

**County of San Diego**  
**Behavioral Health Services Division**  
**Mental Health CLUBHOUSES in San Diego County**

Clubhouses are listed below by region. Participants may attend any clubhouse, regardless of the region in which they live. **(SSI)** indicates SSI Advocacy services are offered on site.

<b>Central Region</b>	
<p>Debbie Iadisernia, Program Director  <b>API DISCOVERY CLUBHOUSE</b>            Alvarado Parkway Institute            5538 University Avenue            San Diego, CA 92105            Ph: 619-229-4238  <b>Hours: Sat/Sun. 12:00 pm–4:00 pm</b>  <b>Languages spoken: English</b>  <a href="mailto:diadisernia@apibhs.com">diadisernia@apibhs.com</a></p>	<p>Ayele Melkie, Program Manager  <b>NHA - FRIENDSHIP CLUBHOUSE</b>            Neighborhood House Association, Inc            286 Euclid Avenue, #104            San Diego, CA 92114            Ph: 619-263-6269  <b>Hours: M-F 8:30 am-5:30 pm</b>  <b>Language spoken: English, Spanish, AMHARIC (Ethiopian)</b>  <a href="mailto:amelkie@neighborhoodhouse.org">amelkie@neighborhoodhouse.org</a></p>
<p>Rebecca Ellis, Program Director  <b>THE CORNER CLUBHOUSE</b>            Community Research Foundation            2864 University Avenue            San Diego, CA 92104            Ph: 619-683-7423  <b>Hours: M-F 8:00 am–4:00 pm</b>  <b>Languages spoken: English, Spanish, German</b>  <a href="mailto:rellis@comresearch.org">rellis@comresearch.org</a></p>	<p>Sharron Hedenkamp, Exec. Director  <b>THE MEETING PLACE, INC. (SSI)</b>            2553 State Street            San Diego, CA 92101            Ph: 619-294-9582  <b>Hours: M-F 8:00 am - 4:00 pm;</b>  <b>Open some evenings, Saturdays and holidays 10:00 am-2:00 pm</b>  <b>Languages spoken: English, Spanish</b>  <a href="mailto:themeetingplace@mhsinc.org">themeetingplace@mhsinc.org</a></p>
<p>Bernie Miles, Program Manager  <b>FRIEND-TO-FRIEND PROGRAM (SSI)</b>  <i>Serving Homeless</i>            2144 El Cajon Boulevard            San Diego, CA 92104            Ph: 619-955-8217  <b>Hours: M-F 8:00 am–4:00 pm</b>  <b>Languages spoken: English, Spanish</b>  <a href="mailto:Bmiles@ecscalifornia.org">Bmiles@ecscalifornia.org</a></p>	<p>Scott Keller, Program Manager  <b>CLUBHOUSE – DEAF COMMUNITY SERVICES OF SAN DIEGO</b>            205 National City Boulevard            National City, CA 91950            DCS Ph: 619-398-2441            Fax: 619-374-7015            Video Phone: 619-618-0501  <b>Hours: M-F 8:30 am-12:00 pm &amp; 1:00 pm-5:00 pm</b>  <b>Languages spoken: English, Spanish, ASL</b>  <a href="mailto:skeller@dcsofsd.org">skeller@dcsofsd.org</a></p>
<p>Jill Yelnick, Program Coordinator  <b>OASIS CLUBHOUSE</b>  <i>Serving Transitional Age Youth (16-25)</i>            Pathways Community Services            3330 Market St Unit C            San Diego, CA 92102            Ph: 858-300-0470  <b>Hours: M-F 9:00 am-5:30 pm</b>  <b>Languages spoken: English, Spanish, ASL</b>  <a href="mailto:jill.yelnick@pathways.com">jill.yelnick@pathways.com</a></p>	<p><b>North Central Region</b></p>
	<p>May Vang, Program Coordinator  <b>EASTWIND CLUBHOUSE</b>            UPAC Eastwind Clubhouse            8745 Aero Drive, Suite 330            San Diego, CA 92123            Ph: 858-268-4933  <b>Hours: M-F 8:30 am–5:00 pm</b>  <b>Languages spoken: English, Spanish, Hmong, French, Cambodian, Vietnamese</b>  <a href="mailto:mvang@upacsd.com">mvang@upacsd.com</a></p>

South Region	
<p>Teniesha Bayless, Clubhouse Coordinator  <b>BAYVIEW CLUBHOUSE</b>            Paradise Valley Hospital            Bayview Behavioral Health Campus            330 Moss Street            Chula Vista, CA 91911            Ph: 619-585-4646  <b>Hours: M-F: 8:00 am-4:00 pm</b>  <b>Evenings/weekends: call for schedule</b>  <b>Languages spoken: English, Spanish</b>  <a href="mailto:tbayless@primehealthcare.com">tbayless@primehealthcare.com</a></p>	<p>Steve Flores, Program Director  <b>VISIONS</b>            Mental Health America of San Diego            County            226 Church Street            Chula Vista, CA 91910            Ph: 619-420-8603  <b>Hours: M-F 12:00 pm–7:00 pm;</b>  <b>S-S 12:00 pm-5:00 pm</b>  <b>Languages spoken: English, Spanish, Tagalog</b>            NA and Dual DX groups- call for            Days/times  <a href="mailto:sflores@mhasd.org">sflores@mhasd.org</a></p>
<p>Ralph Muniz, Program Director  <b>CASA DEL SOL CLUBHOUSE (SSI)</b>            Community Research Foundation            1157 30th Street            San Diego, CA 92154            Ph: 619-429-1937  <b>Hours: M- 8:30 am - 6:00 pm;</b>  <b>T, Th, F-8:30 am - 4:30 pm; Wed</b>  <b>12:00 pm–8:00 pm</b>  <b>Languages spoken: English, Spanish</b>  <a href="mailto:rmuniz@comresearch.org">rmuniz@comresearch.org</a></p>	<p style="text-align: center;"><b>East Region</b></p> <p>Sam Mayfield, Program Director  <b>EAST CORNER CLUBHOUSE (SSI)</b>            Community Research Foundation            1060 Estes Street Ste. 104            El Cajon, CA 92020            Ph: 619-631-0441  <b>Hours: M-F – 8:00 am-4:00 pm</b>  <b>Languages spoken: English</b>  <a href="mailto:smayfield@comresearch.org">smayfield@comresearch.org</a></p>
North Coastal Region	North Inland Region
<p>Veronica Aguilar, Program Manager  <b>MARIPOSA CLUBHOUSE (SSI)</b>            Mental Health Systems, Inc.            2964 Oceanside Blvd., Suite E-G            Oceanside, CA 92054            Ph: 760-439-2785  <b>Hours: M-F 8:00 am-4:00 pm</b>  <b>Languages spoken: English, Spanish</b>  <a href="mailto:vaguilar@mhsinc.org">vaguilar@mhsinc.org</a></p>	<p>Kelly Villa, Program Manager  <b>ESCONDIDO CLUBHOUSE (SSI)</b>            Mental Health Systems, Inc            474 W. Vermont Avenue, Suite 105            Escondido, CA 92025            Ph: 760-737-7125            Fax: 760-737-6129  <b>Hours: M-F 8:00 am-4:30 pm</b>  <b>Languages spoken: English, Spanish</b>  <a href="mailto:kvilla@mhsinc.org">kvilla@mhsinc.org</a></p>