



# CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL

# MEETING MINUTES July 10, 2017 - 9:00-10:30 A.M.

Health Services Rosecrans Facility – Coronado Room +=Member in Attendance O=Absent E=Excused

	+=Member in A	1		E=Excused	1			
	CONSTITUENCY	MEMBER	STATUS	ALTERNATE	STATUS			
	PUBLIC SECTOR							
1	Behavioral Health Advisory Board	Rebecca Hernandez	0	VACANT				
2	Behavioral Health Services	Dr. Laura Vleugels	+	Dr. Jeffrey Rowe	+			
3	Public Safety Group/ Probation	Ken Mosey	0	Margie Deleon	+			
4	Child Welfare Services (CWS)	Cathi Palatella	0	Barry Fox	+			
5	HHSA Regions	Dori Gilbert	0	Jennifer Sovay	0			
6	Public Health	Dr. Dean Sidelinger	E	Rhonda Freeman	Е			
7	Juvenile Court	H. Judge Carolyn Caietti	0	Michelle Johnson	0			
8	First 5 Commission	Kim Gallo	0	Jennifer Wheeler	0			
		<b>EDUCATION SE</b>	CTOR					
9	Special Education Local Plan Area (SELPA)	Violeta Mora	+	VACANT				
10	Regular Education Pupil Personnel Services	Mara Madrigal- Weiss	0	Heather Nemour	0			
11	School Board	Barbara Ryan	+	VACANT				
12	Special Education	Aidee Angulo	0	Yuka Sakamoto	0			
		PRIVATE SEC	TOR					
13	San Diego Regional Center (SDRC) for Developmentally Disabled	Carlos Flores	0	Peggy Webb	0			
14	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	+	Marisa Varond	+			
15	Mental Health Contractors Association	Steve Jella	0	Barent Mynderse	+			
16	Mental Health Contractors Association	Angela Chen	0	Delrena Swaggerty	+			
17	San Diego Nonprofit Association (SDNA)	Margaret Iwanaga Penrose	+	Rosa Ana Lozada	+			
18	Fee- For-Service Network	Dr. Sherry Casper	+	VACANT				
19	Managed Care Health Plan	George Scolari	+	Rogelio Lopez	0			
20	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	0					
	FAMILY AND YOUTH SECTOR							
21	Family and Youth Liaison	Renee Cookson	+	Suzette Southfox	0			
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AND HUN	AND HUMAN SERVICES AGENCY						
22	Caregiver of child/youth served by the Public Health System	Debbie Stolz	0	Pam Toohey	0		
23	Youth served by the Public Health System (up to age 26)	Emma Rodriguez	0	Oniric Cirino			
24	Youth served by the public health system (up to age 26)	Travis Webster	+	Micaela Cunningham			
	SUB-COMMITTEES (Non-voting members unless a member of the Council)						
-	Outcomes Committee	Angela Chen					
-	Executive Committee	Delrena Swaggerty					
-	Early Childhood Committee	Aisha Pope/ Jennifer Kennedy	O/O				
-	Education Committee	Mara Madrigal- Weiss					
-	CYF CADRE	Julie McPherson/ Marisa Varond	O/+				
-	Family and Youth as Partners	Renee Cookson					

CYF Council Staff: Edith Mohler, Grisel Ortega, Darwin Espejo

# I. Welcome and Introductions (Delrena Swaggerty)

# II. Approval of Minutes (Renee Cookson)

- June 12, 2017 meeting minutes approved with two corrections:
  - ✓ Member attendance corrected: Barbara Ryan was Excused not absent
  - ✓ Page 3-second dot point: Revised from Harbridge to **Harbage**.
- Review of Action Items from June 12, 2017 (Dr. Laura Vleugels). See June 12, 2017 meeting minutes for details.

### III. Business Items (Delrena Swaggerty)

- Advancing the Children's System of Care Principles Awards
   Rose Woods from BHETA presented the Children's System of Care Principles awards. The individual
   awards was presented to Adia Nembhard from San Diego Center for Children-WrapWorks program and the
   program award to the Douglas Young Youth and Family Services (DYYFS) program.
- FY 17-18 Strategic Planning Meeting Rescheduled to September 11, 2017 from 9:00 to 11:00 A.M. Meeting location is pending.
- The CYF Council meeting will be Dark in August 2017.
- CYF Council Orientation:
  - Scheduled for August 14, 2017 from 9:00 to 10:30 A.M. at the Coronado Room of the Health Services Complex-3851 Rosecrans Street, San Diego, CA 92110.
- Hepatitis A Status update (Handout)
  - The outbreak within the county continues and 220 cases and 4 deaths have been reported. The outbreak has been predominantly within the homeless and drug user population. The meeting handout packet includes Hepatitis A Virus infection information and County of San Diego Public Health Centers Immunization Clinic schedules.

#### IV. Mental Health Services Act (MHSA) – Update (Adrienne Yancey)

- MHSA Three Year Plan
  - ✓ The release of the MHSA Three Year Program and Expenditure Plan for Fiscal Year 2017-18 has been postponed.
  - √ A 30-day public comment period is projected from August 7 to September 6, 2017.
  - ✓ A Public Hearing is projected Behavioral Health Advisory Board (BHAB) meeting on September 7, 2017.





- MHSA Innovation plan update
  - ✓ On May 25, 2017, three Innovation plans were approved by the Mental Health Services Oversight and Accountability Commission (MHSOAC). Implementation is expected in Fiscal Year 2019-20:
    - o INN 20 Roaming Outpatient Access Mobile (ROAM)
    - INN 21 Recuperative Services Treatment (ReST)
    - INN 22 Medication Clinic (Dr. Jeffrey Rowe and Yael Koenig).
  - ✓ The following proposals will be presented as soon as the MHSOAC hearing schedule allows:
    - o INN 16 Urban Beats (expansion)
    - INN 17 Crest Mobile Hoarding (expansion)
    - INN 19-Telemental (CYF and AOA).
- Community Engagement forums
  - ✓ BHS will host two public forums, tentatively, between July and August, 2017, one in North Region and one in Central Region:
    - August 10, 2017 at 10:00 A.M. -12:00 P.M.- North County Lifeline, 200 Michigan Ave., Vista CA 92084
    - August 29, 2017 at 10:00 A.M. 12;00 P.M.-Jacob's Center, 404 Euclid Ave, San Diego, CA 92114.
  - ✓ Focus groups:
    - o Direct services staff
    - o Transition Age Youth
    - o Clients/Consumers
    - o Re-Entry population
    - Homeless population with Serious Mental Illness (SMI).
  - ✓ Online "Telephone Town Hall" scheduled for August 16, 2017 from 6:30 to 7:30 P.M.
  - ✓ Harbage Consulting will assist with these Community Engagement activities.

# V. "Hot Topic" Discussion (Delrena Swaggerty)

### **Public Input/Discussion Summary**

- CYF Families Facing Immigration Challenges Part 3.
- Dialogue between sectors
  - ✓ Dr. Steven Davis recommended provision of mental health services upon arrival. Etleva Bejko added that this practice could be a good mental health prevention strategy and it will also support resettlement agencies.
  - ✓ Refugees and immigrants are two different populations and have specific needs.
  - ✓ Refugees tend to focus on other priorities like housing and employment upon arrival. It becomes very difficult to engage them in mental health services after 6 to 8 months of arrival.
  - ✓ The overabundance of resource information can overwhelm refugees. In addition, refugees' elevated level of anxiety/distress can limit their intake of information. A "common language" is needed among all resettlement agencies, and County programs to be more effective.
  - ✓ Providing a safe and secure environment to refugees can foster effective dialogue regarding mental health.
  - ✓ San Diego School Districts receive Refugee Impact Grants and also have records of the amount of refugee children enrolled in their schools.
  - ✓ Some of the recommendations provided include:
    - To increase collaboration among San Diego County Office of Education (SDCOE), service providers, and resettlement agencies to offer mental health educational courses to refugees having mental health awareness and stigma reduction as goals
    - Hiring refugee Family Youth Partners that could conduct town hall meetings and family support programs in their own language and utilizing music and dance as engagement tools
    - Refugee training for clinicians
    - Lists of contracted or community programs that can offer mental health education including a resource list of school-based refugee/immigrant service providers (separate lists for each group)
    - Existing resources the County already has can be used to take the next step treating refugees with mental health issues
    - BHETA training regarding immigrants and refugees
    - o Ad Hoc committee to develop "common language" among providers.





✓ Dr. Jeffrey Rowe reminded the meeting attendees that the Council serves as an advisory to the BHS Director and therefore Council recommendations go on record as recommended practices on highlighting system gaps to explore.

# VI. Director's Report (Alfredo Aguirre)

- The Senate is in the process of advancing the Better Care Reconciliation Act of 2017. This bill would impact Medi-Cal.
- The State's \$125 billion annual budget was passed by the Legislature and signed by the Governor.
- As a result of the May Revise State Budget for Fiscal Year 2017-18 mitigation, the State will now take
  growth funds from a 1991 sales tax/realignment fund and apply it towards the Community Care Initiative for
  Adult's Long Term Care placement and San Diego Psychiatric Hospital. Further mitigation resulted in a cap
  placed on care provider's COLA for a period of three to five years that would help preserve the County's
  funding.
- The State reversion policy on MHSA Innovation funding was revised and Counties will have three more years from July 1, 2017 to utilize unspent Innovation funding that was previously subject to reversion. A summit to review the MHSOAC Innovation project approval criteria is scheduled for August 2017.
- Counties are waiting for additional guidance from the Department of Health Care Services (DHCS) regarding the Implementation of Presumtive Transfer for Foster Children Placed Out of County.

# VII. Action Items

Action Items	Action By	Action Due
Provide a resource list of SDCOE schools that receive "Refugee Impact Grants" and serve refugee children and their families.	SDCOE/ Violeta Mora	November 13, 2017
Refugee and Immigration trainings will be developed based on the recommendations provided. These trainings will be available in FY 2017-18.	• BHETA	Completed

### **Sub-Committees/Sectors/Workgroups Meetings Information:**

Outcomes: Meets the 1<sup>st</sup> Tuesday of the month-La Vista Room from 11:30 A.M. to 1:00 P.M.

**Early Childhood**: Meets the 2<sup>nd</sup> Monday of the month- 3160 Camino Del Rio South, San Diego, CA 92108-Suite 101 at 11:00 A.M.

Education Advisory Ad Hoc: Meets As Needed.

**TAY Council**: Meets the 4<sup>th</sup> Wednesday of the month-6160 Mission Gorge Rd. San Diego, CA 92120 from 3:00 to 4:30 P.M. **Exception: Next meeting is scheduled for November 15, 2017 (third Wednesday**).

**CYF CADRE**: Meets quarterly-2<sup>nd</sup> Thursday of the month-NAMI San Diego, 5095 Murphy Canyon Rd. Ste. 320 San Diego, CA 92123 from 1:30 to 3:00 P.M.

**CCRT**: Meets 1<sup>st</sup> Friday of the month – Health Services Facility Rosecrans-Coronado Room, 3851 Rosecrans St. San Diego, CA 92110 from 10:00 to 11:30 A.M.

**Family and Youth Sector**: Meets the 4<sup>th</sup> Thursday of the month at 8964 N Magnolia Street, Santee, CA 92071 from 6:30 P.M. to 8:00 P.M.

**Family and Youth as Partners**: Meets the 3<sup>rd</sup> Thursday of the month- Del Mar Room from 2:00 to 3:30 P.M. **Private Sector**: Meets As Needed.