

Q1

Mental Health Performance Dashboard - Adult

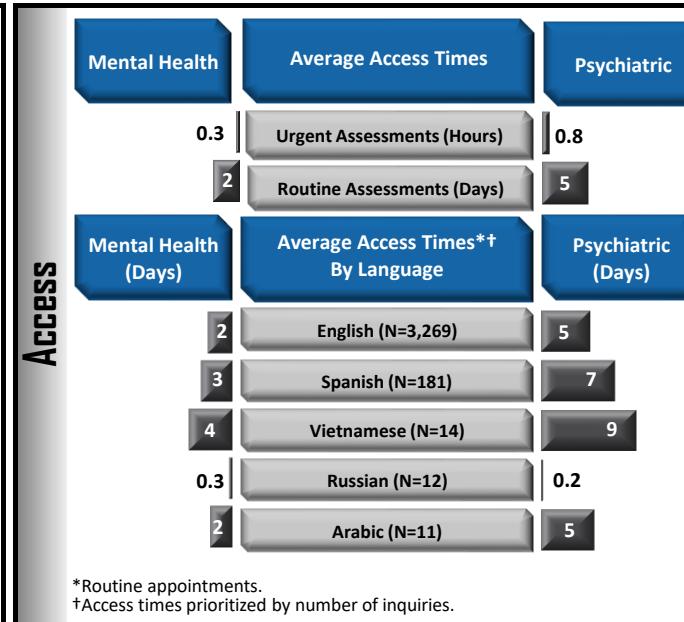
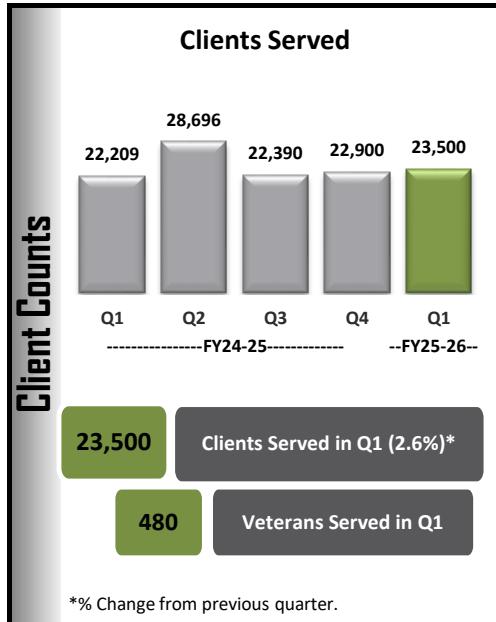


LIVE WELL
SAN DIEGO

FY 2025-26

County of San Diego Behavioral Health Services

Adult

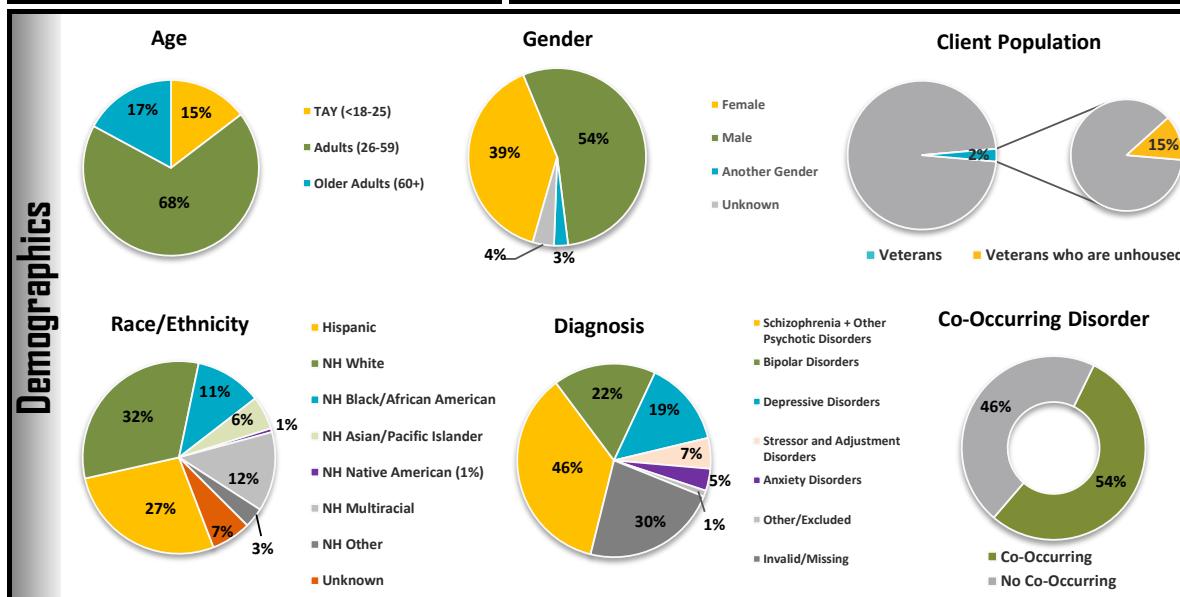


Utilization by Program Type*

Mental Health Services	N	%	Δ
Outpatient Services	14,168	60%	-7%
Forensic Services	5,117	22%	5%
Emergency Services	6,063	26%	5%
24 hour Services	972	<1%	-3%
Inpatient Services	500	2%	-4%

Inpatient Discharges (≥18 years, N=2,090)	N	%	Δ
Without Readmission	1,609	77%	-1%
30 Day Readmission	481	23%	1%
7 Day Connection to Services	1,440	69%	11%
30 Day Connection to Services	1,583	76%	8%

Δ = Change in percentage points from previous quarter.
Note: Changes in percentage points may reflect differences due to rounding.
*Clients may have been seen in more than one program in the quarter.



Quality of Life

Quality of Life Indicators*

Indicator	Value	Δ
11% of Clients Are Employed		<-1%
63% of Clients Have Medi-Cal Coverage		-2%
84% of Clients Are Housed		<1%
37% of Clients Have a Primary Care Physician		-3%
51% Reported Improvement in their Personal Recovery (Client Self-Report)		-4%
46% Reported Improvement in the Ability to Manage their Mental Health Symptoms (Clinician Report)		<1%

Δ = Change in percentage points from previous quarter.
*Percentages are based on unique clients served.

Report Date: 1/7/2026

BHS Performance Dashboard Report | Source: HSRC

Data Sources: 1) SmartCare 11/2025; 2) mHOMS: IMR and RMQ 11/2025; 3) SDBHS: Q1, FY 2025-26 Access Time Analysis - Adult

Data Source (ages 18+): OPTUM: Q1, FY 2025-26 Client Services After Psychiatric Hospital Discharge Report.

Note: Due to the transition to SmartCare, data are not directly comparable to previous reports.