

## NORTH COASTAL REGION BEHAVIORAL HEALTH SERVICES FOR CHILDREN AND YOUTH



The County of San Diego's Behavioral Health Services (BHS) offers a multitude of programming to support children and youth who would benefit from mental health or substance use treatment. The programs are predominantly focused on serving youth up to age 21 who are Medi-Cal members or have no medical insurance.

This **North Coastal Region School Directory** highlights BHS services in the region, including school-based support.

Scan the QR code below to access the current  
Regional School Directories

[https://bit.ly/cyf\\_directories](https://bit.ly/cyf_directories)



**SCAN HERE**



# REGIONAL SERVICES DIRECTORY

## NORTH COASTAL REGION BEHAVIORAL HEALTH SERVICES FOR CHILDREN AND YOUTH



### Behavioral Health Services (BHS)

#### North Coastal Region

District 3 Supervisor: Terra Lawson-Remer

District 5 Supervisor: Jim Desmond

In addition to contacting the programs directly, the following resources are available to assist with access to care or to obtain information:

**Access & Crisis Line: (888) 724-7240** [TDD: (619) 641-6992] offers information about behavioral health resources, including support for a mental health and substance use crisis

**9-8-8 Suicide & Crisis Lifeline:** Dial "9-8-8"

**County of San Diego Behavioral Health Services:**

[Behavioral Health Services \(sandiegocounty.gov\)](https://www.sandiegocounty.gov/behavioral-health-services)

**County of San Diego Behavioral Health Provider Directory:**

[Provider Directory \(sdcountrybhs.com\)](https://www.sdcountrybhs.com/provider-directory)

**Behavioral Health Service Directories for Children, Youth, and Families inclusive of all Regional School Directories**

[Service Directories](#)

**2-1-1 San Diego** (List of services and referrals for health and social service programs): Dial "2-1-1"

**General school related information can be found at:**

[School-based Services/SchoolLink](#)

#### County BHS Primary Contacts in the North Coastal Region

Autumn Gabin, Behavioral Health Program Coordinator

[Autumn.Gabin@sdcounty.ca.gov](mailto:Autumn.Gabin@sdcounty.ca.gov) or (619) 228-4911

Yael Koenig, Deputy Director

[Yael.Koenig@sdcounty.ca.gov](mailto:Yael.Koenig@sdcounty.ca.gov) or (619) 563-2773

### Crisis & Acute Services

The following Crisis & Acute Care services are available Countywide for children and youth who are experiencing a psychiatric crisis and may be a danger to self or other, or are gravely disabled.

Service	Agency	Program Name	Address & Phone Number
Inpatient	Aurora Behavioral Health Care San Diego	Aurora Behavioral Health Care/Inpatient	11878 Ave of Industry San Diego, CA 92128 (858) 487-3200
Inpatient	Rady Children's Hospital of San Diego	Acute Psychiatric Inpatient Services for Children and Adolescents (CAPS)	8001 Frost St San Diego, CA 92123 (858) 966-8337
Inpatient	Sharp Mesa Vista Hospital	Sharp Mesa Vista	7850 Vista Hill Ave San Diego, CA 92123 (858) 836-8434
Crisis Stabilization	New Alternatives Inc (NAI)	Emergency Screening Unit (ESU)	4309 Third Ave San Diego, CA 92103 (619) 876-4502
Crisis Response	Exodus Recovery	Mobile Crisis Response Team (MCRT) North Pilot	Access through ACL: (888) 724-7240
Crisis Response	Telecare	Mobile Crisis Response Team (MCRT)	Access through ACL: (888) 724-7240
Psychiatric Emergency Resource	Community Research Foundation (CRF)	Psychiatric Emergency Response Team (PERT)	Through 911
Outpatient Mental Health Treatment	New Alternatives Inc (NAI)	Crisis Action & Connection (CAC)	Community Based: (619) 591-5740
State Hotline Local Mobile Response Placement Stabilization	Mental Health America	Family Urgent Response System (FURS)	4069 30th Street San Diego, CA 92104 (833) 939-3877

# NORTH COASTAL REGION BEHAVIORAL HEALTH SERVICES

## SCHOOLS WITH ON-SITE SERVICES



District	School Name	Provider	Program Name	Provider Address	Provider Phone
Carlsbad Unified	Aviara Oaks Middle	San Diego Youth Services	HERE Now	3255 Wing Street San Diego, CA 92110	(619) 241-0608
	Calavera Hills Middle				
	Valley Middle				
Encinitas Union	Ocean Knoll Elementary	Rady Children's Hospital San Diego	North Coastal Outpatient Psychiatry	3605 Vista Way, Suite 258 Oceanside, CA 92056	(760) 758-1480
	Paul Ecke Central Elementary				
Fallbrook Union Elementary	San Onofre	San Diego Youth Services	HERE Now	3255 Wing Street San Diego, CA 92110	(619) 241-0608
Oceanside Unified	Cesar Chavez Middle	North County Lifeline Inc. (NCL)	VIVA Counseling	707 Oceanside Blvd. Oceanside, CA 92054	(760) 509-3402
	Christa McAuliffe Elementary				
	Del Rio STEM Academy	Rady Children's Hospital San Diego	North Coastal Outpatient Psychiatry	5200 North River Road Oceanside, CA 92057	(760) 758-1480
	El Camino High	Union of Pan Asian Communities	Child & Adolescent Mental Health	1031 25 <sup>th</sup> Street San Diego, CA 92102	(619) 232-6454
	Foussat Language Academy	Rady Children's Hospital San Diego	North Coastal Outpatient Psychiatry	3605 Vista Way, Suite 258 Oceanside, CA 92056	(760) 758-1480

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## SCHOOLS WITH ON-SITE SERVICES



District	School Name	Provider	Program Name	Provider Address	Provider Phone
Oceanside Unified	Jefferson Middle	North County Lifeline Inc. (NCL)	VIVA Counseling	707 Oceanside Blvd. Oceanside, CA 92054	(760) 509-3402
		San Diego Youth Services	HERE Now	3255 Wing Street San Diego, CA 92110	(619) 241-0608
	Laurel Elementary	Palomar Family Counseling Services (PFCS)	North Inland/North Coastal	1002 East Grand Avenue Escondido, CA 92025	(760) 741-2660
			School Based Incredible Years (IY) - N.Coastal		
	Libby Elementary	Palomar Family Counseling Services (PFCS)	School Based Incredible Years (IY) - N.Coastal	1002 East Grand Avenue Escondido, CA 92025	(760) 741-2660
		Rady Children's Hospital San Diego	North Coastal Outpatient Psychiatry	3605 Vista Way, Suite 258 Oceanside, CA 92056	(760) 758-1480
	Lincoln Middle	Union of Pan Asian Communities	Child & Adolescent Mental Health	1031 25 <sup>th</sup> Street San Diego, CA 92102	(619) 232-6454
		San Diego Youth Services	HERE Now	3255 Wing Street San Diego, CA 92110	(619) 241-0608
	Martin Luther King Middle	North County Lifeline Inc. (NCL)	VIVA Counseling	707 Oceanside Blvd. Oceanside, CA 92054	(760) 509-3402
	Mission Elementary	Palomar Family Counseling Services (PFCS)	North Inland/North Coastal	1002 East Grand Avenue Escondido, CA 92025	(760) 741-2660
			School Based Incredible Years (IY) - N.Coastal		
	Nichols Leadership Academy	Rady Children's Hospital San Diego	North Coastal Outpatient Psychiatry	3605 Vista Way, Suite 258 Oceanside, CA 92056	(760) 758-1480

# NORTH COASTAL REGION BEHAVIORAL HEALTH SERVICES

## SCHOOLS WITH ON-SITE SERVICES



District	School Name	Provider	Program Name	Provider Address	Provider Phone
Oceanside Unified	Oceanside High	San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
		Palomar Family Counseling Services (PFCS)	North Inland/North Coastal	1002 East Grand Avenue Escondido, CA 92025	(760) 741-2660
	Palmquist Elementary	Palomar Family Counseling Services (PFCS)	North Inland/North Coastal	1002 East Grand Avenue Escondido, CA 92025	(760) 741-2660
	Pablo Tac School of the Arts	Rady Children's Hospital San Diego	North Coastal Outpatient Psychiatry	3605 Vista Way, Suite 258 Oceanside, CA 92056	(760) 758-1480
	South Oceanside Elementary	Palomar Family Counseling Services (PFCS)	North Inland/North Coastal	1002 East Grand Avenue Escondido, CA 92025	(760) 741-2660
SDCOE JCCS	Innovations Blended/Academy of Empowerment	Community Research Foundation	Mobile Adolescent Service Team (MAST)	1260 Morena Blvd., Suite 200 San Diego, CA 92110	(619) 398-3261 ext. 108
Vista Unified	Alamosa Park Elementary	North County Lifeline Inc. (NCL)	VIVA Counseling	200 Michigan Avenue Vista, CA 92084	(760) 509-3402
	Alta Vista High	San Diego Youth Services	HERE Now	3255 Wing Street San Diego, CA 92110	(619) 241-0608
	Bobier Elementary	Palomar Family Counseling Services (PFCS)	North Inland/North Coastal	1002 East Grand Avenue Escondido, CA 92025	(760) 741-2660

# NORTH COASTAL REGION BEHAVIORAL HEALTH SERVICES

## SCHOOLS WITH ON-SITE SERVICES



District	School Name	Provider	Program Name	Provider Address	Provider Phone
Vista Unified	Breeze Hill Elementary	Rady Children's Hospital San Diego	North Coastal Outpatient Psychiatry	3605 Vista Way, Suite 258 Oceanside, CA 92056	(760) 758-1480
	Casita Center Elementary				
		North County Lifeline Inc. (NCL)	VIVA Counseling	200 Michigan Avenue Vista, CA 92084	(760) 509-3402
	Empressa Elementary	Palomar Family Counseling Services (PFCS)	Screening to Care	1002 East Grand Avenue Escondido, CA 92025	(760) 741-2660
				945 Vale Terrace Drive Vista, CA 92084	(760) 630-3505
	Foothill Oak Elementary	Palomar Family Counseling Services (PFCS)	North Inland/North Coastal	1002 East Grand Avenue Escondido, CA 92025	(760) 741-2660
			School Based Incredible Years (IY) - N.Coastal		
			Screening to Care	945 Vale Terrace Drive Vista, CA 92084	(760) 630-3505
	Grapevine Elementary	Palomar Family Counseling Services (PFCS)	School Based Incredible Years (IY) - N.Coastal	1002 East Grand Avenue Escondido, CA 92025	(760) 741-2660
			Screening to Care	945 Vale Terrace Drive Vista, CA 92084	(760) 630-3505
		Rady Children's Hospital San Diego	North Coastal Outpatient Psychiatry	3605 Vista Way, Suite 258 Oceanside, CA 92056	(760) 758-1480
	Guajome Park Academy	North County Lifeline Inc. (NCL)	VIVA Counseling	200 Michigan Avenue Vista, CA 92084	(760) 509-3402
		San Diego County Superintendent of Schools	Club Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
	Hannalei Elementary	Palomar Family Counseling Services (PFCS)	North Inland/North Coastal	1002 East Grand Avenue Escondido, CA 92025	(760) 741-2660



# NORTH COASTAL REGION BEHAVIORAL HEALTH SERVICES

## SCHOOLS WITH ON-SITE SERVICES



District	School Name	Provider	Program Name	Provider Address	Provider Phone
Vista Unified	Lake Elementary	Palomar Family Counseling Services (PFCS)	Screening to Care	945 Vale Terrace Drive Vista, CA 92084	(760) 630-3505
		Union of Pan Asian Communities	Child & Adolescent Mental Health	1031 25 <sup>th</sup> Street San Diego, CA 92102	(619) 232-6454
	Madison Middle	North County Lifeline Inc. (NCL)	North Coastal Teen Recovery Center (TRC)	200 Michigan Avenue Vista, CA 92084	(760) 842-6280
		Union of Pan Asian Communities	Child & Adolescent Mental Health	1031 25 <sup>th</sup> Street San Diego, CA 92102	(619) 232-6454
		Palomar Family Counseling Services (PFCS)	Screening to Care	945 Vale Terrace Drive Vista, CA 92084	(760) 630-3505
		San Diego County Superintendent of Schools	Life Skills	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2092
	Major General Murray High	North County Lifeline Inc. (NCL)	VIVA Counseling	200 Michigan Avenue Vista, CA 92084	(760) 509-3402
	Maryland Elementary	Palomar Family Counseling Services (PFCS)	School Based Incredible Years (IY) - N.Coastal	1002 East Grand Avenue Escondido, CA 92025	(760) 741-2660
			Screening to Care	945 Vale Terrace Drive Vista, CA 92084	(760) 630-3505
		Rady Children's Hospital San Diego	North Coastal Outpatient Psychiatry	3605 Vista Way, Suite 258 Oceanside, CA 92056	(760) 758-1480
	Mission Meadows Elementary	North County Lifeline Inc. (NCL)	VIVA Counseling	200 Michigan Avenue Vista, CA 92084	(760) 509-3402
	Mission Vista High				
	Monte Vista Elementary	Palomar Family Counseling Services (PFCS)	North Inland/North Coastal	1002 East Grand Avenue Escondido, CA 92025	(760) 741-2660

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District	School Name	Provider	Program Name	Provider Address	Provider Phone
Vista Unified	Rancho Buena Vista High	North County Lifeline Inc. (NCL)	North Coastal Teen Recovery Center (TRC)	200 Michigan Avenue Vista, CA 92084	(760) 842-6280
		Rady Children's Hospital San Diego	North Coastal Outpatient Psychiatry	3605 Vista Way, Suite 258 Oceanside, CA 92056	(760) 758-1480
	Roosevelt Middle	Palomar Family Counseling Services (PFCS)	North Inland/North Coastal	1002 East Grand Avenue Escondido, CA 92025	(760) 741-2660
			Screening to Care	945 Vale Terrace Drive Vista, CA 92084	(760) 630-3505
		San Diego County Superintendent of Schools	Club Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
			Life Skills		(858) 298-2092
	T.H.E. Leadership Academy	North County Lifeline Inc. (NCL)	VIVA Counseling	200 Michigan Avenue Vista, CA 92084	(760) 509-3402
	Vista Academy of Performing Arts (VAPA)	Palomar Family Counseling Services (PFCS)	North Inland/North Coastal	1002 East Grand Avenue Escondido, CA 92025	(760) 741-2660
	Vista High	North County Lifeline Inc. (NCL)	VIVA Counseling	200 Michigan Avenue Vista, CA 92084	(760) 509-3402
			North Coastal Teen Recovery Center (TRC)		(760) 842-6280
		San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100



# NORTH COASTAL REGION BEHAVIORAL HEALTH SERVICES

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District	School Name	Provider	Program Name	Provider Address	Provider Phone
Vista Unified	Vista Innovation & Design Academy (VIDA)	North County Lifeline Inc. (NCL)	VIVA Counseling	200 Michigan Avenue Vista, CA 92084	(760) 509-3402
		Palomar Family Counseling Services (PFCS)	Screening to Care	945 Vale Terrace Drive Vista, CA 92084	(760) 630-3505
		San Diego County Superintendent of Schools	Life Skills	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2092
	Vista Magnet Middle	Palomar Family Counseling Services (PFCS)	North Inland/North Coastal	1002 East Grand Avenue Escondido, CA 92025	(760) 741-2660
			Screening to Care	945 Vale Terrace Drive Vista, CA 92084	(760) 630-3505
		San Diego County Superintendent of Schools	Life Skills	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2092

# NORTH COASTAL REGION BEHAVIORAL HEALTH SERVICES

## OUTPATIENT CLINIC SITES



### Outpatient Clinical Services

The following outpatient clinics are located in the North Coastal Region. Many of these programs can be accessed at a Clinic site as well as at designated school campuses. Children and youth are not limited to accessing services in their region, and can contact the Access and Crisis Line (ACL) by calling (888) 724-7240 or refer to the [Service Directories](#) for a listing of programs in other regions.

Agency	Program Name	Service	Address	Phone Number
North County Lifeline Inc. (NCL)	VIVA Counseling School Based Services	Outpatient Mental Health Treatment	707 Oceanside Blvd. Oceanside, CA 92054	(760) 757-0118
			200 Michigan Avenue Vista, CA 92084	(760) 726-4900
Palomar Family Counseling Services (PFCS)	North Coastal School Based Services	Outpatient Mental Health Treatment	945 Vale Terrace Drive Vista, CA 92084	(760) 741-2660
Rady Children's Hospital of San Diego (Rady)	North Coastal Outpatient Psychiatry (NCOP) School Based Services	Outpatient Mental Health Treatment	3605 Vista Way, Suite 258 Oceanside, CA 92056	(760) 758-1480
North County Lifeline Inc. (NCL)	Teen Recovery Center (TRC) - North Coastal School Based Services	Outpatient Substance Use Treatment	200 Michigan Avenue Vista, CA 92084	(760) 842-6280

# BEHAVIORAL HEALTH SERVICES

## COUNTYWIDE SPECIALTY PROGRAMS



### Outpatient - Specialty Programs

The County offers an array of services which can be accessed through the Access and Crisis Line (ACL) by calling (888) 724-7240 or by referring to the [Service Directories](#). The following are some of the specialty programs that serve children and youth and are available Countywide:

Service	Special Population	Agency	Program Name	Address	Phone Number
Behavioral Coaching	Ancillary Service	New Alternatives Inc. (NAI)	Therapeutic Behavioral Services (TBS)	8755 Aero Drive, Suite 230 San Diego, CA 92123	(858) 256-2180
Case Management and Family Partners	Southeast San Diego	Harmonium	Southeast Family Youth Partner Svc	5275 Market Street, Suite E San Diego, CA 92114	(619) 541-0426
Outpatient Mental Health Treatment	API/Middle Eastern including Chaldean/Latino	Union of Pan Asian Communities (UPAC)	Multicultural Community Counseling	8745 Aero Drive, Suite 330 San Diego, CA 92123	(619) 578-2211
Outpatient Mental Health Treatment	Early Childhood (0-5 years)	Episcopal Community Services (ECS)	Para Las Familias	1424 30th Street, Suite A San Diego, CA 92154	(619) 565-2650
Outpatient Mental Health Treatment	Early Childhood (0-5 years)	Rady Children's Hospital of San Diego (Rady)	KidSTART	3665 Kearny Villa Road, Suite 500 San Diego, CA 92123	(858) 576-1700
				2204 El Camino Real, Suite 102 Oceanside, CA 92054	(760) 967-7082
				333 H Street, Suite 3010 Chula Vista, CA 91910	(619) 420-5611
Outpatient Mental Health Treatment	Early Childhood (0-5 years)	Palomar Family Counseling Services (PFCS)	ChildNET Incredible Years North Coastal & North Inland	1002 East Grand Avenue Escondido, CA 92025  945 Vale Terrace Drive Vista, CA 92084	(760) 741-2660
Outpatient Mental Health Treatment	Foster Youth	New Alternatives Inc. (NAI)	Comprehensive Assessment & Stabilization Services (CASS)	3517 Camino del Rio South Suite 407 San Diego, CA 92108	(619) 955-8905

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Service	Special Population	Agency	Program Name	Address	Phone Number
Outpatient Mental Health Treatment	Foster Youth	New Alternatives Inc. (NAI)	Incredible Families	8755 Aero Drive Ste 230 San Diego, CA 92123  730 Medical Ct. Chula Vista, CA 91911  1020 S. Santa Fe Ave. Suite D-1 Vista, CA 92064	(619) 207-0396
Outpatient Mental Health Treatment	Homeless and Runaway Youth age 12 up to 21	North County Lifeline Inc. (NCL)	Connections Community Counseling	3890 Murphy Canyon Rd. Ste. 250 San Diego, CA 92123  200 Michigan Avenue Vista CA 92084  707 Oceanside Blvd. Oceanside, CA 92054  334 Via Vera Cruz, Ste. 152 San Marcos, CA 92078  8324 Allison Ave. La Mesa, CA 91942	(760) 842-6202

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Service	Special Population	Agency	Program Name	Address	Phone Number
Outpatient Mental Health Treatment	Medication Clinic	Vista Hill Foundation (VHF)	Center for Child and Youth Psychiatry (CCYP)	8910 Clairemont Mesa Blvd. San Diego, CA 92123	(858) 571-1964
Outpatient Mental Health Treatment	Sexually Reactive Youth	Mental Health Systems Inc. (MHS)	STEPS	4660 Viewridge Avenue Suite 100 San Diego, CA 92123  311 E Washington Ave. Suite 103 & 104 Escondido, CA 92025  637 Third Ave., Suite F Chula Vista, CA 91910	(858) 565-2510
Outpatient Mental Health Treatment	LGBTQ+	San Diego Youth Services (SDYS)	Our Safe Place	3427 4th Avenue, 2nd Floor San Diego, CA 92103	(619) 525-9903
Drop-In Centers	LGBTQ+	San Diego Youth Services (SDYS)	Our Safe Place	2220 Broadway San Diego, CA 92102  746 Ada Street Chula Vista, CA 91911  3845 Spring Dr., Rm 13 Spring Valley, CA 91977  150 La Terraza Blvd. Escondido, CA 92025  215 Barnes Street Oceanside, CA 92054	(619) 972-8983 (619) 628-2444 (619) 525-9903 (760) 908-9373 (760) 908-9647

# BEHAVIORAL HEALTH SERVICES

## COUNTYWIDE SPECIALTY PROGRAMS



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Outpatient Mental Health Treatment Drop-In Center	CSEC	San Diego Youth Services (SDYS)	I CARE (CSEC)	Central San Diego	(619) 521-2250
Outpatient Mental Health Treatment Therapeutic Foster Care	Youth in Foster Family Agencies	San Diego Center for Children (SDCC)	Foster Family Agency Stabilization and Treatment (FFAST)	2655 Camino del Rio N, Suite 450 San Diego, CA 92108	(858) 633-4115
Outpatient Mental Health Treatment	Adolescent & TAY	San Diego Center for Children (SDCC)	Intensive Outpatient Program (IOP)	3002 Armstrong Street San Diego, CA 92111	(858) 634-8367
Outpatient Mental Health Treatment	Children & adolescents up to age 21	San Diego Center for Children (SDCC)	Partial Hospitalization Program (PHP)	3002 Armstrong Street San Diego, CA 92111	(858) 634-8367
SUD Teen Residential 6 Beds	Residential - Substance Use Disorder (SUD)	McAlister Institute for Treatment and Education (MITE)	Teen Group Homes	Confidential Group Homes	(619) 672-3902 East
Wraparound	Foster Youth & Probation	Fred Finch Youth Center (FFYC)	Fred Finch Wrap Connections	8787 Complex Drive Suite 300 San Diego, CA 92123  504 W. Mission Avenue Suite 106 Escondido, CA 92023  3845 Spring Drive Spring Valley, CA 91977  637 3rd Avenue Suite I Chula Vista, CA 91910	(619) 797-1090  (619) 281-3706  (619) 797-1090  (619) 873-4075



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Service	Special Population	Agency	Program Name	Address	Phone Number
Youth Empowerment	Adolescent & TAY	San Diego County Superintendent of Schools	Friday Night Live (High School) Club Live (Middle School)	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
School-based Suicide Prevention	Adolescent & TAY	San Diego Youth Services (SDYS)	HERE Now	3255 Wing Street San Diego, CA 92110	(619) 241-0608
Substance Use Prevention	Adolescent & TAY	San Diego County Superintendent of Schools	Life Skills (Project Alert)	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2092
Wraparound	Foster Youth & Probation	San Diego Center for Children (SDCC)	Wrapworks	3002 Armstrong Street San Diego, CA 92111  235 W. 5th Ave., Ste 130 Escondido, CA 92025  3322 Sweetwater Spring Blvd. Ste. 104 & 106 Spring Valley, CA 91977	(858) 277-9550



The County Behavioral Health Services Department is interested in your input on how the directory can be improved.  
Are there any features and elements that would make it easier to use?

Please provide input to [Janette.Magsanoc@sdcounty.ca.gov](mailto:Janette.Magsanoc@sdcounty.ca.gov)