

## PROGRAM MANAGER MEETING

Children, Youth and Families | Behavioral Health Services

May 13, 2021 | Zoom | 9:30 a.m. – 11:30 p.m.

### Meeting Summary

ITEM	SUMMARY/ ACTION ITEMS
<b>1. Welcome</b> – Amanda Lance-Sexton	The County is partnering with contracted service providers to host vaccination events to reduce the impacts of COVID-19 in the region. If you are interested, please <a href="#">submit a request</a> to the County's Emergency Operations Center (EOC).
<b>2. Pathways to Well-Being (PWB)/Continuum of Care Reform (CCR) (MH)</b> (handout) – Amanda (Mandy) Kaufman, Seth Williams	<u>Interagency Placement Committee (IPC) Updates</u> <ul style="list-style-type: none"> <li>Virtual Meetings: Juvenile Probation (Tuesdays 9am-12pm) and Child Welfare services (Wednesdays 10am – 12pm and Thursday 1pm – 4pm).</li> <li>Fiscal Year 19/20: 207 IPC screenings included a BHS direct service provider</li> <li>Fiscal Year 20/21: 259 screenings included BHS direct service provider</li> <li>BHS CCR liaisons invite BHS clinicians to relevant IPC Meetings</li> </ul> <u>Revised Progress Report to CWS form</u> <ul style="list-style-type: none"> <li>Located here: <a href="https://theacademy.sdsu.edu/programs/rihs/pathways/">https://theacademy.sdsu.edu/programs/rihs/pathways/</a></li> </ul> <u>Child and Family Team Roles and Responsibilities eLearning (available on PWB/CCR Webpage)</u> <ul style="list-style-type: none"> <li>The eLearning is accessible through the PWB/CCR Webpage by clicking in the left purple section "Pathways/Pathways Online Learning"</li> </ul>
<b>3. Legal Aid Society San Diego, Inc. (LASSD) (SOC)</b> (handout) – Jen Winberry	SSI Advocacy for Children and Families. Supplemental Security Income for children with qualifying disabilities. LASSD provides free services with SSI Application.
<b>4. Specialized Wraparound (MH)</b> (handout) – Talia Morrison, Fred Finch Youth & Family Services	Coordination of care with the family's extended team of supports & service providers for youth ages 5-25, typically having a diagnosis of Autism Spectrum Disorder, Intellectual Delay, Developmental Delay, or dual diagnosis, as well as individuals who have Cerebral Palsy and Seizure disorders.

<b>5. Functional Family Therapy (FFT) vs. Wraparound (MH)</b> (handout) - Dr. Laura Vleugels	Functional Family Therapy (FFT) is an evidenced-based practice shown to reduce recidivism for juvenile offenders. Handout includes more information.
<b>6. Juvenile Justice Psychological Evaluations: Request for Records / TERMS Records Release (SOC)</b> (handout) – Dr. Laura Vleugels	New process regarding the release of the County Client Roster Report to facilitate evaluations for the Juvenile Court. Refer to attached Contractor Information Notice.
<b>7. Announcements (SOC)</b>	<ul style="list-style-type: none"> <li>▪ Brochures for SDRC population (handout)             <ul style="list-style-type: none"> <li>• Center for Personal Growth                 <ul style="list-style-type: none"> <li>○ Skills System Substance Use Disorder Programs</li> <li>○ Skills System</li> <li>○ Rainbow Group</li> </ul> </li> </ul> </li> <li>▪ Children, Youth and Families System of Care Conference May 27, 2021 – Virtual Event  <a href="https://theacademy.sdsu.edu/programs/rihs/cyfsoc-conference2021/?mc_cid=8a97af1f3e&amp;mc_eid=1e375b82e9">https://theacademy.sdsu.edu/programs/rihs/cyfsoc-conference2021/?mc_cid=8a97af1f3e&amp;mc_eid=1e375b82e9</a> </li> <li>▪ ACES &amp; PCE Crosswalk (handout)</li> <li>▪ Year-end reports – due dates             <ul style="list-style-type: none"> <li>• Administrative Adjustment Requests (AAR) – May 31</li> <li>• FY 21/22 budgets - May 14</li> <li>• Cost Allocation Plan – submit with budget</li> <li>• Inventory Report – July 30</li> <li>• Signature Authorization – July 30</li> <li>• Subcontractor Agreements – August 2</li> <li>• Attestation – July 30</li> <li>• Monthly/Quarterly Status Report (MSR/QSR) - July 15</li> <li>• Comprehensive Continuous Integrated System of Care (CCISC) Report – July 15</li> </ul> </li> <li>▪ CYF Program Manager meeting schedule FY21-22 (handout)</li> </ul>
<b>Next Meeting: July 8, 2021</b> 9:30 a.m. – 11:30 a.m.	

# Pathways to Well-Being

## PROGRESS REPORT TO CHILD WELFARE SERVICES

Fax form to Health Education Passport Office Assistant at Secure Child Welfare Services (CWS) region fax number below:

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Central (619) 521-7325 | <input type="checkbox"/> North Central (858) 576-1032 | <input type="checkbox"/> Residential & EFC (619) 767-5221 |
| <input type="checkbox"/> East (619) 401-3792    | <input type="checkbox"/> North Coastal (760) 439-3008 | <input type="checkbox"/> Adoptions (858) 650-5832         |
| <input type="checkbox"/> South (619) 585-5174   | <input type="checkbox"/> North Inland (760) 740-3299  |   |

<b>Client Name (Last Name/First Name)</b> _____	<b>Client DOB (mm/dd/yyyy)</b> _____	<b>Protective Services Worker (PSW)</b> _____	<b>PSW Phone Number</b> _____
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Provider may call **1-858-514-6995** for current CWS PSW contact information

- ☐ **Initial** (within 30 days of determining eligibility) ☐ **Update** (upon significant change or revised client plan) ☐ **Discharge**

Choose one designation:

- ☐ Youth meets Enhanced Services (Subclass) criteria **OR** ☐ Youth is open to CWS (Class) but does not meet Enhanced Services (Subclass) criteria

Date of Pathways to Well-Being Eligibility Determination: \_\_\_\_\_

BHS Provider	CWS PSW
<p><b>Please provide the following items to CWS PSW:</b></p> <ul style="list-style-type: none"><li><input type="checkbox"/> Current Client Plan (may be utilized in court reports)</li><li><input type="checkbox"/> Most recent CFT Summary and Action plan (if CFT Meeting Facilitation Program was not utilized)</li><li><input type="checkbox"/> Current completed CANS tool</li><li><input type="checkbox"/> Current Client Assignment History from CCBH</li><li><input type="checkbox"/> Discharge Summary</li><li><input type="checkbox"/> Other: _____</li></ul> <p>Comments: _____</p>	<p><b>Please provide the following items to BHS Provider:</b></p> <ul style="list-style-type: none"><li><input type="checkbox"/> Consent for Examination and Treatment</li><li><input type="checkbox"/> Authorization to Use or Disclose Protected Health Information</li><li><input type="checkbox"/> Most recent CFT Summary and Action Plan</li><li><input type="checkbox"/> Child Welfare Services Case Plan</li><li><input type="checkbox"/> Detention Report</li><li><input type="checkbox"/> Jurisdiction/Disposition Report</li><li><input type="checkbox"/> Status Review Court Reports (every six months)</li><li><input type="checkbox"/> No Contact List (if applicable)</li><li><input type="checkbox"/> Current completed CANS tool</li><li><input type="checkbox"/> Other: _____</li></ul> <p>Comments: _____</p>

**Page 1 of this form is administrative and NOT included in court reports.**

Page 1

County of San Diego  
Health and Human Services Agency  
Child Welfare Services  
Behavioral Health Services

**Pathways to Well-Being**  
Progress Report to Child Welfare Services 05/07/2021

**Client:** \_\_\_\_\_

**Record Number:** \_\_\_\_\_

**Program:** \_\_\_\_\_

# Pathways to Well-Being

## PROGRESS REPORT TO CHILD WELFARE SERVICES

Client Name: \_\_\_\_\_

Client DOB: \_\_\_\_\_

Client Admission Date to BHS Program: \_\_\_\_\_

BHS Legal Entity: \_\_\_\_\_

BHS Program Name: \_\_\_\_\_

BHS Provider: \_\_\_\_\_

BHS Provider Phone: \_\_\_\_\_

BHS Provider Email: \_\_\_\_\_

BHS Secure Fax: \_\_\_\_\_

ICD-10 Code

DSM-V Diagnosis

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BHS Provider Signature: \_\_\_\_\_

Credential: \_\_\_\_\_

Date: \_\_\_\_\_

PSW may provide Page 2 of this form and the Client Plan to the Court.

Page 2

County of San Diego  
Health and Human Services Agency  
Child Welfare Services  
Behavioral Health Services  
Pathways to Well-Being  
Progress Report to Child Welfare Services 05/07/2021

Client: \_\_\_\_\_

Record Number: \_\_\_\_\_

Program: \_\_\_\_\_



# **SSI Advocacy for Children and Families**

**Presented by Legal Aid Society  
of San Diego, Inc.  
Children's SSI Advocacy Program  
May 13, 2021**



# What is Supplemental Security Income?

- ▶ Provides monthly cash payments to help meet the basic needs of children who have a physical or mental disability or who are blind
- ▶ Parents and caregivers use this money to put food on the table, pay rent, and pay for disability-related expenses

# Supplemental Security Income Team

## ▶ Adult SSI Team

- ▶ Helps adults with disabilities apply for SSI and SSDI benefits

## ▶ Children's SSI Team

- ▶ Helps parents/guardians/caregivers of children with disabilities apply for SSI benefits
- ▶ Have provided legal services to over 800 families
- ▶ Have secured benefits for over 325 families
- ▶ Our clients have received over \$900,000 in backpay
- ▶ Our clients receive over \$140,000 in monthly SSI benefits

# SSI Benefit Rates – California 2021

- ▶ 65 or older.....\$954.72
- ▶ Disabled adult.....\$954.72
- ▶ **Disabled, under 18.....\$859.15**

# Children's Eligibility Requirements

## ▶ Age 0-17

- ▶ From birth until applicant reaches age 18 (re-evaluated as an adult at age 18)

## ▶ Income

- ▶ Look at gross income of the parent(s) and number of non-disabled children in the home

## ▶ Resources

- ▶ Limit for one-parent household is \$2,000 (with certain exceptions)
- ▶ Limit for two-parent household is \$3,000 (with certain exceptions)

## ▶ Citizenship

- ▶ Child must be a US citizen, asylee, or refugee

## ▶ Residency

- ▶ Child and parent(s) must reside within San Diego County

## ▶ Medical Condition

- ▶ Currently being treated
- ▶ Limits the child's ability to perform his/her daily activities

# 2021 Deeming Eligibility Chart for Children in California

		All Income is Earned	All Income is Earned	All Income is Unearned	All Income is Unearned
	Number of ineligible children in household	One-parent household	Two-parent household	One-parent household	Two-parent household
	0	\$3,257	\$4,041	\$1,606	\$1,998
	1	\$3,649	\$4,433	\$1,998	\$2,390
	2	\$4,041	\$4,825	\$2,390	\$2,782
	3	\$4,433	\$5,217	\$2,782	\$3,174

# Examples of Qualifying Disabilities

- ▶ Autism Spectrum Disorder
- ▶ Attention-Deficit Hyperactivity Disorder
- ▶ Global Developmental Delay
- ▶ Intellectual Disorder
- ▶ Depression
- ▶ Anxiety Disorder
- ▶ Oppositional-Defiant Disorder
- ▶ Post-Traumatic Stress Disorder
- ▶ Schizophrenia

# Stages of SSI Application Process

- ▶ Initial Application (written)
- ▶ Reconsideration (written appeal)
- ▶ Hearing before Administrative Law Judge
- ▶ Appeals Council (written appeal)
- ▶ Federal District Court



# SSA's Three-step Sequential Evaluation

**Step 1-** Is the child working?

**Step 2-** Does the child have a severe impairment?

**Step 3-** Does the child meet, equal, or functionally equal a listing?

# Sequential Evaluation: Step 1

- ▶ **Is the child working?**
  - ▶ If yes, are the gross earnings more than \$1,310/month?
    - ▶ If yes, application denied
- ▶ If no, or exceptions apply, go to step 2

# Sequential Evaluation: Step 2

- ▶ **Does the child have a severe medically determinable impairment?**
  - ▶ An impairment(s) that causes more than a slight abnormality and which causes more than minimal functional limitations
- ▶ If yes, go to step 3
- ▶ If no, case denied

# Sequential Evaluation: Step 3

## ▶ Does the child's condition meet the Secretary's Listing of Medical Impairments?

- ▶ Medical criteria that indicate that the child would be considered disabled
- ▶ Listings organized by systems of the body
- ▶ Examine functional limitations

# How to Prove Childhood Disability

## ► Based on objective medical evidence

- Records from clinics, hospitals, and other medical facilities
- Records from speech therapists, occupational therapists, psychotherapists, and behavior interventions
- Medical source statements from doctors, therapists, psychiatrists, and/or psychologists
- San Diego Regional Center records such as the IPP and IFSP

# How to Prove Childhood Disability

- ▶ **Non-medical records used to prove functional limitations**
  - ▶ Education records – IEPs, teacher questionnaires, progress reports, disciplinary records, school evaluations
  - ▶ Early intervention and preschool program records
  - ▶ Statements from parents and other caregivers

# Why Legal Aid?

- ▶ Assistance and representation at any stage of SSI application and appeal process
- ▶ SSI recipients who are undergoing continuing disability review, or are up for age 18 redetermination
- ▶ All our services are FREE
- ▶ We do not take a percentage of any back pay awarded

# Access LASSD Services

- ▶ Children's SSI Team line: (844) 774-5463
- ▶ Jen Winberry – Children's SSI Staff Attorney:  
(619) 471-2753, or [jenniferw@lassd.org](mailto:jenniferw@lassd.org)



# Thank You!

**Legal Aid Society of San Diego**

**1764 San Diego Ave, Suite 100**

**San Diego, CA 92110**

**(877) 534-2524**

**[www.lassd.org](http://www.lassd.org)**



# Legal Aid Society San Diego, INC.

## Supplemental Security Income for Children with Disabilities

Legal Aid attorneys and advocates provide **free** services for children with qualifying disabilities who:

- **Are U.S. Citizens, asylees, or refugees;**
- **Reside in San Diego County;**
- **Are currently receiving care from a medical professional;**
- **Are not working or are earning less than \$1,310/month; and**
- **Meet certain income and resource requirements**

### We can help with all stages of the SSI Application Process:

- Initial Appeal • Reconsideration appeal
- Administrative law judge hearing • Appeals Council appeal
- Federal District Court appeal • Termination

### Examples of Qualifying Disabilities:

*ADHD*

*Autism Spectrum  
Disorder*

*Depression*

*Bipolar disorder*

*Anxiety*

*Oppositional defiant  
disorder*

*Mood dysregulation  
disorder*

*PTSD*

*Eating disorder*

*Intellectual disorder*

*Global developmental  
delay*

*Cerebral Palsy*

*Epilepsy*

**All our services are free. For more information, call: (844) 774-5463**



*Program funded by the County of San Diego*

## DEEMING ELIGIBILITY CHART FOR CHILDREN IN CALIFORNIA FOR 2021

Gross monthly income **below** the dollar amounts shown means a disabled child may be eligible for SSI benefits.

Amounts given are general guidelines only.

	All income is <b>earned</b>		All income is <b>unearned</b>	
Number of ineligible children in household	One parent in household	Two parents in household	One parent in household	Two parents in household
0	\$3,257	\$4,041	\$1,606	\$1,998
1	\$3,649	\$4,433	\$1,998	\$2,390
2	\$4,041	\$4,825	\$2,390	\$2,782
3	\$4,433	\$5,217	\$2,782	\$3,174

\*Examples of earned income include wages and net earnings from self-employment.

\*\*Examples of unearned income include unemployment compensation, state disability, pensions, Social Security retirement benefits, and interest income.

# Legal Aid Society San Diego, Inc.

## Seguridad de Ingreso Suplementario para Niños con Discapacidades

Los abogados y defensores de Legal Aid proveen servicios **GRATUITOS** para **niños** hasta la edad de 18 quienes:

- Cumplan con ciertos requisitos de ingreso y recursos,
- Y
- Hayan sido diagnosticados con ciertas discapacidades mentales o físicas, y
- Están recibiendo tratamiento de un medico profesional.

**AL PRESENTE ESTAMOS EVALUANDO A PERSONAS QUE CALIFIQUEN PARA LOS BENEFICIOS DE SSI Y TAMBIÉN ESTAMOS REALIZANDO ENTREVISTAS TELEFÓNICAS**

**Podemos ayudarle con todas las etapas del Proceso de Solicitud de SSI:**

- Solicitud Inicial • Apelación de Reconsideración
- Audiencia ante un Juez de Ley Administrativa • Apelaciones de la Solicitud del Consejo para Revisión • Revisión de Continua Discapacidad • Redeterminación

**Ejemplos de  
Discapacidades  
Aceptables:**

*ADHD*

*Trastornos del Espectro  
Autista*

*Depresión*

*Trastorno Bipolar*

*Ansiedad*

*Trastorno de  
Oposición Desafiante*

*Trastorno de  
Desregulación del  
Estado de Ánimo*

*PTSD*

*Trastorno de la  
Alimentación*

*Trastorno Intelectual*

*Retraso Global del  
Desarrollo*

**Todos nuestros servicios son gratuitos. Para mayor información, llame al:  
(844) 774-5463**



*Programa financiado por el Condado de San Diego*

## GRÁFICA DE ELEGIBILIDAD CONSIDERADA PARA NIÑOS EN CALIFORNIA POR EL 2021

El ingreso bruto mensual ***por debajo*** de las cantidades mostradas indica que un niño(a) discapacitado(a) quizás sea elegible para los beneficios de SSI.

Las cantidades dadas son sólo guías generales.

	Todo el ingreso es de <b>trabajo</b>		Todo el ingreso <b>no es de trabajo</b>	
Número de niños no elegibles en el hogar	Un padre en el hogar	Dos padres en el hogar	Un padre en el hogar	Dos padres en el hogar
0	\$3,257	\$4,041	\$1,606	\$1,998
1	\$3,649	\$4,433	\$1,998	\$2,390
2	\$4,041	\$4,825	\$2,390	\$2,782
3	\$4,433	\$5,217	\$2,782	\$3,174

# FredFinch

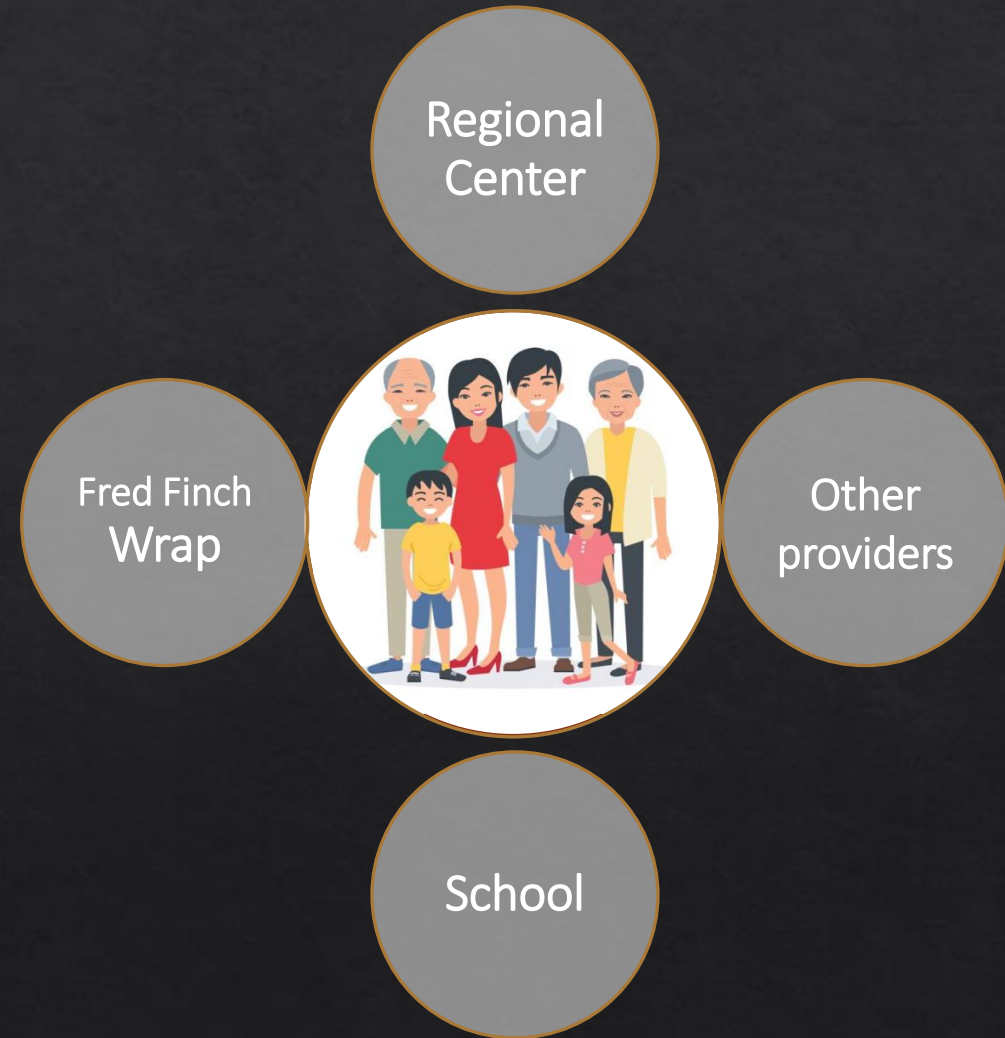


Youth & Family Services

Specialized Wraparound Program

# What is Specialized Wraparound?

A team-based approach to “wrap around” the youth & family and help them create stability & progress





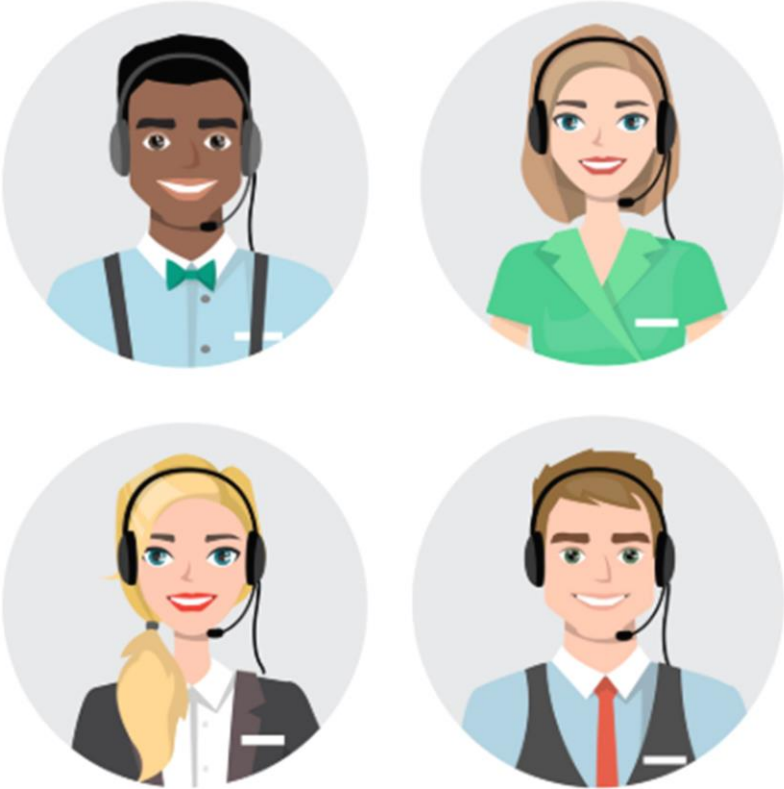
# What is Specialized Wraparound?

- Community-based
- Intensive
- Mental health & behavioral support services
- Treatment planning process to help families learn how to problem-solve





# What is Specialized Wraparound?



We offer coordination of care with the family's extended team of supports & service providers to help teach sustainable practices for improving individual & family quality of life!

# Who We Serve

- Our referrals come from the Regional Center
- Ages 5-25
- **Criteria:** The participant and family experience challenges with behaviors and/or mental health that impair their ability to be successful in the home, school, and community settings.
- The participant typically has a diagnosis of Autism Spectrum Disorder, Intellectual Delay, Developmental Delay, or dual diagnosis, as well as individuals who have Cerebral Palsy and Seizure disorders.

# Wraparound Overview: The 10 Principles

- |                          |                          |
|--------------------------|--------------------------|
| 1. Family Voice & Choice | 6. Culturally Responsive |
| 2. Team-Based            | 7. Individualized        |
| 3. Natural Supports      | 8. Strength-Based        |
| 4. Collaboration         | 9. Persistence           |
| 5. Community-Based       | 10. Outcome Based        |



# Wrap Team Roles

- Care Coordinator
- Behavior Counselor
- Family Partner
- Board Certified Behavior Analyst
- Psychiatrist
- Option for Psychotherapist
- Program Manager



# Other Important Members of the Team



Natural Supports



Formal Supports



# Types of Meetings

- **Intake Meetings**

- First 30 days of service, includes assessments and information gathering

- **Wraparound or “Wrap” Meetings**

- Invitation to include all members of team
- Wrap activities, plan co-creation, plan review/updates
- Safety planning, problem-solving
- Transition planning

- **Individual Meetings**

- Rapport building
- Behavioral or emotional support implementation

- **Behavioral Sessions**

- BCBA or Behavior Counselor come to assess for or implement behavioral interventions

# The 4 Phases of Wraparound



- **Engagement:** Our assessment process takes about 30 days. This is when we learn about the needs of the youth and family and begin to build relationships & trust.
- **Planning:** We use data from our assessments to create a Wrap plan with the youth and family.
- **Implementation:** Let's put the Wrap plan into action- practice new skills, develop new routines, and restructure the environment as needed.
- **Transition:** We compile all the effective strategies and resources previously implemented to further help the family effectively sustain all progress gained.

# What to Expect in the *Engagement* Phase

- **Frequent visits.** We will meet frequently in the beginning, while respecting the family's schedule & availability. This may look like weekly Wrap meetings in addition to individuals and/or behavior sessions.
- **Documentation.** We conduct several interviews to get to know the family. This helps the team determine the best services for the participant and family.
- **BCBA Visit & BIP Review.** We invite our Board-Certified Behavior Analyst (BCBA) to assess further and create a Behavior Intervention Plan (BIP) that includes the possible functions of the target behaviors. We review this plan with the family and identify areas of focus. The Wrap team will use this to co-create a *Wrap Plan* with the family in the Planning phase, that includes recommended interventions from the BIP along with strategies and ideas contributed by the family & team.
- **Safety Planning.** We create an initial safety plan that incorporates all providers. The plan is evaluated for effectiveness and updated regularly to keep it relevant to the family's needs.



# What to Expect in the *Planning* Phase

- **Some Fun Activities!** We walk families through activities like the Strengths Assessment, Eco Map, and Support Inventory that help influence and inspire our treatment.
- **Unmet Needs Discovery & Wrap Plan Creation.** The team also looks at family basic needs and emotional needs to offer an expansion of the *Wrap Plan* that targets overall stability in the home/community from a Trauma-Informed and Healing-Centered perspective.
- **Identifying of Strategies.** We want to help create a long list of ways to help the family meet those unmet needs or the functions of the behaviors. These strategies are added to the Wrap Plans!
- **Safety Planning.** Review and update safety plan. More strengths and supports are added to the plan based on information collected in the engagement phase and Wrap activities.

# What to Expect in the *Implementation* Phase

- **Activating the Plans & Supports.** In the Implementation phase, we empower the participant and family to pick strategies they want to try. Then we schedule with Wrap or family supports to help carry out these new ideas.
- **Reviewing & Updating the Plan.** The *Wrap Plan is our map* to creating progress! During Wrap meetings we assess effectiveness of strategies, the need for additional supports, and revise the plan as needed.
- **Creating New Habits & Rituals!** When a strategy proves to be successful in meeting a need, we help the family to create a new ritual or habit by scheduling this strategy as an ongoing routine.
- **Safety Planning.** This could be a review of a previous safety plan or we may need to draw up specific plans per new concerns. We remind families that sometimes, when trying new skills, behaviors may increase out of discomfort.

# What to Expect in the *Transition* Phase

- **Less Meetings, More Planning!** We introduce tools like the Titration Tool or the Transition Plan that promote planning for transition out of services. We help compile all the effective strategies, resources, and supports.
- **Ensuring Sustainability.** Our goal is for the family to succeed beyond Wrap! We try to keep strategies and resources local to their community and introduce natural supports that will ultimately take the place of Wrap staff.
- **Acknowledging the Journey!** While transition looks different for every family, we always take time to acknowledge efforts, celebrate progress, and recognize the relationships built!
- **Safety Planning.** One last look at the safety plan before we go! This time, we Wrap providers from the plan and focus on all the effective strategies, resources, and supports. We also remind the family about their crisis plan as a backup, so they feel confident facing future challenges.

# Creating Sustainable Change

## Supports



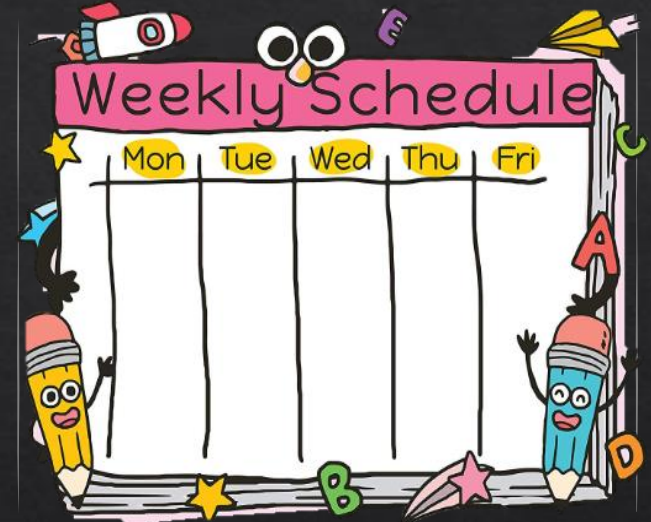
It takes a village! Families that utilize their network of supports & local resources learn that asking for help is more effective than going it alone!

## Practice



Families that try strategies on their own, outside of scheduled meetings are more likely to see long-lasting progress!

## Routine



Skill + Repeat = Ritual!  
Turning effective strategies into new traditions helps to sustain the progress gained!

# Outcomes to Strive Towards

Helping participant remain  
in the home or community  
setting

Expanding caregiver  
education, resources, and  
skills

Increasing participant's self-  
efficacy in self-care tasks and  
social skills

Improving ability & capacity  
to manage challenging  
behaviors and/or decreasing  
behaviors

Stabilizing safety and learning  
effective ways to address  
concerns

Linking families and  
participant to appropriate  
community resources



# Good to Know:

Our work with participants always involves the **presence and support of the caregiver**

We do not use or promote physical holds or restraints

We have some funding available for small strategies, but it is never guaranteed to families.



## Good to Know...

- Services are voluntary
- Our assessment period takes about 30 days but can take longer
- Wraparound does not provide recommendations for placement
- Wrap staff are always working themselves out of a job! (Transition planning starts at intake)

- Combination of telehealth and in-person services
- Strategy-specific face to face support opportunities
- Increased access, frequency/intensity
- Promotes family system as agent of change

Response to COVID-19

# Wrap Hybrid Model



## Talia Morrison, LMFT

Specialized Wraparound  
Program Manager

[taliamorison@fredfinch.org](mailto:taliamorison@fredfinch.org)

619-922-1985

## Rafael Guacin, MSW

San Diego Regional Center  
Program Manager, Unit 8

[Rafael.Guacin@sdrc.org](mailto:Rafael.Guacin@sdrc.org)

619-596-1018

# Referral Process

- SDRC **Service Coordinators** can submit referrals to their Program Manager, who will then submit to Rafael Gaucin.
- Got Questions? **Rafael Gaucin** is our program liaison and is available to help!
- All referrals are presented to Fred Finch Specialized Wraparound Program Manager, **Talia Morrison**, who reviews before accepting, screening, or declining.
- When a referral is accepted, a Fred Finch Specialized Wraparound **Care Coordinator** will reach out to the Service Coordinator to initiate collaboration.

# Helpful Tips When Explaining Wrap to Families

- Referring when behaviors begin!
- Helping to explain the intensity of Wraparound services
- Emphasizing the role of caregivers in behavioral work
- Empowering caregivers to engage in the Wrap process

Thank you for being a  
part of our team!

Talia Morrison, LMFT

Specialized Wraparound Program Manager

[taliamorrison@fredfinch.org](mailto:taliamorrison@fredfinch.org)

619-922-1985

Maria Luna, BCBA, LMFT

Senior Director

[marialuna@fredfinch.org](mailto:marialuna@fredfinch.org)

858-444-8823 x 1045



Specialized Wraparound




**Functional Family Therapy (FFT)** is a short-term approach designed to engage and motivate youths and families to change negative affect. It is an **evidenced-based practice shown to reduce recidivism** for juvenile offenders. FFT is a family-based intervention and assessment of family functioning that focuses on the ways in which behavioral problems function within family relationship systems. While it takes into account a youth's cognitive and developmental level and any psychological conditions they might have (ie depression, anxiety, thought disorders), services do NOT include a diagnostic assessment of an individual youth. Youth with behavioral health diagnoses of Oppositional Defiant Disorder and Conduct Disorder may be appropriate.


**Behavioral Health Services (BHS)** through the county contracts with numerous agencies to provide a diagnostic clinical assessment and treatment services focused on behavioral health symptoms that may be causing an individual youth's functional impairment. Treatment services may include, but are not limited to, family therapy. Additional services include individual therapy, case management, psychiatric evaluation/medication management. A variety of evidenced-based interventions may be utilized; focus of care is to reduce impairment in the youth. Services are **not focused on criminogenic needs. Recidivism is not a specific outcome measure.** Some BHS contracted programs were designed specifically for justice-involved youth including the Vista Hill Juvenile Court Clinic, the STAT-Team (which can include transition services) and BridgeWays. In addition to contracted programs, there is a fee-for-service network of clinicians who accept Medi-Cal insurance and provide individual and family therapy services.

Behavioral Health Services (BHS) through the county contracts for **Wraparound** services. The goal of Wraparound is to maintain the child and youth in a home-based family care setting and prevent placement at a higher level of care through individualized, integrated, and comprehensive intensive services. Wraparound services are intended to be flexible, family-driven and culturally relevant. The process utilizes a community-based approach and emphasizes family strengths and their natural supports. While services are **not focused on criminogenic needs, and recidivism is not a specific outcome measure**, BHS does have a Wraparound program that specifically serves system-involved youth, or youth at risk of system involvement (Probation and/or CWS).

Services may be provided concurrently. Clinicians from involved programs should regularly communicate with one another to coordinate care.



	Functional Family Therapy	BHS	BHS - Wraparound
Identified "patient"	Family system	Youth with an identified mental health diagnosis	Youth with an identified mental health diagnosis
Age	12-18yo	All ages up to 21	All ages up to 21
Insurance	For all Probation connected youth regardless of insurance (Private insurance, Medi-Cal, low income, uninsured or underinsured)	For youth who have Medi-Cal or who are low income, uninsured or underinsured	For youth who have Medi-Cal or who are low income, underinsured or uninsured. (There is a small pilot project for JFAST youth who have private insurance).
Probation Involvement	Must be connected to Probation to be referred; FFT can stay involved EVEN if Probation closes	Available regardless of status with Probation	Available regardless of status with Probation
Location	Home based	Home, tele, office-based options	Home, tele, office-based options
Family Participation	Required, this is the core of the program	Strongly preferred, but not required	Strongly preferred, Wraparound Teams include a family partner to specifically engage parent/caregivers
Diagnostic Assessment of Youth	Not completed	Completed and serves as a basis for treatment services provided	Completed and serves as basis for treatment services provided AND connections made to other programs.
Services	Family sessions only	Individual, family, case management, psychiatric care	Clinical assessment of youth, youth & parent support, care coordination but NOT individual therapy. Focus is on connection to outpatient treatment services for individual therapy service & connection to community support for youth and family.
Session Frequency	Weekly	As clinically indicated, can be multiple sessions/week	As clinically indicated, can be multiple sessions/week
Mental Health Diagnosis	Not required (though licensed clinician provides care)	Youth must meet medical necessity criteria for specialty mental health services	Youth must meet medical necessity criteria for specialty mental health services
Psychiatrist	None	Available for consultation, medication management	Available for consultation, medication management
Access	Refer via the Probation Community Resource Directory	Direct referrals and through the Access and Crisis Line 1-888-724-7240 A licensed clinician takes clinical and demographic information to initiate appropriate referrals.	For justice involved youth, SDCC Wrapworks
Recidivism	FFT is an evidenced based practice shown to reduce recidivism	Recidivism is not a specific outcome measure	While recidivism is not a specific outcome measure, SDCC Wrapworks is dedicated to system-involved youth (Probation and/or CWS, or risk of involvement)



**Behavioral Health Services (BHS) – Contractor Information Notice**

<b>To:</b>	<b>BHS Children, Youth and Families (CYF) Contracted Service Providers</b>
<b>From:</b>	<b>Behavioral Health Services</b>
<b>Date:</b>	<b>May 11, 2021</b>
<b>Title</b>	<b>Juvenile Justice Psychological Evaluations: Requests for Records</b>

This memo serves as a notice to inform CYF contracted service providers of a new process regarding the release of the County Client Roster Report to facilitate evaluations for the Juvenile Court.

**Background**

Behavioral Health Services (BHS) works closely with the Juvenile Court and Probation to support best care for youth connected to the justice system. The mission of the Juvenile Justice System is rehabilitation. With this goal in mind, the Juvenile Court regularly orders psychological evaluations for youth to help determine what services they might need, or to evaluate their competency.

The Treatment and Evaluation Resource Management (TERM) network is a specialized panel of providers managed by Optum Public Sector San Diego through a contract with the County of San Diego Health and Human Services Agency (HHSA) Behavioral Health Services. Psychological evaluations ordered by the Juvenile Court are assigned to TERM psychologists. A minute order is used by the Juvenile Court to initiate a request for a psychological evaluation and TERM psychologists have 10 days to complete their report and assessment for the Court. The minute order from the Juvenile Court includes the following language:

*PY190: All records, including but not limited to medical, education, special education, probation, child welfare, mental health, regional center, and court records regarding the youth, shall be made available upon request to the evaluator assigned to the case. Use of these records is for the sole purpose of preparing the court-ordered evaluation and report. The records shall not be used for any other purpose.*

**New Process to Release County Client Roster Report**

BHS has recently worked with the Juvenile Court and County of San Diego Health Information Management Services (HIMS) to ensure that TERM psychologists receive a copy of the Client Roster Report, or “tracking log,” a document that lists some, but not all, of the youth’s care episodes in the County System of Care. Should TERM evaluators need to request health records from a BHS contractor, they are advised to contact the program directly with a copy of the minute order. It is not the County of San Diego HIMS practice to release behavioral health records from contracted providers for these types of evaluations.

The Public Defender also regularly orders psychological evaluations. If a psychologist is retained by the Public Defender, a records release will be completed using the County of San Diego BHS Release of Information form. BHS has worked to ensure psychologists retained by the Public Defender have access to the County Client Roster Report upon presentation of a signed Release of Information form.

If your teams have questions about these requests, please contact your COR.

**For More Information:**

- Contact your Contracting Officer’s Representative (COR)



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Dedicated to improving your mental health.

## Our Core Values:

### Compassion:

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### Respect:

We are committed to treating our clients and community with courtesy, dignity, and understanding. We are mindful of individual differences and cultural and ethnic diversity.

### Integrity:

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### Innovation:

We strive to be the leaders in education and advancement of knowledge in our fields.

### Hope:

Hope is the belief that improvement is possible. Through hope we inspire others to dream and strive for goals.

We share our belief that people can change their lives. We assist clients to identify their aspirations and build upon their strengths.

The Center for Personal Growth is located near the intersection of 30th Street and Adams Avenue in the Normal Heights area of San Diego.

**Public Transportation:** The number 2 bus stops at 30th St. and Adams Avenue.

**Parking:** Street parking is available.

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Exodus Recovery is located near the intersection of El Cajon Blvd. and 30th Street in the North Park area of San Diego.

**Public Transportation:** The number 215 bus stops at El Cajon Blvd.

**Parking:** Parking is available in the parking lot behind the building.

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The San Diego Center for Family Therapy is located near the intersection of East 30th Street and National City Blvd. in National City.

**Public Transportation:** The number 932 bus stops at 30th St. and National City Blvd.

**Parking:** Parking is available in the parking lot adjacent to the building.

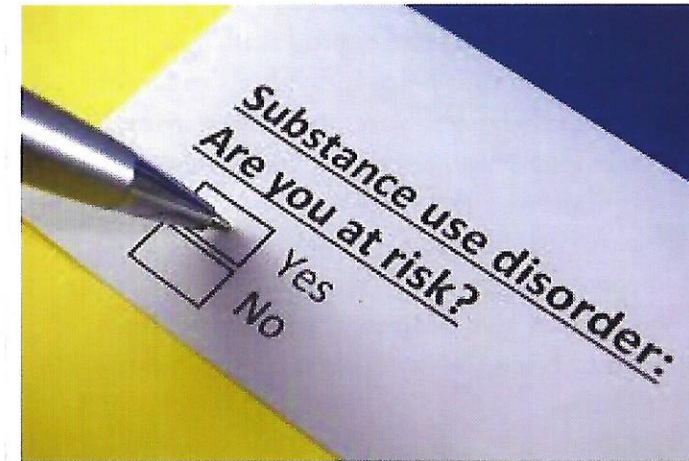
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Exodus Recovery is located off of highway 78.

**Public Transportation:** The number 302 bus stops right in front of the building. The Vista Transit Center is just a few blocks away.

**Parking:** Parking is available in the parking lot adjacent to the building.

# Skills System Substance Use Disorders (S.U.D.) Program



Center for Personal Growth  
4656 30th Street  
San Diego, CA 92116  
619-405-6378  
[www.centerforpg.com](http://www.centerforpg.com)

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### Satellite Locations:

Exodus Recovery  
2950 El Cajon Blvd.  
San Diego, CA 92104

San Diego Center for Family Therapy  
124 East 30th Street, Suite A1  
National City, CA 91950

Exodus Recovery  
550 West Vista Way, Suite 109  
Vista, CA 92083



## About the Skills System for Substance Use Disorders (S.U.D.) Program:

The Center for Personal Growth's Substance Use Disorders (S.U.D.) program is an outpatient psycho-educational program dedicated to assisting individuals with developmental disabilities recover from substance use and abuse while promoting a healthy lifestyle. The S.U.D. program is based on an adaptive coping skills curriculum that helps individuals to better control their substance use by improving their emotional, cognitive, and behavioral regulation skills. We provide a safe and nurturing environment that offers a holistic approach to recovery that includes addiction education and treatment, physical wellness, and meeting the psychiatric needs of our clients.



This service is being funded by the San Diego Regional Center after recommendations to receive this service are reviewed and approved by the ID team and SDRC.

## There are nine skills in the Skills System:

1. Clear Picture: Helps me notice what is happening inside and outside of me right now and be grounded and mindful in the moment (not things that have happened to me in the past or things that may happen to me in the future).
2. On-Track Thinking: Helps me think clearly about what I want and what will work to help me reach my goals.
3. On-Track Action: Helps me take positive steps towards my goals and adjust my plans if needed.
4. Safety Plan: Helps me handle risky situations that are happening right now or may happen in the future.
5. New-Me Activities: Helps me to focus my attention when I feel confused, feel better when I am stressed, have fun when I am grumpy, and distracts me when I am frustrated.
6. Problem Solving: Helps me be clear about my goal, identify possible barriers, and develop plans A, B, and C to address the problem.
7. Expressing Myself: Helps me communicate what I am thinking and feeling to others.
8. Getting It Right: Helps me be in the right mind, choose the right person, choose the right time and place, use the right tone of voice, and choose the right words to ask for what I want and need.
9. Relationship Care: Helps me have healthy relationships with myself and others.

## Frequently Asked Questions

- You must be 18 years old or older to participate.
- All participants must have an open and active case at the San Diego Regional Center .
- The program is a one year commitment and all participants must make a commitment to attend for the full year.
- Groups are 1 hour and held weekly. Individual sessions are 1/2 hour and held weekly. Typically, individual sessions are scheduled before or after group.
- The group size is from four to ten participants per group. If a group is full, participants can be added to a waiting list.
- Participants may not attend group or individual sessions if they are actively under the influence of a substance.
- Each participant must have a designated support person who is willing to attend a psycho-educational group with the participant once a month for 1 hour.

If you are interested in joining this group, please contact your San Diego Regional Center Service Coordinator and ask for a referral.

Referral forms are available on our website at:

[www.centerforpg.com](http://www.centerforpg.com)



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The Center for Personal Growth is located near the intersection of 30th Street and Adams Avenue in the Normal Heights area of San Diego.

Public Transportation: The number 2 bus stops at 30th St. and Adams Avenue.

Parking: Street parking is available.



The San Diego Center for Family Therapy is located near the intersection of East 30th Street and National City Blvd. in National City.

Public Transportation: The number 932 bus stops at 30th St. and National City Blvd.

Parking: Parking is available in the parking lot adjacent to the building.



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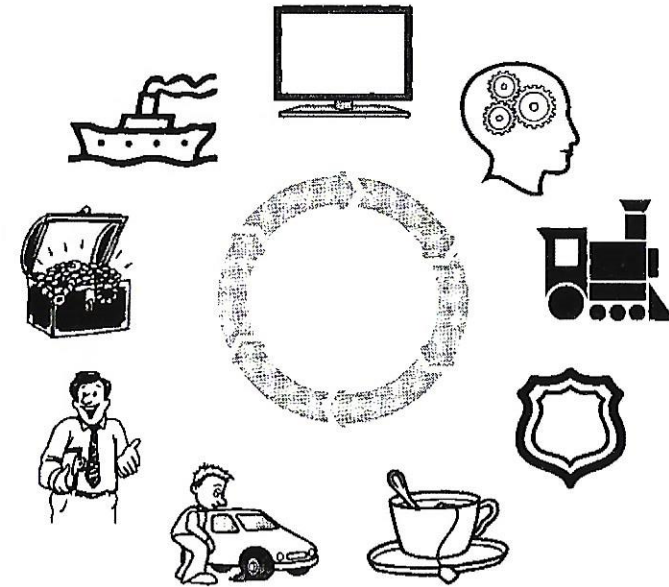
Public Transportation: The number 302 bus stops right in front of the building. The Vista Transit Center is just a few blocks away.

Parking: Parking is available in the parking lot adjacent to the building.



# SkillsSystem

Regulate Emotion. Maximize Potential.



Center for Personal Growth  
4656 30th Street  
San Diego, CA 92116  
619-405-6378  
[www.centerforpg.com](http://www.centerforpg.com)



## Satellite Locations:

San Diego Center for Family Therapy  
124 East 30th Street, Suite A1  
National City, CA 91950

Exodus Recovery  
550 West Vista Way, Suite 109  
Vista, CA 92083



## About the Skills System:

The Skills System is an adaptive coping skills curriculum that helps individuals with learning challenges to improve emotional, cognitive, and behavioral regulation skills. This group is for people who are dually diagnosed (both with a developmental disability and a mental health diagnosis).

People who would benefit from this group may have angry outburst, relationship problems, depression, anxiety, difficulty controlling impulses, and low frustration tolerance. People who may also benefit from this group may have a diagnosis of Borderline Personality Disorder or exhibit Borderline Personality traits.

For more information about the Skills System, please visit  
[www.skillssystem.com](http://www.skillssystem.com)

This service is being funded by the San Diego Regional Center after recommendations to receive this service are reviewed and approved by the ID team and SDRC.

## There are nine skills in the Skills System:

1. Clear Picture: Helps me notice what is happening inside and outside of me right now and be grounded and mindful in the moment (not things that have happened to me in the past or things that may happen to me in the future).
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9. Relationship Care: Helps me have healthy relationships with myself and others.

## Frequently Asked Questions

- You must be 18 years old or older to participate.
- All participants must have an open and active case at the San Diego Regional Center .
- The Skills System program is a one year commitment and all participants must make a commitment to attend for the full year.
- Groups are held weekly from 6:00 pm to 7:00 pm at the Center for Personal Growth. Individual sessions are typically scheduled before or after group.
- The group size is from four to ten participants per group. If a group is full, participants can be added to a waiting list.
- Each participant must have a designated support person who is willing to attend a psycho-educational group with the participant from 6:00 pm to 7:00 pm once a month.

If you are interested in joining this group, please contact your San Diego Regional Center Service Coordinator and ask for a referral.

Referral forms are available on our website at:  
[www.centerforpg.com](http://www.centerforpg.com)



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### Hope:

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The Rainbow Group is funded through generous donations by members of the community.

If you would like to make a donation to the Rainbow Group, please visit our website at: [www.centerforpg.com](http://www.centerforpg.com) and click on the "Donate" icon. Thank you for your donation!

We share our belief that people can change their lives. We assist clients to identify their aspirations and build upon their strengths.

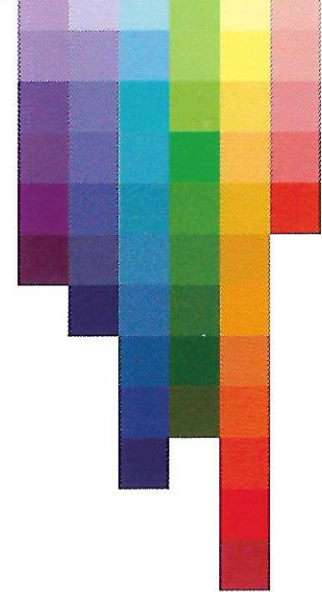
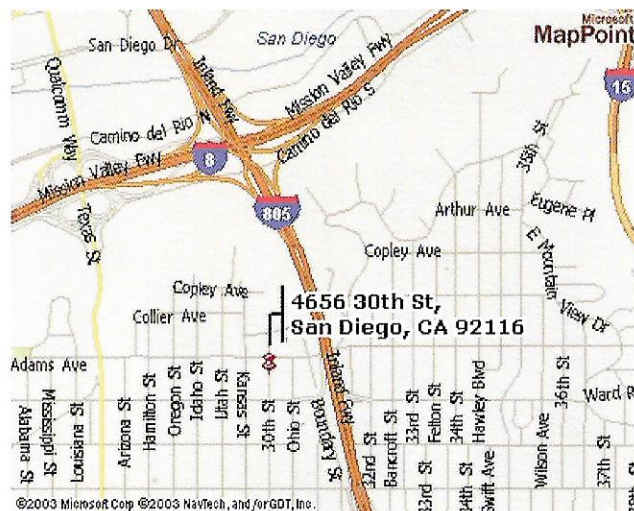
The Center is located at 4656 30th St. in the Normal Heights area of San Diego.

From 805 South: Exit Adams Avenue. Travel West to 30th St. Turn right onto 30th street. The Center is located on the left side of the street.

From 805 North: Exit El Cajon Blvd. At the top of the exit, make a left hand turn onto El Cajon Blvd. Travel West on El Cajon Blvd. to 30th street. Turn right onto 30th St. and travel approximately three blocks. The Center is located on the left side of the street before Adams Avenue.

Public Transportation: The number 2 bus stops at 30th St. and Adams Avenue.

Parking: Street parking is available.



# Rainbow Group

A psychoeducational support group for individuals who have a Developmental Disability and are part of the L.G.B.T.Q. community.

## Center For Personal Growth

4656 30th Street  
San Diego, CA 92116  
Tel: 619-528-8005  
Fax: 619-528-8054  
[www.centerforpg.com](http://www.centerforpg.com)



## About

The Rainbow Group is important because many times there are limited support systems available to people with a developmental disability who are lesbian, gay, bisexual, transgender, or questioning their sexual identity. We believe it is our responsibility to help people with developmental disabilities be safe in their exploration of their sexuality.

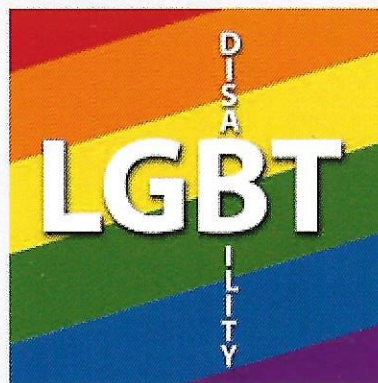
Participants discuss the same concerns as other L.G.B.T.Q. people, but they do it in a support system that recognizes their unique perspective. The Rainbow Group provides a safe, comfortable environment for people with developmental disabilities to talk about their issues and feelings, decide when they are ready to come out, how to come out to other people, and help them be comfortable with who they are. Two key areas of focus are reducing isolation and increasing safety.



## Purpose

The purpose of Rainbow Group is to provide:

- 1) Peer support for LGBTQ persons who have developmental disabilities;
- 2) A supportive space for education and interactive discussions regarding LGBTQ issues and topical discussions such as: safe sex, dating and intimacy, setting healthy boundaries, issues of consent, pride and self esteem, and coming out to family and friends;
- 3) A place to feel safe, welcome, valued, and respected;
- 4) Assistance with learning about and accessing LGBTQ events, resources, organizations, and locations within the community;
- 5) Advocacy and outreach through sharing stories, receiving education about key issues, and learning about cultural and social opportunities; and
- 6) Experiencing the benefits of peer support.



## Frequently Asked Questions

- You must be 18 years old or older to join.
- The group size is limited to 10 participants.
- The group meets once a month for one hour.
- There is no cost to participants for this group.





## ACES Questions

## CANS Trauma Module Item

1. Did a parent or other adult in the household often or very often... Swear at you, insult you, put you down, or humiliate you? or Act in a way that made you afraid that you might be physically hurt?

**3. Emotional Abuse**

2. Did a parent or other adult in the household often or very often... Push, grab, slap, or throw something at you? or Ever hit you so hard that you had marks or were injured?

**2. Physical Abuse**

3. Did an adult or person at least 5 years older than you ever... Touch or fondle you or have you touch their body in a sexual way? or Attempt or actually have oral, anal, or vaginal intercourse with you?

**1. Risk Abuse**

4. Did you often or very often feel that ... No one in your family loved you or thought you were important or special? or Your family didn't look out for each other, feel close to each other, or support each other?

**4. Neglect**

5. Did you often or very often feel that ... You didn't have enough to eat, had to wear dirty clothes, and had no one to protect you? or Your parents were too drunk or high to take care of you or take you to the doctor if you needed it?

**4. Neglect**

6. Were your parents ever separated or divorced?

**11. Disruption in Caregiving  
/ Attachment Losses**

7. Was your mother or stepmother: Often or very often pushed, grabbed, slapped, or had something thrown at her? or Sometimes, often, or very often kicked, bitten, hit with a fist, or hit with something hard? or Ever repeatedly hit over at least a few minutes or threatened with a gun or knife?

**6. Witness to  
Family Violence**

8. Did you live with anyone who was a problem drinker or alcoholic, or who used street drugs?

**10. Victim/Witness to  
Criminal Activity**

9. Was a household member depressed or mentally ill, or did a household member attempt suicide?

**9. Natural or  
manmade disasters**

10. Did a household member go to prison?

**12. Parental Criminal  
Behavior**

## Positive Childhood Experiences (PCE) Questions

## CANS Strengths Item

1. Felt able to talk to their family about feelings

**Family Strengths**

2. Felt their family stood by them during difficult times

**Family Strengths**

3. Enjoyed participating in community traditions

**Community Life**

4. Felt a sense of belonging in high school

**Educational Setting**

5. Felt supported by friends

**Interpersonal**

6. Had at least two non-parent adults who took a genuine interest in them

**Natural Support**

7. Felt safe and protected by an adult in their home

**Family Strengths**

Behavioral Health Services  
Children, Youth and Families  
**Program Manager Meeting Schedule**  
FY21-22

<b>Meetings to be held virtually</b> 9:30 a.m. - 11:30 a.m. (Breakout Sessions 11:30 a.m. - 12:30 p.m.) * *topic specific as appropriate
July 8, 2021
September 9, 2021
November 4, 2021
January 13, 2022
March 10, 2022
May 12, 2022