

# CHILD & ADULT PEI PROGRAMS

## SYSTEMWIDE SUMMARY

COUNTY OF SAN DIEGO HEALTH & HUMAN SERVICES AGENCY  
BEHAVIORAL HEALTH SERVICES  
PREVENTION & EARLY INTERVENTION PROGRAMS

FISCAL YEAR 2016 – 2017 ANNUAL REPORT



The Mental Health Services Act (MHSA) Prevention and Early Intervention (PEI) funding gives counties a unique opportunity to implement programs to help prevent the onset of mental illness or to provide early intervention to decrease severity. The County of San Diego has funded contractors to PEI programs for adults and older adults, and contractors for youth and transition age youth (TAY) and their families. The focus of these programs varies widely, from reducing the stigma associated with mental illness to preventing youth suicide. Each contractor collects information on the demographics of their participants and their satisfaction with the services provided for both active and outreach participants. **Active participants** include people who are enrolled in a PEI program and/or are receiving services at a PEI program. **Outreach participants** include people who are touched by the program via outreach efforts, including but not limited to: presentations, community events, and fairs.

### DATA: Child and Adult PEI Programs

REPORT PERIOD: 7/1/2016-6/30/2017

NUMBER OF ACTIVE PARTICIPANTS WITH DATA IN FY 2016-17: 25,348 (Unduplicated)\*†‡

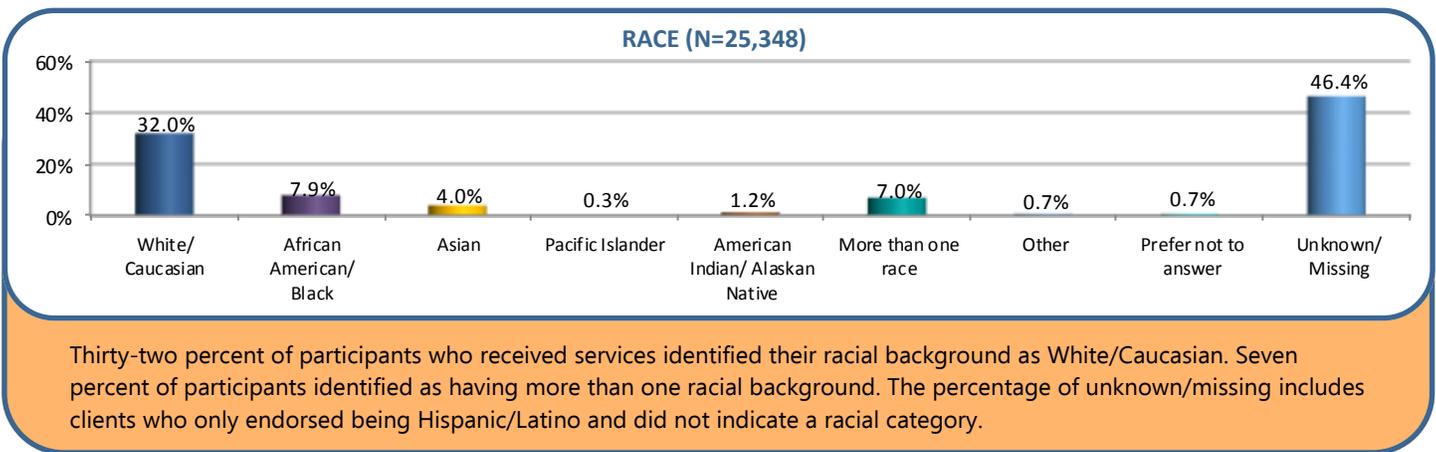
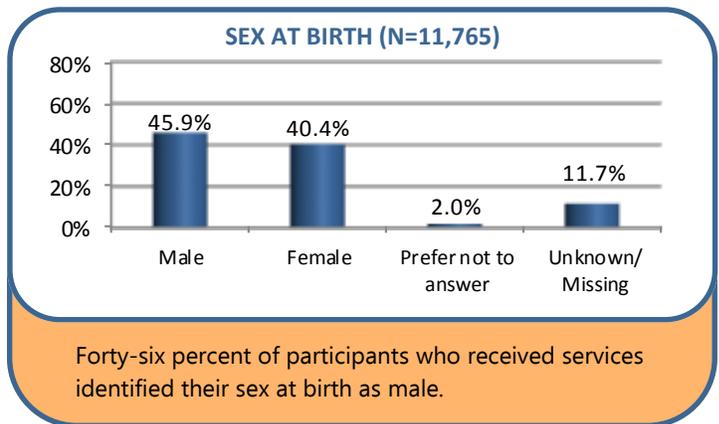
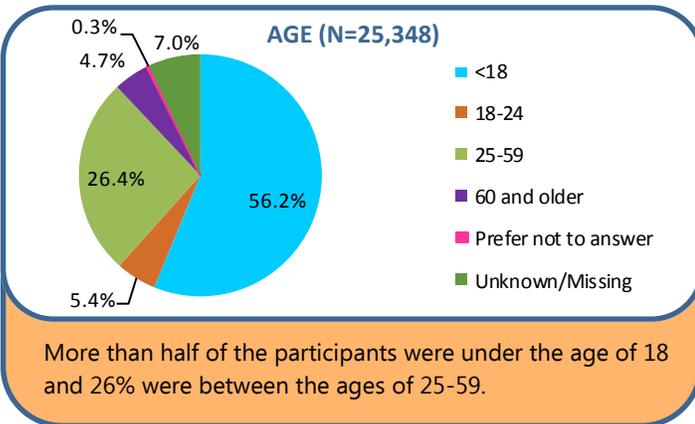
NUMBER OF OUTREACH PARTICIPANTS WITH DATA IN FY 2016-17: 9,323 (Unduplicated)\*†‡

\*Data for all students participating in the HERE Now Suicide Prevention program were calculated from a representative sample of students who provided demographic and satisfaction information.

†All known duplicates are excluded from this count; however, unduplicated status cannot be verified among programs that do not issue client identification numbers.

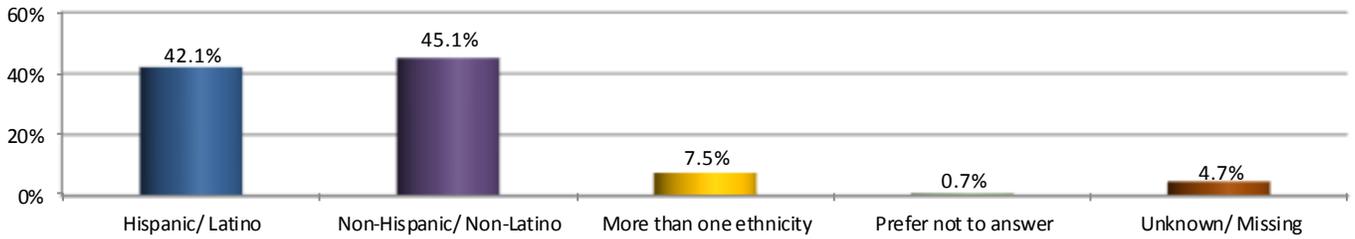
‡Total number of PEI participants lower than past fiscal year due to restructuring of school-based programs.

### ACTIVE PARTICIPANT SYSTEMWIDE DEMOGRAPHICS



## ACTIVE PARTICIPANT SYSTEMWIDE DEMOGRAPHICS

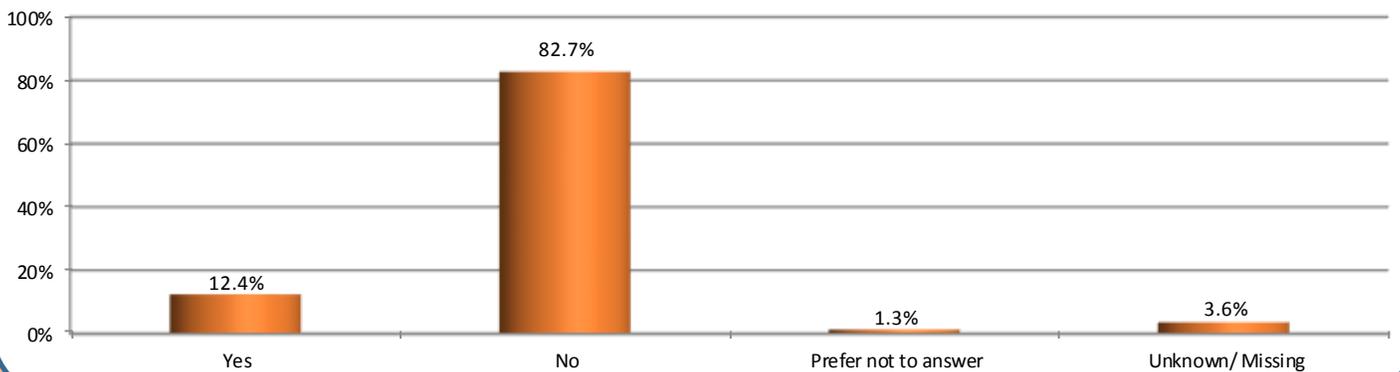
ETHNICITY (N=25,402)



Forty-five percent of participants who received services identified their ethnic background as non-Hispanic/ non-Latino. Forty-two percent of participants identified their ethnic background as Hispanic/Latino. See Appendix A for supplemental data on participant ethnicity.

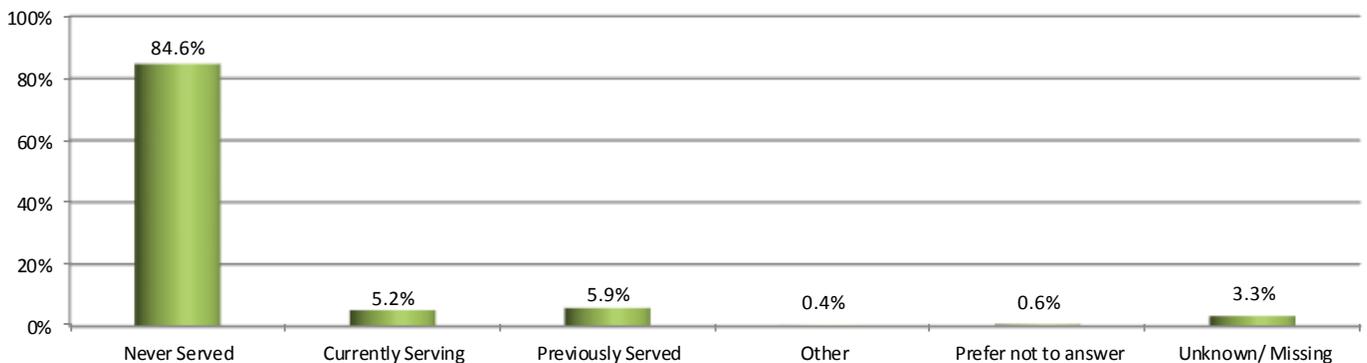
## MILITARY SERVICE

VETERAN STATUS (N=11,765)



Information on veteran status indicated 12.4% had served in the military.

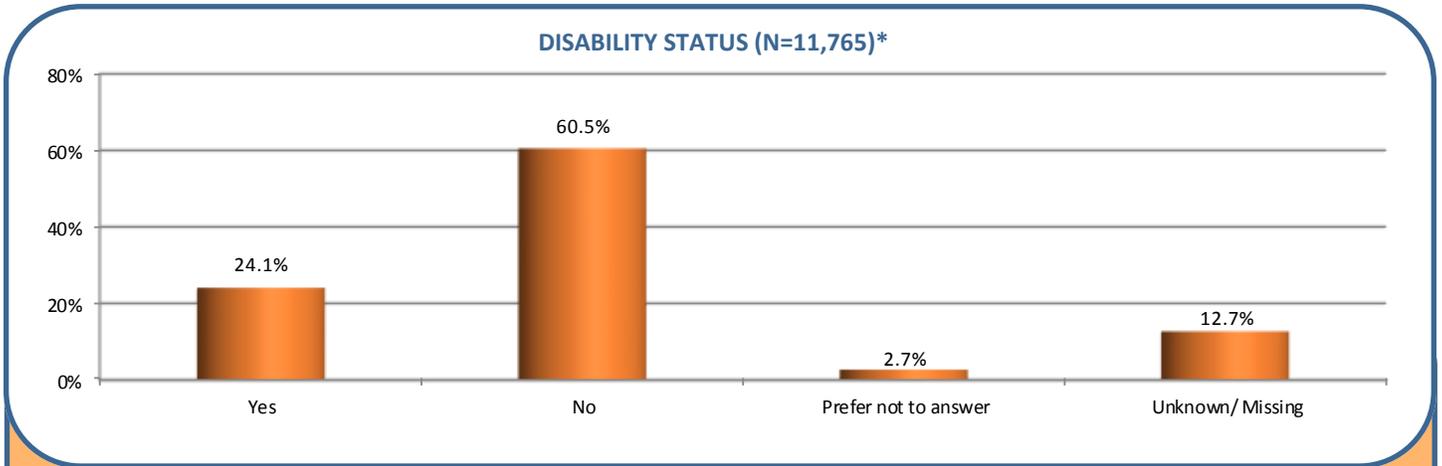
MILITARY STATUS (N=24,694)



Eighty-five percent of participants had never served in the military while 5% of participants indicated they are currently serving in the military and 6% indicated they had previously served in the military.

## ACTIVE PARTICIPANT SYSTEMWIDE DEMOGRAPHICS - CONTINUED

### DISABILITY STATUS



Twenty-four percent of participants reported having a disability and 60% of participants indicated they did not have a disability. Three percent of participants preferred to not answer this question.

*\*A disability is defined as a physical or mental impairment or medical condition lasting at least six months that substantially limits a major life activity, which is not the result of a serious mental illness.*

DISABILITY RESPONSES (N=11,765)**	Count	%
Difficulty seeing	721	6.1
Difficulty hearing or having speech understood	288	2.4
Learning disability	418	3.6
Developmental disability	86	0.7
Physical/ mobility disability	708	6.0
Chronic health condition/ chronic pain	842	7.2
Dementia	33	0.3
Other communication disability	92	0.8
Other mental disability not related to mental illness	403	3.4
Other disability	633	5.4
No disability	7,230	61.5
Prefer not to answer	317	2.7
Unknown/ Missing	1,489	12.7

The percentages calculated are based on total participants. Among the disability responses, 7,230 (61.5%) indicated no disability. Seven percent of the participants indicated having a chronic health/chronic pain condition while 6% of participants indicated having difficulty seeing.

*\*\*Participants can report having more than one disability so percentages may add up to more than 100%.*

*\*A disability is defined as a physical or mental impairment or medical condition lasting at least six months that substantially limits a major life activity, which is not the result of a serious mental illness.*

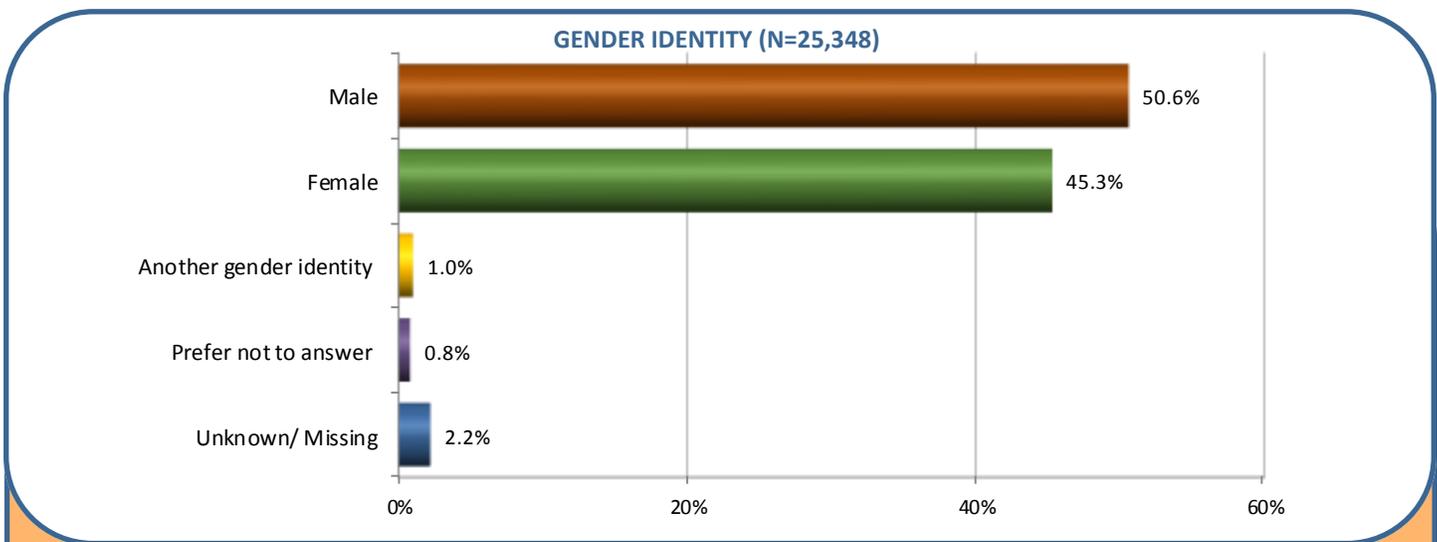
## ACTIVE PARTICIPANT SYSTEMWIDE DEMOGRAPHICS - CONTINUED

### PARTICIPANT LANGUAGE

PRIMARY LANGUAGE (N=12,419)	N	%	PRIMARY LANGUAGE (N=12,419)	N	%
English	8,617	69.4	Italian	0	0.0
Spanish	2,523	20.3	Japanese	1	0.0
Armenian	29	0.2	Lao	2	0.0
Arabic	81	0.7	Mien	0	0.0
Cantonese	2	0.0	Polish	1	0.0
Farsi	13	0.1	Portuguese	1	0.0
Khmer	1	0.0	Tagalog	7	0.1
Korean	0	0.0	Thai	0	0.0
Mandarin	3	0.0	Turkish	1	0.0
Russian	5	0.0	Vietnamese	11	0.1
Samoan	6	0.0	Other Chinese Dialects	0	0.0
Tongan	0	0.0	Other Non-English	0	0.0
American Sign Language	4	0.0	Other Sign Language	0	0.0
French	5	0.0	Other	445	3.6
Hebrew	0	0.0	Prefer not to answer	98	0.8
Hmong	1	0.0	Unknown/Missing	559	4.5
Ilocano	3	0.0	Total	12,419	100.0

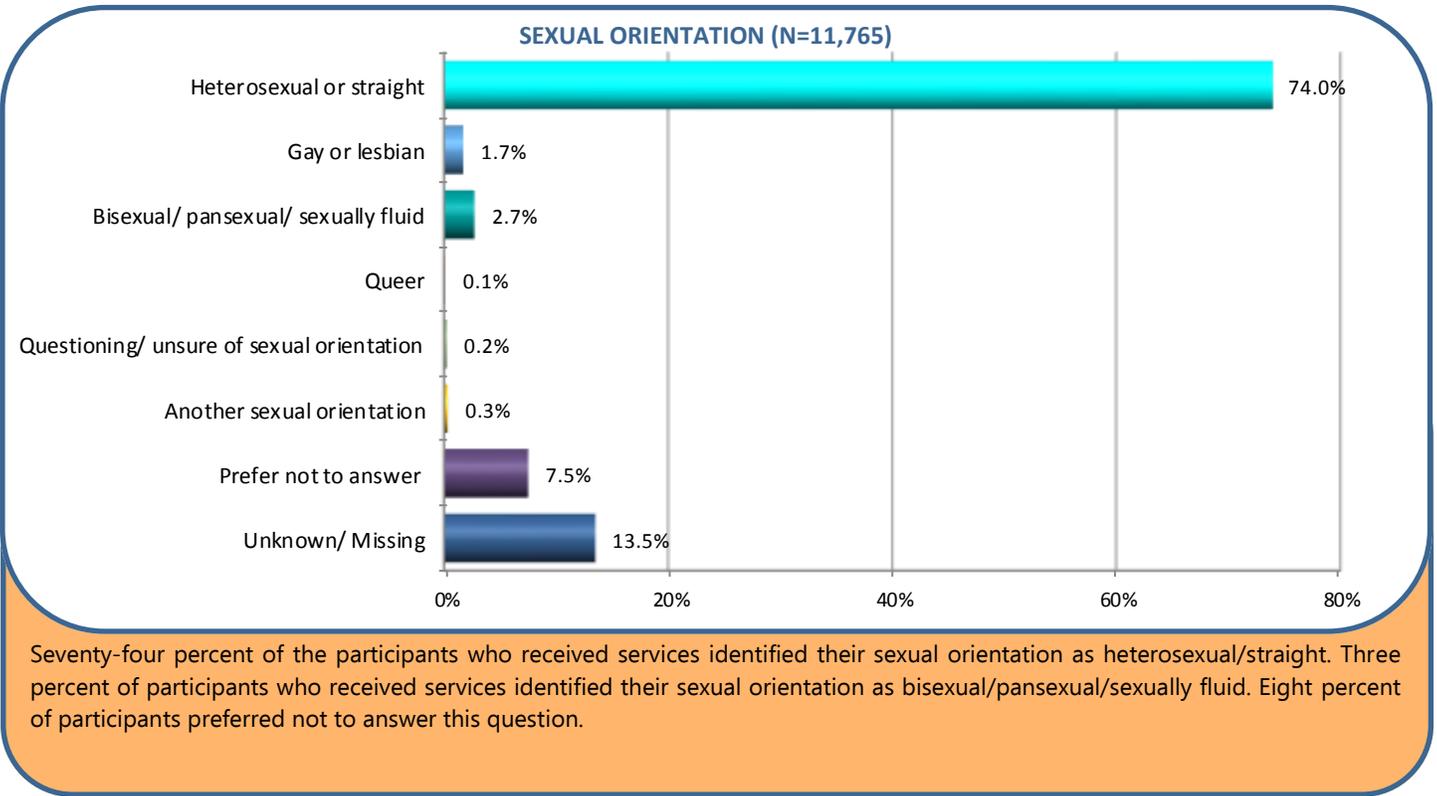
Sixty-nine percent of the participants who received services identified their primary language as English. Twenty percent of participants who received services identified their primary language as Spanish.

### GENDER IDENTITY AND SEXUALITY

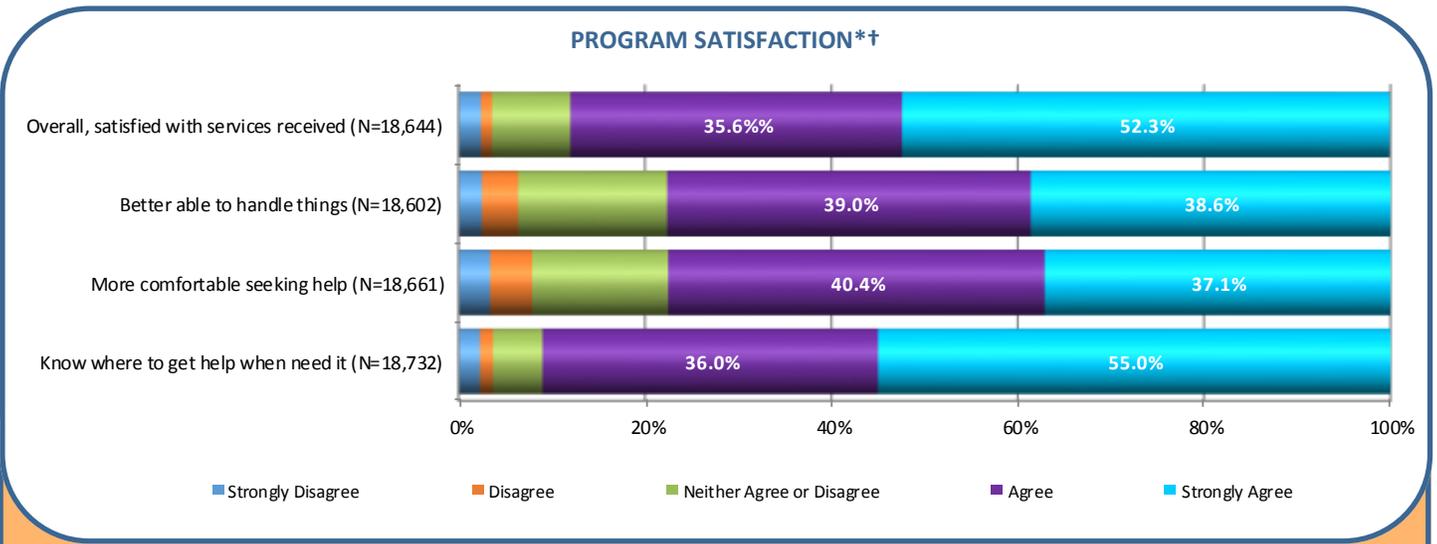


Fifty-one percent of the participants who received services identified as male. Forty-five percent of participants who received services identified as female.

## ACTIVE PARTICIPANT SYSTEMWIDE DEMOGRAPHICS - CONTINUED



## ACTIVE PARTICIPANT SYSTEMWIDE PROGRAM SATISFACTION



For each satisfaction question, responses were obtained from approximately 74% of the participants. Of these participants, most agreed that they were better able to handle things and solve problems as a result of the program. Most also said that they knew where to get help when they needed it, and that they felt more comfortable seeking help now. Overall, 88% of the participants who responded were satisfied with the services they received.

\*Satisfaction data not available for all participants.

†Satisfaction data includes duplicate participants.

## OUTREACH PARTICIPANT SYSTEMWIDE

While **active participants** include people who are enrolled in a PEI program and/or are receiving services at a PEI program, **outreach participants** include people who are touched by the program via outreach efforts, including but not limited to: presentations, community events, and fairs.



**DATA: Child and Adult PEI Programs**

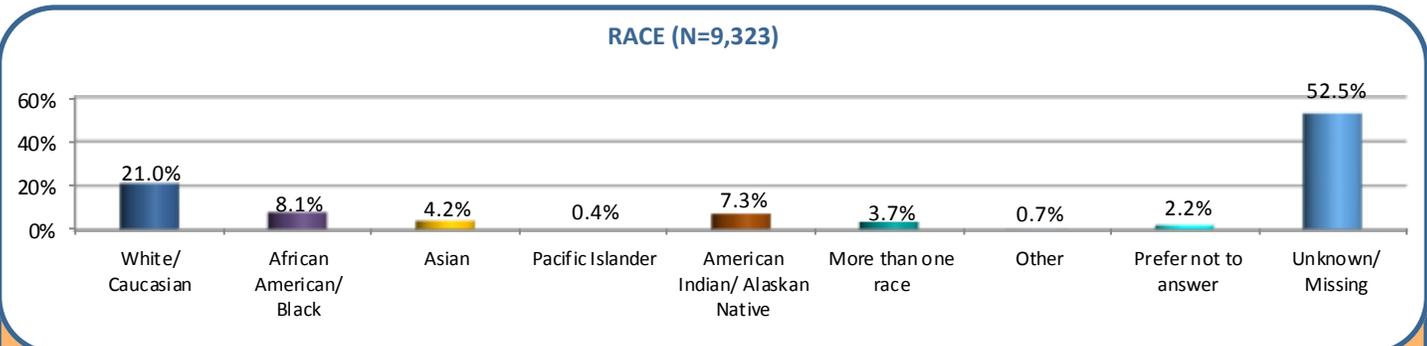
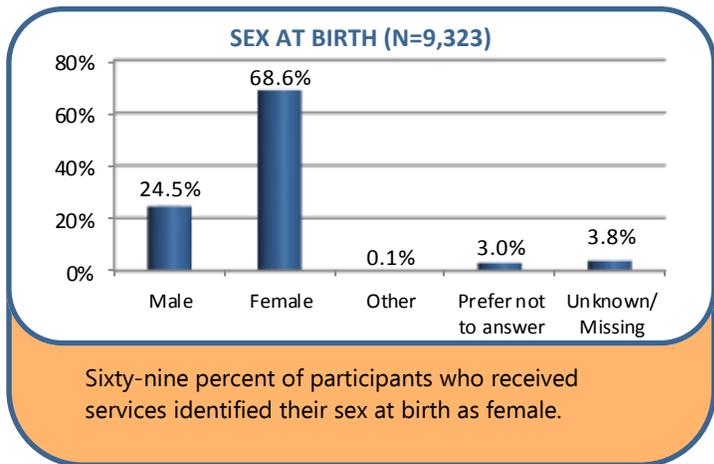
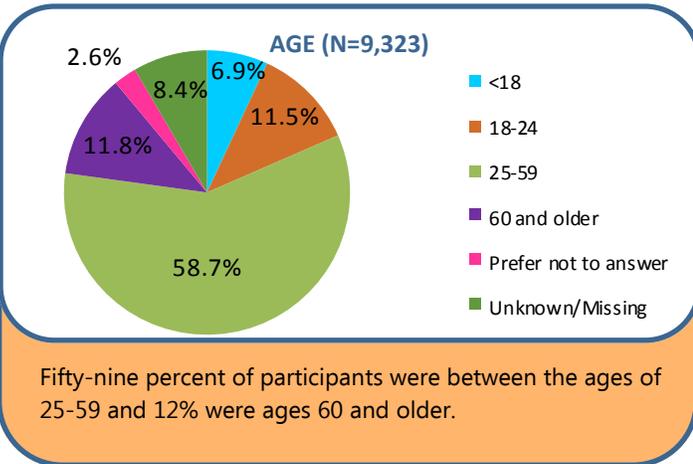
**REPORT PERIOD: 7/1/2016-6/30/2017**

**NUMBER OF OUTREACH PARTICIPANTS WITH DATA IN FY 2016-17: 9,323 (Unduplicated)\*†**

*\*Data for all students participating in the HERE Now Suicide Prevention program were calculated from a representative sample of students who provided demographic and satisfaction information.*

*†All known duplicates are excluded from this count; however, unduplicated status cannot be verified among programs that do not issue client identification numbers.*

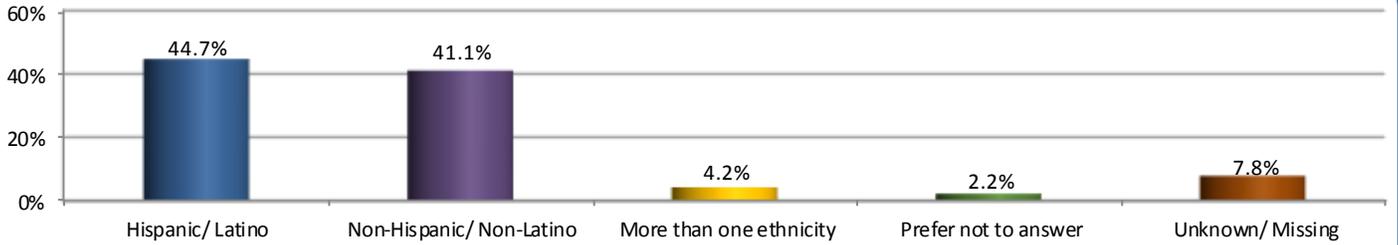
### OUTREACH PARTICIPANT SYSTEMWIDE DEMOGRAPHICS



Twenty-one percent of participants who received services identified their racial background as White. Eight percent of participants identified their racial background as African American/Black. The percentage of unknown/missing includes clients who only endorsed being Hispanic/Latino and did not indicate a racial category.

## OUTREACH PARTICIPANT SYSTEMWIDE DEMOGRAPHICS- CONTINUED

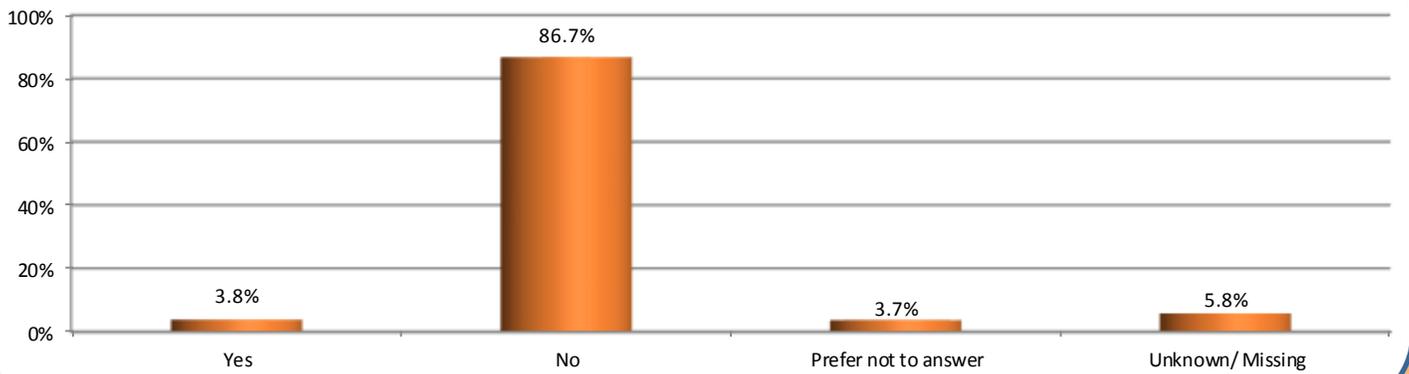
### ETHNICITY (N=9,323)



Forty-five percent of participants who received services identified their ethnic background as Hispanic/Latino. Forty-one percent of participants identified their ethnic background as non-Hispanic/ non-Latino. See Appendix B for supplemental data on participant ethnicity.

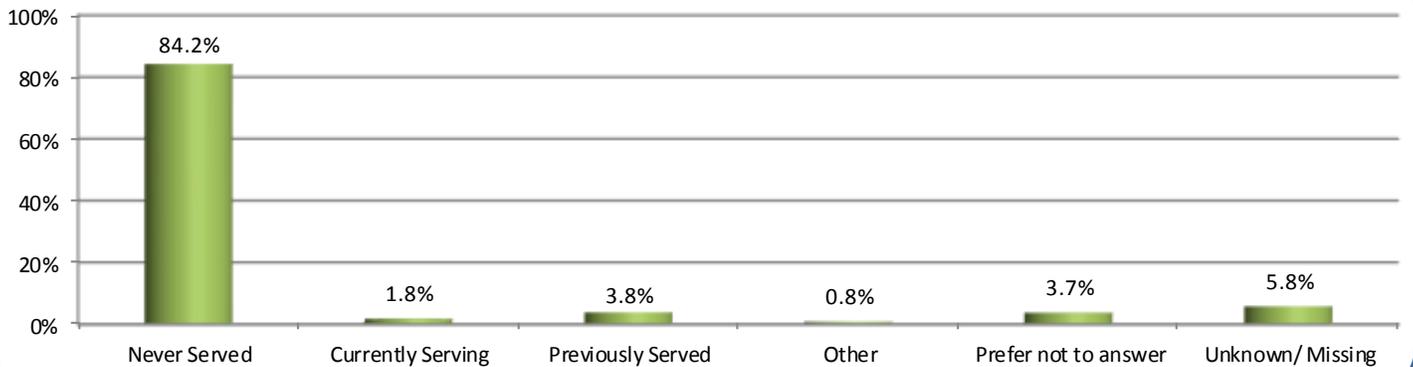
## MILITARY SERVICE

### VETERAN STATUS (N=9,323)



Information on veteran status indicated 3.8% of participants had served in the military.

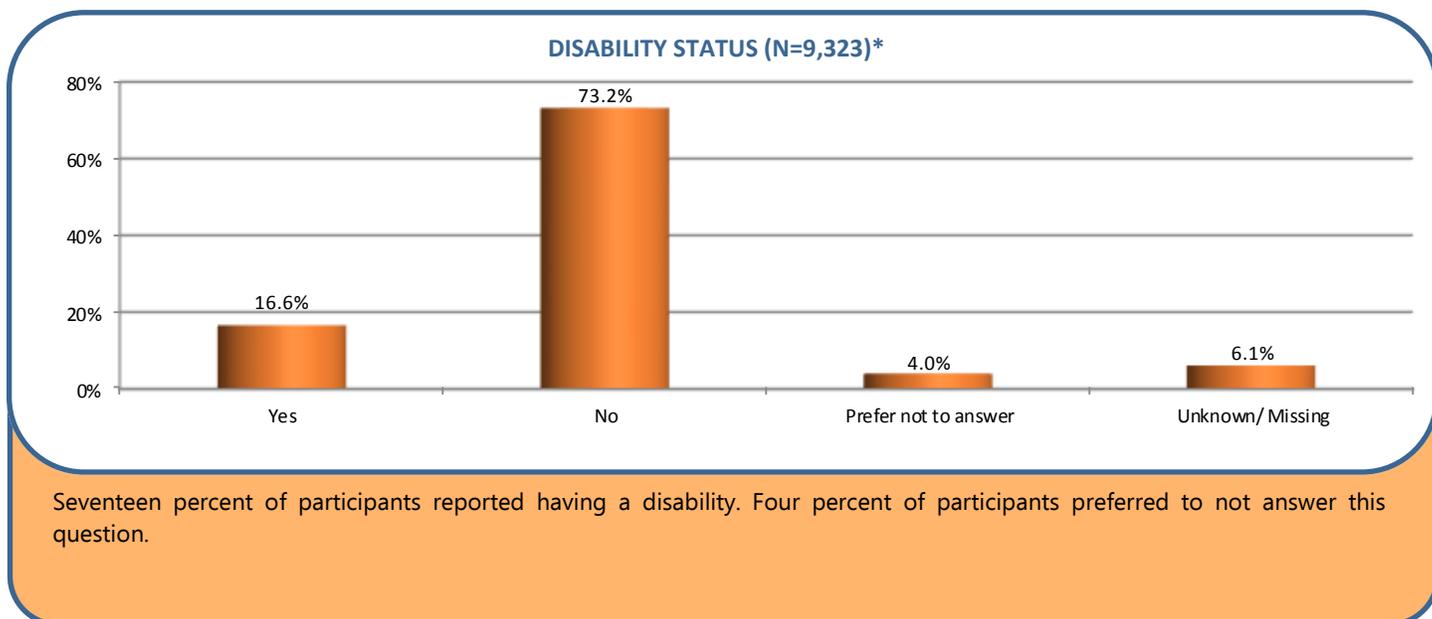
### MILITARY STATUS (N=9,323)



Eighty-four percent of participants had never served in the military while 2% of participants indicated they are currently serving in the military and 4% indicated they had previously served in the military.

## OUTREACH PARTICIPANT SYSTEMWIDE DEMOGRAPHICS - CONTINUED

### DISABILITY STATUS



*\*A disability is defined as a physical or mental impairment or medical condition lasting at least six months that substantially limits a major life activity, which is not the result of a serious mental illness.*

DISABILITY RESPONSES (N=9,323)*†	Count	%
Difficulty seeing	337	3.6
Difficulty hearing or having speech understood	185	2.0
Learning disability	211	2.3
Developmental disability	64	0.7
Physical/ mobility disability	272	2.9
Chronic health condition/ chronic pain	497	5.3
Dementia	41	0.4
Other communication disability	40	0.4
Other mental disability not related to mental illness	144	1.5
Other disability	284	3.0
No disability	6,907	74.1
Prefer not to answer	383	4.1
Unknown/ Missing	569	6.1

The percentages calculated are based on total participants. Among the disability responses, 6,907 (74.1%) indicated no disability. Five percent of the participants indicated having a chronic health/chronic pain condition while 3% of participants indicated having difficulty seeing.

*\*Participants can report having more than one disability so percentages may add up to more than 100%.*

*†A disability is defined as a physical or mental impairment or medical condition lasting at least six months that substantially limits a major life activity, which is not the result of a serious mental illness.*

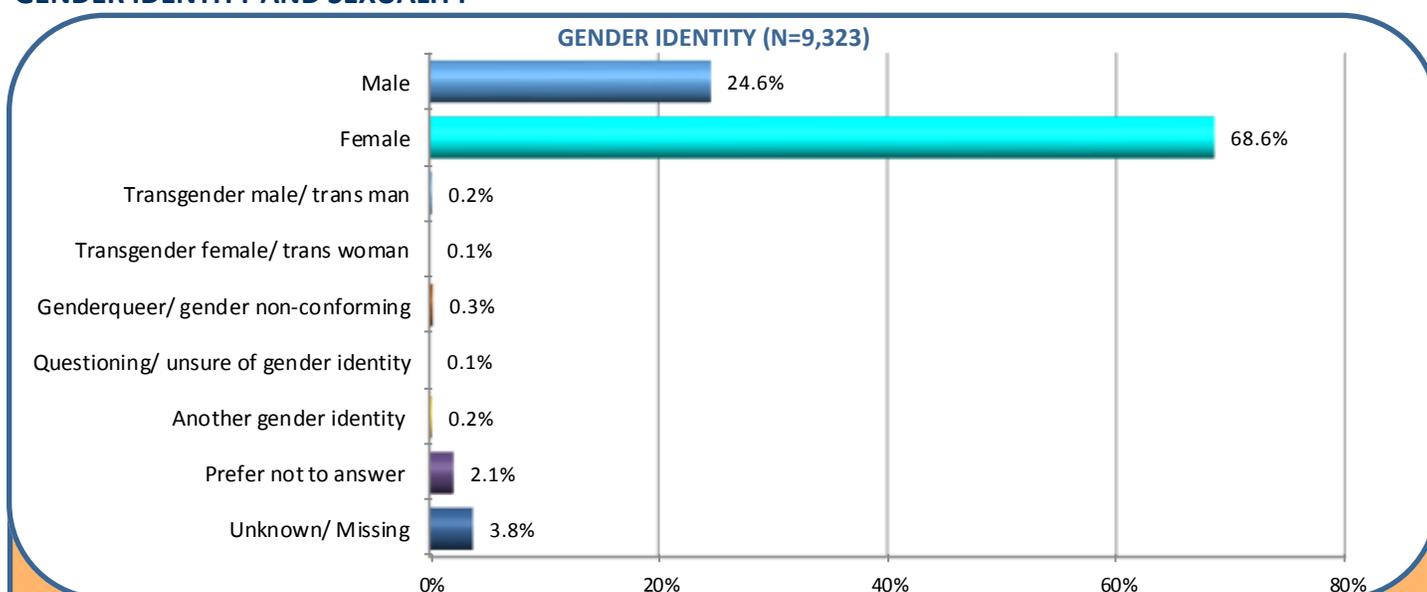
## OUTREACH PARTICIPANT SYSTEMWIDE DEMOGRAPHICS - CONTINUED

### PARTICIPANT LANGUAGE

PRIMARY LANGUAGE (N=9,323)	N	%	PRIMARY LANGUAGE (N=9,323)	N	%
English	4,779	51.3	Italian	5	0.1
Spanish	3,348	35.9	Japanese	0	0.0
Armenian	21	0.2	Lao	2	0.0
Arabic	52	0.6	Mien	0	0.0
Cantonese	5	0.1	Polish	2	0.0
Farsi	10	0.1	Portuguese	0	0.0
Khmer	1	0.0	Tagalog	14	0.2
Korean	2	0.0	Thai	1	0.0
Mandarin	6	0.1	Turkish	2	0.0
Russian	8	0.1	Vietnamese	27	0.3
Samoan	8	0.1	Other Chinese Dialects	0	0.0
Tongan	0	0.0	Other Non-English	1	0.0
American Sign Language	13	0.1	Other Sign Language	0	0.0
French	1	0.0	Other	561	6.0
Hebrew	2	0.0	Prefer not to answer	134	1.4
Hmong	0	0.0	Unknown/Missing	317	3.4
Ilocano	1	0.0	Total	9,323	100.0

Fifty-one percent of the participants who received services identified their primary language as English. Thirty-six percent of participants who received services identified their primary language as Spanish.

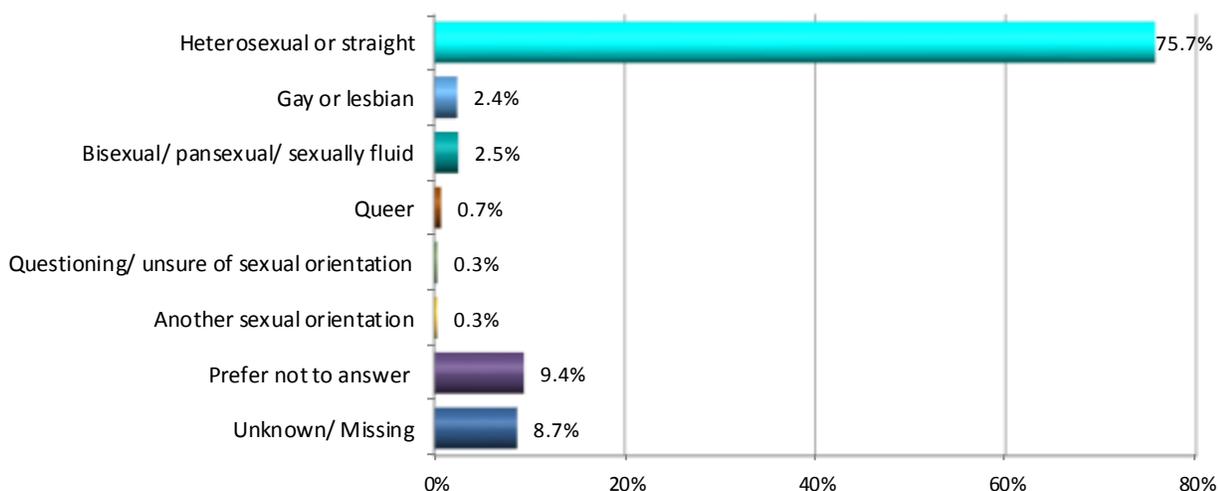
### GENDER IDENTITY AND SEXUALITY



Sixty-nine percent of the participants who received services identified as female. Twenty-five percent of participants who received services identified as male.

## OUTREACH PARTICIPANT SYSTEMWIDE DEMOGRAPHICS - CONTINUED

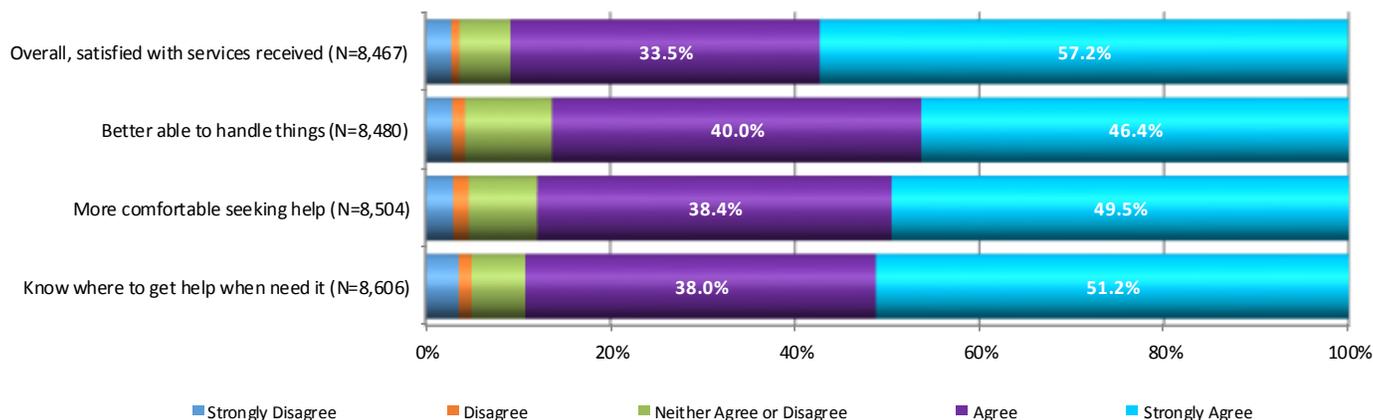
### SEXUAL ORIENTATION (N=9,323)



Seventy-six percent of the participants who received services identified their sexual orientation as heterosexual/straight. Three percent of participants who received services identified their sexual orientation as bisexual/pansexual/sexually fluid. Nine percent of participants preferred not to answer this question.

## OUTREACH PARTICIPANT SYSTEMWIDE PROGRAM SATISFACTION

### PROGRAM SATISFACTION\*†



For each satisfaction question, responses were obtained from approximately 91% of the participants. Of these participants, most agreed that they were better able to handle things and solve problems as a result of the program. Most also said that they knew where to get help when they needed it, and that they felt more comfortable seeking help now. Overall, 91% of the participants who responded were satisfied with the services they received.

\*Satisfaction data not available for all participants.

†Satisfaction data includes duplicate participants.

## CHILD AND ADULT PARTICIPANT SYSTEMWIDE REFERRAL TRACKING SUMMARY

In FY 2016-17, County of San Diego Behavioral Health Services (BHS) implemented a referral tracking procedure in order to collect data on referrals made by PEI programs and successful links to services.

Referral tracking data was collected for 11,165 active participants. A total of 3,564 active participants received a mental health referral and 1,466 active participants were linked to services as a result of those referrals (Linkage Rate = 41.1%). Average time between referral and linkage to services amounted to 64.4 days.

Referral tracking data was provided for 2,094 outreach participants. A total of 638 outreach participants received a mental health referral and 325 outreach participants were linked to services as a result of those referrals (Linkage rate = 50.9%). Average time between referral and linkage to services amounted to 55.5 days.

*\*Referral data not available for all programs.*

**The Health Services Research Center (HSRC)** at University of California, San Diego is a non-profit research organization within the Department of Family and Preventive Medicine. HSRC works in collaboration with the Quality Improvement Unit of the County of San Diego Behavioral Health Services to evaluate and improve behavioral health outcomes for County residents. Our research team specializes in the measurement, collection and analysis of health outcomes data to help improve health care delivery systems and, ultimately, to improve client quality of life. For more information please contact Andrew Sarkin, PhD at 858-622-1771.

**The Child and Adolescent Services Research Center (CASRC)** is a consortium of over 100 investigators and staff from multiple research organizations in San Diego County and Southern California, including: Rady Children's Hospital, University of California at San Diego, San Diego State University, University of San Diego and University of Southern California. The mission of CASRC is to improve publicly-funded mental health service delivery and quality of treatment for children and adolescents who have or are at high risk for the development of mental health problems or disorders.



## APPENDIX A

ACTIVE PARTICIPANT ETHNICITY		
	N	Percent
<b>Hispanic or Latino</b>	<b>10,689</b>	<b>42.2%</b>
Caribbean	57	0.2%
Central American	41	0.2%
Cuban	100	0.4%
Dominican	71	0.3%
Mexican/ Mexican-American/Chicano	7,896	31.2%
Puerto Rican	341	1.3%
Salvadoran	90	0.4%
South American	30	0.1%
Other Hispanic/ Latino	878	3.5%
<b>Non-Hispanic</b>	<b>11,464</b>	<b>45.2%</b>
African	91	0.4%
Other African American/African/Black	131	0.5%
Asian Indian/ South Asian	7	0.0%
Cambodian	15	0.1%
Chinese	45	0.2%
Filipino	284	1.1%
Hmong	3	0.0%
Japanese	38	0.1%
Korean	9	0.0%
Laotian	24	0.1%
Vietnamese	69	0.3%
Other Asian	39	0.2%
Native Hawaiian	36	0.1%
Samoan	24	0.1%
Other Pacific Islander	41	0.2%
Other American Indian	118	0.5%
Chaldean	119	0.5%
European	67	0.3%
Eastern European	178	0.7%
Iraqi	141	0.6%
Middle Eastern	53	0.2%
Other White	259	1.0%
Non Hispanic Non Latino Other	3,407	13.4%
<b>More than one ethnicity</b>	<b>1,892</b>	<b>7.5%</b>
<b>Prefer not to answer</b>	<b>171</b>	<b>0.7%</b>
<b>Missing</b>	<b>1,132</b>	<b>4.5%</b>
<b>Total</b>	<b>25,348</b>	<b>100.0%</b>

## APPENDIX B

OUTREACH PARTICIPANT ETHNICITY		
	N	Percent
<b>Hispanic or Latino</b>	<b>4,169</b>	<b>44.7%</b>
Caribbean	19	0.2%
Central American	42	0.5%
Cuban	12	0.1%
Dominican	12	0.1%
Mexican/ Mexican-American/Chicano	2,505	26.9%
Puerto Rican	39	0.4%
Salvadoran	22	0.2%
South American	43	0.5%
Other Hispanic/ Latino	180	1.9%
<b>Non-Hispanic</b>	<b>3,835</b>	<b>41.1%</b>
African	142	1.5%
Other African American/African/Black	113	1.2%
Asian Indian/ South Asian	33	0.4%
Cambodian	12	0.1%
Chinese	85	0.9%
Filipino	183	2.0%
Japanese	31	0.3%
Korean	21	0.2%
Laotian	18	0.2%
Vietnamese	73	0.8%
Other Asian	26	0.3%
Native Hawaiian	20	0.2%
Samoan	14	0.2%
Other Pacific Islander	15	0.2%
Other American Indian	126	1.4%
Chaldean	197	2.1%
European	143	1.5%
Eastern European	230	2.5%
Iraqi	218	2.3%
Middle Eastern	75	0.8%
Other White	159	1.7%
Non Hispanic Non Latino Other	1,655	17.8%
<b>More than one ethnicity</b>	<b>388</b>	<b>4.2%</b>
<b>Prefer not to answer</b>	<b>203</b>	<b>2.2%</b>
<b>Missing</b>	<b>728</b>	<b>7.8%</b>
<b>Total</b>	<b>9,323</b>	<b>100.0%</b>