

## SOUTH REGION BEHAVIORAL HEALTH SERVICES FOR CHILDREN AND YOUTH



LIVE WELL  
SAN DIEGO

The County of San Diego's Behavioral Health Services (BHS) Department offers a multitude of programming to support children and youth who would benefit from mental health or substance use treatment. The programs are predominantly focused on serving youth up to age 21 who are Medi-Cal members or have no medical insurance.

This **South Region School Directory** highlights BHS services in the region, including school-based support.

Scan the QR code below to access the current  
Regional School Directories

[https://bit.ly/cyf\\_directories](https://bit.ly/cyf_directories)



**SCAN HERE**

# REGIONAL SERVICES DIRECTORY

## SOUTH REGION BEHAVIORAL HEALTH SERVICES

### FOR CHILDREN AND YOUTH



#### Behavioral Health Services (BHS)

##### South Region

District 1 Supervisor: Paloma Aguirre

In addition to contacting the programs directly, the following resources are available to assist with access to care or to obtain information:

**Access & Crisis Line: (888) 724-7240** [TDD: (619) 641-6992] offers information about behavioral health resources, including support for a mental health and substance use crisis

**9-8-8 Suicide & Crisis Lifeline:** Dial “9-8-8”

**County of San Diego Behavioral Health Services:**

[Behavioral Health Services \(sandiegocounty.gov\)](https://sandiegocounty.gov)

**County of San Diego Behavioral Health Provider Directory:**

[Provider Directory \(sdcountybhs.com\)](https://sdcountybhs.com)

**Behavioral Health Service Directories for Children, Youth, and Families inclusive of all Regional School Directories:**

[Service Directories](#)

**2-1-1 San Diego** (List of services and referrals for health and social service programs): Dial “2-1-1”

**General school related information can be found at:**

[School-based Services/SchoolLink](#)

##### County BHS Primary Contacts in the South Region

Emily Gaines, Behavioral Health Program Coordinator

[Emily.Gaines@sdcounty.ca.gov](mailto:Emily.Gaines@sdcounty.ca.gov) or (619) 806-5320

Yael Koenig, Deputy Director

[Yael.Koenig@sdcounty.ca.gov](mailto:Yael.Koenig@sdcounty.ca.gov) or (619) 563-2773

#### Crisis & Acute Services

The following Crisis & Acute Care services are available Countywide for children and youth who are experiencing a psychiatric crisis and may be a danger to self or other, or are gravely disabled.

| Service                                       | Agency                                  | Program Name                                                             | Address & Phone Number                                    |
|-----------------------------------------------|-----------------------------------------|--------------------------------------------------------------------------|-----------------------------------------------------------|
| Inpatient                                     | Aurora Behavioral Health Care San Diego | Aurora Behavioral Health Care/Inpatient                                  | 11878 Ave of Industry San Diego, CA 92 128 (858) 487-3200 |
| Inpatient                                     | Rady Children's Hospital of San Diego   | Acute Psychiatric Inpatient Services for Children and Adolescents (CAPS) | 8001 Frost St San Diego, CA 92 123 (858) 966-8337         |
| Inpatient                                     | Sharp Mesa Vista Hospital               | Sharp Mesa Vista                                                         | 7850 Vista Hill Ave San Diego, CA 92 123 (858) 836-8434   |
| Crisis Stabilization                          | New Alternatives Inc (NAI)              | Children & Youth Crisis Stabilization Unit                               | 4309 Third Ave San Diego, CA 92 103 (619) 876-4502        |
| Crisis Response                               | Exodus Recovery                         | Mobile Crisis Response Team (MCRT) North Pilot                           | Access through ACL: (888) 724-7240                        |
| Crisis Response                               | Telecare                                | Mobile Crisis Response Team (MCRT)                                       | Access through ACL: (888) 724-7240                        |
| Psychiatric Emergency Resource                | Community Research Foundation (CRF)     | Psychiatric Emergency Response Team (PERT)                               | Through 911                                               |
| Outpatient Mental Health Treatment            | New Alternatives Inc (NAI)              | Crisis Action & Connection (CAC)                                         | Community Based: (619) 591-5740                           |
| State Hotline Local Mobile Response Placement | New Alternatives Inc (NAI)              | Family Urgent Response System (FURS)                                     | 3589 4th Avenue San Diego, CA 92 103 (833) 939-3877       |

# SOUTH REGION BEHAVIORAL HEALTH SERVICES

## SCHOOLS WITH ON-SITE SERVICES



| District               | School Name                | Provider                      | Program Name                               | Provider Address                                 | Provider Phone |
|------------------------|----------------------------|-------------------------------|--------------------------------------------|--------------------------------------------------|----------------|
| Chula Vista Elementary | Arroyo Vista Charter K-9   | Community Research Foundation | Nueva Vista Youth & Family Services        | 1161 Bay Blvd., Suite B<br>Chula Vista, CA 91911 | (619) 585-7686 |
|                        | Bayfront Charter           | Community Research Foundation | Nueva Vista Youth & Family Services        | 1162 Bay Blvd., Suite B<br>Chula Vista, CA 91911 | (619) 585-7686 |
|                        | Castle Park Elementary     | SBCS Corporation              | School-Based Outpatient                    | 318 4th Avenue<br>Chula Vista, CA 91910          | (619) 420-3620 |
|                        |                            |                               | School Based Incredible Years (IY) - South |                                                  |                |
|                        | Feaster Charter Elementary | Community Research Foundation | Nueva Vista Youth & Family Services        | 1161 Bay Blvd., Suite B<br>Chula Vista, CA 91911 | (619) 585-7686 |
|                        | Finney Elementary          | SBCS Corporation              | School-Based Outpatient                    | 318 4th Avenue<br>Chula Vista, CA 91910          | (619) 420-3620 |
|                        |                            |                               | School Based Incredible Years (IY) - South |                                                  |                |
|                        | Harborside Elementary      | SBCS Corporation              | School-Based Outpatient                    | 318 4th Avenue<br>Chula Vista, CA 91910          | (619) 420-3620 |
|                        | Juarez-Lincoln Elementary  |                               |                                            |                                                  |                |
|                        | Lauderbach Elementary      |                               |                                            |                                                  |                |
|                        | Loma Verde Elementary      |                               |                                            |                                                  |                |
|                        | Los Altos Elementary       |                               |                                            |                                                  |                |
|                        | Mi Escuelita               |                               |                                            |                                                  |                |
|                        | Montgomery Elementary      |                               |                                            |                                                  |                |
|                        | Mueller Charter            | Community Research Foundation | Nueva Vista Youth & Family Services        | 1161 Bay Blvd., Suite B<br>Chula Vista, CA 91911 | (619) 585-7686 |

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| District                 | School Name              | Provider                      | Program Name                               | Provider Address                                 | Provider Phone |
|--------------------------|--------------------------|-------------------------------|--------------------------------------------|--------------------------------------------------|----------------|
| Chula Vista Elementary   | Otay Elementary          | SBCS Corporation              | School Based Incredible Years (IY) - South | 318 4th Avenue<br>Chula Vista, CA 91910          | (619) 420-3620 |
|                          | Rice Elementary          |                               | School-Based Outpatient                    |                                                  |                |
|                          | Rogers Elementary        |                               |                                            |                                                  |                |
|                          | Rohr Elementary          |                               |                                            |                                                  |                |
|                          | Rosebank                 |                               | School Based Incredible Years (IY) - South |                                                  |                |
|                          | Vista Square Elementary  |                               |                                            |                                                  |                |
| National School District | Central Elementary       | Community Research Foundation | Nueva Vista Youth & Family Services        | 1161 Bay Blvd., Suite B<br>Chula Vista, CA 91911 | (619) 585-7686 |
|                          | El Toyon Elementary      |                               |                                            |                                                  |                |
|                          | Ira Harbison Elementary  |                               |                                            |                                                  |                |
|                          | John Otis Elementary     |                               |                                            |                                                  |                |
|                          | Kimball Elementary       |                               |                                            |                                                  |                |
|                          | Las Palmas Elementary    |                               |                                            |                                                  |                |
|                          | Lincoln Acres Elementary |                               |                                            |                                                  |                |
|                          | Olivewood Elementary     |                               |                                            |                                                  |                |

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| District                 | School Name                    | Provider                      | Program Name                               | Provider Address                                   | Provider Phone          |
|--------------------------|--------------------------------|-------------------------------|--------------------------------------------|----------------------------------------------------|-------------------------|
| National School District | Palmer Way Elementary          | Community Research Foundation | Nueva Vista Youth & Family Services        | 1161 Bay Blvd., Suite B<br>Chula Vista, CA 91911   | (619) 585-7686          |
|                          | Rancho De La Nacion Elementary |                               |                                            |                                                    |                         |
|                          | Las Palmas Elementary          | SBCS Corporation              | School Based Incredible Years (IY) - South | 318 4th Avenue<br>Chula Vista, CA 91910            | (619) 420-3620          |
| San Diego Unified        | Altus South Bay                | Community Research Foundation | Mobile Adolescent Services Team (MAST)     | 1260 Morena Blvd., Ste. 200<br>San Diego, CA 92110 | (619) 398-3261 ext. 108 |
| San Ysidro               | La Mirada Elementary           | SBCS Corporation              | San Ysidro Children's Outpatient Clinic    | 318 4th Avenue<br>Chula Vista, CA 91910            | (619) 420-3620          |
|                          |                                |                               | School Based Skill Building                |                                                    |                         |
|                          | Ocean View Elementary          |                               | San Ysidro Children's Outpatient Clinic    |                                                    |                         |
|                          |                                |                               | School Based Skill Building                |                                                    |                         |
|                          | San Ysidro Middle              |                               | San Ysidro Children's Outpatient Clinic    |                                                    |                         |
|                          |                                |                               | School Based Skill Building                |                                                    |                         |
|                          | Smythe Elementary              |                               | San Ysidro Children's Outpatient Clinic    |                                                    |                         |
|                          |                                |                               | School Based Skill Building                |                                                    |                         |
|                          |                                |                               | School Based Incredible Years (IY) - South |                                                    |                         |
|                          | Sunset Elementary              |                               | San Ysidro Children's Outpatient Clinic    |                                                    |                         |
|                          |                                |                               | School Based Skill Building                |                                                    |                         |
|                          |                                |                               | School Based Incredible Years (IY) - South |                                                    |                         |

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|-----------------|---------------------------------|-------------------------------|--------------------------------------------|----------------------------------------------------|----------------------------|
| San Ysidro      | Vista Del Mar Middle            | SBCS Corporation              | San Ysidro Children's Outpatient Clinic    | 318 4th Avenue<br>Chula Vista, CA 91910            | (619) 420-3620             |
|                 |                                 |                               | School Based Skill Building                |                                                    |                            |
|                 | Willow Elementary               | SBCS Corporation              | San Ysidro Children's Outpatient Clinic    | 318 4th Avenue<br>Chula Vista, CA 91910            | (619) 420-3620             |
|                 |                                 |                               | School Based Incredible Years (IY) - South |                                                    |                            |
|                 |                                 |                               | School Based Skill Building                |                                                    |                            |
| SDCOE<br>JCCS   | South County Blended Community  | Community Research Foundation | Mobile Adolescent Services Team (MAST)     | 1260 Morena Blvd., Ste. 200<br>San Diego, CA 92110 | (619) 398-3261<br>ext. 108 |
| South Bay Union | Bayside Elementary              | SBCS Corporation              | School-Based Outpatient                    | 318 4th Avenue<br>Chula Vista, CA 91910            | (619) 420-3620             |
|                 | Berry Elementary                |                               |                                            |                                                    |                            |
|                 | Central Elementary              |                               |                                            |                                                    |                            |
|                 | Emory Elementary                |                               |                                            |                                                    |                            |
|                 | George Nicoloff Elementary      |                               |                                            |                                                    |                            |
|                 | Howard Pence Elementary         |                               |                                            |                                                    |                            |
|                 | Imperial Beach Elementary       |                               |                                            |                                                    |                            |
|                 | Nestor Language Academy Charter |                               |                                            |                                                    |                            |

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| District              | School Name                | Provider                                   | Program Name                  | Provider Address                             | Provider Phone |
|-----------------------|----------------------------|--------------------------------------------|-------------------------------|----------------------------------------------|----------------|
| South Bay Union       | Oneonta Elementary         | SBCS Corporation                           | School-Based Outpatient       | 318 4th Avenue<br>Chula Vista, CA 91910      | (619) 420-3620 |
|                       | Sunnyslope Elementary      |                                            |                               |                                              |                |
|                       | Teofilo Mendoza Elementary |                                            |                               |                                              |                |
| Sweetwater Union High | Bonita Vista High          | Sweetwater Unified School District         | Mental Health Resource Center | 1051 Picador Blvd.<br>San Diego, CA 92154    | (619) 662-8372 |
|                       |                            | San Diego County Superintendent of Schools | Friday Night Live             | 6401 Linda Vista Road<br>San Diego, CA 92111 | (858) 298-2100 |
|                       | Bonita Vista Middle        | Sweetwater Unified School District         | Mental Health Resource Center | 1051 Picador Blvd.<br>San Diego, CA 92154    | (619) 662-8372 |
|                       | Castle Park High           |                                            |                               |                                              |                |
|                       | Castle Park Middle         | San Diego County Superintendent of Schools | Friday Night Live             | 6401 Linda Vista Road<br>San Diego, CA 92111 | (858) 298-2100 |
|                       | Chula Vista High           | Sweetwater Unified School District         | Mental Health Resource Center | 1051 Picador Blvd.<br>San Diego, CA 92154    | (619) 662-8372 |
|                       |                            | San Diego County Superintendent of Schools | Friday Night Live             | 6401 Linda Vista Road<br>San Diego, CA 92111 | (858) 298-2100 |
|                       | Chula Vista Middle         | Sweetwater Unified School District         | Mental Health Resource Center | 1051 Picador Blvd.<br>San Diego, CA 92154    | (619) 662-8372 |
|                       | Eastlake High              |                                            |                               |                                              |                |
|                       | Eastlake Middle            |                                            |                               |                                              |                |
|                       | Granger Junior High        |                                            |                               |                                              |                |
|                       |                            | San Diego County Superintendent of Schools | Friday Night Live             | 6401 Linda Vista Road<br>San Diego, CA 92111 | (858) 298-2100 |

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| District              | School Name                                   | Provider                                   | Program Name                        | Provider Address                              | Provider Phone |
|-----------------------|-----------------------------------------------|--------------------------------------------|-------------------------------------|-----------------------------------------------|----------------|
| Sweetwater Union High | Hawking STEAM Charter                         | Community Research Foundation              | Nueva Vista Youth & Family Services | 1161 Bay Blvd., Suite B Chula Vista, CA 91911 | (619) 585-7686 |
|                       | High Tech High Charter                        | Sweetwater Unified School District         | Mental Health Resource Center       | 1051 Picador Blvd. San Diego, CA 92154        | (619) 662-8372 |
|                       | Hilltop High                                  | Sweetwater Unified School District         | Mental Health Resource Center       | 1051 Picador Blvd. San Diego, CA 92154        | (619) 662-8372 |
|                       |                                               | San Diego County Superintendent of Schools | Friday Night Live                   | 6401 Linda Vista Road San Diego, CA 92111     | (858) 298-2100 |
|                       | Hilltop Middle                                | Sweetwater Unified School District         | Mental Health Resource Center       | 1051 Picador Blvd. San Diego, CA 92154        | (619) 662-8372 |
|                       |                                               | San Diego County Superintendent of Schools | Friday Night Live                   | 6401 Linda Vista Road San Diego, CA 92111     | (858) 298-2100 |
|                       | Launch Virtual Academy                        | Sweetwater Unified School District         | Mental Health Resource Center       | 1051 Picador Blvd. San Diego, CA 92154        | (619) 662-8372 |
|                       |                                               | San Diego County Superintendent of Schools | Friday Night Live                   | 6401 Linda Vista Road San Diego, CA 92111     | (858) 298-2100 |
|                       | Mar Vista Academy (Community Resource Center) | Sweetwater Unified School District         | Mental Health Resource Center       | 1051 Picador Blvd. San Diego, CA 92154        | (619) 662-8372 |
|                       | Mar Vista High                                |                                            |                                     |                                               |                |
|                       | Montgomery High                               |                                            |                                     |                                               |                |
|                       |                                               | San Diego County Superintendent of Schools | Friday Night Live                   | 6401 Linda Vista Road San Diego, CA 92111     | (858) 298-2100 |
|                       | Montgomery Middle (Community Resource Center) | Sweetwater Unified School District         | Mental Health Resource Center       | 1051 Picador Blvd. San Diego, CA 92154        | (619) 662-8372 |

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| District              | School Name           | Provider                                   | Program Name                      | Provider Address                             | Provider Phone |
|-----------------------|-----------------------|--------------------------------------------|-----------------------------------|----------------------------------------------|----------------|
| Sweetwater Union High | National City Middle  | Sweetwater Unified School District         | Mental Health Resource Center     | 1051 Picador Blvd.<br>San Diego, CA 92154    | (619) 662-8372 |
|                       | Olympian High         |                                            |                                   |                                              |                |
|                       | Options Secondary     |                                            |                                   |                                              |                |
|                       |                       | San Diego County Superintendent of Schools | Friday Night Live                 | 6401 Linda Vista Road<br>San Diego, CA 92111 | (858) 298-2100 |
|                       | Otay Ranch High       | Sweetwater Unified School District         | Mental Health Resource Center     | 1051 Picador Blvd.<br>San Diego, CA 92154    | (619) 662-8372 |
|                       | Palomar High          |                                            |                                   |                                              |                |
|                       | Rancho Del Rey Middle |                                            |                                   |                                              |                |
|                       | San Ysidro High       |                                            |                                   |                                              |                |
|                       |                       | San Diego County Superintendent of Schools | Friday Night Live                 | 6401 Linda Vista Road<br>San Diego, CA 92111 | (858) 298-2100 |
|                       | Southwest High        | McAlister Institute                        | South Region Teen Recovery Center | 371 E Street<br>Chula Vista, CA 91910        | (619) 691-1045 |
|                       |                       | Sweetwater Unified School District         | Mental Health Resource Center     | 1051 Picador Blvd.<br>San Diego, CA 92154    | (619) 662-8372 |
|                       | Southwest Middle      | Sweetwater Unified School District         | Mental Health Resource Center     | 1051 Picador Blvd.<br>San Diego, CA 92154    | (619) 662-8372 |
|                       | Sweetwater High       | McAlister Institute                        | South Region Teen Recovery Center | 371 E Street<br>Chula Vista, CA 91910        | (619) 691-1045 |
|                       |                       | Sweetwater Unified School District         | Mental Health Resource Center     | 1051 Picador Blvd.<br>San Diego, CA 92154    | (619) 662-8372 |

# SOUTH REGION BEHAVIORAL HEALTH SERVICES

## OUTPATIENT CLINIC SITES



### Outpatient Clinical Services

The following outpatient clinics are located in the South Region. Many of these program can be accessed at a Clinic site as well as at designated school campuses. Children and youth are not limited to accessing services in their region, and can contact the Access and Crisis Line (ACL) by calling (888) 724-7240 or refer to the [Service Directories](#) for a listing of programs in other regions.

| Agency                                                 | Program Name                                                   | Service                                                                            | Address                                          | Phone Number   |
|--------------------------------------------------------|----------------------------------------------------------------|------------------------------------------------------------------------------------|--------------------------------------------------|----------------|
| Community Research Foundation (CRF)                    | Nueva Vista Youth & Family Services<br>School Based Services   | Outpatient<br>Mental Health Treatment<br>Substance Use Disorder (SUD)<br>Counselor | 1161 Bay Blvd., Suite B<br>Chula Vista, CA 91911 | (619) 585-7686 |
| SBCS Corporation                                       | South Region<br>School Based Services                          | Outpatient<br>Mental Health Treatment                                              | 318 4th Avenue<br>Chula Vista, CA 91910          | (619) 420-3620 |
| Sweetwater Union High School District (SUHSD)          | Mental Health Resource Center<br>School Based Services         | Outpatient<br>Mental Health Treatment                                              | 1051 Picador Blvd.<br>San Diego, CA 92154        | (619) 662-8372 |
| McAlister Institute for Treatment and Education (MITE) | Teen Recovery Center (TRC) -<br>South<br>School Based Services | Outpatient<br>Substance Use Treatment                                              | 371 E. St.<br>Chula Vista, CA 91910              | (619) 691-1045 |

# BEHAVIORAL HEALTH SERVICES

## COUNTYWIDE SPECIALTY PROGRAMS



### Outpatient - Specialty Programs

The County offers an array of services which can be accessed through the Access and Crisis Line (ACL) by calling (888) 724-7240 or by referring to the [Service Directories](#). The following are some of the specialty programs that serve children and youth and are available Countywide:

| Service                            | Special Population                           | Agency                                       | Program Name                                             | Address                                                       | Phone Number   |
|------------------------------------|----------------------------------------------|----------------------------------------------|----------------------------------------------------------|---------------------------------------------------------------|----------------|
| Behavioral Coaching                | Ancillary Service                            | New Alternatives Inc. (NAI)                  | Therapeutic Behavioral Services (TBS)                    | 8755 Aero Drive, Suite 230<br>San Diego, CA 92123             | (858) 256-2180 |
| Outpatient Mental Health Treatment | API/Middle Eastern including Chaldean/Latino | Union of Pan Asian Communities (UPAC)        | Multicultural Community Counseling                       | 8745 Aero Drive, Suite 330<br>San Diego, CA 92123             | (619) 578-2211 |
| Outpatient Mental Health Treatment | Early Childhood (0-5 years)                  | Episcopal Community Services (ECS)           | Para Las Familias                                        | 1424 30th Street, Suite A<br>San Diego, CA 92154              | (619) 565-2650 |
| Outpatient Mental Health Treatment | Early Childhood (0-5 years)                  | Rady Children's Hospital of San Diego (Rady) | KidSTART                                                 | 3665 Kearny Villa Road, Suite 500<br>San Diego, CA 92123      | (858) 576-1700 |
|                                    |                                              |                                              |                                                          | 2204 El Camino Real, Suite 102<br>Oceanside, CA 92054         | (760) 967-7082 |
|                                    |                                              |                                              |                                                          | 333 H Street, Suite 3010<br>Chula Vista, CA 91910             | (619) 420-5611 |
| Outpatient Mental Health Treatment | Adolescent & TAY                             | San Diego Center for Children (SDCC)         | Intensive Outpatient Program (IOP)                       | 3002 Armstrong Street<br>San Diego, CA 92111                  | (858) 634-8367 |
| Outpatient Mental Health Treatment | Early Childhood (0-5 years)                  | Vista Hill Foundation (VHF)                  | ChildNET Incredible Years North Coastal & North Inland   | 425 W 5th Avenue<br>Escondido, CA 92025                       | (760) 258-4780 |
| Outpatient Mental Health Treatment | Foster Youth                                 | New Alternatives Inc. (NAI)                  | Comprehensive Assessment & Stabilization Services (CASS) | 3517 Camino del Rio South<br>Suite 407<br>San Diego, CA 92108 | (619) 955-8905 |

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| Service                            | Special Population                         | Agency                           | Program Name                                 | Address                                                                                                                                                                                                                                                           | Phone Number   |
|------------------------------------|--------------------------------------------|----------------------------------|----------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| Outpatient Mental Health Treatment | Foster Youth                               | New Alternatives Inc. (NAI)      | Incredible Families                          | 8765 Aero Drive Ste 221<br>San Diego, CA 92123<br><br>730 Medical Center Ct.<br>Chula Vista, CA 91911<br><br>1020 S. Santa Fe Ave. Suite D-1<br>Vista, CA 92084                                                                                                   | (619) 207-0396 |
| Outpatient Mental Health Treatment | Homeless and Runaway Youth age 12 up to 21 | North County Lifeline Inc. (NCL) | Connections Community Counseling             | 3890 Murphy Canyon Rd.<br>Ste. 250<br>San Diego, CA 92123<br><br>200 Michigan Avenue<br>Vista CA 92084<br><br>707 Oceanside Blvd.<br>Oceanside, CA 92054<br><br>334 Via Vera Cruz, Ste. 152<br>San Marcos, CA 92078<br><br>8324 Allison Ave.<br>La Mesa, CA 91942 | (760) 842-6202 |
| Outpatient Mental Health Treatment | Medication Clinic                          | Vista Hill Foundation (VHF)      | Center for Child and Youth Psychiatry (CCYP) | 8910 Clairemont Mesa Blvd.<br>San Diego, CA 92123                                                                                                                                                                                                                 | (858) 571-1964 |

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| Service                                           | Special Population      | Agency                           | Program Name   | Address                                                                                                                                                                                                                                         | Phone Number                                                                           |
|---------------------------------------------------|-------------------------|----------------------------------|----------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|
| Outpatient Mental Health Treatment                | Sexually Reactive Youth | Mental Health Systems Inc. (MHS) | STEPS          | 4660 Viewridge Avenue, Suite 100<br>San Diego, CA 92123<br><br>311 E Washington Ave.<br>Suite 103 & 104<br>Escondido, CA 92025<br><br>637 Third Ave., Suite F<br>Chula Vista, CA 91910                                                          | (858) 565-2510                                                                         |
| Outpatient Mental Health Treatment                | LGBTQ+                  | San Diego Youth Services (SDYS)  | Our Safe Place | 3427 4th Avenue, 2nd Floor<br>San Diego, CA 92103                                                                                                                                                                                               | (619) 525-9903                                                                         |
| Drop-In Centers                                   | LGBTQ+                  | San Diego Youth Services (SDYS)  | Our Safe Place | 2220 Broadway<br>San Diego, CA 92102<br><br>746 Ada Street<br>Chula Vista, CA 91911<br><br>3845 Spring Dr., Rm 13<br>Spring Valley, CA 91977<br><br>150 La Terraza Blvd.<br>Escondido, CA 92025<br><br>215 Barnes Street<br>Oceanside, CA 92054 | (619) 972-8983<br>(619) 628-2444<br>(619) 525-9903<br>(760) 908-9373<br>(760) 908-9647 |
| Outpatient Mental Health Treatment Drop-In Center | CSEC                    | San Diego Youth Services (SDYS)  | I CARE (CSEC)  | Central San Diego                                                                                                                                                                                                                               | (619) 521-2250                                                                         |

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|---------------------------------------------------------------|-------------------------------------|--------------------------------------|----------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|
| Outpatient Mental Health Treatment<br>Therapeutic Foster Care | Youth in Foster Family Agencies     | San Diego Center for Children (SDCC) | Foster Family Agency Stabilization and Treatment (FFAST) | 2655 Camino del Rio N, Suite 450<br>San Diego, CA 92108<br><br>145 Vallecitos de Oro, Suite 210<br>San Marcos, CA 92069<br><br>17701 San Pasqual Valley Rd.<br>Escondido, CA 92025                                             | (858) 633-4115                                                                   |
| Outpatient Mental Health Treatment                            | Children & adolescents up to age 21 | San Diego Center for Children (SDCC) | Partial Hospitalization Program (PHP)                    | 3002 Armstrong Street<br>San Diego, CA 92111                                                                                                                                                                                   | (858) 634-8367                                                                   |
| Wraparound                                                    | Foster Youth & Probation            | Fred Finch Youth Center (FFYC)       | Fred Finch Wrap Connections                              | 8787 Complex Drive, Suite 300<br>San Diego, CA 92123<br><br>504 W. Mission Avenue, Ste. 106<br>Escondido, CA 92023<br><br>3845 Spring Drive<br>Spring Valley, CA 91977<br><br>637 3rd Avenue, Suite I<br>Chula Vista, CA 91910 | (619) 797-1090<br><br>(619) 281-3706<br><br>(619) 797-1090<br><br>(619) 873-4075 |

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| Service                  | Special Population       | Agency                                     | Program Name                   | Address                                                                                                                                                                              | Phone Number   |
|--------------------------|--------------------------|--------------------------------------------|--------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| Youth Empowerment        | Adolescent & TAY         | San Diego County Superintendent of Schools | Friday Night Live              | 6401 Linda Vista Road<br>San Diego, CA 92111                                                                                                                                         | (858) 298-2100 |
| Substance Use Prevention | Adolescent & TAY         | San Diego County Superintendent of Schools | Life Skills<br>(Project Alert) | 6401 Linda Vista Road<br>San Diego, CA 92111                                                                                                                                         | (858) 298-2092 |
| Wraparound               | Foster Youth & Probation | San Diego Center for Children (SDCC)       | Wrapworks                      | 3002 Armstrong Street<br>San Diego, CA 92111<br><br>235 W. 5th Ave., Ste 130<br>Escondido, CA 92025<br><br>3322 Sweetwater Spring Blvd.<br>Ste. 104 & 106<br>Spring Valley, CA 91977 | (858) 277-9550 |



The County Behavioral Health Services Department is interested in your input on how the directory can be improved.  
Are there any features and elements that would make it easier to use?

Please provide input to [Janette.Magsanoc@sdcounty.ca.gov](mailto:Janette.Magsanoc@sdcounty.ca.gov)