



## **TRANSITION AGE YOUTH (TAY) BEHAVIORAL HEALTH SERVICES COUNCIL MEETING SUMMARY**

*February 27, 2019 | 3:00 pm – 4:30 pm | Location-National University-9388 Lightwave Ave, San Diego, CA 92123*

TIME	AGENDA ITEM	SUMMARY	ACTION
3:00 PM	<b>I. Welcome and Introductions</b> (Co-Chairs)		
3:05 PM	<b>II. Approval of January 2019 minutes</b> (Co-Chairs)	<ul style="list-style-type: none"> <li>Minutes approved as written.</li> </ul>	
3:10 PM (subject to change)	<b>III. Director's Update</b> (Alfredo Aguirre and Luke Bergmann)	<ul style="list-style-type: none"> <li>It was announced that this would be Alfredo's last time attending the TAY Council, as he is retiring. Alfredo expressed his gratitude in working with the TAY Workgroup, and being a part of its transition into the TAY Council.</li> <li>Luke Bergmann was introduced as the new Director of Behavioral Health Services. Dr. Bergmann gave a brief background on where he comes from and his experience before coming to San Diego. He also expressed his excitement in working with and utilizing the TAY Council in the future.</li> </ul>	
3:20 PM	<b>IV. Alternate Forms of Communication Presentation</b> (Angie DeVoss)	<ul style="list-style-type: none"> <li>Angie DeVoss, from the Agency Compliance Office, gave an overview of texting with clients as an alternate form of communication. <ul style="list-style-type: none"> <li>She discussed the Agency's use of the Alternate Communications Form, which allows for more flexibility and info to be transmitted via text.</li> </ul> </li> <li>Texting is different than email, in that each individual message is separate, and does not transmit the previous text string info (as opposed to email, which transmits the entire thread each time it is sent).</li> <li>For more information, please go to: <a href="https://www.sandiegocounty.gov/hhsa/programs/sd/compliance_office/">https://www.sandiegocounty.gov/hhsa/programs/sd/compliance_office/</a></li> </ul>	
3:30 PM	<b>V. Urban Street Angels-Just Be U Presentation</b> (Eric Lovett and Jim Cahill)	<ul style="list-style-type: none"> <li>Please see PowerPoint attached.</li> </ul>	



4:00 PM	<b>VI. Subcommittee Update</b> (Subcommittee Members)	<ul style="list-style-type: none"> <li>Housing Subcommittee Members: Jessica Hamilton, Stephen Carroll, Michael Miller, Steven Wells, Melissa Tran-Chamblin, Laura Tancredi-Baese, Diana Rabban, Vanessa Arteaga.</li> <li>A draft of the Housing Subcommittee Report Recommendation was read aloud for attendees.</li> </ul>	<ul style="list-style-type: none"> <li>The draft report will be sent to Council members for review and approval within 1 week.</li> </ul>
4:15 PM	<b>VII. Public Input/Discussion</b> (All)	<ul style="list-style-type: none"> <li>None.</li> </ul>	
4:25 PM	<b>VIII. Announcements</b> (All)	<ul style="list-style-type: none"> <li>2019 School Safety: Envisioning Safer Schools is taking place 5/30/19 from 8am-4:30pm at Crowne Plaza San Diego.</li> <li>NAMI San Diego is hosting the 5<sup>th</sup> Annual Children's Mental Health Well-Being Celebration on 5/3/19 from 3-6pm at the ARTS Center.</li> <li>San Diego Workforce Partnership is hosting it's 2019 Opportunity Summit 5/2/19 from 9am-3:30pm at Town and Country.</li> <li>Urban Beats will be hosting an open mic in Ocean Beach beginning 4/26 (every 4<sup>th</sup> Tuesday).</li> </ul>	

**NEXT MEETING: March 27, 2019 3:00 pm - 4:30 PM | Location-National University 9388 Lightwave Ave. Room 118, San Diego, CA 92123**

**Sub-Committees/Sectors/Workgroups Meetings Information:**

**CCRT:** Meets the 1st Friday of the month-3851 Rosecrans St.-Coronado Room, San Diego, CA 92110 from 10:00 to 11:30 A.M.

**CSOC Academy:** Meets the 1st Wednesday of the month-6505 Alvarado Road, Suite 107, San Diego, CA 92120 from 9:00 to 10:00 A.M.

**CYF CADRE:** Meets quarterly-2nd Wednesday of the month-La Vista Room from 12:00 to 2:00 P.M.

**Upcoming Presentations:**

- VI-SPDAT-Regional Taskforce on the Homeless-TBD
- START program-TBD
- SDMTS-TBD
- Pathways to Wellbeing-TBD



**TAY COUNCIL FEBRUARY 2019**



# HOMELESS YOUTH POPULATION

San Diego has one of the country's largest homeless youth populations

- 1,000 - 1,500 transitional-age youth (TAY: 18 - 25)
- Nearly 70% are victims of abuse
- Mental illness is common on the streets (60% +)
- 50% of all homeless youth land in jail or prison: at a cost of \$60 - \$70K annually per inmate
- For others, the cost of rehab/hospitalization imposes an even greater cost in our community



# URBAN STREET ANGELS, INC.

## MISSION

End youth homelessness by providing emergency overnight shelter, supportive housing and job training opportunities to cultivate personal responsibility.



**Emergency  
Shelter**



**Bridge Housing**



eight west

**Social Enterprise**



# JUST BE U

## CHALLENGE

- ✓ Timeframe
- ✓ History
- ✓ Framing



# HOLISTIC / INTEGRATIVE MEDICINE

## INNOVATION

- ☒ Benefits and Hazards
- ☒ Technology
- ☒ Holistic Services
- ☒ Data

## RESPONSE

- ☒ Focus
- ☒ Locus
- ☒ Aim



## HOLISTIC / INTEGRATIVE MEDICINE (cont'd)

# OUTCOMES

- ✓ **Unknown ... Uncertain ... Innovation**
- ✓ **Minimum**
- ✓ **Middle**
- ✓ **Aiming High**



## Personal Development



# HOLISTIC / INTEGRATIVE MEDICINE (cont'd)

## SUMMARY

- ✓ “Ring the bells that still can ring,
- ✓ Forget your perfect offering,
- ✓ There’s a crack in everything,
- ✓ That’s how the light gets in.” – Leonard Cohen



LIVE WELL  
SAN DIEGO

"BECAUSE OF  
ONE MOMENT  
NOW MY LIFE IS  
BETTER."

- JEREMIAH

www.8west.org

**8** eight west  
Give a hand up.



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