

ADULT PEI PROGRAMS

SYSTEMWIDE SUMMARY

COUNTY OF SAN DIEGO HEALTH & HUMAN SERVICES AGENCY
BEHAVIORAL HEALTH SERVICES
PREVENTION & EARLY INTERVENTION PROGRAMS

FISCAL YEAR 2016 – 2017 ANNUAL REPORT



The Mental Health Services Act (MHSA) Prevention and Early Intervention (PEI) funding gives counties a unique opportunity to implement programs to help prevent the onset of mental illness or to provide early intervention to decrease severity. The County of San Diego has funded contractors to provide PEI for adults. The focus of these programs varies widely, from reducing the stigma associated with mental illness to preventing depression in Hispanic caregivers of individuals with Alzheimer’s disease. Each contractor collects information on the demographics of their participants and their satisfaction with the services provided for both active and outreach participants. **Active participants** include people who are enrolled in a PEI program and/or receiving services at a PEI program. **Outreach participants** include people who are touched by a PEI program via outreach efforts, including but not limited to: presentations, community events, and fairs.



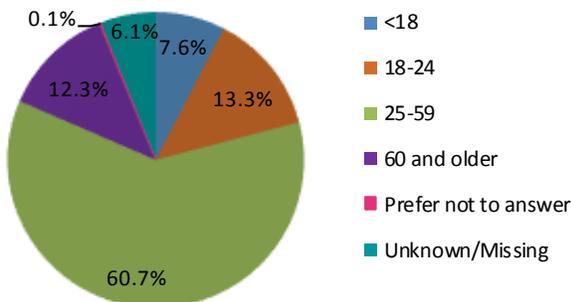
DATA: Adult PEI Programs

REPORT PERIOD: 7/1/2016-6/30/2017

NUMBER OF ACTIVE PARTICIPANTS WITH DATA IN FY 2016-17: 9,106 (Unduplicated)
NUMBER OF OUTREACH PARTICIPANTS WITH DATA IN FY 2016-17: 4,028 (Unduplicated)

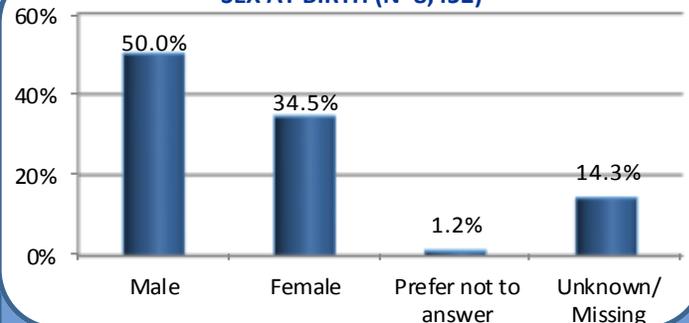
ACTIVE PARTICIPANT SYSTEMWIDE DEMOGRAPHICS

AGE (N=9,106)



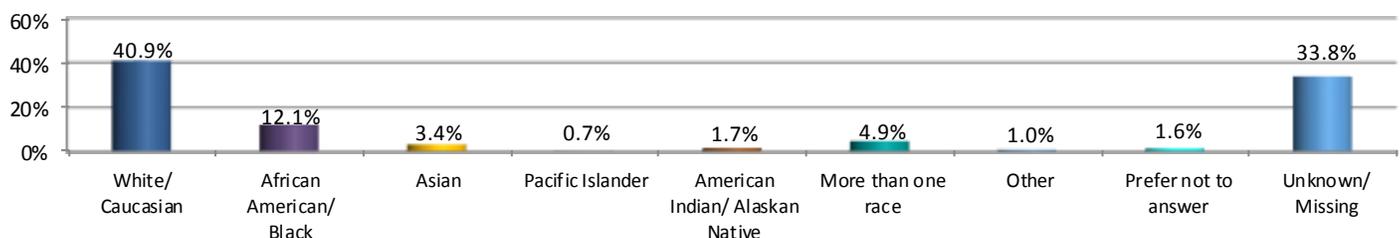
The majority (61%) of participants who received services were ages 25-59.

SEX AT BIRTH (N=8,452)



Fifty percent of participants who received services identified their sex at birth as male.

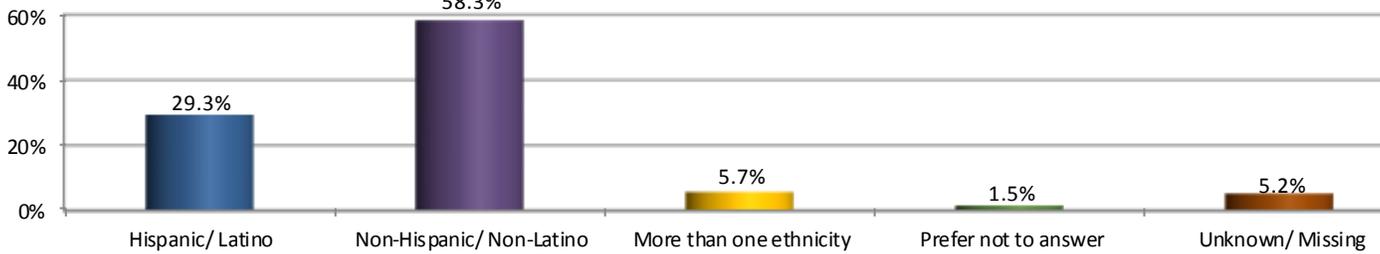
RACE (N=9,106)



Forty-one percent of participants who received services identified their racial background as White. Five percent of participants identified as having more than one racial background. The percentage of unknown/missing includes clients who only endorsed being Hispanic/Latino and did not indicate a racial category.

ACTIVE PARTICIPANT SYSTEMWIDE DEMOGRAPHICS - CONTINUED

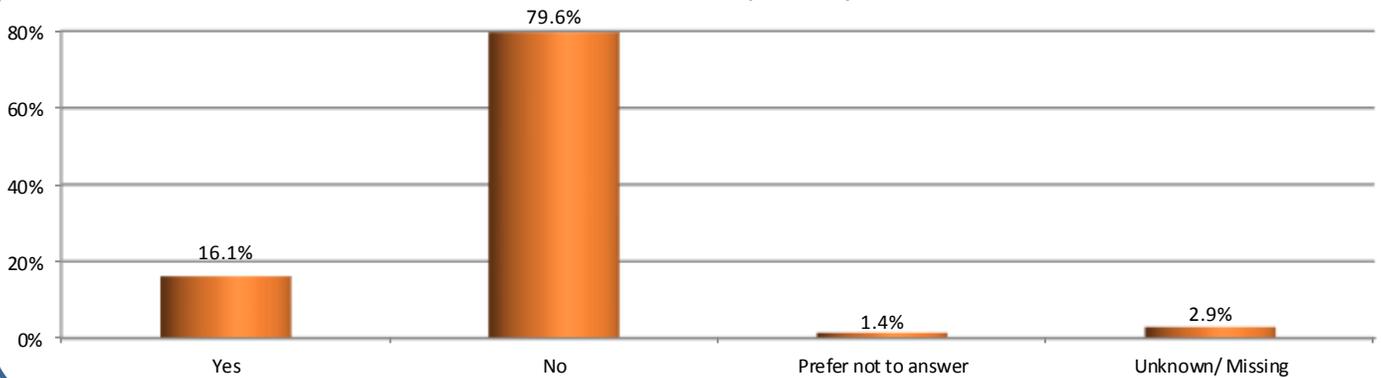
ETHNICITY (N=9,106)



Twenty-nine percent of participants who received services identified their ethnic background as Hispanic/Latino. Fifty-eight percent of participants identified their ethnic background as non-Hispanic/non-Latino. See Appendix A for supplemental data.

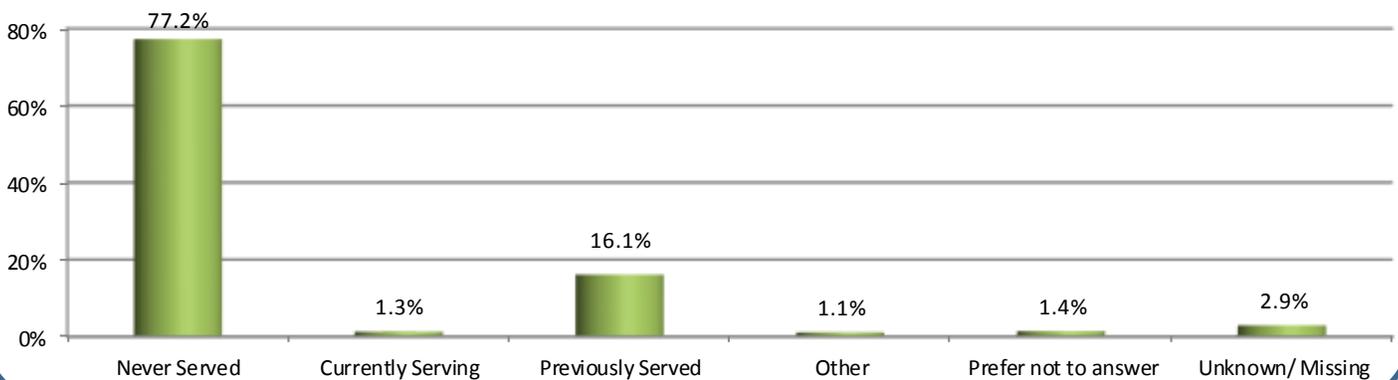
MILITARY SERVICE

VETERAN STATUS (N=8,452)



Information on veteran status indicated 16.1% of participants had served in the military.

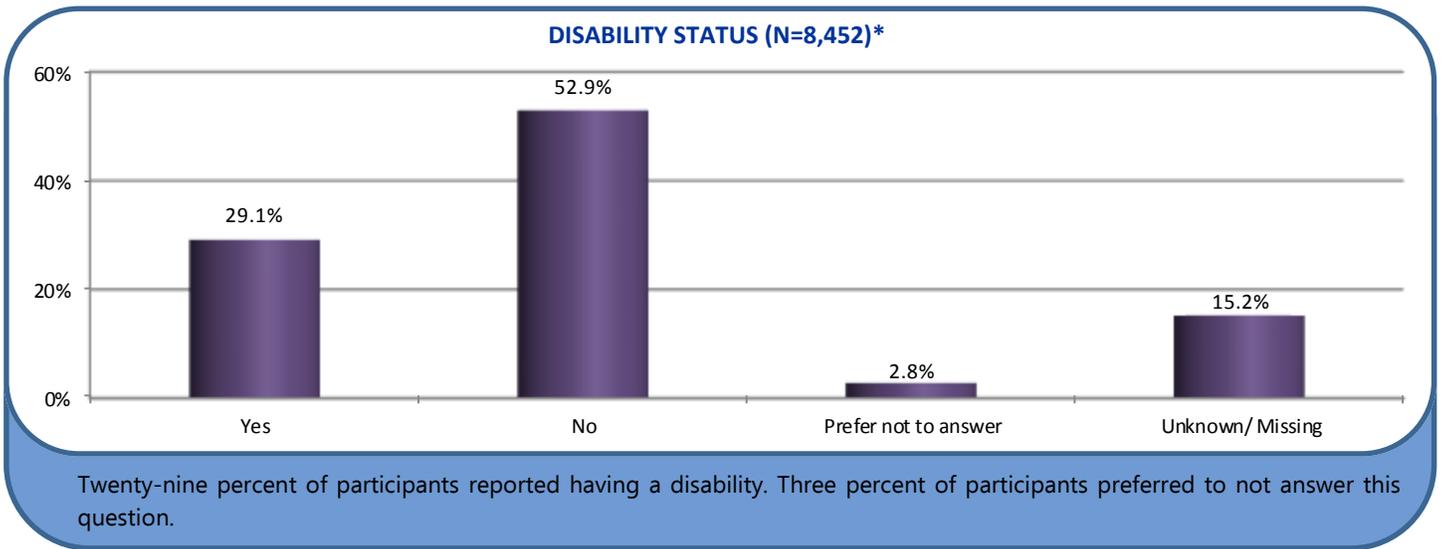
MILITARY STATUS (N=8,452)



Seventy-seven percent of participants had never served in the military while 1% of participants indicated that they are currently serving in the military and 16% indicated that they had previously served in the military.

ACTIVE PARTICIPANT SYSTEMWIDE DEMOGRAPHICS - CONTINUED

PARTICIPANT DISABILITY STATUS



*A disability is defined as a physical or mental impairment or medical condition lasting at least six months that substantially limits a major life activity, which is not the result of a serious mental illness.

DISABILITY RESPONSES (N=8,452)*†	N	%
Difficulty seeing	646	7.6
Difficulty hearing or having speech understood	239	2.8
Learning disability	374	4.4
Developmental disability	69	0.8
Physical/ mobility disability	685	8.1
Chronic health condition/ chronic pain	809	9.6
Dementia	22	0.3
Other communication disability	72	0.9
Other mental disability not related to mental illness	389	4.6
Other disability	556	6.6
No disability	4,467	52.9
Prefer not to answer	240	2.8
Unknown/ Missing	1,286	15.2

The percentages calculated are based on total participants. Among the disability responses, 4,467 (52.9%) indicated no disability. Nine percent of the participants indicated having a chronic health/chronic pain condition while 8% of the participants indicated having a physical/mobility disability.

*Participants can report having more than one disability so percentages may add up to more than 100%.

†A disability is defined as a physical or mental impairment or medical condition lasting at least six months that substantially limits a major life activity, which is not the result of a serious mental illness.

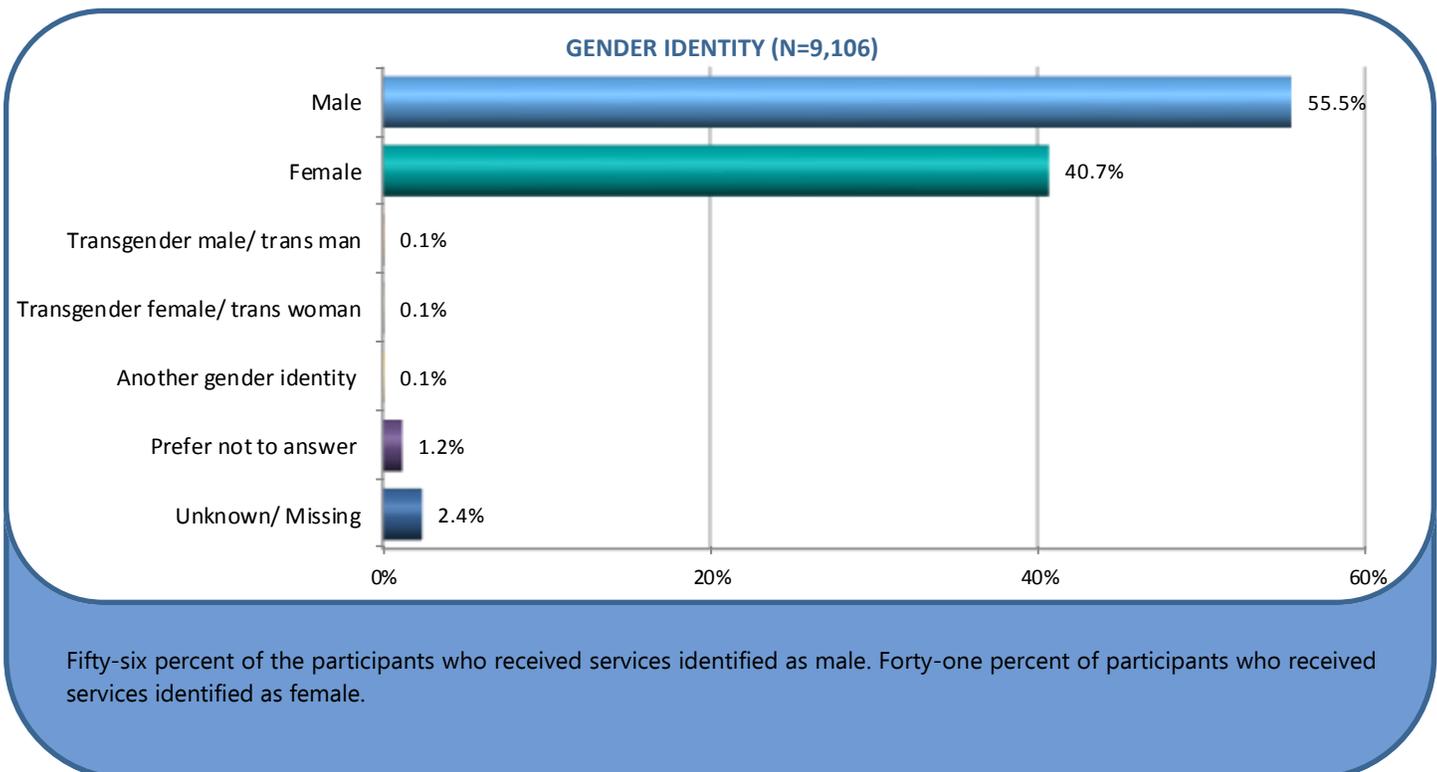
ACTIVE PARTICIPANT SYSTEMWIDE DEMOGRAPHICS - CONTINUED

PARTICIPANT LANGUAGE

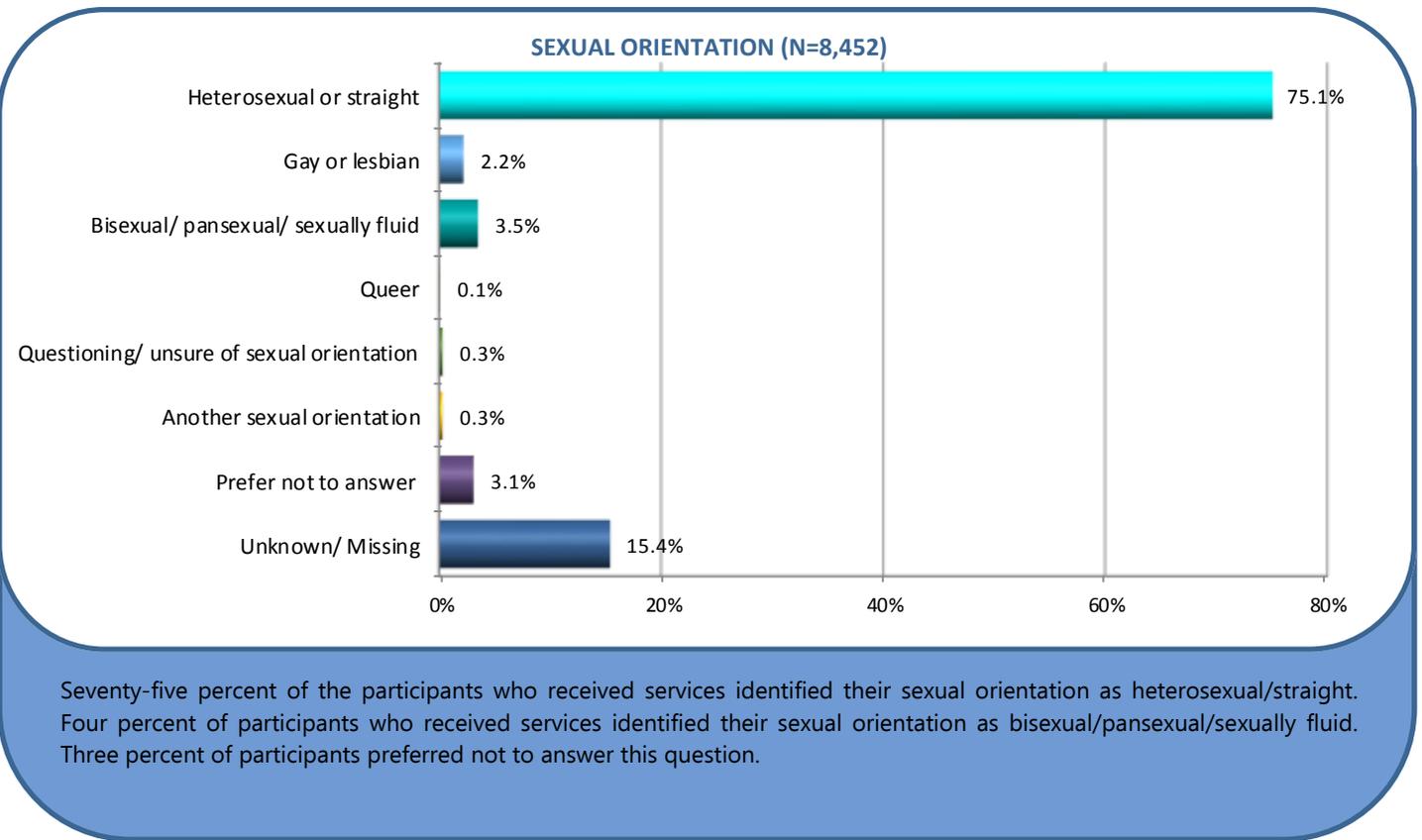
PRIMARY LANGUAGE (N=9,106)	N	%
English	7,318	80.4
Spanish	933	10.2
Armenian	26	0.3
Cantonese	2	0.0
Farsi	6	0.1
Khmer	0	0.0
Korean	0	0.0
Mandarin	1	0.0
Russian	4	0.0
Samoan	6	0.1
Tongan	0	0.0
Other	351	3.9
Prefer not to answer	73	0.8
Unknown/Missing	386	4.2

Eighty percent of the participants who received services identified their primary language as English. Ten percent of participants who received services identified their primary language as Spanish.

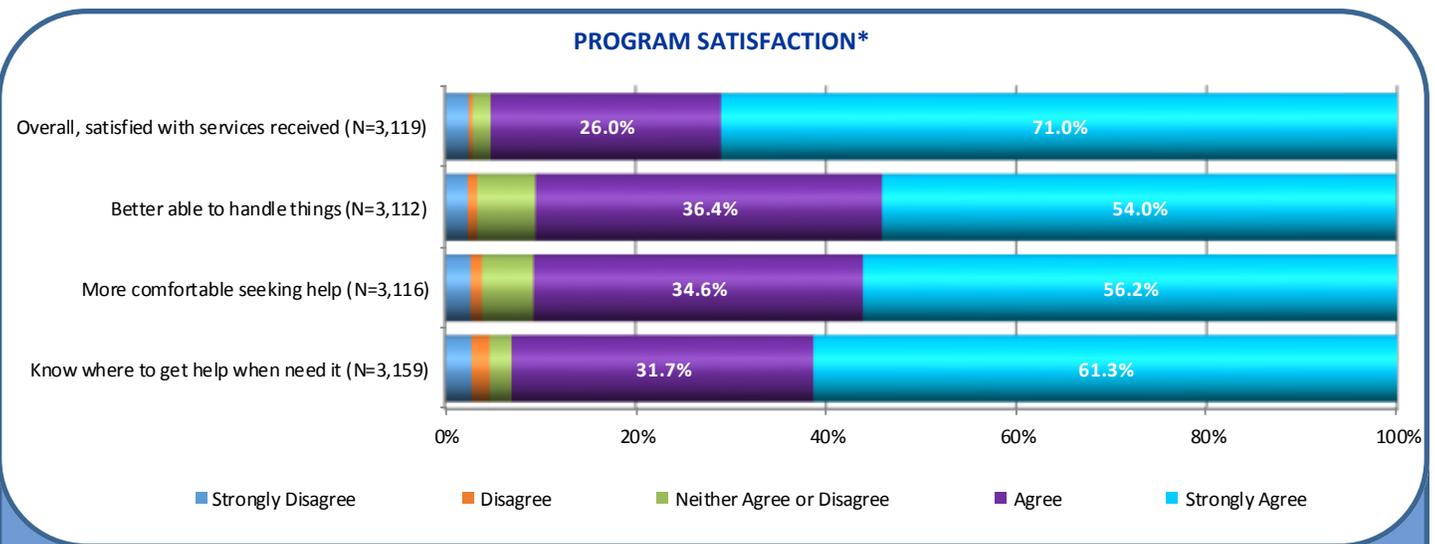
GENDER IDENTITY AND SEXUALITY



ACTIVE PARTICIPANT SYSTEMWIDE DEMOGRAPHICS - CONTINUED



ACTIVE PARTICIPANT SYSTEMWIDE- PROGRAM SATISFACTION



For each satisfaction question, responses were obtained from approximately 34% of the participants. Of these participants, most agreed that they were better able to handle things and solve problems as a result of the program. Most also said that they knew where to get help when they needed it, and that they felt more comfortable seeking help now. Overall, 96% of the participants who responded were satisfied with the services they received.

*Satisfaction data not available for all participants.

OUTREACH PARTICIPANT SYSTEMWIDE DEMOGRAPHICS

DATA: Adult PEI Programs

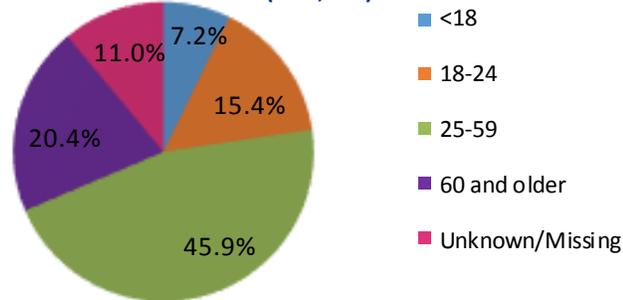
REPORT PERIOD: 7/1/2016-6/30/2017

NUMBER OF OUTREACH PARTICIPANTS WITH DATA IN FY 2016-17: 4,028 (Unduplicated)



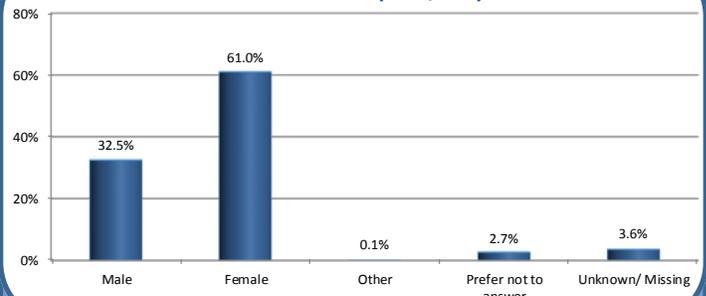
While **active participants** include people who are enrolled in a PEI program and/or are receiving services at a PEI program, **outreach participants** include people who are touched by the program via outreach efforts, including but not limited to: presentations, community events, and fairs. The following section reports on a systemwide summary of demographics and satisfaction with services provided for outreach participants.

AGE (N=4,028)



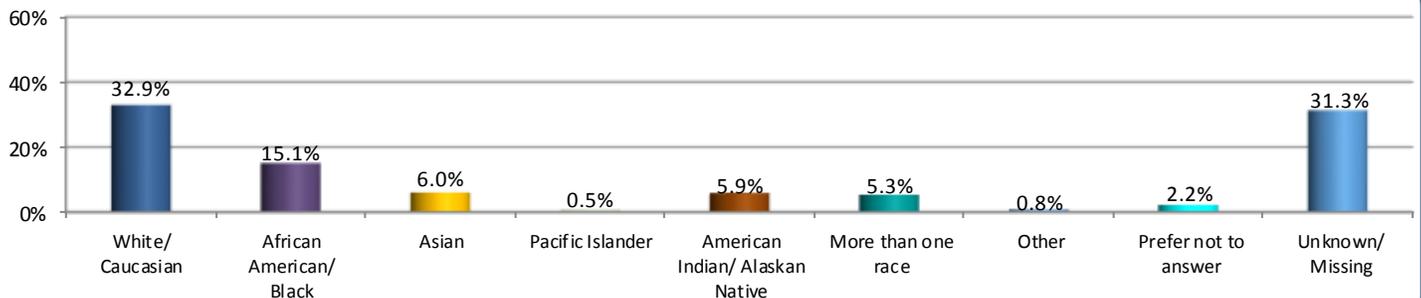
Forty-six percent of participants who received services were ages 25-59.

SEX AT BIRTH (N=4,028)



Sixty-one percent of participants who received services identified their sex at birth as female.

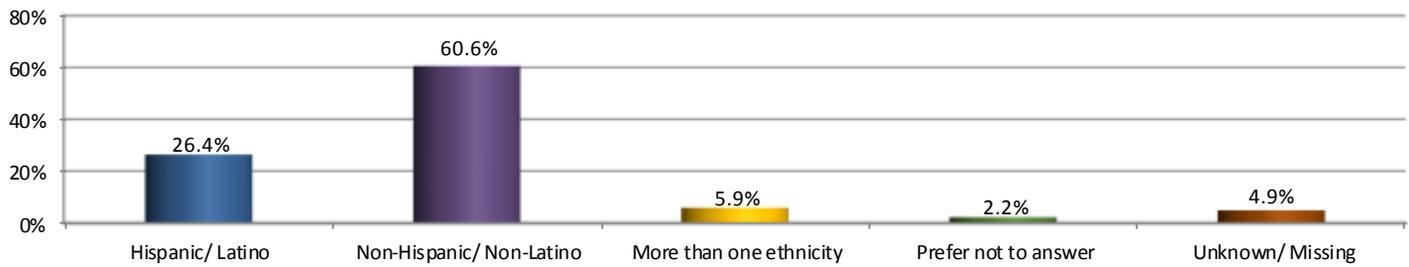
RACE (N=4,028)



Thirty-three percent of participants who received services identified their racial background as White. Fifteen percent of participants identified their racial background as African American/Black. The percentage of unknown/missing includes clients who only endorsed being Hispanic/Latino and did not indicate a racial category.

OUTREACH PARTICIPANT SYSTEMWIDE DEMOGRAPHICS - CONTINUED

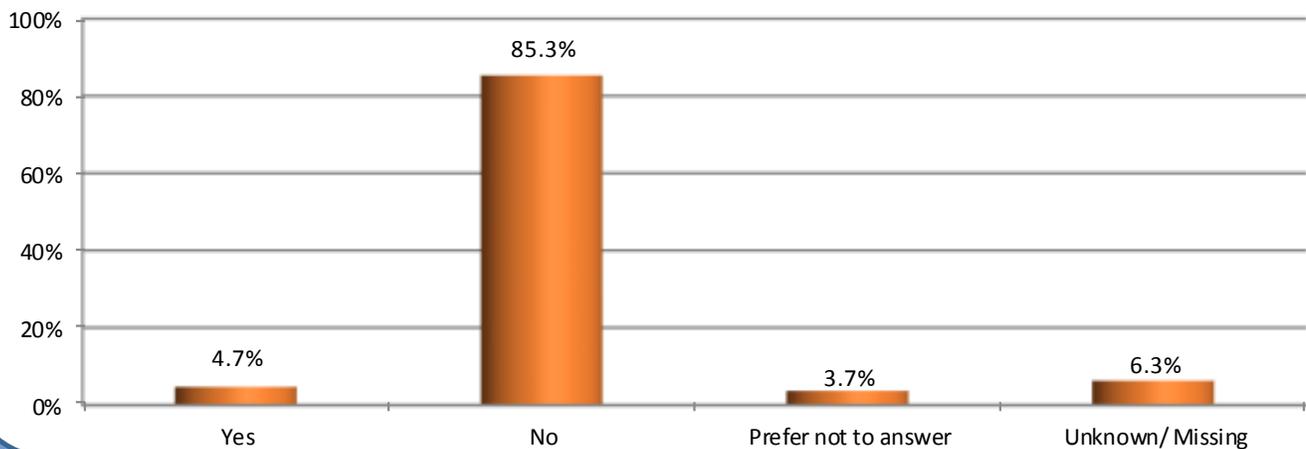
ETHNICITY (N=4,028)



Twenty-six percent of participants who received services identified their ethnic background as Hispanic/Latino. Sixty-one percent of participants identified their ethnic background as non-Hispanic/ non-Latino. See Appendix B for supplemental data.

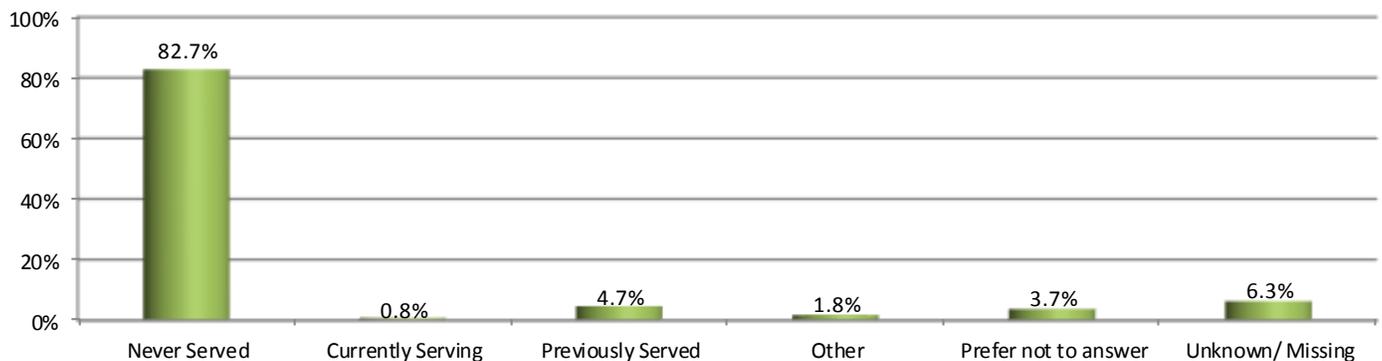
MILITARY SERVICE

VETERAN STATUS (N=4,028)



Information on veteran status indicated 4.7% of participants had served in the military.

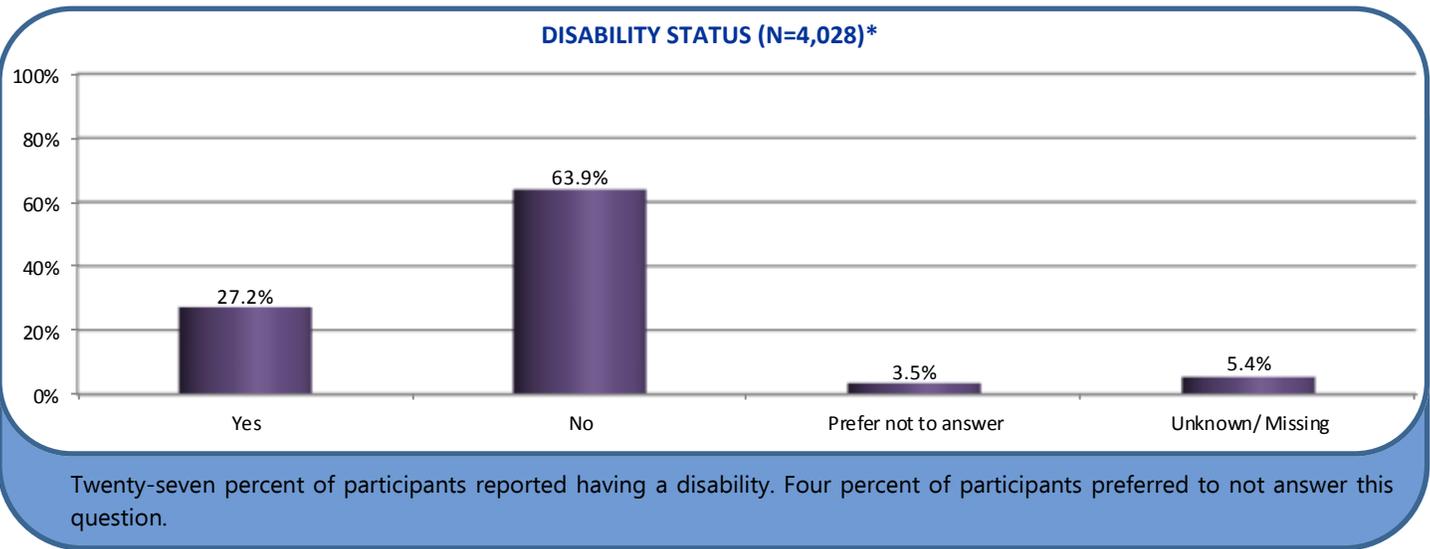
MILITARY STATUS (N=4,028)



Eighty-three percent of participants had never served in the military while 1% percent of participants indicated that they are currently serving in the military and 5% of participants indicated they had previously served in the military.

OUTREACH PARTICIPANT SYSTEMWIDE DEMOGRAPHICS - CONTINUED

PARTICIPANT DISABILITY STATUS



*A disability is defined as a physical or mental impairment or medical condition lasting at least six months that substantially limits a major life activity, which is not the result of a serious mental illness.

DISABILITY RESPONSES (N=4,417)**	N	%
Difficulty seeing	178	4.0
Difficulty hearing or having speech understood	117	2.6
Learning disability	149	3.4
Developmental disability	54	1.2
Physical/ mobility disability	180	4.1
Chronic health condition/ chronic pain	406	9.2
Dementia	34	0.8
Other communication disability	21	0.5
Other mental disability not related to mental illness	105	2.4
Other disability	201	4.6
No disability	2,613	59.2
Prefer not to answer	142	3.2
Unknown/ Missing	217	4.9

The percentages calculated are based on total participants. Among the disability responses 2,613 (59.2%) indicated no disability. Nine percent of the participants indicated having a chronic health/chronic pain condition while 5% of the participants indicated having a disability that was not listed.

**Participants can report having more than one disability so percentages may add up to more than 100%.

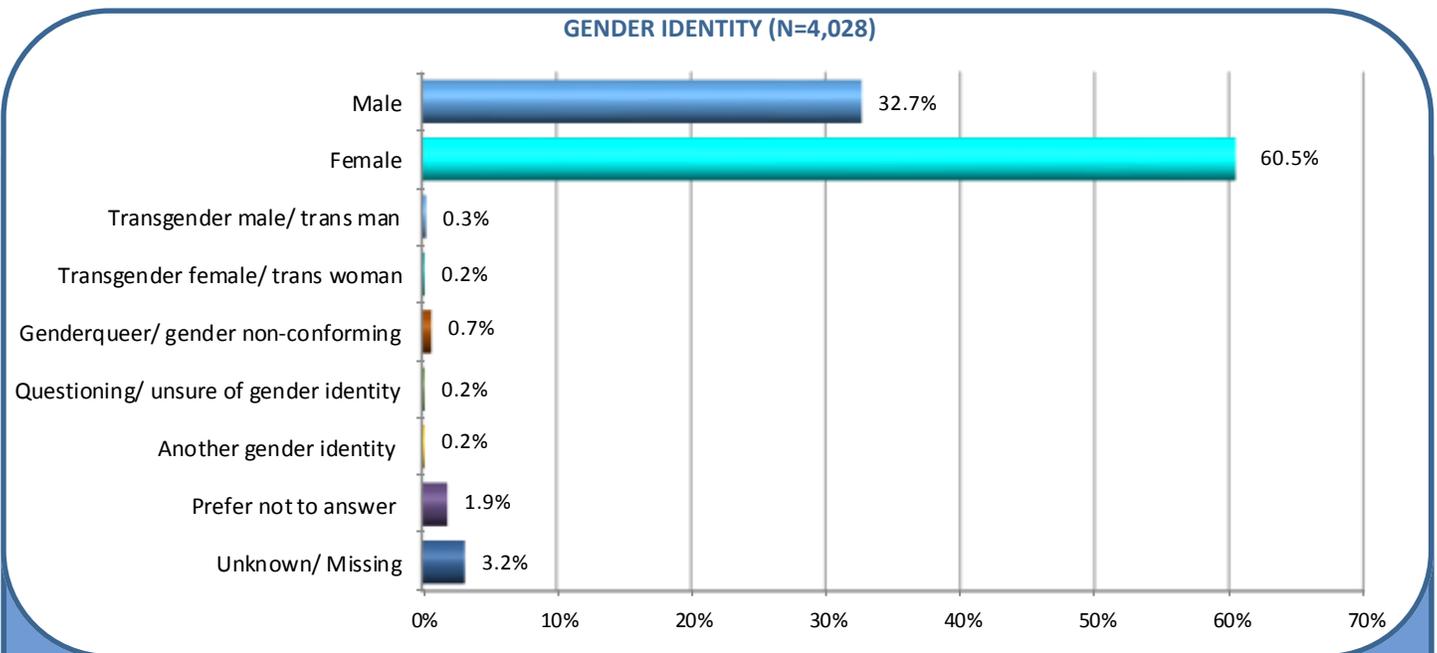
†A disability is defined as a physical or mental impairment or medical condition lasting at least six months that substantially limits a major life activity, which is not the result of a severe mental illness.

OUTREACH PARTICIPANT SYSTEMWIDE DEMOGRAPHICS - CONTINUED

PRIMARY LANGUAGE (N=4,028)	N	%
English	2,648	65.7
Spanish	683	17.0
Armenian	13	0.3
Cantonese	3	0.1
Farsi	6	0.1
Khmer	0	0.0
Korean	1	0.0
Mandarin	5	0.1
Russian	5	0.1
Samoan	4	0.1
Tongan	0	0.0
Other	503	12.5
Prefer not to answer	38	0.9
Unknown/Missing	119	3.0

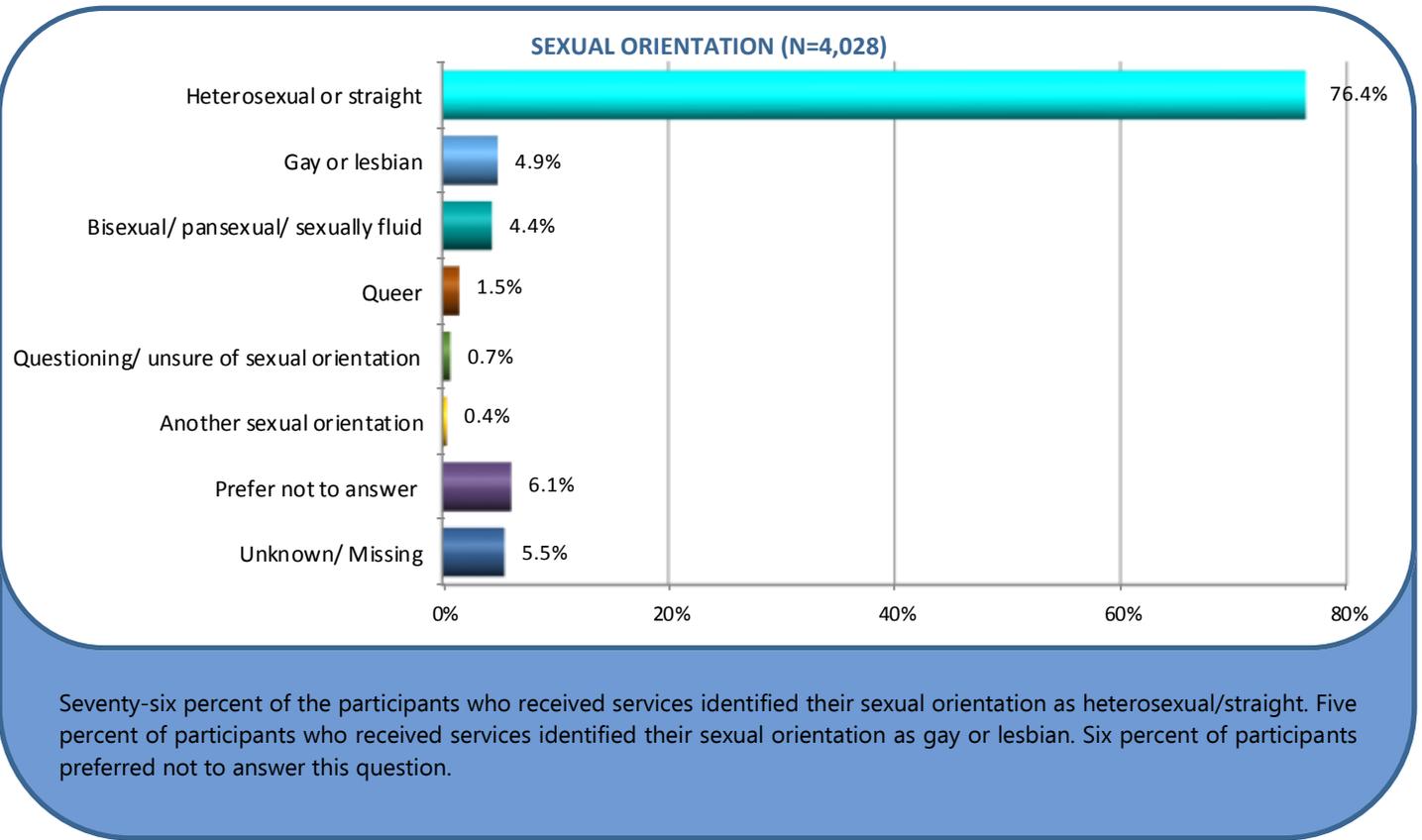
Sixty-six percent of the participants who received services identified their primary language as English. Seventeen percent of participants who received services identified their primary language as Spanish.

GENDER IDENTITY AND SEXUALITY

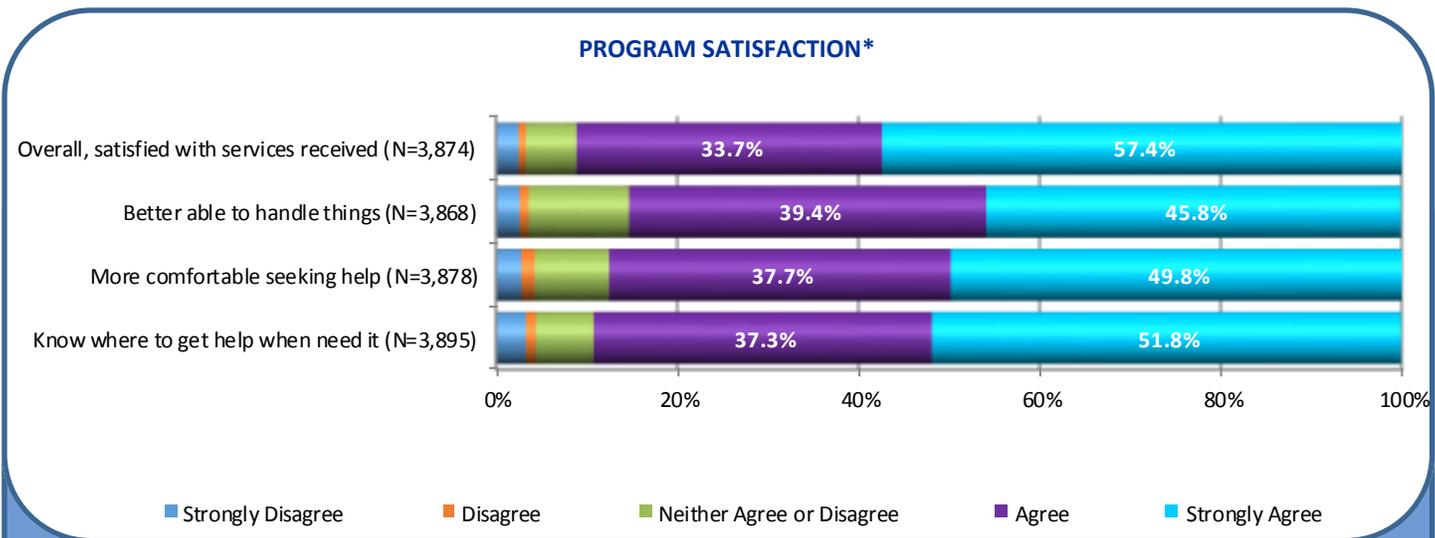


Sixty-one percent of the participants who received services identified as female. Thirty-three percent of participants who received services identified as male.

OUTREACH PARTICIPANT SYSTEMWIDE DEMOGRAPHICS - CONTINUED



OUTREACH PARTICIPANT SYSTEMWIDE- PROGRAM SATISFACTION



For each satisfaction question, responses were obtained from approximately 96% of the participants. Of these participants, most agreed that they were better able to handle things and solve problems as a result of the program. Most also said that they knew where to get help when they needed it, and that they felt more comfortable seeking help now. Overall, 92% of the participants who responded were satisfied with the services they received.

*Satisfaction data not available for all participants.

ADULT PARTICIPANT SYSTEMWIDE REFERRAL TRACKING SUMMARY*

In FY 2016-17, County of San Diego Behavioral Health Services implemented a referral tracking procedure in order to collect data on referrals made by PEI programs and successful links to services.

Referral tracking data was collected for 7,337 active participants. A total of 5,336 active participants received a mental health referral and 1,888 active participants were linked to services as a result of those referrals (Linkage Rate = 15.5%). Average time between referral and linkage to services amounted to 75.9 days.

Referral tracking data was provided for 746 outreach participants. A total of 355 outreach participants received a mental health referral and 55 outreach participants were linked to services as a result of those referrals (Linkage rate = 50.9%). Average time between referral and linkage to services amounted to 55.5 days.

**Referral tracking data not available for all programs.*

The Health Services Research Center (HSRC) at University of California, San Diego is a non-profit research organization within the Department of Family and Preventive Medicine. HSRC works in collaboration with the Quality Improvement Unit of the County of San Diego Behavioral Health Services to evaluate and improve behavioral health outcomes for County residents. Our research team specializes in the measurement, collection and analysis of health outcomes data to help improve health care delivery systems and, ultimately, to improve client quality of life. For more information please contact Andrew Sarkin, PhD at 858-622-1771.



APPENDIX A

ACTIVE PARTICIPANT ETHNICITY		
	N	Percent
Hispanic or Latino	2,664	29.3%
Caribbean	53	0.6%
Central American	25	0.3%
Cuban	29	0.3%
Dominican	19	0.2%
Hispanic/Latino Unspecified	1,340	14.7%
Mexican/ Mexican-American/Chicano	1,769	19.4%
Puerto Rican	84	0.9%
Salvadoran	11	0.1%
South American	16	0.2%
Other Hispanic/ Latino	141	1.5%
Non-Hispanic	5,309	58.3%
African American	7	0.1%
African	68	0.7%
Other African/Black	108	1.2%
Asian Indian/ South Asian	5	0.1%
Cambodian	8	0.1%
Chinese	39	0.4%
Filipino	244	2.7%
Hmong	2	0.0%
Japanese	33	0.4%
Korean	7	0.1%
Laotian	17	0.2%
Vietnamese	53	0.6%
Other Asian	18	0.2%
Native Hawaiian	35	0.4%
Samoan	20	0.2%
Other Pacific Islander	40	0.4%
Other American Indian	99	1.1%
Chaldean	83	0.9%
European	178	2.0%
Eastern European	47	0.5%
Iraqi	51	0.6%
Middle Eastern	33	0.4%
Other White	229	2.5%
Non Hispanic Non Latino Other	3,367	37.0%
More than one ethnicity	520	5.7%
Prefer not to answer	135	1.5%
Missing	478	5.2%
Total	9,106	100.0%

APPENDIX B

OUTREACH PARTICIPANT ETHNICITY		
	N	Percent
Hispanic or Latino	1,063	26.4%
Caribbean	9	0.2%
Central American	20	0.5%
Cuban	9	0.2%
Dominican	11	0.3%
Hispanic/Latino Unspecified	648	16.1%
Mexican/ Mexican-American/Chicano	677	16.8%
Puerto Rican	28	0.7%
Salvadoran	6	0.1%
South American	26	0.6%
Other Hispanic/ Latino	38	0.9%
Non-Hispanic	2,441	60.6%
African American	4	0.1%
African	117	2.9%
Other African/Black	69	1.7%
Asian Indian/ South Asian	15	0.4%
Cambodian	9	0.2%
Chinese	60	1.5%
Filipino	127	3.2%
Japanese	26	0.6%
Korean	15	0.4%
Laotian	9	0.2%
Vietnamese	37	0.9%
Other Asian	14	0.3%
Native Hawaiian	10	0.2%
Samoan	9	0.2%
Other Pacific Islander	8	0.2%
Other American Indian	63	1.6%
Chaldean	167	4.1%
European	205	5.1%
Eastern European	55	1.4%
Iraqi	187	4.6%
Middle Eastern	42	1.0%
Other White	87	2.2%
Non Hispanic Non Latino Other	1,626	40.4%
More than one ethnicity	237	5.9%
Prefer not to answer	88	2.2%
Missing	199	4.9%
Total	4,028	100.0%