

# Strength Based Case Management (SBCM)

## COUNTYWIDE SERVICES

Telecare

AgeWise Older Adult SBCM

(619) 481-5200

Serves: adults ages 60 yrs. & over

## CENTRAL/NORTH CENTRAL REGION

County of San Diego

SBCM - Central/North Central

(619) 692-8715

Serves: adults ages 18-59 yrs.

## EAST REGION

County of San Diego

SBCM East

(619) 401-5424

Serves: adults ages 18-59 yrs.

## BEHAVIORAL HEALTH SERVICES

3255 Camino Del Rio South

San Diego, CA 92108

(619) 563-2700

[www.sandiegocounty.gov/hhsa/programs/bhs](http://www.sandiegocounty.gov/hhsa/programs/bhs)

<http://sandiego.networkofcare.org/mh/>

ACCESS & CRISIS LINE

1-888-724-7240

---

---

---

---

---

---

---

---

---

---



LIVE WELL  
SAN DIEGO

To learn more about *Live Well San Diego*, visit  
[LiveWellSD.org](http://LiveWellSD.org)



## Strength-Based Case Management



### Adult and Older Adult System of Care

### County of San Diego Behavioral Health Services

# Strength Services

Strengths-Based Case Management (SBCM) services are delivered through BHS contracted service. Programs assist clients with severe mental illness who may have a co-occurring disorder and may be justice-involved to **access** needed mental health, medical, educational, social, prevocational, vocational, housing supports and rehabilitative or other community services. The service activities may include, but are not limited to case management, care coordination, referral and linkage to needed services; monitoring services delivery to ensure beneficiary access to services and the services delivery system, monitoring of the client's progress, and plan development. The SBCM model emphasis is on the structure of the program, supervision and clinical services. The staff ratio is approximately 1:25.

## Services provided include, but are not limited to:

- Medication management which is coordinated outside the SBCM program in the FFS sector
- Strength Based Case Management (SBCM)
- Rehabilitation and recovery services
- Care Coordination to needed services
- Co-occurring services linkages
- Access and linkage to Supportive Housing
- Access to Supportive employment/vocational and educational services

# Based Case Eligibility Criteria

Client must meet two or more of the criteria listed below:

- Medical Necessity must be established (face to face) to determine the presence of a severe psychiatric disability and need for Strength Based Case Management (SBCM) services per LOCUS (Level 3 – High Intensity Community Based Services).
- Has current LPS Conservatorship (may be a designated County Conservator or family member (Private Conservator)).
- Client is not homeless but may be at-risk of homelessness.
- Minimum one hospitalization in the past year, OR multiple ER utilizations, PERT interventions, jail mental health service and/or long-term care hospitalization.
- Have major impairments in life functioning.
- Person is not connected to outpatient treatment.
- Person is experiencing an acute psychiatric episode that might require SBCM level services.
- Is at high risk of admission to an inpatient mental health facility.
- Has a substantial need for supportive services (including care coordination and outreach mental health services) to maintain current level of functioning in the community, as evidenced by missed appointments, medication non-adherence, or inability to coordinate services from multiple agencies.
- Does not have a case manager from another program who is able to address mental health needs.

# Management

## NORTH REGION

### [Mental Health Systems \(MHS\) SBCM North](#)

**(760) 294-1281**

Serves: adults ages 18-59

### [Mental Health Systems \(MHS\) BPSR Vista; Youth Transition Program](#)

**(760) 758-1092**

Serves: transitional-age youth 18-25 yrs.

## SOUTH REGION

### [Community Research Foundation South Bay Guidance Wellness](#)

#### [Recovery Center \(SBCM\)](#)

**(619) 427-4661**

Serves: adults ages 18-59 yrs.

### [Community Research Foundation \(SBCM\)](#)

#### [Maria Sardinias Wellness Recovery Center](#)

**(619) 428-1000**

Serves: adults ages 18-59 yrs.