

CHILDREN, YOUTH AND FAMILIES (CYF) COUNCIL

March 13, 2023

Sectors and Committees Bi-Annual Reports

Brief presentations were offered in the February meeting (highlighted below). The non-highlighted groups will present at the March 13, 2023 meeting. All PowerPoints were included in the February meeting packet and can also be found on the Council website at:

https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_children/Council_Packet.html

Constituency/Committee/Group	Sector	Presenter	Page Numbers
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Education Committee	Education	Heather Nemour	6 - 16
Cultural Competence Resource Team (CCRT)	All Sectors	Rosa Ana Lozada	17 - 30
Homeless Solutions and Equitable Communities	Public	Rosa Gracian	31 - 37
Public Health Services	Public	Dr. Tom Coleman	38 - 43
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Child Welfare Services (CWS)	Public	Jerelyn Bourdage	53 - 58
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San Diego Regional Center	Private	Zach Guzik	64 - 75
Alcohol Drug Service Provider Association (ADSPA)	Private	Marisa Varond	76 - 80
Mental Health Contractors Association (MHCA)	Private	Laura Beadles and Golby Rahimi Saylor	81 - 85
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Children, Youth & Families Council

February 13, 2023 & March 13, 2023 CYF Council Meeting
Constituencies Updates

Juvenile Court
Judge Ana España
Staff Attorney Beth Brown

Areas of Focus

July to December 2022

Highlights from
constituency
which is not
meant to be all
inclusive

- Institutional and community programming for youth in the juvenile justice system, with an emphasis on the new secure youth treatment facility (Youth Development Academy)
- Alternatives to detention
- Use of case plans in all juvenile justice cases
- Wrap services for families in crisis, regardless of funding source
- FFPSA – child specific funding and Children's Crisis Continuum Pilot



Looking Ahead to 2023

Highlights as it relates to
CYF Council
Not All Inclusive of this
Group's Work

We plan to continue to work collaboratively with our justice partners on the work of the last six months, with a focus on:

- Programs and services to help youth and families
- Use of case plans that are tailored to the youth and family
- Breaking down systemic barriers that cause disruptions and delays in services

Where to Learn More

- For information about the San Diego Juvenile Court, visit:
<https://www.sdcourt.ca.gov/sdcourt/juvenile3>

Creating Opportunities in Preventing & Eliminating Suicide (COPES) School District Meeting

Education Sub-Committee

February 13, 2023

Background

- The Mental Health Student Services Act (MHSSA) was passed in 2019 to establish partnerships between County Behavioral Health Departments and County Offices of Education to expand mental health services to students across the State of California
- The San Diego County Behavioral Health Department and San Diego County Office of Education were awarded a four-year \$7 million grant from January 2022 to December 2026.

Participating School Districts

1. Bonsall Unified
2. Cajon Valley Union
3. Chula Vista Elementary
4. Fallbrook Union Elementary
5. JCCS
6. Lakeside Union
7. La Mesa-Spring Valley
8. Lemon Grove
9. Mountain Empire Unified
10. National
11. Poway Unified
12. San Marcos Unified
13. San Diego Unified
14. Santee
15. Spencer Valley
16. Sweetwater Union High

Participating Charter Schools

Single Site Charters

1. City Heights Preparatory Charter School
2. Compass Charter Schools of San Diego
3. Empower Language Academy
4. Feaster Charter School
5. Helix Charter High
6. Motivated Youth Academy
7. Mueller and Bayfront Charter School
8. San Diego Global Vision Academy
9. San Diego Virtual School
10. Scholarship Prep Oceanside
11. School for Entrepreneurship and Technology
12. Urban Discovery Schools

Multi-Site Charters

1. Audeo Charter Schools
2. Julian Charter Schools
3. High Tech High
4. Learning Choice Academy
5. SIA Tech Charter Schools

Grant Goals & Objectives

Mental Health Promotion & Stigma Reduction

Trainings

Resources/Tools

Student Programming

Cultivate Staff, Student &
Caregiver Wellness

Suicide Prevention, Intervention & Postvention

Policy to Practice

Screenings/Assessments

Data Collection

Trainings

School Mental Health Referral Pathways

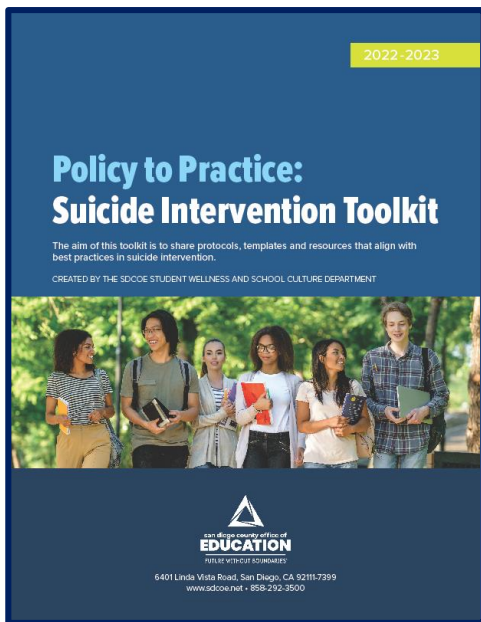
Multi-year process

Needs Assessments

Resource Mapping

Build Partnerships

Suicide Risk Screenings



- Adapting evidenced based suicide risk screening tool
- **Policy to Practice: Suicide Intervention Toolkit**
- Enhancing intervention protocols
- Reporting suicide risk screening data

Comprehensive Needs Assessments

**Student Mental
Health Referral
Processes**

**Mental Health
Services and
Supports for
Students**

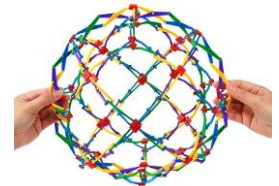
**Suicide
Prevention,
Intervention &
Postvention**

**Mental Health
Promotion**

Peer Engagement

Calming Corners in 466 COPES Schools

- ❖ 1 calming corner kit/school
- ❖ Arriving in January-February
- ❖ Will include:
 - Bean bag chair
 - Fidget set
 - Hug ball
 - Breathing ball
 - Liquid timers
 - Weighted lap puppy
 - Mental health posters
 - Noise cancelling headphones



Grant Year 2 Focus: Jan. 2023-Dec. 2024

Evaluation and Data Collection/Annual Brief



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graph TD; A[Evaluation and Data Collection/Annual Brief] --> B[Identified Needs Assessment Areas]; B --> C[Ongoing Training and Technical Assistance]; C --> D[Implement Programming];
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Identified Needs Assessment Areas

Ongoing Training and Technical Assistance

Implement Programming

Questions & Comments

Student Wellness & School Culture



Heather Nemour
Coordinator

[*heather.nemour@sdcoe.net*](mailto:heather.nemour@sdcoe.net)

Children, Youth & Families Council

February 13, 2023

Cultural Competence Resource Team (CCRT) Update

Rosa Ana Lozada, LCSW



Areas of Focus

July to December 2022

- Health Care Disparities discussions
- Provided recommendations to the Community Experience Partnership (CEP) dashboard:
<https://www.communityexperiencepartnership.com/>
- Participation in the Statewide Interdisciplinary Collaboration and Cultural Transformation Model (ICCTM) Learning

Looking Ahead 2023

- Implementation of Cultural Competence Plan: Review of three Legal Entities' practices in implementing Culturally and Linguistically Appropriate Services (CLAS) Standards
- Coordination of Efforts/Enhanced Cross Threading: Expand CCRT membership
- Health Care Disparities:
 - ✓ Participate in the Community Experience Partnership (CEP) community engagement focus groups
 - ✓ The CCRT Education and Training committee will work with the BHS Data Team to review selected dashboard metrics to identify strengths and areas of further development and present to CCRT for input and recommendations to BHS

Ways to get involved with Constituency

The Cultural Competence Resource Team (CCRT) meets on the first Friday of the month via Zoom.

To be added to the e-mail invitation, please contact Andrea Durón at:

Andrea.Duron@sdcounty.ca.gov

Introducing Cultural Share

Cultural Share

Council Vision: Wellness for children, youth and families throughout their lifespan.

Council Mission: Advance systems and services to ensure that children and youth are healthy, safe, lawful, successful in school and in their transition to adulthood, while living in nurturing homes with families.

Council Principle #8: Culturally Competent: Services and supports respect diverse beliefs, identities, cultures, preference, and represent linguistic diversity of those served.

About CYF Council Cultural Share:

Culture share is a time to advance and integrate cultural learning, understanding, and practices into our work. This sharing experience can honor and celebrate family, history, traditions, and practices that may bring joy and well-being. It can also bring discomfort, curiosity and bias awareness.

Ultimately, it is an opportunity for self reflection and enlightenment that can enhance our capacity to provide culturally responsive services to the children, youth, and families in our community.

Structure:

- ❖ One individual shares a **2-minute Culture Share** at the beginning of each CYF Council meeting
 - Rotate between sectors
- ❖ Sharing of a personal or work-related cultural experience and connecting it to how it has enhanced culturally responsive practices/services.

Cultural Share

Did you know that...



There are many legends on
the origin of Valentine's
Day,
typically celebrated on
February 14th

Día del Amor y la Amistad

- ❖ In México, Valentine's Day is known as El Día del Amor y la Amistad (The Day of Love and Friendship)
- ❖ The Mexican culture embraces this day by appreciating family and friends through unique traditions and expressions of love

My Experience...

- ❖ **Family gathering**
 - The meal has a theme of pink and red
 - verbal and written appreciation messages



Why is it important in behavioral health?

Acknowledges that some may experience:

- ❖ Feelings of loneliness and isolation
- ❖ Lack of connection
- ❖ Low self worth

Expands:

- ❖ Connections and relationships with ourselves and with others



At Harmonium, we will..

Spread the connection, love and friendship by:

- ❖ Staff will be provided a template to create a heartfelt message to send to at least one person outside of the agency



How will you spread the connection, love, and Friendship?



Black History Month

Honoring Jacob Armstead Lawrence's artwork

Jacob Armstead Lawrence was an American painter known for his portrayal of African-American historical subjects and contemporary life. Lawrence referred to his style as "dynamic cubism", although by his own account the primary influence was not so much French art as the shapes and colors of Harlem.

- [Wikipedia](#)



September 7, 1917 - June 9, 2000



DEPARTMENT OF HOMELESS SOLUTIONS AND EQUITABLE COMMUNITIES

Rosa Gracian

Deputy Director

HHSA Office of Equitable Communities

*Department of Homeless Solutions & Equitable Communities
County of San Diego Health and Human Services Agency (HHSA)*





**Department of Homeless Solutions
and Equitable Communities**
Barbara Jiménez, Community Operations Officer



**Office of
Homeless
Solutions**
Dijana Beck
Director



**Office of
Equitable
Communities**
**Jennifer
Bransford-Koons**
Director



**Office of
Immigrant and
Refugee Affairs**
**Lucero
Chavez Basilio**
Director

Department Focus: To achieve better coordination of existing and new County homeless and equitable community efforts and serve as a central point of collaboration for outside partners to ensure equity among all San Diegans and reduce homelessness in the region.

OFFICE OF HOMELESS SOLUTIONS (OHS)



LIVE WELL
SAN DIEGO

Focus

Homeless Housing,
Assistance, and
Prevention Program

Community Care
Coordination for
Veterans

Housing and Disability
Income Advocacy
Program

Domestic Violence
Shelter Based Programs
Services

Housing Our Youth

Whole Person Care
One-Time Housing
Funds Program

Direct outreach & system coordination

Systems &
Integration Branch

Services & Outreach
Branch

Highlighted Projects

Safe Parking at Magnolia

Housing Our Youth



OFFICE OF EQUITABLE COMMUNITIES (OEqC)



LIVE WELL
SAN DIEGO

Programs and Projects

Regional
Community
Coordination

Community
Health
Engagement
Team (CHET)

Community
Action
Partnership

Community
Health Worker
(CHW) Liaisons
and CHWs

Community engagement at the core:

Outreach is
culturally
appropriate,
trauma-
informed and
inclusive

Highlighted Projects

Community Health Workers

Family First



OFFICE OF IMMIGRANT AND REFUGEE AFFAIRS (OIRA)



LIVE WELL
SAN DIEGO

Focus

Regional expert
and leader in
immigrant and
refugee affairs

Provider of
information,
referrals, and
resources

Programs:

Refugee Employment
Services

Support & Connect to
Public Defender Legal
Defense Program

Other OIRA Programs

Highlighted Projects

First 5 CA Refugee Family
Support Program



LIVE WELL SAN DIEGO REGIONAL COMMUNITY LEADERSHIP TEAMS



LIVE WELL
SAN DIEGO

WE ENCOURAGE YOUR PROGRAMS TO JOIN US!



South

- 2nd Monday at 2PM
- Focus Areas:
 - Mental Health
 - Food Insecurity
 - Homelessness



Central

- 4th Monday at 1:30 PM
- Focus areas:
 - Health & Well-Being
 - Housing for All
 - Education & Economic Vitality



North Central

- 2nd Wednesday at 11AM
- Focus areas:
 - Youth and Families
 - Food Security and & Homelessness Reduction
 - Behavioral Health



East

- 3rd Thursday at 10:30 AM
- Focus areas:
 - Behavioral Health /Prevention and Early Intervention
 - East Region Thriving Communities
 - Children and Families



North Region

- 1st Wednesday at 10 AM (dark quarterly)
- Focus Areas:
 - Mental Health
 - Substance Abuse
 - Homelessness



THANK YOU!

Rosa Gracian, MBA

Office of Equitable Communities

Department of Homeless Solutions & Equitable Communities

Rosa.Gracian@sdcounty.ca.gov



LIVE WELL
SAN DIEGO

Children, Youth & Families Council

February 13, 2023 & March 13, 2023 CYF Council Meeting
Constituencies Updates

Public Health

Dr. Tom Coleman and Rhonda Freeman

Areas of Focus

July to December 2022

Highlights from
constituency
which is not
meant to be all
inclusive

- COVID-19, MPX, RSV, Influenza
- Continued to assess the impact of the sunset of the Child Health and Disability Prevention (CHDP) Program → due to sunset July 1, 2024
- Began an assessment of the impact of the transition of the Comprehensive Perinatal Services Program (CPSP) to Medi-Cal Managed Care
- Continued implementation of the Tobacco Retail License program in the incorporated area to prevent youth from purchasing tobacco products



Looking Ahead to 2023

Highlights as it relates to
CYF Council
Not All Inclusive of this
Group's Work

- Determining challenges and opportunities as CalAIM/SDAIM progresses (e.g., now that the Children & Youth Populations of Focus, and Pregnant and Postpartum Individuals at Risk for Adverse Perinatal Outcomes areas will begin implementation within the next year) → plan for sunset of CHDP and transition of CPSP
- Expand Black Infant Health and California Home Visiting Program programmatic areas, as well as other “birth equity” initiatives (e.g., continuation of the Perinatal Equity Initiative)
- Continue our Local Oral Health Program efforts to ensure that children are given every opportunity to grow and learn optimally → signature Give Kids A Smile event on Saturday, February 25th and March 4th



Looking Ahead to 2023 (cont.)

Highlights as it relates to
CYF Council
Not All Inclusive of this
Group's Work

- Implement a comprehensive assessment of the current system for children and youth with special health care needs
- Continue implementation of the Tobacco Retail License program in the unincorporated area

Fun Fact About Public Health



Of the eleven identified County/City of San Diego Public Health Officers, only two women have occupied the post and Dr. Wilma Wooten has been one of the longest serving incumbents, as she has occupied the post since February 2, 2007.

Ways to get involved with Constituency

- The Public Health Services website is located at [Public Health Services \(sandiegocounty.gov\)](https://sandiegocounty.gov/public-health-services)
- And the Maternal, Child, and Family Health Services website is located at [Maternal, Child and Family Health Services \(sandiegocounty.gov\)](https://sandiegocounty.gov/maternal-child-and-family-health-services)
- And, of course, please reach out to me, thomas.coleman@sdcounty.ca.gov, or Rhonda, rhonda.freeman@sdcounty.ca.gov, for any questions about our Branch or the Public Health Services Department as well.

Children, Youth & Families Council

February 13, 2023 and March 13, 2023 CYF Council Meeting
Constituencies Updates

Heather Summers, SDAIM Deputy Director
Medical Care Services

Medical Care Services Areas of Focus

July to December 2022

- Public Health Nursing
- CalAIM
- Juvenile Justice
- Outreach and Education to Health Professionals – COVID and beyond

MCS Leadership Team



Eric McDonald, MD
Chief Medical Officer



Jamie Beam, MPA
Assistant Director



Denise Foster, DNP
Chief Nursing Officer



Kelly Motadel, MD
Child Health Officer



Heather Summers, MSW
Deputy Director, Depart Ops



Jennifer Tuteur, MD
Deputy Chief Medical Officer



Emily Do, PharmD
Chief Pharmacy Officer



Lindsey Yourman, MD
Chief Geriatric Officer



Tom Olinger, DDS
Chief Dental Officer



Sayone Thihalolipavan, MD
Public Health Medical Officer,
Justice-Involved Health



Public Health Nursing Update

- The Public Health Nurses provided home visiting services to 270 families enrolled in the evidence-based Nurse Family Partnership Program.
- The Public Health Nurses provide home visiting services to 528 families enrolled in the HHSA developed Maternal Child Health home visiting program.
- The Regional Public Health Centers administered over 37,000 childhood vaccinations.
- The Public Health Centers and the COVID response team administered over 6,400 COVID vaccinations to pediatric patients.



California Advancing and Innovating Medi-Cal (CalAIM)

- CalAIM is an initiative of the Department of Health Care Services to improve the quality of life and health outcomes for Medi-Cal members.
- Key features of CalAIM are Enhanced Care Management (ECM) and Community Support services.
- ECM provides comprehensive care management using a whole-person, interdisciplinary approach to address clinical and non-clinical needs of the most vulnerable Medi-Cal members.
- Beginning July 1, 2023, children and youth Medi-Cal members who meet the below criteria will be eligible to receive ECM services:
 - Homeless Families or Unaccompanied Children/Youth Experiencing Homelessness
 - At Risk for Avoidable Hospital or ED Utilization
 - Serious Mental Health and/or Substance Use Disorder Needs
 - Enrolled in California Children's Services (CCS) or CCS Whole Child Model (WCM) with Additional Needs Beyond the CCS Condition
 - Involved in Child Welfare
 - Intellectual/Developmental Disability
 - Youth Pregnant and Postpartum Individuals At Risk for Adverse Perinatal Outcomes



Justice Involved Health

- San Diego County Probation Dept. has an RFI#12199 for Medical Care Services in the Juvenile Detention System, and MCS has been supporting them with updating their contract with medical, nursing, and pharmacy guidance.
- MCS continues to assist Probation with updating their COVID protocols in juvenile detentions as new corrections guidance is released.
- MCS is supporting CalAIM efforts in juvenile detentions to enhance the pre-release Medi-Cal enrollment process. The County has received PATH Justice Involved round one funding and are applying for round two funding to support coordination, planning, and implementation efforts.



Looking Ahead to 2023

- CalAIM – pediatric implementation
- Home Visiting Program – improved timeliness in referral response
- GREAT: Grand Rounds Educational Alliance & Transformation – continuing education for healthcare professionals within the County
- Intergenerational collaboration with Chief Geriatrics Officer and Chief Pediatric Officer
- Funding and CalAIM benefits for Justice Involved Juveniles
- Full-time Chief Dental Officer

The MCS Outreach and Education Team, MCS provided academic detailing and successfully engaged with 881 healthcare practices in 25 zip codes with the lowest health equity quartile in the County.



Fun Fact About Medical Care Services



Ways to get involved with Constituency

- [Medical Care Services \(sandiegocounty.gov\)](https://sandiegocounty.gov)
 - [Child Health \(sandiegocounty.gov\)](https://sandiegocounty.gov)
- [CalAIM](#)
- [MCS Outreach and Education \(smartsheet.com\)](https://smartsheet.com) – join the distribution list
- [SDAIM \(sandiegocounty.gov\)](https://sandiegocounty.gov)

Children, Youth & Families Council

February 13, 2023 & March 13, 2023 CYF Council Meeting
Constituencies Updates

Child Welfare Services
Jerelyn Bourdage, Policy Analyst
Norma Rincon, Deputy Director

Areas of Focus

July to December 2022

Highlights from
constituency
which is not
meant to be all
inclusive

- **Annual Statistic: Fiscal Year 2021-2022**
 - As of July 1, 2022, there were 2,967 children and youth in open CWS cases
 - 39.9% fewer children in care from previous fiscal year
- **Faith In Motion**
 - Collaboration with faith-based organizations (goal is to have 100 churches participate) focusing on recruitment and support of relative caregivers and foster/adoptive parents
- **Live Well Center for Innovation and Leadership**
 - Partnership with HHSA and SDSU to increase internship options and hands-on training opportunities for students in child welfare, aging, behavioral health, and housing insecurity
- **Consulate General of Mexico**
 - Signed a renewed agreement for consular assistance in cases of custody involving Mexican children in San Diego
 - Expand and include staff training about services available for Mexican national children and families to better engage families and connect them to culturally relevant supports and services
- **Secondary Traumatic Stress (STS) Initiative**
 - Ongoing implementation of CE-CERT (Components for Enhancing Clinical Engagement and Response to Trauma) Training for staff to manage STS in real time

Areas of Focus

July to December 2022

Highlights from
constituency
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- **AB2083**

- MOU approved 3/15/21
 - Outlines roles and responsibilities of system partners serving children and youth in foster care who have experienced severe trauma
 - System partners include CWS, BHS, Probation, SDCOE, and SDRC
- Interagency Leadership Team (ILT)
 - Executive leadership of all involved system partners engage in shared responsibility to address the needs of children and youth in care, address service gaps, and to provide guidance, leadership, and engage in solution focused discussions about children and youth with complex care needs
 - System partners include CWS, Probation, SDRC, Education, Juvenile Court, and BHS
- AB2083 Operations Team
 - Improves service coordination, identify and address service gaps and system barriers, increase collaboration, explore and evaluate data related to cross system efforts, and discuss case specific strategies for youth with complex care needs
 - Team includes CWS, BHS, Probation, SDRC, Voices for Children, SDCOE, Department of Rehabilitation, and Tribal Services



Looking Ahead to 2023

Highlights as it relates to
CYF Council
Not All Inclusive of this
Group's Work

- **Child and Family Well Being Department**
 - Office of Child and Family Strengthening
 - Office of Child Safety
 - Administration
- **Family First Prevention Services Act (FFPSA) Pilot**
 - North County Lifeline
 - South Bay Community Services
 - San Diego Center for Children
- **Rite of Passage**
 - Assuming operations at San Pasqual Academy on March 4, 2023
- **Community Response Guide**
 - Help communities develop accurate and equitable reporting practices to the Child Abuse Hotline
 - Reporters have clear support for their decisions
 - Prevention providers understand their responsibility for supporting children and families

Fun Fact About Child Welfare Services

Camp Connect is a public-private partnership between Child Welfare Services and [Promises2Kids](https://promises2kids.org) that provides monthly activities for siblings that are separated by their placement in the foster care system.

Events occur throughout the year, including a four-day summer camp in Julian.



CAMP CONNECT

EVENTS

Check out our upcoming events this year!

Jan 21-22	SeaWorld Overnight Throughout the day siblings can go on rides, explore the park, and see Orcas, Sea Lions, Penguins, Otters, Turtles, Manta Rays, Sharks, Dolphins and more.
Feb 18	Deep Sea Fishing Camp Connect will enjoy the finest half day fishing on the West Coast. We can expect to catch a variety of gamefish including Yellowtail, Bass, Barracuda, Bonito, or Rock Fish.
Mar 18	Camp Connect Carnival Camp Connect will host a Spring Carnival for all ages! We are hoping to "spring" into the new season with classic carnival games, popcorn, face painting, balloon art and lots of fun prizes.
Apr 29-30	Roar & Snore Let's pack our "trunks" for a sleepover adventure at the Safari Park! This sleepover includes an after-hours look at wild life, guided walks, a campfire program, dinner, and breakfast the following morning.
May 27	Legoland Camp Connect will host a day at Legoland. With a day full of thrill rides and Lego people, Camp Connect will "build" sibling relationships and lasting memories.
Jun 24	Lagoon Day Camp Connect youth will spend a day in the California sunshine with access to a private lagoon and outdoor activities. The adventure is not complete without BBQ food and all the fixings.

Scan below to register



For more information:
(858) 290-8571 or christy@promises2kids.org

Ways to get involved with Constituency

- [Child Welfare Services](#) or call the KidsLine at 877-792-KIDS (5437)
- [Child and Family Well-Being](#) (CFWB)
 - CFWB One Pager ([English](#), [Spanish](#))
 - [Request a presentation](#)
- [Camp Connect](#)
 - To learn more about Camp Connect, contact [Christy Mader](#) at 858-751-6613
 - To learn more about volunteering for Camp Connect, contact [Jenn Belgrade](#) at (858) 751-6633
 - [Camp Connect FAQ](#)
- Foster Youth Mentors
 - Email [Kim Hinck](#) or call 858-614-9146
- [Voices for Children](#) (Volunteer to be a Court Appointed Special Advocate)

Children, Youth & Families Council

February 13, 2023 & March 13, 2023 CYF Council Meeting
Constituencies Updates

Health Care / Pediatricians' Voice
Dr. Pradeep Gidwani

Areas of Focus

July to December 2022

Highlights from
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- The local Chapter of the American Academy of Pediatrics (AAP-CA3) convenes a regular Developmental/Behavioral Pediatrics committee meeting
- Pediatricians are the number referral source for Healthy Development Services who provides behavioral health services for children 0-5
- Address mental health issues in general and are experiencing greater needs and number with COVID



Looking Ahead to 2023

Highlights as it relates to
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Not All Inclusive of this
Group's Work

- Encouraging the AAP-CA3 to hire some to develop and coordinate a system of care similar to HDS for older children and their families
- Incorporating the Health Outcomes from Positive Experiences (HOPE) into the ACEs screening work

Fun Fact About Health Care / Pediatricians Voice



When parents are concerned for their children health including their mental health, their pediatrician is often the first person they talk to.

Ways to get involved with Constituency

- AAPCA3.org
- Contact me – at pgidwani@aapca3.org or 619-886-6562

Children, Youth & Families Council

February 13, 2023 & March 13, 2023 CYF Council Meeting
Constituencies Updates



San Diego Regional Center
Zach Guzik, Manager of Client Services
Children and Transitional Aged Youth

Areas of Focus

July to December 2022



Highlights from
constituency
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inclusive

Initiatives we've focused on in partnership with DDS include:

- The American Rescue Plan Act (ARPA) Part C Project is a pilot project to increase Early Start enrollment for children from communities with low participation rates.
- The Language Access & Cultural Competency (LACC) initiative will facilitate consistent access to information and services for multi-lingual, monolingual, and diverse cultural groups.
- Early Start outreach for Tribal Communities is an initiative where we are taking the lead to raise awareness and knowledge of Early Start services.
- Expansion of Social Recreation programs that have been restored to include broader activities.



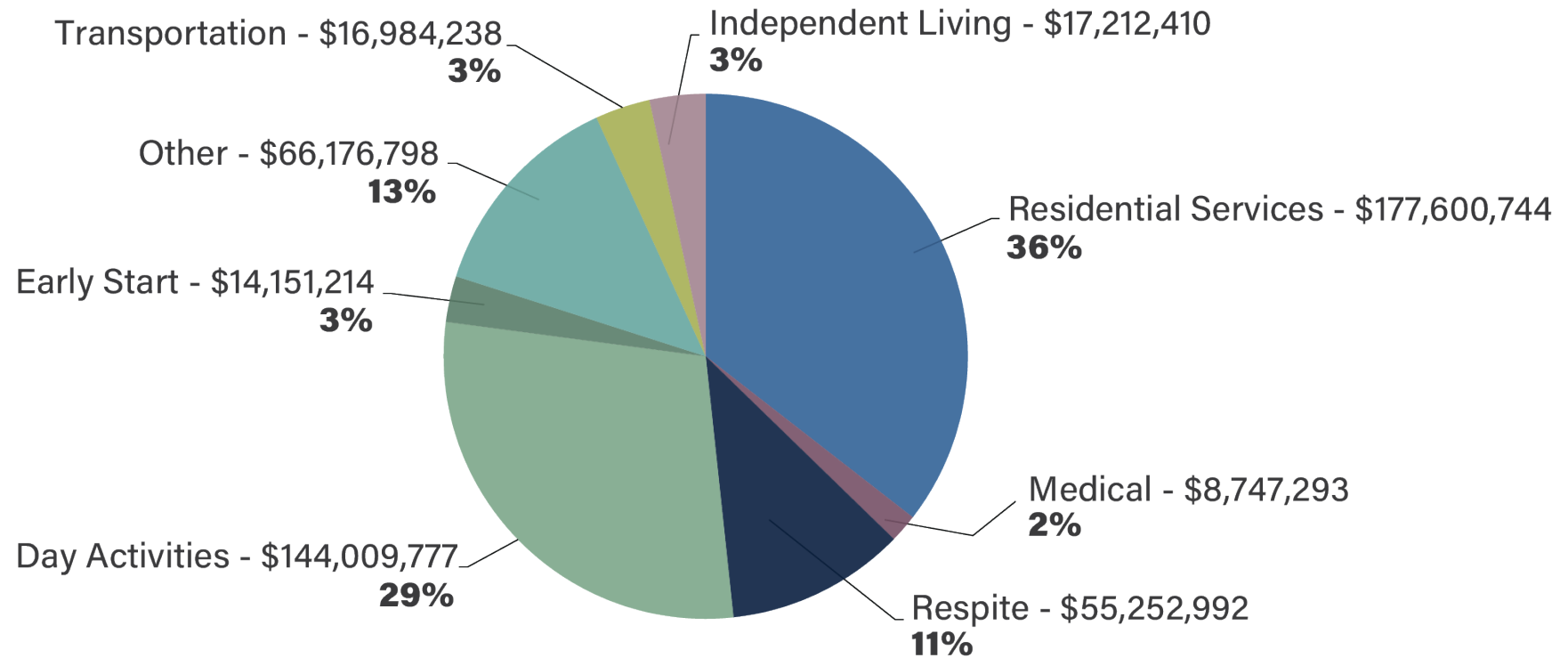
Looking Ahead to 2023

- Mark Klaus, Executive Director, is working with State legislators on continued improvements in the IDD landscape.
- The initiatives we implemented in 2022 will continue developing in 2023

Purchase of Services Expenditures

2021-2022

\$500,135,466 (Estimated)



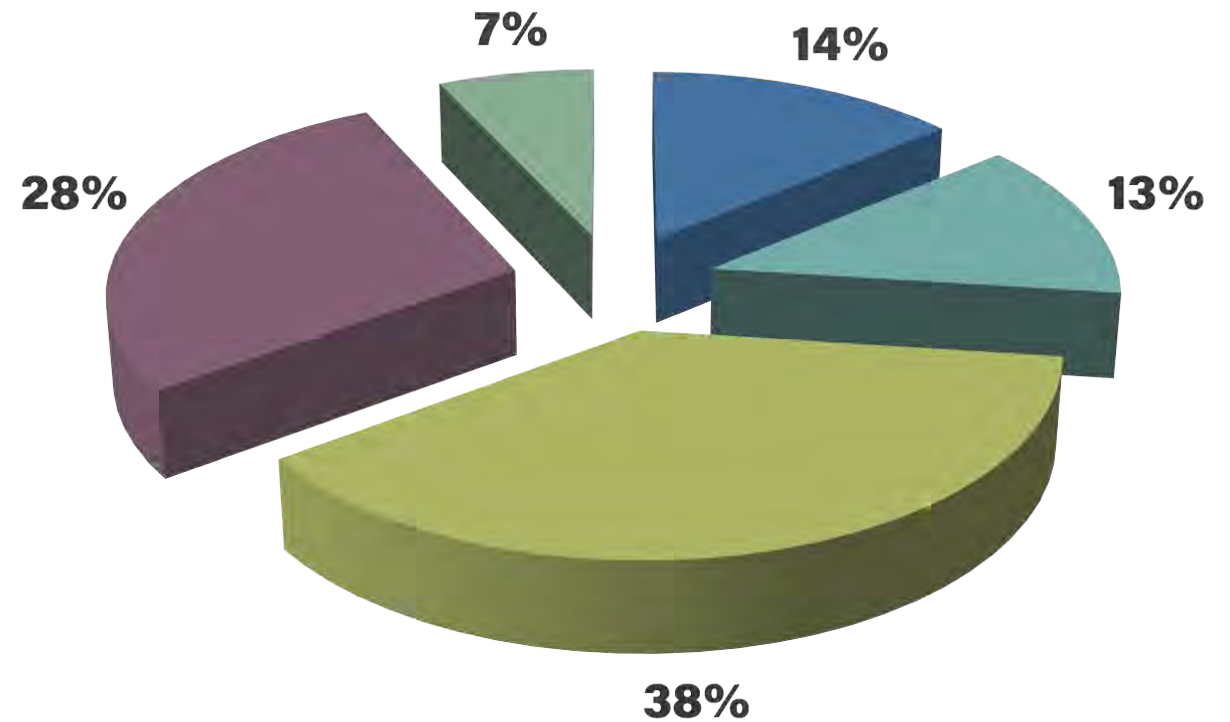
SDRC Growth

2021-2022



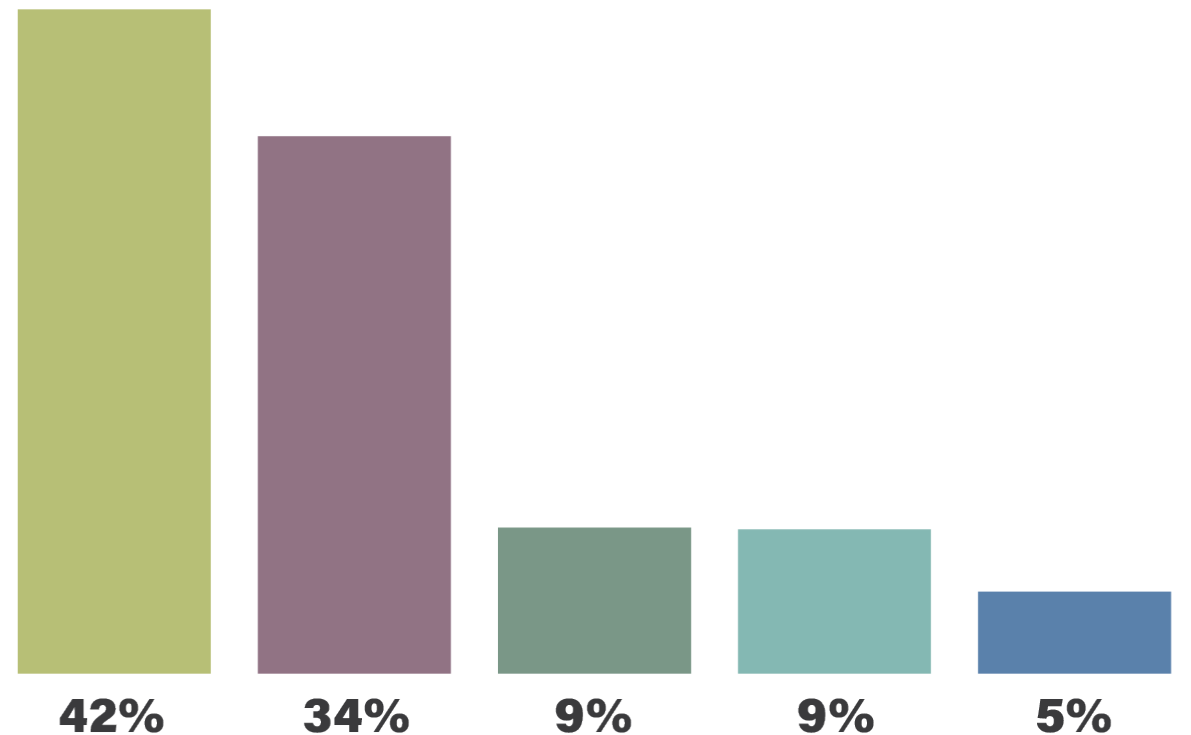
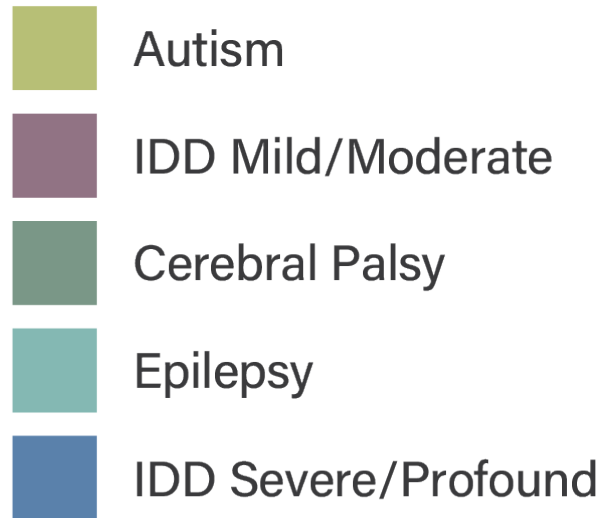
Age of Clients

Age of Clients



Diagnosis of Clients

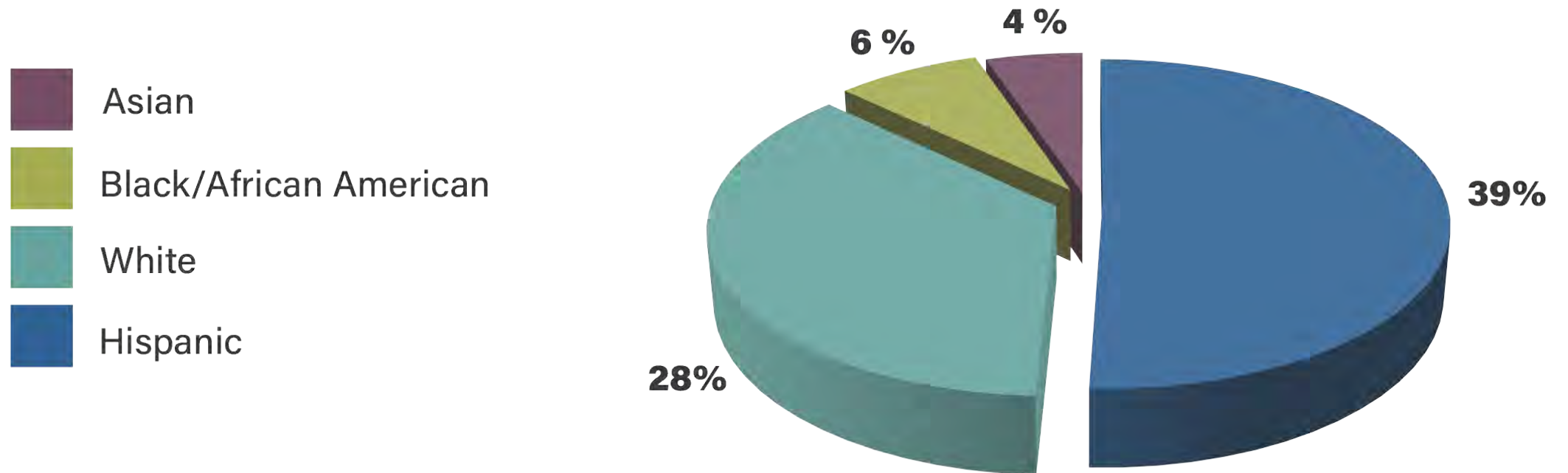
Diagnosis of Clients



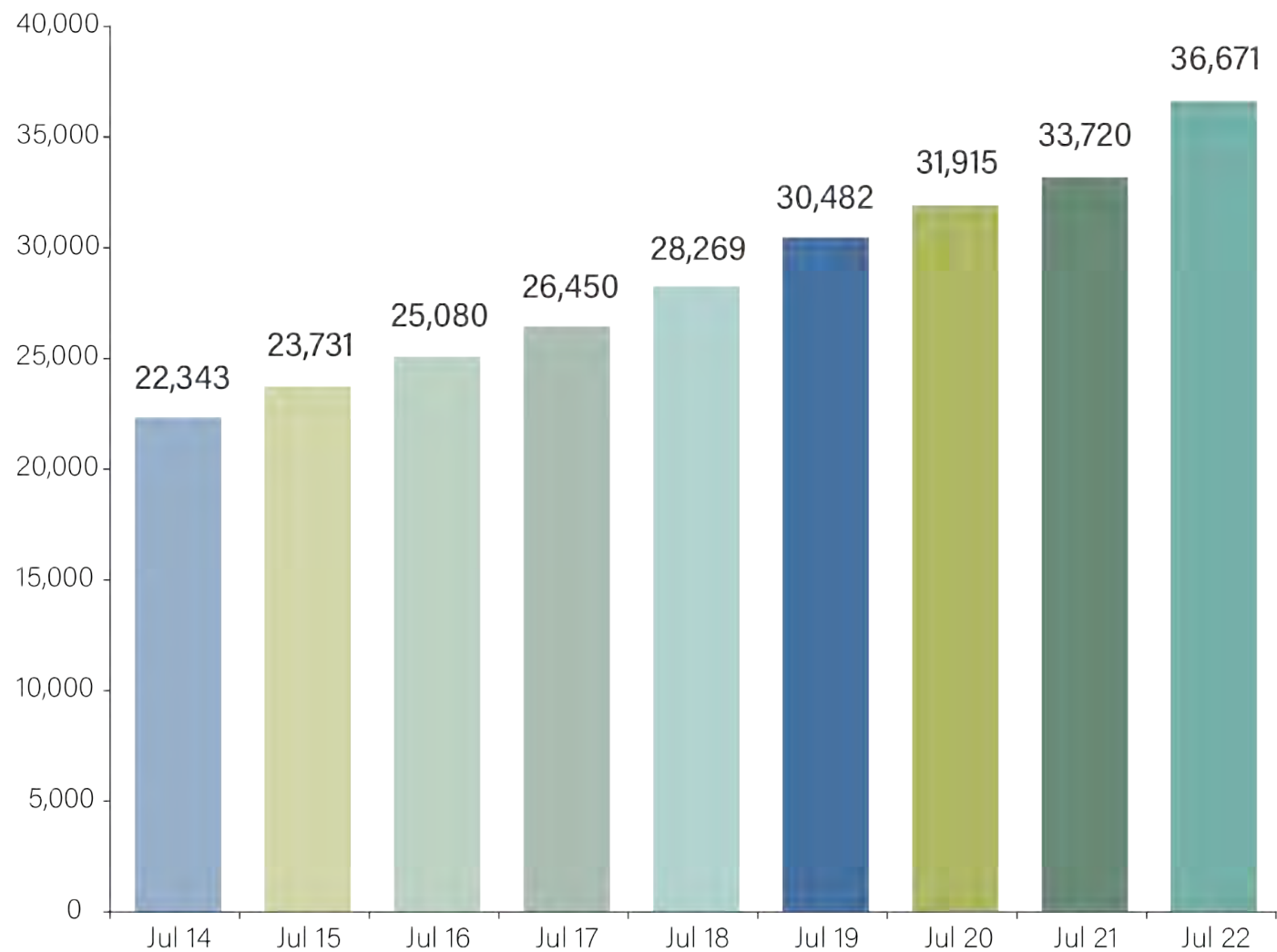
(Clients may have more than one diagnosis)

Ethnicity of Clients

Ethnicity of Clients



Total Clients



Where Clients Live

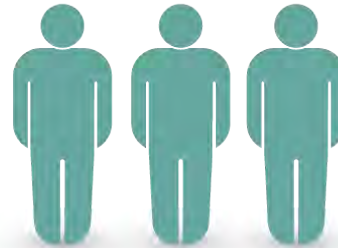
Home of Parent/Guardian **84%**



Community Care Facility/
Intermediate Care Facility
8%



Independent Living Services/
Supported Living Services
6%



Family/
Foster Home
1%



Other
1%





SDRC serves more than 37,500 people with developmental disabilities in San Diego & Imperial counties.

Ways to get involved with Constituency

www.sdrc.org

Supporting our service providers, advocating for people with developmental disabilities, attending board meetings, and joining one of our committees.

Children, Youth & Families Council

February 13, 2023 & March 13, 2023 CYF Council Meeting
Constituencies Updates

Alcohol and Drug Service Provider Association
Marisa Varond

Areas of Focus

July to December 2022

Highlights from
constituency
which is not
meant to be all
inclusive

- Responding to the behavioral health workforce crisis
- CalAIM reform
- Reducing administrative burdens
- Network adequacy, access times, data entry
- Peer Support Specialist certification
- Comprehensive Harm Reduction Strategy
- Contracting and procurement advocacy



Looking Ahead to 2023

Highlights as it relates to
CYF Council
Not All Inclusive of this
Group's Work

In addition to the work already under way...

- Implementation of the Behavioral Health Workforce Shortage BOS action
- Responding to the overdose epidemic
 - Increasing access to care for folks who have not historically engaged in care
 - Supporting community awareness of available resources
 - Expanding Naloxone distribution practices
 - Assessing provider readiness and developing capacity to respond to overdoses in real time

Fun Fact About
Alcohol and
Drug Service
Provider
Association

ADSPA's membership includes:

- 36 legal entities
- 75 SUD-related programs
- 160+ BHS contracts



Ways to get involved with Constituency

Email us at admin@adspa.org!

Children, Youth & Families Council

February 12, 2023 & March 13, 2023 CYF Council Meeting
Constituencies Updates

Mental Health Contractors Association
Laura Beadles, Golby Rahimi Saylor

Areas of Focus

July to December 2022

Highlights from
constituency
which is not
meant to be all
inclusive

- Focused on the following areas in meeting with BHS Executive team:
 - Operational contracting improvements for improved program design and service delivery
 - Fiscal contract improvements for improved service delivery, fiscal management, and maximizing budgets
 - CalAIM implementation impact on contractors
 - Quality assurance and transition to CalAIM reform
 - Data quality and reliability



Looking Ahead to 2023

Highlights as it relates to
CYF Council
Not All Inclusive of this
Group's Work

- Collaborate with BHS on issues around workforce recruitment and retention to minimize service interruptions and meet community need, with a focus on DEI
- Support contracts in implementation of Peer Support Specialist Certification
- Collaborate with ADSPA and BHS to align goals for all service levels
- Continue focus on operational and fiscal contracting improvements in collaboration with BHS
- Continue to work with BHS and QI on rollout of CalAIM
- Continue to co-chair Financial Workgroup
- Continue to support the QI Leadership Workgroup

Fun Fact About Mental Health Contractors Association



- MHCA is a 501(c)(6) corporation
- MHCA was form in 1981, representing the interest of San Diego County contractors for 42 years. MHCA currently has nearly 30 member agencies
- MHCA is an affiliate member for the California Council of Community Behavioral Health Agencies (CCBHA)
- The MHCA Board is culturally diverse, including diversity in culture, gender, and lived experience. The board is comprised of representatives in leadership positions from 9 BHS contracting agencies

Ways to get involved with Constituency

- Agencies contracting with BHS can join MHCA. Please contact MHCA Coordinator Teresa Brady, mhcasandiego@gmail.com
- www.mhcasandiego.org

Children, Youth & Families Council

February 12, 2023 & March 13, 2023 CYF Council Meeting
Constituencies Updates

Managed Care Plans – Healthy San Diego
Dr. Kathleen Lang

Areas of Focus

July to December 2022

Highlights from
constituency
which is not
meant to be all
inclusive

- California Department of Health Care Services (DHCS) for Medi-Cal Managed Care Plans procurement
 - San Diego County results, confirmed by DHCS on 12/30/22, effective 01/01/2024
 - Blue Shield Promise
 - Community Health Group
 - Kaiser Permanente
 - Molina
- California Advancing and Innovating Medi-Cal (**CalAIM**) – transform and strengthen Medi-Cal, offering Californians a more equitable, coordinated, and person-centered approach to maximizing their health and life trajectory
- Housing and Homelessness Incentive Program (**HHIP**) – voluntary incentive program that will enable Medi-Cal managed care plans (MCPs) to earn incentive funds for making progress in addressing homelessness and housing insecurity as social determinants of health
- Student Behavioral Health Incentive Program (**SBHIP**) – support new investments in behavioral health services, infrastructure, information technology and data exchange, and workforce capacity for school-based and school-affiliated behavioral health providers
- CalAIM Providing Access and Transforming Health Initiative (**PATH**) – build up the capacity and infrastructure of on-the-ground partners, such as community-based organizations (CBOs), public hospitals, county agencies, tribes, and others, to successfully participate in the Medi-Cal delivery system



Looking Ahead to 2023

Highlights as it relates to
CYF Council
Not All Inclusive of this
Group's Work

- New CalAIM ECM Children and Youth Populations of Focus goes live statewide on July 1, 2023
 - Children and Youth Experiencing Homelessness
 - Children and Youth At Risk for Avoidable Hospital or Emergency Department (ED) Utilization (Formerly “High Utilizers”)
 - Children and Youth with Serious Mental Health and/or Substance Use Disorder (SUD) Needs
 - Children and Youth Enrolled in California Children’s Services (CCS) or CCS Whole Child Model (WCM) with Additional Needs Beyond the CCS Condition
 - Children and Youth Involved in Child Welfare
 - Children and Youth with Intellectual or Developmental Disabilities (I/DD)
 - Children and Youth who are Pregnant and Postpartum At Risk for Adverse Perinatal Outcomes

It's like competing with your best friend right beside you. They are phenomenal competitors who only make each other better.

Bev Kearney



Fun Fact About Managed Care Plans

Ways to get involved with Constituency

- San Diego Collaborative Planning and Implementation Group
[PATH | TPA \(ca-path.com\)](http://ca-path.com)
 - San Diego's PATH Collaborative Planning and Implementation (CPI) Initiative consists of a diverse set of stakeholders from across the system of care
 - The CPI Collaborative works to identify and address specific implementation issues related to the implementation of Enhanced Care Management (ECM) and Community Supports (CS) as a part of CalAIM
 - Initial areas of focus of the San Diego Collaborative may be homelessness, severe mental health / substance use disorder (SMI/SUD) and other chronic conditions / comorbidities
 - Thus far, 30 organizations from across the system of care have registered as a Collaborative participant

Children, Youth & Families Council

February 12, 2023 & March 13, 2023 CYF Council Meeting
Constituencies Updates

Outcomes Committee

Eileen Quinn-O'Malley & Emily Trask

Areas of Focus

July to December 2022

- Identified quality of care indicators for STRTPs
- Reviewed new STRTP dashboards to improve quality of care
- Developed Outcomes sub-committee of LGBTQ+ stakeholders
 - Stakeholders reviewed data for LGBTQ+ clients as part of the PIP project



Looking Ahead to 2023

- Review group work data (e.g., SchooLink dashboard)
 - What data is missing?
 - What does data suggest for increasing access to group therapy?
 - What are the barriers to providing group therapy?
- Review PIP Intervention data
 - Did clients report more satisfaction?
 - Did clients report more access to LGBTQ+ specific services?

Ways to get involved with Constituency

- Next Meeting is March 7th, 11:30-12:30pm via Teams
 - Contact Eileen Quinn-O'Malley for meeting link if you are interested in joining the discussion: eileen.quinn-omalley@sdcounty.ca.gov

Children, Youth & Families Council

February 12, 2023 & March 13, 2023 CYF Council Meeting
Constituencies Updates

Change Agents Developing Recovery Excellence
(CYF CADRE)
Marisa Varond and Julie McPherson

Areas of Focus

July to December 2022

Highlights from
constituency
which is not
meant to be all
inclusive

- Technical assistance on the annual CCISC Report
- Teen vaping trends, resources and treatment, including new Early Intervention services in Teen Recovery Centers
- Community Experience Partnership as a tool to start identifying and responding to health disparities
- Assessing programs' co-occurring capability; review of the COMPASS, DDCMHT, DDCAT purpose and goals



Looking Ahead to 2023

Highlights as it relates to
CYF Council
Not All Inclusive of this
Group's Work

- Reinstating the DDCMHT evaluation of co-occurring capability among CYF MH programs with SUD counselors.
- Dialogue within the sectors to address changes to the system and impacts, both positive and negative, related to CalAIM.
- Continue to enhance ease of cross-referrals and access to services for children, youth, and families who are impacted by complex needs.
- Reinstate and maximize on-site SchoolLink behavioral health services as permitted.
- Keep providers up to date regarding specialized MAT services for youth in San Diego County.
- Engagement and participation in prevention, education and early intervention in SUD groups for youth and caregivers
- Identifying and addressing racial/ethnic and sex/gender disparities as it relates to increased co-occurring disorders and access to treatment

Fun Fact About CYF CADRE



- In 2017, Julie and Marisa used puppets to introduce the CADRE CYF Subcommittee to CYF Councilmembers. Check out our puppeteering debut here: <https://youtu.be/vxwGIQbZ0D0>

Join our team of providers who love working with amazing children and youth!



Ways to get involved with Constituency

Our quarterly meetings in January, April, July, and October are open to all CADRE graduates!

Marisa.Varond@mcalistterinc.org

jmcpherson@comresearch.org

Children, Youth & Families Council

February 12, 2023 & March 13, 2023 CYF Council Meeting
Constituencies Updates

Family & Youth Sector
Sten Walker

Areas of Focus

July to December 2022

Highlights from
constituency
which is not
meant to be all
inclusive

- Housing for families
- The emergence of SBHIP
- Fentanyl awareness
- Restructuring of services provided by CYFL
- Comprehensive trainings for parents and teachers



Looking Ahead to 2023

Highlights as it relates to
CYF Council
Not All Inclusive of this
Group's Work

- Support regarding the grandfathering process with Peer Support Partners
- Elevating the voice of peer youths
- Focusing on SBHIP and how it will progress moving forward
- Focusing more on means of early intervention
- Building on successes

Fun Fact About Family & Youth Sector



The Youth Mental Health Well Being Celebration is planned to be in person once again!

Ways to get involved with Constituency

- Join the May Event planning committee
(communityadvocacy@namisd.org)
- Bring a CYF perspective to the Peer Council
(communityadvocacy@namisd.org)
- Join the Live Well San Diego Youth Sector (livewellyouth@sdcounty.ca.gov)
- Sign up for the new NAMI San Diego Family Education classes
(f2f@namisd.org)
- Spread the word regarding NAMI on Campus
(communityadvocacy@namisd.org)

Children, Youth & Families Council

February 13, 2023 & March 13, 2023 CYF Council Meeting
Constituencies Updates

Early Childhood Mental Health Committee

Rosa Ana Lozada and Stephanie Gioia-Beckman

Early Childhood Mental Health Committee

PURPOSE:

The Early Childhood Mental Health (ECMH) Committee supports the Children, Youth and Family Behavioral Health System of Care by advancing the unique needs of the 0-5 population and their caregivers when making decisions on programming, policy, and training by:

- 1) **PROMOTE AND EDUCATE** by providing information to improve system-wide understanding of early childhood mental health and integrating the information throughout the system of care;
- 2) **ADVOCATE** by addressing key issues impacting young children and their families; and
- 3) **ADVANCE SYSTEM CHANGE** by increasing the system of care's understanding of services currently available and supporting culturally relevant and trauma informed system improvements.

Areas of Focus

July to December 2022

- 1.) Actively influence program design, services, resources workforce development, and funding that impacts the 0-5 population by advocating to local leaders, state and local decision-making initiatives, and other venues
2. Recommend behavioral health trainers/trainings, including reflective practice to advance early childhood mental health throughout all systems of care including key conferences (i.e., We Can't Wait; Birth of Brilliance)
2. Identify content for system wide distribution in early childhood designed for parents and caregivers
2. Partner with other Children Youth and Families System of Care Committees, County Departments, and County Collaboratives to identify and advance culture responsive practices specific to 0-5



2022 Accomplishments & Looking Ahead to 2023

Priority 1: Reflective Practice: Recognize and advance as a standard practice compensation in all County behavioral health contracts

- Mid-Year Accomplishment: The first ever System of Care panel discussion led by subject matter experts dedicated to the topic of early childhood, with emphasis on reflective practice, highlighting programs and resource sharing.
- Future Action: Develop one-page document to advance Reflective Practice system-side

Priority 2: Support & Expand Workforce: Advance early childhood and developmental workforce capacity

- Future Action: Ensure Early Childhood Workforce is included in county behavioral health workforce initiative discussions, planning process and implemented solutions

Priority 3: Identify content for systemwide distribution

- Mid-Year Accomplishment: Finalized and posted online tips sheet entitled, “The Importance of Touch” for parents and caregivers
- Future Action: Quarterly Distribution of ECMH Information and Best Practices to system partners

Priority 4: Partner with other Children Youth and Families System of Care Committees

- Mid-Year Accomplishment: Aligned ECMH committee priorities to support County Behavioral Health Director Priorities and cross walked priorities with specific strategies and outcomes
- Future Action: Collaborate with key county departments and initiative participants to advance common goals including integrating culturally responsive services



Fact About Early Childhood Mental Health

Babies and kids can laugh up to 300 times a day. Adults typically laugh at most, about 20 times a day. Time to get more in touch with that inner child, and really enjoy life like the little ones.



Ways to get involved with Constituency

Sub-committees:

- 1.) Promote and Educate (Lead: *Jennifer Kennedy*)
- 2.) Advocate (Lead: *Natalie Elms*)
- 3.) Advance System Change (Lead: *Ginger Bial*)

Children, Youth & Families Council

February 13, 2023 & March 13, 2023 CYF Council Meeting
Constituencies Updates

First 5 San Diego (F5SD) Commission
Stephanie Escobar

Areas of Focus

July to December 2022

Highlights from
constituency
which is not
meant to be all
inclusive

- First 5 supports the countywide mental health services system of care for children ages 0-5 and caregivers through the following programs: Healthy Development Services (HDS), KidSTART Center, Mi Escuelita, and First 5 First Steps.
- [First 5 San Diego 2021-2022 Annual Report](#)
- First 5 Commission approved a restoration of funding to HDS and KidSTART Center of \$3M annually over three fiscal years (FY22/23 - FY24/25) to mitigate major impacts to the system of care: increased developmental and behavioral needs among children and at a greater intensity, decreased funding and increased staffing costs.



Looking Ahead to 2023

Highlights as it relates to
CYF Council
Not All Inclusive of this
Group's Work

- Continue offering high quality early intervention services and be the best first referral to support parents in identifying a developmental or behavioral concern
- With increased funding, aim to build capacity to hire and maintain professional level staff that have the expertise in working with young children
- F5SD will join Child Welfare Services in new Child and Family Well-Being (CFWB) Dept. to provide family strengthening and prevention services in a more holistic and integrated way

Fun Facts About First 5 San Diego Commission



"My Family Support Specialist, Valerie, helped me recognize what stress is and how it impacts my life. Valerie has helped me learn how to balance my life. My relationships are stronger, I'm happier, and my children are doing better. I'm more excited about tomorrow than ever before!" -Ashley*

Figure 2.6

NUMBER OF CHILDREN WHO RECEIVED BEHAVIORAL SCREENINGS AND/OR SERVICES

11,321 Children Screened

1,290 Children with Behavioral Concerns

1,735 Children who Received Behavioral Treatment*

*Includes children referred by providers not funded by First 5 San Diego

Figure 2.7

PERCENTAGE OF CHILDREN WHO MADE BEHAVIORAL GAINS AFTER TREATMENT

79.7% Internalizing Behaviors

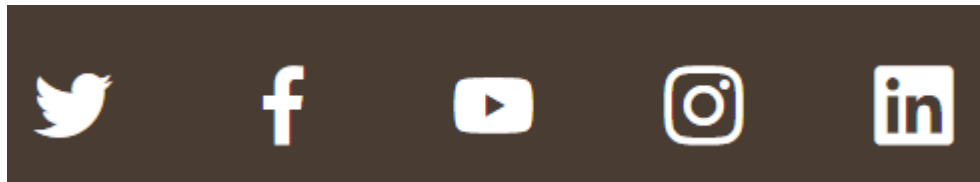
82.1% Externalizing Behaviors

80.7% Total Behaviors

**FY21-22 Annual Report*

Ways to get involved with Constituency

- Learn more at: <https://first5sandiego.org/>
- Get connected to resources: Call **1-888-5 FIRST 5** (Warm Line)
- Get involved: Attend a [F5SD Commission Meeting](#)
- Stay informed: <https://first5sandiego.org/newsletters/>
- Follow on social media:



Children, Youth & Families Council

February 13, 2023 & March 13, 2023 CYF Council Meeting
Committees/Sectors/ Groups Updates

TAY Council

Laura Tancredi-Baese & Michael Miller

Areas of Focus

July to December 2022

Highlights from
the TAY Council
which is not
meant to be all
inclusive

TAY Council has organized engaging and TAY-focused presentation content such as:

- Door of Change; helping disadvantaged and Homeless youth to better lives
- SOAP MAT-Opioid Treatment Program



Looking Ahead to 2023

Key areas that the TAY Council will likely focus on in 2023

- TAY Resource Guide
- Health Wellness & Healing
- Education/Employment Services
- Recruitment for new members
- Development of TAY-centric community content



Fun Fact
About
TAY Council



Ways to get involved with TAY Council

- TAY Council meetings are held via Microsoft TEAMS every 4th Wednesday at 3:00PM-4:30PM.
- To learn more information and/or attend a meeting, please contact Asheka Huey Asheka.huey@sdcounty.ca.gov or Aprille Pena Aprille.pena@sdcounty.ca.gov
- To review TAY Council meeting minutes, click this link: [Behavioral Health Services Council Minutes \(sandiegocounty.gov\)](https://www.sandiegocounty.gov/services/councilminutes/)

Children, Youth & Families Council

February 13, 2023 & March 13, 2023, CYF Council Meeting
Constituencies Updates

Public Safety Group/ Probation
Delona King

Areas of Focus

July to December 2022

Highlights from
constituency
which is not
meant to be all
inclusive

- County Self- Assessment
- System Improvement Plan Development
- Families First Prevention Services Act
- AB2083
- Secure Youth Track/Youth Development Academy
- Probation Equity, Diversity, Inclusion Efforts



Looking Ahead to 2023

Highlights as it relates to
CYF Council
Not All Inclusive of this
Group's Work

Continue Areas of Focus:

- System Improvement Plan Strategy Implementation
- Implementation of FFPSA Prevention Services
- AB2083
- Equity, Diversity and Inclusion

- Public Safety Group:
- Animal Services
- Medical Examiner
- Department of Child Support Services
- Probation
- District Attorney
- Public Defender
- Emergency Medical Services (EMS)
- San Diego County Fire
- Office of Emergency Services Sheriff

- Public Meetings
- San Diego Regional Human Trafficking Commercial Sexual Exploitation of Children Advisory Council
- Enhancing Human Trafficking Prevention and Service Coordination Project
- Juvenile Justice Coordinating Council
- Alternatives to Incarceration Project
- Proposition 47 Grant Program Local Advisory Committee
- Gun Violence Reduction Project



Ways to get involved with Constituency

- [Public Safety Group \(sandiegocounty.gov\)](https://sandiegocounty.gov)
- Links to Public Meetings

Children, Youth & Families Council

February 13, 2023 & March 13, 2023 CYF Council Meeting
Constituencies Updates

Behavioral Health Services (BHS)
Public Sector
Dr. Laura Vleugels

Areas of Focus

July to December 2022

Highlights

not all
inclusive

- Advancing the BHS organizational structure
- Supporting the California Advancing and Innovating Medi-Cal (CalAIM)
- Early Intervention American Society of Addiction Medicine (ASAM) 0.5 services were added countywide to the Teen Recovery Centers (TRCs) as of October 2022
- CYF services implementation at the Youth Development Academy (East Mesa Facility) beginning in October 2022
- Screening to Care planning

Areas of Focus - Continued

July to December 2022

Highlights

not all
inclusive

- Collaboration with the San Diego Managed Care plan on the development of the Student Behavioral Health Incentive Program (SBHIP)
- Full Service Partnership website was launched in October 2022:
https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/Full_Service_Partnership.html
- Children's Crisis Continuum of Pilot Program grant application submitted through Child Welfare Services December 2022
- Continued planning of the Behavioral Health Hub for children and youth in partnership with Rady Children's Hospital – San Diego

Looking Ahead to 2023

- Promote the (CalAIM) implementation
- Continue to address access to care and workforce challenges
- Continue to support the County Substance Use Harm Reduction Strategy
- Continue collaborating and advancing partnerships within the sectors of the system of care
- Emphasize the **Children and Youth Strategy** as outlined in the September 27, 2022 Board Letter (Item 23)
- Maintain connection to statewide efforts, including Governor Newsom's California's Master Plan for Kids' Mental Health: https://www.gov.ca.gov/wp-content/uploads/2022/08/KidsMentalHealthMasterPlan_8.18.22.pdf?emrc=6d3847 and the Children and Youth Behavioral Health Initiative: <https://www.dhcs.ca.gov/CYBHI/Documents/DHCS-CYBHI-EBP-CDEP-Grant-Strategy-Overview-December-2022.pdf>
- Consider population health and social determinants/drivers of health in the system of Care and Council activities



Did you know?



Inception of the BHS Councils

- Children, Youth and Families Council (2004)
- Behavioral Health Services Housing Council (2006)
- Adult System of Care Council (2007)
- Older Adult System of Care Council (2007)
- Transition Age Youth (TAY) Council (2017)
- Peer Council (January 2023)

BHS Resources

- County of San Diego website link: <https://www.sandiegocounty.gov/>
- BHS website link: <https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs.html>
- BHS Councils and Behavioral Health Advisory Board (BHAB) link:
https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/bhs_councils_homepage.html

Children, Youth & Families Council

February 12, 2023 & March 13, 2023 CYF Council Meeting
Constituencies Updates

Training Academy

Rose Woods

RIHS, The Academy for Professional Excellence

Areas of Focus

July to December 2022

Highlights from
constituency
which is not
meant to be all
inclusive

- *Strengthening Families and the Protective Factors Framework Webinar*, December 12, 2022
- *Trauma and Attachment in Children Ages 0-5*, November 29, 2022
- Planning for *Gender Identity and Youth and Affirming Care* training to support the 2022-23 County of San Diego BHS PIP focused on improving therapeutic services and/or supports for youth who identify as sexual and gender minorities.
- 2022 Advancing Principles Awards (application, anonymous selection, and selection of two recipients: Lesley Johnson and Vista Hill ADAPT Program)

Ways to get involved with Constituency

- The Children, Youth and Families System of Care (CYFSOC) Training Academy meets on the first Wednesday of the month from 9:00-10:00 AM, virtually.
- More information about the CYFSOC Training Academy can be found at our webpage: <https://theacademy.sdsu.edu/programs/rihs/cyfsoc/>