



# CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL

# MEETING MINUTES May 9, 2016 - 9:00-10:30 A.M.

3255 Camino Del Rio South- La Jolla Room

$+ = \mathbf{N}$	=Member in Attendance O =Absent					
	CONSTITUENCY	MEMBER	STATUS	ALTERNATE	STATUS	
		PUBLIC SE				
1	Mental Health Board	Rebecca Hernandez	O	VACANT		
2	Behavioral Health Services	Laura Vleugels, M.D.	Е	Jean Avila	+	
3	Probation	Timothy Hancock	O	Margie Deleon	О	
4	Child Welfare Services	Debra Zanders-Willis	О	Barry Fox	+	
5	HHSA Regional Representative	Dori Gilbert	+	Judy Benson	0	
6	Public Health	Dr. Dean Sidelinger	О	Rhonda Freeman	+	
7	Juvenile Court	H. Judge Carolyn Caietti	0	Michelle Johnson	О	
8	First 5 Commission	Kim Gallo	О	Jennifer Wheeler	О	
		EDUCATION	SECTOR			
9	SELPA	Angela McNeece	О	Carolyn Nunes	О	
10	Regular Education Pupil Personnel Services	Mara Madrigal-Weiss	О	Don Buchheit	О	
11	School Board	Barbara Ryan	+	Carol Skiljan	О	
12	Special Education	VACANT		Aidee Angulo	+	
		PRIVATE SI	ECTOR			
13	San Diego Regional Center for Developmentally Disabled	Carlos Flores	О	Dan Clark	О	
14	Alcohol and Drug Contractors Association	Elizabeth Urquhart	О	Angela Rowe	+	
15	Mental Health Contractors Association	Steve Jella	+	Delrena Swaggerty	+	
16	Mental Health Contractors Association	Barent Mynderse	+	Dixie Galapon	О	
17	SANDAN	Margaret Iwanaga- Penrose	О	Rosa Ana Lozada	+	
18	Fee for Service Provider	Mary Clark, Ph.D	+	VACANT		
19	Wraparound Constituency	Delrena Swaggerty	+	Carrie Kintz	+	
20	Healthcare Provider	Dr. Pradeep Gidwani	О			
		FAMILY AND YOU	UTH SECT	ΓOR		
21	Family and Youth Roundtable (FYRT)	Donna Ewing Marto	+	Melinda Furfuro	О	
22	Youth Special Education/Mental Health	VACANT VACANT		VACANT		
23	Family Receiving Services	Debbie Stolz	0	Pam Toohey	О	





24	Youth-Representing	Sarah Pauter	0	Stacey Stevens	О	
	Residential and/or Juvenile					
	Justice					
	COMMITTEES (Non-voting members unless a member of the Council)					
-	Outcomes Committee	Angela Chen	+			
		Chair				
-	Executive Committee	Barry Fox				
		Chair				
-	Early Childhood	Ali Freedman	O			
	Committee	Chair				
-	Education Committee	Mara Madrigal-Weiss				
		Chair				

Staffing Support: Yael Koenig, Edith Mohler, Grisel Ortega

- I. Welcome and Introductions (Delrena Swaggerty)
- II. Approval of Minutes- March 14, 2016 (Barry Fox)
  - Approved

## III. Director's Report (Alfredo Aguirre)

### A. Children's Mental Health Well-Being Celebration Acknowledgements

- Alfredo acknowledged the sub-committee: Joan Ainsworth, Yvonne Gage, Maribeth Ganzon, Karina Helgeson, Perse Lewis, Parisa Majure, Donna Marto, Edith Mohler, Grisel Ortega, Shane Padamada, and Sarah Pauter.
- Alfredo acknowledged all the programs who participated in this year's artwork project:
   California Children Services, Community Research Foundation Crossroads, Family
   Health Centers of San Diego- Spring Valley Elementary Site, Family & Youth Roundtable,
   Fred Finch Youth Center-Wraparound, Fred Finch Behavioral Health Polinsky Children's
   Center, Fred Finch Dual Diagnosis, Fred Finch –Wraparound, McAlister Institute East
   Teen Recovery Center, New Alternatives Inc. South Campus, New Alternatives Inc. Cajon Valley School Project, New Alternatives Inc. -Therapeutic Behavioral Services,
   Pathways Community Services Cornerstone, Rady Children's Hospital San Diego –
   Central, Rady Children's Hospital San Diego North Coastal, San Diego Center for
   Children Clark, San Diego Center for Children East County, San Diego Youth Services
   - East County PEI, Social Advocates for Youth Reflections Day Treatment, Vista Hill Incredible Families.
- San Diego Center for Children Drum Circle Ensemble led by Sundiata Kata, Yoga
  providers Terri Duran RYT-200, Michelle Beckmann CYT-200, and Strive2Bfit, Fred Finch
  Youth Center and HHSA Maternal, Child and Family Health Services for the Mental Health
  wheels, and Richard Henley for the sound and music.

#### B. Fiscal Year (FY) 16-17 CAO Recommended Operational Plan

 On May 5, 2016/, HHSA Finance Director, Andy Pease presented the HHSA Recommended Fiscal Year 16-17 Operational Plan to the Behavioral Health Advisory Board (BHAB). The Chief Administration Office recommends \$44.7 M in Expanded Behavioral Health Services programs. This presentation will be forwarded to the CYF Council electronic distribution list.

# C. Substance Use Disorder- Drug Medi-Cal (DMC)

- A Board Memo with the DMC Implementation Plan is tentatively scheduled for September, 2016.
- Drug Medi-Cal rates need to be adjusted. BHS will meet with Alcohol and Drug Service Provider Association (ADSPA) to discuss Drug Medical rates. Proposed rates will be included in the plan and must be approved by the State.
- The American Society of Addiction Medicine (ASAM) Criteria Implementation Plan will be also be included in the DMC Implementation Plan.





# IV. Mental Health Services Act (MHSA)- Update (Adrienne Yancey)

#### A. Annual MHSA Plan

- The current three-year San Diego County MHSA Program and Expenditure Plan includes FY 2014-15 through FY 2016-17. The required annual update for fiscal year 2016-17 was released on May 2, 1016 for a 30-day public review that ends June 2, 2016. A public hearing will be held at the Behavioral Health Advisory Board meeting located at 1600 Pacific Highway, San Diego, CA, 92101, Room 302, on Thursday, June 2, 2016, at 3:30 P.M.
- The MHSA Fiscal Year 2016-17 Annual Update highlights existing and/or proposed programs for Community Services and Supports, Prevention and Early Intervention, Workforce Education and Training, Innovation, and Capital Facilities/Technological Needs totaling \$182 Million. This is an increase of \$54 Million from the original proposed MHSA Three Year Program and Expenditure Plan.
- The MHSA Annual Update Fiscal Year 16-17 is located at the San Diego Network of Care website <a href="http://sandiego.camhsa.org/">http://sandiego.camhsa.org/</a>
- The comments, suggestions or questions can be made via telephone: (619) 584-5063 or e-mail: MHSProp63.HHSA@sdcounty.ca.gov.

#### B. Revised Mental Health Service Act Issue Resolution Process- Handout

 The San Diego County Behavioral Health Services revised its MHSA Issue resolution process on April 22, 2016 for filing and resolving issues related to MHSA community program planning process and consistency between program implementation and approved plans when an issue/concern is not resolved at a local level.

The resolution process is posted at the San Diego Network of Care MHSA website <a href="http://sandiego.camhsa.org/index.aspx">http://sandiego.camhsa.org/index.aspx</a> under Local MHSA Issue Resolution Process.

#### V. Business Items

#### A. Tobacco Cessation Presentation (Shelly Tregembo)- Handouts

- Change Agents Developing Recovery Excellence (CADRE) Tobacco Cessation Subcommittee Recommendations- Handout details the expectations for providers for Fiscal Year 16-17 and Fiscal Year 17-18 was provided. The subcommittee also developed a Tobacco-Free Levels assessment tool for programs to use
- The next CADRE Quarterly Meeting is scheduled for June 8, 2017 from 12:00-2:00 P.M. in the La Jolla Room- A more thorough presentation will be provided and everyone is encouraged to attend and ask questions.

#### B. Council Membership Term (Yael Koenig)

- Council membership is a two year term.
- Public Sector co-chair Barry Fox term expires in June 2016; the Family Youth Sector will be rotating in as co-chair on July 2016.
- A letter will be sent out to all Council members whose term will be expiring for re-instatement or assignment as new member.

# C. CYF Mental Health Well Being Celebration 5/4/16 and Art Project (Edith Mohler)

Positive feedback was provided by participants and staff that participated in the event.

### D. CYF Fiscal Year 16-17 Operational Planning Overview (Yael Koenig)

- Additional new administrative positions were approved for the County.
- Full Service Partnership (FSP) program enhancements and re-design.
- PEI School Based Program- Countywide effective July 1, 2016.
- Teen Recovery Centers were enhanced with additional clinician time effective July, 2016.
- Perinatal Residential Treatment and Outpatient increase clinical time effective July, 2016. Out-patient also has a new Homeless outreach component.
- Stabilization Treatment And Transition (STAT) Team at Probation is scheduled to provide additional after-hours coverage beginning July, 2016.
- Additional funding for trainings will be available.
- A contract will be amended to provide SSI application services focusing on families with children.
- LGBTQI program is scheduled for April, 2017
- New school based provider- Sweetwater scheduled for July, 2017
- Out of County residential treatment programs in coordination with Child Welfare Services are scheduled for July, 2016

# E. CYFSOC Training Academy Annual Conference: Let's Talk About Sex, March 3, 2016-Comments and Feedback (Rose Woods/Yael Koenig)- Handout

• Positive reviews available in the handout provided





# F. Postpartum Mental Health Resource Grid (Yael Koenig)- Handout

- Council meeting attendees were asked to review the Postpartum Mental Health Resource Grid and provide input of additional resources.
- This document will be sent to the Adult and Older Adult System of Care Council and Transition Age Youth Workgroup for desimination and input.
- The final Postpartum Mental Health Resource grid will be emailed to Council e-distribution list so it can be available at programs. It will be also posted on the San Diego Network of Care website, Optum website and provided to the Access and Crisis Line and 211.

#### VI. Sectors "Hot Topics" from Council Representatives

Public Input/Discussion to follow (Delrena Swaggerty)- Handout

- Warm Handoff (Steven Jella)
  - ✓ Draft Warm Handoff Flow Chart
  - ✓ Draft Medi-Cal BH Transition of Care Form
  - ✓ Coordination/Referral of Physical & BH Form
- Yael will respond to Private Sector Warm Handoff Recommendations
- Next "Hot Topic"- Limited Psychiatry
- Please see Sector "Hot Topics" handout attached

# VII. Committee Update Reports (If time permits)

- A. CADRE (Bethany Hansell)- Handout
- B. CCRT (Edith Mohler)- Handout
- C. TISI (Jean Avila/Lauren Chin)- Handout
- D. CSOC Academy (Rose Woods)- Handout

#### VIII. Announcements

- May Is Mental Health Month (MIMHM) 2016 Calendar- Handout
- Behavioral Health Recognition Dinner- Save The Date- Friday, June 10, 2016- Flier

#### IX. Action Items

Action Items	Action By	Action Due
Review action/follow-up items at Executive Committee (Built into structure)	Executive Committee	Complete and on-going
Create a MHSA Sub- Committee to review annual MHSA Plan and provide council input	Council	Will be discussed at Strategic Planning Meeting
Private Sector Recommendations	Yael Koenig	Complete
Post Postpartum Grid to Network of Care, and Optum website. Share with AOA Council, TAY Workgroup, ACL and 211.	Grisel Ortega	Optum: https://www.optumsandiego.com/content/sandiego/en/county- staffproviders.html https://www.optumsandiego.com/content/sandiego/en/community- resources.html  211: http://211sandiego.org/mental-health-services  NOC: Pending link





Forward FY 16-17 CAO Recommended Operational Plan presented by Andy Peas	Alfredo Aguirre	Complete
Summary of Children Mental Health Well-Being Celebration 2016	Edith Mohler	Complete on June 2016 Council Meeting

# **Sub-Committees/Sectors/Workgroups Meetings Information:**

**Outcomes**: Meets the 1<sup>st</sup> Tuesday of the month-Del Mar Room from 11:30 A.M. to 1:00 P.M. Early Childhood: Meets after this meeting-La Jolla Room from 10:30 A.M. to 12:00 P.M.

Education Advisory Ad Hoc: Meets As Needed.

TAY Workgroup: Meets As Needed.

TAY Workgroup: Meets quarterly the 4<sup>th</sup> Wednesday of the month-La Vista Room from 11:30 A.M. to 1:00 P.M.

CYF CADRE: Meets quarterly-2<sup>nd</sup> Thursday of the month-Del Mar Room from 1:30 to 3:00 P.M.

CCRT: Meets the 1<sup>st</sup> Friday of the month-La Jolla Room from 10:00 to 11:30 A.M.

Family and Youth Sector: Meets the 3<sup>rd</sup> Tuesday of the month from 5:00 to 6:30 P.M. Information at 619-546-5852

Family and Youth As Partners: Meets the 3<sup>rd</sup> Thursday of the month- Bonita Room from 2:00 to 3:30 P.M.

Private Sector: Meets the 2<sup>nd</sup> Monday of the month- Bonita Room from 8:15 to 9:00 A.M.