

CENTRAL & NORTH CENTRAL REGION BEHAVIORAL HEALTH SERVICES FOR CHILDREN AND YOUTH



The County of San Diego's Behavioral Health Services (BHS) Department offers a multitude of programming to support children and youth who would benefit from mental health or substance use treatment. The programs are predominantly focused on serving youth up to age 21 who are Medi-Cal members or have no medical insurance.

This **Central & North Central Region School Directory** highlights BHS services in the region, including school-based support.

Scan the QR code below to access the current
Regional School Directories

https://bit.ly/cyf_directories



SCAN HERE



REGIONAL SERVICES DIRECTORY

CENTRAL NORTH CENTRAL REGION BEHAVIORAL HEALTH SERVICES

FOR CHILDREN AND YOUTH



Behavioral Health Services (BHS)

Central & North Central Region

District 1 Supervisor: Paloma Aguirre District 2 Supervisor: Joel Anderson
 District 3 Supervisor: Terra Lawson-Remer
 District 4 Supervisor: Monica Montgomery Steppe

In addition to contacting the programs directly, the following resources are available to assist with access to care or to obtain information:

Access & Crisis Line: (888) 724-7240 [TDD: (619) 641-6992] offers information about behavioral health resources, including support for a mental health and substance use crisis

9-8-8 Suicide & Crisis Lifeline: Dial “9-8-8”

County of San Diego Behavioral Health Services:

[Behavioral Health Services \(sandiegocounty.gov\)](https://www.sandiegocounty.gov)

County of San Diego Behavioral Health Provider Directory:

[Provider Directory \(sdcountrybhs.com\)](https://www.sdcountrybhs.com)

Behavioral Health Service Directories for Children, Youth, and Families inclusive of all Regional School Directories:

[Service Directories](#)

2-1-1 San Diego (List of services and referrals for health and social service programs): Dial “2-1-1”

General school related information can be found at:

[School-based Services/SchoolLink](#)

County BHS Primary Contacts in the Central & North Central Region

Saskya Caicedo, Behavioral Health Program Coordinator

SaskyaP.Caicedo@sdcounty.ca.gov or (619) 888-3350

Yael Koenig, Deputy Director

Yael.Koenig@sdcounty.ca.gov or (619) 563-2773

Crisis & Acute Services

The following Crisis & Acute Care services are available Countywide for children and youth who are experiencing a psychiatric crisis and may be a danger to self or other, or are gravely disabled.

Service	Agency	Program Name	Address & Phone Number
Inpatient	Aurora Behavioral Health Care San Diego	Aurora Behavioral Health Care/Inpatient	11878 Ave of Industry San Diego, CA 92128 (858) 487-3200
Inpatient	Rady Children's Hospital of San Diego	Acute Psychiatric Inpatient Services for Children and Adolescents (CAPS)	8001 Frost St San Diego, CA 92123 (858) 966-8337
Inpatient	Sharp Mesa Vista Hospital	Sharp Mesa Vista	7850 Vista Hill Ave San Diego, CA 92123 (858) 836-8434
Crisis Stabilization	New Alternatives Inc (NAI)	Children & Youth Crisis Stabilization Unit	4309 Third Ave San Diego, CA 92103 (619) 876-4502
Crisis Response	Exodus Recovery	Mobile Crisis Response Team (MCRT) North Pilot	Access through ACL: (888) 724-7240
Crisis Response	Telecare	Mobile Crisis Response Team (MCRT)	Access through ACL: (888) 724-7240
Psychiatric Emergency Resource	Community Research Foundation (CRF)	Psychiatric Emergency Response Team (PERT)	Through 911
Outpatient Mental Health Treatment	New Alternatives Inc (NAI)	Crisis Action & Connection (CAC)	Community Based: (619) 591-5740
State Hotline Local Mobile Response Placement	New Alternatives Inc. (NAI)	Family Urgent Response System (FURS)	3589 4th Avenue San Diego, CA 92103 (833) 939-3877

CENTRAL & NORTH CENTRAL REGION BEHAVIORAL HEALTH SERVICES

SCHOOLS WITH ON-SITE SERVICES



District	School Name	Provider	Program Name	Provider Address	Provider Phone
San Diego Unified	Adams Elementary	Pathways Community Services	Cornerstone	6244 El Cajon Blvd., Suite 14 San Diego, CA 92115	(619) 640-3266
	ALBA - Alternative Learning for Behavior and Attitude	San Diego Unified School District	Mental Health Resource Center	2351 Cardinal Lane, Annex B San Diego, CA 92139	(858) 573-2227
		Union of Pan Asian Communities	Central Region Teen Recovery Center	3288 El Cajon Blvd, Suite 13 San Diego, CA 92104	(619) 521-5720
	Albert Einstein Charter Elementary	Pathways Community Services	Cornerstone	6244 El Cajon Blvd., Suite 14 San Diego, CA 92115	(619) 640-3266
	Albert Einstein Academy Charter Middle	Pathways Community Services	Cornerstone	6244 El Cajon Blvd., Suite 14 San Diego, CA 92115	(619) 640-3266
	Alcott Elementary	Mental Health Systems Inc.	Central Region	4660 Viewridge Avenue San Diego, CA 92123	(858) 278-3292
	Altus the Charter School of San Diego 6-12	Community Research Foundation	Mobile Adolescent Services Team (MAST)	1202 Morena Blvd., Suite 203 San Diego, CA 92110	(619) 398-3261 ext.108
	America's Finest Charter K-8	Pathways Community Services	Cornerstone	6244 El Cajon Blvd., Suite 14 San Diego, CA 92115	(619) 640-3266
	America's Finest Charter High	Pathways Community Services	Cornerstone	6244 El Cajon Blvd., Suite 14 San Diego, CA 92115	(619) 640-3266
	Audubon K-8	Mental Health Systems Inc.	Central Region	4660 Viewridge Avenue San Diego, CA 92123	(858) 278-3292
		San Diego Unified School District	School Based Skill Building	4487 Oregon St., Ste. CC2-CC5 San Diego, CA 92116	(619) 362-4330
	Baker Elementary	Family Health Centers of San Diego	Community Circle Central Region	2130 National Avenue San Diego, CA 92113	(619) 255-7876
	Balboa Elementary	Family Health Centers of San Diego	Community Circle Central Region	2130 National Avenue San Diego, CA 92113	(619) 255-7876

CENTRAL & NORTH CENTRAL REGION BEHAVIORAL HEALTH SERVICES

SCHOOLS WITH ON-SITE SERVICES



District	School Name	Provider	Program Name	Provider Address	Provider Phone
San Diego Unified	Bell Middle	San Diego Unified School District	Mental Health Resource Center	2351 Cardinal Lane, Annex B San Diego, CA 92139	(858) 573-2227
			School Based Skill Building	4487 Oregon St., Ste. CC2-CC5 San Diego, CA 92116	(619) 362-4330
		San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
	Bell Middle - (API only)	Union of Pan Asian Communities	Multi-Cultural Community Counseling	5348 University Ave., Ste.108 San Diego, CA 92105	(619) 578-2211
	Bethune K-8 (API only)	Union of Pan Asian Communities	Multi-Cultural Community Counseling	5348 University Ave., Ste.108 San Diego, CA 92105	(619) 578-2211
	Bethune K-8	San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
	Birney Elementary	YMCA	Therapeutic Interventions Designed to Empower Students (TIDES)	4451 30th Street San Diego, CA 92116	(619) 837-8076
	Boone Elementary	Union of Pan Asian Communities	Child & Adolescent Mental Health	1031 25 th Street San Diego, CA 92102	(619) 232-6454
	Burbank Elementary	Family Health Centers of San Diego	Community Circle Central Region	2130 National Avenue San Diego, CA 92113	(619) 255-7876
	Canyon Hills High	San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
	Carson Elementary	Mental Health Systems Inc.	Central Region	4660 Viewridge Avenue San Diego, CA 92123	(858) 278-3292
	Carver Elementary	Community Research Foundation	Douglas Young Youth & Family Services	7917 Ostrow Street, Suite A San Diego, CA 92111	(858) 300-8282

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District	School Name	Provider	Program Name	Provider Address	Provider Phone
San Diego Unified	Central Elementary	Community Research Foundation	Douglas Young Youth & Family Services	7917 Ostrow Street, Suite A San Diego, CA 92111	(858) 300-8282
		San Diego Unified School District	School Based Incredible Years (IY) - Central & N.Central	4487 Oregon St., Ste. CC2-CC5 San Diego, CA 92116	(619) 362-4330
	Challenger Middle	Mental Health Systems Inc.	Central Region	4660 Viewridge Avenue San Diego, CA 92123	(858) 278-3292
	Challenger Middle (API only)	Union of Pan Asian Communities	Multi-Cultural Community Counseling	5348 University Ave., Ste.108 San Diego, CA 92105	(619) 578-2211
	Chavez Elementary	Family Health Centers of San Diego	Community Circle Central Region	2130 National Avenue San Diego, CA 92113	(619) 255-7876
		San Diego Unified School District	School Based Incredible Years (IY) - Central Southeastern	4487 Oregon St., Ste. CC2-CC5 San Diego, CA 92116	(619) 362-4330
	Cherokee Point Elementary	Community Research Foundation	Douglas Young Youth & Family Services	7917 Ostrow Street, Suite A San Diego, CA 92111	(858) 300-8282
		San Diego Unified School District	School Based Incredible Years (IY) - Central & N.Central	4487 Oregon St., Ste. CC2-CC5 San Diego, CA 92116	(619) 362-4330
	Chollas-Mead Elementary	San Diego Unified School District	School Based Incredible Years (IY) - Central Southeastern	4487 Oregon St., Ste. CC2-CC5 San Diego, CA 92116	(619) 362-4330
		Union of Pan Asian Communities	Child & Adolescent Mental Health	1031 25th Street San Diego, CA 92102	(619) 232-6454
	Clark Middle	San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
	Clairemont Canyons Academy	Community Research Foundation	Douglas Young Youth & Family Services	7917 Ostrow Street, Suite A San Diego, CA 92111	(858) 300-8282

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District	School Name	Provider	Program Name	Provider Address	Provider Phone
San Diego Unified	Clairemont High	Community Research Foundation	Douglas Young Youth & Family Services	7917 Ostrow Street, Suite A San Diego, CA 92111	(858) 300-8282
		San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
	CPMA Middle (Creative Performing Media Arts)	San Diego Unified School District	Mental Health Resource Center	2351 Cardinal Lane, Annex B San Diego, CA 92139	(858) 573-2227
		San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
	Crawford High	Community Research Foundation	Douglas Young Youth & Family Services	7917 Ostrow Street, Suite A San Diego, CA 92111	(858) 300-8282
		San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
	Dana Middle	San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
	Darnall Charter School	Pathways Community Services	Cornerstone	6244 El Cajon Blvd., Suite 14 San Diego, CA 92115	(619) 640-3266
	Doyle Elementary	Mental Health Systems Inc.	Central Region	4660 Viewridge Avenue San Diego, CA 92123	(858) 278-3292
	E3 Civic High	Community Research Foundation	Mobile Adolescent Services Team (MAST)	1260 Morena Blvd., Suite 200 San Diego, CA 92110	(619) 398-3261 ext.108

CENTRAL & NORTH CENTRAL REGION BEHAVIORAL HEALTH SERVICES

SCHOOLS WITH ON-SITE SERVICES



District	School Name	Provider	Program Name	Provider Address	Provider Phone
San Diego Unified	East Village Middle College High	YMCA	Therapeutic Interventions Designed to Empower Students	4451 30th Street San Diego, CA 92116	(619) 281-8313
		San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
	Edison Elementary	Union of Pan Asian Communities	Child & Adolescent Mental Health	1031 25 th Street San Diego, CA 92102	(619) 232-6454
	Empower Academy	Union of Pan Asian Communities	Child & Adolescent Mental Health	1031 25th Street San Diego, CA 92102	(619) 232-6454
	Emerson/Bandini Elementary	Family Health Centers of San Diego	Community Circle Central Region	2130 National Avenue San Diego, CA 92113	(619) 255-7876
	Encanto Elementary	Pathways Community Services	Cornerstone	6244 El Cajon Blvd., Suite 14 San Diego, CA 92115	(619) 640-3266
		San Diego Unified School District	School Based Incredible Years (IY) - Central Southeastern	4487 Oregon St., Ste. CC2-CC5 San Diego, CA 92116	(619) 362-4330
	Euclid Elementary	Family Health Centers of San Diego	Community Circle Central Region	2130 National Avenue San Diego, CA 92113	(619) 255-7876
		San Diego Unified School District	School Based Incredible Years (IY) - Central & N.Central	4487 Oregon St., Ste. CC2-CC5 San Diego, CA 92116	(619) 362-4330
	Farb Middle	Mental Health Systems Inc.	Central Region	4660 Viewridge Avenue San Diego, CA 92123	(858) 278-3292
	Fay Elementary	Pathways Community Services	Cornerstone	6244 El Cajon Blvd., Suite 14 San Diego, CA 92115	(619) 640-3266
	Field Elementary	Community Research Foundation	Douglas Young Youth & Family Services	7917 Ostrow Street, Suite A San Diego, CA 92111	(858) 300-8282
	Florence Elementary	YMCA	Therapeutic Interventions Designed to Empower Students	4451 30th Street San Diego, CA 92116	(619) 281-8313

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District	School Name	Provider	Program Name	Provider Address	Provider Phone
San Diego Unified	Franklin Elementary	Pathways Community Services	Cornerstone	6244 El Cajon Blvd., Suite 14 San Diego, CA 92115	(619) 640-3266
	Freese Elementary				
	Fulton K-8	Mental Health Systems Inc.	Central Region	4660 Viewridge Avenue San Diego, CA 92123	(858) 278-3292
		San Diego Unified School District	School Based Skill Building	4487 Oregon St., Ste. CC2-CC5 San Diego, CA 92116	(619) 362-4330
	Garfield Elementary	Pathways Community Services	Cornerstone	6244 El Cajon Blvd., Suite 14 San Diego, CA 92115	(619) 640-3266
	Garfield High School	Rady Children's Hospital San Diego	Central, East, South Clinic	3665 Kearny Villa Rd., Ste. 101 San Diego, CA 92123	(858) 966-8459
		San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
	Golden Hill K-8	Rady Children's Hospital San Diego	Central Clinic	3665 Kearny Villa Rd., Ste. 101 San Diego, CA 92123	(858) 966-5832 ext. 245751
		San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
	Gompers Preparatory Academy	Union of Pan Asian Communities	Child & Adolescent Mental Health	1031 25 th Street San Diego, CA 92102	(619) 232-6454
		San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
	Hamilton Elementary	Rady Children's Hospital San Diego	Central Clinic	3665 Kearny Villa Road, Suite 101 San Diego, CA 92123	(858) 966-5832 ext. 245751
		San Diego Unified School District	School Based Incredible Years (IY) - Central & N.Central	4487 Oregon St., Ste. CC2-CC5 San Diego, CA 92116	(619) 362-4330

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District	School Name	Provider	Program Name	Provider Address	Provider Phone
San Diego Unified	Hoover High	Rady Children's Hospital San Diego	Central, East, South Clinic	3665 Kearny Villa Rd., Ste. 101 San Diego, CA 92123	(858) 966-8459
		Union of Pan Asian Communities	Central Region Teen Recovery Center	3288 El Cajon Blvd, Suite 13 San Diego, CA 92104	(619) 521-5720
	Mann Middle	San Diego Unified School District	School Based Skill Building	4487 Oregon St., Ste. CC2-CC5 San Diego, CA 92116	(619) 362-4330
	Horton Elementary	San Diego Unified School District	School Based Incredible Years (IY) - Central Southeastern	4487 Oregon St., Ste. CC2-CC5 San Diego, CA 92116	(619) 362-4330
		Union of Pan Asian Communities	Child & Adolescent Mental Health	1031 25 th Street San Diego, CA 92102	(619) 232-6454
	Ibarra Elementary	Community Research Foundation	Douglas Young Youth & Family Services	7917 Ostrow Street, Suite A San Diego, CA 92111	(858) 300-8282
	Innovation Middle School	Community Research Foundation	Douglas Young Youth & Family Services	7917 Ostrow Street, Suite A San Diego, CA 92111	(858) 300-8282
	Johnson Elementary K-5	Pathways Community Services	Cornerstone	6244 El Cajon Blvd., Suite 14 San Diego, CA 92115	(619) 640-3266
	John Muir Language Academy	San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
	Joyner Elementary	Pathways Community Services	Cornerstone	6244 El Cajon Blvd., Suite 14 San Diego, CA 92115	(619) 640-3266
		San Diego Unified School District	School Based Incredible Years (IY) - Central & N.Central	4487 Oregon St., Ste. CC2-CC5 San Diego, CA 92116	(619) 362-4330

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District	School Name	Provider	Program Name	Provider Address	Provider Phone
San Diego Unified	Juarez Elementary	Community Research Foundation	Douglas Young Youth & Family Services	7917 Ostrow Street, Suite A San Diego, CA 92111	(858) 300-8282
	Kearny High School	Mental Health Systems Inc.	North Central Teen Recovery Center	4660 Viewridge Ave., Ste. 100A San Diego, CA 92123	(619) 565-2510
		San Diego Unified School District	Mental Health Resource Center	2351 Cardinal Lane, Annex B San Diego, CA 92139	(858) 573-2227
	Kimbrough Elementary	Community Research Foundation	Douglas Young Youth & Family Services	7917 Ostrow Street, Suite A San Diego, CA 92111	(858) 300-8282
		San Diego Unified School District	School Based Incredible Years (IY) - Central Southeastern	4487 Oregon St., Ste. CC2-CC5 San Diego, CA 92116	(619) 362-4330
	King-Chavez Academy of Excellence	YMCA	Therapeutic Interventions Designed to Empower Students (TIDES)	4451 30th Street San Diego, CA 92116	(619) 837-8076
		San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
	King Chavez Community High	YMCA	Therapeutic Interventions Designed to Empower Students (TIDES)	4451 30th Street San Diego, CA 92116	(619) 837-8076
		Union of Pan Asian Communities	Central Region Teen Recovery Center	3288 El Cajon Blvd, Suite 13 San Diego, CA 92104	(619) 521-5720
	King Chavez Community K-8 School	YMCA	Therapeutic Interventions Designed to Empower Students (TIDES)	4451 30th Street San Diego, CA 92116	(619) 837-8076
		San Diego County Superintendent of Schools	Life Skills	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2092
		YMCA	Therapeutic Interventions Designed to Empower Students (TIDES)	4451 30th Street San Diego, CA 92116	(619) 837-8076

CENTRAL & NORTH CENTRAL REGION BEHAVIORAL HEALTH SERVICES

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District	School Name	Provider	Program Name	Provider Address	Provider Phone
San Diego Unified	KIPP Adelante Charter 5-8	Rady Children's Hospital San Diego	Central Clinic	3665 Kearny Villa Rd., Ste. 101 San Diego, CA 92123	(858) 966-5832 ext. 245751
	Knox Middle	San Diego Unified School District	School Based Skill Building	4487 Oregon St., Ste. CC2-CC5 San Diego, CA 92116	(619) 362-4330
		Union of Pan Asian Communities	Child & Adolescent Mental Health	1031 25 th Street San Diego, CA 92102	(619) 232-6454
	Lafayette Elementary	Mental Health Systems Inc.	Central Region	4660 Viewridge Avenue San Diego, CA 92123	(858) 278-3292
	Language Academy	Community Research Foundation	Mobile Adolescent Services Team (MAST)	1260 Morena Blvd., Suite 200 San Diego, CA 92110	(619) 398-3261 ext.108
		San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
	Lewis Middle School	Pathways Community Services	Cornerstone	6244 El Cajon Blvd., Suite 14 San Diego, CA 92115	(619) 640-3266
	Lincoln High	Union of Pan Asian Communities	Central Region Teen Recovery Center	3288 El Cajon Blvd, Suite 13 San Diego, CA 92104	(619) 521-5720
		San Diego Unified School District	Mental Health Resource Center	2351 Cardinal Lane, Annex B San Diego, CA 92139	(858) 573-2227
		San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100

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SCHOOLS WITH ON-SITE SERVICES



District	School Name	Provider	Program Name	Provider Address	Provider Phone
San Diego Unified	Linda Vista Elementary	Mental Health Systems Inc.	Central Region	4660 Viewridge Avenue San Diego, CA 92123	(858) 278-3292
	Logan Memorial Educational Campus	Family Health Centers of San Diego	Community Circle Central Region	2130 National Avenue San Diego, CA 92113	(619) 255-7876
		San Diego Unified School District	School Based Incredible Years (IY) - Central Southeastern	4487 Oregon St., Ste. CC2-CC5 San Diego, CA 92116	(619) 362-4330
			School Based Skill Building		
		San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
	Madison High	Community Research Foundation	Mobile Adolescent Services Team (MAST)	1260 Morena Blvd., Suite 200 San Diego, CA 92110	(619) 398-3261 ext.108
		Mental Health Systems Inc.	North Central Teen Recovery Center	4660 Viewridge Ave., Ste. 100A San Diego, CA 92123	(619) 565-2510
	Mann Middle	San Diego Unified School District	Mental Health Resource Center	2351 Cardinal Lane, Annex B San Diego, CA 92139	(858) 573-2227
	Mann Middle (API only)	Union of Pan Asian Communities	Multi-Cultural Community Counseling	5348 University Ave., Ste.108 San Diego, CA 92105	(619) 578-2211
	Marcy Day	San Diego Unified School District	Mental Health Resource Center	2351 Cardinal Lane, Annex B San Diego, CA 92139	(858) 573-2227
	Marshall Middle	San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
	Marston Middle	Community Research Foundation	Douglas Young Youth & Family Services	7917 Ostrow Street, Suite A San Diego, CA 92111	(858) 300-8282

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SCHOOLS WITH ON-SITE SERVICES



District	School Name	Provider	Program Name	Provider Address	Provider Phone
San Diego Unified	McGill Elementary	Union of Pan Asian Communities	Child & Adolescent Mental Health	1031 25th Street San Diego, CA 92102	(619) 232-6454
	Millennial Tech Middle	Pathways Community Services	Cornerstone	6244 El Cajon Blvd., Suite 14 San Diego, CA 92115	(619) 640-3266
		San Diego Unified School District	School Based Skill Building	4487 Oregon St., Ste. CC2-CC5 San Diego, CA 92116	(619) 362-4330
		San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
	Mira Mesa High	Community Research Foundation	Douglas Young Youth & Family Services	7917 Ostrow Street, Suite A San Diego, CA 92111	(858) 300-8282
	Mission Bay High	Mental Health Systems Inc.	Central Region	4660 Viewridge Avenue San Diego, CA 92123	(858) 278-3292
		San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
	Monroe Clark Middle	Pathways Community Services	Cornerstone	6244 El Cajon Blvd., Suite 14 San Diego, CA 92115	(619) 640-3266
	Montgomery Middle	Mental Health Systems Inc.	Central Region	4660 Viewridge Avenue San Diego, CA 92123	(858) 278-3292
	Morse High	Union of Pan Asian Communities	Central Region Teen Recovery Center	3288 El Cajon Blvd, Suite 13 San Diego, CA 92104	(619) 521-5720
		Community Research Foundation	Douglas Young Youth & Family Services	7917 Ostrow Street, Suite A San Diego, CA 92111	(858) 300-8282

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SCHOOLS WITH ON-SITE SERVICES



District	School Name	Provider	Program Name	Provider Address	Provider Phone
San Diego Unified	Mt. Everest Academy	San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
	Muirlands Middle	San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
	New Dawn Day School	San Diego Unified School District	Mental Health Resource Center	2351 Cardinal Lane, Annex B San Diego, CA 92139	(858) 573-2227
	Normal Heights Elementary	Family Health Centers of San Diego	Community Circle Central Region	2130 National Avenue San Diego, CA 92113	(619) 255-7876
	Nye Elementary	San Diego Unified School District	School Based Incredible Years (IY) - Central Southeastern	4487 Oregon St., Ste. CC2-CC5 San Diego, CA 92116	(619) 362-4330
		Union of Pan Asian Communities	Child & Adolescent Mental Health	1031 25th Street San Diego, CA 92102	(619) 232-6454
	Oak Park Elementary	Pathways Community Services	Cornerstone	6244 El Cajon Blvd., Suite 14 San Diego, CA 92115	(619) 640-3266
		San Diego Unified School District	School Based Incredible Years (IY) - Central & N.Central	4487 Oregon St., Ste. CC2-CC5 San Diego, CA 92116	(619) 362-4330
	Ocean Beach Elementary	YMCA	Therapeutic Interventions Designed to Empower Students (TIDES)	4451 30th Street San Diego, CA 92116	(619) 837-8076
	O'Farrell Charter	Pathways Community Services	Cornerstone	6244 El Cajon Blvd., Suite 14 San Diego, CA 92115	(619) 640-3266
		San Diego County Superintendent of Schools	Life Skills	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2092

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SCHOOLS WITH ON-SITE SERVICES



District	School Name	Provider	Program Name	Provider Address	Provider Phone
San Diego Unified	Pacific Beach Middle	Mental Health Systems Inc.	Central Region	4660 Viewridge Avenue San Diego, CA 92123	(858) 278-3292
	Pacific View Leadership Elementary	San Diego Unified School District	Mental Health Resource Center	2351 Cardinal Lane, Annex B San Diego, CA 92139	(858) 573-2227
	Paradise Hills Elementary	Union of Pan Asian Communities	Child & Adolescent Mental Health	1031 25th Street San Diego, CA 92102	(619) 232-6454
	Patrick Henry High	San Diego Unified School District	Mental Health Resource Center	2351 Cardinal Lane, Annex B San Diego, CA 92139	(858) 573-2227
	Penn Elementary	Community Research Foundation	Mobile Adolescent Services Team (MAST)	1260 Morena Blvd., Suite 200 San Diego, CA 92110	(619) 398-3261 ext.108
	Pendleton Elementary	YMCA	Therapeutic Interventions Designed to Empower Students (TIDES)	4451 30th Street San Diego, CA 92116	(619) 837-8076
	Perry Elementary	Community Research Foundation	Mobile Adolescent Services Team (MAST)	1260 Morena Blvd., Ste. 200 San Diego, CA 92110	(619) 398-3261 ext.108
	Pershing Middle School	Community Research Foundation	Douglas Young Youth & Family Services	7917 Ostrow Street, Suite A San Diego, CA 92111	(858) 300-8282
	Porter Elementary	San Diego Unified School District	School Based Incredible Years (IY) - Central Southeastern	4487 Oregon St., Ste. CC2-CC5 San Diego, CA 92116	(619) 362-4330
		Union of Pan Asian Communities	Child & Adolescent Mental Health	1031 25th Street San Diego, CA 92102	(619) 232-6454
	Pruess School (API only)	Union of Pan Asian Communities	Multi-Cultural Community Counseling	5348 University Avenue, Ste.108 San Diego, CA 92105	(619) 578-2211

CENTRAL & NORTH CENTRAL REGION BEHAVIORAL HEALTH SERVICES

SCHOOLS WITH ON-SITE SERVICES



District	School Name	Provider	Program Name	Provider Address	Provider Phone
San Diego Unified	Riley Day	San Diego Unified School District	Mental Health Resource Center	2351 Cardinal Lane, Annex B San Diego, CA 92139	(858) 573-2227
	Rodriguez Elementary	Family Health Centers of San Diego	Community Circle Central Region	2130 National Avenue San Diego, CA 92113	(619) 255-7876
	Rolando Park Elementary	San Diego Unified School District	Mental Health Resource Center	2351 Cardinal Lane, Annex B San Diego, CA 92139	(858) 573-2227
	Roosevelt International Middle	San Diego Unified School District	School Based Skill Building	4487 Oregon St., Ste. CC2-CC5 San Diego, CA 92116	(619) 362-4330
		YMCA	Therapeutic Interventions Designed to Empower Students (TIDES)	4451 30th Street San Diego, CA 92116	(619) 837-8076
		San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
	Rosa Parks Elementary	Pathways Community Services	Cornerstone	6244 El Cajon Blvd., Suite 14 San Diego, CA 92115	(619) 640-3266
		San Diego Unified School District	School Based Incredible Years (IY) - Central & N.Central	4487 Oregon St., Ste. CC2-CC5 San Diego, CA 92116	(619) 362-4330
	Ross Elementary	Community Research Foundation	Douglas Young Youth & Family Services	7917 Ostrow Street, Suite A San Diego, CA 92111	(858) 300-8282
	Rowan Elementary	San Diego Unified School District	Mental Health Resource Center	2351 Cardinal Lane, Annex B San Diego, CA 92139	(858) 573-2227
	San Diego High	Union of Pan Asian Communities	Central Region Teen Recovery Center	3288 El Cajon Blvd, Suite 13 San Diego, CA 92104	(619) 521-5720
		YMCA	Therapeutic Interventions Designed to Empower Students (TIDES)	4451 30th Street San Diego, CA 92116	(619) 837-8076

CENTRAL & NORTH CENTRAL REGION BEHAVIORAL HEALTH SERVICES

SCHOOLS WITH ON-SITE SERVICES



District	School Name	Provider	Program Name	Provider Address	Provider Phone
San Diego Unified	San Diego MET High	San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
	SCPA - School of Creative-Performing Arts	San Diego Unified School District	Mental Health Resource Center	2351 Cardinal Lane, Annex B San Diego, CA 92139	(858) 573-2227
		San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
	Scripps Ranch High	San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
	Sherman Elementary	YMCA	Therapeutic Interventions Designed to Empower Students (TIDES)	4451 30th Street San Diego, CA 92116	(619) 837-8076
	Spreckels Elementary	Mental Health Systems Inc.	Central Region	4660 Viewridge Avenue San Diego, CA 92123	(858) 278-3292
	Taft Middle	Mental Health Systems Inc.	Central Region	4660 Viewridge Avenue San Diego, CA 92123	(858) 278-3292
	Toler Elementary	Community Research Foundation	Douglas Young Youth & Family Services	7917 Ostrow Street, Suite A San Diego, CA 92111	(858) 300-8282
	Twain Madison	Community Research Foundation	Mobile Adolescent Services Team (MAST)	1260 Morena Blvd., Suite 200 San Diego, CA 92110	(619) 398-3261 ext.108
	Twain Mesa Charter (at Mira Mesa HS)	Community Research Foundation	Douglas Young Youth & Family Services	7917 Ostrow Street, Suite A San Diego, CA 92111	(858) 300-8282
	University City High School	San Diego Unified School District	Mental Health Resource Center	2351 Cardinal Lane, Annex B San Diego, CA 92139	(858) 573-2227

CENTRAL & NORTH CENTRAL REGION BEHAVIORAL HEALTH SERVICES

SCHOOLS WITH ON-SITE SERVICES



District	School Name	Provider	Program Name	Provider Address	Provider Phone
	Valencia Park Elementary	San Diego Unified School District	School Based Incredible Years (IY) - Central Southeastern	4487 Oregon St., Ste. CC2-CC5 San Diego, CA 92116	(619) 362-4330
		Rady Children's Hospital San Diego	Central Clinic	3665 Kearny Villa Rd., Ste. 101 San Diego, CA 92123	(858) 966-5832 ext. 245751
	Walker Elementary	Community Research Foundation	Douglas Young Youth & Family Services	7917 Ostrow Street, Suite A San Diego, CA 92111	(858) 300-8282
	Wangenheim Middle	Community Research Foundation	Douglas Young Youth & Family Services	7917 Ostrow Street, Suite A San Diego, CA 92111	(858) 300-8282
	Washington Elementary K-5	San Diego Unified School District	Mental Health Resource Center	2351 Cardinal Lane, Annex B San Diego, CA 92139	(858) 573-2227
	Webster Academy	Pathways Community Services	Cornerstone	6244 El Cajon Blvd., Suite 14 San Diego, CA 92115	(619) 640-3266
		San Diego Unified School District	School Based Incredible Years (IY) - Central Southeastern	4487 Oregon St., Ste. CC2-CC5 San Diego, CA 92116	(619) 362-4330
	Wegeforth Elementary	Pathways Community Services	Cornerstone	6244 El Cajon Blvd., Suite 14 San Diego, CA 92115	(619) 640-3266
	Whitman Elementary	Mental Health Systems Inc.	Central Region	4660 Viewridge Avenue San Diego, CA 92123	(858) 278-3292
	Wilson Middle K-8	San Diego Unified School District	Mental Health Resource Center	2351 Cardinal Lane, Annex B San Diego, CA 92139	(858) 573-2227
	Zamorano Elementary	Community Research Foundation	Nueva Vista Youth & Family Services	1161 Bay Blvd., Suite B Chula Vista, CA 91911	(619) 585-7686

CENTRAL & NORTH CENTRAL REGION BEHAVIORAL HEALTH SERVICES

SCHOOLS WITH ON-SITE SERVICES



District	School Name	Provider	Program Name	Provider Address	Provider Phone
San Dieguito Union	SLC - Canyon Crest Academy	San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
SDCOE JCCS	37ECB*	Community Research Foundation	Mobile Adolescent Services Team (MAST)	1202 Morena Blvd., Suite 203 San Diego, CA 92110	(619) 398-3261 ext.108
	Bayside Blended Community				
	Lindsay Blended Community				
	Monarch School				
	Soul Academy				
Community Chapter	Global Academy of California	San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
	STAR/PAL Making Changes	San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
	STAR/PAL WeCan Middle School	San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
Education Enhancement Program	ABC Youth Council	San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100

CENTRAL NORTH CENTRAL REGION BEHAVIORAL HEALTH SERVICES

OUTPATIENT CLINIC SITES



Outpatient Clinical Services

The following outpatient clinics are located in the Central & North Central Region. Many of these programs can be accessed at a Clinic site as well as at designated school campuses. Children and youth are not limited to accessing services in their region, and can contact the Access and Crisis Line (ACL) by calling (888) 724-7240 or refer to the [Service Directories](#) for a listing of programs in other regions.

Agency	Program Name	Service	Address	Phone Number
Community Research Foundation (CRF)	Douglas Young Youth & Family Services School Based Services	Outpatient Substance Use Disorder (SUD) Counselor	7917 Ostrow Street, Suite A San Diego, CA 92111	(858) 300-8282
Family Health Centers of San Diego Inc.	Community Circle Central School Based Services	Outpatient Mental Health Treatment	2130 National Avenue San Diego, CA 92113	(619) 255-7859 (619) 255-7520
Mental Health Systems Inc. (MHS)	North Central School Based Services	Outpatient Mental Health Treatment	4660 Viewridge Ave., Ste. 100 San Diego, CA 92123	(858) 278-3292
Pathways Community Services (PCS)	Cornerstone Central School Based Services	Outpatient Mental Health Treatment	6244 El Cajon Blvd., Suite 14 San Diego, CA 92115	(619) 640-3266
Rady Children's Hospital of San Diego (Rady)	Central-East-South (CES) and North Central Clinic School Based Services	Outpatient Mental Health Treatment	3665 Kearny Villa Rd., Ste. 101 San Diego, CA 92123	(858) 966-8459
San Diego Unified School District (SDUSD)	Mental Health Resource Center School Based Services	Outpatient Mental Health Treatment	2351 Cardinal Lane, Annex B San Diego, CA 92123	(858) 573-2227
Union of Pan Asian Communities (UPAC)	Child & Adolescent Mental Health School Based Services	Outpatient Mental Health Treatment SUD Counselor	1031 25th Street, Suite C San Diego, CA 92105	(619) 232-6454
YMCA of San Diego County (YMCA)	Therapeutic Interventions Designed to Empower Students (TIDES) School Based Services	Outpatient Mental Health Treatment	4451 30th Street San Diego, CA 92116	(619) 837-8076
Mental Health Systems Inc. (MHS)	Teen Recovery Center (TRC) - North Central School Based Services	Outpatient Substance Use Treatment	4660 Viewridge Ave., Ste. 100A San Diego, CA 92123	(760) 227-1354
Union of Pan Asian Communities (UPAC)	Teen Recovery Center (TRC) - Central School Based Services	Outpatient Substance Use Treatment	3288 El Cajon Blvd., Suites 8-9 San Diego, CA 92104	(619) 521-5720

BEHAVIORAL HEALTH SERVICES

COUNTYWIDE SPECIALTY PROGRAMS



Outpatient - Specialty Programs

The County offers an array of services which can be accessed through the Access and Crisis Line (ACL) by calling (888) 724-7240 or by referring to the [Service Directories](#). The following are some of the specialty programs that serve children and youth and are available Countywide:

Service	Special Population	Agency	Program Name	Address	Phone Number
Behavioral Coaching	Ancillary Service	New Alternatives Inc. (NAI)	Therapeutic Behavioral Services (TBS)	8755 Aero Drive, Suite 230 San Diego, CA 92123	(858) 256-2180
Outpatient Mental Health Treatment	API/Middle Eastern including Chaldean/Latino	Union of Pan Asian Communities (UPAC)	Multicultural Community Counseling	8745 Aero Drive, Suite 330 San Diego, CA 92123	(619) 578-2211
Outpatient Mental Health Treatment	Early Childhood (0-5 years)	Episcopal Community Services (ECS)	Para Las Familias	1424 30th Street, Suite A San Diego, CA 92154	(619) 565-2650
Outpatient Mental Health Treatment	Early Childhood (0-5 years)	Rady Children's Hospital of San Diego (Rady)	KidSTART	3665 Kearny Villa Road, Suite 500 San Diego, CA 92123 2204 El Camino Real, Suite 102 Oceanside, CA 92054 333 H Street, Suite 3010 Chula Vista, CA 91910	(858) 576-1700 (760) 967-7082 (619) 420-5611
Outpatient Mental Health Treatment	Adolescent & TAY	San Diego Center for Children (SDCC)	Intensive Outpatient Program (IOP)	3002 Armstrong Street San Diego, CA 92111	(858) 634-8367
Outpatient Mental Health Treatment	Early Childhood (0-5 years)	Vista Hill Foundation (VHF)	ChildNET Incredible Years North Coastal & North Inland	425 W 5th Avenue Escondido, CA 92025	(760) 258-4780
Outpatient Mental Health Treatment	Foster Youth	New Alternatives Inc. (NAI)	Comprehensive Assessment & Stabilization Services (CASS)	3517 Camino del Rio S, Ste. 407 San Diego, CA 92108	(619) 955-8905

BEHAVIORAL HEALTH SERVICES

COUNTYWIDE SPECIALTY PROGRAMS



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Service	Special Population	Agency	Program Name	Address	Phone Number
Outpatient Mental Health Treatment	Foster Youth	New Alternatives Inc. (NAI)	Incredible Families	8765 Aero Drive Ste 221 San Diego, CA 92123 730 Medical Ct. Chula Vista, CA 91911 1020 S. Santa Fe Ave. Suite D-1 Vista, CA 92084	(619) 207-0396
Outpatient Mental Health Treatment	Homeless and Runaway Youth age 12 up to 21	North County Lifeline Inc. (NCL)	Connections Community Counseling	3890 Murphy Canyon Rd. Ste. 250 San Diego, CA 92123 200 Michigan Avenue Vista CA 92084 707 Oceanside Blvd. Oceanside, CA 92054 334 Via Vera Cruz, Ste. 152 San Marcos, CA 92078 8324 Allison Ave. La Mesa, CA 91942	(760) 842-6202

BEHAVIORAL HEALTH SERVICES

COUNTYWIDE SPECIALTY PROGRAMS



Outpatient - Specialty Programs

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Service	Special Population	Agency	Program Name	Address	Phone Number
Outpatient Mental Health Treatment	Medication Clinic	Vista Hill Foundation (VHF)	Center for Child and Youth Psychiatry (CCYP)	8910 Clairemont Mesa Blvd. San Diego, CA 92123	(858) 571-1964
Outpatient Mental Health Treatment	Sexually Reactive Youth	Mental Health Systems Inc. (MHS)	STEPS	4660 Viewridge Avenue, Suite 100 San Diego, CA 92123 311 E Washington Ave. Suite 103 & 104 Escondido, CA 92025 637 Third Ave., Suite F Chula Vista, CA 91910	(858) 565-2510
Outpatient Mental Health Treatment	LGBTQ+	San Diego Youth Services (SDYS)	Our Safe Place	3427 4th Avenue, 2nd Floor San Diego, CA 92103	(619) 525-9903
Drop-In Centers	LGBTQ+	San Diego Youth Services (SDYS)	Our Safe Place	2220 Broadway San Diego, CA 92102 746 Ada Street Chula Vista, CA 91911 3845 Spring Dr., Rm. 13 Spring Valley, CA 91977 150 La Terraza Blvd. Escondido, CA 92025 215 Barnes Street Oceanside, CA 92054	(619) 972-8983 (619) 628-2444 (619) 525-9903 (760) 908-9373 (760) 908-9647

BEHAVIORAL HEALTH SERVICES

COUNTYWIDE SPECIALTY PROGRAMS



Outpatient - Specialty Programs

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Service	Special Population	Agency	Program Name	Address	Phone Number
Outpatient Mental Health Treatment Drop-In Center	CSEC	San Diego Youth Services (SDYS)	I CARE (CSEC)	Central San Diego	(619) 521-2250
Outpatient Mental Health Treatment Therapeutic Foster Care	Youth in Foster Family Agencies	San Diego Center for Children (SDCC)	Foster Family Agency Stabilization and Treatment (FFAST)	2655 Camino del Rio N, Ste. 450 San Diego, CA 92108 145 Vallecitos de Oro, Suite 210 San Marcos, CA 92069 17701 San Pasqual Valley Rd. Escondido, CA 92025	(858) 633-4115
Outpatient Mental Health Treatment	Children & adolescents up to age 21	San Diego Center for Children (SDCC)	Partial Hospitalization Program (PHP)	3002 Armstrong Street San Diego, CA 92111	(858) 634-8367
Wraparound	Foster Youth & Probation	Fred Finch Youth Center (FFYC)	Fred Finch Wrap Connections	8787 Complex Drive, Suite 300 San Diego, CA 92123 504 W. Mission Avenue, Suite 106 Escondido, CA 92023 3845 Spring Drive Spring Valley, CA 91977 637 3rd Avenue, Suite I Chula Vista, CA 91910	(619) 797-1090 (619) 281-3706 (619) 797-1090 (619) 873-4075

BEHAVIORAL HEALTH SERVICES COUNTYWIDE SPECIALTY PROGRAMS



Outpatient - Specialty Programs

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Service	Special Population	Agency	Program Name	Address	Phone Number
Youth Empowerment	Adolescent & TAY	San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
Substance Use Prevention	Adolescent & TAY	San Diego County Superintendent of Schools	Life Skills (Project Alert)	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2092
Wraparound	Foster Youth & Probation	San Diego Center for Children (SDCC)	Wrapworks	3002 Armstrong Street San Diego, CA 92111 235 W. 5th Ave., Ste 130 Escondido, CA 92025 3322 Sweetwater Spring Blvd. Ste. 104 & 106 Spring Valley, CA 91977	(858) 277-9550



The County Behavioral Health Services Department is interested in your input on how the directory can be improved.
Are there any features and elements that would make it easier to use?

Please provide input to Janette.Magsanoc@sdcounty.ca.gov