

**CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL**

**MEETING MINUTES**

**June 11, 2018 – 9:00-10:30 A.M.**

Scottish Rite – Shell Room -1895 Camino del Rio South, San Diego CA 92108

+ = Member in Attendance    O = Absent    E = Excused

CONSTITUENCY	MEMBER	STATUS	ALTERNATE	STATUS	
<b>PUBLIC SECTOR</b>					
1	Behavioral Health Advisory Board (BHAB)	Rebecca Hernandez	O	VACANT	
2	Behavioral Health Services (BHS)	Dr. Laura Vleugels	+	Dr. Jeffrey Rowe	+
3	Public Safety Group/ Probation	VACANT		VACANT	
4	Child Welfare Services (CWS)	Cathi Palatella	O	Alice Kennedy	O
5	HHSa Regions	Dori Gilbert	+	Jennifer Sovay	O
6	Public Health	Dr. Thomas R. Coleman	O	Rhonda Freeman	+
7	Juvenile Court	H. Judge Kimberlee Lagotta	O	Michelle Johnson	O
8	First 5 Commission	Alethea Arguilez	O	Dulce Cahue-Aguilar	+
<b>EDUCATION SECTOR</b>					
9	Special Education Local Plan Area (SELPA)	Cara Schukoske	+	VACANT	
10	Regular Education Pupil Personnel Services	Heather Nemour	O	Mara Madrigal-Weiss	O
11	School Board	Barbara Ryan	E	Sharon Whitehurst-Payne	O
12	Special Education	Aidee Angulo	O	Yuka Sakamoto	+
<b>PRIVATE SECTOR</b>					
13	San Diego Regional Center (SDRC) for Developmentally Disabled	Carlos Flores	O	Peggy Webb	+
14	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	+	Marisa Varond	+
15	Mental Health Contractors Association	Steve Jella (Jamie Thomas)	O	Barent Mynderse	+
16	Mental Health Contractors Association	Angela Chen	+	Delrena Swaggerty	+
17	San Diego Nonprofit Association (SDNA)	Margaret Iwanaga Penrose	O	Rosa Ana Lozada	+
18	Fee- For-Service Network	Dr. Sherry Casper	O	VACANT	
19	Managed Care Health Plan	George Scolari	E	Rogelio Lopez	O
20	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	O	VACANT	
<b>FAMILY AND YOUTH SECTOR</b>					
21	Family and Youth Liaison	Renee Cookson	+	VACANT	+

22	Caregiver of child/youth served by the Public Health System	Debbie Stolz	+	VACANT	
23	Youth served by the Public Health System (up to age 26)	Emma Rodriguez	O	Oniric Cirino (Alice Kellogg)	O
24	Youth served by the public health system (up to age 26)	Travis Webster	O	Micaela Cunningham	+
<b>SUB-COMMITTEES (Non-voting members unless a member of the Council)</b>					
-	Outcomes Committee	Angela Chen	+		
-	Executive Committee	Violeta Mora	+		
-	Early Childhood Committee	Aisha Pope/ Autumn Weidman	+/+		
-	Education Committee	Heather Nemour	+		
-	CYF CADRE	Julie McPherson/ Marisa Varond	+/+		
-	Family and Youth as Partners	Renee Cookson	+		

**CYF Council Staff:** Edith Mohler, Grisel Ortega and Darwin Espejo

**I. Welcome and Introductions** (Renee Cookson)

**II. Approval of Minutes** (Violeta Mora)

- Review of action items from May 14, 2018. See May 14, 2018 Meeting minutes. (Yael Koenig)
- May 14, 2018 meeting minutes-Approved.

**III. Business Items** (Yael Koenig)

- Global Oversight Analysis Linking Systems (GOALS) Memorandum Of Understanding (MOU) Update– (Mara Madrigal-Weiss)
  - ✓ The GOALS MOU was originally created in 2009 partnership with the San Diego County Office of Education Project PEACE, Grossmont Union High School District Project SHIELD and their key stakeholders in San Diego County’s East Region (Management Advisory Resource Commission), and funded by the Safe Schools Healthy Students Initiative
  - ✓ The purpose of this MOU is to define boundaries of information sharing and cross system collaboration between San Diego County School Districts, law enforcement agencies, County of San Diego CWS, CYF, and Probation, and County of San Diego Behavioral Health providers
  - ✓ This MOU has assisted with trend data sharing on students involved in prostitution, gangs and domestic violence. The data has been used to configure successful treatment practices
  - ✓ The current MOU expires on October 31, 2019. A new MOA draft was developed and is currently being routed
  - ✓ There are about fifteen school districts participating in this MOU
  - ✓ The expansion of this MOU is being funded through the Project Cal-Well Initiative
  - ✓ Renewed public interest to achieve effective cross-agency collaboration has resurfaced recently due to recent school shootings and suicides.
- CYF Council Strategic Planning Meeting-July 9, 2018- (Yael Koenig)
  - ✓ CYF Council members and meeting attendees expressed the need to learn from other systems (system navigation) at the July 9, 2018 CYF Council Strategic Planning meeting
  - ✓ A handout for recommendations, ideas, topics, and meeting format was distributed at the May 14, 2018 meeting
  - ✓ With the input received, a new handout was developed and distributed at the June 11, 2018 CYF Council meeting. The handout (yellow) instructed to chose five “systems of focus” as topics, propose a Subject Matter Expert (SME) and encouraged to include case vignettes to enrich a panel conversation at the upcoming July 9, 2018 CYF Council Strategic Planning meeting
  - ✓ Each of the chosen “system of focus” will offer a subject matter expert for the panel. Three main questions directed to the panel and the case vignette will be employed to aid in the dialogue.

- CYF Council meetings will be dark in August 2018, and potentially in December 2018.
- CYF Council Memberships  
Seat rotations for CYF Council members and alternates are currently taking place. New members and alternates will be announced at the September 10, 2018 meeting. Applicable representatives from each sector will be contacted shortly for membership renewals or new appointments.
- Recognition to Barent Mynderse  
After almost 44 years, Barent Mynderse will be retiring as Director of Behavioral Health Services at Rady Children's Hospital-San Diego. Mr. Mynderse was recognized with a letter of appreciation and a plaque for his partnership and commitment to the CYF Council representing the Private Sector.

#### **IV. Mental Health Services Act (MHSA) Update (Martin Dare)**

- The Fiscal Year 2018-19 Community Planning Process is being planned as follows:
  - ✓ Community forums and focus groups for public feedback are projected to be held in September 2018
  - ✓ "Human Centered Design" consultant services are being procured for facilitation of a series of community forums dedicated to involving stakeholders in the development of new Innovation projects.
- Innovation
  - ✓ The contract for the Center for Child and Youth Psychiatry (CCYP) will be effective July 1, 2018. CCYP will provide psychotropic medication services through office based clinics and tele-psychiatry. This program will also benefit those children with co-occurring complex physical health conditions.
  - ✓ Innovation 18-Peripartum Services is a CYF Perinatal project in collaboration with the Public Health Nurses Home Visiting Programs. The proposed program intends to support parents who have perinatal mood and anxiety disorders and provide treatment services and linkages to appropriate resources and care. The proposal was initiated due to CYF Council highlighting the need for increased screening, treatment and linkage to services for perinatal behavioral health issues. This project will be presented for approval to the MHSOAC tentatively in August 2018.

#### **V. Sectors "Hot Topics"**

- Accessing & Leveraging Families' Rights to Education (AlfrEDU)-(Renee Cookson)  
AlfrEDU is a free cloud based application designed to help families, caregivers and school providers navigate the Special Needs education system.
  - ✓ Is a tool to help families with a child with a disability navigate the public education system. For example, it offers a simplified explanation of Individualized Education Programs (IEP)
  - ✓ It features a step by step navigation tools that can be tailored specifically to each child's actual school within each respective California school district
  - ✓ It includes resources and laws school district/region specific for list, glossary of terms, acronym list, IEP event calendar, legal services directory, mental health resources, and technological tips
  - ✓ AlfrEDU complements the Organized Support Companion in an Emergency Situation (osCER and osCER Jr.) and other resource programs like "Ed100", a free online course with videos regarding the education system: <https://ed100.org/>
  - ✓ AlfrEDU is available in English, Spanish and in Arabic and can be accessed it at: <https://alfredu.namisandiego.org/>.
- Educationally Related Mental Health Services (ERMHS)-Part 2-Questions and Answers (Q&A)-(Cara Schukoske and Jamie Tate-Symons)  
Summary:  
ERMHS' goal is to address each student's mental health needs while ensuring they successfully access and progress within their educational program(s).
  - ✓ Educators and mental health clinicians need to understand each other roles for the benefit of the child
  - ✓ Close and continued collaboration between educators and mental health clinicians would contribute to a successful outcomes in child/student's mental health treatment and education. Need to create the most effective IEPs
  - ✓ A child's needs outside the classroom must also be considered. Resource information (such as AlfrEDU and Ed100) should be disseminated through schools to help educators be aware of resources available in the community. A "Roadmap" for each region may be beneficial.

- ✓ Providing mental health literacy to school staff is key to eliminate stigma and help prevent mental health emergencies in students.

**VI. Sub-Committee Update Reports** (See meeting handouts for full report)

- Early Childhood (Aisha Pope and Jennifer Kennedy)-To be rescheduled for the September 10, 2018 CYF Council meeting
  - ✓ Supporting Caregivers- 3 minutes video
- Transition Age Youth (TAY)-(Michael Miller)
- CSOC Academy (Rose Woods)
- QI-QM (Heather Parson)

**VII. Announcements**

- BHETA training topic or conference topic suggestions to Rose Woods at [rwoods@sdsu.edu](mailto:rwoods@sdsu.edu).
- Advancing Principles Award Nominations (Rose Woods) <https://goo.gl/forms/Jb506lXQj2lNxjLw2>.
- Fiscal Year 2018-19 CYF Council /Reporting Schedule (handout).

**VIII. Director's Report** (Alfredo Aguirre)

- State Level  
The Governor's Fiscal Year 2018-19 budget was distributed to the CYF Council by the BHS Director prior to the meeting: <http://www.ebudget.ca.gov/budget/2018-19/#/Home>.
- Local Level
  - ✓ The BHAB approved two Board letters presented as action items at the June 7, 2018 meeting:
    - BHS Procurements, Competitive Solicitations and Amendment of Contracts

**Competitive Solicitations for:**

- Augmented Services Programs
- Behavioral Health Outpatient Services for Homeless/Runaway Children and Youth
- Evidence-Based Parenting Training and Behavioral Therapy for Children and Families Involved with Child Welfare Services
- Intensive Case Management Wraparound Services for Youth and Families Involved with CWS or San Diego County Probation

**Contract Amendments for:**

- MHSA Innovation-16 Urban Beats (552663 Pathways Community Services)
- MHSA Innovation-17 Cognitive Rehabilitation and Exposure/Sorting Therapy Mobile Hoarding Units (552936 University of California, San Diego)
- Allocation of Funding for Permanent Supportive Housing – This recommended action requests authority to transfer up to an additional \$10 million of MHSA funds to California Housing Finance Agency (CalHFA) for the Special Needs Housing Program (SNHP). If approved, 60 additional Supported Housing units could be developed. More information at: <http://sandiego.camhsa.org/housing.aspx>; <http://www.calhfa.ca.gov/multifamily/snhp/index.htm>

- ✓ The County Chief Administrative Officer (CAO) will deliver a presentation to the Board Of Supervisors (BOS) on the Fiscal Years 2018-19 and 2019-20 Recommended Operational Plan on June 13, 2018. The Recommended Operational Plan along with CAO's Recommended Operation Plan Change Letter will be consider for adoption by the BOS on June 26, 2018
- ✓ Due to the Drug Medi-Cal Organized Delivery System (DMC-ODS), BHS expects a significant budget increase in Fiscal Year 2018-19
- ✓ The San Diego County Grand Jury recently commended the Psychiatric Emergency Response Team (PERT) and local Law Enforcement for their work, as they continue diverting hospitalizations and/or arrests
- ✓ 32nd Annual Behavioral Health Recognition dinner on June 1, 2018
  - Walter Philips, of San Diego Youth Services (SDYS) was honored as the "Behavioral Health Person of the Year"
  - North County Serenity House recognized as the "Behavioral Health Director's Program of the Year".
- ✓ The Live Well San Diego 5K will be held on Sunday, July 29, 2018 at the San Diego Waterfront Park: <http://www.livewellsd.org/content/livewell/home/livewellsd5k.html>.

Action Items	Action By	Action Due
<ul style="list-style-type: none"> <li>Provide suggestions of panel members/presenters and case vignettes for the upcoming Strategic Planning Meeting to Grisel Ortega at <a href="mailto:Grisel.Ortega@sdcounty.ca.gov">Grisel.Ortega@sdcounty.ca.gov</a>.</li> </ul>	<ul style="list-style-type: none"> <li>Everyone</li> </ul>	<ul style="list-style-type: none"> <li>Completed.</li> </ul>
<ul style="list-style-type: none"> <li>Provide an update on the GOALS MOU.</li> <li>Educationally Related Mental Health Services (ERMHS) presentation.</li> <li>Accessing and Leveraging Families Rights to Education (AlfrEDU).</li> <li>SchoolLink preview.</li> <li>Project Cal-Well-Mental Health Update.</li> <li>Provide information on Ed 100: <a href="https://ed100.org/">https://ed100.org/</a> <a href="https://ed100.org/lessons/specialneeds">https://ed100.org/lessons/specialneeds</a></li> </ul>	<ul style="list-style-type: none"> <li>Mara Madrigal-Weiss</li> <li>Cara Schukoske and Jamie Tate-Symons</li> <li>Renee Cookson</li> <li>Aidee Angulo and Julie McPherson</li> <li>Heather Nemour</li> <li>Heather Nemour</li> </ul>	<ul style="list-style-type: none"> <li>Completed on June 11, 2018 at CYF Council meeting.</li> <li>Completed. Presentation completed May 14, 2018 CYF Council meeting. Questions and Answers completed at the June 11, 2018 CYF Council meeting.</li> <li>Completed. Presented on the June 11, 2018 CYF Council meeting.</li> <li>Scheduled for the September 10, 2018 CYF Council meeting.</li> <li>Scheduled for the September 10, 2018 CYF Council meeting.</li> <li>Completed via links.</li> </ul>
<ul style="list-style-type: none"> <li>Provide GOAL's MOU to Managed Care Health Plan Liaison to explore collaboration, recognizing the limitation due to Health Plans requirement of a counter signature.</li> </ul>	<ul style="list-style-type: none"> <li>Edith Mohler</li> </ul>	<ul style="list-style-type: none"> <li>Offered support and will explore further as appropriate.</li> </ul>
<ul style="list-style-type: none"> <li>Sub-Committee Update: Early Childhood video: Supporting Caregivers pending from the May 14, 2018 CYF Council meeting.</li> </ul>	<ul style="list-style-type: none"> <li>Aisha Pope and Jennifer Kennedy</li> </ul>	<ul style="list-style-type: none"> <li>Re-scheduled for the September 10, 2018 CYF Council meeting June 11, 2018 CYF Council meeting.</li> </ul>
<ul style="list-style-type: none"> <li>Center for Child and Youth Psychiatry Presentation</li> </ul>	<ul style="list-style-type: none"> <li>New Alternatives staff</li> </ul>	<ul style="list-style-type: none"> <li>Fiscal Year 2018-19</li> </ul>
<ul style="list-style-type: none"> <li>Recommended Fiscal Year 2018-19 CYF Council goal: School Threats/Violence Assessments</li> </ul>	<ul style="list-style-type: none"> <li>To Be Determined</li> </ul>	<ul style="list-style-type: none"> <li>Fiscal Year 2018-19.</li> </ul>
<ul style="list-style-type: none"> <li>Recommended Fiscal Year 2018-19 CYF Council goal: Develop a County inter-agency resource list of behavioral health services.</li> </ul>	<ul style="list-style-type: none"> <li>Would necessitate the creation of an Ad Hoc Sub-Committee and a lead</li> </ul>	<ul style="list-style-type: none"> <li>Fiscal Year 2018-19. If Council determines that this is to be an area of focus, the following resources can be leveraged:               <ul style="list-style-type: none"> <li>✓ <a href="https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/documents/CYF/CYFBHSPRMJanuary2017.pdf">https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/documents/CYF/CYFBHSPRMJanuary2017.pdf</a></li> </ul> </li> </ul>

		✓ <a href="https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/homepage/All_Provider_Directory/BHS_Provider_Directory.pdf">https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/homepage/All_Provider_Directory/BHS_Provider_Directory.pdf</a>
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**Next CYF Council Meeting:, July 9, 2018, 9:00-10:30 A.M. at the Scottish Rite – Shell Room**

**Sub-Committees/Sectors/Workgroups Meetings Information:**

**Outcomes:** Meets the 1<sup>st</sup> Tuesday of the month- 3255 Camino del Rio South, San Diego CA 92108 in La Vista Room- from 11:30 A.M. to 1:00 P.M.

**Early Childhood:** Meets the 2<sup>nd</sup> Monday of the month- 3160 Camino Del Rio South, San Diego, CA 92108- Suite 101 from 10:45 A.M to 12:15 P.M.

**Education Advisory Ad Hoc:** Meets As Needed.

**TAY Council:** Meets the 4<sup>th</sup> Wednesday of the month 3:00 to 4:30 P.M. – New meeting location TBD.

**CYF CADRE:** Meets quarterly the 2<sup>nd</sup> Thursday of the month at NAMI San Diego, 5095 Murphy Canyon Road, Suite 320, San Diego, CA 92123 from 1:30 to 3:00 P.M.

**CCRT:** Meets 1<sup>st</sup> Friday of the month at the Health Services Complex-6367 Alvarado Ct. Ste. 105, San Diego, CA 92120 from 10:00 to 11:30 A.M.

**Family and Youth Sector:** Meets quarterly – 1<sup>st</sup> qtr. – contact [CYFLiaison@namisd.org](mailto:CYFLiaison@namisd.org) for schedule.

**Family and Youth as Partners:** Meets the 3<sup>rd</sup> Thursday of the month at 3255 Camino del Rio South, San Diego CA 92108 in La Jolla Room from 2:00 to 3:30 P.M.

**Private Sector:** Ad Hoc/Meets As Needed.

