Positive Social Interactions



Knowledge

- Quality Education
- Quality Preschool for All
- Good School Attendance
- School Success
- No Suspensions or Expulsions
- Obtain a High School Diploma
- Access to Higher Education & Vocational Programs

CYF Cultural Share

Vanessa Arteaga, LMFT
Director Integrated
Community Behavioral Health;
Harmonium



Born and Raised- Imperial Valley
Calexico, CA
(5mins from Mexico border)



I claim 1.5 as I am the first born generation in the US
but raised by an already (mainly) assimilated family

Chicana



“Someone who is native of, or descends from, Mexico and who lives in the United States. The term *Chicano* was widely reclaimed by ethnic Mexicans in the 1960s and 1970s to express political empowerment, ethnic solidarity, and pride in being of Indigenous descent.”

“There will always be the need to speak out and stand up for marginalized groups, and if we want to break the cycle of inequality, we need the knowledge and inspiration to bring the change” - BeLatina

BH-SOC Children, Youth, and Families

Culture Share

What is Culture Share?

Culture share is a time to advance and integrate cultural learning, understanding, and practices into our work. This experience can honor and celebrate family, history, traditions, experiences, and practices that may bring joy and well-being. It can also bring discomfort, curiosity and **bias awareness**. Ultimately, it is an opportunity for self reflection and enlightenment to enhance our capacity to provide culturally responsive services to the children, youth, and families in our communities.

4 EASY STEPS

1. Maximum of a **3 Minute** Presentation
 - a. Can you any medium- slide, poem, music, verbal, etc
2. Introduce your experience from a cultural lens
3. Describe how this experience influences your work
4. Open it up for any group reflection

Children, Youth and Families Behavioral Health System of Care Council CYF Council – Meeting Summary



November 13, 2023 | 9 to 10:30 a.m.

ITEM	SUMMARY AND ACTION ITEMS
I. Welcome Council members, alternates, and meeting attendees – Translation available (Celica Garcia-Plascencia) translation <ul style="list-style-type: none"> November is: National Native American Heritage Month – Handout – Page 5 Home Native Knowledge 360° - Interactive Teaching Resources (si.edu) 	<ul style="list-style-type: none"> Celica Garcia-Plascencia welcomed meeting attendees and acknowledged November as National Native American Heritage month
II. Hot Topic: Healthy Outcomes from Positive Experiences (HOPE) - (Stephanie Escobar) Handout - Pages 6-22 Tufts HOPE – Healthy Outcomes from Positive Experiences <ul style="list-style-type: none"> Presenters: <ul style="list-style-type: none"> Aimee Zeitz-Gruber, Executive Director of Community Well-Being, YMCA of San Diego Brandi Paniagua, Coordinator/Trainer, YMCA of San Diego Dialogue 	<ul style="list-style-type: none"> Stephanie Escobar introduced the Hot topic and the presenters. Hot Topic highlights: <ul style="list-style-type: none"> Local Implementation efforts, including the collaboration with the Child and Family Well-Being (CFWB) Department Training (January 2024), and collaboration opportunities It was recommended to incorporate Reflective Practice, Culturally and Linguistically Appropriate Services (CLAS) Standards, Trauma Informed care, into HOPE while ensuring clarity for staff Meeting attendees interested in HOPE training and collaboration opportunities, were invited to enter their name/email address on the chat or can contact Brandi Paniagua at: bpaniagua@ymcasd.org
III. Culture Share – Darwin Espejo. – Handout – Page 5 <ul style="list-style-type: none"> Seeking volunteer for the January 8, 2024 Culture Share 	<ul style="list-style-type: none"> Darwin Espejo provided the Culture Share highlighting the following: <ul style="list-style-type: none"> His experience immigrating from the Philippines to San Diego How the Thanksgiving holiday is an extra special time for him as he also celebrates the anniversary of his arrival into this country.
IV. Review of Meeting Summary (Yael Koenig) <ul style="list-style-type: none"> September 11, 2023, Meeting Summary - Handout - Pages 24-27 Action Item: Hot Topic presentation by CFWB to be included in the meeting packet that is uploaded to the CYF Council webpage 	<ul style="list-style-type: none"> Yael Koenig reviewed the meeting summary from September 11, 2023 Action item was completed on September 19, 2023
V. Business Items (Yael Koenig)	
Public Comment	<ul style="list-style-type: none"> None
Board Letters / Board Actions <u>September 12, 2023</u> <ul style="list-style-type: none"> Item 08: Authorize Acceptance of Federal Maternal, Infant, and Early Childhood Home Visiting Funding for the California Home Visiting Program Item 09: Authorize Acceptance Federal Community Project Funding and Applications for Future Funding Opportunities Item 11: Approve and Ratify the Children's Trust Fund Three-Year Funding Proposal – Handouts - Pages 28-36 Item 13: Receive the County-wide Plan for Equitable Data Access and Community Empowerment Item 22: Combating the Childcare Crisis Item 23: Assessing the Regional Capacity and Need for Board and Care and Subacute Services to Support Medi-Cal Eligible Adults with Behavioral Health conditions <u>September 26, 2023</u> <ul style="list-style-type: none"> Item 01: Making San Diego a Blue Envelope County– Handouts - Pages 37-42 Blue Envelope Program San Diego County Sheriff (sdsheriff.gov) Item 04: Integration of Countywide Shelter Bed Mobile Network for County of San Diego Sheltering Agencies Item 05: Approve Submission of the Federal Fiscal Years 2024-2026 Refugee Support Services Plan, Adopt a Resolution for the Refugee Support Services Plan, Accept Additional Ukraine Supplemental Appropriation Act Funding, Authorized Competitive Procurements, and Apply for Future Funding Opportunities 	<ul style="list-style-type: none"> Yael Koenig provided an overview of the highlighted Board Letters listed on the left <p>Board Letters that may be particularly of interest to the CYF Council are listed on the left column. Due to size, only highlighted Board Letters are included in the meeting packet. However, all Board Letters can be found at the Clerk of Board of Supervisors (BOS) website. Meeting Agendas, Board Letters, and access to the BOS meetings: https://www.sandiegocounty.gov/cob/bosa/index.html</p>

<ul style="list-style-type: none"> • Item 07: Authorization to Accept Congressional Directive Spending Project Grant Funding Administered by the Substance Abuse and Mental Health Services Administration for Mobile Crisis Response Teams - Handout – Pages 43-47 • Item 16: Declaring the Lack of Resources for Asylum Seekers from the Federal Government a Humanitarian Crisis <p><u>October 10, 2023</u></p> <ul style="list-style-type: none"> • Item 03: Authorize Acceptance of Centers for Disease Control and Prevention Funding for Racial and Ethnic Approaches to Community Health, and Authorize Applications for Future Funding Opportunities • Item 12: Homeless Diversion: Investing in an Evidence-Based, Cost-Effective Approach to Address Homelessness • Item 13: Receive and Approve the Updated Opioid Settlement Framework: Direct Report Back on Significant Updates to the Opioid Settlement Framework; and Authorize One Staff Year for Toxicology Services to Expand Surveillance of Emerging Drug Trends - Handouts include presentation – Pages 48-85 <p><u>October 24, 2023</u></p> <ul style="list-style-type: none"> • Item 15: Noticed Public Hearing: Truth Act Community Forum Regarding Immigration and Customs Enforcement Access to Individuals During 2022 • Item 17: Receive Update on the Department of Homeless Solutions and Equitable Communities, Office of Immigrant and Refugee Affairs and Accept Funding from the Local Immigrant Integration and Inclusion Grant, and Request a Waiver of Board Policy B-29 <p><u>November 7, 2023</u></p> <ul style="list-style-type: none"> • Item 28: Bridging the Gap for Those in Addiction Recovery: From Homelessness to Housing • Item 31: Authorize Competitive Solicitations, Single Source Contract, Amendments to Extend Existing Contracts, Amendments to Reflect Change to Services and Increase to Funding, and Execution Intergovernmental Agreement with the State of California and Acceptance of Funding Handouts include presentation - Pages 86-110 	
<p>Information</p> <ul style="list-style-type: none"> • Behavioral Health Community-Based Organized Networks of Equitable Care and Treatment (BH-CONNECT) demonstration Handout- Pages 111-114 • Children and Youth Behavioral Health Initiative (CYBHI) <ul style="list-style-type: none"> ◦ CYBHI September 2023 Update – Handout – Pages 115-126 ◦ CYBHI October 2023 Update – Handout – Pages 127-137 • Live Well San Diego Networking and Engagement Platform – Handout – Page 138 • Behavioral Health Director's Report – October 2023 – Handout – Pages 139-141 • Behavioral Health Director's Report -November 2023 – Handout – Pages 142-145 https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_act/bhab_meeting_materials.html • Fiscal Year 2023-24 Mental Health External Quality Review – November 7-9, 2023 • Youth Services Survey (YSS) - May 2023 -Handouts -Pages 146-147 • I Choose My Future - San Diego County Office of Education (sdcoe.net) – Handout - Page 148 New drug-prevention videos highlight dangers of fentanyl, cannabis for San Diego County kids - The San Diego Union-Tribune (sandiegouniontribune.com) • Fiscal Year 2023-24 CYF System of Care Principles Awards – Handout - Page 149 Submission deadline is December 15, 2023 Link: Children, Youth and Families System of Care 2023 Advancing Principles Recognition Form (smartsheet.com) • CYF Council Committee mid-year updates scheduled for the January and February 2024 meetings 	<ul style="list-style-type: none"> • Yael Koenig provided an overview of State and local updates, and informational items

VI. Announcements (Celica Garcia-Plascencia)

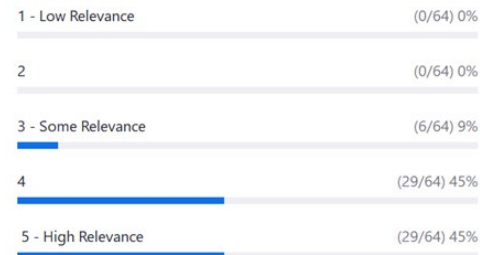
- Poll Question
- **NAMI San Diego Trainings via Zoom – Fliers – Pages 150-151**
 - **Community Advocacy “Telling Your Story”**
November 15, 2023 from 1:30 to 3:30 p.m. [Registration Link](#)
 - **Reimagining Crisis Response**
November 29, 2023 from 2 to 4 p.m. [Registration Link](#)
- **2023 Western States Marijuana Summit** -November 14-15, 2023 (Virtual) - Handout - **Page 152**
- **National Overdose Prevention Leadership Summit** - November 16-17, 2023 (Virtual) - Handout - **Page 152**
- **Fourth Annual Birth of Brilliance Virtual Conference** on February 29, 2024) and **Cultural Fair** on March 1, 2024 – (Aisha Pope and Melanie Morones)
Theme: “**Don’t Just Think...Feel**” - Handout – **Pages 153-155**
Call for breakout sessions proposals available now – submit proposal here: <https://tinyurl.com/BoBProp2024>
Video highlight for 2023: https://www.youtube.com/watch?v=e_SZVY6wVrI
- **44th Annual California Mental Health Advocates for Children and Youth (CMHACY) Conference**
May 15-17, 2024 – Handout – **Page 156**
- **The CYF Council is “Dark” in December. Happy 2024!**

Council Meeting Poll

Poll | 1 question | 64 of 88 (72%) participated

1. On a scale of 1-5 (1 the lowest and 5 the highest), how would you rate the relevance and your interest with today's Council meeting? (Single Choice) *

64/64 (100%) answered



- Announcements included on the agenda are listed on the left column
- Aisha Pope announced
 - Dr. Thelma Bryant and Jeff Duncan-Andrade as the Birth keynote speakers for the upcoming Birth of Brilliance conference and invited attendees to submit breakout proposals
 - The [Brick](#) in Point Loma as the site for the Cultural Fair
- Announcements can be sent in advance to Edith Mohler at: Edith.Mohler@sdcounty.ca.gov

Next Executive Committee Meeting:

Date: December 28, 2023

Time: 11:30 a.m. to noon.

Next Meeting:

Date: Monday, January 8, 2024

Time: 9 to 10:30 a.m.

Committees/Sectors/Workgroups Meetings Information is located at the end of the meeting summary. For Council materials go to: https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_children/CYFBHSOCCouncil.html

+=Member in Attendance O=Absent E=Excused

CONSTITUENCY		MEMBER	STATUS	ALTERNATE	STATUS
PUBLIC SECTOR					
1	Behavioral Health Advisory Board (BHAB)	Bill Stewart	+	Joel San Juan	O
2	Behavioral Health Services (BHS)	Dr. Laura Vleugels	+	Dr. Patricia Cardenas-Wallenfelt	O
3	Public Safety Group/ Probation	Tabatha Wilburn	O	Delona King	+
4	Child and Family Well Being (CFWB) Department – Office of Child Safety	Steven Wells	+	Norma Rincon	O
5	Homeless Solutions and Equitable Communities	Rosa Gracian	O	Liki Porotesano	+
6	Public Health	Dr. Thomas R. Coleman	O	Rhonda Freeman	O
7	Medical Care Services	Dr. Kelly Motadel	E	Heather Summers	O
8	Juvenile Court	H. Judge Ana España	O	Beth Brown	+
9	CFWB Department – Office of Child and Family Strengthening - First 5 San Diego	Alethea Arguilez	O	Stephanie Escobar	+
EDUCATION SECTOR					
10	Special Education Local Plan Area (SELPA)	Russell Coronado	O	Jaime Tate-Symons	O
11	Regular Education Pupil Personnel Services	Heather Nemour	O	Mara Madrigal-Weiss	O
12	School Board	Barbara Ryan	+	Debra Schade	+
13	Special Education	Yuka Sakamoto	+	Misty Bonta	O
PRIVATE SECTOR					
14	San Diego Regional Center (SDRC) for Developmentally Disabled	Zachary Guzik	O	Lori Sorenson	+
15	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	+	John Laidlaw	O
16	ADSPA	Marisa Varond	+	Claudette Allen Butler	O
17	Mental Health Contractors Association (MHCA)	Julie McPherson	E	Vanessa Arteaga	O
18	MHCA	Laura Beadles	+	Golby Rahimi	+
19	Fee- For-Service (FFS) Network	Dr. Sherry Casper	O	Marcelo A. Podesta	O
20	Managed Care Health Plans	Kathleen Lang	O	James Trout	O
21	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	+	Vacant	
FAMILY AND YOUTH SECTOR					
22	Consumer Advocacy/Family Education Services	Khalif Kelly	+	Sten Walker	+
23	Caregiver of child/youth served by the Public Health System	Vacant		Karilyn “Kari” Perry	O
24	Youth served by the Public Health System (Up to age 26)	Veronica Hernandez	O	Vacant	
25	Youth served by the public health system (Up to age 26)	Caitlynn Hauw	O		
COMMITTEES (Non-voting members unless a member of the Council)					
-	Executive	Stephanie Escobar/Celica Garcia-Plascencia	+/+		
-	Cultural Competence Resource Team (CCRT)	Rosa Ana Lozada	+		
-	CYF CADRE	Julie McPherson/Marisa Varond	E/+		
-	Early Childhood	Stephanie Gioia-Beckman/Jennifer Kennedy	+/+		
-	Education	Heather Nemour	O		
-	Family and Youth as Partners	Sten Walker	+		
-	Outcomes	Emily Trask Eileen Quinn-O'Malley	O/+		
-	Training	Edith Mohler Jennifer Rusit	+/O		

Total Attendees: 99			
Aimee Zeitz	Dina Ali	Kacie Rodvill	Rafael Ortiz-Gomez
Aisha Pope	Donna Moore	Katie Gordon	Rebecca Raymond
Amanda Lance-Sexton	Edith Mohler	Kelly Bordman	Rhonda Crowder
Angela Rowe	Eileen Quinn-O'Malley	Kenia Urrutia	Richard Rushton
Aprille Peña	Eliza Reis	Khalif Kelly	Roberto Suarez
Ashley Rambeau	Elizabeth Daus	Kristin Garrett	Rosa Ana Lozada
Azmin Granados	Emily Gaines	Krysta Hughes	Sade Carswell
Babbi Winegarden	Erick Mora	Laura Beadles	Shannon Jackson
Barbara Ryan	Ericka Hernandez	Laura Vleugels	Shaun Goff
Beth Brown	Erin Murphy	Lesley LaMay	Shewa Legesse
Bill Stewart	Evan Hodges	Leslie Manriquez	Sten Walker
Brandi Paniagua	Gabriela Contreras-Misirlioglu	Liki Porotesano	Stephanie Escobar
Brianna Ferreira	Gina Herbert	Linda Puebla	Stephanie Gioia-Beckman
Bridget Lambert	Golby Rahimi Saylor	Lori Sorenson	Steven Wells
Carmen Pat	Grisel Ortega-Vaca	Mareeh Marquez	Susana Antonio
Celeste Hunter	Hannah Zimmerman	Margarita Hernandez	Tanya Mercado
Celica Garcia-Plascencia	James McConchie	Maria Norris	Veronica Alcocer
Cheryl Rode	Jamie Martinez	Marisa Varond	Wences Savaiki
Christine A. Davies	Jamie Pellegrino	Mayra Gonzalez-Munoz	Wendy Maramba
Christine Maggio	Janet Cacho	Melissa Penaflor	Yael Koenig
Danyte Mockus-Valenzuela	Janette Magsanoc	Melizza Welton	Yuka Sakamoto
Darwin Espejo	Jennifer Busico	Michael Lucero	Yvette Leyva
Debra Schade	Jennifer Kennedy	Michelle Houle	Zayra Rios
Delia Machado	Jody Erickson	Pradeep Gidwani	Unknown Caller
Delona King	Joseph Henson	Rachel Chiang	

Committees/Sectors/Workgroups Meetings Information:

Most of the committees' meetings are occurring virtually

Please reach out to the sector lead or Executive committee member to obtain location/link

Behavioral Health Advisory Board (BHAB) meeting: Meets the first Thursday of the month from 2:30 to 5:00 p.m.

Outcomes: Meets the first Tuesday of the month alternating start times of 11:30 a.m. and 12:30 p.m.

Early Childhood: Meets the second Monday of the month- from 11 a.m. to noon

Education Advisory Ad Hoc: Meets as needed

TAY Council: Meets the fourth Wednesday of the month 3 to 4:30 p.m.

CYF CADRE: Meets quarterly on the second Thursday of the month from 1:30 to 3 p.m.

CYF System of Care Training Academy: Meets on the first Wednesday of the month from 9 to 10 a.m.

CCRT: Meets the first Friday of the month from 10 to 11:30 a.m.

Private Sector: Ad Hoc/Meets as needed

Peer Council: Every third Tuesday of each month at 2 p.m. via Zoom



https://www.youtube.com/watch?v=NPRU54wh_ww

By [Sir Milo Loftin](#), County of San Diego Communications Office
Dec. 5, 2023 | 2:29 PM

A new member of the San Diego County Board of Supervisors was sworn in Tuesday at the County Administration Center.

Supervisor Monica Montgomery Steppe will represent the Fourth Supervisorial District for the remainder of the current term ending in January 2027.

Supervisor Montgomery Steppe was sworn in by her father-in-law Cecil Steppe and joined by her husband Steve while reciting her oath. She becomes the county's first Black woman supervisor.

"We know that today marks a momentous occasion in our county's history, filled with promise, filled with hope and filled with progress," Supervisor Montgomery Steppe said. "As I stand before you, deeply humbled and immensely grateful, I am acutely aware of the weight of responsibility and the honor to be chosen by the people as the first Black woman to serve on the San Diego County Board of Supervisors in the history of this county. I am truly honored."

District 4 voters selected Montgomery Steppe to fill the vacant board seat during the Nov. 7 special election. She previously served as a council member for the City of San Diego.

"This moment also belongs to every person who dared to dream, who fought against adversity and believed in the possibility of a more inclusive and equitable future for our community," Supervisor Montgomery Steppe said. "I stand on the shoulders of countless individuals who paved the way, breaking barriers and clearing the path for diversity, representation and for change."



NORA VARGAS
CHAIRWOMAN
SUPERVISOR, FIRST DISTRICT
SAN DIEGO COUNTY BOARD OF SUPERVISORS
AGENDA ITEM

DATE: December 5, 2023

06

TO: Board of Supervisors

SUBJECT

**ADOPT RESOLUTION TO GUIDE IMPLEMENTATION OF SENATE BILL (SB) 43
AND ESTABLISH A MULTISECTORAL PLANNING PROCESS TO GUIDE
IMPLEMENTATION (DISTRICTS: ALL)**

OVERVIEW

On October 10, 2023, Governor Newsom signed into law Senate Bill (SB) 43, amending the Lanterman-Petris-Short Act (LPS Act), for the first time in over 50 years. Under the LPS Act, “gravely disabled” was narrowly defined as a condition in which a person, as a result of a mental health disorder or impairment by chronic alcoholism, is unable to provide for basic personal needs for food, clothing, or shelter. SB 43 significantly expands the definition of gravely disabled by including severe substance use disorder (SUD) as an allowable category for someone to be compelled into treatment or placed under conservatorship.

The adoption of SB 43 is one of several recent actions taken by Governor Newsom to overhaul the State’s behavioral health system. Other recent statewide initiatives include SB 326, the “Behavioral Health Services Program and Bond Measure,” which will go to California voters as Proposition 1 on March 5, 2024, as well as the establishment of the Community Assistance, Recovery, and Empowerment program (CARE Act), which provides a new pathway to deliver mental health services for those living with untreated schizophrenia spectrum or other psychotic disorders through a new civil court process.

On October 1, 2023, the County of San Diego was one of seven pilot counties in the State to implement the CARE Act to address the behavioral health needs of eligible individuals for whom other treatment options are not working. The CARE Act required over a year of rigorous planning and coordination across multiple County departments and with external stakeholders to implement and has now been operational for two months. One of the key lessons learned of the planning process of the CARE Act was the convening of the stakeholders comprised of representatives from County Behavioral Health Services, the judicial system, local municipalities, and stakeholders to develop the program and establish the infrastructure necessary for successful implementation on October 1, 2023. As a County, we are committed to

SUBJECT: ADOPT RESOLUTION TO GUIDE IMPLEMENTATION OF SENATE BILL (SB) 43 AND ESTABLISH A MULTISECTORAL PLANNING PROCESS TO GUIDE IMPLEMENTATION (DISTRICTS: ALL)

successfully implement the CARE Act program and SB 43 as part of the County's Behavioral Health Continuum of Care.

Today's action would adopt a resolution to implement SB 43 on January 1, 2025. Additionally, it will direct the Chief Administrative Officer to establish a multi-sectoral planning process that would include key parties and agencies impacted by and/or involved with the implementation of SB 43.

RECOMMENDATION(S)

CHAIRWOMAN NORA VARGAS

1. Adopt a resolution entitled: A RESOLUTION OF THE BOARD OF SUPERVISORS OF THE COUNTY OF SAN DIEGO RELATING TO SENATE BILL (SB) 43.
2. Direct the Chief Administrative Officer to establish a process to implement SB 43 on January 1, 2025. The process should include a multi-sectoral planning process with key parties and agencies impacted by and/or involved with the implementation of SB 43.
3. Direct the Chief Administrative Officer to add to the County's 2024 State Budget Advocacy support for additional funding needed to implement SB 43 and to apply for any available funding that will support the implementation of SB 43.

EQUITY IMPACT STATEMENT

The County of San Diego has taken a proactive approach to address the behavioral health needs of our communities, especially our most vulnerable populations including youth, seniors and people experiencing homelessness. On October 1, 2023, San Diego County became one of seven Cohort One counties to implement the CARE Act, which provides community-based behavioral health services and supports to Californians living with untreated schizophrenia spectrum or other psychotic disorders through a new civil court process. The County of San Diego is committed to give careful consideration to the implementation of both the CARE Act and SB 43 to ensure clients have the best possible outcomes.

SUSTAINABILITY IMPACT STATEMENT

This action aligns with the County of San Diego's (County's) Sustainability Goal #1, #2 and #4. Sustainability Goal #1 involves the engage with the community and this action calls for the County of San Diego to conduct stakeholder engagement and input regarding the implementation of SB 43. This action also aligns with the County's Sustainability Goal #2 to provide just and equitable access to County services. As the State and County continue to address the behavioral health needs of Californians, we have a responsibility to prioritize the health and well-being of those experiencing a mental health crisis through a client-centered approach. Lastly, this aligns with Sustainability #4 to protect the health and well-being of everyone in the region.

Today's action ensures that the individuals who may be affected by SB 43, have the best possible outcomes and ensuring all parties responsible in the roll out of SB 43 have an opportunity to carefully think through the methodology needed to have a successful program.

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FISCAL IMPACT

There is no fiscal impact associated with today's recommendations; however, there will likely be future fiscal impacts identified by the department including new costs and staff years associated with the implementation of SB 43, which will be included in future Operational Plans for consideration and approval by the Board. For today's actions, there are no change in net General Fund cost and no additional staff years.

BUSINESS IMPACT STATEMENT

N/A

ADVISORY BOARD STATEMENT

N/A

BACKGROUND

On October 10, 2023, Governor Newsom signed into law Senate Bill (SB) 43, authored by State Senator Susan Talamantes Eggman, amending the Lanterman-Petris-Short Act (LPS Act), for the first time in over 50 years. The LPS Act addressed the involuntary commitment of those facing serious behavioral health challenges when certain criteria are met. The LPS Act allows individuals to be detained, compelled into treatment, and placed under conservatorship when a person is deemed to be a danger to self or others or is "gravely disabled." Under the LPS Act, "gravely disabled," is narrowly defined as a condition in which a person, as a result of a mental health disorder or impairment by chronic alcoholism, is unable to provide for basic personal needs for food, clothing, or shelter. SB 43 fundamentally changes the LPS Act. SB 43 significantly expands the definition of gravely disabled by including severe substance use disorder (SUD) as an allowable category for someone to be compelled into treatment or placed under conservatorship. This law also includes "personal safety and necessary medical care" as part of basic personal needs standard and allows for wider discretion for the court considering conservatorship to hear expert testimony.

The adoption of SB 43 is one of several recent actions taken by Governor Newsom, to overhaul California's behavioral health system. Other recent initiatives include the "Behavioral Health Services Program and Bond Measure," which will go to California voters as Proposition 1 on March 5, 2024, as well as the establishment of the Community Assistance, Recovery, and Empowerment program (CARE Act), which provides a new pathway to deliver mental health services for those living with untreated schizophrenia spectrum or other psychotic disorders through a new civil court process.

On October 1, 2023, the County of San Diego was one of seven counties in the State to implement the CARE Act pilot program to address the behavioral health needs of those who have untreated schizophrenia spectrum or other psychotic disorders and whose other treatment options are not working or who have been unable to be connected to care. In preparation for the implementation of the CARE Act, the County of San Diego convened a working group comprised of the County's Behavioral Health Services, the judicial system, local municipalities, and other stakeholders.

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The County's pilot CARE Act program has the potential to be a significant mechanism to support access to behavioral health services for those suffering from untreated schizophrenia spectrum or other psychotic disorders. The CARE Act program is innovative, and it is likely that over time the County will refine its operations including the optimization of CARE Act program utility for first responders over the next year, to ensure better outcomes.

The County of San Diego has made significant progress to reimagine its behavioral health system and in our commitment to the successful implementation of SB 43, the County will engage the broader community by establishing a multisectoral implementation planning process that will include working closely with and convening key parties and agencies impacted by and/or involved with the implementation of SB 43. This will ensure that the County of San Diego and the greater provider community can adequately build the infrastructure needed for intervention and support in behavioral health services, housing, staffing and judicial spaces.

Today's action would adopt a resolution to implement SB 43 on January 1, 2025. Additionally, it will direct the Chief Administrative Officer to establish a multi-sectoral planning process that would include key parties and agencies impacted by and/or involved with the implementation of SB 43.

LINKAGE TO THE COUNTY OF SAN DIEGO STRATEGIC PLAN

The proposed action aligns with the County of San Diego's 2023-2028 Strategic Plan of Equity and Community by creating a multifaceted system to serve individuals experiencing a behavioral health crisis.

Respectfully submitted,



NORA VARGAS
Chairwoman, First District

ATTACHMENT(S)

1. A RESOLUTION OF THE BOARD OF SUPERVISORS OF THE COUNTY OF SAN DIEGO RELATING TO SENATE BILL (SB) 43.

Previously
Known as
CalAIM



Department of Health Care Services



DHCS is transforming Medi-Cal to ensure that Californians get the care they need to live healthier lives.

Medi-Cal members will have access to **new and improved services** to get well-rounded care that goes beyond the doctor's office or hospital and addresses all of their physical and mental health needs.

These changes are part of a broad transformation of Medi-Cal to create a **more coordinated, person-centered, and equitable health system** that works for all Californians.

DHCS has already undertaken several [initiatives](#) and, over the coming years, will continue to **drive quality of care improvements, streamline and reduce complexity, and build upon equity-focused, data-driven, and whole-person care** through the [adult expansion of Medi-Cal](#) to 700,000 members, [Behavioral Health Continuum Infrastructure Program](#) to improve access to community-based behavioral health treatment, and offering of Medi-Cal covered [doula](#), [Community Health Worker](#), and [dyadic services](#) while following DHCS' [Comprehensive Quality Strategy](#).

To learn more about the **goals of DHCS' groundbreaking changes** and how they will positively impact Medi-Cal members, please visit the [Medi-Cal Transformation Goals webpage](#). To learn more about **how the change in the 2024 Medi-Cal managed care plans (MCP) will help drive these transformational changes**, see the [Medi-Cal MCP Transition webpage](#).

[Initiatives | Medi-Cal Transformation](#)

[Adult-Expansion \(ca.gov\)](#)

[BHCIP-Home \(ca.gov\)](#)

[Doula Services \(ca.gov\)](#)

[Community Health Workers \(ca.gov\)](#)

Dyadic Services and Family Therapy
[APL 22-029 \(ca.gov\)](#)

[Department of Health Care Services
Comprehensive Quality Strategy 2022](#)



Children and Youth Behavioral Health Initiative (CYBHI) Fee Schedule – Cohort 1 Local Education Agencies

The Department of Health Care Services (DHCS) identified the first cohort of forty-seven (47) Local Education Agencies (LEAs) approved to participate in the Children and Youth Behavioral Health Initiative (CYBHI) statewide multi-payer school-linked fee schedule (Fee Schedule) and statewide provider network. The Welfare and Institutions Code § 5961.4(b) authorizes DHCS to “develop and maintain a school-linked statewide provider network of school-site behavioral health counselors.” To develop the CYBHI Fee Schedule provider network, DHCS implemented an operational readiness review process for all interested County Offices of Education (COE) and LEAs. In determining LEA readiness for this cohort, DHCS considered a variety of factors, including, but not limited to: Medi-Cal enrollment, service delivery infrastructure and capacity building, data collection and documentation, and billing infrastructure.

These 47 LEAs were determined by DHCS to meet the readiness review requirements and will comprise the first cohort of the CYBHI fee schedule, which will launch in January 2024. The first cohort will participate in a learning collaborative to inform state level policy and operational guidance for the CYBHI fee schedule program.

The first cohort will consist of the following LEAs:

Alameda County

1. Alameda County Office of Education
2. Alameda Unified
3. Castro Valley Unified
4. Oakland Unified
5. Pleasanton Unified
6. San Lorenzo Unified

Butte County

7. Butte County Office of Education

Contra Costa County

8. Antioch Unified
9. John Swett Unified

El Dorado County

10. Black Oak Mine Unified

Fresno County

11. Fresno County Office of Education

Humboldt County

12. Humboldt County Court and Community Schools
13. Southern Humboldt Joint Unified



Children and Youth Behavioral Health Initiative (CYBHI) Fee Schedule – Cohort 1 Local Education Agencies

Imperial County

- 14. Brawley Union High
- 15. Imperial County Office of Education

Los Angeles County

- 16. Los Angeles County Office of Education
- 17. Los Angeles Unified
- 18. Montebello Unified

Madera County

- 19. Madera County Superintendent of Schools

Nevada County

- 20. Nevada County Office of Education
- 21. Nevada Joint Union High

Orange County

- 22. Anaheim Elementary

Placer County

- 23. Placer County Office of Education
- 24. Roseville Joint Union High

Riverside County

- 25. Jurupa Unified
- 26. Palm Springs Unified
- 27. Riverside County Office of Education, Alternative Education

Sacramento County

- 28. Galt Joint Union Elementary

San Bernardino County

- 29. Redlands Unified
- 30. Rialto Unified

San Diego County

- 31. San Diego Unified
- 32. Santee

San Joaquin County

- 33. Escalon Unified
- 34. San Joaquin County Office of Education

San Luis Obispo County

- 35. San Luis Coastal Unified

Santa Barbara County

- 36. Guadalupe Union Elementary
- 37. Santa Barbara County Office of Education
- 38. Santa Maria-Bonita

Santa Clara County

- 39. Santa Clara County Office of Education
- 40. Sunnyvale

Santa Cruz County

- 41. Pajaro Valley Unified



Children and Youth Behavioral Health Initiative (CYBHI) Fee Schedule – Cohort 1 Local Education Agencies

Shasta County

- 42. Enterprise Elementary
- 43. Shasta County Office of Education

Solano County

- 44. Solano County Office of Education

Tehama County

- 45. Red Bluff Joint Union High
- 46. Tehama County Department of Education

Tulare

- 47. Tulare County Office of Education

More information about the CYBHI fee schedule program can be found on the [CYBHI Fee Schedule webpage](#).

December 2023 UPDATE



Table of Contents

A Message from CYBHI Director Melissa Stafford Jones

Funding Opportunities and Upcoming Events

Spotlights

- Stories From the Field: Promoting Student Wellness Through Strategic Partnerships and Multi-Tiered Supports
- Allied Healthcare Scholarship Awardee in the News
- OSG Releases ACEs and Toxic Stress Campaign Listening Sessions Summary Report

Additional Updates

About the CYBHI

A Message from CYBHI Director Melissa Stafford Jones

"I want to see people I relate to overcoming their adversities and sharing their stories, because if they can do it, maybe so can I." - Survey Response, [Adverse Childhood Experiences \(ACEs\) and Toxic Stress Campaign Listening Sessions Summary Report](#)

The power of connection and hope are vital to mental health and well-being. In this month's update, you'll learn more about how the CYBHI is building connections, developing campaigns centered on hope and empowerment, and providing scholarships to help people with lived experience pursue careers in behavioral health. These stories are just a few examples of the progress we are creating together, and I am hopeful for what the future holds.

Finally, I want to take a moment to say what an honor it has been to work on the CYBHI and how privileged I feel to have collaborated with so many amazing partners across sectors and communities. I am stepping down at the end of the year to take a new role in 2024, and CalHHS is pleased to welcome Dr. Sohil Sud, who will serve as the CYBHI's new director beginning in January.

Dr. Sud's extensive knowledge, wealth of experience—as a pediatrician, an Associate Clinical Professor at UCSF and in his work at the California Department of Public Health—leading Safe Schools, working in partnership with the education community during the COVID-19 pandemic and currently leading the agency's school health and chronic disease programs—and his collaborative approach make him perfectly suited to lead this work.

Thank you for your continued partnership. I hope you have a joyful, restorative holiday and a wonderful new year.

In Partnership,

Melissa Stafford Jones

Director, Children and Youth Behavioral Health Initiative

Funding Opportunities and Upcoming Events

Current Funding Opportunities

- [RFA | Local-Level Public Education and Change Campaigns](#):
 - Grant opportunity for community-based and tribal organizations to develop local-level campaigns that address reduction in stigma, and enhance behavioral health literacy for children, youth, families and communities, and increase help-seeking behavior and wellness support.
 - Application due **January 16, 2024, by 2 p.m. PST**

Spotlights

Every month, we highlight stories that provide insight into the behavioral health needs of California youth and families, uplift some of the efforts and approaches to transform our systems and illustrate values that guide our efforts.



Stories From the Field: Promoting Student Wellness Through Strategic Partnerships and Multi-Tiered Supports

To support our students' behavioral health and well-being, the systems, organizations and providers who serve them must work together and meet young people where they are. In this month's Story From the Field, discover how San Diego Unified School District is creating strategic relationships with community-based clinical service providers to embed mental and behavioral health services on campuses throughout the district. [Read Urban Promise Academy's Story.](#)

<https://cybhi.chhs.ca.gov/sdusd/>



Allied Healthcare Scholarship Awardee in the News

At Father Joe's Villages, Kimberly Knopik uses her lived experience with mental health and substance use challenges and her training as a counselor to support others who need help. "If I can help people make better decisions and guide them to a better life, I'm all in," said Kimberly. Kimberly's journey of resilience and hope received a boost with a \$24,000 scholarship through the CYBHI-funded Allied Healthcare Scholarship Program. Learn more about how this scholarship helped her pursue a fulfilling career as a Substance Use Disorder Counselor and check out her op-ed in the [San Diego Union Tribune](#) and stories on [SDnews.com](#) and [ABC10 News San Diego](#).

[Opinion: I went from being an addict to helping others quit - The San Diego Union-Tribune \(sandiegouniontribune.com\)](#)

[State gives scholarship to drug counselor who turned life around | SDNews.com](#)



OSG Releases ACEs and Toxic Stress Campaign Listening Sessions Summary Report

Adverse Childhood Experiences (ACEs) and Toxic Stress Campaign Listening Sessions Summary Report

compiles learnings from seven listening sessions that were held with youth and young adults, and parents and caregivers to inform the ACEs and Toxic Stress Public Awareness and Healing-Centered Campaign. The report includes insights into individuals' knowledge and perceptions of ACEs and toxic stress, as well as their recommendations on reaching youth, young adults and caregivers. Key insights expressed by participants included the need for campaigns that are hopeful — evoking feelings of relief and empowerment — actionable — emphasizing what happens next and delivering realistic options for healing and support — and connected — drawing attention to the power of supportive relationships and community.

[Listening-Session-Summary-Report.pdf \(ca.gov\)](#)

Additional Updates

Learn more about what the State of California is doing to support the well-being of children, youth and families.

[California Supports Students Through \\$15.6 Million in Behavioral Health Scholarships - HCAI](#)

December 7, CYBHI Public Webinar

[Public Webinar - CYBHI \(ca.gov\)](#)

About the CYBHI

The Children and Youth Behavioral Health Initiative (CYBHI) is a five-year, \$4.6 billion initiative that is transforming the way California supports children, youth and families. Learn more at cybhi.chhs.ca.gov.

[Home - CYBHI \(ca.gov\)](#)

You can also view past updates and webinars.

[Progress & Updates - CYBHI \(ca.gov\)](#)

To contact CYBHI or engage on workstream-specific topics, please visit our Contact Us page.



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County of San Diego

ERIC C. MCDONALD, MD, MPH, FACEP
INTERIM AGENCY DIRECTOR

HEALTH AND HUMAN SERVICES AGENCY
BEHAVIORAL HEALTH SERVICES
3255 CAMINO DEL RIO SOUTH, MAIL STOP P-531
SAN DIEGO, CA 92108-3806
(619) 563-2700 • FAX (619) 563-2705

LUKE BERGMANN, Ph.D.
DIRECTOR, BEHAVIORAL HEALTH SERVICES

November 29, 2023

TO: Behavioral Health Advisory Board (BHAB)

FROM: Luke Bergmann, Ph.D., Director, Behavioral Health Services

BEHAVIORAL HEALTH SERVICES (BHS) DIRECTOR'S REPORT – DECEMBER 2023

BHS 2023 YEAR IN REVIEW

This calendar year saw an incredible advancement of critical services and initiatives in BHS, moving us closer to realizing the vision of transforming the behavioral health system of care in San Diego County. Below are just a few notable initiatives that highlight continued advancements to address behavioral health workforce challenges, long term care needs, prevention efforts, supporting connections to care, and creating opportunities for stakeholder and community engagement to inform BHS programs and services.

Behavioral Health Workforce

In the face of continued workforce challenges, BHS is advancing strategies which will support the long-term recruitment and retention of a qualified behavioral health workforce. In January, **BHS accepted \$0.8 million in worker retention payment funding** for eligible workers and physicians at the San Diego County Psychiatric Hospital and Edgemoor Distinct Part Skilled Nursing Facility and retention payments were subsequently issued to eligible staff.

In April and August, BHS reported updates to the Board of Supervisors (Board) on recommended strategies to address the behavioral health workforce challenges in San Diego County which included plans to: 1) invest in competitive compensation; 2) pursue administrative relief; 3) establish regional behavioral health training centers of excellence; 4) build a workforce training fund; and 5) maintain a feedback loop with workers to solicit feedback.

On May 2, 2023 (5) the **Public Behavioral Health Workforce Innovation Program** proposal was approved by the San Diego County Board of Supervisors, and subsequently, on June 15, 2023, the California Mental Health Services Oversight and Accountability Commission approved up to \$75 million in Mental Health Services Act (MHSA) Innovation funding over five years for the training and tuition-reimbursement program and the upskilling to meet professional needs components. Planning for implementation of this new program is underway.

BHS continues to pursue opportunities to recruit and sustain a qualified public behavioral health workforce including implementation of the programs above. Additionally, in the past year, BHS has moved forward with several key phases of implementing **California Advancing and Innovating Medicaid (CalAIM) behavioral health payment and documentation reform**, including conversion of contracts from cost-reimbursement structures to a fee-for-service structure; these major system

changes provide new opportunities to reduce the administrative burden experienced by public behavioral health providers as well as invest in the behavioral health workforce.

Long-Term and Community-Based Care

To advance the **BHS Optimal Care Pathways (OCP) model**, which includes rebalancing services and adding capacity within subacute and community-based care, BHS pursued critical funding opportunities in 2023 which will support the implementation of these recommendations.

To date, BHS has accepted a total of \$15.8 million in **Community Care Expansion (CCE) program** funds, which is a portion of the \$805 million state allocation for the preservation and expansion of adult and senior care facilities. Additionally, BHS was awarded \$44.3 million from the state **Behavioral Health Bridge Housing Program** to help address the gaps in Board and Care beds devoted to clients with public insurance by providing operational and supportive services funding to expand bridge housing capacity within current or new settings by optimizing utilization of existing services in the community. BHS is working with the grant administrator to execute performance agreements to receive the funding.

Additionally, work continues to reimagine the array of services within the **San Diego County Psychiatric Hospital (SDCPH)**, an Institution of Mental Disease (IMD) facility, potentially creating opportunities for BHS to address pressing post-acute care needs within the continuum, as well as realize operational efficiencies. Planning is underway for this effort.

BHS continues to pursue funding opportunities that support advancing the vision of the OCP model.

Prevention

BHS remains committed to focused prevention efforts and community-informed public outreach and education initiatives. Over the past year, BHS has presented to the Board two comprehensive updates on the implementation of the **Opioid Settlement Framework** (Framework), which outlines the County of San Diego's (County) approach to spending allocated funds from opioid pharmaceutical settlement agreements. In May, BHS shared the harm reduction outreach and education campaigns that launched, including a media campaign to prevent fentanyl overdoses among youth, and obtained approval to expand public outreach efforts through the procurement of new contracts. In October, BHS returned to the Board to present updates on the Framework which included a comprehensive review of all prevention efforts and new programs which collectively advance the County's Comprehensive Harm Reduction Strategy.

In June, BHS received approval to accept grant funding from the California Department of Public Health (CDPH) for the **Youth Suicide Crisis Response and Reporting Pilot** program. Approximately \$4.1 million of one-time funds was allocated to San Diego County to enhance efforts to address suicide among youth aged 12-25 years. The pilot will run through June 2025.

In recognition of Suicide Prevention Month in September, BHS developed a **Suicide Prevention Toolkit** in English and Spanish designed to foster hope and action in destigmatizing conversations about suicide. This year's campaign, *Sharing Hope Together*, offered downloadable and shareable content such as social media posts, resource guides, activity worksheets, and more for each day of National Suicide Prevention Week. The Suicide Prevention Toolkit can be found at the following link: https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/suicide_prevention.html.

Connections to Care

Over the last five years, BHS has shared a vision to establish regionally distributed behavioral health services that offer multiple, low barrier connections to care that are close to a person's network of support. Key efforts in 2023 continued to advance this vision including an action in June that authorized acceptance of a \$4.5 million grant award to further enhance the **Mobile Crisis Response Team (MCRT)** program. MCRT was designed to help people who are experiencing a mental health or substance use crisis by dispatching behavioral health experts to emergency calls instead of law

enforcement, when appropriate. Since the January 2021 program inception, MCRT has responded to over 8,000 referrals (as of 11/1/23). MCRT and BHS staff are currently in the planning and development phase of MCRT expansion and integration with Fire/Emergency Medical Services, Tribal leadership, colleges and universities, and school districts.

In October, the County, along with other key partners involved in the process, launched the much-anticipated **Community Assistance, Recovery and Empowerment (CARE) Act program** which creates a new pathway to deliver mental health and substance use services to individuals who are diagnosed with schizophrenia or other psychotic disorders and are not engaged in treatment. Prior to and through the launch, BHS has onboarded an entire team of new clinical County staff, along with administrative staff, across various units to support the CARE Act program implementation. Throughout December and into January 2024, BHS and NAMI will lead a series of six community information sessions on the CARE Act Program to provide the community the opportunity to become better informed about the CARE Act and obtain resources. For more information, please visit the BHS webpage: www.SanDiegoCounty.gov/CAREAct.

Also in October, the County received approval to partner with the Viejas Band of Kumeyaay Indians (Viejas) for the provision of approximately 150 new opioid treatment program slots at the **Revive Pathway clinic**, located in El Cajon, and wholly owned by Viejas. Services include medication assisted treatment, which reduces drug use, disease rates, and overdose events, as well as promoting recovery among people with substance use conditions. This adds critical capacity in a region that has a proportionally high rate of opioid overdose deaths and opioid related emergency department visits and, as a Tribal Compact Clinic, will have the added benefit of specializing in care for the American Indian and Alaska Native community.

In terms of capital infrastructure, throughout 2023, BHS and the County's Department of General Services (DGS) made significant progress on two major capital projects.

- In January, BHS began announcing plans for the construction of a new **East Region Crisis Stabilization Unit (CSU) and Recovery Bridge Center (RBC)**. By May, BHS initiated community outreach efforts to inform and engage in dialogue with the community about this project.
- In partnership with Tri-City Healthcare District (Tri-City), BHS and DGS continued progress on a new state-of-the-art **Psychiatric Health Facility (PHF)** on the Tri-City campus in Oceanside to provide essential mental health services to meet the needs of those living in North San Diego County. Significant construction milestones in 2023 include framing of the building, completion of electrical and plumbing systems, and roof installation. The project is on track to be operational in summer 2024.
- Planning continues for the **Edgemoor Psychiatric Acute Inpatient Unit**, which will establish 12 new inpatient beds in the East Region of San Diego County. BHS received Behavioral Health Continuum Infrastructure Program grant funding from the State totaling \$16.7 million.

Community Engagement

Throughout this past year, creating opportunities for community and stakeholder input has been a key focus for the department. Input has been gathered through various mechanisms, including key informant interviews, focus groups, questionnaires, and in-person and virtual listening sessions. Stakeholder input was elevated through Board Letters, Board Memos, and presentations provided by BHS to the Board. Additionally, stakeholder input specific to BHS health promotion activities and how community engagement is conducted was received by the department's **Communication and Engagement (C&E) Team** and continues to inform engagement strategies.

Community engagement for the **East Region CSU/RBC** aimed to raise community awareness about the project and services, provide opportunities for community residents and stakeholders to engage in conversation with County staff, identify champions supportive of this project, and ensure that outreach

was wide reaching to a myriad of diverse stakeholders including community partners, elected officials, and East County residents. As of November, 813 stakeholders have been reached through our community engagement efforts related to this project, in partnership with our community engagement contractor. Community outreach and engagement will continue throughout the development of the project with continued dialogue with the community.

Community engagement strategies this year have also leveraged existing regional partners; expanded networks throughout the county, including in Tribal and rural communities; and created more opportunities and methods by which community input can be gathered to inform behavioral health service needs in the region. The C&E Team will continue to explore establishing more mechanisms by which to gather and thread community input to inform BHS programs and services. The C&E Team will also look to new County platforms like Engage San Diego (<https://engage.sandiegocounty.gov>) to increase opportunities for community input that provides insight on the most pressing issues related to mental health and substance use and how BHS can address these challenges by meeting people where they are.

BHS 2024 Looking Ahead

As we look to the new year, several large-scale policy changes will significantly impact the system of care, including the implementation of **Senate Bill (SB) 43**, which was signed by the Governor on October 10, 2023. Unless delayed through a resolution by the Board, implementation will begin on January 1, 2024. SB 43 significantly updates California's conservatorship laws for the first time in more than 50 years to include people who are unable to provide for their personal safety or necessary medical care, in addition to food, clothing, or shelter, due to either severe substance use disorder or serious mental health illnesses.

On October 12, 2023, the Governor signed **SB 326, the Behavioral Health Services Act (BHSA)**, which seeks to modernize the Mental Health Services Act (MHSA). BHSA will shift the scope of services funded previously by MHSA, with shifts anticipated to services, increased accountability, improved outcome reporting, and a broadened focus that requires reporting on all funding sources supporting behavioral health services.

Assembly Bill (AB) 531, the Behavioral Health Infrastructure Bond Act of 2023, was also signed by the Governor on October 12, 2023, and would authorize the issuance of bonds totaling \$6.38 billion to finance loans or grants for the acquisition of capital assets for the conversion, rehabilitation, or new construction of permanent supportive housing people who are homeless and meet specific criteria. The bond funding will be used to construct, acquire, and rehabilitate new treatment beds and supportive housing units and treatment slots. These two measures will go to California voters in March 2024 as Proposition 1.

On October 13, 2023, **SB 525, Minimum Wages for Health Care Workers**, was signed by the Governor. The bill establishes a new minimum wage requirement for health care workers beginning on June 1, 2024, inclusive of employees working in skilled nursing facilities, acute care hospitals, board and care facilities, and other behavioral health settings. Planning is underway to determine the impact of the bill, which is anticipated to impact behavioral health workers across the public behavioral health system.

Finally, as noted above, **Behavioral Health Payment Reform** implementation under CalAIM began on July 1, 2023, and is currently underway using a phased approach. CalAIM is anticipated to transform and modernize the state's Medicaid program to improve the quality of life and health outcomes of Medi-Cal beneficiaries, including those with the most complex health and social needs. CalAIM includes a series of far-reaching initiatives that together represent broad reforms of Medi-Cal programs and systems. Key transitions for payment reform will include:

- Shift from cost-reimbursement methodology to a fee for service (FFS) payment structure
- Shift to Intergovernmental Transfers

- Shift from Healthcare Common Procedure Coding System (HCPCS) to a combination of HCPCS and Common Procedural Terminology (CPT) coding

More information about Behavioral Health Payment Reform can be found at the following link: <https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/calaim.html>.

BHS 2023 SPECIAL EVENTS & ACHIEVEMENTS

Below are a few noteworthy events and achievements from this past year and are not intended to be all inclusive.

On April 20, 2023, the County celebrated the phase one **grand opening of the newly reconstructed Villa Serena**, an affordable housing community in San Marcos. This project was funded in part by the BHS Special Needs Housing Program which allows the County to utilize MHSA funds for supportive housing. Of the 85 units available in phase one (1), eight (8) will be designated for clients with behavioral health needs who will receive mental health and medication support, assistance applying for benefits and managing daily living activities, and access to other supportive services.

During the annual Salute to Healthcare Heroes Award Ceremony the San Diego Business Journal awarded the category of **Outstanding Behavioral Health Program to the Community Harm Reduction Team (C-HRT)**. C-HRT is a collaboration with Episcopal Community Services for the C-HRT designated Safe Haven and Family Health Centers of San Diego, which operates the C-HRT street outreach component. This is a joint effort between BHS, the City of San Diego, and San Diego Housing Commission. The program provides San Diegans experiencing substance use conditions, co-occurring mental health issues, and homelessness with connections to interim shelter options, case management, system navigation, permanent housing, behavioral health services, and medical care. Since C-HRT launched in November 2021, the outreach team have made over 1,700 street contacts and have engaged more than 300 individuals with case management services and connections to housing options.

More information on the Salute to Healthcare Heroes Award can be found at the following link: <https://images.sdbj.com/wp-content/uploads/2023/06/Healthcare-Heroes-2023.pdf>.

In honor of National Recovery Month, BHS held the 33rd annual **National Recovery Month celebration** event on Saturday, August 26, 2023, at Waterfront Park. BHS welcomed approximately 250 attendees to *Celebrate the Tides of Hope*. The event featured 70 exhibitors engaging visitors in a variety of educational activities and resources, including distribution of 400 life-saving Naloxone kits. Attendees shared their gratitude for the invaluable resources and Naloxone availability, alongside a deepened understanding of the recovery community.

In September, **Edgemoor was named one of Newsweek's Best Nursing Homes for 2024**, ranking number three in California. Additionally, Edgemoor remains an overall five-star facility on the Centers for Medicare and Medicaid Services (CMS) Care Compare site for Nursing Homes. Achieving five out of five stars in all four rating categories (Overall Quality, Health Inspection, Quality Measures, Staffing, and RN Staffing).

Check Your Mood Day was held on Thursday, October 5, 2023, in conjunction with National Depression Screening Day. The purpose of this annual event is to engage and encourage San Diegans to monitor and assess their emotional well-being. Getting screened for depression is an important part of healthcare checkups, much like getting your blood pressure checked or being screened for heart disease. San Diegans were encouraged to take the online screening and access free mental health resources on Live Well San Diego website.

The Mental Health America online depression screening tool can be found at the following link: https://screening.mhanational.org/screening-tools/depression/?layout=hide_progress.

BHS ANNOUNCEMENTS

Vista Hill Bridges North Central Regional Recovery Center Closure

Vista Hill Bridges North Central Regional Recovery Center (VH-BNCRRC) will be ending clinical services on December 31, 2023. The North Central Regional Recovery Center will thereafter transition to a new provider who will reach out soon to partnering agencies.

Please be informed that VH-BNCRRC will continue to provide services to clients through December 31, 2023. Those clients scheduled to complete their treatment successfully will be discharged by the closing date. However, clients who require services after December 31, 2023, will be offered outpatient services at other BHS contracted regional recovery centers until the new contractor starts services in 2024.

Respectfully submitted,



LUKE BERGMANN, Ph.D., Director
Behavioral Health Services

c: Eric C. McDonald M.D., Interim Agency Director
Aurora Kiviat Nudd, Assistant Director and Chief Operations Officer
Cecily Thornton-Stearns, Assistant Director and Chief Program Officer
Nadia Privara Brahms, Assistant Director, Chief Strategy and Finance Officer

Nominate an individual and/or a program by January 31, 2024!

Each year, the **Children, Youth and Families (CYF) Council Training Academy Committee** presents **Advancing Principles Awards** to an individual and a program. Award recipients exceptionally demonstrate the following principles in their service for children, youth and families:

**Collaboration of Four Sectors
Integrated
Child, Youth and Family Driven
Individualized
Strength-Based
Community-Based
Outcome Driven
Culturally Competent
Trauma-Informed
Persistence**

Award recipients will be recognized at an upcoming
Council meeting.

Anyone can nominate an individual and or a program that serves
children, youth and families.

Click on the link below to access the nomination form:
[CYF Advancing Principles 2023 Recognition Form](#)



Live Well San Diego
EDUCATION SECTOR



Youth-led Town Hall: Youth for Mental Health: Informing, Discussing, Sharing

Hosted by the Live Well San Diego Youth Sector

When?

January 13th, 2024

Where?

Mira Mesa Public Library
OR Join on Zoom!
8405 New Salem St., San Diego, CA 92126

Time?

2:30 PM - 4:30 PM

Register at:

[Youth-Led Town Halls Registration \(google.com\)](https://www.google.com)



**LIVE WELL
SAN DIEGO**

What is the Youth Mental Health Academy?

The YMHA is a community-based, career development program for high school students that takes place over the course of 14 months. The YMHA includes the following:

- Paid project-based learning and final (capstone) group presentation during the first summer of the program
- Mentorship and integrated support throughout the duration of the program
- A paid internship in the mental health field during the second summer of the program. Internships are supervised by career professionals from organizations doing work in:
 - Brain and mental health research
 - Clinical practice
 - Mental health media and communications



Undergraduate & Graduate Students

College students pursuing health-related careers can apply to be paid mentors to a small group of high school students throughout the program.

Mental Health Professionals

Career professionals working in clinical, research, or media/communication roles can apply to be internship supervisors. There may also be opportunities to be involved in panels and support students throughout the academic year.

Mental Health Organizations

Organizations doing work in related fields can support the program's initiative by hosting students for a 5-week, hands-on internship.





WeAllCount

VOLUNTEERS NEEDED!

RTFH is looking for dedicated individuals interested in supporting our local annual homeless census to help inform and bring necessary homeless resources to San Diego County.



THURSDAY
JANUARY 25, 2024
4:00 AM - 8:00 AM

SUPPORT ONE OF OUR MANY DEPLOYMENT SITES

Various volunteer locations across San Diego County.

Limited evening shifts available at some locations .

To learn more go to www.rtfhsd.org



Register here

Organized by CoC lead agency
Regional Task Force on Homelessness (RTFH)

Current Volunteer Need by Volunteer Site

Central Region			North Region			East Region			South Region		
Sites	Shift	Need	Sites	Shift	Need	Sites	Shift	Need	Sites	Shift	Need
Pacific Beach/Compass Station	4am-8am	50	Vista/ Lifeline Community Services	4am-8am	55	El Cajon/ St. Alban's Episcopal Church	4am-8am	24	SBCS	4am-8am	235
Hillcrest/Townpeople	4am-8am	22	Interfaith Community Services/Escondido	4am-8am	54	Spring Valley	4am-8am	39	National City Community Services	4am-8am	8
Mira Mesa Senior Center	4am-8am	41	Rancho Bernardo Library	4am-8am	7	Lemon Grove/ Heartland Fire and Rescue Station	4am-8am	15	Imperial Beach	4am-8am	1
Mission Valley/ SDRP	6am-9am	16	Fallbrook Library	4am-8am	7	La Mesa/ First United Methodist Church	4am-8am	14			
Ocean Beach/Episcopal Church	4am-8am	25	Poway Fire Department Station 1	4am-8am	23	Lakeside/ Rise City Church	4am-8am	9			
United Way	4am-8am	57	Ramona/ First Congregational Church	4am-8am	23	Santee City Hall	4am-8am	19			
University Heights	4am-8am	63	Encinitas/ Community Resource Center	4am-8am	56	Santee/SDRP	6am-9am	16			
Valencia Park	4am-8am	41	Oceanside/ El Corazon Senior Center	4am-8am	69						
Veterans Village of San Diego	4am-8am	18	Carlsbad	4am-8am	14						

Children, Youth & Families Council Fiscal Year 2023-24 Mid-Year Highlights

Juvenile Court

Judge Ana España

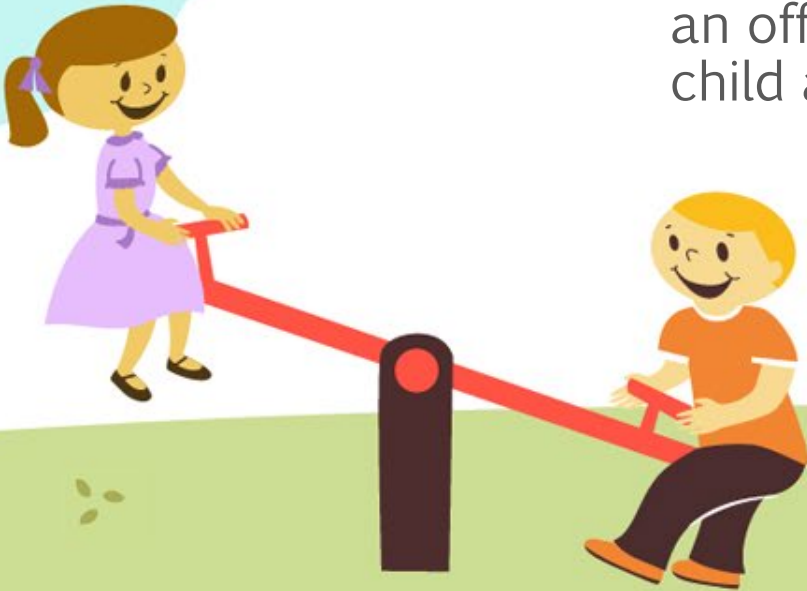
Staff Attorney Beth Brown

January 8 & February 12, 2024



The Juvenile Court conducts proceedings involving children and youth under the age of 18 and nonminor dependents 18 to 21 years of age. The primary role of the Juvenile Court is to ensure public safety and to protect each youth under its jurisdiction. In Juvenile Justice (delinquency) cases, a youth is charged with an offense. Dependency cases involve allegations of child abuse and neglect.

In recent years, the jurisdiction of the Juvenile Court over youth in the juvenile justice system has been extended to the age of 25 years in some cases. The Juvenile Court can even retain jurisdiction over older adults for a period of two years in some circumstances. This has created a need to find services for people who are well beyond the age we have traditionally served.



Highlights/key issues relevant to CYF Council participants

We continue to work collaboratively with our justice partners, with a focus on:

- Programs and services to help youth and families
- Use of case plans that are tailored to the youth and family
- Breaking down systemic barriers that cause disruptions and delays in services

New for 2023-2024 is a Youth Justice System Review Project with the RFK National Resource Center for Juvenile Justice that includes workgroups to:

- Improve the Juvenile Court Process and make it more trauma informed
- Improve the use of assessments to guide case planning



Call to Action

Juvenile Court cases are confidential, but we work collaboratively with many local partners on policies, procedures, protocols, and system improvements. Contact us if you would like to contribute to one of our many workgroups.



For information about
the San Diego Juvenile
Court, visit:

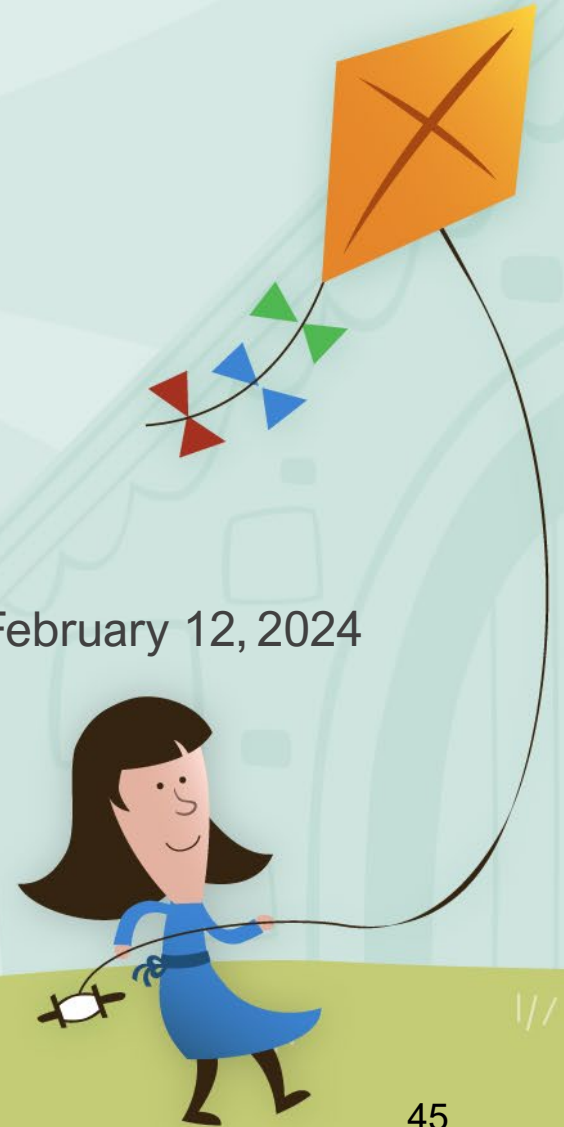
<https://www.sdcourt.ca.gov/sdcourt/juvenile3>



Children, Youth & Families Council Fiscal Year 2023-24 Mid-Year Highlights

Cultural Competence Resource Team (CCRT)
Rosa Ana Lozada

January 8 and February 12, 2024



Purpose of the Cultural Competence Resource Team (CCRT)

To provide recommendations to Behavioral Health Services executive leadership on issues of cultural competence.



Mid-Year Highlights



Academy
for Professional
Excellence

Inquire. Inspire. Impact.

Cultural Competency Academy

Will transition into the Cultural Responsiveness Academy.

Goals for 2024:

- In-person training
- Culture specific training (Spring 2024)

[Cultural Competency Academy - Academy for Professional Excellence \(sdsu.edu\)](https://sdsu.edu/cultural-competency-academy)



Mid-Year Highlights (Continued)

Interdisciplinary Collaboration and Cultural Transformation Model Learning Collaborative (ICCTM LC) Training Series

Trainings focused on advancing culturally responsive practices and in support of the Culturally and Linguistic Appropriate Services (CLAS) Standards

- ICCTM Overview
- The Impact of COVID-19
- Social Determinants of Health
- National CLAS Standards
- Trauma in the Trenches
- Untangling Intangible Loss in the Treatment of Traumatic Grief
- Quality Improvement and Mental Health Plan Equity Data
- Community Engagement Models (Part 1, Part 2, and Part 3)
- ICCTM Sustainability



Culture Share

What is Culture Share?

Culture share is a time to advance and integrate cultural learning, understanding, and practices into our work. This experience can honor and celebrate family, history, traditions, experiences, and practices that may bring joy and well-being. It can also bring discomfort, curiosity and **bias awareness**. Ultimately, it is an opportunity for self reflection and enlightenment to enhance our capacity to provide culturally responsive services to the children, youth, and families in our communities.

Structure

1. Present a **3 minute Culture Share**.
2. Introduce a personal or work related experience from a cultural lens.
 - This can be verbal and/or you can share a story, an object, song, or anything else
3. Describe how this experience influences your work
4. Open for any group reflection



CYF Council Culture Share Highlights

- July 10, 2023 - Stephanie Gioia-Beckman
- August 14, 2023 - Bill Stewart
- September 12, 2023 - Divya Kakaiya
- November 13, 2023 - Darwin Espejo



Cultural Competence Resources



[Cultural Competency Plan FY 22-23 Final 6.30.23 PDF.pdf \(sandiegocounty.gov\)](#)



Cultural Competence Resources

National Standards for Culturally and Linguistically Appropriate Services (CLAS) in Health and Health Care

The National CLAS Standards are intended to advance health equity, improve quality, and help eliminate health care disparities by establishing a blueprint for health and health care organizations to:

Principal Standard:

1. Provide effective, equitable, understandable, and respectful quality care and services that are responsive to diverse cultural health beliefs and practices, preferred languages, health literacy, and other communication needs.

Communication and Language Assistance:

5. Offer language assistance to individuals who have limited English proficiency and/or other communication needs, at no cost to them, to facilitate timely access to all health care and services.
6. Inform all individuals of the availability of language assistance services clearly and in their preferred language, verbally and in writing.
7. Ensure the competence of individuals providing language assistance, recognizing that the use of untrained individuals and/or minors as interpreters should be avoided.
8. Provide easy-to-understand print and multimedia materials and signage in the languages commonly used by the populations in the service area.

Governance, Leadership, and Workforce:

2. Advance and sustain organizational governance and leadership that promotes CLAS and health equity through policy, practices, and allocated resources.
3. Recruit, promote, and support a culturally and linguistically diverse governance, leadership, and workforce that are responsive to the population in the service area.
4. Educate and train governance, leadership, and workforce in culturally and linguistically appropriate policies and practices on an ongoing basis.

Engagement, Continuous Improvement, and Accountability:

9. Establish culturally and linguistically appropriate goals, policies, and management accountability, and infuse them throughout the organization's planning and operations.
10. Conduct ongoing assessments of the organization's CLAS-related activities and integrate CLAS-related measures into measurement and continuous quality improvement activities.
11. Collect and maintain accurate and reliable demographic data to monitor and evaluate the impact of CLAS on health equity and outcomes and to inform service delivery.
12. Conduct regular assessments of community health assets and needs and use the results to plan and implement services that respond to the cultural and linguistic diversity of populations in the service area.
13. Partner with the community to design, implement, and evaluate policies, practices, and services to ensure cultural and linguistic appropriateness.
14. Create conflict and grievance resolution processes that are culturally and linguistically appropriate to identify, prevent, and resolve conflicts or complaints.
15. Communicate the organization's progress in implementing and sustaining CLAS to all stakeholders, constituents, and the general public.

[National Standards for Culturally and Linguistically Appropriate Services \(CLAS\) in Health and Health Care \(sandiegocounty.gov\)](http://sandiegocounty.gov)



The CCRT meets monthly
When: First Friday of the month
Time: 10 to 11: 30 a.m. via Zoom

For more information, contact Dawn Hull at:
Dawn.Hull@sdcounty.ca.gov



Children, Youth & Families (CYF) Council Fiscal Year 2023-24 Mid-Year Highlights

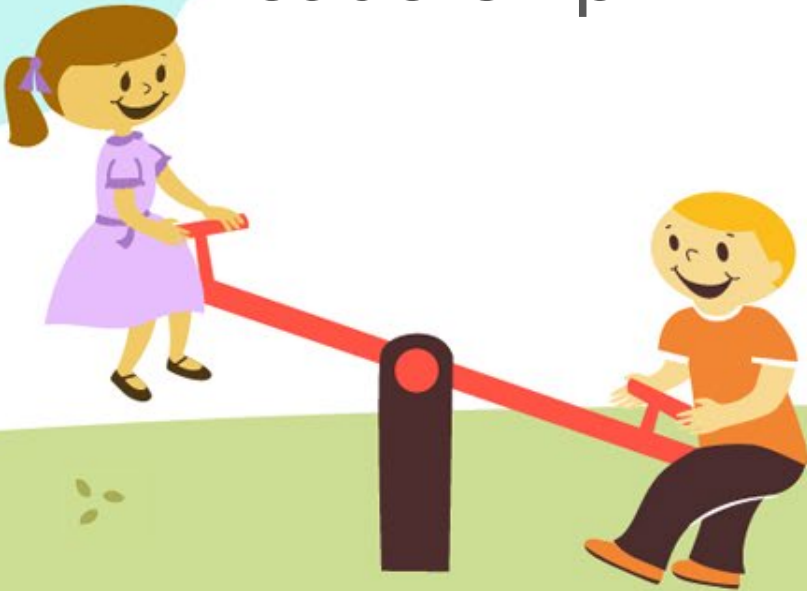
Training Academy

**January 8
and
February 12, 2024**



Purpose

The Children, Youth and Families (CYF) Council Training Academy Committee is a collaboration of partners in the four sectors of the CYF System of Care, provides recommendations on relevant trainings and training needs to the Behavioral Health Services leadership.



Mid-Year Highlights

Each year, the **Children, Youth and Families (CYF) Council Training Academy Committee** presents the **Advancing Principles Award** to an individual and program.

Award recipients exceptionally demonstrate the following CYF System of Care Principles:

Collaboration of Four Sectors
Integrated
Child, Youth and Family Driven
Individualized
Strength-Based
Community-Based
Outcome Driven
Culturally Competent
Trauma Informed
Persistence

Submit nominations by January 31, 2024 at:

[Children, Youth and Families System of Care 2023 Advancing Principles Recognition Form \(smartsheet.com\)](https://smartsheet.com)



Mid-Year Highlights – (Continued)

- Submitted training recommendations
- Shared local training opportunities via the CYF Council
- Some Committee members will collaborate in the planning of the 2024 Youth Mental Health Well-Being Celebration and Family Sector activities

Call to action.

What can Council participants do to help advance the mission of the group and System of Care overall?

- **Seek the Family and Youth Sector participation at all levels**



**Join the CYF Council
Training Academy Committee**

Next Meeting:

February 7, 2024

Time: 9 to 10 a.m. via Zoom

For more information, contact Edith Mohler
at:

Edith.Mohler@sdcounty.ca.gov



Proposed Future Meetings

Month	Date and time	Topic
May 2024	Pending	Goals and Accomplishments
August 2024	Pending	Training Recommendations
November 2024	Pending	Principles Awards
February 2025	Pending	Principles Awards/Training Updates



Children, Youth & Families Council Fiscal Year 2023-24 Mid-Year Highlight

Public Health

Dr. Tom Coleman

(Rhonda Freeman is also our representative.)

January 8th & February 12th
2024



County of San Diego Department of Public Health Services

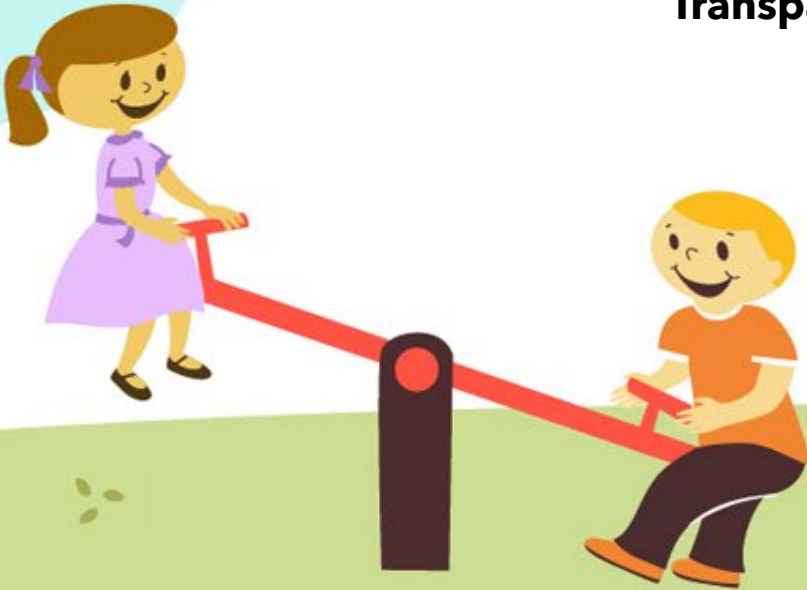
VISION: Healthy People in Healthy Communities.

MISSION: To promote health and improve quality of life by:

- Preventing disease, injury, and disability; and
- Protecting against, and responding to, health threats and disasters.

VALUES: Diversity, Respect, Collaboration, Responsiveness, Transparency

We tend to focus on activities related to Maternal, Child, and Family Health Services, our Branch within the Department of Public Health Services.



Provide a highlight or key issue from the sector that is relevant to CYF Council participants.

- **Plan for the sunset of the Child Health and Disability Prevention (CHDP) Program, effective July 1, 2024 → there will still be a standalone Health Care Program for Children in Foster Care.**
- **Also working on the transition of the Comprehensive Perinatal Services Program (CPSP) to Medi-Cal Managed Care.**
- **Determining other challenges and opportunities as Medi-Cal Transformation/SDAIM progresses (e.g., focusing on overarching areas within DHCS's Comprehensive Quality Strategy—children's preventive care, maternity care and birth equity, and behavioral health integration).**
- **Expand Black Infant Health and California Home Visiting Program programmatic areas, as well as other "birth equity" initiatives (e.g., continuation of the Perinatal Equity Initiative, with particular focus areas on fatherhood and implicit bias training).**
- **Continue our Local Oral Health Program efforts to ensure that children are given every opportunity to grow and learn optimally.**

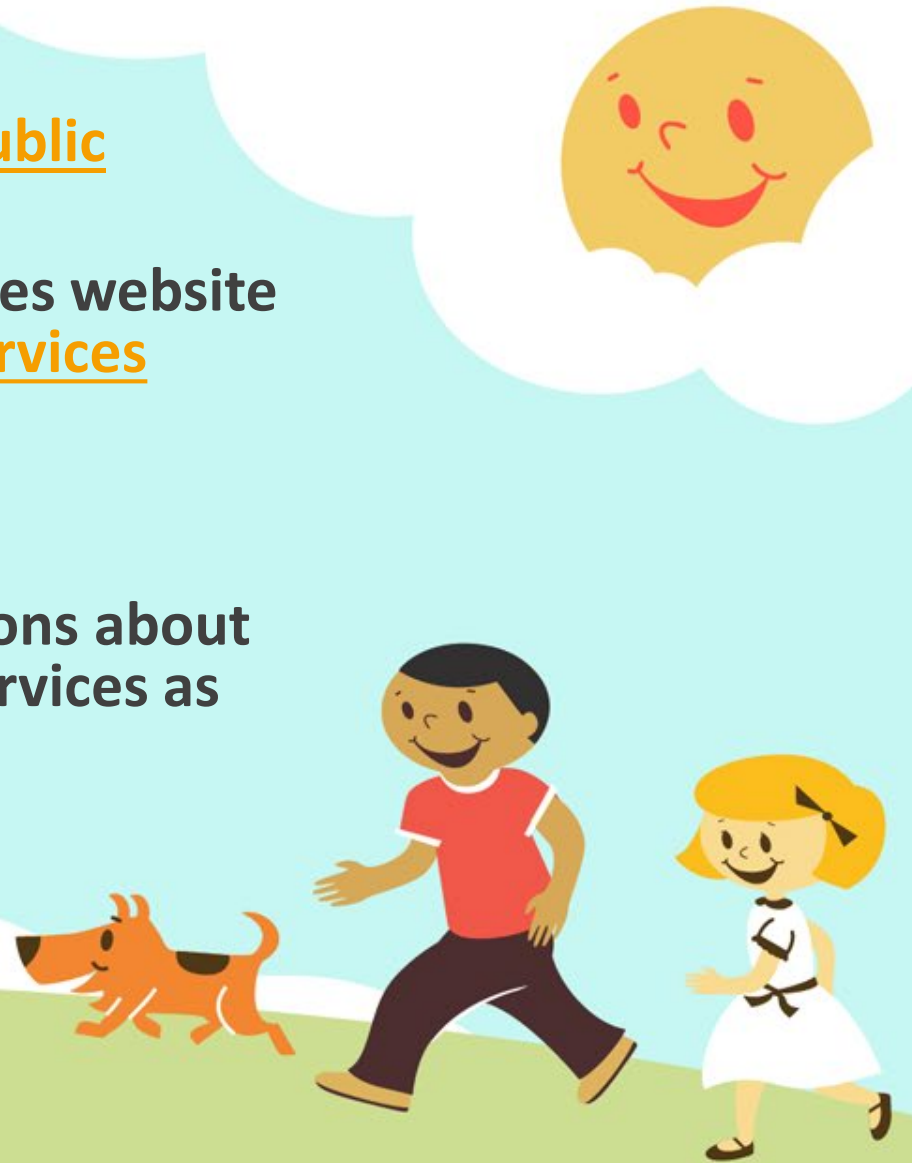


Provide a highlight or key issue from the sector that is relevant to CYF Council participants.

- **Complete a needs assessment done every 5 years for our core Maternal, Child, and Adolescent Health (MCAH) activities funded by Title V from HRSA → 5 Domains: Women/Maternal Health; Perinatal/Infant Health; Child Health; Children and Youth with Special Health Care Needs (CYSHCNs); and Adolescent.**
 - **In conjunction with this assessment, implement a specific comprehensive assessment of the current system for children and youth with special health care needs, with priority needs identified to make systems of care easier to navigate for CYSHCNs and their families, and increase engagement and build resilience among CYSHCNs and their families.**
- **Partner with CDPH on a new initiative focused on primary prevention and life course approaches to improve maternal, child, and adolescent mental health.**
- **Continue implementation of the Tobacco Retail License program in the unincorporated area to prevent youth from purchasing tobacco products → just received our 3rd CA Department of Justice grant to help with enforcement.**



- The Public Health Services website is located at [Public Health Services \(sandiegocounty.gov\)](https://www.sandiegocounty.gov/public-health-services).
- And the Maternal, Child, and Family Health Services website is located at [Maternal, Child and Family Health Services \(sandiegocounty.gov\)](https://www.sandiegocounty.gov/maternal-child-and-family-health-services).
- And, of course, please reach out to me, thomas.coleman@sdcounty.ca.gov, or Rhonda, rhonda.freeman@sdcounty.ca.gov, for any questions about our Branch or the Department of Public Health Services as well.



Children, Youth & Families Council Fiscal Year 2023-24 Mid Year Highlights

Healthcare (Pediatrics)

Pradeep Gidwani, MD, MPH, FAAP

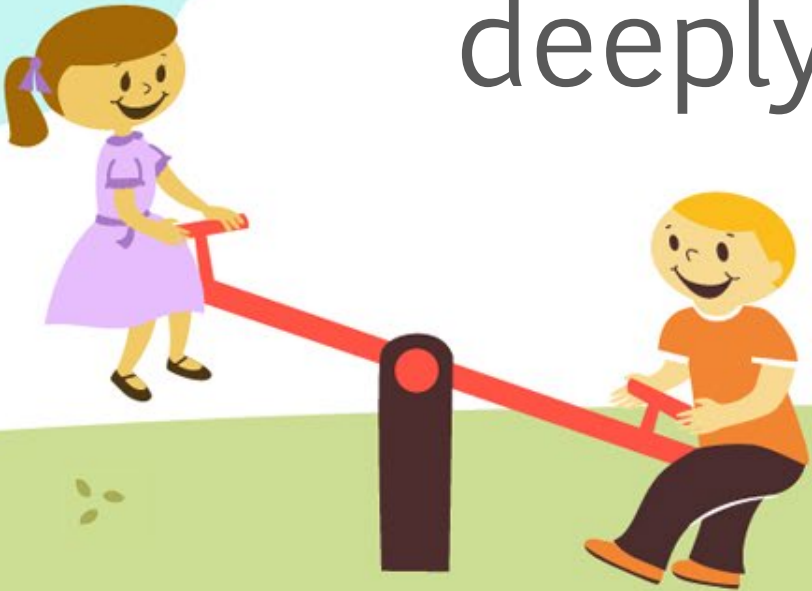
American Academy of Pediatrics,
California Chapter 3 (AAP-CA3)

January 8th 2024



Pediatricians are on the
frontline of the MH crisis.

They are trusted and care
deeply about their families.



Provide a highlight or key issue from the sector that is relevant to CYF Council participants.

- AAP-CA3 has a Developmental and Behavioral Pediatrics committee that meets quarterly.
- AAP-CA3 has received funding to create framework to help our community move forward, together to address the behavioral health needs of children and families. The Strategic Behavioral Health Initiative (SBHI) is funded by 3 local philanthropies.
- AAP-CA3 is working with SDCOE to improve communication between pediatricians and schools when a child has been seen for suicidal ideation.
- AAP-CA3 is working with partners to help address the behavioral workforce shortage.



We want your input on the
framework for addressing our
children and families' behavioral
health needs.



We are developing workgroups on critical areas like workforce, clinical care, complex care, promotion and prevention.

We are working with existing groups like the CYF – Early Childhood Sub-Committee

If you are interested in our workgroups or want to give input, please contact Kristin Garrett Montgomery kgarrett@aapca3.org



Children, Youth & Families Council Fiscal Year 2023-24 Mid Year Highlights

San Diego Regional Center

Zachary Guzik

Assistant Director of Client Services, Children/Adolescents

Zachary.Guzik@sdrc.org

Lori Sorenson

Program Manager, Children's Unit – North Inland

Lori.Sorenson@sdrc.org



S|D|R|C

San Diego Regional Center

January 8 and February 12, 2024





San Diego Regional Center

- Serves San Diego and Imperial Counties
- Second largest Regional Center in the state
- Currently providing services to over 41,000 individuals

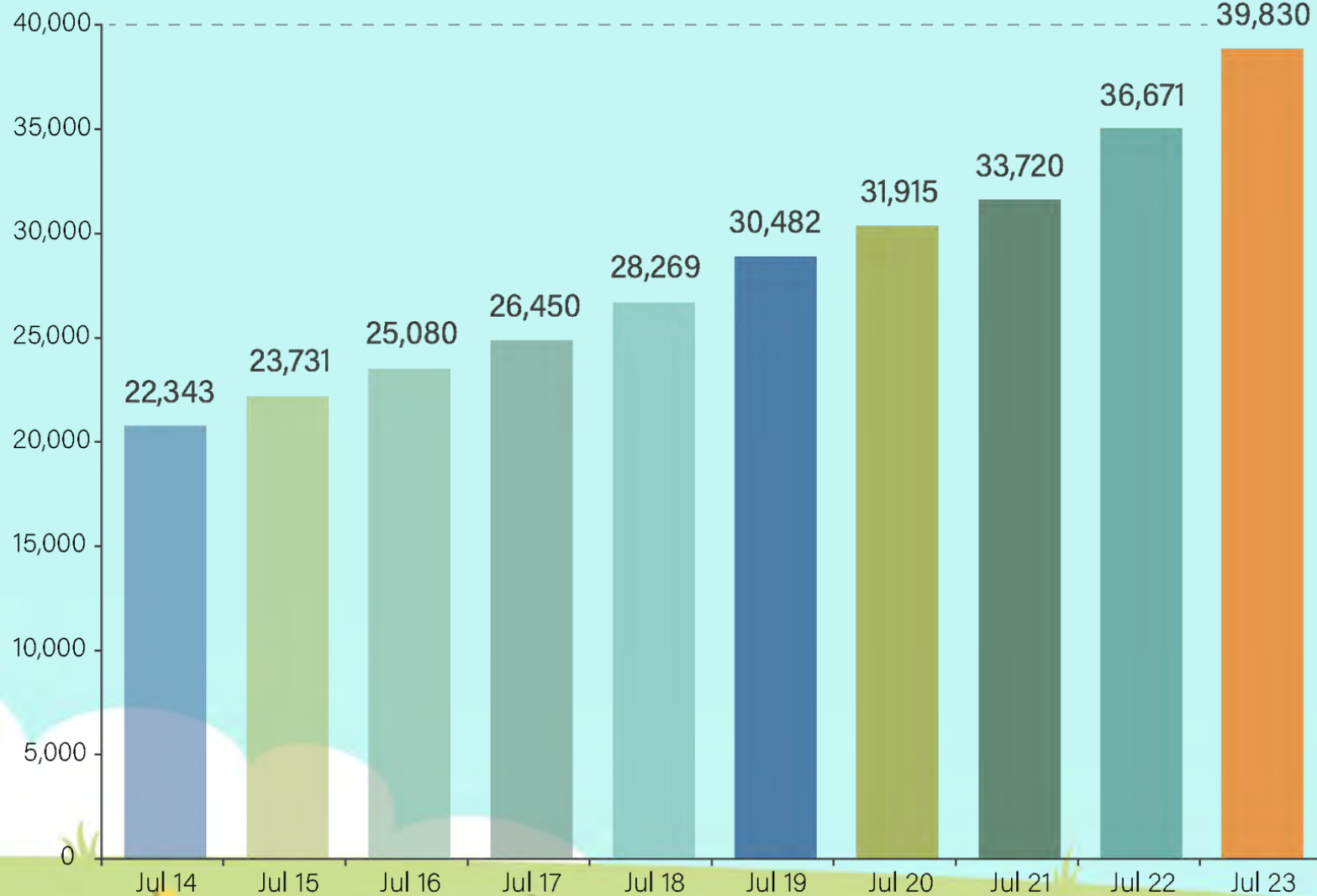


21 Regional Centers Statewide

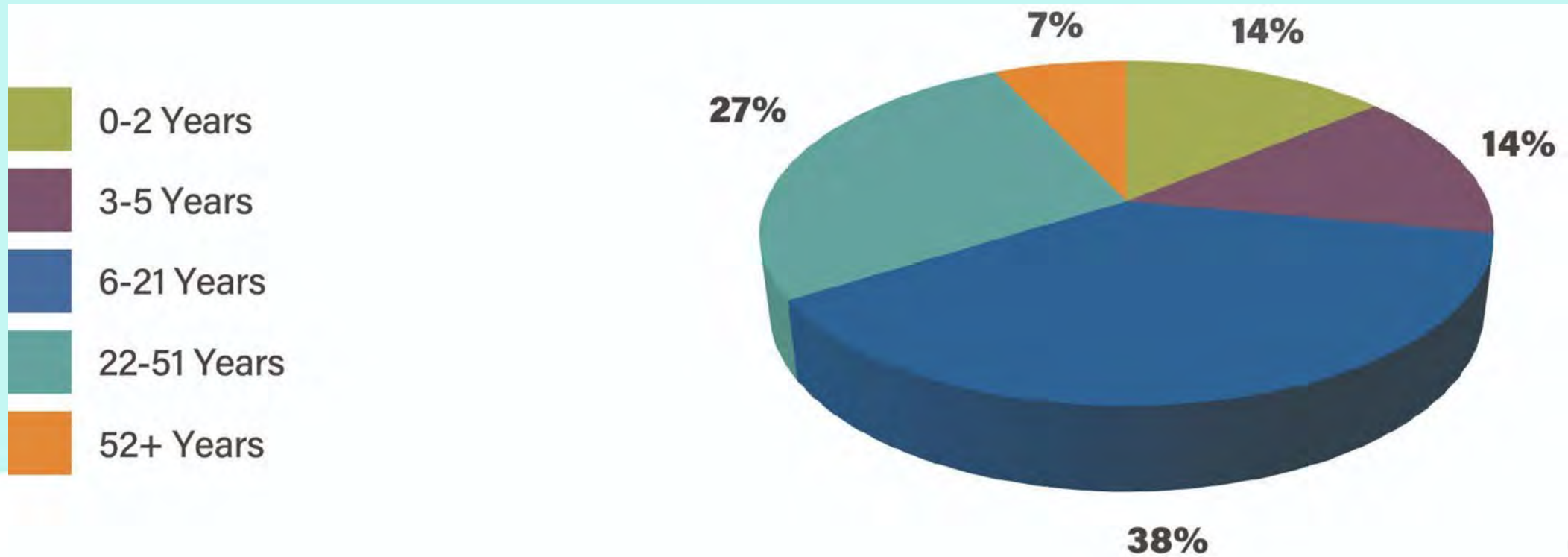
- Private not-for-profit agencies serving as state-contracted agencies providing case management services to persons with developmental disabilities in their catchment area.
- The Lanterman Developmental Disabilities Services Act drives the services in California.



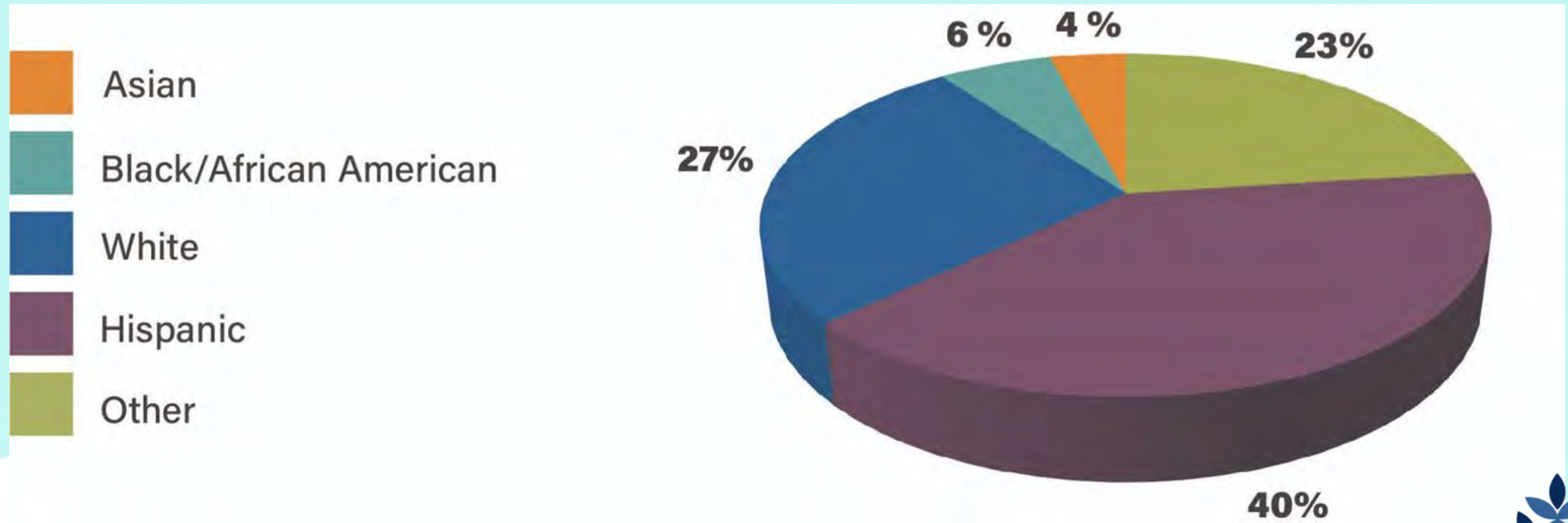
Total Clients



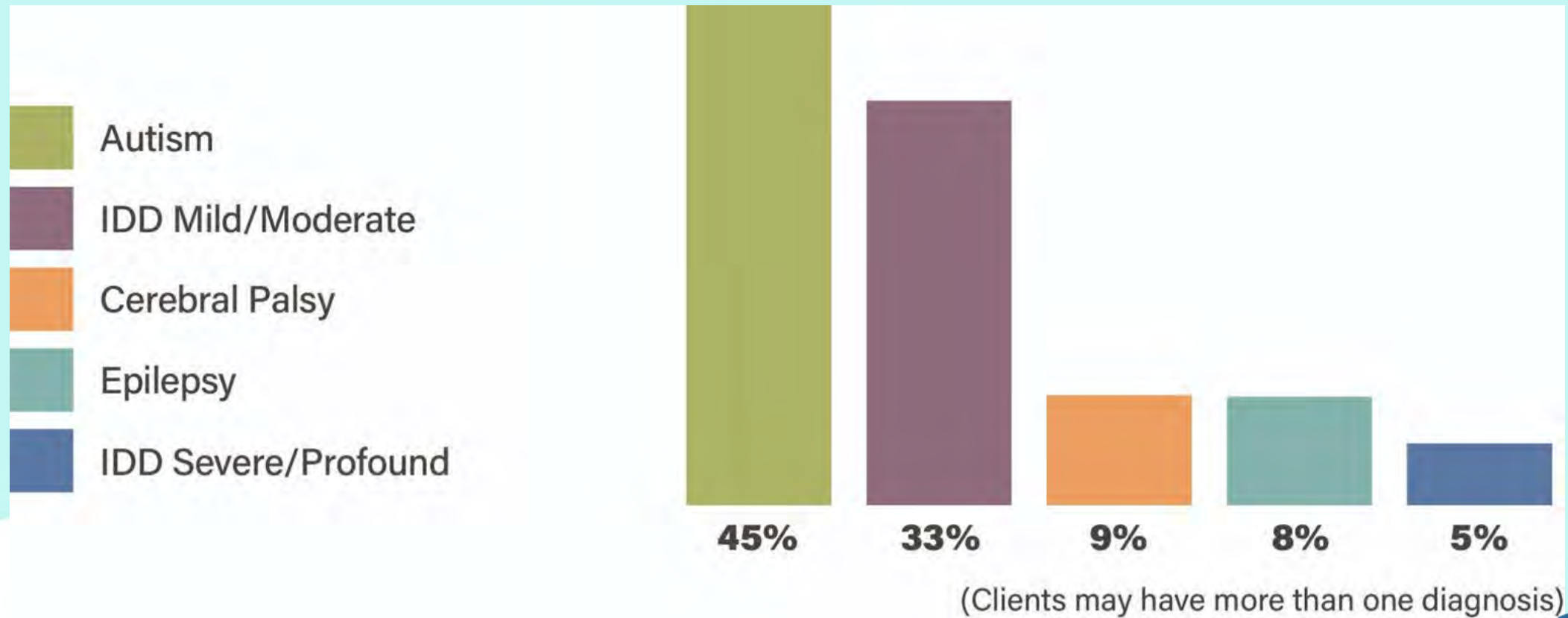
Age of Clients



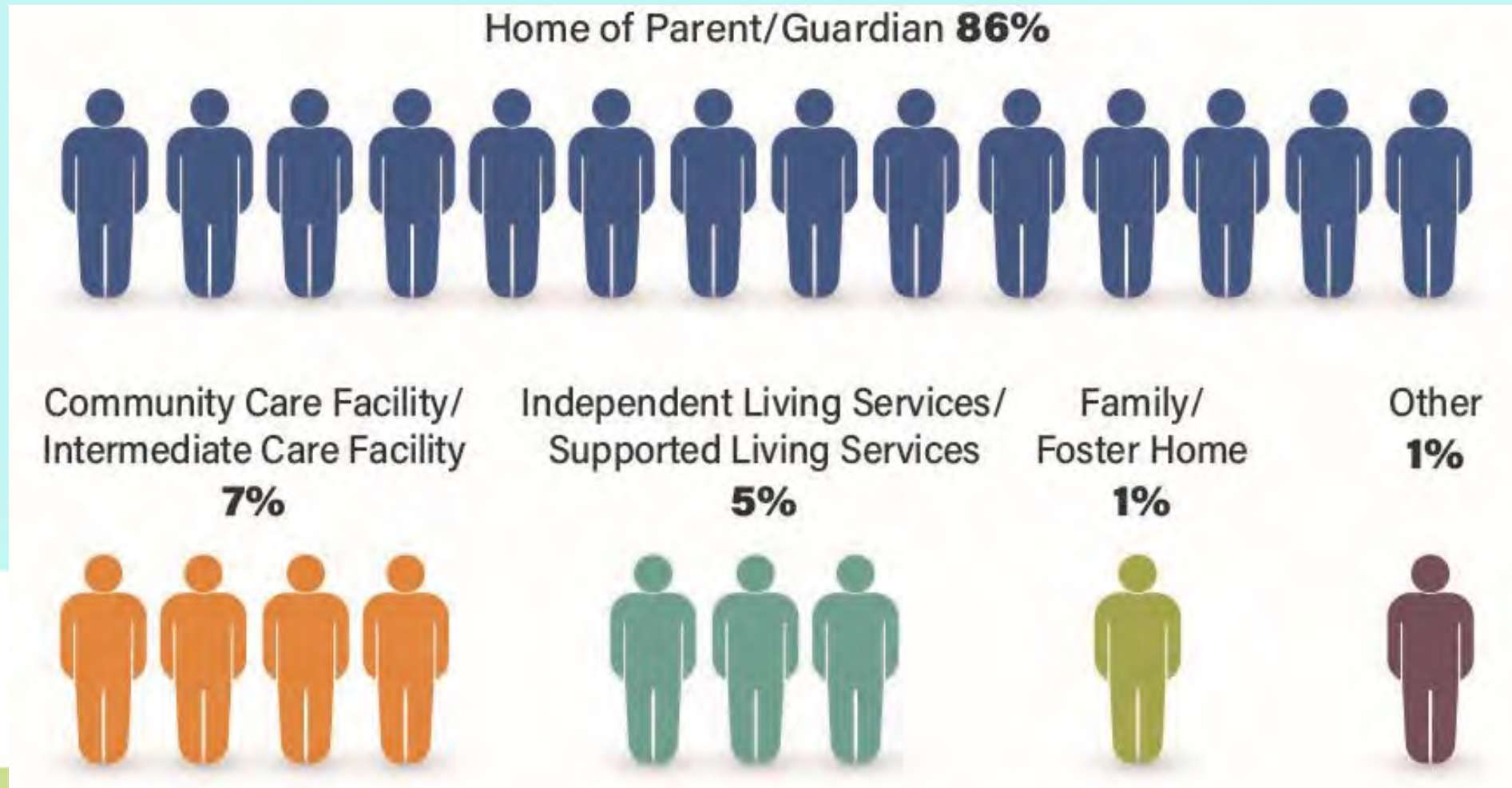
Ethnicity of Clients



Diagnosis of Clients



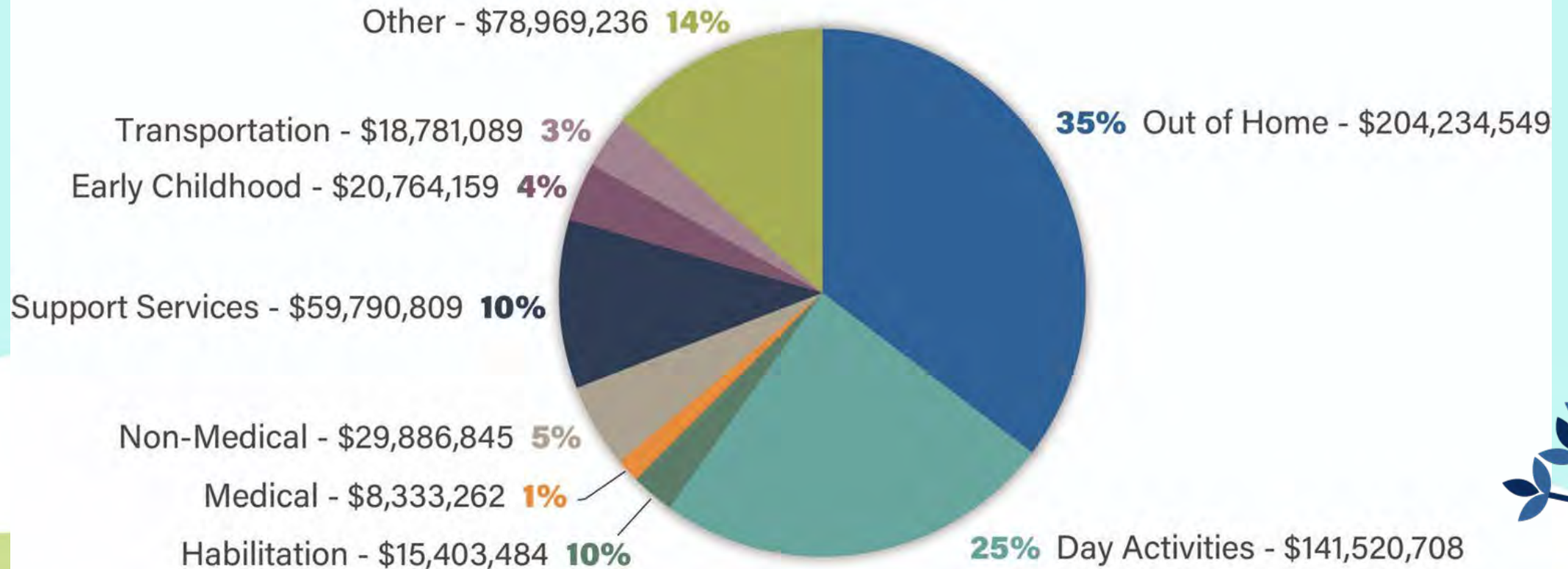
Where Clients Live



Purchase of Services Expenditures

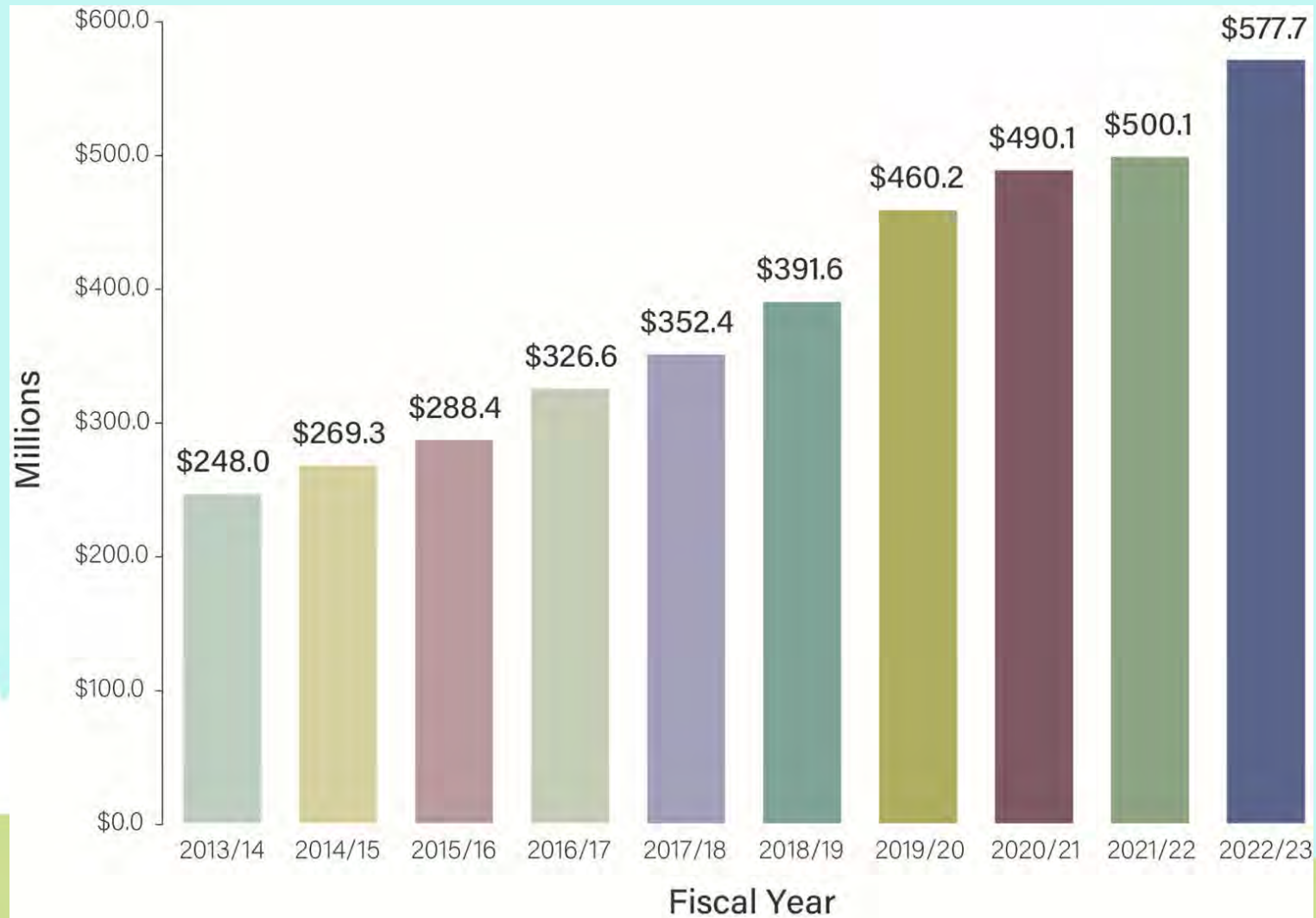
2022-2023

\$577,684,141 (Prior to audit)



SDRC Growth

2022-2023



Initiatives we've focused on in partnership with DDS include:

- The American Rescue Plan Act (ARPA) Part C Project is a pilot project to increase Early Start enrollment for children from communities with low participation rates.
- The Language Access & Cultural Competency (LACC) initiative will facilitate consistent access to information and services for multi-lingual, monolingual, and diverse cultural groups.
- Early Start outreach for Tribal Communities is an initiative where we are taking the lead to raise awareness and knowledge of Early Start services.
- Expansion of Social Recreation programs for our clients, specifically focused on underserved/underrepresented populations across SD and Imperial Counties
- Continued efforts to improve coordination of care and collaboration with cross-systems partners as part of San Diego County's AB 2083 workgroup.



How to Get Involved

www.sdrc.org

Supporting our service providers, advocating for people with developmental disabilities, attending board meetings, and joining one of our committees.

Our Mission

To serve and empower persons with developmental disabilities and their families to achieve their goals with community partners.



San Diego Regional Center Intake Department
(858) 576-2938

California Early Start Services
(858) 496-4318

Imperial Valley
(760) 355-8383

Visit our website at www.sdrc.org



Children, Youth & Families Council Fiscal Year 2023-24 Mid-Year Highlights

Family Sector

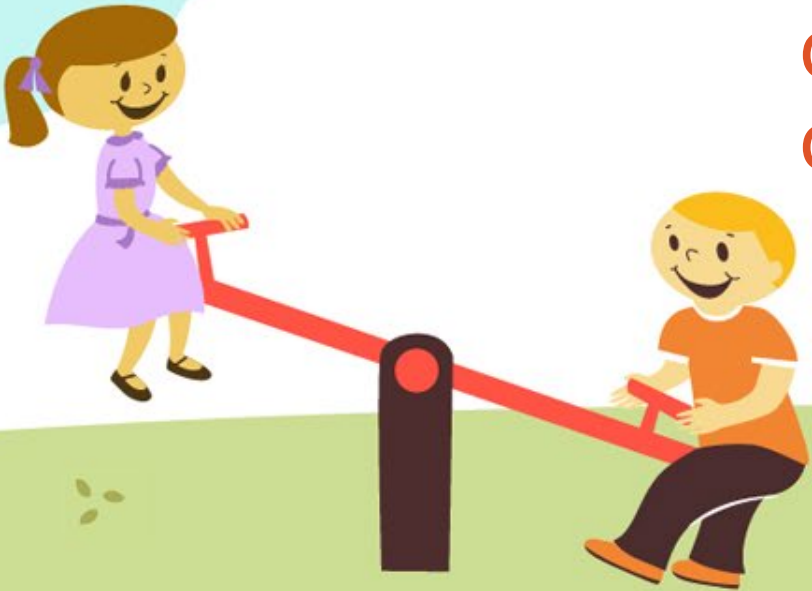
Khalif Kelly, Sten Walker

January 8th & February 12th
2024



Purpose

To ensure family and youth voice and values are incorporated into service development and implementation plans of Behavioral Health Services



Family Sector highlights/key issues

- Parents report their children are hesitant to join groups or seek help due to stigma.
- Naloxone trainings are in high demand from high school staff as well as high school students
- Parents have reported difficulty finding resources specifically for parents or resources specifically for those who are under 18
- Parents report a desire for more promotional events about mental health resources for youth



Call to action:

Continue stigma busting! It is still important. Help schools put together naloxone trainings, organize resource fairs, help promote and point parents to resource data bases.



Get involved!

- Join the Youth Mental Health Well-Being Celebration committee (virtual, third Thursday 1 to 2 p.m.)
- Join the upcoming Family Youth Partner committee (virtual, third Thursday 2:30pm to 3:30 p.m.)
- Download the [oscERjr](#) app
- Contact Khalif about Naloxone trainings as well as leadership trainings

Contacts:

khalifkelly@namisd.org

stenwalker@namisd.org



Children, Youth & Families Council Fiscal Year 2023-24 Mid Year Highlights



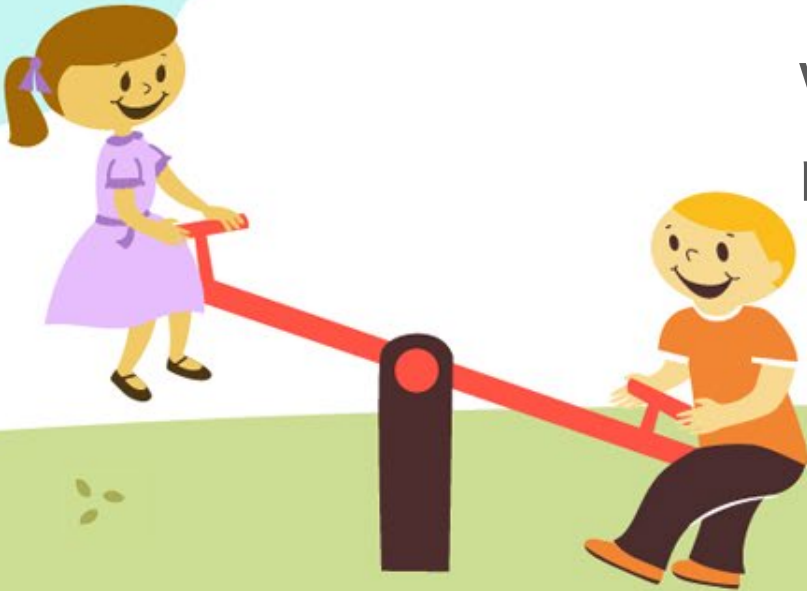
Stephanie Escobar

January 8th & February 12th
2024



First 5 San Diego promotes the health and well-being of young children during their most critical years of development, from the prenatal stage through five years of age.

Vision: all children ages 0-5 are healthy, loved, nurtured and enter school as active learners.



First 5 San Diego Funded Programs



- mild to moderate delays



- complex needs

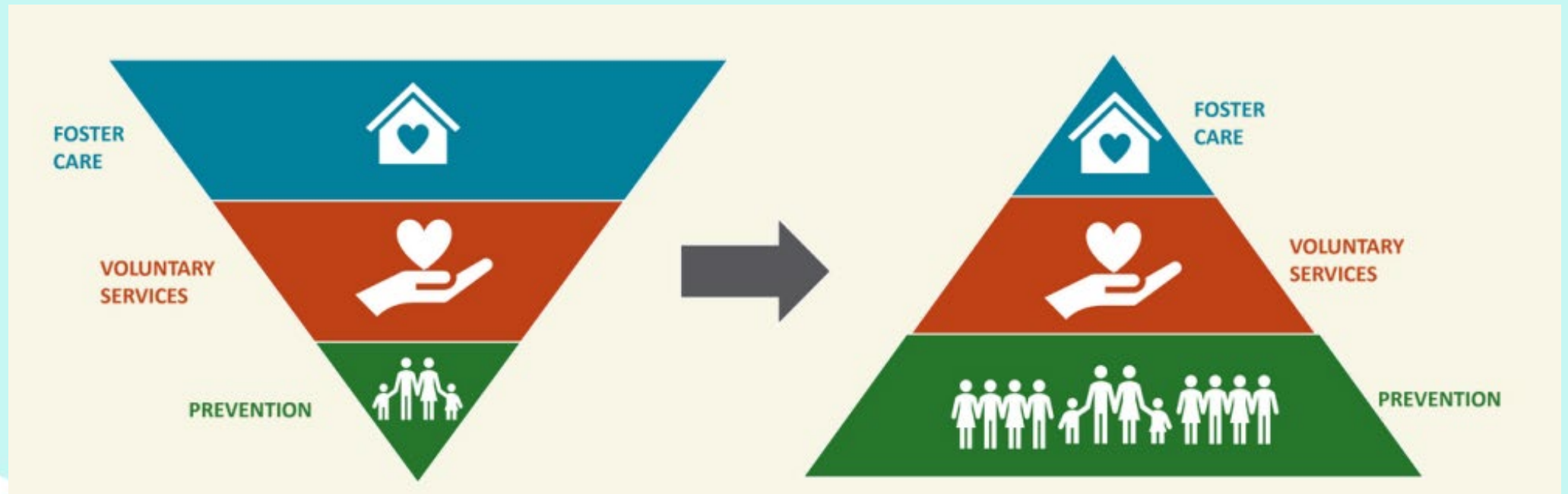


- home visitation services for high-risk populations
 - pregnant and parenting teens
 - military
 - refugee/immigrant
 - low-income families
 - Cal WORKs recipients

Mi Escuelita Therapeutic Preschool

- 3-5 years old traumatized by family violence

- In July 2023, First 5 San Diego joined the County's new **Child and Family Well Being (CFWB)** department to support family strengthening and prevention services in a more holistic and integrated approach.
- The goal of CFWB is to focus on equity, prevention, and supporting families before foster care becomes a necessary intervention.



Call to action

What can council participants do to help advance the mission of the group?

- First 5 funding, from CA Prop. 10 tobacco tax, is declining!
- Costs to serve children and families continue to increase
- Need strong collaboration with other funding partners
- Advocacy for long term sustainable funding



How can CYF council participants get involved?

- Attend First 5 San Diego Commission Meetings
- Location: County Administration Center (CAC) Room 302/303
- Time: 2PM – 4PM
- Dates: listed on F5 website
- Call: 858-285-7710 to confirm meeting details

To learn more:

- Visit: first5sandiego.org
- Call: 1-888-5 FIRST 5
- Follow:



Children, Youth & Families Council Fiscal Year 2023-24 Mid Year Highlights

Alcohol and Drug Services Provider Association (ADSPA)

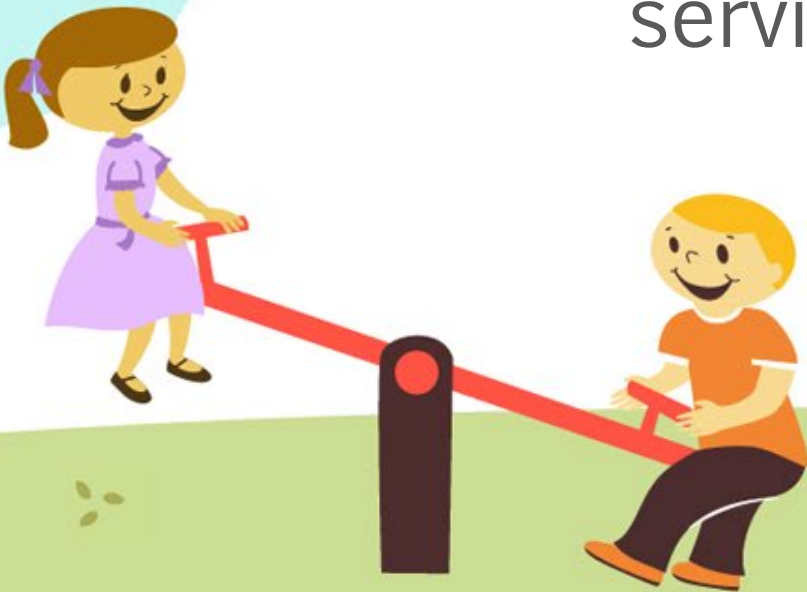
Angela Rowe & Marisa Varond

January 8 & February 12
2024



ADSPA is a coalition of 37 organizations providing substance use treatment, recovery, prevention, and supportive services throughout San Diego.

Our mission is to serve as a voice for SUD providers and the people we serve to support county/contractor relations and to take a leadership role in ensuring access to high-quality care.



Focal Points for FY24: CalAIM Fiscal Reform

- **CalAIM Fiscal Reform**

- Began July 1, 2023 with phased implementation in SD County through July 2024
- Shifts from cost-based reimbursement to fee-for-service-based reimbursement
- Opportunity to make/lose money depending on ability to maximize revenues

- **Behavioral Health Workforce**

- San Diego needs 18,500 BH workers by 2027 to meet our community's needs
- Advocacy to address top barriers: compensation, stress on the job, and documentation

- **Access to Care**

- Accurate data and timely access to needed services
- Expansion of MAT and ambulatory withdrawal management (i.e. outpatient detox)



Questions? Comments? Needs?
Insights? We want to hear from you
about substance use issues
[admin@adspa.org!](mailto:admin@adspa.org)



ADSPA Meeting Schedule for FY2023-24

ADSPA General Membership Meeting	3 rd Thursday 10:00am – 11:30am
ADSPA Ad Hoc Check-in	1 st Thursday 10:00am – 11:00am
Residential Subcommittee	2 nd Tuesday 11:30am – 12:30pm
Outpatient Subcommittee	2 nd Friday 2:00pm – 3:00pm
ADSPA QI Subcommittee	3 rd Wednesday 9:30am – 11:00am

For more
information on
membership,
please contact
admin@adspa.org !



Children, Youth & Families Council

January 8, 2024 & February 12, 2024, CYF Council Meeting
Constituencies Updates

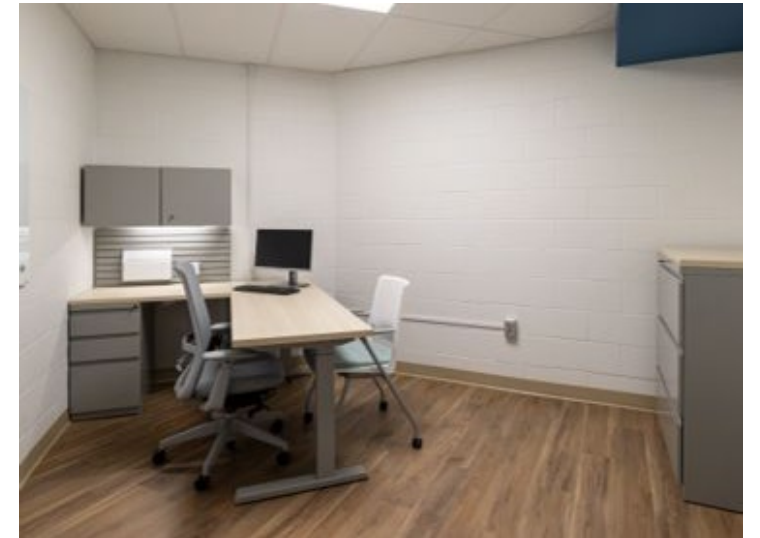
Public Safety Group/ Probation
Delona King

Areas of Focus

Highlights from
constituency
which is not
meant to be all
inclusive

- Ending Girls Incarceration
- System Improvement Plan Development
- Juvenile Behavioral Health Court/ Resilience is Strength and Empowerment (RISE)
- AB2083
- Youth Development Academy (YDA)
- Robert F. Kennedy (RFK) Collaboration

Softening of Youth Development Academy





Looking Ahead in 2024

Highlights as it relates to
CYF Council
Not All Inclusive of this
Group's Work

Continue Areas of Focus:

- Ending Girls Incarceration-
- System Improvement Plan Development
- Juvenile Behavioral Health Court/ Resilience is Strength and Empowerment (RISE)
- AB2083
- Youth Development Academy (YDA)
- Robert F. Kennedy (RFK) Collaboration

- Public Safety Group:
- Animal Services
- Medical Examiner
- Department of Child Support Services
- Probation
- District Attorney
- Public Defender
- Emergency Medical Services (EMS)
- San Diego County Fire
- Office of Emergency Services Sheriff

- Public Meetings
- San Diego Regional Human Trafficking Commercial Sexual Exploitation of Children Advisory Council
- Enhancing Human Trafficking Prevention and Service Coordination Project
- Juvenile Justice Coordinating Council
- Alternatives to Incarceration Project
- Proposition 47 Grant Program Local Advisory Committee
- Gun Violence Reduction Project



Ways to get involved with Constituency

- [Public Safety Group \(sandiegocounty.gov\)](https://sandiegocounty.gov)
- Links to Public Meetings

Children, Youth & Families Council Fiscal Year 2023-24 Mid Year Highlights

Mental Health Contractors Association (MHCA)

Laura Beadles & Golby Rahimi Saylor



January 8th & February 12th
2024

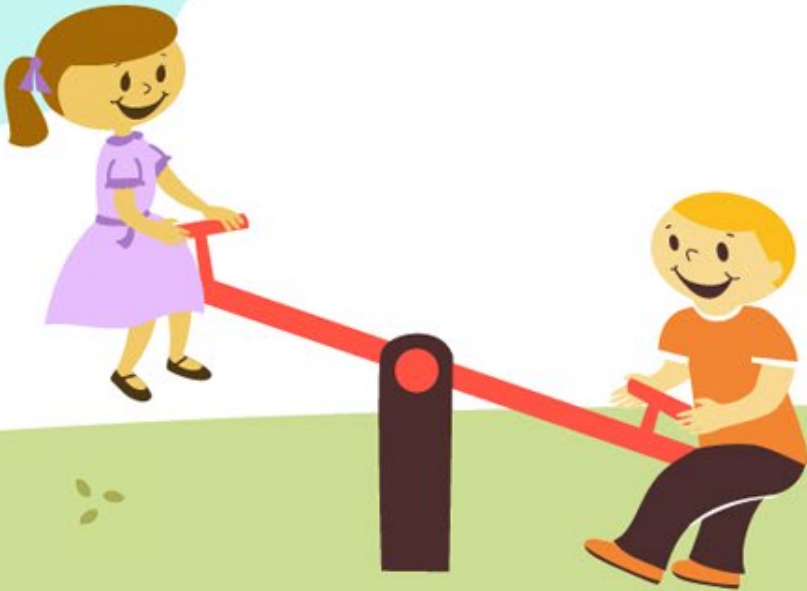


MHCA is a 501(c)(6) corporation formed in 1981, representing the interest of San Diego County contractors for 42 years.

MHCA's mission is to provide a collective voice for member agencies in matters relating to the effective delivery of quality mental health services on behalf of those we serve in San Diego County.

Our members include nearly 30 agencies contracted with SD County BHS to provide mental health services.

MHCA is an affiliate member for the California Council of Community Behavioral Health Agencies (CCBHA) and works closely with behavioral health associations state-wide.

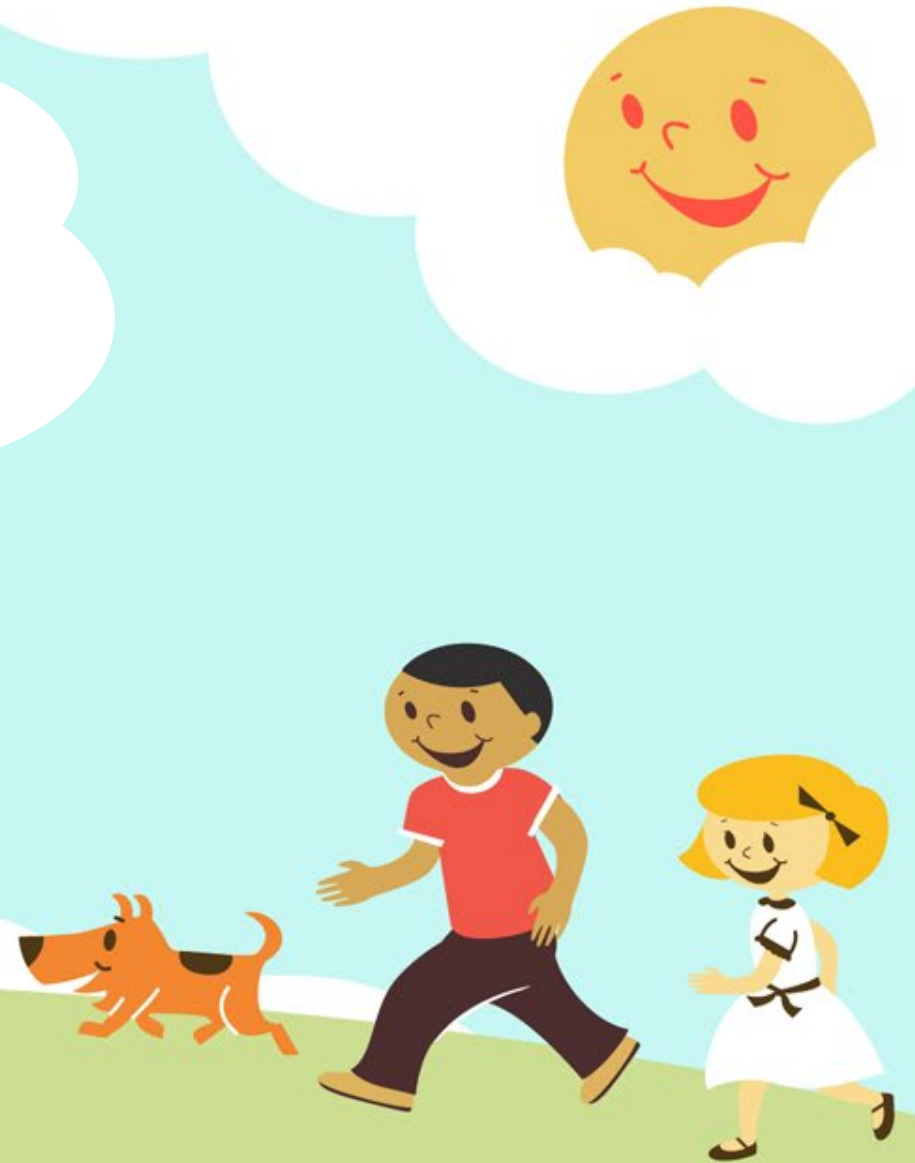


Key areas of focus:

- CalAIM payment and documentation reform implementation
 - Impact on contractors and best practices to ensure viability for contracts for continuity of care for clients
 - Advocacy around rate development per service line, applicable modifiers
 - Revision of contract requirements, contract amounts
 - Timeline for contract amendments, negotiations, implementation
- Operational contracting improvements for improved program design and service delivery
 - Implementation of NPs in CYF programs
- Fiscal contract improvements for improved service delivery, fiscal management, and maximizing budgets, including co-chairing BHS Financial Workgroup
- Data quality and reliability
- Workforce training and development



Council members who are part of MHCA member agencies are encouraged to join general membership meetings for information and updates impacting agencies contracted with BHS, and to reach out to MHCA for support and advocacy.



MHCA General meetings are held in person the fourth Thursday of every other month (July-May), 12:30PM to 2:30 PM

General Meetings are open to representatives from MHCA member agencies. Please contact Ruth Castro at MHCASanDiego@gmail.com for more information.



<https://mhcasandiego.org/>



Children, Youth & Families Council Fiscal Year 2023-24 Mid -Year Highlights

Child and Family Well-Being (CFWB)

Laura Krzywicki, Deputy Director

February 12, 2024



Area of Focus

Annual Statistics: Fiscal Year 2022-2023

- As of July 1, 2023, there were 2,563 children and youth in open CFWB cases
- 12.1% fewer children in care from previous fiscal year

Child and Family Well Being Department

- Office of Child and Family Strengthening
- Office of Child Safety
- Administration



Highlights & Key Issues

Department of Child and Family Well-Being

- Office of Child and Family Strengthening

Faith In Motion

- Collaboration with faith-based organizations focusing on recruitment and support of relative caregivers and foster/adoptive parents
- FIM hosted self-care trainings for various CFWB regions
- 5 holiday events hosted for resource families throughout the County of San Diego in 2023
- Increase engagement of African American churches by conducting monthly meetings with identified organizations

Community Response Guide

- Help communities develop accurate and equitable reporting practices to the Child Abuse Hotline
- Reporters have clear support for their decisions
- Prevention providers understand their responsibility for supporting children and families



Highlights & Key Issues

The Mandated Reporter Application

- Online Reporting system went live starting June 27th, 2023 in a pilot phase.
- The following community agencies are part of the pilot phase: Escondido Union School District, Escondido High School District, South Bay Community Services, San Diego Center for Children, San Diego Regional Center, San Diego Unified School District.
- More community agencies will be onboarded with the goal of opening it to all mandated reporters by the end of 2024.

Fostering Academic Success in Education (FASE) FY 22-23

- 2 School Districts (Sweetwater Union High School and Escondido Union High School)
- 17 participating schools (12 schools were added)
- 50 Participants (48 participants in middle and high schools, 2 community college students)
- 86% of participants experienced no placement change, which helped with stabilization of placement and education success.



Ways to get involved with Constituency

[Child Welfare Services](#) or call the KidsLine at 877-792-KIDS (5437)

[Child and Family Well-Being](#) (CFWB)

CFWB One Pager ([English](#), [Spanish](#))

[Request a presentation](#)



Children, Youth & Families Council Fiscal Year 2023-24 Mid Year Highlights

Outcomes Committee

Eileen Quinn-O'Malley

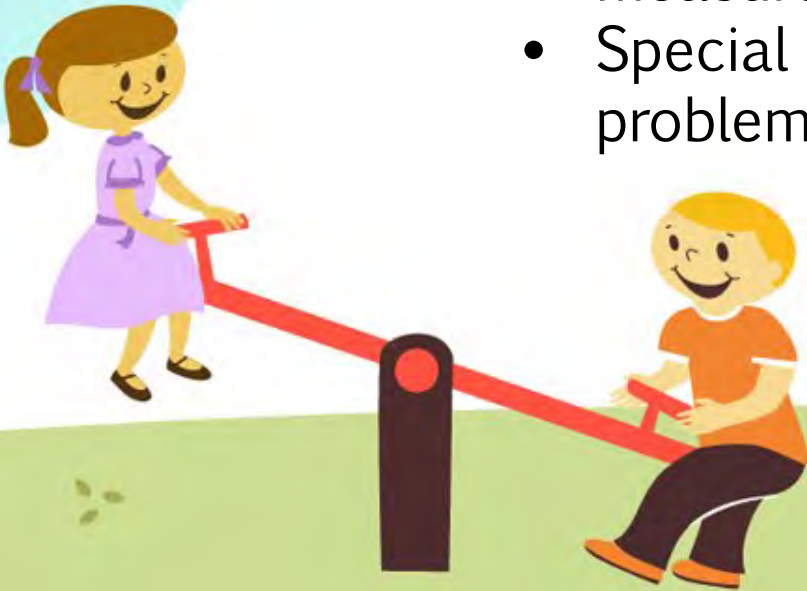
Emily Trask

January 8th & February 12th
2024



The Outcomes Committee is a multi-stakeholder workgroup focused on how to use CYF outcomes most efficiently and effectively in San Diego County. This includes a focus on:

- Selection of Standardized Outcome Measures
- Developing clinical change thresholds for outcome measures
- Special topic reviews of data that show potentially problematic trends



The Outcomes Committee review of group therapy data uncovered very low rates of group therapy usage as well as long wait-times for services in CYFBHS. This led to the development of a PIP project aiming to:

- Increase the usage of group therapy in the CYF system of care
- Improve clinician comfort with providing group therapy
- Provide psychoeducation to families and providers about the benefits of group therapy



What can council participants do to help advance the mission of the group?

- Program managers can provide input during the Outcome Committee meeting on overcoming common obstacles to using group therapy
- Council members can bring forward concerning trends with underserved populations, services and outcomes of clients for the Outcomes Committee to review.



Next Meeting is January 9th, 11:30 a.m. - 12:30 p.m.
via Teams

Contact Eileen Quinn-O'Malley for meeting link if
you are interested in joining the discussion:
eileen.quinn-omalley@sdcounty.ca.gov



System of Care Evaluation (SOCE)

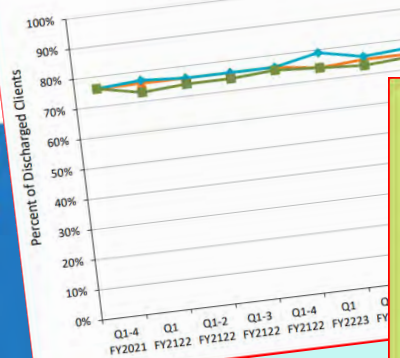
CYF mHOMS Outcomes Report

July 2022—July 2023

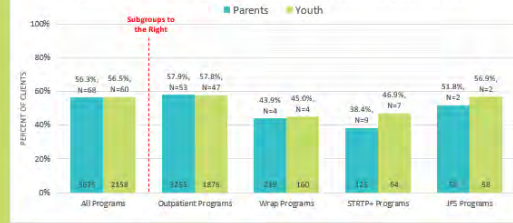
Children, Youth & Families Behavioral Health Services



Intake to Discharge Progress—CANS



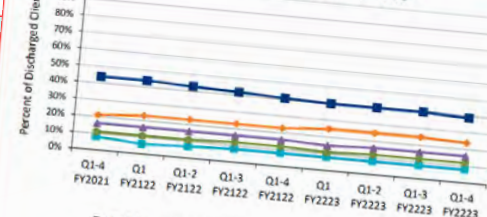
Percent of Clients with Reliable Improvement on the PSC



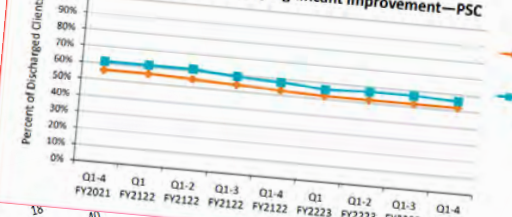
Reliable Improvement on the PSC in FY 2020-2021

County Standard: Percent of clients within the program that achieved Reliable Improvement		70%	65%	60%	55%	50%	45%	40%
Youth PSC	% of All Programs that Would Have Met the Goal	14.8%	19.7%	26.2%	44.3%	57.4%	77%	78.7%
	% of OP and JFS Programs that Would Have Met the Goal	14.3%	20.4%	30.6%	46.9%	63.3%	73.6%	81.6%
Parent PSC	% of All Programs that Would Have Met the Goal	11.6%	23.2%	29%	42%	55.1%	65.2%	73.9%
	% of OP and JFS Programs that Would Have Met the Goal	12.7%	23.6%	30.9%	45.5%	60%	70.9%	78.2%

Amount of Improvement—PSC



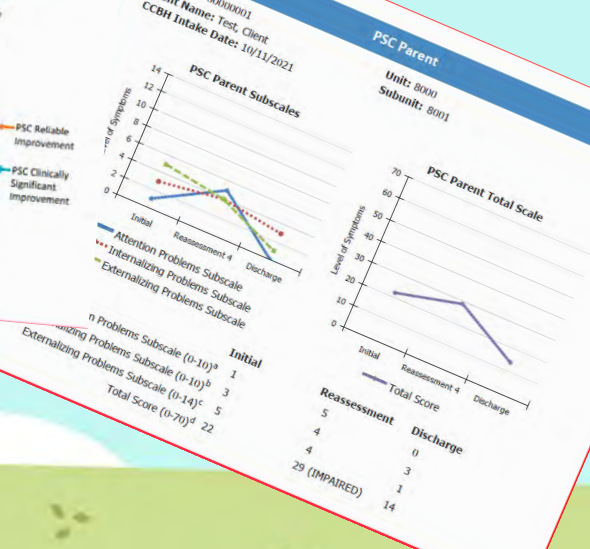
Reliable and Clinically Significant Improvement—PSC



SYSTEM OF CARE EVALUATION Active Clients - Parent PSC Summary (Administered to caregivers of youth ages 3 - 18 only)

Client ID	Name	Age ^a	Age ^b	CCBH Intake Date	Initial PSC Score	Above CO at Discharge	Initial PSC Total Score
900000014	Ganger, Bill	1	16	9/26/2019	Y	39	42
900000015	Chadwick, Amy	1	17	8/8/2019	N	39	15
900000016	Nunez, Antonia	1	16	1/8/2020	Y	26	42
900000017	Quinn, Eileen	1	9	5/15/2020	Y	11	47
900000018	Villarin, Shellane	1	15	11/1/2019	N	14	30
900000019	Miles, Elizabeth	1	8	8/1/2019	Y	32	36
900000020	Koenig, Yael	1	11	2/21/2020	Y	29	33
900000021	Ramirez, Ezra	1	14	9/24/2019	Y	29	33
900000022	Lagare, Tiffany	1	15				
900000023	Choi, Kyle	1	15				

Client ID: 00000001 Client Name: Test, Client CCBH Intake Date: 10/11/2021



Assessment Summary

Client ID: 000000082
Assignment Number: 1
Unit: 9000
CANS Date: 4/17/2019
Administered by: CYF Test

Name: Summary, New Assessment
CCBH Intake Date: 4/17/2019
Submit: 9002

DOB: 2/1/2009
Assigned Clinician: CYF Test

Reason Not Completed: Completed

Strengths to leverage to achieve goals: Family Strengths, Talents/Interests, Resiliency

High Need: Act Immediately and/or Intensively (item rated a 3)

SYSTEM OF CARE EVALUATION Discharged Clients - Initial to Discharge Assessment Youth PSC Summary (Administered to youth ages 11 to 18 only)

CCBH Discharge Data between 7/1/2018 and 3/22/2019

9999 - CASRC Test Site

Subunits Specified: 9999

Quarterly Status Report Objectives

Completion Rate for all clients: 60.5% (23 of 38)

1. At Discharge, 75% of clients ages 11-18 whose episode lasted 60 days or longer have Youth PSC data available for both Initial and Discharge assessments² demonstrating completion rate.

Improvement for all clients: 43.3% (1 of 23)

2. Programs shall identify the number of discharged clients ages 11-18 whose episode lasted 60 days or longer, who had the following levels of treatment improvement, defined as reductions from initial to discharge on the Youth PSC total score.

2a. Percent of clients who reported a small improvement (2-4 point reduction): 17.4% (3 of 23)

2b. Percent of clients who reported a medium improvement (5-8 point reduction): 13.0% (3 of 23)

2c. Percent of clients who reported a large improvement (9+ point reduction): 39.1% (9 of 23)

2d. Percent of clients who reported an increase in impairment (1+ point increase): 26.1% (6 of 23)

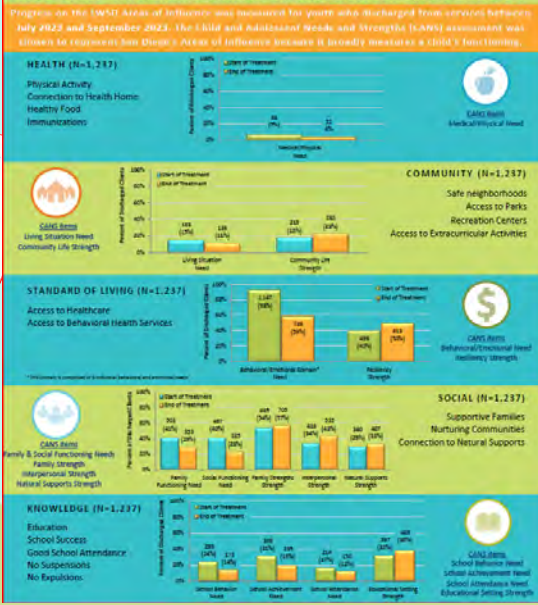
2e. Percent of clients who reported an increase in impairment (1+ point increase): 47.8% (11 of 23)

2f. Percent of clients who reported an increase in impairment (1+ point increase): 42.0% (21 of 50)

2g. Percent of clients who reported an increase in impairment (1+ point increase): 88.2% (15 of 17)

2h. Percent of clients who reported an increase in impairment (1+ point increase): 90.0% (6 of 15)

LIVE WELL SAN DIEGO AREAS OF INFLUENCE: Q1 FY 2023-24



Children, Youth & Families Council Fiscal Year 2023-24 Mid-Year Highlights

CADRE CYF Committee

Co-Chairs

Marisa Varond & Julie McPherson

January 8th & February 12th
2024

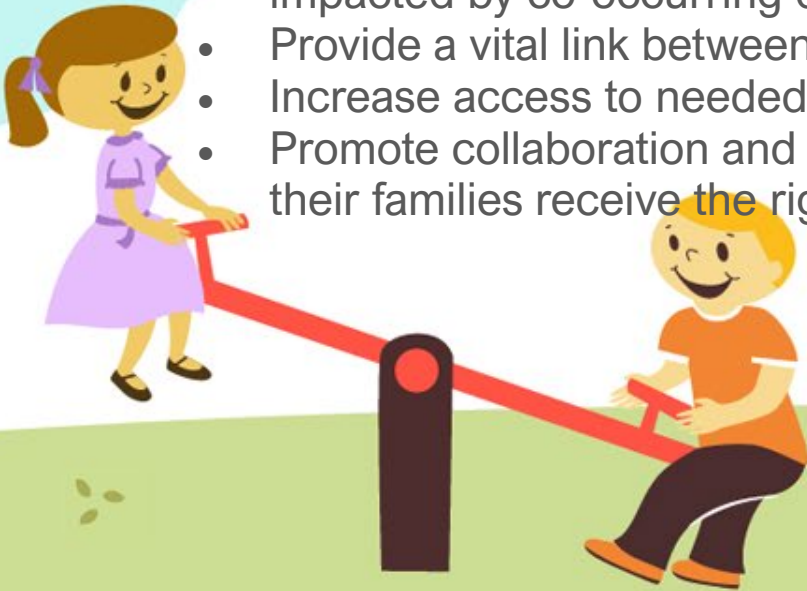


CADRE CYF Committee

The purpose of the Change Agents Developing Recovery Excellence (CADRE) CYF committee is to strengthen the Comprehensive, Continuous, Integrated System of Care (CCISC) initiative in its vision to deliver wide-ranging services for children, adolescents, and families. We serve as a forum for service providers to enhance treatment for children and adolescents experiencing or impacted by co-occurring disorders to promote health and resiliency within our youth.

The committee aims to:

- Develop integrated co-occurring training and technical assistance in accordance with the CCISC and Co-occurring Center for Excellence standards
- Support the implementation of evidence-based practices to support effective interventions for youth impacted by co-occurring disorders
- Provide a vital link between systems, consumers, and families
- Increase access to needed behavioral health services
- Promote collaboration and develop meaningful relationships between providers to ensure that youth and their families receive the right services at the right time in the right setting.



CADRE CYF Committee Highlights

Presentations this fiscal year:

July 11, 2023:

Julie Leyva and Navy Damalong presented on UPAC's "A New Start" Medically Assisted Treatment (MAT) program

Serving:

- Youth and Transitional Aged Youth (TAY) ages 12 to 25
- Who have an Opioid Use Disorder
- Who have Medi-Cal or are uninsured
- With a focus on East African Communities and unhoused TAY

Services Provided:

- MAT: Buprenorphine, Naltrexone, etc.
- Outreach, psychoeducation and engagement
- Case management and resource support
- MAT screening and referrals
- Narcan kit distribution



CADRE CYF Committee Highlights (Continued)

October 12, 2023:

Kristin Garrett Montgomery who is the Advocacy Manager for the Strategic Behavioral Health Initiative (SBHI), a collaborative effort led by the American Academy of Pediatrics CA-3, presented regarding the purpose of the SBHI:

- SBHI aims to assess current behavioral health resources and needs for children and youth and develop a roadmap to a comprehensive continuum of care that meets the needs of all children and youth in San Diego.
- Discussed system gaps, school needs, universal screenings, special populations, continuum of care and how to get involved as an SBHI community partner

UPCOMING January 11, 2024:

Joe Eberstein, CCPS, Program Manager for Center for Community Research, San Diego County Marijuana Prevention Initiative and SAMHSA Region 9 Pacific Southwest Prevention Technology Transfer Center (PTTC) Advisory Board Member, will be giving a presentation regarding marijuana trends, prevention, intervention, and much more.



CADRE CYF Committee Ongoing Efforts:

- Continue dialogue within the sectors to address changes to the system and impacts, both positive and negative, related to CalAIM
- Continue to enhance ease of cross-referrals and access to services for children, youth, and families who are impacted by complex needs
- Maximize on-site SchoolLink behavioral health services as permitted
- Keep providers up to date regarding specialized MAT services for youth in San Diego County
- Engagement and participation in prevention, education and early intervention in SUD groups for youth and caregivers
- Identifying and addressing racial/ethnic and sex/gender disparities as it relates to increased co-occurring disorders and access to treatment



CADRE CYF Committee

The CADRE CYF Committee is open to all CADRE graduates!

We meet quarterly on the 2nd Thursday of the month
from 1:30 to 3 PM via Zoom

Please email Rhonda Crowder to receive an invite:

Rhonda.crowder@sdcounty.ca.gov



8 Principles of Comprehensive, Continuous, Integrated Systems of Care (CCISC)

1. Co-occurring issues and conditions are an expectation, not an exception
2. The foundation of a recovery partnership is an empathetic, hopeful, integrated, strength-based relationship
3. All people with co-occurring conditions are not the same, so different parts of the system have responsibility to provide co-occurring-capable services for different populations
4. When co-occurring issues and conditions are present, each issue or condition is considered to be primary
5. Recovery involves moving through stages of change and phases of recovery for each co-occurring condition or issue
6. Progress occurs through adequately supported, adequately rewarded skill-based learning for each co-occurring condition or issue
7. Recovery plans, interventions, and outcomes must be individualized. Consequently, there is no one correct dual-diagnosis program or interventions for everyone
8. CCISC is designed so that all policies, procedures, practices, programs, and clinicians become welcoming, recovery-oriented, and co-occurring-capable

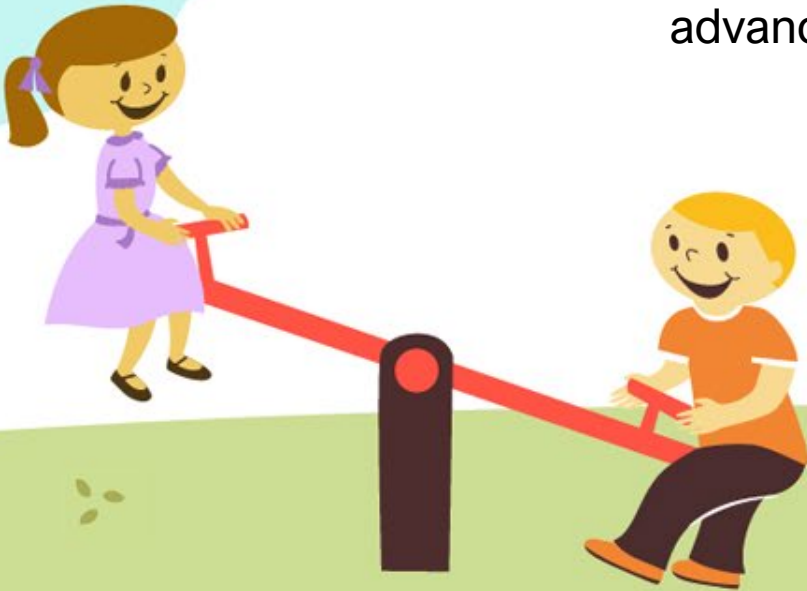
Children, Youth & Families Council Fiscal Year 2023-24 Mid-Year Highlights

**Transitional Age Youth (TAY) Council
Victor Esquivel**

January 8 & February 12, 2024



The Transitional Age Youth Behavioral Health Services Council (also known as TAYBHSOC) provides feedback and recommendations regarding Transitional Age Youth (TAY-ages 16 to 25) services in the Children, Youth and Families (CYF) and the Adult and Older Adult (AOA) systems of care. Additionally, TAYBHSOC provides community representation and input for the integrity of all TAY services and advancement of all TAY related aspects of the systems of care.



Transitional Age Youth (TAY) Council

- The TAY Council is continuing to gather data related to the mental health and well-being of transitional age youth. This updated information is critical in the ongoing process of improvement of the behavioral health services system of care in our region.
- The TAY Council is working on updated resource mapping to explore what resources are available for TAY. This mapping includes a particular emphasis on education and employment as well as connecting that information to a survey being proposed for implementation to better understand the unique health needs of transitional age youth in San Diego County.



**Do you or someone you know have an
interest in advocating for the interests of
Transitional Age Youth in our County?**

**Become a member of the TAY Council
and/or refer a friend.**



TAY Council Meeting

MEETING DATE: Fourth Wednesday of the month

LOCATION: Via TEAMS

TIME: 3:00 PM to 4:00 PM

Contact person:

Asheka Huey Asheka.Huey@sdcounty.ca.gov

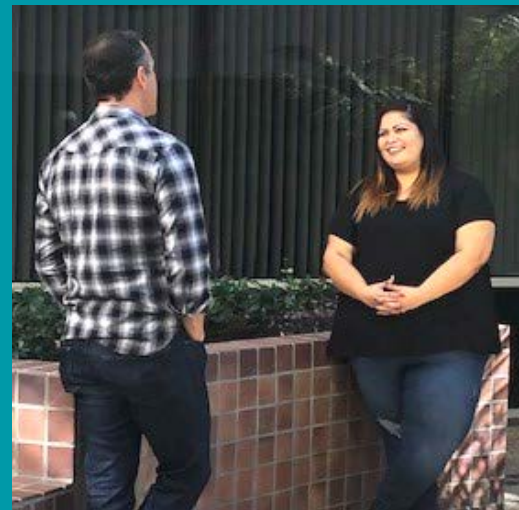
Aprille Pena Aprille.Pena@sdcounty.ca.gov



COMMUNITY ADVOCACY TRAINING!

Telling Your Story!

*Learn how to transform
passion and lived
experience into skillful
grassroots advocacy!*



January 11, 2024
2:00 PM - 4:00 PM



Use QR code, or click on date to register in advance



Community
Advocacy
Program



NAMI SAN DIEGO & IMPERIAL COUNTIES

Every 11 minutes,
someone loses their life to suicide.
A mental health crisis
deserves a mental health response.



Local Crisis Hotlines
& Call Centers



Mobile Crisis
Response Teams



Crisis Stabilization
Units & Options

COMMUNITY ADVOCACY TRAINING: REIMAGINING CRISIS RESPONSE

This training covers 988, mobile crisis response teams, PERT, local resources, and more! Virtual on Zoom!

Upcoming Trainings:

Wednesday, 1/17 - 2:00 PM - 3:30 PM

Tuesday, 1/23 - 2:00 PM - 3:30 PM



1/17



1/23

Register using QR code or clicking on a date



Morning Keynote
Dr. Thema Bryant

Afternoon Keynote
Dr. Jeff Duncan-Andrade



Birth of Brilliance
Don't Just Think...Feel



Virtual Conference 2.29.24 | In-person Cultural Fair 3.1.24

***** **Registration is OPEN!!!** *****

Our 2023 opening keynote, Dr. Shawn Ginwright reminded us that in order to create true healing and achieve social justice, equity, sustainable systemic change & liberation in the face of racism and other inequities, we are challenged not just to think our way through, but to feel our way through - and the words reverberated through our bodies. A few weeks later, on her social media, another beloved keynote, Dr. Barbara Stroud, shared out, "Do not let your knowledge destroy your humanity," and we said...there it is again.

In all our efforts to create change in these top-down systems, we must not forget the power of healing relationship and the beauty and simplicity of connection that we can sometimes school and think ourselves away from. And we must do this work from a place of our own personal and collective healing, grounded in our own diverse bodies.

How do we maintain? Create sustainability? Grow community around these ways of being, that continue to nurture the "how" of how we show up for one another and the communities we serve? How do we use research and knowledge to create sustainable and community driven pathways for change? In whatever way this theme resonates for you, you are welcome to lean in.

Early Bird Specials END 1/19/24!!

www.birhofbrilliance.com

Early Bird Registration (goes to \$115)	\$99
Early Bird Registration with CE's (goes to \$130)	\$115
Early Bird Registration with In-person Cultural Fair (goes to \$135)	\$119
Early Bird Registration with CE's and In-person Cultural Fair (goes to \$150)	\$135
In-person Cultural Fair ONLY (\$25 at the door)	\$20

Sponsorship levels above 1500\$ include discounted agency/member registration. Reach out if interested!



QR Code: BoB 2021-2023 Memories | www.birhofbrilliance.com | birhofbrilliance@gmail.com



BREAKING BARRIERS:
Innovative Approaches to Youth and Family
Mental Well-Being



Hybrid Conference

[2024 CICAMH Home - CICAMH](#)



CMHACY

California Mental Health Advocates
for Children and Youth



at

Asilomar Hotel and Conference Grounds

[Registration](#)

[Book your room in the CMHACY Block](#)

[2024 Conference – CMHACY](#)