

# REGIONAL SERVICES DIRECTORY

## NORTH INLAND REGION BEHAVIORAL HEALTH SERVICES

### FOR CHILDREN AND YOUTH



#### Behavioral Health Services (BHS) Providers in North Inland Region

District 2 Supervisor: Joel Anderson

District 3 Supervisor: Terra Lawson-Remer      District 5 Supervisor: Jim Desmond

The County of San Diego's Behavioral Health Services (BHS) offers a multitude of programming to support children and youth who require mental health or substance use treatment. The programs are predominately focused on serving youth up to age 21 who are MediCal beneficiaries or have no medical insurance. This **North Inland Region Services Directory** highlights BHS services in the region, inclusive of school based supports. In addition to contacting the programs directly, the following resources are available to assist with access to care or to obtain information:

**Access & Crisis Line: (888) 724-7240** [TDD: (619) 641-6992] offers information about behavioral health resources, including support for a mental health and substance use crisis

**9-8-8 Suicide & Crisis Lifeline:** Dial "9-8-8"

**County of San Diego Behavioral Health Services:**

[Behavioral Health Services \(sandiegocounty.gov\)](https://www.sandiegocounty.gov)

**County of San Diego Behavioral Health Provider Directory:**

[Provider Directory \(sdcountybhs.com\)](https://sdcountybhs.com)

**Behavioral Health CYF Services Directory:**

[Children, Youth and Families \(sandiegocounty.gov\)](https://www.sandiegocounty.gov)

**2-1-1 San Diego** (List of services and referrals for health and social service programs): Dial "2-1-1"

**Regional Services Directory** for this and other regions:

[Schools \(sandiegocounty.gov\)](https://www.sandiegocounty.gov)

#### County BHS Primary Contacts in the North Inland Region

Michael Miller, Behavioral Health Program Coordinator

[Michael.Miller@sdcounty.ca.gov](mailto:Michael.Miller@sdcounty.ca.gov) or (619) 701-4912

Yael Koenig, Deputy Director

[Yael.Koenig@sdcounty.ca.gov](mailto:Yael.Koenig@sdcounty.ca.gov) or (619) 563-2773

#### Acute Services

The following Acute Care services are available Countywide for children and youth who are experiencing a psychiatric crisis and may be a danger to self or other, or are gravely disabled.

Service	Agency	Program Name	Address & Phone Number
Inpatient	Aurora Behavioral Health Care San Diego	Aurora Behavioral Health Care/Inpatient	11878 Ave of Industry San Diego, CA 92128 (858) 487-3200
Inpatient	Rady Children's Hospital of San Diego	Acute Psychiatric Inpatient Services for Children and Adolescents (CAPS)	8001 Frost St San Diego, CA 92123 (858) 966-8337
Inpatient	Sharp Mesa Vista Hospital	Sharp Mesa Vista	7850 Vista Hill Ave San Diego, CA 92123 (858) 836-8434
Crisis Stabilization	New Alternatives Inc (NAI)	Emergency Screening Unit (ESU)	4309 Third Ave San Diego, CA 92103 (619) 876-4502
Crisis Response	Exodus Recovery	Mobile Crisis Response Team (MCRT) North Pilot	Access through ACL: (888) 724-7240
Crisis Response	Telecare	Mobile Crisis Response Team (MCRT)	Access through ACL: (888) 724-7240
Psychiatric Emergency Resource	Community Research Foundation (CRF)	Psychiatric Emergency Response Team (PERT)	Through 911
Outpatient Mental Health Treatment	New Alternatives Inc (NAI)	Crisis Action & Connection (CAC)	Community Based: (619) 591-5740
Outpatient Mental Health Treatment	Vista Hill Foundation (VHF)	BH Connect Tele-Mental Health	Access through ACL: (888) 724-7240 (858) 877-0179
State Hotline Local Mobile Response Placement Stabilization	Mental Health America	Family Urgent Response System (FURS)	4069 30th Street San Diego, CA 92104 (833) 939-3877

# NORTH INLAND REGION BEHAVIORAL HEALTH SERVICES

## SCHOOLS WITH ON-SITE SERVICES



District	School Name	Provider	Program Name	Provider Address	Provider Phone
Borrego Springs Unified	Borrego Springs Elementary	Vista Hill Foundation	North Inland Region	398 D Street, Ramona, CA 92065	(760) 788-9724
	Borrego Springs High				
	Borrego Springs Middle				
Escondido Union	Bear Valley Middle	Vista Hill Foundation	Escondido	1029 N Broadway, Escondido, CA 92026	(760) 489-4126
	Bernardo Elementary				
	Central Elementary	Palomar Family Counseling Services	ChildNet/Incredible Years	1002 East Grand Avenue, Escondido, CA 92025	(760) 741-2660
		Vista Hill Foundation	Escondido Prevention and Early Intervention	1029 N Broadway, Escondido, CA 92026	(760) 489-4126
	Conway Elementary	Palomar Family Counseling Services	ChildNet/Incredible Years	1002 East Grand Avenue, Escondido, CA 92025	(760) 741-2660
		Vista Hill Foundation	Escondido	1029 N Broadway, Escondido, CA 92026	(760) 489-4126
	Del Dios Middle	Vista Hill Foundation	Escondido	1029 N Broadway, Escondido, CA 92026	(760) 489-4126
	Farr Elementary	Palomar Family Counseling Services	ChildNet/Incredible Years	1002 East Grand Avenue, Escondido, CA 92025	(760) 741-2660
		Vista Hill Foundation	Escondido	1029 N Broadway, Escondido, CA 92026	(760) 489-4126
	Felicitia Elementary	Palomar Family Counseling Services	ChildNet/Incredible Years	1002 East Grand Avenue, Escondido, CA 92025	(760) 741-2660
		Vista Hill Foundation	Escondido	1029 N Broadway, Escondido, CA 92026	(760) 489-4126
	Glen View Elementary	Palomar Family Counseling Services	ChildNet/Incredible Years	1002 East Grand Avenue, Escondido, CA 92025	(760) 741-2660

# NORTH INLAND REGION BEHAVIORAL HEALTH SERVICES

## SCHOOLS WITH ON-SITE SERVICES



District	School Name	Provider	Program Name	Provider Address	Provider Phone
Escondido Union	Glen View Elementary	Vista Hill Foundation	Escondido	1029 N Broadway, Escondido, CA 92026	(760) 489-4126
			Prevention and Early Intervention		
	Hidden Valley Middle	Vista Hill Foundation	Escondido	1029 N Broadway, Escondido, CA 92026	(760) 489-4126
	Juniper Elementary	Palomar Family Counseling Services	ChildNet/Incredible Years	1002 East Grand Avenue, Escondido, CA 92025	(760) 741-2660
		Vista Hill Foundation	Escondido	1029 N Broadway, Escondido, CA 92026	(760) 489-4126
			Prevention and Early Intervention		
		Palomar Family Counseling Services	ChildNet/Incredible Years	1002 East Grand Avenue, Escondido, CA 92025	(760) 741-2660
	L.R. Green Elementary	Vista Hill Foundation	Escondido	1029 N Broadway, Escondido, CA 92026	(760) 489-4126
		Vista Hill Foundation	Escondido	1029 N Broadway, Escondido, CA 92026	(760) 489-4126
	Lincoln Acres Elementary	Vista Hill Foundation	Escondido	1029 N Broadway, Escondido, CA 92026	(760) 489-4126
			Prevention and Early Intervention		
	Miller Elementary	Vista Hill Foundation	Escondido	1029 N Broadway, Escondido, CA 92026	(760) 489-4126
	Mission Middle				
	North Broadway Elementary				
	Oak Hill Elementary	Palomar Family Counseling Services	ChildNet/Incredible Years	1002 East Grand Avenue, Escondido, CA 92025	(760) 741-2660
		Vista Hill Foundation	Escondido	1029 N Broadway, Escondido, CA 92026	(760) 489-4126
			Prevention and Early Intervention		

# NORTH INLAND REGION BEHAVIORAL HEALTH SERVICES

## SCHOOLS WITH ON-SITE SERVICES



District	School Name	Provider	Program Name	Provider Address	Provider Phone
Escondido Union	Orange Glen Elementary	Palomar Family Counseling Services	ChildNet/Incredible Years	1002 East Grand Avenue, Escondido, CA 92025	(760) 741-2660
		Vista Hill Foundation	Escondido	1029 N Broadway, Escondido, CA 92026	(760) 489-4126
			Prevention and Early Intervention		
	Pioneer Elementary	Palomar Family Counseling Services	ChildNet/Incredible Years	1002 East Grand Avenue, Escondido, CA 92025	(760) 741-2660
		Vista Hill Foundation	Escondido	1029 N Broadway, Escondido, CA 92026	(760) 489-4126
			Prevention and Early Intervention		
	Quantum Academy	Vista Hill Foundation	Escondido	1029 N Broadway, Escondido, CA 92026	(760) 489-4126
	Reidy Creek Elementary	Palomar Family Counseling Services	ChildNet/Incredible Years	1002 East Grand Avenue, Escondido, CA 92025	(760) 741-2660
		Vista Hill Foundation	Escondido	1029 N Broadway, Escondido, CA 92026	(760) 489-4126
	Rincon Middle	Vista Hill Foundation	Escondido	1029 N Broadway, Escondido, CA 92026	(760) 489-4126
	Rock Springs Elementary	Palomar Family Counseling Services	ChildNet/Incredible Years	1002 East Grand Avenue, Escondido, CA 92025	(760) 741-2660
		Vista Hill Foundation	Escondido	1029 N Broadway, Escondido, CA 92026	(760) 489-4126
			Prevention and Early Intervention		
	Rose Elementary	Palomar Family Counseling Services	ChildNet/Incredible Years	1002 East Grand Avenue, Escondido, CA 92025	(760) 741-2660
		Vista Hill Foundation	Escondido	1029 N Broadway, Escondido, CA 92026	(760) 489-4126
			Prevention and Early Intervention		

# NORTH INLAND REGION BEHAVIORAL HEALTH SERVICES

## SCHOOLS WITH ON-SITE SERVICES



District	School Name	Provider	Program Name	Provider Address	Provider Phone
Escondido Union High	Del Lago Academy	Palomar Family Counseling Services	North Inland/North Coastal	1002 East Grand Avenue, Escondido, CA 92025	(760) 741-2660
	Escondido High				
	Orange Glen High				
	San Pasqual High				
	Valley High	Mental Health Systems dba TURN Behavioral Health Services	North Inland Teen Recovery Center	340 Rancheros Drive, Suite 166, San Marcos, CA 92069	(760) 744-3672
		Palomar Family Counseling Services	North Inland/North Coastal	1002 East Grand Avenue, Escondido, CA 92025	(760) 741-2660
Fallbrook Union Elementary	Fallbrook STEM Academy	Palomar Family Counseling Services	Fallbrook	120 West Hawthorne Street, Fallbrook, CA, 92028	(760) 741-2660
	La Paloma School				
	Live Oak Elementary				
	Maie Ellis Elementary				
	Potter Junior High				
	William Frazier Elementary				
	Fallbrook High	Mental Health Systems dba TURN Behavioral Health Services	North Inland Teen Recovery Center	340 Rancheros Drive, Suite 166, San Marcos, CA 92069	(760) 744-3672
		Palomar Family Counseling Services	Fallbrook	120 West Hawthorne Street, Fallbrook, CA, 92028	(760) 741-2660

# NORTH INLAND REGION BEHAVIORAL HEALTH SERVICES

## SCHOOLS WITH ON-SITE SERVICES



District	School Name	Provider	Program Name	Provider Address	Provider Phone
Julian Union	Julian Elementary	Vista Hill Foundation	North Inland Region	398 D Street, Ramona, CA 92065	(760) 788-9724
	Julian Junior High				
Poway Unified	Rancho Bernardo High	Mental Health Systems dba TURN Behavioral Health Services	North Inland Teen Recovery Center	340 Rancheros Drive, Suite 166, San Marcos, CA 92069	(760) 744-3672
Ramona Unified	Barnett Elementary	Vista Hill Foundation	North Inland Region	398 D Street, Ramona, CA 92065	(760) 788-9724
	Hanson Elementary				
	James Dukes Elementary				
	Montecito High				
	Mt. Woodson Elementary				
	Olive Peirce Middle				
	Ramona Community/Mt. Valley School				
	Ramona Elementary				
	Ramona High	Mental Health Systems dba TURN Behavioral Health Services	North Inland Teen Recovery Center	340 Rancheros Drive, Suite 166, San Marcos, CA 92069	(760) 744-3672
		Vista Hill Foundation	North Inland Region	398 D Street, Ramona, CA 92065	(760) 788-9724

# NORTH INLAND REGION BEHAVIORAL HEALTH SERVICES

## SCHOOLS WITH ON-SITE SERVICES



District	School Name	Provider	Program Name	Provider Address	Provider Phone
San Marcos Unified	Foothills High	New Alternatives, Inc.	North County Outpatient	1529 Grand Ave., Ste. A, San Marcos, CA 92078	(760) 798-0299
	Joli Ann Leichtag Elementary	Palomar Family Counseling Services	ChildNet/Incredible Years	1002 East Grand Avenue, Escondido, CA 92025	(760) 741-2660
	La Mirada Academy K-8	New Alternatives, Inc.	North County Outpatient	1529 Grand Ave., Ste. A, San Marcos, CA 92078	(760) 798-0299
		Palomar Family Counseling Services	ChildNet/Incredible Years	1002 East Grand Avenue, Escondido, CA 92025	(760) 741-2660
	Mission Hills High	New Alternatives, Inc.	North County Outpatient	1529 Grand Ave., Ste. A, San Marcos, CA 92078	(760) 798-0299
	San Marcos Elementary	Rady Children's Hospital San Diego	North Inland Clinic	2125 Citracado Parkway, Suite 200, Escondido, CA 92025	(760) 294-9270
	San Marcos High	New Alternatives, Inc.	North County Outpatient	1529 Grand Ave., Ste. A, San Marcos, CA 92078	(760) 798-0299
	San Marcos Middle	Palomar Family Counseling Services	North Inland/North Coastal	1002 East Grand Avenue, Escondido, CA 92025	(760) 741-2660
	Twin Oaks High	New Alternatives, Inc.	North County Outpatient	1529 Grand Ave., Ste. A, San Marcos, CA 92078	(760) 798-0299
	Woodland Park Middle	Rady Children's Hospital San Diego	North Inland Clinic	2125 Citracado Parkway, Suite 200, Escondido, CA 92025	(760) 294-9270
SDCOE JCC Schools	Escondido Blended Community	Community Research Foundation	Mobile Adolescent Service Team	1260 Morena Blvd., Suite 200, San Diego, CA 92110	(619) 398-3261
	North County Technology and Science Academy *				
	San Pasqual Academy				

# NORTH INLAND REGION BEHAVIORAL HEALTH SERVICES

## SCHOOLS WITH ON-SITE SERVICES



District	School Name	Provider	Program Name	Provider Address	Provider Phone
Spencer Valley	Spencer Valley Elementary School	Vista Hill Foundation	North Inland Region	398 D Street, Ramona, CA 92065	(760) 788-9724
Valley Center-Pauma Unified	Lilac Elementary	Palomar Family Counseling Services	North Inland/North Coastal	1002 East Grand Avenue, Escondido, CA 92025	(760) 741-2660
	Oak Glen High				
	Pauma Elementary				
	Valley Center Elementary				
	Valley Center High				
	Valley Center Middle				
	Valley Center Prep K-12				
Warner Unified	Warner Springs Elementary	Vista Hill Foundation	North Inland Region	398 D Street, Ramona, CA 92065	(760) 788-9724
	Warner Springs High				
	Warner Springs Junior High				



# NORTH INLAND REGION BEHAVIORAL HEALTH SERVICES

## OUTPATIENT CLINIC SITES



### Outpatient Clinical Services

The following outpatient clinics are located in the **North Inland Region**. Many of these program can be accessed at a Clinic site as well as at designated school campuses. Children and youth are not limited to accessing services in their region, and can contact the Access and Crisis Line (ACL) by calling (888) 724-7240 or refer to the [CYF Services Directory](#) for a listing of programs in other regions.

Agency	Program Name	Service	Address	Phone Number
New Alternatives Inc (NAI)	North County Outpatient School Based Services (NCOSBS)	Outpatient Mental Health Treatment	1529 Grand Avenue Suite A San Marcos, CA 92078	(760) 798-0299
Palomar Family Counseling Services Inc (PFC)	North Inland & Fallbrook School Based Services	Outpatient Mental Health Treatment	1002 East Grand Avenue Escondido, CA 92025 120 W. Hawthorne Street Fallbrook, CA 92028	(760) 741-2660
Rady Children's Hospital of San Diego (Rady)	North Inland Outpatient Psychiatry (NIOP) School Based Services	Outpatient Mental Health Treatment	2125 Citracado Parkway Escondido, CA 92025	(760) 294-9270
Vista Hill Foundation (VHF)	Learning Assistance Center (LAC) Escondido & North Inland School Based Services	Outpatient Mental Health Treatment	1029 N. Broadway Escondido, CA 92026 1012 Main Street Suite 101 Ramona, CA 92065	(760) 489-4126 (760) 788-9724
Mental Health Systems Inc (MHS)	Teen Recovery Center (TRC) - North Inland School Based Services	Outpatient Substance Use Treatment	340 Rancheros Drive Suite 166 San Marcos, CA 92069	(760) 744-3672

# BEHAVIORAL HEALTH SERVICES

## COUNTYWIDE SPECIALTY PROGRAMS



### Outpatient - Specialty Programs

The County offers an array of services which can be accessed through the Access and Crisis Line (ACL) by calling (888) 724-7240 or by referring to the [CYF Services Directory](#). The following are some of the specialty programs that serve children and youth and are available Countywide:

Service	Special Population	Agency	Program Name	Address	Phone Number
Behavioral Coaching	Ancillary Service	New Alternatives Inc (NAI)	Therapeutic Behavioral Services (TBS)	8755 Aero Drive, Suite 230 San Diego, CA 92123	(858) 256-2180
Case Management and Family Partners	Southeast San Diego	Harmonium	Southeast Family Youth Partner Svc	5275 Market Street, Suite E San Diego, CA 92114	(619) 541-0426
Outpatient Mental Health Treatment	API/Latinx	Union of Pan Asian Communities (UPAC)	Multicultural Community Counseling	5348 University Avenue, Suite 108 San Diego, CA 92105	(619) 578-2211
Outpatient Mental Health Treatment	Early Childhood (0-5 years)	Episcopal Community Services (ECS)	Para Las Familias	1424 30th Street, Suite A San Diego, CA 92154	(619) 565-2650
Outpatient Mental Health Treatment	Early Childhood (0-5 years)	Rady Children's Hospital of San Diego (Rady)	KidSTART	3665 Kearny Villa Road, Suite 500 San Diego, CA 92123 2204 El Camino Real, Suite 102 Oceanside, CA 92054 333 H Street, Suite 3010 Chula Vista, CA 91910	(858) 576-1700 (760) 967-7082 (619) 420-5611
Outpatient Mental Health Treatment	Early Childhood (0-5 years)	Palomar Family Counseling Services Inc (PFC)	ChildNET Incredible Years North Coastal & North Inland	1002 East Grand Avenue Escondido, CA 92025 945 Vale Terrace Drive Vista, CA 92084	(760) 741-2660
Outpatient Mental Health Treatment	Foster Youth	New Alternatives Inc (NAI)	Comprehensive Assessment & Stabilization Services (CASS)	3517 Camino del Rio South, Suite 407 San Diego, CA 92108	(619) 955-8905
Outpatient Mental Health Treatment	Foster Youth	New Alternatives Inc (NAI)	Incredible Families	8765 Aero Drive San Diego, CA 92123	(619) 207-0396

# BEHAVIORAL HEALTH SERVICES

## COUNTYWIDE SPECIALTY PROGRAMS



### Outpatient - Specialty Programs

The County offers an array of services which can be accessed through the Access and Crisis Line (ACL) by calling (888) 724-7240 or by referring to the [CYF Services Directory](#). The following are some of the specialty programs that serve children and youth and are available Countywide:

Service	Special Population	Agency	Program Name	Address	Phone Number
Outpatient Mental Health Treatment	Homeless and Runaway Youth age 12 up to 21	North County Lifeline	Connections Community Counseling	200 Michigan Avenue Vista CA 92084 707 Oceanside Blvd. Oceanside, CA 92054 333 Via Vera Cruz, Suite 152 San Marcos, CA 92078 4180 Ruffin Road, Suite 295 San Diego, CA 92123	(760) 310-2950
Outpatient Mental Health Treatment	Justice Involved Youth	San Diego Youth Services (SDYS)	BridgeWays	7364 El Cajon Blvd. San Diego, CA 92115	(619) 221-8600
Outpatient Mental Health Treatment	Medication Clinic	New Alternatives Inc (NAI)	Center for Child and Youth Psychiatry (CCYP)	8755 Aero Drive, Suite 306 San Diego, CA 92123	(858) 634-1100
Outpatient Mental Health Treatment	Sexually Reactive Youth	Mental Health Systems Inc (MHS)	STEPS	4660 Viewridge Avenue San Diego, CA 92123	(858) 565-2510
Outpatient Mental Health Treatment	LGBTQ+	San Diego Youth Services (SDYS)	Our Safe Place	3427 4th Avenue, 2nd Floor San Diego, CA 92103	(619) 232-8126
Drop-In Centers	LGBTQ+	San Diego Youth Services (SDYS)	Our Safe Place	2220 Broadway San Diego, CA 92102 746 Ada Street Chula Vista, CA 91911 1050 N. Broadway Escondido, CA 92026 215 Barnes Street Oceanside, CA 92054	(619) 232-8126 (619) 871-8342 (619) 628-2444 (760) 271-4855
Outpatient Mental Health Treatment Drop-In Center	CSEC	San Diego Youth Services (SDYS)	I CARE (CSEC)	Confidential Location	(619) 521-2250

# BEHAVIORAL HEALTH SERVICES

## COUNTYWIDE SPECIALTY PROGRAMS



### Outpatient - Specialty Programs

The County offers an array of services which can be accessed through the Access and Crisis Line (ACL) by calling (888) 724-7240 or by referring to the [CYF Services Directory](#). The following are some of the specialty programs that serve children and youth and are available Countywide:

Service	Special Population	Agency	Program Name	Address	Phone Number
Outpatient Mental Health Treatment Therapeutic Foster Care	Youth in Foster Family Agencies	San Diego Center for Children (SDCC)	Foster Family Agency Stabilization and Treatment (FFAST)	8225 Aero Drive, Suite 110 San Diego, CA 92123	(858) 633-4115
SUD Teen Residential 2 Homes/6 Beds Each	Residential - Substance Use Disorder (SUD)	McAlister Institute for Treatment and Education (MITE)	Teen Group Homes	Confidential Group Homes	(619) 672-3902 East (619) 337-3830 South
Wraparound	Foster Youth & Probation	Fred Finch Youth Center (FFYC)	Fred Finch Wrap Connections	8787 Complex Drive Suite 300 San Diego, CA 92123 504 W. Mission Avenue Suite 106 Escondido, CA 92023 3845 Spring Drive Spring Valley, CA 91977 637 3rd Avenue Suite I Chula Vista, CA 91910	(619) 797-1090 (619) 281-3706 (619) 797-1090 (619) 873-4075
Wraparound	Foster Youth & Probation	San Diego Center for Children (SDCC)	Wrapworks	3002 Armstrong Street San Diego, CA 92111	(858) 569-2170

Please send all resource guide corrections and updates to [Yvonne.Gage@sdcounty.ca.gov](mailto:Yvonne.Gage@sdcounty.ca.gov).