

Q1

Mental Health Performance Dashboard - CY

FY 2025-26

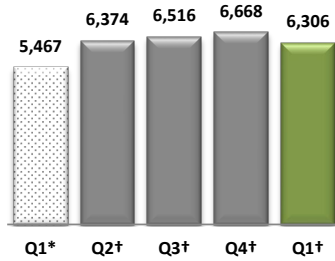
County of San Diego Behavioral Health Services

Children & Youth



Client Counts

Clients Served



FY 24-25 FY 25-26

6,306 Clients Served in Q1 (-5.4%)

382 Katie A. Status (-17.3%)

*July-August only. September data unavailable.

†Excludes Fee-for-Service only clients.

Access

Mental Health

Average Access Times*

Psychiatric

1.2

Urgent Assessments (Hours)

NA‡

21.8

Routine Assessments (Days)

8.4

Mental Health

Average Access Times† By Known Language

Psychiatric

18

English (1,337 inquiries)

8

13

Spanish (205 inquiries)

8

2

Mandarin (3 inquiries)

21

131

Russian (3 inquiries)

32

5

Vietnamese (3 inquiries)

9

*Urgent assessments reported in hours, routine assessments reported in business days.

†Access Times for routine assessments, prioritized by number of inquiries.

‡ = No service inquiries.

Utilization by Program Type*

Mental Health Services

N % ▲

Emergency/Crisis

206

3%

-2%

Inpatient

269

4%

2%

Juvenile Forensic Services

205

3%

1%

Outpatient

5,608

89%

-2%

Shelter and Respite

56

1%

0%

Short-Term Residential Therapeutic Program+†

111

2%

0%

Therapeutic Behavioral Services

127

2%

0%

Wraparound

249

4%

0%

Inpatient Discharges (<18 years; N=244)

N

%

▲

Without Readmission

211

86%

6%

30 Day Readmission

33

14%

-6%

7 Day Connection to Services

159

65%

19%

30 Day Connection to Services

179

73%

9%

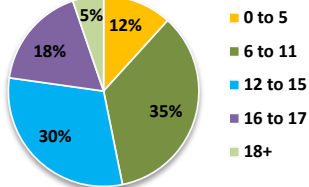
▲ = Percentage point change from previous quarter.

*Clients may have been seen in more than one Program in the quarter.

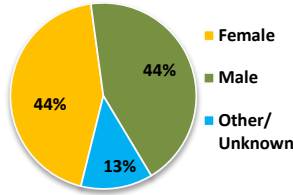
†Includes STRTPs, Community Treatment Facilities (CTF), Psychiatric Health Facilities (PHF) and San Pasqual Academy.

Demographics

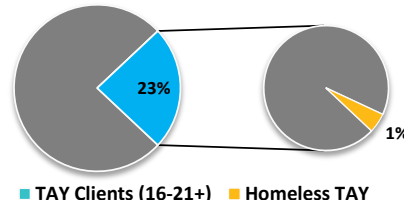
Age



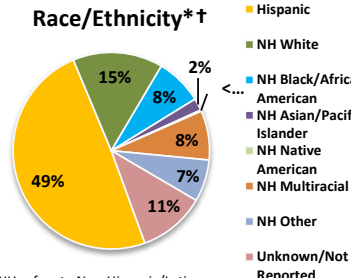
Gender



Client Population



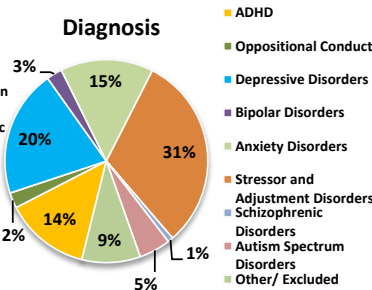
Race/Ethnicity*†



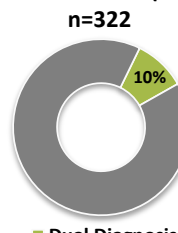
*NH refers to Non-Hispanic/Latino

†Data are not directly comparable to CCBH data

Diagnosis



Substance Use (12+)



Quality of Life

Client Indicator

▲

Attend School

*

87% Are Insured by Medi-Cal†

-1%

86% Are Housed

-2%

31% Reported a Primary Care Physician‡

-4%

54% of Caregivers Reported Improvement in Youth Feelings and Behavior After Treatment

1%

77% of Clinicians Reported at Least One Resolved Behavioral or Emotional Need in Youth After Treatment

0%

▲ = Percentage point change from previous quarter.

*Data unavailable for Q1 due to SmartCare transition.

†Excludes clients receiving other types of insurance.

‡Due to differences in data collection and database architecture, these outcomes are not comparable to CCBH data.

BHS Performance Dashboard Report | Source: HSRC & CASRC

BHS-CY Data Sources: 1) SmartCare 11/2025; 2) SDBHS Q1 FY 2025-26 Access Time Analysis; 3) SDBHS Q1 FY 2025-26 Client Services After Psychiatric Hospital Discharge

NOTE: Due to the transition from CCBH to SmartCare on 9/1/2024, data may not be directly comparable to previous quarters or years.

NOTE: Percentages may not add up to 100% due to rounding.

Report Date: 1/7/2026