



CHILDREN, YOUTH AND FAMILIES (CYF) COUNCIL

Annual Orientation (Virtual)

June 12, 2023 | 9 to 10:30 a.m.

Meeting Registration Link:

<https://us06web.zoom.us/join/ztMtc2sqTMuGtdMC5XJRPKTzQwLpYA8dLF>

The CYF Council Annual Orientation serves as an opportunity for Council representatives and Alternates, as well as Council attendees to gain knowledge about the System of Care and best support active participation in the Council. The orientation reviews key documents for the Children, Youth and Families Behavioral Health System of Care Council (CYF Council).

Welcome (Stephanie Escobar)

- Recognizing:
 - LGBTQIA+ Pride Month: [About | Lesbian, Gay, Bisexual, Transgender and Queer Pride Month | Library of Congress \(loc.gov\)](#)
[Lesbian, Gay, Bisexual, Transgender, Queer, and Intersex \(LGBTQI+\) | SAMHSA](#)
 - June 2, National Gun Violence Awareness: [Stop Firearm Suicide San Diego \(2018\)](#)
 - [June 10, 2023 - Family and Fitness Day](#)
 - June 18, 2023 - Father's Day and Autistic Pride Day: <https://www.myautism.org/news-features/autistic-pride-day>

Poll Question 1 (Darwin Espejo)

- Are you new to the CYF Council (meaning you have attended 3 or less meetings)? Yes/No

- Introduction to CYF Council Committee video clips: <https://cyfliaison.namisaniego.org/youtube/> - (Page 3)
 - Introduction by Yael Koenig
 - CYF System of Care History by Rosa Ana Lozada
 - CYF System of Care Principles by Delrena Swaggerty
 - Change Agents Developing Recovery Excellence (CADRE) CYF Council Committee by and Marisa Varond Julie McPherson
[CYF CADRE Subcommittee Introduction - YouTube](#)
- [Children, Youth and Families \(CYF\) Behavioral Health System of Care Council Vision, Mission and Principles](#) - (4)
- [CYF Framework](#) - (Page 5)
- CYF Council Overview - (Pages 6-7)

Poll Question 2 (Darwin Espejo)

- Which sector do you represent when you participate in the Council? (Select one) Public/ Private/ Family/ Education?

- [CYF Council Member Roster](#) - (Pages 8-9)
- [CYFBHSOCC Bylaws](#) - (Pages 10-12)
- CYF Council Committees - (Pages 13-14)
- CYF Council Committees Point in Time Representation - (Pages 15-16)

Poll Question 3 (Darwin Espejo)

- Do you participate in any of the CYF Council Committees? Yes/No

- CYF Council Fiscal Year 2023-24 Tentative Calendar (Subject to change) - (Page 17)
- [CYF Council March 13, 2023 - Meeting Summary](#) - (Pages 18-22)
- CYF System of Care Goals Fiscal Year 2022-23 and Fiscal Year 2021-22 Accomplishments - (Pages 23-27)
- [CYF Council web page](#) (Page 28)
- [CYF Services Directory-Updated January 2023](#) - (Pages 29-30)
- CYF Administrative Team (Page 31)
- [CYF BHS Systemwide Annual Report, Fiscal Year 2020-21](#) - (Page 32)
- [Behavioral Health Services – Workforce Training and Technical Assistance](#) - (Page 33)
- [Clerk of the Board of Supervisors webpage](#) - (Page 34)
- [County of San Diego Vision, Mission, and Values](#) - (Page 35)
- [County of San Diego Strategic Initiatives](#) - (Page 36)
- [Live Well San Diego 2021-2022 Annual Impact Report](#) - (Pages 37-54)
- [San Diego County Annual Report 2021-22](#) - (Page 55)
- [County of San Diego Adopted Operational Plan 2022-23 & 2023-2024](#) - Published September 2022 - (Pages 56-62)
[County of San Diego 2023-24 Chief Administrative Office Recommended Operational Plan - Executive Summary and budget snapshot](#)

Poll Question 4: (Darwin Espejo)

- On a scale between 1-5 (1 is lowest and 5 the highest), was this orientation informative?

Co-Chairs for the Fiscal Year 2022-23

Education Sector: Jaime Tate-Symons

Public Sector: Stephanie Escobar

Co-Chairs for the Fiscal Year 2023-24

Public Sector: Stephanie Escobar

Private Sector: TBD

Council Meeting Schedule

Meeting dates and times are subject to change

- **When:** Second Monday of each month (The December 11, 2023 meeting is tentatively dark)
- **Time:** 9 to 10:30 a.m.
- **Where:** Virtually utilizing the Zoom application

CYF Council staff contact information

Darwin Espejo-Administrative Analyst: (619) 606-8733 or Darwin.Espejo@sdcounty.ca.gov

Edith Mohler-Administrative Analyst: (619) 228-6935 or Edith.Mohler@sdcounty.ca.gov

Rhonda Crowder – Administrative Secretary: (619) 578-3382 or Rhonda.Crowder@sdcounty.ca.gov

Children, Youth and Families Behavioral Health System of Care Council Orientation Video



**Introduction by Yael Koenig,
CYF Deputy Director**



**Welcome by BHS Director,
Luke Bergmann**



**Cultural Competence Resource Team
by Piedad Garcia,
AOA Deputy Director**



**Transition Age Youth (TAY)
Council by
Lis Winchell, former co-chair**



**CYF System of Care History
by Rosa Ana Lozada,
Harmonium**



**CYF System of Care Principles
by Delrena Swaggerty,
Mental Health Systems**



**Change Agents Developing
Recovery Excellence (CADRE) –
CYF, by Marisa Varond,
McAlister Institute**



**CADRE CYF by Julie McPherson
Community Resource Foundation**



**Early Childhood Mental Health by
Autumn Weidman,
Jewish Family Service**



**Education Sector by
Heather Nemour,
San Diego County
Office of Education**



**Family Sector by Valerie Hebert,
former CYF Council co-chair**

**To access this video
Visit**

<https://cyfliaison.namisanidiego.org/youtube/>



**County of San Diego
Children, Youth and Families Behavioral Health
System of Care Council
Vision, Mission, and Principles**

Council Vision:

Wellness for children, youth and families throughout their lifespan.

Council Mission:

Advance systems and services to ensure that children and youth are healthy, safe, lawful, successful in school and in their transition to adulthood, while living in nurturing homes with families.

Council Principles:

1. **Collaboration of four sectors:** Coordination and shared responsibility between child/youth/family, public agencies, private organizations and education.
2. **Integrated:** Services and supports are coordinated, comprehensive, accessible, and efficient.
3. **Child, Youth, and Family Driven:** Child, youth, and family voice, choice, and lived experience are sought, valued and prioritized in service delivery, program design and policy development.
4. **Individualized:** Services and supports are customized to fit the unique strengths and needs of children, youth and families.
5. **Strength-based:** Services and supports identify and utilize knowledge, skills, and assets of children, youth, families and their community.
6. **Community-based:** Services are accessible to children, youth and families and strengthen their connections to natural supports and local resources.
7. **Outcome driven:** Outcomes are measured and evaluated to monitor progress and to improve services and satisfaction.
8. **Culturally Competent:** Services and supports respect diverse beliefs, identities, cultures, preference, and represent linguistic diversity of those served.
9. **Trauma Informed:** Services and supports recognize the impact of trauma and chronic stress, respond with compassion, and commit to the prevention of re-traumatization and the promotion of self-care, resiliency, and safety.
10. **Persistence:** Goals are achieved through action, coordination and perseverance regardless of challenges and barriers.

May 1, 2018



LIVEWELLSD.ORG



LIVE WELL
SAN DIEGO

BEHAVIORAL HEALTH SERVICES CHILDREN, YOUTH & FAMILIES FRAMEWORK

VISION

Children and youth are healthy, safe, lawful, successful in school and in their transition to adulthood, while living in nurturing homes with families.

PRINCIPLES

Collaborative, Integrated, Child, Youth & Family Driven, Individualized, Strength-based, Community-based, Outcome & Data Driven, Culturally Competent, Trauma Informed, Persistence

PRIORITIES

Ensure a full continuum of care through family-centered and youth-informed services that are compassionate and sensitive to the unique developmental needs of children and youth.

Strengthen partnerships with children/youth's circle of influence to create a supportive environment.

Provide services that empower children and youth to build a healthy sense of self and have confidence to make sound decisions so they thrive in an ever-changing world.

Live Well San Diego-Areas of Influence



Standard of Living

- Economic & Nutrition Security
- Timely Access to Healthcare Inclusive of Behavioral Health Services
- Employment Readiness



Community

- Access to Parks, Playgrounds and Recreation Centers
- Usable Transportation
- Safe Neighborhoods & Schools
- Affordable Stable Housing
- Access to Extracurricular Activities

HEALTH FACTORS



Health

- Daily Physical Activity
- Limited & Supervised Screen Time
- Affordable Healthy Food
- Zero Sugary Beverages, Drink More Water
- No Substance Use
- No Tobacco Use
- Up to Date Immunizations
- Connection to a Health Home



Social

- Supportive Families
- Nurturing Communities
- Connection to Natural Supports
- Positive Social Interactions



Knowledge

- Quality Education
- Quality Preschool For All
- Good School Attendance
- School Success
- No Suspensions or Expulsions
- Obtain a High School Diploma
- Access to Higher Education & Vocational Programs

Children, Youth and Families Behavioral Health System of Care Council

Overview

History: On December 12, 1995, the County Board of Supervisors supported recommendations to transform the Children's Mental Health System. A Children's Mental Health Services System of Care Steering Committee was established, a Public, Private and Family partnership. In 2004, this committee evolved into the Children's Mental Health Services System of Care Council, a four-sector partnership:

Public: This includes, but is not limited, to entities that represent local government: San Diego County Health and Human Services Agency (HHSA): Behavioral Health Services, Behavioral Health Advisory Board, Homeless Solutions and Equitable Communities, Public Health Services, Medical Care Services, Child Welfare Services (CWS)*, First 5 San Diego**, and it also includes the County's Public Safety Group - Juvenile Probation Department, and Juvenile Court.

Private: Includes the Children, Youth and Families (CYF) System of Care contracted providers. They are also organized with the Mental Health Contractors Association, Alcohol and Drug Providers Association, Fee - For-Service (FFS) Network, Healthcare - Pediatricians, Managed Care Health Plans, and the San Diego Regional Center.

Family: Youth and families who have lived experience receiving or who have received services from agencies serving children, and/or parents/caregivers of individuals that are receiving or have received services from agencies serving children.

Education: Representatives are usually also part of the Public Sector but represent Education. Constituencies represented in the Council are the Special Education Local Plan Area (SELPA), School Districts, Regular Education-Pupil Personnel Services, School Boards, Special Education, and the San Diego County Office of Education (SDCOE).

The Council serves in an advisory capacity to the Behavioral Health Services (BHS) Director, Dr. Luke Bergmann, and operates according to its by-laws adopted in March 2006 and last revised September 12, 2022.

Children, Youth and Families (CYF) Staff to the Council: Yael Koenig, Deputy Director, Children, Youth and Families.

CYF Administrative Support: Edith Mohler, Darwin Espejo, and Rhonda Crowder.

Children, Youth and Families Behavioral Health System of Care Council, Vision, Mission, and Principles:

In 2010, the principles were updated and refined to complement the Live Well, San Diego! initiative (Currently, Live Well vision). In 2016, the Trauma Informed principle was added. In 2017, an Ad Hoc Sub-Committee started working on adding the Persistence principle and completed further refinements to align with the BHS Ten Year Roadmap [Board Letters: January 26, 2016 (06) and July 19, 2016 (07)]. The current CYF System of Care Principles document was unveiled on May 14, 2018.

Council Vision: Wellness for children, youth and families throughout their lifespan.

Council Mission: Advance systems and services to ensure that children and youth are healthy, safe, lawful, successful in school and in their transition to adulthood, while living in nurturing homes with families.

Council Principles:

1. **Collaboration of four sectors:** Coordination and shared responsibility between child/youth/family, public agencies, private organizations, and education.
2. **Integrated:** Services and supports are coordinated, comprehensive, accessible, and efficient.
3. **Child, Youth, and Family Driven:** Child, youth, and family voice, choice, and lived experience are sought, valued, and prioritized in service delivery, program design and policy development.
4. **Individualized:** Services and supports are customized to fit the unique strengths and needs of children, youth and families.
5. **Strength-based:** Services and supports identify and utilize knowledge, skills, and assets of children, youth, families, and their community.
6. **Community-based:** Services are accessible to children, youth and families and strengthen their connections to natural supports and local resources.
7. **Outcome driven:** Outcomes are measured and evaluated to monitor progress and to improve services and satisfaction.
8. **Culturally Competent:** Services and supports respect diverse beliefs, identities, cultures, preference, and represent linguistic diversity of those served.
9. **Trauma Informed:** Services and supports recognize the impact of trauma and chronic stress, respond with compassion, and commit to the prevention of re-traumatization and the promotion of self-care, resiliency, and safety.
10. **Persistence:** Goals are achieved through action, coordination, and perseverance regardless of challenges and barriers.

Membership: Limited to 25 voting members, the Council represents the Family/Youth, Public, Private and Education sectors; members are appointed by the Behavioral Health Director/designee to serve a two-year term that may be renewed.

Council Members are expected to:

1. Attend monthly Council meetings. If unable to attend, the designated alternate is expected to attend.
2. When meetings are held in person, sit at the Council members' table. When a member is absent, the alternate representative will sit at the table.
3. Align meeting discussions and presentations to the CYF System of Care (SOC) Principles, Live Well San Diego vision, and the values written in the County General Management System Reimagined: Integrity, Belonging, Equity, Excellence, Access, and Sustainability: <https://www.sandiegocounty.gov/content/sdc/cao/gms.html>
4. Indoctrinate incoming members into the Council.
5. Inform constituents of CYF SOC's activities and provide constituency's input to the Council.

Currently, the Council has 25 active seats:

Behavioral Health Advisory Board (BHAB) (1 seat)	Behavioral Health Services (BHS) (1 seat)
Homeless Solutions and Equitable Communities (1 seat)	Child Welfare Services (CWS)* (1 seat)
Public Safety Group (PSG)/Probation (1 seat)	Juvenile Court (1 seat)
Public Health Services (PHS) (1 seat)	First 5 San Diego** (1 seat)
Medical Care Services (MCS) (1 seat)	Special Education (1 seat)
School Board (1 seat)	Special Education Local Plan Areas (SELPA) (1 seat)
Regular Education-Pupil Personnel Services (1 seat)	San Diego Regional Center for Developmentally Disabled (1 seat)
Managed Care Health Plans (1 seat)	Alcohol and Drug Service Provider Association (ADSPA) (2 seats)
Mental Health Contractors Association (MHCA) (2 seats)	Fee-For-Service Network (1 seat)
Healthcare/Pediatrician (1 seat)	Caregiver of child/youth served by the public health system (1 seat)
Family and Youth (1 seat)	Youth served by the public health system-through age 25 (2 seats)

Council Committees and linked Committees/Groups:

Executive	Outcomes
Family and Youth Sector (Youth Family Support Partners)	Annual Youth Mental Health Well Being Celebration
Education Sector (Ad Hoc)	CYF Change Agents Developing Recovery Excellence (CADRE)
Private Sector (Ad Hoc)	SOC Training Academy
Early Childhood	

Regular Reports to Council:

All active Council Committees	Public Sector: BHAB, PSG/Probation, PHS, MCS, CWS* and First 5**, Juvenile Court
Mental Health Contractors Association (MHCA)	Transition Age Youth (TAY) Council
Alcohol and Drug Service Provider Association (ADSPA)	Cultural Competence Resource Team (CCRT)
Managed Care Health Plans (MHCP)	

**Council General Meeting Schedule:
Meeting dates and times subject to change**

- **When:** Second Monday of each month.
- **Time:** 9:00 to 10:30 a.m.
- **Where:** Virtual meetings – Meeting link obtained through Darwin Espejo.
- To be added to email distribution list, contact Darwin Espejo at Darwin.Espejo@sdcounty.ca.gov or call 619-606-8733
- Additional Council information, including all approved meeting summaries, are posted in the Council website: https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_children/CYFBHSOCCouncil.html

* Child and Family Well Being (CFWB) Department-Office of Child Safety, effective July 1, 2023

** CFWB Department – Office of Child and Family Strengthening -First 5 San Diego, effective July 1, 2023.

Rev. June 6, 2023

CHILDREN, YOUTH AND FAMILIES BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL MEMBERSHIP ROSTER FISCAL YEAR 2022-23 May 26, 2023			
CONSTITUENCY		MEMBER	ALTERNATE
1	Behavioral Health Advisory Board (BHAB)	Bill Stewart	Joel San Juan
2	Behavioral Health Services (BHS)	Dr. Laura Vleugels	Dr. Patricia Cardenas-Wallenfelt
3	Public Safety Group/ Probation	Tabatha Wilburn	Delona King
4	Child Welfare Services (CWS) - Effective July 1, 2023, to be Child and Family Well-Being (CFWB)	Steven Wells	Norma Rincon
5	Homeless Solutions and Equitable Communities	Rosa Gracian	Liki Porotesano
6	Public Health	Dr. Thomas Coleman	Rhonda Freeman
7	Medical Care Services (MCS)	Dr. Kelly Motadel	Heather Summers
8	Juvenile Court	H. Judge Ana Espana	Beth Brown
9	First 5 San Diego -Effective July 1, 2023, will be integrating with CFWB	Alethea Arguilez	Stephanie Escobar
10	Special Education Local Plan Area (SELPA)	Russell Coronado	Jaime Tate-Symons
11	Regular Education Pupil Personnel Services	Heather Nemour	Vacant
12	School Board	Barbara Ryan	Debra Schade
13	Special Education	Yuka Sakamoto	Misty Bonta
14	San Diego Regional Center (SDRC) for Developmentally Disabled	Zachary Guzik	Lori Sorenson
15	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	John Laidlaw
16	Alcohol and Drug Service Provider Association (ADSPA)	Marisa Varond	Claudette Allen Butler
17	Mental Health Contractors Association	Julie McPherson	Vacant
18	Mental Health Contractors Association	Laura Beadles	Golby Rahimi
19	Fee- For-Service (FFS) Network	Dr. Sherry Casper	Marcelo A. Podesta
20	Managed Care Health Plan	Kathleen Lang	James Trout
21	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	Vacant
22	Family and Youth Liaison	Sten Walker	Vacant

23	Caregiver of child/youth served by the Public Health System	Vacant	Karilyn "Kari" Perry
24	Youth served by the public health system (up to age 26)	Veronica Hernandez	Vacant
25	Youth Served by the Public Health System (up to age 26)	Caitlynn Hauw	Vacant
	Executive Committee	Jaime Tate Symons/Stephanie Escobar	
	Cultural Competence Resource Team Committee	Rosa Ana Lozada	
	CYF CADRE	Julie McPherson/ Marisa Varond	
	Early Childhood Committee	Rosa Ana Lozada/Stephanie Gioia-Beckman	
	Education Committee	Heather Nemour	
	Family and Youth as Partners	Sten Walker	
	Outcomes Committee	Emily Trask/ Eileen Quinn-O'Malley	
	Training Committee	Edith Mohler	

Children, Youth and Families Behavioral Health System of Care Council Bylaws



Article One: Name

The name of this organization shall be the Children, Youth and Families Behavioral Health System of Care Council (also known as CYF Council or the Council).

Article Two: Purpose and Duties

On December 12, 1995, the County Board of Supervisors supported recommendations to transform the Children's Mental Health System. A Children's Mental Health Services System of Care Steering Committee was established with a Public, Private and Family partnership. In 2004, this committee evolved into the Children's Mental Health Services System of Care Council, a four-sector partnership: Public, Private, Family/Youth, and Education.

The duties of the Council shall be set forth by Behavioral Health Services (BHS) Administration, a department of the Health and Human Services Agency (HHSA). The Council reports to the Behavioral Health Services Director (BHS Director)/Designee and serves in an advisory capacity. The Council is charged by the BHS Director/Designee to perform the following functions:

- Provide community oversight for the integrity of all services and advancement of all aspects of the system of care.
- Provide advice and feedback related to the progress and future expansion of the CYF System of Care; and
- Provide information and recommendations to the BHS Director.

Article Three: Membership

Membership on the Council is via appointment by the BHS Director/Designee through recommendations of each sector. The Council provides an opportunity for all four sectors to have a voice in policy development and advancement of the System of Care. Members will be appointed from the following:

Sector	Constituencies	Seats
Public	Behavioral Health Advisory Board (BHAB)	1
	Behavioral Health Services (BHS) - HHSA	1
	Homeless Solutions and Equitable Communities - HHSA	1
	Public Health (PH) - HHSA	1
	Medical Care Services (MCS)	1
	Child Welfare Services (CWS) - HHSA	1
	First 5 Commission (First 5) - HHSA	1
	Public Safety Group (PSG) / Probation	1
	Juvenile Court	1
Private	San Diego Regional Center for Developmentally Disabled	1
	Alcohol and Drug Services Provider Association (ADSPA)	2
	Mental Health Contractors Association (MHCA)	2
	Fee For Service (FFS) Network	1
	Managed Care Health Plans (MCP)	1
	Healthcare/Pediatrician	1
Education	Special Education Local Plan Areas (SELPA)	1
	Regular Education - Pupil Personnel Services	1
	School Board	1
	Special Education	1
Family	Family Education Services (FES)	1
	Caregiver of child/youth served by the public health system	1
	Youth served by the public health system (age up to 26)	2

Membership shall be limited to 25 voting members. Each member/sector shall designate an “alternate,” a person to act on behalf of the regular member when the regular member is unavailable. Alternates retain voting privileges only when the regular member is not present. Council members serve two-year terms, which may be renewed at the discretion of the BHS Director/Designee. Terms will begin in July and be staggered with half of the membership rolling over one year, and the other half the next, to avoid enlisting an entirely new slate at one time.

Current Council members and alternates shall have access to the trainings provided by the BHS training contractor. To gain access, a written request shall be submitted to Council staff for processing.

Council members from the Youth served by the public health system constituency, who complete an application for the annual California Mental Health Advocates for Children and Youth (CMHACY) conference scholarship, shall be given priority status for scholarship award.

Article Four: Vacancies

Any vacancy in any seat on the Council shall be filled by appointment by the BHS Director/Designee. When a vacancy occurs, an analysis shall be conducted by the BHS Director/Designee as to the current composition of the Council and what constituency requires additional representation. The BHS Director/Designee shall recruit potential members from the constituency groups listed in Article Three, taking into consideration what is needed to represent demographics (gender, ethnicity, and age) of the County to the extent feasible. The Council should reflect the ethnic diversity of the client population in the county. The BHS Director/Designee formally appoint the member via written communication.

Article Five: Quorum

A quorum shall be defined as one person more than one half of the appointed members. Alternates may be included in the quorum count if they are providing voting representation for the regular member. The definition of appointed members excludes unfilled positions and those vacated by resignation or removal.

Article Six: Meetings

The Council co-chairs will determine the frequency, times, and locations for the Council meetings at the beginning of each committee year, July 1. Changes to the prevailing meeting schedule will be communicated to members no later than the meeting immediately preceding the changed meeting date. Meetings shall convene promptly at the scheduled time.

Agendas: Agendas are prepared by the Executive Committee in consultation with the BHS Deputy Director/Designee. Stakeholders may submit proposed agenda items to the co-chairs or staff of the Council on a continuous basis. Agendas are forwarded to Council members, alternate, and attendees in advance of the Council meeting.

Meeting Summary: County administrative staff completes and maintain the Council Meeting Summary documentation. Meeting summaries are distributed to Council members in advance of the next regularly scheduled meeting and are posted on the County CYF Council website located at:

https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_children/CYFBHSOCCouncil.html.

Article Seven: Officers

The business of the Council is organized and managed through two co-chairs. The co-chairs are identified by the sector responsible for chairing the upcoming serving term, with the identified co-chair starting to serve in the month of July.

The co-chairs are named from the four-sector partnership of the System of Care (Public, Private, Family/Youth, and Education), and do not represent the same constituency during any term. The co-chairs serve for two-year terms on a rotating basis and alternating so there is always one serving their first and the other serving their second term year.

The co-chairs participate in the development and preparation of the meeting agendas and receive briefings on progress and activities from the BHS Director/Designee. County Administrative staff provides support to the co-chairs and to activities of the Council, including meeting notices, meeting scheduling, meeting preparation, meeting summaries, and overall coordination.

Article Eight: Committees

The Council has a “standing” Committee, known as the Executive Committee, which is tasked to follow up on current SOC principles and recommend a process to ensure relevancy to current realities and challenges which includes the development of committees and task forces to complete its business, as well as the pausing or retirement of committees that are no longer needed. Committees submit bi-annual written report to the Council.

Each Committee appoints or elect a chair or co-chairs. The chairs of the Committees are then members of the Executive Committee. The chairs of the Committees may be members of the Council, however if the individual serving in the capacity of chair or co-chair of a Committee is not a member of the Council, they become a member, ex officio (without vote), of the Council.

Article Nine: Voting and Consensus

The Council strives to achieve consensus on all decision matters. In the absence of full consensus, any item put to vote will be approved by a simple majority of those present. A quorum of the Council must be present for a vote to be taken on any motion brought to the Council.

Motions put to the Council for vote should include the following information:

- Concise statement of the issue for vote.
- Purpose for the vote (e.g., change in bylaws); and
- Action to be taken pursuant to the vote.

The Council votes by show of hands (or virtual alternative) on all action items brought before the Council for formal decision. The majority voice carrying the decisions is noted in the corresponding meeting summary. Vote counts are not required. Members opposing the outcome of a closely contested vote may request permission to submit a “minority opinion” into the record of the vote. Opposing members have two working days from the date of the vote to submit their minority opinion, in writing, to the co-chairs for inclusion in the official meeting summary of the Council. Only members of the Council, or alternates attending in place of the delegated member, are eligible to vote. Alternates attending in addition to the regular member are not eligible to vote and do not count in the quorum determination.

Article Ten: Member Conduct

Conduct of members of the Council is guided by these principles:

- Courtesy and respect for the customs and beliefs of others, consistent with the mission and philosophy of the System of Care and the Council.
- Respect for the confidential nature of information used by the Council to conduct its business.
- Conduct in all relationships that ensures decisions are not compromised by any conflict of interest.
- Use of sound, ethical management practices in all Council activities.
- Continuous striving to provide quality service to the Council, the System of Care, and the children and families it serves.

Article Eleven: Ratification and Amendments

Bylaws are reviewed and updated as needed following Article Nine which outlines voting and consensus practices.

Children, Youth and Families (CYF) Council
Fiscal Year 2022-23 Committees/Groups

COMMITTEE		MEETING DATE/LOCATION/TIME	LEAD (Co-Leads)
1	Executive	Meets via Zoom When: 4 th Thursday of the month Time: 11:30 a.m. to noon	<p>Education Sector Co-Chair From July 1, 2021 through June 30, 2023 Jaime Tate-Symons: jtate@sdcoe.net</p> <p>Public Sector Co-Chair From July 1, 2022 through June 30, 2024 Stephanie Escobar Stephanie.Escobar@sdcounty.ca.gov</p> <p>CYF Lead: Yael Koenig Rhonda.Crowder@sdcounty.ca.gov</p>
2	Change Agents Developing Recovery Excellence (CADRE) - CYF	Meets virtually When: Meets quarterly - 2nd Thursday of the month Time: 1:30 to 3:00 p.m.	<p>Julie McPherson and Marisa Varond JMcPherson@comresearch.com Marisa.Varond@mcasterinc.com</p> <p>CYF Representative: Shannon.Jackson@sdcounty.ca.gov Teresa.Kang@sdcounty.ca.gov</p>
3	Cultural Competency Resource Team (CCRT)*	Meets virtually When: 1st Friday of the month Time: 10:00 to 11:30 a.m.	<p>Piedad Garcia and Charity White-Voth Piedad.Garcia@sdcounty.ca.gov Charity.White-Voth@sdcounty.ca.gov</p> <p>Private Sector Representative: RLozada@harmoniumsd.org</p> <p>CYF Representative: Edith.Mohler@sdcounty.ca.gov</p>
4	CYF Training Academy*	Meets via Zoom When: First Wednesday of the month Time: 9-10 a.m.	<p>CYF Representative: Edith.Mohler@sdcounty.ca.gov</p>
5	Early Childhood	Meets virtually When: 2 nd Monday of the month Time: 11 a.m. to noon	<p>Stephanie Gioia-Beckman and Rosa Ana Lozada SGioiaBeckman@rchsd.org RLozada@harmoniumsd.org</p> <p>CYF Representative: Shannon.Jackson@sdcounty.ca.gov</p>

**Children, Youth and Families (CYF) Council
Fiscal Year 2022-23 Committees/Groups**

COMMITTEE		MEETING DATE/LOCATION/TIME	LEAD (Co-Leads)
6	Education Advisory Ad Hoc	Meets as needed.	<p>Heather Nemour Heather.Nemour@sdcoe.net</p> <p>CYF Representative: Frances.Cooper@sdcounty.ca.gov</p>
7	Family and Youth Sector	<p>Community Advocacy Program https://namisandiego.org/calendar/?event_category_id=community-advocacy-program Contact: StenWalker@namisd.org</p> <p>Family Education Program Contact: MarissaWolf@namisd.org</p> <p>NAMI Calendar Access: https://namisandiego.org/calendar/</p> <p align="center"><i>9th Annual Youth Mental Health Well Being Celebration May 13, 2023</i></p>	<p>Sten Walker: Stenwalker@namisd.org</p> <p>CYF Representative: Edith.Mohler@sdcounty.ca.gov</p>
8	Outcomes	<p>Meets virtually When: 1st Tuesday of the month Time: Alternating from 11:30 a.m. to 12:30 p.m. or 12:30 to 1:30 p.m.</p>	<p>Emily Trask and Eileen Quinn-O'Malley EvTrask@ucsd.edu Eileen.Quinn-Omalley@sdcounty.ca.gov</p> <p>CYF Representatives: Yael.Koenig@sdcounty.ca.gov Amanda.Lance-Sexton@sdcounty.ca.gov</p>
9	Private Sector Ad Hoc	Meets as an Ad Hoc group when projects/initiatives arise.	<p>Marisa Varond/Alcohol and Drug Service Provider Association (ADSPA) Marisa.Varond@mcasterinc.org</p> <p>Golby Rahimi Saylor/Mental Health Contractors Association (MHCA) GRahimi@rchsd.org</p> <p>CYF Representatives: CYF COR's by Invitation</p>
10	Transition Age Youth (TAY) Council*	<p>Meets virtually When: Meets quarterly - 4th Wednesday of the month Time: 3:00 to 4:30 p.m.</p>	<p>Adult and Older Adult (AOA) Representative: Claire Riley Claire.Riley@sdcounty.ca.gov</p> <p>CYF Representative: Michael Miller Michael.Miller@sdcounty.ca.gov</p>

*Offer representation and report out to the CYF Council but are not a designated Committee.

Council Committees Point in Time Sector Representation
June 12, 2023

The Children Youth and Families Behavioral Health System of Care Council (CYF Council or the Council) is a four-sector partnership which includes representatives of the public, private, family/youth, and education sectors. They may represent more than one sector.

Public: This includes, but is not limited, to entities that represent local government: San Diego County Health and Human Services Agency (HHS): Behavioral Health Services, Behavioral Health Advisory Board, Child Welfare Services (Shifting to the Child and Family Well-Being (CFWB) Department), Homeless Solutions and Equitable Communities and Public Health Services, and Medical Care Services (MCS). It also includes the County's Public Safety Group - Juvenile Probation Department, Juvenile Court; First 5 San Diego (Shifting to CFWB Department).

Private: Includes the CYF System of Care contracted providers. They are also organized with the Mental Health Contractors Association, Alcohol and Drug Providers Association, Fee-For-Service Network, Healthcare/ Pediatricians, Managed Care Health Plans and San Diego Regional Center.

Family: Youth and families who have lived experience receiving or who have received services from agencies serving children, and/or parents/caregivers of individuals that are receiving or have received services from agencies serving children.

Education: Representatives are usually also part of the Public Sector but represent Education. Constituencies represented in the Council are the Special Education Local Plan Area (SELPA), School Districts, Regular Education-Pupil Personnel Services, School Boards, Special Education, and the San Diego County Office of Education (SDCOE).

EXECUTIVE COMMITTEE | Co-Chairs: Jaime Tate-Symons and Stephanie Escobar

PUBLIC	PRIVATE	FAMILY	EDUCATION
Yael Koenig	Rosa Ana Lozada	Sten Walker	Jaime Tate-Symons
Eileen Quinn-O'Malley	Emily Trask		Heather Nemour
Rhonda Crowder	Julie McPherson		
Darwin Espejo	Marisa Varond		
Edith Mohler	Aisha Pope		
Stephanie Escobar	Ginger Bial		
	Stephanie Gioia-Beckman		

CHANGE AGENTS DEVELOPING RECOVERY EXCELLENCE | (CADRE) Co-Chairs: Julie McPherson and Marisa Varond

PUBLIC	PRIVATE	FAMILY	EDUCATION
Shannon Jackson Terri Kang	Mental Health and Substance Use Disorder (SUD) BHS-contracted providers		

CYF TRAINING ACADEMY | CYF Lead: Edith Mohler

PUBLIC	PUBLIC	PRIVATE	PRIVATE
Edith Mohler	Becky Lanier	Melissa Penaflor	Mina Arthman
Rhonda Crowder	PRIVATE	Faeth Jackson	Kacie Rodvill
Jennifer Rusit	Hayley Rico	Pam Hansen	FAMILY
Jorge Aguilar	Golby Rahimi	Aisha Pope	Celeste Hunter
Nilanie Ramos	Latysa Flowers	Angela Rowe	

CULTURAL COMPETENCE RESOURCE TEAM (CCRT) | Co-Chairs: Piedad Garcia and Charity White-Voth

PUBLIC	PUBLIC	PRIVATE	FAMILY
Piedad Garcia Chair/Ethnic Services Coordinator	Claire Riley	Shiva Jaimes	Mercedes Webber
Charity White-Voth	Martin Dare	Rebecca Paida	Celeste Hunter
Liz Miles	PRIVATE	Rosa Ana Lozada	Ingrid Alvarez-Ron
Nilanie Ramos	Shadi Haddad	Fardosa Osman	Nathaly Martinez
Edith Mohler	Sahra Abdi	Ingrid Alvarez-Ron	
Nancy Rodriguez	Rebecca Paida	Awichu Akwanya	
Sara Zare	Evelyn Parada	Gebaynesh Gashaw-Gant	EDUCATION
Jennifer Rusit	Mercedes Webber	Elisa Barnett	Juan Camarena
Andrea Duron	Kat Katsani-Semel	Mahvash Alami	Erick Mora
Natanya Glezer	Shadi Haddad	Brian Bauers	
Danyte Mockus-Valenzuela	Adam Renteria	Stacy Thompson	
Angie Solom	Robert Cook	Jama Mohamed	
Danielle Eguiza	Rick Heller		

EDUCATION COMMITTEE (AD-HOC) | Chair: Heather Nemour

PUBLIC	FAMILY	EDUCATION	EDUCATION
Fran Cooper	Christine Frey	Rosemary Eshelman	Jaime Tate-Symons
PRIVATE	Debbie Dennison	Yuka Sakamoto	Heather Nemour
Pam Hansen	Caitlyn Hauw	Rebecca Ramirez	

EARLY CHILDHOOD COMMITTEE | Co-Chairs: Rosa Ana Lozada and Stephanie Gioia-Beckman

PUBLIC	PRIVATE	PRIVATE	PRIVATE
Jerelyn Bourdage	Ingrid Alvarez-Ron	Lisa Linder	Mina Arthman
Shannon Jackson	Jennifer Kennedy	Amanda McDaniel	FAMILY
Alicia Castro	Imaya Stevens	Ginger Bial	Latysa Flowers
Stephanie Escobar	Ashley Rambeau	Aimee Zeitz	
	Stephanie Gioia-Beckman	Rosa Ana Lozada	EDUCATION
PRIVATE	Melanie Morones	Aisha Pope	Kim Flowers
Payal Beam	Nubia Soto	Natalie Elms	Fernanda Garcia
Stacy Annand	Carla Sciarrino	Kacie Rodville	Carla Sciarrino

OUTCOMES COMMITTEE | Co-Chairs Emily Trask and Eileen Quinn O'Malley

PUBLIC	PRIVATE	PRIVATE	FAMILY
Yael Koenig	Emily Trask	Golbanou (Golby) Rahimi	
Amanda Lance-Sexton	Amy Chadwick	Sara Welsh	
Eileen Quinn-O'Malley	Brent Crandal	Andrea Hazen	
Elizabeth Miles	Antonia Nunez	Maria Quezada	
Ezra Ramirez	Shellane Villarin	Jamie Martinez	EDUCATION
Babbi Winegarden	Julie McPherson	Joel Crume	Yuka Sakamoto
Phuong Tran	Carmen Pat	Karen Giannini	Jessica Luckey
	Adia Nembhard	Deanna Zamudio	

TRANSITION AGE YOUTH (TAY) COUNCIL | Chair: Laura Tancredi-Baese

PUBLIC	PRIVATE	PRIVATE	PRIVATE
Steven Wells	Laura Tancredi-Baese	Karen Lenyoun	Eycleisha Eriksen
Claire Riley	Pam Meza	Irving Chavez	Simone Hids Monroe
Michael Miller	Jennica Valdez	Paul Herrmann	
Aprille Pena	Khalif Kelly	Marian Edelbrock	FAMILY
Asheka Huey	Rafael Ortiz-Gomez	Victor Esquivel	
	Rebecca Hamada	Katie Blevitt	EDUCATION
	Nicole McDonald	Jesses Emerson	

CHILDREN, YOUTH AND FAMILIES (CYF) COUNCIL

Fiscal Year 2023-24 Tentative Calendar

2nd Monday of each month from 9 to 10:30 a.m.

July 10, 2023 STRATEGIC PLANNING MEETING End of Fiscal Year 2022-23 Accomplishments and Fiscal Year 2023-24 Goals
August 14, 2023 TBD
September 11, 2023 TBD
October 9, 2023 COMBINED CYF/TAY/Adult/Older Adult Councils MEETING - Hosted by CYF Council Please note meeting time is 10 to 11:30 a.m.
November 13, 2023 TBD
December 11, 2023 (Traditionally Dark)
January 8, 2024 Meeting Focus: Bi-Annual Committee Reports (Applicable Updates)
February 12, 2024 Meeting Focus: Bi-Annual Committee Reports (Applicable Updates)
March 11, 2024 TBD
April 8, 2024 COMBINED CYF/TAY/Adult/Older Adult/Peer Councils MEETING - Hosted by Adult Council Please note meeting time is 10 to 11:30 a.m.
May 13, 2024 Conversation with the BHS Director
June 10, 2024 CYF COUNCIL Annual Orientation

CHILDREN, YOUTH AND FAMILIES (CYF) COUNCIL MEETING SUMMARY

March 13, 2023 | 9 to 10:30 a.m.
Virtual Meeting

ITEM	SUMMARY AND ACTION ITEMS
<p>I. Welcome (Stephanie Escobar)</p> <ul style="list-style-type: none"> Welcome new meeting attendees - translation available Thank you, Jerelyn Bourdage, representing the Public Sector - Child Welfare Services Cultural Share – Darwin Espejo, HHSA-BHS Seeking volunteer for May 8, 2023 Cultural Share 	<p>Stephanie Escobar provided the Welcome remarks/announcements:</p> <ul style="list-style-type: none"> Reminded the meeting attendees of the meeting logistics Thanked Jerelyn Bourdage for her participation in the Council as a member representing CWS from March 2022 to March 2023 Darwin Espejo shared some of the activities that the CYF County team has done to embrace cultural competence and diversity Anyone wishing to volunteer for Cultural Share for the May 8, 2023 meeting, contact Edith Mohler at: Edith.Mohler@sdcounty.ca.gov
<p>II. Review of Meeting Summary (Yael Koenig)</p> <ul style="list-style-type: none"> February 13, 2023, Meeting Summary - Handout - Pages 5-9 	<p>Yael Koenig reviewed the meeting summary from February 13, 2023:</p> <ul style="list-style-type: none"> No action items pending
<p>III. Business Items (Yael Koenig)</p> <p>Public Comment</p> <p>Board Letters (BL) February 28, 2023</p> <ul style="list-style-type: none"> Item 04: Authorize Competitive Solicitations to Expand Behavioral Health Services Programming to Engage Fathers and Caregivers - Handout - Pages 10-14 Item 05: Update the County's Homeless Action Plan and Adopt the "All In": The Federal Strategic Plan to Prevent and End Homelessness Item 21: Establish the Development of Child and Family Well Being a Department in the Health and Human Services Agency - Handouts include presentation- Pages 15-37 <p>Board Letters that may be particularly of interest to the CYF Council are listed above. Due to size, only highlighted Board Letters are included in the packet, however, all Board Letters can be found at the Clerk of Board of Supervisors (BOS) website.</p> <p>Information</p> <ul style="list-style-type: none"> May 8, 2023 CYF Council Meeting / Conversation with BHS Director Children and Youth Behavioral Health Initiative (CYBHI) <ul style="list-style-type: none"> February 2023 Update – Handout - Page 38 - 47 https://www.dhcs.ca.gov/cybhi https://www.chhs.ca.gov/home/children-and-youth-behavioral-health-initiative/ Behavioral Health Director's Report - March 2023 - Handout - Pages 48-50 https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_act/bhab_meeting_materials.html <p>Recognition</p> <ul style="list-style-type: none"> Minola Clark Manson, Program Director and Rose Woods, Manager – Responsive Integrated Health Solutions (RIHS) Behavioral Health Training and CYF System of Care Training Academy 	<ul style="list-style-type: none"> No Public Comment Yael Koenig highlighted the Board Letters listed on the left, which were presented at the February 28, 2023 meeting Meeting Agendas, Board Letters and Access to the BOS meetings: https://www.sandiegocounty.gov/cob/bosa/index.html Council members and participants were invited to forward or insert in chat suggested areas of focus, questions, and or priorities for the BHS Director discussion at the May 8, 2023 meeting. Items can be forwarded to: Edith.Mohler@sdcounty.ca.gov by April 1, 2023 CYBHI February update and March 2023 BHS Director report were highlighted Yael Koenig led the recognition for Minola Clark Manson and Rose Woods for their contributions to the system of care. Meeting attendees followed with several messages of gratitude and admiration posted in the chat

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<p>IV. MHSA Update (Dr. Danyte Mockus-Valenzuela)</p> <ul style="list-style-type: none">Upcoming MHSA Three - Year Program and Expenditure Plan for Fiscal Years 2023-24 through 2025-26<ul style="list-style-type: none">30-day Public Comment Period from April 4 through May 4, 2023May 4, 2023 scheduled to be presented at BHABProjected for BOS presentation on June 13, 2023 <p>http://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_act/mhsa.html</p> <ul style="list-style-type: none">Mental Health Services Oversight and Accountability Commission (MHSOAC)- Public Meeting in San Diego on March 23, 2023 Meeting focus: Student Mental Health Suicide Prevention Meeting location and agenda will be posted on March 13, 2023 https://mhsoc.ca.gov/connect/commission-meetings/	<ul style="list-style-type: none">Dr. Danyte Mockus-Valenzuela provided the MHSA update																																																																		
<p>V. Hot Topic: Sectors and Committees Bi-Annual Reports</p> <table><tr><th>Constituency/Committee/Group</th><th>Sector</th><th>Presenter</th><th>Highlights/Areas of Focus</th></tr><tr><td>San Diego Regional Center</td><td>Private</td><td>Zach Guzik</td><td>Currently serves over 38,000 clients. There are 10 to 15 new clients per week.</td></tr><tr><td>Alcohol Drug Service Provider Association (ADSPA)</td><td>Private</td><td>Marisa Varond</td><td>Membership includes 36 legal entities, 75 SUD related programs, and over 160 BHS contracts</td></tr><tr><td>Mental Health Contractors Association (MHCA)</td><td>Private</td><td>Golby Rahimi Saylor</td><td>MHCA was established in 1981, and currently, has 30 member agencies.</td></tr><tr><td>Managed Care Plans</td><td>Private</td><td>Kathleen Lang</td><td>California Advancing and Innovating Medi-Cal (CalAIM) and Student Behavioral Health Incentive Program (SBHIP)</td></tr><tr><td>Outcomes</td><td>All Sectors</td><td>Eileen Quinn-O'Malley</td><td>Developed Outcomes sub-committee of LGBTQ+ stakeholders</td></tr><tr><td>CYF CADRE</td><td>Private</td><td>Marisa Varond</td><td>Puppeteering debut: https://www.youtube.com/watch?v=vxwGIQbZ0D0</td></tr><tr><td>Family and Youth Sector</td><td>Family</td><td>Sten Walker</td><td>Restructuring services provided by the former CYF Liaison</td></tr><tr><td>Early Childhood</td><td>All Sectors</td><td>Rosa Ana Lozada</td><td>Priority 1: Recognize and advance Reflective Practice as a standard practice compensation in County BHS contracts</td></tr><tr><td>First 5 Commission</td><td>Public</td><td>Stephanie Escobar</td><td>First-5-SD-2022 Annual Report.pdf (first5sandiego.org)</td></tr><tr><td>Transition Age Youth Council</td><td>All Sectors</td><td>Michael Miller</td><td>Goals: Redevelop the TAY Resource Guide and recruit new members</td></tr><tr><td>Public Safety Group</td><td>Public</td><td>Delona King</td><td>County Self-Assessment and System Improvement Plan Development. Link to Public meetings: https://www.sandiegocounty.gov/content/sdc/public_safety.html</td></tr><tr><td>Behavioral Health Services</td><td>Public</td><td>Yael Koenig</td><td>Supporting CalAIM and advancing the BHS organizational structure</td></tr><tr><td>CYF System of Care Training Academy</td><td>All Sectors</td><td></td><td>Written Update Included – No Presentation</td></tr></table>	Constituency/Committee/Group	Sector	Presenter	Highlights/Areas of Focus	San Diego Regional Center	Private	Zach Guzik	Currently serves over 38,000 clients. There are 10 to 15 new clients per week.	Alcohol Drug Service Provider Association (ADSPA)	Private	Marisa Varond	Membership includes 36 legal entities, 75 SUD related programs, and over 160 BHS contracts	Mental Health Contractors Association (MHCA)	Private	Golby Rahimi Saylor	MHCA was established in 1981, and currently, has 30 member agencies.	Managed Care Plans	Private	Kathleen Lang	California Advancing and Innovating Medi-Cal (CalAIM) and Student Behavioral Health Incentive Program (SBHIP)	Outcomes	All Sectors	Eileen Quinn-O'Malley	Developed Outcomes sub-committee of LGBTQ+ stakeholders	CYF CADRE	Private	Marisa Varond	Puppeteering debut: https://www.youtube.com/watch?v=vxwGIQbZ0D0	Family and Youth Sector	Family	Sten Walker	Restructuring services provided by the former CYF Liaison	Early Childhood	All Sectors	Rosa Ana Lozada	Priority 1: Recognize and advance Reflective Practice as a standard practice compensation in County BHS contracts	First 5 Commission	Public	Stephanie Escobar	First-5-SD-2022 Annual Report.pdf (first5sandiego.org)	Transition Age Youth Council	All Sectors	Michael Miller	Goals: Redevelop the TAY Resource Guide and recruit new members	Public Safety Group	Public	Delona King	County Self-Assessment and System Improvement Plan Development. Link to Public meetings: https://www.sandiegocounty.gov/content/sdc/public_safety.html	Behavioral Health Services	Public	Yael Koenig	Supporting CalAIM and advancing the BHS organizational structure	CYF System of Care Training Academy	All Sectors		Written Update Included – No Presentation	<ul style="list-style-type: none">Brief presentations were offered. Presentations were included in the February 13, 2023 meeting packet, also sent in a separate packet with the March 13, 2023 meeting materials, and are available in in the CYF Council website. Presentation highlight(s) is/are included on the left column. Only the groups listed presented. The rest of the groups made their presentations at the February 13, 2023 meeting <p>End Poll</p> <p>Poll ended 1 question 41 of 81 (50%) participated</p> <p>1. On a scale of 1-5 (1 the lowest and 5 the highest), how would you rate the relevance and your interest with today's Council meeting? (Single Choice) *</p> <p>41/41 (100%) answered</p> <table><tr><td>1</td><td>(0/41) 0%</td></tr><tr><td>2</td><td>(1/41) 2%</td></tr><tr><td>3</td><td>(3/41) 7%</td></tr><tr><td>4</td><td>(14/41) 34%</td></tr><tr><td>5</td><td>(23/41) 56%</td></tr></table>	1	(0/41) 0%	2	(1/41) 2%	3	(3/41) 7%	4	(14/41) 34%	5	(23/41) 56%
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<p>VI. Announcements (Jaime Tate-Symons)</p> <ul style="list-style-type: none">Poll (see above, right column)Peer Council - Member and Alternate opportunities available (Melissa Penaflor) – Handouts – Pages 51-52 Application link: https://forms.office.com/pages/responsepage.aspx?id=XV1U877y0OD7xWGZxPbVidqZzhERTOVU009lfZFUMjVKTjIjZRFhGSEpXNOVMMTKwS0tMTIFNTC4uWhat I Wish My Parents Knew, March 15, 2023, from 6 to 8 p.m. at the Pride Academy in Santee – Handout – Page 538th Annual Critical Issues in Child and Adolescent Mental Health (CICAMH) Conference: Building Resilience Through Family Engagement (Hybrid) on April 21, 2023 - Handouts - Pages 54-55 Register at: https://app.ce-go.com/CICAMH2023 -Additional questions at: CICAMHCONFERENCE@GMAIL.COMMental Health Matters Month - Kickoff event: NAMI Walk - Mental Health for all, April 29, 2023 from 7 – 11 a.m. – Flier – Page 56 Register at: https://www.namiwalks.org/index.cfm?fuseaction=donordrive.event&eventID=1310	<ul style="list-style-type: none">Due to time, the announcements were not covered at the meeting. Announcements included on the agenda and additional submitted announcements are listed on the left columnAnnouncements can be sent in advance to Edith Mohler at Edith.Mohler@sdcounty.ca.gov																																																																		

ITEM	SUMMARY AND ACTION ITEMS
<ul style="list-style-type: none"> • 43rd California Mental Health Advocates for Children and Youth (CMHACY) conference: Committing to Mobilizing Hope and Advocacy for Communities and Youth – Elevating Voices, Influencing Progress (Back in person) on May 10-12, 2023 - Handout - Page 57 http://cmhacy.org/ • Participants submission NAMI San Diego offers FREE classes for family members who have loved ones suffering from mental illness. These classes are excellent educational programs for family members and caregivers. They are taught on-line and consist of eight sessions. If you know of anyone who would like to participate, please ask them to register on the NAMI calendar: https://namisandiego.org/calendar/ 	
Action Items	Action Due/Status
<ul style="list-style-type: none"> • No pending action items 	N/A
Next Meeting: Combined Councils (TAY Council coordinates) Date: Monday, April 10, 2023 Time: 10 to 11:30 a.m.	

+=Member in Attendance O=Absent

E=Excused

CONSTITUENCY		MEMBER	STATUS	ALTERNATE	STATUS
PUBLIC SECTOR					
1	Behavioral Health Advisory Board (BHAB)	Bill Stewart	O	Joel San Juan	O
2	Behavioral Health Services (BHS)	Dr. Laura Vleugels	+	Dr. Patricia Cardenas-Wallenfelt	O
3	Public Safety Group/ Probation	Tabatha Wilburn	O	Delona King	+
4	Child Welfare Services (CWS)	Vacant		Norma Rincon	O
5	Homeless Solutions and Equitable Communities	Rosa Gracian	O	Liki Porotesano	+
6	Public Health	Dr. Thomas R. Coleman	+	Rhonda Freeman	O
7	Medical Care Services	Dr. Kelly Motadel	E	Heather Summers	+
8	Juvenile Court	H. Judge Ana España	O	Beth Brown	+
9	First 5 Commission	Alethea Arguilez	O	Stephanie Escobar	+
EDUCATION SECTOR					
10	Special Education Local Plan Area (SELPA)	Russell Coronado	O	Jaime Tate-Symons	+
11	Regular Education Pupil Personnel Services	Heather Nemour	E	Vacant	
12	School Board	Barbara Ryan	+	Debra Schade	+
13	Special Education	Yuka Sakamoto	+	Misty Bonta	O
PRIVATE SECTOR					
14	San Diego Regional Center (SDRC) for Developmentally Disabled	Zachary Guzik	+	Lori Sorenson	+
15	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	+	John Laidlaw	O
16	ADSPA	Marisa Varond	+	Claudette Allen Butler	+
17	Mental Health Contractors Association (MHCA)	Julie McPherson	E	Minola Clark Manson	+
18	MHCA	Laura Beadles	O	Golby Rahimi	+
19	Fee- For-Service (FFS) Network	Dr. Sherry Casper	+	Marcelo A. Podesta	+
20	Managed Care Health Plans	Kathleen Lang	+	James Trout	+
21	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	O	Vacant	
FAMILY AND YOUTH SECTOR					
22	Family and Youth Liaison	Sten Walker	+	Vacant	
23	Caregiver of child/youth served by the Public Health System	Vacant		Karilyn "Kari" Perry	+
24	Youth served by the Public Health System (up to age 26)	Veronica Hernandez	O	Vacant	
25	Youth served by the public health system (up to age 26)	Caitlynn Hauw	O	Vacant	
COMMITTEES (Non-voting members unless a member of the Council)					
-	Executive	Jaime Tate Symons/Stephanie Escobar	+/+		
-	Cultural Competence Resource Team (CCRT)	Rosa Ana Lozada	+		
-	CYF CADRE	Julie McPherson Marisa Varond	E/+		
-	Early Childhood	Aisha Pope Ginger Bial	+/+		
-	Education	Heather Nemour	E		
-	Family and Youth as Partners	Sten Walker	+		
-	Outcomes	Emily Trask Eileen Quinn-O'Malley	+/+		
-	Training	Rose Woods	+		

Total Attendees: 105

Aisha Pope	Dina Ali	Kameka Smith	Rhonda Crowder
Amanda Lance-Sexton	Edith Mohler	Kari Perry	Roberto Suarez
Angela Rowe	Eileen Quinn-O'Malley	Kathleen Lang	Rosa Ana Lozada
Angelina Puffelis	Elaine Carballo	Kelly Bordman	Rose Woods
Ashley Rambeau	Elizabeth Dauz	Krystle Murguia	Russell Gagui
Augusto Eduvala	Emily Trask	Laura Vleugels	Sandra Mueller
Babbi Winegarden	Erick Mora	Liki Porotesano	Sharon Black
Barbara Ryan	Ericka Hernandez	Lori Sorenson	Shea Prophet
Beth Brown	Francisco Medrano	Marcelo Podesta	Sherry Casper
Betty Lemos	Ginger Bial Cox	Margarita Hernandez	Stacie Redmond
Bobbi Smylie	Golby Rahimi Saylor	Maria Norris	Sten Walker
Carl Antonio	Grisel Ortega-Vaca	Marisa Varond	Stephanie Escobar
Carmen Pat	Heather Summers	Marissa Wolf	Stephanie Gioia-Beckman
Celeste Hunter	Jaime Tate-Symons	Martin Dare	Steven Wells
Celica Garcia	James Trout	Mayra Gonzalez -Muñoz	Steven Wong
Cheryl Rode	Jamie Martinez	Melanie Morones	Susana Antonio
Christina Bruce	Jamie Pellegrino	Melissa Penaflor	Tais Millsap
Christine Davies	Janet Cacho	Melizza Welton	Tito Escalante
Christine Maggio	Janette Magsanoc	Michael Miller	Tom Coleman
Christine Tham	Jazmin Wali	Michelle Hogan	Vanessa Arteaga
Claire Riley	Jean McDonald	Michelle Houle	Wences Savaiki
Claudette Allen Butler	Jennifer Busico	Mina Arthman	Wendy Maramba
Danyte Mockus-Valenzuela	Jerry Harter	Minola Clark Manson	Yael Koenig
Darwin Espejo	Jody Erickson	Ozcar Ascencio	Yuka Sakamoto
Debra Schade	Joseph Henson	Rafael Ortiz-Gomez	Yvette Leiva
Delia Machado	Kacie Rodvill	Rebecca Raymond	Zachary Guzik
Delona King			

Committees/Sectors/Workgroups Meetings Information:

Due to COVID-19, most of the committees' meetings are occurring virtually
Please reach out to the sector lead or Executive committee member to obtain location/link

Behavioral Health Advisory Board (BHAB) meeting: Meets the first Thursday of the month from 2:30 to 5:00 p.m.

Outcomes: Meets the first Tuesday of every other month from 11:30 a.m. to 12:30 p.m.

Early Childhood: Meets the second Monday of the month- from 11 a.m. to noon

Education Advisory Ad Hoc: Meets as needed

TAY Council: Meets the fourth Wednesday of the month 3 to 4:30 p.m.

CYF CADRE: Meets quarterly on the second Thursday of the month from 1:30 to 3 p.m.

CYF System of Care Training Academy: Meets on the first Wednesday of the month from 9 to 10 a.m.

CCRT: Meets the first Friday of the month from 10 to 11:30 a.m.

Private Sector: Ad Hoc/Meets as needed

Peer Council: Every third Thursday of each month at 2 p.m. via Zoom

Children, Youth and Families Behavioral Health System of Care Council

Goals and Accomplishments



Council Vision: Wellness for children, youth and families throughout their lifespan.

Council Mission: Advance systems & services to ensure that children and youth are healthy, safe, lawful, successful in school and in their transition to adulthood, while living in nurturing homes with families.

Fiscal Year 2022-23 Goals

- Promote the Board of Supervisors Framework for Our Future, and Live Well Vision while recognizing the Pandemic and Racial Justice context
- Emphasize Behavioral Health Continuum of Care for children and youth with focus on families, early intervention, and access to care
- Consider population health and social determinants/drivers of health in the system of care and Council activities
- Evaluate the System of Care and advocate for needed adjustments with recognition of the economic effects of the pandemic
- Support the County Substance Use Harm Reduction Strategy
- Participate in addressing Access to Care and Workforce Challenges
- Promote the California Advancing and Innovating Medi-Cal (CalAIM) implementation and other state driven initiatives such as the Children and Youth Behavioral Health Initiative and explore grant opportunities such as the Children's Crisis Continuum Pilot Program
- Provide input for Mental Health Services Act (MHSA) Community Engagement events and BHS Forums
- Educate about other systems' priorities and look for opportunities to align efforts to best impact positive system changes
- Focus on system integration and moving beyond coordination with other child servicing systems, as promoted by Assembly Bill (AB) 2083 mandates
- Continue the partnership with Child Welfare Services (CWS) and Juvenile Probation supporting various activities inclusive but not limited to:
 - Families First Prevention Services Act (FFPSA)
 - Qualified Residential Treatment Programs (QRTP)
 - Institution for Mental Diseases (IMD) Determination
 - Senate Bill (SB) 823 – Division of Juvenile Justice (DJJ)
- Advance the Drug Medi-Cal Organized Delivery System (DMC-ODS) through the infusion of Early Intervention provision (ASAM 0.5)
- Continue with the collaboration with the education sector to support students, including but not limited to areas of suicide prevention and universal screening.
 - Implement the Screening to Care Initiative
 - Partnership with Managed Care Plans (MCP) for Student Behavioral Health Initiative Program (SBHIP)
- Contribute to local mapping of SB 803 for Medi-Cal Peer Support Certification Program implementation at the State and local level
- Emphasize the importance of Early Childhood Mental Health, specifically prevention, early intervention, Adverse Childhood Experiences (ACEs), and resiliency
- Contribute to the delivery of the 13th Annual Early Childhood Conference – We Can't Wait! (virtual): How are the Children? The Path from Healing to Well-Being (September 15-16, 2022)
- Support the Third Annual Birth of Brilliance conference that focuses on racial equity (February 2023).
- Collaborate on the delivery of the 8th Critical Issues in Child and Adolescent Mental Health – Managing Change in a Changing World conference (April 2023).
- Identify focus area for the Annual CYF System of Care Conference (May 2023).
- Deliver the 9th Annual Youth Mental Health Well Being Celebration in May 2023.

Highlights of Fiscal Year 2021-22 Accomplishments

Promoted Live Well San Diego Vision within the Pandemic, and Racial Justice context, while considering population health and social determinants of health

- Supported the Live Well Advance & Schools Summit held on November 17-18, 2021 – Recover, Renew, and Reconnect
- NAMI San Diego CYF Family & Youth Liaison, coordinated the 8th Annual Youth Mental Health Well-Being Celebration on Friday, May 6, 2022. The event was held virtually. The celebration theme/focus was: “Bloom where you are”
- Trainings and activities were held throughout the system to address relevant issues related to pandemic and racial and social justice inclusive of:
 - 2nd Birth of Brilliance conference held February 24, 2022, and Cultural Fair held on February 25, 2022
 - California Mental Health Advocates for Children and Youth (CMHACY) Annual conference: 2022 – Not Business as Usual – From Conversation to Action, held April 27-29, 2022
- Revamped the outpatient specialty mental health SchoolLink services to align with current market costs with attention to increasing capacity and improving services through modifications that promote population health
- Redesigned the children and youth Service Directory that obtained community praise for utility and usability
[Children, Youth and Families \(sandiegocounty.gov\)](https://sandiegocounty.gov)
- Emphasized the value of the Child and Adolescent Needs and Strengths (CANS) Assessment tool to screen for needs and strengths to outline meaningful ways that CYF providers can help with improving social determinants of health of children, youth and families
- Continued the successful partnership with City of San Diego Parks and Recreation Department for Get Kids Outside initiative, focused on impacted communities to promote physical activity and wellness. A minimum of 80 events were delivered with over 16, 500 participants

Evaluated the System of Care and advocated/responded to shifting needs with recognition of the economic effects of the pandemic and impacts on children, youth, and perinatal recipients

- Additional funding sources allowed enhancements to support the housing needs of perinatal clients and families receiving substance use disorder treatment, including the purchase of “Move-In Kits” to support perinatal outpatient and residential clients and their families in transitioning into safe housing that is supportive of SUD treatment and recovery. The “Move-In Kits” included household furnishings and personal items customized to the needs of each family. The programs reported that the “Move-In Kits” have been invaluable to families who lack basic household items such as a bed, kitchen utensils, and bath towels
- Initiated technological advancements to create a cloud-based application to improve the referral process between service providers and schools, which will also enable for County data to allow for future system improvements
- Established a partnership with the Probation Department and developed local programing to serve youth previously supported through the Division of Juvenile Justice (DJJ)
- Partnered with the Probation Department in the opening of the Youth Transition Center (YTC); ensuring that youth continue to receive behavioral health services.

Contributed to the Behavioral Health Continuum of Care efforts inclusive of the Children’s Hub vision

- Rady Children’s Hospital Hub: Continued working with Rady Children’s Hospital to design the program and clinical service; and outline the planning phases to build the new facility. The estimated completion date of Fiscal Year is 2025-26
- Mobile Crisis Resource Teams (MCRT) were established with countywide services being rolled out in phases. Initiated strategy development to determine the best approach to provide MCRT services to schools, colleges, and universities

Through the CYF Council, provided input for Mental Health Services Act (MHSA) Community Engagement events and BHS Forums

- CYF Council membership and meeting attendees were timely informed of the MHSA Community Engagement events and BHS Forums and encouraged to participate
- Reviewed the BHS Community Engagement 2020 report (September 13, 2021)

Supported the Youth Engagement in Service (YES) Initiative (August 4, 2020, Board Letter-Item 21)

- Members of the Live Well San Diego Youth Sector participated in the CYF Council Fiscal Year 2021-22 Orientation held in July 2021 (2 youth and 2 youth advisors attended)
- Provided guidance for the development of the Live Well San Diego Youth Sector Post Pandemic Social Anxiety slides for Instagram and Tik Tok and shared them with the Council on September 13, 2021
- Supported the Live Well San Diego Youth Sector with the coordination of the virtual Town Hall Amplifying Voices: What You(th) want Mental Health Professionals to Know held on December 1, 2021. The event had over 50 attendees, including Board of Supervisors Chair Nathan Fletcher and Behavioral Health Services Director, Dr. Luke Bergmann. The youth presented the youth input to system of care Program Managers so the information can be infused in service delivery at the program level
- Youth members from the Live Well San Diego Youth Sector made a presentation at the annual Youth Well Being Celebration held virtually on May 6, 2022

Educated about other systems' priorities and looked for opportunities to align efforts to best impact positive system changes

- Provided a presentation to the Behavioral Health Advisory Board - Alcohol and Other Drugs (AOD) Workgroup on December 18, 2021, to highlight services for youth in a school setting
- Contributed to the efforts to reimagine the use for the San Pasqual Campus, developing the programming and fiscal mapping for behavioral health supports
- Participating and informing (CalAIM) activities inclusive of updates to standardized medical record forms and information manuals, pulling forward new components and making critical adjustments to maintain compliance and promote care
- Through the CYF Council, the four sectors were informed about other systems' priorities by providing updates through Board Letters and other pertinent information and conversations. Examples of how efforts were aligned toward positive change are:
 - Provided timely SUD and mental health Information and resources throughout the year
 - The Fiscal Year 2021-22 Strategic Planning meeting held on August 9, 2021, included a panel with Sector and Sub-Committees. The panel discussed Pandemic impacts, how Racial Equity is infused in their work, and Harm Reduction interface to create a positive impact on students and families.
 - Coordinated the Combined Councils meeting of October 11, 2021 focused on Harm Reduction
 - The November 8, 2021 Hot Topic was Mobile Crisis Response Teams (MCRT)
 - Shared information about CalAIM local activities and hosted a presentation on March 14, 2022
 - Hosted a Directing Change Program and Film Contest presentation on May 9, 2022. This program focuses on suicide prevention, and reduction of stigma and discrimination related to mental illness

Focused on system integration and moving beyond coordination with other child servicing systems, as promoted by Assembly Bill (AB) 2083 mandates through:

- The development and launch of the Overview of AB 2083 eLearning Number BHE0136: Multi-System Collaboration. This e-Learning is available at: <https://theacademy.sdsu.edu/programs/rihs/elearning/>
- In collaboration with the Probation Department, launched a new intensive treatment program for in-custody youth: Healing Opportunities for Personal Empowerment (HOPE) Unit, offering comprehensive treatment to detained youth
- Continued with the collaboration in support of the Family Urgent Response System (FURS) network: https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_children/Family_Urgent_Response_System.html
- Developed proposal for Division of Juvenile Justice (DJJ) programming and contributed to the SB823 Implementation Plan submitted to the Office of Youth and Community Restoration to secure realignment funding to support youth and young adults who will be cared for locally with the closure of DJJ

Made necessary system adjustments to align with CCR, including STRTP contracts and Therapeutic Foster Care (TFC) services with mental health contractors:

- Managed Short Term Residential Treatment Program (ST RTP) state changes inclusive of Institutions for Mental Disease (IMD), mapping anticipated impacts, participating in formation of solutions and mapping future options
- Timely implementation and infrastructure development of Family First Prevention Services Act (FFPSA) mandate for high fidelity wraparound and aftercare services for youth discharging from congregate care
- Launched the Qualified Individual (QI) Assessment mandate for youth being considered for Short Term Residential Therapeutic Programs (ST RTPs) / Qualified Residential Treatment Programs (Q RTPs)

Advanced the Drug Medi-Cal Organized Delivery System (DMC-ODS) – Year-Four

- Designed Early Intervention Services (ASAM 0.5) and created local platform to initiate
- Enhanced the outpatient substance use treatment for teens to emphasize outreach and engagement, as well as built in new peer support services
- Partnered with adult system of care to initiate on July 1, 2021, Medication Assisted Treatment (MAT) for youth via an OTP provider
- Identified need and implemented use of unexpected onetime state SABG funding to support women and their children as well as teen in substance use treatment programming
- Secured ambulatory withdrawal management through the perinatal outpatient procurement process.
- Supported Harm Reduction Strategy through dissemination of information and hosting the October 11, 2021, Combined Councils meeting focused on Harm Reduction

Outcomes

- Achieved a 98% compliance rate for the Short-Doyle Medi-Cal Inpatient Audit conducted by DHCS
- Successful and timely launch of a state mandated Qualified Individual Assessment process with no additional costs or staffing, while meeting the critical needs of Child Welfare Services and Probation for quality and timely assessment
- Established system standards for the Pediatric Symptoms Checklist based on comprehensive analysis, rolling out training and reporting system creation.
- Improved the Children Youth and Families Annual Report with additional data points and analysis
<https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/TRL/CYF%20Annual%20System%20of%20Care%20Report%20FY%2020-21.pdf>
- Developed system wide measures, uniform definitions, and reporting for school grades and attendance

Emphasized the importance of Early Childhood Mental Health as well as prevention and early intervention

- CYF in partnership with HHSa departments, the San Diego Academy of Child and Adolescent Psychiatry (SDACAP), American Academy of Pediatrics-California Chapter 3, University of California San Diego (UCSD), and local behavioral health stakeholders, hosted the 13th Annual Early Childhood Mental Health virtual Conference - We Can't Wait: Emerging from COVID, Conflict and Chaos: Creating a Resilient Future for Our Children and Communities on September 23-25, 2021
- System partners participated in the ACEs Network of Care Learning Collaborative where a system vision was created with a mapping of strategies and action steps to help lead towards an ideal Network of Care. Planning is underway for phase 2 of the Learning Collaborative

Collaborated with the education sector and other partners on addressing growing rates of depression and sadness reported by youth, which appeared to be exacerbated by the isolation impacts of COVID-19 and remote learning settings.

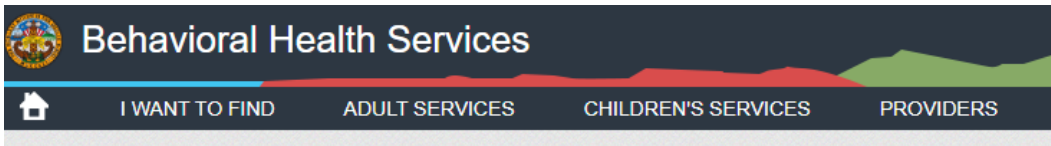
- Under BOS Chair Nathan Fletcher's School Health Initiative, BHS and the School system planned the Screening to Care Initiative to move towards universal screening of all students once taken to scale, with companion tier two early intervention programming to attend to social emotional needs of students
- Supported the Managed Care Plans with the recruitment of Local Educational Agencies (LEAs) to participate in the School Behavioral Health Incentive Program (SBHIP)
- Obtained Mental Health Services Oversight and Accountability Commission (MHSOAC) grant award followed by additional grant funding for Creating Opportunities in Preventing and Eliminating Suicide (COPES) in partnership with school districts to support students

Delivered system relevant trainings and training opportunities

- CYF in partnership with the San Diego Academy of Child and Adolescent Psychiatry (SDACAP), the San Diego Psychiatry Society, and the San Diego Psychological Association, planned for the delivery of the 7th Annual-CICAMH Conference: “Managing Change in a Changing World” on March 11, 2022
- The CYF System of Care (CYF-SOC) Training Academy through the contract with Responsive Integrated Health Solutions (RIHS), provided trainings to enhance the work of public systems in providing services to children, youth, and families in San Diego county. In Fiscal Year 2020-21, CYF-SOC Training Academy provided trainings on:
 - Foundations of ACEs Science and Trauma-Resilience (12-8-21)
 - Asian, Pacific Islander, Desi American (APIDA) Cultures (3-7-21)
 - Supporting Families Moving through Pain, Grief, and Healing (3-27-22)
 - Trauma and Attachment in Children Ages 0-5 (6-7-22)
 - Who We Are: An Introduction to African American Communities (6-10-22)
 - Delivered the Annual CYF System of Care Conference: Peer Partners in CYF on May 26, 2022. Twenty scholarships were awarded to Family and Youth Partners to attend this conference
- Nine scholarships were awarded to attend the annual California Mental Health Advocates for Children and Youth (CMHACY) virtual conference in April 2022.

Children, Youth and Families Behavioral Health System of Care Council Webpage and Meeting Archives

- **CYF Council Main Webpage:**
https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_children/CYFBHSOCCouncil.html
- **Complete Meeting Packets:**
https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_children/Council_Packet.html



Children, Youth and Families Behavioral Health System of Care Council



The Children, Youth and Families Behavioral Health System of Care (CYFBHSOC) Council is open to the public and meets the 2nd Monday of every month from 9:00 a.m. – 10:30 a.m.

FY 22-23 Meeting Calendar

FY 2022-23 CYFBHSOC Council Co-Chairs:

- Stephanie Escobar, representing the Public Sector
- Jaime Tate-Symons, representing the Education Sector

On December 12, 1995, the County Board of Supervisors supported recommendations to transform the Children's Mental Health System. A Children's Mental Health Services System of Care Steering Committee was established; a Public, Private and Family partnership. In 2004, this committee evolved into the Children's Mental Health Services System of Care Council, a four sector partnership: Public, Private, Family and Education. For additional information please see:

- [Council Overview](#)
- [System of Care Principles](#)
- [Council Bylaws](#)
- [Council Member Roster](#)
- [Council Meeting Materials](#)
- [Council Committees/Groups](#)
- [Council New Attendee Welcome Packet](#)

Children, Youth and Families (CYF) Staff:

- Yael Koenig, Deputy Director
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For questions regarding the Children, Youth and Families Behavioral Health System of Care Council or to be added to the electronic distribution list, please contact:

Darwin Espejo (darwin.espejo@sdcounty.ca.gov) or **Edith Mohler** (edith.mohler@sdcounty.ca.gov).

Children, Youth and Families

SERVICES DIRECTORY



BEHAVIORAL HEALTH SERVICES

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[Health & Human Services Agency \(sandiegocounty.gov\)](https://www.sandiegocounty.gov) [Behavioral Health Services \(sandiegocounty.gov\)](https://www.sandiegocounty.gov)

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Please send all directory corrections and updates to Yvonne.Gage@sdcounty.ca.gov

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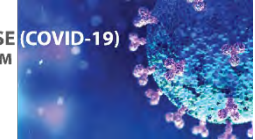
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County of San Diego Health and Human Services Agency



Children, Youth & Families Behavioral Health Services *Systemwide Annual Report, FY 2020-21*

Access Complete Document [HERE](#)

[Click here to access the site](#)

Workforce Training and Technical Assistance



The Behavioral Health Services (BHS) Workforce Education and Training division strives to build, enhance and sustain a strong, culturally competent, person centered and wellness-driven public behavioral health workforce.

Vision: A strong, competent, wellness based public behavioral health workforce sufficient to meet diverse community needs.

The County of San Diego's Behavioral Health Services offers a variety of resources and training opportunities. Below you will find training opportunities including advanced professional development and required training for providers and staff to effectively perform their job duties.

Questions regarding training can be sent to BHSworkforce.HHSA@sdcounty.ca.gov.

Use the topics below to navigate to resources.

AB 2083

BHS Disaster Support Training

Children, Youth & Families (CYF) Outcomes

Childhood Anxiety Resources for Providers

Drug Medi-Cal Organized Delivery System (DMC-ODS)

Pathways to Well-Being

Resources

SchoolLink

[Click here to access the site](#)

County of San Diego Board of Supervisors



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District 2



**Terra
Lawson-Remer**
District 3
Vice Chair



Vacant
District 4



Jim Desmond
District 5



Clerk of the Board of Supervisors



MENU ▾

Board of Supervisors Meeting Agendas



Current Board of Supervisors Agendas

No meetings available



Current Meeting Agenda Documents

Documents for current Board of Supervisors meetings are **available through an improved site** that provides faster access to agenda materials.

Within the site, simply click on the link to "Agenda Materials," to access agenda items and supporting documents.

Meetings are held in the Board Chamber (Room 310) of the County Administration Center, 1600 Pacific Highway, San Diego, CA 92101, unless otherwise noted on the agenda.



Past Meeting Agenda Documents

To view supporting materials for past meetings, click on the links below the calendar. Only published agendas will appear. To view the dates for upcoming meetings, see the **Board Meeting Calendar**.

Here's How You Can Be Engaged!



Attend the Meeting In Person

For information about the meeting location and rules, please see the **meeting information page**.



Call-In Your Comments

If you'd like to provide comments by phone, fill out the **online tele-comments form**.



Submit an eComment!

To voice your opinion online for upcoming agenda items, **use the eComment service**.



Watch the Meeting

There are many ways to watch the Board of Supervisors meetings online or through cable TV.



Meeting Notices

To view notices of the agendas and any changes to the agendas, click on the links below.



COUNTY OF SAN DIEGO

VISION

A just, sustainable, and resilient future for all

MISSION

Strengthen our communities with innovative, inclusive, and data-driven services through a skilled and supported workforce

VALUES

Integrity, Equity, Access, Belonging, Excellence and Sustainability.

THE GENERAL MANAGEMENT SYSTEM REIMAGINED

The County has reimagined its operational approach to planning and decision making by integrating the General Management System (GMS) with the strategic framework adopted by the Board of Supervisors.

It takes the GMS in a direction that is reflective of today's communities while preserving the core management principles of strategic planning, operational accountability, enterprise-wide collaboration, and employee connection.

At the core of the reimagined GMS is Community Engagement, based on the principle that all that we do should be for, and created in partnership with, the people we serve. The outer ring is included to reflect the core values of everything we do: integrity, equity, access, belonging, excellence and sustainability.

VALUES

[Link to the website](#)

In recognition that "The noblest motive is the public good," we are dedicated to:

INTEGRITY

Earn the public's trust through honest and fair behavior, exhibiting the courage to do the right thing for the right reason, and dedicating ourselves to the highest standards of ethical conduct.

EQUITY

Apply an equity lens to appropriately design programs and services so that underserved communities have equitable opportunities. Using data driven metrics, lived experiences and the voices of our community we weave equity through all policies and programs.

ACCESS

Build trust with the residents we serve through transparent communication and neighborhood engagement that is accessible in the languages, facilities and methods that meet their needs.

BELONGING

Foster a sense of belonging, not just inclusion, for the people we serve and for the employees of the County who provide those services on a daily basis.

EXCELLENCE

Ensure exceptional service delivery to our customers by practicing fiscal prudence, encouraging innovation and leveraging best practices that promote continuous improvement to build strong, vibrant communities.

SUSTAINABILITY

Secure the future of our region, by placing sustainability at the forefront of our operations deeply embedded into our culture. Dedicate ourselves to meeting our residents' current resource needs without compromising our ability to meet the needs of generations to come.



STRATEGIC INITIATIVES provide the framework for the County to set measurable goals. These initiatives are designed to span the entire organization, break down silos, and extend across groups for all departments to see their work contributing to the overall success of the region.

SUSTAINABILITY:

Economy

- Align the County's available resources with services to maintain fiscal stability and ensure long-term solvency.
- Create policies to reduce and eliminate poverty, promoting economic sustainability for all.

Climate

- Actively combat climate change through innovative or proven policies, green jobs, sustainable facility construction or maintenance and hazard mitigation.

Environment

- Protect and promote our natural and agricultural resources, diverse habitats and sensitive species.
- Cultivate a natural environment for residents, visitors and future generations to enjoy.

Resiliency

- Ensure the capability to respond and recover to immediate needs for individuals, families, and the region.

EQUITY:

Health

- Reduce disparities and disproportionality and ensure access for all through a fully optimized health and social service delivery system and upstream strategies.
- Focus on policy, systems and environmental approaches that ensure equal opportunity for health and well-being through partnerships and innovation.

Housing

- Utilize policies, facilities, infrastructure, and finance to provide housing opportunities that meet the needs of the community.

Economic Opportunity

- Dismantle barriers to expanding opportunities in traditionally underserved communities and businesses, especially communities of color and low income.
- Advance opportunities for economic growth and development to all individuals and the community.

Link to the document

EMPOWER:

Workforce

- Invest in our workforce and operations by providing support services and excellent customer service to ensure continuity of operations remains at its best.

Transparency and Accountability

- Maintain program and fiscal integrity through reports, disclosures, and audits.

Innovation

- Foster new ideas and the implementation of proven best practices to achieve organizational excellence.



COMMUNITY:

Engagement

- Inspire civic engagement by providing information, programs, public forums or other avenues that increase access for individuals or communities to use their voice, their vote, and their experience to impact change.

Safety

- Support safety for all communities, including protection from crime, availability of emergency medical services and fire response, community preparedness and regional readiness to respond to a disaster.

Quality of Life

- Provide programs and services that enhance the community through increasing the well-being of our residents and our environments.

Communications

- Create proactive communication that is accessible and transparent.
- Offer interpreters for community meetings or translations of information to ensure residents have every opportunity to make informed decisions while listening to, participating in or using County services or programs.

Partnership

- Facilitate meaningful conversations, shared programming, grant opportunities, or other opportunities to maximize resources through community partnerships to benefit the region.

JUSTICE:

Safety

- Ensure a fair and equitable justice system in the defense and prosecution of crimes, investigations of abuse and neglect, and support and services for victims.
- Focus efforts to reduce disparities and disproportionality across the justice system.

Restorative

- Contribute to a system of restorative justice that strives to repair harm to victims and to the community at large, as well provide inclusive opportunities for justice involved individuals to contribute to the region.

Environmental

- Advance equal protection and meaningful involvement of all people regardless of race, color, national origin, or income with respect to the development, implementation, and enforcement of environmental laws, regulations, and policies with an urgent focus on communities of color and low-income communities recognizing they historically lacked the same degree of protection from environmental and health hazards.
- Ensuring equal access to decision-making processes that create healthy environments in which to live, learn and work.

WWW.SANDIEGOCOUNTY.GOV



@countyofsandiego



@sandiegocounty



[Link to the document](#)



LIVE WELL
SAN DIEGO

2021-2022 *Live Well San Diego* **Annual Impact Report**

Together, we can do more than each of us can do alone.

DECEMBER 7, 2022

Dear San Diego County Residents and *Live Well San Diego* Partners:

In its 12th year, the *Live Well San Diego* vision has continued to grow and flourish with partners working together across public and private sectors to create a region that is Building Better Health, Living Safely, and Thriving. The advancement of the vision's three common Agendas would not be attainable without the support and contributions of our over 519 Recognized Partners who work tirelessly to address priority issues facing our communities – homelessness, heart disease, and climate change, to name a few.

Our partners are driving change through continuous collaboration, not through a single interaction or meeting, but by building new connections and strengthening relationships over time. Partners have committed to taking a journey together to find new ways of doing business that impact the greater good. In turn, partners have also worked to engage the community, collaborating with stakeholders and residents to create a sense of ownership and involvement in the process to address issues of concern.

Throughout the report we have highlighted some exceptional examples of community leaders that are bringing the public and other organizations together to create change. These are our Live Well Champions - the “boots on the ground” that are making things happen to improve your well-being and the health of your community.

The *Live Well San Diego* Top 10 Indicators are highlighted in this report and help measure what it means to live well in San Diego County. They provide a snapshot of the cumulative efforts of individuals and organizations and offer insight into the progress we are making toward the vision together.

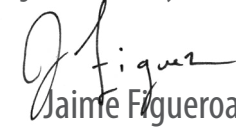
The stories and accomplishments highlighted in this 2022 *Live Well San Diego* Annual Impact Report show that when we work together and share innovative ideas and proven best practices, we can make a change for the better.

Live Well!



Nannette Stamm

Chief Community Health Officer, Vista Community Clinic
North County Regions Community Leadership Team Co-Chair



Jaime Figueroa

Executive Director, Operation HOPE- North County
North County Regions Community Leadership Team Co-Chair



Karen Lemyoun

Program Manager, NAMI San Diego
North Central Region Community Leadership Team Co-Chair



R. Daniel Hernandez

Director of Community Relations, San Ysidro Health
East Region Community Leadership Team Co-Chair



Brian Pollard

Executive Director, The Urban Collaborative Project
Central Region Community Leadership Team Co-Chair



Kathryn Lembo

President/CEO, SBCS

South Region Community Leadership Team Co-Chair



Helen Robbins-Meyer

Chief Administrative Officer
County of San Diego

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INTRODUCTION

WORKING TOGETHER TO ADVANCE THE VISION

Live Well San Diego is a vision for a region that is [Building Better Health](#), [Living Safely](#), and [Thriving](#). It aligns the efforts of individuals, organizations, and formally Recognized Partners to help all 3.3 million San Diego County residents live well. From its start back in 2010, the *Live Well San Diego* vision has grown to become a successful movement for driving change in our region and beyond.

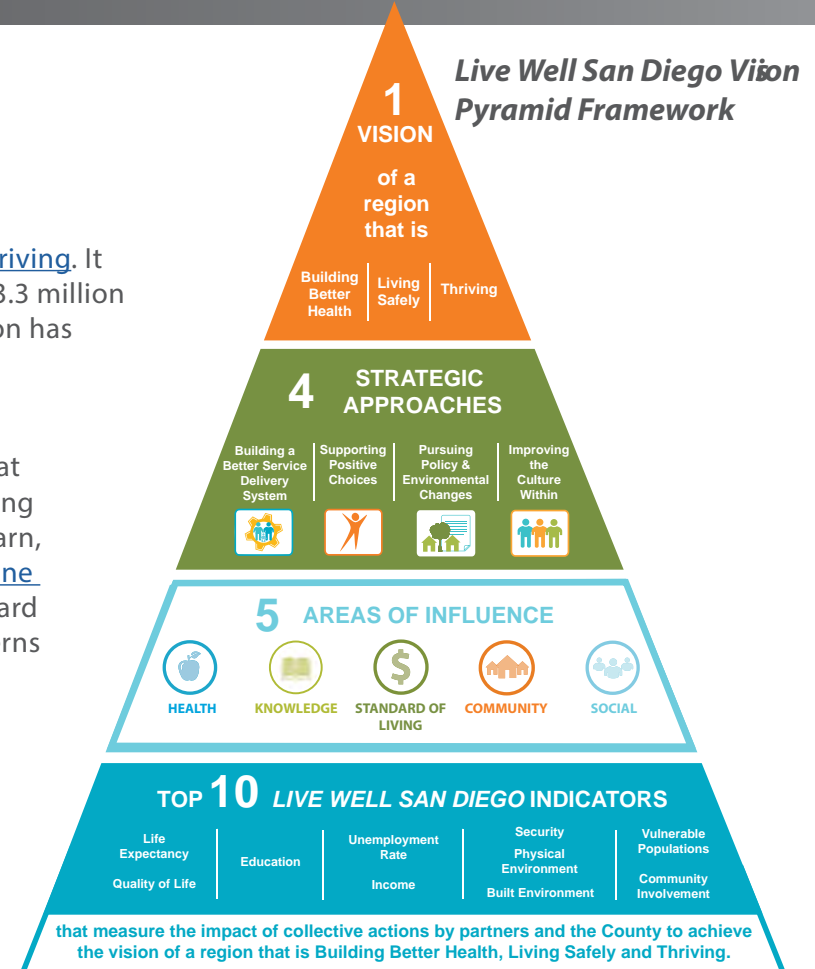
The *Live Well San Diego* Pyramid Framework

The pyramid framework for the vision outlines the 3 Agendas and 4 Strategic Approaches that all of the over 519 Recognized Partners have committed to support. Together, they are working through the 5 Areas of Influence to positively change the conditions in which people live, learn, work, play or pray (Social Drivers of Health [aka Social Determinants of Health](#)) so that everyone can have a fair opportunity to be healthier. The Top 10 Indicators help to direct partners toward gaps, needs, and strengths in our region so that collaborations can be built to address concerns and find solutions based on data and best practices.

The 5 New Conditions of Collective Impact

The *Live Well San Diego* vision leverages the diverse resources and backbone support of the County of San Diego and uses the collective impact model which requires that cross-sector organizations come together in support of a common agenda, agree to track progress in the same way, and coordinate efforts to continuously improve programs and initiatives to positively affect quality of life in San Diego County.

The 5 New Conditions of Collective Impact



After over a decade of applying collective impact to address social problems within the region, our movement-building approach has organically shifted to incorporate the guiding principles of equity, justice, and sustainability to create a region that is healthy, safe, and thriving for all. The root of this change stems from inclusive community engagement and empowerment driven by the efforts of the County of San Diego and its partners, who are working together across sectors to remove barriers, adapt approaches, and embrace community aspirations to create initiatives with high impact for a brighter future.

Source: [Collective Impact 3.0 | An Evolving Framework for Community Change](#)

SIGNATURE EVENTS

2021 Check Your Mood

The [2021 Check Your Mood](#) event took place virtually on October 7, 2021 in conjunction with National Depression Screening Day to encourage San Diegans to assess and monitor their emotional well-being. The Check Your Mood Depression Screening self-assessment tool was accessed 172 times, with the webpage accessed 2,090 times that week.

2021 Live Well Advance

The [2021 Live Well Advance Virtual Conference and School Summit: Recover, Renew, and Reconnect](#) was held on November 17 and 18, 2021 and brought over 1,000 attendees together, with nearly 60 Connection Hub exhibitors, and more than 75 Speakers, to advance our shared vision of a Healthy, Safe, and Thriving region. The keynote speakers were Trier Bryant and Kim Scott, Founders of Just Work. Session recordings are available on [YouTube](#).

2022 Love Your Heart

The [2022 Love Your Heart](#) event coordinated over 46,000 blood pressure screenings online and in-person at 287 sites across the United States and Mexico with the goal of preventing heart disease and stroke by helping people know their numbers. [LoveYourHeart@Home](#) was created to provide accessible blood pressure educational materials, seminars, events, and resources to the community, including a successful Middle-Eastern refugee [community event](#) in El Cajon that served over 500 individuals. To address health disparities and help populations most impacted by heart disease and COVID-19, over 6,000 blood pressure monitors were distributed to families across the county.

2022 San Diego Festival of Science & Engineering

The [2022 San Diego Festival of Science & Engineering](#) took place April 16 through May 7 and was held in partnership with Generation STEAM, the K-12 education arm of **Biocom**. The event had two in-person STEAM Block Parties packed with science, technology, engineering, arts, and math content, and a reach of tens of thousands of participants.

2022 Give Well Community Guardians Pilot

The Give Well Community Guardians Program was developed in collaboration with the **San Diego Blood Bank** to help protect our region's blood supply. Give Well Community Guardians are *Live Well San Diego* Recognized Partners that pledge to recruit blood donors within their networks to increase awareness and advocate the need for blood donations within their communities. The goal is to help ensure that the San Diego Blood Bank meets and exceeds the blood supply needs of hospital partners to benefit all San Diegans.

During the pilot program held in Summer 2022, the Give Well Community Guardians program helped secure a total of 63 blood donations, impacting up to 189 lives in our community. Greater than that, however, was the amplification of messaging through partners like **iHeart Media** reaching 346,500 followers and the **San Diego Unified School District** and **Chula Vista Elementary School District** who reached over 143,000 staff, students and their families. Through the pilot program's success, the Give Well Community Guardians program will launch as an annual Signature Event in 2023.

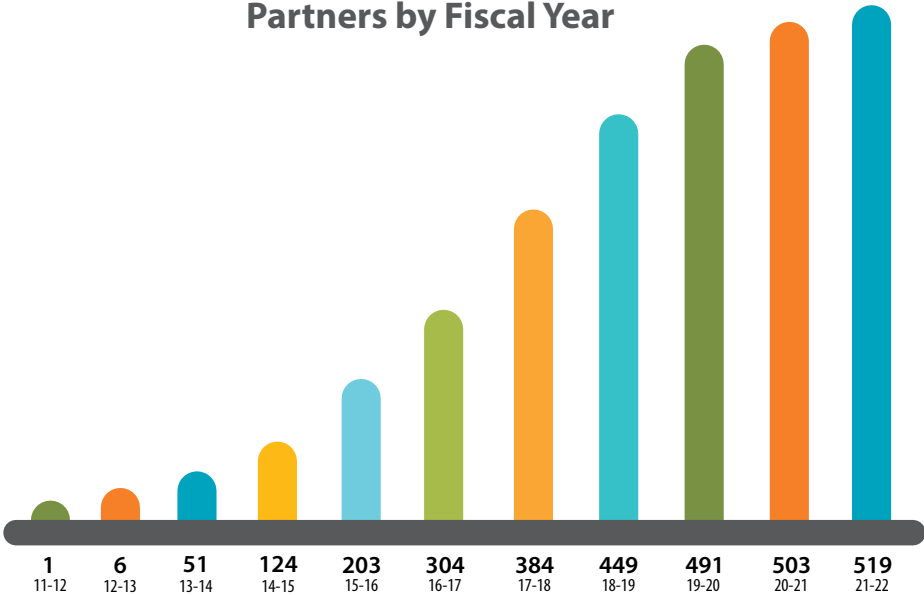


Love Your Heart/Ama Tu Corazon

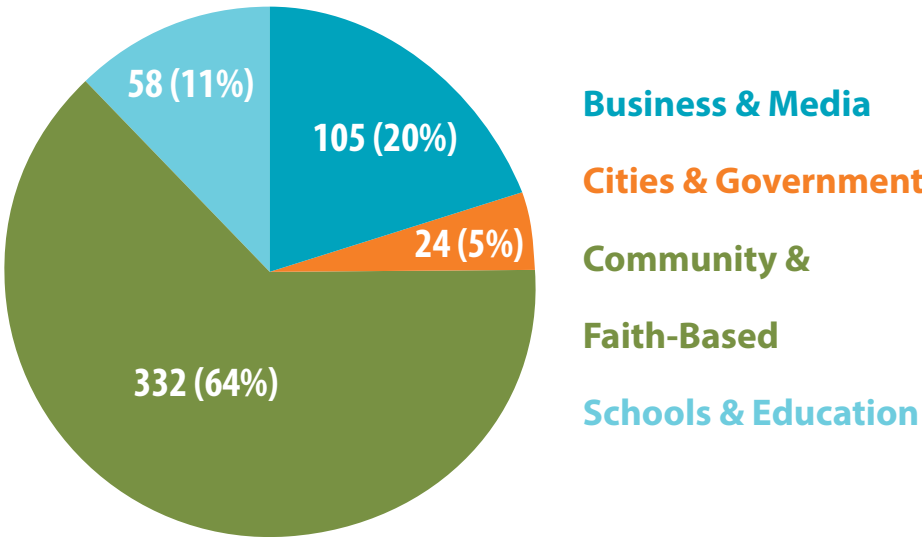
PARTNER DATA & GROWTH

The number of Recognized Partners has grown tremendously since *Live Well San Diego* launched in 2010. This past fiscal year, sixteen additional organizations and businesses were recognized, making a cumulative total of 519 Recognized Partners through June 30, 2022. Our partners include 24 Cities & Government partners, 105 Business & Media partners, 58 Schools & Education partners, and 332 Community & Faith-Based Organization partners.

Cumulative Total of Recognized Partners by Fiscal Year



Recognized Partners by Sector



MANA de San Diego



San Diego County Breastfeeding Coalition

SECTOR AND COMMUNITY LEADERSHIP TEAMS

Sector Leadership Teams

As a part of the COVID-19 response, new stakeholders from every sector developed a connection to the County of San Diego and the *Live Well San Diego* vision through [expanded](#) industry sectors that brought timely and relevant information and guidance about COVID-19 to the community.

As the COVID-19 pandemic transitions into an endemic disease, the Sector teams, too, are experiencing a transition into [Sector Leadership Teams](#) that bring organizations together to collaborate, share resources and best practices, and promote healthy, safe, and thriving communities. Through these Sector Leadership Teams, we expect to see continued growth in our collaborative partnerships moving forward. Organizations are encouraged to sign-up for email updates to learn more about the work that each [sector](#) is doing to improve the health and well-being of our communities.

Community Leadership Team Revival

Live Well San Diego [Community Leadership Teams](#) tie together the collective efforts of organizations and community groups in each region of the county and provide a central point for planning and organizing collaborative action. Community Leadership Teams were formed to help guide planning and identify priority work efforts in each region and involve leaders from *Live Well San Diego* Recognized Partner organizations, as well as community leaders, stakeholders, and residents from the local area. Together, they engage in community enrichment efforts to help educate and mobilize communities, develop and address priority needs, identify resources, and plan actions to improve the regions' health and well-being.

[In Central Region](#), the Community Leadership Team accessed data from the County which showed a downward trend in the overall health of their community, including cardiovascular and



East Community Leadership Team Meeting

mental and behavioral health needs. The team decided to break into workgroups to help identify causes in an effort to plan actions that address the health and social disparities in the central region.

Community Leadership Team meetings are supported by County of San Diego staff. During the COVID-19 pandemic, these meetings were placed on hold to focus on response efforts. Over the past year, these meetings have been revived to focus once again on improving regional issues related to health and well-being.

Local leaders are [encouraged to attend](#) Community Leadership Team meetings to learn more about the *Live Well San Diego* vision and to take part in this work.



BUILDING BETTER HEALTH

Improving the health of all San Diego County residents is no small feat. The unique efforts of community partners and stakeholders are creating impacts that are reverberating throughout the region. Our partners are supporting healthy choices by increasing access to quality care, educating on the importance of physical activity and healthy eating, and raising awareness of the impacts of tobacco and other drug use on one's health.

CONTINUOUS COLLABORATION

Driven to improve health equity, **United Healthcare** invested \$1.5 million in 17 local organizations, 13 of which are **Live Well San Diego** Recognized Partners, to help them address health needs and improve access to care in underserved communities.

The first ever **Love Your Heart Community Resource Fair** brought care directly to San Diego's Middle-Eastern refugee community by bringing dozens of community partners together and connecting over 500 individuals with health and government services, resources, and food.

By partnering with half a dozen local organizations, **Project New Village** is addressing food insecurity and access to nutritious foods through their People's Produce Mobile Farmer's Market program, a solar powered refrigerated truck which is serving the greater Southeastern San Diego region by bringing locally grown fresh produce to communities with limited access to fresh food markets.

San Diego Gas & Electric and **Healthy Day Partners** planted over 100 fruit trees at a dozen schools and community gardens in low- and moderate-income communities designated as food deserts and those disproportionately impacted by COVID-19.

Global ARC's Healthy Family Nights series, one of the **San Diego County Childhood Obesity Initiative's** mini-grant recipients, is educating families in Southeastern San Diego at the Ocean View Growing Grounds through a fun family night filled with culturally-rooted meals and 5lbs of fresh greens to take home that were grown directly from the garden.



Project New Village Mobile Farmer's Market



Sweetwater Union High School District's Sustainable Urban Agriculture Project

LIVE WELL CHAMPION: CLAUDINE VAN GONKA



Claudine Van Gonka is Director of Community Relations and Media at **San Diego Blood Bank**. Ms. Van Gonka helped coordinate and develop the Community Guardians Program, a collaboration between San Diego Blood Bank and many **Live Well San Diego Recognized Partners** to help protect our region's blood supply. Their collective impact helped secure blood donations saving up to 189 lives in our community while amplifying the call for future support to over 500,000 residents.

Watch video story at:
LiveWellSDAnnualReport.org

COMMUNITY ENGAGEMENT

Local nonprofits **Olivewood Gardens & Learning Center** and **A Reason to Survive**, or ARTS, launched a [Sustainable Urban Agriculture project](#) for **Sweetwater Union High School District** teens in National City, marking the community's first youth-oriented [Resident Leadership Academy](#), which are multi-week training programs that offer residents the tools they need to help improve their neighborhoods.

[STAAND youth leaders](#), a community-based leadership development internship program with **Community Action, Service & Advocacy (CASA)**, gathered in Sacramento to take action against Big Tobacco by educating and raising awareness on its impact in our neighborhoods and on the environment.

The Casita Center for Technology, Science & Math in the **Vista Unified School District**, has a run and walk club that meets bi-weekly, the [Casita Mileage Club](#), which has grown to be enjoyed by over 60% of the students on campus since its creation in 2016, showed huge growth in recent years because of the pandemic.

[Project ReFresh](#), a program of **Community Through Hope**, has provided more than 500 showers to the unsheltered homeless community since it began in summer 2021, while also offering hot food, haircuts, clothing, hygiene kits, and other services.

The **YMCA of San Diego County**, in partnership with **Blue Shield of California Promise Health Plan**, hosted their [30th Annual Healthy Kids Day](#), engaging hundreds of families throughout the county with games, healthy cooking demonstrations, arts and crafts, and competitions to motivate and teach families how to develop and maintain healthy routines at home.



Love Your Heart Refugee Resource Fair Volunteers

LIVE WELL CHAMPION: ALEX



Alex, whose pronouns are they/ them, arrived at their first **Urban Surf 4 Kids** camp at 6 years old, afraid of the ocean, and was gently encouraged and supported to give surfing a try. Now, at 13 years old, they are sharing their love of surfing by mentoring other young foster kids, getting them out in the water, and showing them how surfing can help their mental health. Urban Surf 4 Kids has improved Alex's surfing skills and self-esteem and given them the skills to support others. [Urban Surf 4 Kids](#) has impacted more than 6,480 foster youth through trauma informed surf therapy, mentorship, and life skills achievement programs, giving kids an outdoor space to learn and grow.

Watch video story at:
[LiveWellSDAnnualReport.org](#)



LIVING SAFELY

Agencies, community partners, and resident stakeholders have made an unprecedented commitment to working together to develop and implement strategies that improve public safety. Partners are improving outcomes for residents by facilitating stronger social ties within neighborhoods, supporting community design that promotes safety, and strengthening resiliency through civil and community preparedness.

CONTINUOUS COLLABORATION

Jewish Family Service's [Safe Parking Program](#) provides a safe place to sleep, access to supportive services, and a dignified way to return to stable housing for over 300 individuals each night through a partnership with the **City of San Diego** and the **Regional Task Force on Homelessness**.

The [One Safe Place project](#) opened a new North County facility for those affected by family or domestic violence, child or elder abuse, sexual assault, human trafficking or hate crimes, with [over 70 organizations](#), including **Palomar Health**, **National Alliance on Mental Illness**, **Nile Sisters**, **North County Lifeline**, and the **County of San Diego** providing acute crisis care, medical exams, counseling and therapy, as well as connections to safe shelter and housing.

The **County of San Diego** Emergency Operations Center is a collaborative hub for members of different agencies, such as **CAL FIRE**, **County Sheriff**, and **local cities**, to coordinate actions when [responding to regional emergencies](#), including wildfires, flooding, earthquakes, and pandemics to ensure local jurisdictions are ready to respond to any crisis together.

Local, state and federal officials, including the **County of San Diego**, **City of San Diego**, **City of Escondido**, proactively met to discuss ways to [combat the growing fentanyl epidemic](#), including both enforcement and education efforts.

SANDAG offers an [Automated Regional Justice Information System](#) tool that promotes data sharing and cooperation amongst member agencies, including all municipalities and their law enforcement agencies.



County of San Diego at New Mt. Laguna Facility



Home Start Opens Maternity Home in Normal Heights

LIVE WELL CHAMPIONS: HASSAN ABDIRAHMAN & CAROL LEWIS



Hassan Abdirahman is Program Manager for **Somali Family Services** and Carol Lewis is Coordinator of the **El Cajon Collaborative**. Both serve on the Executive Team of the **San Diego Refugee Forum**, a community of service providers that seeks to collaborate proactively in providing the highest quality and effective service to refugees, asylees, asylum seekers, and others displaced from their homes abroad by war, violence, or persecution and who are seeking refuge and safety in San Diego County.

Watch video story at:
LiveWellSDAnnualReport.org

COMMUNITY ENGAGEMENT

Home Start [opened a fourth maternity home](#) in Normal Heights for five young mothers as part of the nonprofit's efforts to help end the cycle of poverty and homelessness for new families.

The **National Conflict Resolution Center** [held over 1,000 virtual workshops](#) for clients and organizations that brought people of all backgrounds together to participate in peaceful, productive discussions to share communication techniques and words of resilience and optimism.

Interfaith Community Services, San Diego Financial Literacy Center, and the **Alzheimer's Association** have each developed a podcast series to help the community better understand [homelessness](#), [financial wellness](#), and [experiences in caregiving](#), respectively.

"Come Play Outside," a partnership between the **County of San Diego, City of San Diego, San Diego Foundation**, and others, created opportunities for kids and their families to [play outside safely](#) in Southeastern San Diego, offering aquatics programs, Movies in the Park, and Parks After Dark festivals.

[San Diego Swim Safer](#), a partnership between the **Prevent Drowning Foundation of San Diego, First 5 San Diego, MIG**, the **City of San Diego**, and the **County of San Diego**, expanded swim lessons and water safety throughout the region, including an education campaign with 18 million advertising impressions and 5 swim safer pool parties across the region that engaged thousands of new swimmers.

SANDAG, in partnership with **San Diego County Bike Coalition**, celebrated [Bike to Work Day](#) on Thursday, May 19, 2022, where thousands of commuters took to the streets to increase awareness and improve bike safety.



San Diego Swim Safer Preparing for a Regional Summer Pool Party

LIVE WELL CHAMPION: KAT DURANT



Kat Durant is Chief Program Officer for the **Regional Taskforce on Homelessness** and is the main planner and driver of the annual **We All Count Point-in-Time Count**. In 2022, the event engaged over 1,400 volunteers across San Diego County to take a one-day snapshot of the minimum number of San Diegans experiencing homelessness. The Taskforce brings together multiple **member agencies**, including **UPLIFT, Father Joe's Villages, SBCS, Serving Seniors, San Diego LGBT Community Center**, and many others, to commit to ending and preventing homelessness by engaging stakeholders in all parts of the region.

Watch video story at:
[LiveWellSDAnnualReport.org](https://www.livewellreport.org)



THRIVING

Our region thrives when we work together to cultivate opportunities for all people and communities to grow, connect, and enjoy the highest quality of life. It takes a stakeholder-driven approach to plan and implement solutions that improve neighborhoods, transportation, housing, and natural and community spaces. It also requires collaboration and coordination across sectors to enrich opportunities for residents to achieve prosperity and contribute to civic life.

CONTINUOUS COLLABORATION

Blue Shield of California Promise Health Plan, Urban Collaborative Project, and the City of San Diego worked together to bring a vibrant-colored mural to the [Secret Stairs of Valencia Park](#) which was painted by local artists.

The **San Diego Foundation** awarded grants to **Project New Village, Casa Familiar, and Urban Corps of San Diego County** to [connect opportunity youth](#) – or young people ages 16 to 24 who are not in school or working – to careers in green industries through dual work-learning programs and internships in urban agriculture.

The **San Diego Blood Bank** in collaboration with the **San Diego Padres** collected more than [500 pints of blood](#) at the sixth Annual Padres Summer Blood Drive, breaking the previous year's record.

United Way of San Diego in partnership with **City Heights Development Corporation, San Diego Council on Literacy, and Words Alive** adapted their [Reader in the Heights](#) program to be an at-home and family focused program which help children enjoy reading and helped parents feel more confident in helping their child read.

San Diego Gas & Electric worked with the **City of San Diego** to improve climate equity through their [San Diego Solar Equity Program](#) which installs roof-top solar panels at little to no cost in districts most affected by high energy costs.



Urban Collaborative Project Secret Stairs of Valencia Park



San Diego Padre Summer Blood Drive Participant

LIVE WELL CHAMPION: JESSICA GEISZLER



Jessica Geiszler is Marketing and Public Outreach Manager for the **County of San Diego Parks and Recreation Department**. Ms. Geiszler helped coordinate the [Experience the Outdoors](#) program, a collaboration between **San Diego County Parks Society, San Diego Mountain Biking Association, REI San Diego**, and others to boost park awareness and provide more inclusive, equitable, and accessible park experiences. The program works to remove barriers that have historically prevented park visitation by some groups. Watch video story at: [LiveWellSDAnnualReport.org](#)

COMMUNITY ENGAGEMENT

Mission Trails Regional Park Foundation waived the entry fee for their annual photo contest to [make the arts more accessible](#); the contest received 295 submissions from park visitors and displayed 120 beautiful photos at their Visitor Center.

I Love A Clean San Diego's 20th Anniversary Creek to Bay Cleanup [gathered over 5,500 registered volunteers](#) and removed over 100,000 pounds of litter and debris from streets, canyons, parks and the coastline in communities across San Diego County.

Kitchens for Good opened a [discounted culinary equipment and dinnerware store](#) to help fund their apprenticeship program that teaches culinary skills to foster youth, the formerly incarcerated, and those struggling with housing.

YMCA of San Diego County staff members embarked on their first-ever three-day solidarity journey to [shed light on youth experiencing homelessness](#); along the way they held rallies with the support of collaborative partners to connect with local leaders and stakeholders to raise awareness around this serious social issue.

Outdoor Outreach was granted over \$1.3 million to expand their outdoor programs; this will fund 572 adventure-based program outings for [8,100 youth participants](#) over the four-year grant period.



Mission Trails Regional Park Foundation Photo Contest Entry

Contestant Credit: Reggie Anquico

LIVE WELL CHAMPION: ANNAMARIE MONTECINA TILL



Annamarie Montecina Till is the Director of Community Partnerships at **RISE San Diego**. Ms. Montecina Till leads programs and partnerships that advance urban leadership through dialogue-based civic engagement, dynamic nonprofit partnerships, and direct training and support to increase the capacity of urban residents to effect meaningful community change. The [RISE Urban Leadership Fellows Program](#) fosters critical dialogue and resident-led action around issues impacting urban communities throughout San Diego County and empowers leaders to tackle challenges in and with their communities focused on race, justice, and equity.

Watch video story at:
[LiveWellSDAnnualReport.org](https://www.LiveWellSD.org/annual-report)

INCREDIBLE IMPACTS

The collective impact strategy of the *Live Well San Diego* vision has always been based on the premise that no one entity can address community issues alone. Instead, it relies on the contributions of a myriad of partners and community stakeholders to drive change in the region. The impacts outlined below are just a few of the incredible successes we have achieved in our region, together.



31%

CIVIC ENGAGEMENT

31% of San Diego County Residents volunteered for a local nonprofit in 2022.

Source: [University of San Diego Equinox Dashboard](#)



40%

CIVIC ENGAGEMENT

40% increase in the percentage of voter turnout for General Elections from 1992-2020 (74% of eligible citizens voted in 2020).

Source: [University of San Diego Equinox Dashboard](#)



115%

ENTREPRENEURSHIP

115% increase in San Diego County's total venture capital investments in innovation economy from 2019 to 2020.

Source: [University of San Diego Equinox Dashboard](#)



2.4%

ECONOMICS

2.4% job growth along the North County 78 Corridor from 2020-2021.

Source: [Innovate 78 Dashboard](#)

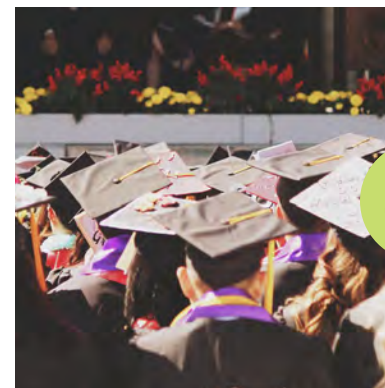


3%

FOOD INSECURITY

3% decrease in the percent of the population with income of 200% or less of the federal poverty level, who have experienced food insecurity from 2020 to 2021.

Source: [Live Well San Diego Indicators](#)



4%

EDUCATION






4% increase in the percent of the population ages 25 and over with at least a High School Diploma or Equivalent from 2010 to 2020.






Source: [Live Well San Diego Indicators](#)

INDICATORS

The Top 10 *Live Well San Diego* Indicators define what it means to live well in San Diego County. Measured across the lifespan among all residents, the Top 10 Indicators capture the collective impact of programs, services, and interventions provided by local agencies, schools, non-profit and for-profit partners striving to improve quality

of life so that all San Diego County residents can be healthy, safe, and thriving. The Top 10 Indicators help to direct partners towards gaps, needs, and strengths in our region so that collaborations can be built to address concerns and find solutions based on data and best practices.

Status	Indicator	U.S.	CA	SD
HEALTH - ENJOYING GOOD HEALTH AND EXPECTING TO LIVE A FULL LIFE				
	Life Expectancy: Length of life expected at birth in years (2021)	76.1	U	80.6
	Quality of Life: Percent of the population sufficiently healthy to live independently (not including those who reside in nursing homes or other institutions) (2020)	94.2%	94.5%	94.9%
KNOWLEDGE - LEARNING THROUGHOUT THE LIFESPAN				
	Education: Percent of population ages 25 and over with at least a High School Diploma or Equivalent (2020)	88.5%	83.9%	88.0%
STANDARD OF LIVING - HAVING ENOUGH RESOURCES FOR A GOOD QUALITY OF LIFE				
	Unemployment Rate: Percent of the total labor force that is unemployed (2019 ESRI Community Analyst current year, data is not seasonally adjusted) (2021)	6.2%	8.0%	7.3%
	Income: Percent of population spending less than 1/3 of income on housing (2020)	69.7%	59.9%	58.0%

Status	Indicator	U.S.	CA	SD
COMMUNITY - LIVING IN A CLEAN AND SAFE NEIGHBORHOOD				
	Security-Overall Crime Rate: Number of crimes per 100,000 people (all crimes, including violent and property) (2020)	2,346	2,581	1,830
	Physical Environment-Air Quality: Percent of days that air quality was rated as unhealthy for sensitive populations (2020)	1.5%	10.7%	13.4%
	Built Environment-Distance To Park: Percent of population living within a quarter mile of a park or community space (2021)	U	U	62%
SOCIAL - HELPING EACH OTHER TO LIVE WELL				
	Vulnerable Populations-Food Insecurity: Percent of population with income of 200 percent or less of the federal poverty level, who have experienced food insecurity (2021)	U	37.4%	29.7%
	Community Involvement-Volunteerism: Percent of population who volunteer (2019)	U	25.4%	25.5%

 Moving in the right direction for San Diego County U = unavailable.

 Moving in the wrong direction for San Diego County

To view the latest trend data or to find data at a sub-regional or sub-area level, visit: LiveWellSD.org/data-results.

NEXT STEPS

ADDRESSING INEQUITIES AND DISPARITIES

After over a decade of applying collective impact to address social problems within San Diego County, we have learned that equity, justice, and sustainability are the supporting pillars that guide us toward creating a region that is healthy, safe, and thriving for all. The root of change relies on community engagement and empowerment driven by the efforts of partners, stakeholders, and staff in every sector working together to remove barriers and open up opportunities for a brighter future.

Building Better Health

As we look to the future of Building Better Health, we must continue to commit to improving equitable access to services and care, to safe and active communities, to fresh fruits and vegetables, and to smoke-free environments with the goal of strengthening families, transforming behavioral health and substance use treatment, and encouraging healthy living.

Living Safely

As we look to the future of Living Safely, we must take a coordinated, collaborative approach to ensuring residents are protected from crime and abuse, that neighborhoods and community spaces are safe and accessible, and residents have the tools and resources they need to be resilient in the face of a disaster or other emergency.

Thriving

As we look to the future of Thriving, we must work together to create a prosperous community, economy, and environment and establish avenues for stakeholder-led contributions from youth, older adults, and our diverse communities. A good quality of life allows residents to expand their horizons and enrich their lives through civic engagement and participation in community activities.

Future

As we look to the future of the *Live Well San Diego* vision and the next decade of impact, it will be vital to engage our communities, partners, and stakeholders to help evaluate and assess our common goals, approaches, and measurements to further develop the strategy and direction of the vision. Together, we will review our data, seek out potential gaps and opportunities, and apply the best available evidence to recommend strategies for improving the quality of life for all San Diego County residents.



2022 Live Well San Diego 5K Race Start



2022 Regional Taskforce on Homelessness Point-In-Time Count Volunteers



The Martin Luther King Jr. Community Choir celebrates Juneteenth



Community Action Service Advocacy hosts the Great American Smokeout for a smoke-free life



ProduceGood volunteers celebrate over 1 million pounds of edible produce recovered from reaching landfills



Pro Kids First Tee of San Diego summer camp in City Heights builds youth leaders

Twelve Years of Working Together To Create Positive Change for the Greater Good



LIVE WELL
SAN DIEGO

[Link to the full report](#)



San Diego County Annual Report 2021-22



Community Engagement

Enhancing Communities and Keeping Them
Safe

Equity and Access

Homelessness and Housing

Justice Reform

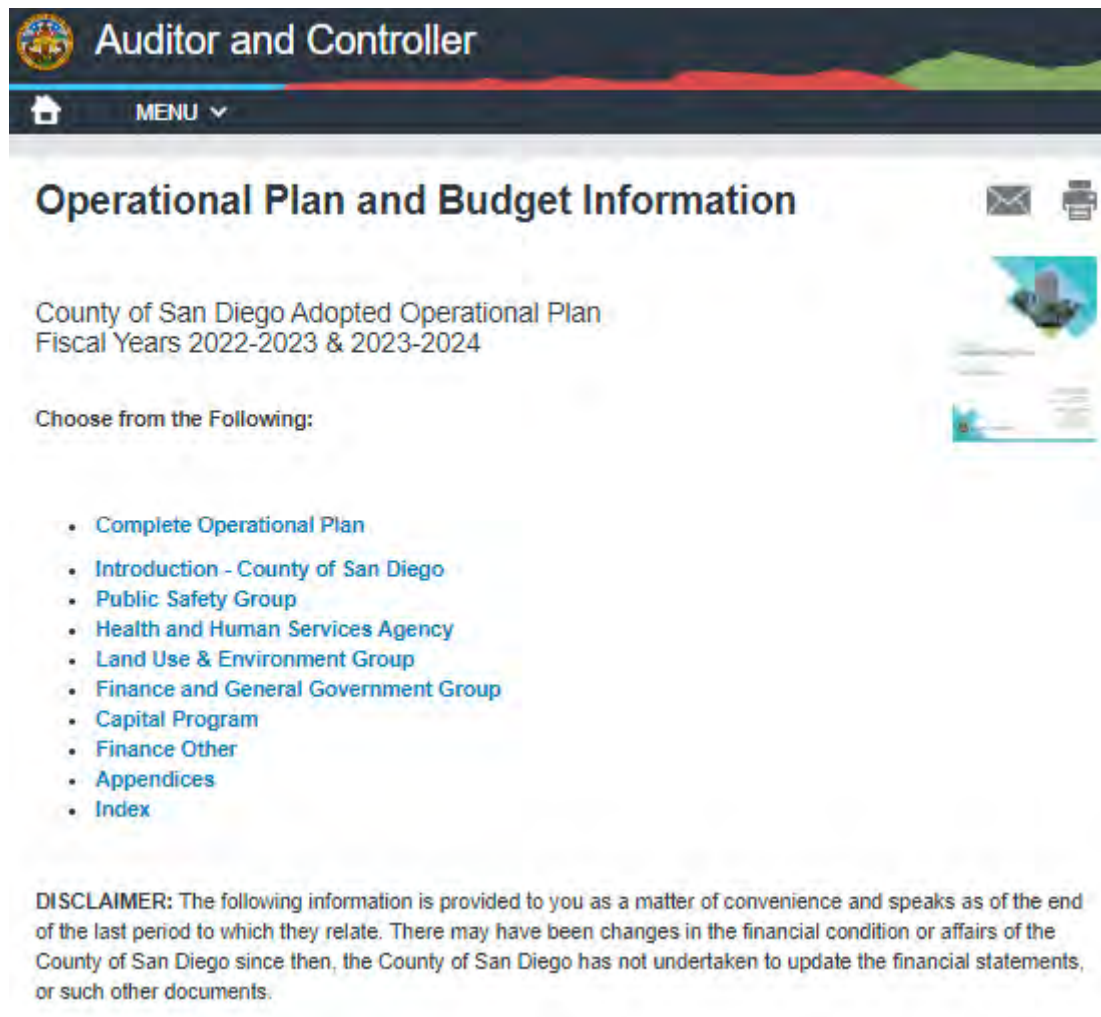
Mental Health and Substance Use Support

Supporting Families

Sustainability and Fighting Climate Change

County of San Diego Adopted Operational Plan 2022-23 & 2023-2024

Published September 2022



[Link to the full document](#)

Values Shape a Budget

The County of San Diego's vision is a just, sustainable and resilient future for all supported by these values.

BELONGING

Foster a sense of belonging for County customers and employees.

EQUITY

Reduce disparities in health, housing and economic opportunity.

ACCESS

Promote community engagement in languages, facilities and ways that meet residents' needs.

SUSTAINABILITY

Fight climate change and protect the environment to meet current and future needs.

INTEGRITY

Adhere to the highest standards of ethical conduct.

EXCELLENCE

Ensure exceptional customer service by spending money wisely to build strong communities.

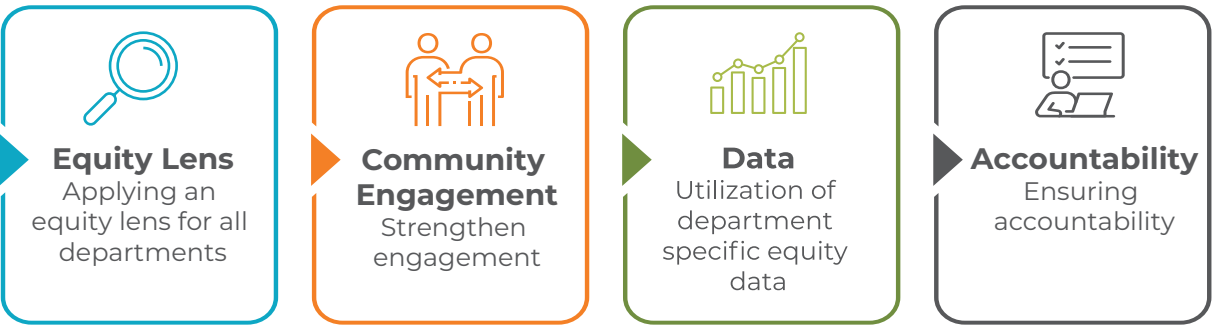
Invested in Community

To see the full CAO
Recommended Budget visit:
www.sandiegocounty.gov/openbudget



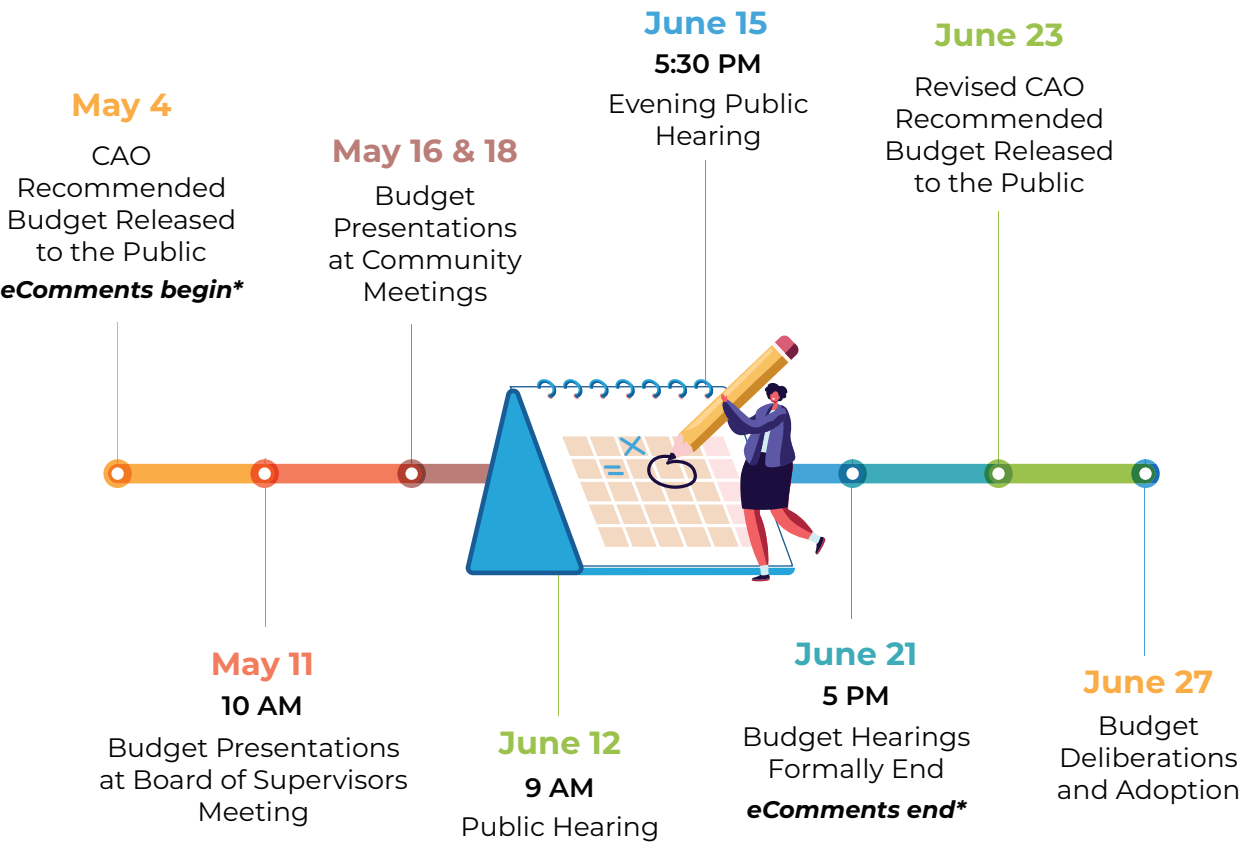
Budget Equity Assessment Tool

To advance equity, each County department uses a questionnaire to ensure their respective budgets positively impact historically marginalized, vulnerable communities and people.



Budget Process and Timeline

The Chief Administrative Officer (CAO) submits a recommended budget to the Board of Supervisors in May. After budget presentations at Board and community meetings, public hearings take place. Throughout the process, the public may give their feedback. A revised budget is prepared. In late June, the Board deliberates and adopts a budget.



*The public can submit eComments on the recommended budget at Engage.SanDiegoCounty.gov/budget

2023-24 Recommended Budget

Total Recommended Budget: \$8.11 billion

Health and Human Services
\$3,192.0M (39.4%)

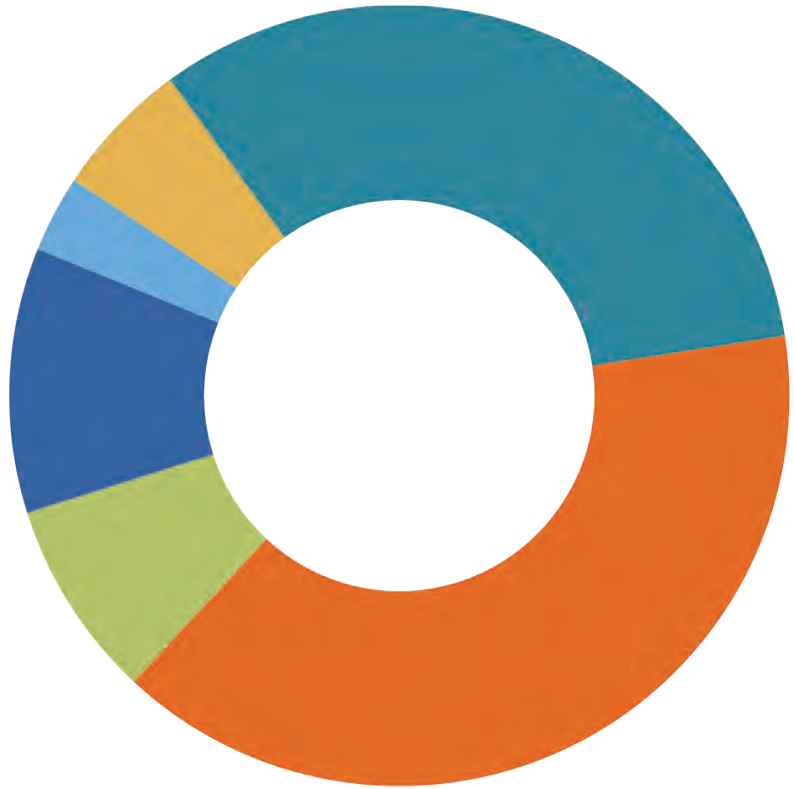
Land Use and Environment
\$667.1M (8.2%)

Public Safety
\$2,637.9M (32.5%)

Finance and General Government
\$889.5M (11.0%)

Finance Other
\$459.8M (5.7%)

Capital Program
\$258.9M (3.2%)



The FY 2023 – 24 CAO Recommended Budget is an increase of \$745.8 million or 10.1% over the Fiscal Year 2022-23 Adopted Budget. This reflects an expanded investment in the County's workforce to support overall operations, new programs and increasing caseloads for services that assist vulnerable populations.



Invested in Community

Mental Health and Substance Use Disorder

- \$66.7 million increase for a total of \$737.9 million for contracted services includes:
 - \$37.5 million mental health services for adults
 - \$10.9 million for crisis diversion services including expanding Mobile Crisis Response Teams, the Crisis Line, public messaging awareness and crisis community based services
 - \$9.5 million for substance use disorder outpatient, withdrawal management, residential and recovery services
 - \$8.8 million for 41 long-term beds
- \$18.3 million for implementation of the CARE Act, a new state program for people with serious behavioral health issues that may provide services, shelter and treatment through a civil court proceeding
- \$7.1 million to address opioid addiction



Investing in Working Families

- 354 additional staff years across all Health and Human Services Agency departments to support safety net programs like CalWORKs, CalFresh, and Medi-Cal, and services for behavioral health, public health, seniors, children, and families
- \$141.1 million increase for safety net program benefit payments, higher wages for In-Home Supportive Services caregivers, additional employment services and training for CalWORKs and CalFresh recipients and expanding Info Line 211 Access
- \$18 million increase to support foster youth, increase mental health services for transition age youth and to set up a Prevention Hub to help families avoid the child welfare system and Juvenile Probation
- \$5.2 million of ongoing support for the Office of Immigrant and Refugee Affairs
- \$3 million increase to support seniors with access to technology and free transportation
- \$6.9 million increase to promote food security and senior nutrition
- Additional staff for the Office of Labor Standards and Enforcement to expand investigative capacity and protect workers from wage theft
- Additional staff to implement Board Policy B-74, Contracting Standards for Janitorial, Landscaping and Security Services, and enhance employment protections for property services contractors



Healthy and Safe Communities

- \$18 million to build “One Safe Place South: The South County Family Justice Center,” matching the one opened in the North County, to help survivors with restraining orders, safety planning and trauma therapy, and help them get health care, food assistance, shelter and housing
- \$3.9 million to bolster Public Health Infrastructure
- \$35.6 million to build a new Santee Animal Shelter opening in fall 2024
- \$17 million to build a new Jacumba Fire Station to better protect the entire community and region
- Protect the public through increased investments in the public health workforce with a total of 259 positions since FY 2021-22
- 52,000 square foot, new state-of-the-art County Public Health Laboratory
- Collect 175 tons of household hazardous waste to keep our neighborhoods and communities safer and healthier

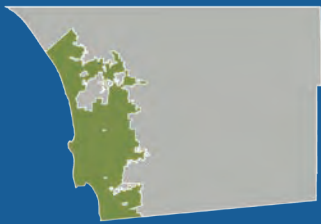
Learn More



To see the full CAO Recommended Budget visit:
www.sandiegocounty.gov/openbudget



County of San Diego
Budget Snapshot
2023-24 CAO Recommended Budget



The County includes 18 cities and a large unincorporated area.



18 Incorporated Cities



Unincorporated Area



In the unincorporated area, County government does what a city government would typically do, like provide public safety and maintain parks, libraries and roads.



County government also does things for the entire region, like making sure people have access to food, housing and health care, along with responding to disasters and supporting the justice system.

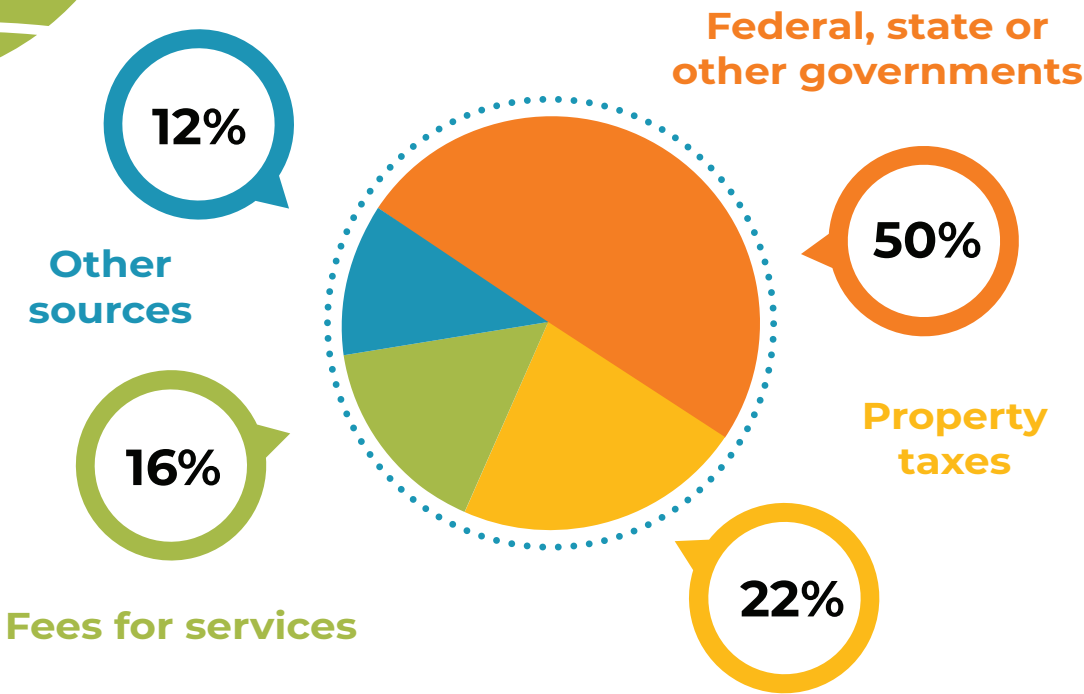


\$8.11 billion



20,337 employees

Where does funding come from?



Major Investments

Mental Health and Substance Use Disorder

Homelessness and Housing

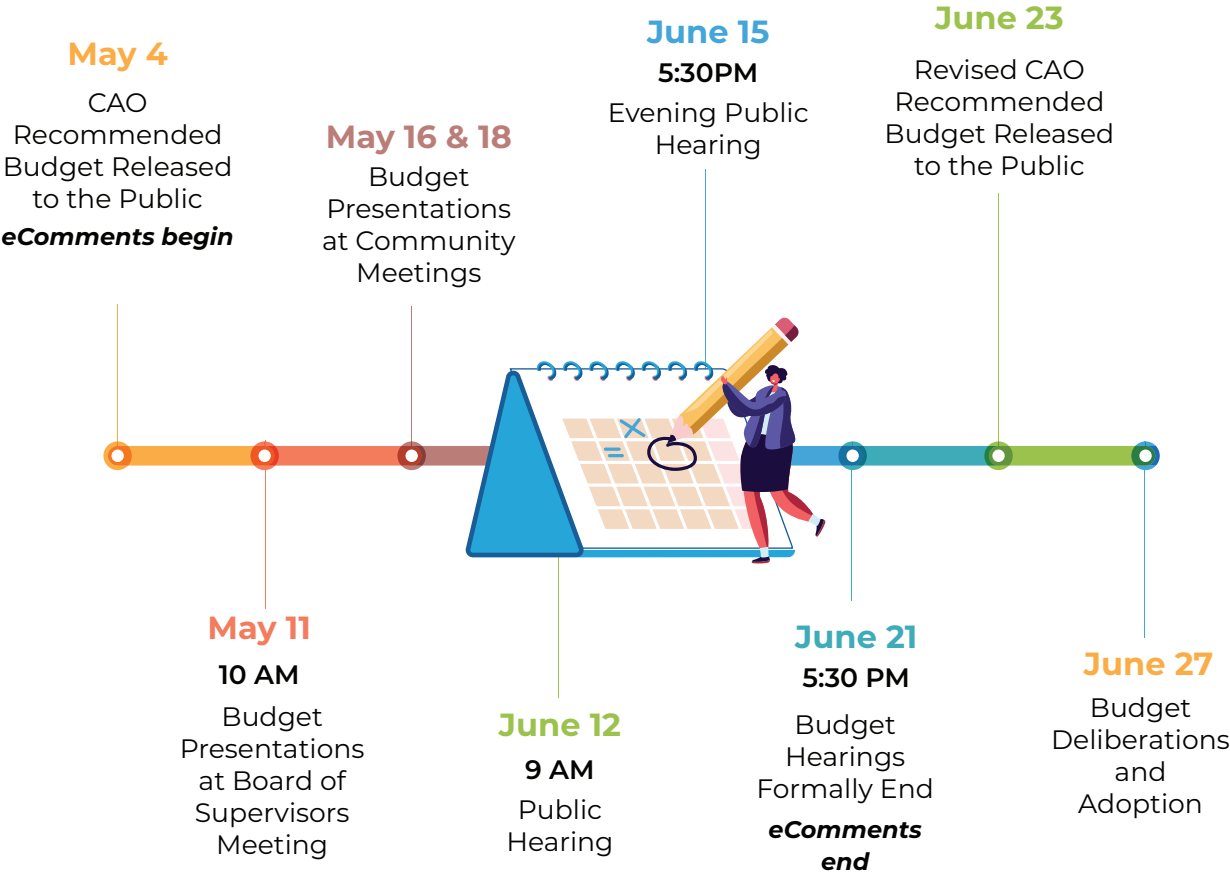
Justice Reform

Sustainability and Fighting Climate Change

Investing in Working Families

Healthy and Safe Communities

Budget Process and Timeline



Get Involved!

COMMENT:

- **eComment May 4 - June 21:**
engage.sandiegocounty.gov/budget
- **By phone or in person during Board hearings:**
<https://www.sandiegocounty.gov/cob/bosa/>
- **Request interpretation:** (619) 531-5434 or PublicComment@sdcounty.ca.gov

LISTEN TO BOARD MEETINGS:

- (619) 531-4716

WATCH BOARD MEETINGS:



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