

Q2

# Mental Health Performance Dashboard - CY



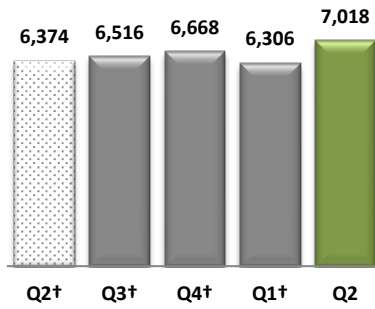
FY 2025-26

County of San Diego Behavioral Health Services

Children & Youth

Client Counts

### Clients Served



7,018 Clients Served in Q2 (11.3%)

527 Katie A. Status (38.0%)

\*Excludes Fee-for-Service only clients.

ACCESS

| Mental Health | Average Access Times*                   | Psychiatric |
|---------------|---|-------------|
| 34            | Urgent Assessments (Hours)              | NA‡         |
| 16            | Routine Assessments (Days)              | 10          |
| Mental Health | Average Access Times† By Known Language | Psychiatric |
| 10            | English (1,172 inquiries)               | 9           |
| 9             | Spanish (191 inquiries)                 | 17          |
| 8             | Other Non-English (3 inquiries)         | NA‡         |
| 4             | ASL (3 inquiries)                       | 2           |
| 50            | Farsi (1 inquiries)                     | NA‡         |

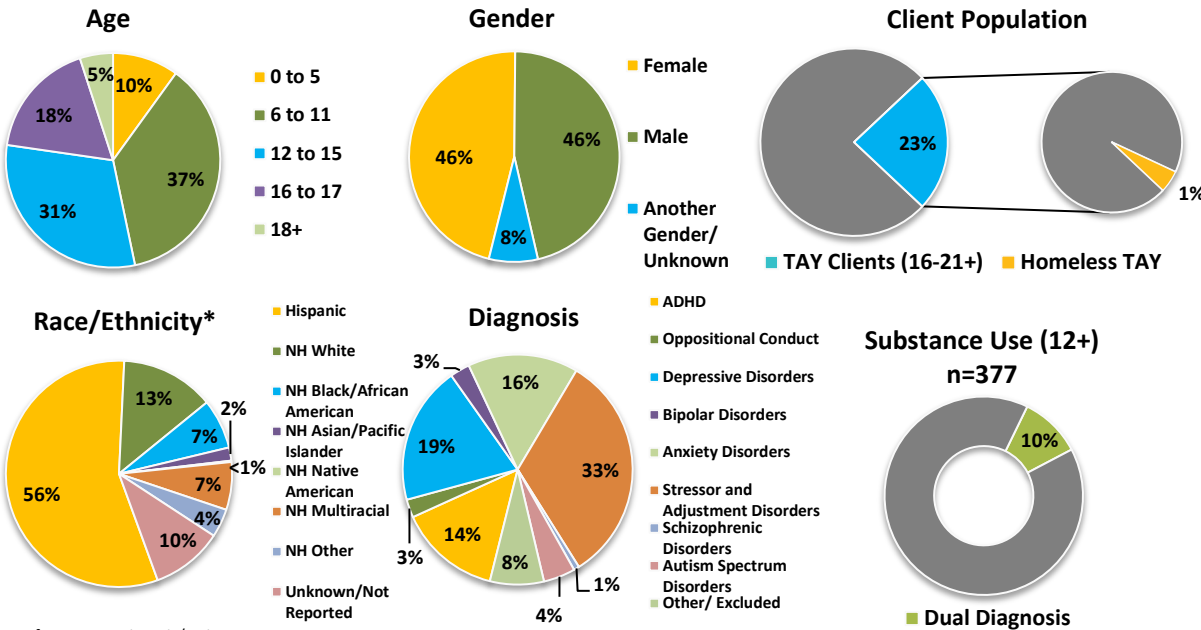
\*Urgent assessments reported in hours, routine assessments reported in business days.  
 †Access Times for routine assessments, prioritized by number of inquiries.  
 ‡ = No service inquiries.

Utilization by Program Type\*

| Mental Health Services                      | N     | %   | ▲   |
|---|-------|-----|-----|
| Emergency/Crisis                            | 268   | 4%  | 1%  |
| Inpatient                                   | 281   | 4%  | 0%  |
| Juvenile Forensic Services                  | 245   | 3%  | 0%  |
| Outpatient                                  | 5,897 | 84% | -5% |
| Shelter and Respite                         | 55    | 1%  | 0%  |
| Short-Term Residential Therapeutic Program† | 105   | 1%  | -1% |
| Therapeutic Behavioral Services             | 154   | 2%  | 0%  |
| Wraparound                                  | 262   | 4%  | 0%  |
| Inpatient Discharges (<18 years; N=247)     | N     | %   | ▲   |
| Without Readmission                         | 200   | 81% | -5% |
| 30 Day Readmission                          | 47    | 19% | 5%  |
| 7 Day Connection to Services                | 151   | 61% | -4% |
| 30 Day Connection to Services               | 183   | 74% | 1%  |

▲ = Percentage point change from previous quarter.  
 \*Clients may have been seen in more than one Program in the quarter.  
 †Includes STRTPs, Community Treatment Facilities (CTF), Psychiatric Health Facilities (PHF) and San Pasqual Academy.

Demographics



\*NH refers to Non-Hispanic/Latino

Quality of Life

| Client Indicator   | ▲   |
|--|-----|
| Attend School  | *   |
| 87% Are Insured by Medi-Cal†   | 0%  |
| 84% Are Housed   | -2% |
| 31% Reported a Primary Care Physician‡   | 0%  |
| 55% of Caregivers Reported Improvement in Youth Feelings and Behavior After Treatment                  | 1%  |
| 78% of Clinicians Reported at Least One Resolved Behavioral or Emotional Need in Youth After Treatment | 1%  |

▲ = Percentage point change from previous quarter.  
 \*Data unavailable for Q2 due to SmartCare transition.  
 †Excludes clients receiving other types of insurance.  
 ‡Due to differences in data collection and database architecture, these outcomes are not comparable to CCBH data.

BHS Performance Dashboard Report | Source: HSRC & CASRC  
 BHS-CY Data Sources: 1) SmartCare 3/2026; 2) SDBHS Q2 FY 2025-26 Access Time Analysis; 3) SDBHS Q2 FY 2025-26 Client Services After Psychiatric Hospital Discharge  
 NOTE: Due to the transition from CCBH to SmartCare on 9/1/2024, data may not be directly comparable to previous quarters or years.  
 NOTE: Percentages may not add up to 100% due to rounding.

Report Date: 3/19/2026