

Q1

Mental Health Performance Dashboard - Adult



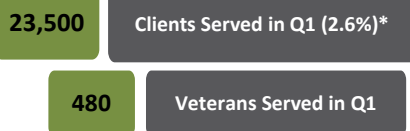
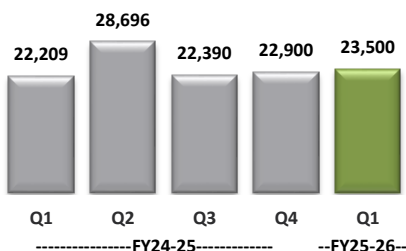
FY 2025-26

County of San Diego Behavioral Health Services

Adult

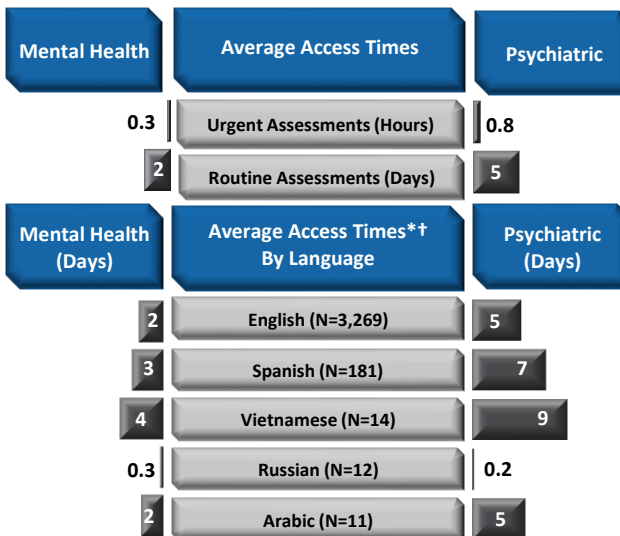
Client Counts

Clients Served



*% Change from previous quarter.

Access



*Routine appointments.

†Access times prioritized by number of inquiries.

Utilization by Program Type*

Mental Health Services	N	%	Δ
Outpatient Services	14,168	60%	-7%
Forensic Services	5,117	22%	5%
Emergency Services	6,063	26%	5%
24 hour Services	972	<1%	-3%
Inpatient Services	500	2%	-4%

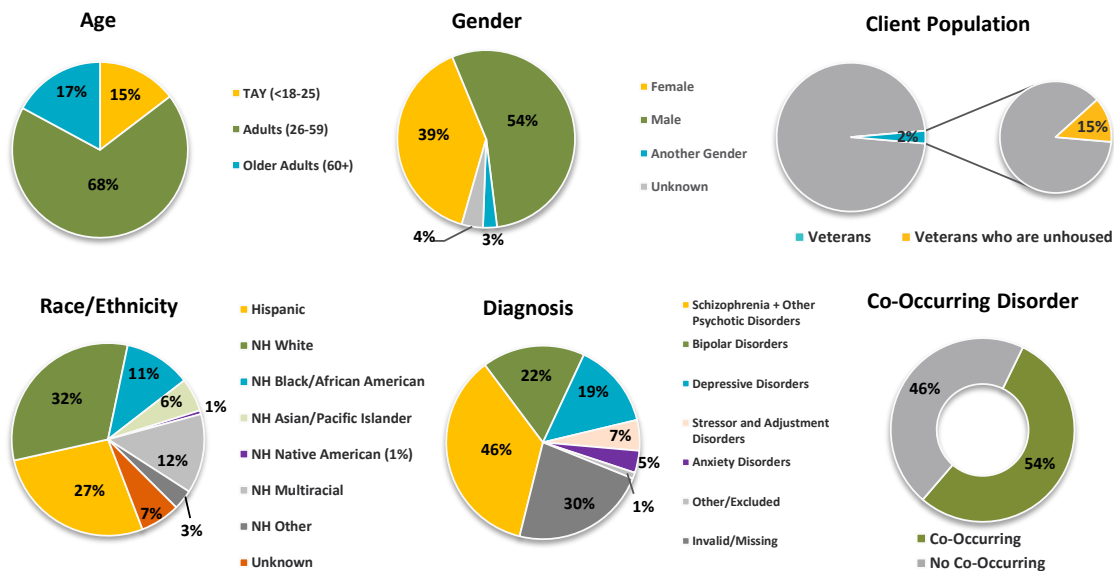
Inpatient Discharges (≥18 years, N=2,090)	N	%	Δ
Without Readmission	1,609	77%	-1%
30 Day Readmission	481	23%	1%
7 Day Connection to Services	1,440	69%	11%
30 Day Connection to Services	1,583	76%	8%

Δ = Change in percentage points from previous quarter.

Note: Changes in percentage points may reflect differences due to rounding.

*Clients may have been seen in more than one program in the quarter.

Demographics



Quality of Life

Quality of Life Indicators*	Δ
11% of Clients Are Employed	<-1%
63% of Clients Have Medi-Cal Coverage	-2%
84% of Clients Are Housed	<1%
37% of Clients Have a Primary Care Physician	-3%
51% Reported Improvement in their Personal Recovery (Client Self-Report)	-4%
46% Reported Improvement in the Ability to Manage their Mental Health Symptoms (Clinician Report)	<1%

Δ = Change in percentage points from previous quarter.

*Percentages are based on unique clients served.

Report Date: 1/7/2026

BHS Performance Dashboard Report | Source: HSRC

Data Sources: 1) SmartCare 11/2025; 2) mHOMS: IMR and RMQ 11/2025; 3) SDBHS: Q1, FY 2025-26 Access Time Analysis - Adult

Data Source (ages 18+): OPTUM: Q1, FY 2025-26 Client Services After Psychiatric Hospital Discharge Report.

Note: Due to the transition to SmartCare, data are not directly comparable to previous reports.