

**CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL**

**MEETING MINUTES**

**February 9, 2020 – 9:00-10:30 A.M.**

Scottish Rite – Shell Room -1895 Camino del Rio South, San Diego CA 92108

+ = Member in Attendance    O = Absent    E = Excused

CONSTITUENCY	MEMBER	STATUS	ALTERNATE	STATUS	
<b>PUBLIC SECTOR</b>					
1	Behavioral Health Advisory Board (BHAB)	Rebecca Hernandez	O	Bill Stewart	O
2	Behavioral Health Services (BHS)	Dr. Laura Vleugels	+	VACANT	
3	Public Safety Group/ Probation	Dr. Geoff R. Twitchell	O	Chrystal Sweet	O
4	Child Welfare Services (CWS)	Steve Wells	O	Kimberly Giardina	O
5	HHSA Regions	Dori Gilbert	+	Jennifer Sovay	O
6	Public Health	Dr. Thomas R. Coleman	+	Adrienne Yancey	O
7	Juvenile Court	H. Judge Kimberlee Lagotta	O	Beth Brown	+
8	First 5 Commission	Alethea Arguilez	O	Dulce Cahue-Aguilar	+
<b>EDUCATION SECTOR</b>					
9	Special Education Local Plan Area (SELPA)	Cara Schukoske	+	Jamie Tate - Symons	O
10	Regular Education Pupil Personnel Services	Violeta Mora	O	Heather Nemour	+
11	School Board	Barbara Ryan	O	VACANT	
12	Special Education	Yuka Sakamoto	O	Aidee Angulo	O
<b>PRIVATE SECTOR</b>					
13	San Diego Regional Center (SDRC) for Developmentally Disabled	Peggie Webb	O	Therese Davis	+
14	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	+	John Laidlaw	+
15	Alcohol and Drug Service Provider Association (ADSPA)	Marisa Varond	+	VACANT	
16	Mental Health Contractors Association	Julie McPherson	E	Minola Clark Manson	+
17	Mental Health Contractors Association (MHCA)	Michelle Ly	O	Michelle Hogan	O
18	Fee- For-Service (FFS) Network	Dr. Sherry Casper	+	VACANT	
19	Managed Care Health Plan	George Scolari	O	Kathleen Lang	+
20	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	O	VACANT	

FAMILY AND YOUTH SECTOR					
21	Family and Youth Liaison	Renee Cookson	O	Valerie Hebert	+
22	Caregiver of child/youth served by the Public Health System	Debbie Dennison	+	Sue McCoy	+
23	Youth served by the Public Health System (up to age 26)	Micaela Cunningham	+	Emma Eldredge	O
24	Youth served by the public health system (up to age 26)	VACANT	+	Christine Frey	+
SUB-COMMITTEES (Non-voting members unless a member of the Council)					
-	Executive Sub-Committee	Dori Gilbert/ Minola Clark Manson	+/+		
-	Cultural Competence Resource Team (CCRT)	Rosa Ana Lozada	+		
-	CYF CADRE	Julie McPherson/ Marisa Varond	E/+		
-	Early Childhood Sub-Committee	Aisha Pope/ Autumn Weidman	+/+		
-	Education Sub-Committee	Heather Nemour/Violeta Mora	+/E		
-	Family and Youth as Partners Sub-Committee	Renee Cookson/ Valerie Hebert	O/+		
-	Outcomes Sub-Committee	Emily Trask/Eileen Quinn-O'Malley	E/+		
-	Training Sub-Committee	Rose Woods	E		

**CYF Council Staff:** Yael Koenig, Edith Mohler, and Darwin Espejo

**I. Welcome and Introductions** (Minola Clark Manson)

**II. Approval of Minutes** (Dori Gilbert)

- January 13, 2020 meeting minutes –Approved
- Review of action items from the January 13, 2020 meeting. See meeting minutes.

**III. Business Items** (Yael Koenig)

- Update on Advancing the Behavioral Health Continuum of Care Through Regional Collaboration and Innovation-Board of Supervisors (BOS) Letter-Agenda Item 03-January 28, 2020-Handout
  - ✓ Updates are categorized as Hubs, Networks, and Bridge Planning Strategies
    - Creation of Regional Hubs
      - Defined as integrated care environments designed to accelerate transition from behavioral health crisis to sustainable continuous chronic care management. Robust care coordination for individuals with higher needs
        - Central Region Behavioral Health Hub  
This is the first hub and will be located on third Avenue (Hillcrest).
        - Behavioral Health Hub for Children and Youth (Rady Children’s Hospital Hub)  
Planning conversations had begun with Rady Children’s Hospital to establish a hub for children and youth in the vicinity of Rady Children’s main campus to address the unique

behavioral health conditions among youth which can result from complex combinations of factors including: genetic, medical, developmental and environmental. An array of inpatient psychiatric services is being explored with opportunities for enhancing traditional short-term care, creating new longer-term programming, and developing specialized care for subgroups of clinical needs. New levels of care, such as partial hospitalization and care coordination programs, are being considered to offer a broader range of services

o Networks: Youth and Young Adult Crisis Response program

BHS, the San Diego County District Attorney Office, San Diego County Office of Education (SDCOE), and Public Safety are partners in the development of an enhanced school-based crisis response

- Student Psychiatric Emergency Response Team (PERT): This is an enhancement of the existing PERT. It includes feedback from the CYF Council as this program is being developed with at Trauma Informed Continuum of options with a goal of ensuring the well-being and safety of youth and young adults experiencing a behavioral health crisis while in an educational setting utilizing the least restrictive response. Youth and young adult safety and stabilization will be attained through active coordination and collaboration of the natural supports that comprise the youth's circle of influence. Three response options will be available:

- Law Enforcement led (Traditional) with Clinician support
- Clinician led with Law Enforcement support
- Clinician led with a Partner/Paraprofessional

- School Safety Program

CYF has initiated research and planning efforts in implementing a specialized, forensically-informed, non-crisis School Safety Program. The preliminary vision is for the program to provide evaluation and clinical treatment services to students who exhibit signs or behaviors that may pose a threat of violence

- Threat Assessments

A Threat Assessment Clinical Specialty Criteria program was developed to ensure that Treatment and Evaluation Resources Management (TERM) psychologists have the appropriate training and tools to complete psychological evaluations of Juvenile Court cases involving school threats

- Juvenile Health and Justice Symposium

BHS staff, including Fran Cooper, Dr. Danyte Mockus-Valenzuela, Dr. Carlos Nelson, Elizabeth Dauz, Dr. Charmi Patel, Dr. Laura Vleugels, and Yael Koenig, will be participating in the Juvenile Health and Justice Symposium hosted by District Attorney Summer Stephan, Supervisor Greg Cox, and the Children's Initiative to map the intersection of youth and the Juvenile Justice System. The symposium is scheduled for March 17, 2020.

- Mental Health Services Oversight and Accountability Commission (MHSOAC) Vision for Mental Health Services Act Grant-Handout

CYF partnered with the SDCOE in applying for the MHSOAC Mental Health Services Act Grant. If funded, it will utilize a multi-layered approach to build school district and charter capacity with a goal of suicide prevention. Some services and interventions will be universal while others will be based on identified needs. BHS will be the fiscal administrator of the \$1.5 million annual allocation for four years, and SDCOE will coordinate the program delivery. Notice of award is projected for May 2020

- Family First Prevention Services Act (FFPSA) -Handout

The FFPSA changes the way Juvenile Probation and CWS receive funding. This change provides opportunities to assess current available services in a systemic manner and determine what services are most appropriate. Under the FFPSA, services must be evidence-based. CWS is leading the local efforts. Forums will be scheduled for input

Discussion:

- ✓ Remain mindful of the FFPSA funding requirements
- ✓ Evaluate the current Prevention structure

- Meth and Families Newsletter-Handout

This quarterly newsletter issued in January 2020 by the Meth Strike Force Meth and Families Committee highlights 211 San Diego and the Access and Crisis Line.

**IV. Mental Health Services Act (MHSA) Updates (Dr. Danyte Mockus-Valenzuela)**

- Community Engagement Forums Update

✓ Community Engagement forums concluded, there were about 300 participants, including a considerable number of youth at the Oceanside forum on January 11, 2020

- ✓ A youth focus group to discuss Substance Use Prevention was held on Thursday, February 6, 2020. Participants represented Central Region high schools
- ✓ Per recommendation of BHAB and additional focus group for Caregivers for 0-5 age children and additional support needed
- ✓ The contractor is working on the Community Engagement Forums report
- ✓ The Prevention and Community Engagement unit is assessing the need to procure a longer contract for year-round community engagement and different was of community engagement
- Other MHSA activities
  - ✓ Working on the next MHSA Three-Year Program and Expenditure Plan. This document includes outcomes
  - ✓ Working on the procurement of an Adverse Childhood Experiences (ACEs) Prevention Family Functional program. Services seek to promote resilience. The program will support different parent dyads to minimize risk or development of ACEs. This is a different program from the Positive Parenting Program
- Input/Feedback/Questions
  - ✓ As an alternative to attending the Community Engagement forums, surveys could be made available for families at the BHS sites
  - ✓ Family Partners could help obtaining input from families by using a couple of questions requesting specific information
  - ✓ Community Engagement forums registration allowed for “boxes” to identify the number participants receiving services and other stakeholder categories like community members, providers, etc.
  - ✓ Faith Based organizations were invited to attend the Community Engagement Forums, but have not completed the analysis of Community Engagement Forums attendance
  - ✓ It was recommended to organize the concerns/priorities by age group and plan for interventions by age group as well
  - ✓ Walmart and Target gift cards were supported as incentives for Community Engagement Forums participation
  - ✓ Input and feedback related to MHSA can be provided at any time at: [MHSProp63.HHSA@sdcounty.ca.gov](mailto:MHSProp63.HHSA@sdcounty.ca.gov)
  - ✓ The upcoming ACEs Prevention Family Functional program is an opportunity to collaborate with other partners like the First 5 California Work Opportunity and Responsibility to Kids (CaWORKS) Home Visiting program, SDCOE (Trauma Sensitive School Initiative and other related projects), Public Health Maternal Child and Family Health programs. The CYF Council will include ACEs as a Hot Topic for the March 9, 2020 meeting.

**V. Sector “Hot Topics” (Dori Gilbert)**

- Biannual updates
  - ✓ Transition Age Youth (TAY) Council: (Michael Miller)
    - The purpose of the TAY Council is to facilitate the design and implementation of TAY services by providing feedback to the Behavioral Health Director
      - The TAY Council was established in 2018 with 10 members and two co-chairs. Currently, 20 of the 25 TAY Council seats are filled with four sector representation
      - CYF Council member, Micaela Cunningham and CYF Council alternate, Christine Frey, are also members of the TAY Council
    - TAY Council Fiscal Year 2019-20 goals:
      - Social Connectedness
      - Care Coordination-Treatment of Co-Occurring disorders
      - LGBTQI TAY
      - School Based Crisis Response recommendations (completed)
        - Non-uniformed officers in conjunction with a clinician and with increased supports if Psychiatric Emergency Response Team (PERT) is to be used in schools
      - Fill remaining open TAY Council seats; Primary Healthcare, Law Enforcement, Foster Youth, Hospital Partners
      - Presentations
        - Supported Employment (completed)
        - PERT (completed)
        - Opioid Treatment Provider (OTP)
        - Mental Health Systems Sexual Treatment, Education and Prevention Services (STEPS) program

- NAMI
  - Center for Community Solutions
  - Southern Indian Council
  - San Diego Metropolitan Transit Services
- ✓ Family and Youth as Partners Sub-committee: (Valerie Hebert and Eva Melendez)
  - Purpose
    - To promote the CYF System of Care voice and support CYF Peer Partner staff and families by:
      - Sharing resources and information, including but not limited to CYF Council updates, Peer Partner jobs opportunities, and SB 803 updates Effects of peer support
      - Provide peer partner development through trainings and support groups
  - Fiscal Year 2019-20 Goals/Focus Area
    - To fill a recently vacated CYF Council Youth Served by the Public Health System seat
    - Coordination of the 6<sup>th</sup> Annual Youth Mental Health Well Being Celebration
      - Scheduled for May 8, 2020 at Centro Cultural de la Raza from 3:30 to 6:00 P.M. and all CYF/legal entities programs are encouraged to actively participate
      - The art project (packets with materials and instructions provided) will focus on a “Power word” and could take many forms, from decorating the cut out provided, writing a song, poem, sculptures, etc. Youth are welcome to present their art project at the celebrations. The final project will be placed in a “mobile” style. The deadline to submit the art projects is April 15, 2020
    - To provide support families and Family Support Partners through the following presentations
      - BHS cross-sharing of the Child and Adolescent Needs and Strengths (CANS) Tool
      - San Diego Center for Children – Programs benefiting Mental Health Consumers, including residential
      - Supplemental Security Income (SSI) for families with youth, presented by Legal Aid Society of San Diego
      - Attention Deficit Hyperactivity Disorder (ADHD) Strategies for families and providers by Dr. Cindi Britton, past school Principal and Special Education specialist Dr. Cindi Britton, past school Principal and Special Education specialist:  
<https://www.coachbrittonadhd.com/>
      - Rapid Response Housing providers (presenter pending)
      - Recovery residences by Lana Lo, Program Manager, Recovery Residence Association, Community Health Improvement Partners (CHIP)
  - Update
    - The Family and Youth as Partners Sub-Committee has four sector representation but welcomes new participants
    - Continued identification of “Hot topics” and shared with CYF
    - Continues to follow the California Association of Mental Health Peers Organization (CAMHPRO) activities and updates and share them with the Family Peer Partners
- ✓ Cultural Competence Resource Team (CCRT) Rosa Ana Lozada
  - Purpose
 

The purpose of the CCRT was provided through a context/grounding exercise: “Think of a word in terms of culture that gives you joy”. Some of the responses provided included: family, unconditional support and love, resilience, hospitality, Italian cookies at Christmas, kindness, celebration, compassion. This exercise was meant to demonstrate the basic cultural elements that all of us share regardless of ethnic/cultural background
  - Fiscal Year 2019-20 Goals/Focus Area
    - Continue to serve as an advisory group to the BHS Director
    - Best practices
      - Promote the use of Strategic, Measurable, Ambitious, Realistic, Time-Bound, **Inclusive** and **Equitable** (SMARTIE) goals: <http://www.managementcenter.org/resources/smartie-goals-worksheet/>
      - Provide Contracting Officer Representative (COR) training to County staff on Culturally and Linguistically Appropriate Services (CLAS) National Standards to help monitor effectively on Cultural Competence
      - Support the update of the BHS Cultural Competence Plan due to the State at the end of June 2020

- Policy
        - Identify and implement strategies to strengthen CLAS National Standards by looking at Cultural Competence terms conversations for uniformity rather than fragmentation
    - Update
      - Some members of the CCRT have been working on reviewing providers Cultural Competence plans
  - ✓ Outcomes (Eileen Quinn-O'Malley)-Handouts
    - Purpose
 

Outcomes Sub-Committee members are tasked with measuring and evaluating outcome results and resources to provide recommendations to the CYF Council
    - Update FY 2019-20 Accomplishments
      - Developed Child an Adolescent Needs and Strengths (CANS) and CANS Early Childhood (EC) Definitions to facilitate families understand CANS assessments results
        - CANS conversations with families have a lot of information and include the use of various tools. Some CYF programs, participated in the development of six CANS definitions, and the plan is to embed these definitions into the CANS Assessment Summary as a resource for families to access after meeting with the CYF clinician.
        - The CANS Individual Report was developed to show progress and additional needs and it can be shared with families. Clinicians can use it to support the need for additional sessions
      - Pediatric Symptoms Checklist (PSC) Provider
        - The PSC tip sheet was developed and made available in December 2019 for providers to improve completion rate of PSC
      - PSC Family Handout
        - The PSC for families Frequently Asked Questions was developed as a resource for families
      - CYF Mental Health Outcomes Management System (mHOMS) Manual and How to Utilize Outcomes Clinically
        - Outlines how the tools were selected
        - Explains what tools measure; CANS, PSC, and Personal Experience Screening Questionnaire (PESQ)
        - Highlights the strengths for utilization
        - Identifies limitations of tools
      - PSC Provider Reports (In development)
      - Reviewing Quarterly Status Reports (QSRs) Outcome Data
        - Reviewing the Fiscal Year 2019- CYF programs to see the baseline from improvement rates and evaluating completion rates
      - SchoolLink Thresholds
        - The Outcomes Sub-Committee is looking at the baseline data to see how resources are being utilized; number of children being served at schools,
      - Telehealth Utilization
        - The Outcomes Sub-Committee is looking at the baseline data of family participation to determine if telehealth is increasing participation
    - Update
      - Working on the final revision of the PSC Clinician Report
      - Population Health
        - Exploring the utilization CANS and PSC data to measure the effectiveness of services in the Live Well Areas of Influence
    - Discussion/Input/Feedback
      - Recommended the development of a CANS family visual handout like the PSC Family Handout
      - A CANS informational document for families to explain the CANS is under development
      - Recommended an alternate term to the State "Seriously Emotional Disturbance" (SED) term
    - Outcomes Resources/tip sheets can be found at:  
<https://medschool.ucsd.edu/som/psychiatry/research/CASRC/resources/SOCE/Pages/CYFmHOMS-DES.aspx>.

- ✓ Private Sector
  - The Private Sub-Committee is inactive. It will remain inactive until an issue for the Private sector to address arises
- ✓ Training (Minola Clark Manson for Rose Woods)-Handout
  - The CYF System of Care Training Academy annual conference is scheduled for May 28, 2020. This year's conference will focus on Youth Substance Use: Risk, Resilience, Reconnection. The Save the Date flier will be available soon.

**VI. Announcements (Minola Clark Manson)-Handouts**

- Working Together Training
- Critical Issues in Child and Adolescent Mental Health Conference-March 12-13, 2020. Register at <https://cicamh.com/>
- Brain XP Day 2020: Teens Helping Teens- Scheduled for April 4, 2020
- Save the Date: April 13, 2020 Combined Councils from 10:00 to 11:30 A.M. at the Scottish Rite Center
- Save the Date: May 8, 2020: Youth Mental Health Well Being Celebration.

**VII. Director's Report**

CYF Deputy Director provided system updates within the Business Items meeting agenda section.

**VIII. Action Items**

Action Item(s)	Action By	Action Due
• Provide update on the March 17, 2020 Juvenile Health and Justice Symposium	• BHS Staff participants	• May 11, 2020 CYF Council meeting
• Forward the Family Sector and Outcomes PowerPoint slides presented at the February 9, 2020 CYF Council meeting	• CYF Council Staff	• Completed February 12, 2020
• Family First Prevention Act conversations	• CYF Council	• March 12, 2020 at the CYF Program Managers meeting • Additional dates to be determined; may include future Council meeting

**Next CYF Council Meeting: March 9, 2020**  
**Scottish Rite Center, Shell Room**  
**9:00 to 10:30 A.M.**

**Sub-Committees/Sectors/Workgroups Meetings Information:**

**Behavioral Health Advisory Board (BHAB) meeting:** Meets the first Thursday of the month, currently at the County Operations Center's (COC) Hearing room, located at 5520 Overland Ave, San Diego, CA 92123 from 2:30 to 5:00 P.M.

**Outcomes:** Meets the first Tuesday of every other month at- 3255 Camino del Rio South, San Diego CA 92108 in La Vista Room- from 11:30 A.M. to 12:30 P.M.

**Early Childhood:** Meets the second Monday of the month- at the San Diego Center for Children-FFAST office located at 8825 Aero Drive, Suite 110, San Diego, CA from 11:00 A.M. to 12:00 P.M.

**Education Advisory Ad Hoc:** Meets As Needed.

**TAY Council:** Meets the fourth Wednesday of the month 3:00 to 4:30 P.M. at National University, 9388 Lightwave Ave. Room 118, San Diego, CA 92123.

**CYF CADRE:** Meets quarterly on the second Thursday of the month at NAMI San Diego, 5095 Murphy Canyon Road, Suite 320, San Diego, CA 92123 from 1:30 to 3:00 P.M.

**CCRT:** Meets the first Friday of the month at the Health Services Complex- 6367 Alvarado Ct. Ste. 105, San Diego, CA 92120 from 10:00 to 11:30 A.M.

**Family and Youth Sector:** Meets quarterly –Contact [CYFLiaison@namisd.org](mailto:CYFLiaison@namisd.org) for schedule.

**Family and Youth as Partners:** Meets every third Thursday of the month at NAMI San Diego, 5095 Murphy Canyon Road, Suite 320, San Diego CA 92123 1:30 to 3:00 P.M.

**Private Sector:** Ad Hoc/Meets As Needed.