

Assertive Community Treatment (ACT)

Countywide Services

Community Research

Foundation

Senior IMPACT

(619) 977-3716

Serves: adults ages 60 yrs. & over

Mental Health Systems (MHS)

Center Star

(619) 521-1743

Serves: adults 25-59 yrs.

Pathways

Catalyst ACT

(858) 300-0460

Serves: transitional-age youth 16-25 yrs.

Telecare Assisted

Outpatient Treatment

(AOT)

(619) 481-3840

Serves adults ages 18 yrs. & over

Telecare Gateway to Recovery

(619) 683-3100

Serves: adults 18 yrs. & over

Telecare Pathways to Recovery

(619) 683-3100

Serves: adults 18-59 yrs.

BEHAVIORAL HEALTH SERVICES

3255 Camino Del Rio South

San Diego, CA 92108

(619) 563-2700

www.sandiegocounty.gov/hhsa/programs/bhs

<http://sandiego.networkofcare.org/mh/>

ACCESS & CRISIS LINE

1-888-724-7240



LIVE WELL
SAN DIEGO

To learn more about *Live Well San Diego*, visit
LiveWellSD.org



Assertive Community Treatment



Adult and Older Adult System of Care

County of San Diego Behavioral Health Services

Assertive Services

Assertive Community Treatment (ACT) Services are provided in a multi-disciplinary team-based model of service that uses a comprehensive team approach and provides treatment 24 hours a day, 7 days a week, 365-days a year. The services are targeted for **homeless** persons with a severe mental illness who may have a co-occurring disorder, are unconnected to outpatient services, may be referred by the justice system, have multiple major areas of impairment, have more than one long term care episode, and multiple ER and acute care hospitalizations and justice related episodes.

ACT programs provide **integrated** mental health and medication services, rehabilitation and recovery services, intensive case management and have a staff-to-client ratio of approximately 1:10. Clients are typically provided services in person at a minimum of four (4) times per week to meet ACT fidelity rating and the appropriate clinical need of the client. Services may be provided on a much more frequent basis, depending on client need.

Services provided include, but are not limited to:

Integrated Mental Health Services and Medication Management; Rehabilitation and recovery services; Intensive case management; Co-occurring services; Access and linkage to Supportive housing; Access to Supportive employment/vocational and educational services; Care Coordination to needed providers.

Community Eligibility Criteria

Client must meet two or more of the criteria listed below:

- Has current LPS Conservatorship (may be a designated County Conservator or family member (Private Conservator).
- Minimum one hospitalization in the past year, OR multiple ER utilizations, PERT interventions, jail mental health service and/or long-term care hospitalization.
- Have major impairments in life functioning.
- Person is not connected to outpatient treatment.
- Person is experiencing an acute psychiatric episode that might require ACT level services.
- Is at high risk of admission to an inpatient mental health facility.
- Has a substantial need for supportive services (including care coordination and outreach mental health services) to maintain current level of functioning in the community, as evidenced by missed appointments, medication non-adherence, or inability to coordinate services from multiple agencies.
- Does not have a case manager from another program who is able to address mental health needs.

AND

- Medical Necessity must be established (face to face) to determine the presence of a severe psychiatric disability, need for Level of acuity and need for intensive ACT services per LOCUS assessment (Level 4 – Medically Monitored Non-Residential Services)

AND

- Client must be homeless or at risk of homelessness.

Treatment

Central/North Central Regions

[Community Research Foundation](#)

[Downtown IMPACT](#)

(619) 398-2156

Serves: adults 18-59 yrs.

[Mental Health Systems \(MHS\)](#)

[ACTION Central *](#)

(619) 287-8225

Serves: adults 18yrs & over

[Community Research Foundation](#)

[IMPACT](#)

(619) 398-0355

Serves: adults 25-59 yrs.

[Mental Health Systems \(MHS\)](#)

[City Star ACT](#)

(858) 690-8742

Serves: adults ages 25-59

North Region

[Mental Health Systems \(MHS\)](#)

[North Coastal ACT](#)

(760) 290-8170

Serves: adults 18-59 yrs.

[Mental Health Systems \(MHS\)](#)

[North Star ACT](#)

(760) 432-9884

Serves: adults 25-59 yrs.

South Region

[Community Research Foundation](#)

[Adelante](#)

(619) 934-5770

Serves: adults 18 yrs. & over

[Mental Health Systems \(MHS\)](#)

[ACTION East *](#)

(619) 383-6868

Serves: adults 18 and over

** Also has a substance use component for individuals who have a co-occurring substance use disorder (SUD) and are homeless*