

**CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL**

**MEETING MINUTES**

**November 13, 2017 – 9:00-10:30 A.M.**

Scottish Rite-Heald Room-1895 Camino del Rio South, San Diego CA 92108

+ = Member in Attendance    O = Absent    E = Excused

CONSTITUENCY	MEMBER	STATUS	ALTERNATE	STATUS
<b>PUBLIC SECTOR</b>				
1	Behavioral Health Advisory Board	Rebecca Hernandez	O	VACANT
2	Behavioral Health Services	Dr. Laura Vleugels	E	Dr. Jeffrey Rowe +
3	Public Safety Group/ Probation	VACANT	+	Margie Deleon +
4	Child Welfare Services (CWS)	Cathi Palatella	O	Barry Fox (Babbi Winegarden) +
5	HHSA Regions	Dori Gilbert	O	Jennifer Sovay O
6	Public Health	Dr. Dean Sidelinger	O	Rhonda Freeman +
7	Juvenile Court	H. Judge Carolyn Caietti	O	Michelle Johnson O
8	First 5 Commission	Kim Gallo	O	Jennifer Wheeler O
<b>EDUCATION SECTOR</b>				
9	Special Education Local Plan Area (SELPA)	Cara Schukoske	+	VACANT
10	Regular Education Pupil Personnel Services	Heather Nemour	O	Mara Madrigal-Weiss O
11	School Board	Barbara Ryan	O	Sharon Whitehurst-Payne O
12	Special Education	Aidee Angulo	+	Yuka Sakamoto O
<b>PRIVATE SECTOR</b>				
13	San Diego Regional Center (SDRC) for Developmentally Disabled	Carlos Flores	O	Peggy Webb +
14	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	O	Marisa Varond +
15	Mental Health Contractors Association	Steve Jella (Jamie Thomas)	+	Barent Mynderse +
16	Mental Health Contractors Association	Angela Chen	+	Delrena Swaggerty +
17	San Diego Nonprofit Association (SDNA)	Margaret Iwanaga Penrose	O	Rosa Ana Lozada +
18	Fee- For-Service Network	Dr. Sherry Casper	+	VACANT
19	Managed Care Health Plan	George Scolari	+	Rogelio Lopez O
20	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	+	
<b>FAMILY AND YOUTH SECTOR</b>				
21	Family and Youth Liaison	Renee Cookson	E	Suzette Southfox +

22	Caregiver of child/youth served by the Public Health System	Debbie Stolz	O		
23	Youth served by the Public Health System (up to age 26)	Emma Rodriguez	+	Oniric Cirino	
24	Youth served by the public health system (up to age 26)	Travis Webster	+	Micaela Cunningham	
<b>SUB-COMMITTEES (Non-voting members unless a member of the Council)</b>					
-	Outcomes Committee	Angela Chen			
-	Executive Committee	Delrena Swaggerty			
-	Early Childhood Committee	Aisha Pope/ Jennifer Kennedy	+/O		
-	Education Committee	Mara Madrigal-Weiss			
-	CYF CADRE	Julie McPherson/ Marisa Varond	O/+		
-	Family and Youth as Partners	Renee Cookson			

**CYF Council Staff:** Edith Mohler, Grisel Ortega, Darwin Espejo

**I. Welcome and Introductions** (Suzette Southfox)

- Introduction of new San Diego Youth Services (SDYS) Director Jamie Thomas. Mr. Thomas will be replacing Steven Jella as a representative under the Private Sector/Mental Health Contractor's Association.

**II. Approval of Minutes** (Suzette Southfox)

- July 10, 2017 meeting minutes approved
- September 11, 2017 meeting minutes approved

**III. Business Items** (Yael Koenig)

- Hepatitis A Status update and information- (Handouts)  
 The outbreak within the county continues and 516 cases as of the end of October 2017 and 20 deaths have been reported. Vaccinations are available throughout the county. The meeting handout packet includes an Hepatitis A information sheet in English and Spanish. More information can be found at this website that is updated every Tuesday:  
[http://www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/community\\_epidemiology/dc/Hepatitis\\_A.html](http://www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/community_epidemiology/dc/Hepatitis_A.html)  
 Information on Influenza prevention and vaccinations is also available at:  
[http://www.sandiegocounty.gov/hhsa/programs/phs/community\\_epidemiology/dc/influenza.html](http://www.sandiegocounty.gov/hhsa/programs/phs/community_epidemiology/dc/influenza.html)
- School ToolKit (booklet): Tools for Schools a Live Well San Diego partnership with the San Diego County Office of Education (SDCOE), the Childhood Obesity Initiative, and First 5 San Diego. This is the second edition and was presented at the SDCOE Annual School Summit on September 15, 2017. This edition focuses on reducing childhood obesity and student wellness improvement. This edition highlights BHS. This booklet is also available in digital form at: <http://LiveWellSD.org/partners/best-practices-for-schools/>
- ✓ Feedback to the School Tool Kit
  - The document does not highlight Trauma Informed services
  - It was noted that on Table 8: Behavioral Health Programs (page 34), Aurora Behavioral Health is listed as a program that provides inpatient services, but Child and Adolescent Psychiatry Service (CAPS), and Sharp Mesa Vista were not included.

Feedback received will be forwarded to the Live Well office. Meeting participants were encouraged to forward additional feedback to [LWSD.HHSA@sdcounty.ca.gov](mailto:LWSD.HHSA@sdcounty.ca.gov)

#### IV. Mental Health Services Act (MHSA) – Update (Adrienne Yancey)

- BHS Annual Forums
  - ✓ The MHSA team finalized the Community Engagement process at the end of September 2017. BHS hosted two public forums in the month of August 2017, one in North Region (August 10, 2017) and one in the Central Regions (August 29, 2017).
  - ✓ The following Focus Groups were held:
    - Direct services staff
    - Transition Age Youth (TAY)
    - Clients/Consumers: 100 Club members participated at Clubhouses via telephone (10 members for each clubhouse).
    - Re-Entry population
    - Homeless population with Serious Mental Illness (SMI).
  - ✓ An online “Telephone Town Hall” was also held.
  - ✓ Over 400 individuals participated in this Community Engagement process, 220 of the total participated in the public forums. Results of these activities will be included in the Fiscal Year 2018-19 yearly update to the Mental Health Services Oversight and Advisory Commission (MHSOAC).
- Revenue and Expenditure Report

State policy requires the County of San Diego to post for public review the MHSA Annual Revenue and Expenditure Report (RER). The report shows annual expenditures for all MHSA components. This report can be found at: <http://sandiego.camhsa.org/annual-revenue-expenditure-report.aspx>.
- MHSA Three Year Plan/Board of Supervisors (BOS) Approval

The MHSA Three Year Program and Expenditure Plan for Fiscal Year 2017-18 was approved by the BOS on October 10, 2017.
- MHSA Innovation (10/26/17)
  - ✓ The following proposals were presented to the MHSOAC and approved for implementation (10 million dollars) on October 26, 2017:
    - INN 16 Urban Beats (expansion-two additional years)
    - INN 17 Crest Mobile Hoarding (expansion-18 additional months)
    - INN 19-Telemental: The 5.2 million dollars project proposes to facilitate connections to outpatient services and reduce potential recidivism for unconnected clients experiencing psychiatric crisis and/or hospitalization by increasing access to effective follow-up therapeutic services through the use of technology. This project will serve youth and adults who are unconnected to outpatient services, who have experienced a psychiatric emergency, and are at risk of recidivism. A competitive procurement process will be initiated and program implementation is expected in Fiscal Year 2019-20.
  - ✓ Council discussion and inquiry led to review the Medication Clinic Innovation Project (Yael Koenig):

The Medication Clinic Innovation plan was approved by the MHSOAC on May 25, 2017. The plan proposes a countywide Psychotropic Medication Clinic(s) that would offer children continued medication and Tele-Psychiatric support after completing their primary outpatient treatment. This program will also benefit those children with severe developmental needs. Program implementation is expected in Fiscal Year 2018-19 and will be known as the **Center for Child and Youth Psychiatry**. The Request for Proposal was posted on November 8, 2017. A Pre-Proposal Conference will be held on **November 17, 2017** from 10:00 am-12:00 pm in the offices of the County of San Diego, Department of Purchasing and Contracting, 5560 Overland Avenue, Suite 270, San Diego, CA 92123. More information can be found at: <https://buynet.sdcounty.ca.gov/>

#### V. “Hot Topics” Discussion (Yael Koenig)

##### Public Input/Discussion Summary

- 10 Year Roadmap (Handout) Dialogue Summary

The BHS Roadmap document was first launch in July 2016 and it is currently under revision. It includes 12 priorities, each with two to three strategies with audacious goals. It also includes Vision Statements.
- ✓ Feedback to the CYF Vision Statement:

**Current:** “Children and Youth are healthy, safe, successful in school and in their transition to adulthood; law abiding, while living in a community that supports strong family connections”.

**Proposed** (with Behavioral Health Advisory Board input): “Children and Youth are healthy, safe, **sheltered**, successful in school and in their transition to adulthood, while being law abiding, and living in a community that supports strong family connections”.

Summary of the feedback to the CYF vision language includes:

- “Children and youth are living in healthy, safe, stable and nurturing environments, including their homes, schools, and communities, allowing them to be lawful and successful as they transition into adulthood and create community that supports strong family and responsible citizens”.
- Consider alternative language to “sheltered”, like “permanency”, “living in a safe home”, “stable home environment”.
- Evaluate the use of “law abiding”
- Consider adding “importance of moral guidance at home” or “prosocial”
- Consider including “natural supports”
- Need to consider the audience

Summary of the feedback to the Roadmap includes:

- It needs to be consistent with the CYF System of Care (SOC) principles

Roadmap documents are also available at: <http://sandiego.networkofcare.org/mh/content.aspx?cid=261>.

Input can be sent to Grisel Ortega at: [Grisel.Ortega@sdcounty.ca.gov](mailto:Grisel.Ortega@sdcounty.ca.gov) no later than December 15, 2017.

- **SOC Principles Revisions (Handout)**

An ad hoc committee led by Delrena Swaggerty reviewed the CYF SOC principles to add “Persistence” as the 10<sup>th</sup> principle, ensure the document is reader friendly and succinct, and to integrate with the Wrap principles. Their proposed CYF Vision statement is: “All children, youth and families in San Diego County are healthy, safe and connected in their communities and to their natural supports”. The vision needs to align to the BHS Roadmap and with the feedback provided by the CYF Council participants. Feedback provided and additional feedback can be sent to Grisel Ortega at: [Grisel.Ortega@sdcounty.ca.gov](mailto:Grisel.Ortega@sdcounty.ca.gov) no later than November 20, 2017. The conversation will continue at the next meeting scheduled for December 11, 2017.

- **Sub-Committees Fiscal Year 2017-18 Goals/Discussion (Handouts)**

The sub-committees that presented on September 11, 2017 provided a summary of their presentation and asked for feedback/additional goals:

- ✓ Executive- Yael Koenig
  - Feedback summary:
    - To add “and youth” to the “To further engage the community ...in Council meetings/conversations/activities”. Emma Rodriguez and Travis Webster will assist with this goal.
    - TAY Council representative to lead efforts to engage youth in Council meeting, conversations, and activities.
    - Keep Council activities focused on connection back to 10 Year Roadmap and CYF SOC.
- ✓ Early Childhood- Aisha Pope
  - This Sub-Committee addresses the service needs of the 0-5 population.
- ✓ Outcomes- Angela Chen
  - This Sub-Committee will be on “stand by” to support and assist with efforts regarding the new State mandated Mental Health Outcomes Tools.
- ✓ TAY Council-Yael Koenig on behalf of Michael Miller
  - The TAY Council is seeking participants. Next meeting is scheduled for November 15, 2017 at 6160 Mission Gorge Rd. San Diego, CA 92120 from 3:00 to 4:30 P.M.

**Sub-Committees Presentations (See handouts for full report):**

- ✓ Private Sector- Jamie Thomas
  - This Sub-Committee operates as “project based” and are currently on standby”. In FY 16-17 they highlighted the development of the Warm Handoff training and exploring different models of psychiatrist and staffing urgency issues around Staff Recruitment and Retention. It was noted that in the one page report this Sub-Committee underrepresented accomplishments by not including activities related to addressing Refugees and Immigration issues.
  - The Council recommended the following areas of interest for Sub-Committee to consider:

- To assist with systems cross threading for Mental Health and Substance Use Disorder (SUD) services integration
- Explore using social media to promote Council’s activities
- How to better serve the Refugee population
  - **Action:** Private Sector was asked to evaluate topic recommendations to report out at the next Council meeting on the feasibility of focusing on proposed topics.
  
- ✓ BHETA Training- Rose Woods
  - BHETA provides training to BHS through the Academy for Professional Excellence. There are five specific CSOC trainings offered per fiscal year. It also provides Pathways to Well-Being and Treatment and Evaluation Resource Management (TERM) trainings. BHETA soon will offer Child and Adolescent Needs and Strengths (CANS) training and resources that will be located in the main BHETA website for additional support in the implementation of new State mandated outcome measures. Additionally, an annual conference is coordinated with the CSOC Training Academy. The Academy is currently seeking representatives from the Education Sector and CWS. The CSOC Academy meets on the first Wednesday of the month from 9:00 to 10:00 A.M. at 6505 Alvarado Road, Suite 107, San Diego, CA 92120. More information can be found at: <https://theacademy.sdsu.edu/programs/bheta/>
  
- ✓ Education- Violeta Mora on behalf of Heather Nemour
  - The Education Sub-Committee works towards enhancing relationships with behavioral health and education providers. In Fiscal Year 2016-17, the SDCOE renewed the Global Oversight Analysis Linking Systems (GOALS) Memorandum of Understanding (MOU) and it is effective through October 31, 2019. Additionally, the SDCOE provided trainings including but not limited to: Youth Mental Health First Aid, 2017 Inclusion Through Kindness and Compassion Summit, Standards of Quality for Family Strengthening and Support, CSEC Awareness and Prevention Curriculum training for Elementary, Middle and High School youth, Gay, Lesbian and Straight Education Network (GLSEN), Question, Persuade and Refer (QPR) Gatekeeper, and Trauma Informed Care trainings. Most of these trainings were completed in collaboration with other partners like HHS, private sector, and other Education partners.
  - The Sub-Committee is not currently actively meeting and the Council requested the following:
    - To provide an update on the GOALS MOU at the next Council meeting
    - To develop a presentation on Educationally Related Mental Health Services (ERMHS) that includes assessment referral process
    - BHS in collaboration with Price Philanthropies, San Diego Unified School District and Community Research Foundation (CRF) has been developing the SchoolLink project which will be highlighted at upcoming Council meeting
    - Council discussion highlighted the value of QPR training with recommendation to emphasize availability for youth.

**VI. Sub-Committees Update Reports via Handouts**

- Change Agents Developing Recovery Excellence (CADRE)-(Shannon Jackson)
- Trauma Informed Systems Integration (TISI) (Shannon Jackson)
- Cultural Competence Resource Team (CCRT) (Edith Mohler)

**VII. Announcements (Handouts included in the meeting packet)**

- 3rd Annual Critical Issues in Child and Adolescent Mental Health Conference: Hidden in Plain Sight: Adolescent Brain and Identity Development is scheduled for March 23-24, 2018 at the Town and Country Convention Center in Mission Valley. More information at: <http://cicamh.com/> (Handout)
- County Child Welfare Services (CCWS) Data Report/Client Counts- October 2017 (Handouts)
- The 2018 Children, Youth and Families System of Care Conference:Unpacking Hope-Understanding the Unique Needs of Homeless Children, Youth and Families is scheduled for April 12, 2018 at the Crowne Plaza in Mission Valley. For more information, contact: [bheta@mail.sdsu.edu](mailto:bheta@mail.sdsu.edu) . (Handout)

**VIII. Action Items**

Action Items	Action By	Action Due
Forward School Toolkit feedback from November 13, 2017 Council meeting to the Live Well office,	• Yael Koenig	Completed November 15, 2017.

Provide feedback to the proposed BHS roadmap, including feedback to the CYF Vision statement to Grisel Ortega at: <a href="mailto:Grisel.Ortega@sdcounty.ca.gov">Grisel.Ortega@sdcounty.ca.gov</a> .	<ul style="list-style-type: none"> <li>• Council members, alternates and meeting attendees</li> </ul>	December 15, 2017.
Provide input to the BHS roadmap accomplishments to Grisel Ortega at: <a href="mailto:Grisel.Ortega@sdcounty.ca.gov">Grisel.Ortega@sdcounty.ca.gov</a> .	<ul style="list-style-type: none"> <li>• Council members, alternates and meeting attendees</li> </ul>	December 15, 2017.
Provide feedback to the proposed CSOC principles document, including feedback to the CYF Vision statement to Grisel Ortega at: <a href="mailto:Grisel.Ortega@sdcounty.ca.gov">Grisel.Ortega@sdcounty.ca.gov</a> .	<ul style="list-style-type: none"> <li>• Council members, alternates and meeting attendees</li> </ul>	November 20, 2017.
Update Executive Sub-Committee FY 16-17 Accomplishments and FY 17-18 Proposed goals <ul style="list-style-type: none"> <li>• To add “and youth” to the proposed goal: To further engage the community and youth in Council meetings/conversations/activities.</li> <li>• TAY Council representative to lead efforts to engage youth in Council meeting, conversations, and activities.</li> <li>• Keep Council activities focused on connection back to 10 Year Roadmap and Children System of Care Principles.</li> </ul>	<ul style="list-style-type: none"> <li>• Council staff</li> <li>• TAY Council representatives</li> <li>• Executive Sub-Committee to lead efforts</li> </ul>	<ul style="list-style-type: none"> <li>• Completed update of document November 13, 2017.</li> <li>• Ongoing efforts by TAY Council members</li> <li>• Ongoing.</li> </ul>
Update Outcomes Sub-Committee FY 16-17 Accomplishments and FY 17-18 Proposed goals: This Sub-Committee will be on “stand by” to support and assist with efforts regarding the new State mandated Mental Health Outcomes Tools.	<ul style="list-style-type: none"> <li>• Council staff</li> </ul>	<ul style="list-style-type: none"> <li>• Completed update of document November 13, 2017.</li> </ul>
Update Private Sector Sub-Committee FY 16-17 Accomplishments and FY 17-18 Proposed goals document <ol style="list-style-type: none"> <li>1) Add to the FY 2016-17 Accomplishments:               <ul style="list-style-type: none"> <li>• Addressed Refugees and Immigration Issues</li> </ul> </li> <li>2) Report on Sub-Committee on feasibility of focusing on proposed topics:               <ul style="list-style-type: none"> <li>• To assist with systems cross threading for mental health and Substance Use Disorder (SUD) services integration</li> <li>• Explore using social media to promote Council’s activities</li> <li>• How to better serve the Refugee population</li> </ul> </li> </ol>	<ol style="list-style-type: none"> <li>1) Council staff</li> <li>2) Delrena Swaggerty and Jamie Thomas</li> </ol>	<ol style="list-style-type: none"> <li>1) Completed update of document November 13, 2017.</li> <li>2) December 11, 2017 Council meeting: Sub-Committee chair to inform on feasibility of each topic</li> </ol>
Update Education Sector Sub-Committee FY 16-17 Accomplishments and FY 17-18 Proposed goals document <ul style="list-style-type: none"> <li>• Provide an update on the GOALS MOU</li> <li>• Provide an update on development of an ERMHS presentation and timeline.</li> <li>• SchoolLink preview</li> </ul>	<ul style="list-style-type: none"> <li>• Council staff</li> <li>• Mara Madrigal-Weiss</li> <li>• Violeta Mora</li> <li>• Aidee Angulo and Julie McPherson</li> </ul>	<ul style="list-style-type: none"> <li>• Completed update of document November 13, 2017.</li> <li>• March 12, 2018 meeting</li> <li>• December 11, 2017 meeting.</li> <li>• January 8, 2018 (tentative)</li> </ul>

**Sub-Committees/Sectors/Workgroups Meetings Information:**

**Outcomes:** Meets the 1<sup>st</sup> Tuesday of the month-La Vista Room from 11:30 A.M. to 1:00 P.M.

**Early Childhood:** Meets the 2<sup>nd</sup> Monday of the month- 3160 Camino Del Rio South, San Diego, CA 92108-Suite 101 at 11:00 A.M.

**Education Advisory Ad Hoc:** Meets As Needed.

**TAY Council:** Meets the 4<sup>th</sup> Wednesday of the month-6160 Mission Gorge Rd. San Diego, CA 92120 from 3:00 to 4:30 P.M.

**CYF CADRE:** Meets quarterly-2<sup>nd</sup> Thursday of the month-NAMI San Diego, 5095 Murphy Canyon Rd. Ste. 320 San Diego, CA 92123 from 1:30 to 3:00 P.M.

**CCRT:** Meets 1<sup>st</sup> Friday of the month – Health Services Facility Rosecrans-Coronado Room, 3851 Rosecrans St. San Diego, CA 92110 from 10:00 to 11:30 A.M.

**Family and Youth Sector:** Meets the 4<sup>th</sup> Thursday of the month at 8964 N Magnolia Street, Santee, CA 92071 from 6:30 P.M. to 8:00 P.M.

**Family and Youth as Partners:** Meets the 3<sup>rd</sup> Thursday of the month- Del Mar Room from 2:00 to 3:30 P.M.

**Private Sector:** Meets As Needed.