

Suggestions for Supplemental Cultural Competence Training

The following list of suggestions is a supplement to the core list of trainings, webinars, and classes offered through Behavioral Health Education and Training Academy (BHETA) at <https://theacademy.sdsu.edu/programs/bheta/> and through The Knowledge Center (TKC)*.

The suggestions are not comprehensive and are designed to offer you additional options in meeting the annual cultural competence training requirement.

The *Supplemental Cultural Competence Training Evaluation Form* must be completed as part of the requirement if you choose this method of meeting the cultural competence training requirement. The completed Form should be kept on file for future reference.

**TKC is available to County staff only.*

Note: it is important to avoid stereotypes and assumptions regarding any cultural values based on the suggestions listed below.

Fictional Books

Behold the Dreamers by Imbolo Mbue	Little Bee by Chris Cleave
Chasing Freedom: the Life Journeys of Harriet Tubman and Susan B. Anthony by Nikki Grimes <i>Based on true story</i>	Native Son by Richard Wright
Citizen: An American Lyric by Claudia Rankine	The Amazing Adventures of Kavalier & Clay by Michael Chabon

Non-Fictional Books

A Different Mirror: A History of Multicultural America by Ronald Takaki	Middlesex by Jeffrey Eugenides
A Piece of Cake: A Memoir by Cupcake Brown	My Gender Workbook by Kate Bornstein
Allah Made Us: Sexual Outlaws in an Islamic African City by Rudolf Pell Gaudio	On Edge: A Journey Through Anxiety by Andrea Petersen
Always My Child: A Parent's Guide to Understanding your Gay, Lesbian, Bisexual, Transgendered, or Questioning Child by Kevin Jennings	The Big Sort: Why the Clustering of Like-Minded America is Tearing Us Apart by Bill Bishop
Assessing and Treating Culturally Diverse Clients: A Practical Guide, 4th Edition by Freddy A. Paniagua	The Bisexual Option by Fritz Klein
Between the World and Me by Ta-Nehisi Coates	The Life and Times of Frederick Douglass by Frederick Douglass
Bloods: An Oral History of the Vietnam War by Black Veterans by Wallace Terry	The Night by Elie Weisel
Covering: The Hidden Assault on Our Civil Rights by Kenji Yoshino	The Spirit Catches You and You Fall Down: A Hmong Child, Her American Doctors, and The Collision of Two Cultures by Anne Fadiman
Fun Home: A Family Tragicomic by Alison Bechdel	Trauma, War, and Violence: Public Mental Health in Socio-Cultural Context (edited by Joop De Jong)
GLBTQ: The Survival Guide for Queer and Questioning Teens by Kelly Huegel	We Should All Be Feminists by Chimamanda Ngozi Adichie
I am Jazz by Jazz Jennings	White Like Me: Reflections on Race from a Privileged Son by Tim Wise
In My Shoes: A Memoir by Tamara Mellon	

Movies

12 Angry Men (1957)	La Misma Luna/Under the Moon (2007)
13th (2016, documentary)	Milk (2008)
4 Little Girls (1998, documentary)	Moonlight (2016)
American East (2007)	My name is Khan (2010)
American Violet (2008)	Not Without My Daughter (1991)
Amreeka (2009)	Once Were Warriors (1994)
Bordertown (2016, TV series)	Pariah (2011)
Brother Outsider: The Life of Bayard Rustin (2003)	Powwow Highway (1989)
Chasing Freedom (2004)	Pumpkin (2002)
City of Joy (1992)	Rabbit Proof Fence (2002)
Crash (2004)	Real Boy (2016)
Dead Presidents (1995)	Real Women Have Curves (2002)
Dreamkeeper (2003, TV series)	Running with Scissors (2002)
Eat Drink Man Woman (1994)	Smoke Signals (1998)
Fire (1996)	The Danish Girl (2015)
For the Bible Tells Me So (2007)	The Namesake (2003)
God grew Tired of Us (2006, documentary)	The Year We Thought About Love (2015)
Gun Hill Road (2011)	Thunderheart (1992)
Hidden Figures (2016)	What's Cooking (2000)
In America (2002)	

Web-Based Video and Audio Programs

<http://fenwayhealth.org/the-fenway-institute/publications-presentations/>

<https://www.hrsa.gov/culturalcompetence/index.html>

<http://xculture.org/resources/general-resource-guides/cultural-competence-resources/>

<http://www.npr.org/podcasts/510317/its-been-a-minute-with-sam-sanders>

Academic/Peer-Reviewed Journals

Conner, K.O., et al (2010). Mental health treatment seeking among older adults with depression: The impact of stigma and race. *The American Journal of Geriatric Psychiatry*, 18(6), 531-543.

Malgady, R.G., et al. (1987). Ethnocultural and linguistic bias in mental health evaluation of Hispanics. *American Psychologist*, 42(3), 228-234.

Saha, S., et al. (2008). Patient centeredness, cultural competence and healthcare quality. *Journal of the National Medical Association*, 100(11), 1275-1285.

Wurth, K. & Schuster, S. (2017). Some of them shut the door with a single word, but she was different. A migrant patient's culture, a physician's narrative humility and a researcher's bias. *Patient Education and Counseling*, 100(9), 1772-1773.