

Strengths-Based Case Management (SBCM)

Countywide Services

Telecare

AgeWise Older Adult SBCM

(619) 481-5200

Serves: adults ages 60 and older

Central/North Central

County of San Diego

SBCM Central/North Central

(619) 692-8715

Serves: adults ages 18-59 yrs.

East

County of San Diego

SBCM East

(619) 401-5424

Serves: adults ages 18-59 yrs.

BEHAVIORAL HEALTH SERVICES

3255 Camino Del Rio South
San Diego, CA 92108
(619) 563-2700

<https://sdcountybhs.com/ProviderDirectory>

ACCESS & CRISIS LINE

1-888-724-7240

SUICIDE & CRISIS LIFELINE

9-8-8



LIVE WELL
SAN DIEGO

To learn more about *Live Well San Diego*,
visit LiveWellSD.org



Strengths-Based Case Management



Programs & Services

County of San Diego
Behavioral Health Services

Services

Strengths-Based Case Management (SBCM) encourages recovery efforts in participants managing serious mental health conditions by identifying and coordinating a range of resources, both environmental and personal, to help people achieve their goals. SBCM services are delivered through the BHS System of Care. They are available for clients with severe and persistent mental illness who may have co-morbidities (e.g., substance use, chronic medical conditions, developmental disorders) and/or who may have psychosocial stressors (e.g., justice-involvement, homelessness, trauma history). The program helps people access needed mental health, medical, educational, social, prevocational, vocational, housing supports, rehabilitative and/or other community services.

SBCM programs provide services in person at a minimum of once monthly or more if clinically indicated. The staff-to-client ratio is approximately 1:25.

SBCM services provided include, but are not limited to:

- Case Management
- Rehabilitation and Recovery Services
- Care Coordination
- Co-occurring Services
- Access and linkage to Supportive Housing
- Access to supported employment/vocational and educational services

Eligibility Criteria

Individuals with significant impairment in life functioning to include distress, disability, or dysfunction in social, occupational, or other important activities and the individual qualifies for a diagnosed mental health condition, or a suspected mental health condition not yet diagnosed.

Clients must meet one or more of the criteria below:

- Has current LPS Conservatorship (may be a designated County Conservator or family member/Private Conservator).
- May be homeless or at risk of homelessness.
- Minimum one hospitalization in the past year, OR multiple ER utilizations, PERT interventions, mental health services while incarcerated and/or long-term care hospitalization.
- Has a substantial need for supportive services (including care coordination and outreach mental health services) to maintain current level of functioning in the community, as evidenced by missed appointments, medication non-adherence, or inability to coordinate services from multiple agencies.
- Does not have a case manager from another program who is able to address mental health needs.

South

**[TURN Behavioral Health Services](#)
[Strengths-Based Case Management North](#)**

(760) 294-1281

Serves: adults ages 18-59 yrs.

Central

**[Community Research Foundation](#)
**[South Bay Guidance](#)
[Wellness Recovery Center](#)****

(619) 427-4661

Serves: adults ages 18-59 yrs.

**[Community Research Foundation](#)
**[Maria Sardiñas](#)
[Wellness Recovery Center](#)****

(619) 428-1000

Serves: adults ages 18-59 yrs.