

CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL

MEETING MINUTES

September 11, 2017 – 9:00-10:30 A.M.

Scottish Rite Masonic Center- 1895 Camino Del Rio South- Claude Morrison Room

+ = Member in Attendance O = Absent E = Excused

CONSTITUENCY	MEMBER	STATUS	ALTERNATE	STATUS
PUBLIC SECTOR				
1	Behavioral Health Advisory Board	Rebecca Hernandez	O	VACANT
2	Behavioral Health Services	Dr. Laura Vleugels	+	Dr. Jeffrey Rowe
3	Public Safety Group/ Probation	VACANT	O	Margie Deleon
4	Child Welfare Services (CWS)	Cathi Palatella	O	Barry Fox
5	HHS Regions	Dori Gilbert	+	Jennifer Sovay
6	Public Health	Dr. Dean Sidelinger	O	Rhonda Freeman
7	Juvenile Court	H. Judge Carolyn Caietti	O	Michelle Johnson
8	First 5 Commission	Kim Gallo	O	Naomi Chavez for Jennifer Wheeler
EDUCATION SECTOR				
9	Special Education Local Plan Area (SELPA)	Cara Schukoske	O	VACANT
10	Regular Education Pupil Personnel Services	Mara Madrigal-Weiss	+	Violeta Mora
11	School Board	Barbara Ryan	O	VACANT
12	Special Education	Aidee Angulo		Yuka Sakamoto
PRIVATE SECTOR				
13	San Diego Regional Center (SDRC) for Developmentally Disabled	Carlos Flores	O	Peggy Webb
14	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	O	Marisa Varond
15	Mental Health Contractors Association	Steve Jella	E	Barent Mynderse
16	Mental Health Contractors Association	Angela Chen	+	Delrena Swaggerty
17	San Diego Nonprofit Association (SDNA)	Margaret Iwanaga Penrose	+	Rosa Ana Lozada
18	Fee- For-Service Network	Dr. Sherry Casper	+	VACANT
19	Managed Care Health Plan	George Scolari	O	Rogelio Lopez
20	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	+	
FAMILY AND YOUTH SECTOR				
21	Family and Youth Liaison	Renee Cookson	+	Suzette Southfox

22	Caregiver of child/youth served by the Public Health System	Debbie Stolz	O	Pam Toohey	O
23	Youth served by the Public Health System (up to age 26)	Emma Rodriguez	+	Oniric Cirino (Alice Kellogg)	+
24	Youth served by the public health system (up to age 26)	Travis Webster	+	Micaela Cunningham	+
SUB-COMMITTEES (Non-voting members unless a member of the Council)					
-	Outcomes Committee	Angela Chen	+		
-	Executive Committee	Delrena Swaggerty	+		
-	Early Childhood Committee	Aisha Pope/ Jennifer Kennedy	+/+		
-	Education Committee	Mara Madrigal-Weiss	+		
-	CYF CADRE	Julie McPherson/ Marisa Varond	+/+		
-	Family and Youth as Partners	Renee Cookson	+		

CYF Council Staff: Yael Koenig, Grisel Ortega, Darwin Espejo

I. Welcome Remarks/ Director’s Report (Alfredo Aguirre)

- A certificate of recognition was presented to Delrena Swaggerty (Mental Health Systems (MHS)/Private Sector) after serving as a Council co-chair from 2015 to 2017. Her successor, Violeta Mora from San Diego County Office of Education (SDCOE) was welcomed as a new co-chair representing the Education Sector.
- The California Behavioral Health Directors Association (CBHDA) a California Institute for Behavioral Health Solutions (CIBHS) recently held policy forum featured Children and Youth presentations.
- The Ten-Year HHS/BHS roadmap is being updated and includes input from all collaboratives within the county. Roadmap will be discussed in the upcoming council meeting.

II. Setting the Stage (Yael Koenig)

- A. Pathways Presentation:** The Urban Beats Program and performances were introduced by Alexander Heyer. The program was established to take out the stigma of social services among youth.
- ✓ The Council enjoyed two youth performances.
 - Derek performed live featuring an original poem titled “Advice”.
 - Autumn was featured on a pre-recorded performance of both poetry and song.
 - ✓ Urban Beats is a 20 week program open to all Transitional Age Youth (TAY) youth. Classes are conducted by trauma informed staff members covering topics such as recovery, education, employment readiness and overall wellness.
 - ✓ The program fosters therapy using self-expression and creativity through several different art forms. Artistic activities such as singing, dancing, rap, poetry, photography and painting are all supported.

- ✓ Participants receive coaching from local artists and social media professionals to create/showcase stigma-free artistic installments through social media. Youths also receive hands on training and access to state of the art equipment and computers at their “Idea Lab” in the Malcolm X library downtown.
 - ✓ Scheduled activities include monthly performances and weekly “Open Mic” sessions. Youths are also encouraged to use social media for showcasing their performances and/or artwork.
 - ✓ Urban Beats is also active within the local community; conducting performances in different schools and attending various resource fairs.
- B. Directing Change video: “Stepping Stones” by Nadia and Tia was introduced by Rex Sheridan of San Pasqual Academy/ New Alternatives.**
- ✓ The film was entered into the Each Mind Matters “Directing Change” youth video contest that promotes suicide prevention and mental health awareness among youth.
 - ✓ The film featured a poem from a former San Pasqual Academy student.
 - ✓ Both the film’s producers are San Pasqual Academy alumni themselves and are now attending college.
- C. Yael Koenig presented certificates of appreciation to the Urban Beats performers and staff, as well as to Rex Sheridan and both “Stepping Stone” film producers.**

III. FY 17-18 Strategic Planning (Yael Koenig)

A. Overview

- HHSA 2017-2022 Strategic Plan
- HHSA BHS Organization Chart
- BHS Ten Year Road Map and Framework
 - ✓ Outlines HHSA/BHS’s priorities that include but not limited to Children’s Behavioral Health and Homelessness of which will be covered in the upcoming TAY Joint meeting in October 9, 2017.
- CYF Council Overview
 - ✓ Provides a general overview of the CYFBHSOC Council’s intent, principles and the shared goals of all 4 sectors of representation.
- CYF Council FY 16-17 Highlights
 - ✓ Transforming and Advancing the System of Care Highlights
 - The School Age Prevention and Early Intervention (PEI) School Age and Suicide Prevention programs became available county wide effective July 1, 2016 covering all regions of the county. The East Region program includes a refugee component.
 - The approval of the Medication Clinic innovation proposal on May 24, 2017. Shift towards a Full Service Partnership (FSP).
 - Specialized programs for Lesbian, Gay, Bisexual and Transgender (LGBTQ) “Our Safe Place” and “I CARE” for Commercially and Sexually Exploited Children (CSEC) were successfully launched on July 1, 2017.
 - The Annual System of Care report was updated and improved by Child and Adolescent Service Research Center (CASRC). The report now includes data elements on Substance Use Disorders (SUD) in addition to Mental Health data.
 - ✓ Substance Use Disorder (SUD) Services
 - HHSA/BHS has submitted into the state’s 1115 waiver/ Drug MediCal - Organized Delivery System/1115 Waiver by submitting

- an implementation plan to the Department of Health Care Services (DHCS) on May 24, 2017.
- Utilization of Homeless Outreach Workers (HOW) for all perinatal outpatient system programs was part of enhancements done for the SUD program effective July 1, 2016.
 - ✓ Continuum of Care Reform (CCR)
 - Partnerships with CWS and Probation ensure compliance with State requirements.
 - Implementation of AB1299 for out of county foster youth is effective July 1, 2017.
 - Progress was made towards a joint contract with CWS and Probation to better facilitate Child and Family Team (CFT) meetings.
 - ✓ Pathways to Well Being (PWB)
 - Provided one day overview trainings that included elements of the Core Practice Model and Continuum of Care Reform (CCR).
 - ✓ Addressing needs for youth/families experiencing a Psychiatric crisis
 - Expand Emergency Screening Unit's (ESU) crisis stabilization capacity to 12 beds in the central region. The new facility will open sometime in late November/December.
 - ✓ May Is Mental Health Month CYF Celebration
 - National Alliance on Mental Illness (NAMI) successfully hosted the Third Annual Child Mental Health Well-Being celebration: Growth, Health, Hope that was held on May 3, 2017 at the Spring Valley East Community Center. The event was well-attended with over 170 individuals participating.
 - ✓ Early Childhood
 - The 7th Annual Early Childhood Mental Health Conference -"We Can't Wait" was successfully held on September 22-24, 2016.
 - This year's Children's Mental Health conference theme is "We Can't Wait: The Art and Science of Healing" on September 14-16, 2017.
 - Implemented the new 0-5 Behavioral Health Assessment (BHA) which is now widely available within the Children's System of Care (CSOC).
 - ✓ Psychotropic Medications
 - The "JV-220 form" workflow project continued with the coordination & collaboration between BHS (Dr. Laura Vleugels) and Public Health Nurses. Among them was to collect JV-220 change community feedback for the Judicial Council, update the CYF tool to reflect state guidelines on medication monitoring, provide training for Public Health Nurses and to finalize psychotropic medication oversight methodology (as required by SB238).
 - ✓ Support Probation Involved Youth
 - The CSEC program under San Diego Youth Services (SDYS)/Breaking Cycles received a 2017 National Association of Counties (NACo) Achievement award for an innovative county program. The BHS/Camp Barret running club received the same award and was also a "100 Brilliant Ideas at Work" winner. Both programs are under Fran Cooper's leadership.
 - ✓ System Development Through Training
 - Behavioral Health Education & Training (BHETA) and Children's CSOC Training Academy offered its annual training on working with refugees and their families this past year.

- New trainings on Understanding and Diagnosing Complex Cases training on understanding and diagnosing complex cases. Continue to partner with BHETA exploring new media for use on the next phase of the training.
- Child and Adolescent Service Research Center (CASRC) offered education regarding the value of homework as a therapeutic tool aligned with the clinical Performance Improvement Project (PIP).
- Private sector with others, successfully completed the development of a Warm Handoff training Power Point which was shared with all partners within the CSOC.
- **CYF 17-18 Projected Goals Highlights**
 - ✓ Contribute into the implementation of the 1115 Drug MediCal Waiver – Organized Service Delivery System.
 - ✓ Continue collaborating with Child Welfare Services (CWS) and Probation to further Continuum of Care Reform (CCR).
 - ✓ Support the expansion of the ESU Crisis Stabilization services.
 - ✓ Establish the availability of the Medication Clinic innovation plan that includes Tele psychiatry capabilities by the next fiscal year.
 - ✓ CASRC will be providing staff training on the implementation of Department of Health Care Services (DHCS) state-mandated Outcome Tools, the Pediatric Symptom Checklist (PSC-35) and Child and Adolescent Needs and Strengths assessment tool.
 - ✓ This year’s Annual Children’s System of Care conference will focus on Homelessness.
 - ✓ BHETA will be introducing “Compassion fatigue” training this year.

B. CYF Council Sub-Committees (Yael Koenig)

- **Executive Subcommittee (Yael Koenig)**
 - ✓ Edith Mohler, Grisel Ortega and Darwin Espejo were recognized for their work in all CYF Council meetings and events during the year.
 - ✓ A “Hot Topics” FY 16-17 review/musical presentation by Delrena Swaggerty and Darwin Espejo. All previous Council and subcommittee topics were highlighted during the presentation.
 - ✓ Commitment to continue the dialogue with all CYF Council members & attendees for further improvements and future points of focus.
- **Early Childhood Subcommittee (Aisha Pope and Jennifer Kennedy)**
 - ✓ The Early Childhood’s subcommittee’s main purpose is to consider and discuss the needs of 0-5 year old children and their families.
 - ✓ FY 17-18 goals/highlights
 - Further expand subcommittee membership to include members from different groups and subcommittees.
 - Continue supporting and developing trainers for the “We Can’t Wait” Annual Early Childhood conference event.
 - Identify the best practices on assessment, intervention, service delivery, and trauma informed care treating the 0-5 year old population.
 - Strengthen existing partnerships with schools and educators given the high suspension and expulsion rates with the 0-5 year old population.
- **Outcomes Subcommittee (Angela Chen)**
 - ✓ FY 17-18 goals/highlights
 - Support implementation of the new state-mandated Outcome Measures tool, the Child And Adolescent Needs and Strengths (CANS) assessment and the Pediatric Symptoms Checklist within the CSOC.

- Explore Wraparound Principles as it pertains to CSOC. Recommend addition of the word “Persistence” in the CSOC’s principles within the next fiscal year.
- Continue their assistance with the Homework as therapy/PIP project.
- Focus on the SUD initiative, including providing support to children identified at risk for substance abuse.
- TAY Workgroup (Michael Miller)
 - The TAY Workgroup will now become a TAY Council at the end of September 2017.
 - Sector representative vacancies for the new TAY Council was announced and volunteers and/or nominees are needed.

C. Written Input (Yael Koenig)

- Reminders were given to submit the feedback form (enclosed in meeting packet) for FY 17-18 Council goals or areas of focus.

IV. Closing Remarks/Announcements (Yael Koenig)

- Acknowledgement of NAMI staff for their assistance greeting and ushering meeting attendees for the Strategic Planning meeting.
- Due to time constraints, subcommittees unable to report will do so during the November 13, 2017 Council meeting.

Next Meeting: TAY Joint Meeting (AOA)

Date: Monday, October 9, 2017

Time: 11:00 A.M. - 12:30 P.M.

Location: SDCOE, 800 National City Blvd, Ste. 202, National City, CA 91950

Sub-Committees/Sectors/Workgroups Meetings Information:

CCRT: Meets the 1st Friday of the month-3851 Rosecrans St.-Coronado Room, San Diego, CA 92110 from 10:00 to 11:30 A.M.

CSOC Academy: Meets the 1st Wednesday of the month-6505 Alvarado Road, Suite 107, San Diego, CA 92120 from 9:00 to 10:00 A.M.

CYF CADRE: Meets quarterly-2nd Thursday of the month-Del Mar Room from 1:30 to 3:00 P.M.

Early Childhood: Meets the 2nd Monday of the month- 3160 Camino Del Rio South Suite 101, San Diego, CA 92108-at 11:00 A.M.

Education Advisory Ad Hoc: Meets as needed.

Family and Youth As Partners: Meets the 3rd Thursday of the month- Del Mar Room from 2:00 to 3:30 P.M.

Family/Youth Sector: Meets quarterly on 4th Thursday of the month at 8964 N Magnolia St, Santee, CA 92071 from 6:30 to 8:00 P.M.

Outcomes: Meets the 1st Tuesday of the month-La Vista Room from 11:30 A.M. to 1:00 P.M.

Private Sector: Meets as needed.

TAY Workgroup: Meets the 4th Wednesday of the month-6160 Mission Gorge Rd. Suite. 100. San Diego, CA 92120 from 3:00 to 4:30 P.M.