

CHILDREN, YOUTH AND FAMILIES MEMO



Date: November 20, 2019

CYF Memo: # 14- 19/20

To: CYF Mental Health Treatment Providers (Organizational and Fee for Service)

From: Yael Koenig, CYF Deputy Director

Re: San Diego CANS Posters

Behavioral Health Services (BHS) is committed to supporting providers with the clinical utility of the Child and Adolescent Needs and Strengths (CANS) which includes consensus ratings by multiple individuals. To assist providers with achieving a collaborative, consensus-based assessment when rating CANS items, BHS reproduced CANS posters developed by Child Welfare Development Services (CWDS) to support the decision-making process.

The CANS posters are currently utilized by Child Welfare System (CWS) during Child and Family Team (CFT) meetings. BHS providers usage of the posters supports the goal of establishing a shared understanding of the client and family's strengths and needs and inter-rater reliability. The posters can be utilized by providers several ways:

- Reference guide for clinicians when completing the initial CANS
- Visual resource for clients and families to help them better understand the ratings
- Validation tool for clinical supervision to assure that needs and goals align

The posters have been distributed at Program Manger's meeting on November 14, 2019. PDF of posters are attached and available on the RIHS website at https://theacademy.sdsu.edu/programs/rihs/cyf-outcomes/

Four Posters are available:

- Assessing for Needs Poster Decision flow chart of whether information represents a NEED
- Action Levels: Needs Poster Ratings have the accompanying action level explanation
- Assessing for Strengths Poster Decision flow chart of whether information represents a STRENGTH
- Action Levels: Strengths Poster Ratings have the accompanying action level explanation

BHS values the partnership with providers and promotes all efforts to utilize the CANS in a collaborative and clinical manner.

Attachments: Assessing for Needs Poster

Action Levels: Needs Poster Assessing for Strengths Poster Action Levels: Strengths Poster

CC Probation Department

Child Welfare Services (CWS)
Optum Public Sector San Diego

County of San Diego Quality Management Child Welfare Development Services (CWDS) Responsive Integrated Health Solutions (RIHS)

Child & Adolescent Services Research Center (CASRC)

3

Currently not a strength. Considerable building/effort required to identify or create strengths.

2

Strength is potentially useful. Strength requires building in order to be useful to the individual or for planning.

1

Well-developed centerpiece strength. Easily accessible and very useful for the individual and for planning.

Strength is useful. Strength is evident and can be accessed; strength could be useful for planning.

Action Levels: Strengths

3

Need is dangerous or disabling.

Immediate action/intensive action required.

2

Needs interferes with functioning. Action/intervention required.

Significant history of need; or possible need that is not interfering with functioning.

0

No Evidence of Need.

No action needed.

Action Levels: Needs

ASSESSING FOR NEEDS

Decision of whether or not information represents a NEED

Is there evidence, suspicion, or history of a need in this area?

NO

YES

Rate this item a '0'.

Is there clear evidence that the need is interfering with the individual's functioning? Will you take action?

NO/ NOT SURE

YES

Rate this item a '1' for a history of need; watchful waiting, or prevention.

Rate this item a '2' if you will take action.

Rate this item a '3' if immediate action is needed because it is interfering with functioning at a disabling or dangerous level.

ASSESSING FOR STRENGTHS

Decision of whether or not information represents a STRENGTH

NO

Rate this item a '3' for no known strengths. Determine appropriateness for identification or classification.

Is there evidence of a STRENGTH in this area?

MAYBE

YES

Is the strength useful and something to work with, but the youth cannot use today?

Is it a strength that will be used in planning?

Rate this item a '2' for an identified strength. Determine appropriateness for further development.

Rate this item a '1' if it is a useful strength and there is opportunity to further develop.

Rate this item a '0' if it is a powerful/centerpiece strength.