County of San Diego Children, Youth and Families (CYF) Behavioral Health System of Care Council

Annual Member Orientation (Virtual) June 13, 2022 - 9 to 10:30 a.m.

Meeting Registration Link: https://us06web.zoom.us/meeting/register/tZMtfuytrDgvH9YuCKc9BOuu76vhrQneX42L

Recognizing Father's Day, Pride Month, and National Gun Violence Awareness Month

The CYF Council Annual Orientation serves as an opportunity for Council representatives and Alternates, as well as Council attendees to gain knowledge about the System of Care and best support active participation in the Council. The orientation reviews key documents for the Children, Youth and Families Behavioral Health System of Care Council (CYFBHSOCC).

Poll Question 1: Are you new to the CYF Council (meaning you have attended 3 or less meetings)? Yes/No

- 1. Introduction to CYFBHSOCC and Sub-Committee video https://cyfliaison.namisandiego.org/youtube/ (Page 2)
- 2. Children, Youth and Families (CYF) Behavioral Health System of Care Council Vision, Mission and Principles (Page 3)
- 3. CYF Framework (Page 4)
- 4. CYFBHSOCC Overview (Pages 5-6)
- 5. CYFBHSOCC Member Roster Fiscal Year 2021-22 (Pages 7-8)
- 6. CYFBHSOCC Bylaws (Pages 9-12)
- 7. CYFBHSOCC Sub-Committees (Pages 13-14)
- 8. CYFBHSOCC Sub-Committees Point in Time Representation (Pages 15-16)
- 9. CYFBHSOCC Reporting Schedule (Page 17)
- 10. CYFBHSOCC March 14, 2022 Meeting Summary (Pages 18-22)
- 11. CYF System of Care Goals Fiscal Year 2021-22 and Fiscal Year 2020-21 Accomplishments (Pages 23-30)
- 12. CYF Council web page (Page 31)
 - https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_children/CYFBHSOCCouncil.html
- 13. CYF Administrative Team (Page 32)
- 14. CYF Services Directory-Updated February 2022 (Pages 33-34)
 - https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/CYF/CYF%20Services%20Directory%20Updated%20February%202022.pdf
- 15. Overview of the CYFBHS e-learning (Page 35)
- 16. CYF BHS Systemwide Annual Report, Fiscal Year 2020-21 (Page 36)
 - https://medschool.ucsd.edu/som/psychiatry/research/CASRC/resources/SOCE/Documents/CYFBHS%20SOC%20Report%20202021 FINAL with%20appendices.pdf
- 17. County of San Diego Vision, Mission, and Values (Page 37)
- 18. County of San Diego Strategic Initiatives (Page 38)
- 19. County of San Diego 2021-22 Adopted Operational Plan (Page 39)
 - https://www.sandiegocounty.gov/content/dam/sdc/budget/2021-budget/Executive%20Summary 10.12 FINAL.pdf
- 20. County of San Diego 2022-23 CAO Recommended Operational Plan Executive Summary (Pages 40-43) https://www.sandiegocounty.gov/content/dam/sdc/openbudget/openbudget2022-23/2022-23 caoExecSummary ENG.pdf
- 21. Clerk of the Board of Supervisors webpage (44)
 - https://www.sandiegocounty.gov/content/sdc/cob/bosa.html
- 22. 2020 Live Well San Diego 10-Year-Impact Report (Pages 45-48)
 - https://www.livewellsd.org/content/dam/livewell/2020-Annual-Report/2020-Impact-Report-Summary-FINAL.pdf

Poll Question 2: On a scale between 1-5 (1 is lowest and 5 the highest), was this orientation helpful?

Council Meeting Schedule Meeting dates and times may be adjusted

- When: Second Monday of each month (The December 12, 2022 meeting is tentatively dark)
- Time: 9 to 10:30 a.m.
- Where: Virtually through the Zoom application (Initiated during COVID-19 Pandemic)

Co-Chairs for the Fiscal Year 2021-22Co-Chairs for the Fiscal Year 2022-23Family Sector: Suzette Southfox/Sten WalkerEducation Sector: Jaime Tate-SymonsEducation Sector: Jaime Tate-SymonsPublic Sector: TBD

CYFBHSOCC staff contact information:

Darwin Espejo-Administrative Analyst: (619) 606-8733 or Darwin.Espejo@sdcounty.ca.gov Edith Mohler-Administrative Analyst: (619) 228-6935 or Edith.Mohler@sdcounty.ca.gov

Dina Ali – Administrative Analyst: (619) 548-8843 <u>Dina.Ali@sdcounty.ca.gov</u>
Yael Koenig –CYF Deputy Director: (619) 563-2773 or <u>Yael.Koenig@sdcounty.ca.gov</u>

To be added to the electronic distribution list, contact Darwin Espejo

Council information documents, including meetings' summaries are posted in the CYF webpage:

https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental health services children/CYFBHSOCCouncil.html



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Children, Youth and Families Behavioral Health System of Care Council Orientation Video



Introduction by Yael Koenig, CYF Deputy Director



Welcome by BHS Director, Luke Bergmann



Cultural Competence Resource Team by Piedad Garcia, AOA Deputy Director



Transition Age Youth (TAY)
Council by
Lis Winchell, former co-chair



CYF System of Care History by Rosa Ana Lozada, Harmonium



CYF System of Care Principles by Delrena Swaggerty, Mental Health Systems



Change Agents Developing Recovery Excellence (CADRE) – CYF, by Marisa Varond, McAlister Institute



CADRE CYF by Julie McPherson Community Resource Foundation



Early Childhood Mental Health by Autumn Weidman, Jewish Family Service



Education Sector by Heather Nemour, San Diego County Office of Education



Family Sector by Valerie Hebert, former CYF Council co-chair







County of San Diego Children, Youth and Families Behavioral Health System of Care Council Vision, Mission, and Principles

Council Vision:

Wellness for children, youth and families throughout their lifespan.

Council Mission:

Advance systems and services to ensure that children and youth are healthy, safe, lawful, successful in school and in their transition to adulthood, while living in nurturing homes with families.

Council Principles:

- 1. <u>Collaboration of four sectors</u>: Coordination and shared responsibility between child/youth/family, public agencies, private organizations and education.
- 2. <u>Integrated</u>: Services and supports are coordinated, comprehensive, accessible, and efficient.
- 3. <u>Child, Youth, and Family Driven</u>: Child, youth, and family voice, choice, and lived experience are sought, valued and prioritized in service delivery, program design and policy development.
- 4. <u>Individualized</u>: Services and supports are customized to fit the unique strengths and needs of children, youth and families.
- 5. **Strength-based:** Services and supports identify and utilize knowledge, skills, and assets of children, youth, families and their community.
- 6. <u>Community-based</u>: Services are accessible to children, youth and families and strengthen their connections to natural supports and local resources.
- 7. <u>Outcome driven</u>: Outcomes are measured and evaluated to monitor progress and to improve services and satisfaction.
- 8. <u>Culturally Competent</u>: Services and supports respect diverse beliefs, identities, cultures, preference, and represent linguistic diversity of those served.
- 9. <u>Trauma Informed</u>: Services and supports recognize the impact of trauma and chronic stress, respond with compassion, and commit to the prevention of re-traumatization and the promotion of self-care, resiliency, and safety.
- 10. <u>Persistence</u>: Goals are achieved through action, coordination and perseverance regardless of challenges and barriers.







CHILDREN, YOUTH & FAMILIES FRAMEWORK

VISION

Children and youth are healthy, safe, lawful, successful in school and in their transition to adulthood, while living in nurturing homes with families.

PRINCIPLES

Collaborative, Integrated, Child, Youth & Family Driven, Individualized, Strength-based, Community-based, Outcome & Data Driven, Culturally Competent, Trauma Informed, Persistence

Ensure a full continuum of care through family-centered and youth-informed services that are compassionate and sensitive to the unique developmental needs of children and youth.

PRIORITIES

Strengthen partnerships with children/youth's circle of influence to create a supportive environment.

Provide services that empower children and youth to build a healthy sense of self and have confidence to make sound decisions so they thrive in an everchanging world.

Live Well San Diego-Areas of Influence



Standard of Living

- Economic & Nutrition Security
- Timely Access to Healthcare Inclusive of Behavioral Health Services
- Employment Readiness



Community

- Access to Parks, Playgrounds and Recreation Centers
- Usable Transportation
- Safe Neighborhoods & Schools
- Affordable Stable Housing
- Access to Extracurricular Activities

HEALTH FACTORS



Health

- Daily Physical Activity
- Limited & Supervised Screen
 Time
- Affordable Healthy Food
- Zero Sugary Beverages,
 Drink More Water
- No Substance Use
- No Tobacco Use
- Up to Date Immunizations
- Connection to a Health Home



Social

- Supportive Families
- Nurturing Communities
- Connection to Natural Supports
- Positive Social Interactions



Knowledge

- Quality Education
- Quality Preschool For All
- Good School Attendance
- School Success
- No Suspensions or Expulsions
- Obtain a High School Diploma
- Access to Higher Education & Vocational Programs

Children, Youth and Families Behavioral Health System of Care Council (CYFBHSOCC or the Council) COUNCIL OVERVIEW

History: On December 12, 1995, the County Board of Supervisors supported recommendations to transform the Children's Mental Health System. A Children's Mental Health Services System of Care Steering Committee was established, a Public, Private and Family partnership. In 2004, this committee evolved into the Children's Mental Health Services System of Care Council, a four-sector partnership:

Public: This includes, but is not limited, to entities that represent local government: San Diego County Health and Human Services Agency (HHSA): Behavioral Health Services, Behavioral Health Advisory Board, Child Welfare Services, HHSA regions, and Public Health Services. It also includes the County's Public Safety Group - Juvenile Probation Department, Juvenile Court; and First 5 San Diego.

Private: Includes the Children, Youth and Families (CYF) System of Care contracted providers. They are also organized with the Mental Health Contractors Association, Alcohol and Drug Providers Association, Fee- For-Service Network, Healthcare-Pediatricians, Managed Care Health Plans, and the San Diego Regional Center.

Family: Youth and families who have lived experience receiving or who have received services from agencies serving children, and/or parents/caregivers of individuals that are receiving or have received services from agencies serving children. This sector includes the CYF Family Youth Liaison).

Education: Representatives are usually also part of the Public Sector but represent Education. Constituencies represented in the Council are the Special Education Local Plan Area (SELPA), School Districts, Regular Education-Pupil Personnel Services, School Boards, Special Education, and the San Diego County Office of Education (SDCOE).

The Council serves in an advisory capacity to the Behavioral Health Services (BHS) Director, Dr. Luke Bergmann, and operates according to its by-laws adopted in March 2006 and last revised July 1, 2021.

Children, Youth and Families (CYF) Staff to the Council: Yael Koenig, Deputy Director, Children, Youth and Families. **CYF Administrative Support:** Edith Mohler, Darwin Espejo, and Dina Ali.

Children, Youth and Families Behavioral Health System of Care Council, Vision, Mission, and Principles:

In 2010, the principles were updated and refined to complement the Live Well, San Diego! initiative (Currently, Live Well vision). In 2016, the Trauma Informed principle was added. In 2017, an Ad Hoc Sub-Committee started working on adding the Persistence principle and completed further refinements to align with the BHS Ten Year Road map. The revised document was unveiled on May 14, 2018.

Council Vision:

Wellness for children, youth and families throughout their lifespan.

Council Mission:

Advance systems and services to ensure that children and youth are healthy, safe, lawful, successful in school and in their transition to adulthood, while living in nurturing homes with families.

Council Principles:

- 1. <u>Collaboration of four sectors</u>: Coordination and shared responsibility between child/youth/family, public agencies, private organizations, and education.
- 2. Integrated: Services and supports are coordinated, comprehensive, accessible, and efficient.
- 3. <u>Child, Youth, and Family Driven</u>: Child, youth, and family voice, choice, and lived experience are sought, valued, and prioritized in service delivery, program design and policy development.
- Individualized: Services and supports are customized to fit the unique strengths and needs of children, youthand families.
- **5.** <u>Strength-based</u>: Services and supports identify and utilize knowledge, skills, and assets of children, youth, families, and their community.
- **6.** <u>Community-based</u>: Services are accessible to children, youth and families and strengthen their connections to natural supports and local resources.
- 7. <u>Outcome driven</u>: Outcomes are measured and evaluated to monitor progress and to improve services and satisfaction.
- **8.** <u>Culturally Competent</u>: Services and supports respect diverse beliefs, identities, cultures, preference, and represent linguistic diversity of those served.
- **9.** <u>Trauma Informed</u>: Services and supports recognize the impact of trauma and chronic stress, respond with compassion, and commit to the prevention of re-traumatization and the promotion of self-care, resiliency, and safety.
- 10. Persistence: Goals are achieved through action, coordination, and perseverance regardless of challenges and barriers.



Children, Youth and Families Behavioral Health System of Care Council (CYFBHSOCC or the Council) COUNCIL OVERVIEW

Membership: Limited to 24 voting members, the Council represents the Family/Youth, Public, Private and Education sectors; members are appointed by the Behavioral Health Director to serve a two-year term that may be renewed.

Council Members are expected to:

- 1) Attend monthly Council meetings. If unable to attend, the designated alternate is expected to attend.
- 2) When meetings are held in person, sit at the Council members' table. If a member is absent, the alternate representative will sit at the table.
- 3) Align meeting discussions and presentations to the CYF System of Care (SOC) Principles, Live Well San Diego vision, and Board of Supervisors Framework for the Future.
- 4) Indoctrinate incoming members into the Council.
- 5) Inform constituents of CYF SOC's activities and provide constituency's input to the Council.

Currently, the Council has 24 active seats:

Behavioral Health Services (BHS) (1 seat)
Child Welfare Services (CWS) (1 seat)
Juvenile Court (1 seat)
First 5 Commission (1 seat)
Special Education (1 seat)
Special Education Local Plan Areas (SELPA) (1 seat)
San Diego Regional Center for Developmentally Disabled (1 seat)
Alcohol and Drug Service Provider Association (ADSPA) (2 seats)
Fee-For-Service Network (1 seat)
Caregiver of child/youth served by the public health system (1 seat)

Council Sub-Committees and linked Committees/Groups:

Executive	Outcomes
Family and Youth Sector (Youth Family Support Partners)	Mental Health Services Act (MHSA) Ad Hoc
Education Sector (Ad Hoc)	Annual Youth Mental Health Well Being Celebration
Private Sector (Ad Hoc)	CYF Change Agents Developing Recovery Excellence (CADRE)
Early Childhood	Responsive Integrated Health Solutions (RIHS) and SOC Training Academy

Regular Reports to Council:

All active Council Sub-Committees	Public Sector: BHAB, PSG/Probation, Public Health, CWS, Juvenile Court, First 5	
Mental Health Contractors Association (MHCA)	Transition Age Youth (TAY) Council	
Alcohol and Drug Service Provider Association (ADSPA)	Cultural Competence Resource Team (CCRT)	
Managed Care Health Plans (MHCP)		

Council General Meeting Schedule:

Meeting dates and times may be adjusted.

- When: Second Monday of each month.
- Time: 9:00 to 10:30 a.m.
- Where: Virtual meetings (initiated during the COVID-19 Pandemic) Meeting link obtained through Darwin Espejo.
- To be added to email distribution list, contact Darwin Espejo at Darwin.Espejo@sdcounty.ca.gov or call 619-606-8733
- Additional Council information, including all approved meeting summaries, are posted in the Council website: https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_children/CYFBHSOCCouncil.html







CHILDREN, YOUTH AND FAMILIES BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL MEMBERSHIP ROSTER FISCAL YEAR 2022-23 June 1, 2022

	June 1, 2022				
	CONSTITUENCY	MEMBER	ALTERNATE		
1 Behavioral Health Advisory Board (BHAB)		Bill Stewart	Joel San Juan		
2 Behavioral Health Services (BHS)		Dr. Laura Vleugels	Dr. Patricia Cardenas- Wallenfelt		
3	Public Safety Group/ Probation	Tabatha Wilburn	Delona King		
4	Child Welfare Services (CWS)	Jerelyn Bourdage	Norma Rincon		
5	HHSA Regions	VACANT	Jennifer Sovay		
6	Public Health	Dr. Thomas Coleman	Rhonda Freeman		
7	Juvenile Court	H. Judge Ana Espana	Beth Brown		
8	First 5 Commission	Alethea Arguilez	Stephanie Escobar		
9	Special Education Local Plan Area (SELPA)	Russell Coronado	Jaime Tate-Symons		
10	Regular Education Pupil Personnel Services	Violeta Mora	Margaret Sedor		
11	School Board	Barbara Ryan	Debra Schade		
12	Special Education	Yuka Sakamoto	Misty Bonta		
13	San Diego Regional Center (SDRC) for Developmentally Disabled	Peggie Webb	Therese Davis		
14	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	John Laidlaw		
15	Alcohol and Drug Service Provider Association (ADSPA)	Marisa Varond	Claudette Allen Butler		
16	Mental Health Contractors Association	Julie McPherson	Minola Clark Manson		
17	Mental Health Contractors Association	Laura Beadles	Golby Rahimi		
18	Fee- For-Service (FFS) Network	Dr. Sherry Casper	Marcelo A. Podesta		
19	Managed Care Health Plan	George Scolari	Kathleen Lang		
20	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	Dr. Kelly Motadel		
21	Family and Youth Liaison	Sten Walker	Anita Fisher		
22	Caregiver of child/youth served by the Public Health System	VACANT	Karilyn "Kari" Perry		





	T	T	
23	Youth served by the public health system (up to age 26)	Veronica Hernandez	Emma Eldredge
24	Youth Served by the Public Health System (up to age 26)	Micaela Cunningham	VACANT
	Executive Committee	Sten Walker/Jaime Tate Symons	
	Cultural Competence Resource Team Committee	Rosa Ana Lozada	
	CADRE CYF	Julie McPherson/ Marisa Varond	
	Early Childhood Committee	Aisha Pope/ Ginger Bial	
	Education Committee	Heather Nemour/ Violeta Mora	
	Family and Youth as Partners	Sten Walker	
	Outcomes Committee	Emily Trask/ Eileen Quinn-O'Malley	
	Training Committee	Rose Woods	



Children, Youth and Families Behavioral Health System of Care Council Bylaws

Article One Name

The name of this organization shall be the CHILDREN, YOUTH AND FAMILIES BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL (also known as CYFBHSOCC or the Council).

Article Two Powers and Duties

The powers and duties of the Council shall be set forth by Behavioral Health Services (BHS) Administration, a division of the Health and Human Services Agency (HHSA). The Council reports to the Behavioral Health Services Director (BHS Director). The Council serves in an advisory capacity to the BHS Director. However, the Council, as needed, can brief the HHSA Director and/or staff on children's behavioral health developments/issues. The Council is charged by the BHS Director to perform the following functions:

- Provide community oversight for the integrity of all services and advancement of all aspects of the system of care;
- Provide advice and feedback related to the progress and future expansion of the CYFBHSOC; and
- Provide information and recommendations to the BHS Director.

Article Three Membership

Membership on the Council is via appointment by the BHS Director through recommendations of each sector. The Council provides an opportunity for all four sectors (Education, Family/Youth, Provider, Public) to have a voice in policy development and implementation of the System of Care. Members will be appointed from the following:

Constituencies	Seats
Behavioral Health Advisory Board	1
Behavioral Health Services	1
Public Safety Group/Probation	1
Child Welfare Services	1
HHSA Regions / Representation	1
Public Health	1
Juvenile Court	1
First 5 Commission	1
Special Education Local Plan Areas (SELPA)	1
Regular Education - Pupil Personnel Services	1
School Board	1
Special Education	1
San Diego Regional Center for Developmentally Disabled	1
Alcohol and Drug Services Provider Association (ADSPA)	2
Mental Health Contractors Association (MHCA)	2



Fee For Service Network	1
Healthcare/Pediatrician	1
Family and Youth Liaison	1
Caregiver of child/youth served by the public health system	1
Youth served by the public health system (age up to 26)	2
Managed Care Health Plan	1

Membership shall be limited to 24 voting members. Each member/sector will also designate an "alternate," a person to act on behalf of the regular member when the regular member is unavailable. Alternates retain voting privileges only when the regular member is not present. CYFBHSOCC members serve two-year terms, which may be renewed at the discretion of the BHS Director. Terms will begin in July, and be staggered with half of the membership rolling over one year, and the other half the next, to avoid enlisting an entirely new slate at one time.

Current CYFBHSOCC members and alternates shall have access to the trainings provided by the BHS training contractor. To gain access, a written request shall be submitted to Council staff for processing.

Council members from the Youth served by the public health system constituency, who complete an application for the annual California Mental Health Advocates for Children and Youth (CMHACY) conference scholarship, shall be given priority status for scholarship award.

Article Four Vacancies

Any vacancy in any seat on the Council shall be filled by appointment by the BHS Director. When a vacancy occurs, an analysis shall be conducted by the BHS Director/designee as to the current composition of the Council and what constituency requires additional representation. The BHS Director/designee shall recruit potential members from the constituency groups listed in Article Three, taking into consideration what is needed to represent demographics (gender, ethnicity, and age) of the County as a whole to the extent feasible. The Council should reflect the ethnic diversity of the client population in the county. The BHS Director formally appoint the member via letter to the member of the Council.

Article Five Quorum

A quorum shall be defined as one person more than one half of the appointed members. Alternates may be included in the quorum count if they are providing voting representation for the regular member. The definition of appointed members excludes unfilled positions and those vacated by resignation or removal.

Article Six Meetings

The CYFBHSOCC co-chairs will determine the frequency, times and locations for the Council meetings at the beginning of each committee year, July 1. Changes to the prevailing meeting schedule will be communicated to members no later than the meeting immediately preceding the changed meeting date. Meetings shall convene promptly at the scheduled time.

Agendas: Agendas are prepared by the Executive Sub-committee in consultation with the BHS Deputy Director or designee. Members advise the co-chairs in advance of the proposed agenda items. Agendas are forwarded to Council members, alternate and attendees in advance of the Council meeting.



Meeting Summary: County administrative staff completes and maintain the CYFBHSOCC Meeting Summary documentation. Meeting summaries are distributed to CYFBHSOCC members in advance of the next regularly scheduled meeting and are posted on the County website.

Article Seven Officers

The business of the Council is organized and managed through two co-chairs. The co-chairs are identified by the sector responsible for chairing the upcoming serving term, with the identified co-chair starting to serve in the month of July.

The co-chairs are named from the four sector partnership of the System of Care – Education, Families/Youth, Providers, and Public Agencies, and should not represent the same constituency during any term. The co-chairs serve for two-year terms on a rotating basis, and alternating so there is always one serving their first and the other serving their second term year.

The co-chairs are responsible for the development and preparation of the meeting agendas and for obtaining briefings on progress and activities from the BHS Director/designee. County Administrative staff provides support to the co-chairs and to activities of the Council, including meeting notices, meeting summaries, and coordination.

Article Eight Sub-Committees

The CYFBHSOCC has a "standing" sub-committee, the Executive Sub-Committee, tasked to follow up on current SOC principles and recommend a process to ensure relevancy to current realities and challenges which includes the development of sub-committees and task forces in order to complete its business, as well as the pausing or retirement of sub-committees that are no longer needed. Sub-committees submit bi-annual written report to the CYFBHSOC Council.

Each sub-committee shall appoint or elect a chair or co-chairs. The chairs of the sub-committees are then members of the Executive Sub-Committee. The chairs of the sub-committees may be members of the Council, however if the individual serving in the capacity of chair or co-chair of a sub-committee is not a member of the Council, they become a member, ex officio (without vote), of the Council.

Article Nine Voting and Consensus

The CYFBHSOCC strives to achieve consensus on all decision matters. In the absence of full consensus, any item put to vote will be approved by a simple majority of those present. A quorum of the CYFBHSOCC must be present in order for a vote to be taken on any motion brought to the CYFBHSOCC.

Motions put to the CYFBHSOCC for vote should include the following information:

- Concise statement of the issue for vote;
- Purpose for the vote (e.g., recommendation to the Director, or change in bylaws); and
- Action to be taken pursuant to the vote.



The Council votes by show of hands on all action items brought before the Council for decision. The majority voice carrying the decisions is noted in the corresponding meeting summary. Vote counts are not required.

Members opposing the outcome of a closely contested vote may request permission to submit a "minority opinion" into the record of the vote. Opposing members have two working days from the date of the vote to submit their minority opinion, in writing, to the co-chairs for inclusion in the official meeting summary of the CYFBHSOCC.

Only members of the Council, or alternates attending in place of the delegated member, are eligible to vote. Alternates attending in addition to the regular member are not eligible to vote and do not count in the Quorum determination.

Article Ten Member Conduct

Conduct of members of the CYFBHSOCC is guided by these principles:

- Courtesy and respect for the customs and beliefs of others, consistent with the mission and philosophy of the System of Care and the Council;
- Respect for the confidential nature of information used by the CYFBHSOCC to conduct its business;
- Conduct in all relationships that ensures decisions are not compromised by any conflict of interest;
- Use of sound, ethical management practices in all CYFBHSOCC activities;
- Continuous striving to provide quality service to the CYFBHSOCC, the System of Care, and the children and families it serves.

Article Eleven Ratification and Amendments

These bylaws may be reviewed and updated annually by the CYFBHSOCC meeting.

Changes or amendments to these bylaws must be submitted in writing to the co-chairs and the BHS Director/designee for review and consideration. The CYFBHSOCC co-chairs will have final determination if the amendment will be put to vote by the entire CYFBHSOCC. The Council may, by a two-thirds (2/3) vote, adopt amended bylaws at any CYFBHSOCC meeting provided notice has been given at the prior meeting or at least thirty (30) days written notice has been given to the CYFBHSOCC membership.

Children, Youth and Families Behavioral Health System of Care Council (CYF) Fiscal Year 2021-22 Sub-Committees/Groups

	SUB-COMMITTEE	MEETING DATE/LOCATION/TIME	LEAD (Co-Leads)
1	Executive	Meets the 4 th Thursday of the month via Zoom from 11:30 a.m. to noon	Family Sector Co-Chairs From July 1, 2020 through June 30, 2022 Valerie Hebert, Suzette Southfox, and Sten Walker: Stenwalker@namisd.org Education Sector Co-Chair From July 1, 2021 through June 30, 2023 Jaime Tate-Symons: itate@sdcoe.net CYF Lead: Yael Koenig Edith.Mohler@sdcounty.ca.gov
2	Change Agents Developing Recovery Excellence (CADRE)-CYF	Meets quarterly-2nd Thursday of the month From 1:30 to 3 p.m. Virtual Meetings as of May 2020	Julie McPherson and Marisa Varond JMcPherson@comresearch.com Marisa.Varond@mcalisterinc.com CYF Representative: Shannon.Jackson@sdcounty.ca.gov
3	Cultural Competency ResourceTeam (CCRT)*	Meets the 1st Friday of the month From 10 to 11:30 a.m. Virtual Meetings as of May 2020	Piedad Garcia and Charity White-Voth Piedad.Garcia@sdcounty.ca.gov Charity.White-Voth@sdcounty.ca.gov Private Sector Representative: RLozada@harmoniumsd.org CYF Representative: Edith.Mohler@sdcounty.ca.gov
4	CYF System of Care Training Academy*	Meets the first Wednesday of the month From 9 to 10 a.m. (Virtual Meetings as of April 2020)	Rose Woods: rwoods@sdsu.edu CYF Representative: Edith.Mohler@sdcounty.ca.gov
5	Early Childhood	Meets the 2 nd Monday of the month: From 11 a.m. to noon (Virtual Meetings as of May 2020)	Aisha Pope and Ginger Bial APope@centerforchildren.org VBial@rchsd.org CYF Representative: Shannon.Jackson@sdcounty.ca.gov



Children, Youth and Families Behavioral Health System of Care Council (CYF) Fiscal Year 2021-22 Sub-Committees/Groups

	SUB-COMMITTEE	MEETING DATE/LOCATION/TIME	LEAD (Co-Leads)
6	Education Advisory Ad Hoc	Meets as needed.	Heather Nemour and Violeta Mora: Heather.Nemour@sdcoe.net viomora@sdcoe.net CYF Representative: Frances.Cooper@sdcounty.ca.gov
7	Family and Youth Sector	Family Voice Town HallMeeting Virtual meetings per region (North, South, East, and Central). Calendar access: https://namisandiego.org/calendar/ For more information email CYFLiaison@namisd.org or call(858) 987-2980	Sten Walker: Stenwalker@namisd.org CYF Representative: Alec.Rodney@sdcounty.ca.gov
		Youth, Family Support Partners Subcommittee Meets every 3rd Thursday of the month from 1:30 to 3 p.m. Virtual meetings as of April 2020	
8	Children's Mental Health Well-Being Celebration*	Youth Mental Health WellBeing Virtual Celebration May 6, 2022	Sten Walker and Mina Arthman: Stenwalker@namisd.org Minaarthman@namisd.org CYF Representatives: Alec.Rodney@sdcounty.ca.gov
9	Outcomes	Meets the 1 st Tuesday everyother month. Last meeting was May 3, 2022 From 11:30 a.m. to 12:30 p.m. Virtual Meetings as of June 2020	Emily Trask and Eileen Quinn-O'Malley EvTrask@ucsd.edu Eileen.Quinn-Omalley@sdcounty.ca.gov CYF Representatives: Yael.Koenig@sdcounty.ca.gov Amanda.Lance-Sexton@sdcounty.ca.gov
10	Private Sector	Meets as an Ad Hoc group when projects/initiatives arise.	Minola Clark Manson Mcmanson@sdsu.edu CYF Representatives: CYF COR's by Invitation
11	Transition Age Youth (TAY)Council*	Meets quarterly the 4 th Wednesday of the month From 3 to 4:30 p.m. Virtual Meetings as of May 2020	Adult and Older Adult (AOA) Representative:

^{*}Offer representation and report out to the CYF Council but are not a designated Sub-Committee.



County of San Diego Children, Youth and Families (CYF) Behavioral Health System of Care Council Sub-Committees Point in Time Sector Representation June 13, 2022

The Children Youth and Families Behavioral Health System of Care Council (CYFBHSOCC or the Council) is a four-sector partnership which includes representatives of the public, private, family/youth, and education sectors. Members may represent more than one sector.

<u>Public:</u> Includes, but is not limited, to entities that represent local government. San Diego County Health and HumanServices Agency (HHSA) is represented by: Behavioral Health Services, Behavioral Health Advisory Board, Child Welfare Services, HHSA regions, First 5 San Diego, and Public Health Services. It also includes the County's Public Safety Group - Juvenile Probation Department, Juvenile Court.

<u>Private:</u> Includes the CYF System of Care contracted providers represented through the Mental HealthContractors Association, Alcohol and Drug Providers Association, Fee-For-Service Network, Healthcare/ Pediatricians, Managed Care Health Plans and The San Diego Regional Center.

<u>Family:</u> Youth and families with lived experience receiving services from agencies serving children, and/or parents/caregivers of individuals that are receiving or have received services from agencies serving children. This sector includes the CYF Family Youth Liaison.

<u>Education:</u> Constituencies represented in the Council are the Special Education Local Plan Area (SELPA), School Districts, Regular Education-Pupil Personnel Services, School Boards, Special Education, and the San Diego County Office of Education(SDCOE).

EXECUTIVE SUB-COMMITTEE Co-Chairs: Jaime Tate-Symons and Sten Walker

PUBLIC	PRIVATE	PRIVATE	EDUCATION
Yael Koenig	Minola Clark Manson	Ginger Bial	Jaime Tate-Symons (co-chair)
Eileen Quinn-O'Malley	Rosa Ana Lozada	Emily Trask	Heather Nemour
Dina Ali	Julie McPherson	FAMILY/YOUTH	Violeta Mora
Darwin Espejo	Marisa Varond	Sten Walker (co-chair)	
Edith Mohler	Aisha Pope	Anita Fisher	

CHANGE AGENTS DEVELOPING RECOVERY EXCELLENCE (CADRE) - CYF SUB-COMMITTEE Co-Chairs: Julie McPherson and Marisa Varond

PUBLIC	PRIVATE	FAMILY	EDUCATION
Shannon Jackson	Mental Health and Substance Use		
Terri Kang	Disorder (SUD) BHS-contracted		
Yael Koenig	providers		

EDUCATION SUB-COMMITTEE Co-Chairs: Heather Nemour and Violeta Mora

PUBLIC	FAMILY/YOUTH	EDUCATION	EDUCATION
Fran Cooper	Christine Frey	Rosemary Eshelman	Heather Nemour
PRIVATE	Debbie Dennison	Yuka Sakamoto	Violeta Mora
Pam Hansen	Caitlyn H.	Rebecca Ramirez	Jamie Tate-Symons

CYF SYSTEM OF CARE TRAINING ACADEMY Lead: Rose Woods

PUBLIC	PRIVATE	PRIVATE	FAMILY/YOUTH	
Jorge Aguilar	Minola Clark Manson	Golby Rahimi	Celeste Hunter	
Becky Lanier	Rose Woods	Eliza Reis	Sten Walker	
Edith Mohler	Celeste Hunter			
Nilanie Ramos	Pam Hansen	FAMILY/YOUTH	EDUCATION	
Jennifer Rusit	Aisha Pope	LaTysa Flowers	Linda Ketterer	
Jenny Rodriguez				

FAMILY & YOUTH AS PARTNERS SUB-COMMITTEE Lead: Sten Walker

PUBLIC	PRIVATE	FAMILY	EDUCATION
Edith Mohler	Lucy Jasso	Sten Walker	Sonia Lira
Darwin Espejo	John Bucher	Mina Arthman	Linda Ketterer
Shakara Thompson Darron Jones		Micaela Cunningham	
	Celeste Hunter		
	Veronica Hernandez		



CULTURAL COMPETENCE RESOURCE TEAM (CCRT) Co-Chairs: Piedad Garcia and Charity White-Voth

PUBLIC	PUBLIC	PRIVATE	PRIVATE
Piedad Garcia	Danyte Mockus-Valenzuela	Adam Renteria	Robert Cook
Chair/Ethnic Services Coordinator			
Charity White-Voth (co-chair)	Martin Dare	Rosa Ana Lozada	Fardosa Osman
Liz Miles	Angie Solom	Jessica Young	Evelyn Parada
Nilanie Ramos	Danielle Eguiza	Minola Clark Manson	Rebecca Paida
Jeff Jimenez	Claire Riley	Yen Du	
Nancy Rodriguez	Elizabeth Dauz	Awichu Akwanya	FAMILY/YOUTH
Kimberly Pettiford	Sara Zare	Gebaynesh Gashaw-Gant	Mercedes Webber
Jennifer Rusit		Ingrid Alvarez-Ron	Celeste Hunter
Andrea Duron	PRIVATE	Rick Heller	Ingrid Alvarez-Ron
Fran Cooper	Shadi Haddad	Shiva Jaimes	Nathaly Martinez
Natanya Glezer	Sahra Abdi	Elisa Barnett	
Karen Harris	Mohamed Abdi	Mahvash Alami	EDUCATION
Ezra Ramirez	Michelle Ly	Brian Bauers	Juan Camarena
Edith Mohler	Mercedes Webber	Stacy Thompson	Shane Padamada
Elizabeth Strout	Kat Katsani-Semel	Jama Mohamed	Erick Mora

EARLY CHILDHOOD SUB-COMMITTEE Co-Chairs: Aisha Pope and Ginger Bial

PUBLIC	PRIVATE	PRIVATE	FAMILY
Jerelyn Bourdage	Lisa Castagnola	Ashley Rambea	Linda Ketterer
Stephanie Escobar	Valerie Centeno	Nikoo Sadatrafie	Emma Eldredge
Shannon Jackson	Terri Cook-Clark	Desiree Shapiro	
Ana Mendez	Latysa Flowers	Izzy Shine	EDUCATION
Nohemy Terrazas	Sarah Franco	Edgar Sierra	Evette Callahan
Josephine Smedley	Pradeep Gidwani	Carole Steel	Kim Flowers
	Jennifer Kennedy	Imaya Stevens	Fernanda Garcia
PRIVATE	Rosa Ana Lozada	Nubia Soto	Oscar Gomez
Stacy Annand	Marisela Molina	Erin Taylor	Lisa Linder
Ginger Bial	Marcelo Podesta	Autumn Weidman	Saribe Perez
Sherry Casper	Aisha Pope		Rose Woods

OUTCOMES SUB-COMMITTEE Co-Chairs Emily Trask and Eileen Quinn O'Malley

PUBLIC	PRIVATE	PRIVATE	FAMILY/YOUTH
Yael Koenig	Emily Trask (co-chair)	Laura Medina	
Amanda Lance-Sexton	Amy Chadwick	Aubrey Hecklau	
Eileen Quinn-O'Malley (co-chair)	Brenda Estrada	Karen Giannini	EDUCATION
Babbi Winegarden	Antonia Nunez	Carmen Pat	Yuka Sakamoto
	Shellane Villarin	Jamie Martinez	
	Julie McPherson	Andrea Hazen	

TRANSITION AGE YOUTH (TAY) COUNCIL County Representatives Claire Riley and Michael Miller

PUBLIC	PRIVATE	PRIVATE	PRIVATE
Steven Wells	Linda Gibbins-Croft	Irving Chavez	Lis Winchell
Claire Riley	Prizila Vidal	Amanda Downing	
Michael Miller	Jennica Valdez	Mark Bartlett	FAMILY/YOUTH
Norma Rincon Laura Tancredi-Baese		Talia Vukovich	
	Rafael Ortiz-Gomez	Kassandra Ramirez	EDUCATION
	Nicole McDonald	Karen Lenyoun	
	Victor Esquivel	Simone Hidds Monroe	

CHILDREN, YOUTH AND FAMILIES BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL Fiscal Year 2022-23 Tentative Reporting Schedule

2nd Monday of each month from 9 to 10:30 a.m.

July 11, 2022

Conversation with the BHS Director

August 8, 2022

STRATEGIC PLANNING MEETING

Fiscal Year 2021-22 Accomplishments and Fiscal 2022-23 Year Goals

September 12, 2022

TBD

October 10, 2022

COMBINED CYF/TAY/AOA MEETING - Hosted by CYF

Please note meeting time is 10 to 11:30 a.m.

November 14, 2022

TBD

December 12, 2022

DARK

January 9, 2023

Meeting Focus: Bi-Annual Sub-Committee Reports (Applicable Updates)

February 13, 2023

Meeting Focus: Bi-Annual Sub-Committee Reports (Applicable Updates)

March 13, 2023

TBD

April 10, 2023

COMBINED CYF/TAY/AOA MEETING - Hosted by AOA

Please note meeting time is 10 to 11:30 a.m.

May 8, 2023

Conversation with the BHS Director

June 12, 2023

CYF COUNCIL ORIENTATION









CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL **MEETING SUMMARY**

March 14, 2022 | 9 to 10:30 a.m. Virtual Meeting

ITEM SUMMARY AND ACTION ITEMS Welcome (Sten Walker) Yael Koenig introduced the meeting Recognition - Grisel Ortega! acknowledging March as Women's History Welcome Debra Schade! Incoming alternate to Barbara Ryan representing the Education month with an engagement exercise: Who Sector-School Board has inspired you? Thank you Lisa Sawin! Outgoing Council Member representing Public Safety Responses provided are included in the Group/Probation bottom of Item I. Other responses provided Thank you Steven Wells! Outgoing Council Member representing Child Welfare Services through the Chat feature: Welcome Jerelyn Bourdage! Incoming Council Member representing Child Welfare Services Payal Gupta, Christina Glassco, Delrena Swaggerty, Golby, Courageous, Energetic, Ethical, Supportive, elders. Brenee Brown recently • Sten Walker provided special recognition to Kay Redfield Jamison Grisel Ortega as she moves on to another Eleanor R My philosophy HS teacher position with BHS; thanked outgoing Council Cheryl Rode Strong women Michelle Akers members and welcomed incoming Council Linda Ketterer Oprah My mom Strong Mother members. Jeff' Rowe My sister Granny Thé elders Soujoner Truth Mamang/ nanay Yael My daughter Minola Brave Friends Michelle Obama Maya Angelou Boss **Executive Director** Supervisor My grandmothers! Dolores Huerta Aisha Pope Grandmother Bell Hooks **Review of Meeting Summary (Jaime Tate-Symons)** Jaime Tate-Symons reviewed the meeting February 14, 2022, Meeting Summary - Handout - Pages 5-9 summary and action items from February 14, Action Items from February 14, 2022 - See Meeting Summary for action items - Page 7 **Business Items (Yael Koenig)** • Note: Board Letters that are highlighted on March 1, 2022 the meeting agenda were included in the Item 04 Neighborhood Reinvestment Program and Community Enhancement Grants (District 4) packet. Link provided for all Board Letters. • Yael Koenig highlighted March 1, 2022 Board Item 05: Neighborhood Reinvesting Program Grants (District 2) Letter-Item 13 and informational and action Item 06: Community Enhancement and Neighborhood Reinvestment Program Grants (District 1) Item 13 Development of a Doula Pilot Program that Addresses Birthing Health Disparities While item. • Rose Woods announced the annual CYF SOC Prioritizing Equity and Community- Based Care -Handout - Pages 10-12 conference to be held virtually on May 26, Item 15: Receive the Report on the Countywide Departmental Sustainability Plans, Adopt the Sustainability Vision and Goals for the County of San Diego, and Approve a Contract Amendment with for Youth and Parents Support Partners to Arup USA, Inc., for Implementation of Departmental Sustainability Plans attend the conference. Registration opens Board Letters that may be particularly of interest to the CYF Council are listed above. Due to size, only of Care (CYFSOC) Conference 2022 highlighted Board Letters are included in the packet, however, all Board Letters can be found at the Clerk Academy for Professional Excellence of Board of Supervisors (BOS) Meeting Agendas, Board Letters and Access to the BOS meetings: (sdsu.edu). https://www.sandiegocounty.gov/cob/bosa/index.html Informational Items

Behavioral Health Services Director's Report to the Behavioral Health Advisory Board (BHAB) -March 2022

Handout – Pages 13-16

Link to BHAB Webpage:

https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental health services act/bha b.html

- 2022, along with the scholarship opportunity today at: Children Youth and Families System
 - The deadline to apply for a scholarship is April 29, 2022. The link to the application form is:

https://forms.gle/FfZrExwtMmC1wjvA9

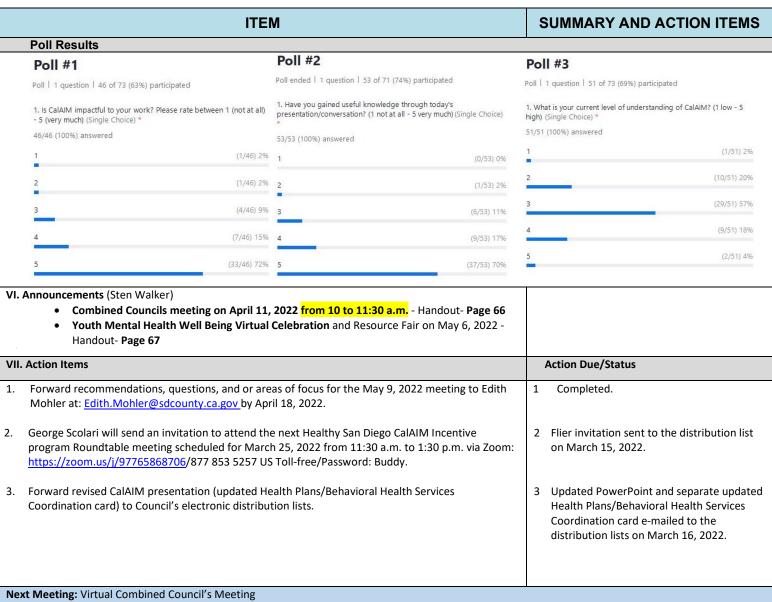
· Forward recommendations, questions, and or areas of focus for the May 9, 2022 CYF

ITEM SUMMARY AND ACTION ITEMS Council meeting: "Conversation with BHS Tax File information provided by Bill Stewart - Handout - Pages 17-18 **Director**" to Edith Mohler at: Children's Mental Health: Understanding an Ongoing Public Health Concern - Report shared by the Edith.Mohler@sdcounty.ca.gov by April 18, Substance Abuse and Mental Health Services Administration (SAMHSA) - Handout - Page 19 Link to the report: Mental Health Surveillance Among Children — United States, 2013–2019 | MMWR Suggested areas of focus provided at the Advancing School-Based Mental Health in California - Report by the Children's Partnership (TCP) meeting: Handout - Page 20-27 • Staff retention Annual CYF System of Care Virtual Conference: Peers in CYF on May 26, 2022 and Scholarships • Workforce issues and housing for families. Opportunity (Rose Woods) Handout - Page 28 Link to Register: Peers in Children, Youth and Families Services Conference Follow up Items from the February 14, 2022 Meeting The 'Business Item' structure of the Council meeting was noted as beneficial and a potential consideration for other BHS Council meetings; on February 14, 2022. BHS Council staff shared the structure with other BHS Council staff for consideration. Council will support Early Childhood Sub-Committee with dissemination of 'Tip Sheets' once they are finalized. Will include in future Council packets. Council staff provided Steven Wells contact information (via Zoom chat) for those interested in joining or learning more about the monthly LGBTQ+ Workgroup. Steven. Wells@sdcounty.ca.gov May 9, 2022 Council Meeting / Conversation with BHS Director All Council Members and Participants are invited to forward or insert in chat suggested areas of focus or specific questions for the BHS Director discussion at the May CYF Council meeting. Please forward items to Edith Mohler at Edith. Mohler@sdcounty.ca.gov by April 18, 2022 IV. Mental Health Services Act (MHSA) Update (Dr. Danyte Mockus-Valenzuela) • Danyte Mockus-Valenzuela reminded • Community Engagement Council May is Mental Health Month is approaching and encourages all to submit • May is Mental Health Month their events to Dawn Hull at: Dawn.Hull@sdcounty.ca.gov • UCSD is the new provider for Community Engagement. V. Hot Topic: • George Scolari and Tabatha Lang provided a III. Hot Topic: California Advancing and Innovating Medi-Cal (CalAIM) (Yael Koenig) presentation on CalAIM. Department of Health Care Services (DHCS) CalAIM - Handouts - Pages 29-65 • Dialogue highlights: Managed Care Plan (MCP) - George Scolari Caregivers can provide ideas of the Mental Health Plan (MHP) - Tabatha Lang needed supports. **Open Dialogue** What would "respite" look like for **Polling Questions** children/young children. Is CalAIM impactful to your work? (1 not at all / 5 very much) "It would help to be able to choose a Have you gained useful knowledge through today's presentation/ conversation? (1 not provider that you know and have them at all / 5 very much) contract with the respite provider – San What is your current level of understanding of CalAIM? (1 low / 5 high) Diego Regional Center gives this option". Case management is very helpful and decreases clinicians' burnout. Community supports for Parents, including linkage services with a Trauma Informed approach. The education sector also receives requests for assistance with respite care. Student Behavioral Health Incentive Program (SBHIP): There are about 25

million dollars available for the county

o Working with SDCOE in this project

(three-year program).



Date: Monday, April 11, 2022 Time: 10 to 11:30 a.m.

+=Member in Attendance O=Absent

E=Excused

	CONSTITUENCY	MEMBER	STATUS	ALTERNATE	STATUS
		PUBLIC SECTOR	1		
1	Behavioral Health Advisory Board (BHAB)	Bill Stewart	+	Joel San Juan	+
2	Behavioral Health Services (BHS)	Dr. Laura Vleugels	+	VACANT	+
3	Public Safety Group/ Probation	Lisa Sawin	E	Chrystal Sweet	+
4	Child Welfare Services (CWS)	Jerelyn Bourdage	+	Norma Rincon	0
5	HHSA Regions	VACANT		Jennifer Sovay	0
6	Public Health	Dr. Thomas R. Coleman	+	Adrienne Yancey	0
7	Juvenile Court	H. Judge Ana España	0	Beth Brown	+
8	First 5 Commission	Alethea Arguilez (Attended by Lenette Javier)	0	Stephanie Escobar	+
		EDUCATION SECTOR			
9	Special Education Local Plan Area (SELPA)	Russell Coronado	0	VACANT	
10	Regular Education Pupil Personnel Services	Violeta Mora	+	Margaret Sedor	0
11	School Board	Barbara Ryan	+	Debra Schade	0
12	Special Education	Yuka Sakamoto	+	Misty Bonta	0
		PRIVATE SECTOR			
13	San Diego Regional Center (SDRC) for Developmentally Disabled	Peggie Webb	0	Therese Davis	0
14	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	+	John Laidlaw	0
15	Alcohol and Drug Service Provider Association (ADSPA)	Marisa Varond	+	Claudette Allen Butler	0
16	Mental Health Contractors Association	Julie McPherson	0	Minola Clark Manson	+
17	Mental Health Contractors Association (MHCA)	Laura Beadles	0	Golby Rahimi	+
18	Fee- For-Service (FFS) Network	Dr. Sherry Casper	+	Marcelo A. Podesta	+
19	Managed Care Health Plan	George Scolari	+	Kathleen Lang	+
20	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	+	VACANT	
	F/	AMILY AND YOUTH SECTOR			
21	Family and Youth Liaison	Sten Walker	+	Renee Cookson	0
22	Caregiver of child/youth served by the Public Health System	VACANT		Karilyn "Kari" Perry	+
23	Youth served by the Public Health System (up to age 26)	Veronica Hernandez	0	Emma Eldredge	0
24	Youth served by the public health system (up to age 26)	Micaela Cunningham	+	VACANT	
	SUB-COMMITTEES (Non-	-voting members unless a m	ember of the Co	ouncil)	
-	Executive Sub-Committee	Sten Walker Jaime Tate Symons	+/+		
-	Cultural Competence Resource Team (CCRT)	Rosa Ana Lozada	0		
-	CYF CADRE	Julie McPherson Marisa Varond	0/+		
-	Early Childhood Sub-Committee	Aisha Pope Ginger Bial	+/+		

CONSTITUENCY		MEMBER	STATUS	ALTERNATE	STATUS
-	Education Sub-Committee	Heather Nemour Violeta Mora	+/+		
-	Family and Youth as Partners Sub-Committee	Sten Walker	+		
-	Outcomes Sub-Committee	Emily Trask Eileen Quinn-O'Malley	E/+		
-	Training Sub-Committee	Rose Woods	+		

Zoom Listed Meeting Attendees: 89				
Aisha Pope	Dina Ali	Kari Perry	Rose Woods	
Aiza Leon	Donald Stump	Kathleen Derby	Sandra Mueller	
Alec Rodney	Edgar Sierra	Kathleen Lang	Sarah North	
Amanda Lance-Sexton	Edith Mohler	Kourtney Diesel	Seth Williams	
Angela Rowe	Eileen Quinn-O'Malley	LaTysa Flowers	Shannon Jackson	
Angela Solom	Elaine Mills	Laura Vleugels	Sherry Casper	
Angela Sullivan	Eliza Reis	Lesley Johnson	Stacey Musso	
Anna Trout	Elizabeth Dauz	Lesley Manriquez	Sten Walker	
Babbi Winegarden	Erick Mora	Liz Winchell (Elisabeth Winchell)	Stephanie Andrews	
Barbara Ryan	George Scolari	Marcelo Podesta	Stephanie Escobar	
Beth Brown	Ginger Bial Cox	Margaret Anello	Stephanie Gioia-Beckman	
Bill Stewart	Golby Rahimi Saylor	Marisa Varond	Stephanie Smith	
Bobbi Smylie	Grisel Ortega-Vaca	Martin Dare	Susana Antonio	
Carmen Pat	Heather Nemour	Meg Olinger	Tabatha Lang	
Carolina Reyna	Heather Parson	Micaela Cunningham	Teresa Kang	
Casie Johnson-Taylor	Jaime Tate-Symons	Michael Miller	Tom Coleman	
Celeste Hunter	Jamie Martinez	Michelle Hogan	Violeta Mora	
Cheryl Rode	Jamie Pellegrino	Mina Arthman	Wendy Maramba	
Christina Bruce	Janet Cacho	Minola Manson Clark	Yael Koenig	
Claire Riley	Janette Magsanoc	Pamela Hansen	Yuka Sakamoto	
Danyte Mockus-Valenzuela	Jerelyn Bourdage	Pradeep Gidwani		
Darwin Espejo (Host)	Joel San Juan	Rebecca Raymond		
Denise Alvarez	Kameka Smith	Roberto Suarez		

Sub-Committees/Sectors/Workgroups Meetings Information:

Due to COVID-19, most of the sub-committees' meetings are occurring virtually Please reach out to the sector lead or Executive Subcommittee member to obtain location/link

Behavioral Health Advisory Board (BHAB) meeting: Meets the first Thursday of the month from 2:30 to 5:00 p.m.

Outcomes: Meets the first Tuesday of every other month from 11:30 a.m. to 12:30 p.m.

Early Childhood: Meets the second Monday of the month- from 11 a.m.to noon

Education Advisory Ad Hoc: Meets as Needed

TAY Council: Meets the fourth Wednesday of the month 3 to 4:30 p.m.

CYF CADRE: Meets quarterly on the second Thursday of the month from 1:30 to 3 p.m.

CYF System of Care Training Academy: Meets on the first Wednesday of the month from 9 to 10 a.m.

CCRT: Meets the first Friday of the month from 10 to 11:30 a.m.

Family and Youth as Partners: Meets every third Thursday of the month from 1:30 to 3 p.m.

Private Sector: Ad Hoc/Meets as needed.

Children, Youth and Families Behavioral Health System of Care Council Goals and Accomplishments

Council Vision: Wellness for children, youth and families throughout their lifespan.

Council Mission: Advance systems and services to ensure that children and youth are healthy, safe, lawful, successful in school and in their transition to adulthood, while living in nurturing homes with families.

Fiscal Year 2021-22 Goals

- Promote the Live Well San Diego Vision and Board of Supervisors Framework for Our Future, recognizing the Pandemic and Racial Justice context, while considering population health and social determinants of health.
 - o Support the Live Well San Diego Youth Sector
 - Support the County Substance Use Harm Reduction Strategy
- Evaluate the System of Care and advocate for needed adjustments with recognition of the economic effects of the pandemic and impacts on children, youth, and perinatal recipients.
- Contribute to Behavioral Health Services efforts inclusive of Behavioral Health Continuum of Care; Children's Hub; housing needs; and mobile crisis response.
- Through the CYF Council, provide input for Mental Health Services Act (MHSA) Community Engagement events and BHS Forums.
- Educate about other systems' priorities and look for opportunities to align efforts to best impact positive system changes.
- Focus on system integration and moving beyond coordination with other child servicing systems, as promoted by Assembly Bill (AB) 2083 mandates.
- Continue the partnership with Child Welfare Services (CWS) and Juvenile Probation supporting various activities inclusive but not limited to:
 - o Families First Prevention Services Act (FFPSA)
 - Qualified Residential Treatment Programs (QRTP)
 - Qualified Individual (QI)
 - o Institution for Mental Diseases (IMD) Determination
 - Senate Bill (SB) 823 Division of Juvenile Justice (DJJ)
- Continue to advance effective utilization of telehealth while contributing and promoting best practices.
- Advance the Drug Medi-Cal Organized Delivery System (DMC-ODS) Year-Four
- Continue with the collaboration with the education sector to support students, including but not limited to areas of suicide prevention and universal screening.
- Contribute to local mapping of SB 803 for Medi-Cal Peer Support Certification Program implementation at the State and local level.
- Emphasize the importance of Early Childhood Mental Health, specifically prevention, early intervention, Adverse Childhood Experiences (ACEs), and resiliency.
- Contribute to the delivery of the 12th Annual Early Childhood Conference We Can't Wait! (virtual): Emerging from COVID, Conflict and Chaos: Creating a Resilient Future for Our Children (September 2021).
- Support the newly established Second Annual Birth of Brilliance conference that focuses on racial equity (February 2022).
- Collaborate on the delivery of the 7th Critical Issues in Child and Adolescent Mental Health Managing Change in a Changing World conference (March 2022).
- Identify focus area for the Annual CYF System of Care Conference (May 2022).
- Deliver the 8th Annual Youth Mental Health Well Being Celebration in May 2022.





Children, Youth and Families Behavioral Health System of Care Council Goals and Accomplishments

Highlights of Fiscal Year 2020-21 Accomplishments

- Promoted Live Well San Diego Vision within the Pandemic, and Racial Justice context, while considering population health and social determinants of health
 - CYF through the CYF Liaison contract with NAMI-San Diego, coordinated the 7th Annual Youth Mental Health Well-Being Celebration on Friday, May 7, 2021.
 Due to COVID-19, the event was held virtually. The celebration theme/focus was: "Flipping the Script on Mental Health". One of the highlights of the event was the presentation of a Proclamation by Chair Nathan Fletcher Honoring Children's Mental Health Awareness Day.
 - An array of trainings and conversations were held throughout the system to address current relevant issues related to pandemic and racial and social justice.
 - o Birth of Brilliance, Challenging Us to Create Racial Equity in Early Childhood inaugural conference held February 25, 2021.
 - California Mental Health Advocates for Children and Youth (CMHACY) Annual conference: Non-Negotiable Demanding Social Justice & Racial Equity in Our Systems of Care (April 28-29, 2021).
 - Analyzed early pandemic treatment services impacts for children, youth and perinatal population to see trends and inform service delivery; which lead to further dialog and best practices around outreach and engagement.
 - Developed a System of Care Pandemic report to evaluate mental health treatment needs and impact as well as identify best practices and interventions.
 - Leveraged Coronavirus Aid, Relief, and Economic Security (CARES) Act funding to offer outdoor activities (Out and About) for kids throughout San Diego.
 - Partnered with the City of San Diego Parks and Recreation to implement the Come Play Outside program with a wide variety of outdoor activities.
- Evaluated the System of Care and advocated and responded to shifting needed adjustments with recognition of the economic effects of the pandemic and impacts on children, youth, and perinatal recipients (responded to shifting needs)
 - Remote learning was initiated through the schools and behavioral health service delivery was adjusted to incorporate telehealth. In August 2020 SchooLink was updated to include a COVID-19 Best Practices module and updated flyers.
 - Service providers worked with the community and service partners to ensure awareness that treatment services continued to be available. Providers adjusted their service delivery models; provided more frequent check-ins, additional case management services, and enhanced care coordination.
 - Many services, such as the School-Based Prevention and Early Intervention programs collaborated and adjusted the Incredible Years program requirements to increase service delivery and participation.
 - Teen Recovery Centers (TRC): with the emergence of the COVID-19 pandemic and the subsequent shift to remote learning, school-based referrals to the TRC were significantly impacted. TRC programs recognized and responded to the increased need for support to clients and families related to stress from COVID-19 in various ways including shifting to providing telehealth services and supplemented their programming with additional case management and outreach to youth and their families to meet their basic needs and maintain engagement in treatment.
 - Perinatal services: experienced a significant impact from the COVID-19 pandemic on all service levels. Shifts in operations were implemented to maintain access to needed services in the face of an ever-changing environment, including school closures, challenges in accessing food and other basic necessities, and the need for infection precautions in transportation as well as in service delivery. Like all service providers, the perinatal system began to utilize telehealth while also making in-person services available following social distancing and safety precautions. In residential care, adjustments to the physical space within facilities to allow for social distancing.





Children, Youth and Families Behavioral Health System of Care Council Goals and Accomplishments

- Outpatient perinatal programs adjusted their childcare services to be open to one family at a time with increased cleaning and disinfection protocols. Referral from residential to outpatient perinatal services, and from perinatal outpatient programs to Recovery Residences had to take into account COVID-19 testing and quarantine responsibilities. Outpatient perinatal service providers responded to the impact of the pandemic on client social isolation, mental health, and relapse risk by connecting clients with appropriate resources and services.
- In January 2021, CYF was invited to present on San Diego County's perinatal service model at the Department of Health Care Services (DHCS) Quarterly Perinatal Roundtable webinar to an audience of approximately one hundred statewide county representatives and services providers. The presentation highlighted the unique availability within County perinatal programs of licensed childcare facilities and on-site child clinicians offering developmental screening, parent training, mental health services, and referral.
- In 2020, amidst the COVID-19 pandemic; the Child and Family Team (CFT) Meeting Facilitation Program shifted the entirety of its meetings to virtual and/or telephonic access, based on client/family preference. The program accessed additional devices to support virtual meetings and ensure staff and families had access. As in-person meetings began to resume in 2021, the program continued to offer the option of in-person, virtual or telephonic access to allow for a broader range of access for all participants, regardless of proximity or connectivity.
- To assist with the increase of telehealth CYF services delivery, the following tools were made available to CYF providers:
 - Clinician Telehealth Checklist
 - o Engaging Children, Youth and Families in Telehealth
 - Videoconferencing: The Gold standard for Teletherapy
- In early 2021 the San Diego community began supporting unaccompanied minors seeking asylum housed at the San Diego Convention Center. CYF provided mental health support to the kids experiencing additional transitions.
- Identified CYF programs candidates for a partnership to access Emergency Housing Vouchers through the American Rescue Plan Act of 2021 (ARPA).

Contributed to the Behavioral Health Continuum of Care efforts inclusive of the Children's Hub vision

- Context: In a presentation to the Board of Supervisors (BOS) on October 29, 2019, and subsequently on a January 28, 2020 BOS Letter-Agenda item 03, it was announced that planning conversations had begun with Rady Children's Hospital to establish a hub for children and youth in the vicinity of Rady Children's main campus to address the unique behavioral health conditions among youth which can result from complex combinations of factors including: genetic, medical, developmental and environmental. Children and youth with complex needs require dedicated and specially designed resources. The County has continued to meet with Rady's leadership to identify priorities of the project and are moving forward with building related work.
- Rady Children's Hospital Hub: worked with Rady Children's Hospital on California Environmental Quality Act (CEQA) compliance; to design the program and clinical service; and outline the planning phases to build the new facility.
- <u>Threat Assessments Evaluations</u> via Treatment and Evaluation Resource Management (TERM): A Threat Assessment Specialty Criteria was implemented on July 1, 2020, which created the infrastructure for TERM clinicians to provide these specialty assessments. The compensation was revised effective January 1, 2021; set at \$2500 vs. the base rate of \$1800 for standards assessments.
- Mobile Crisis Resource Teams (MCRT) were established with countywide services being rolled out in phases.





Children, Youth and Families Behavioral Health System of Care Council Goals and Accomplishments

- Through the CYF Council, provided input for Mental Health Services Act (MHSA) Community Engagement events and BHS Forums
 - CYF Council membership and meeting attendees were timely informed of the MHSA Community Engagement events and BHS Forums, and encouraged to participate.
- Supported the Youth Engagement in Service (YES) Initiative (August 4, 2020 Board Letter-Item 21)
 - Live Well Youth Sector presentation for the CYF Council on November 9, 2020.
 - Members of the Live Well Youth Sector were invited to the CYF Council Fiscal Year 2021-22 Orientation held in July 2021 (2 youth and 2 youth advisors attended).
- Educated about other systems' priorities and looked for opportunities to align efforts to best impact positive system changes.
 - Through the CYF Council, the four sectors were informed about other systems' priorities by providing updates through Board Letters and other pertinent information. Examples of how efforts were aligned toward positive change are:
 - CYF Council Combined Council held October 12, 2020: Transgender Health Across the Lifespan
 - o Supported the Birth of Brilliance inaugural conference held on February 25, 2021
 - Reinitiated the Global Oversight Analysis Linking Systems (GOALS) Memorandum of Understanding (MOU) with the SDCOE
 - CYF Council development of ARPA recommendations for the BHS Director and delivered June 18, 2021.
- Focused on system integration and moving beyond coordination with other child servicing systems, as promoted by Assembly Bill (AB) 2083 mandates through:
 - A committee with representatives from BHS, CWS, Juvenile Probation, San Diego Regional Center (SDRC), and the SDCOE, developed and established an <u>Interagency MOU</u>, as guided by AB 2083, Trauma Informed System of Care for Children and Youth. The workgroup built on previous MOU to address the 11 components cited in AB 2083, such as an Interagency Leadership Team, Alignment and Coordination of Services, and Information and Data Sharing, to continue to help coordinate services for foster youth in a trauma informed and timely manner. The MOU was submitted to the State in March 2021
 - Supported CWS with the Family First Prevention Services Act (FFPSA) planning meetings. These meetings started in October 2019 to discuss and plan the future landscape of evidence-based preventative services for system-involved youth, replacing Title IV-E funding. A Board Letter was presented on January 26, 2021: Authorize Procurement of Single Source Contract with ICF International for FFPSA Implementation and Capacity Building Technical Assistance Services. The letter was shared with the CYF Council at the February 8, 2021 meeting.
 - In collaboration with the Probation Department, designed a new intensive treatment program for in-custody youth: Healing Opportunities for Personal Empowerment (HOPE) scheduled to begin in Fiscal Year 2021-22.
 - Continued the collaboration with Juvenile Court by incorporating an additional "treatment pilot" to provide treatment services to Juvenile Forensic Assistance for Stabilization and Treatment (<u>JFAST</u>) youth through Vista Hill Juvenile Court Clinic instead of being offered through a probation contract. This pilot was launched effective July 1, 2020, projected to serve approximately 8 youth annually and ultimately served 9 youth based on need.
 - In compliance with AB 79 and SB 80, CYF partnered with CWS and Juvenile Probation to establish a local Family Urgent Response System (<u>FURS</u>) network that is prepared to dispatch local trauma-informed mobile support to foster youth experiencing a crisis that is identified through a State-run hotline. CWS





Children, Youth and Families Behavioral Health System of Care Council Goals and Accomplishments

provided the local response effective March 2021, with service provision shifting to a contracted provider effective July 1, 2021. In FY2021 there were under 10 referrals to San Diego County from the State Hotline. FURS information was shared with the CYF Council on March 8, 2021; and was also added to the BHS website which also links to State materials.

https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental health services children/Family Urgent Response System.html

- AB 823 guides the closure of the Division of Juvenile Justice (<u>DJJ</u>) by June 30, 2023 with no new admissions effective July 1, 2021. Probation has disseminated information and engaged Behavioral Health on mapping out the local infrastructure to support youth and young adults who will be cared for locally with the closure of DJJ.
- Made necessary system adjustments to align with CCR, including STRTP contracts and Therapeutic Foster Care (TFC) services with mental health contractors:
 - As of June 2021, 11 group homes have been licensed as STRTP in San Diego County. Of the 11 licensed STRTPs, 10 have established BHS contracts, with all of them have a Mental Health Program Approval from the Department of Healthcare Services (DHCS) to provide Specialty Mental Health Services (SMHS). BHS has facilitated multiple STRTP Mental Health Program orientations and continues to provide technical assistance for the STRTPs that need to obtain Mental Health Program Approval from DHCS.
 - Under the Families First Prevention Services Act (FFPSA), Title IV-E funding may be leveraged for youth residing in Qualified Residential Treatment Programs (QRTPs). California is working on shifting Short Term Residential Therapeutic Programs (STRTPs) to QRTPs. The definition of a QRTP in Title IV-E overlaps with the definition of an Institution for Mental Disease (IMD) in Title XIX. Title XIX prohibits federal reimbursement for covered services provided to a beneficiary who are residents of an IMD. California Department of Health Care Services (DHCS) sought authorization from Centers for Medicare and Medicaid Services (CMS) to exclude STRTPs from consideration as IMDs, however a blanket approval was not provided and DHCS must assess each STRTP/QRTP by December 31, 2021, to determine IMD status. The evaluation tool that DHCS has presented appears to indicate that any STRTP with over 16 beds will be deemed an IMD. The State and the County are exploring solutions.
 - Under Families First Prevention Services Act (FFPSA) a <u>Qualified Individual (QI)</u> needs to evaluate any youth being considered for Short Term Residential Therapeutic Programs (STRTPs) / Qualified Residential Treatment Programs (QRTPs). System partners are exploring the local infrastructure to meet this requirement.
- Continuum of Care Reform (CCR) and Pathways to Well-Being (PWB)
 - The Fred Finch Child and Family Team (CFT) Meeting Facilitation Program facilitated a total of 4213 CFT meetings between July 1, 2020 to June 30, 2021. CFT meeting data continued to reflect that BHS providers have made a successful transition from in-person CFT meetings to alternate modalities including videoconference and telephone. As in-person meetings began to resume in 2021, the program continues to offer the option of in-person, virtual or telephonic access to allow for a broader range of access for all participants, regardless of proximity or connectivity.
 - The new <u>Therapeutic Foster Care</u> (TFC) service was utilized by 6 clients in Fiscal Year 2020-21 with 7 caregivers being trained and certified to provide TFC. The infrastructure for service delivery continues to be refined with new forms created to promote care delivery.
 - Effective November 2020 updated forms for STRTPs were made available to utilize to align with the release of DHCS Interim STRTP regulations (Version 2).





Children, Youth and Families Behavioral Health System of Care Council Goals and Accomplishments

■ To ensure identified youth are linked to recommended services for a safe and successful transition to community/home based care following an acute behavioral health episode requiring psychiatric hospitalization or entry into the Emergency Screening Unit, effective April 1, 2021, the CO19 Navigation oversight transitioned to the PWB team. Through Care Coordination, licensed clinicians are contacting families when a youth had an acute service but does not appear to be connected to services, in efforts to make the connection and address any barriers the family may be experiencing.

• Advanced the Drug Medi-Cal Organized Delivery System (DMC-ODS) - Year-Three

- Enhanced the Organized Support Companion in an Emergency Situation (oscER) Cloud based application to strengthen the digital platform.
- Delivered the <u>Annual CYF System of Care Conference</u>: Youth Substance Use Disorders (SUD) and Treatment on May 27, 2021.
- Continued to work towards establishing Medication Assisted Treatment (MAT) services in a Perinatal Outpatient treatment program.
- Planned the expansion of MAT to adolescents via an OTP provider to begin in Fiscal Year 2021-22.
- Supported <u>Harm Reduction Strategy</u> by creating awareness through dissemination of information.
- Fentanyl overdose risk and Naloxone distribution information disseminated and discussed to promote awareness and utilization.
- Partnered with the Courts and Adult System of Care to work towards a TAY specific SUD services.
- Worked towards various <u>housing opportunities</u> and improvements through Recovery Residences funding, SAFE Housing upgrades, ARPA funding during COVID-19, as well as planning for No Place Like Home family units.

Outcomes

- Prepared the CYF Pandemic Impact Report for Fiscal Year 2019-20 to inform system trends and needed practice adjustments.
- Created a handout on using the Child and Adolescent Needs and Strengths (CANS) Strengths during client plan development and treatment interventions.
- Updated the Adverse Childhood Experiences (<u>ACEs</u>) CANS crosswalk to include the Positive Childhood Experiences which are linked to CANS Strengths.
- Enhanced accurate reporting of outcome compliance by reducing discrepancies between data entered into CYF <u>mHOMS</u> compared to CERNER.
- Developed handout on <u>engaging families and youth in teletherapy</u> which highlights engagement strategies for various developmental levels of clients.
- Created a <u>Clinician Telehealth Checklist</u> of teletherapy best practices to support clinicians with standardize protocols.

• Emphasized the importance of Early Childhood Mental Health as well as prevention and early intervention

- CYF in partnership with HHSA departments, the San Diego Academy of Child and Adolescent Psychiatry (SDACAP), American Academy of Pediatrics-California Chapter 3, University of California San Diego (UCSD), and local behavioral health stakeholders, hosted the 11th Annual Early Childhood Mental Health Conference We Can't Wait: Hope in Relationships: Bridging Science to Practice on September 10-12, 2020.
- San Diego Youth Services (SDYS), San Diego Early Childhood Mental Health Leaders Collaborative, and San Diego Center for Children (SDCC) hosted the inaugural <u>Birth of Brilliance</u> conference on February 25, 2021. The virtual conference was conceived to raise the collective consciousness around the effects of racial disparities and implicit bias in mental health, social services, developmental services, early childhood education, and medical care. BHS sponsored this conference and some of the conference speakers are members of the CYF Council Early Childhood Sub-committee.
- System partners participated in the <u>ACEs Network of Care Learning Collaborative</u> where a system vision was created with a mapping of strategies and action steps to help lead towards an ideal Network of Care. Planning is underway for phase 2 of the Learning Collaborative.





Children, Youth and Families Behavioral Health System of Care Council Goals and Accomplishments

- Collaborated with the education sector and other partners on addressing growing rates of depression and sadness reported by youth, which appeared to be exacerbated by the isolation impacts of COVID-19 and remote learning settings.
 - The CYF Liaison through the Youth and Family Support Partners monthly meeting provided a forum for participants of all sectors to share information, exchange ideas and resources to address the depression and sadness reported by youth.
 - Under BOS Chair Nathan Fletcher's <u>School Health Initiative</u>, BHS and the School system have partnered to explore Schoolink enhancements and Universal Screening.
 - Mental Health Services Oversight and Accountability Commission (MHSOAC) Grant planning towards Creating Opportunities in Prevention and Eliminating Suicide (COPES).
- Delivered system relevant trainings and training opportunities
 - CYF in partnership with the San Diego Academy of Child and Adolescent Psychiatry (SDACAP), the San Diego Psychiatry Society, the California Association of Marriage and Family Therapists-San Diego Chapter (CAMFT), and the San Diego Psychological Association, planned for the delivery of the 6th Annual-CICAMH Conference: "Managing Change in a Changing World" on March 19, 2021.
 - The CYF System of Care (CYF-SOC) Training Academy through the contract with Responsive Integrated Health Solutions (RIHS), provided trainings to enhance the work of public systems in providing services to children, youth, and families in San Diego county. In Fiscal Year 2020-21, CYF-SOC Training Academy provided trainings on:
 - Suicidality in Children and Youth (August 6, 2020)
 - o Bridges Out of Poverty (delivered October 6, 2020)
 - Racial and Cultural Disparities and Access to Healthcare (April 30, 2021)
 - Understanding our Own Biases and Assumptions (May 12, 2021)
 - Supporting People of Color in Treatment (June 11, 2021)
 - Recognizing and Responding to Cultural Cues in Service Delivery (June 29, 2021)
 - Due to COVID-19, the annual CYF System of Care conference scheduled for May 28, 2020, was rescheduled and held virtually on May 27, 2021. The
 conference title: Youth Substance Use: Risk, Resilience, Reconnection. Twenty scholarships were awarded to peer support partners to attend the
 Conference.
 - Six scholarships were awarded to attend the annual California Mental Health Advocates for Children and Youth (CMHACY) virtual conference in April 2021.

Other notable achievements

• Two CYF programs received the 2021 National Association of Counties (NACo) Achievement Award. The award recognizes programs for innovative approaches to providing new or needed services, improving administration of existing programs, or promoting intergovernmental cooperation and coordination. The awarded programs are:





Children, Youth and Families Behavioral Health System of Care Council Goals and Accomplishments

- o Pathways of Well-Being Virtual Workforce Development Training Series (<u>Pathways</u>) <u>Microlearning</u> through RIHS an innovative and cost-effective online training series developed to accommodate the evolving way in which information is shared with behavioral health providers and aims to ensure that services are delivered in a trauma-informed, client-centered manner and are documented to adhere to Medi-Cal standards. Pathways utilizes micro-learnings, structured to be 8-10 minutes long for ease of completion and retention of information.
- SchooLink: A CYF partnership with Community Based Organizations and school districts throughout San Diego county to offer outpatient specialty mental health and SUD treatment on school campuses that serve students on Medi-Cal and those who are low-income, uninsured, or underinsured.
 SchooLink implemented a standardized practice across the system of care, increases collaboration between schools and providers of mental health and SUD treatment programs, and provides system-level data that was previously unavailable.





Children, Youth and Families Behavioral Health System of Care Council Webpage and Meeting Archives

• CYF Council Main Webpage:

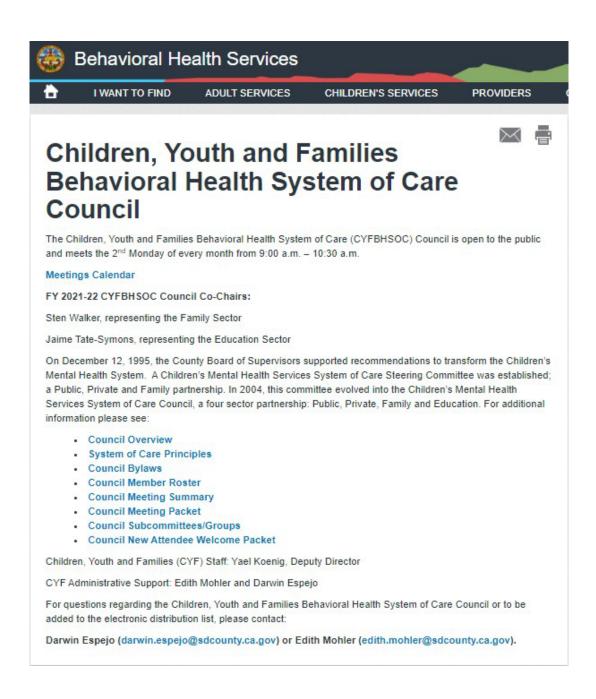
https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental health services children/CYFBHSOCCouncil.html

Meeting Summaries:

https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental health services children/CYFBHSOCCouncil/Council Meeting Minutes.html

Complete Meeting Packets:

https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental health services children/Council Packet.html









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Children, Youth and Families System of Care



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County Operated Continuum of Care (CCR) Pathways to Well-Being (PWB)

Children, Youth and Families

SERVICES DIRECTORY





BEHAVIORAL HEALTH SERVICES

3255 CAMINO DEL RIO SOUTH, SAN DIEGO, CA 92108 | 619-563-2700

Health & Human Services Agency (sandlegocounty.gov)

Behavioral Health Services (sandlegocounty.gov)

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Please send all directory corrections and updates to Yvonne.Gage@sdcounty.ca.gov

2 of 30



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AGENCY DIRECTOR

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ALFREDO AGUIRRE DIRECTOR, BEHAVIORAL HEALTH SERVICES

January, 2017

Welcome to San Diego County's Health and Human Services Agency (HHSA) Behavioral Health Services (BHS) Children, Youth and Families (CYF) System of Care (SOC).

The eLearning you will receive today provides an overview of the Children, Youth and Families System of Care.

The intent of this training is to facilitate the understanding of the CYF SOC philosophy and guiding principles. The training provides an overview of the array of services offered to support children, youth and their families and how we work together with other entities within and outside of the County of San Diego.

Behavioral Health Services provides a continuum of mental health and alcohol and drug services for communities of all ages embracing the *Live Well San Diego* vision: A region that is Building Better Health, Living Safely and Thriving.

Behavioral Health Services promotes resiliency, discovery, and well-being for children and youth. This is achieved through prevention and treatment that it is focused on offering culturally competent, individualized, trauma informed, community based, collaborative, outcomes driven, strength based, youth guided and family driven services.

Jointly, we work to ensure that children and youth in our community are healthy, safe, successful in school, and are law abiding while they live in a community that supports them with strong family connections.

You play an important role in helping achieve the CYF SOC goals. This training will facilitate the understanding of how you contribute to a legacy of quality care that is responsive to the needs of the diverse communities in this county.

I hope that you will enjoy this training while learning about our system.

YAEL KOENIG, LCSW, Deputy Director

yourle

Children, Youth and Families System of Care Behavioral Health Services

CORONAVIRUS DISEASE (COVID WWW.CORONAVIRUS-SD.COM

County of San Diego Health and Human Services Agency



Children, Youth & Families Behavioral Health Services
Systemwide Annual Report, FY 2020-21









COUNTY OF SAN DIEGO

VISION

A just, sustainable, and resilient future for all

MISSION

Strengthen our communities with innovative, inclusive, and data-driven services through a skilled and supported workforce

VALUES

Integrity, Equity, Access, Belonging, Excellence and Sustainability.

THE GENERAL MANAGEMENT SYSTEM REIMAGINED

The County has reimagined its operational approach to planning and decision making by integrating the General Management System (GMS) with the strategic framework adopted by the Board of Supervisors.

It takes the GMS in a direction that is reflective of today's communities while preserving the core management principles of strategic planning, operational accountability, enterprise-wide collaboration, and employee connection.

At the core of the reimagined GMS is Community Engagement, based on the principle that all that we do should be for, and created in partnership with, the people we serve. The outer ring is included to reflect the core values of everything we do: integrity, equity, access, belonging, excellence and sustainability.

VALUES

In recognition that "The noblest motive is the public good," we are dedicated to:

INTEGRITY

Earn the public's trust through honest and fair behavior, exhibiting the courage to do the right thing for the right reason, and dedicating ourselves to the highest standards of ethical conduct.

EQUITY

Apply an equity lens to appropriately design programs and services so that underserved communities have equitable opportunities. Using data driven metrics, lived experiences and the voices of our community we weave equity through all policies and programs.

ACCESS

Build trust with the residents we serve through transparent communication and neighborhood engagement that is accessible in the languages, facilities and methods that meet their needs.

BELONGING

Foster a sense of belonging, not just inclusion, for the people we serve and for the employees of the County who provide those services on a daily basis.

EXCELLENCE

Ensure exceptional service delivery to our customers by practicing fiscal prudence, encouraging innovation and leveraging best practices that promote continuous improvement to build strong, vibrant communities.

SUSTAINABILITY

Secure the future of our region, by placing sustainability at the forefront of our operations deeply embedded into our culture. Dedicate ourselves to meeting our residents' current resource needs without compromising our ability to meet the needs of generations to come.



STRATEGIC INITIATIVES provide the framework for the County to set measurable goals. These initiatives are designed to span the entire organization, break down silos, and extend across groups for all departments to see their work contributing to the overall success of the region.

SUSTAINABILITY:

Economy

- Align the County's available resources with services to maintain fiscal stability and ensure long-term solvency.
- Create policies to reduce and eliminate poverty, promoting economic sustainability for all.

Climate

 Actively combat climate change through innovative or proven policies, green jobs, sustainable facility construction or maintenance and hazard mitigation.

Environment

- Protect and promote our natural and agricultural resources, diverse habitats and sensitive species.
- Cultivate a natural environment for residents, visitors and future generations to enjoy.

Resiliency

Ensure the capability to respond and recover to immediate needs for individuals, families, and the

EQUITY:

Health

- Reduce disparities and disproportionality and ensure access for all through a fully optimized health and social service delivery system and upstream strategies.
- Focus on policy, systems and environmental approaches that ensure equal opportunity for health and well-being through partnerships and innovation.

Housing

Utilize policies, facilities, infrastructure, and finance to provide housing opportunities that meet the needs of the community.

Economic Opportunity

- Dismantle barriers to expanding opportunities in traditionally underserved communities and businesses, especially communities of color and low income.
- Advance opportunities for economic growth and development to all individuals and the community.

EMPOWER:

Workforce

 Invest in our workforce and operations by providing support services and excellent customer service to ensure continuity of operations remains at its best.

Transparency and Accountability

- Maintain program and fiscal integrity through reports, disclosures, and audits. **Innovation**
- Foster new ideas and the implementation of proven best practices to achieve organizational excellence.



COMMUNITY:

Engagement

• Inspire civic engagement by providing information, programs, public forums or other avenues that increase access for individuals or communities to use their voice, their vote, and their experience to impact change.

Safety

 Support safety for all communities, including protection from crime, availability of emergency medical services and fire response, community preparedness and regional readiness to respond to a disaster.

Quality of Life

Provide programs and services that enhance the community though increasing the well-being of our residents and our environments.

Communications

- Create proactive communication that is accessible and transparent.
- Offer interpreters for community meetings or translations of information to ensure residents have every opportunity to make informed decisions while listening to, participating in or using County services or programs. **Partnership**
- Facilitate meaningful conversations, shared programming, grant opportunities, or other opportunities to maximize resources through community partnerships to benefit the region.

JUSTICE:

Safety

- Ensure a fair and equitable justice system in the defense and prosecution of crimes, investigations of abuse and neglect, and support and services for victims.
- Focus efforts to reduce disparities and disproportionality across the justice system.

Restorative

Contribute to a system of restorative justice that strives to repair harm to victims and to the community at large, as well provide inclusive opportunities for justice involved individuals to contribute to the region.

Environmental

- Advance equal protection and meaningful involvement of all people regardless of race, color, national origin, or income with respect to the development, implementation, and enforcement of environmental laws, regulations, and policies with an urgent focus on communities of color and low-income communities recognizing they historically lacked the same degree of protection from environmental and health hazards.
- Ensuring equal access to decision-making processes that create healthy environments in which to live, learn and work.

WWW.SANDIEGOCOUNTY.GOV





2021-22 Adopted Operational Plan

EXECUTIVE SUMMARY















Nora Vargas Supervisor District One



Joel Anderson Supervisor District Two



Terra Lawson-Remer Supervisor District Three



Nathan Fletcher Supervisor District Four



Jim Desmond Supervisor District Five

Link to main document:

https://www.sandiegocounty.gov/content/dam/sdc/budget/2021-budget/Executive Summary_10.12_FINAL.pdf

Helen N. Robbins-Meyer

Chief Administrative Officer

L. Michael Vu

Assistant Chief Administrative Officer





Building The Future



2022-23 CAO Recommended Operational Plan

Executive Summary



Nora Vargas Supervisor District One



Joel Anderson Supervisor District Two



Terra Lawson-Remer Supervisor District Three



Nathan Fletcher Supervisor District Four



Jim Desmond Supervisor District Five

Helen N. Robbins-Meyer Chief Administrative Officer

L. Michael Vu Assistant Chief Administrative Officer



Helen N. Robbins-Meyer Chief Administrative Officer

CAO Recommended Operational Plan Message

With your help, we are building the future of the County of San Diego!

A future that is just, sustainable and resilient. One committed to equity for all. Strong enough to withstand adversity and bounce back. And farsighted enough to promote progress and still preserve our environment and natural resources for future generations.

Our new \$7.15 billion budget for fiscal year 2022-23 meets that vision, building out the framework our Board of Supervisors has established.

It includes support to transform our behavioral health system and to treat substance use. Funding to create places to stay for those experiencing homelessness. Money and added staff to support families at home and on the job. Actions and new offices to provide racial justice and equity throughout our services. Investment in our communities, from new facilities to community gardens. Staff and resources to help immigrants get established in their new home. It includes actions to address climate change and environmental justice. And it increases use of data to drive decisions and measure results.

While committing to new goals, we continue to deliver our traditional essential services, using funds responsibly for health and social services, public safety and land use.

The new budget is 1.1% smaller than last year's, primarily because of a decrease in the need for COVID-19 response. Despite that, the new budget enhances services and adds employees to serve you.

For example, 100 new positions to help get food, health care and other essential services to those in need. One hundred new positions for Child Welfare Services and 40 for Child Support Services to strengthen families. One hundred fifteen positions to continue redirecting our behavioral health system from crisis response to continuous care. Ninety positions for Public Defender to provide legal defense and improve transitions back to the community. And 71 new public health positions to heighten our public health capacity.

Our new budget is one for all, shaped by diverse community input and an evaluation of equity across our operations to eliminate longstanding disparities in our communities.

It is rooted in the here and now — and in building the future of San Diego County.

Shew Sr. Howinkey

Building A Budget For All

The County of San Diego's vision is a just, sustainable and resilient future for all. It is supported by these strategic initiatives.



General Management System

We reach those goals by working with you - the community.

Community engagement is at the center of our operational model, and our values surround that model to guide what we do.



Key Budget Dates

May 5

CAO Recommended Budget Released to the Public

May 19-20

CAO
Recommended
Budget
Presentations

Virtual Community Budget Meetings

5/23: District 3 5/31: District 4 6/2: District 1 6/6: District 5 6/8: District 2

June 13

June 16
@ 5:30 PM

Public Hearings on the Recommended Budget

June 24

Revised CAO Recommended Budget Released to the Public

June 28

Budget Deliberations and Adoption

How To Get Involved

Participate in budget presentations, hearings, deliberations and adoption at upcoming Board of Supervisors meetings.

Watch: Cable TV, County NewsCenter, County website, Vimeo Livestream, YouTube, Facebook, Twitter

Listen by phone: (619) 531-4716









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@sandiegocounty

@countysandiego

@SanDiegoCounty

Provide a comment:

- www.sandiegocounty.gov/cob/bosa/
- By phone or in person at a budget hearing
- · Online through June 22
- Request interpretation at (619) 531-5434 or PublicComment@sdcounty.ca.gov

Budget Equity Assessment Tool

The tool is a questionnaire that leads departments to better understand how their respective budgets impacts historically marginalized vulnerable communities. It establishes a framework for resource allocation that advances equity.













Clerk of the Board of Supervisors

Webpage: https://www.sandiegocounty.gov/content/sdc/cob.html



Nora Vargas Supervisor District One



Joel Anderson Supervisor District Two

calendar. Only published agendas will

appear. To view the dates for upcoming meetings, see

the Board Meeting Calendar.



Terra Lawson-Remer Supervisor District Three



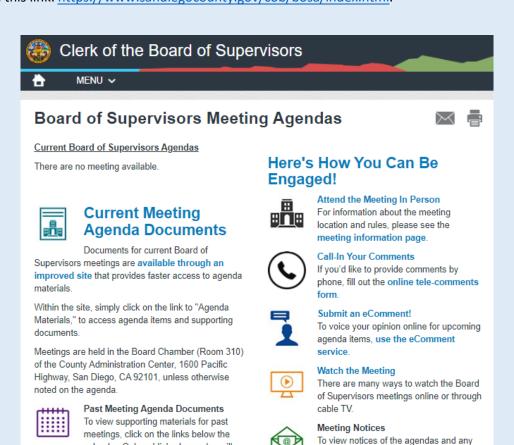
Nathan Fletcher Supervisor District Four



Jim Desmond Supervisor

changes to the agendas, click on the links

Board Letters that may be of particularly interest to the CYF Council are listed on the meeting agendas, highlighted during meetings, and included in the meeting packets. Board of Supervisors (BOS) Meeting Agendas and Board Letters can be accessed through this link: https://www.sandiegocounty.gov/cob/bosa/index.html.







2020 LIVE WELL SAN DIEGO 10-YEAR IMPACT REPORT **EXECUTIVE SUMMARY**

A DECADE OF HEALTHY, SAFE, AND THRIVING COMMUNITIES

The Live Well San Diego vision began ten years ago with the goal of improving wellness for all 3.3 million residents living in San Diego County. Developed over the course of two years, through a robust community and stakeholder engagement process, the vision was a response to a startling statistic that found that throughout the nation and locally three behaviors (poor nutrition, lack of physical activity and tobacco use) were contributing to four diseases (heart disease/stroke, cancer, type-2 diabetes and respiratory conditions) that resulted in over 50% of the deaths in San Diego County (also known as 3-4-50).

Since it was initiated with the approval of the San Diego County Board of Supervisors on July 13, 2010, the vision has grown into a collective impact movement that is creating a better quality of life for all residents. As of December 3, 2020, 500 Recognized Partners have committed to the vision, so that wherever you live, work, play or pray, an organization or individual is nearby working to improve your well-being and the health of your community.

During the past decade, efforts in support of the vision have driven a 12% reduction in the percentage of deaths associated with preventable health threats (2007-2019).

The full 2020 10-Year Impact Report can be found online and includes success stories and incredible impacts that partners have accomplished together over the past decade. Read the full report at LiveWellSDAnnualReport.org.

500 PARTNERS VISION of a region that is Building Living **Thriving** Better Safely Health **STRATEGIC**

APPROACHES

Building a System

Changes

Culture Within

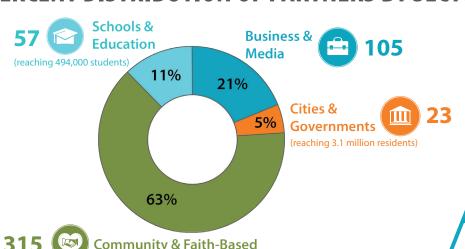








PERCENT DISTRIBUTION OF PARTNERS BY SECTOR



AREAS OF INFLUENCE



KNOWLEDGE STANDARD OF LIVING





TOP 10 LIVE WELL SAN DIEGO INDICATORS

Life Expectancy **Quality of Life**

Education

Unemployment Rate

Income

Security **Physical** Environment **Built Environment**

Vulnerable Populations

Community Involvement

that measure the impact of collective actions by partners and the County to achieve the vision of a region that is Building Better Health, Living Safely and Phriving.

Efforts in support of the Live Well San Diego vision



associated with preventable

health threats (2007-2019)

3-4-50 Chronic Disease

Over the last ten years, *Live Well San Diego* Partners have **reduced the percentage of deaths associated with preventable health threats by 12%** (2007-2019). By working to decrease preventable disease-related deaths (3-4-50), the *Live Well San Diego* vision has provided the foundation to improve the social and economic conditions that impact health and wellness and increase neighborhood safety while engaging residents in their community.



Reduction in heart attacks in San Diego County (2011-2016)

Heart Attacks

Be There San Diego, a coalition of patients, communities, healthcare systems and organizations, **reduced heart attacks in San Diego County by 22%** (2011-2016) through their Heart Attack & Stroke Free Zone, Southeastern San Diego Cardiac Disparities Project and Accountable Communities for Health workgroups.

Crime & Security

Neighborhood safety and security have a significant impact on an individual's ability to thrive. Exposure to crime and violence has been shown to have negative impacts on a person's overall quality of life, including their physical and mental health and even how involved they are in their community. Crime rates in San Diego have been declining since 2010 thanks to the concerted effort of local law enforcement agencies and community partners who have reduced the overall crime rate in San Diego County by 26% and the youth arrest rate by 76%.



3.0%

Increase

in % of people age 25 or older with H.S. diploma or GED (about 53,393 people, 2009-2018)



Fewer

students are overweight or obese in county school districts (2010-2018)

Live Well Schools

Live Well Schools is a collaboration of community partners, led by the County of San Diego. A key strategy of Live Well Schools is to build and strengthen the relationships between schools, districts, and community partners so that they can work together to address the impacts that physical and mental health and absenteeism have on academic performance and overall quality of life.

One area where partners have worked to make progress is around childhood obesity. Declining trends over time show **4,300 fewer students across San Diego County school districts are overweight or obese** (2010-2018).

have driven incredible impacts:

Food System Initiative

Community partners are improving the local food system by increasing access to healthy and affordable food, supporting

the local food economy and food supply chain, and protecting our natural resources through the support of small-scale farmers and sustainable farming practices.



Increase in access to and support of local food system (2010-2019).

Homelessness

The Regional Taskforce on the Homeless conducts an annual Point-in-Time Count in January - a physical count of all people experiencing homelessness who are living in emergency shelters, transitional housing, safe havens and on the street, vehicles, encampments or parks on a single night. In 2014, hundreds of community members came together to count 8,506 people experiencing homelessness, while 2020 counts showed 7,658 people, a **reduction of 10% in the number of homeless persons living in San Diego County**.



Reduction

in the number of homeless persons living in San Diego County (2014-2020)

50

Opportunity Youth

Workforce development is a method of improving the local economy by removing the barriers that might be in place for particular groups and devising strategies to remove those barriers through policy and systemic changes, as well as skills development and training.

Opportunity Youth are young adults ages 16-24 who are not in school and are not working - they are both seeking opportunity in the job market and offering an opportunity for local organizations to invest in them. Partners have already seen positive outcomes from their efforts to connect these youth to future career paths, including a 17% decrease in the youth disconnection rate (youth not in school or working).



Increase

in % of households spending <1/3 income on housing (about 53,457 households, 2009-2018)



Reduction

in the youth disconnection rate (2010-2018)

Sustainability & Climate

Outdoor environments, from beaches and wetlands to mountains and deserts, play a key role in living well in San Diego County. Keeping these spaces accessible and thriving requires input and action from individuals, organizations, and government agencies throughout the region to address these factors and advance climate resilience and adaptation solutions.

Over the past decade, San Diego
County saw a 50% reduction in the
percent of days air quality was rated
unhealthy, a 21% increase in miles
of available bikeways, and turned to
more sustainable renewable energy to
ensure future San Diegans can continue
to access and enjoy the environmental
diversity throughout our communities.



Increase

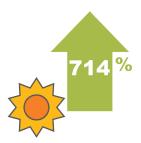
in the miles of

available bikeways

(2010-2018)

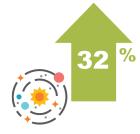
Reduction

in the percent of days air quality rated unhealthy for sensitive populations (2009-2019)



Increase

in the rate of solar installation (2010-2018)

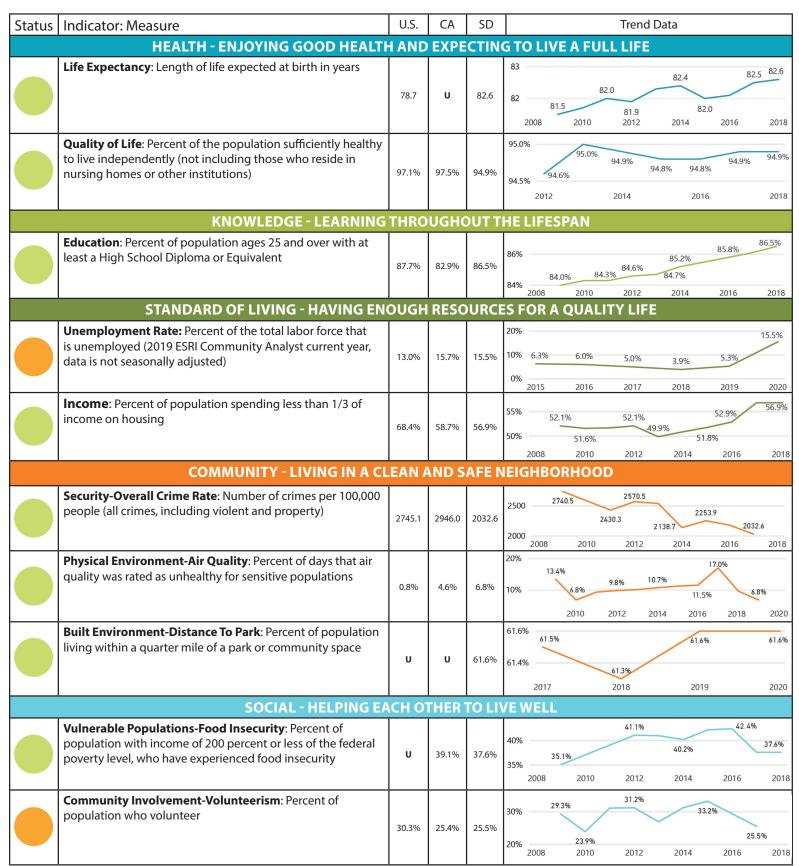


Increase

in SDG&E's Renewable and Zero-Carbon electricity supply (2010-2018)

MEASURING PROGRESS: Live Well San Diego Top 10 Indicators

Progress toward the Live Well San Diego vision is measured across a person's lifespan within 5 Areas of Influence and 10 Live Well San Diego Indicators which define what it means to live well in San Diego County. As more residents improve their health, safety and economic status, there are more opportunities for people to grow, connect and thrive.



Moving in the right direction Moving in the wrong direction

Note: The most current local data, that has state and national comparison data is reported. U = unavailable. To view data at a sub-regional or sub-area level, visit www.LiveWellSD.org/data-results.