

BARNAAMIJYADA & ADEEGYADA ISMAAMULKA OO DHAN (SII SOCDA)

Xafiiska Waxbarashada Ismaamulka San Diego

• Friday Night Live (Dhalinyarta Dugsiga Sare)
• Club Live (Dhalinyarta Dugsiga Dhexe)
6401 Linda Vista Rd., San Diego, CA 92111
Taleefan: (858) 569-3137

Faakis: (619) 682-5252

limeel: sugarcia@sdcoe.net

Xidhiidhka: Websaytka

Salvador Garcia:

<https://www.sdcoe.net/sdfnl/or-programs>

ur-programs

Adeegyada waxaa laga heli karaa kaliya goobaha dugsiga

Mashruuca Qiimaynta Kahortaga

Center for Community Research
8885 Rio San Diego Dr. Ste. 111, San Diego, CA 92108
Taleefanka: (619) 684-5108

Faakis: (619) 919-0027

limeel:

kdonovan@ccrconsulting.org

Xidhiidhka: Kristin Donovan

Websaytka: www.ccrconsulting.org

Xarumaha Mashruuca Xashiishada (MPI)

Center for Community Research
8885 Rio San Diego Dr. Ste. 111, San Diego, CA 92108
Taleefanka: (619) 684-5108

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Macluumaadka Xidhiidhka: Kristin Donovan &

Joseph Eberstein limeelada:

kdonovan@ccrconsulting.org

jeberstein@ccrconsulting.org

Websaytka: www.mpisdcounty.net

Gudida Soo Dhawaynta Macquulka ah

Institute for Public Strategies
8885 Rio San Diego Dr. Ste. 117, San Diego, CA 92108
Taleefanka: (858) 354-2217

limeel: rhcsd@aol.com

Xidhiidhka: Marian Novak

Websaytka: www.publicstrategies.org

Mashruuca Ololaha Saxaafada Gobolka Oo Dhan

Center for Community Research
8885 Rio San Diego Dr. Ste. 111, San Diego, CA 92108
Taleefanka: (619) 684-5108

Faakis: (619) 919-0027

Xidhiidhka: Sarah Salven

limeelada: ssalven@ccrconsulting.org

Websaytka <https://www.ccrconsulting.org/community>

FAAHFAAHINTA ADEEGA DAAWAYNTA

Si loo ilaaliyo heerarka Federalka iyo Gobolka kooxaha soo socda waxay leeyihiin mudnaanta qoraalka ee barnaamijyada daawaynta; uurayda ama isticmaalayaasha dawada irbada uurka ama waalidnimada (IDU), isticmaalayaasha maandooriyaha leh ee uurka leh ama waalidka ah, dhammaan IDU-yada kale, iyo dadka leh gudbinta Adeegyada Bini Aadanka iyo Caafimaadka Ismaamulka San Diego.

BARNAAMIJYO DHEERAAD AH

Wixii macluumaad dheeraad ah ee ku saabsan adeegyada daawaynta isticmaalka maandooriyaha, fadlan booqo websaytka Adeegyada Caafimaadka Habdhaqanka Ismaamulka San Diego:

https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/alcohol_drug_services/dmc_ods_consumer.html

MACLUUMAADKA XIDHIIDHKA

Khadka Mushkilada & Helitaanka San Diego

1-888-724-7240

Taageerada iyo i;aha degdega ah ee lataliyaha khibrada leh

Kaalmo 7 maalmood / 24 saac bilaash ah
Ayaa lagu heleyaa 150 luuqadood TDD/TTY
Dial 711

2-1-1 San Diego

Adeegyada bulshada, caafimaadka, bulshada iyo masiibada ee kaalmada Bilaashka ah 7 maalmood / 24 saacadood

Kaalmada waxaa lagu heli karaa 200 luuqadood <https://211sandiego.org/>

Behavioral Health Services (BHS)

3255 Camino Del Rio South
San Diego, CA 92108

BHS waxaa lagala xidhiidhi karaa Isniin ilaa Jimco, marka laga tago, 8 subaxnimo - 5 galabnimo (619) 563-2700

<https://www.sandiegocounty.gov/hhsa/programs/bhs/> (Wax adeeg ah laguma bixin goobtan)



**LIVE WELL
SAN DIEGO**

Macluumaad dheeraad ah ka oggaw *Live Well San Diego*, oo booqo LiveWellSD.org

BARNAAMIJYADA KAHORTAGA ISTICMAALKA MAANDORIYAHA

Adeegyada Caafimaadka Habdhaqanka Hay'ada Adeegyada Bini Aadanka iyo Caafimaadka Ismaamulka San Diego

KHIDADA KAHORTAGA

Ismaamulka San Diego waxay ka faa'idaysaa xeeladaha kahortaga bulshadda iyo bedelka qaabka kahortaga mushkiladaha isticmaalka maandooriyaha iyo taageerada ikhtiyaarada habdhaqanka caafimaadka qaba ee deegaanka oo dhan. Iyada oo si wax ku ool ah loola shaqnayo bulshada, daneeyayaasha muhiimka ah, iyo qaybaha amaanka shacabka iyo caafimaadka shacabka, hindisayaashaa kahortaga habdhaqanka Degmada ee waxyeelooyinka kala duwan iyo mushkiladaha la xidhiidha isticmaalka maandooriyaha ee sadex barnaamijyada waawayn.

- Gudida Siyaasada Khamrida Ismaamulka San Diego - waxay ka jawaabtaa mushkiladaha khamri cabista ee bulshooyinka Ismaamulka San Diego iyo talowga xuduuda
- Kooxda heeganka Istickmaalka Maandooriyaha iyo Kahortaga Tan Dhaafinta - waxay ka jawaabaan saameynta shakhsi ahaaneed, bulsho iyo deegaan ee mukhaaraadka sharci darada ah ee deegaanka.
- Barnaamijka XashiishadaKa hortagga Xashiishka - waxa uu xooga saaraa isticmaalka xashiishada ee dhalinyarta

Helitaanka Adeegyada

Adeegyada daawaynta waa in aan loogu diidin macaamiisha iyaddoo ku salaysan qoomiyad/isir, naafanimu, dhaqan, diin, jinsi, rabitaanka jinsiga, ama awooda bixinta, haddii macmiilku uu buuxiyu shuruudaha shacabka u qalmida ee Ismaamulka. Macaamiisha u qalma CalWORKs waa in aan laga qaadin kharashka. Macaamiisha u qalma DMC waa in aan laga qaadin wax kharash ah iyada oo ay jiraan moojee Wadaagista Kharashka (SOC).

KARUNTA DHEXE

Central Region Prevention Coalition

Social Advocates for Youth (SAY) San Diego
4275 El Cajon Blvd. Ste. 101, San Diego, CA 92105
Taleefanka: (619) 283-9624 xafiiska. 367
Faakis: (619) 641-7656
limeel:
mbaum@saysandiego.org
Xidhiidhka: Mary Baum
Websaytka: <https://www.saysandiego.org/view-by-program/community-development/alcohol-tobacco-other-drug-prevention/#CRPC>

BARI

East County Community Change Project

TURN Behavioral Health Services
8885 Rio San Diego Dr. Ste. 117, San Diego, CA 92108
Taleefanka: (619) 476-9100 xafiiska 109
Faakis: (619) 476-9104
limeel: dshorey@turnbhs.org
Xidhiidhka: Websaytka David Shorey: <https://turnbhs.org/>

BADHTANKA WAQOYI

North City Prevention Coalition

Social Advocates for Youth (SAY) San Diego
4775 View Ridge Ave, San Diego, CA 92123
Tel: (858) 565-4148 xafiiska. 205
Faakis: (858) 565-4178
limeel:
lbridges@saysandiego.org
Xidhiidhka: Lisa Bridges
Websaytka: <https://www.saysandiego.org/view-by-program/community-development/alcohol-tobacco-other-drug-prevention/#NCPC>

DHANKA WAQOYI

North Coastal Prevention Coalition

Vista Community Clinic
465 La Tortuga, Vista, CA 92081
Taleefanka: (760) 631-5000 xafiiska. 7150
Faakis: (760) 414-3736
limeel:
leary@vistacommunityclinic.org
Xidhiidhka: Erica Leary
Websaytka:
<https://www.vistacommunityclinic.org/locations/>

DHULKA WAQOYI

North Inland Community Prevention Program

TURN Behavioral Health Services
12344 Oak Knoll Rd Ste. C-1, Poway, CA 92064
Tel: (858) 391-9303
Faakis: (858) 391-9302
limeelka
rstark@turnbhs.org
Xidhiidhka: Websaytka Ron Stark: <https://turnbhs.org/>

SOUTH

South Bay Community Change Project

Institute for Public Strategies
8885 Rio San Diego Dr. Ste. 117, San Diego, CA 92108
Taleefanka: (619) 476-9100 xafiiska. 126
Faakis: (619) 476-9104
limeel:
sboyer@publicstrategies.org
Xidhiidhka: Sarah Boyer
Websaytka: www.publicstrategies.org/projects/san-diego

BARNAAMIYADA & ADEEGYADA ISMAAMULKA OO DHAN

Substance Use and Overdose Prevention Taskforce

Center for Community Research
8885 Rio San Diego Dr. Ste. 111, San Diego, CA 92108
Taleefanka: (619) 684-5108
Faakis: (619) 919-0027
limeel: msf@ccrconsulting.org
Xidhiidhka: Websaytka Marla Kingkade: www.no2meth.org
Kulmada sadexdii bilood waxay u furan yihiin shacabka oo waxay siiyaan macluumaadka bulshada oo ku saabsan methamphetamine; macluumaadka kulanka waxaa laga heleyaa websaytka

Binge/Underage Drinking Initiative & Alcohol Policy Panel

Institute for Public Strategies
8885 Rio San Diego Dr. Ste. 117, San Diego, CA 92108
Taleefanka: (619) 476-9100 xafiiska 125
limeel:
creed@publicstrategies.org
Xidhiidhka: Craig Reed
Websaytka: www.alcoholpolicypanel.org
Kulmada sadexdii bilood waxay u furan yihiin shacabka oo waxay siiyaan macluumaadka bulshada oo ku saabsan mushkiladaha khamrida la xidhiidha; macluumaadka kulanka waxaa laga heleyaa websaytka