

County of San Diego
Behavioral Health Services Division
Mental Health CLUBHOUSES in San Diego County

Clubhouses are listed below by regional location. Participants are not restricted to Clubhouses within the region they live. **(SSI)** indicates SSI Advocacy services offered on site.

Central Region

Debbie Iadisernia, Program Director
API DISCOVERY CLUBHOUSE
Alvarado Parkway Institute
5538 University Avenue
San Diego, CA 92105
Ph: 619-229-4238
Hours: Sat/Sun. 12:00 pm–4:00 pm
diadisernia@apibhs.com

Rebecca Ellis, Program Director
THE CORNER CLUBHOUSE
Community Research Foundation
2864 University Avenue
San Diego, CA 92104
Ph: 619-683-7423
Hours: M-F 8:00 am–4:00 pm
rellis@comresearch.org

Bernie Miles, Program Manager
FRIEND-TO-FRIEND PROGRAM (SSI)
Serving Homeless
2144 El Cajon Boulevard
San Diego, CA 92104
Ph: 619-955-8217
Hours: M-F 8:00 am–4:00 pm
Bmiles@ecscalifornia.org

Ayele Melkie, Program Manager
NHA - FRIENDSHIP CLUBHOUSE
Neighborhood House Association, Inc
286 Euclid Avenue, #104
San Diego, CA 92114
Ph: 619-263-6269, x-205
Hours: M-F 8:30 am-5:30 pm
Amelkie@neighborhoodhouse.org

Sharron Hedenkamp, Exec. Director
THE MEETING PLACE, INC. (SSI)
2553 State Street
San Diego, CA 92101
Ph: 619-294-9582
Hours: M-F 8:00 am - 4:00 pm;
Open some evenings, Saturdays and
holidays 10:00 am-2:00 pm
themeetingplace@mhsinc.org

Scott Keller, Program Manager
CLUBHOUSE – DEAF COMMUNITY SERVICES OF SAN DIEGO
4080 Centre Street, Suite 208
San Diego, CA 92103
Ph: 619-398-2441 / Fax: 619-374-7015
Video Phone: 619-618-0501
Hours: M-F 8:30 am-12:00 pm & 1:00 pm-5:00 pm
skeller@dcsosfsd.org

North Central Region

May Vang, Program Coordinator
EASTWIND CLUBHOUSE
UPAC Eastwind Center
8745 Aero Drive, Suite 101
San Diego, CA 92123
Ph: 858-268-4933
Hours: M-F 8:30 am–5:00 pm
mvang@upacsd.com

Jill Yelnick, Program Coordinator
OASIS CLUBHOUSE
Serving Transitional Age Youth (16-25)
Providence Community Services
7155 Mission Gorge Road
San Diego, CA 92120
Ph: 858-300-0470
Hours: M-F 9:00 am-6:00 pm
jyelnick@provcorp.com

South Region

Teniesha Bayless, Clubhouse Coordinator

BAYVIEW CLUBHOUSE

Paradise Valley Hospital
Bayview Behavioral Health Campus
330 Moss Street
Chula Vista, CA 91911
Ph: 619-585-4646

Hours: M-F: 8:00 am-4:00 pm
Evenings/weekends: call for schedule

tbayless@primehealthcare.com
bayviewclubhouse@yahoo.com

Diana Penones, Program Director

VISIONS

CRF/Mental Health America
226 Church Street
Chula Vista, CA 91910
Ph: 619-420-8603

Hours: M-F 12:00 pm-7:00 pm;
S-S 12:00 pm-5:00 pm
NA and Dual DX groups- call for Days/times
dpenones@mhasd.org

Amelia Ford, Program Manager

CASA DEL SOL CLUBHOUSE (SSI)

Community Research Foundation
1157 30th Street
San Diego, CA 92154
Ph: 619-429-1937

Hours: M- 8:30 am - 6:00 pm;
T, Th, F-8:30 am - 4:30 pm; Wed
12:00 pm-8:00 pm

aford@comresearch.org

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East Region

Sam Mayfield, Program Director

EAST CORNER CLUBHOUSE (SSI)

Community Research Foundation
1060 Estes Street
El Cajon, CA 92020
Ph: 619-631-0441

Hours: M-F - 8:00 am-4:00 pm
SMayfield@comresearch.org

North Coastal Region

Veronica Aguilar

Program Manager

MARIPOSA CLUBHOUSE (SSI)

Mental Health Systems, Inc.
560 Greenbrier, Suites C-E
Oceanside, CA 92054
Ph: 760-439-2785

Hours: M-F 8:00 am-4:00 pm

vaquilar@mhsinc.org

North Inland Region

Sara Bowdoin-Jones, Program Director

ESCONDIDO CLUBHOUSE (SSI)

Mental Health Systems, Inc
474 W. Vermont Avenue
Escondido, CA 92025
Ph: 760-737-7125
Fax: 760-737-6129

Hours: M-F 8:00 am-4:30 pm

sbowdoin@mhsinc.org



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