

## CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL

### MEETING AGENDA

May 9, 2022 - 9 to 10:30 a.m.

Zoom link for meeting registration: <https://us06web.zoom.us/join/join?secret=Uc3dUZGXMTswm7>

### May is Mental Health Matters Month How do you self-care?



5 minutes

#### I. Welcome (Jaime Tate-Symons)

- Welcome
- Thank you, Adrienne Yancey - Outgoing Council Member Alternate representing Public Health Services
- Thank you, Chrystal Sweet, Outgoing Council Member Alternate representing Public Safety Group (PSG) Probation
- Welcome back Rhonda Freeman, Council Member Alternate representing Public Health Services
- Welcome Tabatha Wilburn, Council Member representing PSG/Probation
- Welcome Delona King, Council Member Alternate representing PSG/Probation
- Welcome Dr. Patricia Cardenas-Wallenfelt – Behavioral Health Services (BHS) CYF Psychiatrist and Council Alternate representing BHS

#### II. Hot Topic: Directing Change – Program and Film Contest (Yael Koenig)

Jana Sczersputowski, MPH, Founder and Executive Director, Directing Change Program

30 minutes

- Polling Questions
  - Are you aware of Directing Change and what they do? (Single Choice: Yes/No)
  - Have you seen a Directing Change video before today? (Single Choice: Yes/No)
- Overview Link: <https://directingchange.org/about/>
- San Diego County students recognized for Mental Health and Suicide Prevention Achievements
- Local award winners Directing Change videos
- Tenth Annual 2022 Award Ceremony is May 17, 2022, at 7 p.m. via Facebook  
Link: [Tenth Annual Directing Change Awards Ceremony | Facebook](https://www.facebook.com/directingchange2022/)
- Monthly Art and Film Contest Link: <https://directingchange.org/sandiegocounty/>
- Dialogue: Questions/Answers
- Polling question
  - How will you support Directing Change? (Check all that apply)
 

○ Help get the word out about Directing Change	○ View the videos when released	○ Apply to be a judge of video submissions
○ Encourage youth to participate	○ Share videos on social media and in other ways	○ Other ways not outlined

#### III. Mental Health Services Act (MHSA) Update (Dr. Danyte Mockus-Valenzuela)

15 minutes

- May is Mental Health Matters Month – Send your events to: [Dawn.Hull@sdcounty.ca.gov](mailto:Dawn.Hull@sdcounty.ca.gov)  
[https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mimhm\\_resources.html](https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mimhm_resources.html)
- National Federation of Families - Children's Mental Health Week Moving from Awareness to Acceptance May 1-7, 2022  
Link: <https://www.ffcmh.org/acceptanceweek>
- Youth Mental Health Virtual Celebration - Local Theme: "Bloom Where You Are" celebrated on May 6, 2022  
Link: <https://cyfliaison.namisaniego.org/may-event-2022/>

#### IV. Review of Meeting Summary (Sten Walker)

5 minutes

- March 14, 2022, Meeting Summary - Handout - **Pages 5-9**
- Action Items from March 14, 2022 – All have been completed, see Meeting Summary for action items - **Page 7**

#### V. Business Items (Yael Koenig)

30 minutes

Board Letters (BL)/ Board Actions
<b>March 15, 2022</b> <ul style="list-style-type: none"> <li>• <b>Item 05:</b> Authorize Competitive Solicitations, Single Source Procurements and Amendments to Increase Existing Child Welfare Services Contracts, Authorize Application for and Acceptance of Funding for the Transitional Housing Program Plus Housing Supplement Program, and Adopt a Resolution Authorizing Application and Acceptance of Allocation Award.</li> <li>• <b>Item 19:</b> Receive the Final Report on Increasing Access and Enrollment in County Self-Sufficiency Programs to Serve Every Community Member in Need Without Barriers to Entry</li> </ul>
<b>April 5, 2022</b> <ul style="list-style-type: none"> <li>• <b>Item 05:</b> Authorize Competitive Solicitation for Mental Health Screening to Care Initiative - Handout - <b>Pages 10-12</b></li> <li>• <b>Item 16:</b> Gun Violence Reduction Program Update &amp; Request to Issue a Competitive Solicitation for Community Needs Assessment</li> </ul>
<b>April 26, 2022</b> <ul style="list-style-type: none"> <li>• <b>Item 02:</b> Expanding Capacity for Trauma Recovery Services in South County and Developing Future South County Family Justice Center: Improving Services for Crime Prevention, Intervention and Victim-Survivor Care Through Comprehensive Trauma Focused Services</li> </ul>

- **Item 11:** Adopt a Resolution of the San Diego County Board of Supervisors Authorizing a Joint Application to the Homekey Program
- **Item 12** Authorize Extension of Contracts Related to Operations and San Pasqual Academy - Handout - **Pages 13-15**
- **Item 14:** Approve and Ratify the Children's Trust Fund Three-Year Funding Proposal
- **Item 33:** Receive an Update on Affordable Housing Accomplishments, Authorize the Allocation of American Rescue Plan Act Funds for Affordable Housing, and Adopt a Resolution of the San Diego County Board of Supervisors Providing Authorization to Participate in the Fourth Round Notice of Funding Availability for the No Place Like Home Program Alternative Process Allocation Funds
- **Item 34:** An Ordinance to Provide for the Local Implementation of the United Nations Convention of the Elimination of All Forms of Discrimination Against Women (CEDAW)
- **Item 38:** County Action to Address Termination of Title 42: Addressing the Need for Respite Migrant Shelter Handout - **Pages 16-17**

#### Board Memos

- March 30, 2022 - Update on Mobile Crisis Response Team (MCRT) Program - Handout - **Pages 18-26**  
 Board Letters that may be particularly of interest to the CYF Council are listed above. Due to size, only highlighted Board Letters are included in the packet, however, all Board Letters can be found at the Clerk of Board of Supervisors (BOS) Meeting Agendas, Board Letters and Access to the BOS meetings: <https://www.sandiegocounty.gov/cob/bosa/index.html>

#### Information

- **Behavioral Health Services Director's Reports** – April and May 2022 - Handout - **Pages 27-37**  
 Link to Behavioral Health Advisory Board (BHAB) Webpage: [https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental\\_health\\_services\\_act/bhab.html](https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_act/bhab.html)
- **May 5, 2022 BHAB Meeting Agenda Highlights**
  - FY 2022-23 Chief Administrative Officer (CAO) Recommended Operational Plan-May 2022 – Handout – **Pages 38-51**
  - Link to County Budget: <https://www.sandiegocounty.gov/budget/>
  - Link to CAO Recommended Operational Plan: <https://www.sandiegocounty.gov/content/sdc/auditor/opplan/fyp22-24.html>
  - FY 2022-23 CAO – BHS Recommended Operational Plan-May 2022 – Handout – **Pages 52-55**
- Drug Medi-Cal (DMC) Virtual **External Quality Review (EQR)** – April 26-28, 2022 – Handout **Page 56**  
 Link: <https://www.dhcs.ca.gov/provgovpart/Pages/Quality-EQR.aspx>
- **Urgent Community Alert about Fentanyl** about from the San Diego District Attorney's Office – Handouts in English, Spanish, and Tagalog respectively – **Pages 57-59**
- **K-12 Youth Services Community Grant Program** – Applications accepted through 5 p.m., June 3, 2022 – Handout – **Page 60**  
 Link: [https://www.sandiegocounty.gov/content/sdc/public\\_safety/k12-community-grant-program.html](https://www.sandiegocounty.gov/content/sdc/public_safety/k12-community-grant-program.html)
- **Mental Health Resources** shared by the Education Sector:  
 San Diego County Office of Education (SDCOE): <https://www.sdcoe.net/students/health-well-being/mental-health-supports>  
 SDCOE - Mind Out Loud: <https://www.mindoutloud.org/>  
 California Mental Health Services Authority (CalMHSA): <https://takeaction4mh.com/may-is-mental-health-month/>  
 Mental Health America – Mental Health Month Toolkit: <https://mhanational.org/mental-health-month>
- **Brain XP Tik Tok Video Link:**  
[https://www.tiktok.com/@brainxpproject/video/7078384247693675822?is\\_copy\\_url=1&is\\_from\\_webapp=v1](https://www.tiktok.com/@brainxpproject/video/7078384247693675822?is_copy_url=1&is_from_webapp=v1)
- **Happy Brain XP Day 2022!** Link: <https://www.youtube.com/watch?v=Kza1tTzpcPM>
- Annual Council **Membership Assessment**

#### Follow-Up Items from March 14, 2022, CYF Council Meeting

- 1) Invitation from George Scolari to the Healthy San Diego California Advancing and Innovating Medi-Cal (CalAIM) Incentive Program Roundtable meeting on March 25, 2022 from 11:30 a.m. to 1:30 p.m. via Zoom sent to the e-distribution lists on March 14, 2022
- 2) Forwarded revised CalAIM presentation (updated Health Plans/BHS Coordination card) to the e-distribution lists on March 15, 2022

#### VI. Announcements (Sten Walker)

5 minutes

- Polling Question – On a scale of 1-5 (1 low / 5 high), how would you rate the relevance and your interest with today's Council meeting? - Darwin Espejo
  - **CYF Council Annual Orientation is scheduled for June 13, 2022 from 9 to 10:30 a.m.** - Handout- **Page 61**
  - **CYF Council Hot Topic: "Conversation with the BHS Director"** rescheduled for July 11, 2022
  - Responsive Integrated Health Solutions (RIHS) virtual training: [Engaging and Supporting Refugee Communities](#) on May 18, 2022 Handout - **Pages 62-64**
  - Annual CYF System of Care Virtual Conference: **Peers in CYF on May 26, 2022** – Handout - **Page 65**  
 Link to Register: [Peers in Children, Youth and Families Services Conference](#)
- |  |   |
|--|---|
| Next Executive Sub-Committee Meeting (Zoom): | Next Council Meeting (Council Orientation): |
| Date: June 23, 2022                          | Date: Monday, June 13, 2022                 |
| Time: 11:30 a.m. to noon                     | Time: 10 to 11:30 a.m.                      |

Sub-Committees/Sectors/Workgroups Meetings Information is located at the end of the meeting summary. For Council materials go to:  
[https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental\\_health\\_services\\_children/CYFBHSOCCouncil.html](https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_children/CYFBHSOCCouncil.html)

**County of San Diego  
Children, Youth and Families Behavioral Health  
System of Care Council  
Vision, Mission, and Principles**

**Council Vision:**

Wellness for children, youth and families throughout their lifespan.

**Council Mission:**

Advance systems and services to ensure that children and youth are healthy, safe, lawful, successful in school and in their transition to adulthood, while living in nurturing homes with families.

**Council Principles:**

1. **Collaboration of four sectors:** Coordination and shared responsibility between child/youth/family, public agencies, private organizations and education.
2. **Integrated:** Services and supports are coordinated, comprehensive, accessible, and efficient.
3. **Child, Youth, and Family Driven:** Child, youth, and family voice, choice, and lived experience are sought, valued and prioritized in service delivery, program design and policy development.
4. **Individualized:** Services and supports are customized to fit the unique strengths and needs of children, youth and families.
5. **Strength-based:** Services and supports identify and utilize knowledge, skills, and assets of children, youth, families and their community.
6. **Community-based:** Services are accessible to children, youth and families and strengthen their connections to natural supports and local resources.
7. **Outcome driven:** Outcomes are measured and evaluated to monitor progress and to improve services and satisfaction.
8. **Culturally Competent:** Services and supports respect diverse beliefs, identities, cultures, preference, and represent linguistic diversity of those served.
9. **Trauma Informed:** Services and supports recognize the impact of trauma and chronic stress, respond with compassion, and commit to the prevention of re-traumatization and the promotion of self-care, resiliency, and safety.
10. **Persistence:** Goals are achieved through action, coordination and perseverance regardless of challenges and barriers.

May 1, 2018



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# BEHAVIORAL HEALTH SERVICES CHILDREN, YOUTH & FAMILIES FRAMEWORK

## VISION

Children and youth are healthy, safe, lawful, successful in school and in their transition to adulthood, while living in nurturing homes with families.

## PRINCIPLES

Collaborative, Integrated, Child, Youth & Family Driven, Individualized, Strength-based, Community-based, Outcome & Data Driven, Culturally Competent, Trauma Informed, Persistence

## PRIORITIES

Ensure a full continuum of care through family-centered and youth-informed services that are compassionate and sensitive to the unique developmental needs of children and youth.

Strengthen partnerships with children/youth's circle of influence to create a supportive environment.

Provide services that empower children and youth to build a healthy sense of self and have confidence to make sound decisions so they thrive in an ever-changing world.

Live Well San Diego-Areas of Influence



### Standard of Living

- Economic & Nutrition Security
- Timely Access to Healthcare Inclusive of Behavioral Health Services
- Employment Readiness



### Community

- Access to Parks, Playgrounds and Recreation Centers
- Usable Transportation
- Safe Neighborhoods & Schools
- Affordable Stable Housing
- Access to Extracurricular Activities

## HEALTH FACTORS



### Health

- Daily Physical Activity
- Limited & Supervised Screen Time
- Affordable Healthy Food
- Zero Sugary Beverages, Drink More Water
- No Substance Use
- No Tobacco Use
- Up to Date Immunizations
- Connection to a Health Home



### Social

- Supportive Families
- Nurturing Communities
- Connection to Natural Supports
- Positive Social Interactions




### Knowledge

- Quality Education
- Quality Preschool For All
- Good School Attendance
- School Success
- No Suspensions or Expulsions
- Obtain a High School Diploma
- Access to Higher Education & Vocational Programs



## CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL MEETING SUMMARY

March 14, 2022 | 9 to 10:30 a.m.  
Virtual Meeting

ITEM	SUMMARY AND ACTION ITEMS
<p><b>I. Welcome (Sten Walker)</b></p> <ul style="list-style-type: none"> <li>• <b>Recognition – Grisel Ortega!</b></li> <li>• <b>Welcome Debra Schade!</b> Incoming alternate to Barbara Ryan representing the Education Sector-School Board</li> <li>• <b>Thank you Lisa Sawin!</b> Outgoing Council Member representing Public Safety Group/Probation</li> <li>• <b>Thank you Steven Wells!</b> Outgoing Council Member representing Child Welfare Services</li> <li>• <b>Welcome Jerelyn Bourdage!</b> Incoming Council Member representing Child Welfare Services</li> </ul> 	<ul style="list-style-type: none"> <li>• Yael Koenig introduced the meeting acknowledging March as Women’s History month with an engagement exercise: <b>Who has inspired you?</b></li> <li>• Responses provided are included in the bottom of Item I. Other responses provided through the Chat feature: <ul style="list-style-type: none"> <li>▪ Payal Gupta, Christina Glassco, Delrena Swaggerty, Golby, Courageous, Energetic, Ethical, Supportive, elders.</li> </ul> </li> <li>• Sten Walker provided special recognition to Grisel Ortega as she moves on to another position with BHS; thanked outgoing Council members and welcomed incoming Council members.</li> </ul>
<p><b>II. Review of Meeting Summary (Jaime Tate-Symons)</b></p> <ul style="list-style-type: none"> <li>• February 14, 2022, Meeting Summary - Handout - <b>Pages 5-9</b></li> <li>• Action Items from February 14, 2022 - See Meeting Summary for action items - <b>Page 7</b></li> </ul>	<ul style="list-style-type: none"> <li>• Jaime Tate-Symons reviewed the meeting summary and action items from February 14, 2022.</li> </ul>
<p><b>Business Items (Yael Koenig)</b> <b>March 1, 2022</b></p> <ul style="list-style-type: none"> <li>• <b>Item 04</b> Neighborhood Reinvestment Program and Community Enhancement Grants (District 4)</li> <li>• <b>Item 05:</b> Neighborhood Reinvesting Program Grants (District 2)</li> <li>• <b>Item 06:</b> Community Enhancement and Neighborhood Reinvestment Program Grants (District 1)</li> <li>• <b>Item 13</b> Development of a Doula Pilot Program that Addresses Birthing Health Disparities While Prioritizing Equity and Community- Based Care -Handout – <b>Pages 10-12</b></li> <li>• <b>Item 15:</b> Receive the Report on the Countywide Departmental Sustainability Plans, Adopt the Sustainability Vision and Goals for the County of San Diego, and Approve a Contract Amendment with Arup USA, Inc., for Implementation of Departmental Sustainability Plans</li> </ul> <p>Board Letters that may be particularly of interest to the CYF Council are listed above. Due to size, only highlighted Board Letters are included in the packet, however, all Board Letters can be found at the Clerk of Board of Supervisors (BOS) Meeting Agendas, Board Letters and Access to the BOS meetings: <a href="https://www.sandiegocounty.gov/cob/bosa/index.html">https://www.sandiegocounty.gov/cob/bosa/index.html</a></p> <p><b>Informational Items</b></p> <ul style="list-style-type: none"> <li>• <b>Behavioral Health Services Director’s Report to the Behavioral Health Advisory Board (BHAB) - March 2022</b> Handout – <b>Pages 13-16</b> Link to BHAB Webpage: <a href="https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_act/bhab.html">https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_act/bhab.html</a></li> </ul>	<ul style="list-style-type: none"> <li>• Note: Board Letters that are highlighted on the meeting agenda were included in the packet. Link provided for all Board Letters.</li> <li>• Yael Koenig highlighted March 1, 2022 Board Letter-Item 13 and informational and action item.</li> <li>• Rose Woods announced the annual CYF SOC conference to be held virtually on May 26, 2022, along with the scholarship opportunity for Youth and Parents Support Partners to attend the conference. Registration opens today at: Children Youth and Families System of Care (CYFSOC) Conference 2022 - Academy for Professional Excellence (<a href="https://sdsu.edu">sdsu.edu</a>).</li> <li>▪ The deadline to apply for a scholarship is April 29, 2022. The link to the application form is: <a href="https://forms.gle/FfZrExwtMmC1wjvA9">https://forms.gle/FfZrExwtMmC1wjvA9</a></li> <li>• Forward recommendations, questions, and or areas of focus for the May 9, 2022 CYF</li> </ul>

ITEM	SUMMARY AND ACTION ITEMS
<ul style="list-style-type: none"> <li>• <b>Tax File</b> information provided by Bill Stewart – Handout – <b>Pages 17-18</b></li> <li>• <b>Children’s Mental Health: Understanding an Ongoing Public Health Concern</b> - Report shared by the Substance Abuse and Mental Health Services Administration (SAMHSA) - Handout – <b>Page 19</b> Link to the report: <a href="https://www.cdc.gov/mmwr/preview/mmwrhtml/mm6001a1.htm">Mental Health Surveillance Among Children — United States, 2013–2019   MMWR (cdc.gov)</a></li> <li>• <b>Advancing School-Based Mental Health in California</b> - Report by the Children’s Partnership (TCP) - Handout – <b>Page 20-27</b></li> <li>• Annual CYF System of Care Virtual Conference: <b>Peers in CYF on May 26, 2022 and Scholarships Opportunity</b> (Rose Woods) Handout – <b>Page 28</b> Link to Register: <a href="https://www.sdcounty.ca.gov/cyf/peers-in-cyf">Peers in Children, Youth and Families Services Conference</a></li> </ul> <p><b>Follow up Items from the February 14, 2022 Meeting</b></p> <ol style="list-style-type: none"> <li>1. The ‘Business Item’ structure of the Council meeting was noted as beneficial and a potential consideration for other BHS Council meetings; on February 14, 2022. BHS Council staff shared the structure with other BHS Council staff for consideration.</li> <li>2. Council will support Early Childhood Sub-Committee with dissemination of ‘Tip Sheets’ once they are finalized. Will include in future Council packets.</li> <li>3. Council staff provided Steven Wells contact information (via Zoom chat) for those interested in joining or learning more about the monthly LGBTQ+ Workgroup. <a href="mailto:Steven.Wells@sdcounty.ca.gov">Steven.Wells@sdcounty.ca.gov</a></li> </ol> <p><b>May 9, 2022 Council Meeting / Conversation with BHS Director</b> All Council Members and Participants are invited to forward or insert in chat suggested areas of focus or specific questions for the BHS Director discussion at the May CYF Council meeting. Please forward items to Edith Mohler at <a href="mailto:Edith.Mohler@sdcounty.ca.gov">Edith.Mohler@sdcounty.ca.gov</a> by April 18, 2022</p>	<p>Council meeting: <b>“Conversation with BHS Director”</b> to Edith Mohler at: <a href="mailto:Edith.Mohler@sdcounty.ca.gov">Edith.Mohler@sdcounty.ca.gov</a> by April 18, 2022.</p> <p>Suggested areas of focus provided at the meeting:</p> <ul style="list-style-type: none"> <li>• Staff retention</li> <li>• Workforce issues and housing for families.</li> </ul>
<p><b>IV. Mental Health Services Act (MHSA) Update</b> (Dr. Danyte Mockus-Valenzuela)</p> <ul style="list-style-type: none"> <li>• Community Engagement</li> <li>• May is Mental Health Month</li> </ul>	<ul style="list-style-type: none"> <li>• Danyte Mockus-Valenzuela reminded Council May is Mental Health Month is approaching and encourages all to submit their events to Dawn Hull at: <a href="mailto:Dawn.Hull@sdcounty.ca.gov">Dawn.Hull@sdcounty.ca.gov</a></li> <li>• UCSD is the new provider for Community Engagement.</li> </ul>
<p><b>V. Hot Topic:</b></p> <p><b>III. Hot Topic: California Advancing and Innovating Medi-Cal (CalAIM)</b> (Yael Koenig)</p> <ul style="list-style-type: none"> <li>• <b>Department of Health Care Services (DHCS) CalAIM</b> – Handouts – <b>Pages 29-65</b></li> <li>• <b>Managed Care Plan (MCP)</b> - George Scolari</li> <li>• <b>Mental Health Plan (MHP)</b> - Tabatha Lang</li> <li>• <b>Open Dialogue</b></li> <li>• Polling Questions <ul style="list-style-type: none"> <li>▪ Is CalAIM impactful to your work? (1 not at all / 5 very much)</li> <li>▪ Have you gained useful knowledge through today’s presentation/ conversation? (1 not at all / 5 very much)</li> <li>▪ What is your current level of understanding of CalAIM? (1 low / 5 high)</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• George Scolari and Tabatha Lang provided a presentation on CalAIM.</li> <li>• Dialogue highlights: <ul style="list-style-type: none"> <li>▪ Caregivers can provide ideas of the needed supports.</li> <li>▪ What would “respite” look like for children/young children.</li> <li>▪ “It would help to be able to choose a provider that you know and have them contract with the respite provider – San Diego Regional Center gives this option”.</li> <li>▪ Case management is very helpful and decreases clinicians’ burnout.</li> <li>▪ Community supports for Parents, including linkage services with a Trauma Informed approach.</li> <li>▪ The education sector also receives requests for assistance with respite care.</li> <li>▪ Student Behavioral Health Incentive Program (SBHIP): There are about 25 million dollars available for the county (three-year program). <ul style="list-style-type: none"> <li>o Working with SDCOE in this project</li> </ul> </li> </ul> </li> </ul>

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<b>Poll Results</b>																																																								
<b>Poll #1</b> Poll   1 question   46 of 73 (63%) participated  1. Is CalAIM impactful to your work? Please rate between 1 (not at all) - 5 (very much) (Single Choice) * 46/46 (100%) answered <table border="1"> <thead> <tr> <th>Rating</th> <th>Count</th> <th>Percentage</th> </tr> </thead> <tbody> <tr><td>1</td><td>1</td><td>2%</td></tr> <tr><td>2</td><td>1</td><td>2%</td></tr> <tr><td>3</td><td>4</td><td>9%</td></tr> <tr><td>4</td><td>7</td><td>15%</td></tr> <tr><td>5</td><td>33</td><td>72%</td></tr> </tbody> </table>	Rating	Count	Percentage	1	1	2%	2	1	2%	3	4	9%	4	7	15%	5	33	72%	<b>Poll #2</b> Poll ended   1 question   53 of 71 (74%) participated  1. Have you gained useful knowledge through today's presentation/conversation? (1 not at all - 5 very much) (Single Choice) * 53/53 (100%) answered <table border="1"> <thead> <tr> <th>Rating</th> <th>Count</th> <th>Percentage</th> </tr> </thead> <tbody> <tr><td>1</td><td>0</td><td>0%</td></tr> <tr><td>2</td><td>1</td><td>2%</td></tr> <tr><td>3</td><td>6</td><td>11%</td></tr> <tr><td>4</td><td>9</td><td>17%</td></tr> <tr><td>5</td><td>37</td><td>70%</td></tr> </tbody> </table>	Rating	Count	Percentage	1	0	0%	2	1	2%	3	6	11%	4	9	17%	5	37	70%	<b>Poll #3</b> Poll   1 question   51 of 73 (69%) participated  1. What is your current level of understanding of CalAIM? (1 low - 5 high) (Single Choice) * 51/51 (100%) answered <table border="1"> <thead> <tr> <th>Rating</th> <th>Count</th> <th>Percentage</th> </tr> </thead> <tbody> <tr><td>1</td><td>1</td><td>2%</td></tr> <tr><td>2</td><td>10</td><td>20%</td></tr> <tr><td>3</td><td>29</td><td>57%</td></tr> <tr><td>4</td><td>9</td><td>18%</td></tr> <tr><td>5</td><td>2</td><td>4%</td></tr> </tbody> </table>	Rating	Count	Percentage	1	1	2%	2	10	20%	3	29	57%	4	9	18%	5	2	4%
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<b>VI. Announcements</b> (Sten Walker) <ul style="list-style-type: none"> <li>Combined Councils meeting on April 11, 2022 from 10 to 11:30 a.m. - Handout- Page 66</li> <li>Youth Mental Health Well Being Virtual Celebration and Resource Fair on May 6, 2022 - Handout- Page 67</li> </ul>																																																								
<b>VII. Action Items</b>		<b>Action Due/Status</b>																																																						
1. Forward recommendations, questions, and or areas of focus for the May 9, 2022 meeting to Edith Mohler at: <a href="mailto:Edith.Mohler@sdcounty.ca.gov">Edith.Mohler@sdcounty.ca.gov</a> by April 18, 2022. 2. George Scolari will send an invitation to attend the next Healthy San Diego CalAIM Incentive program Roundtable meeting scheduled for March 25, 2022 from 11:30 a.m. to 1:30 p.m. via Zoom: <a href="https://zoom.us/j/97765868706">https://zoom.us/j/97765868706</a> /877 853 5257 US Toll-free/Password: Buddy. 3. Forward revised CalAIM presentation (updated Health Plans/Behavioral Health Services Coordination card) to Council's electronic distribution lists.		1 Completed. 2 Flier invitation sent to the distribution list on March 15, 2022. 3 Updated PowerPoint and separate updated Health Plans/Behavioral Health Services Coordination card e-mailed to the distribution lists on March 16, 2022.																																																						
<b>Next Meeting:</b> Virtual Combined Council's Meeting <b>Date:</b> Monday, April 11, 2022 <b>Time:</b> 10 to 11:30 a.m.																																																								

+ = Member in Attendance O = Absent

E = Excused

CONSTITUENCY		MEMBER	STATUS	ALTERNATE	STATUS
<b>PUBLIC SECTOR</b>					
1	Behavioral Health Advisory Board (BHAB)	Bill Stewart	+	Joel San Juan	+
2	Behavioral Health Services (BHS)	Dr. Laura Vleugels	+	VACANT	+
3	Public Safety Group/ Probation	Lisa Sawin	E	Chrystal Sweet	+
4	Child Welfare Services (CWS)	Jerelyn Bourdage	+	Norma Rincon	O
5	HHS Regions	VACANT		Jennifer Sovay	O
6	Public Health	Dr. Thomas R. Coleman	+	Adrienne Yancey	O
7	Juvenile Court	H. Judge Ana España	O	Beth Brown	+
8	First 5 Commission	Alethea Arguilez (Attended by Lenette Javier)	O	Stephanie Escobar	+
<b>EDUCATION SECTOR</b>					
9	Special Education Local Plan Area (SELPA)	Russell Coronado	O	VACANT	
10	Regular Education Pupil Personnel Services	Violeta Mora	+	Margaret Sedor	O
11	School Board	Barbara Ryan	+	Debra Schade	O
12	Special Education	Yuka Sakamoto	+	Misty Bonta	O
<b>PRIVATE SECTOR</b>					
13	San Diego Regional Center (SDRC) for Developmentally Disabled	Peggie Webb	O	Therese Davis	O
14	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	+	John Laidlaw	O
15	Alcohol and Drug Service Provider Association (ADSPA)	Marisa Varond	+	Claudette Allen Butler	O
16	Mental Health Contractors Association	Julie McPherson	O	Minola Clark Manson	+
17	Mental Health Contractors Association (MHCA)	Laura Beadles	O	Golby Rahimi	+
18	Fee- For-Service (FFS) Network	Dr. Sherry Casper	+	Marcelo A. Podesta	+
19	Managed Care Health Plan	George Scolari	+	Kathleen Lang	+
20	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	+	VACANT	
<b>FAMILY AND YOUTH SECTOR</b>					
21	Family and Youth Liaison	Sten Walker	+	Renee Cookson	O
22	Caregiver of child/youth served by the Public Health System	VACANT		Karilyn "Kari" Perry	+
23	Youth served by the Public Health System (up to age 26)	Veronica Hernandez	O	Emma Eldredge	O
24	Youth served by the public health system (up to age 26)	Micaela Cunningham	+	VACANT	
<b>SUB-COMMITTEES (Non-voting members unless a member of the Council)</b>					
-	Executive Sub-Committee	Sten Walker Jaime Tate Symons	+ / +		
-	Cultural Competence Resource Team (CCRT)	Rosa Ana Lozada	O		
-	CYF CADRE	Julie McPherson Marisa Varond	O / +		
-	Early Childhood Sub-Committee	Aisha Pope Ginger Bial	+ / +		

CONSTITUENCY		MEMBER	STATUS	ALTERNATE	STATUS
-	Education Sub-Committee	Heather Nemour Violeta Mora	+/+		
-	Family and Youth as Partners Sub-Committee	Sten Walker	+		
-	Outcomes Sub-Committee	Emily Trask Eileen Quinn-O'Malley	E/+		
-	Training Sub-Committee	Rose Woods	+		

Zoom Listed Meeting Attendees: 89			
Aisha Pope	Dina Ali	Kari Perry	Rose Woods
Aiza Leon	Donald Stump	Kathleen Derby	Sandra Mueller
Alec Rodney	Edgar Sierra	Kathleen Lang	Sarah North
Amanda Lance-Sexton	Edith Mohler	Kourtney Diesel	Seth Williams
Angela Rowe	Eileen Quinn-O'Malley	LaTysa Flowers	Shannon Jackson
Angela Solom	Elaine Mills	Laura Vleugels	Sherry Casper
Angela Sullivan	Eliza Reis	Lesley Johnson	Stacey Musso
Anna Trout	Elizabeth Daut	Lesley Manriquez	Sten Walker
Babbi Winegarden	Erick Mora	Liz Winchell (Elisabeth Winchell)	Stephanie Andrews
Barbara Ryan	George Scolari	Marcelo Podesta	Stephanie Escobar
Beth Brown	Ginger Bial Cox	Margaret Anello	Stephanie Gioia-Beckman
Bill Stewart	Golby Rahimi Saylor	Marisa Varond	Stephanie Smith
Bobbi Smylie	Grisel Ortega-Vaca	Martin Dare	Susana Antonio
Carmen Pat	Heather Nemour	Meg Olinger	Tabatha Lang
Carolina Reyna	Heather Parson	Micaela Cunningham	Teresa Kang
Casie Johnson-Taylor	Jaime Tate-Symons	Michael Miller	Tom Coleman
Celeste Hunter	Jamie Martinez	Michelle Hogan	Violeta Mora
Cheryl Rode	Jamie Pellegrino	Mina Arthman	Wendy Maramba
Christina Bruce	Janet Cacho	Minola Manson Clark	Yael Koenig
Claire Riley	Janette Magsanoc	Pamela Hansen	Yuka Sakamoto
Danyte Mockus-Valenzuela	Jerelyn Bourdage	Pradeep Gidwani	
Darwin Espejo (Host)	Joel San Juan	Rebecca Raymond	
Denise Alvarez	Kameka Smith	Roberto Suarez	

**Sub-Committees/Sectors/Workgroups Meetings Information:**

**Due to COVID-19, most of the sub-committees' meetings are occurring virtually**  
**Please reach out to the sector lead or Executive Subcommittee member to obtain location/link**

**Behavioral Health Advisory Board (BHAB) meeting:** Meets the first Thursday of the month from 2:30 to 5:00 p.m.

**Outcomes:** Meets the first Tuesday of every other month from 11:30 a.m. to 12:30 p.m.

**Early Childhood:** Meets the second Monday of the month- from 11 a.m.to noon

**Education Advisory Ad Hoc:** Meets as Needed

**TAY Council:** Meets the fourth Wednesday of the month 3 to 4:30 p.m.

**CYF CADRE:** Meets quarterly on the second Thursday of the month from 1:30 to 3 p.m.

**CYF System of Care Training Academy:** Meets on the first Wednesday of the month from 9 to 10 a.m.

**CCRT:** Meets the first Friday of the month from 10 to 11:30 a.m.

**Family and Youth as Partners:** Meets every third Thursday of the month from 1:30 to 3 p.m.

**Private Sector:** Ad Hoc/Meets as needed.





# COUNTY OF SAN DIEGO

## AGENDA ITEM

### BOARD OF SUPERVISORS

NORA VARGAS  
First District

JOEL ANDERSON  
Second District

TERRA LAWSON-REMER  
Third District

NATHAN FLETCHER  
Fourth District

JIM DESMOND  
Fifth District

DATE: April 5, 2022

05

TO: Board of Supervisors

### SUBJECT

**AUTHORIZE COMPETITIVE SOLICITATION FOR MENTAL HEALTH  
SCREENING TO CARE INITIATIVE CONTRACTS (DISTRICTS: ALL)**

### OVERVIEW

On June 8, 2021 (3), San Diego County Board of Supervisors (Board) approved a final American Rescue Plan Act (ARPA) funding framework to support the residents of San Diego County. The approved funding framework included the use of ARPA funding to address the behavioral health services needs of children, youth and families which were identified as high priority.

On December 7, 2021, the U.S. Surgeon General issued an advisory highlighting the urgent need to address the nation's youth mental health crisis and outlined the pandemic's unprecedented impacts on the mental health of America's youth and families, as well as the mental health challenges that existed long before the pandemic. The advisory outlined a series of recommendations to improve youth mental health which includes providing resources and technical assistance to strengthen school-based mental health programs. It specified improving education of mental health, increasing screening of students for mental health concerns, investing in additional staff (e.g., school counselors) to support student mental health needs and improving care coordination. It also highlighted the need for financing school-based mental health services, building school-provider partnerships, and coordinating resources to support prevention, screening, early intervention, and mental health treatment for youth in school-based settings.

To advance recommendations outlined in the advisory, and in alignment with other efforts to support youth, the *Screening to Care* initiative was created to address mental health treatment needs for middle school students working with school districts across the county. Today's action seeks approval to authorize a competitive solicitation for the procurement of *Screening to Care* services which will offer mental health services to middle school students in school districts through six contracts operating across the six regions as defined by the California Department of Education.

This item supports the County of San Diego's vision of a just, sustainable, and resilient future for all, specifically those communities and populations in San Diego County that have been historically left behind, as well as the ongoing commitment to the regional *Live Well San*

**SUBJECT: AUTHORIZE COMPETITIVE SOLICITATION FOR MENTAL HEALTH  
SCREENING TO CARE INITIATIVE CONTRACTS (DISTRICTS: ALL)**

*Diego* vision of healthy, safe and thriving communities. This will be accomplished by ensuring access to services, promoting health and well-being in children and families.

### RECOMMENDATION(S)

#### CHIEF ADMINISTRATIVE OFFICER

In accordance with Section 401, Article XXIII of the County Administrative Code, authorize the Director, Department of Purchasing and Contracting, to issue competitive solicitations for the procurement of *Screening to Care* initiative services in all six regions and upon successful negotiations and determination of a fair and reasonable price, award contracts for an initial term of up to one year, with up to three option years, and up to an additional six months, if needed; and to amend the contracts to reflect changes in program, funding or service requirements, subject to the availability of funds and the approval of the Agency Director, Health and Human Services Agency.

### EQUITY IMPACT STATEMENT

In the ten years preceding the pandemic, the rate of high school students who reported persistent feelings of sadness or hopelessness increased by 40%. The pronounced increase in chronic sadness reported by youth even before the pandemic was a warning sign. The negative effects of the pandemic have exacerbated the deteriorating mental health of marginalized populations, furthering the health disparities that exist among underserved/underrepresented communities, and disproportionately impacting society's most vulnerable population - children and youth. Most notably, serious mental illness among African American and Hispanic/Latino youth (ages 10-14) was significantly higher than other racial/ethnic groups. To address the social, economic, cultural, geographic, and other barriers that often hinder the accessibility of behavioral health care, Behavioral Health Services, in partnership with key stakeholders, has taken strides to address the gap and bring services directly to communities of need.

The *Screening to Care* initiative will implement a universal screening tool for middle school children by creating connections to care, prior to high school, that will help empower youth and their families to access high quality, culturally competent, affordable, youth mental health resources in school settings, which are a trusted and accessible community asset. Today's action will advance efforts of behavioral health equity by decreasing barriers to mental health care access to children and youth by deploying resources proportionate to community need.

### FISCAL IMPACT

Funds for this request are included in the Fiscal Year (FY) 2021-23 County of San Diego Operational Plan. If approved, today's recommendation will result in no change in costs and revenue in FY 2021-22 and estimated annual costs and revenue of up to \$7,500,000 in FY 2022-23. The funding source is the American Rescue Plan Act (ARPA). Behavioral Health Services will also pursue additional funding opportunities to support and sustain these services, including grants and federal and State allocations should they become available. There will be no change in net General Fund cost and no additional staff years.

### BUSINESS IMPACT STATEMENT

N/A

**SUBJECT:** AUTHORIZE COMPETITIVE SOLICITATION FOR MENTAL HEALTH SCREENING TO CARE INITIATIVE CONTRACTS (DISTRICTS: ALL)

#### ADVISORY BOARD STATEMENT

At their meeting on March 3, 2022, the Behavioral Health Advisory Board voted to approve this recommendation.

#### BACKGROUND

According to the U.S. Surgeon General, before the COVID-19 pandemic, mental health challenges were the leading cause of disability and poor life outcomes in young people, with up to 1 in 5 children ages 3 to 17 in the U.S. having a mental, emotional, developmental, or behavioral disorder. Additionally, from 2009 to 2019, the share of high school students who reported persistent feelings of sadness or hopelessness increased by 40%, to more than 1 in 3 students. Suicidal behaviors among high school students also increased during the decade preceding the pandemic, with 19% seriously considering attempting suicide, a 36% increase from 2009 to 2019, and about 16% having made a suicide plan in the prior year, a 44% increase from 2009 to 2019. Between 2007 and 2018, suicide rates among youth ages 10-24 in the U.S. increased by 57%, and early estimates show more than 6,600 suicide deaths among this age group in 2020.

The pandemic added to the pre-existing challenges that America's youth faced. It disrupted the lives of children and adolescents, such as in-person schooling, in-person social opportunities with peers and mentors, access to health care and social services, food, housing, and the health of their caregivers. The pandemic's negative impacts most heavily affected those who were vulnerable to begin with, such as youth with disabilities, racial and ethnic minorities, LGBTQ+ youth, low-income youth, youth in rural areas, youth in immigrant households, youth involved with the child welfare or juvenile justice systems, and homeless youth. In 2020, rates of serious mental illness among African American and Hispanic/Latino youth (ages 10-14) were significantly higher than other racial/ethnic groups.

On December 7, 2021, the U.S. Surgeon General issued an Advisory on Protecting Youth Mental Health (Advisory) to highlight the urgent need to address the nation's youth mental health crisis. The Advisory called for a swift and coordinated response to this crisis as the nation continues to battle the COVID-19 pandemic and provided the following recommendations that individuals, families, community organizations, technology companies, governments, and others can take to improve the mental health of children, adolescents, and young adults. Recommended actions include:

- Recognizing that mental health is an essential part of overall health.
- Empowering youth and their families to recognize, manage, and learn from difficult emotions.
- Ensuring that every child has access to high-quality, affordable, and culturally competent mental health care.
- Supporting the mental health of children and youth in educational, community, and childcare settings; and expand and support the early childhood and education workforce.
- Addressing the economic and social barriers that contribute to poor mental health for young people, families, and caregivers.
- Increasing timely data collection and research to identify and respond to youth mental health needs more rapidly, to include more research on the relationship between technology

**SUBJECT:** AUTHORIZE COMPETITIVE SOLICITATION FOR MENTAL HEALTH SCREENING TO CARE INITIATIVE CONTRACTS (DISTRICTS: ALL)

and youth mental health, and technology companies should be more transparent with data and algorithmic processes to enable this research.

To advance recommendations outlined in the Advisory, and in alignment with other efforts to support youth, the *Screening to Care* initiative was created to address mental health treatment needs for middle school students in partnership with the San Diego County School Board Association and school districts across the county. If approved, these services will use a multi-tiered approach which includes universal screening of students facilitated by middle school staff, regardless of the child's insurance status.

Based on the screening results, students will be stratified into three different tiers of intervention: school community and classroom-based intervention which is known as Tier 1; small group intervention which is known as Tier 2; and referral to treatment level services known as Tier 3 which will leverage the County of San Diego (County), Health and Human Services Agency Behavioral Health Services (BHS) operated SchoolLink programs.

Multi-Tiered Systems of Support (MTSS) Frameworks are often utilized in education settings with Tier 1 delineated as prevention for all students; Tier 2 is defined as targeted interventions for some students based on mild level of need; and Tier 3 offering targeted intensive interventions for few students who require that level of support. School literature further describes the MTSS Framework in the following way:

#### *Tier 1 – Universal or primary – Majority of students (75-90%)*

As the largest tier, and the foundation for the MTSS Framework, Tier 1 encompasses the entire school with core instructions and basic interventions. This structure helps to build positive relationships between staff and students. It includes proactive classroom management strategies aimed at creating a supportive atmosphere. Students who do not respond to these interventions may move into Tier 2.

#### *Tier 2 – Secondary – Small groups of students (10-25%)*

Some students need a little extra assistance in meeting academic and behavioral goals, and it is in Tier 2 that these individuals receive that help. Often these interventions and supports are delivered in small group settings, such as reading groups. Check-In/Check-Out interventions are often a part of Tier 2, as well. This targeted support allows students to work toward catching up with their peers.

#### *Tier 3 – Tertiary – Individual students (< 10%)*

A subset of students has significant challenges that do not respond to the interventions and supports in Tier 1 or Tier 2. Tier 3 gives these students individualized supports and can include assistance from outside agencies such as behavioral counselors or family therapists.

In addition to stratifying students into the right level of services, the *Screening to Care* initiative will serve as the Tier 2 service provider for students who present with moderate level of mental health support needs. Services will attend to addressing stigma, promote acceptance, empathy, and compassion and be delivered in a culturally competent manner in alignment with BHS' long-term commitment to creating and maintaining a culturally relevant and culturally responsive system of

**SUBJECT:** AUTHORIZE COMPETITIVE SOLICITATION FOR MENTAL HEALTH  
SCREENING TO CARE INITIATIVE CONTRACTS (DISTRICTS: ALL)

care. Expansion to elementary and high school students shall be determined as service effectiveness is evaluated. *Screening to Care* services will be initially funded through American Rescue Plan Act funding for three years, with plans to explore funding opportunities to sustain the program on a long-term basis.

Today's action seeks approval to authorize a competitive solicitation for the procurement of *Screening to Care* services which will offer mental health services to middle school students in school districts through six contracts operating in the six regions as defined by the California Department of Education.

**LINKAGE TO THE COUNTY OF SAN DIEGO STRATEGIC PLAN**

Today's action to authorize procurement of the *Screening to Care* initiative supports the County of San Diego's (County) vision of *Live Well San Diego* and aligns with the County's 2022-2027 Strategic Plan Initiatives of Equity (Health) and Community (Engagement, Quality of Life, and Partnership) by ensuring that children and youth with mental illness and substance use conditions continue to have access to a comprehensive continuum of behavioral health services administered through accessible behavioral health programs.

Respectfully submitted,



HELEN N. ROBBINS-MEYER  
Chief Administrative Officer

**ATTACHMENT(S)**

N/A



# COUNTY OF SAN DIEGO

## AGENDA ITEM

### BOARD OF SUPERVISORS

NORA VARGAS  
First District

JOEL ANDERSON  
Second District

TERRA LAWSON-REMER  
Third District

NATHAN FLETCHER  
Fourth District

JIM DESMOND  
Fifth District

DATE: April 26, 2022

12

TO: Board of Supervisors

### SUBJECT

**AUTHORIZE EXTENSION OF CONTRACTS RELATED TO OPERATIONS AT SAN PASQUAL ACADEMY (DISTRICTS: ALL)**

### OVERVIEW

San Pasqual Academy (the Academy) opened in 2001 and is a first-in-the-nation residential education campus designed to meet the unique needs of adolescent youth in the foster care system and to prepare them for self-sufficiency upon exiting care. Over the last five years, federal and State legislation has significantly shifted the statutory requirements for keeping children safely with families, resulting in sweeping legislative changes that identify home-based settings with resource families as the best placement option for youth and reduce the reliance on and use of congregate care. Given these changes, the San Diego County Board of Supervisors (Board) has undertaken significant consideration of the future of the Academy in the last year. In response to actions taken by the Superior Court of California and the California Department of Social Services, on January 25, 2022 (19), the Board approved continued operations at the Academy, as needed, to support the transition to a continuum of care multipurpose campus to serve youth in foster care and directed the CAO to continue to explore options for a mixed-use campus for a combination of youth populations including youth in foster care, youth at risk of entering foster care, unaccompanied minors, and youth interacting with the juvenile justice system.

The contract extension to operate the Academy authorized by the Board on July 13, 2021 (6) is set to expire on June 30, 2022. Today's action requests the Board to authorize an amendment to the County of San Diego (County), Health and Human Services (HHSA) Child Welfare Services contract with New Alternatives, Inc., to increase the contract amount and extend the contract term for 11 months from May 1, 2022 through March 31, 2023 for residential/education services, Independent Living Skills, and the Intergenerational Program. Additionally, today's action requests the Board to authorize an amendment to the HHSA Behavioral Health Services (BHS) contract with New Alternatives, Inc., to extend the contract term for nine months from July 1, 2022 through March 31, 2023 for the continued provision of specialty mental health services to youth at the Academy. The BHS contract with New Alternatives, Inc. for specialty mental health services is set to expire on June 30, 2022. Both of these contract extensions are necessary to ensure the County provides placement stability and the continuity of specialty mental health services to youth currently placed at the Academy while procuring new services in support of a reimagined campus that extends the successful outcomes of the Academy to a wider population of youth. Additionally,

**SUBJECT: AUTHORIZE EXTENSION OF CONTRACTS RELATED TO OPERATIONS AT SAN PASQUAL ACADEMY (DISTRICTS: ALL)**

the amendments will allow for new referrals for eligible youth that can immediately benefit from the current programming at the Academy and successfully transition to an appropriate placement type provided at the planned multipurpose campus.

This item supports the County's vision of a just, sustainable, and resilient future for all, specifically those communities and populations in San Diego County that have been historically left behind, as well as our ongoing commitment to the regional *Live Well San Diego* vision of healthy, safe and thriving communities. This will be accomplished by providing a safe and thriving placement option, comprehensive services and supports, and a focus on improving equitable outcomes for children and youth interacting with the child welfare system.

### RECOMMENDATION(S)

#### CHIEF ADMINISTRATIVE OFFICER

1. In accordance with Board Policy A-87, Competitive Procurement, and Administrative Code Section 401, authorize the Director, Department of Purchasing and Contracting, subject to successful negotiations and a determination of a fair and reasonable price, to amend the following contracts to increase contract amount and extend the contract term through March 31, 2023 and up to an additional six months, if needed, subject to the availability of funds; and to amend the contracts to reflect changes to services and funding allocations, subject to the approval of the Agency Director, Health and Human Services Agency:

- a. County of San Diego, Health and Human Services, Child Welfare Services contract with New Alternatives for residential/education services, Independent Living Skills, and the Intergenerational Program (Contract #45216)
- b. County of San Diego, Health and Human Services, Behavioral Health Services contract with New Alternatives for specialty mental health services (Contract #45369)

### EQUITY IMPACT STATEMENT

The County of San Diego (County) Health and Human Services Agency, Child Welfare Services (CWS), partners with public and private agencies such as New Alternatives, Inc., San Diego County Office of Education, and Access Inc. (through the support of the San Diego Workforce Partnership) to maximize racially equitable community outcomes by ensuring all youth at the San Pasqual Academy (the Academy) have increased access to health and wellness opportunities, develop life-long connections, and broaden educational horizons.

Over the last five years, federal and State legislation has significantly shifted the statutory requirements for keeping children safely with families, resulting in sweeping legislative changes that identify home-based settings with resource families as the best placement option for youth and reduce the reliance on and use of congregate care. As a result of these statutory changes focused on keeping children with their families and preventing child maltreatment, CWS has experienced a 39 percent reduction in the number of youth in foster care and a 69 percent reduction in the use of congregate care over the past 10 years. The population of youth placed at the Academy as of April 12, 2022 is 41. The ethnic distribution includes 20 percent White, 46 percent Latino, and 34 percent Black.

**SUBJECT:** AUTHORIZE EXTENSION OF CONTRACTS RELATED TO  
OPERATIONS AT SAN PASQUAL ACADEMY (DISTRICTS: ALL)

As CWS continues to deepen prevention and family strengthening efforts in communities countywide and align with the trajectory of child welfare services nationally, fewer youth are entering the child welfare system. The youth who cannot be safely maintained in their homes with their biological families and enter foster care have often been exposed to severe complex trauma and present with significant mental and behavioral health needs that require more acute and intensive care and interventions. CWS has engaged the community in strategic planning to determine how best to utilize the Academy campus to address the changing needs of our community, as well as the changing statutory framework while building upon the Academy's success.

The Academy reimagined is a cumulative community effort among seven key stakeholder focus groups including former foster youth, partners of the Academy, community partners and the Child and Family Strengthening Advisory Board of San Diego County, the Foster Alumni and Youth Community Empowerment Subcommittee (FAYCES), relative caregivers and resource families, Foster Family Agencies, Short-Term Residential Therapeutic Program (STRTP) providers, Transitional Housing providers, CWS staff, and legal and county partners. The vision of the Academy reimagined is to extend the successful outcomes of the Academy to a wider and diverse population of youth with unique needs by providing increased access to comprehensive services and supports focused on improving equitable outcomes for children and youth interacting with the child welfare system.

#### **FISCAL IMPACT**

Funds for this request are included in the Fiscal Year (FY) 2021-23 Operational Plan in the Health and Human Services Agency. If approved, this request will result in costs and revenue of approximately \$2,225,000 in FY 2021-22 and costs and revenue of approximately \$11,887,500 in FY 2022-23. The funding sources are federal Short-Doyle Medi-Cal, Mental Health Services Act, Realignment, and General Purpose Revenue. There will be no net General Fund cost and no additional staff years.

#### **BUSINESS IMPACT STATEMENT**

N/A

#### **ADVISORY BOARD STATEMENT**

This item was presented as an informational item to the Child and Family Strengthening Advisory Board Subcommittees on April 13, 2022 (Race and Equity) and April 21, 2022 (Foster Alumni and Youth Community Empowerment Subcommittee). This item will be presented as an informational item to the Child and Family Services subcommittee on April 28, 2022.

This item will be presented to the Child and Family Strengthening Advisory Board as an informational item on May 13, 2022.

#### **BACKGROUND**

San Pasqual Academy (the Academy) opened in 2001 and is a first-in-the-nation residential education campus designed to meet the unique needs of adolescent youth in the foster care system and to prepare them for self-sufficiency upon exiting care. Through a partnership of public and

**SUBJECT:** AUTHORIZE EXTENSION OF CONTRACTS RELATED TO  
OPERATIONS AT SAN PASQUAL ACADEMY (DISTRICTS: ALL)

private agencies such as New Alternatives, Inc., San Diego County Office of Education, Access Inc. through the support of the San Diego Workforce Partnership, and the County of San Diego (County) Health and Human Services Agency (HHSA), Child Welfare Services (CWS), youth are provided with residential, education, work readiness, and child welfare case management services.

Over the last five years, federal and State legislation has significantly shifted the statutory requirements for keeping children safely with families, resulting in sweeping legislative changes that identify home-based settings with resource families as the best placement option for youth and reduce the reliance on and use of congregate care. As a result of these statutory changes and multiple discussions on how to preserve the Academy's unique program as permitted through the parameter of new laws, the California Department of Social Services (CDSS) approved a three-year Pilot Project for the Academy for the period of December 1, 2018 through December 31, 2021.

#### *Timeline of Prior Events and Actions Taken by the San Diego County Board of Supervisors (Board)*

- **February 8, 2021** – CDSS notified CWS that the Academy's Pilot Project and supporting Memorandum of Understanding (MOU) to continue the Academy's ongoing operation would terminate effective October 1, 2021, rather than December 31, 2021.
- **March 16, 2021 (12)** – The Board directed the Chief Administrative Officer (CAO) to request an extension from CDSS for the current MOU for the Academy through June 30, 2022.
- **May 3, 2021** – CDSS replied with an offer to grant an extension to the term of the MOU, to coincide with the end of the 2021-22 school year subject to several conditions.
- **May 18, 2021 (30)** – The Board directed the CAO to enter into an agreement with CDSS for an extension through June 30, 2022; and have the appropriate staff available to meet with all interested partners of the Academy on ways to expand the use of the Academy campus.
- **July 13, 2021 (6)** – The Board authorized the extension of the contract to operate the Academy through June 30, 2022.
- **December 3, 2021** – The Superior Court of California, San Diego County, issued a preliminary injunction restraining and enjoining the State from terminating New Alternatives' group home license for the group home located at the Academy, provided that New Alternatives continues to comply with the licensing standards currently in existence.
- **December 23, 2021** – CDSS lifted a condition in the MOU restricting new placements at the Academy.
- **January 25, 2022 (19)** – The Board took the following actions:
  - Approved continued operations at the Academy, as needed, to support the transition to a continuum of care multipurpose campus;
  - Authorized a competitive solicitation for Resource Family Homes and a Group Home at the campus;
  - Authorized a competitive solicitation for Specialty Mental Health Services for the Group Home at the campus;
  - Directed the CAO to develop a plan for utilizing the campus as a continuum of care multipurpose campus to serve youth in foster care and return to the San Diego



**SUBJECT: AUTHORIZE EXTENSION OF CONTRACTS RELATED TO OPERATIONS AT SAN PASQUAL ACADEMY (DISTRICTS: ALL)**

County Board of Supervisors to bring forward recommendations for implementation and resource needs; and

- o Directed the CAO to continue to explore options for a mixed-use campus for a combination of youth populations to include youth in foster care, youth at risk of entering foster care, unaccompanied minors, and youth interacting with the juvenile justice system; and to develop an implementation plan.

*Current SPA Contract*

The continued operations and Group Home programming at the Academy are critical in supporting trauma-informed transitions for youth remaining on campus, with minimal impact on their wellbeing, while working toward a transition to utilizing Resource Family Homes, which is one component in the continuum of diverse placement types planned for the multipurpose campus. The contract extension to operate the Academy authorized by the Board on July 13, 2021 (6) is set to expire on June 30, 2022. If today's action is approved and negotiations are successful, New Alternatives, Inc. will continue to provide the following operational services and programs to youth at the Academy up to March 31, 2023:

- Residential Education Services
  - o Safe and nurturing board, care, and supervision in family-style homes;
  - o Transportation as needed for academic, volunteer, employment, extra-curricular social and family activities;
  - o Health and Wellness and therapeutic support;
  - o Education support, tutoring, and linkage to special education services and advanced academic placement services as necessary; and
  - o Trauma informed support during a transitional period as the campus is reimaged.
- San Pasqual Academy Neighbors (SPAN) Program
  - o Intergenerational mentoring and community support; and
  - o Guidance and life skills enrichment from older adults ("grandparents") residing on campus.
- Independent Living Skills Program
  - o Basic life skills training to prepare youth for a successful life as an independent adult; and
  - o Self-sufficiency, work readiness, and technology literacy.

As of April 12, 2022, the current population of youth at the Academy is 41 given the MOU's restriction on new placements, which was lifted in December 2021. Of the 41 students, nine are anticipated to graduate high school in June 2022. Today's action requests the Board to authorize the Director, Department of Purchasing and Contracting, to negotiate an amendment to the CWS contract #45216 with New Alternatives, Inc., to increase the contract amount and extend the contract term for 11 months from May 1, 2022 through March 31, 2023 for residential/education services, Independent Living Skills, and the Intergenerational Program. Additionally, of equal importance to the health and wellbeing of youth at the Academy, is the provision of specialty mental health programming. Today's action also requests the Board to authorize the Director, Department of Purchasing and Contracting, to negotiate an amendment to the HHSA, Behavioral

**SUBJECT: AUTHORIZE EXTENSION OF CONTRACTS RELATED TO OPERATIONS AT SAN PASQUAL ACADEMY (DISTRICTS: ALL)**

Health Services (BHS) contract with New Alternatives, Inc., contract #45369, to extend the contract term for nine months from July 1, 2022 through March 31, 2023 for the continued provision of specialty mental health services to youth at the Academy. The BHS contract with New Alternatives, Inc. for specialty mental health services is set to expire on June 30, 2022.

The extension of these contracts is necessary to ensure the County provides placement stability and the continuity of specialty mental health services to youth currently placed at the Academy while procuring new services in support of a reimagined campus that extends the successful outcomes of the Academy to a wider population of youth. Additionally, the amendments will allow for new referrals for eligible youth that can immediately benefit from the current programming at the Academy and successfully transition to an appropriate placement type provided at the planned multipurpose campus. Today's action also provides for the additional time required for comprehensive planning and identification of resources in direct alignment with Board actions taken on January 25, 2022 (19) to develop an implementation plan for a continuum of care multipurpose campus to serve youth in foster care as well as a mixed-use campus for a combination of youth populations.

**LINKAGE TO THE COUNTY OF SAN DIEGO STRATEGIC PLAN**

Today's proposed action to authorize an amendment to the contract with New Alternatives, Inc., to extend the contract for nine months from July 1, 2022, through March 31, 2023, supports the County of San Diego's 2022-2027 Strategic Plan Initiatives of Sustainability (Economy), Equity (Health) and Community (Quality of Life) by providing comprehensive services and supports focused on improving equitable outcomes for children and youth interacting with the child welfare system and ensuring transparency and open government to best serve the needs of our diverse communities.

Respectfully submitted,



HELEN N. ROBBINS-MEYER  
Chief Administrative Officer

**ATTACHMENT(S)**

N/A



## COUNTY OF SAN DIEGO

### BOARD OF SUPERVISORS

1600 PACIFIC HIGHWAY, ROOM 335, SAN DIEGO, CALIFORNIA 92101-2470

#### AGENDA ITEM

COSD CLERK OF THE BOARD  
2022 APR 22 AM 8:31

38

**DATE:** April 26, 2022

**TO:** Board of Supervisors

#### SUBJECT

**COUNTY ACTION TO ADDRESS TERMINATION OF TITLE 42: ADDRESSING THE NEED FOR RESPITE MIGRANT SHELTER (DISTRICTS: ALL)**

#### OVERVIEW

Over the past four years, the U.S.–Mexico border has seen an increase in migrants seeking asylum from humanitarian crises around the globe. Federal law allows people from other countries to seek asylum in the United States if they fear persecution at home. They must be present in the U.S. and prove that they have a fear of persecution on one of five grounds: race, religion, nationality, political opinion, or membership in a particular social class. However, in March 2020, the U.S. Centers for Disease Control and Prevention (CDC) put into effect Title 42, a law that prevented those seeking asylum from entering the U.S. Title 42 was a mitigation effort meant to control the spread of COVID-19. As a result of Title 42, the U.S. stopped processing asylum seekers who arrived at the U.S.–Mexico border asking for humanitarian protection.

On April 1, 2022, the CDC released a media statement indicating the intent to terminate Title 42 on May 23, 2022. With this announcement, the backlog of asylum seekers who have been waiting at the U.S.–Mexico border will be processed for asylum. As a welcoming community that reaffirmed its commitment to accept refugees and newcomers, the County of San Diego should be prepared for an increase in individuals and families seeking asylum while creating pathways for them to safely reach their final destination.

Since immigration regulations are not under local authority, today's actions will create an ad-hoc Board of Supervisors subcommittee to address both short-term and long-term goals. Additionally, the action will direct the Chief Administrative Officer to provide immediate assistance in identifying temporary respite sheltering for the anticipated increase of individuals and families who will be seeking asylum and will ensure better coordination amongst different government agencies, NGOs, and local jurisdictions. Today's actions will also seek to work with our federal and State delegations to seek reimbursement; work on legislative policy, and advocate for funding resources that would allow the County to provide on-going services to asylum seeking families, individuals, and partner with NGOs.

**SUBJECT:** COUNTY ACTION TO ADDRESS TERMINATION OF TITLE 42:  
ADDRESSING THE NEED FOR RESPITE MIGRANT SHELTER  
(DISTRICTS: ALL)

#### RECOMMENDATION(S)

##### VICE CHAIR NORA VARGAS AND CHAIR NATHAN FLETCHER

1. Appoint Chair Fletcher and Vice Chair Vargas to an ad-hoc Board of Supervisors subcommittee to address both short-term and long-term solutions for the influx of migrants entering San Diego County.
2. Find that the proposed project is exempt from the California Environmental Quality Act (CEQA) pursuant to State CEQA guidelines sections 15269(c)
3. Direct the Chief Administrative Officer to identify County property for a potential temporary respite shelter that could be used to temporarily shelter asylum seeking individuals and families and take actions necessary to effectuate such use.
4. Direct the Chief Administrative Officer to work with federal and State delegations on legislative policy, including seeking funding resources, that would allow the County to provide necessary human services to asylum seeking individuals and families and receive reimbursements, since immigration regulations are not under local authority.

#### EQUITY IMPACT STATEMENT

For generations, the United States has experienced cycles of migration where the populations have varied from country of origin and circumstances. Individuals coming are fleeing violent conflict, war, and unlivable conditions. Migrants who arrive at the border are parents arriving with children or individuals fleeing their home country, looking for safety and an opportunity for a better life. While families await their application decision, it is imperative to provide safe respite shelter with supportive services to ensure the wellbeing of these vulnerable populations and the surrounding communities.

#### FISCAL IMPACT

There is no fiscal impact associated with today's actions. There is no change in net General Fund costs and no additional staff years. There may be fiscal impact associated with future related recommendations which staff would return to the board for consideration and approval.

#### BUSINESS IMPACT STATEMENT

N/A

#### ADVISORY BOARD STATEMENT

N/A

#### BACKGROUND

Over the past four years, the U.S.–Mexico border has seen an increase in migrants seeking asylum from humanitarian crises around the globe. Federal law allows people from other countries to seek asylum in the United States if they fear persecution at home. These asylum seekers must be present in the U.S. and prove that they have a fear of persecution on one of five grounds: race, religion, nationality, political opinion, or membership in a particular social class. The top five countries of

**SUBJECT:** COUNTY ACTION TO ADDRESS TERMINATION OF TITLE 42:  
ADDRESSING THE NEED FOR RESPITE MIGRANT SHELTER  
(DISTRICTS: ALL)

origin for those seeking asylum at the U.S.-Mexico border are Brazil, Colombia, Cuba, Nicaragua, Peru, Romania, and Venezuela.

In March 2020, the Center for Disease Control (CDC) implemented Title 42 as a mitigation effort in the face of COVID-19. Title 42 comes from a 1944 public health law to prevent the spread of communicable diseases. On April 1, 2022, the CDC released a media statement indicating the intent to terminate Title 42 on May 23, 2022. With this announcement, the backlog of asylum seekers who have been waiting at the U.S.-Mexico border will be processed for asylum. While these asylum seekers are being processed, they may remain in the United States. Additionally, the federal government is expecting additional arrivals to increase at the southern border. As such, the County of San Diego should be prepared for an increased number of individuals and families.

Since 2018, Non-profit entities in San Diego County have stepped up and established temporary shelter to ensure individuals and families had access to food, medical care, legal services, and assistance with travel arrangements to their final destinations. If adequate shelter space is not made available swiftly, migrant families may have no choice but to seek accommodations at homeless shelters or on our streets. This would put an undue burden on already stressed unsheltered service providers.

To date, the County of San Diego Health and Human Services Agency (HHSA) has provided vaccines for this migrant population and provided support and training for shelter staff to address public health concerns. HHSA provides County nurses, health professionals, and social workers to assist in health assessments, translation services, and linkage to local resources.

While responses to ameliorate the immediate anticipated challenges are underway from all levels of government, the need exists for long term solutions. Today's actions will create an ad-hoc Board of Supervisors subcommittee to address both short-term and long-term goals. Additionally, the action will direct the Chief Administrative Officer to provide immediate assistance in identifying temporary respite sheltering for the anticipated increase of individuals and families that will be seeking asylum and ensure better coordination amongst different government agencies, NGOs, and local jurisdictions. Today's actions will also seek to work with our federal and State delegations to seek reimbursement; work on legislative policy, and advocate for funding resources that would allow the County to provide on-going services to asylum seeking families, individuals, and partner with NGOs.

#### ENVIRONMENTAL IMPACT STATEMENT

The proposed project is statutorily exempt from the California Environmental Quality Act (CEQA) under Article 18, Section 15269(c) of the CEQA Guidelines, as it involves specific actions necessary to prevent or mitigate an emergency. The proposed actions will allow a non-profit entity to provide temporary shelter, access to food, medical care, legal services, and assistance with travel arrangements for asylum-seekers released in the County by federal immigration officials. The provision of these services will help ensure that those seeking asylum do not seek accommodations on the streets or at homeless shelters, which would place an undue burden on already-stressed homeless providers. Providing access to food and medical care will also help prevent the spread of disease and address public health concerns. Today's actions are therefore statutorily exempt

**SUBJECT:** COUNTY ACTION TO ADDRESS TERMINATION OF TITLE 42:  
ADDRESSING THE NEED FOR RESPITE MIGRANT SHELTER  
(DISTRICTS: ALL)

from CEQA because it involves taking action necessary to prevent both a housing and public health emergency that the County may otherwise face as a result of the influx of asylum seekers being released in the County.

#### LINKAGE TO THE COUNTY OF SAN DIEGO STRATEGIC PLAN

The requested action supports the County's 2022-2027 Strategic Plan initiatives of Health, Housing, and Safety by focusing on policies and systems that ensure equal opportunity for health and well-being through partnerships and innovation that meet the needs of the community.

Respectfully submitted,



VICE-CHAIR NORA VARGAS  
Supervisor, First District



CHAIR NATHAN FLETCHER  
Supervisor, Fourth District

#### ATTACHMENT(S)

N/A



## County of San Diego

### Update on Mobile Crisis Response Team Program

March 30, 2022

#### BACKGROUND

Each year law enforcement receives tens of thousands of mental health related calls. While all calls require a timely response, many do not necessitate law enforcement intervention. In many instances, deployment of behavioral health professionals would have been a more person-centered approach to respond to non-violent behavioral health situations. The San Diego County Board of Supervisors (Board) has taken several actions to enhance crisis response efforts, as follows:

- On June 25, 2019 (1), the Board approved a recommendation to enhance the crisis intervention options available to the community by establishing a non-law enforcement Mobile Crisis Response Teams (MCRT) pilot program, in coordination with County of San Diego (County), Health and Human Services Agency, Behavioral Health Services (BHS), the San Diego County Sheriff's Department, and the San Diego County District Attorney, with initial efforts focused in the North Coastal Region.
- On June 23, 2020 (26), the Board further expanded MCRT by approving an expedited rollout of MCRTs countywide.
- Subsequent to the January 2021 MCRT pilot rollout in North Coastal Region, the Board further affirmed their commitment to strengthen MCRT services in an action brought forward by on April 6, 2021 (9), which included recommendations to conduct a public awareness campaign, add staff to work with public safety partners, and outreach to key stakeholders for continued engagement.

The information below represents the third update to the Board on overall MCRT program progress; and is responsive to the report back requirements in the April 6, 2021 (9) minute order.

#### *Triage Protocols and Law Enforcement Collaboration*

MCRT services are designed to help people who are experiencing a mental health or substance use crisis by dispatching behavioral health experts to emergency calls instead of law enforcement, when appropriate, with teams dispatched primarily by calls made to the Access and Crisis Line (888-724-7240) though law enforcement agencies can also refer calls they receive to MCRT. On November 17, 2021, a Memorandum of Agreement (MOA) was executed with National City Police Department and Chula Vista Police Department and on March 24, 2022, a multi-jurisdictional MOA was executed. BHS and law enforcement partners worked closely to finalize the referral criteria that is now used by emergency services dispatchers to ensure safety and determine when a referral to MCRT is appropriate. This criterion is being utilized by all jurisdictions that are parties to the MOA.

The MOAs between the County and law enforcement jurisdictions include mutual sharing of requested de-identified data wherever deemed practical by the law enforcement agency and allowable under the law. BHS continues to collaborate with various law enforcement entities to advance data sharing that will inform MCRT program planning, design, and effectiveness to be responsive to the needs of the community are met including unserved/underserved populations, and to ensure services to clients are yielding meaningful outcomes. To further support collaboration and data integration, BHS recruited for and filled the position approved by the Board on June 29, 2021 (7) under the newly established BHS Data Science Unit.

#### *MCRT Key Data Points to Date*

Since the MCRT program launched in January 2021 through March 7, 2022:

- MCRT has responded to 741 calls referred through the Access and Crisis Line (ACL), including 53 referrals from National City/Chula Vista police departments.
- Of the individuals who received an MCRT service, approximately 60% were able to be helped immediately, in the field, reducing the need for law enforcement services and utilization of more expensive, and acute services.



- The majority of individuals (59%) who received a service were between 26-59 years of age;
- Approximately 20% either refused services or had left the location by the time MCRT arrived. On these occasions, MCRT still provided resources to the individual or family members who may be receptive to services in the future.

Rates of engagement and service provision reflect the racial and ethnic makeup of our county, though generally MCRT has engaged a proportionally higher rate of African Americans (12%) and lower rate of Asian and Pacific Islanders (6%) than is reflected in our County's overall population.

#### MCRT Success Story

The following message was shared recently from a parent who received MCRT services for their child. Some details have been changed to maintain anonymity:

*I wanted to write this letter to express my appreciation for your wonderful program and staff. I called the access and crisis line already having met so many black walls in getting my child help. When your team said they would come, I cried.*

*From the beginning, they were amazing. They called to let me know they were on their way with an estimated time of arrival and with directions to let my child know they were coming and what to say.*

*They showed up and my child told me to tell them the crisis was over and to go away. But they came in with gifts and snacks and won my child over right away. From the moment they entered, they were professional, empathetic listeners going as far as to sit on the floor in front of my child in their chair. When they left, my child said, "I like them." Which is rare because in the mind of my child, such service providers are only doing what they do for the money.*

*MCRT staff followed up a few times and my child was willing to talk which was a huge accomplishment. They reached out to my child's school to help the transition back. It is obvious by their actions that they are knowledgeable about their job and understand kids with special needs. Their non-judgmental and caring attitude was a welcomed blessing and I am thankful for all they did.*

#### MCRT Media Campaign and Community Engagement Efforts

An amendment in the amount of \$600,000 to the Countywide Stigma Reduction and Suicide Prevention Media Campaign contract was executed to begin development of a community awareness campaign. Since the last update in December 2021, the following activities have occurred.

In February 2022, over **80 billboards** were placed countywide, were translated into Spanish, Arabic, Farsi, Chinese, Vietnamese, and Tagalog, and placed into respective communities where these languages are spoken.



Digital banner ads, also known as display ads, began running in English and Spanish on high-trafficked websites in February 2022. Four designs were created to reflect different audiences.

A first-run of **community newspaper ads** began running in February 2022 in the following publications, in the languages referenced.

- El Latino – Spanish
- San Diego Voice and Viewpoint – English
- The Filipino Press – Tagalog

In March 2022, 15- and 30-second **radio ads** began running in English and Spanish on the following stations:

- 103.7 (KSON) – English
- Sunny 98.1 (KXSN) – English
- Z90 (XHTZ) – English
- Magic 92.5 (XHRM) – English
- Que Buena 106.5 (KLNK) – Spanish
- Amor 102.9 (KLKQ) – Spanish
- Radio Latina 104.5 (XLTN) – Spanish



Place-based posters are being planned for launch in May 2022 and will be displayed in multiple languages in approximately 150 locations across San Diego County including convenience stores, grocery stores, laundromats, pharmacies, etc. Posters include QR codes where users can link to the MCRT website for complete program details. Sample images below:



Media images were presented to over 150 people across several stakeholder groups including the Behavioral Health Advisory Board, the Human Relations Commission, the Clubhouse Directors meeting, the Transition Age Youth (TAY) Council, and others, to get their reactions and first impressions. As part of the next phase of the media campaign, MCRT messaging will be refined based on the input and feedback of focus groups and based on data trends identified, to promote further awareness and engagement across unserved and underserved communities.

#### Community-Based Outreach

In a parallel effort, the County has begun a community-based outreach and engagement effort through a contract with Jewish Family Service's Breaking Down Barriers program. Breaking Down Barriers is a prevention and early intervention program providing outreach and education to reduce stigma around mental illness through trusted community partners.

To support community-based efforts to increase awareness about MCRT availability, the program will engage new outreach workers and work with community organizations to connect to diverse communities across our region and provide information about how to access services when there is a need. It is planned that 1,000 community members will be reached each month through outreach events, presentations, community conversations, flyer dissemination, posters placed in community locations, outreach to local businesses and social marketing. The MCRT flyers used to support this effort can also be found on the MCRT website in English and Spanish, with additional languages to be added; stakeholders are being encouraged to reference as print as needed for their individual outreach efforts.



A press conference was held on February 28, 2022, with remarks made by Chair Fletcher, Supervisor Lawson-Remer, Dr. Luke Bergmann, and MCRT program leadership. Updates were provided on the program, referrals to date, the media campaign, engagement efforts, and more. MCRT staff were on hand to share their experiences and client success stories; MCRT wrapped vans were also onsite for photographs. [Click here](#) for press conference highlights.

#### CONTACT INFO

For questions on this report please contact Dr. Piedad Garcia by phone (858-514-3191) or email ([Piedad.Garcia@sdcounty.ca.gov](mailto:Piedad.Garcia@sdcounty.ca.gov)). Additionally, the [MCRT webpage](#) is a helpful resource for general information and frequently asked questions. Community members are encouraged to email questions and feedback to [MCRT@sdcounty.ca.gov](mailto:MCRT@sdcounty.ca.gov); this box is monitored regularly and responses to questions are posted to the [FAQ page](#) on a regular basis.

URLs referenced within this document:

- MCRT webpage: [www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/BHS\\_MCRT.html](http://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/BHS_MCRT.html)
- MCRT FAQs: [www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/BHS\\_MCRT/BHS\\_MCRT\\_FAQs.html](http://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/BHS_MCRT/BHS_MCRT_FAQs.html)



## UPDATE: MOBILE CRISIS RESPONSE TEAM (MCRT) QUARTERLY UPDATE

*Luke Bergmann, Director, BHS*

*Alisha Eftekhari, Behavioral Health Program Coordinator, BHS*



## BACKGROUND



LIVE WELL  
SAN DIEGO

### MCRT PROGRAM TIMELINE

- **January 2021:** Pilot rollout launched with Exodus Recovery, Inc.
- **April 2021:** Board of Supervisors committed to strengthen MCRT
- **June 2021:** Telecare Corporation onboarded to expand MCRT
- **November 2021:** A Memorandum of Agreement (MOA) created with National City and Chula Vista police departments to refer appropriate calls to MCRT
- **February 2022:** A countywide media campaign was launched
- **March 2022:** A multi-jurisdiction MOA was signed to expand law enforcement partners across the county to refer appropriate calls to MCRT

## PROGRAM IMPACT



LIVE WELL  
SAN DIEGO

### JANUARY 1, 2021 – APRIL 3, 2022 DATA

- MCRT has responded to 925 calls referred through the Access and Crisis Line and Law Enforcement



- More than half** of individuals received services in the field and were able to remain in the community.
- 139** individuals were newly connected to behavioral health treatment services

## CLIENT CHARACTERISTICS



LIVE WELL  
SAN DIEGO

### JANUARY 1, 2021 THROUGH MARCH 31, 2022

- Age**
  - 49% 18-39
  - 9% under 18
- Gender**
  - 54% male; 46% female
- Race/Ethnicity**
  - 43% White
  - 30% Hispanic
  - 11% Black/African American
  - 6% Asian/Pacific Islander
- Region\***
  - 25% North Coastal
  - 24% Central
  - 17% South
  - 16% North Central
  - 9% North Inland
  - 8% East
- Housing Status**
  - 19% experience homelessness
- Diagnoses**
  - 64% Schizophrenia
  - 57% Depressive Disorder
  - 54% Bipolar Disorder
  - 35% Adjustment Disorder
  - 35% Anxiety Disorder
  - 30% Mood Disorder
- Justice Involved**
  - 63% No
  - 39% Yes

\* Phased implementation across regions



# MEDIA CAMPAIGN



LIVE WELL  
SAN DIEGO

## PHASE 1 MILESTONES

- **February 2022**
  - MCRT Press Conference
  - Billboards
  - Digital Banner Ads
  - Community Newspaper Ads
- **March 2022**
  - Radio Ads
  - Google Ads
  - Community-based outreach



## BILLBOARDS



LIVE WELL  
SAN DIEGO



SPANISH



TAGALOG



ARABIC



VIETNAMESE



CHINESE



FARSI



# COMMUNITY NEWSPAPER ADS



LIVE WELL  
SAN DIEGO



**MENTAL HEALTH, ALCOHOL  
OR DRUG CRISIS?**



**MOBILE CRISIS  
RESPONSE TEAMS**

**HELP NOW.  
WHERE YOU ARE.**

CALL THE ACCESS AND  
CRISIS LINE 24/7  
**(888) 724-7240**

Para aprender más,  
escanee el código QR o visite  
[www.sandiegocounty.gov/MCRT](http://www.sandiegocounty.gov/MCRT)



**¿CRISIS DE SALUD MENTAL,  
DROGAS O ALCOHOL?**



**LOS EQUIPOS  
MÓVILES DE CRISIS  
AYUDAN AHORA.  
DONDE ESTÉ.**

LLAME A LA LÍNEA DE ACCESO  
Y CRISIS LAS 24 HORAS  
**(888) 724-7240**

Para aprender más,  
escanee el código QR o visite  
[www.sandiegocounty.gov/MCRT](http://www.sandiegocounty.gov/MCRT)



**KRISIS SA KALUSUGAN NG  
PAG-IISIP, ALAK O DROGA?**



**MGA MOBILE CRISIS  
RESPONSE TEAM**

**TULONG NGAYON DIN.  
KUNG NASAAN KA.**

TAWAGAN ANG  
ACCESS AT CRISIS LINE 24/7  
**(888) 724-7240**

Para masipag na tawagan ang  
access at crisis line ang  
[www.sandiegocounty.gov/MCRT](http://www.sandiegocounty.gov/MCRT)

# RADIO ADS



LIVE WELL  
SAN DIEGO

**7**

Radio Stations

- 103.7 (KSON) - English
- Sunny 98.1 (KXSN) - English
- Z90 (XHTZ) - English
- Magic 92.5 (XHRM) - English
- Que Buena 106.5 (KLNK) - Spanish
- Amor 102.9 (KLVQ) - Spanish
- Radio Latina 104.5 (XLTN) - Spanish

**20-25x**

Per week, per station

Radio spots will run on each each station around 20-25 times per week.



# GOOGLE ADS



LIVE WELL  
SAN DIEGO

## KEYWORD SEARCH

- Top trending search terms are “crisis line” and “mental health help”
- Women are searching for MCRT services more than men
- People ages 25-44 are more likely to visit the MCRT website
- Lower income households are more likely to search for our terms



## DIGITAL BANNER ADS



LIVE WELL  
SAN DIEGO

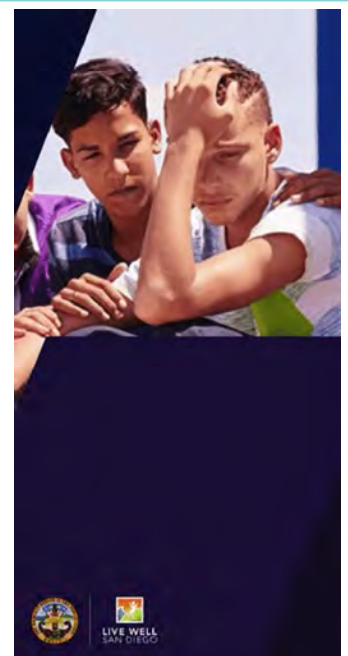
- 2 Languages
- 4 Designs
- 4 Months of advertising

EXAMPLE WEBSITES

- univision.com
- heraldodemexico.com.mx
- mejorconsalud.as.com



- allrecipes.com
- washingtonpost.com
- cnn.com



# NEXT PHASE OF MCRT



LIVE WELL  
SAN DIEGO

## PHASE 2 STRATEGY

- **Expanded MCRT Services**
  - Rollout of overnight response on April 17th
  - 988 is expected to launch in July 2022
- **Expanded Community Engagement**
  - Research approach to tailored messaging
  - Community-based outreach
  - Place-based posters and flyers (May 2022)



EXAMPLE COMMUNITY  
PLACE-BASED POSTER/FLYER

# MCRT SUCCESS STORY



LIVE WELL  
SAN DIEGO

## PARENT TESTIMONIAL

***“I called the access and crisis line already having met so many block walls in getting my child help. When your team said they would come, I cried.***

***From the moment they entered, they were professional, empathetic listeners going as far as to sit on the floor in front of my child in their chair. MCRT staff followed up a few times and my child was willing to talk which was a huge accomplishment.***

***They reached out to my child’s school to help the transition back. It is obvious by their actions that they are knowledgeable about their job and understand kids with special needs.***

***Their non-judgmental and caring attitude was a welcomed blessing and I am thankful for all they did.”***



# County of San Diego

**NICK MACCHIONE, FACHE**  
AGENCY DIRECTOR

**HEALTH AND HUMAN SERVICES AGENCY**  
BEHAVIORAL HEALTH SERVICES  
3255 CAMINO DEL RIO SOUTH, MAIL STOP P-531  
SAN DIEGO, CA 92108-3806  
(619) 563-2700 • FAX (619) 563-2705

**LUKE BERGMANN, Ph.D.**  
DIRECTOR, BEHAVIORAL HEALTH SERVICES

March 30, 2022

TO: Behavioral Health Advisory Board (BHAB)

FROM: Luke Bergmann, Ph.D., Director, Behavioral Health Services

## **BEHAVIORAL HEALTH SERVICES (BHS) DIRECTOR'S REPORT – April 2022**

### **BHS CONTINUUM OF CARE: HOUSING UPDATES**

#### **Background on BHS Housing Work**

The BHS housing program provides an array of short-term, transitional, and permanent supportive housing for persons with behavioral health conditions who are experiencing homelessness or housing instability. The goal of these programs is to provide, safe, clean, affordable housing options to BHS clients in order to promote client dignity and support them in their recovery.

Many of the origins of the BHS housing program lie in the passage of the Mental Health Services Act (MHSA) in 2004, which created the first source of ongoing funding for housing in San Diego County dedicated to persons with serious mental illness (SMI), who were experiencing or at risk of homelessness. Along with the ability to provide capital funding for the creation of permanent supportive housing, MHSA funding led to the following:

- The creation of a housing team within BHS to support new housing programs and contracts;
- The establishment of a Behavioral Health Housing Council, comprised of behavioral health and housing stakeholders, to advise BHS on housing issues; and
- The procurement of a supportive housing technical assistance contract with the Corporation for Supportive Housing (CSH).

Passage of the MHSA also led to the creation of new Full-Service Partnership (FSP) Assertive Community Treatment (ACT) programs in San Diego County, which included staff positions dedicated specifically to housing and embedded "Member Housing" funds to support clients in housing. Several years earlier, the first FSP ACT program serving Downtown San Diego resulted in the first collaboration with a local housing authority to provide housing vouchers or subsidies dedicated to BHS clients. In 2001, the San Diego Housing Commission agreed to pair 89 sponsor-based subsidies with services from this ACT program. Since that time, BHS has established relationships with housing authorities and departments throughout the county, and now has more than 1,200 vouchers and subsidies dedicated to persons with serious mental illness and/or substance use conditions. In addition, embedded "Member Housing" funds now exceed \$8 million per year.

To support the growing body of housing work, over the last four years the BHS housing team has grown from one staff position to six, under the direction of Dr. Piedad Garcia, BHS Deputy Director of the Adult and

Older Adult (AOA) system of care. BHS's housing technical assistance contract with CSH has also been enhanced and repurchased to provide expanded services and support.

### **BHS Strategic Housing Plan**

BHS's housing work is guided by the BHS Strategic Housing Plan (Housing Plan), which is created by CSH with input from BHS, the Behavioral Health Housing Council, and various community stakeholders. First developed in 2007 as the MHSA Strategic Housing Plan, the Housing Plan highlights successes and challenges in creating and maintaining housing for persons with behavioral health conditions and identifies forward-looking goals and focus areas to strategically guide the continuing housing work.

Recently, the Five-Year (2022-2027) Strategic Housing Plan was finalized after a 30-day comment period. The content of the plan was formed through extensive community input gathered by CSH and the National Alliance on Mental Illness (NAMI) San Diego. CSH and NAMI solicited input through several methods, including conducting 16 focus groups (14 with persons with lived experience of behavioral health conditions and/or homelessness); 13 listening sessions; 286 client surveys, including 110 from people in custody; and an online input form. In addition to persons with lived experience, input was provided by: substance use and mental health providers; primary healthcare providers; housing agencies and authorities; homeless services providers; the justice-involved/law enforcement sector; affordable and supportive housing developers; the faith community; and the income/employment/benefits sector.

As stated in the new Housing Plan summary, this Five-Year Plan envisions "creating homes with intention, purpose, and collaboration" and outlines guiding principles and targeted responses that will maximize a range of housing options for people with behavioral health conditions. The Housing Plan's goals are driven by the voices of people with lived experience, with an approach that is rooted in principles of equity and inclusion. The Housing Plan aims to maximize opportunities for community integration as well as choice in housing and service options that best meet individual needs and recovery goals.

The goals and focus areas identified in the most recent Five-Year Strategic Housing Plan are:

#### **Goal #1: Opening More Doors**

- Focus Area #1: Diversity of Housing Options
- Focus Area #2: Housing Equity and Supporting Community Integration
- Focus Area #3: Priority Populations
- Focus Area #4: Geographic Diversity and Regional Distribution of Housing

#### **Goal #2: Driving Collaboration Through Active Connectivity**

- Focus Area #5: Effective Collaboration and Integrating Systems
- Focus Area #6: Ongoing Pandemic Response

#### **Goal #3: Expanding Services Approaches**

- Focus Area #7: Recovery and Retention Supports
- Focus Area #8: Flexibility in Service and Housing Models
- Focus Area #9: Bringing "Moving On" Opportunities to Scale
- Focus Area #10: Increasing Wraparound Service Supports

The finalized Five-Year Strategic Housing Plan and summary document is available online at the following link:

[https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental\\_health\\_services\\_act/mhsa\\_housing.html](https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_act/mhsa_housing.html).

### **MHSA Developed Units**

The implementation of the MHSA created the opportunity to use secured funding to build and maintain permanent supportive housing (PSH), as well as providing capital loans to affordable housing developers for the acquisition, design, construction, rehabilitation, and operation of permanent supportive housing units. These MHSA developed units serve MHSA-eligible tenants (persons with serious mental illness (SMI) or serious emotional disturbance (SED) who are experiencing homelessness or at risk of homelessness) and



are deed-restricted to serve this population for the 55- year term of the loans. Supportive services for these units are provided by BHS-operated and contracted service providers, including FSP ACT, Strength Based Case Management (SBCM), and tenant housing support programs. Ongoing care coordination is monitored in regularly scheduled “crosswalk” meetings, facilitated by CSH, and bring together developers, property management, service providers, and BHS staff to address problems as they arise with the aim to increase housing retention. Altogether, 678 MHSA developed housing units are operational, under construction, or funded and in development through these programs.

### **Special Needs Housing Program and MHSA Housing Program**

The County has dedicated more than \$53 million of MHSA Community Services and Supports (CSS) funds to the California Housing Finance Agency (CalHFA) for the Local Government Special Needs Housing Program (SNHP) and its predecessor, the MHSA Housing Program. These three programs fund MHSA developed units and upon completion, these programs will result in approximately 372 permanent supportive housing units for persons with SMI/SED, and more than 1,400 additional units of affordable and supportive housing for other populations. Of the 372 SNHP units, 354 units are currently operational, and 18 units are under construction or planned for development. SNHP-funded developments include:



**Trinity Place:** Located in the Grantville neighborhood, Trinity Place provides 18 units to seniors (ages 55+) with SMI who were experiencing homelessness in the city of San Diego. The property received approximately \$2.7 million in SNHP funding and features project-based vouchers (PBVs) from the San Diego Housing Commission (SDHC) for all tenants. Trinity Place held its official grand opening on September 24, 2021, with remarks provided by BHS Director, Luke Bergmann. Additional information regarding the property can be found at the following link:

<https://www.countynewscenter.com/county-adds-more-supportive-housing-units-for-seniors/>



**Ivy Senior Apartments:** Located in the Clairemont neighborhood, Ivy features seven MHSA units, also for seniors with SMI who were experiencing homelessness in the city of San Diego. The property also provides SDHC PBVs for MHSA residents and received more than \$1 million in SNHP funding. Ivy completed lease-up in Winter 2021, and held its official grand opening on March 18, 2022, with remarks provided by Health and Human Services Agency (HHS) Director, Nick Macchione. Additional information regarding the property can be found at the following link:

<https://www.countynewscenter.com/new-supportive-housing-community-for-seniors-experiencing-homelessness-opens-in-clairemont/>

### No Place Like Home

On July 1, 2016, Governor Jerry Brown signed the No Place Like Home (NPLH) Act (SB 1206) into legislation. This program dedicates \$2 billion in bond proceeds to invest in the development of permanent supportive housing for persons with SMI/SED who are experiencing homelessness or are at risk of homelessness. NPLH funds may be used to finance capital costs of rent-assisted units in rental housing developments, including costs associated with acquisition, design, construction, rehabilitation, or preservation. NPLH bonds are currently being repaid with funds reallocated from MHSA funds. In total, the County of San Diego (County) is expected to receive more than \$120 million through NPLH.

Like the MHSA capital funding programs that preceded it, NPLH loans are issued to qualifying affordable housing developers, and units are deed-restricted to serve eligible clients for 55 years. Due to a designation from the California Department of Housing and Community Development Services (HCD), the County is able to administer the loans locally, rather than relying on the state to perform this function. In San Diego County, this means that NPLH loans are issued and monitored by Housing and Community Development Services (HCDS), which is also part of the County's HHSA. BHS will provide services to NPLH units for at least 20 years, and referrals for units will come through the region's Coordinated Entry System (CES), which is managed by the Regional Task Force on Homelessness (RTFH).

As of March 2022, there are **10** developments, totaling **266** NPLH units, with conditional NPLH funding and service commitments. These developments also include an additional **721** units of affordable and supportive housing for other populations. NPLH-funded developments include:



#### St. Teresa of Calcutta Villa

Located in the East Village neighborhood in the city of San Diego and officially opening in February 2022, St. Teresa of Calcutta Villa (SToCV) was the first NPLH development in the county to complete construction and begin moving in tenants. It is also the largest MHSA development to date, with 60 NPLH studios for persons with SMI, and includes an additional 266 units of affordable and supportive housing. County News coverage of SToCV can be found at the following link:

<https://www.countynewscenter.com/st-teresa-of-calcutta-villa-brings-400-affordable-housing-units-downtown/>

#### Windsor Pointe

Located on two separate parcels in Carlsbad, Windsor Pointe is the second NPLH development to lease-up and the first in North County. The development has 24 NPLH units, including three multi-bedroom MHSA units—the first in the county—which will serve MHSA-eligible families. Move-ins are scheduled to begin in April.

An additional eight developments with **182** NPLH units are planned or under construction in Chula Vista, Escondido, Oceanside, the city of San Diego (Lincoln Park, Nestor, and San Ysidro), and unincorporated Vista.

### Independent Living Association (ILA) and Recovery Residence Association (RRA)

In 2012, BHS created the Independent Living Association (ILA)—originally using MHSA Innovations funding—to establish and monitor quality standards for independent living homes (ILHs). ILHs provide shared housing for persons with disabilities, such as mental illness, who may be experiencing homelessness or be at risk of homelessness. Operated by Community Health Improvement Partners (CHIP), the ILA was the first program of its kind in the state, with several other local governments subsequently establishing their own ILA programs based on the San Diego model.

In addition to monitoring quality standards, the ILA maintains an online searchable directory of ILA member homes and provides resources to independent living operators, tenants, and service providers. In 2018, the ILA contract was enhanced to add a Recovery Residence Association (RRA) as well, providing similar services for recovery residences, which house clients with SUDs. As of January 2022, the ILA has grown to **104** member homes with **969** beds, and the RRA to **43** member homes with **446** beds. Beginning March 1, 2022, a new ILA/RRA contract was executed with CHIP that includes goals to add additional ILA and RRA member beds over the next 4 years.

### **Home Finder and Tenant Peer Support Services (TPSS)**

For clients who are not served by SBCM or ACT programs, the Home Finder and Tenant Peer Support Services (TPSS, pronounced “tips”) programs were created to provide housing support services. Established in 2016 and 2018, respectively, the programs provide housing navigation and tenant support services to clients receiving BHS outpatient clinic services and clients not connected to treatment who are referred to new MHSA developed units.

Combined, these programs serve nearly 600 clients annually who are accessing a wide array of permanent supportive housing resources, including: sponsor-based subsidies; project-based vouchers; mainstream vouchers; Emergency Housing Vouchers (EHVs); standard “Section 8” tenant-based housing vouchers; and MHSA developed units with Capitalized Operating Subsidy Reserves (COSR). Recently, a new contract for these services was awarded to Alpha Project and is scheduled to begin in Spring 2022. The new contract will combine TPSS and Home Finder services and expand them countywide, while also increasing the number of clients receiving services each year.

## **HOUSING SERVICES FOR FAMILIES**

### **Monarch School Housing Program**

Through the Community Research Foundation (CRF), Mobile Assessment and Screening Team (MAST), the Monarch School Housing program provides on-going case management to 25 families with children at the Monarch School, that are enrolled in the Monarch School Housing Program. These support services promote wellness, self-sufficiency, a better quality of life and by stabilizing participating families in housing.

### **Recovery Residences for Perinatal Outpatient Treatment**

Six BHS regional perinatal outpatient treatment programs provide outpatient substance use disorder (SUD) treatment, recovery, and ancillary services to women who are pregnant or parenting, women and adolescent females who are pregnant or parenting and have substance use issues, including co-occurring mental health disorders. Perinatal services (ages 15 and older) are gender-specific, trauma-informed treatment and recovery services for expectant women or new mothers and their dependent minor children, from birth through 17 years of age. From Fiscal Year (FY) 2019-20 to the present, 1,920 unique clients have received perinatal outpatient treatment services.

On average, 19-20% of perinatal SUD treatment clients are homeless at the time of admission to treatment. Beginning with the launch of Drug Medi-Cal Organized Delivery System (DMC-ODS) services in FY 2018-19, Recovery Residence (also known as sober living facilities) funding was added to the six BHS regional perinatal outpatient treatment contracts to support short-term housing for perinatal clients who are experiencing homelessness, are at risk for homelessness, or whose current living environment is not conducive to recovery due to domestic violence or substance use by others in the home. The inclusion of Recovery Residence funding has made it possible for over 564 women and families to have a safe and supportive place to live while engaged in SUD treatment.

In FY 2021-22, additional funding sources through the Substance Abuse Block Grant (SABG), as part of the Coronavirus Response and Relief Supplemental Appropriations Act (CRRSAA), allowed enhancements to support the housing needs of perinatal clients and families receiving SUD treatment, including the purchase of “Move-In Kits” to support perinatal outpatient and residential clients and their families in transitioning into safe housing that is supportive of SUD treatment and recovery. The “Move-In Kits” include household furnishings and personal items customized to the needs of each family. The programs report that the “Move-

In Kits” are proving to be invaluable to families who lack basic household items such as a bed, kitchen utensils, and bath towels. As an example, one perinatal treatment provider has been able to increase the availability of Recovery Residence beds to clients in treatment by 36% due to the availability of SABG CRRSAA funds.

### **The McAlister Institute for Treatment and Education (MITE) Sober and Friendly Environment (SAFE) Housing**

SAFE housing provides transitional sober housing in a residential environment for women and their dependent children, who have a Child Welfare Services (CWS), court-ordered family reunification plan, and who have completed a SUD treatment program. SAFE housing has a five-unit apartment complex with a maximum capacity of 22 beds for women and children. The complex has an on-site, live-in manager to offer a clean, safe, and supervised environment for women and their children as they take the next steps toward living independently in the community.

Placement of women and their dependent children in the SAFE Housing program is based on those who have:

- Been identified and pre-screened by CWS in consultation with SUD treatment providers; and
- Have or can reasonably expect to have, within sixty (60) days, one or more children under the age of ten in their custody and control.

Women who have been pre-screened can be referred to SAFE Housing for a scheduled eligibility and application interview. Children may then join their parents in residence according to the approval and permission of CWS. This safe environment allows women the space to build the necessary skills to successfully transition towards reunification with their children, independence, and empowerment. In FY 2020-21, the SAFE Housing program served an average of seven families per month.

### **Looking to the Future**

Although the supportive housing programs provided by BHS have transformed thousands of clients' lives (allowing them to focus on their recovery and pursue their goals), work continues to expand and improve the housing and services offered. The ongoing BHS department reorganization will create a Homelessness & Housing division dedicated to supporting BHS's housing and homelessness services, and efforts such as the Community Harm Reduction Team (C-HRT) and its associated bridge shelter and safe haven components represent a continuing effort to create and expand housing opportunities for persons with substance use conditions. Ultimately, BHS's housing work will not be complete until every person with behavioral health conditions has a safe, affordable, nurturing place to call home. BHS will continue to advocate for and support the expansion of various types of housing to meet the needs of the community, and to this endeavor will pursue funding opportunities such as the Community Care Expansion Grant.

### **Community Care Expansion (CCE) Grant**

The California Department of Health Care Services (DHCS) and Department of Social Services (CDSS) have announced the release of a joint Request for Applications (RFA) for the third round of Behavioral Health Continuum Infrastructure Program (BHCIP) that will be awarded via competitive grants. Funding to support Community Care Expansion (CCE) in this round totals \$570 million and will be available to qualified entities to support the acquisition, construction, and rehabilitation to preserve and expand adult and senior care facilities serving Supplemental Security Income/State Supplementary Payment (SSI/SSP) and Cash Assistance Program for Immigrants (CAPI) applicants and recipients, including those who are experiencing or at risk of homelessness. This includes outpatient alternatives, urgent care, peer respite, wellness centers, and social rehabilitation models. Eligible facility types are outlined below.



### Residential Support Programs

BHCIP-funded facilities listed here are primarily focused on shelter and support services, from overnight to many months; funded facilities are required to serve Medi-Cal recipients. CCE will fund adult and senior care settings that provide care and support to seniors and adults with disabilities.

	BHCIP	CCE
Peer respite	x	x
Recovery residence/sober living homes	x	x
Adult residential facilities (ARFs)		x
Residential care facilities for the elderly (RCFE)		x
Permanent supportive housing (PSH) that serves the needs of seniors and adults with disabilities (including models that provide site-based care, such as Program for All Inclusive Care for the Elderly [PACE] and the Assisted Living Waiver programs)		x
Other residential care settings that serve the target population, including recuperative care sites		x

Applicants CCE and BHCIP funding include counties, tribal entities, and non-profit entities and for-profit entities. Grantees must provide matching funds and must commit to use restrictions for the property per the CCE guidelines.

The County is expected to hold an industry day on April 8, 2022, welcoming agencies, organizations, administrators, and facility operators, including subacute care providers, licensed residential facility operators and administrators and community stakeholders, to discuss to get stakeholder input that will help inform the optimal strategy to apply for CCE funds. Topics discussed will include description of funding and goals, provider interest, capacity to apply, potential County technical assistance and partnership opportunities, with the ultimate goal of increasing capacity across these domains within San Diego County.

### **BHS SPECIAL EVENTS AND ANNOUNCEMENTS**

#### **8<sup>th</sup> Annual Youth Mental Well-Being Celebration**

Children, Youth, and Families (CYF) system of care through the CYF Liaison contract with NAMI-San Diego, will host the 8th Annual Youth Mental Health Well-Being Celebration. This is one of the "May is a Mental Health Month" events and it is scheduled as a virtual event on May 6, 2022, at 5:00 p.m. The event will include a virtual resource fair at 4:00 p.m. This celebration is free of charge, open to the public, and BHAB members are encouraged to attend. A link for open attendance will be provided as the date approaches.

#### **CYF Annual Conference**

The CYF Annual Conference will be held virtually on May 26, 2022. The focus of the 2022 conference is Peer Partners in CYF. Up to 20 scholarships will be awarded to peer support partners to attend the conference. The appointed BHAB members to the CYF Council are invited to attend as BHS guests.

**Link to Register:** [https://theacademy.sdsu.edu/programs/rihs/cyfsoc-conference-2022/?utm\\_source=Gmail&utm\\_medium=Email+Signature&utm\\_campaign=CYFSOCCON2022](https://theacademy.sdsu.edu/programs/rihs/cyfsoc-conference-2022/?utm_source=Gmail&utm_medium=Email+Signature&utm_campaign=CYFSOCCON2022)

Respectfully submitted,



LUKE BERGMANN, Ph.D., Director  
Behavioral Health Services

c: Nick Macchione, Agency Director  
Cecily Thornton-Stearns, Assistant Director and Chief Program Officer  
Aurora Kiviat Nudd, Assistant Director and Chief Operations Officer  
Nadia Privara Brahms, Acting-Assistant Director, Chief Strategy and Finance Officer



## County of San Diego

**NICK MACCHIONE, FACHE**  
AGENCY DIRECTOR

**HEALTH AND HUMAN SERVICES AGENCY**  
BEHAVIORAL HEALTH SERVICES  
3255 CAMINO DEL RIO SOUTH, MAIL STOP P-531  
SAN DIEGO, CA 92108-3806  
(619) 563-2700 • FAX (619) 563-2705

**LUKE BERGMANN, Ph.D.**  
DIRECTOR, BEHAVIORAL HEALTH SERVICES

April 28, 2022

TO: Behavioral Health Advisory Board (BHAB)

FROM: Luke Bergmann, Ph.D., Director, Behavioral Health Services

### **BEHAVIORAL HEALTH SERVICES (BHS) DIRECTOR'S REPORT – MAY 2022**

#### **UPDATES FROM EDMOOR DISTINCT PART SKILLED NURSING FACILITY**

##### **Accomplishments**

Edgemoor remains an overall five-star facility on the Centers for Medicare & Medicaid Services (CMS) Five-Star Quality Rating System; achieving five out of five stars in all four rating categories (Overall Quality, Health Inspection, Quality Measures, Staffing, and Registered Nurse Staffing).

Edgemoor has been recognized by Newsweek Magazine as one the “Best Nursing Homes” for 2022, ranking number one in the County of San Diego and third in California. Edgemoor was rated as “The Best” nursing home for 2020 and 2021.

Health Services Advisory Group (HSAG), the Medicare Quality Innovation Network-Quality Improvement Organization (QIN-QIO) for Arizona and California, awarded Edgemoor with Certificates of Achievement for exceeding a 90% staff and a 90% resident COVID-19 vaccine primary series rate for four consecutive weeks during the 4th quarter of 2021.

##### **COVID-19 Update**

The COVID-19 pandemic remains at the forefront of operations at Edgemoor, as it continues to follow and implement the ever-changing guidance of various local, state, and federal health organizations.

According to state requirements, Edgemoor has continued to maintain a wing that remains designated as a COVID unit for the facility. The COVID unit was last utilized in August for three patients and again during this last spike for multiple patients.

Due to the California Public Health Orders of August 5, 2021, and January 25, 2022, all staff and contractors on-site at the facility are up to date with COVID-19 vaccinations and boosters. Edgemoor held an on-site booster clinic on November 30, 2021, in partnership with CVS Pharmacy. Of the residents that qualified to be boosted, 95% of them were vaccinated that day. Additionally, 83 staff also obtained booster shots at the on-site clinic, while others opted to get boosted by outside providers.

### **Facility Improvements**

Planning and development of a 12-bed acute psychiatric facility into the existing floor plan of Edgemoor remains on-going. Construction is expected to begin in 2023. In April 2022, BHS submitted an application to the California Department of Health Care Services (DHCS) Behavioral Health Continuum Infrastructure Program (BHCIP) for the Launch Ready grant in the amount of \$13 million to fund the construction of the 12-bed acute psychiatric facility at Edgemoor. The project will add a small 12-bed acute psychiatric unit to the existing Edgemoor Skilled Nursing Facility (SNF) campus, allowing SNF residents to continue to receive the appropriate specialty psychiatric care without requiring transfer out of their residence and community, thereby increasing accessibility to this vulnerable population. The acute unit may also be able to serve other area facilities that have patients in need of stabilization thus reducing the need to send these patients to hospital emergency rooms. Establishing the acute psychiatric unit will also allow Edgemoor to maintain its Distinct Part (DP) status. Per Medi-Cal, part of the criteria for a patient to be admitted to a DP-SNF is alternate placement cannot be found at a lower level of care (e.g., a free-standing skilled nursing facility). The DP designation allows for patients to be transferred to the least restrictive setting, generally from the acute hospital to the DP-SNF, when no other facilities will accept the patient.

### **Recruitment and Hiring**

Edgemoor continues to recruit and hire for open positions within the facility. Edgemoor has a total of 361 county positions. Of these, 330 are filled. The majority of the open positions are for Certified Nursing Assistants (CNAs) and Housekeepers.

## **UPDATES FROM THE SAN DIEGO COUNTY PSYCHIATRIC HOSPITAL (SDCPH)**

### **Administration Change: Bidding Farewell to Izabela “Izzy” Karmach**

After more than 13 years of service to the San Diego County Psychiatric Hospital, Izabela (Izzy) Karmach, hospital administrator, retired on March 24, 2022. Izzy came to the County of San Diego (County) after already establishing herself as a prominent health care leader in the community, working nearly every venue in both adolescent and adult mental health settings and at multiple leadership levels.

Izzy was deeply committed to her work and to clinical excellence, as well as to the health, safety, and welfare of clients served by the hospital, and to the multidisciplinary staff who provide these services.

### **Welcoming a New Administrator**

Angela Warneke has been appointed as the Deputy Director/hospital administrator of SDCPH effective March 25. Angela started her County service in 2016 as a licensed mental health clinician working in SDCPH's Emergency Psychiatric Unit and Crisis Recovery Unit. Prior to this appointment, Angela served as assistant medical services administrator, where she supervised SDCPH's education and quality assurance divisions and provided oversight to clinical services.

Angela has fostered collaborative partnerships with community partners, law enforcement partners, patient advocacy programs, case management services, and other stakeholders across the region. As hospital administrator, Angela will lead SDCPH's senior administrative team and department managers.

### **Regulatory Achievement**

SDCPH received their triennial accreditation through The Joint Commission (TJC) and Centers for Medicare and Medicaid Services (CMS) in December 2021. The accreditation allows the hospital to remain a Lanterman-Petris-Short Act (LPS) designated facility with continued emergency room, crisis stabilization, and inpatient services.

### **Enhanced Care Coordination**

Enhanced Care Coordination at SDCPH, in collaboration with BHS Case Management, and the National Alliance on Mental Illness (NAMI) Next Steps, has continued despite the pandemic. Several patients have received care coordination treatment resulting in reduced hospital admissions and an increase in community stabilization. The enhanced care coordination team has been fully onboarded within BHS and has begun services within the hospital, which has included weekly treatment team meetings. The enhanced care coordination team has also received training in partnership with SDCPH Education Department on Crisis Prevention Intervention (CPI) safety protocols. Both SDCPH and the enhanced care coordination team are working directly with the health plans and aligning services to the new CalAIM structure.

### **Post Discharge Follow Up**

SDCPH has partnered with San Diego County mental health clinics and Family Health Centers to enhance client access to follow up medical and psychiatric care. In-person or videophonic meetings occur between the accepting provider and the client to increase the likelihood of both follow-up care by the client and community stabilization. Additionally, data suggests that warm handoffs are increasing client follow up care.

### **COVID-19 Pandemic Update**

The hospital has been able to slow the spread and reduce the impact of COVID-19 within the hospital through various continued infection control efforts. Employees received their booster vaccines in partnership with County Public Health Services. Nurses have administered the COVID-19 vaccines and boosters to hundreds of patients who arrive at SDCPH. Weekly COVID-19 testing occurs with patients to assist with the containment of the illness once detected. Masks remain in effect for healthcare facilities. The hospital continues to screen staff, patients, and visitors prior to coming into the hospital.

### **Honoring Heroes During the COVID-19 Pandemic**

San Diego City Council proclaimed March 2022 as Healthcare Heroes month. SDCPH was recognized for its continued work throughout the COVID-19 pandemic. SDCPH will be presented with a proclamation by Councilwoman Dr. Jennifer Campbell on May 11, 2022, which coincides with National Nurses Week. This year, Nurses Week will pay special attention to the heroic efforts of nurses who despite being faced with an unseen illness, continued to provide services to the most vulnerable populations.

## **BHS SPECIAL EVENTS AND ANNOUNCEMENTS**

### **Recognizing Administrative Professionals**

Administrative Professionals Day is observed annually on the Wednesday of the last full week of April; this it occurred on Wednesday, April 27<sup>th</sup>. The administrative professionals within the BHS department provide critical administrative support that is essential for maintaining seamless day-to-day operations both in administrative and direct service programs. This team of highly skilled individuals delivers excellent customer support to both internal and external customers, including providing logistical and clerical support, scheduling and facilitation for the BHAB meetings. Please take a moment to show your support and appreciation to the BHS administrative professionals.

### **HHSA Wellness Expo Kicks off Mental Health Matters Month**

The County of San Diego Health and Human Services (HHSA) and the National Alliance on Mental Illness (NAMI) San Diego once again partnered to host the **HHSA Wellness Expo** at the "NAMI Walks Your Way" 5K event held on April 30, 2022, at Liberty Station. The Expo featured over 90 exhibitors, free COVID-19 vaccinations, a Veteran's zone, and fun family activities. This was the 22<sup>nd</sup> year NAMI 5K event has been held and serves as the kick-off to May is Mental Health Matters Month (MHMM) in San Diego County. HHSA Director, Nick Macchione, presented a proclamation recognizing MHMM to

NAMI CEO, Cathryn Nacario. The MHMM campaign raises public awareness of mental health to dispel the stigma surrounding it and provide resources for individuals and their loved ones. For more information, or to see other upcoming events in May, please visit the [MHMM webpage](#) on the Behavioral Health Services website.

**REMINDER: 8<sup>th</sup> Annual Youth Mental Well-Being Celebration**

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**Links to attend the events:**

- Link to register for the Resource Fair: <https://us02web.zoom.us/meeting/register/tZludu-orTMqH9EQiViRU6JCKwgteXtIBnMK>
- Link to attend the celebration via Facebook: <https://www.facebook.com/namisandiego>
- Link to attend the celebration via YouTube: <https://www.youtube.com/channel/UCN3GXgSuHAKVn-bDI5xus9Q>
- Link to attend the celebration via Twitch: [https://www.twitch.tv/nami\\_sd\\_cyfl](https://www.twitch.tv/nami_sd_cyfl)

**REMINDER: CYF Annual Conference**

The CYF Annual Conference will be held virtually on May 26, 2022. The focus of the 2022 conference is Peer Partners in CYF. Up to 20 scholarships will be awarded to peer support partners to attend the conference. The appointed BHAB members to the CYF Council are invited to attend as BHS guests.

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Respectfully submitted,



LUKE BERGMANN, Ph.D., Director  
Behavioral Health Services

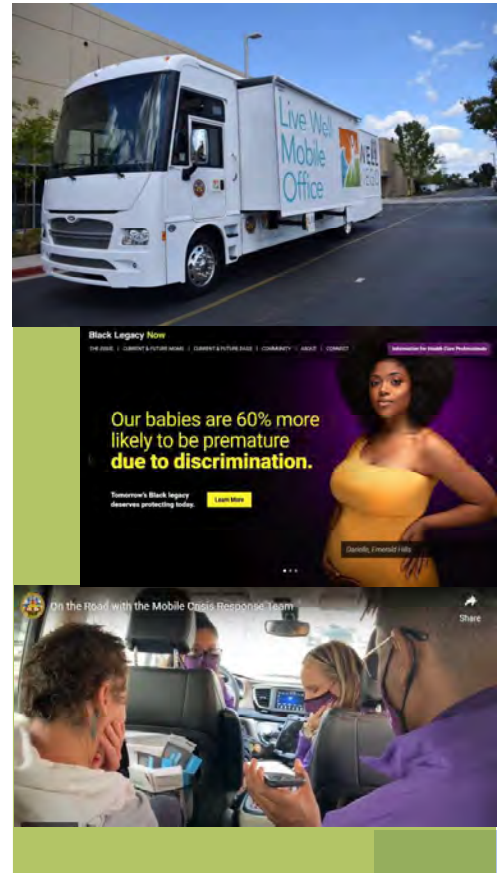
c: Nick Macchione, Agency Director  
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Aurora Kiviat Nudd, Assistant Director and Chief Operations Officer  
Nadia Privara Brahms, Acting-Assistant Director, Chief Strategy and Finance Officer

COUNTY OF SAN DIEGO



**HHSA**

## FY 2022-23 CAO RECOMMENDED OPERATIONAL PLAN MAY 2022



## Agenda

- Economic Updates
- State Budget
- FY 2022-23 CAO Recommended Budget
- Upcoming Budget Events
- Closing Remarks and Q&A



**"Great plan. Could we get some more details?"**

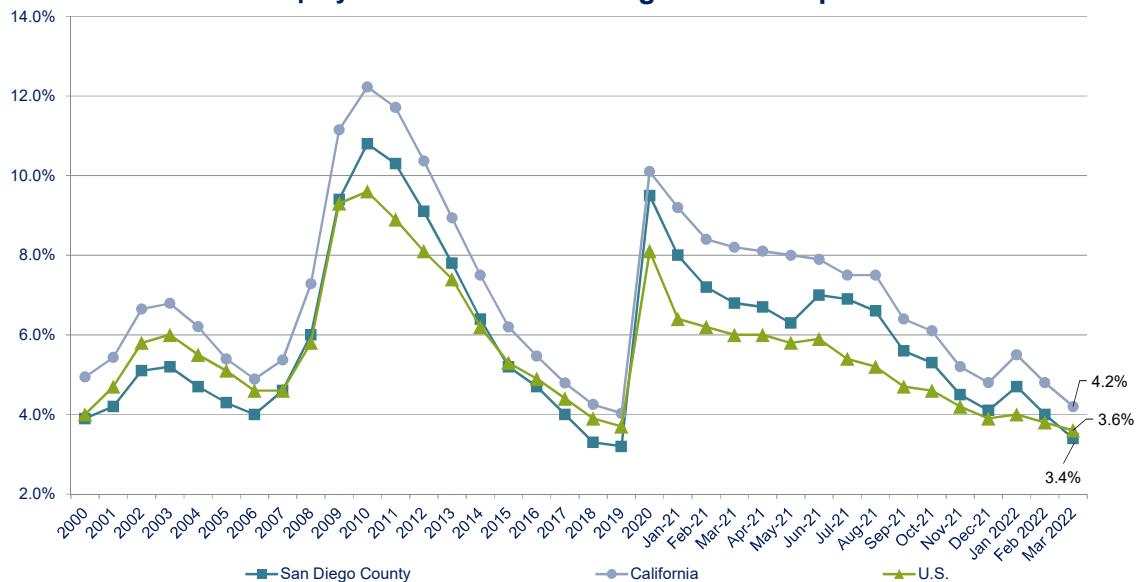




# ECONOMIC UPDATES

## UNEMPLOYMENT RATES

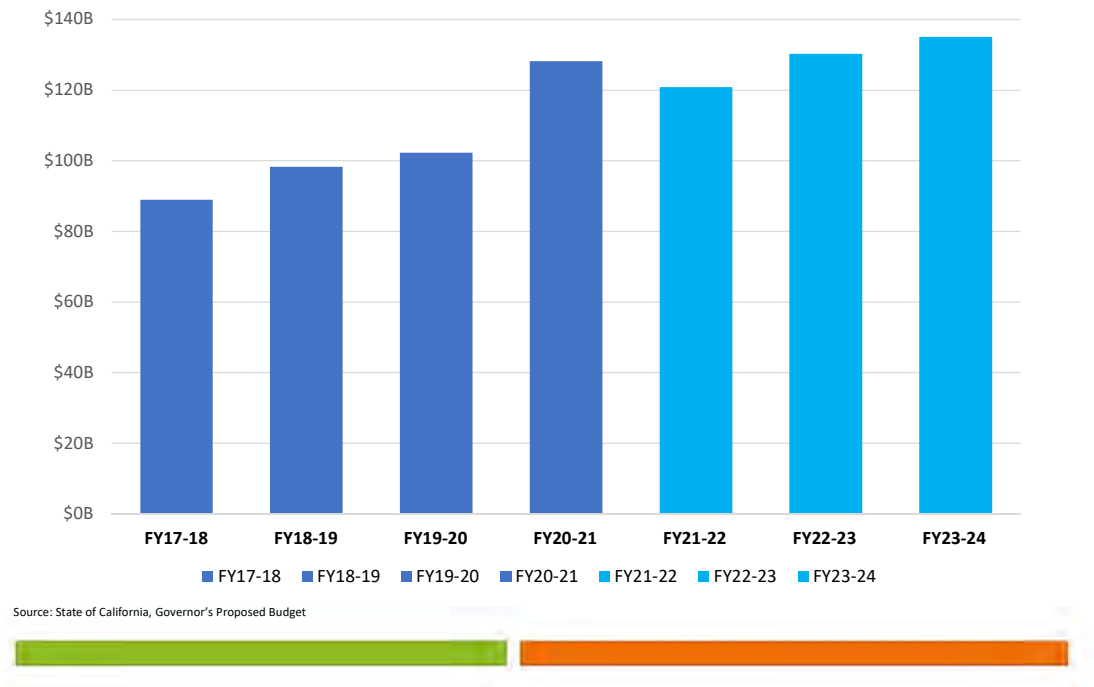
Unemployment Rate 2002 through 2022 Comparison



San Diego County unemployment rate as of March 2022: 3.4%

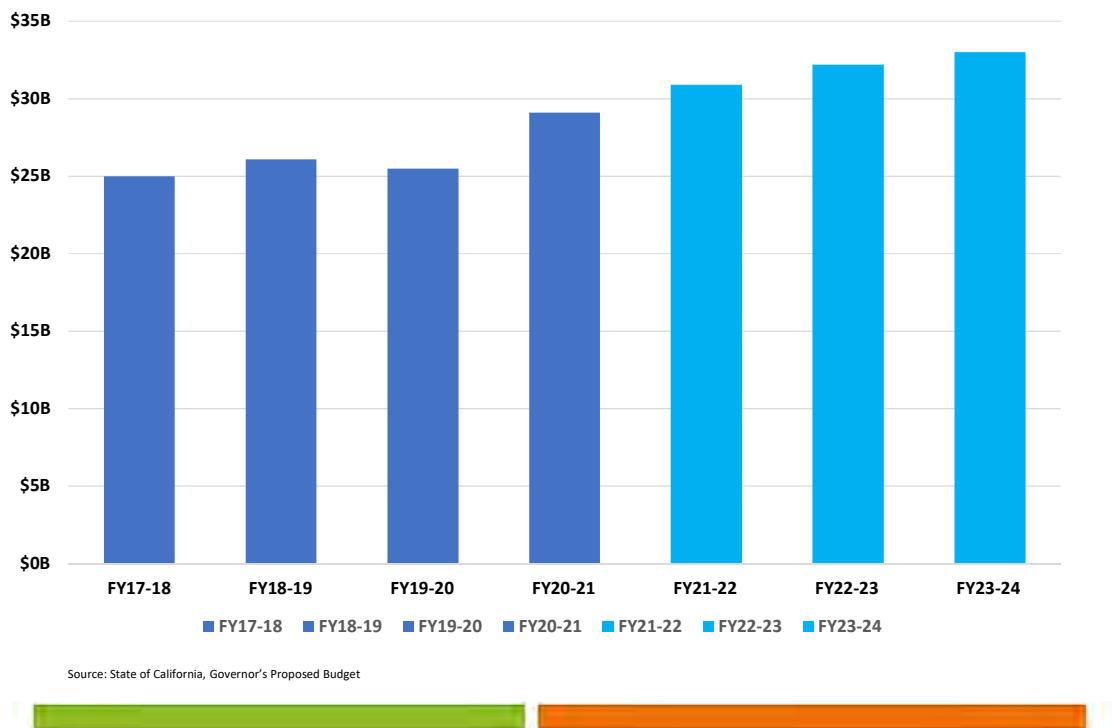
Notes: Data not seasonally adjusted; 2000–March 2022 actuals.  
Sources: Actuals: California Employment Development Department, US Bureau of Labor Statistics

# STATE PERSONAL INCOME TAX REVENUE



5

# CALIFORNIA SALES & USE TAX REVENUE

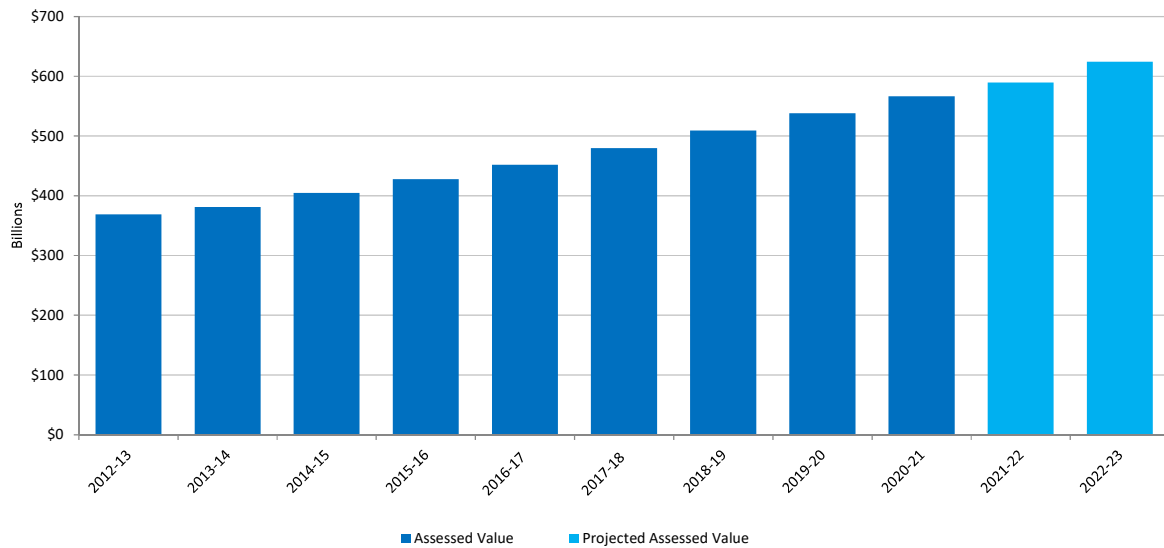


6



# LOCALLY ASSESSED SECURED PROPERTY VALUES

**Locally Assessed Secured Property Values**  
Fiscal Year 2012-13 to Fiscal Year 2022-23



Note: The projected locally assessed secured values assume a 6.0% growth rate for Fiscal Year 2022-23 and 4.0% growth rate for Fiscal Year 2023-24.  
Source: San Diego County Auditor and Controller

7

## STATE JANUARY BUDGET OUTLOOK

- Projected revenues up by 9.1%
- Discretionary surplus of \$20.6B
- Some of the larger HHSA Items of Interest:
  - \$1.5 billion for Behavioral Health bridge housing
  - \$1.7 billion for care economy workforce
  - \$200 million for Public Health Depts
  - Medi-Cal expansion
  - \$2.7 billion for Pandemic response



8

# FY 2022-23 CAO RECOMMENDED BUDGET

May 2022



9

## Budget Strategy

10

Sustainability	Sustainability & Fighting Climate Change
Equity	Mental Health & Substance Use Support :: Equity & Access
Empower	Supporting Families
Community	Homelessness & Housing :: Enhancing Communities & Keeping them Safe
Justice	Justice Reform

### Budget Equity Assessment Tool



COUNTY OF SAN DIEGO

10

# HHSA Priorities



COUNTY OF SAN DIEGO

11

## FY2022-23 CAO RECOMMENDED BUDGET

### BUDGET BY DEPARTMENT: \$2.8 BILLION

(in Millions)

Department	FY2021-22 Adopted Budget	FY2022-23 CAO Recommended	Change	% Change
Behavioral Health Services	\$817.6	\$889.4	71.8	8.8%
Self-Sufficiency Services	611.5	629.1	17.6	2.9%
Child Welfare Services	416.0	430.9	14.9	3.6%
Aging & Independence Services	248.2	234.0	(14.2)	-5.7%
Public Health Services	377.8	216.4	(161.4)	-42.7%
Administrative Support	201.8	173.0	(28.8)	-14.3%
Housing & Community Development Services	113.7	83.4	(30.3)	-26.6%
Homeless Solutions and Equitable Communities	48.0	52.8	4.8	10.0%
Medical Care Services Department	0	41.6	41.6	100.0%
County Successor Agency	7.7	7.7	0.0	0.0%
<b>Total HHSA</b>	<b>\$2,842.3</b>	<b>\$2,758.3</b>	<b>(\$84.0)</b>	<b>-3.0%*</b>

\*Reflects the reduction of \$242.2M related to one-time spending for the COVID-19 pandemic. Adjusted to exclude this decrease, HHSA's budget increases by \$158.2M or 6.1%.



12

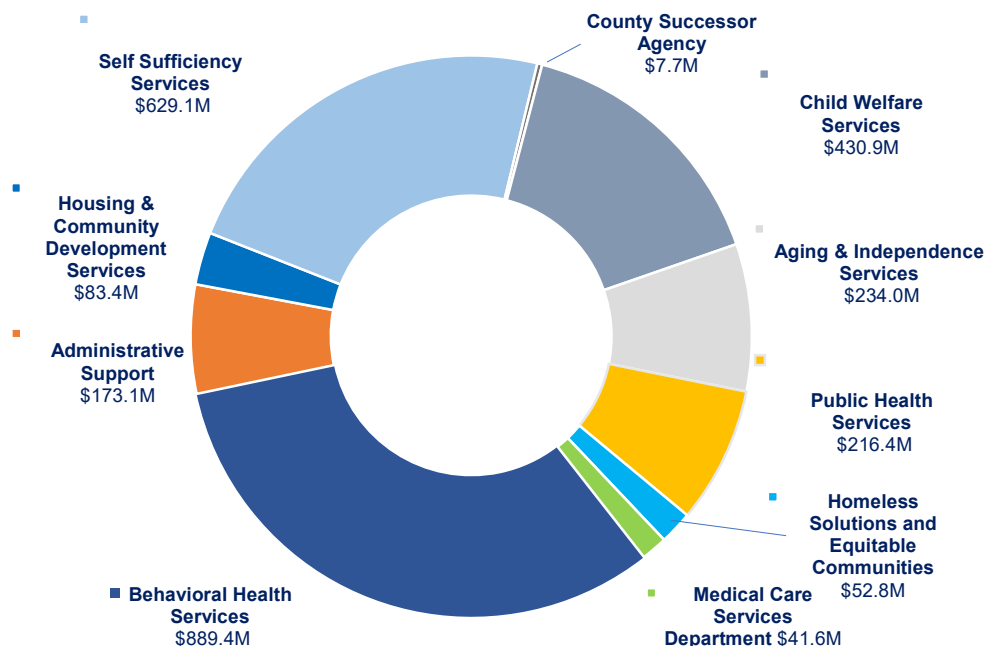
## FY 2022-23 CAO RECOMMENDED STAFFING BY DEPARTMENT

Department	FY2021-22 Adopted Budget	FY2022-23 CAO Recommended	Change	% Change
Self-Sufficiency Services	2,613.00	2,732.00	119.00	4.6%
Child Welfare Services	1,531.00	1,630.00	99.00	6.5%
Behavioral Health Services	1,113.50	1,207.50	94.00	8.4%
Public Health Services	837.00	730.00	(107.00)	-12.8%
Aging & Independence Services	492.00	613.00	121.00	24.6%
Administrative Support	383.00	433.00	50.00	13.1%
Medical Care Services Department	-	222.00	222.00	100.0%
Housing & Community Development Services	130.00	156.00	26.00	20.0%
Homeless Solutions and Equitable Communities	185.00	156.00	(29.00)	-15.7%
<b>Total HHSA</b>	<b>7,284.50</b>	<b>7,879.50</b>	<b>595.00</b>	<b>8.2%</b>

13

## FY 2022-23 CAO RECOMMENDED BUDGET

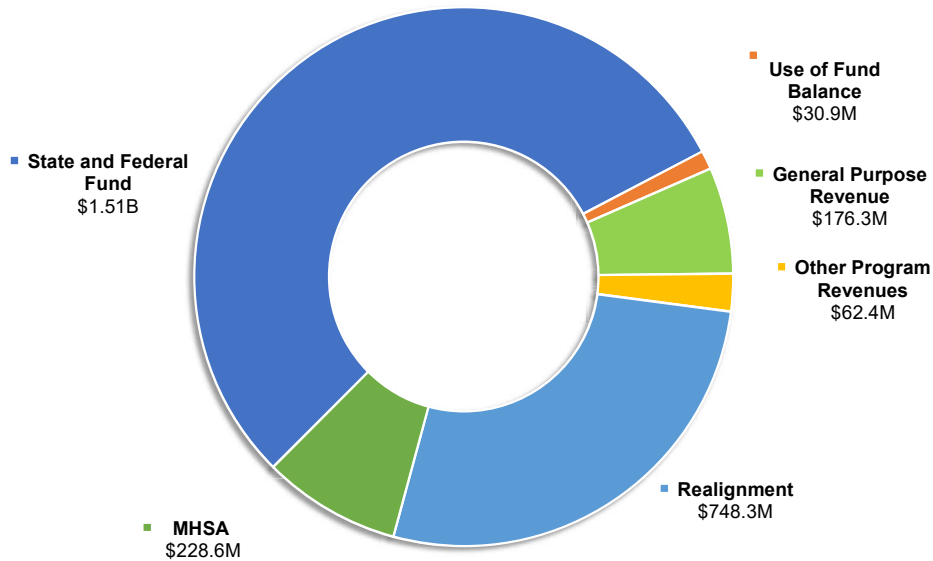
### HHSA BUDGET BY PROGRAM: \$2.76 BILLION



14

## FY 2022-23 CAO RECOMMENDED BUDGET

HHSA REVENUE: \$2.76 BILLION



15

## SELF SUFFICIENCY SERVICES FY 22-23

### Budget

\$629.1M

2732.0 staff

### Change

\$17.6M

119.0 staff

+2.9%

+4.6%

### Budget Highlights

- 100 new Human Services Specialists
- Transfer of Office of Military & Veterans Affairs
- Increased critical CalWORKs services
- ARPA food distribution and nutrition incentive programs



16



## CHILD WELFARE SERVICES FY 22-23

### Budget

**\$430.9M**

### Change

**\$14.9M**

**+3.6%**

**1630.0 staff**

**99.0 staff**

**+6.5%**



### Budget Highlights

- 100 new positions (prior to transfers) to enhance well-being for children, youth, and families
- Family First Transition \$s for evidence-based child abuse prevention, mental health services, and in-home parenting skills programs



17

## AGING & INDEPENDENCE SERVICES FY 22-23

### Budget

**\$234.0M**

### Change

**(\$14.2M)**

**-5.7%\***

**613.0 staff**

**121.0 staff**

**+24.6%**

\*Reflects the reduction of \$45M for one-time costs of the COVID-19 Great Plates program. Adjusted to exclude this decrease, the **AIS budget increases by \$30.8M.**



### Budget Highlights

- 121 new positions IHSS, APS, PAPGPC
- Food security & nutrition
- Home Safe program investments to address and help prevent homelessness



18



# PUBLIC HEALTH SERVICES FY 22-23

## Budget

**\$216.4M**

**730.0 staff**

## Change

**(\$161.4M)**

**(107.0) staff**

**-42.7%\***

**-12.8%\***

\*Reflects the reduction of \$182.8M and 178 positions for COVID-19 adjustments and the transfer of resources to the Medical Care Services Department. Adjusted to exclude these decreases, the PHS budget increases by \$21.4M and 71 positions.



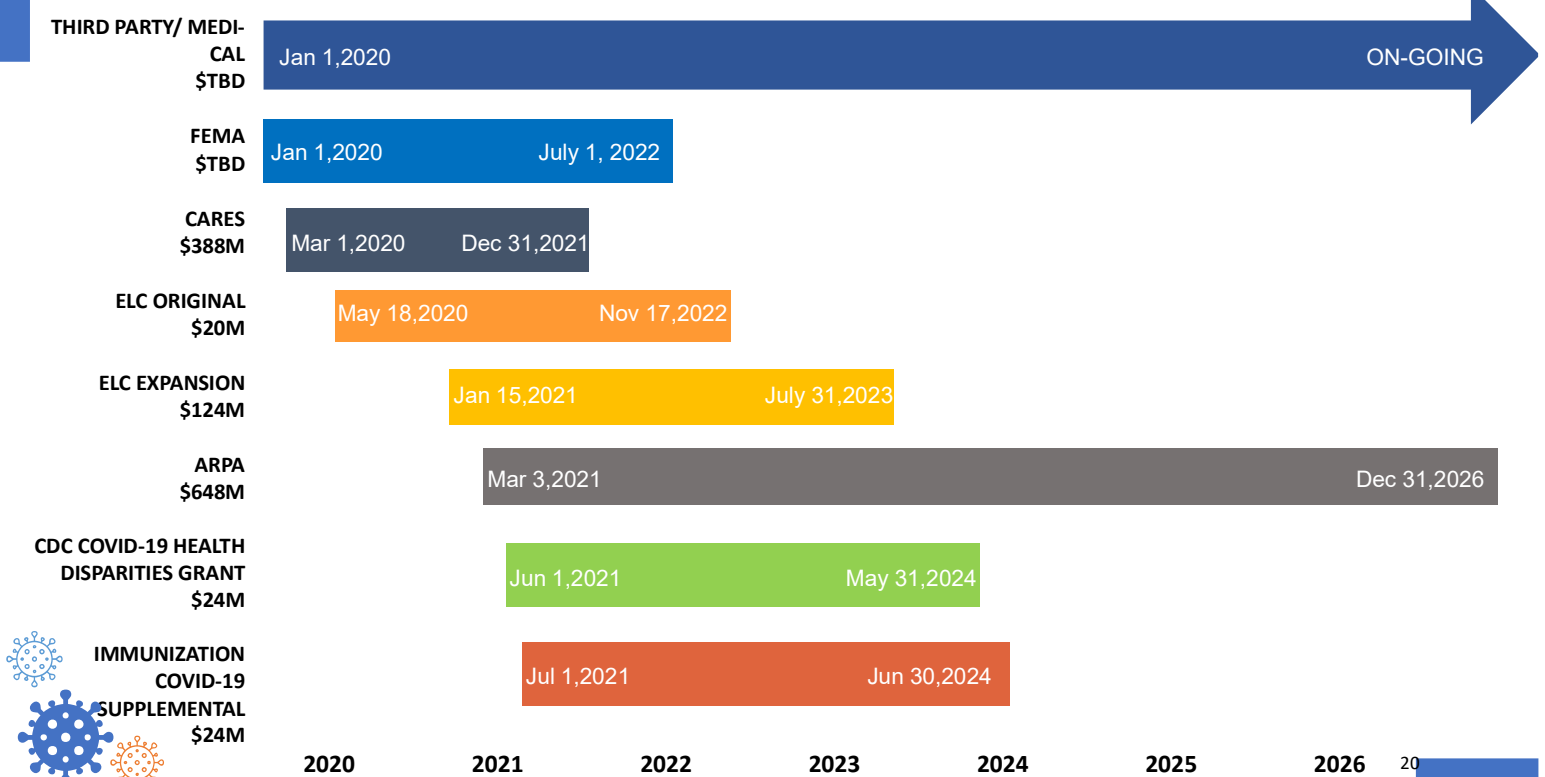
## Budget Highlights

- 71 new positions (prior to transfers)
- *Maternal Child and Family Health Services*
- *Water testing, HIV and STD, Clean Syringe Services, and others*
- Continued grant funding for immunizations & disease surveillance



19

## COVID-19 Response/T3 Funding Landscape



## MEDICAL CARE SERVICES DEPARTMENT FY 22-23

### Budget

\$41.6M

222.0 staff

### Change

\$41.6M

222.0 staff

+100.0%

+100.0%



### Budget Highlights

- Newly established for FY 22-23
- 29 new positions
- Pharmacy & nursing investments
- SDAIM



21

## HOUSING & COMMUNITY DEVELOPMENT SERVICES FY 22-23

### Budget

\$83.4M

156.0 staff

### Change

(\$30.3M)

26.0 staff

-26.6%

+20.0%

\*Reflects the reduction of \$49.5M for one-time COVID-19, housing, and homelessness projects. Adjusted to exclude these decreases, the **HCDS budget increases by \$19.2M.**



### Budget Highlights

- 26 new positions
  - Housing Choice Vouchers
  - Affordable Housing
  - Grant oversight
- Stimulus Funds for Affordable Housing
- ARPA Tenant Legal Services



22

## HOMELESS SOLUTIONS AND EQUITABLE COMMUNITIES FY 22-23

### Budget

**\$52.8M**

**156.0 staff**

### Change

**\$4.8M**

**+10.0%**

**(29.0) staff**

**-15.7%**

\*Reflects the reduction of \$20.7M and 45 positions for the transfer of the Office of Strategy and Innovation to Admin Support and other one-time adjustments. Adjusted to exclude these decreases, the **HSEC budget increases by \$25.5M and 16 positions.**



### Budget Highlights

- **16 new positions** including support for public health education and health promotion programs
- Framework for Ending Homelessness
  - Partnerships with cities
  - ARPA Framework investments including coordinated eviction prevention services

23

## BEHAVIORAL HEALTH SERVICES FY 22-23

### Budget

**\$889.4M**

**1207.5 staff**

### Change

**\$71.8M**

**+8.8%**

**94.0 staff**

**+8.4%**



### Budget Highlights

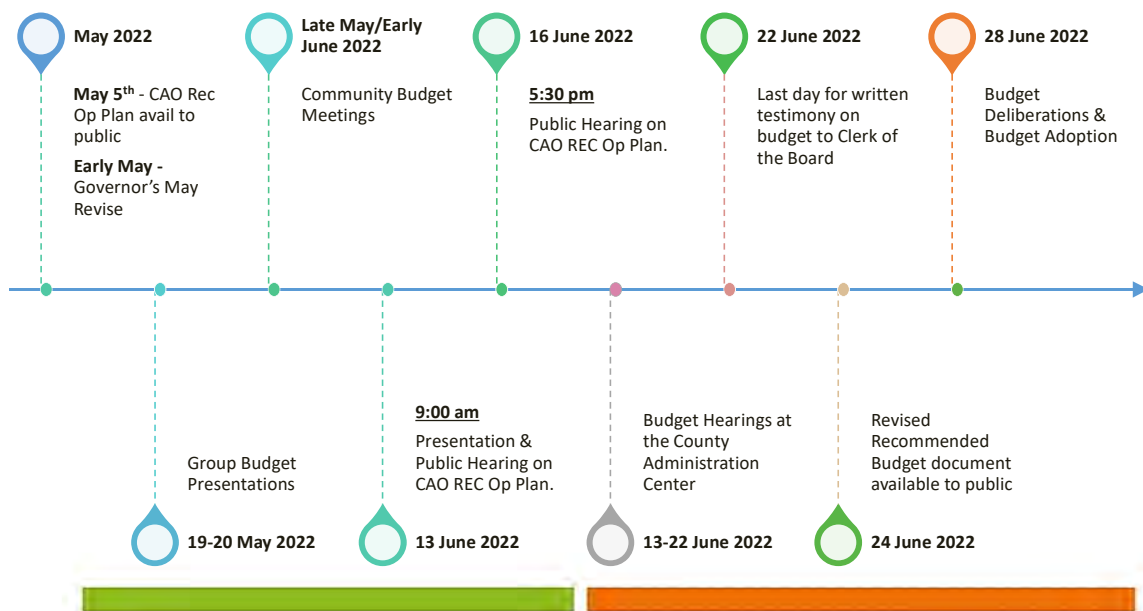
- 115 new positions (prior to transfers)
- Advance the Continuum of Care
  - Increased treatment investments for adults, children, youth and families
  - Long-term care → 30 new beds
  - Countywide Mobile Crisis Response Teams (MCRT) and crisis stabilization services
  - School-based screening under the ARPA Framework

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# UPCOMING BUDGET EVENTS



## KEY DATES





## Questions / Discussion

Amy Thompson, Executive Finance Director

[Amy.Thompson@sdcounty.ca.gov](mailto:Amy.Thompson@sdcounty.ca.gov)

Office: (619) 515-6923

Ardee Apostol, Assistant Finance Director

[Ardee.Apostol@sdcounty.ca.gov](mailto:Ardee.Apostol@sdcounty.ca.gov)

Office: (619) 338-2602

THANK YOU!







## PRESENTATION: FY 2022-23 CAO RECOMMENDED OPERATIONAL PLAN

*Nadia Privara, Acting – Assistant Director, Behavioral Health Services*



### STRATEGIC PRIORITIES



LIVE WELL  
SAN DIEGO



#### DEPARTMENT OVERVIEW

Behavioral Health Services provides essential mental health and substance use disorder services to individuals of all ages across the San Diego County, working across four domains – as a Contractor, Health Plan, Direct Service Provider, and Public Health Entity



#### MISSION

A region that is building better health, living safely, and thriving to advance a just, sustainable, and resilient future for all.



#### VISION

A region that is building better health, living safely, and thriving to advance a just, sustainable, and resilient future for all



COUNTY OF SAN DIEGO

## FY2021-22 KEY ACCOMPLISHMENTS



LIVE WELL  
SAN DIEGO

### ■ Key Accomplishments in FY2021-22

- Served approximately **108,000 individuals**, on average over the last three FYs, through behavioral health services
- Progress across the behavioral health continuum of care within **crisis and diversionary services, long-term care and care coordination**
  - Increased capacity in **Crisis Stabilization Units**
  - Expanded **Mobile Crisis Response Teams** countywide
  - Enhancements to **inpatient care**
  - Increased **long-term care** capacity
  - Comprehensive **Harm Reduction Strategy**, including implementation of Community Harm Reduction Teams
  - Continuity of critical services during the pandemic
- Advancing the **BHS organizational** structure



Ribbon Cutting Ceremony 4/18/22  
Oceanside CSU

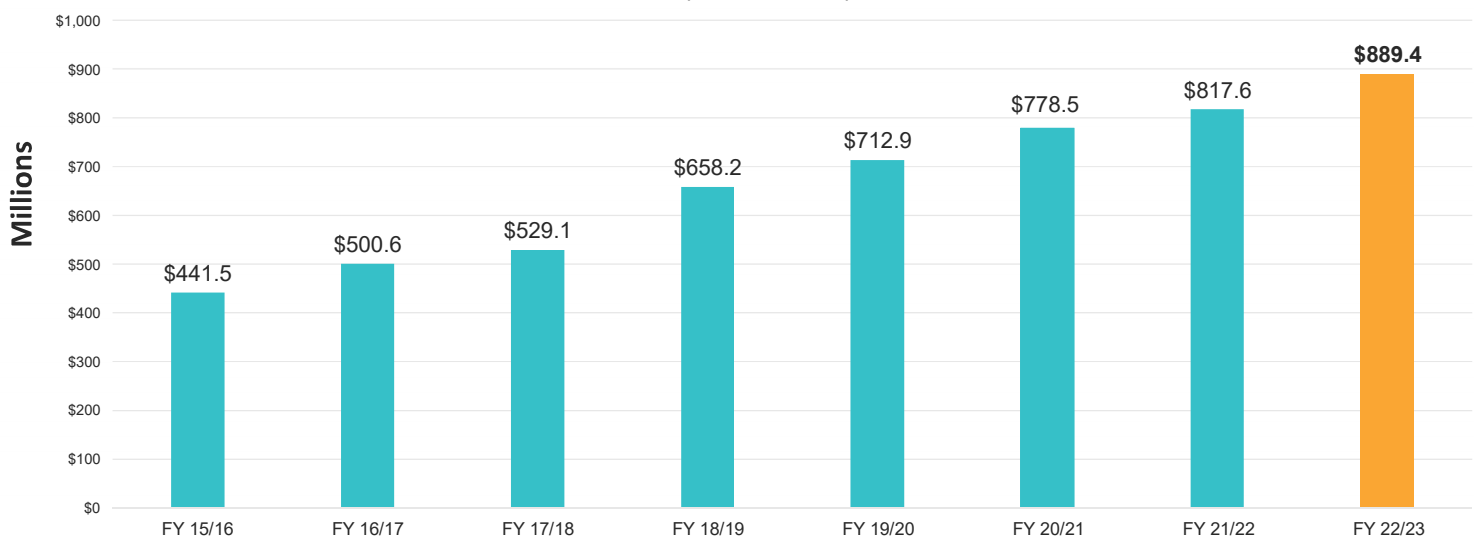
3

## FY2022-23 CAO RECOMMENDED BUDGET



LIVE WELL  
SAN DIEGO

**BHS Recommended Budget**  
(\$ in millions)



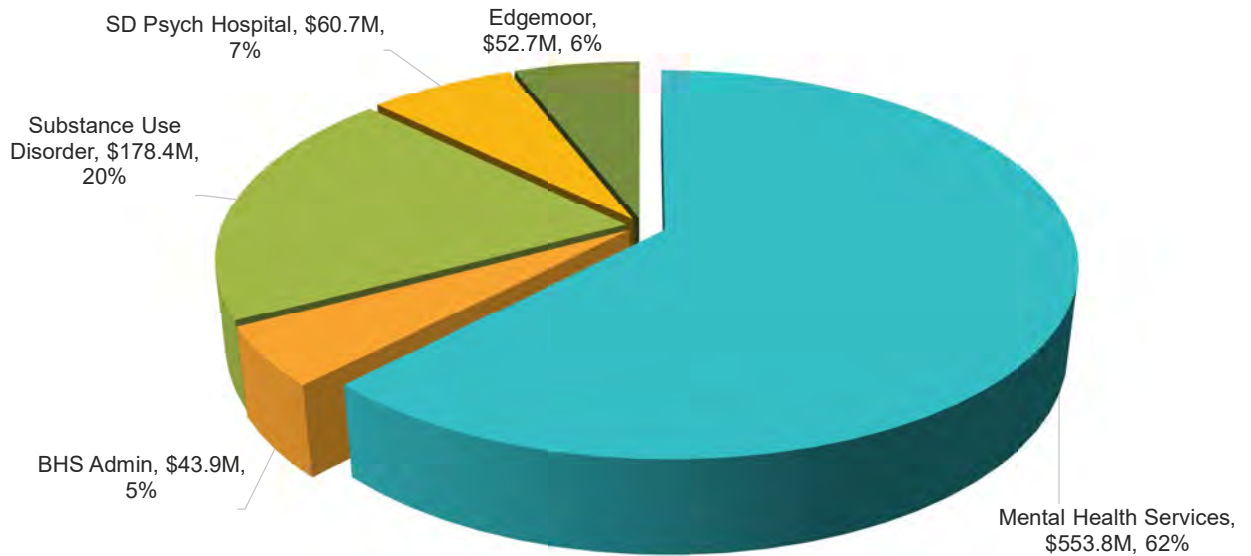
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## FY2022-23 CAO BHS RECOMMENDED BUDGET



LIVE WELL  
SAN DIEGO

**TOTAL BHS Recommended Budget: \$889.4 MILLION**



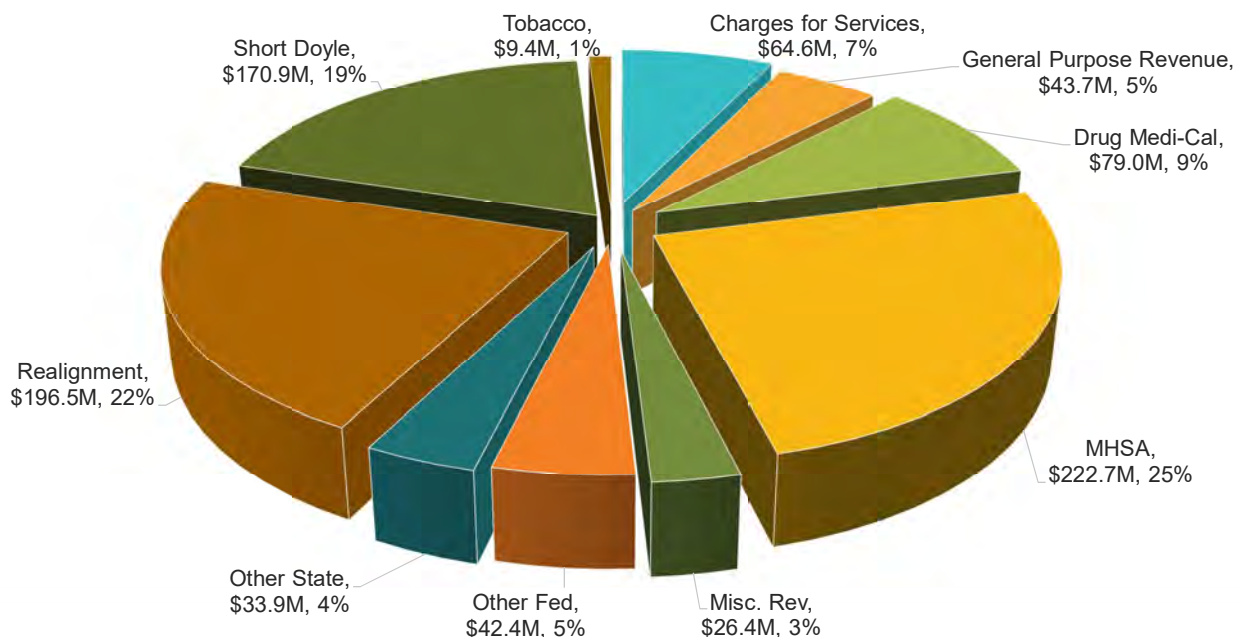
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## FY2022-23 BHS REVENUE SOURCES



LIVE WELL  
SAN DIEGO

**TOTAL BHS Recommended Budget: \$889.4 MILLION**



6

## FY2022-23 BHS NEW INVESTMENTS



LIVE WELL  
SAN DIEGO

### RECOMMENDED BUDGET: \$889.4M

Key Investments	Proposed Increase
BH Services to Adults	\$15.5M
BH Services to Children, Youth and Families	\$12.6M
LTC/Acute Care Services	\$11.7M
Crisis & Diversionary Services	\$7.6M
Unserved and Underserved Populations	\$8.2M
Recuperative Care & Screening to Care (ARPA)	\$10.1M
Data & IT Infrastructure	\$7.4M
County Staff	\$4.7M
Less cost transfers & one-time adjustments	-\$6.0M
<b>Proposed Net Increase</b>	<b>\$71.8M</b>

**Total Net Increase: \$71.8M**

**Net New Positions: 94.0**

Type of FTE	Proposed FTEs
Administrative	51.0
Direct Service	64.0
Less Pharmacy Transfer	-21.0
<b>Proposed Net Increase</b>	<b>94.0</b>

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## FY2022-23 BUDGET TIMELINE



LIVE WELL  
SAN DIEGO

May 5, 2022	<ul style="list-style-type: none"> <li>• CAO Recommended Operational Plan Released to Public</li> <li>• <a href="https://www.sandiegocounty.gov">Open Budget (sandiegocounty.gov)</a></li> </ul>
May 19-20, 2022	<ul style="list-style-type: none"> <li>• Group Budget Presentations</li> </ul>
Late May/Early June	<ul style="list-style-type: none"> <li>• Community Budget Meetings</li> </ul>
June 13, 2022 (9AM)	<ul style="list-style-type: none"> <li>• Presentation &amp; Public Hearing on CAO Recommended Budget</li> </ul>
June 16, 2022 (5:30PM)	<ul style="list-style-type: none"> <li>• Presentation &amp; Public Hearing on CAO's Recommended Budget</li> </ul>
June 13-22, 2022	<ul style="list-style-type: none"> <li>• Budget Hearings at the County Administration Center</li> </ul>
June 22, 2022	<ul style="list-style-type: none"> <li>• Last Day for Written Testimony to Clerk of the Board</li> </ul>
June 24, 2022	<ul style="list-style-type: none"> <li>• Revised Recommended Budget Available to Public</li> </ul>
June 28, 2022	<ul style="list-style-type: none"> <li>• Budget Deliberations and Adoption</li> </ul>

# San Diego External Quality Review

## April 26-28, 2022



[Back to DMC-ODS webpage](#)

### DMC-ODS External Quality Review

The External Quality Review (EQR) Annual Process is a federal requirement for Medi-Cal Managed Care Plans. Counties participating in the Drug Medi-Cal Organized Delivery System (DMC-ODS) are considered Prepaid Inpatient Health Plans (PIHP) and therefore subject to applicable Medi-Cal Managed Care laws and regulations. Behavioral Health Concepts (BHC) is the organization providing the EQR service under contract with DHCS. The focus for the EQR process is to ensure beneficiary timely access to care, quality of care, and improved health outcomes. These goals are met with four core federal protocols reflected in the materials and resources below:

\*\*Each button below will link directly to the California EQRO.

[Schedule & Prep Materials](#)

[County & Annual Reports](#)

[PIPs & Other Resources](#)

[Measures & Clinical Committee](#)

**Final Reports will be posted in the EQR website:**

<https://www.dhcs.ca.gov/provgovpart/Pages/Quality-EQR.aspx>





# URGENT COMMUNITY ALERT

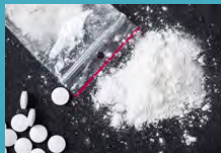
Law enforcement officials from across the county are warning the public about a sharp increase in overdose deaths connected to the highly potent and often deadly drug, fentanyl.



**More than  
700 people  
died last year  
in San Diego  
County.**



**FROM THE SAN  
DIEGO COUNTY  
DISTRICT  
ATTORNEY'S  
OFFICE**



Fentanyl Powder can be found in any pill you buy on the street... or in cocaine... and can KILL you almost instantly.



Fake Oxy/Perc pills contain Fentanyl and are DEADLY.  
**ONE PILL CAN KILL.**



Pills aren't made in pharmacies. There's NO quality control; you stop breathing. Then you die.

# ALERTA COMUNITARIA URGENTE

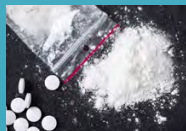
Agencias del orden público de todo el condado advierten sobre un gran aumento en las muertes por sobredosis conectadas al Fentanilo, una droga muy potente y mortal.



**Más de 700 personas murieron el año pasado en el Condado de San Diego.**



**DE LA  
FISCALÍA DE  
DISTRITO DEL  
CONDADO DE  
SAN DIEGO**



Polvo de Fentanilo puede estar en cualquier pastilla que compres en la calle...o en la cocaína... y puede MATARTE en un instante.



Pastillas Falsas Oxy/Perc contienen Fentanilo y son **LETALES**  
**UNA PASTILLA PUEDE MATAR.**



Las pastillas no son de farmacias. NO hay control de calidad; dejas de respirar. Luego mueres.

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LÍNEA DE ACCESO Y CRISIS EN SAN DIEGO **1-888-724-7240** AYUDA GRATUITA 24/7

# AGARANG ALERTO SA KOMUNIDAD

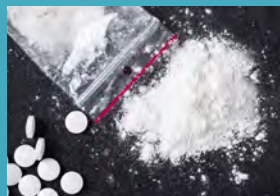
Ang mga opisyal na nagpapatupad ng batas mula sa buong county ay nagbigay ng babala sa publiko tungkol sa pagtaas sa kamatayan dahil sa labis na dosis na konektado sa mataas na bisa at madalas ikinamamatay na gamot, fentanyl.



**Mahigit sa 700 katao ang namatay noong nakaraang taon sa County ng San Diego.**



## MULA SA DISTRICT ATTORNEY'S OFFICE NG SAN DIEGO



Ang Pulbura ng Fentanyl ay makikita sa anumang pilduras na nabibili sa kalye... o sa cocaine... at maaaring IKAMATAY mo kaagad.



Ang pekeng Oxy/Perc na pilduras ay naglalaman ng Fentanyl at NAKAMAMATAY. ISANG PILDURAS AY NAKAMAMATAY



Ikamamatay na dosis ng Fentanyl!

Ang mga pilduras ay hindi ginawa sa mga botika. WALANG kontrol sa kalidad; ikaw ay titigil na hihinga. At ikaw ay mamamtay.

# San Diego County Offers K-12 Youth Services Community Grant Program



For more information, please click [HERE](#) or use the link below:

[San Diego County Offers K-12 Youth Services Community Grant Program](#)

# CHILDREN, YOUTH AND FAMILIES BEHAVIORAL HEALTH SERVICES SYSTEM OF CARE COUNCIL

## Council Member Orientation Virtual Event

Monday, June 13, 2022

9 – 10:30 a.m.

*“All are welcome to attend this  
informative special session”*

**New CYF Council members, alternates, and meeting attendees are  
encouraged to participate**

This orientation is to ensure that all Sector members and alternates appointed by the Behavioral Health Services Director acquire the necessary tools to become informed and effective Council representatives

**Registration will be available after May 9, 2022**

For more information, please contact [Edith.Mohler@sdcounty.ca.gov](mailto:Edith.Mohler@sdcounty.ca.gov) or [Darwin.Espejo@sdcounty.ca.gov](mailto:Darwin.Espejo@sdcounty.ca.gov)

Click [HERE](#) for CYF Council Webpage





# Engaging and Supporting Refugee Communities



In this interactive, virtual training, participants will gain an understanding of the refugee resettlement process, the associated trauma, various traditional wellness practices and best practices for serving San Diego's diverse refugee communities. Participants will be exposed to the many community organizations and programs in San Diego supporting our refugee populations. This training includes several case studies and interviews with refugees, ensuring participants have an in-depth understanding of the impact, culture, and beliefs of San Diego's refugee community. This training allows participants to engage in critical discussion and interactive activities, ensuring all knowledge is useful in practice. This training is designed for behavioral health services professionals to gain a better understanding of the cultural diversity of San Diego refugees and the best practices to ensure culturally informed quality services.

## Learning Objectives

- Describe the legal differences between refugees, asylum seekers and humanitarian paroles.
- Discuss how immigration status affects access to public benefits.
- List the multiple refugee populations and ethnic community-based organizations within San Diego.
- Discuss the complexity of the multiple traumatic experiences faced by refugees.
- Describe the spiritual and traditional treatments and beliefs trusted by different communities.
- Describe the perceptions and stigmas several refugee communities have regarding behavioral and mental health and recognize that they are rooted in history and culture.
- Identify strategies to increase the accessibility of information, support, and services for the refugee communities of San Diego.

## Registration Information

If you already have an account, you may search for the course by name or course code. If you do not have an account in the LMS you will need to open one by [clicking here](#). Email [RIHS@sdsu.edu](mailto:RIHS@sdsu.edu) if you have any questions. This training is FREE of charge to BHS County employees and contractors.

Please see Page 3 for Outline.



## VIRTUAL EVENT

**Date:** May 18, 2022

**Time:** 9:30 a.m. – 3:30 p.m.

This course will be conducted remotely through **Zoom**. A link will be sent to participants a week before training.



## REGISTRATION

**Click here** to log into the Learning Management System (LMS) and Register.

Course Code: BH0216



## AUDIENCE

BHS therapists, counselors, peer support partners, case managers, and other direct service providers working with children, youth and their families.



## THE TRAINERS

Claire Enemark is the Program Director for San Diego Refugee Communities Coalition's, Crisis Counseling Program. Ruth Tadesse currently serves as a Community Health Project Specialist at UCSD.

[Learn more about Claire and Ruth](#)

Thank you for your continued understanding about our need to put the safety of our staff, facilitators, and customers first.

Please review the COVID protocol for in-person trainings.

<https://theacademy.sdsu.edu/a-message-to-our-stakeholders-and-friends/>

**COVID Message and  
In-person Training Protocol**

## ADA

Please submit all requests for accommodations two weeks prior to the start of the training. The Academy for Professional Excellence is committed to creating an inclusive and welcoming environment that appreciates and builds on diversity. In accordance with the Americans with Disabilities Act (ADA) of 1990, and California Administrative Code Title 24, The Academy for Professional Excellence prohibits discrimination on the basis of a disability in employment, public services, transportation, public accommodations, and telecommunication services.

## Continuing Education

This course meets the qualifications for 5 hours of continuing education credit for LMFTs, LCSWs, LPCCs and/or LEPs as required by the California Board of Behavioral Sciences. The Academy for Professional Excellence is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and LEPs, Provider #91928. The Academy for Professional Excellence is approved by the California Board of Registered Nursing, Provider # BRN CEP10014; CCAPP-EI, Provider # 1S-98-398-0822, and CAADE Provider # CP40 906 CH 0323 for 5 contact hours/CEHs. The Academy for Professional Excellence is approved by the American Psychological Association to sponsor continuing education for psychologists. The Academy for Professional Excellence maintains responsibility for this program and its content. CE certificates will be available for download 5 business days after course completion. Click here for information on how to [obtain CE Certificates](#). Click here for the [CE Grievance Procedure](#).

*Responsive Integrated Health Solutions (RIHS) is a County of San Diego Behavioral Health contracted program of the Academy for Professional Excellence, and a project of San Diego State University School of Social Work.*



**We create experiences that transform the heart, mind, and practice.**

Visit us at [theacademy.sdsu.edu](https://theacademy.sdsu.edu).



# Engaging and Supporting Refugee Communities

Claire Enemark and Ruth Teseyem Tadesse

## Educational Goal:

*To gain an understanding of the refugee resettlement process, the associated trauma, traditional wellness practices and best practices for serving San Diego's refugee community.*

## Learning Objectives:

*As a result of this training, participants will be able to:*

- Describe the legal differences between refugees, asylum seekers and humanitarian paroles
- Discuss how immigration status affects access to public benefits
- List the multiple refugee populations and ethnic community-based organizations within San Diego
- Discuss the complexity of the multiple traumatic experiences faced by refugees
- Describe the spiritual and traditional treatments and beliefs trusted by different communities
- Describe the perceptions and stigmas several refugee communities have regarding behavioral and mental health and recognize that they are rooted in history and culture
- Identify strategies to increase the accessibility of information, support, and services for the refugee communities of San Diego

Time	Activity
9:00 am – 9:30 am	Enter Zoom waiting room; video and mic check*
9:30 am – 11:00 am	Refugee Resettlement: Who, What, Where and Why?
11:00am – 12:30 am	The Trauma Paradigm: Understanding the Trauma During Stages of Pre-Flight, Flight, and Post-Flight
12:30 pm – 1:30 pm	Lunch
1:00 pm – 2:30 pm	Tradition in They Faces of Barriers: The Behavior and Mental Health Practices of San Diego's Refugee Communities
2:30 pm – 3:30 pm	Best Practices for Assisting Refugees: The Value of Cultural Competency

**\*Please note: In order to receive completion and credit/CE's, you must have your video camera on for the duration of training.**



# PEERS<sub>IN</sub> CHILDREN, YOUTH & FAMILIES SERVICES

A Complete  
Virtual Experience

Thursday, May 26<sup>th</sup> 2022

