Strength Based Case Management (SBCM)

COUNTYWIDE SERVICES

Telecare
AgeWise Older Adult SBCM
(619) 481-5200
Serves: adults ages 60 yrs. & over

CENTRAL/NORTH CENTRAL REGION

County of San Diego SBCM - Central/North Central
(619) 692-8715
Serves: adults ages 18-59 yrs.

EAST REGION

County of San Diego SBCM East
(619) 401-5424
Serves: adults ages 18-59 yrs.

To learn more about Live Well San Diego, visit LiveWellSD.org

BEHAVIORAL HEALTH SERVICES
3255 Camino Del Rio South
San Diego, CA 92108
(619) 563-2700

www.sandiegocounty.gov/hhsa/programs/bhs
http://sandiego.networkofcare.org/mh/

ACCESS & CRISIS LINE
1-888-724-7240

Strengthen Based Case Management

Strength-Based Case Management

Adult and Older Adult System of Care

County of San Diego Behavioral Health Services
**Services**

Strengths-Based Case Management (SBCM) services are delivered through BHS contracted service. Programs assist clients with severe mental illness who may have a co-occurring disorder and may be justice-involved to access needed mental health, medical, educational, social, prevocational, vocational, housing supports and rehabilitative or other community services. The service activities may include, but are not limited to case management, care coordination, referral and linkage to needed services; monitoring services delivery to ensure beneficiary access to services and the services delivery system, monitoring of the client’s progress, and plan development. The SBCM model emphasis is on the structure of the program, supervision and clinical services. The staff ratio is approximately 1:25.

**Services provided include, but are not limited to:**
- Medication management which is coordinated outside the SBCM program in the FFS sector
- Strength Based Case Management (SBCM)
- Rehabilitation and recovery services
- Care Coordination to needed services
- Co-occuring services linkages
- Access and linkage to Supportive Housing
- Access to Supportive employment/vocational and educational services

---

**Eligibility Criteria**

Client must meet two or more of the criteria listed below:

- Medical Necessity must be established (face to face) to determine the presence of a severe psychiatric disability and need for Strength Based Case Management (SBCM) services per LOCUS (Level 3 – High Intensity Community Based Services).
- Has current LPS Conservatorship (may be a designated County Conservator or family member (Private Conservator).
- Client is not homeless but may be at-risk of homelessness.
- Minimum one hospitalization in the past year, OR multiple ER utilizations, PERT interventions, jail mental health service and/or long-term care hospitalization.
- Have major impairments in life functioning.
- Person is not connected to outpatient treatment.
- Person is experiencing an acute psychiatric episode that might require SBCM level services.
- Is at high risk of admission to an inpatient mental health facility.
- Has a substantial need for supportive services (including care coordination and outreach mental health services) to maintain current level of functioning in the community, as evidenced by missed appointments, medication non-adherence, or inability to coordinate services from multiple agencies.
- Does not have a case manager from another program who is able to address mental health needs.

---

**NORTH REGION**

**Mental Health Systems (MHS)**

**SBCM North**

(760) 294-1281

Serves: adults ages 18-59

**BPSR Vista; Youth Transition Program**

(760) 758-1092

Serves: transitional-age youth 18-25 yrs.

---

**SOUTH REGION**

**Community Research Foundation South Bay Guidance Wellness Recovery Center (SBCM)**

(619) 427-4661

Serves: adults ages 18-59 yrs.

**Community Research Foundation (SBCM)**

**Maria Sardinas Wellness Recovery Center**

(619) 428-1000

Serves: adults ages 18-59 yrs.