



Children, Youth and Families (CYF)
Behavioral Health Services (BHS)
Providers in South Region Schools

District 1 Supervisor: Nora Vargas

BHS – CYF Primary Contacts in South Region

Rebecca Raymond, Behavioral Health Program Coordinator

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Behavioral Health Services Providers in Regional Schools available online at:

https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/bhs_provider_portal.html

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Chula Vista Elementary School District

84 East J Street
Chula Vista, CA 91910-6199
(619) 425-9600

SCHOOLS	PROVIDER	COUNTY MONITOR
Feaster Charter Elementary Mueller Charter	Zugiel Torres, LMFT ztorres@comresearch.org Community Research Foundation Nueva Vista Family Services 1161 Bay Blvd., Ste. B Chula Vista, CA 91911 (619) 585-7686 (619) 694-9627 (alternate phone COVID-19)	Wendy Maramba, LMFT Wendy.Maramba@sdcounty.ca.gov (619) 584-5076
Castle Park Elementary Harborside Elementary Lauderbach Elementary Loma Verde Elementary Montgomery Elementary Otay Elementary Rice Elementary Silver Wing Elementary Vista Square Elementary	Valerie Centeno, LMFT vccenteno@csbcs.org South Bay Community Services 430 F St., Chula Vista, CA 91910 (619) 420-3620 ext. 4478 (800) 640-2933 (alternate phone COVID-19)	Rebecca Raymond, LMFT Rebecca.Raymond@sdcounty.ca.gov (619) 584-3011
Loma Verde Elementary Los Altos Elementary Vista Square Elementary	Rachel Murphy-Pittsley, LMFT rpittsley@csbcs.org South Bay Community Services Prevention and Early Intervention 430 F St., Chula Vista, CA 91910 (619) 420-3620 (619) 869-6650 (alternate phone COVID-19)	Frank Congine, LPCC Frank.Congine@sdcounty.ca.gov (619) 563-2761

National School District

1500 N Avenue
National City, CA 91950-4827
(619) 336-7500

SCHOOLS	PROVIDER	COUNTY MONITOR
Central Elementary El Toyon Elementary Ira Harbison Elementary John Otis Elementary Kimball Elementary Las Palmas Elementary Lincoln Acres Elementary Olivewood Elementary Palmer Way Elementary Rancho de La Nacion Elementary	Zugiel Torres, LMFT ztorres@comresearch.org Community Research Foundation Nueva Vista Family Services 1161 Bay Blvd., Ste. B Chula Vista, CA 91911 (619) 585-7686 (619) 694-9627 (alternate phone COVID-19)	Wendy Maramba, LMFT Wendy.Maramba@sdcounty.ca.gov (619) 584-5076
Olivewood Elementary Rancho de La Nacion Elementary	Rachel Murphy-Pittsley, LMFT rpittsley@csbcs.org South Bay Community Services Prevention and Early Intervention 430 F St., Chula Vista, CA 91910 (619) 420-3620 (619) 869-6650 (alternate phone COVID-19)	Frank Congine, LPCC Frank.Congine@sdcounty.ca.gov (619) 563-2761

San Ysidro School District

4350 Otay Mesa Road
San Ysidro, CA 92173-1685
(619) 428-4476

SCHOOLS	PROVIDER	COUNTY MONITOR
La Mirada Elementary San Ysidro Middle Smythe Elementary Sunset Elementary Willow Elementary	Roberto Suarez, LMFT rsuarez@syhealth.org San Ysidro Health Youth Enhancement Services 3025 Beyer Blvd., Ste. E101 San Diego, CA 92154 (619) 428-5533 ext. 4751 (619) 636-2489 (alternate phone COVID-19)	Rebecca Raymond, LMFT Rebecca.Raymond@sdcounty.ca.gov (619) 584-3011
La Mirada Elementary	Rachel Murphy-Pittsley, LMFT rpittsley@csbcs.org South Bay Community Services Prevention and Early Intervention 430 F St., Chula Vista, CA 91910 (619) 420-3620 (619) 869-6650 (alternate phone COVID-19)	Frank Congine, LPCC Frank.Congine@sdcounty.ca.gov (619) 563-2761

South Bay Union School District

601 Elm Avenue
Imperial Beach, CA 91932-2098
(619) 628-1660

SCHOOLS	PROVIDER	COUNTY MONITOR
Bayside Elementary Berry Elementary Central Elementary Emory Elementary George Nicoloff Elementary Howard Pence Elementary Imperial Beach Elementary Nestor Elementary Oneonta Elementary Sunnyslope Elementary Teofilo Mendoza Elementary Westview Elementary	Valerie Centeno, LMFT vcentino@csbcs.org South Bay Community Services 430 F St., Chula Vista, CA 91910 (619) 420-3620 ext. 4478 (800) 640-2933 (alternate phone COVID-19)	Rebecca Raymond, LMFT Rebecca.Raymond@sdcounty.ca.gov (619) 584-3011
Central Elementary	Rachel Murphy-Pittsley, LMFT rpittsley@csbcs.org South Bay Community Services Prevention and Early Intervention 430 F St., Chula Vista, CA 91910 (619) 420-3620 (619) 869-6650 (alternate phone COVID-19)	Frank Congine, LPCC Frank.Congine@sdcounty.ca.gov (619) 563-2761

Sweetwater Union High School District

1130 Fifth Avenue
Chula Vista, CA 91911
(619) 691-5500

SCHOOLS	PROVIDER	COUNTY MONITOR
Montgomery High Otay Ranch High * *Blue Shield Grant	Carley Hardge, AMFT carley.hardge@mcalisterinc.org McAlister Institute South Teen Recovery Center 1120 3 rd Ave., Ste. C Chula Vista, CA 91910 (619) 691-1045	Shannon Jackson, LPCC Shannon.Jackson@sdcounty.ca.gov (619) 563-2720
Bonita Vista Middle Bonita Vista High Castle Park Middle Castle Park High * Chula Vista Middle Chula Vista High Eastlake Middle Eastlake High * Granger Junior High Hilltop High Hilltop Middle Mar Vista Academy + Mar Vista High Montgomery Middle + Montgomery High National City Middle Olympian High Options Secondary Otay Ranch High * Palomar High Rancho Del Rey Middle SAILS San Ysidro High * Southwest High Southwest Middle Sweetwater High * Blue Shield Grant + Community Resource Center (CRC)	Sonia Picos (interim PM) soni.picos@sweetwaterschools.org Sweetwater Union School District Mental Health Resource Center 1051 Picador Blvd. Chula Vista, CA 92154 (619) 691-5564	Rebecca Raymond, LMFT Rebecca.Raymond@sdcounty.ca.gov (619) 584-3011

San Diego County Office of Education

Momentum Learning

800 National City Blvd.,
National City, CA 91950
(619) 470-5200

SCHOOLS	PROVIDER	COUNTY MONITOR
Second Chance Blended Community South County Blended Community Victoria Blended Community	Alexis Wimer, LMFT awimer@comresearch.org Community Research Foundation Mobile Adolescent Service Team 1260 Morena Blvd., Ste. 200 San Diego, CA 92110 (619) 398-3261 (619) 312-5491 (alternate phone COVID-19)	Wendy Maramba, LMFT Wendy.Maramba@sdcounty.ca.gov (619) 584-5076

In addition to school-based services, the following programs are available to offer outpatient behavioral health treatment to children and youth who prefer to access services in a clinic setting.

Community Research Foundation
Nueva Vista Family Services
 1161 Bay Blvd., Ste. B
 Chula Vista, CA 91911
 (619) 585-7686
 (619) 694-9627 (alternate phone COVID-19)

San Diego Youth Services
Our Safe Place (LGBTQ)
 3427 4th Ave.
 San Diego, CA 92103
 (619) 232-8126

McAlister Institute
South Teen Recovery Center
 1120 3rd Ave., Ste. C
 Chula Vista, CA 91910
 (619) 691-1045

San Ysidro Health
Youth Enhancement Services
 3025 Beyer Blvd., Ste. E101
 San Diego, CA 92154
 (619) 428-5533
 (619) 636-2489 (alternate phone COVID-19)

Rady Children’s Hospital
Outpatient Psychiatry
 3665 Kearny Villa Rd., Ste. 101
 San Diego, CA 92123
 (858) 966-5832
 (760) 845-0520 (alternate phone COVID-19)

South Bay Community Services
 430 F St.,
 Chula Vista, CA 91910
 (619) 420-3620
 (800) 640-2933 (alternate phone COVID-19)

San Diego Youth Services
I CARE (CSEC)
 3600 Fairmont Ave.
 San Diego, CA 92105
 (619) 521-2250

Sweetwater Union School District
Mental Health Resource Center
 1051 Picador Blvd.
 San Diego, CA 92154
 (619) 662-8372
 (424) 625-8736 (alternate phone COVID-19)

For a full listing of Children, Youth and Families services (beyond school based) please refer to:

Provider Resource Manual available online at:

https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/bhs_services.html