

Q4

Mental Health Performance Dashboard - CY

FY 2024-25

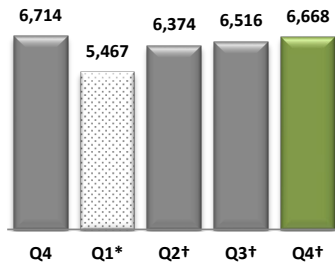
County of San Diego Behavioral Health Services

Children & Youth



Client Counts

Clients Served



-- FY 23-24 ----- FY 24-25 -----

6,668 Clients Served in Q3 (+2.3%)

462 Katie A. Status (+1.1%)

*July-August only. September data unavailable.

†Excludes Fee-for-Service only clients.

Access

Mental Health

Average Access Times*

Psychiatric

2.0

Urgent Assessments (Hours)

NA‡

15.4

Routine Assessments (Days)

8.2

Mental Health

Average Access Times† By Known Language

Psychiatric

16

English (717 inquiries)

7

13

Spanish (91 inquiries)

17

32

French (2 inquiries)

NA‡

110

Polish (1 inquiries)

NA‡

2

Portuguese (1 inquiries)

NA‡

*Urgent assessments reported in hours, routine assessments reported in business days.

†Access Times for routine assessments, prioritized by number of inquiries.

‡ = No service inquiries.

Utilization by Program Type*

Mental Health Services

N % ▲

Emergency/Crisis

302

5%

0%

Inpatient

126

2%

0%

Juvenile Forensic Services

164

2%

0%

Outpatient

5,999

90%

-1%

Shelter and Respite

81

1%

0%

Short-Term Residential Therapeutic Program+†

113

2%

0%

Therapeutic Behavioral Services

105

2%

0%

Wraparound

252

4%

0%

Inpatient Discharges (<18 years; N=228)

N % ▲

Without Readmission

182

80%

0%

30 Day Readmission

46

20%

0%

7 Day Connection to Services

106

46%

-15%

30 Day Connection to Services

145

64%

-10%

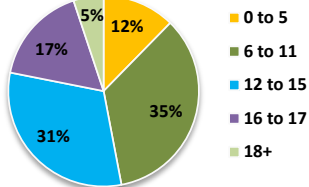
▲ = Percentage point change from previous quarter.

*Clients may have been seen in more than one Program in the quarter.

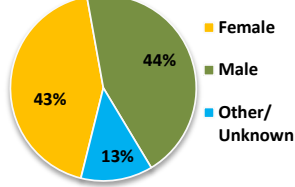
†Includes STRTPs, Community Treatment Facilities (CTF), Psychiatric Health Facilities (PHF) and San Pasqual Academy.

Demographics

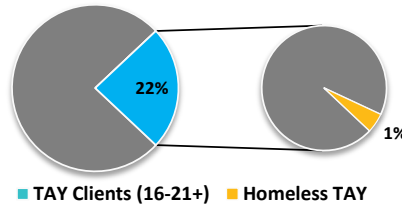
Age



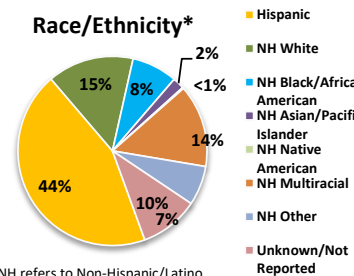
Gender



Client Population



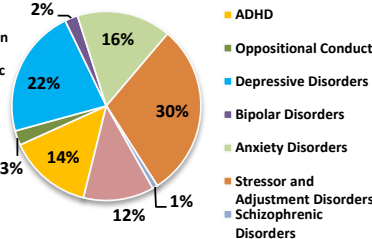
Race/Ethnicity*



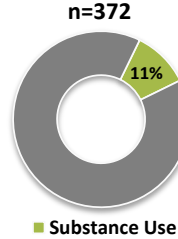
*NH refers to Non-Hispanic/Latino

†Data unavailable for Q2 due to SmartCare transition.

Diagnosis†



Substance Use (12+)*



Quality of Life

Client Indicator

▲

Attend School

*

88% Are Insured by Medi-Cal†

-1%

99% Are Housed

0%

35% Reported a Primary Care Physician‡

-21%

53% of Caregivers Reported Improvement in Youth Feelings and Behavior After Treatment

-1%

77% of Clinicians Reported at Least One Resolved Behavioral or Emotional Need in Youth After Treatment

-3%

▲ = Percentage point change from previous quarter.

*Data unavailable for Q4 due to SmartCare transition.

†Excludes clients receiving other types of insurance.

‡Due to differences in data collection and database architecture, these outcomes are not comparable to CCBH data.

BHS Performance Dashboard Report | Source: HSRC & CASRC

BHS-CY Data Sources: 1) SmartCare 7/2025; 2) SDBHS Q4 FY 2024-25 Access Time Analysis; 3) SDBHS Q4 FY 2024-25 Client Services After Psychiatric Hospital Discharge

NOTE: Due to the transition from CCBH to SmartCare on 9/1/2024, data in FY 2024-25 may not be directly comparable to previous quarters or years.

NOTE: Percentages may not add up to 100% due to rounding.

Report Date: 9/17/2025