

## MEETING AGENDA

**Zoom meeting link for registration sent via Outlook meeting invitation:**  
<https://us06web.zoom.us/meeting/register/tZEud-mvrTsiH9PvEnmAiwkVBvYm5FC1OYqa>

- |  |  |
|--|--|
| Public Comment or - Inviting all participants to unmute or enter public input in the chat  |  |
| Board Letters / Board Actions  |  |
| February 28, 2023  |  |
| <ul style="list-style-type: none"> <li><b>Item 04:</b> Authorize Competitive Solicitations to Expand Behavioral Health Services Programming to Engage Fathers and Caregivers Handout - <b>Pages 10-14</b></li> <li><b>Item 05:</b> Update the County's Homeless Action Plan and Adopt the "All In": The Federal Strategic Plan to Prevent and End Homelessness</li> <li><b>Item 21:</b> Establish the Development of Child and Family Well Being a Department in the Health and Human Services Agency Handouts include presentation- <b>Pages 15-37</b></li> </ul>   |  |
| <p>Board Letters that may be particularly of interest to the CYF Council are listed above. Due to size, only highlighted Board Letters are included in the packet, however, all Board Letters can be found at the Clerk of Board of Supervisors (BOS) website. Meeting Agendas, Board Letters and Access to the BOS meetings: <a href="https://www.sandiegocounty.gov/cob/bosa/index.html">https://www.sandiegocounty.gov/cob/bosa/index.html</a></p>  |  |
| Information  |  |
| May 8, 2023 Council Meeting / Conversation with BHS Director   |  |
| <ul style="list-style-type: none"> <li>All Council Members and Participants are invited to forward or insert in chat suggested areas of focus, questions, and or priorities for the BHS Director discussion at the May 8, 2023 CYF Council meeting.<br/>Please forward items to Edith Mohler at <a href="mailto:Edith.Mohler@sdcounty.ca.gov">Edith.Mohler@sdcounty.ca.gov</a> by April 1, 2023</li> <li><b>Children and Youth Behavioral Health Initiative (CYBHI)</b> February Update – Handout- <b>Pages 38-47</b><br/><a href="https://www.dhcs.ca.gov/cybhi">https://www.dhcs.ca.gov/cybhi</a><br/><a href="https://www.chhs.ca.gov/home/children-and-youth-behavioral-health-initiative/">https://www.chhs.ca.gov/home/children-and-youth-behavioral-health-initiative/</a></li> <li><b>Behavioral Health Director's Report</b> - March 2023 - Handout - <b>Pages 48-50</b><br/><a href="https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_act/bhab_meeting_materials.html">https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_act/bhab_meeting_materials.html</a></li> </ul> |  |
| Recognition  |  |
| <ul style="list-style-type: none"> <li><b>Minola Clark Manson, Program Director and Rose Woods, Manager</b> – Responsive Integrated Health Solutions (RIHS) Behavioral Health Training and CYF System of Care Training Academy</li> </ul>  |  |

- 1

• **Hot Topic**

50 minutes

**Sectors and Committees Bi-Annual Reports – (Jaime Tate-Symons)**

- Brief presentations were offered in the February meeting (highlighted below). The non-highlighted groups will present at this meeting. All PowerPoints were included in the February meeting packet and can also be found on the Council website at: [https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental\\_health\\_services\\_children/Council\\_Packet.html](https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_children/Council_Packet.html)
- Please enter comments, input, and questions in the meeting chat for the presenter to respond to.

Constituency/Committee/Group	Sector	Presenter
Juvenile Court	Public	Honorable Judge Ana España
Education Committee	Education	Heather Nemour
Cultural Competence Resource Team (CCRT)	All Sectors	Rosa Ana Lozada
Homeless Solutions and Equitable Communities	Public	Rosa Gracian
Public Health Services	Public	Dr. Tom Coleman
Medical Care Services	Public	Heather Summers
Child Welfare Services (CWS)	Public	Jerelyn Bourdage
Healthcare (Pediatrician)	Private	Dr. Pradeep Gidwani
San Diego Regional Center	Private	Zach Guzik
Alcohol Drug Service Provider Association (ADSPA)	Private	Marisa Varond
Mental Health Contractors Association (MHCA)	Private	Laura Beadles and Golby Rahimi Saylor
Managed Care Plans	Private	Kathleen Lang
Outcomes	All Sectors	Emily Velazquez Trask
CYF CADRE	Private	Julie McPherson and Marisa Varond
Family and Youth Sector	Family	Sten Walker
Early Childhood	All Sectors	Rosa Ana Lozada and Stephanie Gioia-Beckman
First 5 Commission	Public	Stephanie Escobar
Transition Age Youth Council	All Sectors	Laura Tancredi-Baese and Michael Miller
Public Safety Group	Public	Delona King
Behavioral Health Services	Public	Dr. Laura Vleugels
CYF System of Care Training Academy	All Sectors	Written Update Included – No Presentation

• **Announcements (Stephanie Escobar)**

5 minutes

- Poll Question
- Peer Council** - Member and Alternate opportunities available (Melissa Penaflor) – Handouts – **Pages 51-52**  
Application link: <https://forms.office.com/pages/responsepage.aspx?id=-XV1U877y0OD7xWGZxPbVvidqZzhERtOvLqU009IfZFUMjVKTjJZRFhGSEpXN0VMMTkW50tMTIFNTC4u>
- What I Wish My Parents Knew**, March 15, 2023, from 6 to 8 p.m. at the Pride Academy in Santee – Handout – **Page 53**
- 8<sup>th</sup> Annual Critical Issues in Child and Adolescent Mental Health (CICAMH) Conference: Building Resilience Through Family Engagement (Hybrid)** on April 21, 2023 - Handouts - **Pages 54-55**  
Register at: <https://app.ce-go.com/CICAMH2023> -Additional questions at: [CICAMHCONFERENCE@GMAIL.COM](mailto:CICAMHCONFERENCE@GMAIL.COM)
- Mental Health Matters Month** - Kickoff event: NAMI Walk - **Mental Health for all**, April 29, 2023 from 7 – 11 a.m. – Flier – **Page 56**  
Register at: <https://www.namiwalks.org/index.cfm?fuseaction=donordrive.event&eventID=1310>
- 43rd California Mental Health Advocates for Children and Youth (CMHACY) conference:**  
Committing to Mobilizing Hope and Advocacy for Communities and Youth – Elevating Voices, Influencing Progress (Back in person) on May 10-12, 2023 - Handout - **Page 57**  
<http://cmhacy.org/>

**Next Executive Committee Meeting:**

Date: March 23, 2023

Time: 1:30 to 2 p.m.

**Next Meeting: Combined Councils Meeting**

Date: Monday, April 10, 2023

Time: 10 to 11:30 a.m.

Committees/Sectors/Workgroups Meetings Information is located at the end of the meeting summary. For Council materials go to:

[https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental\\_health\\_services\\_children/CYFBHSCouncil.html](https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_children/CYFBHSCouncil.html)

**County of San Diego  
Children, Youth and Families Behavioral Health  
System of Care Council  
Vision, Mission, and Principles**

**Council Vision:**

Wellness for children, youth and families throughout their lifespan.

**Council Mission:**

Advance systems and services to ensure that children and youth are healthy, safe, lawful, successful in school and in their transition to adulthood, while living in nurturing homes with families.

**Council Principles:**

1. **Collaboration of four sectors:** Coordination and shared responsibility between child/youth/family, public agencies, private organizations and education.
2. **Integrated:** Services and supports are coordinated, comprehensive, accessible, and efficient.
3. **Child, Youth, and Family Driven:** Child, youth, and family voice, choice, and lived experience are sought, valued and prioritized in service delivery, program design and policy development.
4. **Individualized:** Services and supports are customized to fit the unique strengths and needs of children, youth and families.
5. **Strength-based:** Services and supports identify and utilize knowledge, skills, and assets of children, youth, families and their community.
6. **Community-based:** Services are accessible to children, youth and families and strengthen their connections to natural supports and local resources.
7. **Outcome driven:** Outcomes are measured and evaluated to monitor progress and to improve services and satisfaction.
8. **Culturally Competent:** Services and supports respect diverse beliefs, identities, cultures, preference, and represent linguistic diversity of those served.
9. **Trauma Informed:** Services and supports recognize the impact of trauma and chronic stress, respond with compassion, and commit to the prevention of re-traumatization and the promotion of self-care, resiliency, and safety.
10. **Persistence:** Goals are achieved through action, coordination and perseverance regardless of challenges and barriers.

May 1, 2018



LIVEWELLSD.ORG



LIVE WELL  
SAN DIEGO

# BEHAVIORAL HEALTH SERVICES CHILDREN, YOUTH & FAMILIES FRAMEWORK

## VISION

Children and youth are healthy, safe, lawful, successful in school and in their transition to adulthood, while living in nurturing homes with families.

## PRINCIPLES

Collaborative, Integrated, Child, Youth & Family Driven, Individualized, Strength-based, Community-based, Outcome & Data Driven, Culturally Competent, Trauma Informed, Persistence

## PRIORITIES

Ensure a full continuum of care through family-centered and youth-informed services that are compassionate and sensitive to the unique developmental needs of children and youth.

Strengthen partnerships with children/youth's circle of influence to create a supportive environment.

Provide services that empower children and youth to build a healthy sense of self and have confidence to make sound decisions so they thrive in an ever-changing world.

Live Well San Diego-Areas of Influence



### Standard of Living

- Economic & Nutrition Security
- Timely Access to Healthcare Inclusive of Behavioral Health Services
- Employment Readiness



### Community

- Access to Parks, Playgrounds and Recreation Centers
- Usable Transportation
- Safe Neighborhoods & Schools
- Affordable Stable Housing
- Access to Extracurricular Activities

## HEALTH FACTORS



### Health

- Daily Physical Activity
- Limited & Supervised Screen Time
- Affordable Healthy Food
- Zero Sugary Beverages, Drink More Water
- No Substance Use
- No Tobacco Use
- Up to Date Immunizations
- Connection to a Health Home



### Social

- Supportive Families
- Nurturing Communities
- Connection to Natural Supports
- Positive Social Interactions




### Knowledge

- Quality Education
- Quality Preschool For All
- Good School Attendance
- School Success
- No Suspensions or Expulsions
- Obtain a High School Diploma
- Access to Higher Education & Vocational Programs

## CHILDREN, YOUTH AND FAMILIES (CYF) COUNCIL MEETING SUMMARY

February 13, 2023 | 9 to 10:30 a.m.  
Virtual Meeting

ITEM	SUMMARY AND ACTION ITEMS
<p><b>I. Welcome</b> (Stephanie Escobar)</p> <ul style="list-style-type: none"> <li>Love Your Heart <a href="https://www.livewellsd.org/love-your-heart/">https://www.livewellsd.org/love-your-heart/</a> - Handout - <b>Page 5</b></li> <li>Welcome new meeting attendees - translation available</li> <li>Welcome Rosa Gracian as Council member representing the Homeless Equitable Solutions and Liki Porotesano as the alternate</li> <li>Welcome Lori Sorenson representing the San Diego Regional Center as the alternate to Zach Guzik</li> <li>Heather Nemour is the new member representing the Education Sector, Regular Education Pupil Personnel Services</li> <li>Thank you Violeta Mora and Margaret Sedor for your contributions</li> <li>Directing Change the Hope and Justice Film Contest - flier - <b>Page 7</b> Submissions due March 1, 2023 Link: <a href="https://directingchange.org/">https://directingchange.org/</a></li> </ul>	<p>Stephanie Escobar provided the Welcome remarks/announcements:</p> <ul style="list-style-type: none"> <li>Reminded the meeting attendees of the meeting logistics</li> <li>Invited attendees to participate in the virtual ice breaker: Live Well San Diego "Love Your Heart Week of Action": Have you had your Blood Pressure checked recently?</li> </ul>  <ul style="list-style-type: none"> <li>New Council representatives were welcomed</li> <li>Outgoing Council representatives were acknowledged</li> <li>Directing Change film contest announcement</li> </ul>
<p><b>II. Review of Meeting Summary</b> (Yael Koenig)</p> <ul style="list-style-type: none"> <li>December 12, 2022, Meeting Summary - Handout - Pages 9-14</li> <li>Action Item from December 12, 2022 - See meeting summary for action items - Page 12 <ul style="list-style-type: none"> <li>Forward instructions to Sector and Committee leads to complete biannual reports</li> </ul> </li> </ul>	<p>Yael Koenig reviewed the meeting summary action item from December 12, 2022:</p> <ul style="list-style-type: none"> <li>Completed. Council staff sent out Committee/Sector update templates on December 23, 2022</li> </ul>
<p><b>III. Business Items</b> (Yael Koenig)</p> <p><b>Public Comment</b></p> <p><b>Board Letters (BL)</b> <u>December 13, 2022</u></p> <ul style="list-style-type: none"> <li><b>Item 20:</b> 2023 Legislative Program</li> <li><b>Item 28:</b> Receive Update on Declaring Illicit Fentanyl a Public Health Crisis; Add Staff Years; and Authorized Application for Future Funding Opportunities - Handouts include presentation - <b>Pages 15-33</b></li> <li><b>Item 31:</b> Establish the Interfaith Behavioral Health Workforce Center of Excellence [Funding Source: Mental Health Services Act] - Handout- <b>Pages 34-38</b></li> </ul> <p><u>January 10, 2023</u></p> <ul style="list-style-type: none"> <li><b>Item 01:</b> Selection of Chair and Chair Pro Tem of the 2023 Board of Supervisors</li> </ul> <p><u>January 24, 2023</u></p> <ul style="list-style-type: none"> <li><b>Item 01:</b> Installation of a Holocaust Remembrance Exhibit on a County Property</li> <li><b>Item 05:</b> Authorize Acceptance of Funding for the Transitional Housing Program, Housing Navigation and Maintenance Program, and Transitional Housing Program Plus Housing Supplement Program and Adopt Resolutions Authorizing Application and Acceptance of Allocation Awards</li> <li><b>Item 09:</b> Authorization to Accept Community Care Expansion Preservation Program Operating Subsidy Payments Funds, And Authorize Notices of Funding Availability and Competitive Procurements</li> <li><b>Item 14:</b> Annual Report on Gun Violence and Update on Regional Gun Violence Community Needs Assessment</li> </ul> <p><u>February 7, 2023</u></p> <ul style="list-style-type: none"> <li><b>Item 03:</b> Receive the First 5 San Diego 2022 Annual Report - Handout - <b>Pages 39-42</b> Link to the Report: <a href="https://first5sandiego.org/wp-content/uploads/2022/12/First-5-SD-2022_Annual_Report.pdf">https://first5sandiego.org/wp-content/uploads/2022/12/First-5-SD-2022_Annual_Report.pdf</a></li> <li><b>Item 06:</b> Elevating Community Infrastructure and Opportunities Through Youth Transportation Investments</li> <li><b>Item 18:</b> Enhance Preparation for the Arrival of Migrants and the Lifting of Title 42 Restrictions</li> <li><b>Item 19:</b> Ending Veteran Homelessness in San Diego County</li> </ul>	<ul style="list-style-type: none"> <li>No Public Comment</li> <li>Yael Koenig highlighted the Board Letters listed on the left, which were presented at the December 13, 2022, January 10, 2023, January 24, 2023, and February 7, 2023, respectively</li> </ul>

ITEM	SUMMARY AND ACTION ITEMS
<p>Board Letters that may be particularly of interest to the CYF Council are listed above. Due to size, only highlighted Board Letters are included in the packet, however, all Board Letters can be found at the Clerk of Board of Supervisors (BOS) website.</p> <p>Meeting Agendas, Board Letters and Access to the BOS meetings:  <a href="https://www.sandiegocounty.gov/cob/bosa/index.html">https://www.sandiegocounty.gov/cob/bosa/index.html</a></p> <p><b>Information</b></p> <ul style="list-style-type: none"> <li>• <b>Child Welfare Services (CWS) Child and Family Well-Being</b> (Elliott Hinkle)- Handout – <b>Page 43</b></li> <li>• <b>Surgeon General says 13 is “too early” to join social media</b>  <a href="#">Surgeon General says 13 is 'too early' to join social media   CNN</a></li> <li>• <b>Governor’s Newsom’s FY 2023-24 January State Budget Proposal</b> – Handout- <b>Pages 44-47</b>  Link to the California State Proposed Budget for 2023-24: <a href="https://www.ebudget.ca.gov/">https://www.ebudget.ca.gov/</a></li> <li>• <b>Children and Youth Behavioral Health Initiative (CYBHI)</b> <ul style="list-style-type: none"> <li>○ January 2023 Progress Report – Handout - <b>Page 48</b></li> <li>○ Working Paper: California’s Children &amp; Youth Behavioral Health Ecosystem – Handout- Pages 49-50</li> <li>○ Overview of Grant Funding Opportunity and February 9, 2023 - Request for Application (RFA): Evidence-Based Practices and Community-Defined Evidence Practices Grant Program – Round Two: Trauma-Informed Programs and Practices – Handouts- <b>Page 51-60</b>  <a href="https://www.dhcs.ca.gov/cybhi">https://www.dhcs.ca.gov/cybhi</a>  <a href="https://www.chhs.ca.gov/home/children-and-youth-behavioral-health-initiative/">https://www.chhs.ca.gov/home/children-and-youth-behavioral-health-initiative/</a>  <a href="https://www.chhs.ca.gov/wp-content/uploads/2023/01/CYBHI-January-2023-Progress-Report-Final--ADA.pdf">https://www.chhs.ca.gov/wp-content/uploads/2023/01/CYBHI-January-2023-Progress-Report-Final--ADA.pdf</a>  <a href="https://www.chhs.ca.gov/wp-content/uploads/2023/02/Ecosystem-Working-Paper--ADA.pdf">https://www.chhs.ca.gov/wp-content/uploads/2023/02/Ecosystem-Working-Paper--ADA.pdf</a>  <a href="https://www.dhcs.ca.gov/EBP-CDEP-Grant-Strategy-Overview-December-2022">https://www.dhcs.ca.gov/EBP-CDEP-Grant-Strategy-Overview-December-2022</a> (ca.gov)  <a href="https://www.dhcs.ca.gov/CYBHI/Documents/DHCS-CYBHI-EBP-CDEP-Round-2-Request-for-Applications.pdf">https://www.dhcs.ca.gov/CYBHI/Documents/DHCS-CYBHI-EBP-CDEP-Round-2-Request-for-Applications.pdf</a></li> </ul> </li> <li>• <b>Behavioral Health Director’s Report</b> - February 2023 (The January 2023 BHAB meeting was cancelled) - Handout - <b>Pages 61-65</b></li> <li>• <b>2023 Mental Health External Quality Review (EQR)</b> January 10-12, 2023  <a href="https://www.calegro.com/mh-eqro">https://www.calegro.com/mh-eqro</a></li> <li>• <b>2023 Drug Medi-Cal Organized Delivery System (DMC– ODS) EQR</b> -April 18-20, 2023  <a href="https://calegro.com/dmc-eqro">https://calegro.com/dmc-eqro</a></li> <li>• <b>CYF Services Directory</b> - January 2023 Update - Handout – <b>Pages 66-67</b>  <a href="https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/CYF/CYF%20Services%20Directory%20Updated%20January%202023%201.18.23.pdf">https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/CYF/CYF%20Services%20Directory%20Updated%20January%202023%201.18.23.pdf</a></li> <li>• <b>San Diego County Suicide Prevention Council-Suicide Prevention Action Plan (SPAP) Update 2023-Community Engagement Event Schedule</b> - Flier - <b>Page 68</b>  Link to current plan: <a href="https://www.sdchip.org/wp-content/uploads/2018/06/6-5-18-FINAL_BIGSPCSPAPUpdate2018FINAL_rev1.pdf">https://www.sdchip.org/wp-content/uploads/2018/06/6-5-18-FINAL_BIGSPCSPAPUpdate2018FINAL_rev1.pdf</a></li> <li>• <b>California Advancing and Innovating Medi-Cal (CalAIM) Services Community Listening Sessions- Handout- Page 69</b>  Wednesday, February 15, 2023 from 3:30 to 5 p.m.  Tuesday, February 21, 2023 from 3:30 to 5 p.m.</li> <li>• <b>8<sup>th</sup> Annual Critical Issues in Child and Adolescent Mental Health (CICAMH) Conference: Building Resilience Through Family Engagement</b> (Hybrid) on April 21, 2023 (Dr. Charmi Patel Rao and Dr. Jeff Rowe) - Flier - <b>Page 70</b>  Register at: <a href="https://app.ce-go.com/CICAMH2023">https://app.ce-go.com/CICAMH2023</a> -Additional questions at:  <a href="mailto:CICAMHCONFERENCE@GMAIL.COM">CICAMHCONFERENCE@GMAIL.COM</a></li> </ul>	<p>Yael Koenig reviewed information items and welcomed the following guests that shared the information below:</p> <ul style="list-style-type: none"> <li>• Elliott Hinkle representing Children and Youth (ICF) provided an overview on the new Child and Family Well-Being (CFWB) HHSA Department that will integrate First 5 and CWS</li> </ul> <p>Link to the CFWB webpage:  <a href="https://www.sandiegocounty.gov/content/sdc/hhsa/programs/cs/child_welfare_services/ChildandFamilyWell-Being.html">https://www.sandiegocounty.gov/content/sdc/hhsa/programs/cs/child_welfare_services/ChildandFamilyWell-Being.html</a></p> <p>Link to the Community Engagement form:  <a href="https://app.smartsheet.com/b/form/c301b4e63ad14b47b075eb1ecccdfbcb">https://app.smartsheet.com/b/form/c301b4e63ad14b47b075eb1ecccdfbcb</a></p> <p>Link to the CFWB Presentation Request:  <a href="https://forms.office.com/Pages/ResponsePage.aspx?id=e7mQz0a-AEqXAIHOT_G39p-V_80zjBpLluNWrg9CgXIUNzNLVFpCUDRPQIVJmKvXNDYxTFpJRUVRQi4u">https://forms.office.com/Pages/ResponsePage.aspx?id=e7mQz0a-AEqXAIHOT_G39p-V_80zjBpLluNWrg9CgXIUNzNLVFpCUDRPQIVJmKvXNDYxTFpJRUVRQi4u</a></p> <p>A QRC code is included in the meeting packet to access the above links</p> <ul style="list-style-type: none"> <li>• Dr. Charmi Patel Rao and Dr. Jeff Rowe provided an overview of the 8th CICAMH conference (hybrid) scheduled for April 21, 2023</li> </ul>
<p><b>IV. MHSA Update</b> (Dr. Danyte Mockus-Valenzuela)</p> <ul style="list-style-type: none"> <li>• <b>Mental Health Matters Month Statewide Prevention and Early Intervention Campaign:</b>  <a href="#">Take Action for Mental Health (takeaction4mh.com)</a>  Local It’s Up to Us Campaign:  <a href="http://www.up2sd.org">www.up2sd.org</a>  <a href="http://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_act/mhsa.html">http://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_act/mhsa.html</a></li> </ul>	<ul style="list-style-type: none"> <li>• Dr. Danyte Mockus-Valenzuela provided the MHSA update</li> </ul>



ITEM				SUMMARY AND ACTION ITEMS
V. Hot Topic: Sectors and Committees Bi-Annual Reports				<ul style="list-style-type: none"><li>Brief presentations were offered. Presentations are included in the meeting packet and will be available in a separate PowerPoint in the CYF Council website. A highlight(s) is/are included on the left column. Only the groups listed presented. The rest of the groups will make their presentations at the March 13, 2023 meeting</li></ul> <div><p><b>END POLL</b></p><p>Poll ended   1 question   77 of 95 (81%) participated</p><p>1. On a scale of 1-5 (1 the lowest and 5 the highest), how would you rate the relevance and your interest with today's Council meeting? (Single Choice) *</p><p>77/77 (100%) answered</p><div><div></div><div>1</div><div>(0/77) 0%</div></div><div><div></div><div>2</div><div>(0/77) 0%</div></div><div><div></div><div>3</div><div>(8/77) 10%</div></div><div><div></div><div>4</div><div>(25/77) 32%</div></div><div><div></div><div>5</div><div>(44/77) 57%</div></div><div><div></div><div>Share Results</div></div></div>
Constituency/Committee/Group	Sector	Presenter	Highlight	
Juvenile Court	Public	Honorable Judge Ana España	Youth Development Academy	
Education Committee	Education	Heather Nemour	Creating Opportunities in Preventing and Eliminating Suicide (COPES)	
Cultural Competence Resource Team (CCRT)	All Sectors	Rosa Ana Lozada	Proposed "Cultural Share" for the CYF Council monthly meetings	
Homeless Solutions and Equitable Communities	Public	Rosa Gracian	Office of Homeless Solutions, Office of Equitable Communities, and Office of Immigrant Refugee Affairs	
Public Health Services	Public	Dr. Tom Coleman	CalAIM/SDAIM, Birth Equity Initiatives, Implementation of a Comprehensive Assessment of the current system for children and youth with special health care needs	
Medical Care Services	Public	Heather Summers	CalAIM: Pediatric implementation; benefits for Justice Involved Juveniles	
Child Welfare Services (CWS)	Public	Jerelyn Bourdage	Child and Family Well-Being Department, Family First Prevention Services Act (FFPSA)	
Healthcare (Pediatrician)	Private	Dr. Pradeep Gidwani	"When parents are concerned for their children health, including mental health, their pediatrician is often the first person they talk to"	
VI. Announcements (Jaime Tate-Symons)				<ul style="list-style-type: none"><li>Jaime Tate-Symons made the announcements listed on the left column</li><li>Participants announcements are listed on the left column. Announcements can be sent in advance to Edith Mohler at <a href="mailto:Edith.Mohler@sdcounty.ca.gov">Edith.Mohler@sdcounty.ca.gov</a></li></ul>
<ul style="list-style-type: none"><li>Poll (see above, right column)</li><li><b>Third Annual Birth of Brilliance Conference</b> (Virtual) on February 23, 2023 - Flier – <b>Pages 204-205</b> In-person Cultural Fair on February 24, 2023. Registration at: <a href="http://www.BirthofBrilliance.com">www.BirthofBrilliance.com</a></li><li><b>43rd California Mental Health Advocates for Children and Youth</b> (CMHACY) conference (Back in person) on May 10-12, 2023 – Handout- <b>Page 206</b> <a href="http://cmhacy.org/">http://cmhacy.org/</a></li><li>Participants Contribution NAMI San Diego is opening a number of new FREE classes for family members who have loved ones suffering from mental illness. These classes are excellent educational programs for family members and care givers. They are taught on-line and consist of 8 sessions. If you know of anyone who would like to participate, please ask them to register on the NAMI calendar: <a href="https://namisandiego.org/calendar/">https://namisandiego.org/calendar/</a></li></ul>				
Action Items				Action Due/Status
<ul style="list-style-type: none"><li>No Action Items from February 13, 2023</li></ul>				N/A
Next Meeting: Date: Monday, March13, 2023 Time: 9 to 10:30 a.m.				

+=Member in Attendance O=Absent

E=Excused

CONSTITUENCY		MEMBER	STATUS	ALTERNATE	STATUS
PUBLIC SECTOR					
1	Behavioral Health Advisory Board (BHAB)	Bill Stewart	+	Joel San Juan	+
2	Behavioral Health Services (BHS)	Dr. Laura Vleugels	+	Dr. Patricia Cardenas-Wallenfelt	O
3	Public Safety Group/ Probation	Tabatha Wilburn	O	Delona King	E
4	Child Welfare Services (CWS)	Jerelyn Bourdage	+	Norma Rincon	O
5	Homeless Solutions and Equitable Communities	Rosa Gracian	+	Liki Porotesano	O
6	Public Health	Dr. Thomas R. Coleman	+	Rhonda Freeman	O
7	Medical Care Services	Dr. Kelly Motadel	E	Heather Summers	+
8	Juvenile Court	H. Judge Ana España	+	Beth Brown	+
9	First 5 Commission	Alethea Arguilez	O	Stephanie Escobar	+
EDUCATION SECTOR					
10	Special Education Local Plan Area (SELPA)	Russell Coronado	O	Jaime Tate-Symons	+
11	Regular Education Pupil Personnel Services	Heather Nemour	+	Vacant	
12	School Board	Barbara Ryan	+	Debra Schade	+
13	Special Education	Yuka Sakamoto	+	Misty Bonta	O
PRIVATE SECTOR					
14	San Diego Regional Center (SDRC) for Developmentally Disabled	Zachary Guzik	+	Lori Sorenson	+
15	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	+	John Laidlaw	O
16	ADSPA	Marisa Varond	+	Claudette Allen Butler	+
17	Mental Health Contractors Association (MHCA)	Julie McPherson	+	Minola Clark Manson	+
18	MHCA	Laura Beadles	+	Golby Rahimi	+
19	Fee- For-Service (FFS) Network	Dr. Sherry Casper	O	Marcelo A. Podesta	+
20	Managed Care Health Plans	Kathleen Lang	+	James Trout	+
21	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	+	Vacant	
FAMILY AND YOUTH SECTOR					
22	Family and Youth Liaison	Sten Walker	+	Vacant	
23	Caregiver of child/youth served by the Public Health System	Vacant		Karilyn "Kari" Perry	+
24	Youth served by the Public Health System (up to age 26)	Veronica Hernandez	O	Vacant	
25	Youth served by the public health system (up to age 26)	Caitlynn Hauw	O	Vacant	
COMMITTEES (Non-voting members unless a member of the Council)					
-	Executive	Jaime Tate Symons/Stephanie Escobar	+/+		
-	Cultural Competence Resource Team (CCRT)	Rosa Ana Lozada	+		
-	CYF CADRE	Julie McPherson Marisa Varond	+/+		
-	Early Childhood	Aisha Pope Ginger Bial	+/O		
-	Education	Heather Nemour	+		
-	Family and Youth as Partners	Sten Walker	+		
-	Outcomes	Emily Trask Eileen Quinn-O'Malley	+/+		
-	Training	Rose Woods	+		



**Total Attendees: 124**

Adilene Arredondo	Delia Machado	Julie McPherson	Rafael Ortiz-Gomez
Aisha Pope	Denise Alvarez	Kari Perry	Rhonda Crowder
Alexander Ball	Dina Ali	Kat Briggs	Roberto Suarez
Alicia Castro	Edith Mohler	Kathleen Lang	Rosa Ana Lozada
Amanda Lance-Sexton	Eileen Quinn-O'Malley	Kelly Bordman	Rosa Gracian
Ana España	Eliza Reis	Krystle Murguia	Rose Woods
Angela Rowe	Elizabeth Dauz	Laura Beadles	Russell Gagui
Angelina Puffelis	Elliot Hinkle	Laura McClarin	Sarah Baldwin
April Peña	Emily Trask	Laura Tancredi-Baese	Shakara Thompson
Ashley Rambeau	Erick Mora	Laura Vleugels	Shannon Jackson
Augusto Eduvala	Ericka Hernandez	Leslie Manriquez	Sharon Black
Barbara Ryan	Evan Hodges	Linda Puebla	Shaun Goff
Berenis Gonzalez	Francisco Medrano	Lori Sorenson	Sonia Lira
Beth Brown	Gina Herbert	Lupe Oyola	Stacie Redmond
Bill Stewart	Golby Rahimi Saylor	Marcelo Podesta	Sten Walker
Bobbi Smylie	Grisel Ortega-Vaca	Mareeh Marquez	Stephanie Escobar
Bri Renstrom	Heather Nemour	Margaret Anello	Stephanie Gioia-Beckman
Carl Antonio	Heather Summers	Marisa Varond	Steven Wong
Carmen Pat	Jaime Tate-Symons	Martin Dare	Susana Antonio
Carole Steele	James Ruf	Mayra Gonzalez -Muñoz	Tais Millsap
Celeste Hunter	James Trout	Megan Hoff	Terri Kang
Charmi Patel Rao	Jamie Martinez	Melanie Morones	Tito Escalante
Cheryl Rode	Jamie Pellegrino	Melissa Penaflor	Tom Coleman
Christina Bruce	Janet Cacho	Melizza Welton	Vanessa Arteaga
Christine Davies	Janette Magsanoc	Michael Miller	Victoria Mac
Christine Maggio	Jazmin Wal	Michelle Hogan	Wendy Maramba
Claire Riley	Jean McDonald	Michelle Houle	Yael Koenig
Claudette Allen Butler	Jeffrey Rowe	Mina Arthman	Yuka Sakamoto
Danyte Mockus-Valenzuela	Jerelyn Bourdage	Minola Clark Manson	Yvette Leiva
Darwin Espejo	Jody Erickson	Patrick Samayoa	Zachary Guzik
Debra Schade	Joel San Juan	Pradeep Gidwani	Unknown Caller

**Committees/Sectors/Workgroups Meetings Information:**

**Due to COVID-19, most of the committees' meetings are occurring virtually  
Please reach out to the sector lead or Executive committee member to obtain location/link**

**Behavioral Health Advisory Board (BHAB) meeting:** Meets the first Thursday of the month from 2:30 to 5:00 p.m.

**Outcomes:** Meets the first Tuesday of every other month from 11:30 a.m. to 12:30 p.m.

**Early Childhood:** Meets the second Monday of the month- from 11 a.m. to noon

**Education Advisory Ad Hoc:** Meets as Needed

**TAY Council:** Meets the fourth Wednesday of the month 3 to 4:30 p.m.

**CYF CADRE:** Meets quarterly on the second Thursday of the month from 1:30 to 3 p.m.

**CYF System of Care Training Academy:** Meets on the first Wednesday of the month from 9 to 10 a.m.

**CCRT:** Meets the first Friday of the month from 10 to 11:30 a.m.

**Private Sector:** Ad Hoc/Meets as needed

**Peer Council:** Every third Thursday of each month at 2 p.m. via Zoom



# COUNTY OF SAN DIEGO

## AGENDA ITEM

### BOARD OF SUPERVISORS

NORA VARGAS  
First District

JOEL ANDERSON  
Second District

TERRA LAWSON-REMER  
Third District

NATHAN FLETCHER  
Fourth District

JIM DESMOND  
Fifth District

**DATE:** February 28, 2023

**04**

**TO:** Board of Supervisors

### **SUBJECT**

**AUTHORIZE COMPETITIVE SOLICITATIONS TO EXPAND BEHAVIORAL HEALTH SERVICES PROGRAMMING TO ENGAGE FATHERS AND CAREGIVERS (DISTRICTS: ALL)**

### **OVERVIEW**

Under the leadership of the San Diego County Board of Supervisors, the County of San Diego (County) is making strategic investments to move the local behavioral health care delivery system from a model of care driven by crises to one centered on continuous, coordinated care and prevention. These efforts, broadly referred to as the Behavioral Health Continuum of Care (Continuum of Care), are guided by data, focused on equity, and designed to engender collaborative work, within and outside of government. In addition to expanding regionally distributed services to improve access to care, the Continuum of Care strategy is also achieved through actions that build upon the success of existing programs by enhancing and expanding services that are informed by community input and clinical best practices.

To understand current community needs for parenting program services and identify program development opportunities to enhance prevention services, County Health and Human Services Agency, Behavioral Health Services (BHS) completed a series of community input activities with local stakeholders to:

- Evaluate the effectiveness and relevancy of existing parenting program services,
- Learn best practices for delivering culturally reflective and community-specific services that build resiliency,
- Offer supports for parents and caregivers, and
- Activate protective factors for children and their families.

Through these activities, BHS identified the need to implement an *Adverse Childhood Experiences (ACEs) Prevention Parenting Program for Fathers*, to build upon existing programming currently focused within the Central Region and expand efforts to support the engagement, participation, and parenting skills development for fathers with children up to the age of 18, and to provide augmented services countywide. Approval of today's recommended action authorizes one or more competitive solicitations to implement and expand these services countywide.

**SUBJECT: AUTHORIZE COMPETITIVE SOLICITATIONS TO EXPAND BEHAVIORAL HEALTH SERVICES PROGRAMMING TO ENGAGE FATHERS AND CAREGIVERS (DISTRICTS: ALL)**

This item supports the County's vision of a just, sustainable, and resilient future for all, specifically those communities and populations that have been historically left behind. This item also supports the ongoing commitment to the regional *Live Well San Diego* vision of healthy, safe, and thriving communities by expanding critical behavioral health services for children, youth, and their families.

**RECOMMENDATION(S)**

**CHIEF ADMINISTRATIVE OFFICER**

1. In accordance with Section 401, Article XXIII of the County Administrative Code, authorize the Director, Department of Purchasing and Contracting, to issue one or more competitive solicitations for the *Adverse Childhood Experiences (ACEs) Prevention Parenting Program for Fathers* in all six Health and Human Services Agency service regions, and upon successful negotiations and determination of a fair and reasonable price, award contracts for an initial term of up to one year, with four option years, and up to an additional six months, if needed; and to amend the contracts to reflect changes in program, funding or service requirements, subject to the availability of funds and the approval of the Agency Director, Health and Human Services Agency.

**EQUITY IMPACT STATEMENT**

County of San Diego Health and Human Services Agency, Behavioral Health Services (BHS) serves as the specialty mental health plan for Medi-Cal eligible residents within San Diego County with serious mental illness, and the service delivery system for Medi-Cal eligible residents with substance use disorder care needs. These individuals and families often experience disproportionate barriers due to social, economic, and environmental factors that may negatively impact their behavioral health. These factors, referred to as the social drivers of health, are rooted in inequitable distribution of resources.

As a steward of public health for the region, BHS must ensure that the services offered through County-operated and contracted programs address the social drivers of health by being accessible, capable of meeting the linguistic and cultural needs of a diverse population, and equitably distributed to the individuals, families, and communities most in need. BHS utilizes a population health approach, along with evidence-based practices, robust data analysis, and stakeholder input from consumers, community-based providers, healthcare organizations and others to identify need and design services that are impactful, equitable, and yield meaningful outcomes for clients.

If approved, today's action will award contracts to provide culturally and community reflective Prevention and Early Intervention services to families throughout San Diego County who are underserved by behavioral health resources and supports. These upstream services are anticipated to reduce health system silos, improve access to care, and mitigate the impact of social drivers of health, using a whole-family approach.

**SUBJECT:** AUTHORIZE COMPETITIVE SOLICITATIONS TO EXPAND BEHAVIORAL HEALTH SERVICES PROGRAMMING TO ENGAGE FATHERS AND CAREGIVERS (DISTRICTS: ALL)

### **SUSTAINABILITY IMPACT STATEMENT**

The proposed action to provide services that prevent, mitigate, and improve access to treatment and care for communities and populations who are underserved by social and behavioral health resources, will result in sustainability enhancements in terms of health/wellbeing, equity, economy, and environment. Awarding contracts for these services will contribute to County of San Diego (County) Sustainability Goal #2 to provide just and equitable access to County services by providing a wider availability and range of supportive, inclusive, and stigma-free options. Services will first improve the overall health of communities, reducing the demand of associated care services, while then increasing effectiveness of care providers and lowering operating costs of facilities, thus reducing emissions and waste generated within the care sector.

### **FISCAL IMPACT**

Funds for these requests are not included in the Fiscal Year (FY) 2022-24 Operational Plan in the Health and Human Services Agency. If approved, today's recommendations will result no costs and revenue in FY 2022-23 and estimated costs and revenues of up to \$2.04 million in FY 2023-24. The funding source is Mental Health Services Act revenue. Funds for subsequent years will be incorporated into future operational plans. There will be no change in net General Fund cost and no additional staff years.

### **BUSINESS IMPACT STATEMENT**

N/A

### **ADVISORY BOARD STATEMENT**

At their regular meeting on February 2, 2023, the Behavioral Health Advisory Board voted to approve this item.

### **BACKGROUND**

Under the leadership of the San Diego County Board of Supervisors, the County of San Diego (County) is taking action and making strategic investments to move the local behavioral health care delivery system from a model of care driven by crises to one centered on continuous, coordinated care and prevention. These efforts, broadly referred to as the Behavioral Health Continuum of Care (Continuum of Care), are guided by data, focused on equity, and designed to engender collaborative work, within and outside of government. In addition to expanding regionally distributed services to improve access to care, the Continuum of Care strategy is also achieved through actions that build upon the success of existing programs by enhancing and expanding services that are informed by community input and clinical best practices.

### **Strengthening Protective Factors for Children and Youth**

The Continuum of Care strategy is applicable to all ages in that integrated and preventative services are the key to improved outcomes over time and should be tailored in ways that reduce health disparities. Evidence is clear that implementing earlier interventions in the lives of young people is the best way to build protective factors, promote resiliency, and wellbeing, and parent and caregiver engagement is critical for the mental health development in children. In particular, support for fathers, father figures, and male caregivers presents a greater need, as evidenced by a June 2021 Special Topic Report produced by the University of California San Diego (UCSD)

**SUBJECT: AUTHORIZE COMPETITIVE SOLICITATIONS TO EXPAND BEHAVIORAL HEALTH SERVICES PROGRAMMING TO ENGAGE FATHERS AND CAREGIVERS (DISTRICTS: ALL)**

Research Centers regarding Reducing Mental Health Stigma in San Diego County. Survey findings from this report showed that male respondents were more likely than female respondents to delay obtaining help because they were concerned about what others would think (52% vs. 15%).

In addition to engaging and supporting fathers, strategies to overcome Adverse Childhood Experiences (ACEs) and toxic stress remain a top priority as they represent a public health crisis associated with 9 of the 10 leading causes of death in the United States, according to the Centers for Disease Control and Prevention. ACEs can include physical and emotional abuse, neglect, caregiver mental illness, and household violence. Experiencing many ACEs can excessively activate a person's stress-response system and lead to long-lasting negative impacts on the brain and body. Scientific consensus demonstrates that cumulative adversity, in the absence of protective factors, is a root cause for poor health and social outcomes that can be passed down from generation to generation, according to the American Academy of Pediatrics. Parenting and caregiver skill development and strengthening engagement of fathers have been demonstrated as practices which support positive childhood experiences and reduction of the impacts of ACEs.

**Expanded Services Informed by Community Input**

County Health and Human Services Agency, Behavioral Health Services (BHS) currently funds two main Prevention and Early Intervention programs in San Diego County focused on the delivery of parenting program services: the Positive Parenting Program which has been operational since 2009 and the Father 2 Child Program which has been operational since 2012. Both of these programs strengthen parent and caregiver skills, but the latter program places an emphasis on services for fathers, improving attitudes towards fathering, and strengthening engagement of fathers in their children's lives to prevent and address risks associated with ACEs through "Parent Skills" training and engagement. Father 2 Child Program activities and services include curriculum-based group education, individual counseling, outreach and education, flex funds to support employment (e.g., purchase of tools and uniforms), and annual recreational opportunities for children and fathers to connect with one another. For the current contract year to date the Father 2 Child Program has reached 137 children and 95 fathers. Follow up surveys indicated participants had increased interaction time with children, awareness on fathering knowledge and positive attitudes towards fathering, positive parenting experiences, and healthier interactions with the child's mother.

Recognizing the benefit of these two existing parenting program services and growing community need, BHS completed a series of community input activities with local stakeholders to evaluate the effectiveness and relevancy of existing parenting program services and learn best practices for delivering culturally reflective and community-specific services that build resiliency, offer supports for parents and caregivers, and activate protective factors for children and their families. These activities solicited feedback from stakeholders across multiple sectors and have informed BHS' program development process over the last several months.

Additionally, BHS held a Request for Information to seek input from industry experts and behavioral health service providers; conducted focus group discussions with parents and child development professionals; and reviewed best practices for culturally competent and community specific outreach and engagement practices in collaboration with UCSD research partners.

**SUBJECT:** AUTHORIZE COMPETITIVE SOLICITATIONS TO EXPAND  
BEHAVIORAL HEALTH SERVICES PROGRAMMING TO ENGAGE  
FATHERS AND CAREGIVERS (DISTRICTS: ALL)

Through this process, BHS identified the need to augment the existing parenting program services for fathers in particular by expanding services countywide, enhancing options for culturally competent regional curriculums and practices, and addressing barriers to engagement and retention by offering transportation, flexible hours, and multiple formats for participation.

Approval of today's recommended action authorizes one or more competitive solicitations to implement expanded parenting program services for fathers across San Diego County.

**LINKAGE TO THE COUNTY OF SAN DIEGO STRATEGIC PLAN**

Today's proposed actions support the County of San Diego's 2023-2028 Strategic Plan Initiatives of Equity (Health) and Community (Quality of Life) as well as the regional *Live Well San Diego* vision of healthy, safe, and thriving communities. This is accomplished by reducing disparities and disproportionality of individuals with mental health and substance use conditions and ensuring access to a comprehensive continuum of behavioral health services administered through accessible behavioral health programs.

Respectfully submitted,

A handwritten signature in black ink, appearing to read "Helen N. Robbins-Meyer", with a stylized flourish at the end.

HELEN N. ROBBINS-MEYER  
Chief Administrative Officer

**ATTACHMENT(S)**

N/A





# COUNTY OF SAN DIEGO

## AGENDA ITEM

### BOARD OF SUPERVISORS

NORA VARGAS  
First District

JOEL ANDERSON  
Second District

TERRA LAWSON-REMER  
Third District

NATHAN FLETCHER  
Fourth District

JIM DESMOND  
Fifth District

**DATE:** February 28, 2023

**21**

**TO:** Board of Supervisors

### **SUBJECT**

**ESTABLISH THE CHILD AND FAMILY WELL-BEING DEPARTMENT WITHIN THE HEALTH AND HUMAN SERVICES AGENCY (DISTRICTS: ALL)**

### **OVERVIEW**

The child welfare system has made significant changes over the past 15 years to improve the response to children who have been abused or neglected; however, more changes can be made to move beyond the status quo. In addition, the COVID-19 pandemic elevated the need to create equity for children and families and brought to light the urgency to undertake a fundamental transformation to a better way for child and family well-being. There is an imperative need to transform the child welfare system toward prevention, with a focus on the earliest of interventions, and an overall change to a more equitable approach to reducing child maltreatment.

To support this transformation the San Diego County Board of Supervisors (Board) has taken steps to increase supports for families, promote family strengthening efforts, and reduce the impact of trauma, adverse childhood experiences, and child maltreatment. In March 2022, as part of the State of the County Address, then Chair Nathan Fletcher announced that the County of San Diego (County) will establish a new department, Child and Family Well-Being.

After coordinating with staff, the community, departmental leadership, and contractor ICF International, today's action requests the Board's authorization to create the Child and Family Well-Being Department within the Health and Human Services Agency (HHSA), inclusive of County HHSA Child Welfare Services (CWS), First 5 Commission of San Diego (First 5 San Diego), and additional programs and services. In addition, today's action requests authorization to make any changes necessary to support the reorganization and partnership of CWS and First 5 San Diego into the Child and Family Well-Being Department. The creation of the Child and Family Well-Being Department provides the opportunity to integrate resources, programs, and services to support families and increase protective factors.

Today's item supports the County's vision of a just, sustainable, and resilient future for all, specifically for those communities and populations in San Diego County that have been historically disadvantaged and demonstrates an ongoing commitment to the regional *Live Well San Diego* vision of healthy, safe, and thriving communities. This will be accomplished by enhancing the coordination of upstream prevention strategies and services between community resources and

**SUBJECT:** ESTABLISH THE CHILD AND FAMILY WELL-BEING DEPARTMENT  
WITHIN THE HEALTH AND HUMAN SERVICES AGENCY (DISTRICTS:  
ALL)

the child welfare system to ensure children and families receive services and supports to attain and maintain a safe environment.

## **RECOMMENDATION(S)**

### **CHIEF ADMINISTRATIVE OFFICER**

1. Authorize the Chief Administrative Officer to establish the Child and Family Well-Being Department within the Health and Human Services Agency, inclusive of Child Welfare Services, First 5 San Diego, and additional programs and services for children and families, and reassign existing staff positions as needed.
2. Direct the Chief Administrative Officer to take any other actions to effectuate any changes necessary to implement the reorganization and partnership of Child Welfare Services and First 5 San Diego into the Health and Human Services Agency, Child and Family Well-Being Department.

## **EQUITY IMPACT STATEMENT**

Research shows that experiencing material hardship, such as not having the resources or income to provide for basic necessities like food, clothing, and shelter, is associated with increased risk for child welfare involvement. Studies indicate that if families experience at least one material hardship, the likelihood of being investigated for neglect increases nearly three times and that if families experience multiple types of hardship (after experiencing no hardships), the likelihood of being involved in a child welfare investigation increases four times. About 60 percent of all reports to the Child Abuse Hotline are for neglect-related concerns, so prevention efforts are necessary to help mandated reporters, the community, and the workforce better define neglect/maltreatment versus economic hardship (poverty). The majority of child maltreatment reports come from mandated reporters within the education, law enforcement, medical, and mental health systems; however, many reports do not meet the definition of abuse. For example, only six percent of all reports to the Child Abuse Hotline made by school-based mandated reporters are substantiated. Economic disparities and systemic disadvantages have perpetuated disproportionate child welfare involvement among families of color and children of color are often over reported to the Hotline. The ethnic distribution of monthly averages of children in referrals for Fiscal Year 2021-22 includes:

<b>Race</b>	<b>Percentage Referred to CWS Hotline</b>	<b>Percentage of Population*</b>
Hispanic	45%	34%
White	26%	46%
Black	11%	5%
Asian/Pacific Islander	4%	11%
Native American	1%	.5%
Other	13%	3.5%

\*per 2020 SANDAG data

The statistics demonstrate the need to promote racial equity and reevaluate how current child and family serving systems respond to families with insufficient resources to meet their unique family needs.

**SUBJECT:** ESTABLISH THE CHILD AND FAMILY WELL-BEING DEPARTMENT  
WITHIN THE HEALTH AND HUMAN SERVICES AGENCY (DISTRICTS:  
ALL)

While working to advance the child welfare system, the County of San Diego Health and Human Services Agency, Child Welfare Services (CWS) engaged youth and families, the Child and Family Strengthening Advisory Board of San Diego County and subcommittees, the foster care community, child and family advocates, CWS staff, and system and legal partners to solicit ideas and recommendations on how to achieve positive outcomes and results at a family, community, and system level. The expanded engagement provided equitable opportunities for the community to contribute to change, increase racial equity, and strengthen existing partnerships to maximize positive impact in the community. It is expected that by creating the more holistic Child and Family Well-Being Department, ethnic and socio-economic disparities can be reduced by increasing family and community partnership for children to remain safely in their homes.

#### **SUSTAINABILITY IMPACT STATEMENT**

The proposed action to establish the Child and Family Well-Being Department supports the County of San Diego's Sustainability Goal #2 of providing just and equitable access by expanding the availability of supports and services on a continuum to all families without having to be part of the child welfare system while still maintaining those efforts to intervene and keep children safe in partnership with families when they cannot do it on their own. This action will provide the supports needed for families to gain resilience, independence, and long-term skills which will lead to a reduction in the occurrence and recurrence of maltreatment, and associated costs.

#### **FISCAL IMPACT**

There is no fiscal impact associated with today's recommendations. The creation of a new Child and Family Well-Being Department and any proposed changes to County of San Diego reorganization may require additional resources with future fiscal impacts. The Health and Human Services Agency will return to the San Diego County Board of Supervisors for consideration and approval of any other future fiscal impacts that may result from recommendations or include in future Operational Plans as needed. At this time, there will be no change in net General Fund cost and no additional staff years.

#### **BUSINESS IMPACT STATEMENT**

N/A

#### **ADVISORY BOARD STATEMENT**

This item was presented to the Child and Family Strengthening Advisory Board as an informational item on January 30, 2023 and to the First 5 Commission of San Diego on February 9, 2023.

**SUBJECT:** ESTABLISH THE CHILD AND FAMILY WELL-BEING DEPARTMENT  
WITHIN THE HEALTH AND HUMAN SERVICES AGENCY (DISTRICTS:  
ALL)

## **BACKGROUND**

The child welfare system has made significant changes over the past 15 years to improve the response to children who have been abused or neglected; however, more changes can be made to move beyond the status quo. In addition, the COVID-19 pandemic elevated the need to create equity for children and families and brought to light the urgency to undertake a fundamental transformation to a better way for child and family well-being. There is an imperative need to transform the child welfare system toward prevention, with a focus on the earliest of interventions, and an overall change to a more equitable approach to reducing child maltreatment.

To support this transformation the San Diego County Board of Supervisors (Board) has taken steps to increase supports for families, promote family strengthening efforts, and reduce the impact of trauma, adverse childhood experiences, and child maltreatment. In March 2022, as part of the State of the County Address, then Chair Nathan Fletcher announced that the County of San Diego (County) will establish a new department, Child and Family Well-Being.

### ***Transformation Towards a Child and Family Well-Being System***

Creating the Child and Family Well-Being (CFWB) Department will involve restructuring components of the County Health and Human Services Agency (HHSA) to better align and integrate departments and programs that serve children, youth, and families. Reconceptualizing these County operations provides an opportunity to transform the child welfare system with a focus on equity, prevention, and supporting families. The transformation will build capacity and pathways to provide families with the range of resources they need and increase protective capacity before foster care becomes a necessary intervention for keeping children safe.

In September and October 2022 County HHSA, Child Welfare Services (CWS) staff engagement feedback sessions were held to discuss the structure, purpose, and function of the CFWB Department. With the assistance and consultation of a contractor, ICF International, CWS engaged 480 staff members. Feedback included the following topics:

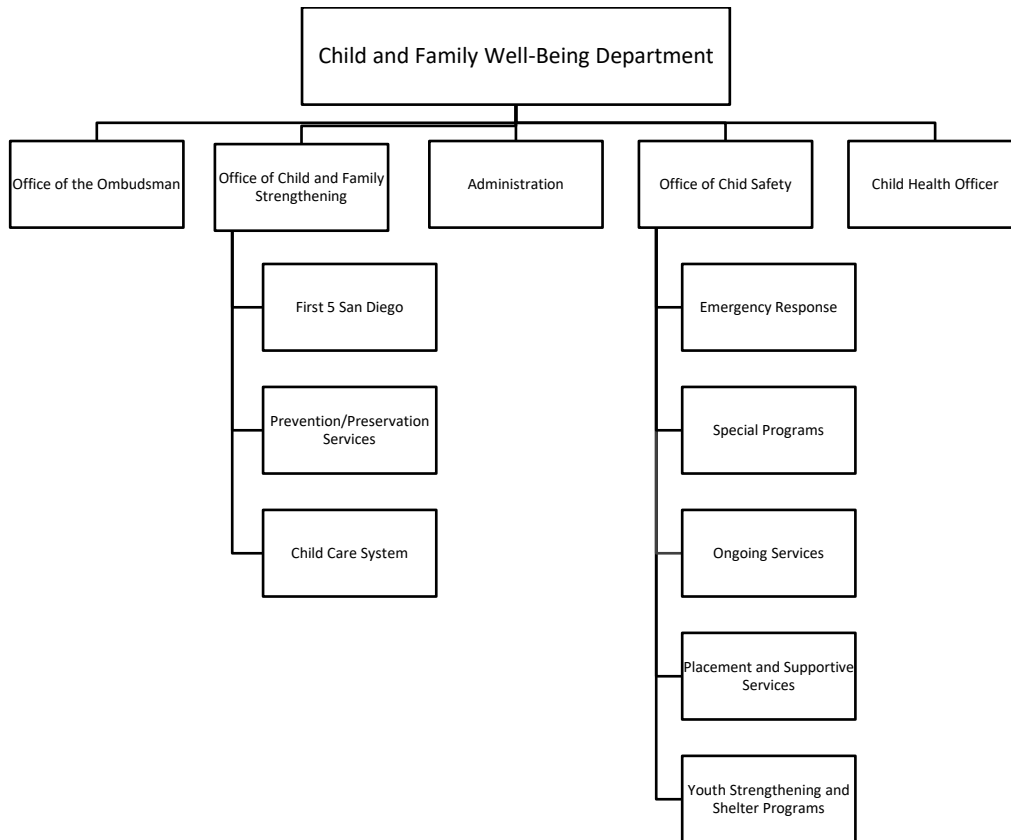
- Staffing, training, leadership supports, community partnerships, streamlined access to services, cultural awareness, and transparency are all necessary for success;
- Defining clear goals, purposes, and roles in partnerships are important to discuss with the community; and
- Implement changes in a thoughtful and planned way that consider impact to workload and provide transparent communication about changes.

From October to December 2022 community presentations and feedback sessions were held with CWS participants to discuss the growth and reorganization. Sessions were held in the community with supporting agencies throughout all regions of the county such as El Cajon Collaborative, Southeast Collaborative, North County caregivers support group at the YMCA, and Partners in Prevention Advisory Committee. Additional community presentations and feedback sessions will be held in early 2023.

**SUBJECT:** ESTABLISH THE CHILD AND FAMILY WELL-BEING DEPARTMENT  
WITHIN THE HEALTH AND HUMAN SERVICES AGENCY (DISTRICTS:  
ALL)

***Organizational Structure***

The CFWB Department will consist of the Office of the Ombudsman, Office of Child and Family Strengthening, Administration, Office of Child Safety, and the Child Health Officer. The organizational structure is depicted below.



***Office of Child Safety***

The Office of Child Safety will continue to provide all programs and services currently administered through CWS. Social Workers will partner with children and families to assess the safety of children who have been alleged to have been abused and/or neglected through investigations of maltreatment allegations received through the Child Abuse Hotline. For families who have substantiated allegations of child abuse and/or neglect, Social Workers will provide case management and intervention services through either Voluntary Services cases or cases open with the Juvenile Dependency Court to either maintain the child safely in their home or effectuate reunification when it is safe to return the child home. If a child cannot return home safely, Social Workers will provide permanency and transition services to include establishing adoptions, legal guardianships, tribally approved home placements, or transitions to adulthood through extended foster care for non-minor dependent youth. In addition to those primary services, the Office of Child Safety will have support and specialty programs to identify, train, and monitor Resource Family homes.

**SUBJECT: ESTABLISH THE CHILD AND FAMILY WELL-BEING DEPARTMENT  
WITHIN THE HEALTH AND HUMAN SERVICES AGENCY (DISTRICTS:  
ALL)**

This work will be administered through five programs within the Office of Child Safety including:

- Emergency Response functions to include all State and federal safety requirements for investigations of child abuse and neglect, while at the same time bridging families who could be best served through prevention services.
- Special Programs to include the Child Abuse Hotline, Indian Specialty Unit, Medically Fragile Unit, and foster youth who are working to achieve permanency through Adoption, Guardianship, or independent transition to adulthood.
- Ongoing Services functions to include support and services for families with an open Voluntary Services or Juvenile Court dependency case.
- Placement and Supportive Services for Resource Family Approval, Placement, and respite and other supportive services for the resource family community.
- Youth Strengthening and Shelter Programs with oversight of the 24-hour placement operations of Polinsky Children's Center and San Pasqual Academy.

*Office of Child and Family Strengthening*

The Office of Child and Family Strengthening will be made up of three divisions including First 5 Commission of San Diego (First 5 San Diego), Prevention and Preservation Services, and Child Care System. Additional programs may be included in the Office of Child and Family Strengthening based on further community input and identified needs.

*First 5 Commission of San Diego*

In November 1998, California voters passed the California Children and Families Act (Proposition 10). This statewide ballot initiative increased the tax on cigarettes and tobacco products and created local county commissions to oversee funding decisions, known locally as First 5 San Diego. The revenue is used to facilitate the development of comprehensive, integrated services and systems that promote early childhood development from the prenatal period through age five. This work is led through various contracted partners who provide families of children birth to five years of age with comprehensive services that support the development and overall well-being and support the vision that all children ages zero through five are healthy, loved and nurtured, and enter school as active learners. All First 5 San Diego services are provided through contracted local community-based organizations with some engaging targeted populations that include, but are not limited to, refugee/immigrant families, teen parents, military connected, and low-income families.

This work is accomplished via the approved First 5 San Diego Strategic Plan 2020-2025, which is informed by an ad hoc committee made up of diverse and cross sector community stakeholders and approved by the governing Commissioners.

As part of the CFWB Department, First 5 San Diego will continue to reach families countywide by:

- Leading systems change efforts supporting the health and well-being for all children ages birth to 5 years of age in San Diego County;
- Supporting comprehensive healthy development (early identification of developmental and /or social emotional needs);
- Supporting early learning and care sites providing high-quality services;



**SUBJECT:** ESTABLISH THE CHILD AND FAMILY WELL-BEING DEPARTMENT  
WITHIN THE HEALTH AND HUMAN SERVICES AGENCY (DISTRICTS:  
ALL)

- Serving pregnant and parenting women, caregivers, and children with intensive home visits; and
- Providing health and social service referrals for families.

Integrating the work of First 5 San Diego and CFWB Department Prevention and Preservation Services the County can more effectively layer funding, creating sustainability in programs and increasing capacity to serve more families in need.

*Prevention and Preservation Services*

San Diego County has long invested in resources and supports to provide prevention and family strengthening services to families. In recent years, the Board has supported multiple investments in child abuse prevention services, including:

- In partnership with the YMCA Childcare Resource Services and several other community organizations, Partners in Prevention cultivates a connected community that believes in strengthening family protective factors to decrease the likelihood of abuse or neglect.
- In response to Board direction (December 10, 2019 (10) and in an effort to reduce the number of families with a subsequent referral to the Child Abuse Hotline, CWS created the Family Strengthening and Prevention Initiative (FSPI). The FSPI includes the implementation of a partnership with 2-1-1 San Diego, which allows CWS staff to refer families, with an evaluated-out referral, to the 2-1-1 San Diego CONNECT program. Families referred to the 2-1-1 San Diego CONNECT program are able to receive support with connecting to community-based services that can assist with prevention of abuse and/or neglect.
- On July 13, 2021 (7), the Board approved development and evaluation of the Innovation in Foster Care: Cash Transfer Program for Youth At-Risk Families. Eligible families will receive monthly income subsidies for up to two years and have access to equitable opportunities to participate in supportive services. The program is intended to increase resiliency in impacted communities, promote family strengthening, and prevent child maltreatment and youth entry into foster care.

The Office of Child and Family Strengthening will continue to support existing prevention and preservation services and explore new initiatives that will build upon this work. New federal legislation, the Family First Prevention Services Act (FFPSA, 2018), indicates there is a clear direction to transform the way child welfare services are delivered by providing additional fiscal resources to support these efforts. Part I of FFPSA allows jurisdictions up to 50 percent cost reimbursement from the federal government for the provision of preventative services to families. This new form of funding distribution allows jurisdictions to provide more services to families in need. Eligible services include substance use disorder services, mental health services, in-home parenting programs, and kinship navigation services. These services are designed to prevent the need for families to ever make formal contact with the child welfare system. As these prevention services are being created within FFPSA guidelines, a large portion of them will be provided through a Prevention Hub.

The goal of the Prevention Hub is to link families to primary, secondary, and tertiary prevention services that are needed to prevent families from coming to the attention of the child welfare system and Juvenile Probation. The Prevention Hub will assess for safety concerns, determine if

**SUBJECT: ESTABLISH THE CHILD AND FAMILY WELL-BEING DEPARTMENT  
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ALL)**

the youth may be at imminent risk of removal from their home, and provide a care navigator who can help link the families to formal supports based on a comprehensive strength and needs assessment. As a centralized access point, the Prevention Hub will ensure families have one point of contact to help them navigate needed prevention supports and services. This will:

- Ensure a prevention-focused infrastructure to keep children safely at home using evidence-based practices;
- Eliminate income criteria, creating opportunities to provide prevention services to more families; and
- Provide funding to support services to prevent the entry or return of youth into the foster care or probation systems.

*Child Care System*

It is crucial that San Diego County provides targeted, long-term, and continued child care investments that are accessible, affordable, and reliable. A few County efforts include:

- The San Diego County Child Care and Development Planning Council establishes priorities for the distribution of federal, State, and local child care and development funds and seeks and advocates for funding for child care and child development services to promote the improvement of quality in child care and development services for all San Diego County children (Ordinance No. 10494 N.S.).
- Establishment of the Child Care Workforce Investment Program, which will increase and strengthen child care provider capacity and provide equitable access to quality early childhood education and care in the region with a specific focus on Family Child Care providers (September 27, 2022 (7)).
- Establishment of the Child Care Shared Services Alliance (SSA) Program. The SSA includes a larger organization to serve as a backbone agency to bring in resources for business infrastructure for a collective of smaller child care providers allowing providers to share costs and deliver services in a more streamlined way with a focus on high-quality care (September 27, 2022 (9)).
- In October 2022, the Board hosted a Child Care Conference, leading to the creation of a countywide Child Care Blueprint. The Child Care Blueprint development is informed with input from cross sector stakeholders and child care advocates and will be released by April 2023.

Integrating these efforts into the CFWB Department will provide a holistic approach to enhancing and sustaining quality early care and education system in San Diego County.

*Intended Outcomes*

The vision is to increase protective factors to reduce the likelihood of child abuse and neglect and improve child and family well-being through strengths-based, family-centered, trauma informed and culturally responsive services. For children who do need to enter the foster care system, there must be an equal focus on the well-being of children and families and an emphasis on equity and reducing the impact of trauma that can come from the interaction with the foster care system.

While the focus will be on strengthening families and preventing children from entering the foster care system, youth who are suffering will not be ignored. Some youth will still require foster care

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as an intervention to keep them safe. However, this intervention should be a significantly smaller number of youth and foster care should be the last and least utilized intervention to support families. The County must increase family strengthening and prevention services, and also fundamentally shift the traditional approach to child protection and service delivery in order to eliminate disparities.

Through restructuring operations and creating a vision of a better way for child and family well-being, the short-term and long-term outcomes are listed below. After realizing the short-term outcomes the long-term outcomes are projected within two to five years.

Short-Term Outcomes	Long-Term Outcomes
<ul style="list-style-type: none"><li>• Increased collaboration and communication among agencies and community-based organizations to ensure families have equitable access to a continuum of prevention and strengthening services;</li><li>• Reduced number of individuals on wait lists for services;</li><li>• Improved protective capacity of parents;</li><li>• Increased awareness of new processes to receive prevention services; and</li><li>• Increased number of families accessing equitable preventative services.</li></ul>	<ul style="list-style-type: none"><li>• Decreased rates of disproportionality and disparities;</li><li>• Improved health and well-being equity outcomes for children, youth and families;</li><li>• Increased family strength, resilience and sustainability;</li><li>• Reduced child maltreatment, entry into foster care, and unnecessary Child Abuse Hotline calls; and</li><li>• Enhanced sustainability of funding and programming for prevention services.</li></ul>

***Next Steps***

After the Board's action today, CWS and First 5 San Diego leadership will continue to work with ICF International to begin the reorganization into the CFWB Department through the following actions:

- Continue planning sessions with staff and the community;
- Receive and review the Business Process Re-Engineering Plan from ICF International which will include a detailed phased implementation plan and data to support staffing numbers and recommendations;
- Finalize the evaluation framework for CFWB Department; and
- Begin transitions and implementation starting in July 2023.

Today's action requests the Board's authorization to create the Child and Family Well-Being Department within HHSA, inclusive of CWS, First 5 San Diego, and additional programs and services. In addition, today's action requests authorization to make any changes necessary to support the reorganization and partnership of CWS and First 5 into the Child and Family Well-Being Department.

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ALL)

**LINKAGE TO THE COUNTY OF SAN DIEGO STRATEGIC PLAN**

Today's proposed actions support the County of San Diego's (County) 2023-2028 Strategic Plan Initiatives of Sustainability (Economy and Resiliency), Equity (Health and Economic Opportunity), Empower (Workforce, Transparency, and Accountability), and Community (Engagement, Quality of Life, Communications, and Partnership) by providing a strengthened child and family system that ensures the safety and well-being of children and families and supports the foster care community and Health and Human Services Agency staff.

Respectfully submitted,

A handwritten signature in black ink, appearing to read 'H. Robbins-Meyer', with a stylized flourish at the end.

HELEN N. ROBBINS-MEYER  
Chief Administrative Officer

**ATTACHMENT(S)**

N/A



# ITEM #21: ESTABLISH THE CHILD AND FAMILY WELL-BEING DEPARTMENT WITHIN THE HEALTH AND HUMAN SERVICES AGENCY

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Nick Macchione, Agency Director, Health and Human Services Agency

Kimberly Giardina, DSW, Director, Child Welfare Services

Alethea Arguilez, Executive Director, First 5 San Diego

Alfredo Guardado, Assistant Director, Child Welfare Services

February 28, 2023



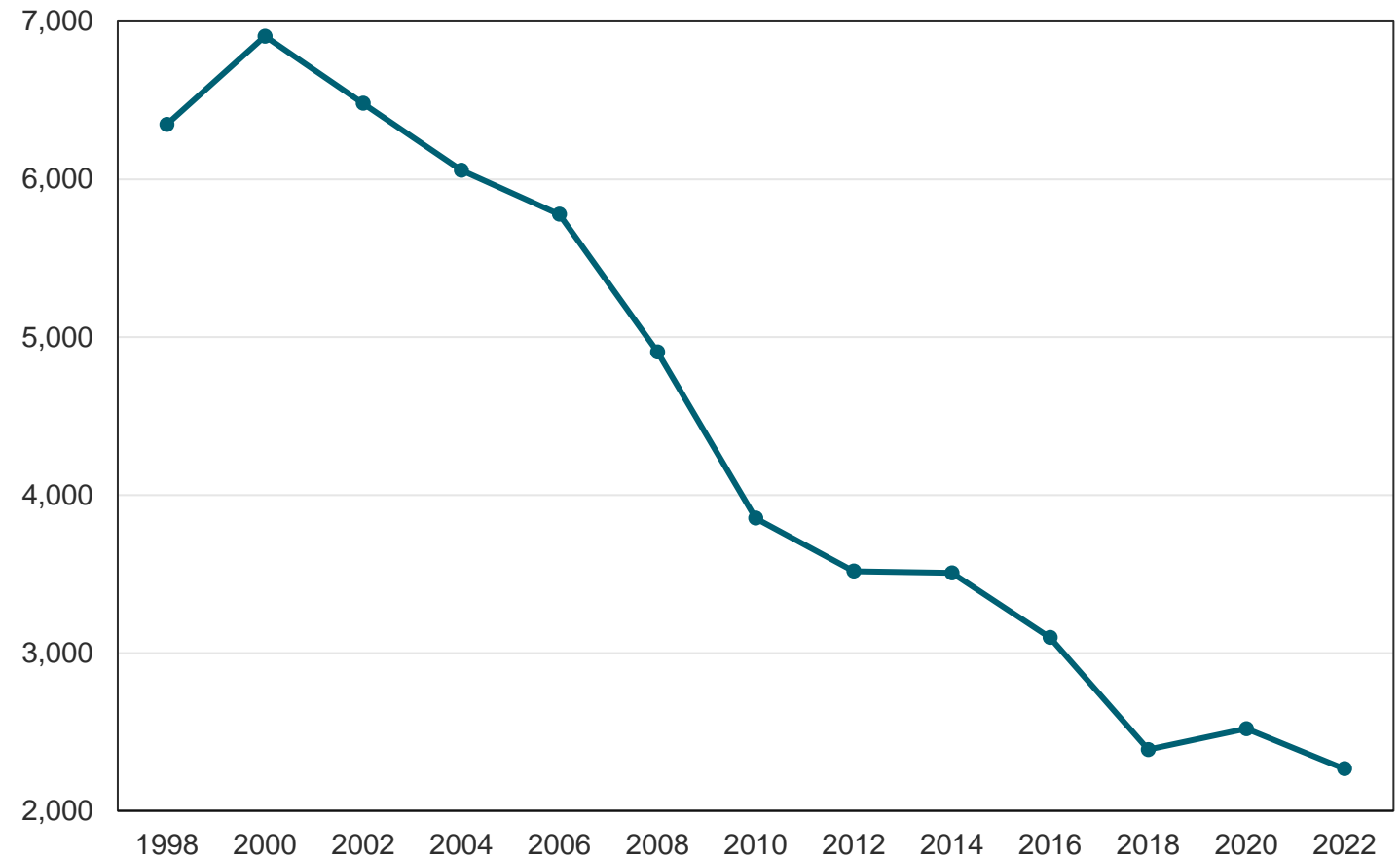
# CHILD AND FAMILY WELL-BEING



LIVE WELL  
SAN DIEGO



## Youth in Foster Care

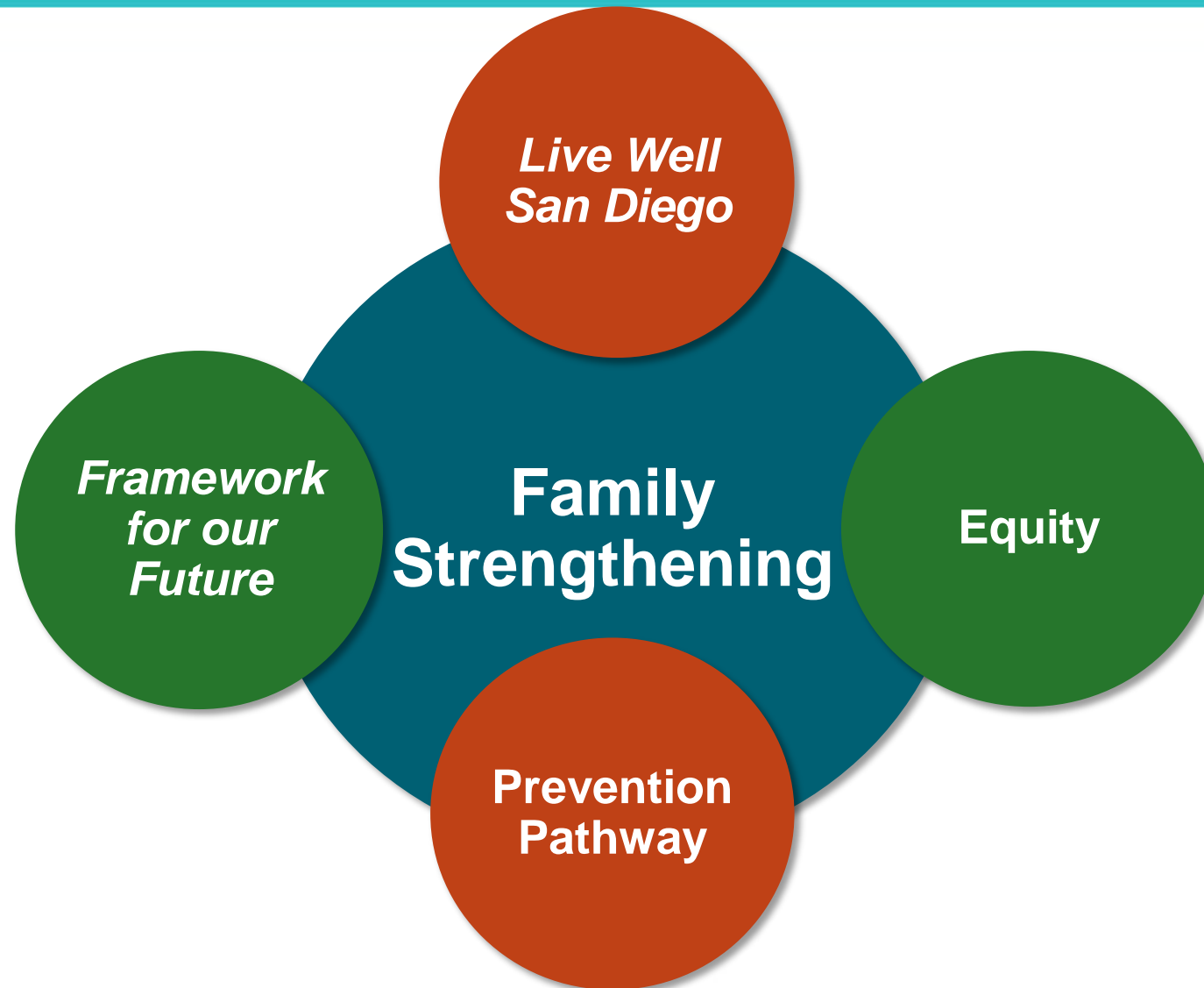




# DRIVERS FOR FAMILY STRENGTHENING AND NEW STRUCTURE



LIVE WELL  
SAN DIEGO



# COMMUNITY ENGAGEMENT



LIVE WELL  
SAN DIEGO

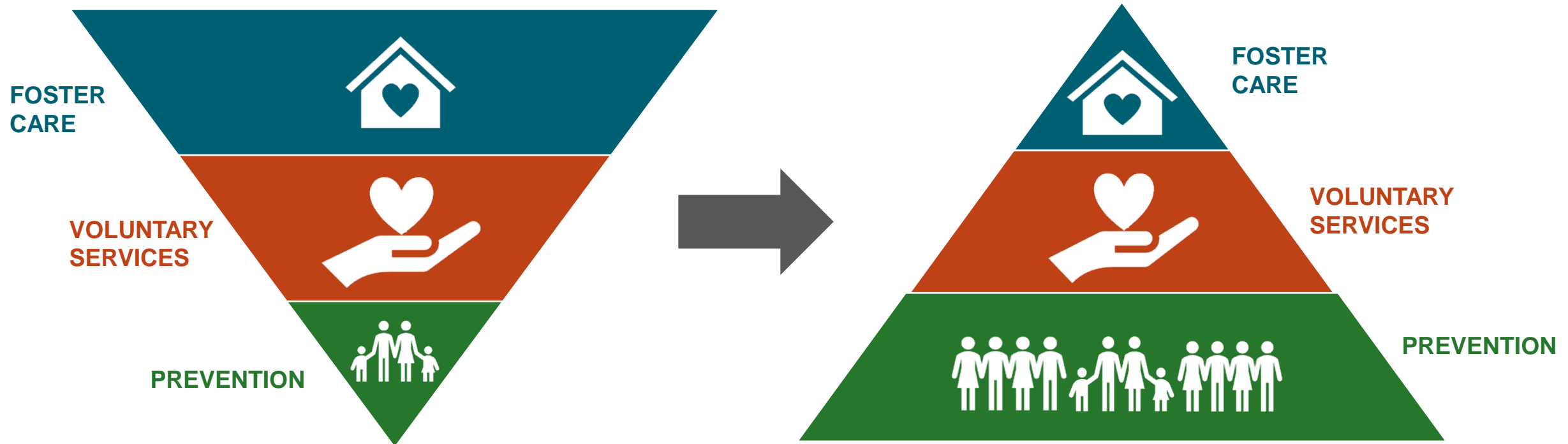
- Information sessions held with:
  - Child Welfare Services & First 5 San Diego Staff
  - Lived Experts
  - Community Organizations
  - Community Members



# FAMILY STRENGTHENING FOCUS



LIVE WELL  
SAN DIEGO



# WHAT IS PREVENTION?



LIVE WELL  
SAN DIEGO

**Prevention means** families thrive in a *connected community* that enhances and restores nurturing and responsive relationships and environments. It involves aligning impact on multiple levels so that all *children* are safe and cherished, all *families* are nurtured to build up protective factors, and *systems/structures* create equitable pathways to wellness.

Building Better Health, Living Safely and Thriving

# PREVENTION SERVICES



LIVE WELL  
SAN DIEGO

- Services to children and families throughout San Diego
- Family First Prevention Services Act fundamentally shifts toward prevention
- Services are designed to prevent the need for families to ever make formal contact with the child welfare system





# INTENDED OUTCOMES



LIVE WELL  
SAN DIEGO

## Short-Term

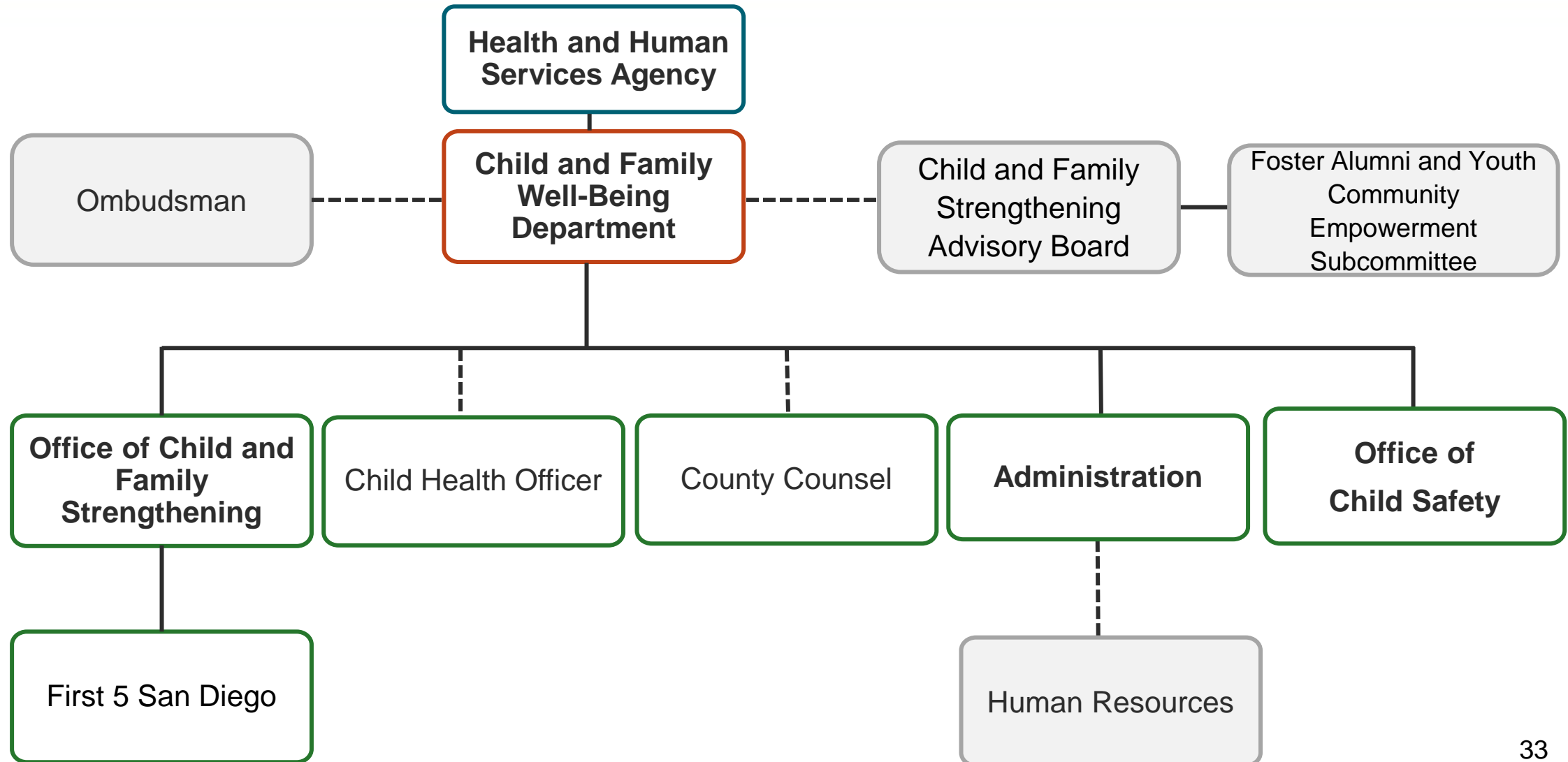
- Increased collaboration and communication among agencies and community-based organizations to ensure families have equitable access to a continuum of prevention and strengthening services
- Reduced number of individuals on wait lists for services
- Improved protective capacity of parents
- Increased awareness of new processes to receive prevention services
- Increased number of families accessing preventative services

## Long-Term

- Decreased rates of disproportionality and disparities
- Improved health and well-being equity outcomes for children, youth and families
- Increased family strength, resilience and sustainability
- Reduced child maltreatment, entry into foster care, and unnecessary Child Abuse hotline calls
- Enhanced sustainability of funding and programming for prevention services



# ORGANIZATIONAL STRUCTURE



# ORGANIZATIONAL STRUCTURE



LIVE WELL  
SAN DIEGO



# NEXT STEPS



LIVE WELL  
SAN DIEGO



Continue engaging staff and all community stakeholders in the creation and implementation of the new department

Evaluate progress of Child and Family Well-Being Department to ensure family strengthening and thriving families



# RECOMMENDATIONS



LIVE WELL  
SAN DIEGO

**RECOMMENDATION #1:** Authorization to create the Child and Family Well-Being Department within the Health and Human Services Agency (HHSA), inclusive of Child Welfare Services, First 5 San Diego, and additional programs and services.

**RECOMMENDATION #2:** Authorization to make any changes necessary to support the reorganization and partnership of Child Welfare Services and First 5 into the Child and Family Well—Being Department.





# ITEM #21: ESTABLISH THE CHILD AND FAMILY WELL-BEING DEPARTMENT WITHIN THE HEALTH AND HUMAN SERVICES AGENCY

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Nick Macchione, Agency Director, Health and Human Services Agency

Kimberly Giardina, DSW, Director, Child Welfare Services

Alethea Arguilez, Executive Director, First 5 San Diego

Alfredo Guardado, Assistant Director, Child Welfare Services

February 28, 2023





## February Update



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# A Message from CYBHI Director Melissa Stafford Jones

*“It’s a culture of we instead of me.” -Indira Infante, Program Manager, Placer County’s Parent Partners Program*

Integrated systems centered on youth and families are fundamental to the [Children and Youth Behavioral Health Initiative \(CYBHI\)](#).

On February 8, a group of leaders from CalHHS and our departments attended Placer County’s **SMART Policy Team**, an interagency leadership group to improve youth outcomes. Including youth- and family-focused systems as well as family advocates, the group provides guidance and high-level coordination of services and policies affecting kids and families. This work is part of Placer County’s Children’s System of Care, which has integrated its child-serving efforts for 30 years. The voices of youth and families are critical to this system, as seen in the **Parent Partners** program, which brings people with lived experience on as partners, practitioners and voices in policy discussions. It was instructive to learn how this system was formed, the hard work involved in creating alignment, the culture of collaboration they have developed, and how their approach radiates out to the school-based wellness centers we also visited.

What could integration look like in practice as we work together to implement the CYBHI at the state and local levels? [Working Paper: California’s Children & Youth Behavioral Health Ecosystem](#) outlines an early blueprint of a more integrated and equitable behavioral health system and the components, changes and steps needed to get there. These transformative goals, while extremely challenging, can be achieved when systems and partners undertake together the necessary collective change work. Efforts underway by CYBHI and other state and local entities provide an opportunity to build on the paper’s recommendations to better serve our youth and families.

Integration is really about bringing everyone to the table and focusing on the experiences, needs and wants of youth and families. Both the working paper and the work going on in Placer County demonstrate what is possible when we unite our efforts under a shared vision, shared principles and shared goals.

Thank you for your continued collaboration, commitment and leadership.

In Partnership,

Melissa Stafford Jones, Director, Children and Youth Behavioral Health Initiative



## Current Funding Opportunities

### **Scholarship - Advanced Practice Healthcare Scholarship Program (HCAI)** **Responses due February 24, 2023, at 3:00 p.m.**

The purpose of this program is to increase the number of appropriately trained advanced practice healthcare professionals (including behavioral health professionals) providing direct patient care in an underserved area or qualified facility within California. Interested parties are encouraged to apply for funding using the HCAI [funding portal](#).

### **Scholarship - Allied Healthcare Scholarship Program (HCAI)** **Responses due February 24, 2023, at 3:00 p.m.**

The purpose of this program is to increase the number of appropriately trained allied professionals (including allied behavioral health professionals) providing direct patient care in an underserved area or qualified facility within California. Interested parties are encouraged to apply for funding using the HCAI [funding portal](#).

### **RFI - Marketing Strategy & Execution (HCAI)**

#### **Responses due February 24, 2023, at 5:00 p.m.**

HCAI invites interested parties to review and respond to this non-binding Request for Information (RFI). This request for information seeks a qualified vendor that will partner with HCAI in developing the certification process for expanded and newly developed professional roles, specifically that of Wellness Coaches (WC) and Community Health Workers/Promotores (CHW/P). Information is available on [Cal eProcure.com](#).

### **RFA - Substance Use Disorder Earn and Learn Grant Program (HCAI)** **Responses due February 28, 2023, at 3:00 p.m.**

This grant opportunity will result in a three-year grant agreement(s) with SUD Earn and Learn (E & L) providers to provide education and paid job experience to students getting SUD certified in California. Information about the opportunity can be found on the [HCAI website](#). Interested parties are encouraged to apply for funding using the [online application](#).

**RFA - EBP/CDEP: Trauma-informed Programs (DHCS)****Responses due March 3, 2023, at 5:00 p.m.**

In the second round of the Evidenced-Based Practices/Community-Defined Evidence Practices (EBP/CDEP) Grant Program, DHCS seeks proposals from various individuals, organizations, and agencies to scale evidence-based, trauma-informed programs and practices. Information about the opportunity can be found on the [DHCS website](#). Interested parties are encouraged to apply for funding using this [application form](#).

**RFI - Certification and Technical Assistance (HCAI)****Responses due March 3, 2023, at 5:00 p.m.**

HCAI invites vendors to review and respond to this non-binding Request for Information (RFI), which will provide information to HCAI to inform the planning, design, development, and implementation of a marketing campaign for both Community Health Workers/Promotores (CHW/P) and Wellness Coaches (WC) by May 31, 2023. HCAI may use the RFI responses to develop a scope of work for a potential future solicitation of services. Information is available on [Cal eProcure.com](#).

**RFA - Peer Personnel Training and Placement Program (HCAI)****Responses due March 30, 2023, at 3:00 p.m.**

This grant opportunity will result in agreement(s) with public, private, and nonprofit organizations, including faith based and community-based organizations, for training and support that facilitates the training and placement of peer personnel. Information about the opportunity can be found on the [HCAI website](#). Interested parties are encouraged to apply for funding using the [HCAI funding portal](#).

**RFI - BH Training Development (HCAI)****Responses due March 31, 2023, at 3:00 p.m.**

HCAI invites vendors to review and respond to this non-binding Request for Information (RFI), which will provide information to HCAI to inform the planning, design, development, and launch of the behavioral health training for non-medical and non-behavioral health professionals by June 2023. HCAI may use the RFI responses to develop a scope of work for a potential future solicitation of services. Information is available on [Cal eProcure.com](#).

# Updates

## Working Paper: California's Children & Youth Behavioral Health Ecosystem

[Working Paper: California's Children & Youth Behavioral Health Ecosystem](#) was commissioned by CalHHS to describe the changes needed to realize the vision of the CYBHI. Created by a multi-disciplinary working group led by [Breaking Barriers California](#), it describes the steps and components necessary to create an integrated and youth-centered behavioral health ecosystem. The paper is informed by more than 100 interviews with youth, families and leaders across disciplines, communities and geographies, along with more than a dozen larger advisory group meetings.

The Working Paper's recommendations highlight how our work can - and why it must - be integrated and aligned to better serve our kids. Its key themes – centering the needs of children and families, breaking down silos that separate child-serving systems and deeply committing to a collaborative approach – drive our work at the CYBHI.

The Working Paper's recommendations include:

- **Create a clear, shared vision** for and with children and families.
- Ensure **communities and families are empowered as partners** to elevate their interests.
- Commit to **addressing root issues** of structural inequity.
- Adopt an **integrated approach to child well-being** and alignment across the ecosystem.
- Invest in **capacity building, technical support and a research agenda** for initiating and building local ecosystems of care.
- Develop a **larger, culturally-responsive and congruent behavioral health workforce**.
- Develop and implement **community-defined shared outcomes, accountability and continuous improvement**.
- Incorporate **data and information-sharing processes and tools**.
- Adopt **approaches to integrated funding** to maximize impact.
- Ensure **coordinated care navigation** for youth, students and families.

The [Master Plan for Kids' Mental Health](#), the CYBHI and other related initiatives, share many of the core values laid out in the paper, and they provide an opportunity to build on its key themes. The paper is accompanied by the **Supplemental Mapping of CYBHI and other State Initiatives to Key Recommendations**, which outlines how state

initiatives including CYBHI connect and support the working paper's recommendations.

The Working Paper makes it clear that realizing these recommendations will not be easy, nor immediate. But this transformative change is possible when we work together. By integrating the efforts of the child-serving systems, we can create healthier and more equitable outcomes for our youth and families.

The CYBHI will host a webinar discussing the Working Paper on February 28 from 10-11 a.m. You can RSVP online via the [registration page](#).

View [Working Paper: California's Children & Youth Behavioral Health Ecosystem](#) on the CYBHI website.

## Stories From the Field: Parent Partners

*The CYBHI works to ensure that our systems are centered on and driven by the needs of youth and families and to develop a workforce with cultural competency and lived experience. The following story is one example of what those values can look like in action and the impact they can create.*

When clients meet with a Family Advocate at [Parent Partners](#), which provides support to families receiving services from Placer County's system of care, they're working with someone who can personally relate to the issues they face.

"We ask others in the system of care to refer parents who are former recipients of services and would be good candidates to be family advocates," said Indira Infante, program manager for the Parent Partners program, which is operated by Cal Voice. "People don't need degrees to join our team, as long as they have lived experience navigating some of the systems."

The program, which uses creative, culturally-sensitive, and strengths-based thinking, is based on the ideas that families are the experts in their own needs and that support from someone who understands their experiences is critical to creating successful outcomes.

At first, families can be intimidated by what they see as an intrusion. Many barriers must be overcome—from language barriers and concerns around immigration status to distrust based on previous experiences with systems—to begin the path toward healing.

"Families come in with crises," Indira said. "Our team focuses on their strengths. We work together to shift the mindset."

One of the most important roles members of the team play is attending court proceedings, treatment team meetings and school meetings with families, assisting and supporting them in being equal partners with the professionals who work with them. They take part in policy discussions to make sure the experiences and concerns of the families they serve are taken into account.

“We’re a bridge to the other systems and practitioners,” Indira said. “Not working against them, but together. We act as allies to make sure families’ voices are heard.”

In Placer County, that approach—integrated systems with youth and families at the center—is bigger than one program. It’s the core of their entire system of care.

“We don’t have a separate child welfare department or mental health department for children. They’re blended together into one department, called Children’s System of Care,” said Mike Lombardo, executive director of prevention supports and services for Placer County Office of Education.

Bringing on staff with lived experience helps create an integrated system built for and with the people it serves. “The people hired by the program are embedded across our system of care,” Mike said. “They sit next to our social workers and mental health workers and take part in conversations about individual families. They work on wraparound teams and crisis teams.”

Fully incorporating families as practitioners and partners creates systems in which their voices and needs are centered. Representation at every level, from program design to implementation to evaluation, can make our systems more equitable and effective for all California families.

It creates an environment of collaboration, in which systems and families work together to create better outcomes.

As Indira says, “It’s a culture of ‘we’ instead of ‘me.’”

*Parent Partners is one example of the impact that can be created when our behavioral health workforce has lived experience and when our systems are centered on and driven by the needs of those they serve. Visit the [CYBHI webpage](#) to learn more about how the initiative is putting these values into practice to serve all California children and families.*

## February CYBHI Quarterly Webinar

On February 1, the CYBHI held its quarterly webinar. It featured initiative-wide updates on two reports released in January - the [January 2023 CYBHI Progress Report](#) and the [Youth at the Center Report](#) - and deep dives on two workstreams, the new Medi-

Cal Dyadic Services benefit (DHCS) and the Youth Suicide Prevention Media and Outreach Campaign (CDPH).

The webinar also featured Youth Journalist and Advocate Sarah Yee, who shared her poem “16 Strings Too Many.” The poem captures her own experiences and story, exploring themes of family, Asian American identity, the pressures faced by young people, the stigmas around mental health and the power of finding support.

You can view the [presentation](#) and [a video of the webinar](#) on the [CYBHI website](#).

## Upcoming Meetings and Participation Opportunities

### **February 24, 2023 – 12-1 p.m. – Youth at the Center Report Webinar**

Please RSVP via the [registration page](#).

### **February 28, 2023 – 10-11 a.m. – California’s Children & Youth Behavioral Health Ecosystem Webinar**

Please RSVP via the [registration page](#).

### **March 14, 2023 – 10 a.m.-3 p.m. – Behavioral Health Task Force Meeting**

Meeting information and agenda will be available on the [Behavioral Health Task Force](#) web page. Register to join the March 14 [Behavioral Health Task Force Meeting](#).

### **March 29, 2023 – 3-5:30 p.m. – Equity Working Group**

Please RSVP via the [registration page](#).

## Stay Engaged

The CYBHI welcomes all input. To provide thoughts or comments or to sign up to receive regular updates, please email [CYBHI@chhs.ca.gov](mailto:CYBHI@chhs.ca.gov). To engage on workstream-specific topics, please use the following information:

- Department of Health Care Services:
  - Contact information for questions/feedback: [CYBHI@dhcs.ca.gov](mailto:CYBHI@dhcs.ca.gov)
  - Children & Youth Behavioral Health Initiative [Webpage](#)
  - Student Behavioral Health Incentive Program (SHIP) [Webpage](#)
  - Behavioral Health Continuum Infrastructure Program (BHCIP) [Webpage](#)
  - CalHOPE Student Support [Webpage](#)
- Department of Health Care Access and Information (HCAI): [CYBHI@hcai.ca.gov](mailto:CYBHI@hcai.ca.gov)
- Department of Managed Health Care: [CYBHI@dmhc.ca.gov](mailto:CYBHI@dmhc.ca.gov)
- California Department of Public Health: [CYBHI@cdph.ca.gov](mailto:CYBHI@cdph.ca.gov)
- Office of the California Surgeon General: [info@osg.ca.gov](mailto:info@osg.ca.gov)

## About the CYBHI

The [Children and Youth Behavioral Health Initiative \(CYBHI\)](#) is a historic, five-year, \$4.7 billion initiative to reimagine and transform the way California supports children, youth and families. Managed by the California Health and Human Services Agency, the CYBHI focuses on promoting mental, emotional and behavioral well-being, preventing challenges and providing services, support and routine screening to ALL children and youth for emerging and existing needs connected to mental, emotional and behavioral health and substance use. Built on a foundation of equity and accessibility, the initiative is designed to meet young people and families where they are to create an ecosystem that can help them when, where and in the way they need it most.

## Past Updates & Information

- February 2023 Quarterly Webinar ([presentation](#) and [video recording](#))
- [January 2023 CYBHI Update](#)
- [December 2022 CYBHI Update](#)
- October 2022 Quarterly Webinar ([presentation](#) and [video recording](#))
- [September 2022 CYBHI Update](#)
- [August 2022 CYBHI Update](#)
- July 2022 Quarterly Webinar ([presentation](#) and [video recording](#))
- [June 2022 CYBHI Update](#)
- [March 2022 CYBHI Update](#)
- March 2022 Kick-Off Webinar ([presentation](#) and [video recording](#))
- [February 2022 CYBHI Update](#)





# County of San Diego

**NICK MACCHIONE, FACHE**  
AGENCY DIRECTOR

**HEALTH AND HUMAN SERVICES AGENCY**  
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**LUKE BERGMANN, Ph.D.**  
DIRECTOR, BEHAVIORAL HEALTH SERVICES

February 23, 2023

TO: Behavioral Health Advisory Board (BHAB)

FROM: Luke Bergmann, Ph.D., Director, Behavioral Health Services (BHS)

## **BEHAVIORAL HEALTH SERVICES (BHS) DIRECTOR'S REPORT – MARCH 2023**

### **BHS ADDRESSING POPULATION HEALTH AND EQUITY**

#### **Population Health Framework**

Population health is defined as “the health outcomes of a group of individuals, including the distribution of such outcomes within the group”; this includes health outcomes and patterns of health determinants, as well as the policies and interventions that link them.<sup>1</sup> Population health is fundamentally aligned with public health, the aim of which is to prevent disease, prolong life, and promote health.<sup>2</sup> Importantly, a population health framework is crucial to achieving health equity because it enables an understanding of how and why health outcomes vary across different groups (e.g., by geography, race/ethnicity, age, etc.); this information can be used to develop data-driven, community-informed, actionable steps to reduce disparities.

Historically, behavioral health has primarily focused on the provision of clinical services to individuals who have a clinical diagnosis and has typically been siloed from public health and health care sectors. In addition, systems and program planning have often been driven by crises versus chronic care and prevention. Applying a population health framework to behavioral health can help address these limitations by facilitating the following: a larger population reach; incorporation of prevention measures; early intervention and harm reduction efforts (in addition to clinical interventions for individuals with established diagnoses); enhanced coordination and integration with other relevant sectors; the ability to meet the diverse behavioral health needs of the community; and promotion of equitable outcomes. Above all, the goal of using a population health lens in this context is optimal behavioral health and wellness across the continuum of need.<sup>3</sup>

#### **Population Health Unit**

BHS supports a population health approach to behavioral health and is currently undergoing a transformation from a more traditional model of behavioral health to one rooted in population health principles. To advance this vision, BHS has continued to grow the Population Health Unit. Fundamental

<sup>1</sup> Kindig D, Stoddart G. “What is population health?” American Journal of Public Health. 2003. 93(3):380-383.

<sup>2</sup> Acheson, E. D. (1988). On the state of the public health [the fourth Duncan lecture]. Public Health, 102(5), 431–437.

<sup>3</sup> Evans AC, Bufka LF. The Critical Need for a Population Health Approach: Addressing the Nation's Behavioral Health During the COVID-19 Pandemic and Beyond. Prevention Chronic Disease 2020;17:200261. DOI: <http://dx.doi.org/10.5888/pcd17.200261>.



to this unit's work is streamlining behavioral health data sources and analytics to provide a comprehensive view of the county's behavioral health needs, strengths, outcomes, and disparities. Furthermore, robust behavioral health data allows for the development and implementation of innovative programs and policies based on identified trends and needs. This data is also used to monitor and evaluate the impact of interventions, as well as to provide critical information back to the community. The Population Health Unit, in concert with other BHS units, strives to use this data-driven approach to improve behavioral health services and increase health equity in San Diego County.

### **Community Experience Partnership**

An illustrative example of the population health approach is BHS's initiative to promote behavioral health equity through the Community Experience Partnership (CEP). The CEP aims to identify unmet behavioral health needs and to address their underlying systemic and regional inequities. The CEP works collaboratively with communities to understand and reduce health disparities, and to guide and inform culturally responsive program development. The final product will promote a continuous feedback process through which disparities can be identified, further informed by community engagement and mediated by actionable plans.

The first phase of the CEP was the development of an interactive dashboard that allows users to access behavioral health equity data by subpopulation (e.g., race, ethnicity, age, sexual, and gender identity) and geographic area. As of June 2022, the interactive dashboard is publicly available at [www.communityexperiencepartnership.com](http://www.communityexperiencepartnership.com). The dashboard has been utilized for community planning and by BHS Leadership for planning purposes.

A subsequent phase of the CEP is a Behavioral Health Equity Index (BHEI) to help highlight populations and neighborhoods at greatest risk for unmet behavioral health needs. The BHEI is a data-driven tool that allows users to explore differences in the root causes (also known as social determinants) of behavioral health across neighborhoods in San Diego County. Because the social determinants of behavioral health are multifaceted and complex, the BHEI is a composite index which combines information from multiple sources into a single score. This is a valuable tool to summarize data in a way that is interpretable and can help build community consensus for action. Understanding where inequities exist in our community is a first step towards identifying and addressing the factors that may contribute to behavioral health disparities.

Community members and key stakeholders were engaged in the identification, collection, analysis, and interpretation of data via focus groups, emailed surveys, and other means. The Community Experience Committee (CEC) included peers, family members, individuals with expertise in prevention, evaluation, and epidemiology, as well as representatives from the Cultural Competency Resource Team. The University of California, San Diego (UCSD) Research Centers has provided support and expertise throughout all phases of the CEC and will be responsible for ongoing data analysis.

The current phase of the CEP is the development of a Service Planning Tool. This tool will be utilized in the development of identifying areas of needs by producing a dashboard and a service planning report to summarize data and highlight cultural and regional considerations. This will be a tool required in the development for new statements of work and before Request for Proposals (RFPs) are issued. The CEP is one example of putting a population health approach into action. The Population Health Unit at BHS looks forward to sharing more of this work in the future.

### **BHS SPECIAL EVENTS AND ANNOUNCEMENTS**

#### **Shelter Beds for Youth Funded by the Behavioral Health Impact Fund**

On February 6, 2023, Urban Street Angels (USA) announced the completion and opening of 20 new emergency shelter beds for youth at its downtown San Diego facility. Through a collaboration with the

City of San Diego, Supervisor Nathan Fletcher established the County-City Behavioral Health Impact Fund (BHIF) to provide one-time capital funding toward community-based behavioral health organizations to expand their capacity to provide services. USA was the recipient of a \$503,000 BHIF grant to cover the construction costs for the 20 beds. Youth began using the new beds and services on February 15, 2023. The 20 beds are in addition to 50 beds that are already occupied at USA's downtown homeless shelter. All projects supported with the BHIF are concentrated in the City of San Diego and help strengthen the region's continuum of care.

**Mental Health Services Act (MHSA) 30-Day Public Review Period**

The Mental Health Services Act (MHSA) Three-Year Program and Expenditure Plan for Fiscal Years 2023-24 through 2025-26 will soon be posted to the BHS website for a 30-day public review and comment period. The review period is expected to begin on April 4, 2023 and end on May 4, 2023 when final comments will be heard at the May BHAB meeting. The MHSA Three-Year Plan will then be presented at the June 6, 2023 Board of Supervisors meeting for their review and approval, as required by the Mental Health Services Oversight & Accountability Commission (MHSOAC).

**8<sup>th</sup> Annual Critical Issues in Child and Adolescent Mental Health (CICAMH) Conference – April 21, 2023**

Save the Date for the hybrid 8<sup>th</sup> Annual CICAMH Conference: Building Resilience through Family Engagement, scheduled for Friday, April 21, 2023. The conference will focus on engaging families and caregivers of youth who struggle with mental health concerns to cultivate youth resilience and nurture mental health well-being.

Register at: <https://app.ce-go.com/CICAMH2023> -

For questions, email: [CICAMHCONFERENCE@GMAIL.COM](mailto:CICAMHCONFERENCE@GMAIL.COM)

Respectfully submitted,



LUKE BERGMANN, Ph.D., Director  
Behavioral Health Services

c: Nick Macchione, Agency Director  
Aurora Kiviat Nudd, Assistant Director and Chief Operations Officer  
Cecily Thornton-Stearns, Assistant Director and Chief Program Officer  
Nadia Privara Brahms, Assistant Director and Chief Strategy & Finance Officer

# Get involved with our Peer Council!



*Let your voice  
be heard!*

*Are you involved in mental health or substance use advocacy and would like to connect with the County of San Diego? Apply for a voting member position below. There are 5 open positions for mental health and 5 open positions for SUD.*

*We want your input! Click on where it says "Provide Feedback" below to let us know what you want to see in our council meetings.*

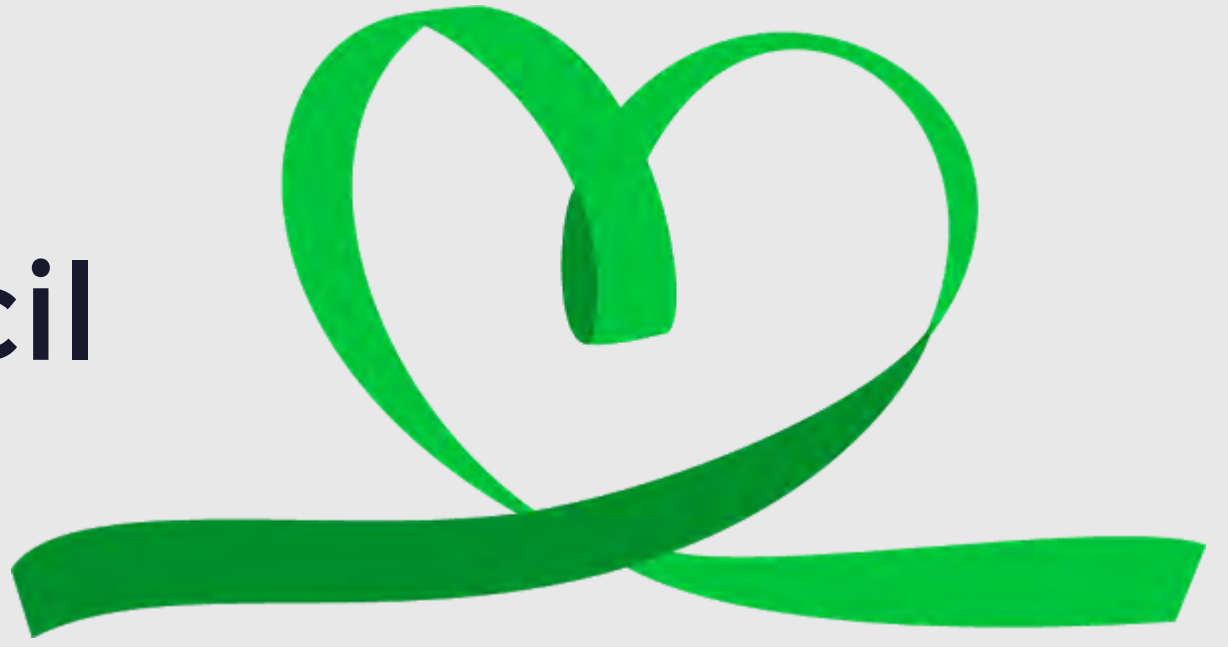
Get Involved!  
By clicking the links below

[Provide Feedback](#)

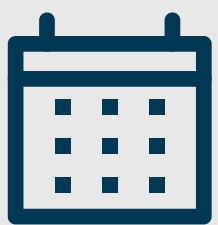
[Voting Member Application](#)

# Virtual Peer Council Meeting

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All are encouraged to attend.  
All age groups, all sectors of the county, anyone who has been impacted by mental health or substance use issues. This council is meant to amplify the voice and needs of the community.



Every third Tuesday  
of each month starting  
at 2:00 PM

**Register Now**

**ZOOM LINK BELOW**

[Zoom link](#)



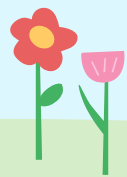
SAVE THE DATE!

# Santee School District What I Wish My Parents Knew

WEDNESDAY, MARCH 15, 2023  
6:00 PM - 8:00 PM

PRIDE ACADEMY

9303 PROSPECT AVE, SANTEE, CA 92071  
IN THE MULTIPURPOSE (MPR) ROOM



## Topics Will Include:

- Mental Health
- Youth & Social Media
- Vaping/Substance Use Prevention

*\*Registration is Encouraged  
(Click or Scan QR Code)*



DEPARTMENT OF HOMELESS SOLUTIONS AND EQUITABLE COMMUNITIES



*Hybrid Event*



Critical Issues in Child and Adolescent Mental Health Conference

# Building Resilience through Family Engagement

**APRIL 21, 2023**

EARLY BIRD  
REGISTRATION  
ENDS APRIL 1

## WHO SHOULD ATTEND:

Mental Health Professionals, Psychologists, Therapists, Social Workers, Counselors, Psychiatrists, Pediatricians, Nurses, Education, Students, Probation Officers, Child Welfare Workers, Case Managers, Advocates and Parents will find this meeting of importance and value in enhancing their effectiveness in serving children in need

## REGISTRATION:

<b>VIRTUAL</b>	Student	Professional
Early Bird	\$50	\$75
Regular	\$75	\$100
<b>IN PERSON</b>	Student	Professional
Early Bird	\$100	\$125
Regular	\$125	\$150

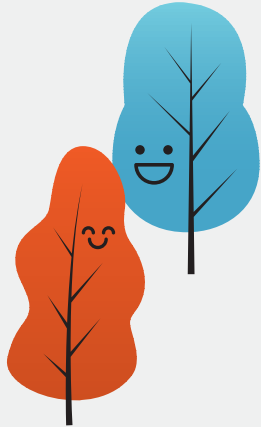


**REGISTRATION**  
[app.ce-go.com/cicamh2023](http://app.ce-go.com/cicamh2023)

# KEYNOTE SPEAKERS

## Building Resilience through Family Engagement

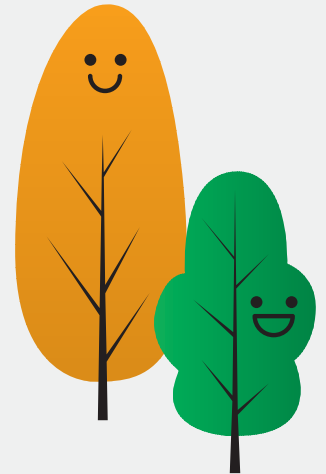
**APRIL 21, 2023**



### **Anya Kamenetz**

Award-Winning  
Journalist; Acclaimed  
Author; Future of Work,

Education and  
Technology Expert



### **Tina Payne Bryson PhD.**

New York Times  
Bestselling Author



An award-winning, former correspondent for National Public Radio, Anya Kamenetz is a futurist with a passion for the complexities of how we learn, work and live in a rapidly changing world. As the lead education reporter for NPR, Kamenetz coordinated the public broadcaster's education coverage online and on-air. Previously she covered technology, innovation, sustainability, and social entrepreneurship as a staff writer for Fast Company magazine. Her reporting—on technology, the cost of higher education, career development, the future of work, post-pandemic life, and many other topics—has appeared in a wide range of publications, including The Guardian, Medium, Muck Rack, New York Magazine, The New York Times, "O" the Oprah Magazine, Slate, The Village Voice, WIRED, and The Washington Post.

A psychotherapist and the Founder/Executive Director of The Center for Connection, a multidisciplinary clinical practice, and of The Play Strong Institute, a center devoted to the study of play therapy through a neurodevelopment lens. She will share the ideas from her book, THE POWER OF SHOWING UP. Her discussions include the crucial findings of decades of robust cross-cultural attachment research, along with the latest thinking about the nervous system and the lens of interpersonal neurobiology—with a special emphasis on neuroplasticity and the changing brain—in a way that's clear, and immediately practical. Her simple strategies for honoring the Four S's (helping clients feel secure, seen, soothed, and safe) effectively in professional-client interactions. She has been featured in Time Magazine, "Good Morning America,"

6 CE and CME available for in-person and live streaming attendees





# **nami**Walks

*San Diego & Imperial Counties*

2023

Saturday, April 29

Save  
the Date ↗

One Day,  
**TWO** Locations:

**NTC Park in  
Liberty Station  
&  
Imperial Valley  
Mall**







[2023 Conference Info – CMHACY](#)

[Link for Registration](#)