

ADULT PEI PROGRAMS

SYSTEMWIDE SUMMARY

COUNTY OF SAN DIEGO HEALTH & HUMAN SERVICES AGENCY
 BEHAVIORAL HEALTH SERVICES
 PREVENTION & EARLY INTERVENTION PROGRAMS

FISCAL YEAR 2017—2018 ANNUAL REPORT



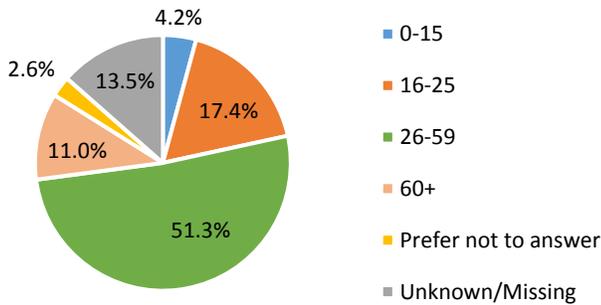
The Mental Health Services Act (MHSA) Prevention and Early Intervention (PEI) funding gives counties a unique opportunity to implement programs to help prevent the onset of mental illness or to provide early intervention to decrease severity. The County of San Diego has funded contractors to provide PEI for adults. The focus of these programs varies widely, from reducing the stigma associated with mental illness to preventing depression in Hispanic caregivers of individuals with Alzheimer’s disease. Each contractor collects information on the demographics of their participants and their satisfaction with the services provided.

DATA: Adult PEI Programs
REPORT PERIOD: 7/1/2017-6/30/2018
NUMBER OF PARTICIPANTS WITH DATA IN FY 2017-18: 16,101 (Unduplicated)



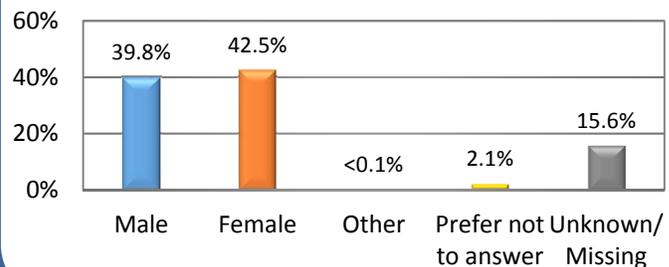
PARTICIPANT SYSTEMWIDE DEMOGRAPHICS

AGE (N=16,101)



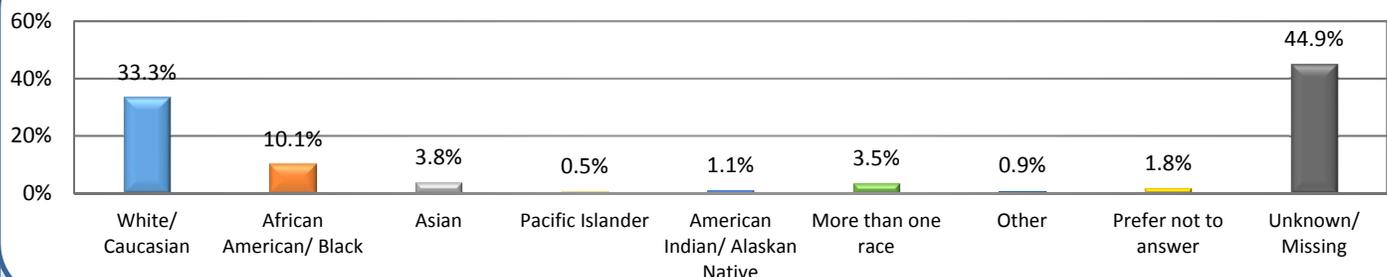
The majority (51%) of participants who received services were ages 26-59.

SEX AT BIRTH (N=16,101)



Forty-three percent of participants who received services identified their sex at birth as female.

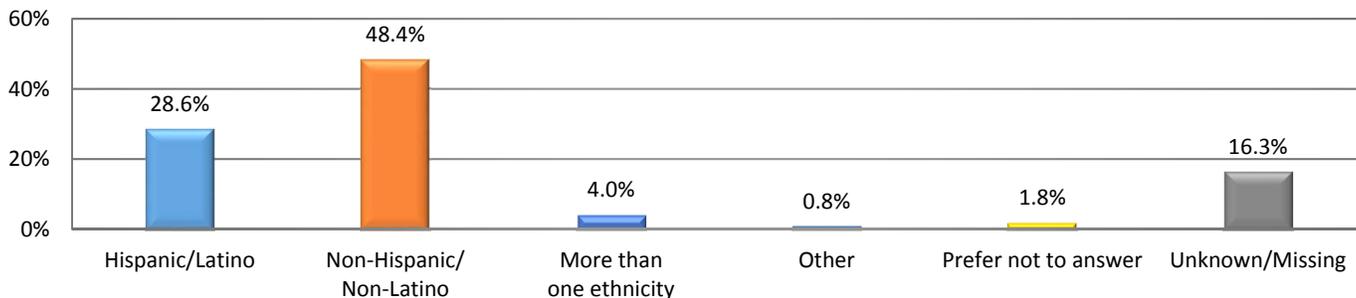
RACE (N=16,101)



Thirty-three percent of participants who received services identified their racial background as White. Nearly four percent of participants identified as having more than one racial background. The percentage of unknown/missing includes clients who only endorsed being Hispanic/Latino and did not indicate a racial category.

PARTICIPANT SYSTEMWIDE DEMOGRAPHICS - CONTINUED

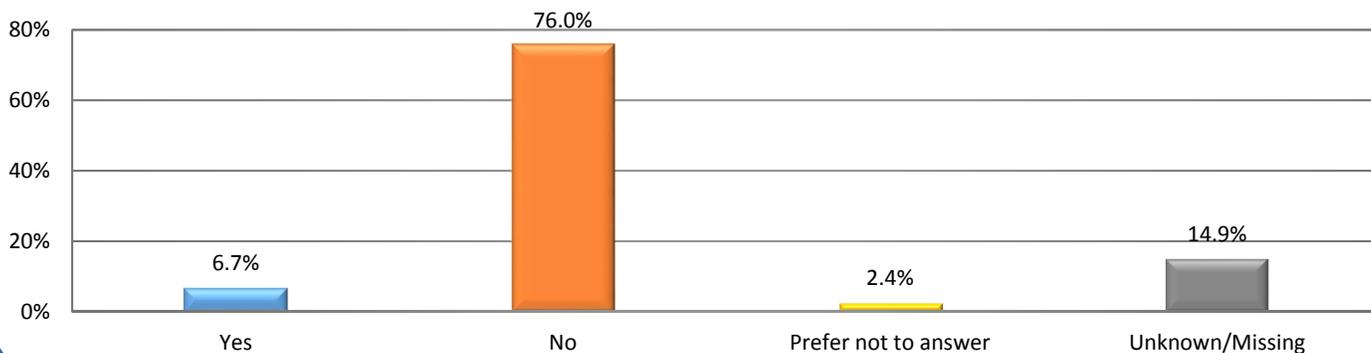
ETHNICITY (N=16,101)



Forty-eight percent of participants identified their ethnic background as non-Hispanic/non-Latino. Twenty-nine percent of participants who received services identified their ethnic background as Hispanic/Latino. See Appendix A for supplemental data.

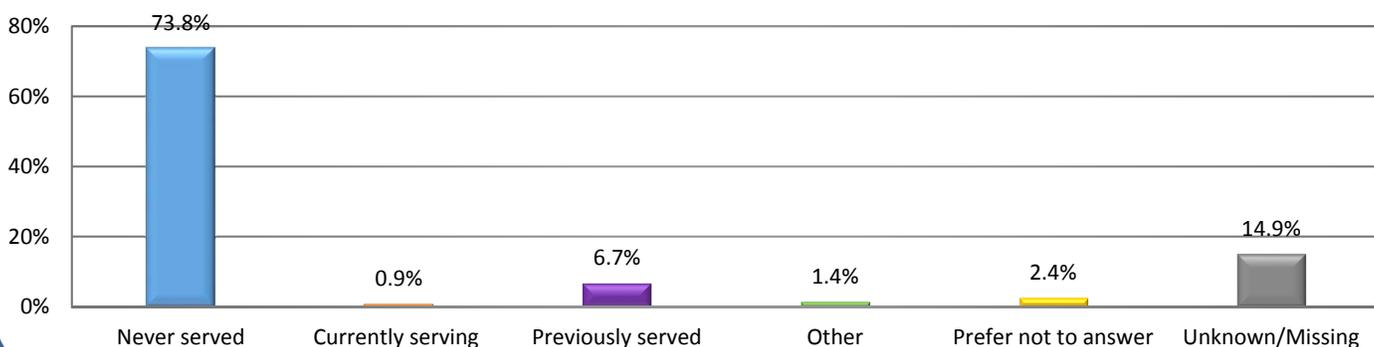
MILITARY SERVICE

VETERAN STATUS (N=16,101)



Information on veteran status indicated that approximately seven percent of participants had served in the military.

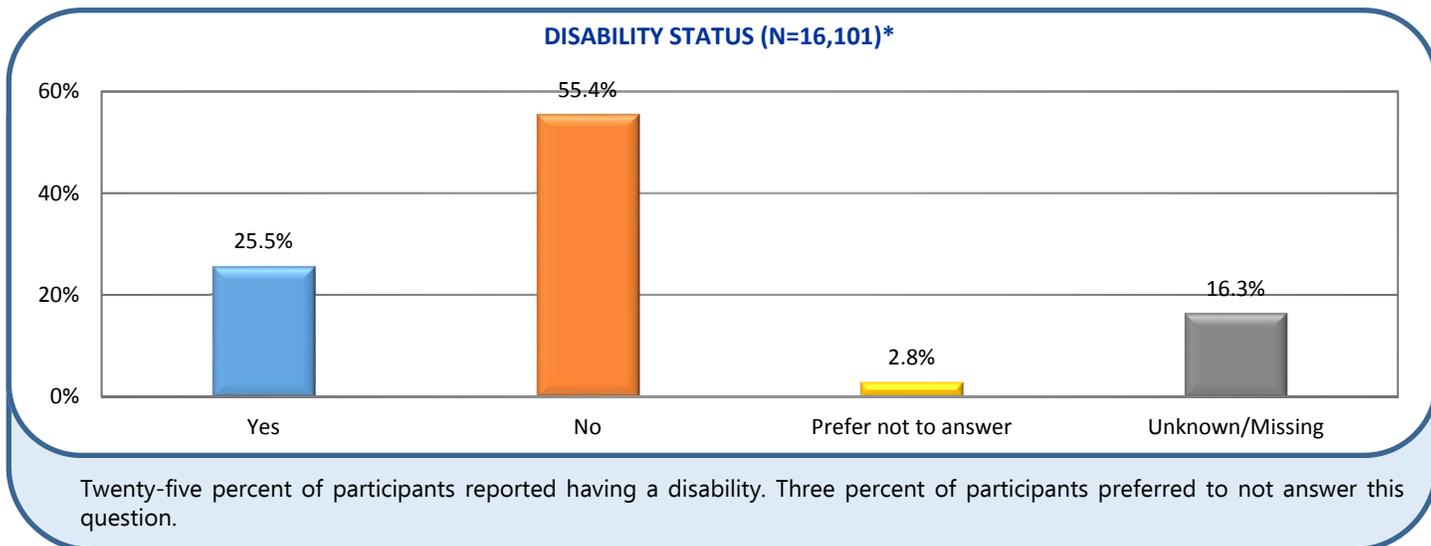
MILITARY STATUS (N=16,101)



Seventy-four percent of participants had never served in the military. In contrast, one percent of participants indicated that they are currently serving in the military and seven percent indicated that they had previously served in the military.

PARTICIPANT SYSTEMWIDE DEMOGRAPHICS - CONTINUED

PARTICIPANT DISABILITY STATUS



*A disability is defined as a physical or mental impairment or medical condition lasting at least six months that substantially limits a major life activity, which is not the result of a serious mental illness.

DISABILITY RESPONSES (N=16,101)*†	N	%
No disability	8,917	55.4
Difficulty seeing	1,005	6.2
Difficulty hearing or having speech understood	453	2.8
Other communication disability	103	0.6
Learning disability	570	3.5
Developmental disability	130	0.8
Dementia	51	0.3
Other mental disability not related to mental illness	604	3.8
Physical/mobility disability	1,009	6.3
Chronic health condition/chronic pain	1,341	8.3
Other	933	5.8
Prefer not to answer	453	2.8
Unknown/Missing	2,627	16.3

The percentages calculated are based on total participants. Among the disability responses, 8,917 (55.4%) indicated no disability. Eight percent of the participants indicated having a chronic health/chronic pain condition while six percent of the participants indicated having a physical/mobility disability.

*Participants can report having more than one disability so percentages may add up to more than 100%.

†A disability is defined as a physical or mental impairment or medical condition lasting at least six months that substantially limits a major life activity, which is not the result of a serious mental illness.

PARTICIPANT SYSTEMWIDE DEMOGRAPHICS - CONTINUED

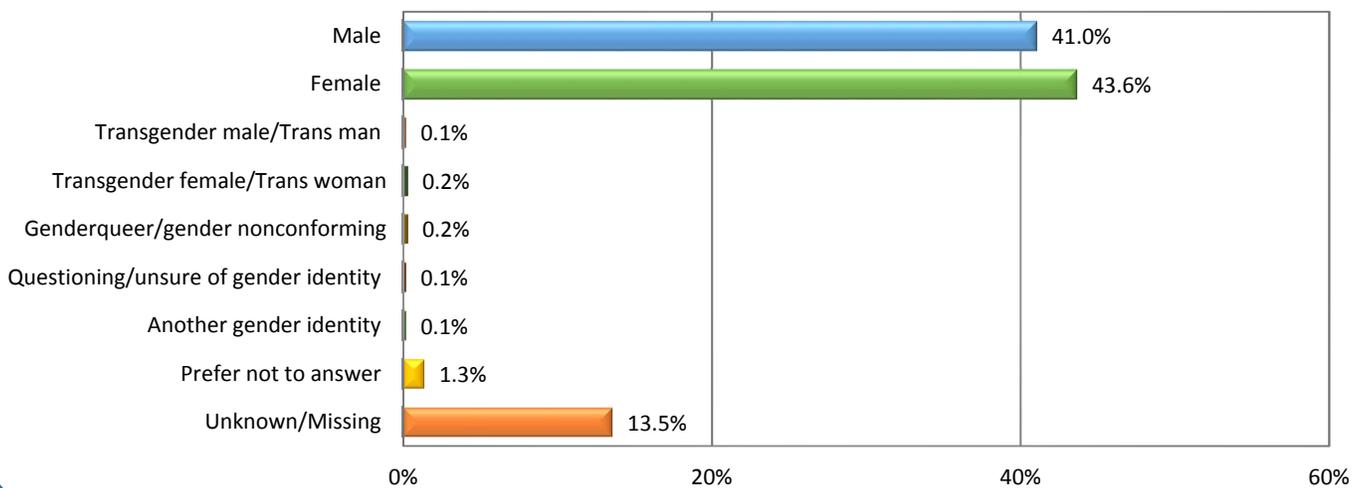
PARTICIPANT LANGUAGE

PRIMARY LANGUAGE (N=16,101)	N	%
English	10,791	67.0
Spanish	2,115	13.1
Armenian	59	0.4
Cantonese	6	<0.1
Farsi	22	0.1
Khmer	0	0
Korean	7	<0.1
Mandarin	8	<0.1
Russian	16	0.1
Samoan	9	0.1
Tongan	0	0
Other	839	5.2
Prefer not to answer	144	0.9
Unknown/Missing	2,085	12.9

Sixty-seven percent of the participants who received services identified their primary language as English. Thirteen percent of participants who received services identified their primary language as Spanish.

GENDER IDENTITY AND SEXUALITY

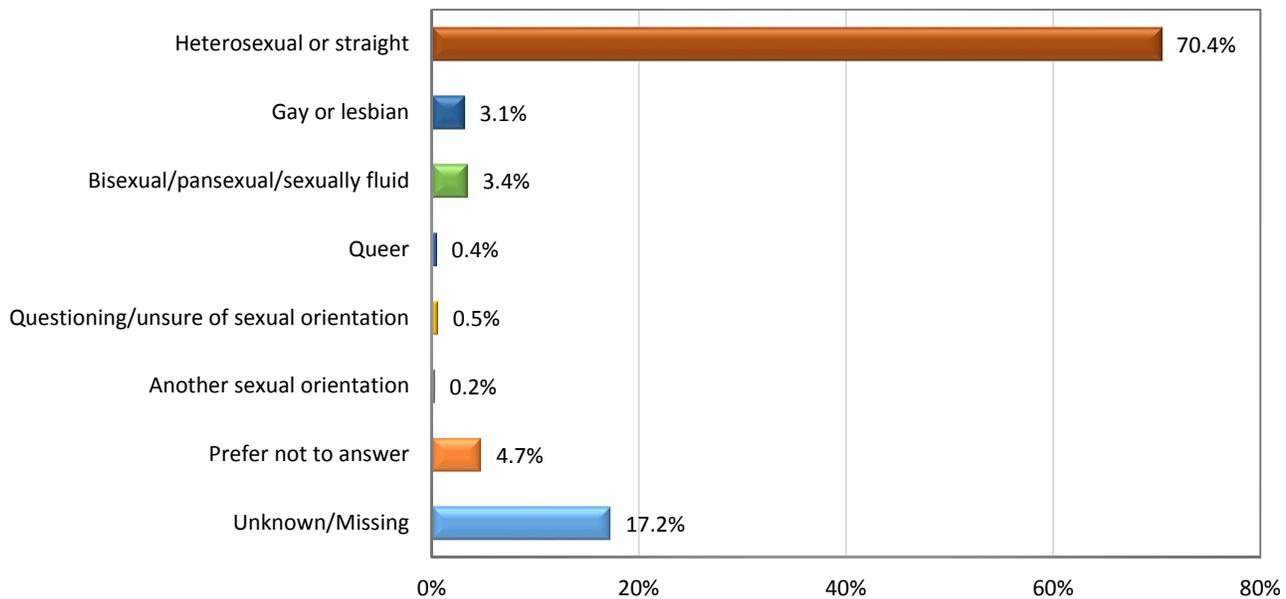
GENDER IDENTITY (N=16,101)



Forty-one percent of the participants who received services identified as male. Forty-four percent of participants who received services identified as female.

PARTICIPANT SYSTEMWIDE DEMOGRAPHICS - CONTINUED

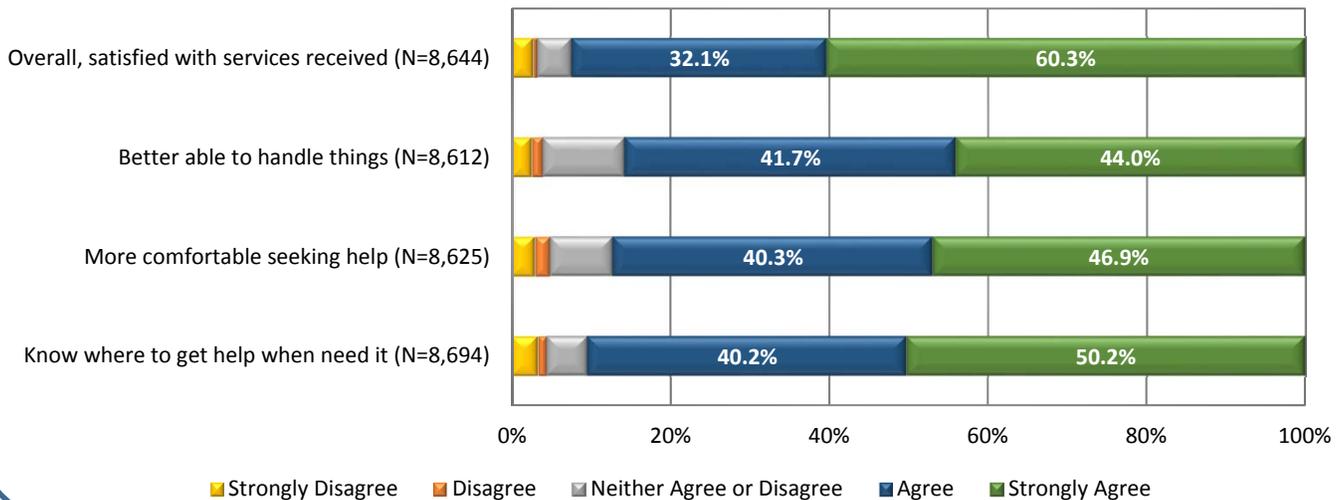
SEXUAL ORIENTATION (N=16,101)



Seventy percent of the participants who received services identified their sexual orientation as heterosexual/straight. Three percent of participants who received services identified their sexual orientation as gay or lesbian and three percent identified as bisexual/pansexual/sexually fluid. Five percent of participants preferred not to answer this question.

PARTICIPANT SYSTEMWIDE - PROGRAM SATISFACTION

PROGRAM SATISFACTION*



For each satisfaction question, responses were obtained from approximately 53.7% of the participants. Of these participants, ninety percent of the participants agreed and strongly agreed that they knew where to get help when they needed it. Eighty-seven percent of the participants agreed and strongly agreed that they were more comfortable seeking help, and 86% of them agreed and strongly agreed that they were better able to handle things and solve problems as a result of the program. Overall, 92% of the participants who responded agreed and strongly agreed that they were satisfied with the services they received.

*Satisfaction data not available for all participants.

PARTICIPANT SYSTEMWIDE REFERRAL TRACKING SUMMARY*

In FY 2017-18, County of San Diego Behavioral Health Services implemented a referral tracking procedure in order to collect data on referrals to mental health or substance use services and successful links to those services.

A total of 3,593 participants received a mental health referral, and 1,007 of these participants successfully received a mental health service as a result of the referral (Linkage Rate = 28.0%).

A total of 1,182 participants received a substance use referral, and 491 of these participants successfully received a substance use service as a result of the referral (Linkage Rate = 41.5%).

The average time between referral and linkage to services was seven days.

**Referral tracking data not available for all programs.*

The Health Services Research Center (HSRC) at University of California, San Diego is a non-profit research organization within the Department of Family and Preventive Medicine. HSRC works in collaboration with the Quality Improvement Unit of the County of San Diego Behavioral Health Services to evaluate and improve behavioral health outcomes for County residents. Our research team specializes in the measurement, collection and analysis of health outcomes data to help improve health care delivery systems and, ultimately, to improve client quality of life. For more information please contact Andrew Sarkin, PhD at 858-622-1771.



APPENDIX A

PARTICIPANT ETHNICITY*		
	N	%
Hispanic or Latino	4,608	28.6
Caribbean	32	0.2
Central American	62	0.4
Cuban	31	0.2
Dominican	0	0.0
Mexican/ Mexican-American/Chicano	3,153	19.6
Puerto Rican	139	0.9
Salvadoran	42	0.3
South American	55	0.3
Other Hispanic/ Latino	203	1.3
Other Hispanic Unspecified	891	5.5
Non-Hispanic or Non-Latino	7,793	48.4
African American	520	3.2
African	166	1.0
Other African/Black	182	1.1
Asian Indian/ South Asian	45	0.3
Cambodian	28	0.2
Chinese	92	0.6
Filipino	358	2.2
Hmong	5	<0.1
Japanese	83	0.5
Korean	34	0.2
Laotian	34	0.2
Mien	1	<0.1
Vietnamese	84	0.5
Other Asian	46	0.3
Native Hawaiian	41	0.3
Samoan	39	0.2
Other Pacific Islander	62	0.4
Other American Indian	169	1.0
Chaldean	203	1.3
Eastern European	175	1.1
European	681	4.2
Iraqi	234	1.5
Middle Eastern	134	0.8
Other White	374	2.3
Non-Hispanic Non-Latino Other	4,166	25.9
More than one ethnicity	652	4.0
Prefer not to answer	284	1.8
Other	135	0.8
Missing	2,629	16.3
Total	16,101	100.0

*The County of San Diego does not require participants to choose only one ethnicity. Therefore, the number of responses may be greater than the number of participants. The percentages are based on a denominator of total participants.