

Q3

Mental Health Performance Dashboard - Adult



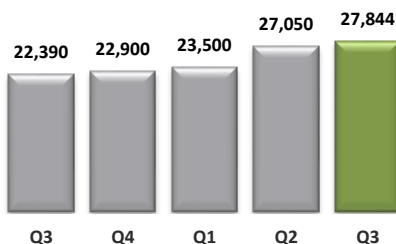
FY 2025-26

County of San Diego Behavioral Health Services

Adult

Client Counts

Clients Served

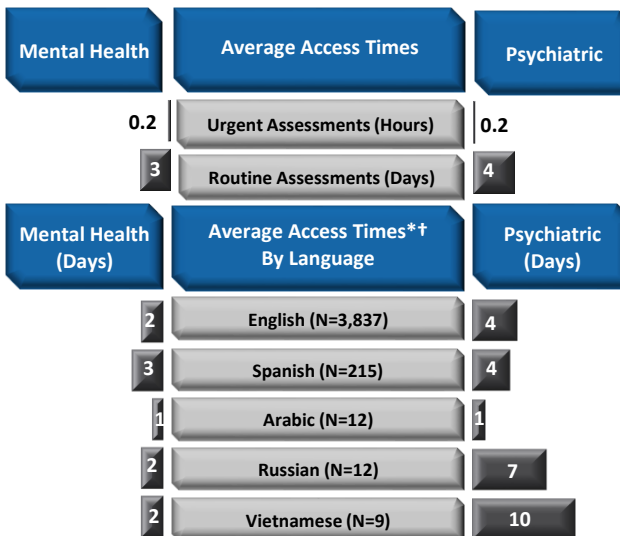


27,844 Clients Served in Q3 (2.9%)*

438 Veterans Served in Q3

*% Change from previous quarter.

Access



*Routine appointments.

†Access times prioritized by number of inquiries.

Utilization by Program Type*

Mental Health Services	N	%	Δ
Outpatient Services	18,335	66%	1%
Forensic Services	5,249	19%	<1%
Emergency Services	5,928	21%	<-1%
24 hour Services	910	4%	<-1%
Inpatient Services	1,878	7%	-1%

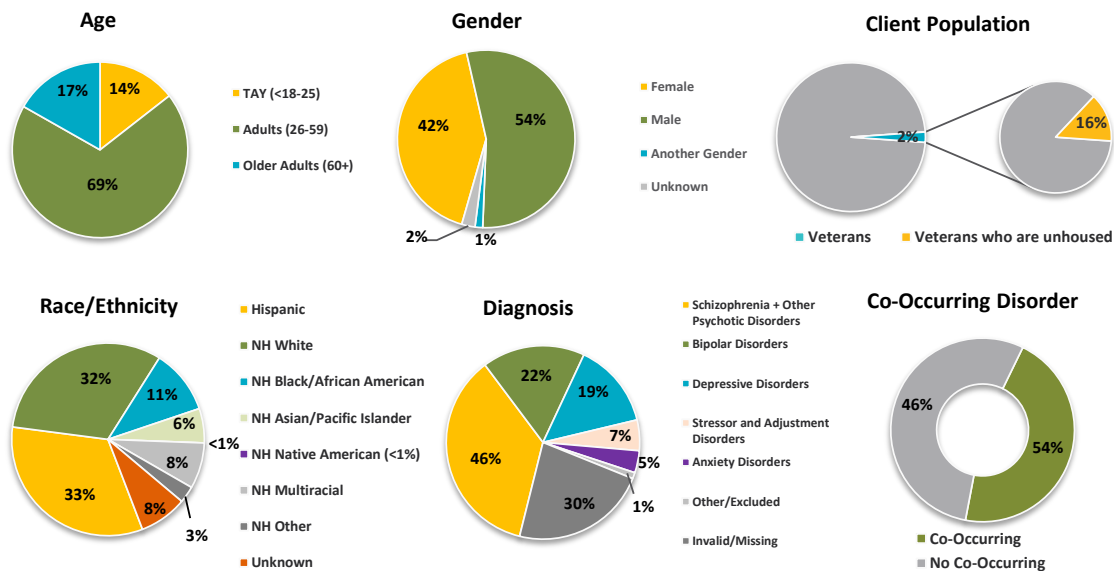
Inpatient Discharges (≥18 years, N=1,833)	N	%	Δ
Without Readmission	1,401	76%	2%
30 Day Readmission	432	24%	-2%
7 Day Connection to Services	1,375	75%	10%
30 Day Connection to Services	1,489	81%	7%

Δ = Change in percentage points from previous quarter.

Note: Changes in percentage points may reflect differences due to rounding.

*Clients may have been seen in more than one program in the quarter.

Demographics



Quality of Life

Quality of Life Indicators*	Δ
11% of Clients Are Employed	<-1%
87% of Clients Have Medi-Cal Coverage	-1%
86% of Clients Are Housed	<1%
54% of Clients Have a Primary Care Physician	17%
48% Reported Improvement in their Personal Recovery (Client Self-Report)	0%
49% Reported Improvement in the Ability to Manage their Mental Health Symptoms (Clinician Report)	2%

Δ = Change in percentage points from previous quarter.

*Percentages are based on unique clients served.

Report Date: 5/28/2026

BHS Performance Dashboard Report | Source: HSRC

Data Sources: 1) SmartCare 4/2026; 2) mHOMS: IMR and RMQ 4/2026; 3) SDBHS: Q3, FY 2025-26 Access Time Analysis - Adult

Data Source (ages 18+): OPTUM: Q3, FY 2025-26 Client Services After Psychiatric Hospital Discharge Report.