

CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL

MEETING AGENDA

September 9, 2019 – 9:00-10:30 A.M.

Scottish Rite Center-Shell Room- 1895 Camino Del Rio South, San Diego, CA 92108

- I. Welcome and Introductions** (Dori Gilbert) **5 minutes**
- II. Approval of Minutes** (Minola Clark Manson) **5 minutes**
 - August 12, 2019 minutes – Handout (Page 3)
- III. Business Items** (Yael Koenig) **10 minutes**
 - 2019 CYF SOC Advancing Principles Award (Rose Woods)
 - Updated Bylaws-Handout (Page 8)
 - October 14, 2019 Combined Council Meeting- Time change and location TBD
 - November 11, 2019-Veterans Day Holiday-CYF Council dark
- IV. Mental Health Services Act (MHSA) Update** **5 minutes**
(Danyte Mockus-Valenzuela and Kimberly Pettiford)
 - MHSA Annual Update and Community Engagement forums
- V. System of Care and Council Focus for Fiscal Year 2019-20** (Dori Gilbert) **60 minutes**
Handouts (Pages 12-32)
 - Sector and Sub-Committees-Fiscal Year 2018-19 Accomplishments
 - Sector and Sub-Committees-Fiscal Year 2019-20 Goals
- VI. Announcements** (Minola Clark Manson) **5 minutes**
 - 10th Annual Early Childhood Mental Health Conference-We didn't wait! A Decade of Progress-A Future of Hope-September 12-14, 2019 at the Crowne Plaza Hotel. More information at:
<https://www.earlychildhoodmentalhealth-sandiego.com/>
 - Parents and Caregivers for Wellness Training for Professionals on September 13, 2019-Handout (Page 33)
 - Parents and Caregivers for Wellness Training for Parents and Caregivers-September 14, 2019 Handout (Page 34)
 - Recovery Happens- Saturday, September 14, 2019-Handout (Page 36)
 - Save the date- Live Well Advance- "Uniting for Impact"- Monday October 28, 2019-Handout (Page 37)
Link: <http://www.livewellsd.org/content/livewell/home/news-events/advance.html>
- VII. Director's Report** (Luke Bergmann)

Next Executive Committee Conference Call:

Date: September 23, 2019
Time: 10:00 to 10:30 A.M.
Location: Via Conference Call

Next CYF Council Meeting: Combined Council

Date: Monday, October 14, 2019
Time: 11:00 to 12:30 A.M.
Location: TBD

Sub-Committees/Sectors/Workgroups Meetings Information:

CCRT: Meets the 1st Friday of the month-6367 Alvarado Court Ste. 105, San Diego, CA 92120 from 10:00 to 11:30 A.M.

CSOC Academy: Meets the 1st Wednesday of the month-6505 Alvarado Road, Suite 107, San Diego, CA 92120 from 9:00 to 10:00 A.M.

CYF CADRE: Meets quarterly 2nd Thursday of the month- 5095 Murphy Canyon Rd, San Diego 92123-Suite 320 from 1:30 to 3:00 P.M.

Early Childhood: Meets the 2nd Monday of the month- 3160 Camino Del Rio South Suite 101, San Diego, CA 92108 from 10:45 A.M. to 12:15 P.M.

Education Advisory Ad Hoc: Meets as needed.

Family and Youth As Partners: Meets the 3rd Thursday of the month at 5095 Murphy Canyon Rd – Suite 320, San Diego, CA 92123 from 1:30 to 3:00 P.M.

Family/Youth Sector: Meets quarterly the 4th Thursday of the month at 5095 Murphy Canyon Rd - Suite 320, San Diego, CA 92123 from 6:30 to 8:00 P.M.

Outcomes: Meets the 1st Tuesday of the month-La Vista Room from 11:30 A.M. to 12:30 P.M.

Private Sector: Meets as needed.

TAY Council: Meets the 4th Wednesday of the month-National University, 9388 Lightwave Ave. Room #118, San Diego, CA 92123 from 3:00 to 4:30 P.M.

For Council materials go to:

https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_children/CYFBHSOCCouncil.html

**County of San Diego
Children, Youth and Families Behavioral Health
System of Care Council
Vision, Mission, and Principles**

Council Vision:

Wellness for children, youth and families throughout their lifespan.

Council Mission:

Advance systems and services to ensure that children and youth are healthy, safe, lawful, successful in school and in their transition to adulthood, while living in nurturing homes with families.

Council Principles:

1. **Collaboration of four sectors:** Coordination and shared responsibility between child/youth/family, public agencies, private organizations and education.
2. **Integrated:** Services and supports are coordinated, comprehensive, accessible, and efficient.
3. **Child, Youth, and Family Driven:** Child, youth, and family voice, choice, and lived experience are sought, valued and prioritized in service delivery, program design and policy development.
4. **Individualized:** Services and supports are customized to fit the unique strengths and needs of children, youth and families.
5. **Strength-based:** Services and supports identify and utilize knowledge, skills, and assets of children, youth, families and their community.
6. **Community-based:** Services are accessible to children, youth and families and strengthen their connections to natural supports and local resources.
7. **Outcome driven:** Outcomes are measured and evaluated to monitor progress and to improve services and satisfaction.
8. **Culturally Competent:** Services and supports respect diverse beliefs, identities, cultures, preference, and represent linguistic diversity of those served.
9. **Trauma Informed:** Services and supports recognize the impact of trauma and chronic stress, respond with compassion, and commit to the prevention of re-traumatization and the promotion of self-care, resiliency, and safety.
10. **Persistence:** Goals are achieved through action, coordination and perseverance regardless of challenges and barriers.

May 1, 2018

CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL

ANNUAL STRATEGIC PLANNING MEETING, PART III - MEETING MINUTES

August 12, 2019 – 9:00-10:30 A.M.

Scottish Rite – Morrison Room -1895 Camino del Rio South, San Diego CA 92108

+ = Member in Attendance O = Absent E = Excused

CONSTITUENCY		MEMBER	STATUS	ALTERNATE	STATUS
PUBLIC SECTOR					
1	Behavioral Health Advisory Board (BHAB)	Rebecca Hernandez	O	Bill Stewart	+
2	Behavioral Health Services (BHS)	Dr. Laura Vleugels	O	VACANT	
3	Public Safety Group/ Probation	Dr. Geoff R. Twitchell	O	Chrystal Sweet	O
4	Child Welfare Services (CWS)	Kimberly Giardina	O	Norma Rincon	+
5	HHSA Regions	Dori Gilbert	E	Jennifer Sovay	+
6	Public Health	Dr. Thomas R. Coleman	+	Adrienne Yancey	O
7	Juvenile Court	H. Judge Kimberlee Lagotta	+	Joy Lazo attending for Beth Brown	+
8	First 5 Commission	Alethea Arguilez	O	Dulce Cahue-Aguilar	+
EDUCATION SECTOR					
9	Special Education Local Plan Area (SELPA)	Cara Schukoske	O	Jamie Tate - Symons	O
10	Regular Education Pupil Personnel Services	Violeta Mora	+	Heather Nemour	O
11	School Board	Barbara Ryan	E	VACANT	
12	Special Education	Yuka Sakamoto	O	Aidee Angulo	O
PRIVATE SECTOR					
13	San Diego Regional Center (SDRC) for Developmentally Disabled	Peggy Webb	O	Therese Davis	O
14	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	O	Marisa Varond	+
15	Alcohol and Drug Service Provider Association (ADSPA)	TBD		TBD	
16	Mental Health Contractors Association	Julie McPherson	O	Minola Clark Manson	E
17	Mental Health Contractors Association	Michelle Ly	+	Michelle Hogan	+
18	Fee- For-Service (FFS) Network	Dr. Sherry Casper	+	VACANT	
19	Managed Care Health Plan	George Scolari	+	Kathleen Lang	O
20	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	+	VACANT	

FAMILY AND YOUTH SECTOR					
21	Family and Youth Liaison	Renee Cookson	O	Valerie Hebert	+
22	Caregiver of child/youth served by the Public Health System	Debbie Dennison	+	VACANT	
23	Youth served by the Public Health System (up to age 26)	Micaela Cunningham	+	Emma Eldredge	O
24	Youth served by the public health system (up to age 26)	Travis Webster	+	Christine Frey	+
SUB-COMMITTEES (Non-voting members unless a member of the Council)					
-	Executive Committee	Violeta Mora/ Dori Gilbert	+ / E		
-	Cultural Competence Resource Team (CCRT)	Rosa Ana Lozada	+		
-	CYF CADRE	Julie McPherson/ Marisa Varond	O / +		
-	Early Childhood Committee	Aisha Pope/ Autumn Weidman	+ / +		
-	Education Committee	Heather Nemour	O		
-	Family and Youth as Partners	Renee Cookson/ Valerie Hebert	O / +		
-	Outcomes Committee	Julie McPherson	O		
-	Training Committee	Rose Woods	O		

CYF Council Staff: Yael Koenig, Edith Mohler, Grisel Ortega and Darwin Espejo

I. Welcome and Introductions (Violeta Mora)

II. Approval of Minutes (Violeta Mora)

- June 10, 2019 meeting minutes –Approved.

III. Business Items (Yael Koenig)

- CYF Council Co-Chair Rotation (Education to Private Sector)
 Violeta Mora completed the two-year term representing the Education Sector as Co-Chair of the CYF Council. She was recognized with a certificate of appreciation for her contributions to the Council and to the CYF System of Care. The Private Sector will be co-chairing for Fiscal Years 2019-20 and 2020-21. Minola Clark Manson was named to be the Co-Chair representing the Private Sector and will start co-chairing at the September 9, 2019 meeting. Dori Gilbert will continue as Co-Chair for the rest of the current fiscal year representing the Public Sector.
- Mental Health Contractors Association (MHCA) Constituency
 Julie McPherson was named the new MHCA CYF Council member representative and Minola Clark Manson was named the alternate. Michelle Ly and Michelle Hogan will continue as member and alternate respectively in the second seat of the MHCA constituency.
- Sector and Sub-Committee's Fiscal Year 2018-19 Accomplishments and Fiscal Year 2019-20 Goals
 CYF Sectors and Sub-Committees Fiscal Year 2018-19 Accomplishments and Fiscal Year 2019-20 goals will be presented at the September 12, 2019 CYF Council meeting.
- By-Laws Update
 - ✓ San Diego Nonprofit Association (SDNA) dissolved
 Private Sector SDNA recently dissolved. Margaret Iwanaga Penrose was the SDNA constituency CYF Council member representative and Rosa Ana Lozada the alternate. Certificates of recognition were presented in appreciation for their contributions to the Council and the CYF System of Care.

Michelle Ly received the certificate on behalf of Margaret Iwanaga Penrose. Rosa Ana Lozada will continue in her role of Co-Chair of the CCRT Sub-Committee representing the CYF Private Sector.

- ✓ Recommend keeping 24 member seats by removing SDNA and adding second seat to ADSPA-parity with MHCA

A motion to add one additional Alcohol and Drug Service Provider (ADSPA) seat to replace SDNA seat and be in alignment with the MHCA number of seats (2) was approved by the voting CYF Council membership.

- Medi-Cal Expansion of Undocumented Youth Adults (Ages 19 through 25)- Effective January 1, 2020 (Handout)
 The California State Budget 2019-20 includes funding to expand full scope-scope Medi-Cal coverage to eligible young adults aged 19 through 25 years old regardless of immigration status.
- The CYF Council meeting will be dark on November 11, 2019 in observance of the Veteran's Day holiday.

IV. Mental Health Services Act (MHSA) Updates (Yael Koenig)

- The MHSA Fiscal Year 2019-20 Annual Update San Diego County plan has been released. This report provides an update to the MHSA Three-Year Program and Expenditure Plan for Fiscal Years 2017-18 through Fiscal Year 2019-20 (MHSA Three-Year Plan). Public review and comment period is from August 2, 2019 to September 1, 2019. The document can be accessed at:
<https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/documents/NOC/MHSA/ MHSA%20Annual%20Update%20FY%202019-20%20FINAL30%20Day%20Public%20Review%20ALL%207-26-19.pdf>.

V. Strategic Planning Meeting Part 3 (Yael Koenig)

A. Strategic Planning Meetings 1 and 2 Summary

- May 13, 2019 meeting focused on Assessment of Psychiatric care in San Diego County
- June 10, 2019 focused on CYF System of Care intersection with the Justice system/School Threats

B. Context through Recent Board Letters and relevant documents

1. June 25, 2019 (01), Strengthening the Bridge Between Behavioral Health Services and the Criminal Justice System Board of Supervisors Letter-Handout
 This Board Letter provides an update to the directions stated in the March 26, 2019 (2) Board Letter:
 - Develop a timely follow-up care and case management system for individuals involved in a Psychiatric Emergency Response Team (PERT)/law enforcement crisis call: A design is still being evaluated. The goal is to create a system response based on level of need.
 - Establish regional Mental Health Crisis Stabilization Centers that can provide 24/7 walk-in mental health and substance use disorder services including law enforcement drop offs: In partnership, HHSA, the District Attorney's Office (DA), Sheriff, and County Public Safety Group (PSG) made recommendations to establish community-based crisis stabilization services in the North San Diego County to include law enforcement drop-off and mobile crisis response.
 - Work with school districts and the County Office of Education to develop enhanced school-based crisis response, including possible expansion of existing PERT programs for threats of crisis situations involving school youth: HHSA and PSG staff began working with SDCOE staff, DA and Sheriff for data analysis and stakeholder engagement to develop a strategy aimed to support the 42 school districts' existing crisis response processes and, as needed, augment the services currently available.
2. June 25, 2019, (04), Update of Advancing the Behavioral Health Continuum of Care Through Regional Collaboration and Innovation-Board of Supervisors-Handout
 This Board Letter provides a quarterly update of activities stemming from the October 30, 2018 (3), Board Conference: Caring for People in Psychiatric Crisis in San Diego County. It recommends amending existing contracts to explore the feasibility of additional inpatient psychiatric care in North County and other regions within San Diego County.
3. June 25, 2019 (23), Behavioral Health Continuum of Care: Creation of Additional Crisis Stabilization Units Chairs and Psychiatric Health Facility Beds for North San Diego County (District 5)-Handout
 This Board Letter recommends facilitating negotiations between the County of San Diego with potential care providers that provide inpatient and crisis stabilization services (Adult-focused).
4. SchoolLink Letter to school districts (August 1, 2019) regarding thresholds-Handout
 SchoolLink (Formerly known as Medi-Cal services) is a partnership between County of San Diego and local school districts to provide behavioral health services at schools. SchoolLink was launched in 2018

to implement standardized practices and increase collaboration between schools and treatment. Data revealed the need to re-evaluate practices and prioritize services where they are needed. As a first step, a minimum client threshold was set to warrant the deployment of therapists through SchoolLink. The implementation of thresholds is intended to be a collaborative process between schools, districts, SchoolLink providers and the County, to ensure services are deployed timely and efficiently. The minimum School Threshold is a deployment of a therapist at each designated school at least weekly and being at campus for a minimum of four hours per visit. Schools are asked to commit to:

- Identify a consistent space for the therapist(s)
- Make sufficient referrals that lead to a minimum of 5 active clients served by SchoolLink provider
- Make sufficient referrals that lead to a minimum of 10 annual clients served by SchoolLink provider.

SchoolLink also assists school districts comply with AB 2022: Pupil Mental Health Services School Notification effective January 2019, which requires to notify pupils, parents, and caregivers no less than twice during the school year on how to initiate access to pupil mental health services in campus and in the community.

- SchoolLink resources provided:
 - ✓ SchoolLink poster and brochure-Handout
 - ✓ SchoolLink: <https://theacademy.sdsu.edu/rihs-schoolink/#/menu/5b1058975336621b30dfcd5b>

C. Addressing School Based Crisis Led Group Discussion using the Strategic Planning Tool-Handout-Highlights

- Pros of a PERT model:
 - ✓ School safety when a student is presenting a threat to him/herself or somebody else
 - ✓ PERT officers are authorized to transport
 - ✓ Existing PERT teams are appropriately deployed to schools when law enforcement intervention is needed
- Concerns about the PERT include:
 - ✓ Utilization of law enforcement model as a first response to mental health crisis that may have no law enforcement overlap or need; resulting in an escalation
 - ✓ Stigma and the potential for trauma
 - ✓ Consequences of arrests
- Perhaps, an alternate hybrid model can be implemented without law enforcement that:
 - ✓ Balances involuntary holds and voluntary services
 - ✓ Focuses on prevention
 - ✓ Includes restorative practices (labeled different) and reflects the continuum of care
 - ✓ Considers gang prevention models
 - ✓ Expands education at schools to include mental health
 - ✓ Focuses on clinicians vs. law enforcement
 - ✓ Includes an outreach component similar to the Homeless Outreach Team
 - ✓ Has an integrative approach with focus on de-escalation
- Considerations/recommendations prior to moving forward with PERT implementation:
 - ✓ Develop a school survey to find out if PERT in school existed, how often it would be used
 - ✓ Incorporate Prevention activities:
 - Add Mental Health First Aid training as a requirement for teachers, health technicians, parent and student leaders
 - Work with school coaches to help student athletes, focusing on high achievers
 - Student follow-up from the previous school year to the next carrying the information from previous school year (struggle, successes, challenges)
 - ✓ Assess specific needs and resources by school district, including charter schools
 - ✓ Need to explore data, including school climate data. A lot of the information/data available through (media) is anecdotal
- Other recommendations
 - ✓ Continue with SchoolLink
 - ✓ Establish clear guidelines on addressing school-based crisis protocols
 - ✓ Address the use of handcuffs to transport students to psychiatric crisis services.
 - ✓ Use of technology for mental health screenings at schools
 - ✓ Focus on full continuum of services instead of addressing the crisis point

- ✓ Incorporate training for teachers related to children wellness, including how to help children connect and develop relationships, and techniques to help children from isolation as tools and for prevention and early intervention.

VI. Announcements

- 10th Annual Early Childhood Mental Health Conference-We didn't wait! A Decade of Progress-A Future of Hope-September 12-14, 2019 at the Crowne Plaza Hotel. More information at: <https://www.earlychildhoodmentalhealth-sandiego.com/>.
- Save the date: Parents and Caregivers for Wellness Training on September 13, 2019 (Parents and caregivers), September 14, 2019 (providers). More information will be available soon
- Save the date: Recovery Happens- Saturday, September 14, 2019-Handout
- Save the date- Live Well Advance- "Uniting for Impact"- Monday October 28, 2019-Handout
Link: <http://www.livewellsd.org/content/livewell/home/news-events/advance.html>.

VII. Action Items

Action Item(s)	Action By	Action Due
Share the California Healthy Kids- San Diego County Secondary 2015-2017 Main Report.	<ul style="list-style-type: none"> • Violeta Mora (SDCOE) 	<ul style="list-style-type: none"> • Completed. Sent via e-mail to e-distribution lists on August 19, 2019.

Next CYF Council Meeting: September 9, 2019
Scottish Rite Center, Shell Room
9:00 to 10:30 A.M.

Sub-Committees/Sectors/Workgroups Meetings Information:

Outcomes: Meets the 1st Tuesday of the month- 3255 Camino del Rio South, San Diego CA 92108 in La Vista Room- from 11:30 A.M. to 12:30 P.M.

Early Childhood: Meets the 2nd Monday of the month- at the San Diego Center for Children-FFAST office located at 8825 Aero Drive, Suite 110, San Diego, CA from 11:00 A.M. to 12:00 P.M.

Education Advisory Ad Hoc: Meets As Needed.

TAY Council: Meets the 4th Wednesday of the month 3:00 to 4:30 P.M. at National University, 9388 Lightwave Ave. Room 118, San Diego, CA 92123.

CYF CADRE: Meets quarterly the 2nd Thursday of the month at NAMI San Diego, 5095 Murphy Canyon Road, Suite 320, San Diego, CA 92123 from 1:30 to 3:00 P.M.

CCRT: Meets 1st Friday of the month at the Health Services Complex- 6367 Alvarado Ct. Ste. 105, San Diego, CA 92120 from 10:00 to 11:30 A.M.

Family and Youth Sector: Meets quarterly –Contact CYFLiaison@namisd.org for schedule.

Family and Youth as Partners: Meets every 3rd Thursday of the month at NAMI San Diego, 5095 Murphy Canyon Road, Suite 320, San Diego CA 92123 1:30 to 3:00 P.M.

Private Sector: Ad Hoc/Meets As Needed.



Children, Youth and Families Behavioral Health System of Care Council Bylaws

Article One Name

The name of this organization shall be the CHILDREN, YOUTH AND FAMILIES BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL (also known as CYFBHSOC or the Council).

Article Two Powers and Duties

The powers and duties of the Council shall be set forth by Behavioral Health Services (BHS) Administration, a division of the Health and Human Services Agency (HHSA). The Council reports to the Behavioral Health Services Director (BHS Director). The Council serves in an advisory capacity to the BHS Director. However, the Council, as needed, can brief the HHSA Director and/or staff on children's behavioral health developments/issues. The Council is charged by the BHS Director to perform the following functions:

- Provide community oversight for the integrity of all services and advancement of all aspects of the system of care;
- Provide advice and feedback related to the progress and future expansion of the CYFBHSOC; and
- Provide information and recommendations to the BHS Director.

Article Three Membership

Membership on the Council is via appointment by the BHS Director through recommendations of each sector. The Council provides an opportunity for all four sectors (Education, Family/Youth, Provider, Public) to have a voice in policy development and implementation of the System of Care. Members will be appointed from the following:

Constituencies	Seats
Behavioral Health Advisory Board	1
Behavioral Health Services	1
Public Safety Group/Probation	1
Child Welfare Services	1
HHSA Regions	1
Public Health	1
Juvenile Court	1
First 5 Commission	1
Special Education Local Plan Areas (SELPA)	1
Regular Education- Pupil Personnel Services	1
School Board	1
Special Education	1
San Diego Regional Center for Developmentally Disabled	1
Alcohol and Drug Services Provider Association (ADSPA)	2
Mental Health Contractors Association	2

Fee For Service Network	1
Healthcare/Pediatrician	1
Family and Youth Liaison	1
Caregiver of child/youth served by the public health system	1
Youth served by the public health system (age up to 26)	2
Managed Care Health Plan	1

Membership shall be limited to 24 voting members. Each member/sector will also designate an “alternate,” a person to act on behalf of the regular member when the regular member is unavailable. Alternates retain voting privileges only when the regular member is not present. CYFBHSOCC members serve two-year terms, which may be renewed at the discretion of the BHS Director. Terms will begin in July, and be staggered with half of the membership rolling over one year, and the other half the next, to avoid enlisting an entirely new slate at one time.

Current CYFBHSOCC members and alternates shall have access to the trainings provided by the BHS training contractor. To gain access, a written request shall be submitted to Council staff for processing.

Council members from the Youth served by the public health system constituency, who complete an application for the annual California Mental Health Advocates for Children and Youth (CMHACY) conference scholarship, shall be given priority status for scholarship award.

Article Four Vacancies

Any vacancy in any seat on the Council shall be filled by appointment by the BHS Director. When a vacancy occurs, an analysis shall be conducted by the BHS Director as to the current composition of the Council and what constituency requires additional representation. The BHS Director shall recruit potential members from the constituency groups listed in Article Three, taking into consideration what is needed to represent demographics (gender, ethnicity, and age) of the County as a whole to the extent feasible. The Council should reflect the ethnic diversity of the client population in the county. The BHS Director formally appoint the member via letter to the member of the Council.

Article Five Quorum

A quorum shall be defined as one person more than one half of the appointed members. Alternates may be included in the quorum count if they are providing voting representation for the regular member. The definition of appointed members excludes unfilled positions and those vacated by resignation or removal.

Article Six Meetings

The CYFBHSOCC co-chairs will determine the frequency, times and locations for the Council meetings at the beginning of each committee year, July 1. Changes to the prevailing meeting schedule will be communicated to members no later than the meeting immediately preceding the changed meeting date. Meetings shall convene promptly at the scheduled time.

Agendas: Agendas are prepared by the Executive Committee in consultation with the BHS Director or designee. Members advise the co-chairs in advance of the proposed agenda items. Agendas are forwarded to

Council members, alternate and attendees in advance of the Council meeting to enable participants to decide if they want to attend.

Meeting Minutes: County Administrative staff record CYFBHSOCC meetings and maintain the Minute Book. Minutes are distributed to CYFBHSOCC members in advance of the next regularly scheduled meeting and shall be posted on the County website.

Article Seven **Officers**

The business of the Council is organized and managed through two co-chairs. The co-chairs are nominated by the sector responsible for chairing the upcoming serving term. The nominations are presented to the CYFBHSOCC at the April and May meetings; the co-chairs are formally elected by the CYFBHSOCC at the June meeting and start serving in the month of July.

The co-chairs are named from the four sector partnership of the System of Care – Education, Families/Youth, Providers, and Public Agencies, and should not represent the same constituency during any term. The co-chairs serve for two-year terms on a rotating basis, and alternating so there is always one serving their first and the other serving their second term year.

The co-chairs are responsible for the development and preparation of the meeting agendas and for obtaining briefings on progress and activities from the BHS Director. County Administrative staff provides support to the co-chairs and to activities of the Council, including meeting notices, minutes, and coordination.

Article Eight **Sub-committees**

The CYFBHSOCC has a “standing” sub-committee, the Executive Committee, tasked to follow up on current SOC principles and recommend a process to ensure relevancy to current realities and challenges which includes the development of sub-committees and task forces in order to complete its business, as well as the pausing or retirement of sub-committees that are no longer needed. Sub-committees are to submit a monthly written report to the CYFBHSOC Council.

Each sub-committee shall appoint or elect a chair or co-chairs. The chairs of the sub-committees are then members of the Executive Committee. The chairs of the sub-committees may be members of the Council, however if the individual serving in the capacity of chair or co-chair of a sub-committee is not a member of the Council, they become a member, ex officio (without vote), of the Council.

Article Nine **Voting and Consensus**

The CYFBHSOCC strives to achieve consensus on all decision matters. In the absence of full consensus, any item put to vote will be approved by a simple majority of those present. A quorum of the CYFBHSOCC must be present in order for a vote to be taken on any motion brought to the CYFBHSOCC.

Motions put to the CYFBHSOCC for vote should include the following information:

- Concise statement of the issue for vote;
- Purpose for the vote (e.g. recommendation to the Director, or change in bylaws); and

- Action to be taken pursuant to the vote.

The Council votes by show of hands on all action items brought before the Council for decision. The majority voice carrying the decisions is noted in the Minutes. Vote counts are not required.

Members opposing the outcome of a closely contested vote may request permission to submit a “minority opinion” into the record of the vote. Opposing members have two working days from the date of the vote to submit their minority opinion, in writing, to the co-chairs for inclusion in the official Minutes of the CYFBHSOCC.

Only members of the Council, or alternates attending in place of the delegated member, are eligible to vote. Alternates attending in addition to the regular member are not eligible to vote and do not count in the Quorum determination.

Article Ten Member Conduct

Conduct of members of the CYFBHSOCC is guided by these principles:

- Courtesy and respect for the customs and beliefs of others, consistent with the mission and philosophy of the System of Care and the Council;
- Respect for the confidential nature of information used by the CYFBHSOCC to conduct its business;
- Conduct in all relationships that ensures decisions are not compromised by any conflict of interest;
- Use of sound, ethical management practices in all CYFBHSOCC activities;
- Continuous striving to provide quality service to the CYFBHSOCC, the System of Care, and the children and families it serves.

Article Eleven Ratification and Amendments

These bylaws may be reviewed and updated annually by the CYFBHSOCC meeting.

Changes or amendments to these bylaws must be submitted in writing to the co-chairs and the BHS Director for review and consideration. The CYFBHSOCC co-chairs will have final determination if the amendment will be put to vote by the entire CYFBHSOCC. The Council may, by a two-thirds (2/3) vote, adopt amended bylaws at any CYFBHSOCC meeting provided notice has been given at the prior meeting or at least thirty (30) days written notice has been given to the CYFBHSOCC membership.

County of San Diego
Children, Youth and Families Behavioral Health System of Care Council Goals

Council Vision: Wellness for children, youth and families throughout their lifespan.

Council Mission: Advance systems and services to ensure that children and youth are healthy, safe, lawful, successful in school and in their transition to adulthood, while living in nurturing homes with families.

Fiscal Year 2019-20 Goals

- Promote Live Well San Diego Vision.
- Evaluate the System of Care in context of Board Actions and advocate for needed modifications, adjustments, improvements, and new programing.
- Discuss Population Health and Social Determinants of Health in the context of guiding principles for the CYF System of Care.
- Educate about other systems' priorities and look for opportunities to align efforts to best impact positive system changes.
- Advance the Drug Medi-Cal Organized Delivery System (DMC-ODS) – Year Two
 - ✓ Complete re-procurement of enhanced Teen Recovery Centers (TRC's): Seven outpatient Substance Use Disorder (SUD) treatment programs located in all County regions for adolescents ages 12-17 and their families. TRCs are also located within school sites to increase access and coordination with school personnel. TRCs will include an additional component of early intervention services (ASAM .5) and address teen vaping.
 - ✓ Complete re-procurement of the CalWORKs Connection program to provides behavioral health screening, referral, care coordination and connection to Mental Health and Substance Use Disorder (SUD) treatment services for CalWORKs Welfare to Work Participants. Services are designed to support sufficiency goals by connecting participants to behavioral health resources and treatment services.
 - ✓ Complete re-procurement of the Dependency Drug Court and Housing Support Services program to provide onsite behavioral health screening and connection to SUD treatment services to parents who are involved with Dependency Court to promote the safe reunification of families through the connection to services. New emphasis on Housing Support Services as an integrated program component that provides case management and coordination of community resources to families experiencing housing instability to promote stability and the attainment of sufficiency goals.
 - ✓ Deliver the Annual CYF System of Care Conference: Youth Substance Use Disorders (SUD) and Treatment scheduled for May 28, 2020.
- Emphasize the importance of Early Childhood Mental Health as well as prevention and early intervention.
 - ✓ Complete re-procurement of KidSTART to serve young children with complex needs.
 - ✓ Complete re-procurement of ChildNET to support young children in their preschool settings.
 - ✓ Collaborate with Child Welfare and other partners on Child Abuse Prevention efforts.
 - ✓ Implement the Early Childhood - Child and Adolescent Needs and Strengths (EC-CANS) tool effective in Fiscal Year 2019-20
 - ✓ Deliver the 10th Annual Early Childhood Conference: We didn't wait! A Decade of Progress-A Future of Hope, scheduled for September 12-14, 2019.
 - ✓ Contribute to conversations pertaining to prevention and early intervention, infusing subject matter expertise to inform future programing.
- Make necessary system adjustments to align with Continuum of Care Reform (CCR), including Short Term Residential Treatment Programs (STRTP) contracts as well as Therapeutic Foster Care (TFC) services with mental health contractors. Be prepared to add new STRTP contracts as needed.
- Promote the successful implementation of the State mandated Pediatric Symptom Checklist (PSC-35) and the Child and Adolescent Needs and Strengths (CANS) – year two focused on the Fee for Service (FFS) and Treatment and Evaluation Resource Management (TERM) Provider Network. Emphasize utilizing data at the client, program, and system level to inform decision making.
- Increase collaboration with education sector to support students.

County of San Diego
Children, Youth and Families Behavioral Health System of Care Council Goals

- ✓ Promote SchoolLink through creating awareness of school-based services and the minimum threshold expectations set for the 2019-20 School Year.
- ✓ Develop Threat Assessment expertise through TERM panel and contracting.
- ✓ Participate in the October 2019 Annual School Summit through the HHSA School Collaborative.
- Identify new and system relevant trainings.
 - ✓ Deliver the 5th Annual Critical Issues in Child and Adolescent Mental Health Conference scheduled for March 12-13, 2020.
 - ✓ Deliver the 6th Annual Children's Mental Health Well-Being Celebration scheduled for May 8, 2020.
 - ✓ Establish micro learnings for Pathways.
- Promote authentic utilization of Family and Youth Partners as service providers; keeping informed about Senate Bill 10: Mental Health Services: Peer Support Specialist Certification progress as well as the DMC-ODS Peer Support Plan intended for implementation in Fiscal Year 2019-20
- Implement housing opportunities through CYF
 - ✓ By embedding Housing Support services to the Dependency Drug Court program to be procured in Fiscal Year 2019-20 for Fiscal Year 2020-21.
 - ✓ By procuring Shelter Beds program for youth ages 12 to 17 for availability in Fiscal Year 2019-20.
 - ✓ Support Monarch School with Permanent Supportive Housing Services through partnership with the San Diego Housing Commission for Fiscal Year 2019-20.
 - ✓ By promoting standardized utilization of Recovery Residence for perinatal population.
- Continue to address the immigration policies impact in the CYF System of Care community.
- Participate in Performance Improvement Project (PIP) to increase family engagement in treatment.

Highlights of Fiscal Year 2018-19 Accomplishments

- Promoted Live Well San Diego Vision.
- Infused Customer Service commitment.
- Advanced the 1115 Drug Medi-Cal Waiver – Organized Service Delivery System implementation – year 1.
 - ✓ Completed procurement of the New Entra Casa, a six-bed perinatal residential program.
- Advanced Continuum of Care Reform (CCR) implementation
 - ✓ Seven San Diego Short Term Residential Treatment Programs (STRTP) were accredited, with four obtaining Mental Health Program approval.
 - ✓ Established new program design and rates, as well as training standards effective Fiscal Year 2019-20.
 - ✓ Updated the revised Pathways to Well-Being and Continuum of Care Reform eLearning.
- Implemented the “Center for Child and Youth Psychiatry” (CCYP) (Cycle 4-INN 22). The contract was awarded to New Alternatives effective July 1, 2018. CCYP provides psychotropic medication services through office-based clinics and tele-psychiatry. In Fiscal Year 2018-19 CCYP served 241 unduplicated children and youth. It has been seen received as a value added to the system of care, allowing more access to psychiatry services.

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- Implemented the SmartCare: “Behavioral Health Connect” (BHConnect) (Cycle 4-INN 19) effective February 1, 2019. The contract was awarded to Vista Hill Foundation. BHConnect provides telemental health services to children, youth, and adults who are high utilizers of psychiatric emergency services but are not connected to a current mental health provider.
- Established the Accessible Depression and Anxiety Peripartum Treatment (ADAPT) (Cycle 4-INN18). The contract was awarded to Vista Hill effective March 1, 2019. ADAPT is a collaborative treatment model that provides mental health treatment and Peer Partner services to new parents and partners referred through HHSA Nurse Family Partnership (NFP) and Maternal Child Health Home-Visiting program that have or are at risk of developing PeriPartum Mood and Anxiety Disorders (PMADs).
- Partnered with Optum and RIHS for implementation of the CANS and PSC for the FFS and TERM Provider Network effective July 1, 2019.
- Implemented CANS Early Childhood tool for Mental Health providers serving children ages 0-5 effective July 1, 2019.
- Revised the CANS Family Letter and implemented CANS Sharing Confirmation page in Cerner Community Behavioral Health (CCBH) Client Plan.
- Participated in the October 12, 2018 Annual School Summit.
- Delivered new and system relevant trainings:
 - ✓ Educating Children and Youth Experiencing Homelessness
 - ✓ Family Compassion and the Lesbian, Gay, Bisexual, Transgender, Questioning, Intersexual and Asexual (LGBTQIA) Community
 - ✓ Sexual Health Conversations with Youth and Families
 - ✓ Partnering with Justice Involved Families
 - ✓ Intesectionality of Identities.
- Updated the revised Pathways to Well-Being and Continuum of Care Reform eLearning.
- Annual CYF System of Care Academy conference focused on School Safety: Envisioning Safer Schools (May 30, 2019).
- Updated the CYF Council By-Laws to provide access to trainings delivered by the BHS training contractor to CYF Council members and alternates (December 10, 2018).
- In coordination with HHSA departments, First 5 San Diego, San Diego Academy of Child and Adolescent Psychiatry (SDACAP), American Academy of Pediatrics, CYF providers, and other local organizations, CYF hosted the 9th “We Can’t Wait” Annual Early Childhood Conference-September 2018. The 2018 theme was: Embracing Our Diversity: Intervening Early in Every Community.
- CYF in partnership with the San Diego Academy of Child and Adolescent Psychiatry (SDACAP), the San Diego Psychiatric Society, the California Association of Marriage and Family Therapists-San Diego Chapter (CAMFT), and the San Diego Psychological Association held the 4th Annual Critical Issues in Child and Adolescent Mental Health Conference: Managing Change in a Changing World on March 21-22, 2019.
- Promoted authentic utilization of Family and Youth Partners as service providers by active participation in the BHS Support Partners Advocacy meeting.
- Delivered the 5th Annual Children’s Mental Health Well-Being Celebration on May 3, 2019.
- Supported the promotion of the youth developed Trauma Informed Code of Conduct through the Clinton Health Matters Initiative (CHMI).

County of San Diego
Children, Youth and Families Behavioral Health System of Care Council
September 9, 2019

Submitted by: Yael Koenig

Executive Sub-Committee			
Purpose			
<p>The Executive Committee is a “standing” sub-committee of the CYF Council. The CYF Deputy Director and administrative staff support the Council by leading the Executive Sub-Committee which is comprised of the sub-committee chairs and co-chairs of the CYF Council. This subcommittee is tasked to:</p> <ul style="list-style-type: none"> • Coordinate CYF Council activities • Inform on current issues relevant to the CYF System of Care (SOC) • Ensure follow through on CYF Council action items. 			
FY 18-19 Active Sub-Committee Members			
Public	Private	Family	Education
Dori Gilbert (Co-Chair) Yael Koenig (County staff) Grisel Ortega-Vaca (County staff) Darwin Espejo (County staff) Edith Mohler (County staff)	Rosa Ana Lozada (CCRT) Julie McPherson (CYF CADRE and Outcomes) Marisa Varond (CYF CADRE) Aisha Pope (Early Childhood) Autumn Weidman (Early Childhood)	Renee Cookson (Family and Youth as Partners) Valerie Hebert (Family and Youth as Partners)	Violeta Mora (Co-Chair) Heather Nemour (Education)
FY 18-19 Accomplishments			
<ul style="list-style-type: none"> • Developed and delivered a stronger annual CYF Council Orientation with an improved video (August 13, 2018) • Created a master Welcome Packet for the Council that is now available to any new meeting attendees at each Council meetings (completed September 2018) • Developed an acronyms page for CYF Council meeting attendees; based on orientation feedback (completed September 2018) • Updated the CYF Council By-Laws to provide access to trainings delivered by the BHS training contractor to CYF Council members and alternates (December 10, 2018) • Dedicated the January and February 2019 meetings to Sub-Committee reports • Advanced the integration across the systems through the coordination of the April 8, 2019 Combined Councils meeting. Meeting focus: Local Immigration Shelter. The meeting addressed the coordination of local efforts assisting immigrant families • Completed Strategic Planning meetings on May 13 and June 10, 2019 • Informed goals and focus areas through the following presentations: <ul style="list-style-type: none"> ✓ Project Cal-Well (September 10, 2018) ✓ SchoolLink (September 2018) ✓ Organized Support Companion in an Emergency Situation (oscER) and oscER Jr. (December 10, 2018) ✓ Center for Child and Youth Psychiatry (December 10, 2018) ✓ Clinton Foundation: Strong Families Thriving Communities Presentation (March 11, 2019) 			

- Blueprint for action
- Trauma Informed Code of Conduct
- San Diego Mentorship Network
- ✓ San Diego Rapid Response Network (SDRRN) (April 8, 2019)
- ✓ Incident Command Center-Role of Public Health in the Local Immigration Shelter (April 8, 2019)
- ✓ Survivors of Torture (April 8, 2019)
- ✓ Role of Schools under current immigration laws-San Diego County Office of Education (April 8, 2019)
- ✓ Overview/Demo of New MHSA Innovation Program: Vista Hill BH Connect (May 13, 2019)
- ✓ Introduction to School Threat Assessment in San Diego County (June 10, 2019)
- Engaged the community and youth in Council meetings/conversations/activities through:
 - ✓ Scholarship opportunities to attend CYF System of Care sponsored conferences
 - ✓ Opportunities to participate in the Annual Children's Mental Health Well Being Celebration
 - ✓ CYF Council Strategic Planning meetings
- Remained attentive to subcommittees; improved infrastructure to provide more clarity of what it is expected of them and highlight their voice:
 - ✓ Dedicated two meetings during the fiscal year to focus on CYF Council Sub-Committees reports
- Created a CYF Council web page or location that contains key Council documents
- Explored alternate meeting formats when necessary. For example: The Clinton Foundation: Strong Families Thriving Communities presentation on March 11, 2019 was completed through "Zoom Link"
- Council activities focused in alignment with the Ten-Year Roadmap and CYF Council Mission, Vision and Principles.

Goals for Fiscal Year 2019-20

- Continue to coordinate Council focus, activities, and membership
- Manage the logistics of the Council
- Maintain the Council website
- Evaluate relevance of Bylaws and bring proposed edits to Council vote. For example: adding an Alcohol and Drug Service Provider Association (ADSPA) seat when the San Diego NonProfit Association (SDNA) seat was retired.
- Inform goals and focus areas which may include:
 - ✓ Brain XP: Living with Mental Illness A Young Teenager's Perspective Presentation
 - ✓ Housing opportunities via CYF
 - ✓ Nile Sisters Development Initiative Presentation
 - ✓ Preventing Child Maltreatment
- Consider other initiatives to explore joint goals with the intention of leveraging synergy when appropriate
 - ✓ Invite representatives from the newly formed Child and Family Strengthening Advisory Board to learn about areas of focus that are in alignment with the CYF Council.

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Submitted by: Edith Mohler

Cultural Competency Resource Team (CCRT)			
Purpose			
The CCRT addresses the County's dynamic demographics and serves as an advisory group to the Behavioral Health Services (BHS) Director to enable BHS systems of care to work effectively in cross-cultural integration in services.			
FY 18-19 Active Sub-Committee Members			
Public Sector	Private Sector	Family Sector	Education Sector
Piedad Garcia-Chair (AOA) Charity White-Voth-Co-Chair (AOA) Elizabeth Dautz (CYF-STAT) Andrea Duron (AOA) Nicole McAleer (The Knowledge Center) Liz Miles (BHS-QI) Edith Mohler (CYF) Nilanie Ramos (BHS-Clinical Director's Office) Nancy Rodriguez (AOA-Case Management) Ann Vilmenay (AOA)	Sahra Abdi (United Women of South Africa) Mahvash Alami (Survivors of Torture) Elisa Barnett (The Center San Diego) Shadi Haddad (San Ysidro Health Center-Chaldean-Middle-Eastern Social Services) Rick Heller (HSRC) Celeste Hunter (CASRC and UPAC) Kat Katsanis-Semel (Mental Health America) Rosa Ana Lozada (Harmonium-representing the CYF Council) Michelle Ly (UPAC) Yen Du -Alternate (UPAC) Rebecca Paidá (Nile Sisters Development) Luz Pinto , NAMI Mercedes Webber (Recovery International) Jessica Young (NHA-Project Enable-TAY)	Celeste Hunter	Minola Clark Manson (Responsive Integrated Health Solutions) Juan Camarena (San Diego State University)
FY 18-19 Accomplishments			
<ul style="list-style-type: none"> • Provided input to the Behavioral Health Services Training and Education Committee (BHSTEC) regarding Cultural Competence training needs (November 2, 2018). • Provided input focused on improving the Fiscal Year 2018-19 MHSA Community Program Planning forums to San Diego State University (SDSU) Research Foundation consultants on September 7, 2018. 			

- Provided representation at the local Warrior Spirit: “Calling Upon the Warrior Spirit to Heal Historical Trauma” conference held on October 8, 9, and 10, 2018 hosted by the Viejas Band of Kumeyaay Indians.
- Participated at the 2018 Cultural Competence Summit “Honoring California’s Diversity: A Call to Action” held in October 23-24, 2018. Piedad Garcia presented along with Pathways Community Services on the implementation of Urban Beats.
- Participated in the Binational Mental Health Symposium in October 2018. This was a workgroup session between mental health professionals from Baja California and California. The event was held at the Universidad Autónoma of Baja California in Tijuana, México.
- Provided input to the San Diego State University Social Policy Institute on the MHSA Innovation Human-Centered design proposal BEHEALTH.TODAY, <https://behealth.today/> (January 4, 2019).
- Provided input for the 2019 BHS Cultural Competence Plan update (February through May 2019).
- CCRT Co-Chairs led the development of the “Trauma Informed Care within a Cultural Context and Self-Care” training for the staff working at the Migrant Asylee Shelter. The first training was held on March 12, 2019.
- Participated in the curriculum committee to develop the new Cultural Competency Academy (CCA) Foundational training series. First meeting was held on March 15, 2019.
- The Education and Training committee of the CCRT held a Strategic Planning/Focus group meeting. The Southern California Regional Partnership hired Dr. Jonathan Martinez of California State University-Northridge as the consultant for this meeting. The meeting was held in April 2019.

Goals for Fiscal Year 2019-20

- Address the Justice Involved population, specifically the overrepresentation of African Americans and Latinos and develop recommendations for services. African Americans and Latinos disparities in jails (September 2019).
- Review the MHSA Fiscal Year 2019-20 Annual Update document and develop recommendations.

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Submitted by: Marisa Varond and Julie McPherson

CYF Change Agents Developing Recovery Excellence (CADRE Sub-Committee)			
Purpose			
<p>The purpose of the CADRE CYF subcommittee is to strengthen the Comprehensive, Continuous, Integrated System of Care (CCISC) initiative in its vision to deliver wide-ranging services for children, adolescents, and families. We serve as a forum for service providers to enhance treatment for children and adolescents experiencing or impacted by co-occurring disorders in order to promote health and resiliency within our youth. The subcommittee aims to:</p> <ul style="list-style-type: none"> • Develop integrated co-occurring training and technical assistance in accordance with the CCISC and Co-occurring Center for Excellence standards • Support the implementation of evidence-based practices to support effective interventions for youth impacted by co-occurring disorders • Provide a vital link between systems, consumers, and families • Increase access to needed behavioral health services <p>Promote collaboration and develop meaningful relationships between providers to ensure that youth and their families receive the right services at the right time in the right setting.</p>			
FY 18-19 Active Sub-Committee Members			
PRIVATE	PRIVATE	PRIVATE	PUBLIC
Carolyn Argote-Bertley-Prime Ally	Hope Graven-MHS	Christina Powell-CRF	Shannon Jackson
Michelle Atkins-SDYS	Terri Hagmann-North	Mary Puntenney	Yael Koenig
Cynthia Ayon-CRF	County Serenity House	Blanca Reyes-Family Health Centers	Wendy Maramba
Mary Ellen Baraceres-Pathways-Cornerstone	Pamela Jacobs- CRF	Julia Ris-CRF	Michael Miller
Edgar Capacio-UPAC	Cynthia Jauregui-FHCSD	Laura Rogers-Fred Finch	Eileen Quinn-O'Malley
Michael Cordova-CRF	Deanna Jimenez-SDYS	Jacqueline Rosas-North County Lifeline	Louise Zavala
Claudia Covarrubias-CRF	Jennifer Johnson-SAY	Julio Chavez-CRF	Family
Adrian Del Rio-SYHC	Monet Johnson-CRF	Ervey Salinas-SDCC	
Kristin Dillinger-Vista Hill	Jan Kren-North County Lifeline	Rhaelynn Scherr	
Yen Du-UPAC	John Laidlaw-North County Lifeline	Sara Welsh-CRF	
Phil Emrein-UPAC	Michelle Ly-UPAC	Stephanie Smith-Vista Hill	
Trena Ensign-CRF	Markov Manalo-RI	Alejandra Sosa-SBCS	Education
Isela Forward-Rady Children's Hospital	Vanessa Martinez-CRF	Roberto Suarez-SYHC	
Jennifer Galvis-SDYS	Claire Mareeh Marquez	Zugieel Torres-CRF	
Colleen Hennessy-CRF	Kelly McCulloug	Marisa Varond (Co-Chair)	
Janet Garcia-CRF	Julie McPherson (Co-Chair)	Sara Welsh-CRF	
Cosme Gomez-UPAC	George Montoya- Rady Children's Hospital	Maryam Zappier-CRF	
Brenda Estrada-CRF			
Louis Binford-CRF			

FY 18-19 Accomplishments

- Joe Eberstein of the San Diego County Marijuana Initiative presented on:
 - marijuana trends in San Diego County
 - effective of marijuana on the developing brain
- Shannon Jackson, LPCC, Behavioral Health Program Coordinator, BHS, CYF, presented on the Drug MediCal Organized Deliver System.
- To exemplify progress towards integration, we reviewed the DDCMHT and incorporated two items previously omitted:
 - Policies and procedures for evaluation, management, monitoring and complains for/of medications for substance use disorders
 - Capacity to maintain treatment continuity
- Facilitated discussion regarding barriers and access to Behavioral Health Treatment (Mental Health and SUD Treatment) and shared resources.

Goals for Fiscal Year 2019-20

- Facilitate discussion surrounding training and education for medication for youth who are dually diagnosed.
- Continue to strengthen knowledge of and relationships between CYF SUD and Mental Health programs for ease of referrals, warm handoffs and admissions for youth.
- Invite TAY and AOA SUD and Mental Health programs to the CYF CADRE Sub-Committee to increase awareness of programs, services and referral processes to support the ease of transition from the CYF system of care to the TAY/AOA system of care.

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Submitted by: Aisha Pope/ Autumn Weidman

Early Childhood Sub-Committee			
Purpose			
The Early Childhood Mental Health Subcommittee supports the CYFBH continuum of care by ensuring early childhood mental health is integrated, key issues are addressed, and topics are addressed to support age relevant system improvements. ECMH Subcommittee ensures that the BHS CYFSOC considers the unique needs of the 0-5 population and their caregivers when making decisions on programming, policy, and training.			
FY 18-19 Active Sub-Committee Members			
Public	Private	Private	Private
Dulce Cahue-Aguilar Shannon Jackson Ana Mendez Shelly Paul Nohemy Terrazas	Ginger Bial Lea Bush Sherry Casper Christine Cole Terri Cook-Clark Lily Cosicoberge	Andrea Gonzalez Jeanne Gordon Stacey Hardifer Jennifer Kennedy Lisa Linder Rosa Ana Lozada Marisela Molina Aisha Pope Ashley Rambeau	Angela Rowe Nikoo Sadatrafiei Desiree Shapiro Izzy Shine Bobbi Smylie Carole Steel Erin Taylor Autumn Weidman Rose Woods Aimee Zeitz
Family	Sarah Franco Kim Flowers		
Emma Eldredge Linda Ketterer	Pradeep Gidwani Oscar Gomez		
Education			
Evette Callahan			
FY 18-19 Accomplishments			
<p>1) PROMOTE AND EDUCATE: Provide information to improved systemwide understanding of early childhood mental health and integrate throughout the system of care.</p> <ul style="list-style-type: none"> Consistent ECMH Subcommittee attendance with well-rounded representation (public, private, family, education, and child welfare) ECMH subcommittee representative participated in the Child Abuse Prevention Summit sub-committee to bring an early childhood voice to the large event ECMH presented at the CYFBHSOC meeting in January 2019 ECMH submitted 3 proposals focused on early childhood to RIHS for 19/20 fiscal year consideration. 1 of the 3 proposals was selected by RIHS leadership (Implicit Bias) RIHS School Safety Conference added an Early Childhood track and 2 Early Childhood trainings were conducted (Preschool to Prison Pipeline and ECMH panel- Stories from the Field) <p>2) ADVOCATE: Prioritize service/program areas for a united voice to have a "ready to go position" for funding opportunities.</p> <ul style="list-style-type: none"> Discussed Endorsement process to increase the competency within the ECMH providers in our community ECMH representation at all Community Forums to provide a voice for early childhood 			

3) **PROMOTE SYSTEM CHANGE:** Improve and promote system efforts by increased understanding of services currently available

- Hosted MHSA presentation at a joint ECMH and ECMH Leader's Collaborative meeting
- Ongoing collaboration with Early Childhood Mental Health Leader's Collaborative

Goals for Fiscal Year 2019-20

1) PROMOTE AND EDUCATE

Provide information to improved systemwide understanding of early childhood mental health and integrate throughout the system of care.

OBJECTIVES:

- a) develop key talking points to advance priority messaging
- b) ensure ECMH voice is represented during SOC discussions, hot topics, ad hoc committees
Etc.
- c) provide brief informational videos, handouts, etc. to the CSOC council to promote relevant ECMH information
- d) Provide suggestions for training topics to BHETA and the We Can't Wait Conference regarding ECMH issues and hot topics

2) ADVOCATE

Prioritize service/program areas for a united voice to have a "ready to go position" for funding opportunities.

OBJECTIVES:

- a) ensure system priorities include ECMH
- b) prioritize ECMH areas for MHSA funding opportunities
- c) provide funding and programming suggestions at annual BHS Community Forums
- d) consider advancement of current practices/programs vs new practices/programs

3) PROMOTE SYSTEM CHANGE

Improve and promote system efforts by increased understanding of services currently available

OBJECTIVES:

- a) Identify ECMH (and related) programs/services funded by MHSA
- b) Identify ECMH (and related) programs/services funded by System Partners
- c) Improve collaboration with other system, initiatives, and current efforts/initiatives to identify common efforts, influence the work and present with a united voice when advocating for ECMH system change.

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Submitted by: Heather Nemour

Education Sub-Committee			
Purpose			
The purpose of the Education Sub-Committee is to build and/or enhance relationships between mental health providers and education resulting in resource development, needs identification, relationship building, and partnerships with stakeholders in efforts that promote youth mental health, positive school climates, and trauma informed delivery of school-based services/activities.			
FY 18-19 Active Sub-Committee Members			
Public	Private	Family	Education
Aidee Angulo San Diego Unified School District Fran Cooper -County of San Diego-CYF Yuka Sakamoto -San Diego Unified School District	Pam Hansen -San Diego Center for Children		Violeta Mora -SDCOE-Student Support Services Heather Nemour (Chair)-SDCOE-Student Support Services Barbara Ryan -California School Boards Association Cara Schukoske -SDCOE-Special Education
FY 18-19 Accomplishments			
<ul style="list-style-type: none"> SDCOE trained 200 participants on “Assessing Suicidal Students” with national expert, Dr. Lisa Boesky, in September 2018 and March 2019 for school and/or district teams that are the designated staff for suicide intervention A CYFBHSOCC presentation on SchoolLink was conducted by SDUSD in September 2018 A CYFBHSOCC presentation on Project Cal-Well was provided in September 2018. SDCOE and HHSa, LIVE WELL San Diego hosted SDCOE’s Annual Summit on Student Engagement and Attendance in October 2018. SDCOE provided 60 trainings with 1,784 participants from the 42 school districts, charters and private schools on mental health & well-being, positive school climate and suicide prevention SDCOE developed a Youth Anxiety training in response to the growing district requests and completed four trainings for districts and schools SDCOE disseminated the suicide prevention resource guide to the 42 school districts SDCOE presented at the Ninth District PTA’s Suicide Prevention Symposium in October 2018 and PTA Summer Leadership Conference in June 2019 SDCOE chairs the San Diego Suicide Prevention Council’s Education Sub-Committee Ad-Hoc Education Sub-Committee met in July 2019 			
Goals for Fiscal Year 2019-20			
<ul style="list-style-type: none"> SDCOE will offer a third workshop with Dr. Lisa Boesky on “Assessing Suicidal Students” in September 2019 for the 42 school districts and charter schools SDCOE will continue to provide monthly trainings for the 42 school districts, charters and private schools on mental health & well-being, positive school climate and suicide prevention SDCOE will develop & implement a trauma informed care training continuum for the 42 school districts 			

- SDCOE will update and disseminate the suicide prevention resource guide to the 42 school districts and explore adding to SchoolLink
- SDCOE will disseminate the SchoolLink BHS one-pager with school districts and schools. This one-pager contains information on how to access pupil mental health services on campus (if they are a SchoolLink campus) and/or in the community to share with parents/guardians as part of AB 2022 Pupil Mental Health Services: School Notification.
- SDCOE will coordinate and promote at least one screening on Screenagers-Growing Up in the Digital Age on stress, anxiety & depression
- SDCOE will promote an online suicide prevention training for students, teachers and staff to all middle and high schools in the county
- SDCOE and HHSA, LIVE WELL San Diego will host the SDCOE's Annual Summit on Student Engagement and Attendance in October 2019.
- SDCOE will continue to chair the San Diego Suicide Prevention Council's Education Sub-Committee
- The Ad-Hoc Education Sub-Committee will provide a mid-year and end of the year update to the CYFBHSOCC
- Ad-Hoc Education Sub-Committee will continue to meet as needed

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Submitted by: Renee Cookson/Valerie Hebert

Family and Youth Sector			
Purpose			
<p>The ultimate goal of Family and Youth as Partners (FYP) Subcommittee is to bring the Children, Youth and Family Behavioral Health System of Care Council (CYFBHSOCC) information and feedback from the FAMILY SECTOR and the YOUTH/FAMILY SUPPORT PARTNER Community.</p> <p>The purpose of the FYP Subcommittee is:</p> <ul style="list-style-type: none"> • Strengthening shared identity for CYF Peer Partner Staff • Sharing resources & information on CYF Peer Partner Staff Opportunities • Strengthening Four Sector Understanding & Recognition of CYF Peer Partner Staff • Bring information back to the CYFBHSOC Council <p>To strengthen the Four Sectors [Family, Public, Private, and Education] with understanding and recognition of Youth/Family Support Partners and the work they do within the community.</p>			
FY 18-19 Active Sub-Committee Members			
Public	Private	Family	Education
Darwin Espejo Edith Mohler	Celeste Hunter Darron Jones Carrie Kintz Sue McCoy James Ruf Sten Walker	Renee Cookson Debbie Dennison Christine Frey Valerie Hebert Linda Ketterer	Sonia Lira
FY 18-19 Accomplishments			
<p>Continued and ongoing outreach for sector representation</p> <ul style="list-style-type: none"> • Public, Private, Family and Education Sector has been filled • Mother/Daughter participation on sub-committee as well as on the CSOC • Council (Family Sector) representation from Education • Council (Public Sector) representation from Legal Aid <p>MHSA "Issue Resolution" perspective</p> <ul style="list-style-type: none"> • Ironed out the process for addressing issues that come into the CYF Liaison <p>Continued discussions on Hot Topics to bring education, resources and awareness to Y/FSP staff. FY 2018/19 Hot Topics included:</p> <ul style="list-style-type: none"> • Drug smuggling across border targeting High School • Sex Trafficking still widespread throughout San Diego County • Opioid/Xanax counterfeit drugs-dosage unpredictable • Fentanyl street drug crisis • Illicit drugs confiscated by Parents/Caregivers and how to dispose of them correctly in Drug Drop-off zones • Illicit Drug drop-off locations and special Drop-off dates • Narcan Training • Immigration/Border/ICE concerns • Suicide Prevention • Gun safety in the home and free gun locks 			

FY 18-19 Activities:

- Continued observation of Senate Bill SB10 (previously known as SB906) to ensure lived experience and curriculum is relevant to peer support partner
- Quarterly meeting held to gather authentic voice for SB10 (previously known as SB906). Adult and CYF involved (Edith Mohler and Linda Ketterer attend)
- Y/FSP retreat/conference/symposium discussed
- Y/FSP yearly celebration to support the work of the Partners - NAMI SD CYFL hosted a Y/FSP celebration in March during our monthly Y/FSP Coaching Meeting
- Continued outreach for TAY community
- NAMI SD CYFL discussion on hosting TAY Troop in North County (Oceanside Live Well Center)
- National City/Latinx collaboration with ARTS (A Reason To Survive) Center program
- NAMI Ending The Silence Presentations are being scheduled in a variety of Schools in order to engage TAY population and provide Mental Health support
- May Children's Mental Health Awareness event at ARTS Center where Planning Committee meetings started in January 2019 with representation from San Diego Youth Services, Family Sector, San Diego Center for Children, and TAY Representation on committee
- CYFL with RI International's Judy Holder submitted a proposal to present the Working Together curriculum at the iNAPS (interNational Association of Peer Supporters) Conference in the fall
- Continued support in getting the word out about job openings for Y/FSPs throughout SD County agencies
- Supporting CYFL with Topic speakers for the PEP Parent Support meeting and Y/FSP Coaching meeting
- Support efforts to build TAY Troop

Goals for Fiscal Year 2019-20

- Continued outreach for sector representation
- Continued discussions on Hot Topics to bring education, resources and awareness to Y/FSPs
- Continued observation of Senate Bill 10 to ensure lived experience and curriculum is relevant to peer support partner, and that family and youth voice is represented
- Continued outreach for TAY community
- May Children's Mental Health Awareness event planning, community building, and holding a successful event in May 2020

County of San Diego
Children, Youth and Families Behavioral Health System of Care Council
September 9, 2019

Submitted by: Julie McPherson and Eileen Quinn-O'Malley

Outcomes Sub-Committee			
Purpose			
<p>Outcomes Sub-Committee reviews service delivery systems and aims to improve County of San Diego System of Care services by measuring and evaluating outcomes and use results to provide recommendations to the CYFBHSOC Council.</p> <p>The Outcomes Subcommittee meets on the first Tuesday of every other month from 11:30 am to 12:30 pm at the County BHS office located at 3255 Camino del Rio South San Diego, CA 92108.</p>			
FY 18-19 Active Sub-Committee Members			
Public	Private	Family	Education
Yael Koenig Amanda Lance-Sexton Eileen Quinn-O'Malley Elizabeth Miles Ezra Ramirez Rebecca Raymond Babbi Winegarden	Julie McPherson (Chair) Amy Chadwick Renee Cookson Brent Crandal Tara Gehler Evan Hodges Michelle Ly Antonia Nunez Golbanou (Golby) Rahimi Emily Trask Shellane Villarin Sara Welsh	Renee Cookson Evan Hodges	Heather Nemour Yuka Sakamoto
FY 18-19 Accomplishments			
<ul style="list-style-type: none"> Partnered with Optum to plan for implementation of the Child and Adolescent Needs and Strengths (CANS) and Pediatric Symptom Checklist (PSC) for the Fee for Service (FFS) and TERM Provider Network effective 7/1/19 Implemented CANS Early Childhood tool for Mental Health providers serving children ages 0-5 effective 7/1/19 Provided two in-person CANS trainings with Praed Foundation for FFS/TERM providers and 0-5 programs for CANS certification Drafted "family-friendly" definitions for the CANS EC and CANS which are currently under review. PCS intake scores data was reviewed by race/ethnicity to ensure San Diego County is similar to that of countywide averages and to published studies Facilitated discussion on how to develop a data-sharing plan across providers for the PSC and CANS CASRC created CANS and PSC individual Progress Reports in mHOMS Facilitated discussion regarding making data outcomes more meaningful and utilizing results with families to increase system/provider competency of sharing outcomes with families and utilizing results to guide services Revised and redistributed the CANS Family Letter and implemented CANS Sharing Confirmation page in CCBH Client Plan 			

- Created and facilitated multiple CANS related trainings based on provider feedback and needs for BHS contractors through PRAED and Responsive Integrated Health Solutions (RIHS)
 - Webinar Graphs Clinical Utility -1/30/2019 Emily Trask
 - Webinar CANS Treatment Planning -3/28/2019 Sara Welsh
 - Webinar Supervision with CANS (PRAED) -6/13/2019 April Fernando
 - Webinar CANS and CFT -6/25/2019 Eileen Quinn-O'Malley and Shelly Paule
- Additionally, (RIHS) hosted the following Case Conferences, In Person Meetings, and Trainings:
 - Super User Meeting - Certification Updates from Implementation-7/12/2018
 - Super User Meeting - Certification Updates and Praed Website Information- 9/20/2018
 - Super User Conference Call - Certification and Recertification Process-4/30/2019
 - Super User Meeting - Super User Needs and Strengths-5/9/2019
 - CANS Certification In-Person Training-5/23/2019
 - Super User Conference Call - Recertification Update, and Best Practices Sharing-5/28/2019
 - CANS Certification In-Person Training-6/6/2019
 - Webinar Supervision with CANS (PRAED) -6/13/2019
 - Webinar CANS and CFT -6/25/2019
 - Introduction to BHS CANS Micro Learning -6/30/2019
- BHS CANS lead co-trained with CWS CANS lead for the following groups:
 - Dependency and Policy group- CANS Overview
 - California Department of Social Services (CDSS) State Call- Implementation of Child Adolescent Needs and Strengths (CANS) conversations
 - Court Appointed Special Advocates (CASA)- CANS Overview
 - Joint Law Office Training (JLOT)- CANS Overview
 - BHS-CYF program managers- Sharing CANS and CANS Conversations in CFT meetings
 - RHIS Webinar - CANS Conversations in CFT meetings.

Goals for Fiscal Year 2019-20

- Finalize the “family-friendly” definitions for CANS EC and CANS
- Outcomes Data:
 - Continue to discuss how we, as a system, can make outcomes data more meaningful and incorporate into treatment
 - Support and train the system with utilizing outcomes data results with families to increase system/provider competency of sharing outcomes with families and utilizing results to guide services
- Utilize QSR outcomes data to support the system in increasing CANS and PSC completion rates
- School Based Services: Identify referral/active client thresholds for school-based services viability
- Review telehealth utilization within the System of Care
- Discuss Population Health and Social Determinants of Health to identify guiding principles for the CYF System of Care.

County of San Diego
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Submitted by: Michelle Ly

Private Sector
Purpose
The Private Sector is not active
FY 18-19 Active Sub-Committee Members
FY 18-19 Accomplishments
Goals for Fiscal Year 2019-20

County of San Diego
Children, Youth and Families Behavioral Health System of Care Council
September 9, 2019

Submitted by: Michael Miller

Transition Age Youth (TAY) Council	
Purpose	
<p>The purpose of the TAYBHSC is to facilitate the design and implementation of TAY (ages 16-25) services in the Children, Youth and Families (CYF) and the Adult and Older Adult (AOA) systems of care by providing feedback and recommendations to the Behavioral Health Director.</p> <ul style="list-style-type: none"> • Provide consultation and feedback to all agencies and sectors involved within the CYF and AOA Systems of Care and assist their leadership to understand the needs of TAY while ensuring adherence with their values and principles. • Facilitate the exchange of information across all sectors of the Systems of Care which include children, youth, families, and adults who need interventions from multiple agencies who intersect with TAY • Provide community representation and input for the integrity of all TAY services and advancement of all TAY related aspects of the Systems of Care. • Provide recommendations and feedback to the Behavioral Health Director regarding the unique needs of TAY as well as the effectiveness and development of Behavioral Health programs and services intersecting TAY. 	
FY 18-19 Active Sub-Committee Members	
<p>Sector seats are as follows: Education, Primary Health Care, Client Advocacy, Substance Use Disorder Service, Regional Center, Employment Services, Law Enforcement, Public Safety/Juvenile Probation, Transitional Age Youth (x2), Foster Youth, Pregnant or Parenting Youth Provider, Peer Support Specialist in TAY program, Hospital Partner, Underserved Communities/CCRT, Housing, TAY Recreational, Child Welfare Services, LGBTQ, Homeless Services/Outreach, Refugee and Immigrant Populations, CSEC, Mental Health Prevention and Early Intervention.</p>	
FY 18-19 Accomplishments	
<ul style="list-style-type: none"> • In July of 2018 the Employment Subcommittee submitted their final report with recommendations to include: Employment Focused Education, Increased Integration of Services with Peer Support Specialists, Increased Staff Training, Streamlined Employment Data Collection, and Implementation of the IPS Model with the TAY Population County wide. • In March of 2019 the Housing Subcommittee concluded and submitted recommendation report for regionalized shelter services, including feedback related to the supported employment model, IPS. • The Council voted on School Based Crisis Response as the next priority focus and convened a subcommittee to explore and provide recommendation for enhanced school-based crisis response. 	
Goals for Fiscal Year 2019-20	
<p>To provide recommendations in the areas of:</p> <ul style="list-style-type: none"> • Crisis Response for Youth in Schools • Social Connectedness • Care Coordination in SUD Treatment for TAY with Co-Occurring Disorders • LGBTQI TAY 	

County of San Diego
Children, Youth and Families Behavioral Health System of Care Council
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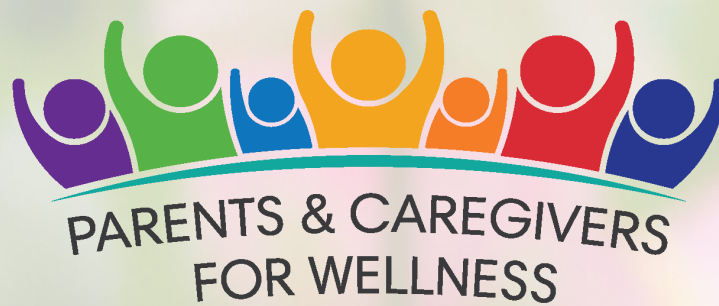
Submitted by: Rose Woods

Training Sub-Committee			
Purpose			
<p>The Children Youth and Families System of Care (CYF-SOC) Training Academy provides trainings to enhance the work of public systems in providing services to children, youth and families in San Diego County. Responsive Integrated Health Solutions (RIHS) continues this work through the Training Academy Committee, a collaboration of partners in the four sectors of the CYF System of Care.</p>			
FY 18-19 Active Sub-Committee Members			
Public	Private	Family	Education
<ul style="list-style-type: none"> Elizabeth, Dauz, Juvenile Forensic Services STAT Team Edith Mohler, BHS-CYF Nilanie Ramos, BHS Jennifer Santos, BHS Steven Wells, CWS 	<ul style="list-style-type: none"> Minola Clark Manson, RIHS Pam Hansen, San Diego Center for Children Celeste Hunter, UPAC Aisha Pope, San Diego Center for Children Golby Rahimi, MHS Inc Rose Woods, RIHS 	<ul style="list-style-type: none"> Linda Ketterer, NAMI San Diego 	<ul style="list-style-type: none"> Susie Terry, SDCOE
FY 18-19 Accomplishments			
<ul style="list-style-type: none"> In Fiscal Year 18/19, the CYF-SOC Training Academy delivered training on: <ul style="list-style-type: none"> <i>Educating Children and Youth Experiencing Homelessness</i> <i>Family Compassion and the LBTQIA Community</i> <i>Sexual Health Conversations with Youth and Families</i> <i>Partnering with Justice Involved Families</i> <i>Intersectionality of Identities</i> The CYFSOC Training Academy annual conference was held on May 30, 2019. This year's conference <i>School Safety: Envisioning Safer Schools</i> featured the following presentations: <ul style="list-style-type: none"> Keynote presenter Mark Barden, Co-Founder and Managing Director of Sandy Hook Promise General session panel presentation, <i>An Introduction to School Threat Assessment in San Diego County</i> by members of the San Diego County School Threat Assessment Team (STAT) <i>Restorative Practices: Building and Restoring Relationships</i> <i>Safety Threats in a Clinical Office: What to Do Once You Become Aware that your Client May be Threatening a School</i> <i>The Preschool to Prison Pipeline and Early Childhood Mental Health</i> <i>Meeting Early Childhood Mental Health Needs: Stories from the Field</i> <i>Start with Hello: A Youth Violence Prevention Program from Sandy Hook Promise</i> Scholarships for professional development opportunities were made available to parent partners, family partners and youth support partners throughout the CYF System of Care to attend local and statewide conferences: 			

- Ten scholarships were awarded to family and youth support partners to attend the CYF-SOC Training Academy annual conference, School Safety: Envisioning Safer Schools
- Two scholarships were awarded to a youth partner and their caregiver who attended the California Mental Health Advocates for Children and Youth (CMHACY) conference in Asilomar, CA in May 2019

Goals for Fiscal Year 2019-20

- Five CYFSOC Training Academy trainings on the following topics:
 - *Family Separations*
 - *Suicidality in Children and Youth*
 - *Sandy Hook Promise Program Offerings*
 - *Implicit Bias*
 - *Attachment in Youth (ages 5-17)*
- Annual CYFSOC Training Academy conference on Children and Adolescent Substance Use Disorders (SUD) and Treatment
- Scholarships for professional development opportunities for parent partners, family partners and youth support partners throughout the CYF System of Care to attend local and statewide conferences



Presents:

Empowering Professionals

For professionals who work with parents/caregivers who have children with mental health care needs

September 13, 2019

Uniting People Across Cultures (UPAC)

5296 University Ave., Suite A

San Diego, 92105

9:00 am - 3:00 pm

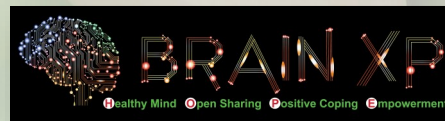
Topics include:

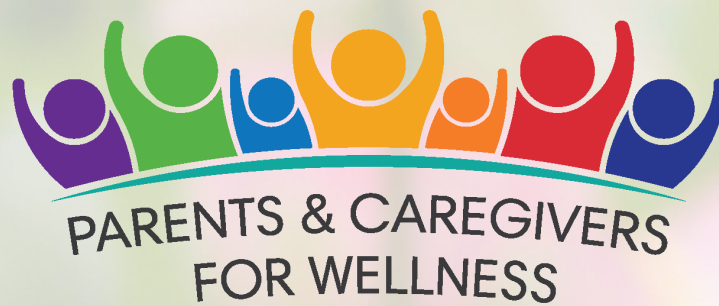
- **Changing the Language of Mental Health- ending the stigma toward those who suffer from mental health issues**
 - ♦ **Boundaries & Burnout– how to establish and maintain healthy client boundaries to prevent burnout**
 - ♦ **Complimentary Light Breakfast and Catered Lunch**

**RSVP at
805.384.1555 or**

[Eventbrite](#)

In collaboration with:





PARENTS & CAREGIVERS
FOR WELLNESS

Presents:

Supporting Parents/Caregivers

For parents/caregivers of
children with mental health needs

September 14, 2019

Uniting People Across Cultures (UPAC)

5296 University Ave., Suite A

San Diego, 92105

9:00 am - 3:00 pm

Information on

- ◆ **Individualized Education Program (IEPs)**
- ◆ **Compassion Fatigue**
- ◆ **Local Mental Health Resources**

Complimentary Light Breakfast and Catered Lunch provided



RSVP at

805.384.1555 or

PC4W Facebook or
Eventbrite

In Collaboration with:





PARENTS & CAREGIVERS
FOR WELLNESS

Presenta:

Apoyando a los padres de familia/cuidadores

Para padres de familia/ cuidadores de niños con necesidades de salud mental

14 de septiembre del 2019

Uniting People Across Cultures (UPAC)

5296 University Ave., Suite A,

San Diego, 92105

De 9:00 am a 3:00 pm

se dará información sobre

- **Programa de educación individualizada (IEP por sus siglas en inglés)**
 - **Fatiga compasiva**
- **Recursos locales de salud mental**

Como cortesía se ofrece desayuno ligero y almuerzo por catering



RSVP al

805.384.1555 o

[PC4W Facebook](#) o

[Eventbrite](#)

En colaboración con:



RECOVERY + WELLNESS

RECOVERY HAPPENS 2019

WATERFRONT PARK
1600 PACIFIC HIGHWAY

SATURDAY
SEPTEMBER

14

10am-1pm

RECOVERY HAPPENS

Are you or a loved one on the recovery path? Perhaps you're someone who wants to learn about preventing substance misuse.

Recovery Happens is a community event celebrating those in recovery and those who support them. Whether you are seeking help for yourself or a friend, come to this free, family-friendly event at the Waterfront Park to connect to an array of resources including:

- Community resources
- Financial and legal services
- Education information
- Employment support
- Physical and spiritual wellness opportunities
- Veteran's services
- HIV and Hep-C screenings
- Treatment information

ENJOY

MUSIC, ENTERTAINMENT,
SHARED STORIES, FOOD,
FITNESS DEMONSTRATIONS
& OTHER FUN ACTIVITIES



OPEN TO THE PUBLIC, ALL AGES WELCOME!

Free event sponsored by the County of San Diego, Health & Human Services Agency.



SAVE THE DATE!

October 28, 2019

"Uniting for Impact"

9:00 am - 5:00 pm

Registration and Connection Hub Open at 7:30 am

Best Practices - Emerging Trends - Networking - Lunch

Live Well Advance
Marriott Marquis San Diego Marina
333 W. Harbor Drive
San Diego, CA 92101