

**CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL**

**MEETING MINUTES**

**March 12, 2018 – 9:00-10:30 A.M.**

Scottish Rite – Shell Room -1895 Camino del Rio South, San Diego CA 92108

+ = Member in Attendance    O = Absent    E = Excused

CONSTITUENCY	MEMBER	STATUS	ALTERNATE	STATUS
<b>PUBLIC SECTOR</b>				
1	Behavioral Health Advisory Board (BHAB)	Rebecca Hernandez		VACANT
2	Behavioral Health Services	Dr. Laura Vleugels	+	Dr. Jeffrey Rowe
3	Public Safety Group/ Probation	VACANT		Tim Hancock
4	Child Welfare Services (CWS)	Cathi Palatella	O	Barry Fox Alice Kennedy is the new alternate effective April 2018
5	HHSA Regions	Dori Gilbert	+	Jennifer Sovay
6	Public Health	Dr. Tom Coleman	+	Rhonda Freeman
7	Juvenile Court	H. Judge Kimberlee Lagotta	O	Michelle Johnson
8	First 5 Commission	Alethea Arguilez	O	Jennifer Wheeler
<b>EDUCATION SECTOR</b>				
9	Special Education Local Plan Area (SELPA)	Cara Schukoske	+	VACANT
10	Regular Education Pupil Personnel Services	Heather Nemour	+	Mara Madrigal-Weiss
11	School Board	Barbara Ryan	+	Sharon Whitehurst-Payne
12	Special Education	Aidee Angulo	O	Yuka Sakamoto
<b>PRIVATE SECTOR</b>				
13	San Diego Regional Center (SDRC) for Developmentally Disabled	Carlos Flores	O	Peggy Webb
14	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	+	Marisa Varond
15	Mental Health Contractors Association	Steve Jella (Jamie Thomas)	O	Barent Mynderse
16	Mental Health Contractors Association	Angela Chen	+	Delrena Swaggerty
17	San Diego Nonprofit Association (SDNA)	Margaret Iwanaga Penrose	O	Rosa Ana Lozada
18	Fee- For-Service Network	Dr. Sherry Casper	+	VACANT
19	Managed Care Health Plan	George Scolari	+	Rogelio Lopez
20	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	+	

<b>FAMILY AND YOUTH SECTOR</b>					
21	Family and Youth Liaison	Renee Cookson	E	VACANT	
22	Caregiver of child/youth served by the Public Health System	Debbie Stolz	O		
23	Youth served by the Public Health System (up to age 26)	Emma Rodriguez	+	Oniric Cirino	O
24	Youth served by the public health system (up to age 26)	Travis Webster	O	Micaela Cunningham	O
<b>SUB-COMMITTEES (Non-voting members unless a member of the Council)</b>					
-	Outcomes Committee	Angela Chen	+		
-	Executive Committee	Violeta Mora	+		
-	Early Childhood Committee	Aisha Pope/ Jennifer Kennedy	+/+		
-	Education Committee	Heather Nemour	+		
-	CYF CADRE	Julie McPherson/ Marisa Varond	+/+		
-	Family and Youth as Partners	Renee Cookson	E		

**CYF Council Staff:** Grisel Ortega and Darwin Espejo

**I. Welcome and Introductions** (Violeta Mora)

**II. Approval of Minutes** (Violeta Mora)

- Review of action items.
- The January 8, 2018 meeting minutes were approved.

**III. Business Items** (Yael Koenig)

- Suzette Southfox provided a summary of of Senate Bill 906. The bill proposes certification program as part of the California comprehensive mental health and substance use disorder delivery system and the Medi-Cal program. A handout and a link was provided for more information: <http://bit.ly/PeerPartner-SB-906>.
- On behalf of the NAMI San Diego, Children, Youth and Family Liaison, Suzette Southfox announced the 4<sup>th</sup> Annual Children's Mental Health Well-Being Celebration scheduled for May 2, 2018 in Azalea park in City Heights. Numerous activities are being planned for the event. Registration for the event is available at: <https://www.eventbrite.com/e/national-childrens-mental-health-awareness-day-tickets-44240721188>.
- Rose Woods provided an overview of proposed BHETA training topics for Fiscal Year 2018-19 with the following handouts:
  - Proposed training topics for feedback.
  - List of the current BHETA available trainings.
- Delrena Swaggerty announced the next CYF System of Care Principles Ad Hoc subcommittee's meeting, scheduled for March 23, 2018. The goal is to present the final document at the May 14, 2018 CYF Council meeting.
- Barry Fox and Celia Engleman will be retiring from County service. Yael Koenig presented plaques to them in recognition and appreciation for their service and contributions to the residents of San Diego County and the CYF Council.

**IV. Mental Health Services Act (MHSA)** (Adrienne Yancey)

- MHSA funding overview  
 The MHSA budget for Fiscal Year 2017-18 is approximately \$181.5M which is approximately 34.4% of the BHS budget.
- State Audit  
 The California State Auditor completed an MHSA audit and reported:

- ✓ The Department of Health Care Services (DHCS) and Mental Health Services Oversight and Accountability Commission (MHSOAC) could better ensure that the 59 county and local mental health agencies effectively use the MHSOAC funds they receive.
- ✓ A review was completed in Alameda, Riverside, and San Diego counties and it was determined that funds are allocated appropriately, and that MHSOAC funded projects are monitored effectively.
- ✓ There were no findings for San Diego County.

**V. Sectors “Hot Topics”**

**Drug Medi- Cal (DMC) Organized Delivery System (ODS)-Presentation highlights (Dr. Nicole Esposito) (Handout)**

- DMC overview
  - ✓ Substance Use Disorders (SUD)
    - Methamphetamine and Opioid related deaths continue to rise.
    - SUD is a major health and public safety concern.
    - Impacts families and communities in San Diego County.
  - ✓ San Diego County’s adoption of DMC
    - Federal dollars will be leveraged to supplement local funding in order to effectively transform and improve the county’s SUD treatment system effective July 1, 2018.
    - The goal is to increase services offered, network capacity, local oversight and also ensure efficient care coordination.
  - ✓ Changes in Medi-Cal Covered Services
    - Offer Medication Assisted Treatment (MAT), Withdrawal Management, Case Management, Recovery Support Services and physician consultations.
  - ✓ SUD treatment methods
    - American Society of Addiction Medicine’s (ASAM) assessment criteria for clinicians.
    - MAT evidence-based practice.
  - ✓ Outcomes of Implementation
    - Timely access.
    - Reduce criminal recidivism and alcohol/drug use.
    - Successful and timely care transitions.
    - Quality of Life measures
      - Reduction of homelessness.
      - Increase in employment and educational activities.
      - Social supports.
  - ✓ Access to Services
    - OPTUM Access and Crisis Line.
    - Direct program level assessments.

**VI. Subcommittee update Reports (See meeting handouts for full report) (Violeta Mora)**

- CADRE (Shannon Jackson).
- Quality Improvement (QI).
- Quality Management (QM) (Steven Jones).
- Management Information Systems (MIS) (AnnLouise Conlow).
- Cultural Competence Resource Team (CCRT) (Edith Mohler).
- Trauma Informed System Integration (TISI) (Shannon Jackson).
- Outcomes (Angela Chen).

**VII. Announcements (Renee Cookson) (Handouts included in the meeting packet)**

- Family Support Partner Coaching Meeting-Every 4<sup>th</sup> Friday of the month (Handout).
- 3rd Annual Critical Issues in Child and Adolescent Mental Health Conference: Hidden in Plain Sight: Adolescent Brain and Identity Development is scheduled for March 23-24, 2018 at the Town and Country Convention Center in Mission Valley. More information at: <http://cicamh.com/> (Handout).
- Supplemental Security Income (SSI) for Children Eligibility Training- March 27, 2018 (Handout).
- 2018 CYF CSOC Conference: Unpacking Hope-Understanding the Unique Needs of Homeless Children, Youth and Families Experiencing Homelessness is scheduled for April 12, 2018 at Crowne Plaza Mission Valley. More information at <https://theacademy.sdsu.edu/programs/bheta/cyfsoc-conference-2018/> (Handout).

- Save the Date- Combined Council’s Meeting, April 9, 2018 from 11 A.M.-12:30 P.M. at Scottish Rite- Claude Morrison (CYF Council hosting) (Handout).
- Save the Date- Friday, June 1, 2018 for the 32nd Annual Behavioral Health Recognition Dinner (Handout).

**VIII. Director’s Report (Alfredo Aguirre)**

• **Local Level**

DMC-ODS

- ✓ Submission of the DMC-ODS Board Authority Letter to the Board of Supervisors (BOS) was postponed to March 27, 2018.

• **National Level**

Alfredo Aguirre recently attended the National Association of County Behavioral Health and Developmental Disability Directors (NACBHDD) Legislative Policy Conference highlights:

- ✓ The NACBHDD is affiliated with the National Association of Counties (NACo)
- ✓ NACBHDD renewed its commitment to preserve the Substance Abuse and Mental Health Services Administration’s (SAMHSA) grants for both Mental Health and Substance Abuse (20% is allocated for Prevention).
- ✓ NACBHDD’s strives to preserve the existing Medicaid system for health care coverage. Related legislation includes :
  - Advancing Care for Exceptional Kids (ACE Kids Act of 2017) is a congressional proposal to improve how care is delivered to children with complex medical conditions receiving Medicaid in the United States. The ACE Kids Act was introduced in the United States Senate as S.428 and in the House of Representatives as H.R. 3325.
  - The Family-Based Care Services Act of 2017 increases access to quality care by clarifying Medicaid policy that directly affects children, including foster children, with special behavioral health needs and/or medical disabilities, as well as vulnerable children living with kinship and biological caregivers. The act proposes to amend Medicaid to allow a standardized definition of family therapeutic care services. The Family Based Care Services Act was introduced in the United States Senate as S. 1357 and in the House of Representatives as H.R. 2290.
  - Youth Opioid Use Treatment Help Act of 2017, introduced in the House of Representatives as H.R. 3382, amends the Public Health Services Act’s substance abuse program provisions to include access to opioid prevention and treatment for children, adolescents, and young adults.
  - Children’s Health Insurance Program (CHIP) Mental Health Parity Act would ensure access to mental health services for children under CHIP. The CHIP Mental Health Parity Act was introduced in the United States House of Representatives H.R. 3192.
  - Ensuring Children’s Access to Specialty Care Act of 2017 is a Senate Bill that amends the Public Health Services Act to include pediatric subspecialties in primary health services for purposes of the National Health Service Corps (NHSC). This bill would add Pediatric subspecialties like child psychiatry to roster positions and able to participate in the National Health Service Corps program (NHSC) with relevant loan forgiveness.
- ✓ Children with Multiple Challenges (CMC) was addressed at the February 1, 2018 issue of the NACBHDD publication, “Under the Microscope”. CMC terminology pertains to children facing cross-system challenges. The article researched and written by Dennis Grantham includes the following statistics:
  - The United States has 78 million children that are under 18 years old.
  - About 18 million (23%) have an Adverse Childhood Experiences (ACE) score of 2 or more.
  - 16 million (20.5%) will or will have a diagnosable mental health disorder.
  - 14 million (18%) live in poverty, a common characteristic among CMC children.
  - 8 million (10%) live with at least one substance abusing parent.
  - 6 million (7%) have records with Child Welfare.
  - 700,000 (1%) experience separation from their parents or are in the foster care system.
  - 400,000 (less than 1%) children and young adults will experience homelessness. Some after fleeing abuse from their homes.
- ✓ Sandy Hook PROMISE-The STOP School Violence Act
  - Would re-authorize the 2001-2009 Bipartisan Secure our Schools Act.
  - Allows Department of Justice (DOJ) to give states grants for training and technical assistance to stop school violence.
  - Focus on treatment for the entire school ecosystem (including school personnel) and local law enforcement interventions with violent/unlawful activities.
  - Employs a funding strategy for grants.
  - Does not speak of firearms nor recommends arming educators.

**IX. Action Items**

Action Items	Action By	Action Due
DMC ODS Overview presentation to the Council by Dr. Esposito.	<ul style="list-style-type: none"> <li>Nicole Esposito, MD</li> </ul>	Completed March 12, 2018.
Send 2018 External Quality Review (EQR) report to the CYF Council e-distribution lists.	<ul style="list-style-type: none"> <li>Grisel Ortega</li> </ul>	Completed April 20, 2018. Report can also be found at: <a href="http://www.sandiegocounty.gov/hsa/programs/bhs/technical_resource_library.html">http://www.sandiegocounty.gov/hsa/programs/bhs/technical_resource_library.html</a> .
<p>CYF System of Care Principles Update</p> <ul style="list-style-type: none"> <li>Schedule a meeting with Yael Koenig to present the revised CYF System of Care Principles document.</li> <li>Finalize the proposed updated CYF System of Care Principles and send to the Behavioral Health Director for review and approval.</li> <li>Present the revised CYF System of Care Principles to the CYF Council.</li> </ul>	<ul style="list-style-type: none"> <li>Grisel Ortega</li> <li>Yael Koenig</li> <li>Yael Koenig</li> </ul>	<ul style="list-style-type: none"> <li>Completed. Meeting scheduled for April 25, 2018.</li> <li>April 2018.</li> <li>May 14, 2018 CYF Council meeting.</li> </ul>
<ul style="list-style-type: none"> <li>Provide an update on the GOALS MOU.</li> <li>Educationally Related Mental Health Services (ERMHS) presentation.</li> <li>Accessing &amp; Leveraging Families Rights to Education (AlfreEDU)</li> <li>SchoolLink preview.</li> <li>Project Cal Well Update.</li> </ul>	<ul style="list-style-type: none"> <li>Mara Madrigal-Weiss</li> <li>Cara Schukoske</li> <li>Renee Cookson</li> <li>Aidee Angulo and Julie McPherson</li> <li>Heather Nemour</li> </ul>	<ul style="list-style-type: none"> <li>June 9, 2018 CYF Council meeting.</li> <li>May 14, 2018 CYF Council meeting.</li> <li>May 14, 2018 CYF Council meeting.</li> <li>June 11, 2018 (tentative) CYF Council meeting.</li> <li>June 11, 2018 CYF Council meeting.</li> </ul>
<ul style="list-style-type: none"> <li>Provide the NACBHDD the February 1, 2018 "Under the Microscope" issue on CMC and the Sandy Hook PROMISE The STOP the School Violence Act document.</li> </ul>	<ul style="list-style-type: none"> <li>Grisel Ortega</li> </ul>	<ul style="list-style-type: none"> <li>Completed. Email sent May 10, 2018.</li> </ul>

**Sub-Committees/Sectors/Workgroups Meetings Information:**

**Outcomes:** Meets the 1<sup>st</sup> Tuesday of the month- 3255 Camino del Rio South, San Diego CA 92108 in La Vista Room- from 11:30 A.M. to 1:00 P.M.

**Early Childhood:** Meets the 2<sup>nd</sup> Monday of the month- 3160 Camino Del Rio South, San Diego, CA 92108- Suite 101 from 10:45 A.M to 12:15 P.M.

**Education Advisory Ad Hoc: Meets As Needed.**

**TAY Council:** Meets the 4<sup>th</sup> Wednesday of the month-3860 Calle Fortunada, San Diego, CA 92123 (Directions at: <https://binged.it/29lQQ4W>) from 3:00 to 4:30 P.M.

**CYF CADRE:** Meets quarterly the 2<sup>nd</sup> Thursday of the month at NAMI San Diego, 5095 Murphy Canyon Road, Suite 320, San Diego, CA 92123 from 1:30 to 3:00 P.M.

**CCRT:** Meets 1<sup>st</sup> Friday of the month at the Health Services Complex-3851 Rosecrans Street, San Diego, CA 92110 from 10:00 to 11:30 A.M.

**Family and Youth Sector:** Meets the 4<sup>th</sup> Thursday of the month at 8964 N Magnolia Street, Santee, CA 92071 from 6:30 to 8:00 P.M.

**Family and Youth as Partners:** Meets the 3<sup>rd</sup> Thursday of the month at 3255 Camino del Rio South, San Diego CA 92108 in Del Mar Room from 2:00 to 3:30 P.M.

**Private Sector:** Meets As Needed.