Mental Health Performance Dashboard - CYF

County of San Diego Behavioral Health Services

Clients Served

<table>
<thead>
<tr>
<th>Quarter</th>
<th>N</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Q3</td>
<td>7,954</td>
<td>3.4%</td>
</tr>
<tr>
<td>Q4</td>
<td>7,993</td>
<td>3.4%</td>
</tr>
<tr>
<td>Q1</td>
<td>7,214</td>
<td>3.4%</td>
</tr>
<tr>
<td>Q2</td>
<td>7,695</td>
<td>3.4%</td>
</tr>
<tr>
<td>Q3</td>
<td>7,954</td>
<td>3.4%</td>
</tr>
</tbody>
</table>

Client Counts

- FY 18-19
- FY 19-20

Mental Health Counts

- Emergency/Crisis: 496, 6% (−1%)
- Inpatient: 202, 3% (0%)
- Juvenile Forensic Services: 462, 6% (0%)
- Outpatient: 7,022, 88% (0%)
- Community Day Treatment: 20, 0% (0%)
- Residential†: 346, 4% (−1%)
- Therapeutic Behavioral Services: 322, 4% (0%)
- Wraparound: 320, 4% (0%)

Inpatient Discharges (<18 years; N=229)

- Without Readmission: 189, 83% (−5%)
- 30 Day Readmission: 40, 17% (5%)
- 7 Day Connection to Services: 111, 48% (1%)
- 30 Day Connection to Services: 144, 63% (0%)

Utilization by Program Type*

*Clients may have been seen in more than one Program in the quarter.
†Includes Group Homes, Community Treatment Facilities (CTF), and Psychiatric Health Facilities (PHF).

Demographics

- Age:
  - 0 to 5: 11%
  - 6 to 11: 33%
  - 12 to 15: 34%
  - 16 to 17: 19%
  - 18+: 19%

- Gender:
  - Female: 47%
  - Male: 53%
  - Other/Unknown: 2%

- Race/Ethnicity:
  - White: 63%
  - Hispanic: 20%
  - African-American: 10%
  - Asian/Pacific Islander: 1%
  - Native American: 1%
  - Other: 3%
  - Unknown/Not Reported: 1%

- Diagnosis:
  - ADHD: 3%
  - Oppositional Conduct: 31%
  - Depressive Disorders: 14%
  - Bipolar Disorders: 8%
  - Anxiety Disorders: 14%
  - Stressor and Adjustment Disorders: 11%
  - Schizophrenic Disorders: 4%
  - Other/Excluded: 1%

Client Population

- TAY Clients (16-21+)
- Homeless TAY
- < 1%

Quality of Life

- 94% Attend School
- 91% Are Insured by Medi-Cal†
- 98% Are Housed
- 82% Have a Primary Care Physician
- 48% of Youth Reported Improvement in Their Feelings and Behavior After Treatment
- 53% of Caregivers Reported Improvement in Youth Feelings and Behavior After Treatment

NOTE: Percentages may not add up to 100% due to rounding.

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Report Date: 06/03/2020

BHS Performance Dashboard Report | Source: HSRC & CASRC


Data Source (ages 0-17): OPTUM: Q3 FY 2019-20 Client Services After Psychiatric Hospital Discharge Report