

Behavioral Health Services Combined Councils Bi-Annual Meeting



October 16, 2023 | 9-10:30 a.m.

Zoom meeting link for registration sent via Outlook meeting invitation:

<https://us06web.zoom.us/join/zt9fuytpjgsGNDV9smGskByXU6NuT6wso#/registration>

CYF Council Co-Chairs	TAY Council Co-chairs	Adult Council Co-Chairs	Older Adult Council	Housing Council	Peer Council
Stephanie Escobar Celica Garcia-Plascencia	Ann Lacy Victor Esquivel	Jeffrey Najarian Marisa Varond	Velia Gitari Donovan Ackley	Lisa Huff	Mary Joe O'Brien Robert Forte

Welcome and Introductions, (Yael Koenig) <ul style="list-style-type: none"> Expanded participation for the Combined Councils 	5 minutes
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Business Items (Yael Koenig) <ul style="list-style-type: none"> Public Input Review of April 10, 2023, Combined Councils Meeting Summary - Handout - Pages 2-6 Councils' written Updates - Handouts - Pages 7-15 <ul style="list-style-type: none"> Children, Youth and Families Council Transitional Age Youth Council Adult Council Older Adult Council Housing Council Peer Council 	5 minutes
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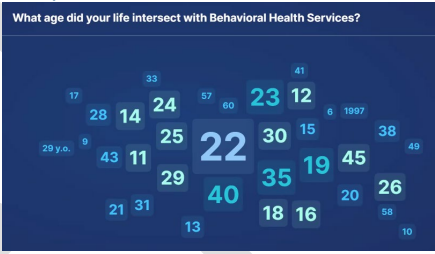
Community Assistance, Recovery and Empowerment (CARE) Act Program Update (Cecily Thornton-Stearns and Charity White-Voth) Handouts – Pages 16-17 CARE Act Program (sandiegocounty.gov) County and Court Officials Preview Start of New CARE Act Program - YouTube	15 minutes
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Hot Topic: Housing and Homeless Panel (Piedad Garcia Ed. D., LCSW) Presentation handout – Pages 19-37 <ul style="list-style-type: none"> Piedad Garcia Brenda Sarabia, DSW, LCSW Yael Koenig Simonne Ruff, Corporation for Supportive Housing (CSH) 	45 minutes
Dialogue (Questions/Answers)	15 minutes

Closing Remarks and Announcements (Cara Evans Murray) <ul style="list-style-type: none"> Poll Question – Overall relevance of today's meeting Stakeholder Announcements – unmute or add information to the chat Upcoming Councils Meetings <ul style="list-style-type: none"> CYF: Monday, November 13, 2023 from 9 to 10:30 a.m. (Virtual) TAY Council: Wednesday, January 24, 2024 from 3 to 4:30 p.m.(Virtual) Adult: Monday, November 13, 2023 from 11 a.m. to 12:30 p.m. (Virtual) Older Adult: November 15, 2023 (Rescheduled from November 22, 2023) from 10 a.m. to noon (Virtual) Housing: Thursday, November 2, 2023 from 11 a.m. to noon (Virtual) Peer: Tuesday, November 21, 2023 at 2 p.m. (Virtual) Next Combined Councils meeting is tentatively scheduled for April 8, 2024 	5 minutes
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**Children, Youth and Families Behavioral Health System of Care,
Transitional Age Youth (TAY) Behavioral Health Services, and
Adult Behavioral Health System of Care
Combined Councils Virtual Meeting
April 10, 2023 | 10:00 to 11:30 A.M.**

CYF Council Co-Chairs	TAY Council Co-Chairs	Adult Council Co-Chairs
Stephanie Escobar Jaime Tate-Symons	Laura Tancredi-Baese	Marisa Varond Jeffrey Najarian

ITEM	SUMMARY AND ACTION ITEMS
<ul style="list-style-type: none"> Welcome and Introductions Piedad Garcia, Adult and Older Adult (AOA) Deputy Director Yael Koenig, Children Youth and Families (CYF) Deputy Director Ice Breaker Question SLIDO - Word Cloud Activity – “At what age did your life intersect with Behavioral Health Services?” 	<ul style="list-style-type: none"> Piedad Garcia – Welcomed meeting attendees and acknowledged the panel members for their participation Ice breaker activity -Word Cloud Activity- led by Steve Wells 
Business Items <ul style="list-style-type: none"> Review of October 10, 2022, Combined Councils Meeting Summary - CYF, TAY, and Adult Councils Written Updates - 	<ul style="list-style-type: none"> Yael Koenig highlighted the following: <ul style="list-style-type: none"> Summary notes from October 22, 2022 focused on Fentanyl Awareness Written updates from the Councils highlighting Fiscal Year 2022-23 areas of focus and achievements
<p style="text-align: center;">Connecting to Services Throughout the Lifespan Exploration of CYF, TAY & Adults/Older Adults</p> <p>Data Science (Phuong Tran & Jane Kim, Data Science)</p> <ul style="list-style-type: none"> Snapshot of services (demographic by age and service line) <p>Transitions and Connections to Services (Piedad Garcia)</p> <hr/> <p>Panel Discussion/Experience Testimonials:</p> <p>Questions:</p> <ul style="list-style-type: none"> How did you initially connect to services? What was your experience receiving services (welcoming, anxiety provoking etc.) How did the program service benefit you? What would have made it a better experience? What would you recommend to improve the experience for others? <p>Panelists:</p> <ul style="list-style-type: none"> Claire & Janette (<i>Prevention and Early Intervention Perspective</i>) Natalie (<i>Caregiver Perspective – First 5 San Diego</i>) Caitlyn (<i>Youth Perspective</i>) Isaac (<i>Youth Perspective</i>) Bill (<i>Adult Perspective</i>) Karen (<i>Perinatal Perspective</i>) 	<p>Highlights of Data Science and Transition and Connection to Services presentation</p> <ul style="list-style-type: none"> Fiscal Year 2021-22 Behavioral Health Clients Served data from BHS Data Books was presented. Additional data and further interpretation of the data was requested and discussed Data provided indicates that access to care, staff shortages are a concern Staff salaries is one of the challenges for staff recruitment <p>Panel Highlights</p> <ul style="list-style-type: none"> Panel members provided their experience based on the questions listed on the left column BHS continues to work on referring clients to services to the appropriate age and level of care It was recommended to continue to: <ul style="list-style-type: none"> Work on strategies addressing workforce Outreach
<p>Closing Remarks and Announcements</p> <p>SLIDO - Your Thoughts Count! – <i>What would you like to see as a topic at the next Combined Council?</i></p> <p>Stakeholder Announcements – unmute or add information to the chat.</p> <p>Next Combined Councils meeting is tentatively scheduled for October 9, 2023</p>	<ul style="list-style-type: none"> Meeting attendees thanked the panel members for their participation via the Chat feature May 2023 Councils Meetings schedule was included on the meeting agenda:

Councils Members Attendance

		CYF Council			
		+=Member in Attendance	O=Absent	E=Excused	
CONSTITUENCY		MEMBER	STATUS	ALTERNATE	STATUS
PUBLIC SECTOR					
1	Behavioral Health Advisory Board (BHAB)	Bill Stewart	O	Joel San Juan	O
2	Behavioral Health Services (BHS)	Dr. Laura Vleugels	+	Dr. Patricia Cardenas-Wallenfelt	O
3	Public Safety Group/ Probation	Tabatha Wilburn	+	Delona King	O
4	Child Welfare Services (CWS)		O	Norma Rincon	O
5	Homeless Solutions and Equitable Communities	Rosa Gracian	O	Liki Porotesano	+
6	Public Health	Dr. Thomas R. Coleman	O	Rhonda Freeman	O
7	Medical Care Services (MCS)	Dr. Kelly Motadel	+	Heather Summers	O
8	Juvenile Court	H. Judge Ana España	O	Beth Brown	+
9	First 5 Commission	Alethea Arguilez	O	Stephanie Escobar	+
EDUCATION SECTOR					
10	Special Education Local Plan Area (SELPA)	Russell Coronado	O	Jaime Tate-Symons	O
11	Regular Education Pupil Personnel Services	Heather Nemour	+	Vacant	
12	School Board	Barbara Ryan	+	Debra Schade	O
13	Special Education	Yuka Sakamoto	+	Misty Bonta	O
PRIVATE SECTOR					
14	San Diego Regional Center (SDRC)	Zachary Guzik	+	Lori Sorenson	O
15	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	+	John Laidlaw	O
16	ADSPA	Marisa Varond	O	Claudette Allen Butler	O
17	Mental Health Contractors Association (MHCA)	Julie McPherson	+	Vacant	O
18	MHCA	Laura Beadles	O	Golby Rahimi	+
19	Fee- For-Service (FFS) Network	Dr. Sherry Casper	O	Marcelo A. Podesta	+
20	Managed Care Health Plans	Kathleen Lang	O	James Trout	+
21	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	+	Vacant	O
FAMILY AND YOUTH SECTOR					
22	Family and Youth Liaison	Sten Walker	+	VACANT	
23	Caregiver of child/youth served by the Public Health System	VACANT		Karilyn "Kari" Perry	O
24	Youth served by the Public Health System (up to age 26)	Veronica Hernandez	O	VACANT	
25	Youth served by the public health system (up to age 26)	Caitlynn Hauw	O	VACANT	
COMMITTEES (Non-voting members unless a member of the Council)					
-	Executive	Stephanie Escobar Jaime Tate Symons	+/O		
-	Cultural Competence Resource Team (CCRT)	Rosa Ana Lozada	+		
-	CYF CADRE	Julie McPherson Marisa Varond	+/O		
-	Early Childhood	Rosa Ana Lozada Stephanie Gioa-Beckman	+/+		
-	Education	Heather Nemour Violeta Mora	+/O		
-	Family and Youth as Partners	Sten Walker	+		
-	Outcomes	Emily Trask Eileen Quinn-O'Malley	O/+		
-	Training	Vacant			

TAY Council Attendance
+=Member in Attendance O=Absent E=Excused

CONSTITUENCY	MEMBER	STATUS	CONSTITUENCY	MEMBER	STATUS
Child Welfare Services	Steven Wells	+	Pregnant or Parenting Youth Provider/Co-Chair	Laura Tancredi-Baese	+
Client Advocacy	Paul Herrmann	O	Primary Health Care	<u>Open</u>	O
Commercial Sexual Exploitation of Children	OPEN	O	Public Safety Liaison/Juvenile Probation	Rafael Ortiz Gomez	O
Education	Marian Edelbrock	O	Refugee and Immigrant Populations	Jesse Emerson	O
Employment Services	Pam Meza	O	San Diego Regional Center for the Developmentally Disabled	Rebecca Hamada	O
Foster Youth (current or former Extended Foster Care TAY)	OPEN	O	Substance Use Disorder Services/Co-Occurring	Karen Lenyoun	O
Homeless Services/Outreach/Co-Chair	OPEN	O	Transitional Age Youth (1)	Nicole McDonald	O
Hospital Partner	OPEN	O	Transitional Age Youth (2)	Simone Hids Monroe	O
Housing	Jennica Valdez	O	TAY Social Support/Activities	Irving Chavez	O
Law Enforcement	OPEN	O	Underserved Communities/CCRT	Eycleisaha Eriksen	O
LGBTQ	Khalif Kelly	+	Open Seat (1)	Liz Winchell	O
Mental Health Prevention and Early Intervention	Katie Blevitt	+	Open Seat (2)	Victor Esquivel	O
Peer Support Specialist in TAY Program	OPEN	O			

Adult Council Attendance				
+=Member in Attendance O=Absent		E=Excused		
Constituency	Member	Status	Alternates	STATUS
(Alcohol & Drug Services) Vista Hill	Rowe, Angela	+		
(Behavioral Health Advisory Board)	San Juan, Joel	O		
(TAY) Pathways LLC.	Baraceros Mary	+	Emory, Christopher	
(Co-occurring Disorder/CADRE) McAlister Institute for Treatment & Education	Varond, Marisa	O	Jackson, Shannon	+
(Employment Services) San Diego Workforce Partnership	Ta, Kim	+		
(Employment Services) MHS Inc.- Employment Solutions	Del Real Ochoa, Vianey	O	Downing, Amanda	O
Community College District	Easton, Leslie	+	Kamp, Julia	O
(Community College District) San Diego Mesa College	Woodruff, Monica	O		
Cultural Competence Resource Team	Glezer, Natanya	+	Riley, Claire	+
Health Plan	Lang, Kathleen	O	Fritz, Kimberly	O
HHSA - Central Region	Reinhardt, Jayne	O		
(Homeless Services Provider) Catholic Charities	Fallon, Antoinette	+		
(Hospital Partners)	Sumek, Caryn	O		
(Advocacy) NAMI San Diego	Fischer, Anita	O	Hebert, Valerie	O
(Advocacy) Jewish Family Services	Hall, Melissa	+		
(Advocacy) Mental Health America	Watson, Daphyne	O	Patterson, Judy	O
(Mental Health Contractor's Association) CRF Behavioral Healthcare	Rogers, Diego	O		
(Mental Health Coalition) Exodus Recovery	Stark, Tamara	O		
Persons Served 1	Williams, Kyle	O	Fischer, Laurel	O
Persons Served 2	Tompson, Stacy	O	Jayna Lee	O
Persons Served 3	Waters, Scott	O	Caro, Karla	O
Prevention and Early Intervention Constituency	Imam, Syed	O	Hempstead, Karen	O
(Primary Health Care/Clinical Director's Office) Behavioral Health Services	Ramos, Nilanie	+		
(Regional Center for the Developmentally Disabled) San Diego Regional Center	Webb, Peggie	O	David, Therese	O
Long Term Care	Jajou, Gwen	O	Baker, Carrie	O
UCSD Psychiatry	Kistler, Janelle	O		
(Advocacy) League of Women Voters	Kruidenier, Liz	O		
(Fee For Service) San Diego Psychological Association	Miller, Don	O	Tess, Steve	O
(Housing Council) Wakeland Housing & Development Corporation	Najarian, Jeffrey	+		
(Advocacy) Consumer Center For Health Education & Advocacy	O'Brien, Mary Jo	O		
(Veterans Services) Office of Military & Veterans Affairs	Quintong, Wil	O	Relieve, Adonis	O
(Underserved Communities) Deaf Community Services	Devine, Alisha	O	Patel, Trisha	O

April 10, 2023

Combined Council Bi Annual Meeting | Total Attendees: 176

Aisha Pope	Donovan Ackley	Kelly Motadel	Piedad Garcia
Alexis Anderson	Edith Mohler	Khalif Kelly	Pradeep Gidwani
Allison Metcalf	Eileen Quinn-O'Malley	Kim Ta	Rafael Ortiz-Gomez
Amanda Lance-Sexton	Eliza King	Kimberly Pauly	Rebecca Raymond
Anapaola Corona Paez	Eliza Reis	Krystle Murguia	Robert Cook
Andrea Duron	Elizabeth Dauz	LaTysa Flowers	Roberto Suarez
Angel Vargas	Emily Felenczak	Laura Tancredi-Baese	Rosa Ana Lozada
Angela Rowe	Erick Mora	Laura Vleugels	Russell Gagui
Antoinette Fallon	Ericka Vargas	Lesley Johnson	Sade Carswell
Ashley Rambeau	Erika Hernandez	Leslie Easton	Sarah Baldwin
Augusto Eduvala	Evan Hodges	Liki Porotesano	SHADI HADDAD
Babbi Winegarden	Evelyn Parada	Lorena Locano	Shannon Jackson
Barbara Ryan	Faeth Jackson	Lupe Oyola	Shea Prophet
Berenis Gonzalez	Francisco Medrano	Marcela Guerra-Cordova	Shewa Legesse
Bernie Miles	Gabriela Navarro	Marcelo Podesta	Shiva Jaimes
Beth Brown	Gillian Leal	Margaret Anello	Sonia Lira
Betsy Knight	Glenda Ivey	Margarita Hernandez	Stacey Musso
Bobbi Smylie	Golby Rahimi Saylor	Maria Morgan	Sten Walker
Bri Renstrom	Grisel Ortega-Vaca	Marissa Wolf	Stephanie Escobar
Bria Adams	Heather A Nemour	Martin Arias	Stephanie Gioia-Beckman
Bridget Lambert	Helena Ulloa	Martin Dare	Steven Wells
Caitlin Radigan (Simone Hidds-Monroe)	Hope Graven	Mary Ellen Baraceres	Steven Wong
Calvin Wilkerson	Isaac Suarez	Mayra Gonzalez-Munoz	Susana Antonio
Carl Antonio	James Diego Rogers	Megan Hoff	Tabatha Wilburn
Carlos Gonzalez	James Trout	Melanie Briones	Tais Millsap
Carmen Pat	Jamie Martinez	Melanie Morones	Tamara Imperial
Celeste Hunter	Jamie Pellegrino	Melissa Hall	Tanya Zepeda
Celica Garcia-Plascencia	Jane Kim	Melissa Lindo	Taylor Valdivia
Cesar Carrasco	Janette Lucas	Melissa Penaflor	Terri Kang
Chong Ly (chong ly)	Janette Magsanoc	Michael Miller	Tim Nou
Christine A Davies	Jean McDonald	Michele Bennett	Tito Escalante
Christine Maggio	Jeffrey Najarian	Michelle Hogan	Valerie Ramirez
Christine Tham	Jennifer Busico	Mina Arthman	Vanessa Arteaga
Christopher Emory	Joshua Zhang	Maria Morgan	Velia Gitari
Claire Riley	Judi Holder	Marissa Wolf	Veronica Simmons
Connie German-Marquez	Julie McPherson	Martin Arias	Victor Esquivel
Courtney Boatman	Kacie Rodvill	Natalie Elms	Wences Savaiki
Danielle Fettes	Kameka Smith	Natalie Ortiz	Wendy Maramba
Danyte Mockus-Valenzuela	Karen Castillo	Natanya Glezer	William Limberg
Darwin Espejo	Karla Bryan	Nicole Zink	Yael Koenig
Delia Machado	Katherin Torres	Nilanie Ramos	Yuka Sakamoto
Denise Alvarez	Katherine Romine	Omar Masood	Yvette Leiva
Dina Ali	Katie Blevitt	Patrick Samayoa	Zachary Guzik
Donna Moore	Kelly Bordman	Phuong Tran	

**Children, Youth and Families (CYF) Council Update
Fiscal Year 2022-23 Highlights**

- Continued to plan Council meetings, manage infrastructure to promote valuable information exchange, deliberation, and actions, including support to the Council-committees
- Shared relevant information including Board of Supervisors Letters and BHS Director's monthly reports
- Maintained the [CYF Council website](#) updated
- Considered current landscape and systems priorities, identified opportunities for synergy to advance system of care:
 - The Hot Topic for the [July 11, 2022](#), meeting was Conversation with the BHS Director. BHS priorities as they relate to children, youth, and families were discussed. The meeting was attended by 112 individuals
 - The Fiscal Year 2022-23 Strategic Planning meeting was completed on [August 8, 2022](#). A summary document with areas of focus and recommendations made by over 90 participants, was delivered to the BHS Director on August 29, 2022. Additionally, a new revision of the Council bylaws was presented for a vote and approved to include "Homeless Solutions and Equitable Communities" representation
 - The [September 12, 2022](#), meeting Hot Topic was Continuum of Care -Youth Strategies. BHS Director, Luke Bergmann was the guest speaker. This meeting was attended by 93 individuals
 - An additional Public Sector seat, Medical Care Services (MCS) was presented for a vote and approved on September 12, 2022
 - ["The Importance of Touch"](#) document, developed by Meg Olinger, Ashley Rambeau, and the CYF Council Early Childhood Committee, which was presented at the September 12, 2022, meeting
 - [October 10, 2022](#), Combined Councils meeting Hot Topic was Fentanyl Awareness. The meeting was attended by 146 individuals
 - [November 14, 2022](#), meeting Hot Topic was Student Behavioral Health Incentive Program (SBHIP) presented by NAMI San Diego staff and Managed Health Care Plans representatives. This meeting was attended by 128 individuals.
 - [February 13, 2023](#), meeting Hot Topic was dedicated to Sectors and Committees updates. The meeting was attended by 124 individuals
 - The Sectors and Committees updates continued at the [March 13, 2023](#), meeting. The meeting was attended by 105 individuals
 - The April 10, 2023, Combined Councils [CYF, Transitional Youth Age (TAY), and Adult] Hot Topic meeting focused on "Connecting to Services Throughout the Lifespan." The meeting was attended by 176 individuals
 - The [May 8, 2023](#), Hot Topic was Conversation with the BHS Director, focused on BHS priorities as they relate to children, youth, and families. The meeting was attended by 120 individuals
- Addressed shifting needs with the pandemic:
 - [The December 12, 2022](#), Hot Topic was Post-COVID-19 Considerations for Children, Youth and Families, presented by the Early Childhood Mental Health. The meeting was attended by 123 individuals
- Addressed Equity and Racial Justice:
 - Acknowledged celebrations, shared information on relevant trainings, and Board Letters
 - Added a "Culture Share" component to the Council effective February 13, 2023
- Increased participation in the annual Children/Youth Mental Health Well Being Celebration:
 - On May 13, 2023, BHS through the NAMI San Diego Community Advocacy Program hosted the 9th Annual Children and Youth Mental Health Well-Being Celebration. The event was held at Grossmont Center. Over 14 organizations participated in the event and celebrated with over 200 community members. There were engaging activities at each resource table, bubble dance parties, drum circles, and opportunity drawings. A youth also provided an inspirational speech, and a youth musician provided a musical performance
- Promoted youth engagement and participation:
 - Began showcasing artwork from the [Directing Change](#) website at the July 11, 2022, meeting
 - Secured two scholarships for youth to attend the 2023 Critical Issues in Child and Adolescent Mental Health (CICAMH) conference
- Promoted awareness and collaboration with [Live Well San Diego Youth Sector](#)
- Supported the CalAIM implementation by:
 - Providing timely information on local community sessions and resources: <https://www.dhcs.ca.gov/CalAIM/Pages/calaim.aspx>
 - Inclusion in discussion during the Conversation with the Director's meeting on July 11, 2022

Behavioral Health Services (BHS) Combined Councils Meeting October 16, 2023



- Supported the County Substance Use Harm Reduction Strategy through:
 - The October 10, 2022, Combined Councils meeting agenda included and Overview of Harm Reduction and Overdose Education
- Coordinated the delivery of the annual [CYF Council Orientation on June 12, 2023](#). This event was attended by a total of 91 participants
- Supported the advancement of the CYF System of Care through trainings:
 - The We Can't Wait Early Childhood Conference (September 15-16, 2022)
 - The Birth of Brilliance conference (February 23, 2023)
 - CICAMH conference (April 21, 2023)
- Continued with the Training Academy efforts after the Training contract sunset on March 31, 2023
- Redesigned the children and youth [Services Directory](#) that obtained community praise for utility and usability

Fiscal Year 2023-24 Areas of Focus

- Continue to plan Council meetings, manage infrastructure that promotes valuable information exchange, deliberation and actions that extends to supporting the Council committees
 - Completed Strategic Planning meeting on [July 10, 2023](#) and disseminated information to BHS Executive Team for awareness and ongoing planning considerations
 - Host the October 16, 2023 Combined Councils meeting – expanding to include all BHS Councils
 - CYF
 - TAY
 - Adult
 - Housing
 - Older
 - Peer
 - Maintain CYF Council website updated
 - Ensure that the meeting format meets the Council needs

Meeting Information	Council Leads
MEETING DATE: Second Monday of the month LOCATION: Via Zoom TIME: 9 to 10:30 a.m.	Co-Chairs: Stephanie Escobar: stephanie.escobar@sdcounty.ca.gov Celica Garcia-Plascencia celica.garcia@turnbhs.org BHS Lead: Yael Koenig: yael.koenig@sdcounty.ca.gov

TAY Council Update

Fiscal Year 2022-23 Focus Highlights

Highlighted program presentations to the Council:

- The Lodge
- Strengths Based Case Management
- Strategic Planning meeting for FY23-24
- Fentanyl, Opioids, and Naloxone
- Program that Serve the Youth

TAY Council conducted the April 2023 Combined Council Meeting. TAY Council collaborated with the Adult Council and Children Youth and Family Councils to organize, coordinate as well as lead the meeting.

Three Primary Areas of Focus:

- **TAY Resource Guide**
Providing information and resources specific to TAY needs. Workgroup has completed the input on this. Now aligning with prior guide format. The council has completed the project.
- **Health Wellness & Healing**
Health Wellness & Healing is working on a Roadmap that can be used as a resource that TAY can refer to. The group has created a survey and is being evaluating by BHS director. The roadmap will be an easy-to-share resource that will connect TAY to the Resource Guide and other resources around the county. Next, we're hoping to build an evidence-based survey to understand the health needs from the TAY population directly.
- **Education/Employment Services**
The Education and Employment subcommittee has developed questions to obtain data needs of TAY youth related to Education and Employment, and these questions have been added to the survey designed by the Health and Wellness subcommittee. We have also been engaging in resource mapping to explore what resources are available for TAY focusing on Educational and Employment. The group is collecting resources to include information on all programs and resources to include the names, locations, program focus/design, services offered, eligibility criteria, and other relevant information about the program. The resource mapping will hopefully add to efforts to centralize resources for TAY therefore reducing the time and effort TAY expend to find resources to assist with various needs. The subcommittee is also consulting existing data, research, and other authoritative sources of information to learn about the depth and breadth of TAY needs for educational and employment support.

Fiscal Year 2023-24 Areas of Focus

- Change of leadership to move forward with the council.
- Recruit members for vacant seats.
- Re-vamp the agenda presentation with pictures and introduction of seats members.
- Further developing the Health Wellness & Healing survey to be distribute to public.
- Creating a third focus group.
- Development of Executive team.
- Focusing on development of Sector output during the monthly meetings.

Meeting Information

MEETING DATE: Fourth Wednesday of the month
LOCATION: Via TEAMS
TIME: 3:00 PM to 4:00 PM

Council Leads

Co-Chairs: Anne Lacy & Victor Esquivel

BHS Lead(s): Michael Miller & Claire Riley

Adult Council FY 2022-2023 Update
Fiscal Year 2022-23 Highlights

FY 2022/23 Goals

1. Goal 1: Address access to health care disparity
 1. Action items:
 1. Request UCSD presentation on EQRO findings and recommendations specific to access to care and Latino population - **completed**
 2. Request presentation on PIP and compare with general access to care issues systemwide **completed**
 3. Request Health Equity Index/Community Experience Partnership Update (Liz Miles/UCSD) – September – **pending – October/November**
2. Goal 2: Better understand and make recommendations regarding recent increases in overdose deaths
 1. Action items:
 1. Dr. Kattan presentation related to strategies to mitigate overdose deaths - **completed**
 2. Discuss strategies such as Narcan vending machines, Access to testing strips in housing developments. - **completed**
3. Peer Council - Goal will be the inclusion of Peer Council member(s) at the Adult Council for report outs and vice versa. - **completed**

Fiscal Year 2023-24 Areas of Focus

FY 2023/24 Goals (Co-chairs)

- Health Equity Index/Community Experience Partnership Update (Liz Miles/UCSD) – October **Currently Under Discussion – focus areas**
- Optimal Care Pathways (OCP)
- Continuum of Care (COC) - Outcomes
- Healthy San Diego (Kim Fritz)
- PIT/RTFH

Meeting Information

MEETING DATE: Second Monday of the month
 LOCATION: Via Zoom
 TIME: 9 to 10:30 a.m.

Council Leads

Co-Chairs: Marisa Varond and Jeffrey Najarian
 BHS Leads: Piedad Garcia and Maria Morgan

Older Adult Council	
Fiscal Year 2022-23 Focus Highlights	
<p>The Older Adult Council runs on a calendar year (January-December).</p> <p>During 2022, the focus was on employment and volunteer opportunities for older adults. The OAC focused on presenters from County and community programs who shared resources, statistics and needs of County older adults, especially aging in place options. Other related issues included rent subsidies and increased hiring, training, and retention of Aging and Independence Services (AIS) workers to provide in-home supportive services to assist seniors age in place. The OAC deepened and expanded these conversations in 2023 with a new Executive Committee.</p> <p>In 2023, the council has been focusing on recommendations to present to BHS in the areas of homelessness and dementia. The OAC created two work groups engaged in finding gaps and potential recommendations for each topic. The dementia group voiced how there is an intersection between dementia and homelessness with a gap in services. Members of both work groups reported not being able to find housing resources for older adults with dementia who do not have a home to return to after hospitalization or for older adults who are homeless who now have dementia. This intersection of services for older adults who are experiencing or at risk for both homelessness and dementia is the focus of this year's OAC annual retreat on September 27, 2023.</p> <p>Our monthly presenters have brought rich conversations about what services exist as well as what gaps still need to be addressed to streamline better services for the older adult homeless or at risk of homelessness.</p>	

Fiscal Year 2023-24 Areas of Focus
<p>The OAC has begun to discuss what the areas of focus will be discussed in 2024. At present, it seems the increase of homelessness among older adults in the County of San Diego will continue to be a priority.</p>

Meeting Information	Council Leads
<p>MEETING DATE: Fourth Wednesday of the month LOCATION: Via Zoom, TIME: 10 a.m. to 12:00 noon OAC Annual Retreat in September - in-person.</p>	<p>Chair: Velia Gitari, MA Chair-Elect: Donovan Ackley III, Ph.D.</p> <p>BHS Leads: Dr. Piedad Garcia and Connie German-Marquez, LMFT</p>

Housing Council Update

Fiscal Year 2022-23 Focus Highlights

Implementation Plan FY 22/23

The FY 2022-23 implementation Plan was organized according to the BHS Housing Strategic Plan Goals and Focus Areas:

- Housing Vouchers for Families involved in Child Welfare
- Created an ideal concept for a Tiny Home Village to serve the unhoused with wrap around services
- Reviewed best practices for issuing housing vouchers to SUD households
- Preservation of existing affordable housing and SROs
- Received presentation on shared housing efforts (ILA/RRA/RTFH) at FY 2022-23 Housing Council meeting
- Developed recommendations to simplify and enhance the data sharing systems
- Increased all clinical and peer support; Develop a strategy to support additional funding for increased staffing of Peer Support Specialists in Housing and Employment
- Developed a housing application assistance program and submitted to BHS for implementation consideration.
- Promoted development of immediate non-congregate shelter options for persons experiencing homelessness
- Worked with partners to allow for temporary housing and then move to permanent housing (without change in homeless status to qualify for future housing.
- Reduced barriers for people who are working to secure identification/replacement identification

Presentations on the following topics:

July- no speaker
 August- 988 Suicide & Crisis Lifeline
 September- Point-In-Time Count
 October- Harm Reduction
 November- HomeKey
 December- Recovery Residence Association
 January- no speaker
 February- Safe Parking Program
 March- Housing Retention
 April- Housing Blueprint
 May- no speaker
 June- Harm Reduction

Focus on People with Lived Experience (PLE)

Encouraged the role of PLE in affordable/supportive housing developments, operations, and services. Also encouraged service providers, developers, and property managers to identify candidates for paid positions within their organization who may not have formal qualifications but have lived experience who could contribute to the organization.

Focus on Harm Reduction and Housing Retention

Provided the following handout: Principles of Harm Reduction by the National Harm Reduction Coalition. CSH staff provided trainings on the subject. Training dates/times were provided to the Council and they were highly encouraged to attend. Presentations on Harm Reduction were given to the Council on October 6, 2022 and June 1, 2023. Presentation on Housing Retention was provided on March 2, 2023.

Focus on Housing and Racial Inequity

The following were provided to the Council: Racial Equity Resource Library, Publication on the “Roots of Structural Racism”, updated for the 2020 Census, Discussion by the Urban Institute on the need to review housing programs and policies with a race/equity lens, and The Othering and Belonging Institute at UC Berkeley advances groundbreaking approaches to transforming structural marginalization and inequality.

Fiscal Year 2023-24 Areas of Focus

Implementation Plan FY 23/24

The FY 2023-24 implementation Plan is organized according to the BHS Housing Strategic Plan Goals and Focus Areas. Actions were prioritized for this fiscal year at the Housing Council planning retreat in May, 2023. Four Focus Areas were identified as priorities in this 2023-24 fiscal year:

#1/#2 Diversity of Housing Options and Prioritize Populations:

- Recapitalize MHSA Housing Program or similar funding programs for capital for throughout San Diego County.
- Development of more Permanent Supportive Housing for persons experiencing homelessness with special needs (disabled, older adults, youth, families)
- Production of more tiny homes/villages (as defined by the housing council in the BHS Strategic Housing Plan. Increase in supply of
- Recovery Residence homes for families involved in child welfare services

#3 Effective Collaboration:

- Enhanced training for onsite housing staff in permanent supportive housing

#4 Recovery and Retention Supports:

- Continue to provide Supportive Case Management for BHS residents in permanent supportive housing
- Supporting newly housed MHSA eligible residents with skills development to successfully retain housing over the long term.

Meeting Information

MEETING DATE: First Thursday of the month (Bimonthly)
LOCATION: Via Zoom
TIME: 11 to 12:00 p.m.

Council Leads

Co-Chair: Lisa Huff


BHS Lead: Dominique Holton


[illegible]



- This year, we would like to focus on housing issues.
- Engagement with other councils will also be a priority.
- Engagement with policymakers and the county will also be a priority.
- In-person/virtual hybrid meetings will be held.
- Engagement and collaboration with BHAB.
- Engagement with youth voices.

Meeting Information	Council Leads
MEETING DATE: Second Monday of the month LOCATION: Via Zoom TIME: 9 to 10:30 a.m.	Co-Chairs BHS Lead(s): Phonng Quach, Wassam Auef, Jennie Reza, Elizabeth

Link


Behavioral Health Services


[I WANT TO FIND](#)
[ADULT SERVICES](#)
[CHILDREN'S SERVICES](#)
[PROVIDERS](#)

Community Assistance, Recovery and Empowerment (CARE) Act Program

Overview

The Community Assistance, Recovery and Empowerment (CARE) Act program will create a new pathway to deliver mental health and substance use services to individuals who are diagnosed with schizophrenia or other psychotic disorders and are not engaged in treatment.

Through a new state law, the CARE Act creates a process for families, clinicians, first responders, and others to file a petition with the civil court to connect individuals (ages 18+) to court-ordered voluntary treatment if they meet criteria and would benefit from the program.

Process

San Diego County is a pilot county and will launch the CARE Act program on October 1, 2023, in collaboration with the Superior Court, the Public Defender, legal advocacy, contracted service providers, and community partners. See below for more details on the process:






(1) Referral: A referral can be initiated by family members, behavioral health providers, first responders, or other approved petitioners, by [filing a petition with the Superior Court](#).

(2) Initial Determination: The Superior Court makes an initial determination as to whether the petition appears to meet criteria for the CARE Act program. If the petition appears to meet initial criteria, the Superior Court will order County Behavioral Health Services (BHS) to conduct an investigation.

(3) Investigation and Engagement: County BHS will conduct an investigation and report back within 14 days with a recommendation regarding the establishment of a CARE Act case. During the investigative process, BHS will conduct outreach and attempt to engage petitioned individuals with treatment and may avoid the need for a CARE Act case.

(4) Establishing a CARE Plan: If the Superior Court determines that a case should be established, a CARE Plan will be developed with County BHS, in partnership with the petitioned individual and their counsel. The CARE Plan will be submitted to the Superior Court for review.

(5) Connection to Services: Once a CARE Plan is accepted by the Superior Court, BHS and its network of community-based providers will actively engage the individual for whom a CARE Plan is being established to connect to services, including behavioral health treatment, stabilization medication, a housing plan, and other supports as needed.

 **Referral**
 **Initial Determination**
 **Investigation & Engagement**
 **CARE Plan**
 **Connection to Services**

Program participation is 12 months but may be extended depending upon individual circumstances. Visit the [Superior Court of California County of San Diego CARE Act](#) webpage for complete details including eligibility, how to file a petition, helpful links and forms, and frequently asked questions.

Although not everyone will meet criteria for the CARE Act program, County BHS offers an array of treatment services and supports, which do not require a CARE Act process to access. If you or a loved one are seeking behavioral health services or referrals, call the County's [Access and Crisis Line \(ACL\)](#) at 1-888-724-7240 – or 9-8-8 – speak to a licensed clinician that can help connect you with services. Language interpreter services enable the ACL to assist in over 200 languages within seconds. For other questions, please contact: BHSContactUs.HHS&A@csdcounty.ca.gov.

[CARE Act Program Fact Sheet \(printable\)](#)

Frequently Asked Questions

[Expand All](#) | [Collapse All](#)

- What is the CARE Act?
- What is the CARE Act Process?
- Who is eligible for the CARE Act program?
- What if my loved one doesn't qualify for the CARE Act program?
- How do I start the process? Who can file a petition?
- How long does someone participate in the CARE Act program?
- Is there any cost to individuals enrolled in the CARE Act program?
- Is this a program meant for people experiencing homelessness?
- Does the CARE Act program include housing?
- How does CARE Act compare to LP & Conservatorship?
- How much will the County spend on CARE Act this year?
- How much state funding has County Behavioral Health Services received to implement CARE Act?
- What if my loved one doesn't complete or drops out of the CARE Act program?

CARE Act Program

Community Assistance, Recovery & Empowerment



What is the CARE Act program?

The Community Assistance, Recovery and Empowerment (CARE) Act program will create a new pathway to deliver mental health and substance use services to individuals who are not engaged in treatment and are diagnosed with schizophrenia or other psychotic disorders.

How does it work?

CARE Act creates a process for families, clinicians, first responders, and others to file a petition with the civil court to connect individuals (ages 18+) to court-ordered voluntary treatment if they meet criteria and would benefit from the program.

There are five basic steps to establishing a CARE Plan:

1. A **referral** is initiated by filing a petition with the Superior Court.
2. The Superior Court makes an **initial determination** as to whether the petition appears to meet criteria for the CARE Act program.
3. The County of San Diego Behavioral Health Services (BHS) will **investigate** and report back within 14 days with a recommendation regarding the establishment of a CARE Act case. At the same time, BHS will reach out to the petitioned individual and work to **engage** them with treatment and may avoid the need for a CARE Act case.
4. If the Superior Court determines that a case should be established, a **CARE Plan will be developed** with County BHS, in partnership with the petitioned individual and their counsel. The CARE Plan will be submitted to the Superior Court for review.
5. Once a CARE Plan is accepted by the Superior Court, BHS and its network of community-based providers will actively engage the individual for whom a CARE Plan is being established to **connect to services**, including behavioral health treatment, stabilization medication, a housing plan, and other supports as needed.



Referral



Initial Determination



Investigation & Engagement



CARE Plan



Connection to Services

When will the CARE Act program begin?

San Diego County is a pilot county and will launch the CARE Act program on October 1, 2023, in collaboration with the Superior Court, the Public Defender, legal advocacy, contracted service providers, and community partners.

What other services are available?

Though the CARE Act program is not for everyone, County Behavioral Health Services offers an array of treatment services and supports, which do not require a court process. If you or a loved one are seeking behavioral health services or referrals, call the County's Access and Crisis Line at 1-888-724-7240 – or 9-8-8 – to speak to a licensed clinician that can help connect you with services.

Visit the BHS CARE Act program website to learn more

2023-08-31



Behavioral Health Services (BHS) Combined Councils Bi-Annual Meeting

October 16, 2023

BHS Housing and Homeless

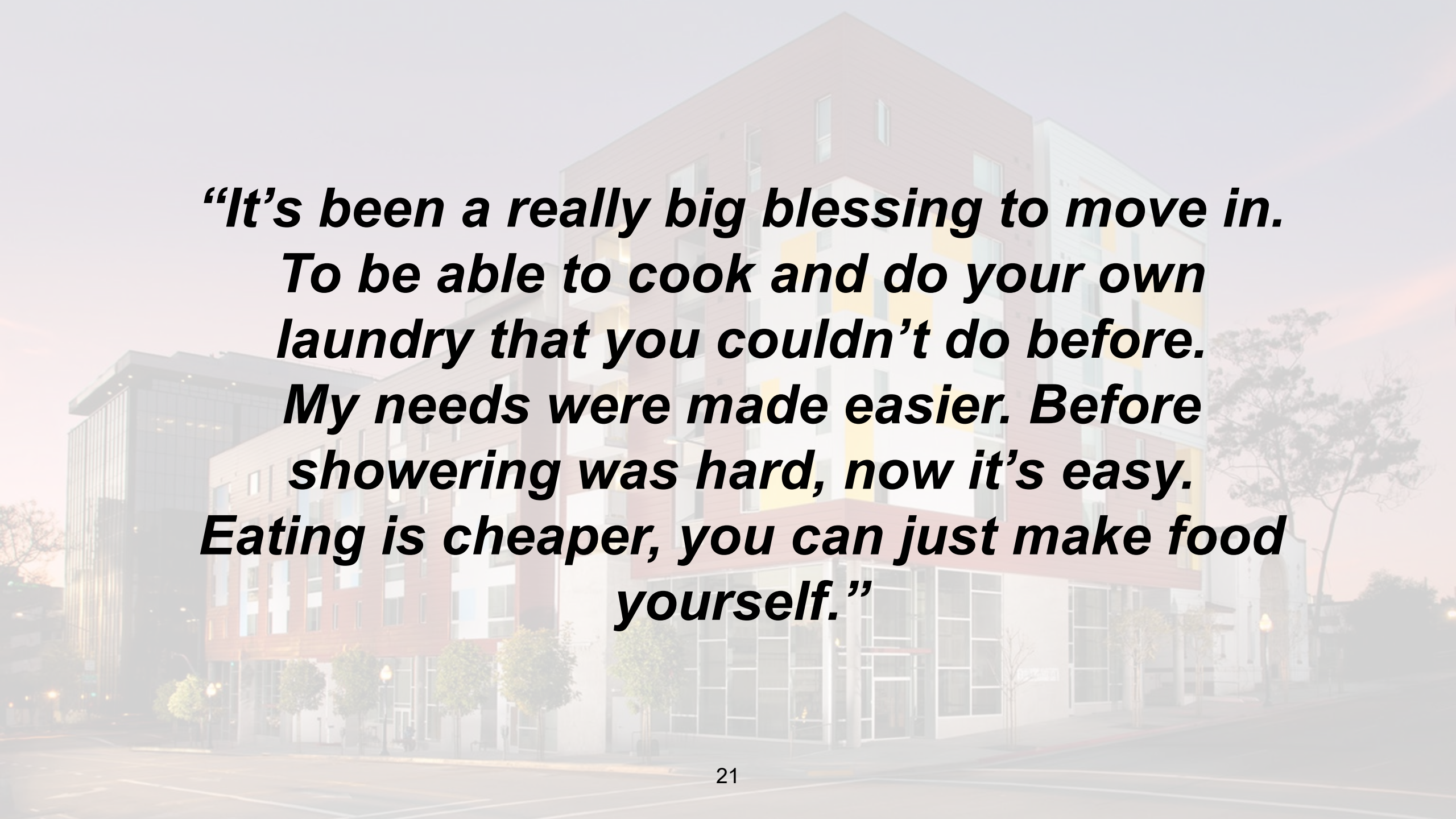
Piedad Garcia Ed.D, LCSW
Brenda Sarabia, DSW, LCSW

Yael Koenig

Simonne Ruff, Director, Corporation for Supportive Housing (CSH)



Housing is Healthcare



***“It’s been a really big blessing to move in.
To be able to cook and do your own
laundry that you couldn’t do before.
My needs were made easier. Before
showering was hard, now it’s easy.
Eating is cheaper, you can just make food
yourself.”***

BHS Housing Initiative



Historical Context

➤ Past 20 years

- Development of the BHS Strategic Housing Plan
- Corporation for Supportive Housing (CSH)- Housing technical consultant for Behavioral Health Services (BHS)
- Integration of housing supports for persons experiencing homelessness in Assertive Community Treatment (ACT) Programs
- Mental Health Services Act (MHSA) permanent supportive housing
- Project and sponsored based subsidies
- Uptown Safe Haven – for mental health clients

➤ Past 10 years

- Project One for All (POFA)- 1,250 subsidies between SDHC and HCDS utilized
- Special Needs Housing Program (SNHP) permanent supportive housing
- No Place Like Home (NPLH) permanent supportive housing
- Independent Living Association and Recovery Residence Association
- Moving On
- Employment Outcomes

Focus Groups

- Over 60 focus groups with over 700 BHS clients
- Information received is used to improve delivery of housing and services:
 - Need for more housing
 - Safety is very important. Clients who felt safe also described personal achievements and Stability
 - Role of Peers
 - Important to have consistent, caring property management

BHS Housing Initiative cont'd



Past 5 years

- Increase in Shelter Beds and Bridge Housing
- Behavioral Health Support Services (BHSS) in 2 permanent supportive housing developments
- No Place Like Home (NPLH) funds the development of permanent supportive housing for persons with mental health conditions services and who are experiencing homelessness, chronic homelessness, or at risk of chronic homelessness
- Community Heart Reduction Team (CHRT) Midway Shelter and Safe Haven
- Collaboration with Children, Youth and Families (CYF), including the Monarch initiative and No Place Like Home developments with units for families

Considering the Family Unit



Homeless Services



- **Outreach and Engagement**

- ✓ SDHOP - San Diego Homeless Outreach Program (SDHOP)
- ✓ County and Contracted HOWs
- ✓ CHRT – Community Harm Reduction
- ✓ SDNAMI - Homeless Clubhouse
 - ✓ Connection 2 Community (C2C)
- ✓ TPSS -Tenant Peer Support Specialists
- ✓ STBH – Short-Term Bridge Housing

- **Treatment Services**

- ✓ Outpatient mental health services – over 700 homeless clients receiving services

SD Psych Hospital Inpatient Admissions - Approximately 37% of individuals reported homelessness as their living situation at admission

Assertive Community Treatment (ACT) Services Integrated Housing Supports for Homeless Persons



- 19 Assertive Community Treatment (ACT) contracts that provide intensive community-based services for persons who are homeless or at risk of homelessness, have a serious mental illness (SMI), and may have a co-occurring substance use condition
- Contracted services are provided to TAY, Adult, Older Adult and Justice Involved population.
- Approximately 3,276 clients served in FY 22-23
 - TAY (386) and Adult and Older Adult (2809)
 - Justice Involved (394)

85% are housed in an array of housing, and 67% are in PSH

- Services include medication management, rehabilitation and recovery services, employment and education support, peer support, intensive case management, and connection to various supportive housing

MHSA Funding for ACT Programs

- MHSA funding for 19 contracts
 - ✓ Approximately \$62 Million
- Integrated Housing Funds in ACT contracts
 - ✓ Approximately \$16 Million

Assertive Community Treatment (ACT) Supportive Housing



Housing Continuum and Options

- Short-term bridge and transitional housing
- Permanent supportive housing, including apartments, studios, and shared housing
- Licensed board and care facilities
- Independent living homes
- Recovery residences
- Eighty-one percent of non-institutionalized enrolled clients are housed in an array of housing options during the treatment phase

Short Term (Shelter) and Bridge Housing Program for Homeless Persons



Shelters

- Rosecrans Shelter – 114 bed capacity with Behavioral Health Support Services (BHSS) on site
- Midway CHRT shelter – 44 dedicated capacity for CHRT clients only
- Youth Shelters – CBOs such as SDYS – Storefront

Bridge Housing

- Uptown Safe Haven – 19 beds for clients with a serious mental illness and enrolled in ACT programs
- CHRT Safe Haven – 22 beds for clients with substance use conditions
- Short Term Bridge Housing – 78 beds for women, men, and Transitional Age Youth (TAY) experiencing homelessness with a serious mental health illness
- SAFE House – 5 apartments housing families with a court-ordered family reunification plan

Short Term (Shelter)



Rosecrans Shelter- Behavioral Health Support Services (BHSS)

- From inception (9/12/22 through 5/31/23): 650 unduplicated individuals have utilized the Rosecrans Shelter. The Shelter capacity is 150 beds
- Partnership with SDHC
- BHSS includes:
 - Multi-disciplinary team of Nurse Practitioner, Clinician, Substance Use Counselor, and Peer Support Specialist
 - Screening for mental health/substance use/physical health issues
 - Linkage to treatment via warm handoff
 - Coordination with BHS provides as directed by the shelter guest
 - Bridge medication support until connected with outpatient treatment

C-HRT Housing Supports



Community Harm Reduction Team (CHRT)

- Family Health Centers of San Diego (FHCSD) - CHRT provides outreach and engagement to homeless persons who have chronic substance use and are resistant to services in the City of San Diego
- FHCSD as of July 1, 2023 has outreached approximately 2,000 homeless persons and engaged 330 persons in services. Contractor places CHRT clients at the two sites below and coordinate care with clients at these two sites
 - ✓ CHRT Midway Shelter - 44 bed capacity
 - ✓ CHRT Safe Haven - 22 bed capacity

Behavioral Health Support Services (BHSS) in Permanent Housing Developments



Kearny Vista (as of July 26, 2023)

- 161 individuals receiving services (including light case management, and clinical case management)
- 121 individuals enrolled in Light Case Management
- 32 individuals enrolled in Clinical Case Management

Valley Vista (as of July 26, 2023)

- 211 individuals receiving services (including light case management and clinical case management)
- 207 individuals enrolled in Light Case Management
- 4 individuals enrolled in Clinical Case Management

No Place Like Home (NPLH)



NPLH Background

In November 2018, voters approved Proposition 2, authorizing the sale of up to \$2 billion of revenue bonds and the use of a portion of Proposition 63 taxes for the MHSA, NPLH program for permanent supportive housing (PSH) developments to house homeless clients who are experiencing homelessness

Approximately \$115M was San Diego's allocation

- 4 active developments – 133 units leased
- 13 upcoming developments – 255 units
- 388 total NPLH units
 - Includes 14 two-bedroom units and 4 three-bedroom units

Board and Care (B&C), Augmented Services Program (ASP)



What are B & C with ASP ?

- B & C with ASP are board-and-care's that provide extra support to residents with a serious mental illness to improve daily functioning so they can remain in the community and out of institutions.
- The goal of the Augmented Services Program is to enhance and improve client functioning by augmenting funding for additional support services to maintain clients in the least restrictive setting
- BHS contracts with **8** B & C providers for **242** beds
- Optimum Care Pathways (OCP) model forecast is that BHS needs to develop 400 additional B & C beds within the next two to five years

Areas for further Development



- Continue to expand capacity within our current system while working to develop an array of housing capacity for persons with mental health and substance use conditions
- Expand access to housing array for Children, Youth and Families who are homeless
- Continue to develop B & C capacity for BH clients
- Develop and implement BHS Modernization housing for persons with substance use conditions, to include Recovery Residences and Permanent Supportive Housing
- Continue to inform resource and service expansions via homeless data and outcome collection

Questions



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Brenda Sarabia, DSW, LCSW

Programs and Services

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