

Xarumaha Caafimaadka Habdhaqanka Bukaan-socodka ee Loogu Talagalay Dadka Waaweyn



Xarumaha Caafimaadka Habdhaqanka Bukaan-socodka waxay adeegyada daawaynta, baxnaaninta, iyo soo kabashada siiyaan dadka waaweyn ee u baahan daryeelka caafimaadka dhimirka, cilladaha wada-jira, ama dhibaato caafimaad oo xagga habdhaqanka ah. Adeegyada waxaa lagu heli karaa luqado badan iyada oo loo marayo shaqaale ku hadli kara laba luuqadood ama adeegyada turjumaanka, waxayna adeegyada diiradda saaraan baahiyaha gaarka ah ee macmiil kasta.

Adeegyada La Bixiyo

Xarumaha Caafimaadka Habdhaqanka Bukaan-socodka waxay bixiyaan adeegyo kala duwan, oo ay ka mid yihiin:

- Baaritaanka iyo qiimeynta caafimaadka habdhaqanka
- Maareynta qaadashada daawooyinka
- Wax-ka-qabashada xiisadda - dhammaan barnaamijyadu waxay bixiyaan adeegyo lagu heli karo si degdeg ah iyadoon ballan la qabsan
- Teerabiyada muddada-gaaban ee la siiyo kooxaha ama shakhsiyaadka
- Maareeyaha kiiska
- Adeegyada wacyi-gelinta dadka guri la'aanta ah
- Adeegyada wacyi-gelinta ee warwareega

Dhammaan barnaamijyadu waxay bixiyaan ballan qabsasho iyo iska imaansho iyadoon ballan la qabsan.

Yaa U Qalma?

Ka qaybqaatayaashu waa inay jiraan da'da 18+ waa inay yihiin kuwo qaba jirro maskaxeed oo halis ah ama jirrooyinka wada socda, waana inay yihiin kuwo helaya Medi-Cal, Medicare, ama aan lahayn caymis.

Wax Badan Baro

Si aad u aragto haddii Xarumaha Caafimaadka Habdhaqanka Bukaan-socodka ay kugu habboon yihiin adiga ama qof aad jeceshahay, la xiriir:

- Khadka **Access iyo Xiisadaha oo ah (888) 724-7240**, ama
- Mid ka mid ah Xarumaha Caafimaadka Habdhaqanka

Si aad u hesho liiska dhamaystiran ee Xarumaha Caafimaadka Habdhaqanka ee loogu talagalay dadka waaweyn iyo adeegyada bukaan-socodka ee loogu talagalay carruurta, booqo websaydkeena: bit.ly/outpatientBHC

Ku Xirnow Khayraadka

Wac 888-724-7240 si aad ula xiriirto Khadka **San Diego Access and Crisis Line** si aad u hesho taageero bilaash ah oo qarsoodi ah iyo si lagaaga caawiyo dhexmeerida adeegyada, waxaa khadka la heli karaa 24/7 wuxuuna ku baxaa in ka badan 200 oo luqadood.

Wac 988 si aad ula xiriirto **khadka Isdilka iyo Xasaradaha** oo ah shabakada xarumaha wacitaanka xilliyada xasaradaha.



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Agga & Xaafadda	Barnaamijka	Cinwaanka iyo Taleefanka
North Central, Mira Mesa	Douglas Young Wellness Recovery Center (Xarunta Soo-kabashada Badqabka Da'a Yarta ee Douglas)	10717 Camino Ruiz, Suite 207, San Diego, CA 92126 Taleefanka: (858) 695-2211
North Central, Bay Park	North Central Behavioral Health Center (Xarunta Caafimaadka Habdhaqanka ee Waqooyiga Dhexe)	1250 Morena Blvd, 1st Floor, San Diego, CA 92110 Taleefanka: (619) 692-8750
North Central, Kearny Mesa	UPAC Counseling & Treatment Center (Xarunta La-talinta & Daaweynta ee UPAC)	7830 Clairemont Mesa Blvd, Suite 100, San Diego, CA 92111 Taleefanka: (619) 229-2999
North Coastal, Vista	BPSR Vista Clinic (Rugta BPSR Vista)	550 W. Vista Way, Suite 407, Vista, CA 92083 Taleefanka: (760) 758-1092
North Coastal, Oceanside	North Coastal Health Center (Xarunta Caafimaadka Habdhaqanka ee Xeebaha Waqooyiga)	1701 Mission Ave, Suite 210, Oceanside, CA 92058 Taleefanka: (760) 712-3535
North Inland, Central Escondido	North Inland Health Center (Xarunta Caafimaadka Habdhaqanka ee Dhulka Waqooyiga)	125 W. Mission Ave, Suite 103, Escondido, CA 92025 Taleefanka: (760) 747-3424
North Inland, Escondido	Kinesis North Escondido	474 W. Vermont Ave, Escondido, CA 92025 Taleefanka: (760) 480-2255
South, West Chula Vista	South Bay Guidance Wellness Recovery Center (Xarunta Soo-kabashada Badqabka ee Hagida South Bay)	1196 3rd Ave, Chula Vista, CA 91911 Taleefanka: (619) 427-4661
South, South San Diego/Nestor	Maria Sardiñas Wellness Recovery Center (Xarunta Soo-kabashada Badqabka ee Maria Sardiñas)	1465 30th St, Suite K, San Diego, CA 92154 Taleefanka: (619) 428-1000
East, El Cajon	East County Behavioral Health Center (Xarunta Caafimaadka Habdhaqanka ee Degmada Bari)	1000 Broadway, Suite 210, 2nd Floor, El Cajon, CA 92021 Taleefanka: (619) 401-5500
	Heartland Wellness Recovery Center (Xarunta Soo-kabashada Badqabka ee Heartland)	460 N. Magnolia Ave, Suite 110, El Cajon, CA 92020 Taleefanka: (619) 440-5133
Central, East Village	Jane Westin Center (Xarunta Jane Westin)	1045 9th Ave, San Diego, CA 92101 Taleefanka: (619) 235-2600
Central, Bankers Hill	Areta Crowell Wellness Recovery Center (Xarunta Soo-kabashada Badqabka ee Areta Crowell)	1963 4th Ave, San Diego, CA 92101 Taleefanka: (619) 233-3432
Central, Lincoln Park	Healing Oaks Clinic (Rugta Healing Oaks)	286 Euclid Ave, Suite 102, San Diego, CA 92114 Taleefanka: (619) 859-6270
Central, Mount Hope	Southeastern Behavioral Health Center (Xarunta Caafimaadka Habdhaqanka ee Koonfur-bari)	5101 Market St, Suite 2300, San Diego, CA 92114 Taleefanka: (858) 351-6000
Central, Barrio Logan	Promise Wellness Center (Xarunta Badqabka Promise) (Xarunta weyn)	995 Gateway Center, Suite 106, San Diego, CA 92102 Taleefanka: (619) 772-2579
Central, Aagga Kulliyadda	Promise Wellness Center (Xarunta Badqabka Promise) (Xarunta satalaytka)	3280 Main St, Suite 7C, San Diego, CA 92113 Taleefanka: (619) 772-2579
Central, College East	Alianza Wellness Center (Xarunta Badqabka ee Alianza)	5555 Reservoir Dr, Suite 204 A, San Diego, CA 92120 Taleefanka: (619) 822-1800
Dhexe	Survivors of Torture International (Ka Badbaadayaasha Torture International)	Barnaamijka la xirii si aad u ogaato cinwaanka Taleefanka: (619) 278-2400