

Q1

# Mental Health Performance Dashboard - CY

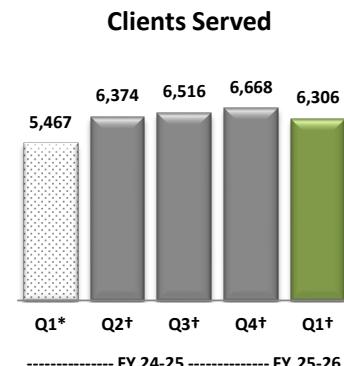
FY 2025-26

## County of San Diego Behavioral Health Services

## Children & Youth



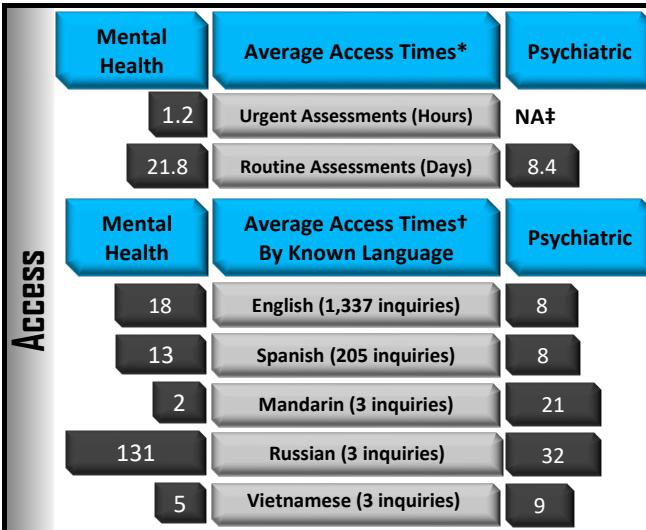
Client Counts



6,306 Clients Served in Q1 (-5.4%)  
382 Katie A. Status (-17.3%)

\*July-August only. September data unavailable.

†Excludes Fee-for-Service only clients.



### Mental Health Services

	N	%	▲
Emergency/Crisis	206	3%	-2%
Inpatient	269	4%	2%
Juvenile Forensic Services	205	3%	1%
Outpatient	5,608	89%	-2%
Shelter and Respite	56	1%	0%
Short-Term Residential Therapeutic Program+†	111	2%	0%
Therapeutic Behavioral Services	127	2%	0%
Wraparound	249	4%	0%

### Inpatient Discharges (<18 years; N=244)

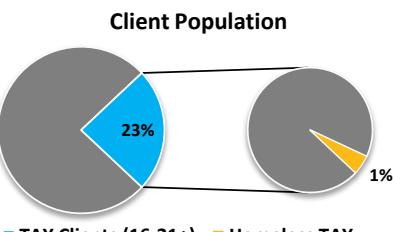
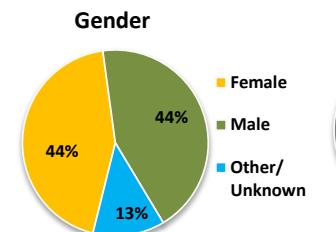
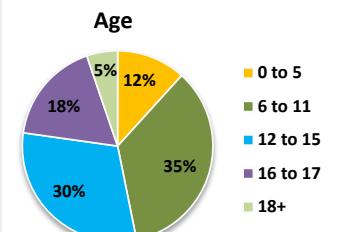
	N	%	▲
Without Readmission	211	86%	6%
30 Day Readmission	33	14%	-6%
7 Day Connection to Services	159	65%	19%
30 Day Connection to Services	179	73%	9%

▲= Percentage point change from previous quarter.

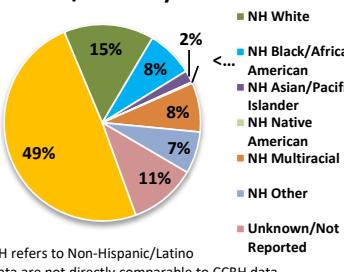
\*Clients may have been seen in more than one Program in the quarter.

†Includes STRTPs, Community Treatment Facilities (CTF), Psychiatric Health Facilities (PHF) and San Pasqual Academy.

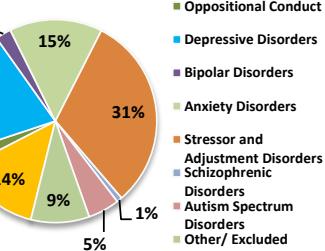
Demographics



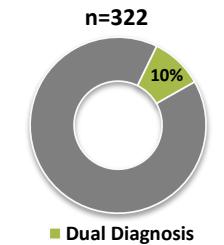
### Race/Ethnicity\*†



### Diagnosis



### Substance Use (12+)



BHS Performance Dashboard Report | Source: HSRC &amp; CASRC

BHS-CY Data Sources: 1) SmartCare 11/2025; 2) SDBHS Q1 FY 2025-26 Access Time Analysis; 3) SDBHS Q1 FY 2025-26 Client Services After Psychiatric Hospital Discharge

NOTE: Due to the transition from CCBH to SmartCare on 9/1/2024, data may not be directly comparable to previous quarters or years.

NOTE: Percentages may not add up to 100% due to rounding.

Quality of Life

### Client Indicator

	*	▲
Attend School	*	
87% Are Insured by Medi-Cal†		-1%
86% Are Housed		-2%
31% Reported a Primary Care Physician‡		-4%
54% of Caregivers Reported Improvement in Youth Feelings and Behavior After Treatment	1%	
77% of Clinicians Reported at Least One Resolved Behavioral or Emotional Need in Youth After Treatment	0%	

▲= Percentage point change from previous quarter.

\*Data unavailable for Q1 due to SmartCare transition.

†Excludes clients receiving other types of insurance.

‡Due to differences in data collection and database architecture, these outcomes are not comparable to CCBH data.

Report Date: 1/7/2026