

## About the Hospital

The San Diego County Psychiatric Hospital (Hospital) provides 24/7 care for individuals ages 18 and older who are experiencing mental health concerns. Dedicated medical, nursing, and clinical staff assist individuals during mental health emergencies to help stabilize them and transition to a less restrictive level of care.

When possible, Hospital staff work closely with the individual's family, support system, and caregivers, and will invite them to family conferences with the individual's permission. To ensure care is accessible and inclusive, onsite translation services are available in over 200 languages.

## Hospital Overview

### Admission

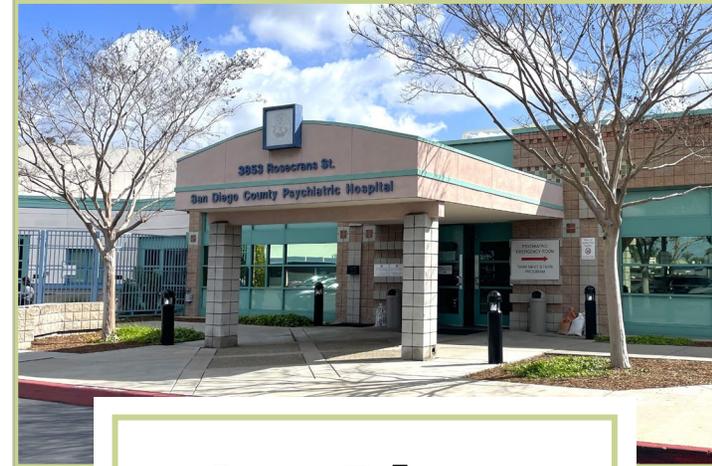
Individuals can be admitted to the Hospital on either a voluntary or involuntary basis. Involuntary admission is based on the Lanterman-Petris-Short (LPS) Act, a California state law regulating involuntary psychiatric detention.

Patients may arrive on their own to the Hospital, be brought in by a loved one or the Mobile Crisis Response Team, or be transported by law enforcement services by calling 911. All arrivals begin in the Emergency Psychiatric Unit of the Hospital where decisions about admission are made between the individual seeking care and the psychiatrist. When admission is not needed, individuals may be connected to other resources in the community.

## Important Telephone Numbers

<b>San Diego County Psychiatric Hospital</b>	(619) 692-8232
<b>Emergency Psychiatric Unit</b>	(619) 692-8222
<b>Pharmacy</b>	(619) 692-5740
<b>Patient Advocate</b>	(619) 282-1134 (800) 479-2233
<b>Access &amp; Crisis Line</b>	(888) 724-7240
<b>TDD for Hearing Impaired</b>	(619) 641-6992

County of San Diego  
Health and Human Services Agency  
Behavioral Health Services



## San Diego County Psychiatric Hospital

3853 Rosecrans Street  
San Diego, CA 92110

(619) 692-8232



Scan the QR code or visit <https://bit.ly/sdcph> for Frequently Asked Questions or to learn more about the Hospital.



## Treatment

Hospital Treatment Teams are led by a psychiatrist and include social workers, nurses, recreation therapists, dietitians, and pharmacists.

Hospital services include:

- Urgent psychiatric assessment and intervention in the **Emergency Psychiatric Unit**.
- Continued psychiatric assessment and stabilization in the **Crisis Stabilization Unit**.
- Supportive services in the **Crisis Recovery Unit** to promote healing and well-being.
- Care Coordination** to ensure the patient stays connected to care after discharge.
- Onsite Pharmacy** available to fill prescriptions.

## Discharge and Aftercare

Hospital staff work with the individual receiving care, their families, and care providers to develop a discharge plan that is safe and therapeutic. Under California Department of Health Care Services regulations, individuals will be treated at the least restrictive level of care that is right for their needs. Care coordination and connection to other services is provided before discharge.

## Financial Eligibility

Individuals will receive services regardless of their ability to pay, however:

- If the person has insurance, the Hospital may charge their insurance company for the cost of services.
- Patients with limited resources may qualify for payment assistance through Medi-Cal, Medicare, or Short-Doyle Medi-Cal funding. Patients are referred to an eligibility worker to help complete the financial forms and determine payment assistance eligibility.

## Patient Rights

All Hospital patients have the right to strict confidentiality in accordance with state and federal laws. The Hospital does not discriminate based on race, color, national origin, handicap, disability, or age, pursuant to Title VI of the Civil Rights Act (1964), Section 5604 of the Rehabilitation Act (1973), the Age Discrimination Act (1975), and the Americans with Disabilities Act (1992).

To receive consultation from the Hospital's Ethics Committee and/or the Patient Advocate, request more information, or to file a complaint, contact the Hospital Administrator at (619) 692-8232.

### Accreditation/Licensure

San Diego County Psychiatric Hospital meets the strict accreditation standards of the California Department of Public Health, Licensing and Certification Division, the Joint Commission, the Center for Medicare and Medicaid Services, and the California Department of Health Care Services. The facility is administered by the County of San Diego Health and Human Services Agency, Behavioral Health Services.

## Getting to the Hospital

The San Diego County Psychiatric Hospital is located at 3853 Rosecrans Street. It is west of Pacific Highway, near San Diego's Old Town.

## Bus and Trolley

Bus Routes 8, 9, 28, and 35 serve the Hospital directly, and stop near the corner of Kurtz and Rosecrans, in front of the Hospital.

Take the Green Line or Blue Line trolley to the Old Town Trolley Station, which will leave you a block away from the Hospital.

Call San Diego Metropolitan Transit System at (619) 233-3004 or (619) 685-4900 for more information about Bus Route and Trolley services.

## Visiting Hours & Policies

### Visiting Hours

- Monday-Sunday (including holidays): 3:00-4:15 p.m.

### Visitor Policy

- Patients may have a maximum of two visitors at a time.
- All visitors must be 18 years or older with a valid form of identification.
- The psychiatrist may not allow visitors until the patient is ready.
- Patients may request not to have certain visitors.
- Smoking is not allowed in the facility.